

ACTH and prolactin synergistically and selectively regulate CYP17 expression and adrenal androgen production in human foetal adrenal organ cultures

Grégoire Schneider, Carmen Ruggiero, Lucie Renault, Mabrouka Doghman-Bouguerra, Nelly Durand, Guillaume Hingrai, Frédérique Dijoud, Ingrid Plotton, Enzo Lalli

To cite this version:

Grégoire Schneider, Carmen Ruggiero, Lucie Renault, Mabrouka Doghman-Bouguerra, Nelly Durand, et al.. ACTH and prolactin synergistically and selectively regulate CYP17 expression and adrenal androgen production in human foetal adrenal organ cultures. European Journal of Endocrinology, 2023, 189 (3), pp.327-335. 10.1093/ejendo/lvad118 hal-04772413

HAL Id: hal-04772413 <https://hal.science/hal-04772413v1>

Submitted on 13 Nov 2024

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

ACTH and prolactin synergistically and selectively regulate CYP17 expression

- **and adrenal androgen production in human foetal adrenal organ cultures** 4 Grégoire Schneider^{1,2*}, Carmen Ruggiero^{3,4*}, Lucie Renault^{2,5}, Mabrouka Doghman-5 Bouguerra^{3,4}, Nelly Durand^{3,4}, Guillaume Hingrai⁶, Frédérique Dijoud^{2,7,8}, Ingrid Plotton^{2,5,7,9¶}, 6 Enzo Lalli $3,4,10$ ¶ 8
9 9 ¹Department of Pediatric Surgery, University Hospital of Lyon, 69002 Lyon, France 10 ² Claude Bernard Lyon 1 University, 69100 Villeurbanne, France 11 ³ Institut de Pharmacologie Moléculaire et Cellulaire CNRS UMR 7275, 06560 Valbonne, France 12 ⁴ Université Côte d'Azur, 06560 Valbonne, France
13 ⁵ Reproductive Medicine and Biology, University H ⁵ Reproductive Medicine and Biology, University Hospital of Lyon, 69002 Lyon, France

14 ⁶ Orthogenics Department, University Hospital of Lyon, 69002 Lyon, France ⁶ Orthogenics Department, University Hospital of Lyon, 69002 Lyon, France 15 ⁷ Inserm U1208, 69675 Bron, France 16 ⁸ Department of Pathology, University Hospital of Lyon, 69002 Lyon, France 17 ⁹ Department of Clinical Biochemistry, University Hospital of Lyon, 69002 Lyon, France 18 ¹⁰Inserm, 06560 Valbonne, France $\frac{20}{21}$ *Equal contribution 22 [¶] Corresponding authors: ingrid.plotton@chu-lyon.fr; ninino@ipmc.cnrs.fr
- **Short title:** Steroidogenesis in HFA organ cultures
- **Keywords**: human foetal adrenal gland, ACTH, prolactin, steroidogenesis, gene expression

 Abbreviations: ACT, adrenocortical tumours; ACTH, adrenocorticotropic hormone; DHEA, dehydroepiandrosterone; DHEAS, dehydroepiandrosterone sulfate; DZ, definitive zone; FZ, foetal zone; GW, gestational weeks; HPS, Hematoxylin-Phloxine-Safran; IHC, immunohistochemistry; LC-MS/MS: liquid chromatography coupled to tandem mass spectrometry; PBS, phosphate-buffered saline; PRL, prolactin; PRLA, prolactin-secreting pituitary adenomas; PRLR, prolactin receptor; RT, room temperature; RT-qPCR, reverse transcription-quantitative polymerase chain reaction; TZ, transitional zone.

- **Abstract**
-

 Objective: The essential role of ACTH on the growth and function of the human foetal adrenal (HFA) has long been recognized. In addition, many studies have suggested a role of the pituitary hormone prolactin (PRL) in the regulation of the HFA, but the effects of this hormone on steroidogenesis and gene expression are still unknown. Our objective was to investigate the effect of ACTH and PRL on the steroidogenic capacities of the HFA.

Design: *In vitro*/ *ex vivo* experimental study.

 Methods: We used a hanging drop *in vitro* organ culture system. First trimesterHFA samples were cultured for 14 days in basal conditions or treated with ACTH, PRL or a combination of the two (3 to 11 replicates depending on the experiment). Steroids were measured by liquid chromatography/tandem mass spectrometry or immunoassay, gene expression by RT-qPCR, protein expression by immunoblot. **Results:** ACTH significantly increased corticosterone, cortisol and cortisone production, both by itself and when used together with PRL. PRL stimulation by itself had no effect. Combined stimulation with ACTH+PRL synergistically and selectively increased adrenal androgen (DHEAS and ∆4-androstenedione) production and CYP17A1 expression in the HFA, while treatment

with each single hormone had no significant effect on those steroids.

 Conclusions: These results have important implications for our understanding of the hormonal cues regulating adrenal steroidogenesis in physiological and pathological conditions in the HFA during the first trimester and warrant further studies to characterize the molecular mechanisms of converging ACTH and PRL signalling to regulate *CYP17A1* expression.

-
-
-
-
-
-
-
-

Significance

 Here we have shown that combined treatment of human foetal adrenal organ cultures with ACTH and prolactin significantly increased androgen production and CYP17 expression. These results show that ACTH and PRL may act in concert to regulate the function of the human foetal adrenal gland and may provide a mechanistic explanation to many studies showing increased circulating adrenal androgen levelsin hyperprolactinemic patients. Our results have important implications for our understanding of the hormonal cues regulating adrenal steroidogenesis in physiological and pathological conditions during foetal and post-natal life.

- **Introduction**
-

 In humans and in some primate species the structure of the cortical part of the adrenal gland 95 presents peculiar characteristics during the foetal life compared to the adult¹. Before birth, most of the gland volume is occupied by the foetal zone (FZ), which is made up by large, eosinophilic cells, surrounded by the outer definitive zone (DZ) harbouring small, proliferating basophilic cells, separated from the FZ by a transitional zone (TZ) with intermediate cytological \cdot characteristics¹. After birth, rapid involution of the FZ takes place causing a dramatic fall in the weight of the adrenal gland, with progressive differentiation of the DZ to form the characteristic zones (*zona glomerulosa*, *fasciculata* and, later, *reticularis*) of the adult adrenal 102 cortex. The different zones of the foetal adrenal have distinct steroidogenic capacities. The FZ expresses the cytochrome CYP17A1 at high levels and produces large quantities of dehydroepiandrosterone sulfate (DHEAS), which is largely metabolized into oestrogens in the 105 placenta. *HSD3B2* is expressed in the DZ-TZ and allows for biosynthesis of cortisol^{2,3}.

 While the essential role of the pituitary hormone ACTH on the growth and function of the human foetal adrenal (HFA) has long been recognized, the effect of other factors is still a matter of debate. Winters *et al*. have suggested a role for prolactin (PRL) in the regulation of HFA function, based on the finding that PRL levels progressively increase, while ACTH levels 110 decrease, in the foetus as gestation progresses and then rapidly decrease after birth^{4,5}. PRL 111 was also reported to increase secretion of DHEAS and cortisol by HFA *in vitro*⁶ and to increase 112 serum DHEA levels after infusion in the baboon foetus⁷. A role of PRL as a regulator for HFA growth and function is also consistent with its shared phylogenetic origin with growth 114 hormone (GH)⁸, its stimulating effects on visceral size in several species^{9,10} and with the high 115 levels of the PRL receptor (PRLR) expressed in the HFA 11,12 . However, other authors have suggested that the HFA may become more sensitive to the action of ACTH during late 117 pregnancy¹ and that factors other than PRL can regulate growth and function of the HFA^{13,14}.

 We recently showed that, among all adrenal steroids, DHEAS levels are selectively increased in patients with PRL-secreting pituitary adenomas (PRLA) compared with patients with hormonally inactive pituitary adenomas and that they significantly decrease after dopamine agonists therapy, suggesting a direct effect of PRL in the regulation of DHEAS 122 production¹⁵. Considered the reported effects of PRL on steroid hormone secretion by the HFA, we set out to investigate the consequences of treatment with ACTH, PRL and of the combined treatment by both pituitary hormones on steroidogenic gene expression and 125 steroid production in HFA using a hanging drop organ culture system. Here we show that the combined treatment of HFA organ cultures with ACTH and PRL, but by neither hormone alone, significantly and selectively increased CYP17A1 mRNA and protein expression in HFA and adrenal androgen (DHEAS and ∆4-androstenedione) levels in the culture medium.

-
-

Materials and methods

HFA organ culture

 HFA were collected under a protocol approved by the Agence de la Biomédecine (PFS 21-014) after obtaining informed consent from the women undergoing voluntary termination of pregnancy. We established hanging drop HFA organ cultures according to a published 136 method¹⁶. Briefly, adrenal glands were dissected from foetuses aged 8-13 GW (Fig. 1A). They 137 were cut into approximately 1 mm³ pieces which were placed on the lid of an inverted Petri 138 dish, each one inside a 40 µl drop of DMEM/F12 (Gibco) containing 10% FCS, 1% ITS+ 139 (Corning), penicillin/streptomycin (Gibco), and cultured at 37°C in 5% CO₂ (Fig. 1B). 10 ml PBS were placed in the dish to avoid dehydration. Some samples were cultured in medium only, while other samples were treated with medium supplemented with ACTH (human 1-39, #A0423 Sigma-Aldrich; 1 nM), recombinant human PRL (#682-PL-050, R&D Systems; 500 ng/ml) or both (Fig. 1C). The ACTH concentration we used is the same employed by Melau *et al.* in their study¹⁶, while the PRL concentration we used is in the upper range of its plasma levels during pregnancy. The culture lasted for 14 days, with medium replaced every 2-3 days and pooled during the second week for steroid measurement. For BrdU labelling, some 147 fragments were incubated in medium containing 10 µg/ml BrdU (#B5002, Sigma-Aldrich) for 6 hours before harvesting. At the end of culture, the HFA fragments were either snap-frozen in liquid nitrogen and kept at -80°C until RNA and protein extraction or formalin-fixed and paraffin embedded for immunohistochemistry (IHC). In total, 11 independent replicates of HFA cultures (7 from male foetuses, 4 from female foetuses) were established.

Steroids measurement

 Progesterone, 17-hydroxyprogesterone, 11-deoxycortisol, corticosterone, cortisone, cortisol, ∆4-androstenedione and testosterone were measured by liquid chromatography using an Ultra Performance Liquid Chromatography 1290 Infinity II system (Agilent Technologies) 157 coupled to a 6495C tandem mass spectrometer (Agilent Technologies), as described¹⁷. DHEAS was measured by immunoassay (Cobas 801e, Roche). The concentration of steroids in each pooled sample was normalized by dividing the concentration value by the weight of the corresponding adrenal fragment. Data for ACTH-, PRL- and ACTH+PRL-treated samples are expressed as fold differences compared to samples cultured in medium only. Steroid concentration values were calculated from 4 to 11 biological replicates for each condition.

RNA isolation, dosage, quality assessment and treatment by DNase

 Total RNA from HFA fragments cultured in hanging drops was extracted by phenol/guanidine- based lysis followed by silica membrane purification. Briefly, HFA fragments were transferred 167 to Lysing Matrix D – containing tubes (MP Biomedicals) for homogenization with 700 µl of QIAzol Lysis Reagent (#79306 Qiagen). Samples were processed in the Fast Prep-24 Classic bead beating grinder and lysis system (MP Biomedicals) for 40 seconds (sec) at a speed setting of 6.0 and then incubated on the benchtop at room temperature (RT) for 5 minutes (min) to 171 promote nucleoprotein complexes dissociation. After the addition of 140 µl of chloroform samples were vigorously shaken, then incubated at RT for further 2-3 min and centrifuged for 15 min at 12,000*g* at 4°C. The upper aqueous phase was then transferred to a new collection tube, 1.5 volumes of 100% ethanol were added and the solution was mixed thoroughly by pipetting up and down several times. Each sample was then transferred to a RNeasy Mini spin column and processed using the miRNeasy Mini kit (#217004 Qiagen) according to the 177 manufacturer's instructions. For the final elution, 25 µl of RNase-free water per sample was employed. RNA concentrations were determined by a NanoDrop 2000 instrument (Thermo Fisher Scientific) and theirintegrity was controlled by running an aliquot of each sample on a 1% agarose gel stained with ethidium bromide. Samples were then subjected to DNase treatment using the DNA-free DNA Removal kit (#AM1906 Invitrogen) according to the manufacturer's instructions.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR)

 A total of 100 ng of total RNA was reverse transcribed using SuperScript IV Reverse Transcriptase (#18090010 Invitrogen). RT-qPCR was performed using the SYBR Green I dye assay on a LightCycler 480 (Roche Applied Science) instrument using cyclophilin (*PPIA*) as a reference transcript. Primer sequences are reported in Table 1. Gene expression was calculated from 9 biological replicates for each condition, each one processed in duplicate.

Immunoblotting

 Proteins were extracted from HFA samples with RIPA buffer and proteins quantified by the 193 Lowry assay. Immunoblots were performed as previously described¹⁸. Primary antibodies were rabbit anti-PARP (#9542, Cell Signaling Technology), rabbit monoclonal anti-CYP17A1 (#ab134910, 1:1000; Abcam) and mouse monoclonal anti-GAPDH (#CB1001, 1:1000; Sigma- Aldrich) antibodies. Secondary antibodies were HRP-conjugated anti-rabbit (#NA-934, 1:5000; GE Healthcare) and anti-mouse (#NA-931, 1:5000; GE Healthcare) antibodies. Immunoblot 198 band intensities were quantified by the Image J software [\(https://imagej.net/ij\)](https://imagej.net/ij). The ratio between the full-length (116 kDa) and cleaved (89 kDa) PARP band intensities was calculated for each sample and then normalized by the corresponding GAPDH signals. CYP17A1 band 201 intensities for each sample were normalized by the corresponding GAPDH signals. Protein expression was calculated from 3 biological replicates for each condition.

IHC

 After formalin fixation and paraffin embedding, HFA fragments were cut in 3 μm- thick sections and some sections stained with HPS (Hematoxylin-Phloxine-Safran). IHC was performed employing the streptavidin-biotin and peroxidase method on an automated immunohistochemical system (Benchmark ULTRA, Ventana) according to the manufacturer's 209 instructions and using the reagents supplied with the kit¹⁹. Briefly, after deparaffinization and rehydration, sections were subjected to antigen retrieval (Heat-Induced Epitope Retrieval 211 [HIER] method, 8 min at 100 °C, pH 6). Tissue sections were treated with H_2O_2 to block endogenous peroxidase, followed by an additional washing procedure with the manufacturer's buffer, and pretreated by ULTRA CC1 (Ventana). Slides were then incubated with the following antibodies: anti-NCAM/CD56 (#NCL-L-CD56-504, 1:100; Leica Biosystems), anti-SPARC (#AF941, 1:1200; R&D Systems), anti-SF-1 (#ab217317, 1:2000; Abcam), anti-Ki67 (#M7240, 1:100; Agilent) and anti-BrdU (#MCA2483, 1:100; Bio-Rad). After washing, tissues

- were incubated with biotinylated antibodies, followed by the streptavidin-biotin complex, the amplification reagent, and the streptavidin-peroxidase conjugate. Tissue staining was
- visualized with a DAB substrate chromogen solution (ultraView DAB Detection Kit, Ventana).
- Counterstaining was performed using hematoxylin and Bluing Reagent (Ventana).
-

Statistical analyses

 They were performed using the Prism software, version 9.4 (GraphPad), considering a *p*-value <.05 as the threshold for significance. One-way ANOVA with Dunnett's multiple comparisons test was used to calculate the significance of differences in steroid concentrations and CYP17A1 protein expression following the hormonal treatments. RT-qPCR data were analysed using REST (Relative Expression Software Tool; https://www.gene-228 quantification.de/rest.html $)^{20}$.

-
-
- **Results**
-

ACTH and PRL synergistically and selectively modulate steroid production in HFA organ cultures

 Hanging drop organ cultures are able to maintain *in vitro* the differentiated function of HFA, 236 recapitulating the expression of zonal markers and the production of a variety of steroids¹⁶. 237 We took advantage of this system to investigate the effects of ACTH, PRL and their combination on steroid production and steroidogenic gene expression. We cultured the HFA fragments with medium alone, medium supplemented with ACTH (1 nM), PRL (500 ng/ml) or their combination for 14 days (Fig. 1C). HFA organ cultures express the steroidogenic transcription factor SF-1, markers of both the DZ (NCAM/CD56) and the FZ (SPARC), and 242 scattered proliferating cells (Ki67/BrdU positive) (Fig. 1D). Conditioned media (replaced every 2-3 days) were pooled during the second week of culture and steroids concentrations were measured by LC MS/MS or immunoassay (DHEAS). A diagram of steroidogenesis in the HFA is shown in Fig. 2A. DHEAS was by far the most abundantly produced steroid by the HFA organ cultures with concentrations reaching hundreds of micromolar, while the levels of the other steroids measured varied from the nanomolar to the micromolar (Fig. 2B). The different treatments had no effect on the density of BrdU-positive (proliferating) cells and levels of cleaved PARP (apoptosis marker) in the HFA cultures (Fig. S1). Among all the steroids measured, treatment with either ACTH alone or the ACTH+PRL combination significantly increased the levels of corticosterone, cortisol and cortisone, while only the combined ACTH- PRL treatment significantly increased the production of the androgens DHEAS and ∆4- androstenedione by the HFA organ cultures (Fig. 2C). Treatment with PRL alone had no significant effect on the levels of any of those steroids. In addition, treatment with ACTH, PRL and the ACTH+PRL combination had no significant effect on progesterone, 17- hydroxyprogesterone, 11-deoxycortisol and testosterone levels (Fig. S2).

Gene expression regulation by ACTH and PRL in HFA organ cultures

 To clarify the mechanisms underlying the differential regulation of steroid production by ACTH and by the ACTH+PRL combined treatment, we measured the expression of transcripts encoding proteins involved in steroidogenesis, adrenocortical function and PRL signalling in 262 the HFA fragments recovered after the end of cultures under the different conditions. ACTH treatment significantly increased the expression of *CYP11B1*, a key gene implicated in the 264 synthesis of glucocorticoids²¹ (Fig. 3). Conversely, PRL treatment increased the expression of 265 its known target gene *CISH*²² (Fig. 3). Remarkably, the ACTH+PRL combined treatment selectively increased the expression of *CYP17A1*, encoding the CYP17A1 enzyme which 267 catalyses the final step in the biosynthesis of the adrenal androgens DHEAS and Δ 4-androstenedione (Fig. 2A, 3).

The CYP17A1 protein is selectively upregulated by combined ACTH and PRL treatment in HFA organ cultures

 Consistent with the RNA results, the CYP17A1 protein was selectively upregulated by the combined ACTH+PRL treatment and not by treatments with ACTH or PRL alone (Fig. 4).

Discussion

 A number of studies have described the association of hyperprolactinemia with increased adrenal androgen levels and an increased adrenocortical response to ACTH in patients with 279 high circulating PRL levels^{12,23-29}. We have also reported that in patients with PRLA DHEAS was selectively upregulated while the circulating levels of all the other adrenal steroids were not 281 significantly modified both in basal conditions and after a short-term stimulation with ACTH¹⁵. Altogether, these data represent strong clinical evidence for an important role of PRL in the regulation of the production of androgenic steroids by the adrenal cortex. Unfortunately, it is not possible to study the regulatory mechanisms of adrenal steroidogenesis by PRL *in vitro* using the NCI-H295R cell line or the other currently available adrenocortical cell lines since they do not express the PRLR at both the transcript and the protein level (our unpublished observations). In addition, the results of early experiments showing an effect of purified PRL on adrenal steroidogenesis *in vitro* may have been confounded by the contamination of the 289 PRL preparations with other pituitary hormones, including ACTH³⁰. For these reasons, in the 290 present study we made use of first trimester HFA organ cultures as a model to investigate the effects of ACTH, PRL and their combination on steroid production and gene expression in the adrenal, using synthetic ACTH peptide and recombinant PRL protein. Here we have shown that in the HFA organ culture system PRL, together with ACTH, specifically and selectively stimulates the production of the androgens DHEAS and ∆4-androstenedione, while 295 stimulation with ACTH alone was sufficient to stimulate glucocorticoid (corticosterone and 296 cortisol) production and *CYP11B1* expression²¹, without additive effects of PRL. This action on steroidogenesis is consistent with the selective upregulation of CYP17A1 mRNA and protein by ACTH+PRL combined treatment. These data are also consistent with the *in vivo* studies cited before showing that PRL has a selective stimulatory effect on adrenal androgen 300 production^{12,23-29}. However, our data differ from the results reported in the Melau *et al*. $\,$ study¹⁶, which showed that ACTH alone was able to increase the levels of all measured steroids (including DHEAS and ∆4-androstenedione) in HFA organ cultures using the same hanging drop system we used in our study. We do not know the reasons of those discrepancies, but we can speculate that they can be, at least in part, attributed to different potencies of the ACTH used in the two series of experiments (we used human ACTH 1-39, while the type of ACTH peptide used is not specified in ref. 16) and/or to the presence of different concentrations of PRL in the foetal bovine serum used for the cultures.

 Our study has important limitations since our experiments were performed in HFA cultures from first trimester foetuses and during a relatively limited time (14 days) of culture *in vitro*. Since circulating PRL levels greatly increase in the foetus from the second trimester

 onward, it would be very interesting to study the chronic effects of PRL on foetal adrenal gland growth and steroidogenesis during the last part of the foetal development. Concerning this point, experiments in the baboon foetus at midgestation have shown that both ACTH and PRL 314 can stimulate DHEA production in the foetal adrenal⁷. However, we have to consider that during the first trimester placental lactogen produced by the placenta, a potent agonist of the PRLR, may exert the same effects as PRL on the HFA.

 We have previously formulated the hypothesis that ACTH and PRL may act in concert to regulate DZ and FZ growth and function in the HFA. In particular, we have suggested that the dramatic fall in foetal PRL levels which takes place after birth may trigger FZ regression, 320 while the DZ can expand and differentiate under the control of $ACTH¹²$. Another potential effect of PRL would be to function as a growth factor for adrenocortical tumours (ACT) originating from the HFA. ACT in young children are derived from HFA "breaking bad" because of germline mutations in the *TP53* tumour suppressor gene with consequent loss of 324 heterozygosity or other genetic alterations³¹. We can speculate that PRL may favour growth and hormonal secretion of ACT, being implicated in a self-sustaining circuit including peripheral conversion of androgens produced by the tumour into oestrogen, which in turn stimulates PRL production in the pituitary lactotrophs¹². The action of PRL as a growth factor 328 for ACT would be consistent with its effects on a variety of tumour types³². Furthermore, the effects of PRL on adrenal androgen production suggest that it may also have a role in adrenarche, the physiological process consisting in the development of axillary and pubic hair which is related to the increase in adrenal androgen production normally beginning in 332 childhood, concomitant with the development of the adrenal *zona reticularis*³³. Remarkably, congenital pituitary disorders causing selective PRL/GH deficiency, without concomitant ACTH 334 deficiency, are associated with absence or delay in adrenarche^{34,35}. On the other hand, 335 premature adrenarche has been reported in the case of a boy with PRLA 36 . In addition, genetic variants in the *PRLR* gene were described to be associated to circulating DHEAS levels in 337 children³⁷. All these data in different physiopathological contexts converge towards a strong association between PRL and adrenal androgen production. The results presented in our study have important implications for our understanding of the hormonal cues regulating adrenal steroidogenesis in physiological and pathological conditions and warrant further studies to characterize the molecular mechanisms of converging ACTH and PRL signalling to regulate

CYP17A1 expression.

Acknowledgements

We thank the personnel of the Orthogenics Department and the Centre of Biological

- Resources of the Lyon CHUfor help in the collection and preservation of HFA samples, F. Aguila
- for artwork.
-

Disclosure

- All authors have noting to disclose.
-

Funding

- This study was supported by the Fondation ARC Project PJA 20191209289 grant to Carmen
- Ruggiero and ANR20-CE14-0007 (Goldilocks) grant to Enzo Lalli.
-

References

- 1. Mesiano S, Jaffe RB.Developmental and functional biology of the primate fetal adrenal cortex. *Endocr Rev*. 1997;18(3):378-403. doi:10.1210/edrv.18.3.0304
- 2. Bassett MH, Suzuki T, Sasano H, De Vries, C J, Jimenez PT, Carr BR, Rainey WE. The orphan nuclear receptor NGFIB regulates transcription of 3beta-hydroxysteroid dehydrogenase. Implications for the control of adrenal functional zonation. *J Biol Chem*. 2004;279(36):37622–37630. doi:10.1074/jbc.M405431200
- 3. Goto M, Piper Hanley K, Marcos J, Wood PJ, Wright S, Postle AD, Cameron IT, Mason JI, Wilson DI, Hanley NA. In humans, early cortisol biosynthesis provides a mechanism to safeguard female sexual development. *J Clin Invest*. 2006; 116(4):953-960. doi:10.1172/JCI25091
- 4. Winters AJ, Oliver C, Colston C, MacDonald PC, Porter JC. Plasma ACTH levels in the human fetus and neonate as related to age and parturition. *J Clin Endocrinol Metab*. 1974;39(2):269–273. doi:10.1210/jcem-39-2-269
- 5. Winters AJ, Colston C, MacDonald PC, Porter JC. Fetal plasma prolactin levels. *J Clin Endocrinol Metab*. 1975;41(3):626–629. doi:10.1210/jcem-41-3-626
- 6. Taga M, Tanaka K, Liu T, Minaguchi H, Sakamoto S. Effect of prolactin on the secretion of dehydroepiandrosterone (DHEA), its sulfate (DHEA-S), and cortisol by the human fetal adrenal *in vitro*. *Endocrinol Jpn*. 1981;28(3):321-327. doi:10.1507/endocrj1954.28.321
- 7. Pepe GJ, Waddell BJ, Albrecht ED. The effects of adrenocorticotropin and prolactin on adrenal dehydroepiandrosterone secretion in the baboon fetus. *Endocrinology* 1988; 122(2):646-650. doi:10.1210/endo-122-2-646

 8. Soares MJ. The prolactin and growth hormone families: pregnancy-specific hormones/cytokines at the maternal-fetal interface. *Reprod Biol Endocrinol*. 2004;2:51. doi:10.1186/1477-7827-2-51

 9. Bates RW, Riddle O, Lahr EL, Schooley JP. Aspects of splachnomegaly associated with the action of prolactin. *Am J Physiol*. 1937;119,603–609. doi:10.1152/ajplegacy.1937.119.3.603

- 10. Moreno-Carranza B, Goya-Arce M, Vega C, Adán N, Triebel J, López-Barrera F, Quintanar-Stéphano A, Binart N, Martínez de la Escalera G, Clapp C. Prolactin promotes normal liver growth, survival, and regeneration in rodents: Effects on hepatic IL-6, suppressor of cytokine signaling-3, and angiogenesis. *Am J Physiol Regul Integr Comp Physiol*. 2018;314(6):R902-R908. doi:10.1152/ajpregu.00003.2018
- 11. Freemark M, Driscoll P, Maaskant R, Petryk A, Kelly PA. Ontogenesis of prolactin receptors in the human fetus in early gestation. Implications for tissue differentiation and development. *J Clin Invest*. 1997;99(5):1107-17. doi:10.1172/JCI119239
- 12. Lalli E, Figueiredo BC. Prolactin as an adrenocorticotropic hormone: prolactin signalling is a conserved key regulator of sexually dimorphic adrenal gland function in health and disease. *Bioessays*. 2022;44(10):e2200109. doi:10.1002/bies.202200109
- 13. Serón-Ferré M, Lawrence CC, Jaffe RB. Role of hCG in regulation of the fetal zone of the human fetal adrenal gland. *J Clin Endocrinol Metab*. 1978;46(5):834-837. doi:10.1210/jcem-46-5-834
- 14. Mesiano S, Mellon SH, Gospodarowicz D, Di Blasio AM, Jaffe RB. Basic fibroblast growth factor expression is regulated by corticotropin in the human fetal adrenal: a model for adrenal growth regulation. *Proc Natl Acad Sci USA* 1991;88(12):5428-5432. doi:10.1073/pnas.88.12.5428
- 15. Ruggiero C, Altieri B, Arnold E, Siqueiros-Marquez L, Doghman-Bouguerra M, Detomas M, Durand N, Jarjat M, Kurlbaum M, Chatonnet F, Deutschbein T, Clapp C, Lalli E. Integrative genomic analysis reveals a conserved role for prolactin signalling in the regulation of adrenal function. *Clin Transl Med*. 2021;11(11):e630. doi:10.1002/ctm2.630
- 16. Melau C, Nielsen JE, Perlman S, Lundvall L, Langhoff Thuesen L, Juul Hare K, Schou Hammerum M, Frederiksen H, Mitchell RT, Juul A, Jørgensen A. Establishment of a novel human fetal adrenal culture model that supports de novo and manipulated steroidogenesis. *J Clin Endocrinol Metab*. 2021;106(3):843-857. doi:10.1210/clinem/dgaa852
- 17. Pourquet A, Teoli J, Bouty A, Renault L, Roucher F, Mallet D, Rigaud C, Dijoud F, Mouriquand P, Mure PY, Sanlaville D, Ecochard R, Plotton I. Steroid profiling in the amniotic fluid: reference range for 12 steroids and interest in 21-hydroxylase deficiency. *J Clin Endocrinol Metab*. 2023;108(5):e129-e138. doi: 10.1210/clinem/dgac656
- 18. Ruggiero C, Tamburello M, Rossini E, Zini S, Durand N, Cantini G, Cioppi F, Hantel C, Kiseljak-Vassiliades K, Wierman ME, Landwehr LS, Weigand I, Kurlbaum M, Zizioli D, Turtoi A, Yang S, Berruti A, Luconi M, Sigala S, Lalli E. FSCN1 as a new druggable target in adrenocortical carcinoma. *Int J Cancer*. 2023; 153(1):210-223. doi:10.1002/ijc.34526 19. Lapoirie M, Dijoud F, Lejeune H, Plotton I. Effect of androgens on Sertoli cell
- maturation in human testis from birth to puberty. *Basic Clin Androl.* 2021;31(1):31. doi:10.1186/s12610-021-00150-8
- 20. Pfaffl MW, Horgan GH, Dempfle L. Relative expression software tool (REST) for group- wise comparison and statistical analysis of relative expression results in real-time PCR. *Nucleic Acids Res*. 2002;30(9):e36. doi: 10.1093/nar/30.9.e36
- 21. Ruggiero C, Lalli E. Impact of ACTH signaling on transcriptional regulation of steroidogenic genes. *Front Endocrinol*. 2016;7:24. doi: 10.3389/fendo.2016.00024
- 22. Kang K, Yamaji D, Yoo KH, Robinson GW, Hennighausen L. Mammary-specific gene activation is defined by progressive recruitment of STAT5 during pregnancy and the establishment of H3K4me3 marks. *Mol Cell Biol*. 2014;34(3):464-473. doi:10.1128/MCB.00988-13
- 23. Bassi F, Giusti G, Borsi L, Cattaneo S, Giannotti P, Forti G, Pazzagli M, Vigiani C, Serio M. Plasma androgens in women with hyperprolactinaemic amenorrhoea. *Clin Endocrinol*. 1977;6(1):5–10. doi:10.1111/j.1365-2265.1977.tb01990.x
- 24. Vermeulen A, Suy E, Rubens R. Effect of prolactin on plasma DHEA(S) levels*. J Clin Endocrinol Metab*. 1977;44(6):1222–1225. doi:10.1210/jcem-44-6-1222
- 25. Carter JN, Tyson JE, Warbe GL, McNeilly AS, Faiman C, Friesen HG. Adrenocortical function in hyperprolactinemic women. *J Clin Endocrinol Metab*. 1977;45(5):973–980. doi:10.1210/jcem-45-5-973
- 26. Vermeulen A, Ando S. Prolactin and adrenal androgen secretion. *Clin Endocrinol*. 1978;8(4):295–303. doi:10.1111/j.1365-2265.1978.tb02772.x
- 27. Kandeel FR, Rudd BT, Butt WR, Edwards RL, London DR. Androgen and cortisol responses to ACTH stimulation in women with hyperprolactinaemia. *Clin Endocrinol*. 1978;9(2):123–130. doi:10.1111/j.1365-2265.1978.tb02190.x
- 28. Lobo RA, Kletzky OA, Kaptein EM, Goebelsmann U. Prolactin modulation of dehydroepiandrosterone sulfate secretion. *Am J Obstet Gynecol*. 1980;138(6):632– 636. doi:10.1016/0002-9378(80)90079-4
- 29. Schiebinger R J, Chrousos GP, Cutler GB Jr, Loriaux DL. The effect of serum prolactin on plasma adrenal androgens and the production and metabolic clearance rate of dehydroepiandrosterone sulfate in normal and hyperprolactinemic subjects*. J Clin Endocrinol Metab.* 1986;62(1):202–209. doi:10.1210/jcem-62-1-20
- 30. Lefrançois-Martinez AM, Blondet-Trichard A, Binart N, Val P, Chambon C, Sahut- Barnola I, Pointud JC, Martinez A. Transcriptional control of adrenal steroidogenesis: Novel connection between Janus kinase (JAK) 2 protein and protein kinase A (PKA) through stabilization of cAMP response element-binding protein (CREB) transcription factor. *J Biol Chem*. 2011;286(38):32976–32985. doi:10.1074/jbc.M111.218016
- 31. Lalli E, Figueiredo BC. Pediatric adrenocortical tumors: what they can tell us on adrenal development and comparison with adult adrenal tumors. *Front Endocrinol.* 2015;6:23. doi:10.3389/fendo.2015.00023
- 32. Ben-Jonathan N, Liby K, McFarland M, Zinger M. Prolactin as an autocrine/paracrine growth factor in human cancer. *Trends Endocrinol Metabol*. 2002;13(6):245–250. doi:10.1016/S1043-2760(02)00603-3

 33. Rosenfield RL. Normal and premature adrenarche. *Endocr Rev*. 2021;42(6):783-814. doi: 10.1210/endrev/bnab009

- 34. Taha D, Mullis PE, Ibáñez L, de Zegher F. Absent or delayed adrenarche in Pit-1/POU1F1 deficiency. *Horm. Res*. 2005;64(4):175–179. [doi:10.1159/000088793](https://doi.org/10.1159/000088793)
- 35. Van Hulle S, Craen M, CallewaertB, Joustra S, OostdijkW, LosekootM, WitJM, Turgeon MO, Bernard DJ, De Schepper J. Delayed adrenarche may be an additional feature of
- immunoglobulin super family member 1 deficiency syndrome. *J Clin Res Pediatr Endocrinol*. 2016;8(1):86-91.doi: 10.4274/jcrpe.2512
- 36. Tabatabaei F, Sharif MR, Nasr Esfahani H, Yazdi Zahrani R, Taheri A, Meamar R. Premature pubarche as a first presentation of pituitary macroprolactinoma. *JRes Med Sci*. 2020;25:108. doi:10.4103/jrms.JRMS_118_20
- 37. Miranda JP, Lardone MC, Rodríguez F, Cutler GB, Santos JL, Corválan C, Pereira AC,
- Mericq V. Genome-wide association study and polygenic risk scores of serum DHEAS levels in a chilean children cohort. *J Clin Endocrinol Metab*. 2022;107():e1727–e1738. doi:10.1210/clinem/ dgab814
- 38. Chung HR. Adrenal and thyroid function in the fetus and preterm infant. *Korean J Pediatr*. 2014;57(10):425-433. doi: 10.3345/kjp.2014.57.10.425
-

Figure legends

 Figure 1. HFA organ culture and diagram of the experiments. (**A**) Foetal organs after 487 dissection. * testis; °adrenal gland; ⁺ kidney. (**B**) Images of HFA organ cultures in hanging drops. 488 (C) Diagram of the experimental plan. After dissection, HFA were cut in about 1 mm³ pieces, which were cultured in hanging drops of medium alone, medium containing ACTH (1 nM), PRL (500 ng/ml) or ACTH+PRL. The culture lasted for 14 days, with medium replaced every 2-3 491 days and pooled during the second week for steroid measurement. For BrdU labelling, some fragments were incubated in medium containing 10 µg/ml BrdU for 6 hours before harvesting. (**D**) HPS staining -NCAM/CD56, SPARC, SF-1, KI67 and BrdU IHC of one HFA fragment cultured 494 in medium only after 14 days of culture. Scale bars: 500 um.

 Figure 2. Steroid production in HFA organ culture and its modulation by ACTH, PRL and combined ACTH+PRL treatment. (**A**) Diagram of steroidogenesis in the HFA. FZ, foetal zone. Illustration from ref. 38. (**B**) Levels of different steroids in the medium of HFA fragments cultured in basal conditions. The means, the range of values and the individual data points are indicated for each steroid. Because of the large variability of the different concentrations of each steroid, values are shown in log scale. *n*=7-11. (**C**) Modulation of corticosterone, cortisol, DHEAS and ∆4-androstenedione production by ACTH (1 nM; blue), PRL (500 ng/ml; orange) and ACTH+PRL (red) combination in HFA organ cultures. Values were normalized by the weight of each cultured HFA fragment and expressed as fold of basal levels. The means, the range of values and the individual data points of the stimulation fold are indicated for each treatment. *n*=10. **p*<.05, one-way ANOVA with Dunnett's multiple comparisons test.

 Figure 3. Modulation of gene expression by treatments in HFA organ cultures. Effect of ACTH (1 nM; blue), PRL (500 ng/ml; orange) and combined ACTH+PRL (red) treatment on gene expression in HFA cultures. Expression of the indicated mRNAs was measured by RT-qPCR and expressed as fold modulation compared to basal levels. The means and the standard errors of the stimulation fold are indicated for each treatment. *n*=9. **p*<.05, REST analysis.

Figure 4. Modulation of P450 17A1 protein expression by treatments in HFA organ cultures.

 The expression of CYP17 was measured by immunoblot and normalized by GAPDH levels in each sample. Basal expression (grey); ACTH (1 nM; blue), PRL (500 ng/ml; orange) and combined ACTH+PRL (red) treatments. The means, the range of values and the individual data

- points are indicated for each treatment. *n*=3. **p*<.05, one-way ANOVA with Dunnett's multiple
- comparisons test.