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Andrea Visonà, Sébastien Cavalaglio, Sébastien Labau, Sébastien Soulan, Hélène Joisten, François Berger, Bernard Diény, Robert Morel, Alice Nicolas

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Andrea Visonà, Sébastien Cavalaglio, Sébastien Labau, Sébastien Soulan, Hélène Joisten, et al.. Substrate softness increases magnetic microdiscs-induced cytotoxicity. *Nanoscale Advances*, 2024, 10.1039/D4NA00704B . hal-04788344

HAL Id: hal-04788344

<https://hal.science/hal-04788344v1>

Submitted on 18 Nov 2024

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Nanoscale Advances

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Cite this: DOI: 00.0000/xxxxxxxxxx

Substrate softness increases magnetic microdiscs-induced cytotoxicity[†]Andrea Visonà,^{a,b} Sébastien Cavalaglio,^a Sébastien Labau,^a Sébastien Soulan,^a Hélène Joisten,^b François Berger,^c Bernard Diény,^b Robert Morel,^b and Alice Nicolas^{*a}Received Date
Accepted Date

DOI: 00.0000/xxxxxxxxxx

Cytotoxicity of nanoparticles is primarily assessed on cells grown in plastic culture plates, a mechanical environment that is a million times stiffer than most of the human tissues. Here we question whether nanoparticles cytotoxicity is sensitive to the stiffness of the extracellular environment. To this end, we compare the metabolic activity, the proliferation and death rates, and the motility of a glioblastoma cancer cell line and a fibroblast cell line exposed to gold-coated Ni₈₀Fe₂₀ microdiscs when grown on a glass substrate or on a soft substrate whose mechanical properties are close to physiology. Our main result is that cells grown on soft substrates take up more microdiscs which results in greater toxic effects, but also that toxicity at similar particle load is more pronounced on soft substrates especially at large concentration of nanoparticles. These results suggest that both microdiscs uptake and their intracellular processing differ between soft and rigid substrates.

1 Introduction

Magnetic nanoparticles (NPs) are envisioned as a promising tool to locally alter cell behavior^{1,2} thanks to the ability of controlling them remotely via external magnetic field. Nanometric sized particles named SPIONs are already used in some clinical applications³. The application of a high frequency magnetic field (≥ 100 kHz) results in magnetic heating, inducing an increase of the local temperature (hyperthermia) which in turn can alter cell fate, either leading to cell death or to cell reprogramming⁴. In contrast to SPIONs (Superparamagnetic Iron Oxide Nanoparticles), vortex particles are much larger magnetic nanoparticles, which have recently attracted attention for their ability to exert mechanical forces in the nanoNewton range^{5–8}, comparable to the cellular forces⁹. Their high shape anisotropy (micrometer sized disc with few tens of nanometers thickness, see Fig. 1c) results, in the absence of magnetic field, in an in-plane circular closed-flux vortex magnetization configuration¹⁰. Under applied magnetic field (of the order of 10 to 100 mT) the particles polarize and, with low-frequency rotating or oscillating field, in the few Hertz range, they oscillate and give rise to a mechanical stress to the surrounding cells and tissues^{11–13} (Fig. S1). In addition, calcu-

lations and observations showed that these particles have a low enough magnetic susceptibility to avoid self-polarization effects within chains of particles, allowing the particles to redisperse after the magnetic field has been removed¹³. For these reasons, vortex microdiscs show great promise for future clinical applications based on mechanical stimulation. It has for instance been observed that the magneto-mechanical stress provided by these particles can induce cancer cell death^{11,12,14} or promote insulin secretion of pancreatic cells¹⁵.

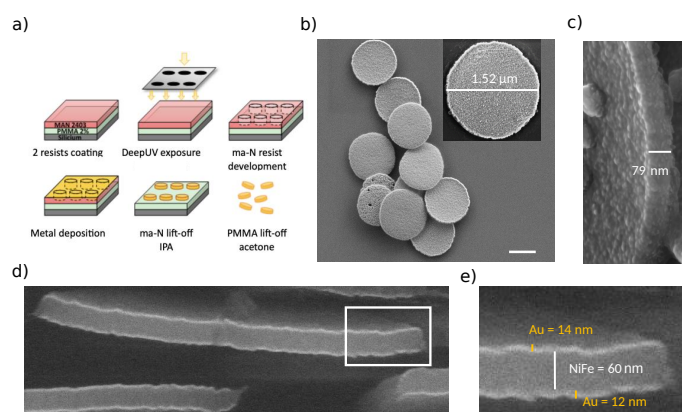


Fig. 1 (a) Nanofabrication process of the vortex microdiscs. (b–c) SEM images after particle release from the wafer showing top (b) and side (c) views of the NPs. Scale bar: 1 μm. (d) View of the lateral cross-section of particles, obtained with FIB-SEM. (e) Zoom of the region enclosed in the white rectangle in (d).

^a Univ. Grenoble Alpes, CNRS, CEA/LETI-Minatec, Grenoble INP, LTM, Grenoble F-38000, France.

^b Univ. Grenoble Alpes, CEA, CNRS, Spintec, Grenoble F-38000, France.

^c Univ. Grenoble Alpes, INSERM, CHU Grenoble, BrainTech Lab, Grenoble F-38000, France.

* Corresponding Author: alice.nicolas@cea.fr

[†] Electronic Supplementary Information (ESI) available: [details of any supplementary information available should be included here]. See DOI: 00.0000/00000000.

In what follows, we focus on these highly anisotropic microdiscs, which we refer to interchangeably as microdiscs or



nanoparticles, as defined by the European Commission Recommendation 2022/C 229/01¹⁶. To reach clinical applications, these composite NPs should better show the lowest possible toxicity in the absence of magnetic field. In this context, the gold coating aims to limit the release of metal ions, especially nickel ions, which were shown to be highly toxic¹⁷. These particles have already been used in several studies for their capability to exert mechanical forces in the nN range^{11,12,14,15,18}. Up to now, they were used at very low concentration, below 50 NPs per cell^{11,14,15}. In these conditions, they have been reported to have no or a very limited toxicity, assessed by metabolic assays. This evaluation was performed on cells grown *in vitro*, in standard culture plates made of plastic or glass, thus in a mechanical environment that is a million times stiffer than living tissues¹⁹. However, it is now well established that many cellular responses are sensitive to the mechanical properties of the extracellular environment. For instance, endocytosis was shown to be either enhanced, unaltered or limited when comparing cells grown on substrates of varying stiffness, depending on the precise mechanism of endocytosis²⁰. Since vortex particles were shown to be engulfed by cells^{14,15}, we questioned whether their cytotoxicity depends on the mechanical properties of the culture plate. To this end, we performed cytotoxic analysis with cells grown on a 2D soft matrix made of polyacrylamide hydrogel. Growing cells on these supports was recently shown to bring cells in a state of high physiological relevance for characterizing molecular events²¹. Here we focused on two cell types, a human cancer cell line of glioblastoma, a disease for which these particles could show promise²², the U87-MG cells, and a murine fibroblastic cell line that is often used as a reference for toxicity assays, the NIH 3T3 cells. The stiffness of the soft substrates were chosen according to the mechanical properties of their tissues of origin. For instance, we chose a value of 4 kPa to mimic the core of a glioblastoma tumor^{23,24}. The same value was first used for the NIH 3T3 cells, as a value of 5 kPa had been reported to allow dermal fibroblasts activation with a profile that resemble human biology²⁵. A second value, of 12 kPa, was also assayed that mimics stiffened regions associated with initial fibrosis and fibroblast activation²⁶.

The cytotoxicity of the vortex microdiscs in cells grown on the soft substrates was compared to that measured in glass culture plates. In order to single out the role of the stiffness of the extracellular matrix alone, the soft and glass substrates were coated with identical surface density of fibronectin, an adhesion protein that enables the growth of the two cell types. Using this experimental approach, our main result is that the cytotoxicity of the vortex microdiscs is larger for cells grown on a soft substrate. In these conditions, the cells capture more particles, with the greater particle load leading to a slowdown of the proliferation rate, to an increased death rate, and to a reduced proportion of cells progressing in cell cycle. Nevertheless, we observed that these cellular responses do not result in a decreased metabolic activity, suggesting that when grown on a soft substrate, cells engage other energy producing mechanisms that compensate the adverse toxic effects.

2 Experimental Section

2.1 Nanoparticles fabrication

The vortex micro-discs particles were fabricated by a top-down approach as described previously²⁷ (Fig. 1a). A double layer of, first, PMMA 2% AR-P 679.04 positive resist (Allresist, Strausberg, Germany) and, second, ma-N 2403 negative resist (Micro resist technology, Berlin, Germany) was spun onto 100 mm bare silicon wafers according to manufacturer's recommendations. DUV optical lithography (240 nm) with mask aligner (Süss MicroTec MJB4, Garching, Germany) allowed defining an array of circular wells of diameter 1.3 μm in the ma-N top resist. After ma-N resist development with AZ 326 MIF (MicroChemicals, Ulm, Germany), metal deposition (Au 10 nm / Ni₈₀Fe₂₀ 60 nm / Au 10 nm) was made using a Plassys MEB550 HV e-beam evaporation system (Marolles-en-Hurepoix, France). A first ethanol lift-off allowed removing the ma-N resist, leaving the particles standing on the PMMA resist layer. A second acetone lift-off allowed to free the particles from the silicon substrate (Fig. 1b). Particles were washed three times in hot acetone (50 °C) in an ultrasonic tank, to allow for the removal of the PMMA monomers. They were then washed and sonicated three times with ethanol. A sample was taken from each batch for magnetization measurement in order to estimate the amount of produced vortex discs. They were then stored in ethanol, in sealed tubes, and kept in the refrigerator until use. This protocol produced disc-shaped flakes with a nominal diameter of 1.3 μm and a thickness of around 80 nm, consisting of a permalloy core (Ni₈₀Fe₂₀) with a nominal thickness of 60 nm covered on its upper and lower faces with a layer of gold with a nominal thickness of 10 nm (Fig. 1c,e). Before use in cell culture, the ethanol was substituted with culture medium sequentially to ensure cells are not exposed to harmful doses of ethanol. Dispersion of the particles was achieved by sonication and extensive flushing with pipette before adding the medium and NPs in culture.

2.2 Electron microscopy

Few particles suspended in ethanol were deposited on a 10 x 10 mm² silicon wafer and ethanol was let to evaporate. SEM imaging was performed on ZEISS Ultra Plus Scanning Electron Microscope equipped with an in-lens detector. Accelerating voltage was set to 20 kV. Cross-section views of the NPs were obtained using a Helios 450S Focused Ion Beam equipped with Scanning Transmission Electron Microscope FIB-STEM from FEI (Thermo Fisher Scientific Inc.), featuring a gallium FIB gun at 30 kV and a 30 kV SEM column. Prior to imaging, the sample was encapsulated in SU8-2002 resist (Microchemicals, Ulm, Germany) to prevent the detachment of the NPs. The resist was diluted in PGMEA (Sigma Aldrich, Saint Quentin Falavier, France) in ratio 50:50, spin coated at 2000 rpm for 30 s on the silicon piece according to manufacturer's recommendations in order to produce a layer with a thickness of less than one micron. This was followed by two anneals, one at 70°C for drying and the second one at 95°C for polymer cross-linking. 40 nm of platinum was deposited on the sample using a Bio-Rad SC500 sputter to avoid charging effects under electron beam conditions. The first treatments applied



to the sample, carried out in the FIB-STEM chamber, involved a focused platinum deposit enhanced by an ion beam to obtain a protective mask over an area of $4\ \mu\text{m} \times 15\ \mu\text{m}$ and a thickness of $1\ \mu\text{m}$. A series of focused cuts around the mask was used to extract a small volume of the wafer surface to a depth of 3 to $4\ \mu\text{m}$ below the protection. The prism was then attached to a TEM grid to be eroded by the gallium beam. SEM images were captured at various points during this progression through the volume using the in-lens detector located in the pole piece of the electron emission column. This detector is capable of reconstructing the image of secondary electrons for topographical information, as well as BSE backscattered electrons giving good chemical contrasts. High acceleration of 29 kV and a low current of 6.3 pA were used for better resolution.

2.3 Cell culture

GFP-tagged U87-MG and NIH 3T3 cells were purchased from ATCC. The cells were grown in Dulbecco's Modified Eagle's medium (DMEM, Gibco, Ref. 31966047) completed with 10% fetal bovin serum (FBS, Gibco, Ref. 10270106) and 1% ATAM (Gibco, Ref. 15240062). The cells were maintained at $37\ ^\circ\text{C}$ in a humidified atmosphere of 5% CO_2 . For our experiments, the cells were grown either on glass culture plates coated with $1\ \mu\text{g}/\text{cm}^2$ fibronectin (stiff substrate) or on plates having a layer of polyacrylamide hydrogel coated with $1\ \mu\text{g}/\text{cm}^2$ fibronectin (soft substrate). The plates were purchased from Cell&Soft (Grenoble, France) and used following the manufacturer's instructions. We chose Young's moduli of the soft bottoms of 4 kPa for the study with U87-MG cells and both 4 kPa and 12 kPa for the NIH 3T3 cells. The choice of these values is explained in the Results section.

2.4 Characterization of the coating of the culture plates

We checked that the fibronectin coating was identical between all the conditions by performing a comparative immunostaining assay. In the absence of cells, the wells were labeled with anti-fibronectin antibody (Sigma-Aldrich, F3648) diluted at 1/400 and conjugated with an Alexafluor 488 secondary antibody (Molecular Probes, A21206) diluted at 1/2000. Confocal imaging (LSM 880, Zeiss) was performed to compare the level of intensity in the 3 conditions (4 kPa, 12 kPa, glass). A pile of images was acquired at 20 x magnification (NA 0.8) for 3 positions in each well with identical illumination and capture parameters. Images stacks were analyzed with Fiji²⁸. The pile of images was summed and the resulting image was blurred with a gaussian filter of 10 pixels radius to remove the pixelisation coming from the confocal. The mean intensity and the standard deviations were then measured in every condition.

2.5 Metabolic assay

A colorimetric assay (CCK-8, Sigma Aldrich, ref. 96992) was used to assess cell metabolism. In this test, the highly water-soluble tetrazolium salt, WST-8, is reduced by dehydrogenase in living cells to give a yellow-coloured dye (formazan). The amount of the formazan dye generated by the activity of mitochondria is

proportional to the energy production of cells. We compared the amount of formazan between cells that were grown in the presence or in the absence of NPs. Cells were seeded at three cell densities, either 4000 cells/cm² (hereafter D1), 8000 cells/cm² (hereafter D2) or 13000 cells/cm² (hereafter D3), in 96 wells plates with either a stiff glass bottom or a soft one (4 kPa or 12 kPa). Two concentrations of NPs, of 5 and $50\ \mu\text{g}/\text{cm}^2$, were compared to a control condition, defined by the absence of NPs. The NPs were introduced 6 h post seeding and incubated for 16 hours. Additional control wells containing the four concentrations of NPs (5, 10, 50 and $100\ \mu\text{g}/\text{cm}^2$) but no cells were prepared to check whether the absorbance is altered by the particles. CCK-8 product was then added and incubated for 2 hours, after which the optical density (OD) was measured with a FLUOstar Omega reader (BMG Labtech) at 450 nm (formazan absorbance) and at 600 nm (control). Three independent experiments were performed using cell populations that had been separated two passages prior to the metabolic assay.

2.6 Cell growth assays

The number of cells was monitored over time after the addition of NPs using a DNA stain (Incucyte NuLight Rapid Red Dye, Sartorius, ref. 4717). Three populations of cells were seeded in stiff and soft 96 wells plates at two cell densities, D1 and D3. The DNA stain was added 5 h post seeding at a concentration of 1/2000. One hour later, the NPs were introduced in some wells at concentrations 5 or $50\ \mu\text{g}/\text{cm}^2$, while the control wells were kept free of NP. The number of nuclei was monitored every hour for 48 h in fluorescence and phase contrast channels at 10 x magnification using an inverted microscope equipped with a motorized stage (IX83 Olympus, Olympus France, Rungis, France) and an incubation chamber (Okolab, Rovereto, Italy).

To determine the ratio of cells that had entered into cell cycle, we measured the number of cells expressing the Ki-67 protein. This protein is expressed into the nucleus during all phases of the cell cycle but the G0 phase, which is a phase of quiescence. Three independent populations of cells were seeded in stiff and soft 96 wells plates, and the NPs were added 6 h post seeding. The cells were then fixed 16 h post exposure to the NPs and cell nuclei were fluorescently labelled with the anti-Ki-67 conjugated antibody (eFluor 570, eBioscience, ref. 41-5698-82, dilution 1/200) and Hoechst stain (dilution 1/1000). One image per well of the two fluorescent channels was acquired at 10 x magnification and analysed.

Cell death was measured by quantifying the proportion of cells positive to propidium iodide (PI, Molecular Probes, ref. P3566). This molecule stains nuclei only in presence of holes in the lipid membrane which usually anticipates cell death, both in case of necrosis or apoptosis. Cells were seeded at D1 in stiff and soft 24 wells plates. The NPs were added 6 h post seeding at the two concentrations, 5 and $50\ \mu\text{g}/\text{cm}^2$ alongside with PI diluted at 1/2000 and NuLight Rapid Red dye diluted at 1/2000. Images were taken 16, 24 and 48 h post exposure to the NPs. Three images per well were captured in phase contrast, CY3 and CY5 channels.



2.7 Quantification of the number of particles per cell

The amount of particles per cell was determined by measuring the magnetic moment of pellets of cells grown with NPs for 16 h. Three independent populations of cells were seeded in stiff and soft 24 wells plates. NPs were added 6 h post seeding and let incubate for 16 h. Each well was then treated separately. The cells were detached with 0.05% Trypsin-EDTA (Gibco, ref. 25300062) and centrifuged at 1250 rpm for 5 min. The pellet was then immersed in a solution of PBS^{+/+} containing 1% Triton X-100 (Bio-Rad, ref. 1610407) to destroy the cell body. The Triton X-100 solution was substituted with ethanol and the pellet, with NPs and cell debris, was dried on a 5 x 5 mm silicon wafer positioned above a permanent magnet to avoid spillage of particles. A second piece of silicon wafer was glued on top of the first to prevent the pellet from detaching. Control samples were prepared with dilutions of the starting solutions of NPs used with the cells. In addition to detaching cells from the fibronecting coating, Trypsin also removed some of the NPs lying at the bottom of the well, which were not bound to cells, and which should be discarded from the count. Therefore, additional wells were seeded with only particles in order to quantify the number of detached NPs, n_w . We observed that n_w is a constant proportion α of the initial number of NPs deposited in the well, n_0 :

$$n_w = \alpha n_0 \quad (1)$$

with $\alpha = 0.15 \pm 0.02$ (Fig. S2). The magnetization of each well was measured via vibrating sample magnetometer (VSM) (MicroSense EasyVSM, QuantumDesign, Les Ulis, France). Knowing the magnetic moment and the mass of a single particle (5.28×10^{-2} A.m²/g and 1.21×10^{-12} g, respectively), we first quantified the raw number of particles per well, n_{raw} . To get the number n_c of NPs interacting with the cells, n_{raw} had next to be corrected from the n_w NPs that were detached from the surface by the treatment. Combining with Equation 1, we obtain:

$$\begin{aligned} n_{raw} &= n_c + n_w \\ &= n_c + \alpha(n_0 - n_c) \end{aligned} \quad (2)$$

Eq. 2 takes into account the fact that, as n_c NPs are attached to cells, the number of free NPs lying on the surface is no more n_0 but $n_0 - n_c$. The number of NPs per cell is then, for a given cell number N_c :

$$\frac{n_c}{N_c} = \frac{n_{raw} - \alpha n_0}{N_c(1 - \alpha)} \quad (3)$$

Here the cell number N_c is the one calculated from the growth curves by taking the average of the time points 15, 16 and 17 h.

2.8 Immunofluorescence and confocal imaging

Cells were stained to visualize Ki-67 protein and the plasma membrane. Ki-67 was immunostained with a eFluor 570-conjugated Ki-67 monoclonal antibody (eBioscience, ref. 41-5698-82, dilution 1/200) after cell permeabilization in a solution of 4% PFA, 0.5% Triton 100x in PBS^{+/+} for 15 min and fixation in a solution of 4% PFA in PBS^{+/+} for 45 min. The plasma membrane was stained with DiI (Molecular Probes, ref. V-

22885) diluted at 1/400 with cells being fixed but not permeabilized. In both case, the nuclei were stained with Hoechst dye at 1/1000. Fluorescently labeled samples were imaged with confocal microscopy (LSM 880, Zeiss) with a 63 x magnification oil immersion objective (NA 1.4). A pile of images with spacing 0.25 μ m was acquired. NPs were imaged with the same parameters using the reflected light at 488 nm.

2.9 Image analysis

Nuclei were segmented with StarDist Fiji plugin²⁹ or with Cellpose³⁰ and the masks were post-processed with an in-house Python3 code to count the nuclei. Using Cellpose, a neural network was trained starting from cyto2 pre-trained model. The training method employed was the so called "Human in the loop", where some exemplary images of the whole data set are sequentially used to refine the pre-trained network. This allowed to obtain greater precision without the need of a large data set with many ROIs per image, which would otherwise be required with a training performed from scratch. Five images were selected to span the different scenarios met in experiments: high and low cellular density, low or medium amount of NPs, loaded preferentially in the cell body or laid in majority on the surface. An example of the improvement in the segmentation, from the Cellpose pre-trained model to the refined one, is available in the ESI (Fig. S3). However, it was not possible to automatically analyse images with high concentration of particles, especially at longer time, due to the excessive cells particles-loading. In this case the nuclei were counted manually. This was for instance the case with Ki-67 staining: the heterogeneity of the staining together with the presence of the NPs prevented automatic counting. Indeed, not only the level of Ki-67 expression depends on the specific phase and is maximum in the G2 phase, but it can either be localised into the chromosomes appearing like small dots, or be homogeneously distributed in the nucleus³¹. Images were thresholded to only count cells with more than few small bright spots. The threshold was kept identical in all the conditions.

Cell motility was quantified based on the images captured during the proliferation assay, with a lapse of 1 h between each image. Five images, between 14 h and 18 h post exposure to the NPs were segmented with Cellpose. Cell nuclei were tracked using the TrackMate Fiji plugin³². The median velocity was calculated from the distribution of velocities at every time step. Mean of the medians was calculated for every condition. This methodology was evaluated by checking that the velocity does not significantly vary during the four hours lapse (Table S1).

2.10 Statistical analysis

Each experiment was performed in triplicate with three independent populations of cells that were splitted from a shared population two passages prior to the experiment. Significance was assessed by performing bilateral Student's t-test when comparing two conditions. One sample t-test was used to evaluate significant variations in metabolic assays. Statistical differences between three or more samples were assessed by one-way ANOVA test.



3 Results

3.1 The lateral faces of the vortex NPs are partly covered with gold

Vortex NPs are gold-covered permalloy ($\text{Ni}_{80}\text{Fe}_{20}$) thin discs. The gold coverage allows for the functionalization of the NPs, but also acts as a barrier to protect the iron and nickel alloy. Indeed, exposed permalloy have been shown to oxidize, giving rise to a few angstrom thick layer of nickel and iron oxides³³. Moreover, the toxicity of nickel oxide on cells grown *in vitro* has been reported³⁴. By performing SEM and FIB-SEM imaging (Fig. 1b–e), we observed with overall views and cross sections that the top and bottom surface gold coverage is continuous, with no exposed permalloy. Here, gold appears brighter due to its higher atomic number. On the other hand, we observed that the lateral faces of the NPs were covered with a non uniform thickness of gold. Some uncovered areas were visible. Even though the exposed surface amounts to only a few percent of the NP total surface, it opens up the risk of a residual toxicity dependent on the cell type, as described with nickel oxides.

3.2 Vortex NPs are internalized by the cells

Then we wondered whether these particles would be internalized by U87-MG or NIH 3T3 cells, when grown on a soft extracellular environment. To this end, confocal imaging was performed. Some particles were clearly observed inside the cells grown on a soft matrix in both cell lines (Fig. 2b,d and Fig. S4). Their precise location in cells grown on glass was more difficult to assess, as the cells were more spread and much thinner (Fig. 2b). Nonetheless, some particles were clearly seen embedded into the thin lamellipodia. In addition, particles were observed to concentrate around the nuclei for all stiffness, suggesting that they are trapped by the endosomal or lysosomal machinery³⁵ (Movies S1–S4).

3.3 Vortex NPs do not affect U87-MG nor NIH 3T3 metabolic activity when the cells are grown on glass or on 4 kPa substrates

In order to assess their toxicity, we first quantified the metabolic activity of the two cell lines exposed to the NPs, when they are grown on glass (stiff substrate) or on 4 kPa polyacrylamide hydrogel (soft substrate) with a colorimetric assay based on the production of formazan dye. This assay is in general used to get information on cell viability and proliferation. And indeed when the cells are grown on a plastic or glass plate, the optical density resulting from formazan production often correlates with the cell number³⁶. The stiffness of the soft plate was chosen in the range of the stiffness met in glioblastoma tissues²⁴ and in skin²⁵. The two substrates were identically coated with fibronectin to ensure U87-MG and NIH 3T3 cells adhesion (Fig. S5). The metabolic activity of the two cell lines was quantified 16 h after exposing the cells to a low ($5\mu\text{g}/\text{cm}^2$) and a higher ($50\mu\text{g}/\text{cm}^2$) dose of NPs.

A first study was performed to insure that the absorbance of the NPs is negligible at the wavelength of absorption of formazan

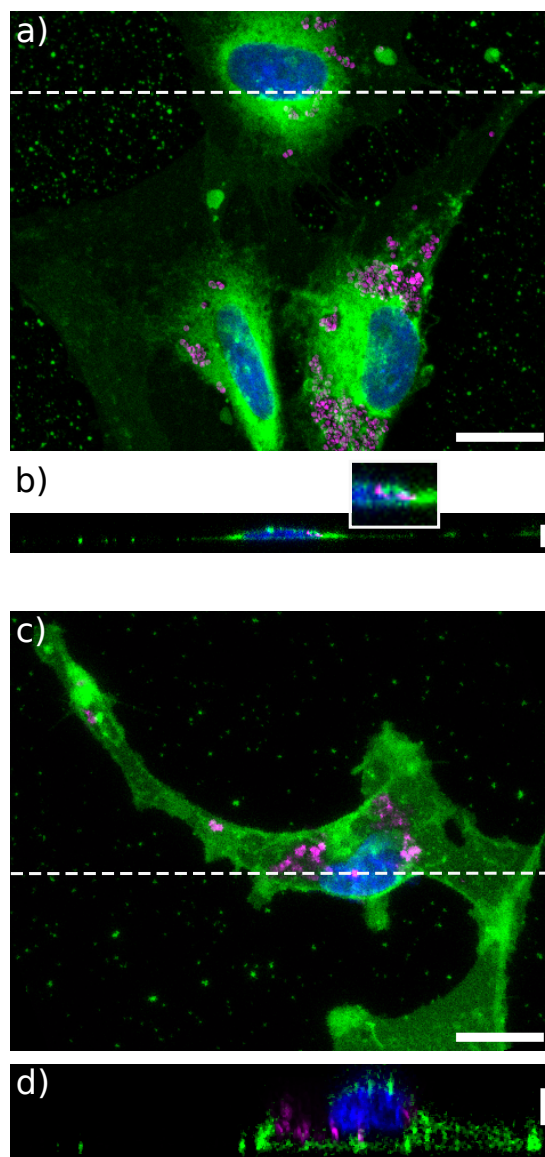


Fig. 2 Vortex NPs are internalized by U87-MG cells grown on glass and those grown on the 4 kPa hydrogel substrate. (a) Top view of U87-MG cells grown on glass with membrane appearing in green, nuclei in blue, and the NPs in magenta. (b) Confocal, in-depth view along the white dashed line drawn in (a). Top inset: zoom of the region enclosed in the white rectangle. Vertical bar: $5\mu\text{m}$. (c) Same as in (a) for cells grown on the 4 kPa substrate. (d) Confocal, in-depth view of cells along the white dashed line drawn in (c). Vertical bar: $10\mu\text{m}$. Horizontal bars: $20\mu\text{m}$.

dye, of 450 nm, so that no correction of the data are necessary. We indeed observed non-significant variations in the absorbance at 450 nm when varying the concentration of NPs, while at 600 nm the optical density was increased in proportion to the NPs concentration (Fig. S6). This validated that the measure of absorbance at the wavelength of interest for formazan is not biased by the presence of the NPs. Using this methodology, we compared the metabolic activity of the two cell lines as a function of the concentration of NPs and of the cell density. Of note, the cells never reached confluency during the experiment time with the chosen densities. Since in most cases we did not observe any statistical



difference as a function of cell densities (Table S2), we pooled the data by density and a one sample Student's t-test was performed (Fig. 3). This approach enabled to increase the sensitivity of the statistical test. No alteration in the metabolic activity could nevertheless be detected at the two concentrations of NPs assayed.

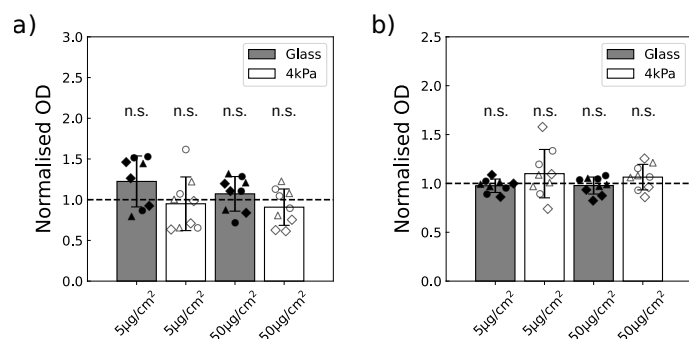


Fig. 3 Metabolic activity of (a) U87-MG and (b) NIH 3T3 cell lines exposed to two concentrations of NPs when the cells are grown on a glass bottom or on a 4 kPa polyacrylamide support, both coated with $1 \mu\text{g}/\text{cm}^2$ fibronectin. The optical density (OD) is measured 16 h post exposure. Δ , \circ and \diamond show results of independent experiments performed at the three cell densities, respectively D1, D2 and D3. Bars show the standard deviation ($n=9$). n.s. stands for non significant difference.

3.4 NPs induce a dose effect on growth rate, sensitive to matrix stiffness

Although the metabolic activity of the cells was not affected by the presence of the particles, we observed that their growth dynamics was altered when exposed to $50 \mu\text{g}/\text{cm}^2$ NPs. This dose effect was observed in the two cell lines, although differently: U87-MG cells were affected whatever the stiffness of the substrate whereas the growth rate of the NIH 3T3 cells was only slowed down on the 4 kPa substrate (Fig. 4). As a whole, we observed that the dose effect of the vortex NPs on cell proliferation was markedly enhanced by the softness of the matrix.

3.5 NPs alter the metabolic activity and growth rate of NIH 3T3 cells grown on a 12 kPa matrix

Figure 4b shows that NIH 3T3 cells hardly proliferate on the 4 kPa substrate, even in the absence of NPs. This is not surprising as these cells do not proliferate much under physiological conditions, in which the stiffness of the tissue is close to 4 kPa²⁵, in contrast to stiff environments that induce altered proliferative behaviour. Although in this condition the decrease in cell number is clearly visible 24 h post exposure to NPs at a concentration of $50 \mu\text{g}/\text{cm}^2$, the absence of proliferation appears as an obstacle to finely analyse whether the NPs impede proliferation or induce death. To solve this issue, NIH 3T3 cells were also cultured on 12 kPa soft plates (Fig. 5). This stiffness restored cell proliferation. But their behavior contrasted with U87-MG cell line. While both are in a proliferative state on their respective soft support, the metabolic activity of the NIH 3T3 cells grown on 12 kPa substrate was enhanced by the NPs 16 h post exposure, while the proliferation was either fastened at the lowest concentration of NPs, of $5 \mu\text{g}/\text{cm}^2$, or slowed down at the highest concentration, of $50 \mu\text{g}/\text{cm}^2$.

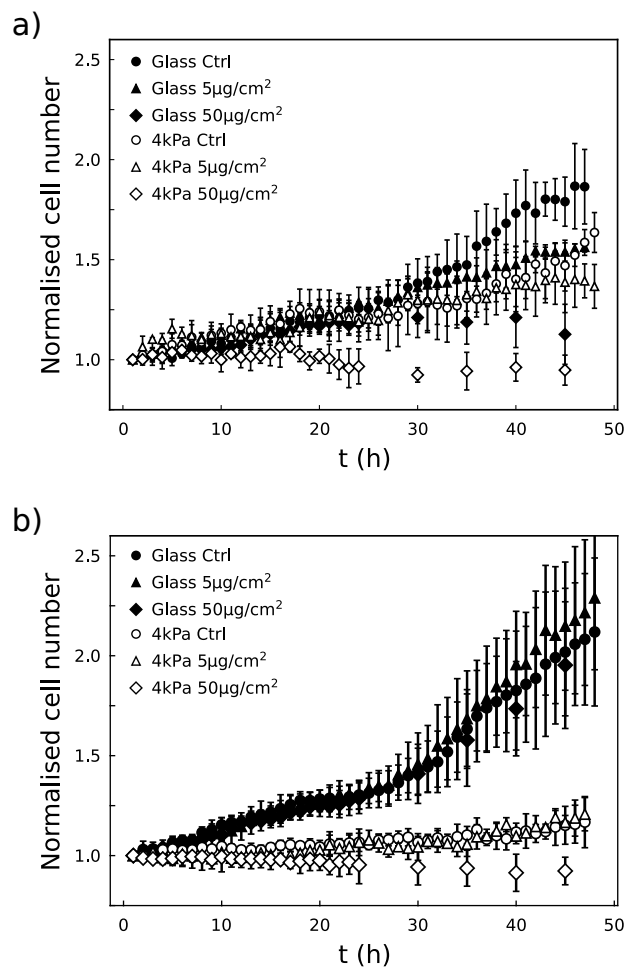


Fig. 4 Proliferation curves of (a) U87-MG and (b) NIH 3T3 cell lines grown on a glass bottom (filled symbols) or on a 4 kPa polyacrylamide support (empty symbols), for different concentrations of NPs (0 (Ctrl), 5 and $50 \mu\text{g}/\text{cm}^2$). Bars show the standard deviation ($n=3$).

$\mu\text{g}/\text{cm}^2$. Here again, the dose-induced slowdown of the proliferation is more marked on the soft matrix than on the glass support (Fig. 5b).

3.6 Cells capture more NPs when grown on a soft matrix

We wondered whether the stiffness-sensitive dose effect we report could be related, among other factors, to a different number of particles per cell depending on the stiffness of the substrate or the cell type. Qualitative observation of the cells by phase contrast microscopy suggests that cells grown on the soft substrates grab more particles than those grown on glass (compare movies S1, S3 to S2, S4). To quantify this we measured the amount of particles per cell using magnetometry, as described above.

As a result, we observed that both U87-MG and NIH 3T3 cells were loaded with more NPs when grown on a soft support compared to glass (Fig. 6). The difference was more pronounced at low concentration of particles, where the cells grown on the soft supports were loaded with many more particles than those grown on glass (approximately 3 times more for the NIH 3T3 cells, and respectively 5 or 1.5 times more for the U87-MG cells seeded at D1 or D3). This difference was reduced at high particle concen-



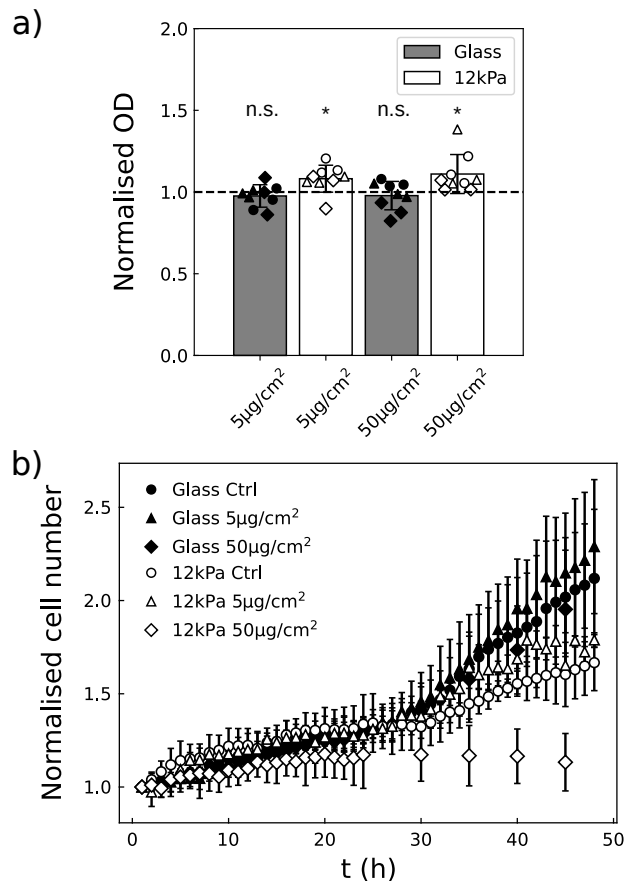


Fig. 5 Response of NIH 3T3 cells to the NPs when grown on a 12 kPa substrate, compared to glass. (a) Metabolic activity of the cells exposed to two concentrations of NPs. Δ , \circ and \diamond show results of independent experiments performed at the three cell densities, respectively D1, D2 and D3. Bars show the standard deviation ($n=9$). n.s. stands for non significant difference, * denotes $p < 0.05$. (b) Proliferation curves for cells grown on a glass bottom (filled symbols) or on a 12 kPa support (empty symbols), for different concentrations of NPs (0 (Ctrl), 5 and 50 $\mu\text{g}/\text{cm}^2$). Bars show the standard deviation ($n=3$).

tration. For instance, for U87-MG cells, this difference dropped to a ratio of few tens of percent.

3.7 Soft substrates enhance the propensity of NPs to induce cell death and to decrease the proportion of cycling cells in a lineage-specific manner

The limited growth rate in presence of NPs that we observe on soft substrates could either come from dying cells or from the slowdown of the proliferation rate. We investigated the two hypothesis by measuring the number of dying cells using propidium iodide (PI) and the number of cells engaged in cell cycle using Ki-67 antibody. U87-MG and NIH 3T3 cells have a different sensitivity to the NPs when grown on glass (Compare Fig. 7a, e and Fig. 7d, h). Nevertheless, the two cell lines showed similar qualitative responses when grown on a soft substrate and exposed to NPs at a concentration of 50 $\mu\text{g}/\text{cm}^2$: the proportion of dying cells was significantly increased (Fig. 7b,f) and the proportion of cells engaged in the replicative cycle was significantly reduced (Fig. 7d,h). But the amplitude of cell reactions was specific to each

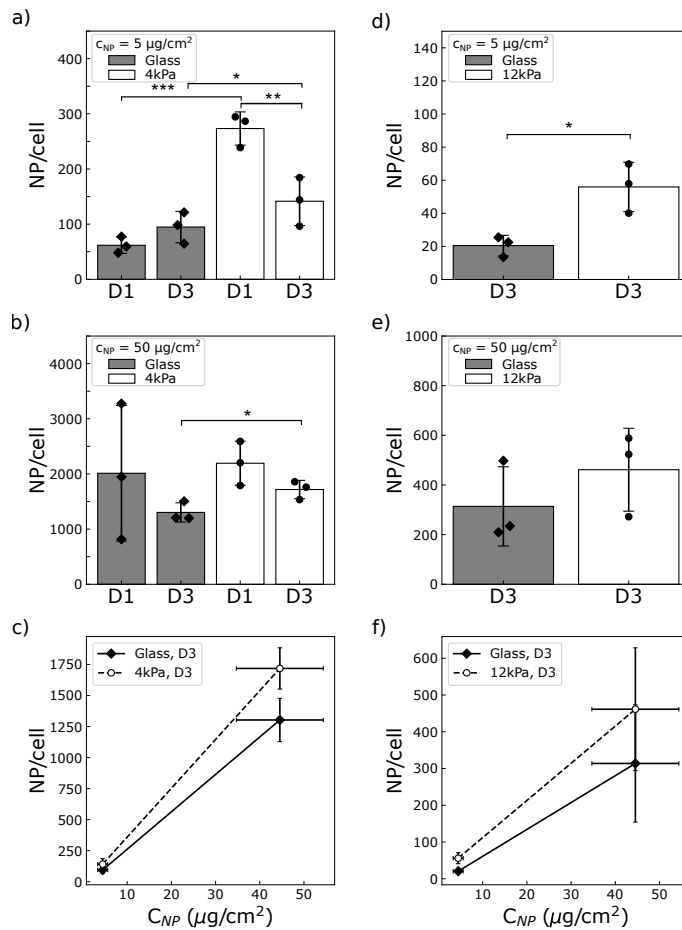


Fig. 6 Quantification of the number of NPs per cells in (a – c) U87-MG and (d – f) NIH 3T3 cell lines grown on a glass or a soft bottom at two seeding densities, D1 and D3. (a,d) Cells are exposed to 5 $\mu\text{g}/\text{cm}^2$ NPs. (b,e) Cells are exposed to 50 $\mu\text{g}/\text{cm}^2$ NPs. (d, e) The reduced interaction of NIH 3T3 cells with NPs did not allow to obtain a significant signal-to-noise ratio at D1. Only D3 data are therefore displayed. Symbols show independent experiments ($n=3$). (c,f) NPs loading increases with NPs concentration whatever the substrate for the two cell lines. (c) U87-MG cells and (f) NIH 3T3 cells seeded at D3. Vertical errorbars show the standard deviation ($n=3$). Horizontal error bars show the standard deviation in the concentration of mother solutions of NPs ($n=5$). *, ** and *** denote significance with respectively $p < 0.05$, 0.01 and 0.001. Only significant variations are labeled.

lineage as well as their dependence on cell density. For instance, NIH 3T3 cells showed a delayed reaction to the NPs compared to U87-MG cells: the proportion of dying NIH 3T3 cells increased with time and became significantly greater than the control more than 16 h post exposure to the NPs, while the proportion of dying U87-MG cells was already significantly greater than the control 16 h post exposure to the NPs and slightly decreased over time (Fig. 7c,g). Analysis of the number of cells engaged in the replicative cycle showed that indeed the number of proliferating U87-MG cells 16 h post exposure to the NPs is only significantly altered on the soft matrix, while NIH 3T3 cell proliferation is altered on the two substrates, with a more pronounced effect at low cell density (Fig. 7d,h).

In contrast, none of the two cell types exposed to a concentration of 5 $\mu\text{g}/\text{cm}^2$ NPs showed a significant increase in mortality



or reduction in the number of cells engaged in cell cycle on either of the two substrates (Fig. 7c,g and Fig. 7d,h). In this latter case, the cells are loaded with less than 300 NPs/cell. This range of concentration of captured NPs thus does not seem to alter cell viability and cycling.

3.8 Alteration in cell motility does not correlate with cell metabolic activity

Quantification of variation in the metabolic activity of the two cell lines exposed to the NPs had shown that the U87-MG cells metabolic activity was unaltered at any of the two concentrations of the NPs while it was enhanced in NIH 3T3 cell line grown on 12 kPa (Fig. 3a and Fig. 5a). The results obtained with NIH 3T3 cells cannot be explained by the increased growth rate, at least for the higher concentration of NPs, since in this condition the growth rate is lower than in the absence of NPs. As cells look active even when the proliferation is slowed down (movies S2 and S4), we wondered whether cell motility could be at least partly responsible for the increased metabolic activity. Quantification of cell speed by tracking nuclei discarded this hypothesis (Fig. 8). Cell motility was quantified from 14 h to 18 h post exposure to the NPs, at the rate of one image every hour. During this lapse, the median cell velocity remained constant which enabled to pool the data from 14 h to 18 h (Table S1). Comparison of the mean median values showed that increasing the NP concentration resulted in a reduction in NIH 3T3 velocity independent of substrate compliance (Fig. 8b). This effect is less marked for U87-MG cells, where only cells grown on glass show such a reduction in their speed (Fig. 8a). Furthermore, we observed that while both cell types moved faster on soft substrates than on glass, the difference in speed was reduced when the cells were exposed to a concentration of $50 \mu\text{g}/\text{cm}^2$ NP, suggesting that a high dose of NP inhibits the mechanosensitivity of cell migration. Overall, we found that the reduction in cell velocity in both cell lines is not consistent with the lack of variation in metabolic activity we report in U87-MG cells exposed to NPs nor can it explain the increase in metabolic activity in NIH 3T3 cells grown on the 12 kPa soft substrate in the presence of NPs.

4 Discussion

It has been known for several years that *in vitro* assessment of the cytotoxicity of pharmacological compounds depends on the mechanical environment in which the cells are grown^{37–40}. This effect has been associated to the mechanosensitivity of endocytotic processes in relation to the intracellular tension and to the stiffness of the plasma membrane^{20,41–43}. However, no unified description valid for all types of cells or drugs could be identified. A reason could be that no universal relation has neither been found between membrane tension, involved in drug internalisation, and cytoskeletal tension, which cells vary to adapt to their mechanical environment⁴⁴. And in addition, cell phenotypic state has recently been shown to adapt to the mechanical environment, which can lead to over or under expression of signalling pathways targeted by the pharmacological compounds^{21,45}.

Despite the proximity of the issues met in NPs and drug deliv-

ery communities, the assessment of the NP cytotoxicity in relation to the stiffness of the extracellular environment has, to our best knowledge, not been addressed. Several studies have focused on the influence of the stiffness of the extracellular matrix on nanoparticle uptake^{46–48}. Controversial results were reported, some showing reduced endocytotic capabilities on soft substrates^{46,47} while others reporting increased internalisation of NPs for cells grown on a soft matrix⁴⁸. While these studies addressed particles of similar sizes, from 100 to 500 nm, and shape, close to spherical, the composition and surface properties of the NPs under study were different. In addition, the material properties of the soft environment (surface chemistry and rheology) and cell densities also differed from one study to another. The differences in the reported observations then suggest that all these parameters may indeed be of importance and have a strong impact on cell/NPs interaction. In this context, our study brings additional data to this topic. We show that U87-MG glioblastoma cells and NIH 3T3 fibroblast cells exhibit a higher uptake of gold coated-Ni₈₀Fe₂₀ microdiscs when grown on soft substrates made of polyacrylamide hydrogel coated with fibronectin (Fig. 6), at all concentrations assayed in this study (Table 1). In complement to the previous studies, we show that this increased uptake depends on cell density and NPs concentration in a complex manner. For instance, U87-MG cells exhibit a larger relative uptake on soft substrate when they are exposed to a low concentration of NPs and grown at low cell density. Similar trend are observed for the NIH 3T3 cell line. The difference in the amount of NP taken up per cell is reduced when the cells are exposed to the highest concentration of NPs probed here, about $50 \mu\text{g}/\text{cm}^2$. The variation of NP content in relation to cell density was not possible to quantify in NIH 3T3 cells due to the low amount of particles these cells capture when they are grown at low density, and the resulting low signal-to-noise ratio coming from the collection of NPs that were not interacting with cells (see Materials and Methods).

In order to investigate whether the toxicity of NPs could vary with the mechanical properties of the extracellular environment, we used flake-shaped NPs composed of a Ni₈₀Fe₂₀ core coated with gold (Fig. 1). These particles, also known as vortex microdiscs because of their magnetic properties, have been used *in vitro* and *in vivo* to either induce cell apoptosis^{5,11,12,14} or increase insulin production in pancreatic cells¹⁵. Most of these studies used a very low number of NPs, below 50 NPs/cells and showed either no or a limited toxicity^{14,15}. Our results are in line with these earlier observations, since toxic effects are here seen for cells exposed to highest concentration of particles ($50 \mu\text{g}/\text{cm}^2$), corresponding to several hundreds of NPs per cell, but not for the lowest concentration of particles ($5 \mu\text{g}/\text{cm}^2$) similar to the one previously used in experiments of magneto-mechanical stimulation of cells. A dose assay conducted with renal carcinoma cells grown in plastic plates¹² nevertheless showed a reduced and fairly stable low toxicity over several decades of NPs concentration, a result that differs from our study where we report a decrease in cell viability when increasing the concentration of NPs (Fig. 7).

A reason is that all these studies used the production of formazan dye to assess cell viability. Here we show that this ap-



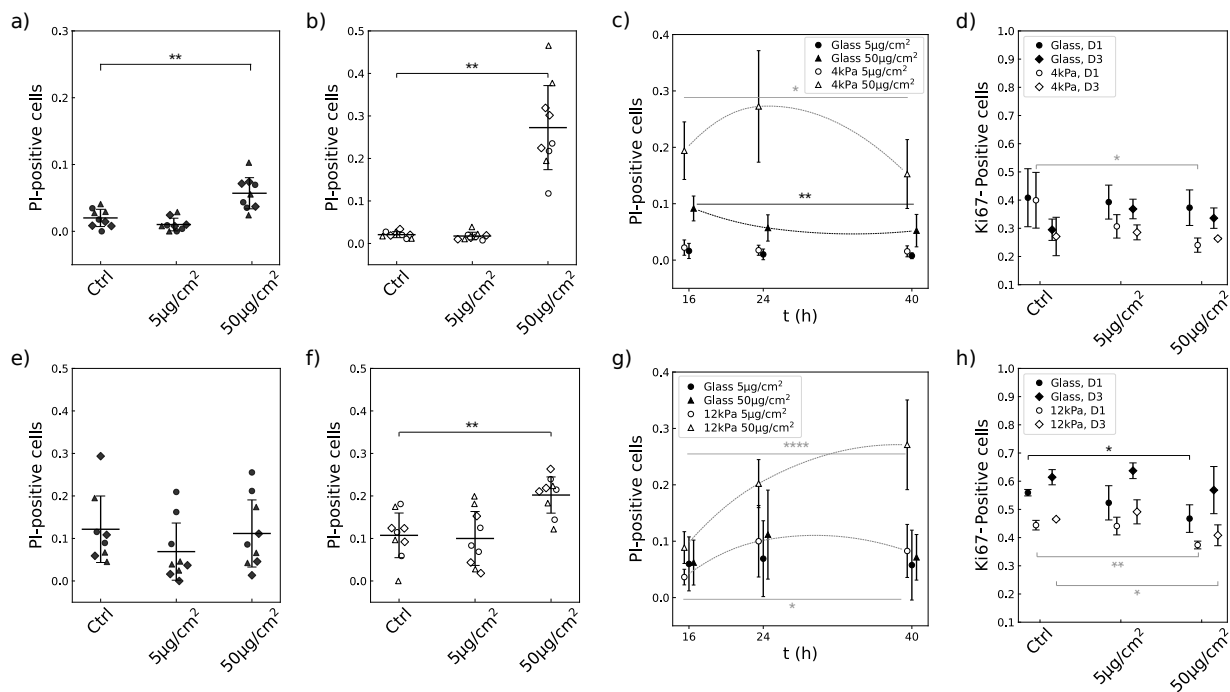


Fig. 7 NPs increase cell death and decrease the number of cycling cells in a more pronounced way when the cells are grown on a soft matrix. (a-d) U87-MG cells. (e-h) NIH 3T3 cells. (a,e) Ratio of dying cells (PI positive) when grown on glass, at D1 seeding density, 24 h post exposure to the NPs. Data from independent experiments are shown with different symbols. (b,f) Idem for cells grown on a soft substrate, of 4 kPa for the U87-MG cells and of 12 kPa for the NIH 3T3 cells. (c,g) Time evolution of the ratio of dying cells. (d,h) Proportion of cells engaged in the cycle (KI-67 positive) for two cell densities, D1 and D3. In (c,d,g,h), bars denote the standard deviation ($n=3$) and significant differences are labeled in back for the glass conditions and in grey for the soft conditions. *, **, *** and **** denote significance with respectively $p < 0.05$, 0.01 , 0.001 and 0.0001 . Only significant variations are labeled.

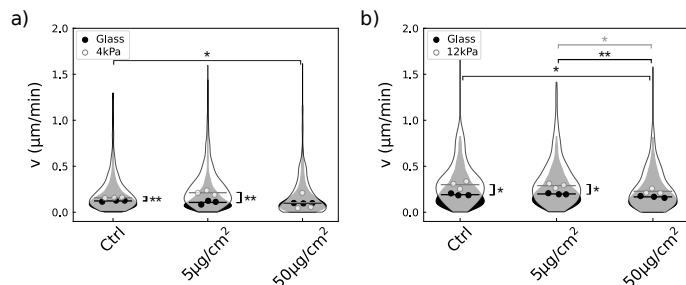


Fig. 8 Cell motility is slowed down when exposed to the highest concentration of NPs. (a) Distributions of instant velocities of the U87-MG cells captured 14 h post exposure to the NPs during 4 h with 1 h lapse, grown either on glass (dark background) or on 4 kPa substrate (white background). The dots show the medians of each of the independent experiments ($n=3$). The horizontal bars show the mean of the medians. Only significant differences are labeled. Significant differences are labeled in back for the glass condition and in grey for the soft condition. (b) Same as in (a) for the NIH-3T3 cells. * and ** denote significance with respectively $p < 0.05$ and 0.01 .

proach does not give any direct information on cell viability when the cells are grown on a soft substrate. Indeed, although we observe an increased uptake of NPs accompanied with an increased death rate and a decreased proliferation rate in cells grown on a soft substrate (Fig. 7), we do not observe any decrease of the metabolic activity (Fig. 3). In contrast, the NIH 3T3 cells grown on 12 kPa substrate even exhibit an increased metabolic activity in parallel with an increased death rate (Fig. 5 and Fig. 7). Indeed,

we observed that the cells remain very active under this condition (Movies S1–S4). But the increased metabolic activity of the NIH 3T3 cells grown on 12 kPa support could not be explained by such enhanced motility (Fig. 8). These intriguing results highlight the complexity of the interaction between cells and NPs and lead to conclude that for cells grown on a soft substrate, metabolic assays are not predictive of cell viability: functions other than cell proliferation or migration, which we were unable to identify, make a dominant contribution to ATP production and compensate for toxicity-triggered deficits.

One plausible origin for the toxicity of these NPs could be the uneven gold coating on the lateral faces of the particles (Fig. 1), exposing some of the core nickel-iron alloy. Various experiments with gold, iron oxide, as well as with various types of NPs, indicate that in most cases the main toxicity effect arises from the release of metal ions, which is exacerbated when the particles are located in acidic lysosomes^{49–52}. And indeed, in consistence with previous studies¹⁵, we observed that the particles either interact with the membrane or enter the cell body and concentrate around the nucleus being possibly trapped in endosomes or lysosomes (Fig. 2, Fig. S4, Movies S1–S4). Here we expect that the cytotoxicity mainly comes from the release of nickel ions as among the constituents of these magnetic microdiscs, nickel is potentially the most toxic. Nickel nanoparticles, in the form of nickel oxide or Ni-based compounds were shown to cause significant oxidative stress and cell alteration even at pharmacological dose⁵³, with differences in cytotoxicity and ROS production depending on



particle size⁵⁴. It can be expected that, due to size-dependence in the endocytose mechanisms⁵⁵ and endosomal/lysosomal pathways⁵⁶ as well as the dependence of these pathways on the mechanical properties of the extracellular environment^{20,57,58}, some differences in these behaviors might be observed.

More precisely, in the present study, the cytotoxicity results in a reduction of the proliferation rate together with an alteration of the cell cycle as well as the increase of the death rate (Fig. 7). Compilation of all the results brings to light that besides the fact that the number of NPs captured by the cells differs on soft and stiff substrates, the dose effect also differs quantitatively between the two cell types (Table 1). For instance, while NIH 3T3 cells exposed to a NP concentration of 50 $\mu\text{g}/\text{cm}^2$ take up approximately the same number of NPs when grown on any of the substrates when seeded at D3 (Fig. 6e), the outcome for the cells is much more severe when grown on the soft substrate: the proliferation is virtually stopped on the soft substrate unlike to glass (Fig. 5b), the death rate is drastically increased (Fig. 7e,f) and a significant proportion of the cells are put out of the replicative cycle (Fig. 7h). This effect is also visible in U87-MG cells which interact with a greater number of NPs, although it cannot easily be dissociated from the difference in particle uptake observed between the two substrates. As previously mentioned, many cellular pathways involved in the intracellular trafficking of the nanoparticles, including endocytosis or endosomal/lysosomal pathways, are differentially activated when varying the mechanical properties of the extracellular environment. However, our intriguing result that NIH 3T3 cells have a higher metabolic activity on 12 kPa compared to glass (Fig. 5a) while their proliferation is reduced (Fig. 5b) and their migration unaffected (Fig. 8b) suggests that the softness of the matrix could introduce differences in the integrated stress response associated to the oxidative stress. And indeed, variation in the activation of the stress response was shown to be responsible for the difference in toxicity of gold nanorods between normal and cancer cell lines^{59,60}. This hypothesis, that deserves further studies, is in line with the recent observation that the stress response is also differentially activated in cells grown on soft versus stiff supports²¹.

Of note, the comparison of the two cell types is performed 16 h post exposure to the NPs. As Figures 7c and 7g show, the kinetics of cell/NPs interaction indeed differs between the two cell types. While the death rate of the U87-MG cells decreases in time, the death rate of the NIH 3T3 cells grown on the soft substrate significantly increases during the same time lapse. In addition, the visual observation of the cells over 24 h shows that NIH 3T3 cells take a longer time to eventually capture NPs than U87-MG cells (compare Movies S1–S2 and Movies S3–S4). These observations therefore suggest that U87-MG cells may indeed have grabbed most of the particles in a delay shorter than our first observation time point, and then share the particles with daughter cells following cell division as already reported¹⁴. Subsequently, the toxicity would decrease in time because the number of NPs/cell also decreases. Consistently, alteration of the proliferation rate can be seen from the first hour following exposure to NPs (Fig. 4a). In contrast, NIH 3T3 cells need more time to take up the NPs, leading to an enhancement of the cytotoxic effects during the

first 40 h. And consistently, the proliferation curve at the highest concentration of NPs shows a significant slowdown compared to the control only after a delay, of approximately 10 h (Fig. 5b), in contrast to U87-MG where the slowdown of proliferation is already observable 6 h post exposure to the NPs.

All these observations were made with cells grown on substrates of different stiffnesses but coated with an identical surface density of fibronectin (Fig. S5), a protein that is both found in the skin⁶¹ and in the brain⁶². It has been shown that growing cells on such mechanomimetic supports brings them into a state closer to human physiology than when they are grown on plastic plates²¹. However, the stiffness of the extracellular environment is not the only factor influencing cellular responses; the surface coating may also play an important role^{63,64}. For instance metabolic activity in cells in relation to drug screening was shown to depend on the protein coatings^{65,66}. Therefore, to achieve a high level of prediction in *in vitro* cytotoxicity assays, the influence of the culture plate surface coating should also be assessed. Unlike mechanical properties, the latter evolves over time with cell secretions. It is therefore expected that varying the composition of the extracellular matrix will have a greater effect than simply adjusting its surface density.

5 Conclusions

Overall, just as the toxic effects of NPs depend on the type of cells or the material coating, we show that it also depends on the mechanical environment. Our findings are that cells grown on the soft matrix grab more particles than those grown on glass, and that cell reaction to the toxicity of the particles is enhanced on the soft substrate. This observation should be compared with the large impact the stiffness of the extracellular matrix has on basic cellular responses such as cell metabolism⁵⁷. It thus suggests that *in vitro* assays to assess the cytotoxicity of nanomaterials may gain relevance by considering growing the cells on substrates whose stiffness is representative of the tissue or the pathology of interest. Interestingly, our study also shows that the evaluation of the sensitivity of NP cytotoxicity to the compliance of the extracellular environment cannot be apprehended by solely measuring cell metabolic activity. Variations in the stiffness of the matrix impact many cellular responses, including cell proliferation, death, migration and endocytosis, which all contribute to the metabolic activity. And we could see that some of them contribute in opposite direction, for instance cell proliferation being slowed down and particle grabbing or cell migration being enhanced by the softness of the substrate.

Author Contributions

AV performed the experiments under the supervision of RM and AN. AV and SS implemented AI to analyze the data. SC and SL produced FIBSEM and SEM images. AV, RM and AN analyzed and curated the data. AV, FB, RM and AN designed the experiments. HJ, BD, RM and AN acquired the project funding, conceptualized the study and developed the methodology. AV, SC, RM and AN wrote the initial draft which was reviewed and edited by all authors.



		Glass		Soft	
		5 $\mu\text{g}/\text{cm}^2$	50 $\mu\text{g}/\text{cm}^2$	5 $\mu\text{g}/\text{cm}^2$	50 $\mu\text{g}/\text{cm}^2$
U87-MG	# NPs	95 \pm 28	1231 \pm 174	142 \pm 44	1718 \pm 166
	PI	1% (n.s.)	6% (**)	2% (n.s.)	27% (**)
	Ki-67	37% (n.s.)	34% (n.s.)	29% (n.s.)	26% (n.s.)
NIH 3T3	# NPs	21 \pm 6	314 \pm 160	56 \pm 15	461 \pm 167
	PI	7% (n.s.)	11% (n.s.)	10% (n.s.)	20% (**)
	Ki-67	64% (n.s.)	57% (*)	49% (n.s.)	41% (*)

Table 1 Comparison of some toxicity read-outs for the two cell types grown either on a stiff (glass) or on a soft substrate (4 kPa for the U87-MG, 12 kPa for the NIH 3T3). The number of cells positive to PI is counted 24 h post exposure to the NPs. The number of captured NPs and of KI-67 positive cells are measured in cells seeded at D3 density. Significance compared to the control (absence of NPs) is shown in parenthesis: n.s., * and ** denote respectively non significant, $p < 0.05$ and $p < 0.01$.

Conflicts of interest

AN is co-founder, shareholder and scientific advisor of Cell&Soft company that provided the pre-coated glass and soft plates for cell culture.

Acknowledgements

This work is supported by the French National Research Agency in the framework of the "Investissements d'avenir" program (ANR-15-IDEX-02) and by the french Renatech network. This project received help from MuLife imaging facility, which is funded by GRAL, a programme from the Chemistry Biology Health Graduate School of University Grenoble Alpes (ANR-17-EURE-0003). S.C. thanks H. Dansas for very fruitful discussions.

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The data supporting this article have been included as part of the Supplementary Information.

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DOI: 10.1039/D4NA00704B

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