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1	Being easy to communicate might make verdicts based on confessions more legitimate
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15	

Abstract

17 In many judicial systems, confessions are a requirement for criminal conviction. Even if 18 confessions are intrinsically convincing, this might not entirely explain why they play such a 19 paramount role. In addition, it has been suggested that confessions owe their importance to their legitimizing role, explaining why they could be required even when other evidence has 20 21 convinced a judge. But why would confessions be particularly suited to justify verdicts? One possibility is that they can be more easily transmitted from one individual to the next, and thus 22 23 spread in the population without losing their convincingness. 360 English-speaking participants 24 were asked to evaluate the convincingness of one of three justifications for a verdict, grounded 25 either in a confession, eyewitnesses, or circumstantial evidence, and to pass on that justification 26 to another participant, who performed the same task. Then, 240 English-speaking participants 27 evaluated the convincingness of some of the justifications produced by the first group of 28 participants. Compared to the other justifications, justifications based on confessions lost less of 29 their convincingness in the transmission process (small to medium effect sizes). Modeling 30 pointed to the most common forms the justifications would take as they are transmitted, and 31 results showed that the most common variant of the justification based on a confession was more 32 convincing (small to medium effect sizes).

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- 34

Keywords: Confessions, legitimacy, communication, cultural transmission.

37

38 Someone who confesses should know what they are talking about—their own actions—and, by 39 contrast with denials, confessions do not appear self-interested. This makes confessions 40 extremely convincing (Kassin & Neumann, 1997; see also, e.g., Henkel, 2008; Neuschatz et al., 41 2012), and has led many judicial systems to put much weight on them. However, other types of 42 evidence—such as eyewitness testimony—can also be of high evidentiary value, and prove very 43 convincing (e.g., Martire & Kemp, 2009). It is not immediately clear, then, why confessions 44 should play a paramount role in so many judicial systems, where they are a *de facto* or even *de* jure requirement for conviction. This is particularly striking when other types of evidence would 45 46 be sufficient to convince a judge or a jury, and yet a confession is still required for conviction. 47 These requirements provide incentives for the judge or the prosecution to obtain confessions, 48 requirements which they often meet by means ranging from psychological pressure to torture 49 (Peters, 1996). In turn, these methods increase the rate of false confessions, and thus of wrongful 50 convictions (Peters, 1996). Given that confessions, in spite of their intrinsic convincingness, do 51 not have to play a paramount evidentiary role, and that incentives to obtain them have dire 52 consequences, why are they granted such a special status in many judicial systems? 53

54 It has been suggested that confessions become a requirement because they render judicial 55 decisions legitimate, as the public finds them convincing (e.g. Langbein, 2012). However, if 56 other types of evidence could convince judges, it is not clear why they could not also convince 57 the public. Here, we attempt to explain why confessions are perceived as a good way of

58	legitimizing judicial decisions by showing that they make for easy to communicate judgments
59	which can be transmitted with relatively little loss of convincingness.
60	

61 We start by briefly reviewing the role played by confessions in judicial systems across the world, 62 showing that confessions often have a privileged status. We then turn to the problem of the 63 legitimacy of judicial decisions, and the effects this has on judicial institutions. Historical 64 evidence shows that confessions might have been favored because of their perceived capacity to 65 legitimize judicial decisions. We highlight a previously largely ignored issue with legitimizing 66 judicial decisions: the role played by interpersonal communication, and the challenges this raises 67 due to the noisiness of human communication. We formulate our hypothesis—judgments based confessions are a good way of legitimizing judicial decisions because they can be communicated 68 69 easily while remaining convincing—and test it with two experiments.

70

71 The role of confessions in judicial systems across the world

72

73 In many contemporary judicial systems, for which we have reliable statistical data, an 74 overwhelming majority of criminal convictions are based on confessions. In Japan, at least 90% 75 of convictions are based on confessions (Futaba & McCormack, 1984; Ramseyer & Rasmusen, 76 2001). In China, defendants confess in three-quarters of cases (Lu & Miethe, 2003). In the U.S., where it is preferable to look at plea bargains, a "functional analogue" of confessions (Ramseyer 77 78 & Rasmusen, 2001, p. 57), we find that "97 percent of federal convictions and 94 percent of state 79 convictions are the result of guilty pleas" (*Missouri v. Frye*, 2011, p. 2) (for more on the analogy 80 between confessions and guilty pleas, see, e.g. Redlich, 2010). The importance of confessions is

81	also attested in many societies throughout history, from Tokugawa Japan (Ishii, 1964), to the
82	ancient middle-east (Boyer, 1964; Brunschvig, 1964), or Rome after Constantine (Thomas, 1986).
83	

84 In all too many cultures, the prominence of confessions is indirectly suggested by the use of 85 judicial torture, whose main function is to extract confessions. In contemporary societies, "torture is used, formally or informally, in one country out of every three" (Peters, 1996, p. 5). 86 87 The use of torture to extract confessions is also recurrent in the historical record (continental 88 Europe after the thirteenth century, e.g., Langbein, 2012; China since the Han, Conner, 2000; 89 Tokugawa Japan, Ishii, 1964; ancient Athens, Bonner, 1905; Rome after Constantine, Thomas, 90 1986; ancient India, Rocher, 1964; more generally, see Peters, 1996), as well as in the 91 anthropological record (e.g. the Barotse, Gluckman, 1967; or the Haya, where "torture was 92 commonly used to extract a confession of guilt," Cory & Hartnoll, 1945, p. 271). Beyond 93 outright torture, several judicial processes—such as oaths, ordeals, or lie detectors—have been 94 used—and continue to be used—to threaten the accused and obtain confessions (on ordeals, see, 95 e.g., Hyams, 1981, p. 111; on lie detectors, see, e.g., Segrave, 2004; more generally, see, Mercier, 96 2020; Mercier & Boyer, 2020).

97

In some cultures, the paramount role of confessions is enshrined in the law. The two best studied examples are Imperial China and medieval continental Europe. If confessions had been, in practice, nearly necessary and sufficient for conviction since at least the Tang (618 - 907), they became an absolute necessity under the early Qing (1644 - 1911), with very rare exceptions (Conner, 2000, p. 135). In continental Europe, starting in the thirteenth century, the requirements for a conviction in capital cases came to be strictly regimented: they required either two

104	eyewitnesses, or a confession (e.g., Langbein, 2012; Lévy, 1964). Since people tend to avoid
105	committing crimes in front of multiple eyewitnesses, "European criminal procedure had no
106	alternative; the law of proof was absolutely dependent upon coerced confessions" (Langbein,
107	2012, p. 8).
108	
109	Whether de facto or de jure, confessions are the cornerstone of many judicial systems. If the
110	persuasiveness of confessions is undeniable, their evidentiary value on its own is not necessarily
111	sufficient to explain their overwhelming dominance—in particular the fact that confessions are

112 often mandatory, or quasi-mandatory for conviction, even when other evidence is sufficient to

113 convince judge or jury. A complementary explanation for this dominance is the legitimacy

114 confessions can lend judicial decisions.

115

116 Confessions and the legitimization of judicial decisions

117

118 It has been argued that the pressure to render legitimate decisions—decisions that are broadly 119 accepted by the population-explains some central features of judicial systems (e.g. Caldeira & 120 Gibson, 1995; Clark, 2009; Gleeson, 2000; Mercier & Boyer, 2020; Stephenson, 2004). Of 121 particular relevance, Langbein (2012) has argued that Europe witnessed a shift in the means of 122 legitimizing judicial decisions during the twelfth and thirteenth centuries. In earlier centuries, 123 judicial decisions—in particular on capital crimes—were legitimized by the ordeal and its appeal 124 to divine authority (see, Mercier, 2020). As the practice receded, two alternatives arose to meet 125 the need for legitimizing decisions: the jury in England (although there was still a heavy reliance on confessions, see, Kamali, 2019), and the abovementioned rules of evidence in continental 126

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Europe. Juries fulfilled their legitimizing function because judicial decisions rested with wellknown and typically well-respected community members (see also, Fisher, 1997). More relevantly here, the rules of evidence found in continental Europe would have legitimized decisions through the intuitive convincingness of either a combination of two eyewitnesses, or a confession by the accused.

132

133 A significant piece of evidence showing the legitimizing role played by confessions is the 134 explicit link drawn by medieval jurists between confession and notoriety. Notoriety was the 135 highest level of proof one could attain, designating a "well known fact" (Lévy, 1964, p. 160). 136 Notoriety was originally any fact that the public seemed to agree on (and thus similar to the 137 related concept of *fama*, see, e.g. Vitiello, 2016), but it was then restricted to things the public 138 could positively know. For a time, this only included things that everyone could directly perceive 139 (Lévy, 1964, p. 161). However, since direct perception by the public is an impossible standard 140 for criminal convictions, in the late twelfth and early thirteenth century, it is confessions that 141 became "the essence of notoriety" (Lévy, 1964, p. 162). There is thus, in medieval Europe, a 142 direct line between concerns about what the public believes (i.e. what is notorious) and the 143 primacy of confessions in judicial decisions. Boyer has suggested that confessions played a 144 similar role in ancient Middle-Eastern law, in which confession "not only made the judge's task 145 easier, but eased the acceptation of the sentence and its execution" (Boyer, 1964, p. 78). 146

140

147 The legitimizing role of confessions is also attested by less direct cues, such as the contrasting 148 roles of judicial and extrajudicial confessions. In medieval European law, extrajudicial 149 confessions were only one piece of evidence that judges could consider, by contrast with the supreme role played by confessions gathered during the official course of the trial—including
under torture (Lévy, 1964, p. 152; for a similar observation in ancient Middle-Eastern law, see
Boyer, 1964, p. 79). If the main value of confessions was evidential, the difference between
judicial and extrajudicial confessions should be largely immaterial.

154

155 The use of torture to extract confessions is also revealing. In most societies, legal scholars would 156 have been conscious of the unreliability of torture as a mean of gathering evidence (in medieval 157 Europe, "every jurist knew that torture represented a dangerous investigative device," Fraher, 158 1989, p. 29; on Imperial China, see, Conner, 2000; Imperial Rome, Langbein, 2012, p. 8; ancient 159 Athens, Harrison, 1971, p. 147). Moreover, the official use of torture required that a significant 160 amount of evidence already pointed to a culprit (in Imperial China, "the accused's guilt should 161 already have been established before an official employed torture to obtain a confession" Conner, 162 2000, p. 138; on medieval Europe, see, Langbein, 2012; Lévy, 1964; ancient Athens, Bonner, 163 1905, p. 69; Imperial Rome, Peters, 1996, p. 34). It is thus striking that judicial systems would 164 require the use of torture, unreliable as it was known to be, to complement evidence that was 165 strong enough to have someone tortured in the first place. This suggests that some evidence was 166 deemed insufficient to convict not because of it lacked evidentiary weight (since it was deemed 167 sufficient to have someone tortured), but because it did not make the decision appear legitimate 168 enough.

169

170 In a variety of judicial systems—most clearly in medieval continental Europe, but also in

171 Imperial China and others—the evidence points to confessions playing a paramount role in

172 legitimizing judicial decisions. However, if it makes sense that confessions should be convincing,

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other types of evidence can also be convincing—such as the evidence deemed sufficient to

submit someone to judicial torture. If some evidence is good enough to convince the judge, why

175 would it not also be good enough to convince the population?

176

173

177 Legitimization and the problem of noisy communication

178

179 A legitimate judicial decision is one whose justification is accepted by the population. Judges 180 provide justifications in their judgments, and the people who have been involved in the trial, or 181 who have followed it closely, should be able to evaluate these justifications properly, accepting 182 them as legitimate if they provide good grounds for the verdict. However, in any but the smallest 183 polities, some members of the public will be interested in the adequacy of a trial's outcome 184 without having the opportunity of following the trial closely (even if only because of constraints 185 on the size of the tribunal, restrictions on access, etc.). In modern societies, a proper justification 186 for the verdict is typically available to all in the form of the judgment. However, very few people 187 go to the trouble of perusing the details of judgments. Instead, they hear about the trial's outcome 188 through third parties, such as journalists, or acquaintances who were involved or followed the 189 trial closely.

190

The importance of interpersonal communication in the formation of public opinion has already been noted in other domains, for instance in political science (e.g. Druckman et al., 2018; Jensen, 2016; Katz & Lazarsfeld, 1955), or in marketing (e.g. Berger, 2014; De Matos & Rossi, 2008). There is no reason to doubt that interpersonal communication also plays an important role in shaping public opinion as it relates to trial outcomes. The role of interpersonal communication

196 would have been even more important in past centuries, when few people could read, and there 197 were no mass media or even local newspapers to publicize the outcome of trials. As a result, the 198 justification offered by the judges for the verdict would often reach members of the public after 199 several episodes of transmission, from the judge, to the audience who attended the trial, to those 200 they shared the news with, to those these people then share the news with, etc. For example, 201 Pettegree (2014, p. 120) notes how, in the sixteenth century, and in spite of the population being 202 largely illiterate, "accounts of notorious crimes circulated widely, and for long after the event," 203 such accounts often describing the trial subsequent to the crimes.

204

205 When information is transmitted across multiple steps, it is well known that it will suffer 206 dramatic changes and losses. This phenomenon has been studied with transmission chains 207 studies: experiments in which a participant is provided with a piece of information, must tell it to 208 someone else, who then tells it to someone else, etc. With very few exceptions (e.g., Claidière et 209 al., 2017), such chains lead to rapid losses of content (for reviews, see Mesoudi & Whiten, 2008; 210 Miton & Charbonneau, 2018). For example, in Bartlett's pioneering studies, a cogent, five-step, 211 180-words argument related to speciation was reduced, after three transmission episodes to "Mr 212 Garlick says isolation is the cause of modification of species. This seems proved by the test-case of Ireland with regard to snakes, toads and reptiles" (Bartlett, 1932a, pp. 166, 167). A very 213 214 convincing argument was thus promptly made completely ineffective. The same deterioration 215 would apply to the justification for a verdict. A justification that is very convincing, but that rests 216 on a convergence of arguments, should lose much of its convincingness during the process of 217 transmission, as people modify some elements, and forget others altogether. As a result, only few 218 members of the public—those with more intimate knowledge of the trial—would find the219 justification convincing, and it would fail to legitimize the verdict.

220

221 By contrast with verdicts grounded in relatively long or sophisticated justifications, a verdict 222 based on a confession is easy to transmit while maintaining its convincingness. It's enough to say 223 "he confessed" to provide a solid justification for nearly all criminal verdicts. This justification is 224 readily remembered, and can be easily transmitted. Moreover, a loss of information might make 225 a justification based on a confession more convincing. For example, if someone mentions that 226 the confession might have been coerced, this makes the justification based on the confession less 227 convincing (in some cases at least, see, Kassin & Wrightsman, 1980, 1981; Kassin & Sukel, 228 1997). But if the mention of the coercion is forgotten, the justification should become more 229 convincing. By contrast, other justifications, such as "there's evidence" or "someone saw him do 230 it" call for more information to be convincing (What's the evidence? Is the eyewitness reliable?). 231

232 We thus formulate the following hypothesis: confessions have long played, and still play such a 233 crucial legitimizing role in judicial systems not only because they make for convincing 234 justifications, but also because they make for easy to transmit justifications. If we cannot directly 235 test the historical role played by ease of transmission, we can test whether the basic premise—i.e. 236 that confessions make for easy to transmit justifications—is observed in controlled settings. In 237 two experiments, we test whether justifications based on confessions are easier to transmit, and 238 whether their convincingness is more robust to repeated transmission than that of the two most 239 salient alternatives: eyewitness testimony and circumstantial evidence.

241 Experiment 1

242

243	In Experiment 1, a first generation of participants was asked to read the descriptions of one of
244	two crimes, provided with one of three arguments to the suspect's guilt (that he confessed, that
245	there were eyewitnesses, or that there was circumstantial evidence), asked to evaluate the
246	suspect's guilt, and then to explain to someone who hadn't been provided with these arguments
247	why the suspect was thought guilty. Participants from a second generation read these
248	explanations, rated how much they believed the suspect guilty, and explained to someone else
249	why he was thought guilty. Finally, the procedure was repeated for participants from a third
250	generation.
251	
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252 253	Participants For each generation, the final sample consisted of 120 English-speaking participants recruited on
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The description of the two crimes read as follows: "Amanda Jenkins has been found unconscious in her front yard. She had been severely beaten" (Assault), and "Andres Souza's home has been vandalized, with broken furniture, and paint thrown all over" (Vandalism). The arguments read as follows. For the Assault story:

264	
265	Confession: "Michael Jenkins, her husband, has been apprehended. After an interrogation
266	by the police, he confessed to having beaten his wife. He said he was jealous and thought
267	he'd found evidence of her unfaithfulness. He said he regretted his actions. However, the
268	police had been detaining him for hours, and they might have exerted undue pressure on
269	Michael before he confessed."
270	
271	Evidence: "Michael Jenkins, her husband, has been apprehended. The police forensics
272	department found traces of Amanda Jenkins' blood on his hands and clothes, as well as
273	contusions on his hands best explained by violent shocks. Michael has no alibi, and a
274	history of violent behavior."
275	
276	Eyewitness: "Michael Jenkins, her husband, has been apprehended. Two neighbors
277	identified him as the culprit, saying they'd seen him arguing with his wife, accusing her
278	of infidelity, then beating her violently and leaving her in the front yard."
279	
280	For the Vandalism story:
281	
282	Confession: "Ethan Paul, Andres Souza's neighbor, has been apprehended. After an
283	interrogation by the police, Ethan Paul confessed to having vandalized the house. He said
284	he and Andres Souza had been fighting over various issues for years, and that Souza had
285	recently violently insulted him. However, the police had been detaining him for hours,
286	and they might have exerted undue pressure on Paul before he confessed."

287	
288	Evidence: "Ethan Paul, Andres Souza's neighbor, has been apprehended. The police
289	found in Souza's house a can of spray paint with Paul's fingerprints. At Paul's house, they
290	found a baseball bat, and proved it had been used to vandalize Souza's house. Ethan Paul
291	has no alibi, and a history of violent behavior."
292	
293	Eyewitness: "Ethan Paul, Andres Souza's neighbor, has been apprehended. A policeman
294	found a maid hidden in a closet, terrified. She said she had seen it was Ethan Paul who'd
295	vandalized the house. She was positive in her identification, being used to see Paul
296	staring at Andres Souza's house as she would go in."
297	
298	We chose a scenario involving a crime against a person, and one a crime against property, since
299	both types of crimes might be processed differently, and this increases the validity of the
300	experiment. A pre-test had suggested that participants found the Evidence and Eyewitness
301	arguments at least as convincing as the Confession argument, so that any bias in the transmission
302	chain in favor of confessions could not be attributed to their initial convincingness (a result that
303	will be confirmed in the guilt ratings of first generation below).
304	
305	It might appear surprising that Confession arguments were not judged more convincing than the
306	other two types of arguments. However, as noted above, even if the confessions ought to be
307	deemed convincing, there is no reason they should be intrinsically more convincing than any

308 other evidence. Moreover, the Confession argument mentioned police pressure, a factor that has

309 been shown to influence (even if arguably not sufficiently) the convincingness of confessions

310 (Kassin & Sukel, 1997; Kassin & Wrightsman, 1980, 1981).

311

312 Design and procedure

313 All participants started by completing a consent form, and finished by completing an attention 314 check and providing demographic information. Participants of the first generation were first 315 presented with a text introduced as having been read in the Monday newspaper, describing the 316 crime (Assault or Vandalism, between-participant). They were then presented with the one of the 317 three seed arguments (Confession, Evidence, Eyewitness, between- participant), introduced as 318 having been read in the Tuesday newspaper. After having read the argument, participants were 319 asked the following question: "How likely do you think it is that [the suspect committed the crime described in the text?" on a seven-point Likert scale ranging from "Impossible" (1) to 320 321 "Completely certain" (7), with the central measure "Somewhat likely" (4). Participants were then 322 told that they met a friend who knew about the crime (e.g. about "Amanda Jenkins being beaten 323 and found unconscious in her front yard"), but had no information about the suspect. Participants were asked to answer to questions raised by this friend: "Who do they think did it?" and "Why 324 325 do they think he's guilty?"

326

Participants in the second generation completed nearly exactly the same survey as those of the first generation. They read about the crime in the Monday newspaper. However, they did not get more information from the Tuesday newspaper (the seeds presented to participants from the first generation). They were told that there was information in the Tuesday newspaper, but that they didn't know what it was. Instead, they met a friend who had more information, and who told

332	them about who the suspect was, and why they were believed to be guilty. These pieces of
333	information were the answers provided by one of the participants from the first generation. The
334	rest of the survey was identical to the first generation.
335	
336	Finally, participants in the third generation completed exactly the same survey as those of the
337	second generation, the only difference being that the arguments they received came from a
338	participant of the second generation instead of the first.
339	
340	At each generation, the answers to the first question (i.e. "who do they think did it") acted as a
341	supplementary attention check. Participants who were unable to mention the suspect either by
342	name, or through their relationship with the victim (husband or neighbor) were deemed not to
343	have paid sufficient attention and removed. New participants were recruited to fill their place in
344	the transmission chain.
345	
346	All the materials can be found in the Electronic Supplementary Materials (ESM). The survey was
347	displayed on the platform Qualtrics.
348	
349	Coding
350	Each post was manually coded by the last author of the article (details can be found in the ESM).
351	The first step consisted in coding whether participants had mentioned the name of the suspect or
352	his relationship to the victim (i.e. husband or neighbor), in their answer to the question "Who do
353	they think did it?" The second step focused on the answer to the question "Why do they think

he's guilty?," in order to code which elements of the justification for the verdict participants

355 transmitted. The presence or absence of the following elements were coded. In the Confession 356 Condition: confession; explanation of the crime (e.g. his neighbor had recently violently insulted 357 him); police pressures to extract the confession. In the Eyewitness Condition: witness or 358 witnesses; credibility of the witnesses (e.g. the fact that the maid was inside the house when it 359 was vandalized); mention of the number of witnesses; explanation of the crime (e.g. the husband 360 accused his wife of infidelity). In the Evidence Condition: first piece of evidence (the can of 361 spray paint with fingerprints / traces of Amanda Jenkins' blood on Michael Jenkins hands or 362 clothes); second piece of evidence (the baseball bat / contusions on Michael Jenkins hands); third piece of evidence (no alibi); fourth piece of evidence (history of violent behavior). In each 363 364 condition, one element was deemed to be the central element: the confession, the presence of 365 eyewitnesses, or the first piece of evidence.

366

To ensure the validity of the coding, an independent coder, blind to our hypotheses, coded 20% randomly selected answers. To measure the inter-rater reliability, we calculated Cohen's Kappa coefficient. Agreement scores among the coders was 84.86% and the strength of agreement was considered to be substantial.

371

372 Results and discussion

All analyses were done with R (v.3.6.1, R Core Team, 2020), using R Studio (v.1.2.5019,

RStudio Team, 2015). We refer to being 'statistically significant' as having a *p*-value lower than

an alpha of 0.05. Standardized coefficients are shown.

376

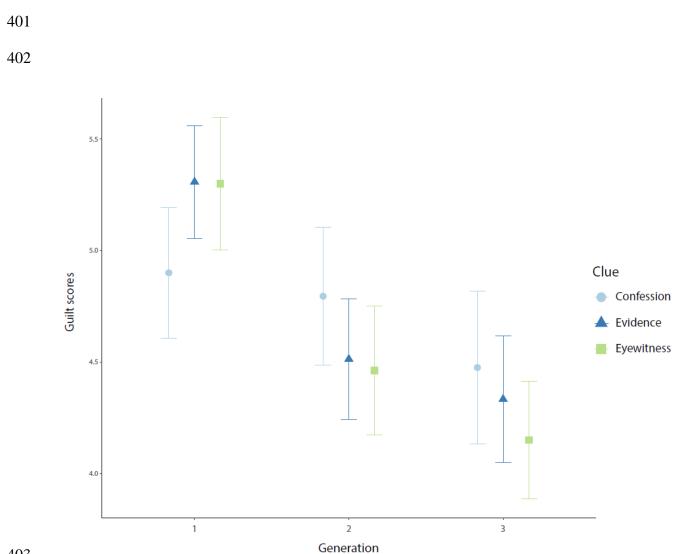
377 Comparing the overall guilt ratings

378 Our main measure is the guilt rating, which is the answer to the question "How likely do you 379 think it is that [the suspect committed the crime described in the text]?" Higher ratings mean that 380 participants rated the suspect as more likely to be guilty. In order to test whether justifications 381 based on confessions, compared to justifications based on eyewitnesses or circumstantial 382 evidence, are more likely to remain convincing (and thus to yield high guilt ratings) across 383 multiple transmission episodes, we use a three-pronged strategy: a three-way analysis of variance 384 (ANOVA) to observe the overall pattern, a slope analysis, and a comparison of the guilt ratings at 385 the first and last generations.

386

387 First, an ANOVA was conducted to compare the main effects of the type of clue (Confession, 388 Eyewitness, Evidence), the generation (First, Second, Third), and the interaction between the 389 type of clue and the generation on the guilt rating. There was a medium effect of the generation F $(1, 359) = 51.09, p < .001, \eta^2 = 0.12$, with participants from the first generation (M = 5.17, SD =390 391 (0.90) rating the suspect as more guilty than participants from the second generation (M = 4.57, 392 SD = 0.92), Welch's t (237.86) = 5.09, p < .001, d = 0.67, and participants from the second 393 generation rating the suspect as more guilty than participants from the third generation (M = 4.32, SD = 0.94), Welch's t (237.89) = 2.07, p = .039, d = 0.27. The type of clue had no influence on 394 395 guilt ratings, F(2, 359) = 0.27, p = .77, $\eta^2 = 0.001$. Crucially, there was a small effect of the 396 interaction between the type of clue and the generation on the guilt imputed to a suspect, F(2, 4)397 (359) = 3.37, p = .03, $\eta^2 = 0.02$. The interaction is detailed in the post-hoc analyses below and can 398 be visualized in Figure 1.

399



404 Figure 1. Effects on guilt ratings of the interaction between the generation (first to third) and the 405 nature of the clue presented to the participants (confession, eyewitness, circumstantial evidence). 406 The full range of guilt rating is [1-7].

407

408 Next, we compared the slopes (in absolute value) of the effect on guilt ratings of the generations

- 409 (i.e. how quickly the guilt ratings drop across the generations). The comparison between the
- 410 Confession Condition (trend = 0.212, SE = 0.103) and the Eyewitness Condition (trend = 0.575,
- 411 SE = 0.103) was significant, t (354) = 2.49, p = .035. However, the difference between the

412	Confession Condition (<i>trend</i> = 0.212 , <i>SE</i> = 0.103) and the Evidence Condition (<i>trend</i> = 0.487 , <i>SE</i>
413	= 0.103), was not significant, $t (354) = 1.89$, $p = .144$.
414	
415	Finally, we compared the guilt ratings of the first and third generations. In the Confession
416	Condition, there was no significant difference between the guilt ratings of the first generation (M
417	= 4.9, $SD = 0.93$) and of the third generation ($M = 4.48$, $SD = 1.09$), Welch's t (76.16) = 1.88, p

418 = .06, d = 0.42 (small effect). In the Eyewitness Condition, there was a significant decrease in

419 guilt ratings between the first generation (M = 5.3, SD = 0.94) and the third generation (M = 4.15,

420 SD = 0.83), Welch's t (76.92) = 5.79, p < .001, d = 1.3 (large effect). In the Evidence Condition,

421 there was a significant decrease in guilt ratings between the first generation (M = 5.3, SD = 0.79)

422 and the third generation (M = 4.33, SD = 0.89), Welch's t (76.97) = 5.18, p < .001, d = 1.17

423 (large effect).

424

425 Taken together these three analyses suggest that justifications based on confessions, compared to 426 justifications based on eyewitnesses or circumstantial evidence, lost less of their convincingness 427 in the process of repeated transmission.

428

429 Guilt ratings associated with the central elements

430 Our hypothesis is that justifications based on confessions remain more convincing because they

431 can be expressed succinctly (i.e. "the suspect confessed") and convincingly, while the

432 convincingness of other justifications rests on the conjunction of several elements (e.g. the

433 presence of eyewitnesses, but also their credibility, their number, etc.). As some of these

434 elements are lost in the transmission process, the justifications become less convincing. To test

this hypothesis, we use the same three-pronged strategy as above, but looking at the guilt ratings of the participants who received at least the central element of each justification. As noted in the coding section, the central element was, respectively, the confession, the presence of eyewitnesses, and the first piece of evidence (which was the piece of evidence most likely to be transmitted, see table with the transmission probabilities of each element in the ESM).

441 First, an ANOVA was conducted to compare the main effects of the type of clue (Confession, 442 Evewitness, Evidence), the generation (First, Second, Third), and the interaction between the 443 type of clue and the generation on the guilt ratings, for participants who received (at least) the 444 central element in the input justification. There was a medium effect of the generation F(2, 303)= 19.07, p < .001, $\eta^2 = 0.11$, with participants from the first generation (M = 5.17, SD = 0.90) 445 446 rating the suspect as more guilty than participants from the second generation (M = 4.60, SD =447 0.92), Welch's t (219.21) = 4.63, p < .001, d = 0.62, but no difference between the guilt ratings in 448 the second and third generations (M = 4.42, SD = 0.96), Welch's t (178.51) = 1.35, p = .18, d =0.20. The type of clue had no influence on guilt ratings, F(2, 303) = 0.77, p = .46, $\eta^2 = 0.004$. 449 Crucially, there was a small interaction between the type of clue and the generation, F(4, 303) =450 3.38, p = .01, $n^2 = 0.04$. The interaction can be visualized in Figure 2. 451

452

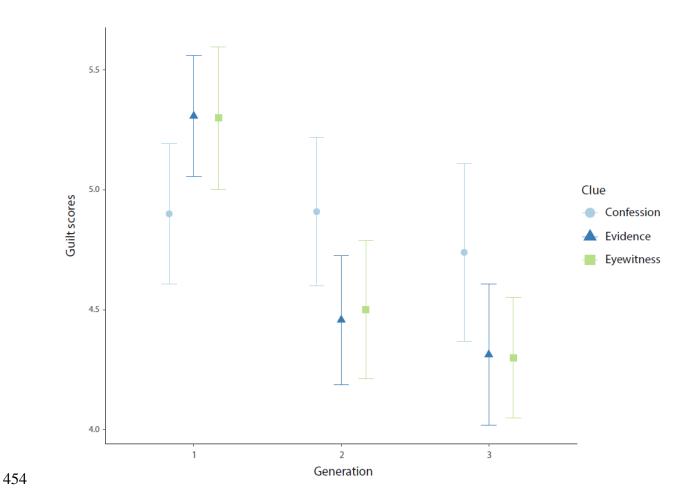


Figure 2. Effect on guilt ratings of the interaction between the generation and the nature of the
clue presented to the participants, for participants who received at least the central element of
the justification. The full range of guilt rating is [1-7].

Next, we compared the slopes (in absolute value) of the effect on guilt ratings of the generations (i.e. how quickly the guilt ratings drop across the generations). The comparison between the Confession Condition (*trend* = 0.07, *SE* = 0.12) and the Eyewitness Condition (*trend* = 0.52, *SE* = 0.11) was significant, t (306) = 2.74, p = .02, as was the difference between the Confession Condition (*trend* = 0.07, *SE* = 0.12) and the Evidence Condition (*trend* = 0.51, *SE* = 0.11), t(306) = 2.73, p = .02.

466	Finally, we compared the guilt ratings of the first and third generations. In the Confession
467	Condition, there was no significant difference between the guilt ratings of the first generation (M
468	= 4.9, $SD = 0.93$) and of the third generation ($M = 4.74$, $SD = 1.18$), Welch's t (37.84) = 0.56, p
469	= .58, $d = 0.16$ (negligible effect). In the Eyewitness Condition, there was a significant decrease
470	in guilt ratings between the first generation ($M = 5.3$, $SD = 0.94$) and the third generation ($M =$
471	4.3, $SD = 0.79$), Welch's t (66.96) = 4.82, $p < .001$, $d = 1.14$ (large effect). In the Evidence
472	Condition, there was a significant decrease in guilt ratings between the first generation ($M = 5.3$,
473	SD = 0.79) and the third generation ($M = 4.3$, $SD = 0.92$), Welch's t (63.62) = 4.91, $p < .001$, $d =$
474	1.17 (large effect).

476 To some extent, the stability of the justifications based on confessions comes from many 477 participants failing to mention the potential role of police pressure which was present in the 478 initial justification. Justifications that contained this element were much less convincing (M = 4.1, 479 SD = 1.10) than those which did not (M = 5.2, SD = 0.91). Moreover, participants were likely to 480 fail to mention this element: of the participants who received the mention of police pressures, 481 and mentioned the confession in their justifications, only one third (34%) also mentioned the 482 police pressures. That most participants do not report the potential police pressures thus helps 483 explain the continued convincingness of justifications based on confessions.

484

485 Taken together these three analyses show that the central element of justifications based on

486 confessions, compared to the central element of justifications based on eyewitnesses or

487 circumstantial evidence, lost less of its convincingness in the process of repeated transmission.

488 However, we cannot rule out that elements besides the central elements should be well

transmitted, and thus that justifications besides convictions remain convincing after multiple

490 transmission. To better understand the effects of repeated transmission on the justifications, we

491 use modeling.

492

493 Modeling

494 To better understand the dynamic of information transmission, and its consequences beyond the 495 three generations tested in Experiment 1, we can use models to extrapolate from the current data 496 (on the importance of modeling to link experimental data to cultural trends, see, e.g. Boyd & 497 Richerson, 2005; Kalish, Griffiths, & Lewandowsky, 2007; Kirby, Dowman, & Griffiths, 2007). 498 More specifically, we used evolutionary causal matrices to represent the transformations 499 occurring during transmission (here, the loss in some justificatory elements), and simulate the 500 long term effects of these transformations (Claidière, Scott-Phillips, & Sperber, 2014; for 501 examples of studies using this method in conjunction with experimental data, see Altay, Claidière, 502 & Mercier, 2020; Claidière et al., 2018; Miton, Claidière, & Mercier, 2015). These models 503 describe a situation in which a new group of participants (a new generation of agents) would 504 receive the justifications transmitted by our participants, and would behave in the same way as 505 our participants did, in terms of which elements they mention as a function of which element 506 they had received.

507

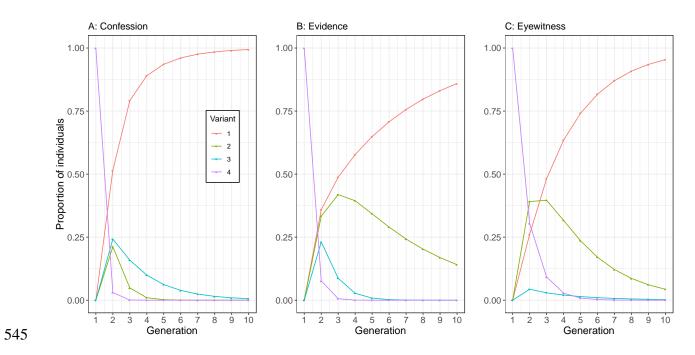
508 The model makes the following assumptions. First, it assumes that the transmission process is 509 similar to a Markov process in being memoryless: agents at each new generation behave exactly 510 like those from other generations, conditional on the input they receive. Second, the model

511 assumes that the total number of agents per generation remains constant, neglecting in particular 512 the participants who fail to report either the central element (in the Confession and Eyewitness 513 Conditions), or one of the elements (in the Evidence Condition). This assumption is necessary 514 since otherwise all models would lead to the rapid extinction of the phenomenon of interest due 515 to the inevitability of loss in simple transmission chains (a phenomenon well-known at least 516 since Bartlett, 1932). In real life, transmission chains are barely ever linear, with one individual 517 only transmitting to one other individual; instead, chains are full of redundancies, with each 518 individual receiving information from, and transmitting information to, several individuals. This 519 redundancy is typically necessary for cultural elements to persist or to spread (Acerbi & Tennie, 520 2016; Altay et al., 2020; Claidière et al., 2017; Enquist et al., 2010; Kempe et al., 2014; Morin, 521 2015). The assumption of a fixed total number of agents is a simple way of taking this into 522 account.

523

524 For each condition, we generated a matrix with the different variants of each justification, as a 525 function of which elements were present (see coding above for more details on the elements). In 526 the Confession Condition, the four variants were: (1) confession only; (2) confession and 527 explanation of the crime; (3) confession and police pressures to extract the confession; (4) 528 confession, explanation of the crime, and police pressures to extract the confession. In the 529 Eyewitness Condition, the four variants were: (1) witness(es) only; (2) witness(es) and 530 credibility of the witness(es); (3) witness(es) and explanation of the crime; (4) witness(es), 531 credibility of the witness(es), and explanation of the crime. In the Evidence Condition, the four 532 variants were: (1) one piece of evidence; (2) two pieces of evidence; (3) three pieces of evidence; 533 (4) four pieces of evidence.

535	For each of these variants, the data from Experiment 1 tells us, when the variant is received by
536	the participants, what variants are then transmitted. For example, of the 41 participants who
537	received variant (4) of the justification based on confession (the one used as the seed), only one
538	retained all the elements to transmit variant (4), eight transmitted variant (3), seven transmitted
539	variant (2), 17 transmitted variant (1), and eight failed to mention the confession (and were thus
540	not taken into account in the model) (full data available in ESM). Based on the equivalent figures
541	for each variant, Figure 3 provides the output of the model for each of the three conditions.
542	



546 Figure 3. Simulation of the evolution of the variants of each of the justifications. The parameters
547 were chosen based on the results of Experiment 1. The initial proportions correspond to the case

in which the full justification (variant (4)) is initially the only variant. See text for details of the
variants.

550

551 These models make it clear which variants dominate in the space between a small number of 552 transmission episodes (two at most), and for at least 10 transmission episodes (a number large 553 enough to reach every member of a medium-scale population if we assume even a minimal 554 amount of redundancy). In the case of justifications based on a confession, the dominant variant 555 is (1) (confession only). In the case of justifications based on eyewitness(es), the dominant 556 variants are (1) (witness(es) only), and (2) (witness(es) and credibility of the witness(es)). In the 557 case of justifications based on circumstantial evidence, the dominant variants are (1) (one piece 558 of evidence), and (2) (two pieces of evidence).

559

560 Participants receiving variant (1) of the justification based on confession (M = 5.2, SD = 0.90) 561 rated the suspect as significantly more likely to be guilty than participants receiving variant (1) 562 of the justification based on eyewitness(es) (M = 4.24, SD = 0.94), Welch's t (40.7) = 3.76, p < 563 .001, d = 1.05 (large effect), participants receiving variant (1) of the justification based on 564 circumstantial evidence (M = 4.5, SD = 0.86), Welch's t (59.83) = 4.76, p < .001, d = 1.17 (large 565 effect), participants receiving variant (2) of the justification based on circumstantial evidence (M 566 = 4.24, SD = 0.66), Welch's t (55.05) = 3.03 p = .004, d = 0.78 (medium effect)), and participants 567 receiving variant (2) of the justification based on eyewitness(es) (M = 4.64, SD = 0.99), Welch's t 568 (62.23) = 3.2, p = .002, d = 0.79 (medium effect).

569

570 Experiment 2

	-
572	of justifications shown by the models to be the most common after repeated transmission.
573	
574	Participants
575	We recruited 240 English-speaking participants on the crowdsourcing platform Prolific. We
576	excluded one participant who failed at the attention check (described in the ESM), leaving 239
577	participants (158 women, $M_{Age} = 35.64$, $SD = 12.44$). This approximatively doubles the sample
578	available for the five relevant variants in Experiment 1.
579	
580	Materials
581	For each of the two stories (vandalism and assault), and of the three conditions (Confession,
582	Eyewitness, Evidence), we selected at random three justifications (among those generated in
583	Experiment 1) that fit with each of the five most common variants, for a total of 30 different
584	justifications (all the justifications are available in the ESM).
585	
586	Design and procedure
587	The design is similar to that of the first generation of Experiment 1, except that participants, after
588	they had provided guilt ratings, were not asked to transmit the justification.
589	
590	Results and discussion
591	Participants receiving variant (1) of the justification based on confession ($M = 4.78$, $SD = 0.99$)

Experiment 2 seeks to test the robustness of the differences in convincingness of the five variants

- rated the suspect as significantly more likely to be guilty than participants receiving variant (1)
- 593 of the justification based on eyewitness(es) (M = 4.21, SD = 0.82), Welch's t (92) = 3.08, p =

594	.003, $d = 0.62$ (medium effect), participants receiving variant (1) of the justification based on
595	circumstantial evidence ($M = 4.06$, $SD = 0.76$), Welch's t (90) = 3.97, $p < .001$, $d = 0.81$ (large
596	effect), and participants receiving variant (2) of the justification based on circumstantial evidence
597	(M = 4.24, SD = 0.80), Welch's $t (92) = 2.92, p = .004, d = 0.59$ (medium effect)), but not than
598	participants receiving variant (2) of the justification based on eyewitness(es) ($M = 4.43$, $SD =$
599	0.93), Welch's t (95) = 1.75, p = .084, d = 0.37 (small effect).

Taken together with the results of Experiment 1, the results of Experiment 2 show that the most common variant of the justification based on confession is more convincing than the most common variants of the justifications based on eyewitnesses or circumstantial evidence.

605 Conclusion

606 In many historical and contemporary judicial systems, confessions play a crucial role, a role that 607 might not be entirely explained by their evidential value; in particular, confessions might also 608 play a legitimizing role. In the present article, we offer further evidence that confessions are apt 609 to play such a role: their convincingness as justifications is robust to repeated transmission. By 610 contrast with justifications based on eyewitnesses or circumstantial evidence, justifications based 611 on confessions retained more of their convincingness as they were transmitted from one 612 participant to the next (Experiment 1). When participants transmit these three types of 613 justifications, some elements of the justifications are lost in the process. In the case of 614 justifications grounded in eyewitnesses and circumstantial evidence, these losses made the justifications much less convincing (e.g. because the number of pieces of circumstantial evidence 615 616 decreased). By contrast, in the case of confessions, these losses did not affect the convincingness

617	of the justification, as long as the central element (i.e. the confession itself) was retained. Indeed,
618	in some cases the loss increased the convincingness of the justifications, when it was the mention
619	of potential police pressures that was omitted.
620	
621	Modeling showed which types of justifications would be more common after repeated
622	transmission, and the results of Experiments 1 and 2 show that the most common variant of the
623	justification based on confessions was more convincing than the most common variants of the
624	justifications based on eyewitnesses or circumstantial evidence.
625	
626	Our experiments have several limitations. First, the convincingness of the confessions was
627	lowered by the mention of potential coercion, an element that could be specifically manipulated
628	in further experiments. Second, we only used a small set of vignettes, which are obviously far
629	from covering the full range of types of justifications for verdicts. Third, the experiments were
630	only conducted in one cultural group, and ought to be replicated in other settings.
631	
632	The stress put on confessions in many judicial systems is theoretically puzzling—i.e. it is not
633	obvious why it should exist—and practically relevant—given that it brings in its wake very
634	problematic features, from torture to false confessions. Our results show that ease of
635	transmission might be one element that compounds the intrinsic convincingness of confessions,
636	making them particularly suited for legitimizing judicial decisions. The present study also show
637	that some light can be shone on such matters by combining a variety of methods: analysis of the

638 historical record (showing, e.g., the explicit importance of legitimacy for medieval jurists),

639 experimental data, and modeling.

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