

Circulating tumour DNA at baseline for individualised prognostication in patients with chemotherapy-naïve metastatic colorectal cancer. An AGEO prospective study

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1 **Title:** Circulating tumor DNA at baseline for individualized prognostication in patients with 2 chemotherapy-naïve metastatic colorectal cancer. An AGEO prospective study.

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Abstract

 Purpose: Baseline circulating tumor DNA (ctDNA) is a potential prognostic marker in metastatic colorectal cancer (mCRC) patients. However, few studies have compared ctDNA with the usual prognostic factors, and no ctDNA cut-off has been proposed for daily use in clinical practice.

 Patients and methods: Chemotherapy-naive patients with mCRC were prospectively included. Plasma samples were collected at diagnosis and analyzed centrally by both NGS and methylation digital PCR. Baseline patient and disease characteristics, treatment regimens, and secondary surgeries were collected. The restricted cubic spline method was used to define the optimal cut-off of ctDNA mutated allelic frequency (MAF). Prognostic values were assessed on overall survival (OS) using Cox models.

 Results: From July 2015 to December 2016, 412 patients were included. ctDNA was undetectable in 83 patients (20%). ctDNA was an independent prognostic marker for OS considering the whole study population. The optimal cut-off for ctDNA MAF was 20% with median OS of 16.0 and 35.8 months for patients with MAF ≥ 20% and < 20%, respectively (HR=0.40; 95% CI: 0.31-0.51; *P*<0.0001). The independent prognostic value of ctDNA MAF at 20% was confirmed in subgroups defined by *RAS/BRAF* status or resectability of metastases. Combining ctDNA MAF and CEA levels allowed us to define three different prognostic groups with median OS of 14.2, 21.1, and 46.4 months (*P*<0.0001).

 Conclusion: ctDNA with a MAF cut-off of 20% improves prognostication of chemotherapy- naïve mCRC patients and may be useful in the future for individualized therapeutic decisions and as a stratification factor in clinical trials.

Trial registration: Clinicaltrials.gov, NCT02502656

- **Keywords:** colorectal cancer, circulating tumor DNA, CEA, prognostic value, *RAS*, *BRAF*,
- metastases
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Introduction

 During the last thirty years, the overall survival (OS) of patients with metastatic colorectal cancer (mCRC) has progressively increased.[1,2] These improvements have been possible by developing new polychemotherapy regimens, targeted therapies, and multidisciplinary treatment approaches.[3]

 Identifying and validating *RAS* and *BRAF* mutations as prognostic and predictive biomarkers has profoundly impacted therapeutic strategies, and all guidelines now recommend upfront testing for these markers.[3-5] The strong prognostic value of resection of metastases has also led to a recommendation of systematic discussion of patient files in multidisciplinary meetings and classification of metastases as resectable, potentially/borderline resectable and unresectable.[3] In addition, many other prognostic factors have been described in the literature, including the patient's general condition, baseline carcinoembryonic antigen (CEA) level, number of metastatic sites and other parameters such as white blood cell count, LDH, alkaline phosphatases, and blood albumin that may be integrated in prognostic scores.[3,6] Circulating tumor DNA (ctDNA) is a promising emerging biomarker in solid tumors, including

 mCRC. ctDNA is highly specific, but its sensitivity is influenced by technical issues and by tumor characteristics, especially tumor sites and tumor burden [7,8]. Its strong prognostic value has been reported in most cancers, but the assessment of its prognostic value 20 according to validated prognostic factors is lacking in mCRC, and to date, no cut-off has been defined for its use in clinical practice.

 The RASANC trial is a prospective multicenter study initially designed to assess the concordance of *RAS* mutational status between paired plasma and tumor samples from chemotherapy-naive patients with mCRC.[9,10] The positive results of this trial and those of

 other teams have led to a modification of French and European guidelines with the possibility of assessing *RAS/BRAF* status through ctDNA analysis in selected patients.[3,9-15] In this article, we analyze the prognostic value of ctDNA in the RASANC trial population and in different prognostic subgroups defined by *RAS/BRAF* status and resectability of metastases.

Patients and Methods

Study design and patients

 The RASANC study is a prospective translational study. Patients were eligible if they were 18 years or older and had pathologically confirmed chemotherapy-naive mCRC (adjuvant 6 chemotherapy completed ≥ 6 months prior to enrollment was allowed).[9,10]

 The Ile-de-France IV ethics committee approved the research protocol, and all the patients gave their written informed consent. The trial conformed to the Declaration of Helsinki, the Good Clinical Practice guidelines of the International Conference on Harmonization, and relevant French and European laws and directives. The protocol was registered with Clinicaltrials.gov (No: NCT02502656).

 Tumor tissue mutation analyses, Electronic Case Report Form, Plasma collection and ctDNA assessment have been previously reported and are detailed in appendix A.1.[9,10]

 For ctDNA, the mutated allelic frequency (MAF) was defined as the highest frequency of mutated genes found through NGS when at least one mutated gene was identified or as the highest frequency of methylated biomarkers detected when no mutated gene was identified through NGS.

Statistical analyses

 The primary objective of the RASANC study was to assess the concordance of *RAS* mutations in tumor tissue and plasma. The kappa coefficients were previously reported for *RAS* mutations and *BRAF* mutations.[9,10]

 The median (interquartile range) and frequency (percentage) were used to describe continuous and categorical variables, respectively. Medians and proportions were compared using the Wilcoxon-Mann-Whitney test and chi-square test, respectively, or with Fisher's exact test if appropriate.

 Median follow-up duration (95% CI) was estimated using the reverse Kaplan-Meier method. OS was estimated using the Kaplan-Meier method described with median and rates at specific time points with 95% CI and compared with log-rank test. Hazard ratios (HRs) with 95% CIs were estimated with Cox proportional hazard models.

 The restricted cubic spline method was used to model the relationship between parameters in their continuous form with OS to define the optimal cut-off. The association of baseline parameters with OS was first assessed using univariate Cox analyses, and then parameters with *P*-values of less than .05 were entered into a final multivariable Cox regression model, after considering collinearity among variables with a correlation matrix.

 The assumption of proportionality was checked by plotting log minus-log survival curves and by cumulative martingale process plots.

 The predictive value that a parameter added to a reference risk model was evaluated with the use of the C-statistic. This analysis was repeated 1000 times with the use of bootstrap samples to derive 95% confidence intervals for the difference in the C-statistic between models.

All analyses used SAS software version 9.4 (SAS Institute, Cary NC) and R (version 4.0.5). *P*-

values below 0.05 were considered statistically significant, and all tests were two-sided.

- **Results**
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Study population and ctDNA detection

 Between July 2015 and December 2016, 425 patients were enrolled in 14 centers. Thirteen (3%) patients were excluded from analyses (not meet the inclusion criteria or no available tumor tissue or plasma).

 Among the 412 patients included (supplementary Figure A.1), at least one mutation of the 22 genes sequenced by NGS was detected in plasma from 299 (73%) patients. In the remaining 113 (27%) patients, WIF1 and/or NPY methylation was detected in plasma from 30 patients (7%). Thus, ctDNA was detected at inclusion in 329/412 patients (80%) who are defined as ctDNA-positive group. Patients in whom ctDNA was not detected through NGS and methylation assay were defined as the ctDNA-negative group. Median MAF was of 22.0% (range from 0.5 to 95.0%) in patients with at least one mutated gene detected through NGS and 3.3% (range from 0.1 to 66.7%) in those with methylation assay and no mutated gene detected.

 When looking at tissue molecular profiling and after excluding the 6 patients with *RAS* wild- type tumor but *BRAF* status unknown, the rate of ctDNA detection at baseline according to *RAS*/*BRAF* status was similar in the three subgroups: 76% (102/134) in patients with *RAS*/*BRAF* wild-type tumor, 82% (198/242) in patients with *RAS* mutated tumor and 80% (24/30) in patients with *BRAF* mutated tumor.

 ctDNA detection was positively associated with synchronous metastases, metastatic sites >3, the absence of primary tumor resection, liver metastases, low blood albumin, high alkaline phosphatase, and LDH and CEA levels in all patient subgroups (tissue-based *RAS*/*BRAF* wild-type, *RAS* mutated and *BRAF* mutated; supplementary Tables A.1-3).

 Among the 329 patients of the ctDNA-positive group, *RAS* and *BRAF* V600E mutations were detected in 187 (56.8%) and 25 (7.6%) of plasma samples (characteristics of the patients are described in supplementary Table A.4).

Treatment patterns

 372/412 (90%) patients received at least one line of chemotherapy and 234 (57%) two or more lines: 366 (98%) patients received a fluoropyrimidine, 321 (86%) oxaliplatin, 235 (63%) irinotecan, 226 (61%) bevacizumab, 43 (12%) aflibercept, 95 (26%) panitumumab or cetuximab, 28 (8%) regorafenib, and 60 (16%) another treatment. Two hundred fifteen patients (52%) had primary tumor resection before inclusion; during the follow-up, 84 (20%) additional patients had a primary tumor resection and 123 (30%) at least one metastasis resection.

 Rates of primary tumor resection during follow-up and types of chemotherapy drugs administered were not different between ctDNA-positive and -negative patients. Patients in the ctDNA-positive group had significantly fewer metastasis resections, and the types of resection were different between ctDNA-positive and ctDNA-negative groups as metastases were not located similarly between these two groups (Table 1).

ctDNA and overall survival

 After a median follow-up of 45.0 months (95% CI: 43.2-47.4), median OS was 26.0 months (95% CI: 23.2-30.3) for the whole population. Follow-up data were not available for 8 patients (2%) (supplementary Figure A.1).

 Median OS of patients in the ctDNA-positive group was significantly shorter than in the ctDNA-negative group (23.2 vs 43.0 months; HR=0.54; 95% CI: 0.38-0.75; *P*=0.0002) (Figure

 1a). Restricted cubic spline analysis identified a linear relationship between the MAF and the risk of death. The optimal cut-off to define low- and high-risk populations was 20% (Figure 1b). Indeed, median OS was 16.0 and 35.8 months for patients with MAF ≥ 20% and < 20%, respectively (HR=0.40; 95% CI: 0.31-0.51; *P*<0.0001) (Figure 1c).

 A significant prognostic value of ctDNA detection (ctDNA-negative vs ctDNA-positive) or a MAF greater than or equal to 20% was observed in the three subgroups defined by metastasis resectability at baseline (data not shown), as in the three subgroups defined by *RAS*/*BRAF* tumor status (supplementary Figure A.2).

 A multivariate analysis was performed with significant variables in univariable analyses (Table 3) and showed that MAF of ctDNA below 20% was independently associated with a shorter OS (Table 2).

Added prognostic value of combining CEA and ctDNA

 CEA was also an independent prognostic factor in our multivariable model with an optimal 15 threshold of 30 (\approx log10 1.5), as identified by the restricted cubic spline method, we analyzed the respective prognostic values of both ctDNA and CEA alone, and in combination. The concordance between the level of CEA and ctDNA MAF was generally poor, particularly in the case of non-hepatic metastases (supplementary Figure A.3). The best risk model of death was obtained when both biomarkers, CEA and ctDNA, were added to the other prognostic factors (Figure 2a). Patients with a high level of both biomarkers (n=116, 34%, reference) had the worst prognosis, with a median OS of 14.2 months (HR=1.75 ; 95% CI : 1.29-2.37), those (n=127, 37%) with a low level of both biomarkers had the best prognosis, with a median OS of 48.1 months (HR=0.27 ; 95% CI: 0.20-0.38), and those with only a high MAF of ctDNA (n=30, 9%) or only a high CEA level (n=68, 20%) had an intermediate prognosis

- with a median OS of 21.8 months (reference) (Figure 2b; supplementary Table A.5 and
- supplementary Figure A.4).

Discussion

 In this article, we have assessed the prognostic value of ctDNA at baseline in a large prospective cohort of patients with chemotherapy-naive mCRC. To detect ctDNA, we used a two-step methodology: firstly, an NGS method adapted to plasma analysis and then, in the absence of detection of a mutated gene, a multiplex digital PCR analysis of CpG island methylation in two genes (WIF1 and NPY) to differentiate patients with ctDNA and no identified mutations from those without ctDNA. The detection of ctDNA was significantly associated with some clinical and laboratory features as previously reported.[9,10] A linear relationship between ctDNA MAF and the risk of death was observed with an optimal cut-off of 20%. The dismal prognosis of ctDNA-positive patients was observed in the whole population, as in all subgroups. Combination of ctDNA MAF and CEA levels improved prognostication as compared to the use of one marker alone.

 A strong prognostic value of ctDNA has been reported in mCRC.[16] However, at diagnosis of metastases, ctDNA is not detectable in around 20% of patients and the rate of detection is correlated with the presence of liver metastases and the tumor burden.[9,10,16-19] In the 17 absence of liver metastases, a baseline longest diameter \geq 20 mm or a number of lesions \geq 10 or both were associated with ctDNA detection in patients with lung metastases or peritoneal carcinomatosis.[19] Moreover, despite evidence of the prognostic value of ctDNA, no clear cut-off of ctDNA MAF has been reported in the literature. Recent publications assessed the median MAF as cut-off with various absolute MAF percentages (from 3.3% to 12.6%) in limited cohorts of patients [17,18]. However, firstly, positivity versus negativity could be suboptimal and, secondly, median MAF varies according to the different series and cannot be used for an individual patient in routine practice. As we had here a large prospective

 cohort with clinical annotations, we used a restricted cubic spline analysis to define an optimal cut-off for the relationship between MAF and the risk of death, and found an optimal cut-off of 20%. Using this cut-off, ctDNA was found to be an independent prognostic marker in the whole population and in all subgroups. This cut-off of ctDNA MAF should now be tested in external validation cohorts of mCRC patients to see whether it is confirmed or can be improved.

 CEA is an oncofetal antigen produced by some cancers (most often adenocarcinomas) and shed from the cell surface and metabolized by the liver.[20] ctDNA release is believed to be proportional to tumor growth, which is linked to the ratio of cell death and cell proliferation. In mCRC, ctDNA detection is correlated with the presence of liver metastases and tumor burden, at least in part as CEA. The comparative prognostic value of CEA and ctDNA tests is rarely evaluated. Our results clearly demonstrated that these two biomarkers are not correlated and that a combined analysis is superior to the analysis of just one. Because no clear prognostic cut-off of CEA level is defined in mCRC, we used a restricted cubic spline analysis to define the optimal cut-off in our cohort (30 ng/mL), as for the ctDNA MAF (20%). With this methodology, the concordance rate between ctDNA and CEA levels was 71% (n=243/341). This rate is relatively close to the overall concordance rate of 75% reported in a cohort of 110 patients with mCRC and using other cut-offs (0.15% for MAF and 5 ng/mL for CEA level).[21] In our study, among the patients with discordant ctDNA and CEA levels, 31% (n=30/98) had only a high ctDNA level and 69% (n=68/98) only a high CEA level. These rates are also close to those reported previously: 41% (n=11/27) and 59% (n=16/27), respectively.[21] In comparison to patients with low ctDNA and high CEA levels, those with high ctDNA and low CEA levels more frequently had an ECOG PS 2 (33.3% vs 21.7%) and liver metastases (93.3% vs 58.6%). Conversely, patients with low ctDNA and high CEA levels more

 frequently had peritoneal carcinomatosis (38.6% vs 20%), while other metastatic sites did 2 not seem to differ between the two groups. Both biomarkers appear to give complementary information. Combination of the MAF ctDNA and CEA levels allowed us to define three different prognostic groups of patients of about one-third each. Such analysis was previously done in a small cohort of patients who had liver metastasis resection. In this study, the combination of MAF ctDNA (cut-off 3.3%) and CEA level (cut-off 4.9 ng/mL) was also associated with a strong prognostic value.[22] Thus, with the exception of the metastatic sites and perhaps the performance status, it is currently not easy to explain why some patients have only a high ctDNA level and others a high CEA level.

 Despite a trend for worse prognosis associated to right colon cancer, the primary tumor location did not have a significant prognostic value in our study in univariate analysis and thus was not included in multivariate analysis. When the left colon and rectal cancer were pooled and compared to right colon cancer, the difference we significant in univariate analysis but not in multivariate analysis and did not modify the risk model of death (data not shown). Our study population comprised patients with right and transverse colon cancer (31%), left colon cancer (41%) or rectal cancer (28%). The relatively limited number of patients included in each subgroup as the heterogenous characteristics of patients at inclusion (all patients whatever *RAS*/*BRAF* status, all types of metastases resectability) may have limited the prognostic impact of the primary tumor location in our study.

 The strengths of our study are the large homogeneous population of patients with chemotherapy-naive mCRC, its prospective multicenter conditions, and optimal conditions to assess *RAS* and *BRAF* mutations and ctDNA. However, the design of this prospective study and its primary objective did not allow assessment of dynamic follow-up of ctDNA, whereas 24 early dynamic changes in ctDNA levels according to treatment efficacy and development of

 resistance mutations before clinical progression are promising in helping to guide therapeutic strategy.[15,23-26] Only one plasma point was collected during the study and monitoring of ctDNA analyses was not possible. So, the proposed cut-off is only valuable in chemotherapy-naïve mCRC patients and cannot be generalized to others clinical situations (localized CRC, mCRC under chemotherapy, refractory mCRC, others tumor types). Another limitation could be that we used a non-tumor-informed methodology of ctDNA which may be less sensitive.

Conclusion

 In the large prospective RASANC cohort, ctDNA MAF at baseline had a significant prognostic value at the optimal cut-off of 20%. CEA gave additional prognostic information and the combination of both biomarkers classified patients in three subgroups of significantly different prognosis. ctDNA with a MAF cut-off of 20% at baseline improves prognostication of chemotherapy-naive mCRC patients and may be useful in the future for individualized therapeutic decisions and as a stratification factor in clinical trials.

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Authors' Contributions

Conception and design: J.B. Bachet, J. Taieb, D. Vernerey, P. Laurent-Puig.

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- Acquisition of data (provided animals, acquired and managed patients, provided facilities, etc..): all authors.
- Analysis and interpretation of data (e.g., statistical analysis, biostatistics, computational
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- Writing original draft: J.B. Bachet, A. Meurisse, J. Taieb, D. Vernerey, P. Laurent-Puig.
- Writing, review, and/or revision of the manuscript: all authors.
- Administrative, technical, or material support (i.e., reporting or organizing data, constructing
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- Study supervision: J. B. Bachet, J. Taieb, D. Vernerey, P. Laurent-Puig.

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Table 1: Baseline characteristics, surgical resections and chemotherapy received during follow-up according to ctDNA detection at baseline

Abbreviations: IQR, interquartile range; ECOG PS, Eastern Cooperative Oncology Group performance status; *BRAF: BRAF* V600E; ULN, upper limit of normal; CEA, carcinoembryonic antigen; LDH, lactate dehydrogenase; ALP, alkaline phosphatases.

ctDNA-positive: Patients with conclusive plasma result were defined as patients with at least one mutation identified by the Ampliseq technique (*RAS* or other) or at least one methylated biomarker identified in the plasma sample (patients without identified mutations).

* some patients had more than one metastasis resection

Table 2: Univariate and multivariate Cox analysis for overall survival

Figure 1: Overall survival according to ctDNA at baseline

Figure 1a: Kaplan-Meier estimation for overall survival according to ctDNA detection at baseline (ctDNA-negative group vs ctDNA-positive group)

Figure 1c: Kaplan-Meier estimation of overall survival according to the defined threshold of the MAF of ctDNA $(\leq 20\% \text{ vs } \geq 20\%)$

Figure 2: Prognostic analyses combining CEA and ctDNA MAF levels

Figure 2a: Bootstrap procedure (N=1000) to estimate discrimination index (C-Harrell) for death in the risk model with or without the addition of CEA and/or ctDNA

The variables included in the reference risk model are: Age (<70 vs ≥70); Köhne score; Resectability of metastases*; RAS*/*BRAF* status

Figure 2b: Overall survival of the three subgroups of patients defined by the combination of CEA level (\langle or \geq 30 ng/mL) and the MAF of ctDNA (\langle or \geq 20%) at baseline

Both neg: CEA < 30 ng/mL and MAF of ctDNA < 20%

One +/-: CEA \geq 30 ng/mL or MAF of ctDNA \geq 20%

Both pos: CEA \geq 30 ng/mL and MAF of ctDNA \geq 20%