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Preoperative ^{11}C -Methionine PET-MRI in Pediatric Infratentorial Tumors

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Purpose: MRI is the main imaging modality for pediatric brain tumors, but amino acid PET can provide additional information. Simultaneous PET-MRI acquisition allows to fully assess the tumor and lower the radiation exposure. Although symptomatic posterior fossa tumors are typically resected, the patient management is evolving and will benefit from an improved preoperative tumor characterization. We aimed to explore, in children with newly diagnosed posterior fossa tumor, the complementarity of the information provided by amino acid PET and MRI parameters and the correlation to histopathological results.

Patients and Methods: Children with a newly diagnosed posterior fossa tumor prospectively underwent a preoperative ^{11}C -methionine (MET) PET-MRI. Images were assessed visually and semiquantitatively. Using correlation, minimum apparent diffusion coefficient (ADC_{min}) and contrast enhancement were compared with MET SUV_{max} . The diameter of the enhancing lesions was compared with metabolic tumoral volume. Lesions were classified according to the 2021 World Health Organization (WHO) classification.

Results: Ten children were included 4 pilocytic astrocytomas, 2 medulloblastomas, 1 ganglioglioma, 1 central nervous system embryonal tumor, and 1 schwannoma. All lesions showed visually increased MET uptake. A negative moderate correlation was found between ADC_{min} and SUV_{max} values ($r = -0.39$). Mean SUV_{max} was 3.8 (range, 3.3–4.2) in WHO grade

4 versus 2.5 (range, 1.7–3.0) in WHO grade 1 lesions. A positive moderate correlation was found between metabolic tumoral volume and diameter values ($r = 0.34$). There was no correlation between SUV_{max} and contrast enhancement intensity ($r = -0.15$).

Conclusions: Preoperative ^{11}C -MET PET and MRI could provide complementary information to characterize pediatric infratentorial tumors.

Key Words: amino acid PET, diffusion-weighted imaging, children, neuro-oncology, posterior fossa tumor, hybrid imaging, precision oncology

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MRI is the main imaging modality to characterize pediatric brain tumors. MRI can determine the type of posterior fossa tumor in children, especially when advanced techniques, such as diffusion-weighted imaging and apparent diffusion coefficient (ADC) maps, MR spectroscopy (MRS), and perfusion-weighted imaging, are added. However, MRI can lack specificity: ADC characteristics may overlap between the tumor types and grades,¹ and MR spectra can be degraded by hemorrhage, calcifications, or vessels. Furthermore, the diagnosis of some pseudotumoral lesions that do not require surgery may remain challenging.

PET imaging using amino acid analogs, for example, [^{11}C -methyl]-methionine (^{11}C -MET), *O*-(2-[^{18}F]fluoroethyl)-L-tyrosine (^{18}F -FET), and 3,4-dihydroxy-6-[^{18}F]fluoro-L-phenylalanine (^{18}F -DOPA), can provide additional information. The uptake of amino acid analogs in glioma is related to proliferation and neovascularization, and correlates with the expression of the nuclear antigen Ki-67 and microvessel density.² Information obtained through amino acid analog PET imaging could improve the differentiation between tumors and pseudotumoral lesions, predict the histological grade, define the tumor extension, and improve prognosis prediction in adults and children,^{3–6} which can provide complementary information to MRI.

Hybrid imaging, using a PET-MRI scanner, appears particularly suitable for children^{7–9}; in brain tumors, it is useful to avoid 2 examinations,¹⁰ and therefore a potential need for general anesthesia.¹¹ In addition, compared with PET/CT, it allows a lower radiation exposure,^{12,13} which is particularly important in children.

Although symptomatic posterior fossa tumors are typically resected, it has been reported that posterior fossa surgery may have a critical impact on the sensorimotor and cognitive outcomes of children.^{14,15} The current management of brain tumors in children is evolving due to an improved understanding of the molecular mechanisms, even though biomarkers are lacking. The complementary information provided by PET and MRI, for example, SUV and ADC, could improve tumor characterization and, indirectly, the use

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of molecular targeted therapies.¹⁶ Moreover, PET-MRI information could allow to avoid a high-risk surgical procedure in some children.^{8,17}

Integrated analysis of amino acid PET and MRI data is limited to diffuse astrocytic tumors and diffuse midline glioma in children. A significant negative correlation between MRI minimum ADC (ADC_{min}), a marker of tumor cellularity, and amino acid uptake^{18,19} was found, whereas a study in high-grade brain tumors in adults did not report it.²⁰ The aim of the present study was to explore the complementarity of the information provided by amino acid PET and MRI parameters, as well as their correlation with histopathologic results, in posterior fossa tumors in children.

PATIENTS AND METHODS

The study complied with the principles of the Declaration of Helsinki and was approved by the institutional review board (CPP Sud Ouest et Outre Mer II 2019/09/06) and the national agency for the safety of medicines and health products (ANSM 2019/07/25). This study was registered on clinicaltrials.gov (NCT 03977896). All legal guardians gave prior written informed consent for the participation of children in the study.

Patients

The inclusion criteria were as follows: being admitted to the pediatric neurosurgical department of the Hospices Civils de Lyon between 2019 and 2021 for a newly diagnosed posterior fossa tumor, age ≥5 years and <18 years, consent of the legal guardians, no pregnancy, and no contraindication to contrast-enhanced (CE) PET-MRI. The exclusion criteria were as follows: PET-MRI not performed within 7 days after admission and medical condition not suitable for the examination.

PET-MRI Acquisition and Image Reconstruction

¹¹C-MET was synthesized as previously described.²¹ All patients fasted for ≥4 hours and were scanned on a PET-MRI scanner (Biograph mMR, Siemens). The mean ± standard deviation injected dose of ¹¹C-MET was 186 ± 60 MBq (5 ± 1.6 mCi), and the PET evaluation was based on the summed PET data obtained between 20 and 40 minutes after injection. The PET images were reconstructed iteratively using 3D ordinary Poisson-ordered subsets expectation maximization algorithm, incorporating the system point spread function with 3 iterations of 21 subsets. Data correction (normalization, attenuation,²² and scatter correction) was fully integrated within the reconstruction process. A Gaussian postreconstruction filtering (FWHM = 2 mm) was applied.

The following MRI sequences were obtained: T1-weighted images (T1WIs) turbo spin echo (T1 TSE), T1WI magnetization-prepared rapid gradient echo without and with contrast enhancement (T1WI + CE), T1 susceptibility-weighted imaging, T2-weighted images (T2WIs) fast spin echo (T2 FSE), T2WI fluid-attenuated inversion recovery, T2 diffusion-weighted images from which the ADC maps were computed, and DIXON used to create the μ-map for attenuation correction of PET images.

PET-MRI Image Analysis

The image quality was first visually assessed using a binary scale (interpretable vs noninterpretable). For noninterpretable PET images, additional postprocessing was performed to reduce motion artifacts using a list-mode-based motion correction approach.²³

For PET images, the lesion uptake was visually assessed as increased, equivalent, or decreased, relatively to a contralateral normal-appearing brain region. The threshold to define the 3D tumor volume, according to the guidelines, was SUVs >1.3 of the mean value of a healthy-appearing brain, as measured in a spherical 1 cm³ volume of interest including white and gray matter, measured at the level of the centrum semiovale.⁵ SUV_{max} and SUV_{mean}, as

TABLE 1. Grading, Anatomopathological Finding, and Molecular Analysis of the Lesions

Patient ID	Pathological Findings	WHO Grade	KIAA1549-BRAF Fusion	BRAF V600E Mutation	Molecular Subgroup	MYC Amplification	TP53 Mutation
1	Pilocytic astrocytoma	1	Yes	No	NA	NA	No
2	CNS embryonal tumor with PLAGL amplification	NA	NA	No	NA	NA	No
3	Schwannoma	1	NA	NA	NA	NA	NA
4	Pilocytic astrocytoma	1	Yes	No	NA	NA	No
5	Pilocytic astrocytoma	1	Yes	No	NA	NA	No
6	Pilocytic astrocytoma	1	No	No	NA	NA	No
7	Ganglioglioma	1	No	No	NA	NA	No
8	Pilocytic astrocytoma	1	Yes	No	NA	NA	No
9	Medulloblastoma	4	NA	ND	Wnt	NA	Yes
10	Medulloblastoma	4	NA	ND	Non-Wnt/non-Shh (group 3)	NA	No

NA, not applicable; ND, not done.

well as the metabolic tumoral volume (MTV), were calculated from this volume. Calculation of tumor-to-background ratios (TBRs) was performed as previously described.⁶

Regarding MRI, a visual analysis was performed. The maximal transverse diameter of the enhancing lesions was recorded using T1WI + CE, and the lesion enhancement was qualitatively graded as absent, moderate, or intense. The diffusion measurements were performed on coregistered PET-MRIs as previously described.¹⁸ The ADC_{min} was computed by placing an 8-mm diameter circular region of interest (ROI) on the ADC map in the region corresponding to the lesion SUV_{max}. It was then assessed whether this ROI corresponded to minimum ADC_{min} as follows: the ROI was systematically moved outside the previously defined ROI in all the tumors to measure regions with significant lower diffusion. Careful attention was given to avoid blood vessels, necrosis, and hemorrhage.

Histopathological and Molecular Analysis

An integrated diagnosis of each tumor, combining histological and molecular data, was performed by an experienced neuropathologist, according to the 2021 World Health Organization (WHO) classification.²⁴

Statistical Analysis

Descriptive statistics were performed (mean and range). The Spearman rank correlation coefficient was used to assess the correlation between CE and SUV_{max}; the Pearson correlation coefficient was used to assess the correlation between ADC_{min} and SUV_{max}, as well as between MTV and lesion diameter measured on MRI, with 95% confidence interval (CI). Analyses were performed using the statistical software R, version 4.1.0 (R Foundation for Statistical Computing, Vienna, Austria).

RESULTS

Patient Characteristics

A total of 10 patients were included, the mean age was 8.9 years (range, 5–16), and 8 were male. At diagnosis, the clinical characteristics of the patients were headache (n = 4), vomiting (n = 3), cerebellar syndrome (n = 2), visual disturbance (n = 2), and hydrocephalus (n = 7). Performance status was (Lansky scale score) 100 for n = 3 and <100 for n = 7.

The pathological findings were as follows: pilocytic astrocytoma (n = 4), medulloblastoma (n = 2), ganglioglioma (n = 1), central nervous system (CNS) embryonal tumor (with *PLAGL* amplification;

entity not yet included in the 2021 WHO classification, n = 1), and schwannoma (n = 1; Table 1).

All patients were alive at last follow-up, and the mean follow-up was 30 months (range, 23–44; Table 2).

Image Analysis

In 9 patients, both PET and MRI were interpretable; for 1 patient, images were initially not interpretable due to head movement during image acquisition, but after motion correction, PET images were interpretable. Overall, 100% of PET images and 90% of MRIs were interpretable.

MRI

The mean maximal diameter was 45.8 mm (range, 23–76). All lesions had T1 hyperintensity, as well as T2 and fluid-attenuated inversion recovery hyperintensities. They all presented contrast enhancement with various intensity, and only 2 had ADC restriction. The mean ADC_{min} value was 0.98×10^{-3} mm²/s (range, 0.40–1.39; Table 3).

MET PET

All lesions visually presented an increased uptake of MET compared with background levels. In the normal-appearing brain region, the mean SUV_{max} value was 1.0 (range, 0.8–1.4) and the mean SUV_{mean} value was 0.7 (range, 0.6–1.1). In the lesion ROI, the mean SUV_{max} value was 2.9 (range, 1.7–4.2) and the mean SUV_{mean} value was 2.1 (range, 1.3–3.3). The mean MTV was 29.2 mL (range, 0.9–48.3; Table 4).

ADC_{min} and SUV_{max}

In 78% (n = 7/9) lesions, the ROI selected for ADC in the PET hot spot area corresponded to the minimum ADC value. A moderate negative correlation was found between ADC_{min} and SUV_{max} values (–0.39; 95% CI, –0.84 to 0.37; Fig. 1A).

MTV and Lesion Maximal Diameter

The values of MTV and diameter of the enhancing lesions are plotted for each lesion in Figure 1B. A moderate positive correlation was found between MTV and maximal diameter values (0.34; 95% CI, –0.37 to 0.80).

SUV_{max} and CE

SUV_{max} values and enhancement grade are plotted for each lesion in Figure 1C. The mean SUV_{max} for strong enhancement was 2.6 (range, 2.1–3.2), and the mean SUV_{max} for moderate enhancement was 3.5 (range, 2.6–4.7). There was no correlation

TABLE 2. Clinical Management Details and Outcome

Patient ID	Surgery	Treatment Plan	FU Time, mo	FU Results
1	Incomplete	Surgery + CT	44	SD
2	Complete	Surgery + CT + RT	42	CR
3	Incomplete	Surgery alone	40	SD
4	Complete	Surgery alone	36	CR
5	Complete	Surgery alone	34	CR
6	Incomplete	Surgery alone then CT for progression	33	SD
7	Complete	Surgery alone	32	CR
8	Complete	Surgery alone	28	CR
9	Complete	Surgery + CT + RT	24	CR
10	Incomplete	Surgery + CT + RT	23	CR

FU, follow-up; SD, stable disease; CR, complete response; CT, chemotherapy; RT, radiotherapy.

TABLE 3. Description of the MRI Findings

Patient ID	Pathological Findings	Diameter, mm	Mean Enhancement	ADC Restriction	ADC _{min}
1	Pilocytic astrocytoma	46	Strong	No	1.156
2	CNS embryonal tumor with PLAGL amplification	62	Moderate	No	NA
3	Schwannoma	40	Strong	No	0.909
4	Pilocytic astrocytoma	32	Moderate	No	1.204
5	Pilocytic astrocytoma	76	Strong	No	1.393
6	Pilocytic astrocytoma	37	Strong	No	1.215
7	Ganglioglioma	23	Mild	No	0.652
8	Pilocytic astrocytoma	63	Moderate	No	1.289
9	Medulloblastoma	42	Moderate	Yes	0.4
10	Medulloblastoma	37	Moderate	Yes	0.588

NA, not available.

between SUV_{max} according to the enhancement intensity (−0.15; 95% CI, −0.71 to 0.53). The ¹¹C-MET PET and T1W CE MRI findings are reported in Figure 2. Patient 6 (Fig. 2A) presented a WHO grade 1 pilocytic astrocytoma. The lesion had a mild MET uptake associated with a strong heterogeneous contrast enhancement. Patient 9 (Fig. 2B) presented a WHO grade 4 Wnt-activated medulloblastoma. Conversely to the WHO grade 1 pilocytic astrocytoma, the lesion presented a more intense and homogeneous MET uptake but a mild heterogeneous contrast enhancement.

Molecular and Histopathological Data Versus MET Uptake Parameters

The mean SUV_{max} in WHO grade 4 lesions was 3.8 (range, 3.3–4.2) versus 2.5 (range, 1.7–3.0) in grade 1 lesions. The mean TBR_{max} in grade 4 lesions was 4.1 (range, 3.5–4.7) versus 2.5 (range, 1.5–3.2) in grade 1 lesions. The mean TBR_{mean} in grade 4 lesions was 5 (range, 4.1–5.8) versus 2.5 (range, 1.4–3.8) in grade 1 lesions. The mean SUV_{mean} in grade 4 lesions was 2.8 (range, 2.2–3.3) versus 1.8 (range, 1.3–2.4) in grade 1 lesions. The mean MTV in grade 4 lesions was 22.0 (range, 18–26) versus 27.2 (range, 0.9–48.3) in grade 1 lesions. Among the subgroup with interpretable MRI, the mean ADC_{min} in WHO grade 4 lesions was 0.5 (range, 0.4–0.6) versus 1.2 (range, 0.7–1.4) in grade 1 lesions.

Regarding the status of the KIAA1549-BRAF fusion, when present, the mean SUV_{max} was 2.7 (range, 2.4–3) versus 2 (range, 1.7–2.3), and when absent, the mean TBR_{max} was 2.7 (range, 2.1–3.2) versus 2 (range, 1.5–2.4), and the mean MTV was 30.9 (range, 11.0–48.3) versus 16.4 (range, 0.9–31.9).

DISCUSSION

The present study reported that, although high-grade lesion may show heterogeneous conventional MRI features, in WHO grade 4 tumors herein, the level of MET uptake was higher, and ADC values were lower than in WHO grade 1 tumors, which agrees with previous studies.^{25–29} Moreover, a meta-analysis focusing on glioma grading using ¹¹C-MET PET in adults found a sensitivity of 94% and a specificity of 89% to differentiate low- from high-grade glioma.³⁰ This clinical indication is underlined in the EANM/EANO/RANO guidelines for adult patients,⁵ as a negative scan excludes a grade 3/4 glioma, but it can also exclude a lymphoma or metastasis. However, grade 1/2 astrocytoma cannot be excluded since approximately 30% exhibit low uptake. As previously reported,²⁷ pilocytic astrocytoma, a low-grade tumor, had a high MET uptake herein, only slightly lower compared with that of the high-grade tumors. Thus, MRI features, especially the ADC value, which is high in pilocytic astrocytoma,²⁹ should be carefully evaluated and integrated to interpret MET uptake, taking into account the complementary information provided by PET and MRI.

Combined ¹¹C-MET PET and MRI is used in brain tumors to perform targeted biopsies and to define the tumor limit^{8,17}; the complementary information provided by MRI and PET parameters in pediatric brain tumors was assessed by a limited number of studies, and none used MET.^{7,18,31} Herein, the MET uptake was compared with the ADC_{min}, which is used as a marker of dense tissue with high cellularity, small extracellular space, and high nuclear/cytoplasmic ratio.^{32,33} A moderate negative correlation was found between these parameters, which could indicate a potential additional predictive value, as reported by Morana et al¹⁸ using DOPA. As in the present study, they found a negative correlation between ADC_{min} and DOPA

TABLE 4. Description of the Quantitative PET Finding

Patient ID	Pathological Findings	SUV _{max}	TBR _{max}	SUV _{mean}	TBR _{mean}	MTV
1	Pilocytic astrocytoma	3.0	2.7	2.4	3.4	39
2	CNS embryonal tumor with PLAGL amplification	4.1	3.3	3.3	4.6	57.6
3	Schwannoma	2.9	3.2	2.3	3.8	34
4	Pilocytic astrocytoma	2.4	3.2	1.4	2.4	25.2
5	Pilocytic astrocytoma	2.9	2.1	1.8	1.7	11
6	Pilocytic astrocytoma	2.3	2.4	1.3	1.9	31.9
7	Ganglioglioma	1.7	1.5	1.4	1.4	0.9
8	Pilocytic astrocytoma	2.4	2.6	1.9	2.9	48.3
9	Medulloblastoma	3.3	3.5	2.2	4.1	26
10	Medulloblastoma	4.2	4.7	3.3	5.8	18

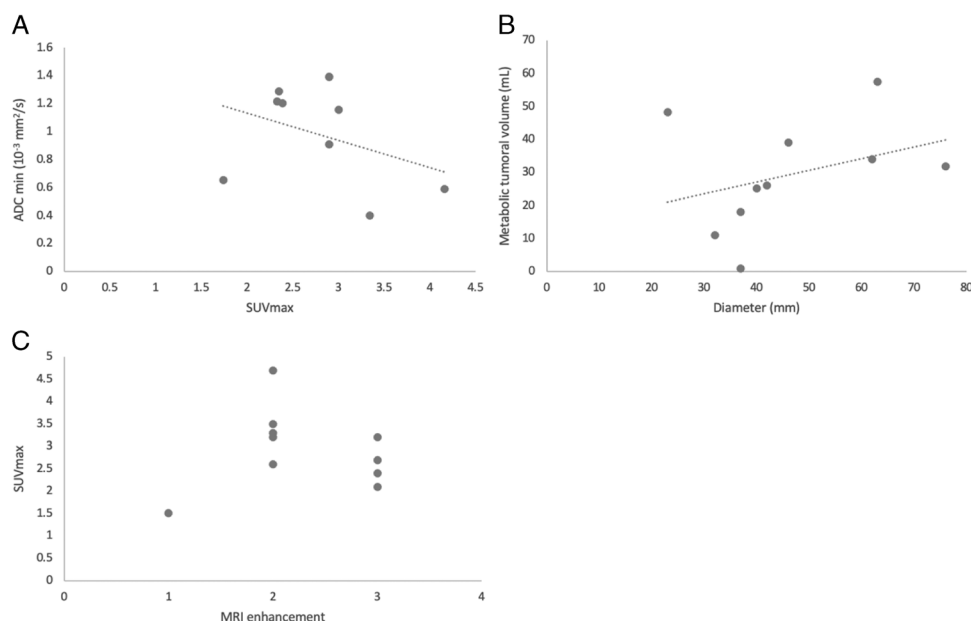


FIGURE 1. Comparison of PET and MRI parameters. **A**, Plot displays the ADC_{min} according to the SUV_{max} . **B**, Plot displays the MTV according to the diameter measured on the MRI. **C**, Plot displays the SUV_{max} according to the MRI enhancement.

uptake in 26 (mainly supra tentorial) astrocytic gliomas (Spearman $\rho = -0.76$, $P < 0.001$). Other studies used non-amino acid tracers, such as choline⁷ or FDG,³¹ that also partially reflect proliferation, and a negative correlation with ADC_{min} was also found.

The present study found no correlation between MET uptake and CE intensity. CE reflects the blood-brain barrier disruption, but MET PET uptake reflects the L-type amino acid transporter 1 expression³⁴; hence, the MET uptake provides additional information to the CE MRI, with clinical implication. For example, in addition to conventional CE MRI that might be negative, baseline ¹¹C-MET PET is particularly useful to characterize low-grade glioma.³⁵ Moreover, in pediatric high-grade glioma, it delineates the non-contrast-enhancing tumor regions, which are at increased risk for recurrence.³⁶

The present study has several limitations. The sample size was small, but pediatric brain tumors are rare,³⁷ and patients were prospectively included. In addition, the ¹¹C-MET tracer was used, but due to the short half-life of ¹¹C, an onsite cyclotron was required, which is

rarely available in clinical practice. However, alternative ¹⁸F amino acid tracers such as ¹⁸F-FET and ¹⁸F-DOPA are available,^{5,6} and ¹⁸F-FDG could also be useful.⁶ In the present study, MRS was not included, whereas it is a valuable tool to improve the diagnostic performance of MRI in pediatric brain tumors.³⁸ Compared with ¹⁸F-DOPA, MRS was better to distinguish diffuse brain gliomas from nonneoplastic lesions, but ¹⁸F-DOPA uptake was better to differentiate low-grade from high-grade glioma.⁴ In addition, in pediatric diffuse midline gliomas, ¹⁸F-DOPA PET but not MRS was able to distinguish H3K27M mutant from wild type.¹⁹ These studies underline the complementary information provided by MRS and amino acid PET. Moreover, as a perspective, PET could be used to guide MRS during PET-MRI acquisition as reported for optimal voxel placement in adults.^{39,40}

Larger multicenter studies are now required to confirm these preliminary findings, using simultaneous PET-MRI to provide a “one-stop shop” examination⁴¹ and to avoid the radiation exposure of CT.⁴² It is

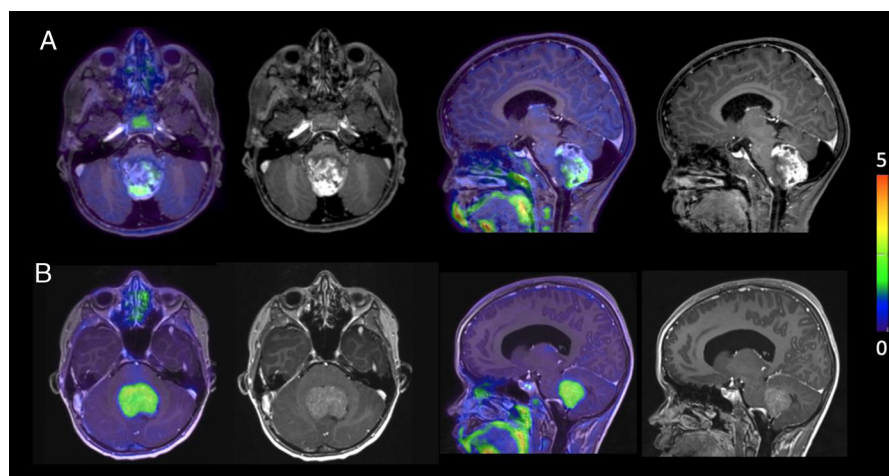


FIGURE 2. Axial and sagittal ¹¹C-MET PET fused with T1W CE MRI images, respectively, depicts (A) a pilocytic astrocytoma (patient 6) and (B) a medulloblastoma (patient 9).

necessary to evaluate the potential use of ^{11}C -MET as a biomarker at initial diagnosis and follow-up, as well as its potential predictive value, to support the use of targeted therapy and improve the quality of life of children.

CONCLUSIONS

The present study suggests that preoperative ^{11}C -MET PET-MRI for pediatric infratentorial tumors provides information complementary to that provided by MRI alone. To confirm these preliminary results, larger multicenter studies are needed. Potentially, PET-MRI might be able to provide sufficient information to characterize different tumor types, to avoid surgical procedure, and to help the oncological management to improve the overall survival and the quality of life of children.

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