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Islem Bouzid, Renaud Côte, Pierre-Olivier Mattei. Towards a bistable vibroacoustic nonlinear absorber: optimum efficiency of a bistable nonlinear energy sink. *Nonlinear Dynamics*, 2024, 113 (8), pp.8019-8038. <10.1007/s11071-024-10572-4>. <hal-05227532>

HAL Id: hal-05227532

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Submitted on 23 Mar 2026

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RESEARCH

Towards a bistable vibroacoustic nonlinear absorber: optimum efficiency of a bistable nonlinear energy sink

Islem Bouzid · Renaud Côte ·
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Received: 8 July 2024 / Accepted: 27 October 2024
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Abstract Previous works have demonstrated that an elastic membrane can be coupled to an acoustic system and act as a nonlinear energy sink (NES). In this work we study a new design of a bistable vibroacoustic nonlinear absorber. We use NES membranes and change the characteristics of the membranes from monostable to bistable by changing their linear stiffness. We evaluate the efficiency of the bistable membrane using a numerical approach that allows us to compare the attenuation efficiency of the bistable and monostable NES membranes, and find the optimum stiffness. Then we validate it experimentally. We also present analytical tools and we use them to explain the behavior of the membrane and the specific effects of the bistability property. The numerical approach is applied to different membrane configurations with the same results: bistability can improve the efficiency of a vibroacoustic nonlinear absorber.

Keywords VibroAcoustic nonlinear energy sink · Bistable · Energy pumping · Optimization

1 Introduction

This work concerns VibroAcoustics Nonlinear Energy Sink (VA NES) absorbers. They are one class of NES among several [1]. VA NES are used for passive noise control in the low-frequency range. These absorbers are characterized by the phenomenon of Energy Pumping (EP), which involves the unidirectional and irreversible transfer of vibratory energy from the structure to be controlled to the nonlinear absorber. This phenomenon is also known as Targeted Energy Transfer (TET).

In the field of Acoustics, the initial experimental demonstration of the EP phenomenon was proposed by Cochelin et al. [2]. In this seminal paper, a nonlinear vibroacoustic passive absorber made of a thin circular viscoelastic membrane was developed. The proposed experimental set-up enabled the control of an acoustic field in the vicinity of the first acoustic mode of a tube open at both ends. The tube was coupled to the NES via a coupling box and excited by a loudspeaker. An improved version of this experimental set-up was developed in Bellet's thesis [3], where the energetic transfer of sound energy from the acoustic medium to the membrane was studied experimentally and numerically. A detailed explanation of the main phenomena observed in the free and harmonic regimes was published in [4]. A simplified two-degree-of-freedom (2-dof) model was developed and validated by comparing numerical calculations with experimental results. In [5], the authors demonstrated that the

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50 use of different membranes mounted in parallel on the
51 coupling box made extended the zone of effectiveness
52 of the EP phenomenon. A second experimental device
53 for acoustic EP was developed by Mariani et al. [6].
54 This device comprised a membrane from a loudspeaker,
55 which could be precisely adjusted in mass and coupled
56 with the primary acoustic medium to be controlled
57 (in this case, the first acoustic mode of an open tube)
58 through a coupling box. In the aforementioned papers,
59 the NES was coupled to the primary system (PS) by
60 a linear stiffness, whose stiffness could be adjusted by
61 controlling the volume of the coupling box. Shao et al.
62 [7] conducted an analysis of the EP for a configuration
63 in which the NES is directly coupled to the PS. In this
64 configuration, the PS was a parallelepipedic acoustic
65 cavity excited on one of its modes, while the NES was
66 always a mounted membrane on one of the surfaces of
67 this cavity. To extend the finding of Shao et al. [7], Shao
68 [8] studied a system where several acoustic modes of
69 the parallelepipedic cavity were modeled. The experi-
70 mental setup described in [9] was employed to demon-
71 strate the EP between the cavity and the membrane.
72 These non-linear absorbers are typically characterized
73 by a cubic nonlinear stiffness term and offer effective
74 attenuation terms over a wide range of frequencies.
75 However, they exhibit both activation and deactivation
76 thresholds for EP, beyond which no effective one-way
77 energy transfer is observed. This defines the limitation
78 of these absorbers, which have a limited range of effec-
79 tiveness, set at high excitation levels.

80 In the mechanical field, it has been demonstrated that
81 bistable NES has a superior performance to cubic NES
82 as evidenced by the papers [10–14]. In [10] the per-
83 formance of a traditional cubic NES was enhanced by
84 modifying its monostable property towards a bistable
85 one through the introduction of negative linear and
86 nonlinear stiffness components thereby inducing bista-
87 bility. It was demonstrated that the modified bistable
88 NES exhibited superior vibration absorption capabili-
89 ties compared to the traditional cubic NES under tran-
90 sient excitation. The two papers [11] and [12] present
91 a comprehensive numerical and analytical study of the
92 transient dynamics of a linear oscillator coupled to a
93 bistable NES that incorporate negative linear stiffness
94 and positive nonlinear cubic stiffness terms. This work
95 shows significant advantages over other types of NES
96 in terms of EP efficiency and overall energy dissipa-
97 tion rate. In the analytical part, the multiscale method
98 and the concept of limiting phase trajectories were

employed. The presence of a 1:3 super-harmonic res-
99 onance capture regime in parallel with the main 1:1
100 resonance capture regime has been shown to result in a
101 strong energy exchange between the PS and the bistable
102 NES. A comprehensive numerical investigation of this
103 system, as presented in reference [12], corroborates
104 the analytical findings. The Hamiltonian and damped
105 dynamics of a bistable NES coupled to a linear oscil-
106 lator have been studied in [13] using the frequency-
107 energy diagram obtained analytically by the averag-
108 ing complexification method and numerically by the
109 numerical continuation technique. The wavelet trans-
110 form was superimposed on this diagram for a compar-
111 ison between the cubic NES and the bistable NES.
112 It was shown that the bistable NES outperforms the
113 cubic NES due to its ability to immediately diffuse the
114 input energy through multiple resonance captures. In
115 [14], the dynamics under harmonic excitation of a lin-
116 ear oscillator coupled to a bistable NES was studied
117 analytically and verified numerically. The thresholds of
118 these different response regimes have been determined
119 using the asymptotic study and the Melnikov method.
120 The efficiency of the different response regimes of the
121 bistable NES was studied by calculating the dissipated
122 energies and compared with a cubic NES, which has a
123 lower efficiency. An optimum configuration was pro-
124 posed based on the optimal point between the strongly
125 modulated response and the stable periodic response,
126 where the bistable NES has the highest efficiency.
127

128 From an experimental point of view, the bistable
129 NES has been implemented in various fields. In [15],
130 the effectiveness of a bistable device was explored ana-
131 lytically by the harmonic equilibrium method and then
132 experimentally with the aim of providing an opposing
133 force to suppress the vibration of a host structure under
134 harmonic excitation. In [16], a linear system formed of
135 two Euler linear beams coupled to a bistable NES was
136 studied experimentally and numerically. It has been
137 shown that this bistable NES is able to significantly
138 reduce the amplitude of multimodal PS. In [17], a simi-
139 lar mechanical bistable NES based on a deformed beam
140 was used for electromechanical energy harvesting. In
141 [18], the authors proposed an improvement in finite
142 structures based on locally resonant metamaterials by
143 using bistable parts. Yao et al. [19] developed a bistable
144 NES with a buckled beam to suppress the vibrations of
145 an unbalanced rotor system.

146 Several works have been done on bistable magnetic
147 NESs that are based on magnets' attraction and repul-

148 sion forces [20–23]. A NES of this type was proposed
149 and tested for structural seismic control in [22, 23].

150 To the best of our knowledge, only one bistable
151 NES solution for noise attenuation in vibroacoustics
152 has been proposed so far by Iurasov et al. [24]. The
153 bistable NES developed and applied in vibroacoustics
154 was presented in [16] in order to improve the acoustic
155 insulation of double partitions.

156 NES optimization is a constant concern [25, 26].
157 The nonlinear nature of the NES implies caution in
158 optimization results. They are highly dependent on the
159 actual excitation source.

160 The present article is organized as follows. In the
161 second part, the system under study is described:
162 we present the experimental setup, the corresponding
163 monostable adimensional model and we establish the
164 model for a bistable membrane and the procedure for
165 installing the bistable membrane in the experiment. The
166 third part describes the numerical evaluation approach.
167 The effectiveness of the bistable membrane is demon-
168 strated by presenting the variation of the area under
169 the normalized ridge curve as a function of the linear
170 stiffness. Next, the experimental study is presented to
171 validate this result. Then, we determine the characteris-
172 tic curves of the tube and the membrane, as well as the
173 conditions of interaction between these two degrees of
174 freedom of the system, which are then used to explain
175 the main results of the study, particularly in the monos-
176 table and bistable behavior zones of the membrane. In
177 the seventh part, the numerical evaluation approach is
178 applied to different membrane configurations. The last
179 part concludes this paper.

180 2 Description of the system under study

181 The device used in this work was inspired by the work
182 of Cochelin et al. [2] and Bellet et al. [4] (see Fig. 1).
183 The nonlinear vibroacoustic absorber proposed in these
184 references consists of a thin circular viscoelastic mem-
185 brane with radius R_m and thickness h_m . This mem-
186 brane is fixed to a support that allows the radius to be
187 changed and an independently adjustable pre-stress to
188 be imposed on the membrane. This absorber makes it
189 possible to control the acoustic field around the first
190 acoustic mode of a tube open at both ends. The two
191 oscillators are coupled by a coupling box. The primary
192 system (tube) is excited by a sinusoidal acoustic field
193 supplied by a loudspeaker.

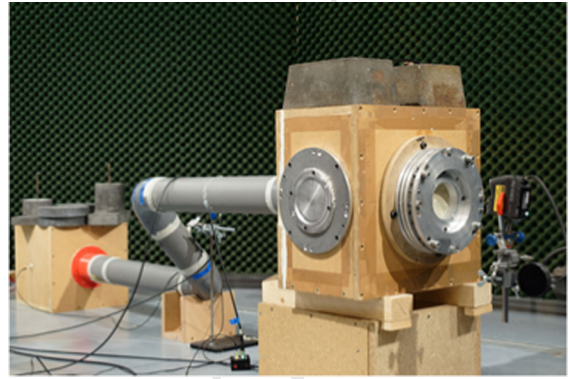


Fig. 1 Experimental setup

The coupled tube-membrane system's dimensioned
model is derived from Bellet's work [4]:

$$\begin{aligned}
 u'' + u + \lambda u' + \beta(u - q) &= F \cos\left(\frac{\Omega}{\omega_t} \tau\right) \\
 \gamma q'' + k_l q + k_{nl} q^3 + c_\eta \omega_t (2q^2 + 1) q' \\
 + \beta(q - u) &= 0
 \end{aligned} \tag{1}$$

where u and q are the normalized displacements of
the air at the end of the tube and at the center of the
membrane, λ and $c_\eta \omega_t$ the linear damping coefficients,
 $2c_\eta \omega_t$ the nonlinear damping coefficient, ω_t the reso-
nance pulsation of the tube, F the forcing amplitude,
 Ω the excitation pulsation, β the coupling term, γ the
dynamic mass, k_l and k_{nl} the linear and cubic stiffnesses
of the membrane.

The analytical expressions for the various param-
eters of this model are presented in [3]. To determine
their numerical values, we carry out static and dynamic
measurements. Static measurements are used to deter-
mine the dimensions of the tube, membrane, and cou-
pling box. This measurement enables us to calculate
the stiffness and mass terms. Using a dynamic mea-
surement with a voltage generator and an oscilloscope,
we determine the frequencies of maximum amplitude
of the pressure in the tube and the displacement of the
membrane, as well as the frequency bands at -3 dB of
these maximum amplitudes. This dynamic measure-
ment, in which the behavior of the system is purely
linear, enables us to determine the dissipation terms of
the tube and membrane.

In previous works [2, 4–9], the NES membrane is
a monostable cubic NES. In this paper, we study a
bistable NES membrane. The idea behind a bistable
membrane is to buckle the membrane, i.e. impose a

226 buckling pre-stress to obtain a negative linear stiffness.
 227 Bistability is achieved by combining cubic stiffness
 228 with negative linear stiffness. Subsequently, the model
 229 describing the bistable membrane is the same model
 230 that describes the monostable membrane, where the
 231 linear stiffness value k_l of the membrane is negative.

232 2.1 Bistability condition for the coupled system

233 The potential energy of the coupled system is expressed
 234 as:

$$235 E_p = \frac{1}{2}k_l q^2 + \frac{1}{4}k_{nl}q^4 + \frac{1}{2}\beta(u - q)^2 + \frac{1}{2}u^2 \quad (2)$$

236 By canceling the derivatives of the potential energy
 237 with respect to u and q , we can determine the static
 238 equilibrium positions of the coupled system, which
 239 are defined by: $p_0 = (0, 0)$, $p_{1,2} = \pm(u_e, q_e)$ where
 240 $q_e = \sqrt{\frac{-\beta - k_l(\beta + 1)}{k_{nl}(\beta + 1)}}$ and $u_e = \frac{\beta}{\beta + 1}q_e$. From the second
 241 derivative of potential energy, we can deduce that the
 242 two equilibrium positions p_1 and p_2 are stable, while
 243 the equilibrium position p_0 is unstable.

244 The linear stiffness is the determining factor for
 245 bistability of the system, as determined by the expres-
 246 sion of q_e where $-\beta - k_l(\beta + 1)$ must be greater than
 247 zero. So for this coupled system to have a bistable
 248 behavior, the linear stiffness k_l must be less than a critical
 249 value $k_{lc} = -\frac{\beta}{\beta + 1}$. This critical stiffness value is
 250 not zero. This is due to the presence of the coupling
 251 term β , which adds additional stiffness to the linear
 252 stiffness of the membrane. It should also be noted that
 253 with the presence of this coupling term, the bistability
 254 of the membrane influences the behavior of the tube, so
 255 that it also exhibits a bistable behavior with two stable
 256 equilibrium positions defined by $\pm u_e$.

257 To sum up, the model Eq. (1) describes the behavior
 258 of the monostable system when $k_{lc} > -\frac{\beta}{\beta + 1}$ and the
 259 behavior of the bistable system when $k_{lc} < -\frac{\beta}{\beta + 1}$.

260 2.2 Mounting the NES membrane

261 To build the bistable NES, we used the same circular
 262 viscoelastic membrane as that used to build the monos-
 263 table NES, but we mounted it differently on its sup-
 264 port. In Fig. 2a and b, we have shown the schematic
 265 diagram for mounting the monostable membrane and
 266 the bistable membrane on the support, respectively. To

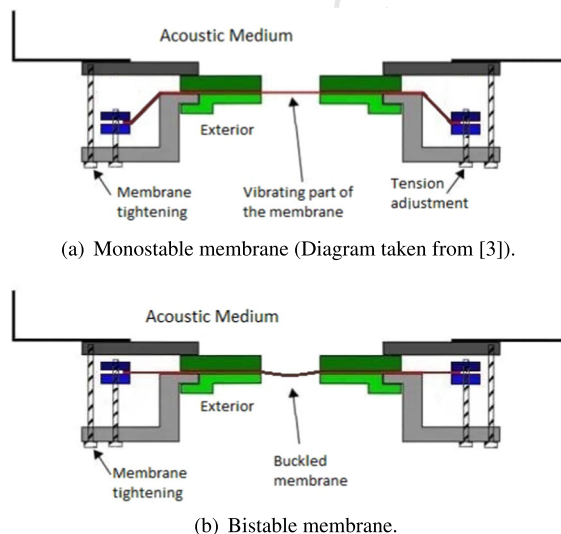


Fig. 2 Schematic diagram of how the monostable and bistable membranes are mounted on their supports. Dark grey: upper support. Light grey: lower support. Dark green: upper jaw. Light green: lower jaw. Dark blue: upper ring. Light blue: lower ring

267 obtain the monostable NES, the membrane is mounted
 268 between the top and bottom rings. Then, by tightening
 269 the preload adjustment screws, the assembly of the two
 270 rings moved relative to the lower support to stretch the
 271 membrane, thus applying a tensile preload to it. In this
 272 configuration, the stretching of the membrane ensured
 273 that there was a single stable equilibrium position, rela-
 274 tive to which the membrane vibrated ($q_e = 0$).

275 To create a bistable membrane, the idea is to buckle
 276 the membrane instead of stretching it. To do this, we
 277 start by loosening the preload adjustment screws until
 278 the lower ring is at the same level as the lower jaw.
 279 Then, we place the membrane between the two rings
 280 and position a small mass at the center of the mem-
 281 brane to obtain a slight buckling deflection. Next, we
 282 secure the membrane between the two rings using fix-
 283 ing screws. During this step, it is important to be careful
 284 when tightening these screws to ensure the buckling of
 285 the membrane while avoiding the formation of wrinkles.
 286 By keeping the mass at the center of the membrane to
 287 ensure the presence of buckling, we assemble the lower
 288 assembly with the upper assembly. Finally, we remove
 289 the mass, thus obtaining a buckled membrane with a
 290 deflection δ_m which constitutes our vibroacoustic
 291 nonlinear bistable absorber. The buckling deflection
 292 depends on the weight of the mass placed at the center

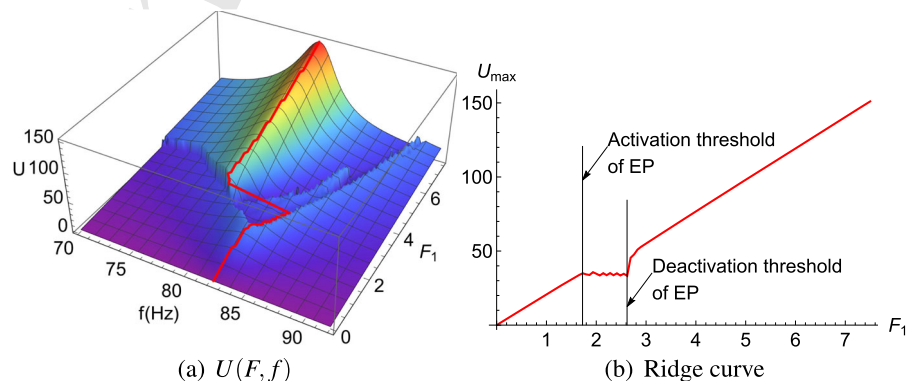
3 Impact of membrane linear stiffness variations on NES performance

3.1 Performance criterion definition

In order to know if bistability can improve the absorption efficiency of a membrane NES, we used a numerical approach. This approach is based on the analysis of the ridge curves of the frequency response of the primary system as a function of the linear stiffness of the membrane. Figure 3a shows the response of the primary system coupled to the membrane (air displacement at the end of the tube) as a function of excitation amplitude and frequency. In red, we present the maximum response as a function of the excitation amplitude. The projection of these data onto the (response amplitude, source amplitude) plane shows the tube ridge curves presented in Fig. 3b. This curve is a key tool for understanding the behavior and performance of our system. It explores the behavior over a relatively wide frequency range defined around the tube resonance. Activation and deactivation thresholds of energy pumping are easily identified on this curve. They bound the amplitude range of efficiency of our NES.

The criterion of efficiency used in this study aims at summing up in one number the system behavior over a wide range of source amplitudes and frequencies. We choose here the area below the normalized ridge curve, defined as $\frac{U_{\max}}{F}$ where U_{\max} presents the maximum vibration amplitude of the tube. Figure 4 shows the superposition of two tube ridge curves corresponding to different values of linear stiffness k_1 (blue) and k_2 (orange). This figure shows that the damping efficiency of the membrane with linear stiffness k_1 is larger. This clearly reflects the fact that the ridge curve's area of k_1 is smaller than that of k_2 .

Fig. 3 Ridge curve definition. Left: response of the primary system coupled with a membrane as a function of the excitation amplitude and frequency. Right: ridge curve, the projection of the left figure on the (response amplitude, source amplitude) plane



The range of linear stiffness chosen $k_l \in [-0.45, 0.3]$ (i.e. from -383 to 255 Nm^{-1}) includes positive and negative values which make it possible to present the attenuation efficiency of the two types of NES (monostable and bistable) on the same figure, and therefore to compare them easily.

For each value of linear membrane stiffness, the ridge curve is determined numerically. A range of excitation amplitude and frequency is chosen for the calculation. The dimensioned excitation force F varies from 0.01 to 7.5 with 110 steps. The excitation frequency varies around the tube resonance frequency from 70 Hz to 92 Hz with 110 frequency steps. For each excitation amplitude-frequency pair, the time response of air displacement at the end of the tube was determined using the "NDSolve" differential equation numerical solution function defined in Mathematica®. The frequency response was then calculated using the root-mean-square value over the last two seconds of the time signal. For each excitation force, the ridge (maximum) amplitude was determined and normalized (divided) by the excitation amplitude. For each linear stiffness value, the normalized ridge curve is constructed and the area under the ridge curve is calculated.

3.2 NES performance assessment

Figure 5 shows the variation of the area under the normalized ridge curves as a function of the linear stiffness of the membrane for a membrane of thickness $h_m = 0.22 \cdot 10^{-3} \text{ m}$ and radius $R_m = 5 \cdot 10^{-2} \text{ m}$. The blue points correspond to monostable behavior, and those in red are related to the bistable system. The broken red line corresponds to the critical value of linear

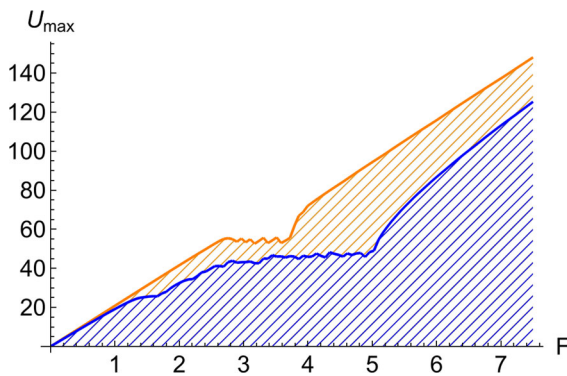


Fig. 4 Ridge curves for two linear stiffnesses of the membrane. Blue: k_{l1} . Orange: k_{l2} . The hatched areas highlight their differences

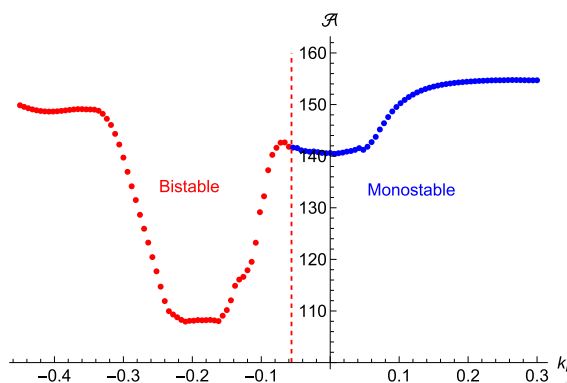


Fig. 5 Area below normalized ridge curves as a function of the linear stiffness of the membrane. Membrane thickness: $h_m = 0.22 \cdot 10^{-3}$ m, radius: $R_m = 5 \cdot 10^{-2}$ m

359 stiffness k_{lc} which separates these two different types
360 of behaviors.

361 The variation of the area as a function of k_l clearly
362 shows that the attenuation is significantly greater with
363 the use of a bistable membrane, since it has smaller area
364 values. In addition, either in the monostable or bistable
365 region, the curve shows an extended minimum plateau
366 over a wide range of linear stiffness. The robustness
367 of this nonlinear absorber (bistable or monostable) is
368 shown by the fact that the minimum is not very pro-
369 nounced. The membrane parameters are in realistic
370 ranges, which enables experimental checks.

4 Experimental validation

371
372 In this section we measure the response of the system
373 with different settings of the membrane stiffness, in
374 monostable and bistable state.

375 As far as the experimental validation is concerned,
376 we follow the same approach as that used in the
377 numerical approach. We explore the overall behav-
378 ior of the system. The amplitude-frequency excitation
379 range of the voltage sent to the loudspeaker is set at
380 $V \in [0.01, 1.5]$ V and $f \in [70, 92]$ Hz. With 60 fre-
381 quency steps and 60 amplitude steps, 36 h are required
382 to record the 3600 measurement. Sound pressure mea-
383 surements are taken in the middle of the tube using a
384 microphone, where it is nearly proportional to the air
385 displacement at the end of the tube [5]. A laser displac-
386 ement sensor records the displacement of the center of
387 the membrane.

388 In order to study the effect of the variation of the
389 linear stiffness on the behavior of our coupled tube-
390 membrane system, we choose, in this part, to vary only
391 the pre-stress (buckling or tensile) applied to the mem-
392 brane, while keeping the diameter and thickness of the
393 membrane constant ($h_m = 0.24$ mm and $R_m = 4$ cm).
394 Seven different configurations of bistable membranes
395 are realized, with buckling varying between 1.9 and
396 7.2 mm. For comparison, two other monostable mem-
397 brane configurations are set, with coupled eigenvalues
398 of $f_{m,coupl} = 64.8$ Hz and $f_{m,coupl} = 17.5$ Hz.

399 For bistable membranes, the value of linear stiffness
400 k_l is determined from the equality between the mea-
401 sured buckling δ_m and the expression of the static equi-
402 librium position q_e : $k_l = -\delta_m^2 k_{nl} - \frac{\beta}{\beta+1}$. For monos-
403 table membranes, the value of the coupled eigenfre-
404 quency of the membrane f_{mc} is measured at very low
405 excitation amplitude, where the nonlinear terms are not
406 effective. The value of the linear stiffness k_l is identified
407 by solving the equation $f_{mc} = f_1$ where f_1 presents the
408 expression of the coupled eigenfrequency (later defined
409 in the Eq. (6)).

410 Table 1 summarizes the buckling, dimensioned lin-
411 ear stiffness and dimensioned linear stiffness for the
412 different bistable membrane configurations:

413 In Table 2, we present, for the different configura-
414 tions of monostable membrane, the coupled eigenfre-
415 quency of the membrane (since $\delta_m = 0$), the linear
416 stiffness and the dimensioned one.

417 The second configuration of the monostable mem-
418 brane in Table 2 has a negative linear stiffness of

Table 1 The different configurations of bistable membranes

δ_m (m)	0.0019	0.004	0.0045	0.0046	0.0059	0.0075	0.0082
k_l	-0.077	-0.15	-0.17	-0.18	-0.25	-0.38	-0.44
c_l (N.m ⁻¹)	-26.8	-52.2	-59.2	-62.7	-87.1	-132.4	-153.3

Table 2 The different configurations of monostable membranes

f_m (Hz)	64.8	17.5
k_l	0.14	-0.042
c_l (N.m ⁻¹)	48.8	-14.6

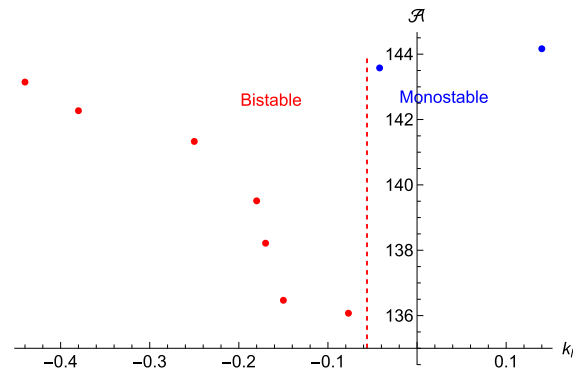


Fig. 6 The variation of the area under the ridge curves as a function of the linear stiffness of the membrane, determined experimentally

$k_l = -0.042$. This stiffness value is greater than the critical buckling value, which is -0.056 .

From the experimental recordings we get the frequency responses of the air displacement at the end of the tube and then the normalized ridge curves and their areas. Figure 6 shows the variation in area determined experimentally. Comparison of this curve with the numerically determined curve shows that we observe similar trends.

So far, we have demonstrated that a bistable membrane improves the performance of a vibroacoustic NES. We have proven this result experimentally. In the following, we want to find the reason of this enhanced performance. To do this, we use theoretical tools for a deeper analysis of the model.

5 Tools for theoretical analysis

This part presents the theoretical tools used later for the analysis of the system behavior. Although presented comprehensively, they are very simple because based on the uncoupled elements of the system or on linear analysis. Nevertheless, they give the key information about the various behaviors of the system.

5.1 Characteristic curves

We determine here the characteristic curve of the monostable and bistable membranes and the tube. These curves show the variation of the natural frequency as a function of vibration amplitude. These curves show the characteristics of each oscillator alone. The coupling between the two oscillators is not taken into account.

To approximate the effective system, we assume that the stiffness term β acts as an additional linear stiffness added to the membrane stiffness k_l . The equation governing the free vibrational motion of the uncoupled membrane is defined by $\gamma q'' + (k_l + \beta)q + k_{nl}q^3 = 0$. We introduce the expression $q(\tau) = A \cos \omega \tau$ into this equation, where A represents the vibration amplitude of the membrane. The harmonic balance method is applied and the higher order harmonics are suppressed. The following equation is obtained: $-\gamma \omega^2 + k_l + \beta + 3/4 k_{nl} A^2 = 0$. Therefore, the square of the resonance pulsation is defined as $\omega^2 = \frac{|k_l + \beta + \frac{3}{4} k_{nl} A^2|}{\gamma}$. For the monostable membrane, where $k_l > 0$, this pulsation is defined by $\omega = \sqrt{\frac{k_l + \beta + \frac{3}{4} k_{nl} A^2}{\gamma}}$. For the bistable membrane, where $k_l < 0$, the pulsation depends on the amplitude of vibration A . More precisely, it is equal to $\omega = \sqrt{\frac{-k_l - \beta - \frac{3}{4} k_{nl} A^2}{\gamma}}$ if $A < \sqrt{\frac{-k_l - \beta}{\frac{3}{4} k_{nl}}}$, and to $\omega = \sqrt{\frac{k_l + \beta + \frac{3}{4} k_{nl} A^2}{\gamma}}$ if $A > \sqrt{\frac{-k_l - \beta}{\frac{3}{4} k_{nl}}}$. Similarly, for the tube, by introducing the expression $u(\tau) = B \cos \omega \tau$ into the

468 equation describing its behavior $u'' + u + \beta u = 0$ and
 469 applying the harmonic balance method, the expression
 470 for the scaled pulsation is determined. The pulsation is
 471 equal to $\sqrt{1 + \beta}$ whatever the value of the amplitude
 472 B .

473 Figures 7a and b show respectively the superposi-
 474 tion of the characteristic curves of a monostable and
 475 bistable membrane with that of the tube. The charac-
 476 teristic curve for the tube, shown in red, is linear, and
 477 the resonance frequency is independent of the vibra-
 478 tion amplitude. In the case of the monostable mem-
 479 brane, the resonance frequency increases as the vibra-
 480 tion amplitude increases. In this case, the characteris-
 481 tic curve shows a stiffening behavior. For the bistable
 482 membrane, the characteristic curve shows two types
 483 of behavior. A softening behavior is observed at low
 484 vibration amplitude, in which the resonance frequency
 485 decreases with increasing amplitude. When this fre-
 486 quency becomes equal to zero, the behavior becomes
 487 stiffening (the frequency increases). These curves pro-
 488 vide an indication of the presence of resonance cap-
 489 ture between the two oscillators, easily identifiable by
 490 the intersection between the characteristic curves of
 491 the tube and the membrane. As energy is injected into
 492 the system, the resonance frequency of the membrane
 493 will follow this characteristic curve until it reaches the
 494 resonance frequency of the tube, leading to resonance
 495 capture where the energy pumping phenomenon takes
 496 place.

497 In Fig. 8a and b, the characteristic curves of a monos-
 498 table and bistable membrane are superimposed on those
 499 of the tube, respectively, when the natural frequency
 500 (observed at low vibration amplitude) of the mem-
 501 brane is higher than that of the tube when the natural
 502 frequency of the membrane is lower than that of the
 503 tube. For the monostable membrane, the characteristic
 504 curves show no common point. In this case, there is no
 505 resonance capture between the two oscillators. On the
 506 other hand, for the bistable membrane, when its natu-
 507 ral frequency becomes higher than that of the tube, the
 508 characteristic curves show two points of intersection.
 509 In this case, there are two resonance captures.

510 5.2 Linearized coupled system

511 Analysis of the characteristic curves highlights the
 512 fundamental difference in the behavior of the system
 513 observed in the two cases when the natural frequency of

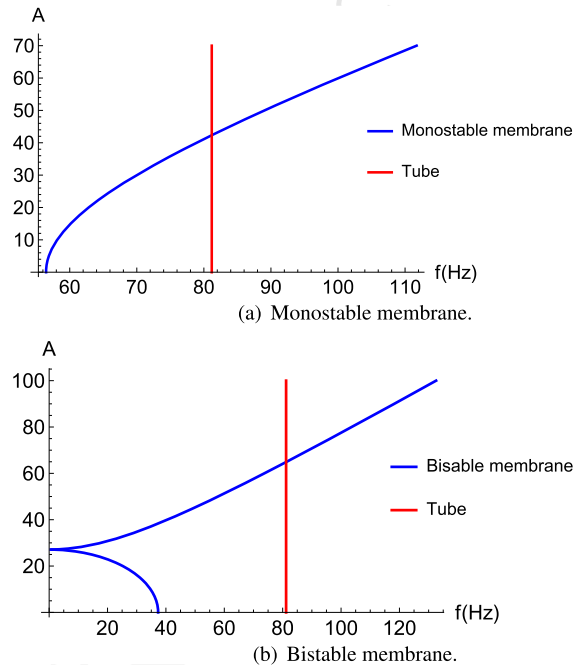


Fig. 7 Characteristic curves (amplitude versus natural frequency) of the monostable (a) and bistable (b) membrane with that of the tube when the natural frequency of the membrane is lower than that of the tube

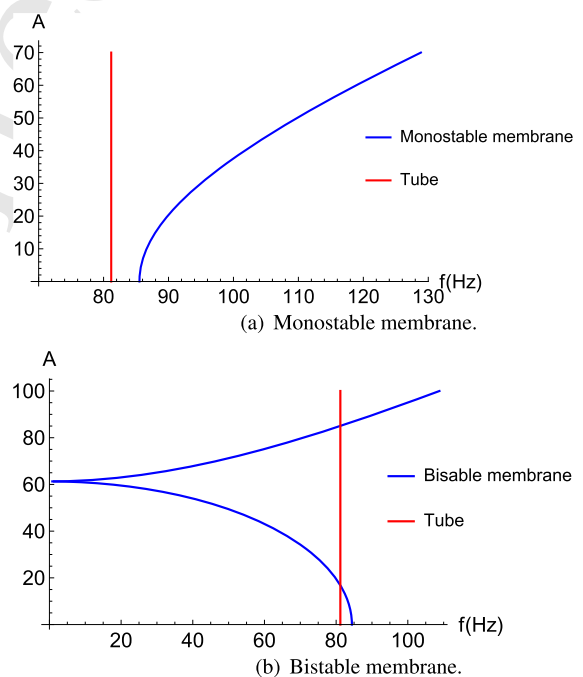


Fig. 8 Characteristic curves of the monostable (a) and bistable (b) membrane with that of the tube when the natural frequency of the membrane is higher than that of the tube

514 the membrane is higher or lower than that of the tube. In
 515 this section, we take the coupling into account. The cou-
 516 pling is small, so the coordinates of the degrees of free-
 517 dom of the system remain close to the tube and mem-
 518 brane displacements. The coordinates of the degrees of
 519 freedom of the system are given by the eigenvectors of
 520 the modal analysis of the linearized model. We study
 521 the variation of the natural frequencies of the coupled
 522 system as a function of the linear stiffness of the mem-
 523 brane in order to determine the monostable and bistable
 524 situations, and to attribute the proper degree of freedom
 525 to the eigenfrequencies.

526 For the bistable system, the position p_0 corresponds
 527 to the point of unstable equilibrium. To capture the
 528 dynamics of the small-amplitude system, it is more con-
 529 venient to rewrite the equations in terms of $x = u - u_e$
 530 and $y = q - q_e$ so that $(x, y) = (0, 0)$
 531 corresponds to a stable equilibrium position. The sys-
 532 tem Eq. (1) is rewritten as follows.

$$533 \quad x'' + x + \lambda x' + \beta(x - y) = F \cos\left(\frac{\tau\Omega}{\omega_t}\right)$$

$$534 \quad \gamma y'' + c_\eta \omega_t (2q_e^2 + 4q_e y + 2y^2 + 1) y'$$

$$535 \quad + y (k_l + 3k_{nl} q_e^2) + 3k_{nl} q_e y^2 + k_{nl} y^3$$

$$536 \quad + \beta(y - x) = 0 \tag{3}$$

537 To determine the expressions of the natural frequen-
 538 cies of this bistable system, it must be reduced to an
 539 undamped free linear system. By eliminating the non-
 540 linear, forcing and damping terms, the resulting system
 541 of equations is rewritten in this matrix form

$$542 \quad f_1 = \frac{\omega_t}{2\pi} \sqrt{\frac{\beta\gamma + \beta + \gamma + k_l - \sqrt{(\beta\gamma + \beta + \gamma + k_l)^2 - 4\gamma(\beta + \beta k_l + k_l)}}{2\gamma}}$$

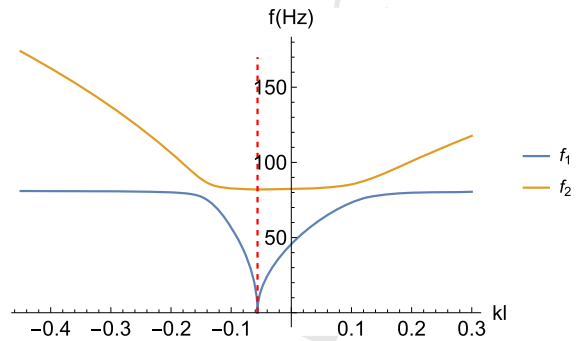
$$543 \quad f_2 = \frac{\omega_t}{2\pi} \sqrt{\frac{\beta\gamma + \beta + \gamma + k_l + \sqrt{(\beta\gamma + \beta + \gamma + k_l)^2 - 4\gamma(\beta + \beta k_l + k_l)}}{2\gamma}} \tag{6}$$

$$544 \quad M X'' + K X = 0$$

$$545 \quad M = \begin{pmatrix} 1 & 0 \\ 0 & \gamma \end{pmatrix}, K = \begin{pmatrix} \beta + 1 & -\beta \\ -\beta & \frac{3\beta^2}{\beta+1} - 2\beta + k_l \end{pmatrix},$$

$$546 \quad X = \begin{pmatrix} x \\ y \end{pmatrix} \tag{4}$$

547 M and K are the mass and linear stiffness matrices.
 548 The coupled eigenfrequencies are determined by cal-



549 **Fig. 9** Coupled system eigenvalues f_1 and f_2 as a function of the
 550 membrane stiffness. The discontinuous red line corresponds to
 551 the critical linear stiffness value k_{lc} that separates the monostable
 552 and bistable zones

553 calculating the eigenvalues of the linear system Eq. (4).
 554 They have the following expressions:

$$549 \quad f_1 = \frac{\omega_t}{2\pi} \sqrt{\frac{f_\alpha - \sqrt{f_\alpha^2 + 8\gamma(\beta + \beta k_l + k_l)}}{2\gamma}}$$

$$550 \quad f_2 = \frac{\omega_t}{2\pi} \sqrt{\frac{f_\alpha + \sqrt{f_\alpha^2 + 8\gamma(\beta + \beta k_l + k_l)}}{2\gamma}} \tag{5}$$

551 where $f_\alpha = \frac{3\beta^2}{\beta+1} + \beta(\gamma - 2) + \gamma - 2k_l$. These frequen-
 552 cies are valid for the bistable system when k_l is less
 553 than the critical value k_{lc} . When k_l becomes greater
 554 than k_{lc} , the behavior becomes monostable. The same
 555 calculation steps carried out previously are applied to
 556 the monostable system model to determine these natu-
 557 ral frequencies:

558 Figure 9 shows the variation of these two frequen-
 559 cies as a function of linear stiffness for the membrane
 560 with $h_m = 0.22$ mm and $R_m = 50$ cm. The selected
 561 dimensioned linear stiffness varies between -0.45 and
 562 0.3 . It shows natural frequencies of the coupled tube-
 563 membrane system in monostable and bistable mode.
 564 The dashed red line shows the linear stiffness value k_{lc}
 565 which separates the monostable zone from the bistable
 566 zone.
 567

Each of the natural frequencies f_1 and f_2 corresponds to one of the two degrees of freedom of this system. For example, for the monostable behavior at k_{lc} , the frequency f_1 is equal to zero. It corresponds to the natural frequency of the membrane and f_1 corresponds to the natural frequency of the tube. With the increase of the value of linear stiffness, the natural frequency of the membrane increases, while that of the tube follows the horizontal asymptote $f = 82$ Hz. At linear stiffness k_{l1} , the natural frequency of the membrane becomes higher than that of the tube. The frequency f_2 corresponds to the membrane and f_1 to the tube. This frequency exchange is also observed during bistable behavior when the linear stiffness reaches a certain value k_{l2} . The frequency exchange is visible through the parallel straight lines normal to the curves representing the functions f_1 and f_2 . The equation of the straight line normal to the curve representing f_i at the point with abscissa k_i is defined by: $N_i(K_L, k_i) = \frac{-1}{f'_i(k_i)}(K_L - k_i) + f_i(k_i)$ ($i = 1; 2$). The linear stiffness K_L represents the axis of abscissa which defines the domain of definition of the function N_i , while the corresponding stiffness K_i is the point from which we determine the equation of the normal line. In order for two regular lines to be parallel, the distance between them must be equal. So, to determine the values of linear stiffness k_{l1} and k_{l2} for which the natural frequency of the membrane becomes greater than that of the tube, it is necessary to solve the equations $N_1(0, k_{l1}) - N_2(0, k_{l1}) = N_1(0.1, k_{l1}) - N_2(0.1, k_{l1})$ and $N_1(0, k_{l2}) - N_2(0, k_{l2}) = N_1(0.1, k_{l2}) - N_2(0.1, k_{l2})$. The choice of the values $K_L = 0$ and $K_L = 0.1$ used for the resolution is random; any values can be chosen.

Figure 10 shows in blue the natural frequency of the tube (in red) and of the membrane (in blue) as a function of the linear stiffness. The discontinuity points of these two curves are at the linear stiffnesses k_{l1} and k_{l2} . The normals to the curves representing the functions f_1 and f_2 at the abscissa points k_{l1} and k_{l2} are shown by the parallel lines in green. The discontinuous red line is the critical linear stiffness value k_{lc} .

6 Analysis of the system behavior

We analyze here the behavior of the system in the different zones of the normalized ridge curve area versus stiffness curve.

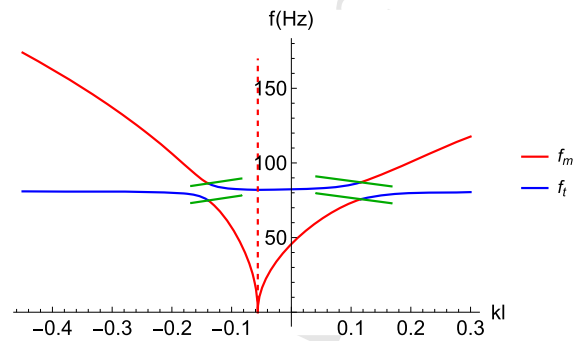


Fig. 10 Coupled natural frequencies of the tube f_t (blue) and membrane f_m (red) as a function of the linear stiffness of the membrane. The discontinuous red line corresponding to the critical linear stiffness value k_{lc} that separates the monostable and bistable zones. The green parallel lines, present the normals to the representative curves of functions f_1 and f_2 , from which the natural frequency of the membrane becomes higher than that of the tube

When the value of the linear stiffness is increased further, the frequency of the coupled membrane becomes higher than that of the tube. Resonance capture between the two oscillators is no longer possible (there is no point of intersection in the characteristic curves). The membrane becomes inactive, the behavior of the system becomes linear (see Fig. 15) and the ridge curves show a straight line. In this zone, there is no more energy pumping.

6.1 Monostable behavior

The monostable behavior is analyzed in three distinct zones: optimal behavior zone, non-optimal behavior zone where $f_m < f_t$, and beyond optimal behavior zone where $f_m > f_t$. Figures 11, 13 and 14 show respectively, for each of these zones, the tools used to explain the behavior of the system.

- Figure (a), top left, shows the area as a function of linear stiffness is shown by circling the relevant zone. The dashed red line corresponds to the critical linear stiffness value k_{lc} . The green dashed lines delimit the zone where the natural frequency of the tube is greater than that of the membrane.
- Figure (b), top right, shows the superposition of the different ridge curves.
- Figure (c), bottom, the various characteristic curves of the monostable membrane are superimposed on those of the tube.

Fig. 11 Behavior and state of the system in the optimal monostable zone

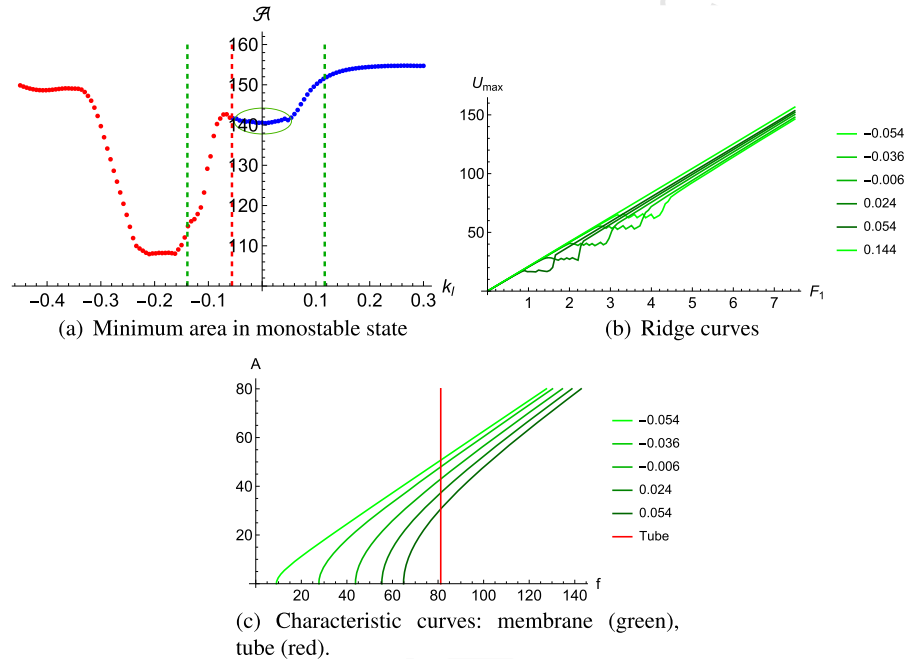
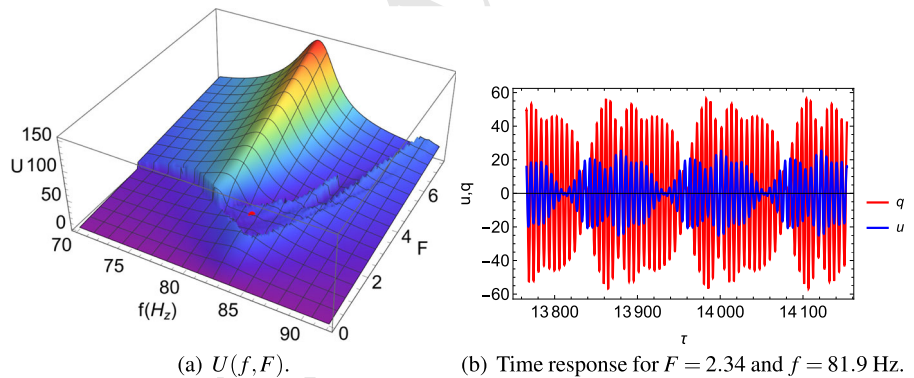


Fig. 12 Numerical simulation result for $k_l = 0.024$. **a** Response of the primary system as a function of excitation amplitude and frequency. **b** Excerpt of the steady state time response of the system for the red point in (a)



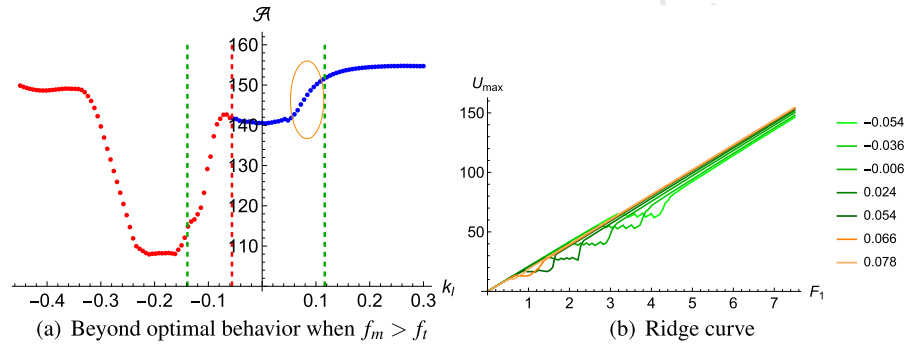
640 In these figures, a different shade of color is used for
 641 each zone (optimal behavior: green, beyond optimal
 642 behavior where $f_m > f_l$: orange and when $f_m > f_l$:
 643 discontinuous red).

644 First, we look at the zone of optimum behavior for
 645 the monostable system. This zone is observed when
 646 the natural frequency of the tube is higher than that of
 647 the membrane. In this zone, the characteristic curves
 648 always show a resonance capture between the tube and
 649 the membrane, the amplitude of intersection of which
 650 increases as the linear stiffness value decreases. Energy
 651 pumping is therefore always observed, and it appears
 652 at increasingly higher amplitudes. This can be seen in
 653 the ridge curves. In this zone, we can see that as the
 654 linear stiffness value decreases, the energy pumping

activation threshold becomes higher and the plateau
 655 deeper. In this zone, we have the same value of the area,
 656 even though the activation threshold and the width of
 657 the EP plateau are not similar for the different linear
 658 stiffness values. In this case, there is a compromise
 659 between the level of appearance and the depth of the
 660 energy pumping plateau.
 661

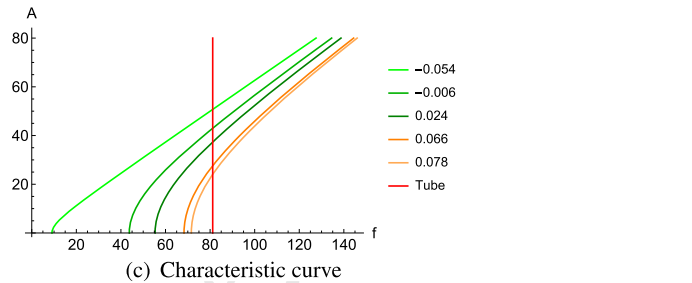
662 Figure 12 shows the result of the numerical simu-
 663 lation. The response of the primary system as a func-
 664 tion of excitation amplitude and frequency is shown in
 665 Fig. 12a. This 3D figure shows the different regimes of
 666 behavior of the usual nonlinear system, a linear behav-
 667 ior at low excitation level with a straight resonance
 668 ridge corresponding to the tube natural frequency, then
 669 we observe the clipping of the tube resonance peak,

Fig. 13 Behavior and state of the system beyond optimal behavior, with $f_m < f_l$



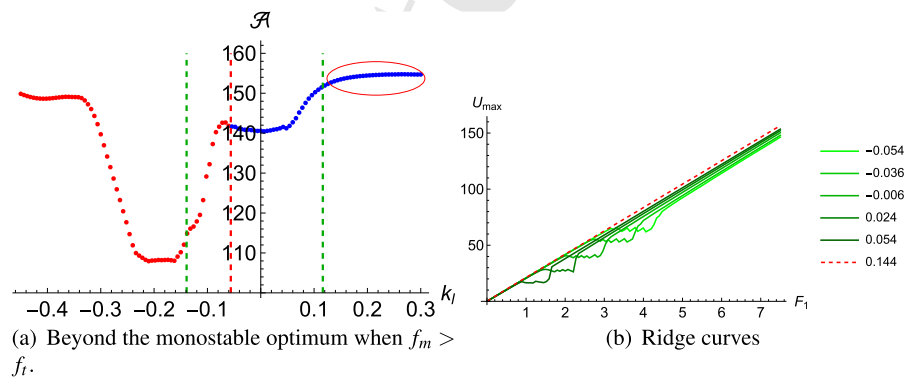
(a) Beyond optimal behavior when $f_m > f_l$

(b) Ridge curve



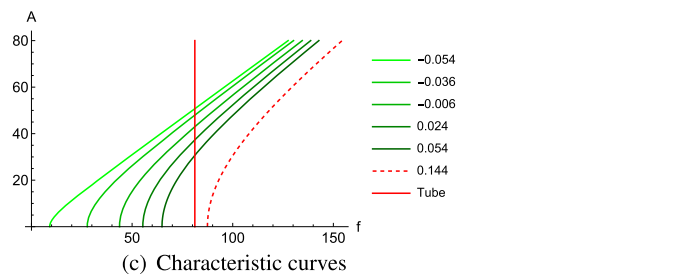
(c) Characteristic curve

Fig. 14 System behavior and state beyond the optimal monostable zone, with $f_m > f_l$



(a) Beyond the monostable optimum when $f_m > f_l$.

(b) Ridge curves



(c) Characteristic curves

670 which corresponds to the energy pumping zone. The
 671 time response of the system corresponding to the red
 672 point in this zone is shown in the sub-figure Fig. 12b.
 673 It shows the strongly modulated response that char-
 674 characterizes energy pumping. If the excitation amplitude
 675 is increased further, a new resonance ridge appears,
 676 shifted slightly towards the low frequencies.

As the linear stiffness value increases, the optimum
 behavior zone is left. Resonance capture is still possible
 with smaller amplitudes. The ridge curves show that the
 activation threshold becomes weaker, but the plateau
 becomes very narrow. In this zone, the low activation
 level of energy pumping cannot compensate for the
 small extension of the pumping plateau, so the system
 leaves the optimum zone.

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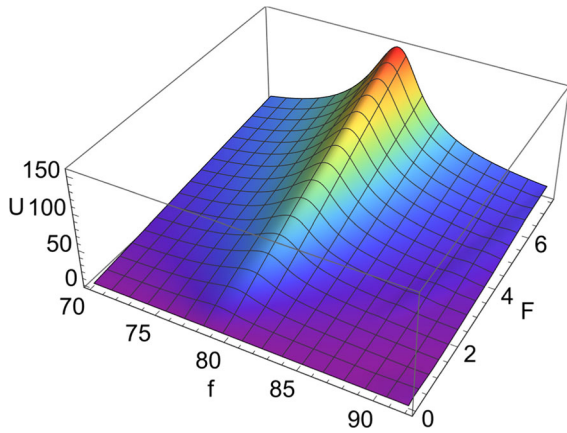
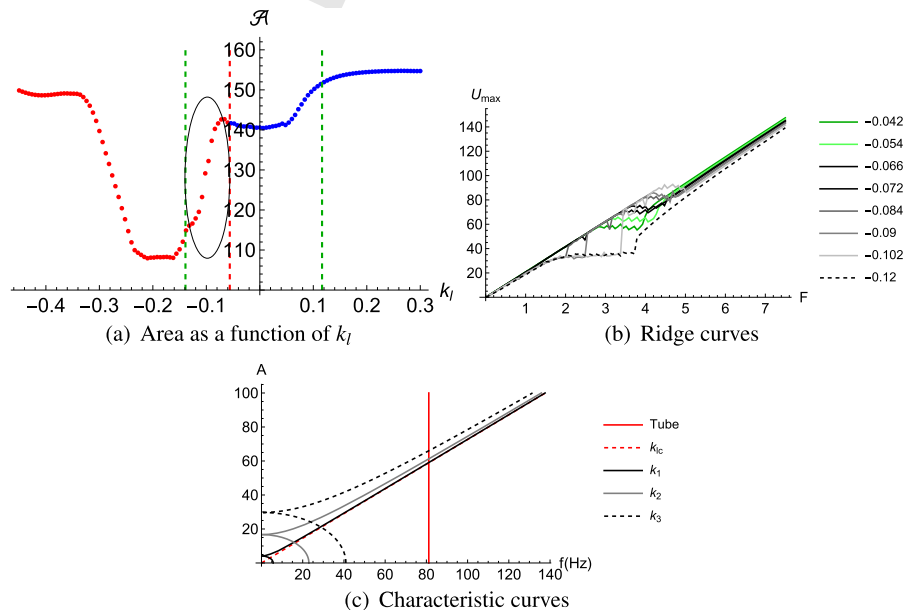


Fig. 15 The numerical simulation result for $k_l = 0.144$: response of the primary system as a function of excitation amplitude and frequency

6.2 Bistable behavior

For linear stiffness values below the critical value k_{lc} , the apparent linear stiffness of the membrane becomes negative, and the system's behavior becomes bistable. In this section, we study the system's behavior in three zones: when the natural frequency of the membrane is lower than that of the tube, when the natural frequency of the membrane becomes higher than that of the tube in the optimal behavior zone, and beyond the optimal behavior zone. Figures 16, 18, and 20 cor-

Fig. 16 System behavior and state in the bistable zone whith $f_m < f_t$



respond to these three zones, respectively. In these figures, we present, as in the previous section, the area in the concerned zone, as well as the ridge curves and characteristic curves.

First, let's focus on the bistable behavior zone when the natural frequency of the membrane is lower than that of the tube. For the initial stiffness values that are below k_{lc} , our system exhibits a transitional zone for the shift from monostable to bistable behavior. A "purely" bistable behavior is observed from the linear stiffness value $k_l = -0.12$. In subfigure Fig. 16b, we have shown the superposition of several ridge curves for different linear stiffness values, ranging from $[-0.042, -0.12]$. The two green ridge curves correspond to linear stiffness values greater than k_{lc} , thus corresponding to monostable behavior. The other ridge curves correspond to an apparent linear stiffness less than zero. For the initial linear stiffness values that are lower than the critical value k_{lc} , the continuous black ridge curves ($k_l = -0.066$ and $k_l = -0.072$) show a continuity of behavior. The behavior observed for the bistable system follows the variation of the monostable system. With the decrease in linear stiffness, it was noticed that the variation of the ridge curves presented in gray shows the presence of an energy pumping plateau at the same level as that observed for $k_l = -0.12$, followed by an increase in vibration amplitude that follows the variation of the monostable ridge curves. At the linear stiffness $k_l = -0.12$, the

Fig. 17 Numerical simulation result for $k_l = -0.12$. **a** Response of the primary system as a function of excitation amplitude and frequency. **b** Time response of the system corresponding to the red point in (a)

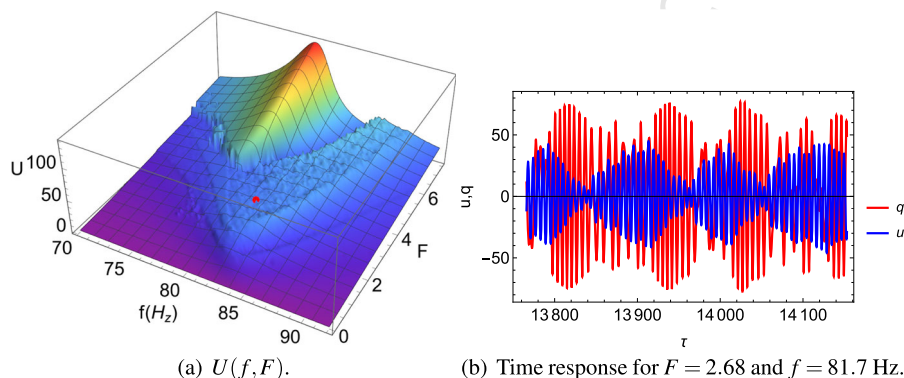
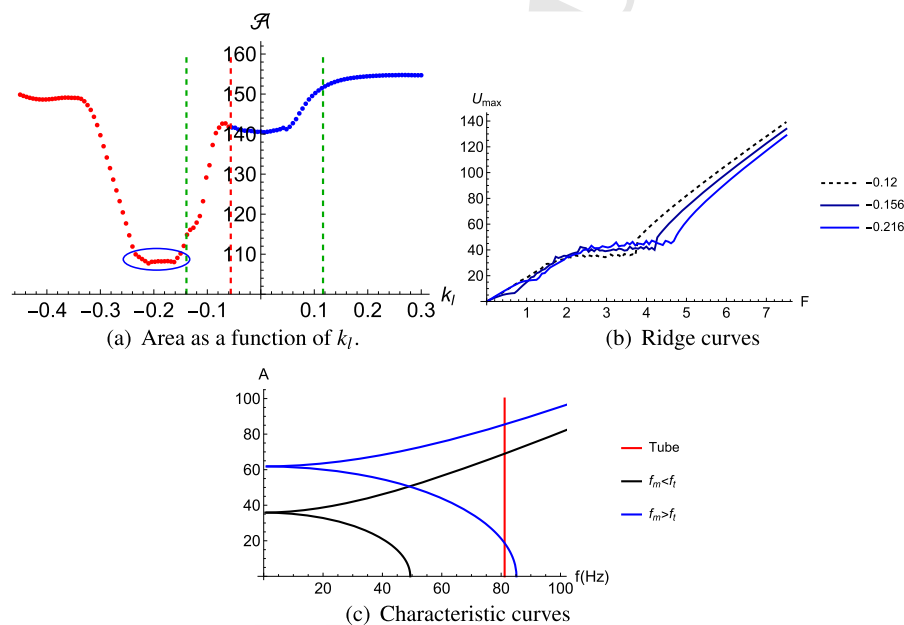


Fig. 18 Behavior and state of the system in the optimal bistable zone



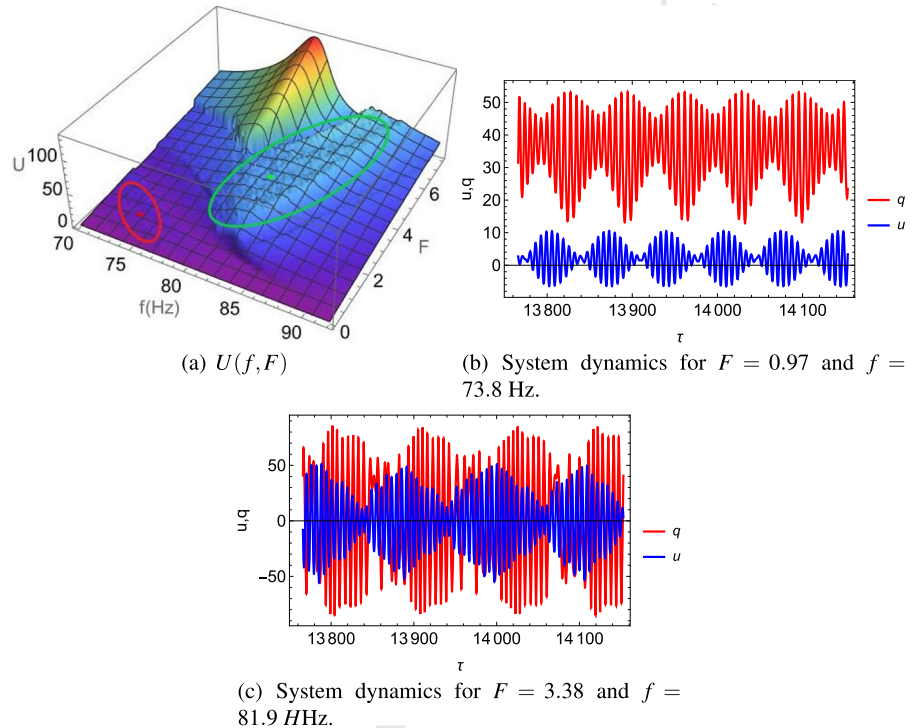
724 system stabilizes on the bistable behavior. To transition
725 from monostable behavior (green curves) to bistable
726 behavior (discontinuous black curve), we pass through
727 a transitional zone where the system exhibits both types
728 of behavior. We have a gradual transition.

729 Figure 16c presents the superposition of three differ-
730 ent characteristic curves of a bistable membrane (with
731 linear stiffnesses k_1 , k_2 , and k_3 where $k_3 < k_2 < k_1$)
732 with the characteristic curve of the tube (red) and the
733 characteristic curve of a purely cubic membrane (dis-
734 continuous red). For the black curve, the linear stiffness
735 k_1 is very close to the value k_{lc} . The softening effect
736 of the bistable membrane is neglected in this case. The
737 characteristic curve overlaps with the discontinuous red
738 curve of the purely cubic membrane. This explains why
739 the system follows monostable behavior for the values

740 $k_l = -0.066$ and $k_l = -0.072$. With the decrease
741 in the linear stiffness value (k_2), we move away from
742 the critical value k_{lc} . The characteristic curve of the
743 bistable membrane moves away from the discontinuous
744 red curve. The system is influenced by both bistable and
745 monostable behaviors. As the stiffness decreases fur-
746 ther (k_3), the characteristic curve of the bistable mem-
747 brane moves further away from the discontinuous red
748 curve. In this case, the system stays on bistable behav-
749 ior.

750 In Fig. 17, we present numerical simulation results
751 for the linear stiffness value $k_l = -0.12$. On the left,
752 we present the displacement variation of the tube as a
753 function of amplitude and excitation frequency. On the
754 right, we present the temporal response of the system
755 in the energy pumping zone (for $F = 2.68$ and $f =$

Fig. 19 Numerical simulation result for $k_l = -0.156$. **a** Response of the primary system as a function of excitation amplitude and frequency. **b** Time response of the system corresponding to the red point in this figure (a, b). **c** Time response of the system corresponding to the green point in (a)



756 81.7 Hz). This response corresponds to the strongly
757 modulated chaotic regime, which is often observed for
758 bistable systems [14,24].

759 As the linear stiffness value increases further, the
760 natural frequency of the membrane becomes higher
761 than that of the tube. The zone of optimal behavior
762 is observed. In this zone, the ridge curves exhibit two
763 attenuation plateaus. A narrow plateau is observed at
764 low excitation amplitudes, and the other, broader one is
765 observed at a higher excitation level. The overlap of the
766 characteristic curve of the tube and the bistable mem-
767 brane shows the presence of two intersection points
768 where both oscillators enter resonance capture, and
769 energy pumping is activated.

770 In Fig. 19, we present numerical simulation results
771 for the linear stiffness value $k_l = -0.156$. In Fig. 19a,
772 we present the response of the tube as a function of exci-
773 tation frequency and amplitude. The encircled zones
774 on this figure represent two different energy pumping
775 zones. The time response of the system correspond-
776 ing to the red ($f = 73.8$ Hz and $F = 0.97$) and
777 green ($f = 81.9$ Hz and $F = 3.38$) points presented
778 in these energy pumping zones is shown respectively
779 Fig. 19b and c. The energy pumping zone observed at
780 low excitation amplitude is characterized by the pres-

ence of strongly modulated intrawell response. The sec-
second zone is characterized by the presence of strongly
modulated chaotic interwell response.

784 When the natural frequency of the membrane becomes
785 greater than that of the tube, the characteristic curve
786 shows the presence of two resonance captures. The
787 first is observed at low vibration amplitudes, related
788 to the softening behavior of the membrane. This soft-
789 ening resonance capture leads to the presence of energy
790 pumping phenomenon at low excitation amplitudes,
791 characterized by the presence of strongly modulated
792 intrawell response. The second resonance capture,
793 observed at higher amplitudes, is related to the intersec-
794 tion with the stiffening behavior of the membrane. This
795 explains the presence of the second energy pumping
796 zone, characterized by the presence of strongly modu-
797 lated chaotic interwell response.

798 As the linear stiffness value is decreased further, we
799 leave the optimal bistable behavior zone (see Fig. 20a).
800 In this range of linear stiffnesses, the ridge curves show
801 the presence of a single high-amplitude energy pump-
802 ing plateau. We notice the absence of the small pumping
803 plateau that was observed at low vibration levels in the
804 optimal behavior zone.

Fig. 20 Behavior and state of the bistable system beyond the optimal behavior zone with $f_m > f_t$

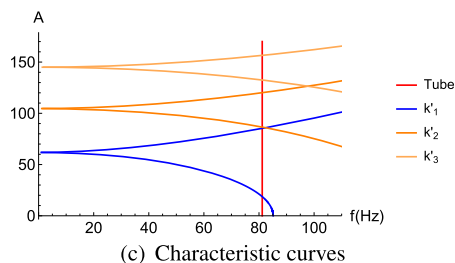
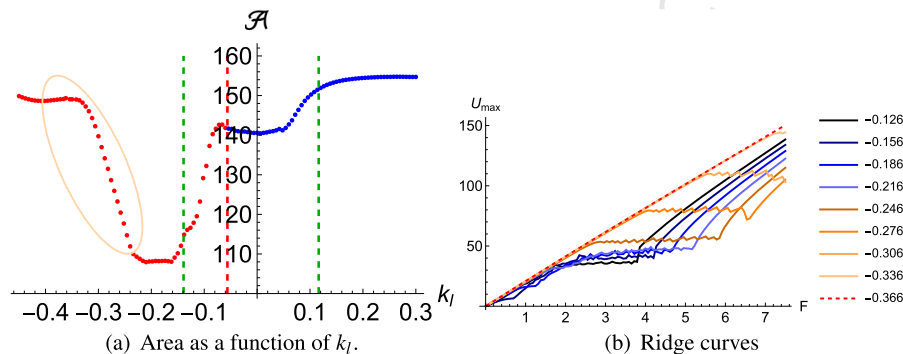
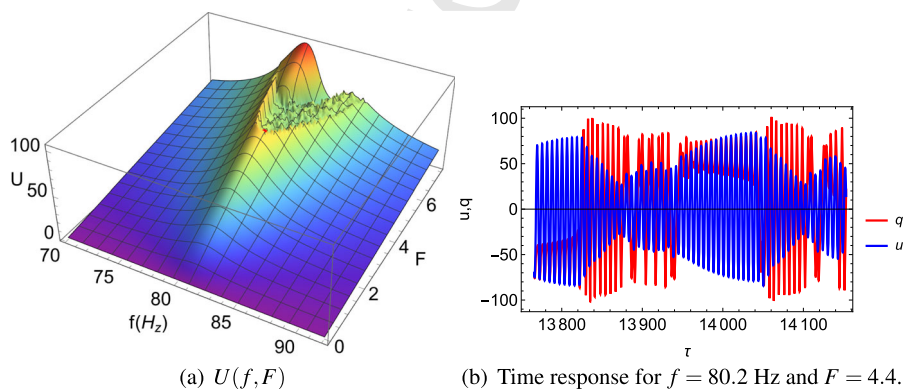


Fig. 21 Numerical simulation result for $k_l = -0.276$. (a) Response of the primary system as a function of excitation amplitude and frequency. (b) Time response of the system corresponding to the red point in this figure (a, b)



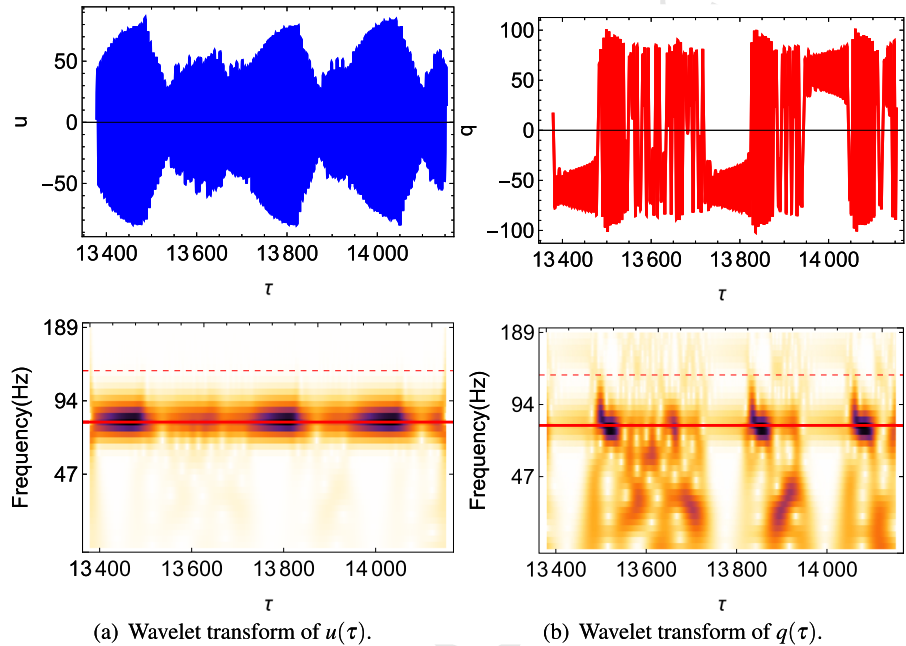
In Fig. 21, the results of the temporal simulation for a linear stiffness value belonging to this zone are presented ($k_l = -0.276$). The tube response as a function of amplitude and excitation frequency shows the presence of a single energy pumping zone. The temporal response of the system corresponding to the red point indicated in the energy pumping zone (for $f = 80.2$ Hz and $F = 4.4$) is presented in Fig. 21b. This response is different from what we observed before. In Fig. 22a and b, we present respectively for the tube and the membrane the time response (top) and the corresponding wavelet transform (bottom). In these figures, the solid red line corresponds to the natural frequency of the tube and the dashed red line corresponds to the natural frequency of the membrane. The membrane displacement

response clearly shows the presence of three different operating regimes:

- Chaotic regime: the system oscillates randomly between the two equilibrium positions.
- Intrawell regime: the system oscillates around one of the equilibrium positions.
- Strongly modulated "interwell" regime: there is resonance capture between the tube and the membrane, resulting in vibrations at the same frequency.

In Fig. 20c, we present the superposition of three different characteristic curves of a bistable membrane (with linear stiffnesses k'_1 , k'_2 , and k'_3 where $k'_3 < k'_2 < k'_1$), along with the characteristic curve of the tube (in red), in the case where the natural frequency of the membrane is higher than that of the tube. With the significant decrease in the linear stiffness of the membrane,

Fig. 22 Time response of the tube $u(\tau)$ and membrane $q(\tau)$ and wavelet transform for $k_l = -0.276$ at frequency $f = 80.2$ Hz and excitation amplitude $F = 4.4$



836 the characteristic curves show that the distance between
 837 the two intersection points becomes very small. At the
 838 limit, these two points merge, and the effects of soft-
 839 ening and stiffening nonlinearity combine. This can
 840 explain the presence in the time response of simul-
 841 taneous strongly modulated interwell and intrawell
 842 regimes.

843 In this zone, with the decrease in the linear stiff-
 844 ness value, an increase in the area is observed. Indeed,
 845 with this decrease, the natural frequency of the mem-
 846 brane becomes increasingly higher, leading to a cor-
 847 responding amplitude of resonance capture becoming
 848 increasingly significant. Consequently, the activation
 849 threshold of energy pumping also becomes increas-
 850 ingly higher.

851 For the lowest values of linear stiffness, the area
 852 curve shows a constant variation. In this zone, the acti-
 853 vation threshold of energy pumping becomes very high,
 854 and the range of the fixed excitation force for the calcu-
 855 lation does not cover the energy pumping zone. Only
 856 the linear behavior zone observed before the energy
 857 pumping zone is detected.

858 6.3 Effectiveness of Bistable NES

859 Figure 23 shows the superposition of a ridge curve for
 860 a bistable membrane (red) with several ridge curves

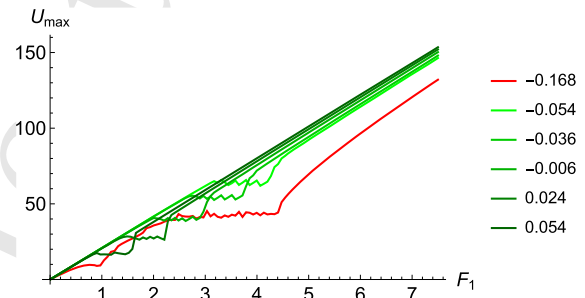


Fig. 23 Ridge curve of a bistable membrane (red) and ridge curves of monostable membranes for the monostable minimum areas (green)

861 belonging to the monostable minimum plateau. This
 862 figure demonstrates that the use of a bistable membrane
 863 can significantly improve the system's behavior. The
 864 attenuation provided by a bistable membrane is greater
 865 than that obtained with the different optimal monos-
 866 table membranes. Additionally, it is worth noting that
 867 the frequency range of energy pumping is wider when
 868 using the bistable NES, as clearly observed by compar-
 869 ing the frequency response surface for two linear stiff-
 870 ness values: $k_l = -0.276$ (Fig. 12a) and $k_l = -0.12$
 871 (Fig. 17a).

872 7 Different membrane configurations

873 In this section, we present the results of our numerical
 874 optimization method for other membrane configura-
 875 tions. Figures 24 and 25 show the superposition of
 876 several curves representing the variation of the area
 877 given by the ridge curves as a function of the linear
 878 stiffness of the membrane for different membrane con-
 879 figurations. In Fig. 24, the membranes have the same
 880 thickness $h_m = 0.22 \cdot 10^{-3}$ m and three different
 881 rays $R_m = 4 \cdot 10^{-2}$ m, $R_m = 5 \cdot 10^{-2}$ m and
 882 $R_m = 6 \cdot 10^{-2}$ m. Whereas in Fig. 25, the membranes
 883 have the same radius $R_m = 5 \cdot 10^{-2}$ m and different
 884 thicknesses $h_m = 0.22 \cdot 10^{-3}$ m, $h_m = 0.3 \cdot 10^{-3}$ m
 885 and $h_m = 0.4 \cdot 10^{-3}$ m. The dashed red line represents
 886 the boundary separating the monostable and bistable
 887 zones. In these figures, each area curve is associated
 888 with two vertical lines of the same color, representing
 889 the linear stiffness values at which the coupled natural
 890 frequency of the membrane becomes higher than that
 891 of the tube.

892 These two figures show that the variation of the area
 893 under the normalized ridge curve as a function of the
 894 membrane's linear stiffness exhibits the same pattern
 895 when using different membrane configurations. These
 896 results validate that the bistable minimum plateau is
 897 observed when the coupled natural frequency of the
 898 membrane becomes higher than that of the tube, and
 899 the monostable minimum plateau is observed when this
 900 frequency is lower than that of the tube.

901 The different curves show minimization plateaus at
 902 different area levels, widening unevenly over different
 903 linear stiffness ranges. In fact, as the radius of the mem-
 904 brane decreases, the minimization plateaus become
 905 wider, but corresponds to larger area values. So, for
 906 more effective attenuation with a membrane thickness
 907 of $h_m = 0.22 \cdot 10^{-3}$ m, it's better to use a membrane
 908 of radius $R_m = 6 \cdot 10^{-2}$ m with a pre-stress adjust-
 909 ment that corresponds, for the bistable membrane, to
 910 a linear stiffness value around $k_l = -0.14$ (which
 911 means buckling of $1.3 \cdot 10^{-2}$ m), and for the monos-
 912 table membrane to a value in the range $[-0.056, 0.01]$
 913 (where the membrane's coupled natural frequency can
 914 reach 82 Hz). Figure 25 shows that decreasing the mem-
 915 brane thickness improves the system attenuation in the
 916 zone of optimal behavior. As the membrane thickness
 917 decreases, the minimization plateaus narrow, while the
 918 area values become less important. So, for a membrane
 919 with radius $R_m = 5 \cdot 10^{-2}$ m, the optimum thickness

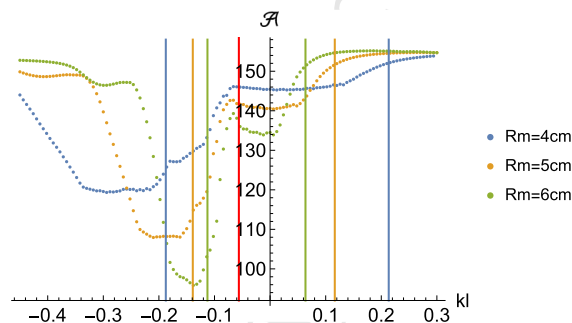


Fig. 24 Normalized ridge curve area for different membrane radii as a function of linear stiffness. Membrane thickness $h_m = 0.22 \cdot 10^{-3}$ m

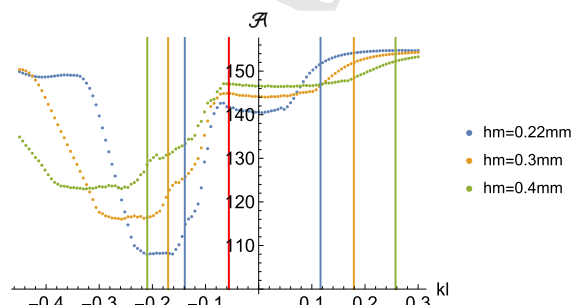


Fig. 25 Normalized ridge curve area for different membrane thicknesses as a function of linear stiffness. Membrane radius $R_m = 5 \cdot 10^{-2}$ m

920 among the three is $h_m = 0.22 \cdot 10^{-3}$ m with a pre-stress
 921 setting that corresponds, for the bistable membrane, to a
 922 linear stiffness value in the range $[-0.16, 0.22]$ (corre-
 923 sponding to a buckling range from $0.8 \cdot 10^{-2}$ to 10^{-2} m),
 924 and for the monostable membrane to a value in the
 925 range $[-0.056, 0.06]$ (where the membrane's coupled
 926 natural frequency can reach 64.8 Hz).

8 Conclusion

927 In this article, we demonstrate through a numerical
 928 approach that a solution based on a bistable membrane
 929 significantly improves the attenuation efficiency of
 930 NES membranes. We experimentally verify this result,
 931 despite the extremely simplified model describing the
 932 membrane. This method not only allows for comparing
 933 the performance of a bistable membrane with a monos-
 934 table one but also for finding the optimal behavior for
 935 each type. This optimal behavior extends over a wide
 936 range of linear stiffnesses. This study shows the robust-
 937 ness of NES membranes, which, in the monostable or
 938

bistable behavior zones, exhibit a wide range of optimal linear stiffnesses.

We describe a condition for getting the optimal behavior of the bistable NES: the natural frequency of the membrane must exceed that of the tube. In this case, the system presents two energy pumping zones in the excitation amplitude range. The pumping zone due to bistability is observed at low excitation amplitude, and characterized by a strongly modulated intrawell response. It is related to the softening nonlinearity of the bistable NES membrane which, when the natural frequency of the membrane is higher than that of the tube, induces a second resonance capture between the tube and the membrane.

By applying this numerical approach to six other membrane configurations, we confirm these results and show that increasing the radius of the membrane and decreasing its thickness can improve attenuation efficiency in the optimal linear stiffness range.

Acknowledgements The authors thank Tahar Fakhfakh and Mohamed Haddar from LA2MP, ENIS, Tunisia for their support.

Author contributions I.B. carried out most of the scientific work, under the supervision of R.C and P.-O. M. All authors contributed significantly to the manuscript. I.B. prepared the figures.

Funding The authors have not disclosed any funding.

Data availability Experimental data sets generated during the current study are available from the corresponding author on reasonable request.

Declarations

Conflict of interest The authors declare no conflict of interest.

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