

## APPENDIX 1

### **Full list of interventions included in the analysis**

1. The following interventions were within the scope of this guideline:

- Acupuncture with manual stimulation (conventional acupuncture, electroacupuncture)
- Diet (food and beverages)
- Water-based exercise
- Assistive devices
- Hydrotherapy
- Braces
- Chiropractic manipulation
- Cognitive behavioral therapy
- Dietary supplements (boswellia serrata formulations; curcuminoid formulations; vitamins; (omega-3/6) poly-unsaturated fatty acids; collagen products; methylsulfonylmethane; antioxidants; minerals; prebiotics; probiotics; etc)
- Dietary weight management (including bariatric surgery)
- Diets
- Electrical stimulation (TENS, Inferential current therapy)
- Electromagnetic therapy
- Ergonomics, occupational therapy
- Exercise
- Extracorporeal shockwave therapy
- Footwear

- Gait aid
- Insoles
- Joint mobilization
- Kinesiotaping
- Laser
- Manual therapy
- Massage therapy
- Mind-body practices
- Nerve block therapy
- Osteopathic manipulation
- Patient education
- Physical activity
- Pulsed vibration therapy
- Relaxation techniques
- Self-efficacy/self-management
- Sports
- Strengthening
- Thermal spa therapy
- Thermotherapy (local hot or cold application)
- Ultrasound
- Work modification

- Workplace accommodation

## 2. Systematic Literature Review

Randomized controlled trials (RCTs) were the preferred source of evidence. We used systematic reviews as an additional resource to identify relevant RCTs. In some instances, evidence from systematic reviews and meta-analyses was used as supplementary evidence if it provided data from RCTs and observational studies or observational study data alone that were particularly relevant.

## MeSH strategy + Entry terms for each working group (WG)

### 1. WG 1: Technical aids

("osteoarthritis, knee"[MeSH Terms] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "knee osteoarthritis"[All Fields] OR ("knee"[All Fields] AND "osteoarthritis"[All Fields])) AND ("foot orthoses"[MeSH Terms] OR ("foot"[All Fields] AND "orthoses"[All Fields]) OR "foot orthoses"[All Fields] OR ("foot"[All Fields] AND "orthosis"[All Fields]) OR "foot orthosis"[All Fields] OR ("crutches"[MeSH Terms] OR "crutches"[All Fields] OR "crutch"[All Fields]) OR ("canes"[MeSH Terms] OR "canes"[All Fields]) OR (("knee"[MeSH Terms] OR "knee"[All Fields] OR "knee joint"[MeSH Terms] OR ("knee"[All Fields] AND "joint"[All Fields]) OR "knee joint"[All Fields]) AND ("brace s"[All Fields] OR "braced"[All Fields] OR "braces"[MeSH Terms] OR "braces"[All Fields] OR "brace"[All Fields] OR "bracing"[All Fields])) OR (("knee"[MeSH Terms] OR "knee"[All Fields] OR "knee joint"[MeSH Terms] OR ("knee"[All Fields] AND "joint"[All Fields]) OR "knee joint"[All Fields]) AND ("brace s"[All Fields] OR "braced"[All Fields] OR "braces"[MeSH Terms] OR "braces"[All Fields] OR "brace"[All Fields] OR "bracing"[All Fields])) OR "orthoti\*\*"[All Fields] OR ("orthotic devices"[MeSH Terms] OR ("orthotic"[All Fields] AND "devices"[All Fields]) OR "orthotic devices"[All Fields] OR "parapodium"[All Fields]) OR (("knee"[MeSH Terms] OR "knee"[All Fields] OR "knee joint"[MeSH Terms] OR ("knee"[All Fields] AND "joint"[All Fields]) OR "knee joint"[All Fields]) AND ("orthotic devices"[MeSH Terms] OR ("orthotic"[All Fields] AND "devices"[All Fields]) OR "orthotic devices"[All Fields] OR "orthoses"[All Fields])) OR ("athletic tape"[MeSH Terms] OR ("athletic"[All Fields] AND "tape"[All Fields]) OR "athletic tape"[All Fields]) OR ("orthotic devices"[MeSH Terms] OR ("orthotic"[All Fields] AND "devices"[All Fields]) OR "orthotic devices"[All Fields]))

### 2. WG 2: Physical therapies

("sport s"[All Fields] OR "sports"[MeSH Terms] OR "sports"[All Fields] OR "sport"[All Fields] OR "sporting"[All Fields] OR "osteopathy"[Title/Abstract] OR ("physical therapy modalities"[MeSH Terms] OR ("physical"[All Fields] AND "therapy"[All Fields] AND "modalities"[All Fields]) OR "physical therapy modalities"[All Fields]) OR ("manipulability"[All Fields] OR "manipulable"[All Fields] OR "manipulate"[All Fields] OR "manipulated"[All Fields] OR "manipulates"[All Fields] OR "manipulating"[All Fields] OR "manipulation"[All Fields] OR "manipulations"[All Fields] OR "manipulator"[All Fields] OR "manipulator s"[All Fields] OR "manipulators"[All Fields]) OR ("mobilisation"[All Fields] OR "mobilisations"[All Fields] OR "mobilise"[All Fields] OR "mobilised"[All Fields] OR "mobiliser"[All Fields] OR "mobilisers"[All Fields] OR "mobilises"[All Fields] OR "mobilising"[All Fields] OR "mobilization"[All Fields] OR "mobilizations"[All Fields] OR "mobilize"[All Fields] OR "mobilized"[All Fields] OR "mobilizer"[All Fields] OR "mobilizers"[All Fields] OR "mobilizes"[All Fields] OR "mobilizing"[All Fields]) OR ("massage"[MeSH Terms] OR "massage"[All Fields] OR ("massage"[All Fields] AND "therapy"[All Fields]) OR "massage therapy"[All Fields]) OR ("massage"[MeSH Terms] OR "massage"[All Fields] OR "massages"[All Fields] OR "massaged"[All Fields] OR "massager"[All Fields] OR "massagers"[All Fields] OR "massaging"[All Fields]) OR ("exercise"[MeSH Terms] OR "exercise"[All Fields] OR ("physical"[All Fields] AND "activity"[All Fields]) OR "physical activity"[All Fields])) AND ("osteoarthritis, knee"[MeSH Terms] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "knee osteoarthritis"[All Fields] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "osteoarthritis knee"[All Fields]))

### 3. WG 3: Topical treatments

("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthritides"[All Fields] OR ("osteoarthritis, knee"[MeSH Terms] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "knee osteoarthritis"[All Fields] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "osteoarthritis knee"[All Fields]) OR ("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthritides"[All Fields]) OR ("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthrosis"[All Fields]) OR ("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthrosis"[All Fields]) OR ("osteoarthritis, knee"[MeSH Terms] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "knee osteoarthritis"[All Fields] OR "gonarthrosis"[All Fields])) AND (((HEAT TREATMENT\*[TIAB] OR THERMAL THERAP\*[TIAB]) OR ("DIATHERMY"[MESH] OR DIATHERM\*[TIAB]) OR ((HYPERTHERMIC THERAP\*[TIAB]) OR (HEAT THERAP\*[TIAB]) OR (THERAPEUTIC HEAT[TIAB]) OR (((HEAT APPLICATION\*[TIAB]) OR ("HYPERTHERMIA, INDUCED"[MESH] OR THERMOTHERAP\*[TW]) OR ((LOCAL HEAT[TIAB]) OR ("HOT TEMPERATURE/THERAPEUTIC USE"[MESH] OR (HOT PACK\*)))) OR (HEATING PAD\*[TIAB]))) OR (DIATHERAP\*[TIAB] OR DIATHERMIA[TIAB] OR INDUCTOTHERMY[TIAB])) OR ((COLD BATH\*[TIAB] OR CRYOGENIC THERAP\*[TIAB] OR CRYOTHERM\*[TIAB] OR CRYO-TREATMENT\*[TIAB] OR CRYOTREATMENT\*[TIAB]) OR (COOLING THERAP\*[TIAB]) OR ((COLD TREATMENT\*[TIAB] OR THERAPEUTIC COOLING[TIAB]) OR ((CRYOTHERAPY"[MESH] OR CRYOTHERAP\*[TIAB] OR COLD THERAP\*[TIAB] OR HYPOTHERM\*[TW]) OR (ICE THERAP\*[TIAB] OR ICE PACK\*[TIAB])))"Hyperthermia", Induced "[All Fields])) OR ((("TRANSCUTANEOUS ELECTRIC NERVE STIMULATION"[MESH] OR TRANSCUTANEOUS ELECTRIC NERVE STIMULATION[TIAB] OR TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION[TIAB] OR ELECTROSTIMULATION\*[TIAB] OR ELECTROANALGESIA[TIAB]) OR (PERCUTANEOUS ELECTRIC NERVE STIMULATION\*[TIAB] OR TENS[TIAB] OR TRANSCUTANEOUS ELECTRICAL STIMULATION\*[TIAB] OR TRANSDERMAL ELECTROSTIMULATION\*[TIAB] OR PERCUTANEOUS ELECTRICAL NERVE STIMULATION\*[TIAB] OR TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION\*[TIAB] OR TRANSCUTANEOUS ELECTRIC STIMULATION\*[TIAB] OR TRANSCUTANEOUS NERVE STIMULATION\*[TIAB] OR ANALGESIC CUTANEOUS ELECTROSTIMULATION\*[TIAB] OR ELECTROANALGESIA\*[TIAB] OR TRANSCUTANEOUS ELECTRIC NERVE STIMULATION[TIAB] OR TRANSCUTANEOUS ELECTROSTIMULATION[TIAB])) OR ((("PULSED RADIOFREQUENCY TREATMENT"[MESH] OR PULSED RADIOFREQUENCY TREATMENT\*[TIAB] OR PULSED RADIO FREQUENCY TREATMENT\*[TIAB]) OR ("ELECTRIC STIMULATION THERAPY"[MESH] OR ELECTROTHERAP\*[TIAB] OR ELECTRIC STIMULATION\*[TIAB] OR ELECTRICAL STIMULATION\*[TIAB]) OR ((WHOLE BODY VIBRATION\*[TIAB]) OR (WBV[TIAB]) OR (VIBRATION TRAINING[TIAB]) OR ((("VIBRATION/THERAPEUTIC USE"[MESH] OR (ELECTROPHYSICAL THERAP\*[TIAB]) OR (PULSED VIBRATION THERAP\*[TIAB])))) OR ((("ACUPUNCTURE THERAPY"[MESH] OR ("ACUPUNCTURE"[MESH] OR ACUPUNCTURE\*[TIAB] OR PHARMACOPUNCTURE\*[TIAB])) OR ((("MAGNETIC FIELD THERAPY "[MESH] OR ((("SHORT WAVE THERAPY"[MESH] OR ((("ELECTROMAGNETIC RADIATION"[MESH] OR ((("ULTRASONIC THERAPY "[MESH] OR ((("ULTRA SOUND "[MESH] OR ((("HIGH INTENSITY ULTRA SOUND "[MESH] OR ((("LASER THERAPY"[MESH] OR ((("NERVE BLOCK "[MESH] OR ((("AUTONOMIC NERVE BLOCK"[MESH]

### 4. WG 4: Education

("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthritides"[All Fields] OR ("osteoarthritis, knee"[MeSH Terms] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "knee osteoarthritis"[All Fields] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "osteoarthritis knee"[All Fields]) OR ("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthritides"[All Fields]) OR ("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthrosis"[All Fields]) OR ("osteoarthritis"[MeSH Terms] OR "osteoarthritis"[All Fields] OR "osteoarthrosis"[All Fields]) OR ("osteoarthritis, knee"[MeSH Terms] OR ("osteoarthritis"[All Fields] AND "knee"[All Fields]) OR "knee osteoarthritis"[All Fields] OR "gonarthrosis"[All Fields])) AND ("self management"[MeSH Terms] OR "self management"[All Fields] OR ("self"[All Fields] AND "management"[All Fields]) OR "self management"[All Fields] OR ("self efficacy"[MeSH Terms] OR ("self"[All Fields] AND "efficacy"[All Fields]) OR "self efficacy"[All Fields]) OR ("self care"[MeSH Terms] OR ("self"[All Fields] AND "care"[All Fields]) OR "self care"[All Fields]) OR ("patient education handout"[Publication Type] OR "patient education as topic"[MeSH Terms] OR "patient education"[All Fields]) OR (("therapeutical"[All Fields] OR "therapeutically"[All Fields] OR "therapeuticals"[All Fields] OR "therapeutics"[MeSH Terms] OR "therapeutics"[All Fields] OR "therapeutic"[All Fields]) AND ("educability"[All Fields] OR "educable"[All Fields] OR "educates"[All Fields] OR "education"[MeSH Subheading] OR "education"[All Fields] OR "educational status"[MeSH Terms] OR ("educational"[All Fields] AND "status"[All Fields]) OR "educational status"[All Fields] OR "education"[MeSH Terms] OR "education s"[All Fields] OR "educational"[All Fields] OR "educative"[All Fields] OR "educator"[All Fields] OR "educator s"[All Fields] OR "educators"[All Fields] OR "teaching"[MeSH Terms] OR "teaching"[All Fields] OR "educate"[All Fields] OR "educated"[All Fields] OR "educating"[All Fields] OR "educations"[All Fields])) OR ("empowerment"[MeSH Terms] OR "empowerment"[All Fields] OR "empowerments"[All Fields]) OR ("patient participation"[MeSH Terms] OR ("patient"[All Fields] AND "participation"[All Fields]) OR "patient participation"[All Fields]) OR ("cognitive behavioral therapy"[MeSH Terms] OR ("cognitive"[All Fields] AND "behavioral"[All Fields] AND "therapy"[All Fields]) OR "cognitive behavioral therapy"[All Fields]) OR ("cognitive behavioral therapy"[MeSH Terms] OR ("cognitive"[All Fields] AND "behavioral"[All Fields] AND "therapy"[All Fields]) OR "cognitive behavioral therapy"[All Fields] OR ("cognition"[All Fields] AND "therapy"[All Fields]) OR "cognition therapy"[All Fields]) OR ("cognitive behavioral therapy"[MeSH Terms] OR ("cognitive"[All Fields] AND "behavioral"[All Fields] AND "therapy"[All Fields]) OR "cognitive behavioral therapy"[All Fields] OR ("cognitive"[All Fields] AND "psychotherapies"[All Fields]) OR "cognitive psychotherapies"[All Fields]) OR ("mind s"[All Fields] OR "minded"[All Fields] OR "mindful"[All Fields] OR "mindfulness"[MeSH Terms] OR "mindfulness"[All Fields] OR "minding"[All Fields] OR "minds"[All Fields]) OR ("spa"[All Fields] AND ("therapeutics"[MeSH Terms] OR "therapeutics"[All Fields] OR "therapies"[All Fields] OR "therapy"[MeSH Subheading] OR "therapy"[All Fields] OR "therapy s"[All Fields] OR "therapys"[All Fields])) OR ("hydrotherapy"[MeSH Terms] OR "hydrotherapy"[All Fields] OR "hydrotherapies"[All Fields]) OR ("hydrotherapy"[MeSH Terms] OR "hydrotherapy"[All Fields] OR ("whirlpool"[All Fields] AND "bath"[All Fields]) OR "whirlpool bath"[All Fields]) OR ("balneology"[MeSH Terms] OR "balneology"[All Fields]) OR ("balneology"[MeSH Terms] OR "balneology"[All Fields] OR "balneotherapy"[All Fields]) OR (("mineral waters"[MeSH Terms] OR ("mineral"[All Fields] AND "waters"[All Fields]) OR "mineral waters"[All Fields] OR ("mineral"[All Fields] AND "water"[All Fields]) OR "mineral water"[All Fields] AND ("baths"[MeSH Terms] OR "baths"[All Fields] OR "bath"[All Fields])) OR ("mud therapy"[MeSH Terms] OR ("mud"[All Fields] AND "therapy"[All Fields]) OR "mud therapy"[All Fields]) OR ("seawater"[MeSH Terms] OR "seawater"[All Fields] OR ("sea"[All Fields] AND "water"[All Fields]) OR "sea water"[All Fields]) OR ("seaweed"[MeSH Terms] OR "seaweed"[All Fields] OR "seaweeds"[All Fields]) OR ("occupational therapy"[MeSH Terms] OR ("occupational"[All Fields] AND "therapy"[All Fields]) OR "occupational therapy"[All Fields] OR ("occupational"[All Fields] AND "therapies"[All Fields]) OR "occupational therapies"[All Fields]) OR ("ergonomical"[All Fields] OR "ergonomically"[All Fields] OR "ergonomics"[MeSH Terms] OR "ergonomics"[All Fields] OR "ergonomic"[All Fields]))

## 5. WG 5: Nutrition

((osteoarthritis, knee[MeSH Terms]) OR (Knee Osteoarthritides[All Fields]) OR (Knee Osteoarthritis[All Fields]) OR (Osteoarthritis of Knee[All Fields]) OR (Gonarthrosis[All Fields])) AND ((vitamins[MeSH Terms]) OR (vitamin[All Fields]) OR (Vitamins [Pharmacological Action]) OR (Vitamin A[MeSH Terms]) OR (Aquasol A[All Fields]) OR (Retinol[All Fields]) OR (3,7-dimethyl-9-(2,6,6-trimethyl-1-cyclohexen-1-yl)-2,4,6,8-nonatetraen-1-ol, (all-E)-Isomer[All Fields]) OR (All-Trans-Retinol[All Fields]) OR (All Trans Retinol[All Fields]) OR (Vitamin A1[All Fields]) OR (11-cis-Retinol[All Fields]) OR (Vitamin D[MeSH Terms]) OR (Tocopherol[MeSH Terms]) OR (Tocovital[All Fields]) OR (Uno-Vit[All Fields]) OR (Uno Vit[All Fields]) OR (UnoVit[All Fields]) OR (Vita-Plus E[All Fields]) OR (Vita Plus E[All Fields]) OR (VitaPlus E[All Fields]) OR (Vitagutt Vitamin E[All Fields]) OR (Vitamin E, Vitagutt[All Fields]) OR (Vitamin E AL[All Fields]) OR (Vitamin E Natur[All Fields]) OR (Vitamin E Sanum[All Fields]) OR (Vitamin E Suspension[All Fields]) OR (Vitamin-E Dragees[All Fields]) OR (Vitamin E Dragees[All Fields]) OR (Vitamin-E EVI-MIRALE[All Fields]) OR (Vitamin E EVI MIRALE[All Fields]) OR (VitaminE EVIMIRALE[All Fields]) OR (Vitamine E GNR[All Fields]) OR (Vitazell[All Fields]) OR (Detulin[All Fields]) OR (E Vitamin E[All Fields]) OR (Vitamin E-mp[All Fields]) OR (Vitamin E mp[All Fields]) OR (Vitamin Emp[All Fields]) OR (E-ferol[All Fields]) OR (E-Mulsin[All Fields]) OR (E Mulsin[All Fields]) OR (E-Vicotrat[All Fields]) OR (E Vicotrat[All Fields]) OR (E-Vitamin-Ratiopharm[All Fields]) OR (Ecoro[All Fields]) OR (Elex Verla[All Fields]) OR (Embial[All Fields]) OR (Evion[All Fields]) OR (Ephynal[All Fields]) OR (Eplonat[All Fields]) OR (Equivit E[All Fields]) OR (EUNOVA Vitamin E[All Fields]) OR (Antioxidans E-Hevert[All Fields]) OR (Eusovit[All Fields]) OR (Hydrovit E[All Fields]) OR (Micorvit E[All Fields]) OR (Malton E[All Fields]) OR (Mowivit Vitamin E[All Fields]) OR (Vitamin E, Mowivit[All Fields]) OR (Puncto E[All Fields]) OR (Richtavit E[All Fields]) OR (Sanavitan S[All Fields]) OR (Snow-E Muscle, Energy and Ferility[All Fields]) OR (Dal-E[All Fields]) OR (Dal E[All Fields]) OR (Abortosan[All Fields]) OR (Aquasol E[All Fields]) OR (Auxina E[All Fields]) OR (Bio E[All Fields]) OR (Biopto-E[All Fields]) OR (Biosan[All Fields]) OR (Lasar[All Fields]) OR (Bioweyxin[All Fields]) OR (Davitamon[All Fields]) OR (Dermorelle[All Fields]) OR (Spondyvit[All Fields]) OR (Tocolion[All Fields]) OR (Tocopa[All Fields]) OR (Tocopharm[All Fields]) OR (Vibolex[All Fields]) OR (Vit E hydrosol[All Fields]) OR (Vit. E Stada[All Fields]) OR (Vita-E[All Fields]) OR (Vita E[All Fields]) OR (VitaE[All Fields]) OR (Tocopherol Bayer[All Fields]) OR (Togasan Vitamin E[All Fields]) OR (Vitamin E, Togasan[All Fields]) OR (Unique E[All Fields]) OR (Vitamin K[MeSH Terms]) OR (Acid, Ascorbic[MeSH Terms]) OR (L-Ascorbic Acid[All Fields]) OR (Acid, L-Ascorbic[All Fields]) OR (L Ascorbic Acid[All Fields]) OR (Vitamin C[All Fields]) OR (Hybrin[All Fields]) OR (Magnorbin[All Fields]) OR (Sodium Ascorbate[All Fields]) OR (Ascorbate, Sodium[All Fields]) OR (Ascorbic Acid, Monosodium Salt[All Fields]) OR (Ferrous Ascorbate[All Fields]) OR (Ascorbate, Ferrous[All Fields]) OR (Magnesium Ascorbate[All Fields]) OR (Ascorbate, Magnesium[All Fields]) OR (Magnesium di-L-Ascorbate[All Fields]) OR (Magnesium di L Ascorbate[All Fields]) OR (di-L-Ascorbate, Magnesium[All Fields]) OR (Magnesium Ascorbicum[All Fields]) OR (Antioxidants[MeSH Terms]) OR (Anti-Oxidants[All Fields]) OR (Anti Oxidants[All Fields]) OR (Antioxidant[All Fields]) OR (Anti-Oxidant[All Fields]) OR (Anti Oxidant[All Fields]) OR (Antioxidant Activity[All Fields]) OR (Activity, Antioxidant[All Fields]) OR (Antioxidant Effect[All Fields]) OR (Anti-Oxidant Effect[All Fields]) OR (Anti Oxidant Effect[All Fields]) OR (Anti-Oxidant Effects[All Fields]) OR (Anti Oxidant Effects[All Fields]) OR (Antioxidant Effects[All Fields]) OR (Inorganic Chemicals[MeSH Terms]) OR (Chemicals, Inorganic[All Fields]) OR (Trace Elements[MeSH Terms]) OR (Trace Element[All Fields]) OR (Element, Trace[All Fields]) OR (Elements, Trace[All Fields]) OR (Biometals[All Fields]) OR (Biometal[All Fields]) OR (Trace Minerals[All Fields]) OR (Mineral, Trace[All Fields]) OR (Minerals, Trace[All Fields]) OR (Trace Mineral[All Fields]) OR (Dietary Supplements[MeSH Terms]) OR (Dietary Supplement[All Fields]) OR (Supplements, Dietary[All Fields]) OR (Dietary

Supplementations[All Fields]) OR (Supplementations, Dietary[All Fields]) OR (Food Supplementations[All Fields]) OR (Food Supplements[All Fields]) OR (Food Supplement[All Fields]) OR (Supplement, Food[All Fields]) OR (Supplements, Food[All Fields]) OR (Nutraceuticals[All Fields]) OR (Nutraceutical[All Fields]) OR (Nutriceuticals[All Fields]) OR (Nutriceutical[All Fields]) OR (Neutraceuticals[All Fields]) OR (Neutraceutical[All Fields]) OR (Herbal Supplements[All Fields]) OR (Herbal Supplement[All Fields]) OR (Supplement, Herbal[All Fields]) OR (Supplements, Herbal[All Fields]) OR (nutrition therapy[MeSH Terms]) OR (Therapy, Nutrition[All Fields]) OR (Medical Nutrition Therapy[All Fields]) OR (Nutrition Therapy, Medical[All Fields]) OR (Therapy, Medical Nutrition[All Fields]) OR (Diet, Mediterranean[MeSH Terms]) OR (Mediterranean Diet[All Fields]) OR (Diets, Mediterranean[All Fields]) OR (Mediterranean Diets[All Fields]) OR (Body Weight[MeSH Terms]) OR (Body Weights[All Fields]) OR (Weight, Body[All Fields]) OR (Weights, Body[All Fields]) OR (Food and Beverages[MeSH Terms]) OR (Beverages and Food[All Fields]) OR (Food And Beverage[All Fields]) OR (And Beverage, Food[All Fields]) OR (And Beverages, Food[All Fields]) OR (Beverage, Food And[All Fields]) OR (Beverages, Food And[All Fields]) OR (Diet, Food and Nutrition[MeSH Terms]) OR (“Diet”[All Fields] AND “Nutrition”[All Fields] AND “Food”[All Fields]) OR (Food, Organic[MeSH Terms]) OR (Foods, Organic[All Fields]) OR (Organic Foods[All Fields]) OR (Organic Food[All Fields]) OR (“Organic”[All Fields] AND “Foods”[All Fields]) OR (“Organic”[All Fields] AND “Food”[All Fields]) OR (Organic Produce[All Fields]) OR (Produce, Organic[All Fields]) OR (“Organic”[All Fields] AND “Produce”[All Fields]) OR (Fats[MeSH Terms]) OR (Fatty Acids[MeSH Terms]) OR (Fatty Acid[All Fields]) OR (Fatty Acids, Esterified[All Fields]) OR (Esterified Fatty Acids[All Fields]) OR (Esterified Fatty Acid[All Fields]) OR (Acid, Esterified Fatty[All Fields]) OR (Fatty Acid, Esterified[All Fields]) OR (Fatty Acids, Saturated[All Fields]) OR (Saturated Fatty Acids[All Fields]) OR (Saturated Fatty Acid[All Fields]) OR (Acid, Saturated Fatty[All Fields]) OR (Fatty Acid, Saturated[All Fields]) OR (Aliphatic Acids[All Fields]) OR (Aliphatic Acid[All Fields]) OR (Acid, Aliphatic[All Fields]) OR (Plants[MeSH Terms]) OR (Plant[All Fields]) OR (Plant Extracts[MeSH Terms]) OR (Extracts, Plant[All Fields]) OR (Plant Extract[All Fields]) OR (Extract, Plant[All Fields]) OR (Curcumin[MeSH Terms]) OR (Ginger[MeSH Terms]) OR (Bariatric Surgery[MeSH Terms]) OR (Surgeries, Bariatric [All Fields]) OR (Surgery, Bariatric [All Fields]) OR (Metabolic Surgery[All Fields]) OR (Metabolic Surgeries[All Fields]) OR (Surgeries, Metabolic[All Fields]) OR (Surgery, Metabolic[All Fields]) OR (Bariatric Surgical Procedures[All Fields]) OR (Bariatric Surgical Procedure[All Fields]) OR (Procedure, Bariatric Surgical[All Fields]) OR (Procedures, Bariatric Surgical[All Fields]) OR (Surgical Procedure, Bariatric[All Fields]) OR (Surgical Procedures, Bariatric[All Fields]) OR (Bariatric Surgeries[All Fields]) OR (Stomach Stapling[All Fields]) OR (Stapling, Stomach[All Fields]) OR (Nutrition Disorders[MeSH Terms]) OR (Nutrition Disorder[All Fields]) OR (Nutritional Disorders[All Fields]) OR (Nutritional Disorder[All Fields]) OR (Diet Surveys[MeSH Terms]) OR (Diet Survey[All Fields]) OR (Survey, Diet[All Fields]) OR (Surveys, Diet[All Fields]))