

# Development and routine implementation of deep learning algorithm for automatic brain metastases segmentation on MRI for RANO-BM criteria follow-up

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Development and routine implementation of deep learning algorithm for automatic brain

metastases segmentation on MRI for RANO-BM criteria follow-up

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Running title: Artificial intelligence algorithm for brain metastases segmentation and RANO-

BM criteria follow-up

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Rationale and Objectives: The RANO-BM criteria, which employ a one-dimensional

measurement of the largest diameter, are imperfect due to the fact that the lesion volume is

neither isotropic nor homogeneous. Furthermore, this approach is inherently time-

consuming. Consequently, in clinical practice, monitoring patients in clinical trials in

compliance with the RANO-BM criteria is rarely achieved. The objective of this study was to

develop and validate an AI solution capable of delineating brain metastases (BM) on MRI to

easily obtain, using an in-house solution, RANO-BM criteria as well as BM volume in a routine

clinical setting.

Materials (patients) and Methods: A total of 27456 post-Gadolinium-T1 MRI from 132

patients with BM were employed in this study. A deep learning (DL) model was constructed

using the PyTorch and PyTorch Lightning frameworks, and the UNETR transfer learning

method was employed to segment BM from MRI.

Results: A visual analysis of the AI model results demonstrates confident delineation of the

BM lesions. The model shows 100% accuracy in predicting RANO-BM criteria in comparison to

that of an expert medical doctor. There was a high degree of overlap between the AI and the

doctor's segmentation, with a mean DICE score of 0.77. The diameter and volume of the BM

lesions were found to be concordant between the AI and the reference segmentation. The

user interface developed in this study can readily provide RANO-BM criteria following AI BM

segmentation.

Conclusion: The in-house deep learning solution is accessible to everyone without expertise

in AI and offers effective BM segmentation and substantial time savings.

Keywords: Deep Learning, Radiology, Brain metastases, RANO-BM, Clinical routine

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#### Introduction

Brain metastases are a common occurrence in patients with cancer, affecting between 20 and 40% of individuals. They represent the most prevalent form of brain malignancy. [1]. In some cases, these metastases demonstrate responsiveness to local treatments, including stereotactic radiotherapy, which has been shown to have an excellent local control rate (exceeding 80% local control after two years). [2].

The advent of novel systemic therapies has led to a notable improvement in the prognosis of patients with brain metastases. Following the administration of an initial localised treatment, patients may be monitored for several years, with the potential for further localised treatment to be beneficial. The preparation of stereotactic brain radiotherapy treatments and the subsequent monitoring of patients following treatment represent a significant and growing aspect of the work of radiotherapists. The establishment of consensus criteria for patient follow-up represents a significant challenge, particularly in terms of standardising practice across different centres and facilitating comparisons between clinical trials. The RANO BM (Response Assessment in Neuro-Oncology Brain Metastases) criteria, introduced in 2015 by the international and multidisciplinary RANO BM working group, represent the current gold standard for the assessment of brain metastases post-treatment response. [3].

In addition to the clinical criteria and a global vision of the disease at the cerebral level, the RANO BM criteria provide the clinician with the capacity to undertake one-dimensional measurement of the largest diameter of so-called target brain metastases. The aforementioned target brain metastases are measured on a post-Gadolinium T1 sequence. The efficacy of treatment is determined based on the observed change in lesion size. This ranges from a 20% increase, indicative of disease progression, to complete response,

characterised by lesion disappearance. The measurement of the largest diameter of all target lesions is a time-consuming process, particularly in the context of multiple MRI follow-ups for different stereotaxic radiotherapy treatments. Consequently, monitoring patients in clinical trials can be a significant burden for radiologists. In clinical practice, compliance with the RANO BM criteria is often challenging to achieve.

Furthermore, brain metastases are a complex entity with significant heterogeneity, including areas of necrosis, areas of progression, pseudo-progression, and other characteristics. The evolving environment of brain metastases is heterogeneous, with various interfaces (meninges, bones, ventricles, etc.) present. Consequently, the growth of a metastasis is not necessarily isotropic [4], [5].

A recent retrospective study indicates that one-dimensional measurement is imperfect and may not be as effective in detecting progressions as three-dimensional measurement, particularly volumetric measurement [6].

In light of these considerations, the potential benefits of integrating an automatic contouring tool into the clinical workflow, both before and after treatment, are twofold.

Firstly, it could facilitate the preparation of stereotactic radiotherapy treatments by the radiotherapist, assisting in the identification of metastases and reducing delineation time.

Secondly, it could enable the radiologist to monitor treated patients rapidly, accessing numerous metrics, some of which have already been validated by RANO BM, and others which show promise and may offer more efficient solutions.

Artificial intelligence (AI) algorithms for the automatic contouring of brain metastases are currently being developed [7], [8], [9], [10], [11]. Notably, UNETR type models have achieved the best results for brain metastases detection and segmentation [12], [13]. However, there

are still very few trials evaluating the use of these models for patient monitoring [14], [16], [17] and concrete solutions which can be used for clinical routine are still awaited.

The objective of this study was to develop an algorithm that can accurately detect and segment brain metastases and be readily integrated into the clinical workflows of radiologists and radiotherapists.

#### **Materials and Methods**

#### **Patients**

The present retrospective study has been approved by the local institutional review board. A total of 27,456 2D post-Gadolinium (Gd) T1 MRI scans from 132 patients with a total of 386 brain metastases who were referred to our oncology centre between January 2019 and March 2023 were included in the study. This study was conducted in accordance with the guidelines set forth by MR-004, a national French institution that defines health research conduct and the Declaration of Helsinki. All patients provided informed consent for the use of their data. The characteristics of the study population are outlined in **Table 1**.

Table 1: Description of the patient cohort

Included patients (N)	132	Number
Sex	50%	Female %
Age (Y)	63.4	Mean

Total number of BM	386	Number	
Number of BM per patient	2.93 ± 2.32 (min=1 ; max=13)		
Lesion origin	I.		
- From Lung cancer	- 83 (61%)		
- From Melanoma cancer	- 28 (20%)		
- From Breast cancer	- 8 (6%)		
- From Kidney cancer	- 7 (5%)	Number (%)	
- From Colorectal cancer	- 3 (4%)		
- From Head and Neck cancer	- 2 (3%)		
- From Digestive cancer	- 1 (1%)		

### Magnetic Resonance Imaging (MRI) acquisition

MRI was performed on an AREA SIEMENS 1.5 Tesla magnet using a brain dedicated 16 channels coil with the patient in a supine position. Prior to the examination, patients were injected with 0.2 mL/kg of DOTAREM (500µmol/ml). After a shimming process and scout imaging scan, tumor gadolinium enhancement was detected with a post-Gd T1 brain sequence with the following parameters: TR/TEeff=2070/3.15 msec; Angle=15°; NEX=1; 208 contiguous slices; 3D resolution=0.5x0.5x1 mm; acquisition matrix = 512x512 pixels and acquisition time=4min48). A total number of 27456 2D MR images were acquired from the 132 patients.

#### **Deep learning algorithms**

Deep learning (DL)

The deep learning model consisted of a fine-tuned UNETR architecture [18]. This model incorporates the strengths of both the UNet and Vision Transformer models, addressing the challenge of segmenting multiple regions of interest within an image. The UNETR architecture output was modified removing the last 14 output in the last layer by two outputs for the purpose of distinguishing between lesion and healthy tissue.

UNETR was pre-trained in the segmentation task for brain tumor on a set of 484 multi-modal multi-site MRI data with three class (1: tumor, 2: hemorrhagic part of the tumor, 3: eudeme). Architecture was described in "UNETR: Transformers for 3D Medical Image Segmentation by Ali Hatamizadeh et al" in the section 4.1 about MSD (MRI/CT). Last layer was 1 x 1 x 1 convolutional layer that has been modified for binary segmentation called UnetOutBlock. It is the only layer not freeze, other weights are saves from the pretrain model of structure classification of UNETR. The MLP was the one of MONAI in the Vision Transformer. We applied the following layers: Linear layer 1, Dropout Layer 1, Linear layer 2 and Dropout layer 2. The convolution head was composed of a Convolution 3D, a Prelu, a Dropout and a Layer norm. More information be found can here: https://docs.monai.io/en/1.0.1/\_modules/monai/networks/blocks/mlp.html.

UNETR initial model before fine tuning was obtained using MONAI [19]. Fine-tuning technic used the methodology of Yosinski and collaborators [20]. During the training process, only the weights of the final layer were removed and trained, while the weights of the preceding layers were maintained at their original values. A deep learning model was developed from 27,456 unique post-Gd T1 brain images obtained from 132 patient acquisitions with a total of 386 BM. These images were split into three datasets: a training set comprising 19,219 images (70% of the total), a test set comprising 2,746 images (10% of the total), and a validation set

comprising 5,491 images (20% of the total). To avoid bias, we carefully check that each patient cannot be part of the training and validation and test dataset, all slices of each patient was in the same dataset. The input data comprised brain MRI images and the delineation of the tumour lesion, designated as GTV (Gross Tumour Volume). The GTV region of interest was initially transformed into a mask image. Prior to training, specific MRI images underwent normalisation, with bias field correction employed [21]. Data augmentation was conducted through the application of flips along the sagittal axis and 180° rotations. To reduce the computational time required, intensity normalisation was performed between 0 and 255, and the image background was removed. The deep learning model was developed using PyTorch Lightning. The loss function used in this study was the binary cross entropy, using the PyTorch function "binary\_cross\_entropy\_with\_logits". The Pydicom and dicompylercore libraries were used to manage the MRI and RTSTRUCT DICOM files [22]. Dice index was used to evaluate the performance of the model during the training process. The AI model was trained on two NVIDA A6000 GPU 48Go. All the code used to develop and train the model is available at: https://github.com/XXXX (accessed on 01 November 2024).

### **Image Analysis and processing**

Quantitative analysis: In accordance with the established workflow within the radiotherapy department, another radiation oncologist delineated a three-dimensional volume of interest (VOI) encompassing 31 lesions utilising the Raystation™ solution (V11.B) for ten patients (not for the purpose of AI model training). Subsequently, an expert radiation oncologist evaluated the RANO-BM criteria on the reference and AI brain metastases segmentation. The

concordance of the RANO-BM criteria between AI and reference was then evaluated. To evaluate the ability of the AI model to detect BM, F1 score were evaluated. Several quantitative metrics, which are commonly used in the literature to evaluate the spatial overlap, were employed [23], were used to compare the VOI delimited by the radiation oncologist and the one created by the AI models:

- Dice Similarity Coefficient (DSC): Measures the overlap between two volumes,
   providing a statistical validation of segmentation precision;
- Mean Surface Distance (MSD): Calculates the average Euclidean distance between the surfaces of two volumes, offering insights into the contour accuracy;
- Volume Overlap Error (VOE): Represents the proportion of the total volume that is over-segmented or under-segmented relative to the reference, complementing the Dice coefficient by providing error rates;
- Hausdorff Distance: Evaluates the maximum distance of the dataset boundary points between the predicted and reference segmentations, highlighting the worst-case scenario of boundary prediction;
- Jaccard Index: Quantifies the similarity and diversity between sample sets, indicating
  the proportionate size of the intersection divided by the union of the sample sets;
- Variation of Information (VI): Measures the amount of information lost and gained
  in the segmentation process, reflecting the complexity and precision of the
  information captured by the segmentation;
- Cosine Similarity: Assesses the cosine angle between the multidimensional representations of the segmented volumes, useful for understanding the orientation and agreement in the segmented shapes.

To compare reference and AI brain metastases ROI, first order intensity evaluation was performed using mean, standard deviation, min, max. Subsequently, the specificity and sensitivity were evaluated in order to ensure the accuracy of the RANO-BM AI prediction in comparison to the radiation oncologist segmentation.

#### Statistical analyses

All data are expressed as mean ± SD. The correlation between the first-order intensity values derived from the reference and those obtained from the AI-based brain metastases segmentation was analysed with the concordance correlation coefficient (CCC) [24]. A CCC value of 1 indicates a perfect positive or negative correlation, whereas a value of 0 indicates no correlation. Features with a minimum CCC of 0.85 were deemed to be statistically reproducible and concordant, and the values were considered to be stable [25]. All statistical analyses were performed using Python [26] and SciPy library. Data visualization used Seaborn library [27], [28]. All Python code used in the analysis is available at https://github.com/XXX and "Quantitative analysis.ipynb" (accessed on 01 November 2024).

#### **Results**

#### Deep learning brain metastases segmentation model

The optimisation process resulted in an AI model constructed with binary accuracy validation metrics over 1079 epochs. The training process, which spanned three days, yielded 93 million parameters. As illustrated in **Figure 1**, the training and validation loss functions, which represent the model's error rate throughout the training phase, indicate that epoch 1079 was the most optimal.

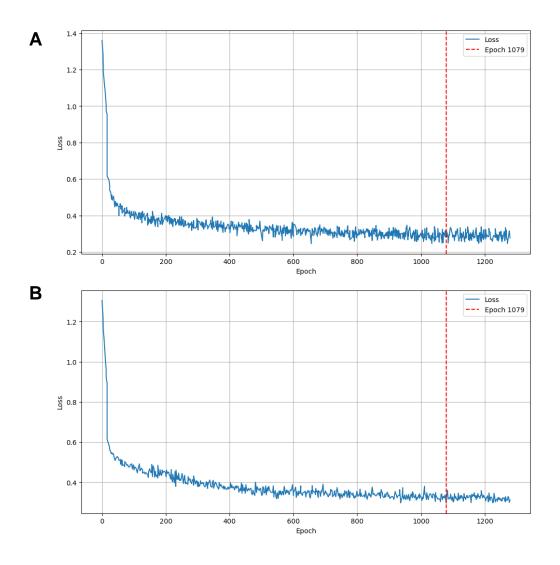


Figure 1: Deep learning model performance during the training process through the epochs. (A) Training loss and (B) Validation loss functions during the training process

# Visual analysis

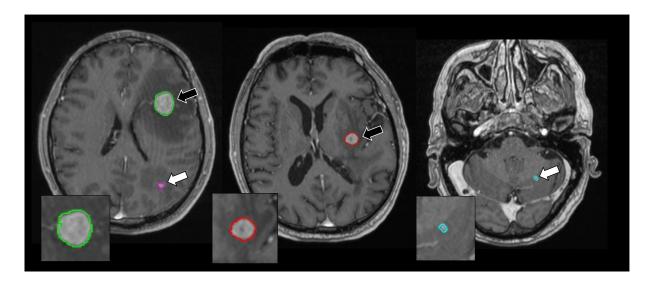


Figure 2: Three representative MRI with brain metastases segmented by the deep learning model. Large (black arrows) as well as small lesions (white arrows) are detected by the algorithm.

As presented in **Figure 2**, the AI model is able to delineate both large BM lesions (black arrows) and small lesions of 4mm diameter (white arrows). The delineation closely follows the hyperintensity seen on T1 gadolinium enhancement.

#### **RANO-BM** concordance

As evaluated by the expert physician in the reference segmentation, the RANO-BM criteria evaluation were as follow: two complete responses, two partial responses, three stable diseases and two partial diseases. The RANO-BM obtained from AI segmented lesion were 100% agreement with the above RANO-BM criteria evaluation.

#### **Quantitative analysis**

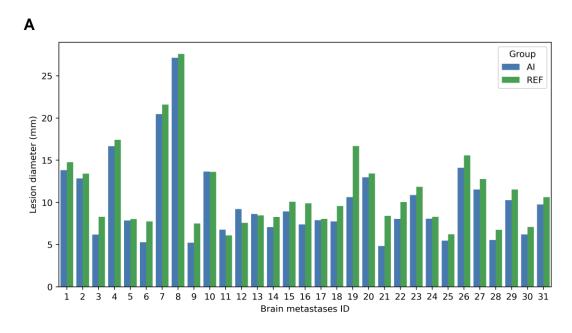
The spatial overlap of the reference and AI brain metastases segmentation was first analyzed using several metrics. As presented in **Table 2**, the overlap between the AI and the physician's

segmentation volumes with DICE coefficient was 0.77 and the Euclidean distance between the two volumes was 4.13, representing a reliable overlap.

Table 2: Quantitative analysis of reference and AI predicted region of interest similarity

DICE coefficient (SD)	Mean surface distance (SD)	Volume overlap error (SD)	Haussdorf distance (SD)	Jaccard index (SD)	Variation of information (SD)	Cosine Similarity (SD)
0.77 (0.15)	4.13 (7.32)	0.43 (0.24)	32.67 (60.05)	0.63 (0.19)	0.001 (0.0004)	0.77 (0.13)

The diameters and volumes obtained from the AI segmentation were then compared with the reference. As shown in **Figure 3** for each brain metastasis, very few differences were observed between the diameters (**Figure 3A**) and volumes (**Figure 3B**) obtained from the AI segmentation compared to the reference segmentation. Volume and diameter differences from AI and radiotherapist segmentation were  $0.15 \pm 0.18 \, \text{mm}^3$  and  $1.38 \pm 1.19 \, \text{mm}$  respectively. The AI model have shown good BM detectability with F1 score of 95.5%.



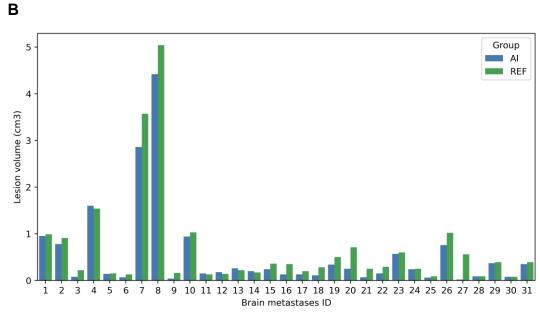


Figure 3: Impact of deep learning segmentation on brain metastases diameters (A) and volumes (B) evaluation

To go deeper, the stability of volume, diameter and first order signal intensity values between AI and reference segmentations were evaluated using the Concordance Correlation Coefficient (CCC). As presented in **Figure 4**, the CCC values were: 0.93, 0.97, 0.76, 0.98, 0.99 and 0.93 for diameter, volume, minimal intensity, mean intensity, maximum intensity and standard deviation intensity, respectively. Only, the minimum intensity variable was below

the 0.8 threshold, showing a discordance between AI and reference segmentation minimum intensity.

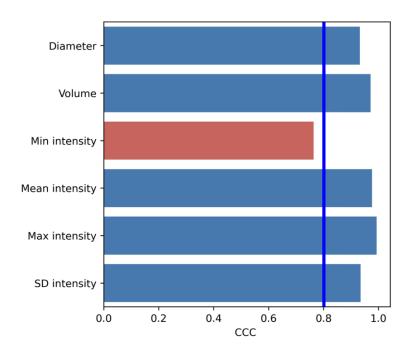


Figure 4: Stability of the first order statistics between AI and reference segmented ROI

#### **Application of the solution in clinical practice**

The aim of this study was to develop an approach that works well but can also be easily implemented in clinical practice. To achieve this, a user interface was developed using ORTHANC and Open Health Imaging Foundation (OHIF) [29] solutions that can be used in a clinical setting. This user interface interacts with a back-end API to retrieve medical data in DICOM format, start the deep learning model, and visualize the results. Further details on the back-end and front-end parts of the user interface as well as a tutorial can be found at https://github.com/XXX (accessed on 1 November 2024) and https://github.com/XXX (accessed on 1 November 2024) and https://github.com/XXX (accessed on 1 November 2024). The interface requires as input, a brain MRI and after an average of 30 seconds in average of processing (with standard RTX 4080 GPU), provide AI brain metastases segmentation in RTSTRUCT format which can be easily uploaded and used in

conventional Treatment Planning Software (Raystation™ solution (V11.B) for this study). The solution can also be used to view the AI segmentation result and track the diameter and volume of brain lesions for RANO-BM purposes (Figure 5A and B). The deep learning model and user interface codes are freely available upon reasonable request. However, please note that the performance of the model has only been optimized for our data and needs to be fully validated before external use.





Figure 5: Example of RANO-BM with diameter and volume follow-up using deep learning segmentation results with the integration of the model within OHIF solution. (A) Example of diameter measurement and (B) patient statistics follow-up.

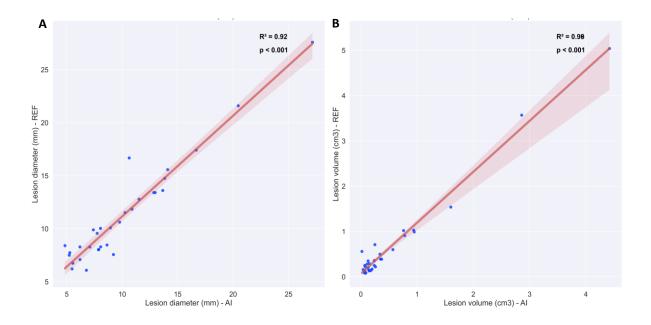
#### **Discussion**

Brain metastases occur in 20-40% of patients with cancer and represent the most common manifestation of brain malignancies [1]. Due to this high number of lesions and to the human resource difficulties in the medical field, patient follow-up during clinical routine or for clinical trials is often difficult to underwent. For these reasons, compliance with the RANO BM criteria is rarely achieved in clinical practice. A highly robust and easy-to-implemented solution that could automatically and quickly extract BM lesion's diameter and volume as well as RANO BM criteria could be an interesting insight for patient therapeutic management.

In this study we have developed and evaluated a deep learning model using the transfer learning method of UNETR to automatically extract BM lesion segmentation. The model was trained using more than 27000 unique post-Gd T1 brain images acquired from 132 patient's acquisitions. The number of patients in our study was similar to several previous studies [10], [15], [30], but lower compared to few others [15]. Furthermore, the quality of the data of our training and validation set were all reviewed by a radiotherapist to deleted incomplete data or complex cases that could lead to confusion due to patient movements, presence of artifacts...

Our model showed close BM segmentation compared to experienced physician segmentation with a mean DICE score of 0.77. In the literature, DICE scores remain below 0.82. [7], [8], [14], [17] and our results are consistent with the DeepMedic approaches [30]. However, in a recent study conducted by Luo and co-workers, the DICE score was of 0.91 possibly due to the size of the cohorts which were 312 and 156 patients for training and validation respectively [15]. Lesion diameter and volume are concordant between AI and reference segmentation. More specifically, **Supplementary figure 1** shows the correlation between AI and reference lesion

diameter and volume. The pearson correlation shows a significant correlation with  $R^2$  values of 0.92 (p<0.001) and 0.98 (p<0.001) for lesion diameter and volume respectively.

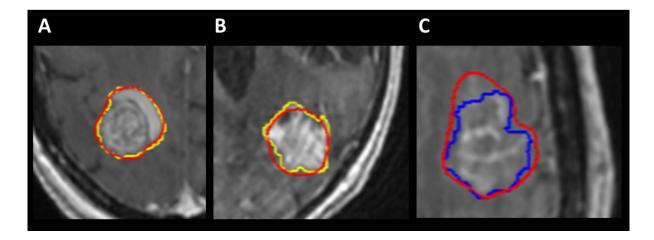


Supplementary figure 1: Al and reference lesion diameter (A) and volume (B) correlation

Here we can confirm that, for lesions larger than 1 cm in diameter, Al and reference values were highly correlated. However, below this threshold of 1 cm, which is exactly threshold imposed by the RECIST criteria, more important heterogeneity was observed. This last point highlights the interest of an Al solution for the assessment of very small lesions below 1 cm, which are currently not assessed by radiologists.

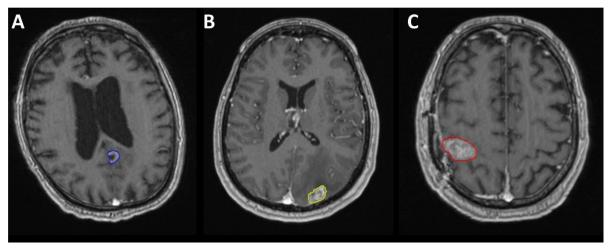
It is interesting to note that the mean volume and diameter as well as the minimum intensity are slightly smaller in the AI segmentation (not significantly discordant for BM diameter and volume but significantly discordant for minimum intensity). This probably highlights the fact that the model is trained to detect the hyperintensity signal revealed by the gadolinium injection in order to delimitate the BM lesion. The model is potentially stricter on the tumor boundary and does not include the area without T1 enhancement in the lesion area which may be done by an experienced physician as they know that tumor cells invade the surrounding healthy tissue close to the area of T1 enhancement. As shown in **Supplementary** 

figure 2, AI and radiotherapist segmentation can be completely concordant (A), but in some cases the AI segmentation seems to follow the tumor boundary more precisely than the radiotherapist one (B), and in some other cases the AI segmentation was smaller than the reference segmentation. It appeared that applying smoothing could be more realistic if the invasion process of brain metastases is known.



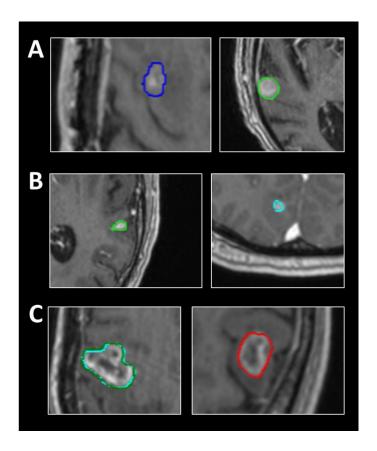
Supplementary Figure 2: Example of according segmentation between AI (yellow) and radiotherapist (red) (A), AI segmentation (yellow) following more precisely the BM than the reference (red) (B) and smaller AI segmentation (blue) than reference (red).

BM are not always well delineated with homogeneous high signal intensity. **Supplementary figure 3** shows the example of AI segmentation of BM with central necrosis (Supplementary figure 3A), diffuse BM (Supplementary figure 3B) and BM close to an area of high signal intensity without being a tumor (Supplementary figure 3C).



Supp Figure 3: Example of AI segmentation of BM with central necrosis (A), diffuse BM (B) and BM close to area with high signal intensity without being tumor (C).

Our patient dataset is representative of the patient population with BM, as lung cancer is the most common primary source of BM in the training dataset. This could introduce a bias and not allow good delineation in other primary histologies (from breast, renal or melanoma primary cancers). In our study, no difference in performance was observed with respect to the different primary histologies, as shown in the **Supplementary figure 4.** 



Supp Figure 4: Example of AI segmentation of BM from primary melanoma (A), renal (B) and breast (C) cancers.

Despite these slight non-significant and significant differences, the RANO-BM criteria obtained from the AI segmentation are 100% concordant with those obtained from the physician segmentation. Patient monitoring with RANO-BM follow-up, which is rarely addressed in the literature, was an important aspect of our study. We found only one study that investigated the concordance of RANO-BM criteria obtained by an AI model with those defined by radiologists [14]. The kappa coefficients calculated in this study were equal to 0.52 based on largest diameters and 0.68 based on volumes. Obtaining a radiological response according to the RANO BM criteria is a challenge that resonates with the daily concerns of radiologists and radiotherapists.

In this study, we have developed an easy-to-use interface to exploit AI BM segmentation. To date, no industrial solutions have been validated and proposed for the clinical routine. Raystation and TheraPanacea are examples of two treatment planning software that are developed highly innovative algorithms to optimize therapeutic management in the radiotherapy department. Both are able, in a clinical routine setting, to delineate organs at risk in order to accelerate radiotherapy planning [31], [32], [33]. However, to date, there is no fully validated and routinely proposed AI solution for the delineation of tumors as BM.

From the perspective of our study, it would be interesting to fine-tune very recent large models developed for medical purposes such as UNETR++ and nnFormer to improve performance [13], [34], which have not yet been used for BM segmentation.

The reproducibility and robustness of the AI models in different clinical settings and at different centers is a key factor for their implementation into clinical practice. The use of a federated learning approach can lead to the development of a global model based on data from different centers [35], [36]. The next step for this project would be to use federated learning with volunteer centers to improve our model and make it more relevant to other centers. Finally, supporting clinicians in monitoring their patients according to the RANO-BM criteria will facilitate inter-operator reproducibility and the standardisation of practice. This is in line with the objectives proposed by the international RANO-BM group. Indeed, the heterogeneity of follow-up is a major challenge in clinical trials on patients with brain metastases. This provides an opportunity to explore alternative approaches to assessing patient response and, subsequently, differentiating radionecrosis from progression.

#### Conclusion

Together with experienced radiotherapists and radiologists, we have developed and validated a fully automated deep learning solution capable of accurately delineating BM using RANO-BM criteria. Our in-house user interface solution, easily accessible to non-experts in AI, provides sufficient BM segmentation and significant time savings.

**Data Availability Statement:** The data presented in this study can be sent upon reasonable request. Python code used for this study are openly available at https://github.com/XXX

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