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2 and adrenal androgen production in human foetal adrenal organ cultures

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- 50 Abstract
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52 **Objective:** The essential role of ACTH on the growth and function of the human foetal adrenal 53 (HFA) has long been recognized. In addition, many studies have suggested a role of the 54 pituitary hormone prolactin (PRL) in the regulation of the HFA, but the effects of this hormone 55 on steroidogenesis and gene expression are still unknown. Our objective was to investigate 56 the effect of ACTH and PRL on the steroidogenic capacities of the HFA.

57 **Design:** *In vitro/ ex vivo* experimental study.

58 **Methods:** We used a hanging drop *in vitro* organ culture system. First trimester HFA samples 59 were cultured for 14 days in basal conditions or treated with ACTH, PRL or a combination of 60 the two (3 to 11 replicates depending on the experiment). Steroids were measured by liquid 61 chromatography/tandem mass spectrometry or immunoassay, gene expression by RT-qPCR, 62 protein expression by immunoblot. 63 Results: ACTH significantly increased corticosterone, cortisol and cortisone production, both 64 by itself and when used together with PRL. PRL stimulation by itself had no effect. Combined stimulation with ACTH+PRL synergistically and selectively increased adrenal and rogen (DHEAS 65 66 and Δ 4-androstenedione) production and CYP17A1 expression in the HFA, while treatment

67 with each single hormone had no significant effect on those steroids.

68 **Conclusions:** These results have important implications for our understanding of the 69 hormonal cues regulating adrenal steroidogenesis in physiological and pathological conditions 70 in the HFA during the first trimester and warrant further studies to characterize the molecular 71 mechanisms of converging ACTH and PRL signalling to regulate *CYP17A1* expression.

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79 Significance

Here we have shown that combined treatment of human foetal adrenal organ cultures with ACTH and prolactin significantly increased androgen production and CYP17 expression. These results show that ACTH and PRL may act in concert to regulate the function of the human foetal adrenal gland and may provide a mechanistic explanation to many studies showing increased circulating adrenal androgen levels in hyperprolactinemic patients. Our results have important implications for our understanding of the hormonal cues regulating adrenal steroidogenesis in physiological and pathological conditions during foetal and post-natal life.

- 92 Introduction
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In humans and in some primate species the structure of the cortical part of the adrenal gland 94 95 presents peculiar characteristics during the foetal life compared to the adult¹. Before birth, 96 most of the gland volume is occupied by the foetal zone (FZ), which is made up by large, 97 eosinophilic cells, surrounded by the outer definitive zone (DZ) harbouring small, proliferating 98 basophilic cells, separated from the FZ by a transitional zone (TZ) with intermediate cytological characteristics¹. After birth, rapid involution of the FZ takes place causing a dramatic fall in the 99 100 weight of the adrenal gland, with progressive differentiation of the DZ to form the 101 characteristic zones (zona glomerulosa, fasciculata and, later, reticularis) of the adult adrenal 102 cortex. The different zones of the foetal adrenal have distinct steroidogenic capacities. The FZ expresses the cytochrome CYP17A1 at high levels and produces large quantities of 103 104 dehydroepiandrosterone sulfate (DHEAS), which is largely metabolized into oestrogens in the 105 placenta. *HSD3B2* is expressed in the DZ-TZ and allows for biosynthesis of cortisol^{2,3}.

106 While the essential role of the pituitary hormone ACTH on the growth and function of 107 the human foetal adrenal (HFA) has long been recognized, the effect of other factors is still a 108 matter of debate. Winters et al. have suggested a role for prolactin (PRL) in the regulation of 109 HFA function, based on the finding that PRL levels progressively increase, while ACTH levels decrease, in the foetus as gestation progresses and then rapidly decrease after birth^{4,5}. PRL 110 was also reported to increase secretion of DHEAS and cortisol by HFA *in vitro*⁶ and to increase 111 112 serum DHEA levels after infusion in the baboon foetus⁷. A role of PRL as a regulator for HFA growth and function is also consistent with its shared phylogenetic origin with growth 113 hormone (GH)⁸, its stimulating effects on visceral size in several species^{9,10} and with the high 114 levels of the PRL receptor (PRLR) expressed in the HFA^{11,12}. However, other authors have 115 116 suggested that the HFA may become more sensitive to the action of ACTH during late pregnancy¹ and that factors other than PRL can regulate growth and function of the HFA^{13,14}. 117

We recently showed that, among all adrenal steroids, DHEAS levels are selectively increased in patients with PRL-secreting pituitary adenomas (PRLA) compared with patients with hormonally inactive pituitary adenomas and that they significantly decrease after dopamine agonists therapy, suggesting a direct effect of PRL in the regulation of DHEAS production¹⁵. Considered the reported effects of PRL on steroid hormone secretion by the HFA, we set out to investigate the consequences of treatment with ACTH, PRL and of the 124 combined treatment by both pituitary hormones on steroidogenic gene expression and 125 steroid production in HFA using a hanging drop organ culture system. Here we show that the 126 combined treatment of HFA organ cultures with ACTH and PRL, but by neither hormone alone, 127 significantly and selectively increased CYP17A1 mRNA and protein expression in HFA and 128 adrenal androgen (DHEAS and Δ 4-androstenedione) levels in the culture medium.

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131 Materials and methods

132 HFA organ culture

133 HFA were collected under a protocol approved by the Agence de la Biomédecine (PFS 21-014) after obtaining informed consent from the women undergoing voluntary termination of 134 135 pregnancy. We established hanging drop HFA organ cultures according to a published method¹⁶. Briefly, adrenal glands were dissected from foetuses aged 8-13 GW (Fig. 1A). They 136 were cut into approximately 1 mm³ pieces which were placed on the lid of an inverted Petri 137 138 dish, each one inside a 40 µl drop of DMEM/F12 (Gibco) containing 10% FCS, 1% ITS+ (Corning), penicillin/streptomycin (Gibco), and cultured at 37°C in 5% CO₂ (Fig. 1B). 10 ml PBS 139 140 were placed in the dish to avoid dehydration. Some samples were cultured in medium only, 141 while other samples were treated with medium supplemented with ACTH (human 1-39, 142 #A0423 Sigma-Aldrich; 1 nM), recombinant human PRL (#682-PL-050, R&D Systems; 500 143 ng/ml) or both (Fig. 1C). The ACTH concentration we used is the same employed by Melau et al. in their study¹⁶, while the PRL concentration we used is in the upper range of its plasma 144 145 levels during pregnancy. The culture lasted for 14 days, with medium replaced every 2-3 days 146 and pooled during the second week for steroid measurement. For BrdU labelling, some 147 fragments were incubated in medium containing 10 µg/ml BrdU (#B5002, Sigma-Aldrich) for 148 6 hours before harvesting. At the end of culture, the HFA fragments were either snap-frozen 149 in liquid nitrogen and kept at -80°C until RNA and protein extraction or formalin-fixed and 150 paraffin embedded for immunohistochemistry (IHC). In total, 11 independent replicates of 151 HFA cultures (7 from male foetuses, 4 from female foetuses) were established.

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153 Steroids measurement

154 Progesterone, 17-hydroxyprogesterone, 11-deoxycortisol, corticosterone, cortisone, cortisol, Δ 4-androstenedione and testosterone were measured by liquid chromatography using an 155 156 Ultra Performance Liquid Chromatography 1290 Infinity II system (Agilent Technologies) coupled to a 6495C tandem mass spectrometer (Agilent Technologies), as described¹⁷. DHEAS 157 was measured by immunoassay (Cobas 801e, Roche). The concentration of steroids in each 158 159 pooled sample was normalized by dividing the concentration value by the weight of the 160 corresponding adrenal fragment. Data for ACTH-, PRL- and ACTH+PRL-treated samples are expressed as fold differences compared to samples cultured in medium only. Steroid 161 162 concentration values were calculated from 4 to 11 biological replicates for each condition.

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164 **RNA** isolation, dosage, quality assessment and treatment by DNase

165 Total RNA from HFA fragments cultured in hanging drops was extracted by phenol/guanidine-166 based lysis followed by silica membrane purification. Briefly, HFA fragments were transferred 167 to Lysing Matrix D – containing tubes (MP Biomedicals) for homogenization with 700 µl of 168 QIAzol Lysis Reagent (#79306 Qiagen). Samples were processed in the Fast Prep-24 Classic 169 bead beating grinder and lysis system (MP Biomedicals) for 40 seconds (sec) at a speed setting 170 of 6.0 and then incubated on the benchtop at room temperature (RT) for 5 minutes (min) to promote nucleoprotein complexes dissociation. After the addition of 140 µl of chloroform 171 172 samples were vigorously shaken, then incubated at RT for further 2-3 min and centrifuged for 173 15 min at 12,000g at 4°C. The upper aqueous phase was then transferred to a new collection 174 tube, 1.5 volumes of 100% ethanol were added and the solution was mixed thoroughly by 175 pipetting up and down several times. Each sample was then transferred to a RNeasy Mini spin column and processed using the miRNeasy Mini kit (#217004 Qiagen) according to the 176 177 manufacturer's instructions. For the final elution, 25 µl of RNase-free water per sample was employed. RNA concentrations were determined by a NanoDrop 2000 instrument (Thermo 178 179 Fisher Scientific) and their integrity was controlled by running an aliquot of each sample on a 1% agarose gel stained with ethidium bromide. Samples were then subjected to DNase 180 181 treatment using the DNA-free DNA Removal kit (#AM1906 Invitrogen) according to the 182 manufacturer's instructions.

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184 *Reverse transcription-quantitative polymerase chain reaction (RT-qPCR)*

A total of 100 ng of total RNA was reverse transcribed using SuperScript IV Reverse Transcriptase (#18090010 Invitrogen). RT-qPCR was performed using the SYBR Green I dye assay on a LightCycler 480 (Roche Applied Science) instrument using cyclophilin (*PPIA*) as a reference transcript. Primer sequences are reported in Table 1. Gene expression was calculated from 9 biological replicates for each condition, each one processed in duplicate.

191 *Immunoblotting*

192 Proteins were extracted from HFA samples with RIPA buffer and proteins quantified by the Lowry assay. Immunoblots were performed as previously described¹⁸. Primary antibodies 193 194 were rabbit anti-PARP (#9542, Cell Signaling Technology), rabbit monoclonal anti-CYP17A1 195 (#ab134910, 1:1000; Abcam) and mouse monoclonal anti-GAPDH (#CB1001, 1:1000; Sigma-Aldrich) antibodies. Secondary antibodies were HRP-conjugated anti-rabbit (#NA-934, 1:5000; 196 197 GE Healthcare) and anti-mouse (#NA-931, 1:5000; GE Healthcare) antibodies. Immunoblot 198 band intensities were quantified by the Image J software (<u>https://imagej.net/ij</u>). The ratio 199 between the full-length (116 kDa) and cleaved (89 kDa) PARP band intensities was calculated 200 for each sample and then normalized by the corresponding GAPDH signals. CYP17A1 band 201 intensities for each sample were normalized by the corresponding GAPDH signals. Protein 202 expression was calculated from 3 biological replicates for each condition.

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204 *IHC*

205 After formalin fixation and paraffin embedding, HFA fragments were cut in 3 µm- thick 206 sections and some sections stained with HPS (Hematoxylin-Phloxine-Safran). IHC was 207 performed employing the streptavidin-biotin and peroxidase method on an automated 208 immunohistochemical system (Benchmark ULTRA, Ventana) according to the manufacturer's instructions and using the reagents supplied with the kit¹⁹. Briefly, after deparaffinization and 209 rehydration, sections were subjected to antigen retrieval (Heat-Induced Epitope Retrieval 210 211 [HIER] method, 8 min at 100 °C, pH 6). Tissue sections were treated with H₂O₂ to block endogenous peroxidase, followed by an additional washing procedure with the 212 213 manufacturer's buffer, and pretreated by ULTRA CC1 (Ventana). Slides were then incubated 214 with the following antibodies: anti-NCAM/CD56 (#NCL-L-CD56-504, 1:100; Leica Biosystems), 215 anti-SPARC (#AF941, 1:1200; R&D Systems), anti-SF-1 (#ab217317, 1:2000; Abcam), anti-Ki67 216 (#M7240, 1:100; Agilent) and anti-BrdU (#MCA2483, 1:100; Bio-Rad). After washing, tissues

were incubated with biotinylated antibodies, followed by the streptavidin-biotin complex, the
amplification reagent, and the streptavidin-peroxidase conjugate. Tissue staining was

visualized with a DAB substrate chromogen solution (ultraView DAB Detection Kit, Ventana).

220 Counterstaining was performed using hematoxylin and Bluing Reagent (Ventana).

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222 Statistical analyses

223 They were performed using the Prism software, version 9.4 (GraphPad), considering a *p*-value 224 <.05 as the threshold for significance. One-way ANOVA with Dunnett's multiple comparisons 225 test was used to calculate the significance of differences in steroid concentrations and 226 CYP17A1 protein expression following the hormonal treatments. RT-qPCR data were analysed 227 using REST (Relative Expression Software Tool; https://www.genequantification.de/rest.html)²⁰. 228

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231 **Results**

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233 ACTH and PRL synergistically and selectively modulate steroid production in HFA organ 234 cultures

235 Hanging drop organ cultures are able to maintain in vitro the differentiated function of HFA, 236 recapitulating the expression of zonal markers and the production of a variety of steroids¹⁶. 237 We took advantage of this system to investigate the effects of ACTH, PRL and their 238 combination on steroid production and steroidogenic gene expression. We cultured the HFA 239 fragments with medium alone, medium supplemented with ACTH (1 nM), PRL (500 ng/ml) or 240 their combination for 14 days (Fig. 1C). HFA organ cultures express the steroidogenic 241 transcription factor SF-1, markers of both the DZ (NCAM/CD56) and the FZ (SPARC), and 242 scattered proliferating cells (Ki67/BrdU positive) (Fig. 1D). Conditioned media (replaced every 2-3 days) were pooled during the second week of culture and steroids concentrations were 243 244 measured by LC MS/MS or immunoassay (DHEAS). A diagram of steroidogenesis in the HFA is 245 shown in Fig. 2A. DHEAS was by far the most abundantly produced steroid by the HFA organ 246 cultures with concentrations reaching hundreds of micromolar, while the levels of the other 247 steroids measured varied from the nanomolar to the micromolar (Fig. 2B). The different 248 treatments had no effect on the density of BrdU-positive (proliferating) cells and levels of 249 cleaved PARP (apoptosis marker) in the HFA cultures (Fig. S1). Among all the steroids 250 measured, treatment with either ACTH alone or the ACTH+PRL combination significantly 251 increased the levels of corticosterone, cortisol and cortisone, while only the combined ACTH-252 PRL treatment significantly increased the production of the androgens DHEAS and $\Delta 4$ androstenedione by the HFA organ cultures (Fig. 2C). Treatment with PRL alone had no 253 254 significant effect on the levels of any of those steroids. In addition, treatment with ACTH, PRL 255 and the ACTH+PRL combination had no significant effect on progesterone, 17hydroxyprogesterone, 11-deoxycortisol and testosterone levels (Fig. S2). 256

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258 Gene expression regulation by ACTH and PRL in HFA organ cultures

259 To clarify the mechanisms underlying the differential regulation of steroid production by ACTH 260 and by the ACTH+PRL combined treatment, we measured the expression of transcripts 261 encoding proteins involved in steroidogenesis, adrenocortical function and PRL signalling in 262 the HFA fragments recovered after the end of cultures under the different conditions. ACTH 263 treatment significantly increased the expression of CYP11B1, a key gene implicated in the 264 synthesis of glucocorticoids²¹ (Fig. 3). Conversely, PRL treatment increased the expression of its known target gene CISH²² (Fig. 3). Remarkably, the ACTH+PRL combined treatment 265 selectively increased the expression of CYP17A1, encoding the CYP17A1 enzyme which 266 267 catalyses the final step in the biosynthesis of the adrenal and rogens DHEAS and $\Delta 4$ -268 androstenedione (Fig. 2A, 3).

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The CYP17A1 protein is selectively upregulated by combined ACTH and PRL treatment in HFA organ cultures

272 Consistent with the RNA results, the CYP17A1 protein was selectively upregulated by the 273 combined ACTH+PRL treatment and not by treatments with ACTH or PRL alone (Fig. 4).

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275

276 Discussion

A number of studies have described the association of hyperprolactinemia with increased
 adrenal androgen levels and an increased adrenocortical response to ACTH in patients with
 high circulating PRL levels^{12,23-29}. We have also reported that in patients with PRLA DHEAS was

280 selectively upregulated while the circulating levels of all the other adrenal steroids were not significantly modified both in basal conditions and after a short-term stimulation with ACTH¹⁵. 281 282 Altogether, these data represent strong clinical evidence for an important role of PRL in the 283 regulation of the production of androgenic steroids by the adrenal cortex. Unfortunately, it is not possible to study the regulatory mechanisms of adrenal steroidogenesis by PRL in vitro 284 using the NCI-H295R cell line or the other currently available adrenocortical cell lines since 285 286 they do not express the PRLR at both the transcript and the protein level (our unpublished 287 observations). In addition, the results of early experiments showing an effect of purified PRL 288 on adrenal steroidogenesis in vitro may have been confounded by the contamination of the PRL preparations with other pituitary hormones, including ACTH³⁰. For these reasons, in the 289 290 present study we made use of first trimester HFA organ cultures as a model to investigate the 291 effects of ACTH, PRL and their combination on steroid production and gene expression in the 292 adrenal, using synthetic ACTH peptide and recombinant PRL protein. Here we have shown 293 that in the HFA organ culture system PRL, together with ACTH, specifically and selectively 294 stimulates the production of the androgens DHEAS and Δ 4-androstenedione, while 295 stimulation with ACTH alone was sufficient to stimulate glucocorticoid (corticosterone and cortisol) production and CYP11B1 expression²¹, without additive effects of PRL. This action on 296 297 steroidogenesis is consistent with the selective upregulation of CYP17A1 mRNA and protein 298 by ACTH+PRL combined treatment. These data are also consistent with the in vivo studies 299 cited before showing that PRL has a selective stimulatory effect on adrenal androgen production^{12,23-29}. However, our data differ from the results reported in the Melau *et al*. 300 study¹⁶, which showed that ACTH alone was able to increase the levels of all measured steroids 301 (including DHEAS and Δ 4-androstenedione) in HFA organ cultures using the same hanging 302 303 drop system we used in our study. We do not know the reasons of those discrepancies, but 304 we can speculate that they can be, at least in part, attributed to different potencies of the 305 ACTH used in the two series of experiments (we used human ACTH 1-39, while the type of 306 ACTH peptide used is not specified in ref. 16) and/or to the presence of different 307 concentrations of PRL in the foetal bovine serum used for the cultures.

308 Our study has important limitations since our experiments were performed in HFA 309 cultures from first trimester foetuses and during a relatively limited time (14 days) of culture 310 *in vitro*. Since circulating PRL levels greatly increase in the foetus from the second trimester

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onward, it would be very interesting to study the chronic effects of PRL on foetal adrenal gland
growth and steroidogenesis during the last part of the foetal development. Concerning this
point, experiments in the baboon foetus at midgestation have shown that both ACTH and PRL
can stimulate DHEA production in the foetal adrenal⁷. However, we have to consider that
during the first trimester placental lactogen produced by the placenta, a potent agonist of the
PRLR, may exert the same effects as PRL on the HFA.

317 We have previously formulated the hypothesis that ACTH and PRL may act in concert 318 to regulate DZ and FZ growth and function in the HFA. In particular, we have suggested that 319 the dramatic fall in foetal PRL levels which takes place after birth may trigger FZ regression, while the DZ can expand and differentiate under the control of ACTH¹². Another potential 320 321 effect of PRL would be to function as a growth factor for adrenocortical tumours (ACT) 322 originating from the HFA. ACT in young children are derived from HFA "breaking bad" because 323 of germline mutations in the TP53 tumour suppressor gene with consequent loss of heterozygosity or other genetic alterations³¹. We can speculate that PRL may favour growth 324 325 and hormonal secretion of ACT, being implicated in a self-sustaining circuit including 326 peripheral conversion of androgens produced by the tumour into oestrogen, which in turn stimulates PRL production in the pituitary lactotrophs¹². The action of PRL as a growth factor 327 for ACT would be consistent with its effects on a variety of tumour types³². Furthermore, the 328 329 effects of PRL on adrenal androgen production suggest that it may also have a role in 330 adrenarche, the physiological process consisting in the development of axillary and pubic hair 331 which is related to the increase in adrenal androgen production normally beginning in childhood, concomitant with the development of the adrenal zona reticularis³³. Remarkably, 332 333 congenital pituitary disorders causing selective PRL/GH deficiency, without concomitant ACTH deficiency, are associated with absence or delay in adrenarche^{34,35}. On the other hand, 334 premature adrenarche has been reported in the case of a boy with PRLA³⁶. In addition, genetic 335 336 variants in the PRLR gene were described to be associated to circulating DHEAS levels in children³⁷. All these data in different physiopathological contexts converge towards a strong 337 338 association between PRL and adrenal androgen production. The results presented in our study 339 have important implications for our understanding of the hormonal cues regulating adrenal 340 steroidogenesis in physiological and pathological conditions and warrant further studies to

341 characterize the molecular mechanisms of converging ACTH and PRL signalling to regulate

342 *CYP17A1* expression.

343

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349 Disclosure

- 350 All authors have noting to disclose.
- 351

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484 Figure legends

485

486 Figure 1. HFA organ culture and diagram of the experiments. (A) Foetal organs after 487 dissection. *testis; °adrenal gland; ⁺kidney. (B) Images of HFA organ cultures in hanging drops. 488 (C) Diagram of the experimental plan. After dissection, HFA were cut in about 1 mm³ pieces, 489 which were cultured in hanging drops of medium alone, medium containing ACTH (1 nM), PRL 490 (500 ng/ml) or ACTH+PRL. The culture lasted for 14 days, with medium replaced every 2-3 491 days and pooled during the second week for steroid measurement. For BrdU labelling, some 492 fragments were incubated in medium containing 10 µg/ml BrdU for 6 hours before harvesting. 493 (D) HPS staining - NCAM/CD56, SPARC, SF-1, KI67 and BrdU IHC of one HFA fragment cultured 494 in medium only after 14 days of culture. Scale bars: 500 µm.

495

496 Figure 2. Steroid production in HFA organ culture and its modulation by ACTH, PRL and 497 combined ACTH+PRL treatment. (A) Diagram of steroidogenesis in the HFA. FZ, foetal zone. 498 Illustration from ref. 38. (B) Levels of different steroids in the medium of HFA fragments 499 cultured in basal conditions. The means, the range of values and the individual data points are 500 indicated for each steroid. Because of the large variability of the different concentrations of 501 each steroid, values are shown in log scale. n=7-11. (C) Modulation of corticosterone, cortisol, DHEAS and Δ 4-androstenedione production by ACTH (1 nM; blue), PRL (500 ng/ml; orange) 502 503 and ACTH+PRL (red) combination in HFA organ cultures. Values were normalized by the weight 504 of each cultured HFA fragment and expressed as fold of basal levels. The means, the range of 505 values and the individual data points of the stimulation fold are indicated for each treatment. 506 n=10. * p < .05, one-way ANOVA with Dunnett's multiple comparisons test.

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Figure 3. Modulation of gene expression by treatments in HFA organ cultures. Effect of ACTH (1 nM; blue), PRL (500 ng/ml; orange) and combined ACTH+PRL (red) treatment on gene expression in HFA cultures. Expression of the indicated mRNAs was measured by RT-qPCR and expressed as fold modulation compared to basal levels. The means and the standard errors of the stimulation fold are indicated for each treatment. n=9. *p<.05, REST analysis.

513

514 Figure 4. Modulation of P450 17A1 protein expression by treatments in HFA organ cultures.

515The expression of CYP17 was measured by immunoblot and normalized by GAPDH levels in516each sample. Basal expression (grey); ACTH (1 nM; blue), PRL (500 ng/ml; orange) and517combined ACTH+PRL (red) treatments. The means, the range of values and the individual data

- points are indicated for each treatment. n=3. *p<.05, one-way ANOVA with Dunnett's multiple
- 519 comparisons test.