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Aurélie Jourdes, Elise Cellerin, Cyrille Touzeau, Stéphanie Harel, Blandine Denis, et al.. Characteristics and incidence of infections in patients with multiple myeloma treated by bispecific antibodies: a national retrospective study. Clinical Microbiology and Infection, 2024, 30 (6), pp.764-771. 10.1016/j.cmi.2024.02.023 . hal-04916309

HAL Id: hal-04916309 https://hal.science/hal-04916309v1

Submitted on 28 Jan 2025 $\,$

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Contents lists available at ScienceDirect

Clinical Microbiology and Infection



journal homepage: www.clinicalmicrobiologyandinfection.com

Original article

Characteristics and incidence of infections in patients with multiple myeloma treated by bispecific antibodies: a national retrospective study

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https://doi.org/10.1016/j.cmi.2024.02.023

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ARTICLE INFO

Article history: Received 21 November 2023 Received in revised form 10 February 2024 Accepted 27 February 2024 Available online 1 March 2024

Editor: C. Roy

Keywords: Adverse event Bispecific antibodies Epidemiology Infections Multicentric Multiple myeloma Retrospective

ABSTRACT

Objectives: Bispecific antibodies (BsAbs) are an effective treatment used in relapsed or refractory multiple myeloma. Despite a well-tolerated safety profile, infectious events appear to be frequent in clinical trials. Real-world data on epidemiology, characteristics, risk factors, and outcomes of infections in patients treated with BsAb are still needed.

Methods: A retrospective, multicentre study in BsAb-treated patients with multiple myeloma was performed in 14 French centres from December 2020 to February 2023. The primary objective was to describe the incidence of infections that required hospitalization, specific treatment, or adaptation in BsAb administration.

Results: Among 229 patients with multiple myeloma treated with BsAb, 153 (67%) received teclistamab, 47 (20%) received elranatamab, and 29 (13%) talquetamab. We reported a total of 234 infections, including 123 (53%) of grade of \geq 3. Predominant infections affected the respiratory tract (*n* = 116, 50%) followed by bacteraemias (*n* = 36, 15%). The hospitalization rate was 56% (*n* = 131), and 20 (9%) infections resulted in death. Global cumulative incidence of the first infection was 70% in all patients, 73% in patients treated with B-cell maturation antigen-targeting, and 51% with GPRC5D-targeting BsAb. In univariate analyses, corticosteroids for cytokine release syndrome (CRS)/immune effector cell-associated neurotoxicity syndrome (ICANS) were associated with a higher risk of first infection (HR = 2.13; 95% CI, 1.38–3.28), whereas GPRC5D-targeting BsAb and anti-bacterial prophylaxis were associated with a lower risk (HR = 0.53; 95% CI, 0.3–0.94 and HR = 0.65; 95% CI, 0.46–0.9). Fine and Gray multivariate model found that only corticosteroids for CRS/ICANS were correlated with a higher risk of first infection (HR = 2.01; 95% CI, 1.27–3.19).

Discussions: The implementation of preventive measures that aim to mitigate the risk of infection under BsAb is pivotal, notably in patients who received corticosteroids for CRS/ICANS. **Aurélie Jourdes, Clin Microbiol Infect 2024;30:764**

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Introduction

Outcomes of multiple myeloma (MM) have improved significantly since the advent of proteasome inhibitors (PIs), immunomodulatory agents (IMiDs), and anti-CD38 monoclonal antibodies [1]. However, MM remains incurable, and patients relapse and/or become refractory [2]. Immunotherapeutic approaches have been developed to harness the patient's immune system to eliminate the malignant plasma cells. These developments include chimeric antigen receptor (CAR)-T cell therapy, antibody–drug conjugates (ADC), and, more recently, bispecific antibodies (BsAb) [3].

Bispecific antibodies bind a target on the malignant plasma cells and on T-cells, which form an immunologic synapse and subsequent T-cell activation and tumour cell lysis [4]. The main BsAb used in MM targets the B-cell maturation antigen (BCMA), such as teclistamab and elranatamab, or the G-protein coupled receptor family C group 5 member D (GPRC5D) for talquetamab [5]. The BsAbs are increasingly used in relapsed or refractory MM (RR-MM) with promising results [6-8]. Several trials have highlighted BsAbassociated adverse events, such as cytokine release syndrome (CRS), cytopaenia, hypogammaglobulinaemia, and infections [6-8]. A higher risk of severe infections and infection-related deaths was also reported in clinical trials [6-11]. Reported incidences of allgrade infections are 46% to 76%, of which 7% to 45% are grade 3 to 4 events [9,11,12]. Few real-world studies have been performed with only monocentric case-series [10,13] and a small-scale multicentric study [14].

Thus, we performed a real-world multicentre national study to describe characteristics of infections affecting the management of

patients treated with BCMA-targeting or GPRC5D-targeting BsAb and identify their risk factors.

Methods

Type of study and data sources

We performed a multicentre retrospective study in France through the Groupe Infection et Immunodépression network of the Société de pathologie infectieuse de langue française and the Intergroupe Francophone du Myélome network. Patients were identified in each participating centre. Clinical and biological data were extracted from electronic health records and collected on a standardized case report form.

Patients and events definitions

All patients with MM who received BsAb therapy between 1 December 2020 and 1 February 2023, were included. We reported infections occurring after the complete priming dose and up to 3 months after the interruption of treatment, whether there was a new therapeutic line or not. Infections were categorized as microbiologically-defined (MDI), clinically-defined (CDI), or fever of unknown focus (FUF) and severity graded according to published criteria [15,16]. The MDI was defined as a laboratoryisolated pathogen with a compatible clinical syndrome, CDI was defined by a compatible clinical syndrome without an isolated pathogen, and FUF was defined as the presence of fever and the absence of compatible microbiology or focal symptoms [15]. We



Fig. 1. Main characteristics of infections. (A) Flow diagram showing the study design and main groups of included patients. (B) Violin plots and dot plots depicting the time from bispecific antibody treatment to infections according to the number of successive infections. Each dot represents an infection, dotted gray lines connect two infections from the same patient. Median time to infection with the corresponding interquartile range are reported in the upper part of the plot. (C) Alluvial plot describing the successive infectious

only considered infections graded according to CTCAE (Common terminology criteria for adverse events) v5.0 [16] affecting the management of the patient because they required hospitalization, specific treatment or adaptation in BsAb administration (then called infection impacting patient management): grade 1 mild or asymptomatic infections which required no intervention but delayed the administration of the BsAb, grade 2 moderate infections which required minimal. local or noninvasive intervention; grade 3 severe or medically significant infections which required hospitalization or invasive intervention; grade 4 lifethreatening infections; and grade 5 infections which contributed to death [16]. CRS, inducing fever and sometimes leading to hypotension or oxygen desaturation, and immune effector cellassociated neurotoxicity syndrome (ICANS) were defined according to published criteria [17]. Hypogammaglobulinaemia was assessed by subtracting out the monoclonal Ig and defined as Ig < 400 mg/dL. Patients with MM refractory to IMiDs, PIs, and antiCD38 monoclonal Abs, were referred to as triple-class refractory.

Ethical approval

The study was performed in accordance with Good Clinical Practice and the Declaration of Helsinki, approved by the ethical committee review board of the Société de pathologie infectieuse de langue française (n°IRB00011642) and covered by the MR-004 reference methodology (RnIPH 2023-47). In accordance with French law on ethics, patients were informed that their codified data would be used for the study. Patient's non-opposition to the use of the data and to publication was collected. All clinical data were recorded anonymously.

Statistical analysis

The primary objective was to describe the occurrence of all infections affecting patient management and detail the infections' characteristics. Secondary objectives were to describe cumulative incidences and identify variables associated with the occurrence of first infection. Continuous variables were reported with median and interquartile range (IQR) and categorical variables with number of patients and frequencies. Considering that variable distribution would unlikely fit a Gaussian distribution, nonparametric Mann-Whitney-Wilcoxon or Kruskall-Wallis tests were performed to compare continuous variables between two and three or more groups, respectively. Categorical variables were compared with Fisher exact test or χ^2 if appropriate. Infectious events were studied as time-dependent variables with the Fine and Gray model with death as a competing risk event. Exploratory univariate analyses were used to identify variables associated with infectious events. Then multivariate models were used to adjust computed hazard ratio (HR) and 95% CI. A p value of <0.05 was considered statistically significant. Data analyses were computed in an R environment built with Guix to allow transparency and reproducibility [18].

Data and code sharing

According to Findability, Accessibility, Interoperability, and Reuse principles all anonymized data and source code of analyses are provided in the following public repository: https://gitlab.com/ nivall/mbispid, long term preserved on Software Heritage (https://archive.softwareheritage.org/swh:1:dir:71e0b5b3335a04a43a22f3 533068270dc85a6908).

Results

Patients' characteristics

We identified 229 patients treated with BsAb in 14 centres with a median follow-up of 7 months (IQR: 4–12, Fig. 1[A]). Two hundred patients (87%) received BCMA-targeting BsAb (teclistamab [n = 153] or elranatamab [n = 47]) and 29 (13%) received GPRC5D-targeting BsAb (talquetamab). The main baseline characteristics of the patients are presented in Table 1. At the end of follow-up, 74 patients (32%) had died.

Characteristics of infections impacting patient management

Among the 229 patients, 142 (62%) presented at least one infection affecting patient management with a median time from BsAb initiation of 49 days (IQR: 17–112) and a median number of infections per patient of 1.0 (range 1–7). A total of 234 infections affecting patient management occurred during the study period (Fig. 1[B] and [c]), of which 165 (71%) were MDI, 62 (26%) were CDI and 7 (3%) were FUF. The predominant localization was the respiratory tract (n = 116/234, 50%) followed by disseminated infections (n = 52/234, 22%) mainly through bacteraemias (n = 36, 15%) (Table 2).

One hundred and thirty-three (61%) infections occurred in patients with hypogammaglobulinaemia <400 mg/dL at the time of infection and 50 (21%) in patients under immunoglobulin substitution. Prophylaxis received by patients at time of infection is described in the Table S1.

Hospital admission was required in 131 (56%) infectious events with a median length stay of 10 days (range: 1–111). Intensive care unit (ICU) admission was required in 30 (13%) episodes. There was a total of 20 (9%) deaths attributed to infection. One hundred and twenty-three (53%) infections were grade 3 or higher (Fig. 1[D], [E], and [f]). All grade 4–5 or requiring ICU admission infections involved patients undergoing BCMA-targeting BsAb. Among the 234 infectious events, 103 (44%) had an effect on the course of MM treatment with discontinuation in 31 cases (13%), \geq 14 days delayed administration in 70 cases (30%) and spacing or dose reduction in 2 cases (1%). Characteristics of first infections occurring in patients treated with corticosteroids for CRS/ICANS, and of patients admitted in ICU, are presented in the Tables S2 and S3, respectively.

Cumulative incidence and variables associated with first infections impacting patient management

Global cumulative incidence of first infection was 70% (30-days: 22.8%, 90-days: 43.1%, and 180-days: 55.5%), 73% (30-days: 23.7%, 90-days: 45.9%, and 180-days: 59.3%) in patients treated with BCMA-targeting BsAb and 51% (30-days: 17.2%, 90-days: 24.1%, and 180-days: 31%) with GPR5CD-targeting BsAb (Fig. 2[A] and [B], Fig. S1).

Exploratory univariate analyses with Fine and Gray models with death before first infection as competing risk event revealed that corticosteroids treatment to manage CRS or ICANS was associated with a higher risk of first infection (HR = 2.13; 95% CI, 1.38-3.28),

events according to the pathogen documentation. (D) Stacked bar plot reporting the number of infections according to the type of pathogen. Plots are coloured according to the grade of the recorded event. (E) Stacked bar plot describing the frequency of each type of pathogen according to the grade of the infection. (F) Stacked bar plot illustrating the number of infections according to the identified site of infection. Systemic included bacteraemia, viraemia, fungaemia and infections affecting multiple organs. Plots are coloured according to the grade of the recorded event.

Table 1

Characteristics of the 229 MM patients on BsAb therapy

Variables	Total (<i>n</i> = 229)	BCMA-targeting BsAbs ^a ($n = 200$)	GPRC5D-targeting BsAb ^b ($n = 29$)
Age (y), median (range)	67 (38–85)	67 (38–85)	66 (49–83)
Women, n (%)	112 (49)	92 (46)	20 (69)
Immunochemical subtype, n (%)			
IgG	121/227 (53)	109/198 (55)	12/29 (41)
IgA	51/227 (22)	49/198 (25)	2/29 (7)
IgD	1/227 (1)	1/198 (1)	0/29 (0)
Light chain	54/227 (24)	39/198 (20)	15/29 (52)
Median prior lines of therapy ^c , $(n = 225)$	4.0 (0-15)	4.0 (0-15)	4.0 (1-9)
Triple-class refractory myeloma, n (%)	187 (82)	159 (80)	28 (97)
ACST, n (%)	149 (65)	96 (63)	30 (64)
ISS stage, n (%)			
Ι	69/182 (38)	61/158 (39)	8/24 (33)
II	62/182 (34)	53/158 (34)	9/24 (38)
III	51/182 (28)	44/158 (28)	7/24 (29)
R–ISS stage, n (%)			
Ι	33/134 (25)	32/122 (26)	1/12 (8.3)
II	73/134 (54)	66/122 (54)	7/12 (58)
III	28/134 (21)	24/122 (20)	4/12 (33)
All-grade CRS, n (%)	138 (60)	119 (60)	19 (66)
All-grade ICANS, n (%)	12 (5)	10 (5)	2 (7)
Corticosteroids for CRS/ICANS, n (%)	37/225 (16)	37/196 (19)	0/29 (0)
Tocilizumab for CRS/ICANS, n (%)	57/225 (25)	45/196 (23)	12/29 (41)
${\geq}1$ week of neutropaenia <0.5 ${\times}$ $10^9/L$ during BsAb treatment	19/114 (17)	18/109 (17)	1/5 (20)

Changes in denominators in the table indicate missing data. ACST, autologous stem cell transplant; CRS, cytokine release syndrome; ICANS, immune effector cell-associated neurotoxicity syndrome; ISS, international staging system; R-ISS, revised international staging system.

^a Teclistamab and elranatamab.

^b Talquetamab.

^c Including IMiDs, proteasome inhibitors, anti-CD38 monoclonal antibody, anti-PD1 monoclonal antibody and gamma-secretase inhibitor.

whereas GPRC5D-targeting BsAb and anti-bacterial prophylaxis were associated with a lower risk (HR = 0.53; 95% CI, 0.3–0.94 and HR = 0.65; 95% CI, 0.46–0.9, respectively, Fig. 2[C]). Gammaglobulinaemia >400 mg/dL and immunoglobulin substitution were not associated with a significantly lower risk (HR = 1.05; 95% CI, 0.67–1.64 and HR = 0.78; 95% CI, 0.52–1.17, respectively). In a post hoc multivariate model adjusted on bacterial prophylaxis, corticosteroid for CRS/ICANS and BsAb type, only the administration of corticosteroid for CRS/ICANS was correlated with a higher risk of first infection (HR = 2.01; 95% CI, 1.27–3.19).

Finally, focusing only on grade \geq 3 infections, corticosteroids for CRS/ICANS were associated in a univariate analysis with Fine and Gray models with death before the first infection as a competing risk event with a higher risk of infection (HR = 2.02; 95% CI, 1.32–3.09; p 0.01), whereas GPRC5D-targeting BsAb (HR = 0.54; 95% CI, 0.31–0.94; p 0.02), and anti-bacterial prophylaxis (HR = 0.66; 95% CI, 0.47–0.92; p 0.01) were associated with a lower risk. In a multivariate model adjusted on bacterial prophylaxis, corticosteroid for CRS/ICANS and BsAb type, only the administration of corticosteroid for CRS/ICANS was correlated with a higher risk of first grade \geq 3 infections (HR = 1.88; 95% CI, 1.2–2.95; p 0.006).

Discussion

In this large-scale real-world multicentre study we found a global cumulative incidence of first infections impacting patient management of 70%. Among the 234 infection events recorded, 53% were grade \geq 3, 44% induced a modification of the haematologic treatment, and 9% resulted in death. The infection rate was lower in GPRC5D-targeted BsAb (51%) when compared with anti-BCMA agents (73%). Only the use of corticosteroids for CRS/ICANS was independently associated with the occurrence of a first infection affecting patient management.

The risk of acquiring infections in patients with BsAb-treated MM is multifactorial. First, MM is associated with B-cell

depletion, hypogammaglobulinaemia, and T-cell dysfunction [19]. Second, almost all patients who received BsAb had already been treated with many prior lines of therapy, thereby increasing their susceptibility to infections. Third, BsAb-targeted therapy is associated with significant neutropaenia, lymphopaenia, T-cell exhaustion and hypogammaglobulinaemia [5], directly increasing the risk of acquiring infections, but also with the development of CRS, which is treated with immunosuppressive agents [9-12]. Our results are consistent with the high rates of infection observed in BsAb clinical trials [6,8,11,20]. In the phase I/II teclistamab MajesTEC-1 and the phase II elranatamab MagnetisMM-3 studies, 76.4% and 66.7% of patients experienced any grade infection, respectively [6,8]. In the MonumenTAL-1 study with talquetamab, rates of infection were observed to be lower with 57.3% of patients receiving the 0.4 mg/kg dose experiencing any grade infections [7]. In a meta-analysis of clinical trials [9,12] the prevalence of all-grade infections was of 50% to 56% among patients with MM treated with BsAb, with no difference among patients treated on-trial with BCMA-targeting BsAb monotherapy and with non-BCMA-targeting BsAb monotherapy. However, grade ≥ 3 infections were significantly higher among BCMA-targeting BsAb compared with non-BCMA BsAb [9,12]. A recent worldwide pharmacovigilance study found a higher number of reported infections with BCMA-targeting than other BsAb [21]. Similarly, Hammons et al. [14] reported higher rates of infectious events under BCMA-targeting BsAb compared to monotherapy GPRC5D-targeting BsAb. Although the lack of statistical power due to the low number of patients treated with GPRC5D-targeting BsAb may have contributed to inconsistent results between the two multivariate analyses models we used, our data are in line with a higher incidence of infections when BCMAtargeting BsAb are used.

Preventive measures that aim to mitigate the risk of infection in patients with MM are of tremendous importance. Previous studies have shown that hypogammaglobulinaemia is associated with an increased risk of infections [13,22] and have underlined the protective effect of immunoglobulin supplementation [23]. Table 2

Characteristics and grades of infections impacting patient management

Variables	Total (<i>n</i> = 234)
Site of infection, n (%)	
Systemic	52 (22)
Upper respiratory tract	19 (8)
Lower respiratory tract	97 (41)
Gastrointestinal tract	23 (10)
Genitourinary tract	23 (10)
Skin and soft tissue	11 (5)
CNS	2 (1)
Pathogens isolated ^a , n (%)	<i>n</i> = 165
Bacterial	92/165 (56)
Enterobacteriaceae	48/165 (29)
Pseudomonas aeruginosa	13/165 (7)
and other non-fermentative	
gram-negative bacteria	
Anaerobic bacteria	11/165 (6)
Enterococci	6/165 (4)
Staphylococci	5/165 (3)
Streptococci ^b	4/165 (2)
Haemophilus influenzae	4/165 (2)
Neisseria	1/165 (1)
Viral	63/165 (38)
Respiratory viruses ^c	40/165 (24)
CMV	8/165 (5)
Enterovirus	3/165 (2)
HSV	2/165 (1)
VZV	2/165 (1)
Parvovirus B19	2/165 (1)
HBV	2/165 (1)
JC virus	2/165 (1)
Sapovirus	1/165 (1)
Adenovirus	1/165 (1)
Fungi	8/165 (5)
Aspergillus spp	6/165 (4)
Scedosporium spp	1/165 (1)
Pneumocystis jirovecii	1/165 (1)
Parasites	2/165 (1)
Toxoplasmosis	1/165 (1)
Giardiasis	1/165 (1)
Undocumented	69 (29)
Grade of infection ^d , n (%)	
1	12/234 (5)
2	98/234 (41)
3	75/234 (32)
4	28/234 (12)
5	20/234 (9)

CMV, cytomegalovirus; CNS, central nervous system; HBV, hepatitis B virus; HSV, herpes simplex virus; VZV, varicella zoster virus.

^a From 159 MDI of which 6 were co-infections.

^b Including S. pneumonia.

^c Including SARS-CoV-2 (n = 21), influenza/parainfluenza viruses (n = 14), rhinovirus (n = 2), respiratory syncytial virus (n = 2) and metapneumovirus (n = 1). ^d n = 1 missing data.

Although hypogammaglobulinaemia and immunoglobulin substitution did not reach statistical significance in our study, the high frequency of bacterial respiratory infections supports immunoglobulin supplementation in BsAb-treated patients with severe hypogammaglobulinaemia or repeated infections [20,24]. In the same line, patients should receive yearly *Influenza* vaccination, updated SARS-CoV-2 vaccination, pneumococcal vaccination, and recombinant varicella zoster vaccination [20,25]. The benefit of the recently available RSV (respiratory syncytial virus) vaccines will have to be considered [26]. Recent guidelines recommend universal anti-herpes simplex virus/varicella zoster virus and anti-*Pneumocystis* prophylaxis in BsAb-treated patients with MM, but not routine prophylaxis against cytomegalovirus (CMV) [20,24]. Given that CMV infection was not exceptional in

our study, biological monitoring of CMV DNAemia has to be considered. These guidelines also recommend fluconazole prophylaxis in case of a history of fungal infection, prolonged neutropaenia or steroid administration [20,24]. Given that prolonged neutropaenia was rare, dexamethasone therapy was rarely continued after step-up doses, and fungal infections were mainly caused by moulds, we would instead advocate for the use of a prophylaxis active against moulds in case of an important risk of fungal infection. Conversely, general anti-bacterial prophylaxis is not recommended except in case of prolonged neutropaenia or history of recurrent bacterial infections [20,24]. Given the high frequency of bacterial infections in our study, anti-bacterial prophylaxis may be discussed in high-risk patients. Furthermore, we found that the use of corticosteroids to manage CRS or ICANS was independently associated with the risk of infection. Indeed, while the frequency of CRS/ICANS was similar, none of the GPRC5Dtargeting BsAb-treated patients received corticosteroids, although they received tocilizumab more frequently. Although the risk of infections was not increased using corticosteroids for CRS/ ICANS in patients treated with anti-BCMA CAR T-cells, corticosteroids have been reported as a risk factor in patients with MM treated in combination with PIs, IMiDs or monoclonal Abs [27]. Altogether this suggests that corticosteroids might contribute to infections in BCMA-targeting BsAb-treated patients, advocating for their cautious use in this setting, in line with recent guidelines [24]. Finally, one study suggests that a limited duration of BsAb treatment with extended treatment-free intervals may result in lower risks of complications without impairing the outcome [28].

To our knowledge, this is the first large-scale real-world multicentre series of BsAb-treated patients reported to date. This nationwide retrospective study provides insights into the epidemiology and characteristics of infections associated with MM BsAb treatment. In our data analysis, we performed a Fine and Gray model to account for the competing risk of death occurring before infectious events. Non-competing risk statistical models used in previous studies [11,13,21,23] may have overestimated the risk [29]. This is the first study to use a competing risk analysis allowing a more accurate estimation of the infectious risk in patients treated with BsAb. To compare our results with previous studies using Cox models, we performed a second analysis with a Cox model and obtained similar results. However, this study is limited by its retrospective nature and the heterogeneity of infections, prophylactic treatment and BsAb. In particular, there were few patients treated with GPRC5D-targeting BsAb. Data were insufficient to analyse other biological risk factors, such as neutropaenia and lymphopaenia. The CRS occurring with the first cycle of BsAb might have been mistaken as infections and considered as FUF; however, this would have concerned only three patients. Although there was no control group In our study, a descriptive study detailing the use of real-life standard of care in RR-MM patients not receiving BsAb revealed an infection rate of 28.6%, including 6.5% of grade 3 to 4 events [30]. Finally, our study was limited to infections affecting patient management which may have led to overestimate the severity of infectious events. Despite these limitations, our data provide physicians with useful insights into infectious complications under BsAb therapy that may help improve the strategies for prevention and treatment of infections.

To conclude, BsAb are associated with frequent infections that affect patients' therapeutic management. Implementation of preventive measures that aim to mitigate the risk of infection in BsAb-treated patients with MM is pivotal, particularly in patients who received corticosteroids for CRS/ICANS. A rational use of corticosteroids in the management of CRS or ICANS is advised.



Hazard ratio of first infectious event

Fig. 2. Cumulative incidence of first infection. (A) Cumulative incidence function (CIF) of first infection. Death before first infection was used as a competing risk event. (B) The CIF of the first infection according to pathogen. Death was also used as a competing risk event. (C) Forest plot summarizing competing risk univariate exploratory analysis and multivariate adjustment of variables associated with first infection with death defined as a competing risk. Fine and Gray models were used to compute hazard ratios (HR), 95% CI and p-values.

Author contributions

The authors confirm contribution to the paper as follows: Study conception and design: TC, AP, and GMB; Data collection: EC, AJ, SH, GE, EF, FD, CS, SS, CC, CDD, XB, PB, AC, MC, AR, VR, and TC; Data curation: EC, AJ, and NV; Analysis methods and materials: NV; Interpretation of results: NV, TC, AP, GMB, EC, and AJ; Figures generation: NV; Draft manuscript preparation: EC and AJ. All authors reviewed the results and approved the final version of the manuscript. EC and AJ contributed equally to the paper's contents and can consider themselves co-first authors on their CVs. Authors EC, AJ, TC, NV and AP contributed equally to the work.

infectious event

Transparency declaration

The authors have no conflicts of interest to declare.

Financial report

The authors received no financial support for the research, authorship, or publication of this article.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.cmi.2024.02.023.

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