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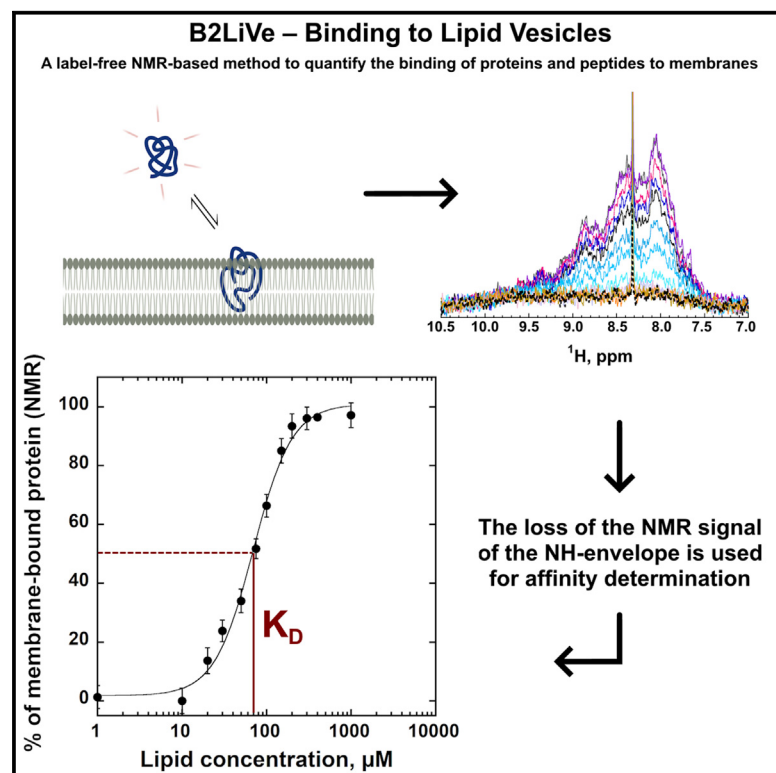
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Graphical abstract



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In brief

Sadi et al. describe a robust, label-free NMR-based experimental approach (B2LiVe) to measure the interactions of peptides or proteins with membranes. They validate the approach using several polypeptides and on various membrane vesicles. B2LiVe is an efficient and straightforward biophysical technique, complementing other label-free methods to characterize protein-membrane interactions.

Highlights

- B2LiVe is a label-free 1D- ^1H -NMR method to quantify affinity of proteins for membranes
- B2LiVe is based on selective excitation of amide resonances
- B2LiVe is validated on several membrane-interacting peptides and proteins
- B2LiVe can detect protein regions not embedded in the membrane



Article

B2LiVe, a label-free 1D-NMR method to quantify the binding of amphitropic peptides or proteins to membrane vesicles

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MOTIVATION Characterization of the interaction of peptides and proteins with lipid membranes is relevant for the study of various biological processes and is often challenging for polypeptides, which do not possess intrinsic fluorophores and do not exhibit significant structural content changes, as well as for those characterized by low membrane affinities. To meet these challenges, we have developed a label-free 1D-¹H-NMR-based experimental approach, named B2LiVe, to measure the binding of polypeptides to lipid vesicles. B2LiVe complements the arsenal of label-free biophysical assays available to characterize protein-membrane interactions.

SUMMARY

Amphitropic proteins and peptides reversibly partition from solution to membrane, a key process that regulates their functions. Experimental approaches classically used to measure protein partitioning into lipid bilayers, such as fluorescence and circular dichroism, are hardly usable when the peptides or proteins do not exhibit significant polarity and/or conformational changes upon membrane binding. Here, we describe binding to lipid vesicles (B2LiVe), a simple, robust, and widely applicable nuclear magnetic resonance (NMR) method to determine the solution-to-membrane partitioning of unlabeled proteins or peptides. B2LiVe relies on previously described proton 1D-NMR fast-pulsing techniques. Membrane partitioning induces a large line broadening, leading to a loss of protein signals; therefore, the decrease of the NMR signal directly measures the fraction of membrane-bound protein. The method uses low polypeptide concentrations and has been validated on several membrane-interacting polypeptides, ranging from 3 to 54 kDa, with membrane vesicles of different sizes and various lipid compositions.

INTRODUCTION

Characterization of the interaction of peptides and proteins with lipid membranes often begins with the determination of the affinity, or more appropriately, the partition coefficient, K_x .^{1,2} A common preliminary study consists in the identification of the lipid species as well as the lipid properties, such as lipid polymorphism, charge, and acyl chain fluidity, favoring the partitioning of proteins and peptides from solution to membrane. Moreover, knowledge of membrane affinity can be important to decipher molecular mechanisms or mutational analyses to identify regions or amino acid residues critical for membrane binding.

Several experimental approaches, such as surface plasmon resonance (SPR),^{3–11} interferometry,^{11–15} fluorescence,^{16–24} centrifugation,^{25–27} isothermal titration calorimetry (ITC),^{28–30} and circular dichroism^{31–35} are commonly used to measure the partitioning of soluble peptides and proteins into lipid bilayers. However, some peptides and proteins do not possess intrinsic fluorophores, or their secondary or tertiary structural contents do not change significantly enough to be used as a probe of their partitioning into membranes. Alternatively, they may exhibit a propensity to aggregate, complicating, if not precluding, the use of SPR, ITC, or centrifugation-based approaches. Besides, techniques based on phase separation (e.g., centrifugation or membrane flotation assays) are hardly



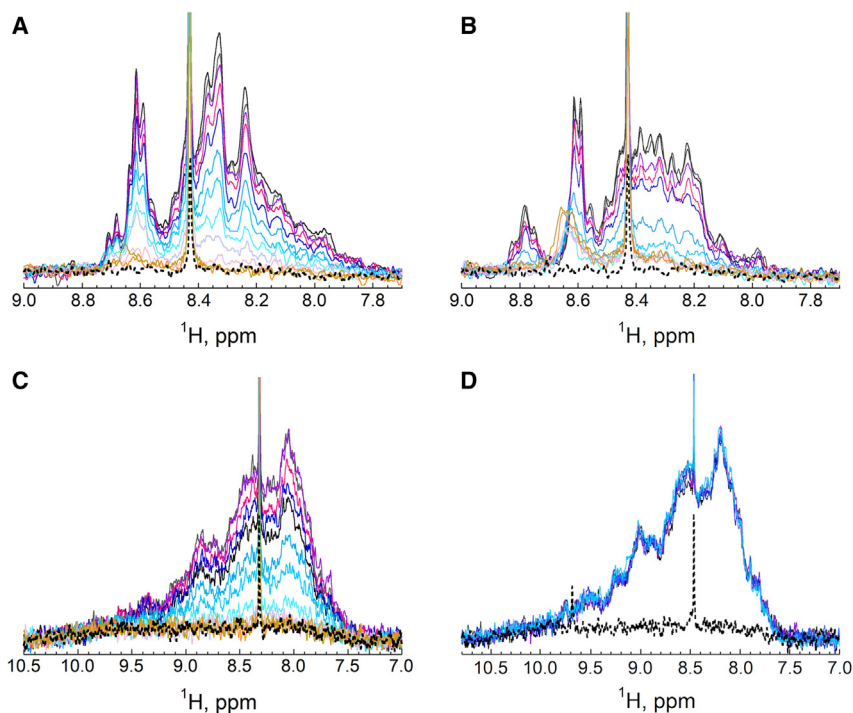


Figure 1. Membrane partitioning of amphitropic proteins monitored by 1D- ^1H amide-selective NMR spectroscopy

(A–D) The concentration of lipids ranges from 0 mM (black) to 2 mM (dark yellow). The spectrum of lipid vesicles in the absence of protein at the highest lipid concentration used is indicated as a black dashed line. Each protein is present at a concentration of 3 μM . Membrane partitioning and corresponding NMR spectra upon titration of apo-Mb with POPC:POPG 9:1 LUV (A), T with POPC:POPG 9:1 LUV (B), ALO with POPC:cholesterol 6:4 LUV (C), and ALO with POPC LUV (D). Membrane partitioning is followed by the disappearance of the amide envelope signal (see main text for details). The sharp signal at 8.43 ppm arises from a trace impurity of formic acid contained in D_2O .

applicable for peptides/proteins showing a low affinity for membranes.

In this article, we describe binding to lipid vesicles (B2LiVe), a simple and robust nuclear magnetic resonance (NMR)-based experimental approach to determine the solution-to-membrane partition coefficient, K_x , of unlabeled peptides and proteins. The experimental strategy relies on proton 1D-NMR fast-pulsing techniques with selective adiabatic pulses to excite the amide resonances (HET-SOFAST) developed by Schanda et al.³⁶ Under the low exchange regime on the chemical shift timescale (free-bound exchange rate much slower than the difference in frequency between the two states), membrane partitioning induces a large line broadening leading to a loss of peptide/protein NMR signals. The decrease of the NMR signal thus directly reports the fraction of membrane-bound peptide/protein. The validity of this approach has been established on several membrane-interacting peptides and proteins, ranging from 3 to 54 kDa, and on membrane vesicles of various sizes and different lipidic compositions. The method does not require any labeling and requires only low amounts of peptide/protein when using high-field spectrometers and sensitive probes. Our results show that the B2LiVe NMR-based method compares well with traditional fluorescence and circular dichroism (CD)-based techniques. Overall, B2LiVe should efficiently complement the arsenal of label-free biophysical techniques to characterize protein-membrane interactions.

RESULTS

Protein binding to unilamellar vesicles of lipid bilayers induces a large line broadening in NMR signals, because of the slow tumbling rate of the particles, leading to a loss of protein signals. This

observation has been exploited for characterization of the association of some ^{15}N -labeled proteins with membranes.^{37–39}

Here, we explored the possibility of quantifying membrane partitioning of unlabeled proteins by using proton 1D-NMR fast-pulsing techniques with selective excitation of amide protons using adiabatic

pulses: in the slow exchange regime on the chemical shift time scale, the relative amount of protein or peptide remaining in solution at each lipid concentration should be proportional to the integral of the amide proton resonances. Hence, the decrease of the NMR signal should directly report on the fraction of protein bound to membranes.

To prove the general applicability of this approach, we investigated membrane partitioning of several proteins and peptides. Titrations were performed at constant protein and peptide concentrations and the lipid concentration was increased up to 10 mM lipids. Large and small unilamellar vesicles (LUV and SUV, respectively) of lipid bilayers were used. Protein partitioning into membranes was monitored by selective amide band 1D NMR (proton HET-SOFAST^{36,40}) (see STAR Methods), by recording the loss of intensity of the integral of the amide proton resonances. In parallel, protein binding to membranes was measured by intrinsic tryptophan fluorescence changes (following the ratio of fluorescence intensities emitted at 320 and 370 nm as a proxy for polarity change upon membrane binding), and far-UV circular dichroism (for peptides). The partition coefficient, K_x , which is directly related to the affinity constant, K_D (Equation 7), is determined by fitting Equation 8 to the experimental data (see STAR Methods).

We first analyzed the partitioning of three amphitropic proteins into LUVs: apo-myoglobin (apo-Mb, 16.9 kDa),^{41,42} the diphtheria toxin translocation domain (T, 22 kDa),^{43,44} and anthrolysin O (ALO, 54 kDa).⁴⁵ Figure 1 shows the 1D-NMR spectra of apo-Mb (Figure 1A), T (Figure 1B), and ALO (Figures 1C and 1D) with increasing concentrations of lipids.

The intensity of the 1D-NMR spectra of apo-Mb and T (Figures 1A and 1B) decreases with the addition of LUV. ALO is a cholesterol-dependent cytolysin that requires the presence

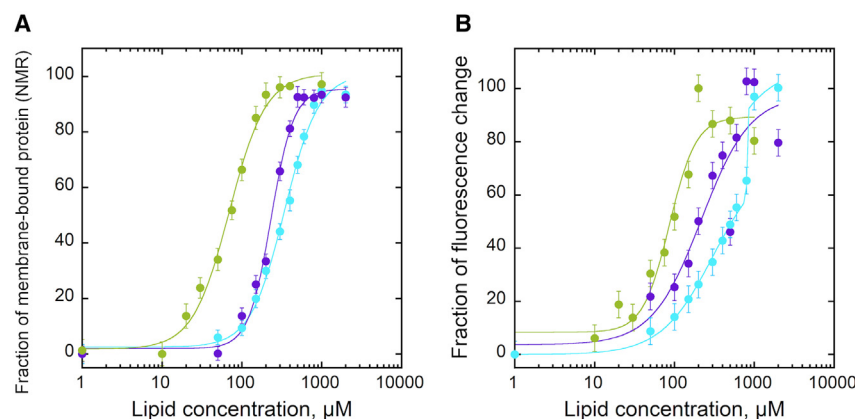


Figure 2. Membrane partitioning of amphitropic proteins

(A and B) Solution-to-membrane partitioning of apo-Mb (cyan), T (violet), and ALO (green) at a concentration of 3 μ M each, in the presence of increasing lipid concentrations monitored by (A) The 1D- 1 H NMR (signal loss of the amide envelope) and (B) fluorescence (ratio of tryptophan fluorescence intensities at 320 nm and 370 nm). POPC:POPG 9:1 LUV were used for apo-Mb and T, POPC:Chol 6:4 LUV for ALO (green, closed circles) and 100% POPC LUV for ALO (green, open circles). The values and error bars in (A) are calculated from the integral of the amide envelope (8.4–7.7 ppm) and from the spectral noise standard deviation, respectively. Data have been normalized. Data in (B) are mean $\pm$ SEM. In NMR experiments, while for ALO and apo-Mb the

signal completely disappears at high lipid concentrations, for the T domain at pH 4.2, circa 20% of the signal remains at the highest lipid concentration. As shown below with diffusion experiments performed at pH 4.5 with the T domain (Figure 5), this signal pertains to flexible regions of the membrane-bound proteins that are not embedded into the membrane.

of cholesterol in lipid bilayers to partition from solution to membranes. Whereas the 1D-NMR spectra of ALO titrated by membranes composed of 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC) and cholesterol show a loss of intensity (Figure 1C), the intensities of the 1D-NMR spectra do not significantly change for ALO titrated by LUV composed of POPC only (Figure 1D). This clearly establishes that the loss of 1D-NMR signal intensity is a straightforward indicator of ALO binding to membranes containing cholesterol.

To estimate the partition coefficients of the different proteins, the decrease of the NMR signal intensity (i.e., integral of the amide proton envelope) of apo-Mb, T and ALO were plotted as a function of lipid concentrations as reported in Figure 2A. In parallel, membrane partitioning was monitored by recording the ratio of tryptophan fluorescence intensity for the same proteins as a function of lipid concentration (Figure 2B). The fluorescence data indicate that the three amphitropic proteins interact with membranes, as expected from the literature.^{42,45,46} Furthermore, fitting Equation 8 to 1D NMR and fluorescence experimental data provided similar partition coefficients for each protein (Table 1). To assess the reproducibility of each method, we performed independent experiments of membrane partitioning using ALO and POPC:cholesterol LUV (Figure S2). Fluorescence and NMR results show that the independent experiments provide reproducible results (see also Table S2 and Limitations of the study section below for the experimental reproducibility). Hence, as NMR and fluorescence provide similar quantitative results, we conclude that 1D- 1 H NMR can reliably be used to report protein partitioning into membranes.

To probe whether protein partitioning into SUVs, LUVs, and multilamellar vesicles (MLVs) can be quantified by NMR, we monitored membrane partitioning by tryptophan fluorescence and NMR using apo-Mb as standard amphitropic protein. Figure S3 shows that B2LiVe is appropriate for various lipid bilayer vesicles, including SUVs, LUVs, and MLVs.

As additional controls, we similarly characterized proteins that are not expected to interact with membranes of various lipid compositions: calmodulin (16.7 kDa), bovine holo- α -lactalbumin (14.2 kDa), and bovine serum albumin (66.5 kDa) (Fig-

ure S4). These proteins were chosen to cover a similar range of molecular masses as apo-Mb, T, and ALO. The addition of LUV does not affect the NMR signal or the tryptophan fluorescence (the fluorescence experiment could not be done for CaM, as it does not contain tryptophan), indicating that, as expected, these proteins do not interact with membranes under the experimental conditions used.⁴⁷

A benefit of selective excitation of amides is that longitudinal relaxation is very fast, allowing one to apply short repetition delays such as the 150-ms delay used throughout this work and thereby increase sensitivity and reduce acquisition time. However, given that the membrane-bound protein is expected to show slower longitudinal relaxation than the protein in solution, we investigated whether using such a short delay could impact the affinity measurements. We, thus, compared experiments at 150 ms and a much longer delay of 500 ms with apo-Mb with SUV, LUV, and MLV and effectively obtained the same K_D values within experimental error (Table S3).

Finally, the complementarity of the experimental approaches can be illustrated by the NMR and fluorescence results obtained with apo-Mb (Figure S5). NMR and fluorescence data indicate that the partition from solution to membrane is observed with a K_D at circa $120 \pm 10 \mu$ M. Indeed, the unique transition measured by NMR unambiguously indicates that the partition occurs during the first transition observed by fluorescence (common NMR and fluorescence K_D values at circa $120 \pm 10 \mu$ M). Then, a second transition monitored by tryptophan fluorescence is observed at circa $500 \pm 50 \mu$ M, corresponding with a pH-dependent and lipid concentration-dependent conformational change of apo-Mb in membranes, as previously reported.^{41,42}

Taken together, these results indicate that proton 1D-NMR fast-pulsing techniques with selective adiabatic pulses is a sensitive approach to quantitatively monitor protein partitioning into membranes. The decrease in the NMR signal directly reports on the fraction of membrane-bound proteins and can be easily recorded for unlabeled samples.

We then extended the study to peptide:membrane interactions. For this, we selected two peptides from the *Bordetella pertussis* adenylate cyclase toxin,^{48,49} which were previously

Table 1. Thermodynamics of solution-to-membrane partitioning of the amphitropic proteins and peptides determined by NMR, tryptophan fluorescence, and far-UV circular dichroism

Proteins	Membranes	Methods	Membrane partition coefficient, K_x	Dissociation constants, K_D , μM	nH	ΔG_{Kx} , kcal/mol
apo-Mb	POPC:POPG	NMR	$170,000 \pm 10,000$	330 ± 10	2 ± 1	-7.1 ± 0.1
	9:1 LUV	fluorescence	$180,000 \pm 59,000$	310 ± 50 (810 ± 5)	2 ± 1 (9 ± 3)	-7.2 ± 0.1
T	POPC:POPG	NMR	$240,000 \pm 11,000$	230 ± 20	3 ± 1	-7.4 ± 0.1
	9:1 LUV	fluorescence	$250,000 \pm 100,000$	220 ± 130	2 ± 1	-7.4 ± 0.3
ALO	POPC:chol	NMR	$800,000 \pm 54,000$	70 ± 5	2 ± 1	-8.1 ± 0.1
	6:4 LUV	fluorescence	$640,000 \pm 94,000$	90 ± 20	3 ± 1	-7.9 ± 0.1
P233	POPC:POPG:chol	NMR	$52,000 \pm 1,000$	$1,000 \pm 60$	3 ± 1	-6.4 ± 0.01
	7:2:1	fluorescence	$26,000 \pm 10,000$	$2,100 \pm 600$ ($4,100 \pm 30$)	2 ± 1 (18 ± 3)	-6.0 ± 0.2
	SUV	Far-UV CD	$25,000 \pm 2,000$	$2,200 \pm 200$	3 ± 1	-6 ± 0.1

The table reports the membrane partition coefficient (K_x), dissociation constant (K_D), Hill number (nH), and free energy (ΔG_{Kx}) values.

The thermodynamic values corresponding with the second transition of peptide/protein reorganization in membranes are reported in brackets because they do not report solution to membrane partitioning. For membrane partitioning, nH values have no biological meaning because protein membrane interaction corresponds to a change of environment (i.e., from solution to membrane) and not to a bimolecular interaction. Here, nH values help to provide a better fitting of the equation to the experimental data and to improve the estimation of the K_D values.

characterized in our laboratory: P233 that was shown to interact with membranes and P414 that has no membrane binding activity.²³ The NMR data shown in Figure 3 indicate that P233 interacts with POPC/1-palmitoyl-2-oleoyl-sn-glycero-3-[phosphorac-(1-glycerol)] [POPG]/cholesterol membranes with a complete loss of NMR signal at high lipid/peptide ratios, while in the same conditions the P414 peptide does not show any signal decrease and, therefore, does not bind to membranes. Because P233 was used at a high lipid/peptide molar ratio, which could induce membrane disruption, we analyzed the morphology of the peptide:SUV system at different concentrations of peptides by cryo-electron microscopy (EM) (Figure S6). Cryo-EM data provide direct evidence that the peptide does not disintegrate the lipid bilayer of the vesicles used at 100 μM and 1 mM lipids (lipid/protein ratio range at which peptide-induced vesicle disintegration might have occurred).

Membrane partitioning of P233 was monitored in parallel by NMR, tryptophan fluorescence, and far-UV circular dichroism (Figure 4). Overall, the experimental data revealed an excellent correspondence between the three different techniques that provide similar quantitative parameters (2-fold difference at most on K_D , or 0.4 kcal/mol in free energy, roughly representing one-third of the energy of a hydrogen bond) for the peptide membrane partitioning process (Table 1). Hence, our data indicate that 1D-¹H NMR is also readily applicable to quantify the membrane partitioning of standard, unlabeled peptides.

Furthermore, the P233 peptide is unstructured in solution and can therefore be considered as a short intrinsically disordered protein (IDP). As IDPs show in general very intense and sharp NMR signals, B2LiVe should also be applicable to IDPs. Nevertheless, in unstructured peptides or IDPs, amides are solvent exposed in solution and exchange fast with water at high pH and temperature, but these might be protected against exchange in the bound form. We performed HETSOFAST amide saturation transfer experiments with water (see Materials and

methods) with an unstructured 31-residue-long peptide (P454) at pH 7.4°C and 25°C to analyze whether, under these conditions, protection in the bound form could influence the apparent exchange of the visible solution state and bias the affinity measurement. Under the later conditions, the peptide shows relatively low affinity for membranes ($K_D = 890 \pm 90 \mu\text{M}$ as determined with B2LiVe) and high intrinsic rates of exchange with water (mean = 47 s^{-1} , half-time = 21 ms) (see legend of Figure S7) and most of its amide protons will exchange during the 100-ms exchange time of the experiment. As shown in Figure S7, the apparent exchange with water of the visible form (λ_{wat} value) is independent of the lipid concentration between 0 and 2 mM, discarding any effect of protection on the bound form.

Interestingly, we noticed that, while in many cases (e.g., apo-Mb, ALO or peptide P233) no residual NMR signal is observed at saturating lipid concentrations (i.e., after reaching a plateau), a significant NMR signal remains for the T domain at the highest lipid concentrations tested. This signal might be due to either a fraction of protein unable to bind to membranes and remaining in solution, or it might arise from fully membrane-attached polypeptides containing flexible regions not directly bound to the lipids and floating above the membrane (disordered regions or ordered regions linked to the membrane-bound region[s] by a flexible linker) (Figure 5A). Of note, the T domain interaction with membrane is pH dependent: at pH 4 and below, T fully inserts into the membrane, while above pH 4, some regions remain in solution.⁴⁶ To discriminate between these two possibilities, we performed NMR self-diffusion experiments as diffusion is expected to be different for proteins in solution or bound to the lipid vesicles.

Diffusion experiments were performed with the T domain (15 μM) alone or in the presence of a 1,000-fold excess of lipids in LUV at pH 4.5, at which pH a substantial fraction (four among the nine helices) of the T domain remains in solution.^{46,50} Under these conditions, in amide-selective 1D spectra, we observed

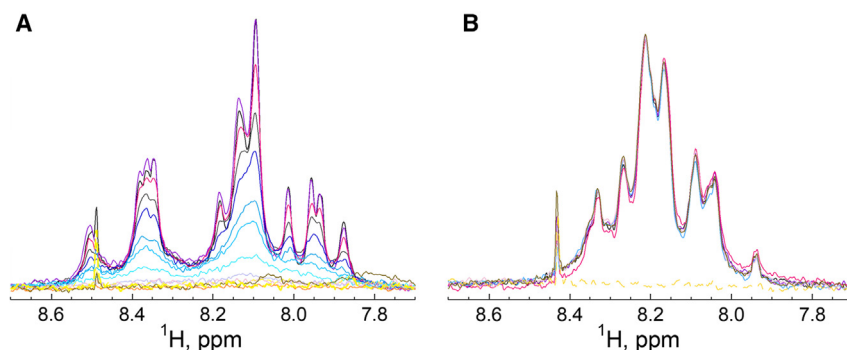


Figure 3. Membrane interaction of peptides followed by 1D-¹H-NMR spectroscopy

(A and B) NMR amide spectra upon titration of the P233 (A) and P414 (B) peptides with POPC:POPG:cholesterol 7:2:1 SUV. The lipid concentrations range from 0 (black) to 10 mM (dark yellow). The concentrations of the P233 and P414 peptides are 15 μ M and 5 μ M, respectively. The spectrum of lipid vesicles in the absence of peptides at the highest lipid concentration used is represented as a dashed line (yellow).

that in the presence of LUV, the signal was $\sim 40\%$ ($39\% \pm 3\%$) that of the protein without lipid vesicles (Figure 5B). We then submitted the samples to amide-selective diffusion experiments. In diffusion experiments in which all delays (diffusion delay, gradient pulses) are kept constant and only the gradient strength is varied, the signals show a Gaussian decay that depends on the diffusion coefficient and the applied gradient. As can be observed in Figures 5C and 5D, the relative decay on intensity of the spectra at high gradient strength is much higher for the T domain alone than that of the T domain in the presence of LUV. This can also be visualized on the diffusion curves (Figure 5E), which show the signal intensity as a function of the gradient strength. These data indicate that the diffusion coefficient of the species giving rise to the residual signal at a high lipid concentration are bound to lipid vesicles. To rule out the possibility that the slower diffusion of the T domain at a high lipid concentration could be caused by a higher viscosity resulting from the presence of LUV rather than a consequence of membrane binding, we used a buffer signal (HEPES resonance) as a control and showed that HEPES displays very similar diffusion decays with or without lipid vesicles in samples containing the T domain (Figure 5F). Hence, the residual signal pertains to membrane-bound protein, in agreement with previous results.⁴⁶ In summary, in addition to quantifying membrane partitioning, the B2LiVe method as shown with diffusion-ordered spectroscopy (DOSY) can pinpoint toward the presence, within a membrane-bound protein, of polypeptide segments that are not embedded into membrane, but remain in the aqueous phase.

High concentrations of lipids occupy modest volumes and will not lead to crowding effects that could influence NMR measurements. For instance, 20 mM lipid SUV with a 30-nm diameter occupy 2% of the volume, while 200-nm LUV occupy only 1% of the volume. However, a high increase of viscosity with lipids would produce higher T_1 and lower T_2 relaxation times and possibly bias the NMR measurements. As observed for the T domain with 1.5 mM lipids in LUV, DOSY experiments for apoMb with SUV, LUV, and MLV (4 mM lipids) and ALO with LUV (1 mM lipids), high lipid concentrations with different compositions displayed a small increase in viscosity, from approximately 2% to approximately 11% (Table S4).

Range of affinities that can be evaluated by B2LiVe

Different considerations will limit the lower and higher K_D values that can be determined by this method. For high-affinity sys-

tems, the limit will be given by the sensitivity. Indeed, as for any other biophysical direct method not relying on competition experiments, the protein/peptide concentration should be in the range of the K_D or lower and hence a good signal to noise will be required: this will mainly depend on the spectrometer field, the probe sensitivity, the shape of the spectra (sharp or broad signals), and the size of the peptide or protein. In an 800 MHz equipped with a cryogenically cooled probe, using ALO at 0.25 μ M, we were able to obtain a spectrum with a good signal to noise ratio in only 12 min (as used for 3 μ M proteins herein) (Figure S8). By a rule of thumb, this means that a spectrum with similar quality could be obtained at 0.1 μ M in 1 h, and that K_D s of 10–50 nM could be determined, and even lower if a higher field were available. For short peptides the limit will be higher but could be micromolar or sub-micromolar.

Establishing the higher limit of measurable K_D s is more complicated: it will be imposed by the slow exchange regime on the chemical shift timescale condition, which depends on many factors and is related to kinetics and not to thermodynamics (K_D). Indeed, the method relies on integration of signals to determine the population of protein in solution and hence is only valid for systems in slow exchange, i.e., in which the sum (k_{ex}) of the on ($k_{on} \times [\text{lipids}]$) and off (k_{off}) rates ($k_{ex} = k_{on} \times [\text{lipids}] + k_{off}$) is much slower than the difference of resonance frequencies (expressed in Hertz) of the visible and bound forms. Thus, the k_{ex} rate will depend on the spectrometer field, on the lipid concentration dependent kinetics of the interaction, and on the difference of the bound and free environment of each amide. Nevertheless, we have shown here that B2LiVe can successfully measure K_D s in the millimolar range. Moreover, knowing whether the system is in slow exchange or in the faster intermediate exchange regime can be readily detected on the variation of the shape of the spectra (line broadening) upon addition of lipids.

DISCUSSION

We have shown that 1D-¹H NMR with selective excitation of the amide region is a simple and robust approach to quantify membrane partitioning of unlabeled peptides or proteins. Selective excitation of the amide region allows one to efficiently filter-out the proton signals of water (111 M), buffers (tenths of millimolar range), and lipid vesicles (from 0 to 10 mM in this study), as well as most of the impurities that are usually observed at lower frequencies, without the need for ¹⁵N-labeling the proteins. In

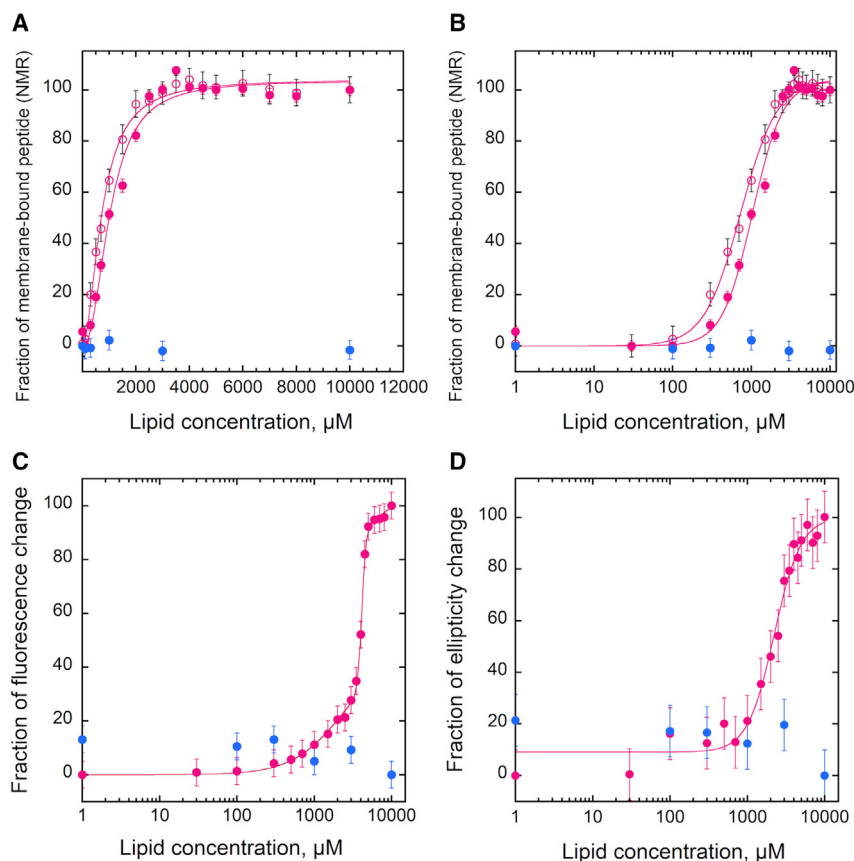


Figure 4. Membrane partitioning of the P233 and P414 peptides followed by 1D-¹H NMR, tryptophan fluorescence, and far-UV CD

(A–D) The experiments were performed in the presence of POPC:POPG:chol 7:2:1 SUV. Data for P233 and P414 as a function of lipid concentration are displayed in magenta and blue, respectively. Membrane partitioning followed by 1D-¹H NMR is represented on a linear scale (A) and on a logarithmic scale (B). The ratio of tryptophan fluorescence intensity (320 nm/370 nm) (C) and the ellipticity at 222 ± 2 nm in the far-UV region (D) as a function of lipid concentration are shown. Error bars in (A and B) are calculated from the standard deviation of noise in 1D-NMR spectra. The signal loss in (A) and (B) of the tryptophan indol proton (open circles) followed by NMR is similar to that of the amide envelope (closed circles). Data in (C and D) are mean $\pm$ SEM.

addition, the fast relaxation of the amide protons in the HET-SOFAST experiment³⁶ warrants the use of short inter-scan repetition delays leading to high sensitivity. With high-field spectrometers and high-sensitivity, cryogenically cooled probes, data acquisition on low protein concentration samples can indeed be very short. In the experiments presented here, run on an 800-MHz spectrometer equipped with a cold probe, 1 data point was recorded with 2,048 scans in approximately 12 min for 3 μ M protein in 180 μ L samples.

The B2LiVe method requires low concentrations and low amounts of unlabeled proteins, is independent of the protein/peptide composition, and can be applied to a large range of protein sizes, which can go well above the range of the protein sizes shown in this study (>54 kDa, unpublished data). Importantly, the capacity to perform the experiments at low protein concentrations and high lipid/protein ratios, ensures the conditions of protein infinite dilution^{1,51} required to determine the thermodynamic partitioning constants (Equation 2). In contrast, given that the determination of the membrane-bound fraction is based on the disappearance of the solution protein signals, which is due to the large size of the lipid vesicles, the method is independent of the lipid bilayer particle size (SUV, LUV, or MLV) and is not negatively affected by high lipid concentration, which can cause light scattering problems in optical techniques like fluorescence and CD. This tolerance to particle size and high concentration allows the technique to quantify the solution-to-membrane partitioning for systems with low affinity. Although the range of K_D

values that can be accessed will depend on particular systems, NMR spectrometers, and the sensitivity of the probes available, we have shown here that the method might be applied for systems with K_D values ranging from millimolar to micromolar/sub-micromolar for short peptides and tenths of nanomolar for proteins with good quality spectra and high NMR fields.

Furthermore, as we showed here for the T domain, and in contrast with other techniques, NMR can directly indicate if certain regions from a membrane-bound protein

remain in the aqueous phase. In its molten globule state at acidic pH, the T domain is able to penetrate membranes on a pH dependent manner.⁴³ Here, we showed that at pH 4.5, approximately 40% of the membrane-bound protein residues ($39\% \pm 3\%$ residual amide signal) are not directly attached to the membranes and remain flexible enough in solution so that their NMR signals can be observed. Previous works on the T domain, as well as with peptides encompassing its four N-terminal helices (TH1–TH4), indicate that under the conditions used in this study (pH 4.5, POPG:POPC 9:1 LUV), the N-terminal region does not interact with membranes^{46,50}; membrane insertion of the N-terminal helices of T is only observed for more acidic pH ($\text{pH} \leq 4$).^{43,50} Remarkably, this N-terminal amphiphilic region corresponds with approximately 40% of the residues of the T domain, in close agreement with our NMR results ($39\% \pm 3\%$ residual amide signal).

In conclusion, the proposed NMR-based B2LiVe method should be valuable to quantify the affinity of unlabeled peptides and proteins including IDPs for lipid bilayers in the context of structural biology and biophysical studies.

Limitations of the study

Protein/peptide aggregation

The B2LiVe method may be difficult to apply for proteins or peptides that have a strong propensity to aggregate. Nevertheless, for such peptides/proteins, other classical approaches such as SPR, ITC, and reflectometry-based or centrifugation-based

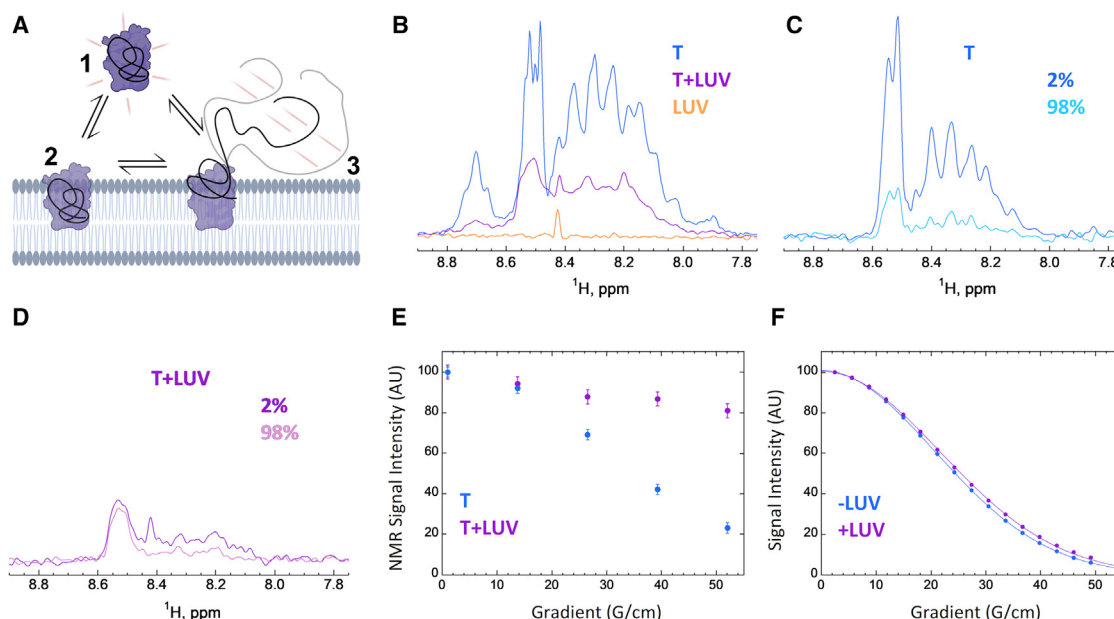


Figure 5. B2LiVe allows discrimination from partially and fully membrane-inserted proteins

For a Figure360 author presentation of this figure, see <https://doi.org/10.1016/j.crmeth.2023.100624>.

(A) Schematic model of three potential conformational states of an amphitropic protein exposed to membranes. The experimental results of the B2LiVe method report on the fraction of amide signal (red traces) that is lost upon partition of the protein from solution to membranes (arrows). The total loss of the NMR signal upon protein titration by membranes indicates that all proteins populate state #2 at the expense of state #1. If the NMR signal does not fully disappear and reaches an intermediate plateau, this indicates that a fraction of the proteins remains in solution. The remaining amide signal may arise either from a fraction of the population of proteins remaining in solution (state #1) or from membrane-bound proteins that contain several segments remaining in solution (state #3). The DOSY experiment allows discrimination between these possibilities.

(B–F) Self-diffusion of the T domain in the absence and presence of LUV monitored by 1D- ^1H amide-selective diffusion NMR experiments.

(B) The 1D- ^1H amide-selective spectra of domain T (15 μM) at pH 4.5°C and 25°C in the absence (blue) or presence (violet) of LUV (15 mM concentration), and of LUV (POPC:POPG 9:1) without protein (orange). The envelope integral decays to $39\% \pm 3\%$ in the presence of LUV.

(C–E) Diffusion experiments recorded with a 140 ms diffusion delay. The 1D spectra at 2% and 98% of the maximum gradient available (53.5 G/cm) of T alone (C) or in the presence of LUV (D) displayed on the same scale. (E) Diffusion rate-dependent decay of the intensity (integral) of the signal at 8.55 ppm of T with (violet) or without (blue) LUV. The much lower decrease in relative intensity of the signal in the presence of LUV indicates a slower diffusion rate.

(F) Diffusion rate-dependent decays of the HEPES signal (3.86 ppm) in samples (used in A–D) with (violet) or without (blue) lipid vesicles. Experiments in (F) were recorded with a 60-ms diffusion delay; data in (F) were fitted to a Gaussian decay of the intensity (I) from an I_0 value (without gradients) as a function of the gradient strength G and an apparent diffusion coefficient d ($I = I_0 e^{-dG^2}$). The similarity of the diffusion decays in (F) indicates that the viscosity of the sample is not significantly increased by the LUV and is not at the origin of the slower diffusion of T in the presence of lipid vesicles shown in C, D and E. The sharp signal at 8.43 ppm arises from formic acid, a trace impurity contained in D_2O .

Error bars in (E and F) are calculated from the standard deviation of noise in NMR spectra.

partitioning assays will also be severely impeded and only membrane flotation assays might potentially be applicable to demonstrate their membrane-binding capacity. It should be stressed, however, that because B2LiVe can be carried out at high lipid:polypeptide molar ratios (i.e., in the low micromolar range for proteins and in the tens of millimolar range for lipids), the aggregation propensity of most proteins should be rather limited in such conditions.

Intermediate exchange regime

As stated, the quantification of populations by signal integration is only valid for systems in slow exchange on the chemical shift time-scale. For systems with very low affinity, k_{ex} will be higher and, if it is of the same order of magnitude as the difference of frequencies between the solution and membrane-bound forms (approximately μs to ms time range), the system might be in intermediate exchange that will result in line broadening and possibly chemical shift variations of the visible form. Importantly, line broadening

can be easily detected by visual inspection of the NMR spectra. We verified line broadening for all the titrations performed in this work, and we only noticed significant broadening for peptide P233 at concentrations of 800 μM lipid and higher and NMR measurements showed good agreement with fluorescence (Table 1).

If line broadening is present, especially at low lipid concentrations, the method will overestimate the affinity. In such cases, the B2LiVe method will still provide a good estimation of the affinity range (i.e., order of magnitude of K_D). Moreover, it will still be useful for performing most comparative studies (e.g., effects of mutations, different lipid compositions), as line broadening will be associated with systems with higher exchange rates and in principle lower affinity. Also, if available, lower fields might switch the system from intermediate to slow exchange.

Amide proton exchange with water

An advantage of the HETSFAST pulse program is that water is not suppressed or manipulated, and, if care is taken to not excite

water, reproducible results are obtained. However, exchange with water at a high temperature (37°C) and pH in unstructured peptides and IDPs will likely result in broad lines (and absent signals) especially for basic, serine, and threonine residues. If the quality of the spectrum (broad lines, low intensity) precludes experiments at 37°C, these can be performed at a lower temperature. Indeed, we showed here for P233 and P454 that experiments are feasible at pH 7.4°C and 25°C and for P454 we further demonstrated that no effect of differential water accessibility in the soluble and bound forms affected the signal of the soluble form.

STAR★METHODS

Detailed methods are provided in the online version of this paper and include the following:

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 - Determination of the partition coefficient K_x and of the free energy of partitioning ΔG_{K_x}
- **QUANTIFICATION AND STATISTICAL ANALYSIS**

SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.crmeth.2023.100624>.

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AUTHOR CONTRIBUTIONS

Conceptualization, J.I.G. and A.C.; methodology, J.I.G. and A.C.; software, B.V. and J.I.G.; validation, B.V., D.L., J.I.G., and A.C.; formal analysis, M.S., N.C., C.L., B.V., J.I.G., and A.C.; investigation, M.S., N.C., C.L., B.V., and J.I.G.; resources, D.L., J.I.G., and A.C.; writing – original draft, M.S., D.L.,

J.I.G., and A.C.; visualization, M.S., N.C., C.L., J.I.G., and A.C.; supervision, J.I.G. and A.C.; project administration, J.I.G. and A.C.; funding acquisition, J.I.G. and A.C.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Chemicals, Peptides, and Recombinant Proteins		
1-palmitoyl-2-oleoyl- <i>sn</i> -glycero-3-phosphocholine	Avanti Polar Lipids	Cat#850457C
1-palmitoyl- 2-oleoyl- <i>sn</i> -glycero-3-[phospho- <i>rac</i> -(1-glycerol)]	Avanti Polar Lipids	Cat#840457C
cholesterol	Avanti Polar Lipids	Cat#700000P
Deuterium oxide (D ₂ O)	Eurisotop	Cat#D214
The P233 peptide	Genosphere Biotechnologies	P233
The P414 peptide	Genosphere Biotechnologies	P414
The P454 peptide	Genosphere Biotechnologies	P454
The P454FGR peptide	Genosphere Biotechnologies	P454FGR
The bovine serum albumin protein	Sigma-Aldrich	Cat#A0281
The bovine α -lactalbumin	Sigma-Aldrich	Cat#L-6010
The apo-myoglobin protein	Sigma-Aldrich	Cat#A8673-5X1VL
The Anthrolysin O protein	Bourdeau et al. ⁴⁵	N/A
The Diphtheria Toxin Translocation Domain	Chenal et al. ⁴⁶	N/A
Calmodulin	Karst et al. ¹³	N/A
Software and Algorithms		
KaleidaGraph v5.01	Synergy Software	https://www.synergy.com/
NMRLIB 2.0 package	Vallet et al. ⁵²	https://www.ibs.fr
Topspin 4.0.7	Bruker	https://www.bruker.com/fr/products-and-solutions/mr/nmr-software/topspin.html

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, J. Iñaki Guijarro (inaki.guijarro@pasteur.fr).

Materials availability

This study did not generate new unique reagents.

Data and code availability

- All data reported in this paper will be shared by the [lead contact](#) upon request.
- This paper does not report original code.
- Any additional information required to reanalyze the data reported in this paper is available from the [lead contact](#) upon request.

METHOD DETAILS

Reagents

The lipids 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphocholine (POPC, ref. 850457C), 1-palmitoyl- 2-oleoyl-*sn*-glycero-3-[phospho-*rac*-(1-glycerol)] (POPG, ref. 840457C) and cholesterol (Chol, ref. 700000P) were purchased from Avanti Polar Lipids (Alabaster, AL, USA). HEPES-Na (reference H9897), NaCl (reference S5150) and CaCl₂ (ref. 21115) were purchased from Sigma Aldrich, USA. The D₂O (reference D214) was purchased from Eurisotop, England.

Peptides

The synthetic peptides were purchased as powder from Genosphere Biotech (France) and their purity (95%) and composition were controlled by reverse-phase HPLC and MALDI-mass spectrometry, respectively. The peptides are capped on the N terminus with an

acetyl group and on the C terminus with an amide group. The P233 and P414 peptides used in this study were derived from the CyaA protein.^{48,49,53} The P233 peptide^{23,54} corresponds to the H-helix of ACD (adenyl-cyclase domain), *i.e.*, residues 233–254 of the CyaA toxin.^{50,54,55} The P233 peptide has the following sequence: LDRERIDLLWKIARAGARSAVG. The P414 peptide is derived from the segment 414–440 of CyaA²³ and contains a F415W mutation. The P414 peptide has the following sequence: SWSLGEVSDMAAVEAAELEMTRQVLHA. The P454 peptide is derived from the segment 454–484 of CyaA.^{23,45,46,50,56} The P454 peptide has the following sequence: ASAHWGQRALQGAQAVAAAQRLVHAIALMTQ. The P454FGR peptide is derived from the segment 454–487 of CyaA.²³ The FGR residues correspond to a native C-terminal extension of the CyaA sequence added on the previously characterized P454 peptide.^{23,45,46,50,56} The P454FGR peptide has the following sequence: ASAHWGQRALQGAQAVAAAQRLVHAIALMTQFGR. All peptides are synthesized with a C-terminal amide. Peptide powders were resuspended in 20 mM HEPES-Na, 150 mM NaCl, pH 7.4. Peptide concentrations were calculated from the absorbance at 280 nm subtracted by the absorbance at 320 nm of absorbance spectra recorded with a Jasco V630 spectrophotometer using Hellma cuvettes. Aliquots of the dissolved peptides were stored at –20°C.

Proteins

Bovine serum albumin (BSA, reference A0281), bovine α -lactalbumin (BLA, reference L-6010) and apo-myoglobin (apo-Mb, reference A8673-5X1VL) were purchased as powders from Sigma-Aldrich, USA. BSA was resuspended in H₂O, BLA was resuspended in 20 mM HEPES-Na, 20 mM NaCl, 2 mM EDTA, pH 7.5 and apo-Mb was resuspended in 20 mM HEPES-Na, 20 mM NaCl, pH 7.5. After resuspension, BSA, BLA and apo-Mb were filtered through 0.2 μ m syringe filters (reference F2504-8, Thermofisher Scientific). Anthrolysin O (ALO) production and purification were performed as described in.⁴⁵ The diphtheria toxin translocation domain (T)⁵⁶ was produced and purified as described in.^{46,50} The calcium-free apo-state of calmodulin, apo-CaM, was produced and purified as described elsewhere.^{13,55} The physical-chemical parameters of the proteins and peptides used in this study are reported in Table S1.

Lipid vesicle preparation

Multilamellar vesicles (MLV), large unilamellar vesicles (LUV) and small unilamellar vesicles (SUV) were used in this study. Lipid vesicles were prepared by reverse phase evaporation as described elsewhere^{57–60} at a lipid concentration of 40 mM. MLV produced by reverse phase evaporation were submitted to extrusion through 1.2 μ m polycarbonate filters. LUV were prepared by further extrusion through 0.4 and 0.2 μ m polycarbonate filters. The SUV were obtained by sonication of filtered MLV. The hydrodynamic diameters and dispersity were checked by dynamic light scattering (DLS) using a NanoZS instrument (Malvern Instruments, Orsay, France). Lipid vesicles were aliquoted and stored under argon at 4°C. Various lipid compositions were used: POPC:POPG at a 8:2 M ratio; POPC:POPG at a 9:1 M ratio, both in 20 mM HEPES-Na, 20 mM NaCl, pH 4; POPC:cholesterol at a 6:4 M ratio in 20 mM HEPES-Na, 20 mM NaCl, pH 7; POPC:POPG:cholesterol at a 7:2:1 ratio in 20 mM HEPES-Na, 150 mM NaCl, pH 7.

Sample preparation

The samples used for NMR, tryptophan fluorescence and far-UV CD were derived from a common stock solution to ensure the comparability of the three methods, when applicable. A typical titration series comprises 19 samples. Protein (1–3 μ M) and peptide (5–15 μ M) concentrations are kept constants for all samples, while the lipid concentration increases from 0 up to 10 mM. Apo-Mb and T titrations were performed at 25°C in the presence of LUV composed of POPC:POPG at a molar ratio of 9:1 in 20 mM HEPES-Na, 20 mM NaCl, 5% D₂O, pH 4.2. The titrations of Apo-Mb by SUV, LUV and MLV composed of POPC:POPG at a molar ratio of 8:2 were performed at 25°C in 20 mM HEPES-Na, 20 mM NaCl, 5% D₂O, pH 4.2. The titrations of ALO were performed in the presence of POPC:cholesterol 6:4 LUV in 20 mM HEPES-Na, 20 mM NaCl, 2 mM CaCl₂, 5% D₂O, pH 7.5 at 37°C. The titrations of the P233 and P414 peptides were performed at 25°C in the presence of POPC:POPG:cholesterol 7:2:1 SUV in 20 mM HEPES-Na, 150 mM NaCl, 2 mM CaCl₂, 5% D₂O, pH 7.5.

Nuclear magnetic resonance

NMR experiments were performed on an Avance Neo 800 MHz spectrometer (Bruker, Billerica, MA, USA) equipped with a triple resonance cryogenically cooled probe. Mono-dimensional (1D) proton experiments with selective excitation of the amide region⁴⁰ of peptide (5–15 μ M) and protein (1–3 μ M) samples in the presence of varying lipid concentrations were recorded at 25°C or 37°C as indicated. Experiments were based on the proton HET-SOFAST pulse sequence³⁶ implemented in the NMRLIB 2.0 package.⁵² Selective adiabatic polychromatic PC9 pulses with a 120° pulse centered at 9.5 ppm with a 3–4 ppm bandwidth were used to excite amide resonances. The recycling time between scans was 0.15 ms. Spectra were processed and analyzed with Topspin 4.0.7 (Bruker). The relative amount of peptide/protein remaining in solution at each lipid concentration was evaluated from the integral of the amide proton resonances, after subtraction of the spectrum of lipids at the highest concentration used, considered as the baseline.

Self-diffusion experiments of the T domain (15 μ M) at pH 4.5 were performed in the presence or absence of 15 mM LUV (POPC:POPG 9:1) at 25°C by means of the amide selective self-diffusion experiment 1D_DOSY (Diffusion Ordered Spectroscopy) implemented in the NMRLIB 2.0 package.⁵² We used a diffusion delay of 140 ms, bipolar shaped gradients applied during 3.7 ms and 5 gradient strengths that varied from 2 to 98% of the probe maximum gradient (53.5 G/cm). The selective pulses were centered

at 9.5 and had a 3.1-ppm width. Water was suppressed with an excitation sculpting scheme incorporated in the 1D_DOSY scheme. To evaluate the effect of the different viscosity of T samples ± 15 mM LUV on diffusion, we followed the signal of HEPES at 3.89 ppm contained in the buffer in non-selective experiments. We recorded 16 stimulated-echo experiments with a diffusion delay of 60 ms, bipolar gradients applied during 1.6 ms at different gradient strength and excitation sculpting water suppression. The same strategy was followed to evaluate the viscosity of protein samples with different size, lipid composition and concentration (highest concentration used in the titrations), using samples of apo-Mb ± 4 mM SUV, LUV or MLV and ALO ± 1 mM LUV.

Apparent solvent exposure of amide protons of the population in solution at different lipid concentrations was evaluated using the proton HETSOFAST experiment for p454 as described by Schanda et al.³⁶ The λ_{wat} ratio, defined as the intensity ratio between a spectrum with water inversion (I_{wat}) and the reference spectrum (I_{ref}), was determined using a 100 ms selective water inversion pulse. The mean of the per residue intrinsic exchange rate with water of P454 fully exposed amide protons at pH 7.4°C and 25°C was calculated according to Bai et al.⁶¹

Intrinsic tryptophan fluorescence

Measurements were performed at 25 or 37°C with an FP750 spectrofluorimeter (Jasco, Japan) equipped with a Peltier-thermostated cell holder, using a quartz cell (ref. 105.251-QS, 3 × 3 mm pathlength) from Hellma (France). The peptide tryptophan emission spectra were recorded from 300 to 400 nm (excitation at 280 nm at a scan rate of 100 nm/min). A bandwidth of 5 nm was used for both, excitation and emission beams. The ratio of fluorescence intensities at 320 and 370 nm extracted from the fluorescence emission spectra was used to monitor solution to membrane partitioning. Fluorescence spectra are shown in Figure S1 to assess the quality of the fluorescence experimental data.

Far-UV circular dichroism

Far-UV CD measurements were performed with a J-1500 circular dichroism spectrophotometer (Jasco, Japan) equipped with a Peltier-thermostated cell holder, using a quartz cell (ref. 101-QS, 1 mm pathlength) from Hellma (France). Spectra were acquired from 190 to 260 nm and subtracted from blank measurements. Far-UV CD spectra are shown in Figure S1 to assess the quality of the CD experimental data.

Determination of the partition coefficient K_x and of the free energy of partitioning ΔG_{K_x}

The solution to membrane partitioning, K_x , was determined by analysis of the fluorescence intensity ratios at 320/370 nm, of 1D-NMR data and when applicable of CD data. The value of K_x is defined as the ratio of peptide/protein concentrations in membrane and solution phases,^{1,23,51,58} given by Equation 1:

$$K_x = \frac{P_L / (P_L + L)}{P_w / (P_w + W)} \quad (\text{Equation 1})$$

P_w (protein in aqueous phase) and P_L (protein in lipid phase) denote the concentration of soluble and membrane-bound protein, respectively; P_T stands for total protein ($P_T = P_w + P_L$); W is the concentration of water (55.55 M); L is the concentration of lipid. Since $L \gg P_L$ and $W \gg P_w$, Equation 1 can be written as follows:

$$K_x = \frac{P_L / L}{P_w / W} \quad (\text{Equation 2})$$

Equation 2 can, in turn, be expressed as follows:

$$\frac{P_w}{P_L} = \frac{W}{LK_x} \quad (\text{Equation 3})$$

The peptide fraction $f(P_L)$ partitioned into membrane is described by the following equation:

$$f(P_L) = \frac{P_L}{P_T} = \frac{P_L}{P_L + P_w} = \frac{\frac{P_L}{L} * 1}{1 + \frac{P_w}{P_L}} \quad (\text{Equation 4})$$

Based on Equations 3 and 4, Equation 5 can be expressed as follows:

$$f(P_L) = \frac{1}{1 + \frac{P_w}{P_L}} = \frac{1}{1 + \frac{W}{LK_x}} \quad (\text{Equation 5})$$

Adding the experimental data offset (A), the amplitude of the experimental signal (B) and the Hill coefficient (n) for the interaction to Equation 5, leads to Equation 6, which is used to fit all parameters to the experimental data:

$$f(P_L) = A + B \left(\frac{1}{1 + \left(\frac{W}{LK_x} \right)^n} \right) \quad (\text{Equation 6})$$

Equation 6 was fitted to the experimental data with KaleidaGraph (Synergy Software, Reading, USA). The K_x constant can be expressed in terms of the dissociation constant K_D of the peptide-membrane interaction and the water concentration:

$$K_D = \frac{W}{K_x} \quad (\text{Equation 7})$$

From Equation 7, Equation 6 rewrites:

$$f(P_L) = A + B \left(\frac{1}{1 + \left(\frac{L}{K_D} \right)^n} \right) \quad (\text{Equation 8})$$

Finally, the free energy of solution to membrane partitioning ΔG_{Kx} was determined according to Equation 9:

$$\Delta G_{Kx} = -RT \ln(Kx) = -RT \ln(W) + RT \ln(K_D) \quad (\text{Equation 9})$$

$$\Delta G_{Kx} = -2.4 + RT \ln(K_D)$$

QUANTIFICATION AND STATISTICAL ANALYSIS

Data in NMR experiments were measured from the integrals of the spectral regions of interest. Integral errors were estimated from the spectral noise standard deviation summed over an equivalent region. To calculate the error ($\Delta\lambda_{\text{wat}}$) in λ_{wat} , integral errors (ΔI) were further propagated assuming a normal distribution of noise $[(\Delta\lambda_{\text{wat}}/\lambda_{\text{wat}})^2 = (\Delta I_{\text{ref}}/I_{\text{ref}})^2 + (\Delta I_{\text{wat}}/I_{\text{wat}})^2]$.

Membrane partitioning data in fluorescence experiments were obtained from fluorescence intensity ratios at 320/370 nm or for comparison purpose in selected experiments from intensities at fixed emission wavelengths. For CD, the mean residual ellipticity at 222 nm in the far-UV region was used.

Thermodynamic parameters (K_x , K_D and nH) from NMR, fluorescence and CD data were obtained from fits of Equation 6 (K_x) and 8 (K_D and nH) to experimental data using KaleidaGraph 5.01 (Synergy Software, Reading, USA). The free energy of membrane partitioning ΔG_{Kx} was obtained from Equation 9 using the fitted parameters. Errors in thermodynamic parameters correspond to the error of the fit.

Reproducibility of NMR and fluorescence partitioning experiments were assessed with independent repetition experiments with the protein ALO (see Figure S2). Values and errors in thermodynamic parameters were estimated from the mean and standard deviations, respectively.