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Curcumin-mediated NRF2 induction limits inflammatory damage in preclinical models of cystic fibrosis

- Stephen A Leon-Icaza^{1*}, Maxence Fretaud^{2*}, Sarahdja Cornélie³, Charlotte Bureau³, Laure Yatime³, R Andres Floto^{4,5},
 Stephen A Renshaw⁶, Jean-Louis Herrmann^{7,8}, Christelle Langevin⁹, Céline Cougoule¹ and Audrey Bernut^{3#}
- 5

6 ¹Institute of Pharmacology and Structural Biology, University of Toulouse, CNRS, Toulouse, France. ²Université Paris-7 Saclay, INRAE, Université de Versailles St Quentin, Virologie et Immunologie Moléculaires, Jouy-en-Josas, France. 8 ³Laboratory of Pathogens and Host Immunity, University of Montpellier, CNRS, Inserm, Montpellier, France. ⁴Molecular 9 Immunity Unit, University of Cambridge Department of Medicine, MRC-Laboratory of Molecular Biology, Cambridge, 10 UK. ⁵Cambridge Centre for Lung Infection, Royal Papworth Hospital, Cambridge, UK. ⁶The Bateson Centre, School of 11 Medicine and Population Health, University of Sheffield, Sheffield, UK. ⁷Université Paris-Saclay, Université de Versailles 12 St Quentin, Inserm, Infection et Inflammation, Montigny-le-Bretonneux, France. ⁸Hôpital Raymond Poincaré, AP-HP, 13 Groupe Hospitalo-universitaire Paris-Saclay, Garches, France. ⁹Université Paris-Saclay, INRAE, Infectiologie 14 Expérimentale des Rongeurs et des Poissons, Jouy-en-Josas, France.

- 15
- 16 *Equal contribution
- 17 #Corresponding author: <u>audrey.bernut@umontpellier.fr</u>
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Author Contributions: AB conceived the project, designed experiments, analysed data and wrote the manuscript with input from SAL-I, MF, LY, RAF, SAR, J-LH, CL and CC. LY performed structural analyses. SAL-I and CC were responsible for the *ex vivo* testing in organoid models. MF and CL performed SHG imaging. SC, CB and AB performed zebrafish experiments. CL, CC and AB guided and supervised the work. All authors contributed to the article and approved the submitted version.

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35 Abstract

Overactive inflammation is directly correlated with airway damage and early death in individuals with cystic fibrosis (CF), a genetic disorder caused by mutation in the *CFTR* gene. Reducing the impact of inflammatory damage is therefore a major concern in CF. Several studies indicate that a decrease in the nuclear factor erythroid 2-related factor-2 (NRF2) signaling in people with CF may hamper their ability to alleviate oxidative stress and inflammation, although the role of NRF2 in CF inflammatory damage has not been determined. Therefore, we examined whether the phytochemical curcumin, an activator of NRF2, might provide a beneficial effect in the context of CF.

Herein, combining *Cftr*-depleted zebrafish larvae as innovative biomedical model with CF patient-derived airway organoids (AOs), we sought to understand how NRF2 dysfunction leads to abnormal inflammatory status and impaired tissue remodeling, and determine the effects of curcumin in reducing inflammation and tissue damage in CF.

We demonstrate that NFR2 is instrumental in efficiently regulating inflammatory and repair processes *in vivo*, thereby preventing acute neutrophilic inflammation and tissue damage. Importantly, curcumin treatment restores NRF2 activity in both CF zebrafish and AOs. Curcumin reduces neutrophilic inflammation in CF context, by rebalancing the production of epithelial ROS and pro-inflammatory cytokines. Furthermore, curcumin alleviates CF-associated tissue remodeling and allows tissue repair to occur. Our findings demonstrate that curcumin reduces inflammatory damage by restoring normal NRF2 activity, since disruption of Nrf2 pathway abrogated the effect of treatment in CF zebrafish.

54 This work highlights the protective role of NRF2 in limiting inflammation and injury, and show that 55 therapeutic strategies to normalize NRF2 activity using curcumin might simultaneously reduce inflammation 56 and enhance tissue repair, and thus prevent infectious and inflammatory lung damage in CF.

57

58 **Keywords**: Cystic fibrosis; Curcumin; NRF2; Oxidative response; Neutrophilic inflammation; Tissue repair.

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61 Introduction

62 Cystic fibrosis (CF), resulting from mutations in the gene encoding the CF transmembrane conductance 63 regulator (CFTR) channel, is one of the commonest fatal genetic disorders in the world (1, 2). Pulmonary 64 pathology is the prime cause of mortality and morbidity among individuals with CF and is therefore the main 65 focus of therapeutic interventions.

66 In lungs, absence or functional failure of CFTR results in an abnormal airway surface environment 67 predisposing the patients to airway obstruction, infections, inflammation and tissue remodeling (3). 68 Inflammation is a natural response of host immunity to infection or injury. However, in CF, airway 69 inflammation is both excessive and ineffective at clearing infectious burdens, causing progressive and 70 irreversible lung injury, ultimately leading to pulmonary function impairment and premature death (4).

71 The characteristic feature of airway inflammation in CF is an early, disproportionate and sustained 72 neutrophil-dominated phenotype (5). Whether inherent to the CFTR defect or in response to infections, a 73 plethora of cellular and molecular mechanisms have been proposed to explain the onset of neutrophilic 74 inflammation in CF, including the pathogenic role of epithelial oxidative response (6–8) and excessive 75 production of pro-inflammatory cytokines. Interestingly, critical regulators of redox balance, such as the 76 nuclear factor erythroid 2-related factor-2 (NRF2)-KEAP1 pathway, appear to be disrupted in several in vitro 77 and *ex vivo* models of CF (9–12). NRF2 is a transcription factor playing a pivotal role in the lungs to mitigate 78 oxidative and inflammatory response through the regulation of genes involved in oxidative stress, 79 antioxidant defense and pro-inflammatory processes via the antioxidant response elements (AREs) signaling 80 pathway (13). Although CF epithelia exhibit reduced NRF2 activity and have been associated with increased 81 production of reactive oxygen species (ROS) and pro-inflammatory cytokines (9), it remains unclear whether 82 the excessive neutrophilic inflammation in CF is related to defective NRF2 function.

In CF care, the use of conventional anti-inflammatory therapies, such as corticosteroids and ibuprofen, can sometimes be effective in limiting inflammatory damage, but their adverse effects have discouraged their long-term use and new treatment options are desired (14). Considering the protective role of NRF2, therapeutic strategies designed to activate NRF2 may have clinical benefit in CF by reducing oxidative stress, inflammation and subsequent cell damage in the lungs. Curcumin, widely known for its anti-inflammatory and antioxidant properties, is a potent NRF2 activator (15). However, the biological significance of curcumin treatment in CF-related inflammatory damage is not known.

Using *cftr*-depleted zebrafish (7, 16) as an innovative and relevant vertebrate model of CF, combined with CF patient-derived airway organoids (AOs) (10), we demonstrated that curcumin, by normalizing NRF2 activity, can alleviate neutrophilic inflammation in CF context by reducing oxidative response and the levels of pro-inflammatory cytokines. In addition, curcumin directly mitigates CF-associated tissue damage and allows tissue repair to occur. These findings serve as supportive evidence for future evaluation of curcumin in people with CF.

- 97 Results
- 98

99 Zebrafish and human NRF2 proteins are structurally conserved

100 Two putative co-orthologs of human NRF2 (hNRF2) have been described in zebrafish, Nrf2a and Nrf2b (17, 101 18). Sequence comparison revealed that Nrf2a resembles hNRF2 more closely than Nrf2b as it shares 46% 102 sequence identity with the human protein and displays a similar domain organization, with seven Neh 103 domains and highly conserved consensus motifs, in particular in the Neh1 (ARE-binding) and Neh2 (KEAP1-104 binding) domains (Figures 1A; S1). In contrast, Nrf2b diverges a bit more from the human protein, with only 105 32% sequence identity, long deletion regions and only six conserved Neh domains, the Neh4 domain being 106 absent (Figures S1; S2A). Despite some degree of conservation, sequence identity remains medium between 107 hNRF2 and the zebrafish Nrf2a and Nrf2b, which questions the true functional orthology between these 108 proteins.

109 To further address their resemblance, we performed structural analysis of the three proteins (hNFR2, 110 Nrf2a and Nrf2b). As no experimental structure has been described for zebrafish Nrf2a yet, we used 111 AlphaFold to predict its protein structure (19). As shown in **Figure 1B**, Nrf2a is proposed to adopt a largely 112 unstructured 3D-architecture, alternating long coiled-coil regions with shorter, well-structured domains that 113 correspond to the functional core of the Neh domains and are predicted with high confidence. In contrast, 114 the low confidence of the prediction for coiled-coil regions suggests that they may fold differently when 115 interacting with binding partners. Comparison of the AlphaFoldF model of Nrf2a with that of hNRF2 (Figure 116 **1C**) reveals a high structural similarity. In particular, the predicted secondary structure elements are placed 117 at the same position in Nrf2a and hNRF2. Furthermore, the Neh1 and Neh2 domains of Nrf2a align well with 118 the corresponding domains of hNRF2 from both the predicted AlphaFold model and available experimental 119 structures of isolated domains (Figures 1D-E) (20, 21). A similar structural analysis was performed on Nrf2b 120 and predicts a closely related structural organization although somewhat more divergent that hNRF2 (Figures 121 S2B-E).

Taken together, these data suggest that zebrafish Nrf2 proteins, and in particular Nrf2a, are structural homologs of hNRF2, reinforcing the idea that they ensure similar biological functions, and thus validating the use of zebrafish model to study the function of NRF2 *in vivo*.

125

126 **CF-mediated NRF2 deficiency promotes overactive inflammation** *in vivo*

To gain further insight into the impact of a dysfunctional CFTR on NRF2 activity *in vivo*, the expression of *nrf2a* and *nrf2b* in normal (control) and *cftr*-depleted (*cftr* morphant (MO)) zebrafish larvae was first evaluated following injury-induced inflammation (**Figure 2A**, (7)). While injury consistently triggered *nrf2a* response in control larvae, comparative RT-qPCR analyses revealed a significant downregulation of *nrf2a* level expression in CF animals (**Figure 2B**). Conversely, we found that *cftr* deficiency resulted in increased expression of *nrf2b* compared to the normal condition (**Figure 2B**). 133 Next, to determine how disrupted NRF2 activity might contribute to the hyper-inflammatory state in CF, 134 expression of *nrf2a* and/or *nrf2b* were knocked-down in zebrafish using established morpholinos (18). As an 135 exuberant influx of neutrophils is the hallmark of CF-related inflammation, we first investigated the 136 consequence of Nrf2 inhibition on neutrophil response following injury by exploiting the 137 TqBAC(mpx:EGFP)i114 reporter line labeling neutrophils (22). Only zebrafish injected with the nrf2a 138 morpholino were characterized by an increased recruitment of neutrophils to the wound compared to those 139 injected with the control one, while no significant change was observed from animals injected with the *nrf2b* 140 morpholino (Figures 2C-D). These results suggest that Nrf2a acts as a main regulator of neutrophilic 141 inflammation in zebrafish, whereas Nrf2b shows no obvious function. To note, neither Nrf2a nor Nrf2b 142 ablation had measurable impact on the total number of neutrophils (Figures S3A-B). Importantly, a similar 143 increase in the number of wound-associated neutrophils was observed in *cftr-* and *nrf2a*-depleted larvae, 144 and in the double *cftr/nrf2a*, *cftr/nrf2b* and *cftr/nrf2a+b*-depleted animals (Figure 2E). This is consistent with 145 the hypothesis that NRF2 signaling is already disrupted in CF and might be involved in the excessive 146 neutrophilic inflammation seen in this disease. We furthermore modulated NRF2 activity pharmacologically 147 using the NRF2 blocker ML385 or the NRF2 activator bardoxolone methyl (CDDO-Me). Corroborating our 148 finding using genetic approaches, we also observed that ML385 markedly exacerbated neutrophil response 149 in wild-type animals (Figure 2F). In contrast, a protective effect of CDDO-Me exposure, acting to reduce 150 neutrophilic inflammation, was demonstrated in CF larvae (Figure 2F). These findings suggest that NRF2 151 activation might alleviate excessive neutrophil responses in CF animals.

152 ROS generation by the dual oxidase DUOX is known to induce neutrophil chemoattraction (23). As shown 153 in Figures S4A-B, pharmacological inhibition of ROS production reduced neutrophil response in nrf2a-154 depleted zebrafish, suggesting that exaggerated neutrophil mobilization associated with the loss of Nrf2a is 155 due to a disrupted oxidative activity. To explore this hypothesis and to investigate the role of NRF2 in 156 regulating redox balance, we next addressed whether Nrf2a ablation could affect oxidative responses in 157 zebrafish. As expected, Nrf2a deficiency caused abnormal elevation of ROS production at the wound (Figures 158 S4C-D), coinciding with increased expression of duox (Figure 2G). In contrast, nqo1 and hmox1, two anti-159 oxidative NRF2 target genes, were downregulated in animals lacking Nrf2a (Figure 2G). Moreover, we found 160 that loss of Nrf2a led to increased expression of pro-inflammatory genes *il8* and *il1* β (Figures 2G; S4E-F), two 161 other important mediators of neutrophil chemotaxis (Figure S4G, (7)) known to be regulated by NRF2 (24, 162 25).

163 Collectively, these observations provide evidence that NRF2 activity is necessary to coordinate neutrophil 164 trafficking. In particular, we show that *cftr*-depleted zebrafish recapitulate the abnormal NRF2 status 165 associated with CF and support that dysfunctional NRF2 activity in CF airways contributes to neutrophilic 166 inflammation, likely by causing deleterious changes in oxidative and pro-inflammatory responses.

167

168 **CF-mediated NRF2 deficiency alters tissue repair** *in vivo*

169 Our previous work revealed that *cftr*-depleted zebrafish exhibit impaired tissue repair after injury (7). 170 Considering the protective role of the NRF2 signaling pathway in repair processes (26), we next investigated 171 whether dysfunctional NRF2 activity might impede tissue repair in CF. Since zebrafish caudal fins are known 172 to undergo complete regeneration after amputation, we assessed host regenerative performance in the 173 absence of Nrf2 signaling by quantifying fin regrowth post-amputation (Figure 3A, (7)). Fin regrowth was 174 impaired in *nrf2a*-depleted zebrafish compared to controls, in association with a reduction in the area, length 175 and width of regenerated fins (Figures 3B-C), whereas the loss of Nrf2b did not affect regrowth (Figure S5). 176 These findings indicate that Nrf2a is the likely NRF2 paralogue that mediates tissue repair mechanisms in 177 zebrafish. Importantly, similar regenerative defects were observed in both *cftr* and *nrf2a* MO, and in the 178 double cftr/nrf2a MO (Figure 3D), suggesting that impaired tissue repair in CF zebrafish could be linked to 179 defective Nrf2a. We next reasoned that excessive neutrophilic inflammation at wound (Figure 2) might 180 contribute to the impaired tissue repair in *nrf2a*-depleted zebrafish. To address this question, we ablated 181 neutrophils in zebrafish using the csf3r morpholino (27). As shown in **Figure S6**, removal of neutrophils 182 significantly improved fin regrowth in *nrf2a* morphant animals.

183 It is known that NRF2 influences extracellular matrix (ECM) deposition and remodelling, including collagen 184 formation (28), a critical step during tissue repair. In zebrafish, collagen projections at the wound edge guide 185 epithelial growth during caudal fin regeneration and initiate tissue repair ((29, 30); Figure 3E). Since optimal 186 tissue repair requires a functional NRF2 activity, we sought to characterize the effect of nrf2 ablation on the 187 formation of collagen projections during the process of regeneration. Using second harmonic generation 188 (SHG) imaging to visualize collagen fibers, we found that the formation of collagen projections was disrupted 189 in *nrf2a*-deficient larvae (Figures 3F-I). While the wound edge in control animals formed an uneven border 190 containing collagen associated-epithelial projections, *nrf2a*-depleted larvae displayed a smooth wound edge 191 and relative absence of such projections (Figure 3F). Following amputation, \approx 90% of control larvae had 192 visible projections while only \approx 50% of *nrf2a*-depleted larvae displayed projections (Figure 3G). In addition, 193 analyses revealed a reduced number of collagen projections in *nrf2a*-depleted animals compared to controls 194 (Figure 3H). Finally, the contour of the wound edge was measured in control and nrf2a MO, as a marker of 195 collagen fiber formation as well as a state of active tissue repair (29). The *nrf2a*-deficient larvae had a shorter 196 contour length at the wound edge as compared to control larvae (Figure 3I). These findings indicate that 197 Nrf2a deficiency impairs wound repair in zebrafish, at least in part through affecting the formation of collagen 198 and epithelial projections.

Altogether, these findings provide further evidence that functional NRF2, by regulating collagen formation, is required for efficient tissue repair, and support the proposal that impaired NRF2 activity in CF airways could be involved in the abnormal tissue remodeling seen in this disease (31, 32).

202

203 Curcumin-induced Nrf2 activation reduces CF-related inflammation in zebrafish

204 Current therapies targeting inflammation in CF have limited efficacy. Since NRF2 signaling represents an 205 important mechanism in the regulation of inflammatory and tissue repair processes, it could be considered 206 as a promising therapeutic target to prevent excessive inflammation and tissue damage in CF. We therefore 207 examined whether turmeric-derived curcumin, a NRF2 activator, might provide a beneficial effect in the 208 context of CF (**Figure 4A**).

209 Firstly, we confirmed that curcumin treatment was able to rescue disrupted *nrf2* expressions in Cftr-210 depleted zebrafish (Figures 4B; S7), and could promote Nrf2a activation. Curcumin efficiently reduced early 211 neutrophil response to injury in CF larvae compared to DMSO-treated animals (Figures 4C-D; S8). 212 Interestingly, despite the anti-inflammatory properties of curcumin, neutrophilic inflammation was similar in 213 DMSO- and curcumin-treated larvae in the presence of normal Cftr activity (Figures 4C; S8). Additionally, 214 since pulmonary infections are major features in CF (33), we were also interested in determining the effect 215 of curcumin on neutrophilic inflammation in a context of infection. To do so, we used a range of CF-relevant 216 bacteria, including Staphylococcus aureus, Pseudomonas aeruginosa and Mycobacterium abscessus, added 217 into the media of injured larvae (Figure S9A). Microscopy observations revealed that neutrophil recruitment 218 was significantly increased in response to the bacteria-infected injuries (Figure S9B). Having proven that 219 curcumin does not alter bacterial growth *in vitro* (**Table 1**), we treated infected-CF zebrafish with curcumin 220 and showed that the compound also alleviated hyper-neutrophilia in a context of infection (Figure S9C).

221 To validate the NRF2-targeted action of curcumin in our system, we knocked-down *nrf2a*, *nrf2b* or *nrf2a+b* 222 expression in zebrafish and examined whether curcumin was still able to restore normal neutrophil responses 223 in the absence of Nrf2 signaling. As shown in **Figure S10**, although wound-associated neutrophil number was 224 significantly higher in *nrf2a*-depleted larvae than control animals when treated with curcumin, the treatment 225 partially reduced neutrophilic inflammation in the absence of Nrf2a. However, when both nrf2a and nrf2b were 226 depleted, curcumin failed to reduce neutrophil inflammation, supporting the notion that curcumin regulates 227 neutrophil response through Nrf2-dependent mechanisms. Importantly, when nrf2a was depleted in CF 228 animals, curcumin failed to reduce inflammation (Figure 4E), confirming that the presence of functional Nrf2 229 proteins, at least Nrf2a, is required for the anti-inflammatory action of curcumin to occur.

Excessive nuclear factor-κB (NF-κB) pathway activation has been described in the pathology of lung inflammation in CF (34), and was confirmed in zebrafish, with higher NFκB signal at wound in Cftr-depleted zebrafish compared to control animals (**Figures S11A-C**). In parallel of NRF2 activation, curcumin can directly inhibit NFκB signaling pathway (35). Therefore, the NFκB inhibitory action assigned to curcumin could also be considered. However, we found that curcumin exposure was not sufficient to reduced Nfκb signal in *cftr* MO (**Figure S11D**), suggesting that curcumin doesn't reduce inflammation in CF through NFκB inhibition.

We next sought to understand the mechanisms by which curcumin-induced NRF2 activation reduces neutrophilic inflammation in CF animals. Since exaggerated production of ROS by epithelia contributes to the inflammatory pathogenesis in CF (36), we first proceeded to examine the potential benefits of curcumin in reducing oxidative stress in CF larvae. Unexpectedly, rapidly after laser-induced epithelial tissue injury,

240 dynamic imaging and quantitative analyses revealed that curcumin-treated larvae exhibited a strong 241 oxidative burst at the injury site (Figures 4F-H). However, while oxidative responses increased over time in 242 DMSO-treated larvae, our observations indicated that curcumin gradually reduced ROS signal, suggesting 243 that treatment might reduce ROS generation through the modulation of NRF2-induced genes. As expected, 244 the anti-oxidative action of curcumin was confirmed by the downregulation of *duox* and the upregulation of 245 ngo1 gene in CF larvae treated with curcumin (Figures 4I-K), consistent with Nrf2 activation. Moreover, 246 curcumin exposure ameliorated the increased II8 and II1 β activity caused by CF, as demonstrated by qRT-PCR 247 and/or microscopy analyses (Figures 4L-O; S11E-G).

Together these data indicate that curcumin efficiently alleviates CF-related neutrophilic inflammation, by reducing oxidative and pro-inflammatory responses, *via* NRF2 activation.

250

251 Curcumin prevents tissue damage by improving tissue remodeling and repair in CF zebrafish

Pulmonary fibrosis and abnormal tissue remodeling disrupt lung function and cause death in CF. Considering the role of NRF2 pathway in repair processes (**Figure 3**), we next investigated whether curcumininduced Nrf2a activation could rescue abnormal tissue remodeling and repair in CF zebrafish (7). As shown in **Figures 5A-C**, curcumin exposure significantly improved tissue repair in CF injured zebrafish. Furthermore, while the presence of bacteria worsened tissue damage and defective tissue repair phenotype (**Figures S12A-B**), curcumin was also able to enhance tissue repair in CF fish in the context of infection (**Figure S12C**).

258 Because proper collagen fiber production and reorganization are essential for functional tissue repair in 259 zebrafish (30), we sought to further determine whether the deficit in caudal fin regeneration in CF zebrafish 260 was associated with a defect in collagen remodeling. Firstly, comparative analysis of the control and Cftr-261 depleted zebrafish regenerated tissue revealed that collagen fibers did not project well in CF animals (Figures 262 6A-D; S13A). Furthermore, SHG imaging showed that collagen fibers were completely disrupted upon injury 263 in CF animals, as measured by the area devoid of fibers (Figures 6E-G; S13B). Fiber alignment analysis (Figures 264 6H-L) indicated that this change correlates with a diminished number of fibers (Figure 6I) and a reduction in 265 their lengths (Figure 6J). Importantly, a significant change in collagen fiber width was seen in cftr MO, with 266 thicker fibers compared to control MO (Figure 6K), suggesting that Cftr influences injury-induced fiber 267 thickening. Interestingly, this change was associated with an overexpression of the transforming growth 268 factor- β (Tgf- β) (**Figure 6L**), a key pro-fibrotic cytokine / primary driver of fibrosis in CF (37). The population 269 of fibers in CF fins also tended to be less perpendicular overall to the wound edge than their control 270 counterparts (Figure 6M). Overall, regenerated tissues in CF animals consistently showed unaligned fibers 271 compared to control, and were more prone to develop aberrant fiber extrusions into the intra-fiber space 272 (Figure 6N). Interestingly, while mesenchymal cells are essential to guide the collagen fibers organization in 273 zebrafish fins (38), we observed that disrupted fiber content and orientation coincided with an abnormal 274 mesenchymal cell distribution and shape (Figure S13C). Remarkably, all these aberrant phenotypes are 275 rescued by curcumin treatment (Figures 6; S13).

Together these data indicate that curcumin efficiently improves tissue repair and prevents tissue damage in CF animals, by restoring remodeling of collagen and tissue.

278

279 Curcumin reduces inflammation and epithelial damage in CF patient-derived airway organoids

280 Finally, to further confirm the efficacy of curcumin in both reducing inflammation and tissue damage in 281 CF, while extending our results into a human system, we validated the effect of curcumin on bronchiolar 282 airway organoids (AOs)-derived from people with and without CF (10, 39). While CF-driven dysfunctional 283 NRF2 activity was confirmed by the reduction in expression of NRF2 in CF-AOs compared to healthy-AOs (10), 284 we first showed that treatment with curcumin significantly increased *NRF2* expression in CF-AOs (Figure 7A). 285 We showed that curcumin treatment brought $IL1\beta$ and IL8 expression back to normal level in CF-AOs (Figure 286 7B). Moreover, we evaluated the expression of genes related to the production and detoxification of ROS 287 and observed that CF-AOs treated with curcumin exhibited a mitigated oxidative response associated with 288 reduced expression of DUOX1 and higher level expressions of NQO1 (Figure 7C). 289 As previously described, CF AOs display increased cell death and thicker epithelium compared to healthy 290 ones (10), reflecting abnormal epithelial damage and remodeling. Having shown that curcumin efficiently 291 limits tissue damage in CF zebrafish, curcumin treatment was next evaluated for its effects on cell integrity 292 and mortality in AOs. Our results indicate that CF-AOs treated with curcumin displayed a significant decrease 293 in cell mortality, when assessed by propidium iodide (PI) staining (Figures 7D-E). Furthermore, as shown in 294 Figures 7F-G, treatment reduces wall thickness in CF AOs, denoting an improvement of cell integrity. 295 Altogether, these data support the potential of curcumin as a therapeutic for inflammatory lung damage

- 296 in CF.
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299 Discussion

300 Over the last decade, research progress has led to spectacular advances in the management of CF, in 301 particular with CFTR correctors and potentiators correcting the basic defect of CFTR function (40). However, 302 excessive inflammation continues to be a major cause of lung destruction in CF, indicating a continued need 303 for novel strategies to prevent inflammation-related pulmonary decline.

Among the defective mechanisms specific to CF-related inflammatory pathogenesis, the NRF2 signaling pathway, a master regulator of oxidative, inflammatory and regenerative responses, represent a promising target. Indeed, reports have shown differential expression of NRF2 expression and activation in several *in vitro* and *ex vivo* models of CF. Pharmacological activation of NRF2 results in decreased markers of oxidative and pro-inflammatory responses (9–12), suggesting that rebalancing NRF2 activity might simultaneously prevent inflammation and tissue damage in individuals with CF.

In the present study, using a combination of innovative animal and human models of CF, we sought to *i*) further explore the role of NRF2 in CF-related inflammatory status and associated tissue damage, and *ii*) determine the beneficial effect of curcumin, a known activator of NRF2, on inflammation and tissue repair in the context of CF. Our work identifies, for a first time, a role for NRF2 in neutrophilic inflammation, tissue damage and remodeling in CF. Importantly, we show that curcumin can restore normal level of inflammation and tissue integrity in a context of CF, by rescuing NRF2 signaling.

316 The link between NRF2 dysfunction and CF-associated neutrophilic inflammation remained elusive, 317 although evidence suggests that impaired NRF2 activity correlates with excessive generation of ROS and pro-318 inflammatory cytokines in CF airway. Our results reveal that loss of Nfr2 signaling leads to an exuberant 319 neutrophil response after injury in zebrafish. It coincides with an excessive production of epithelial ROS and 320 pro-inflammatory cytokines IL8 and IL1 β , all well-known key inducers of neutrophil mobilization (**Figure 2**). 321 These data provide evidence that NRF2 pathway is instrumental to efficiently orchestrate neutrophil 322 trafficking, likely by regulating oxidative and pro-inflammatory responses. Importantly, corroborating data 323 from other CF models (9-12), Cftr-depleted zebrafish model also exhibits impaired Nrf2 signaling. Our 324 findings confirm that impaired Nrf2 contribute to the neutrophilic inflammatory status in CF, since 325 pharmacological NRF2 activation can block this effect in CF animals (Figure 2). The plausible explanation is 326 that NRF2 dysfunction in CF leads to excessive production of ROS and pro-inflammatory cytokines by 327 epithelia in response to injury or infection (or inherent to CFTR mutations), which in turn, cause exuberant 328 neutrophilic inflammation.

Consistent with previous studies suggesting a role for NRF2 in tissue repair (26), we show that zebrafish lacking Nrf2 signaling exhibit incomplete tail fin regrowth after amputation, associated with disrupted collagen fiber formation and cell damage (**Figure 3**). Ablation of neutrophil in *nrf2*a-depleted animals partially rescues tissue repair, suggesting that neutrophilic inflammation is not the only cause of defective tissue repair in this context, and thus indicates that additional NRF2-mediated mechanisms, beyond its antiinflammatory/antioxidant actions, are likely to participate in tissue repair processes. Similarly, we previously reported that Cftr-depleted zebrafish had abnormal tissue repair, partly due to an overactive inflammation
 (7). This also appears to be NRF2 dependent, since pharmacological activation of NRF2 signalling improves
 tissue repair in CF fish (Figures 3,5-6). These findings strongly suggest that deleterious changes in NRF2
 activity are involved in defective tissue repair and tissue damage in CF.

Overall, these findings demonstrate the role of Nrf2 in CF-related inflammation and tissue damage, and thus provide a rationale for targeting this pathway to prevent inflammatory damage in patients. Curcumin, primary constituent in turmeric derived from *Curcuma Longa* rhizomes, is a potent activator of the NRF2 signaling pathway with anti-inflammatory, antioxidant and anti-infective therapeutic properties (41). We proposed here to study efficiency of curcumin on inflammatory response and tissue integrity in a context of CF, attempting to alleviate inflammation and tissue damage in CF.

345 We confirm that NRF2 activity is restored by curcumin treatment in both Cftr-depleted zebrafish and CF AOs 346 (Figures 4 and 7). NRF2 is activated by stress (42); KEAP1 allows NRF2 to escape degradation, accumulate 347 within the cell, and translocate to the nucleus, where it can bind to AREs promoting antioxidant and anti-348 inflammatory transcription programs. Interestingly, despite the large amounts of ROS produced in CF airways, 349 NRF2 signalling fails to be activated and translocated to the nucleus and is rapidly degraded in CF (9, 11). Notably, 350 several mechanisms could be proposed to explain the stimulating action of curcumin on NRF2 in a context of CF 351 (15) : by inhibiting KEAP1, by affecting the upstream mediators of NRF2 influencing the expression of NRF2 and 352 target genes, and/or by improving the nuclear translocation of NRF2.

353 Our results indicate that curcumin can significantly reduce CF inflammation *in vivo* and *ex vivo* by rebalancing 354 excessive generation or inefficient detoxification of ROS, as well as elevated expression of *IL8* and *IL1β*. 355 Consequently, curcumin alleviates CF-mediated neutrophilia. While curcumin has multiple effects and modes 356 of action (41), we show that ablation of NRF2 signaling in CF zebrafish abolishes the protective effect of 357 curcumin on CF-induced inflammation. Although we cannot exclude the possibility that curcumin modulates 358 additional mechanisms to reduce inflammation, our conclusions provide evidence that curcumin prevents 359 CF-mediated inflammation *via* activating the NRF2 pathway.

360 Since curcumin is safe and well-tolerated (43), these findings could have significant therapeutic implications 361 for potently targeting inflammation in CF lung disease, and thus may serve as supplements to current 362 therapeutic strategies or be an alternative to existing anti-inflammatory approaches. These data also suggest 363 that curcumin may have beneficial effects on the extrapulmonary co-morbidities occurring in people with CF, 364 such as gastro-intestinal and colorectal cancers (44, 45) or pancreas destruction and diabetes (46, 47). While 365 CF is principally characterized by pulmonary disease, CF-related diabetes resulting from pancreatic islets 366 destruction involving inflammation is a common feature among the individuals with CF and is associated with 367 accelerated lung decline and increased mortality. CF pancreas is indeed subject to high level of ROS and IL1 β , 368 both known to cause β -cell apoptosis and implicated in both Type-1 and Type-2 diabetes. Furthermore, while 369 pancreas destruction causes insulin insufficiency, chronic hyperglycemia is known to negatively affect 370 pulmonary function, by impeding bacterial clearance, increasing oxidative stress and level of proinflammatory cytokines, and generating fibrosis in the lungs (48, 49). Importantly, an insufficient Nrf2 activity is often associated with the etiology of diabetes, and has been involved in the development of oxidative stress and inflammatory state in diabetic people (50). Interestingly, NRF2 activation protects mouse model of diabetes from ROS-induced damage (51), suggesting that targeting NRF2-modulated ROS production might show promise in the treatment of pancreas destruction in a context of CF. Thus, having shown promising results in the treatment of diabetes (52), by restoring normal level of inflammation, curcumin might also prevent diabetes in CF.

378 In CF, acute inflammatory responses disrupt airways integrity leading to abnormal tissue remodeling, 379 increased accumulation and deposition of ECM components which can give rise to fibrosis (53). Our findings 380 indicate that curcumin improves tissue repair in CF zebrafish, by reducing tissue damage and fibrotic 381 phenotypes (Figure 5-6). The amelioration of tissue integrity is also observed in CF AO, associated with reduction 382 of cell mortality and aberrant tissue remodeling (Figure 7), demonstrating that curcumin might prevent lung 383 damage in people with CF. We have not yet identified the molecular events downstream of curcumin treatment 384 in tissue repair and remodeling and how these might regulate collagen deposition. Modulation of macrophage 385 (54) and fibroblast activity (55), two important cell populations in tissue repair processes including collagen 386 deposition, could be plausible cellular targets.

387 Increasing evidence, including our previous works, demonstrates that hyper-susceptibility to infections in CF 388 (56, 57) would be in part linked to defective bactericidal activities in professional phagocytes, themselves directly 389 caused by CFTR dysfunction (58–60). Interestingly, while NRF2 is mostly known to be a regulator of oxidative and 390 inflammatory responses, several studies indicate that NRF2 signaling pathway also plays a critical role in immune 391 defense against pathogens (61). A defect in NRF2 in mice increases susceptibility to several CF-related bacteria, 392 including P. aeruginosa (61, 62), S. aureus (63) and the mycobacterial species Mycobacterium avium (64), 393 suggesting this could account for the infection phenotype in CF. Further investigations are needed to determine 394 how CFTR/NRF2 interactions regulate antibacterial defense and how this defective axis contributes to increased 395 susceptibility to infection in CF.

396 Anti-inflammatory therapies are of particular interest for CF lung disease but must be carefully studied to 397 minimize the risk of impeding host immunity and thus worsening infection, as we recently observed with 398 roscovitine (65). We showed that sulforaphane, another activator of NRF2, increases *M. abscessus* killing in 399 several human models including CF AOs (10, 66), suggesting that activation of NRF2 might be a useful 400 pharmacological approach for CF-associated defects in bacterial clearance. Hypothesizing that a decrease in 401 Nrf2 signaling in people with CF indeed hampers their ability to defend against pathogens, it could be interesting 402 to test whether activation of NRF2 by curcumin restores antimicrobial defense in CF. Moreover, while curcumin 403 inhibits virulence factors in *P. aeruginosa*, such as the formation of biofilm or pyocyanin biosynthesis, gene 404 involved in quorum sensing (67), the antibiotic synergic action of this compound also improves the activity of 405 antibacterial agents against S. aureus (68), M. abscessus (69) and P. aeruginosa (70). Therefore, these results may

406 have significant therapeutic implications for potently targeting inflammation in CF and improving host immunity407 to infection.

Because the low bioavailability of curcumin, associated with its poor solubility and absorption in free form in the gastrointestinal tract and its rapid biotransformation to inactive metabolites, there is a debate on its effectiveness and utility as a health-promoting compound (41). However, this study, involving inflammation and tissue damage management in CF, was conducted with a free molecule, thus supporting its therapeutic and protective effects. With the availability of highly bioavailable curcumin formulations (71), it should be now possible to exploit the full activities and benefits of curcumin in CF, and clinical trials will be necessary to confirm its effects in humans.

To conclude, our findings indicate that rescuing NRF2 using curcumin may be a targeted therapeutic strategy to both mitigate inflammation and restore tissue repair, and thus prevent inflammatory damage in individuals with CF.

418

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432 Figure legends

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434 Figure 1. Structural analysis of zebrafish Nrf2a and comparison with human NRF2. (A) Domain organization 435 of human NRF2 (hNRF2), with the target binding partners indicated for each domain, and predicted domain 436 organization for zebrafish Nrf2a. All seven Neh domains seem to be present in Nrf2a. (B) 3D-structure of 437 zebrafish Nrf2a predicted with AlphaFold. In this model, long unstructured regions alternate with shorter 438 regions adopting defined secondary structures, mostly α -helices. The Neh domains are represented with the 439 same colour code as in panel A. (C) Structural overlay of the AlphaFold-predicted model for zebrafish Nrf2a 440 (light purple) with that of hNRF2 (cyan). The position of the secondary structure elements within the Nrf2a 441 model matches well with those predicted for hNRF2. (D) Structural overlay of the Neh1 domains from 442 AlphaFold-predicted Nrf2a structure, from AlphaFold-predicted hNRF2 structure, and from the X-ray 443 structure of the human NRF2-MafG complex (red; PDB ID 7X5F; (20)). The Neh1 domain of Nrf2a aligns well 444 with the corresponding domains of hNRF2, with root mean square deviation (rmsd) values on C α atoms 445 ranging from 0.7 to 2.5 Å². (E) Structural overlay of the Neh2 domains from AlphaFold-predicted Nrf2a 446 structure, from AlphaFold-predicted hNRF2 structure, and from the X-ray structure of the hNRF2-Keap1 447 complex (red; PDB ID 3WN7; (21)). The Neh2 domain of Nrf2a aligns well with the corresponding domains of 448 hNRF2, with rmsd values on C α atoms ranging from 2.5 to 4.0 Å².

449

450 Figure 2. Injury-induced inflammatory responses are exacerbated in the absence of Nrf2 signaling in 451 zebrafish larvae. (A) Schematic of aseptic injury-induced inflammation assay and analyses. Caudal fin 452 amputations (dotted lined) were performed proximally through the notochord (N) at 3 days post-fertilization 453 (dpf). (B) Control MO and *cftr* MO (generated using the validated *cftr* morpholino (16)) were caudal fin 454 amputated then the level expression of mRNA for *nrf2a* (left) and *nrf2b* (right) genes are evaluated at 2 hours 455 post-amputation (hpA). Graphs showing the fold change over total tissue from uninjured larvae (relative gene 456 expression from at least 3 independent experiments performed in triplicates, mean and guartiles shown, 457 Two-tailed Student t-test). (C–F) Neutrophil mobilization to tissue injury in the neutrophil-specific 458 TqBAC(mpx:EGFP)i114 line (22) is observed and enumerated at 2 hpA under a fluorescence microscope. The 459 neutrophil count area is defined as the region between the blood vessels (BV) end and the amputation edge 460 (AE). (C) Number of neutrophils mobilized to the wound in control MO, nrf2a MO, nrf2b MO or double nrf2a 461 MO / nrf2b MO (nrf2a+b MO). Each dot represents the number of neutrophils at the wound in a single larva 462 (3 independent experiments, One-way ANOVA with Dunnett's comparisons test). (D) Representative images 463 of injured tails (scale bars, 100 μ m). The images are denoted as green data points in (C). (E) Inhibition of 464 nrf2a, nrf2b or nrf2a+b was carried out in control and CF animals by injecting the nrf2a morpholino, the nrf2b 465 morpholino or the *nrf2a* + *nrf2b* morpholinos reciprocally. Neutrophil recruitment assay (3 independent 466 experiments, Two-way ANOVA with Tukey's multiple comparisons test). (F) Control MO and cftr MO were 467 treated with the NRF2 inhibitor ML 385, the NRF2 agonist CDDO-Me or DMSO (as mock control) prior to

468 caudal fin amputation procedure, then injured and immediately put back in treatments. Neutrophil number 469 at injured tails were enumerated at 2 hpA (3 independent experiments, Two-way ANOVA with Tukey's 470 multiple comparisons test). **(G)** Relative expression of mRNA for *duox, nqo1, hmox1, cxcl8 and il1* β at 2 hpA 471 (*duox, cxcl8 and il1* β) or 8 hpA (*nqo1* and *hmox1*) from at least 3 independent experiments performed in 472 triplicates (mean and quartiles shown, Two-tailed Student *t*-test).

473

474 Figure 3. Nrf2a-depleted zebrafish exhibit reduced tissue repair responses after injury. (A-I) Tissue repair 475 performance assessment. Caudal fin amputations were performed without injury to the notochord (dotted 476 line) at 2 dpf, then the potential of tissue repair was evaluated at 2 (E-I) or 3 (B-D) days post-amputation 477 (dpA). (B-C) Control MO and nrf2a MO were caudal fin amputated. Representative imaging of injured tail fin (scale bars, 100 μ m) (B) and measurement of regenerated fin areas, lengths and widths (C) (n=14-18 from 3 478 479 independent experiments, Two-tailed Student t-test). Error bars represent standard error of the mean (SEM). 480 The regenerated fin areas were defined as the region between the amputation edge and the end of the 481 extended fin. The regenerated fin lengths were measured from the notochord tip to the end of the extended 482 fin. The regenerated fin widths were defined as the max width measured from the amputation edge to the 483 end of the extended fin. (D) Inhibition of *nrf2a* was carried out in WT and CF animals by injecting the *nrf2a* 484 morpholino. Measurement of regenerated tail fin areas, lengths and widths in the presence or absence of 485 nrf2a (n=16 from 3 independent experiments, Two-way ANOVA with Tukey's multiple comparisons test). (E) 486 Second harmonic generation (SHG) and high magnification bright field imaging showing epithelial projection 487 associated with collagen fibers (scale bar, 10 µm). (F) Representative bright field microscopy of injured caudal 488 fin showing extended collagen fiber-containing epithelial projections (arrows) pushing the healing plane 489 forward (scale bar, 100 μ m). Morpholino knockdown of *nrf2* expression reduced the appearance of 490 projections, suggesting that Nrf2a modulates the formation of collagen fiber in zebrafish. (G-H) Proportion 491 of larvae forming visible projections (G; n=14-16, Fisher test) and the mean ± SEM number of projections per 492 larvae (H; n=14-16, Two-way ANOVA, Tukey's multiple comparisons test) (I) Measurement of wound contour 493 length in the presence or absence of *nrf2a* (n=14-18 from 3 independent experiments, Two-way ANOVA with 494 Tukey's multiple comparisons test).

495

496 Figure 4. NRF2 activation by curcumin normalizes inflammation in cftr-depleted zebrafish. (A) Control MO 497 and cftr MO were pre-treated with DMSO (as control) or curcumin before injury, then injured and 498 immediately put back in treatments until analysis. (B) mRNA levels of *nrf2a* at 2 hpA (relative gene expression 499 from at least 3 independent experiments performed in triplicates, Two-way ANOVA with Tukey's multiple 500 comparisons test). (C) Neutrophil number at the wound at 2 hpA (3 independent experiments, Two-way 501 ANOVA with Tukey's multiple comparisons test). (D) Representative images of amputation-induced 502 neutrophil mobilization in *cftr*-MO treated or not with curcumin (scale bars, 100 μ m). (E) Inhibition of *nrf2a* 503 was carried out in CF animals by injecting the *nrf2a* morpholino. Neutrophil number at the wound at 2 hpA

504 (3 independent experiments, Two-way ANOVA with Tukey's multiple comparisons test). (F) Schematic 505 illustration of laser-mediated injury assay triggering ROS production by epithelial cells. (G-H) cftr MO are 506 stained with CellROX^{*}, treated, laser-injured, then ROS production was time-lapse imaged and quantified 507 over 90 minutes by confocal microscopy. (G) ROS intensity at the wound site over the time course of 508 inflammation. Line of best fit shown is calculated by linear regression. P-value shown is for the difference 509 between the 2 slopes (n=12, performed as 3 independent experiments). (H) Pseudocolored imaging of laser-510 injured caudal fin showing representative ROS production throughout inflammation. (I-M) mRNA levels of 511 duox, ngo1, hmox1, cxcl8 and il1 β at 2 hpA (duox, cxcl8 and il1 β) or 8 hpA (ngo1 and hmox1) (relative gene 512 expression from at least 3 independent experiments performed in triplicates, Two-way ANOVA with Tukey's 513 multiple comparisons test). (N-O) cftr MO Tg(il1b:eGFP-F)ump3 (72) were caudal fin amputated then the 514 expression of $ll_{1\beta}$ was observed and analyzed. Relative $ll_{1\beta}$ intensity at 2hpA in *cftr* MO treated or not with 515 curcumin (n=18 from 3 independent experiments; Mann-Whitney U test) (N) and associated pseudocolored 516 photomicrographs of injured tails (O) revealing $il_{1\beta}$ expression at the wound-edge (scale bar, 100 μ m).

517

Figure 5. Curcumin improves defective tissue repair capacity in Cftr-depleted animals. (A-C) Control MO and *cftr* MO were treated with DMSO or curcumin prior to caudal fin amputation procedure, then injured and immediately put back in treatments for 4 h. The potential of tissue repair was evaluated at 72 hpA. (B) Brightfield microscopy of injured caudal fin showing tissue regeneration in *cftr* MO treated with curcumin *versus* DMSO (scale bars, 100 μm). (C) Measurement of regenerated caudal fin areas, lengths and widths following compounds exposure (n=20, Two-way ANOVA, Tukey's multiple comparisons test).

524

525 Figure 6. Curcumin reduces tissue damage by promoting remodeling of collagen fibers in CF zebrafish. 526 Control MO and *cftr* MO were pre-treated with DMSO or curcumin prior to tail fin amputation procedure, 527 then injured and immediately put back in treatments for 4 h. SHG microscopy of the regenerated tail fin was 528 performed at 2 (A-D) or 3 dpA (E-N). (A) surface rendering of a 3D reconstruction showing the tissue wound 529 edge in the bright field and corresponding SHG imaging Z projections to reveal collagen projections in injured 530 tails in control versus CF animals (scale bars, 25 µm). (B-C) Proportion of larvae forming projections (B; n=20, 531 Fisher test) and the number of projections per larvae (C; n=20, Two-way ANOVA, Tukey's multiple 532 comparisons test), in fishes treated or not with curcumin. (D) Measurement of wound contour length in fishes 533 treated or not with curcumin (n=20 from 3 independent experiments, Two-way ANOVA with Tukey's multiple 534 comparisons test). (E) 3D surface-rendered reconstruction of collagen fibers in regenerated tails to illustrate 535 the spatial organization of fiber relative to regenerated tissue with tissue wound edge in the bright field and 536 corresponding SHG imaging Z projections (scale bars, 100 μ m). (F) Areas of collagen fibers in Control MO 537 versus cftr MO regenerated fin as a function of tissue areas (left), and areas of collagen fibers in the 538 regenerated fin of CF fishes following DMSO or curcumin exposure as a function of tissue areas (right). (G) 539 Graph showing the ratio of area devoid of SHG fibers (from fiber ends to wound edge) following fin

540 amputation. Ratios were determined by measuring the areas devoid of SHG fibers normalize with total 541 regenerated tissue from F. (H) CT-FIRE-generated projections of SHG imaging of collagen fibers in the tail fin 542 showing changes in organization of collagen fibers during tissue repair process. (I-L) Graphs showing 543 quantitation of fiber number (I), length (J), width (K) as determined using CT-FIRE fiber analysis software (3 544 independent experiments, Two-way ANOVA with Tukey's multiple comparisons test). (L) mRNA levels of tgf-545 θ at 3dpA (relative gene expression from at least 3 independent experiments performed in triplicates, Two-546 way ANOVA with Tukey's multiple comparisons test). (M) Graphs showing quantitation of fiber angle as 547 determined using CT-FIRE fiber analysis software (3 independent experiments, Two-way ANOVA with Tukey's 548 multiple comparisons test). (N) 3D reconstruction from fin in cross section view revealing the spatial 549 organization between tissue and the fibers (scale bars, 100 µm), with fibers found within the space between 550 the 2 layers.

551

552 Figure 7. Treatment with curcumin alleviates inflammatory state and tissue damage in human CF airway 553 organoid. (A-C) Healthy or CF airway organoid (AO) were incubated with vehicle (DMSO) control or 30 µM 554 curcumin for 1 day. Gene expression levels of NRF2 (A), the pro-inflammatory cytokines IL8 and IL18 (B), the 555 oxidative stress-related gene DUOX1 and the NRF2-activated genes NQO1 and HMOX1 (D) were determined 556 by RT qPCR (relative gene expression from at least 3 independent experiments performed in triplicates, 557 ANOVA with Tukey's multiple comparisons test). (D-E) Cell death analysis in AO treated with vehicle (DMSO) 558 control or 30 µM curcumin for 4 days. Mean fluorescence intensity guantification of the propidium iodide 559 (PI) incorporation (D) and representative images (scale bars, 300 μ m) (E) in healthy and CF organoids treated 560 or not with curcumin (n=12-13, from 3 independent experiments, Two-way ANOVA with Tukey's multiple 561 comparisons test). Data for at least three independent experiments are expressed as violin plots. (F-G) 562 Quantification of the epithelial thickness (n=12-13, from 3 independent experiments, ANOVA with Tukey's 563 multiple comparisons test) (F) and representative images (scale bars, 300 μm) (G) in healthy and CF organoids 564 treated or not with $30 \,\mu\text{M}$ of curcumin for 4 days.

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Fig 3







