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# **Modified radioimmunoassay versus ELISA to quantify anti-acetylcholine**

# **receptor antibodies in a mouse model of myasthenia gravis**

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**Keywords.** EAMG; autoantibodies; myasthenia gravis; ELISA; RIA.

# **Abstract**

 In mouse models of myasthenia gravis (MG), anti-acetylcholine receptor (AChR) antibodies can be quantified to monitor disease progression and treatment response. In mice, enzyme-linked 27 immunosorbent assay (ELISA) is the gold standard to quantify these antibodies. However, this method requires antigen purification, which is both time-consuming and expensive. In humans, radioimmunoassay (RIA)—which is more sensitive than ELISA—is commonly used to quantify AChR antibodies. At present, however, no commercial RIA kits are available to quantify these antibodies in mice. The aim of this study was to compare a modified commercial human RIA kit to two ELISA methods to detect AChR antibodies in an experimental autoimmune mouse model of MG (EAMG). C57BL/6J mice were immunized with purified AChR from *Tetronarce californica* (T-AChR). Serum samples were analyzed by RIA and two ELISAs (T- AChR and purified mouse AChR peptide [m-AChR]). The modified RIA showed excellent sensitivity (84.1%) and specificity (100%) for the detection of AChR antibodies. RIA showed a good agreement with T-AChR ELISA (κ = 0.69) but only moderate agreement with m-AChR ELISA (κ = 0.49). These results demonstrate the feasibility of modifying a commercially- available RIA kit to quantify AChR antibodies in EAMG. The advantage of this technique is that it eliminates the need to develop the entire methodology in-house and reduces inter and intra-laboratory variability.

# **Introduction**

 Myasthenia gravis (MG) is a highly heterogeneous disease characterized by fluctuating muscle weakness and fatigability. MG is an antibody-mediated autoimmune disorder in which antibodies are directed against post-synaptic antigens at the neuromuscular junction (NMJ), 49 thereby impairing signal transmission from motor neurons to the muscle[1]. Most patients ( $\approx$ 85%) present nicotinic acetylcholine receptor (AChR)-specific autoantibodies [2].

 The most common animal model of MG is the experimental autoimmune myasthenia gravis (EAMG). In this model, MG is induced by administering purified AChR from *Tetronarce californica* (T-AChR). The administration of purified AChR in complete Freund's adjuvant (CFA) induces AChR antibody production, an accumulation of immunoglobulin G (IgG) and complement deposits at the NMJ, and lysis of the postsynaptic muscle membrane, leading to muscle weakness[3]. In EAMG mice, quantifying AChR antibodies is a useful biomarker of disease progression and treatment response[4–6].

 Two different types of assay can be used to detect AChR antibodies, either radioimmunoassay (RIA)[7] or enzyme-linked immunosorbent assay (ELISA)[8]. Although RIA is more sensitive, ELISA is normally used because it does not require the use of radioactive reagents[8–11]. While most groups use purified m-AChR as the antigenic source to coat the ELISA plates, others use purified AChR from *T. californica* electric organ (T-AChR) or cultured cell lines[10–13]. Given the lack of commercial RIA kits for the quantification of AChR antibodies in mice, laboratories that want to use this more sensitive test must develop their own RIA kit in-house, which can be both time-consuming and expensive. In this regard, there is a clear need for a standardized RIA kit to reduce inter and intra-laboratory variability when quantifying AChR antibodies in mouse models.

 In this context, the aim of this study was to compare a modified commercial RIA kit to two ELISA methods broadly used for the detection of AChR antibodies in serum samples obtained from EAMG mice. We also assessed the correlation between each assay and clinical outcomes

- (treadmill scores and weight change in the mice).
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# **Materials and Methods**

# *Induction of EAMG*

 Pathogen-free C57BL6/J mice were purchased from Charles River (Saint Germain Nuelles, France) and housed (five mice per cage) in the animal facility at the Institut de Recerca- Hospital de la Santa Creu i Sant Pau (IRHSCSP). Mice were fed a regular chow diet. The experiments were performed on 5- to 6-week-old male and female mice after 7 days of quarantine. The study was approved by the IRHSCSP Ethics Committee for animal experimentation. All research staff has performed an animal experimentation course certified by the local government. All experiments were conducted according to local government guidelines and regulations.

 The mice were randomly allocated to one of two groups: 1) EAMG or 2) a non-immunized control group. The disease was induced by administering two consecutive immunizations of purified T-AChR with CFA (Sigma; St Louis, MO, USA) on days 0 and 28. T-AChR was purified from electroplaque tissue from *T. californica* (Aquatic Research Consultants; San Pedro, CA, USA) using low-pressure affinity chromatography as described elsewhere[14]. Briefly, EAMG

88 was induced by injecting 20 µg of purified T-AChR diluted in phosphate buffered saline (PBS) 89 solution and emulsified in CFA (1:1 vol) to a final volume of 200  $\mu$ L. Next, 50  $\mu$ L of the emulsion was injected intradermally into both foot pads in the lower limbs and subcutaneously at the site of the scapulae of the two upper limbs. Twenty-eight days later, a second immunization 92 was performed by injecting 50  $\mu$ L of the emulsion in both shoulders and both thighs. Immunizations, blood extraction and euthanasia were performed under anesthesia using isofluorane. Animals were euthanized the day 53 or if weakness impaired normal feeding (not necessary in any case)[14].

#### *Clinical assessment*

 The general condition of the mice was evaluated daily and the mice were weighed weekly. Strength and fatigability were assessed using a treadmill controller device (Columbus Instruments; Columbus, OH, USA)[15]. Briefly, mice were forced to run to exhaustion on the treadmill as the speed was gradually increased. An electric rod placed at the end of the belt emitted an electric discharge to force the mice to keep running. We evaluated the number of electric discharges and total distance run (in centimeters).

#### *AChR antibody quantification by RIA*

 Blood samples were collected on day 0 (before the first immunization) and on day 53. Serum samples obtained from the mice were tested for anti-AChR-antibodies by radioimmunoassay (DLD Diagnostika GmbH; Hamburg, Germany) according to the manufacturer's instructions. This kit uses a human rhabdomyosarcoma cell line as the AChR source. However, to precipitate mouse IgG, anti-human IgG was replaced by recombinant protein G agarose (Invitrogen Inc; Carlsbad, CA, USA). Counts per minute of radioactivity were quantified using an automatic gamma counter (Wizard, PerkinElmer, Singapore). The readings were then converted to nM of anti-AChR antibodies. Following the manufacturer's recommendations, all values < 0.25 nM were considered negative.

# *Anti-AChR antibody ELISAs using T-AChR and m-AChR for coating*

114 ELISA experiments were carried out on serum samples in 96 well plates coated with 0.5 µg/mL of T-AChR or 0.5 µg/mL of subunit alpha m-AChR peptide (AP73672; Biovalley, Nanterre, 116 France) diluted in a 10 mM NaHCO3 buffer (pH 9.6) and stored overnight at  $4^{\circ}$ C. Wells were blocked with PBS (10% fetal calf serum) for 2h30 at 37°C. Samples were diluted in 0.1% bovine serum albumin (BSA)-PSA (1/400,000 for T-AChR and 1/200 for m-AChR ELISAs) and incubated at 37°C for 1h30. Next, samples were incubated with 100 µL of biotinylated rabbit anti-mouse IgG 0.04µg/ml (E0413, Dako, Courtaboeuf, France) at 1/1800 for 1h30 and 100 µL of streptavidin–horseradish peroxidase 0.1µg/ml (S911, ThermoFisher Scientific, Villebon-sur- Yvette, France) at 1/10000 for 30 minutes. Tetramethylbenzidine was used for color 123 development; the reaction was stopped with  $H_3PO_4$  1M; optical density (OD) at 450 nm was measured with the SPARK 10M microplate reader (TECAN France, Lyon, France). Between each step, wells were washed four times with 200µl of PBS 0.05% Tween 20. OD values > the mean OD + 2 standard deviation (SD) in non-immunized mice were considered positive.

# *IgG deposits*

 The presence of IgG deposits in muscle plaques was assessed. Briefly, muscle tissue obtained from the quadriceps after euthanasia was frozen in methylbutane at -150 to -160ºC and cooled with liquid nitrogen. Next, cross-sections (thickness: 8 µm) were obtained and fixed with acetone for 5 minutes. The sections were washed in PBS and blocked with goat serum (Gibco; Life Technologies, Auckland, New Zealand) for 30 minutes and incubated with goat anti-mouse IgG conjugated with Alexa Fluor 488 (Invitrogen; Eugene, OR, USA) for 1 hour. The sections were washed with PBS and incubated with alpha-Bungarotoxin Alexa fluor 555 (Invitrogen) for

 1 hour. The sections were then washed again, mounted, and observed under a fluorescent microscope (Axioskop 2 plus; Zeiss, Götingen, Germany). To acquire images, we use the software ZEN from Zeiss. To avoid bias when analyzing sections, we used the auto contrast tool. This highlights positive signal vs background.

#### *Statistical analysis*

 The Kolmogorov–Smirnov test was used to test data distribution normality. All variables are reported as means ± SD. Correlation analyses were carried out with Pearson's or Spearman's correlation according to the Gaussian distribution. Cohen's kappa coefficient was used to measure agreement between the RIA and ELISA results. Fisher's exact test was used to compare the sensitivity and specificity of the tests. The SPSS statistical software (V.21.0) was used to determine the Cohen's kappa coefficient. GraphPad Prism 7 was used to perform the Fisher's exact test and correlations. P-values < 0.05 were considered significant.

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#### **Results**

#### *RIA validation*

 We evaluated AChR antibody levels in serum samples obtained from 104 mice (52 non- immunized and 52 immunized). In the immunized mice, blood was extracted on day 53 (25 days post-immunization). The mean (SD) concentration was 0.02 (± 0.04) nM for the non- immunized mice and 3.42 (± 2.5) nM for the immunized mice. The concentration was > 0.25 156 nM (3.7  $\pm$  2.4 nM) in 48 of the 52 immunized mice (92%). Immunofluorescence testing on muscle sections revealed no IgG deposits in the non-immunized mice; by contrast, IgG deposits were detected in the neuromuscular endplate of all 48 mice who had AChR antibodies detected by RIA. Two of the four immunized mice with nM levels < 0.25 nM also had IgG deposits (Figure 1; Supplementary table 1).



162 **Figure 1. IgG deposits in the neuromuscular plate.** Representative image of the 163 immunofluorescence with alpha-bungarotoxin (red) and anti-mouse IgG (green) in muscle of a 164 non-immunized (a-b) and an immunized mouse (c-d).

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 Next, we assessed the reproducibility of RIA for the quantification of mouse AChR antibodies. We selected two mouse samples at different concentrations for the intra-assay coefficient of variability (CV) and three mouse samples at different concentrations for the inter-assay CV. The results of those tests are shown in Table 1.

170

# 171 **Table 1. Reproducibility of the RIA assay to quantify mouse AChR antibodies**



#### **Abbreviation:** SD, standard deviation; CV, coefficient of variability.

#### *RIA comparison with ELISA*

 Based on the interquartile range of the RIA-positive samples (1.67 – 5.53 nM), we selected a total of 48 samples (46 from the initial RIA validation experiments and 2 extra samples from immunized mice without anti-AChR antibodies by RIA, to increase this group). Samples were categorized as follows: negative < 0.25 nM (n=10 from non-immunized mice and n=6 from immunized mice); low titer: 0.25-1 nM (n=14); medium titer: 1-5 nM (n=11); and high titer > 5 nM (n=7). Next, we analyzed those 48 samples with T-AChR and m-AChR ELISA and compared the findings to the results obtained by RIA. The mean (+2SD) values in the non-immunized mice were 0.121 OD units for the T-AChR ELISA and 0.422 for the m-AChR ELISA. The results of the three assays are shown in Figure 2a-c and supplementary table 1.





 To evaluate concordance between negative and positive results by RIA and the two ELISA we analyzed the Cohen's kappa coefficient. Agreement between the RIA and T-AChR ELISA was κ = 194 0.69 and between the two ELISAs was  $\kappa = 0.65$ ; however, only moderate agreement ( $\kappa = 0.49$ ) was observed between RIA and m-AChR ELISA. In the samples from the immunized mice (n=38), the correlation between RIA and T-AChR ELISA was statistically significant (Figure 2d). By contrast, RIA was not significantly correlated with m-AChR ELISA (Figure 2e). No correlation was observed between the two ELISA protocols (Figure 2f).

 Table 2 shows the sensitivity and specificity values for the three assays for all tested samples (n=48).



# **Table 2. Comparison of sensitivity and specificity for RIA and ELISA in the detection of AChR antibodies**

**Abbreviation:** RIA, radioimmunoassay; ns, not signficant.

#### *Association between RIA/ELISA and clinical scores*

 We grouped the immunized mice according to the presence or absence of AChR antibodies. None of the immunized mice tested by T-AChR ELISA were negative and thus this ELISA was 207 not included in the analysis. In the mice that tested negative for AChR antibodies by RIA, the body weight gain from day 0 (at immunization) to day 49 post-immunization was higher than in the mice who tested positive for AChR antibodies. However, when we grouped the mice according to the presence or absence of AChR antibodies by m-AChR ELISA (Figure 3a), there was no difference in body weight gain during the same time period. There were no differences in treadmill scores between mice with or without AChR antibodies detected by RIA or m-AChR ELISA (Figure 3b). There was no correlation between AChR antibodies titers (measured by RIA 214 or the two ELISA protocols) and the percentage weight change or treadmill variation (data not shown).



 **Figure 3. Differences in clinical scores between immunized mice with or without acetylcholine receptor (AChR) antibodies detected by RIA or ELISA.** Comparison of percentage weight gain (a) and percentage change in treadmill scores (b) of mice 49 days after immunization grouped according to the presence or absence of AChR antibodies by RIA or ELISA. Weight gain refers to the percentage of weight at day 49 post-immunization relative to 222 the weight measured on day 0. Treadmill change refers to the centimeters completed on the treadmill at day 49 post-immunization relative to those on day 0. RIA positive (n=32). RIA negative (n=6). m-AChR ELISA positive (n=31). m-AChR ELISA negative (n=7). The Mann-Whitney test was used for the statistical analysis. \* p<0.05.

#### **Discussion**

228 The results of this study show that a commercial RIA kit originally designed for the diagnosis of 229 MG in humans can be modified to reliably detect AChR antibodies in mice. The advantage of this approach is that it allows researchers to use an off-the-shelf RIA kit, thus eliminating the need to develop the entire methodology in-house and may also reduce inter and intra-laboratory variability.

 RIA was the method of choice over other commercially available ones for human anti-AChR antibody detection, such as the cell-based assay (CBA) or the ELISA, for different reasons. First, RIA is the method validated in larger patient cohorts; second, ELISA has proven a lower specificity than the RIA in humans; finally, fixed-CBA requires specialized training for result 237 interpretation to achieve high sensitivity[16]. Nevertheless, it would be advisable to choose CBA in terms of sensitivity and specificity, but this is a more expensive and time-consuming method.

 AChR antibodies were detected by RIA in 92% of the 52 immunized mice and 96% had IgG deposits. These findings are consistent with previous reports in EAMG models [13,14]. In 242 EAMG, induction of the humoral response can be assessed by using an assay such as ELISA to detect AChR antibodies or through immunofluorescence techniques to detect IgG deposits located at the NMJ [13,14]. We found good agreement between the modified RIA kit and T-245 AChR ELISA ( $\kappa$  = 0.69) but only moderate agreement between RIA and m-AChR ELISA ( $\kappa$  = 0.49). T-AChR and m-AChR ELISA showed moderate agreement. However, the RIA results were only significantly correlated with T-AChR ELISA, but not with m-AChR ELISA.

 In the EAMG model, antibodies against T-AChR can destroy the NMJ, leading to epitope 249 spreading and the possible development of antibodies against m-AChR [17,18]. For this reason, a mix of antibodies targeting T-AChR, m-AChR, and/or both may be present in EAMG mice. Analysis using the Basic Local Alignment Search Tool (BLAST) shows that the AChR alpha subunit in mice and humans share a 95.51% sequence homology, which is why human AChR is an excellent antigenic source for the detection of pathogenic AChR antibodies in the EAMG model. In this regard, since *T. californica* shares about 80% of the AChR alpha subunit peptide sequence with humans and mice, the presence of some T-AChR antibodies might be irrelevant to disease pathogenesis[14]. Therefore, it would seem to be more appropriate to measure AChR antibodies using a source other than the one used in immunization, as we have done in this study.

 With regard to sensitivity and specificity, the most sensitive test was T-AChR ELISA followed by RIA (Table 2). As expected, T-AChR ELISA was more sensitive because the mice were immunized with T-AChR. In the study by Pachner et al., who compared T-AChR RIA to T-AChR ELISA (both developed in-house), the sensitivity of both assays was high[8], a finding that 263 suggests that the differences in sensitivity observed in our study are most likely due to the antigenic source rather than to the methodology. We used human AChR as the antigenic source for the RIA assay, which would explain the difference in sensitivity compared to Pachner et al., since our mice were immunized with T-AChR. The lower sensitivity of the m- AChR ELISA could be explained by the fact that we used a peptide of the α-subunit of AChR (rather than the whole receptor) to coat the wells, which means that antibodies directed against conformational antigens or other AChR subunits may have remained undetected. The suitability of human AChR to detect AChR antibodies in the EAMG model opens the possibility of exploring other methodologies, such as CBA, that is among the gold-standard methods 272 more commonly used in the clinic.

 In our study, AChR-negative mice (tested by RIA) experienced a significant increase in body weight at day 49 compared to the AChR-positive mice. By contrast, when the mice were

 grouped according to m-AChR ELISA test results (positive vs. negative), there was no difference in the percentage of body weight gain. These findings are consistent with those reported by Vaughan et al., who also observed that modified RIA is more accurate than ELISA 278 protocols[19]. Although Wu et al. found that pathogenic antibodies in EAMG models are cross- reactive with m-AChR, we did not find any difference in the percentage of body weight gain between mice with or without AChR antibodies detected by m-AChR ELISA[14]. Similarly, we found no differences on treadmill test scores between mice with or without AChR antibodies detected by either RIA or m-AChR ELISA. Other authors have found that only 50-70% of immunized mice develop muscle weakness, even with the presence of clear neuromuscular dysfunction[12]. In this regard, further experiments are needed to elucidate the pathogenicity of AChR antibodies detected by the various assays. However, regardless of the pathogenicity of these antibodies, testing may still be useful in EAMG models in order to confirm that a humoral response to AChR has been established as part of the disease characterization and follow-up.

 To our knowledge, this study is the first to use human AChR as the antigenic source for the detection of serum AChR antibodies in mice immunized with T-AChR. Crucially, we used the whole human AChR, which is highly homologous to mouse AChR, with excellent sensitivity (84.1%), specificity (100%), and reproducibility. As our results demonstrate, a commercially- available RIA kit for human AChR antibodies can be successfully modified to detect AChR antibodies in the EAMG model, thus eliminating the need to develop and validate an in-house system.

 **Author contributions.** Conceptualization AM and EG; Data curation CM, LG and AM; Formal analysis AM; Funding acquisition BB and EG; Investigation AM, CM, LG, EM, CJ, LQ, RL and EG; Supervision EG; Roles/Writing - original draft AM, RL, CJ and EG; and Writing - review & editing AM, CM, LG, EC, EM, CJ, BB, LQ, RL and EG.

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**Supplementary table 1. Clinical data and anti-AChR antibodies result by RIA, T-AChR ELISA** 

and m-AChR ELISA. Nm=nanomolar; P=positive; N=negative.