

When Replication Fails: What to Conclude and Not to Conclude?

Willem W A Sleegers, Florian van Leeuwen, Robert M Ross, Kenneth G Demarree, Ilja van Beest, Daniel Priolo, Marie-Amélie Martinie, Coby Morvinski, Bruno Verschuere, David C. Vaidis

▶ To cite this version:

Willem W A Sleegers, Florian van Leeuwen, Robert M Ross, Kenneth G Demarree, Ilja van Beest, et al.. When Replication Fails: What to Conclude and Not to Conclude?. Advances in Methods and Practices in Psychological Science, 2024, 7 (4), pp.1-12. 10.1177/25152459241268197 . hal-04771441

HAL Id: hal-04771441 https://hal.science/hal-04771441v1

Submitted on 15 Nov 2024 $\,$

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



Distributed under a Creative Commons Attribution - NonCommercial 4.0 International License

Commentary



When Replication Fails: What to Conclude and Not to Conclude?

Willem W. A. Sleegers¹, Florian van Leeuwen¹, Robert M. Ross², Kenneth G. DeMarree³, Ilja van Beest¹, Daniel Priolo⁴, Marie-Amélie Martinie⁵, Coby Morvinski⁶, Bruno Verschuere⁷, and David C. Vaidis⁸

¹Social Psychology, Tilburg University, Tilburg, The Netherlands; ²Department of Philosophy, Macquarie University, Sydney, Australia; ³Department of Psychology, SUNY Buffalo State University, Buffalo, New York; ⁴Laboratoire Epsylon, Université Paul-Valéry, Montpellier, France; ⁵Centre de Recherches sur la Cognition et l'Apprentissage, Université de Poitiers, Centre National de la Recherche Scientifique, Poitiers, France; ⁶Department of Management, Ben-Gurion University of the Negev, Beersheba, Israel; ⁷Department of Clinical Psychology, University of Amsterdam, Amsterdam, the Netherlands; and ⁸Laboratoire Cognition, Langues, Langage, Ergonomie, Université de Toulouse, Centre National de la Recherche Scientifique, Toulouse, France

Advances in Methods and Practices in Psychological Science October-December 2024, Vol. 7, No. 4, pp. 1–12 © The Author(s) 2024 Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.1177/25152459241268197 www.psychologicalscience.org/AMPPS



Abstract

In this commentary, we examine the implications of the failed replication reported by Vaidis et al., which represents the largest multilab attempt to replicate the induced-compliance paradigm in cognitive-dissonance theory. We respond to commentaries on this study and discuss potential explanations for the null findings, including issues with the perceived choice manipulation and various post hoc explanations. Our commentary includes an assessment of the broader landscape of cognitive-dissonance research, revealing pervasive methodological limitations, such as underpowered studies and a lack of open-science practices. We conclude that our replication study and our examination of the literature raise substantial concerns about the reliability of the induced-compliance paradigm and highlight the need for more rigorous research practices in the field of cognitive dissonance.

Keywords

attitudes, cognition, social cognition

Received 6/28/24; Revision accepted 7/12/24

We conducted a multilab constructive replication of a seminal paradigm from the cognitive-dissonance literature—the induced-compliance paradigm through an essay task. According to cognitive-dissonance theory, participants who write a counterattitudinal essay under high choice should experience more dissonance and subsequently change their attitude more to reduce this dissonance than participants under low choice. Using a design based on Croyle and Cooper (1983), researchers from 39 labs recruited 4,898 participants to test this hypothesis, resulting in the largest cognitive-dissonance study conducted to date. Despite this effort, we did not find support for the hypothesis. No significant difference in attitude was observed between the high-choice and low-choice conditions. Nonetheless, we did observe that participants who wrote a counterattitudinal essay (high or low choice) changed their attitude, on average reporting a less negative attitude compared with participants who wrote a neutral essay.

Corresponding Authors:

Willem W. A. Sleegers, Social Psychology, Tilburg University, Tilburg, The Netherlands Email: w.sleegers@me.com

David C. Vaidis, Laboratoire Cognition, Langues, Langage, Ergonomie, Université de Toulouse, Centre National de la Recherche Scientifique, Toulouse, France Email: david.vaidis@univ-tlse2.fr We are grateful for the commentaries on this project and for the opportunity to discuss our findings and conclusions. Rather than discussing each commentary in turn, we focus on several topics that were brought up. Our aim is to respond to criticisms that were raised, discuss new findings that were revealed by a reanalysis of the data, and elaborate on what we think the most important implications are of our project.

What to Think After Our (Mostly) Failed Replication?

The commentary of Cyrus-Lai et al. (2024; CTU) centers around what should be concluded from a failed replication. We think this is an important first point to reflect on because there are several possible conclusions one can draw from the results we obtained.

Did we disprove cognitive-dissonance theory?

Some may argue that our failed replication does not disprove the theory of cognitive dissonance. We agree. We did not set out to prove or disprove the theory. Instead, our goal was to examine the replicability of one major paradigm. We know that many decisions go into setting up a study such as this, and we therefore anticipated disagreements with certain aspects of the design. We aimed to minimize concerns by having experts vet the design as part of the Registered Report procedure, but no matter which study we would have conducted, there would be limitations that prevent us from refuting cognitive-dissonance theory. In addition, by testing only a single paradigm, we left other paradigms as potentially powerful sources of evidence for the theory. Our ambitions were merely to see whether we can reliably replicate a single widely used paradigm.

Is our replication failure a false negative?

Large-scale multilab studies such as ours are impressive in some ways but less impressive in others. For one, the same study is run across multiple labs, and a limitation of the design could mean the same limitation applies to all labs, undermining its implications.

Did we successfully manipulate perceived choice? We implemented a widely used manipulation check to determine whether our choice manipulation affected the participants' level of perceived choice. We asked participants about how much choice they felt over writing the essay and found that our manipulation influenced self-reported free choice.

Harmon-Jones and Harmon-Jones (2024; HH) observed that the mean of perceived choice for the low-choice condition was at the midpoint of the scale, indicating that on average, participants in this condition felt they had moderately high freedom of choice. They argued that the absence of low-choice freedom could explain the failed replication because the moderate-choice freedom could have caused them to experience dissonancerelated discomfort, motivating them to change their attitude. If these participants had perceived themselves as having low-choice freedom, they would not have changed their attitudes. Likewise, Pauer et al. (2024; PLE) commented on the assumption that choice perceptions are low unless participants are reminded of their choice freedom. They argued that perceived choice may be higher because of disclosures of voluntary participation in scientific studies and the experiences of choice in everyday life, such as when people accept browser cookies.

HH compared the average perceived-choice ratings from our study with those from a selection of published studies. They found that the average perceived-choice ratings from our study were higher than those from previous studies. We applied their approach to a larger selection of studies that reported perceived choice (k =61) based on a systematic search of the inducedcompliance literature (see State of Cognitive Dissonance Research section). The results are shown in Figure 1.

As HH observed, the level of perceived choice in our low-choice condition was indeed higher compared with other studies. Nonetheless, nine studies (6.34%) from our sample reported a higher level of perceived choice in the low-choice condition compared with our lowchoice condition. Crucially, results of these studies were interpreted as supporting cognitive-dissonance theory.¹ This means that relatively high levels of perceived choice appear not to undermine the possibility of finding statistically significant evidence.

The idea that perceived choice must reach a certain absolute level to prevent dissonance reduction is not an established fact. Some authors have considered a linear relationship between attitude change and commitment (i.e., including choice; e.g., Brock, 1968; Freedman, 1963; Kiesler, 1971), whereas others have argued for an all-ornothing relationship (e.g., Beauvois & Joule, 1996; Brehm & Cohen, 1962). A debate on this topic gave rise to the literature on the role of commitment (Kiesler, 1971). However, no consensus has emerged on the exact relationship between commitment and dissonance reduction, perhaps because more complex research designs with more than two choice conditions are needed to adequately capture the nature of the relationship.

Relatedly, PLE conducted a reanalysis consisting of the interaction between perceived choice and the conditions

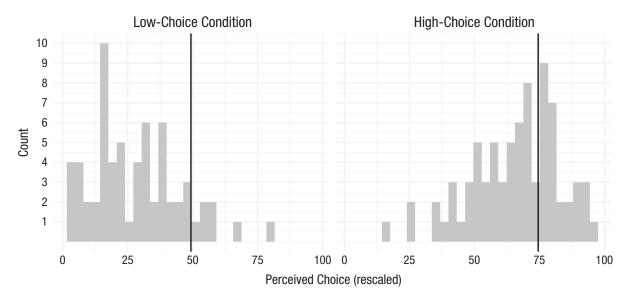


Fig. 1. Rescaled perceived-choice ratings across studies. The solid vertical lines reflect the perceived choice observed in Vaidis et al. (2024). The vertical line in the right plot is the average perceived choice across both high-choice conditions.

on the postessay attitude. They found a positive relationship between perceived choice and attitude change in the counterattitudinal-essay conditions and a negative relationship in the neutral-essay condition. They concluded that these findings are consistent with the theoretical underpinnings of the induced-compliance paradigm.

Note that the reanalysis by PLE is inconsistent with the view that choice and attitude change have an all-ornothing relationship. Their analysis rests on a linear relationship between perceived choice and attitude change. This further demonstrates that the exact type of relationship between perceived choice and attitude change is not agreed on.

We advise caution in interpreting PLE's findings. First, as they themselves mentioned, their analysis was not preregistered and is therefore necessarily exploratory in nature. Second, this is, in essence, a correlational finding, and thus, it is subject to third-variable explanations. Participants' responses to the manipulation checks may have been influenced by variables other than the manipulation. For example, strong attitudes are those that are relatively durable and impactful (Krosnick & Petty, 1995). In our study, participants who had strong preexisting attitudes may have both been less likely to change and felt less free in writing an essay that disagreed with their preexisting view. Alternatively, people who generally feel they have more control over their lives (i.e., individuals with a general tendency to report high perceived choice) might also feel less restrictive in changing their opinions and attitudes irrespective of dissonance. If so, we might also expect the interaction results observed by PLE, although this may not suggest that the attitude change among high-choice participants was a result of cognitive dissonance. Finally, even if the positive relationship between perceived choice and attitude change in the counterattitudinal essay conditions aligns with cognitive-dissonance theory, as claimed by PLE, it remains unclear how this theory accounts for the negative relationship between perceived choice and attitude change in the neutral-essay condition.

We pose these counterarguments not to dismiss the dissonance interpretation provided by PLE but to emphasize that it is not the only possible interpretation of the correlational finding. We are sympathetic to the possibility that the experimental context may have changed over the last decades, resulting in different effects on participants' perceived choice freedom when participating in studies of this type. Since the 1980s, there have been significant changes in laboratory settings. Ethical standards have evolved, and current consent forms emphasize freedom and autonomy more than in the past, as noted by PLE, possibly explaining the failed replication. However, induced-compliance studies with similar procedures have continued to be published in recent years (e.g., Cancino-Montecinos et al., 2018; Cooper & Feldman, 2019; Martinie et al., 2017; see also Table 1).

To summarize, skepticism about our results is warranted given the findings related to perceived choice. Yet because of the absence of theoretical consensus on this issue and the potential for alternative explanations, we cannot assert that the failed replication is solely caused by this aspect of the design.

Post hoc explanations. In response to our findings, several post hoc explanations have been offered to explain the failed replication². How should one respond to these explanations? On the one hand, post hoc explanations

Table 1. Sample Sizes and Open-Science Practice in the Previous Induced-Compliance Studies

Publication	Study	Sample size	Conditions	Sample size / condition	Preregistered	Open data	Registered Report
Vaidis et al. (2024)	1	3,822	3	1,274.00	Yes	Yes	Yes
Cooper and Feldman (2019)	1	155	6	25.83	No	No	No
Cancino-Montecinos et al. (2018)	1	125	6	20.83	No	Yes	No
Martinie et al. (2017)	1	116	6	19.33	No	Yes	No
Randles et al. (2015)	3	140	2	70.00	No	No	No
Rodriguez & Strange (2014)	1	121	4	30.25	No	No	No
Vraga (2015)	1	216	4	54.00	No	No	No
Ellithorpe et al. (2014)	1	109	2	54.50	No	No	No
Martinie et al. (2013)	1	30	2	15.00	No	No	No
Voisin & Fointiat (2013)	1	84	4	21.00	No	No	No
Voisin et al. (2013)	2	85	4	21.25	No	No	No
Wakslak (2012)	1	86	4	21.50	No	No	No
Stalder (2010)	1	58	8	7.25	No	No	No
Starzyk et al. (2009)	1	308	9	34.22	No	No	No
Sénémeaud & Somat (2009)	1	52	3	17.33	No	No	No
Sénémeaud & Somat (2009)	2	40	2	20.00	No	No	No
Joule & Martinie (2008)	1	97	5	19.40	No	No	No
Harmon-Jones et al. (2008)	1	50	2	25.00	No	No	No
Bator & Cialdini (2006)	1	123	4	30.75	No	No	No
Bator & Cialdini (2006)	2	131	12	10.92	No	No	No
Gosling et al. (2006)	1	51	4	12.75	No	No	No
Gosling et al. (2006)	2	64	4	16.00	No	No	No
Gosling et al. (2006)	3	64	4	16.00	No	No	No
Martinie & Fointiat (2006)	1	121	10	12.10	No	No	No
Robertson (2006)	1	55	3	18.33	No	No	No
Jordens & Van Overwalle (2005)	2	91	8	11.38	No	No	No
Eisenstadt et al. (2005)	1	168	12	14.00	No	No	No
Friedman & Arndt (2005)	1	73	4	18.25	No	No	No
Eisenstadt et al. (2005)	2	62	3	20.67	No	No	No
Geher et al. (2005)	2	65	3	21.67	No	No	No
Gawronski & Strack (2004)	1	64	6	10.67	No	No	No
Gawronski & Strack (2004)	2	38	4	9.50	No	No	No
Joule & Azdia (2003)	1	50 80	4	20.00	No	No	No
Stone & Cooper (2003)	1	155	8	19.38	No	No	No
Stone (2003)	1	172	8	21.50	No	No	No
Jones & Ince (2001)		79		9.88			
Harmon-Jones (2000)	1 1	20	8 2	9.00 10.00	No No	No No	No No
Harmon-Jones (2000)	2	20 52	4	13.00	No	No	No
-							
Stalder & Baron (1998) Stalder & Baron (1998)	1 2	88 58	4 4	22.00 14.50	No No	No No	No No
Stalder & Baron (1998)							
Cooper (1998) Plantage at al. (1007)	1	100	4	25.00	No	No	No
Blanton et al. (1997)	1	91 20	6	15.17	No	No	No
Harmon-Jones et al. (1996)	2	20	2	10.00	No N-	No	No
Harmon-Jones et al. (1996)	3	22	2	11.00	No	No	No
Simon et al. (1995)	1	39	4	9.75	No	No	No
Simon et al. (1995)	2	33	3	11.00	No	No	No
Simon et al. (1995)	4	46	4	11.50	No	No	No
Aronson et al. (1995)	1	60	6	10.00	No	No	No
Aronson et al. (1995)	2	60	4	15.00	No	No	No
Beauvois et al. (1995)	1	200	8	25.00	No	No	No
Elliot & Devine (1994)	1	40	4	10.00	No	No	No
Elliot & Devine (1994)	2	72	3	24.00	No	No	No

(continued)

Table 1. (continued)

Publication	Study	Sample size	Conditions	Sample size / condition	Preregistered	Open data	Registered Report
Leippe & Eisenstadt (1994)	1	63	5	12.60	No	No	No
Leippe & Eisenstadt (1994)	2	117	5	23.40	No	No	No
Leippe & Eisenstadt (1994)	3	135	4	33.75	No	No	No
Fleming & Rudman (1993)	1	65	6	10.83	No	No	No
Pyszczynski et al. (1993)	1	45	4	11.25	No	No	No
Stice (1992)	1	45	3	15.00	No	No	No
Wright et al. (1992)	1	80	5	16.00	No	No	No
Losch & Cacioppo (1990)	1	60	4	15.00	No	No	No
Scher & Cooper (1989)	1	80	6	13.33	No	No	No
Tedeschi et al. (1986)	1	62	5	12.40	No	No	No
Tedeschi et al. (1986)	2	52	5	10.40	No	No	No
Elkin & Leippe (1986)	1	40	4	10.00	No	No	No
Gaes et al. (1986)	1	80	8	10.00	No	No	No
Baumeister & Tice (1984)	2	30	3	10.00	No	No	No
Baumeister & Tice (1984)	3	64	6	10.67	No	No	No
Croyle and Cooper (1983)	1	30	3	10.00	No	No	No
Croyle and Cooper (1983)	2	30	3	10.00	No	No	No
Cooper & Mackie (1983)	1	42	4	10.50	No	No	No
Steele & Liu (1983)	1	76	6	12.67	No	No	No
Steele & Liu (1983)	3	24	4	6.00	No	No	No
Steele et al. (1981)	1	64	8	8.00	No	No	No
Steele et al. (1981)	2	45	6	7.50	No	No	No
Stroebe & Diehl (1981)	1	67	5	13.40	No	No	No
Stroebe & Diehl (1981)	3	52	5	10.40	No	No	No
Cotton & Hieser (1980)	1	64	8	8.00	No	No	No
Scheier & Carver (1980)	1	58	4	14.50	No	No	No
Scheier & Carver (1980)	2	129	4	32.25	No	No	No
Scheier & Carver (1980)	3	54	4	13.50	No	No	No
Higgins et al. (1979)	1	70	7	10.00	No	No	No
Cooper, Zanna, & Taves (1978)	1	60	6	10.00	No	No	No
Cooper, Fazio & Rhodewalt (1978)	1	33	4	8.25	No	No	No
Fazio et al. (1977)	1	48	6	8.00	No	No	No
Zanna & Aziza (1976)	1	40 34	8	4.25	No	No	No
Zanna & Aziza (1976) Zanna & Aziza (1976)	2	34 81	7	11.57	No	No	No
Norman & Watson (1976)	2	106	8	13.25	No	No	No
	2 1		6				
Drachman & Worchel (1976)		72 60	4	12.00 15.00	No	No	No
Apsler (1976)	1				No	No	No
Zanna and Cooper (1974)	1	70	7	10.00	No	No	No
Touhey (1976) $P_{2} = \frac{2}{3} \sum_{i=1}^{3} \frac{1073}{2}$	1	100	5	20.00	No	No	No
Ross & Shulman (1973)	1	64	4	16.00	No	No	No
Touhey (1976)	1	124	3	41.33	No	No	No
Snyder & Ebbesen (1972)	1	228	9	25.33	No	No	No
Hoyt et al. (1972)	1	77	4	19.25	No	No	No
Frey & Irle (1972)	1	146	9	16.22	No	No	No
Holms & Strickland (1970)	1	59	6	9.83	No	No	No
Bem & McConnell (1970)	1	48	3	16.00	No	No	No
Sherman (1970)	1	70	7	10.00	No	No	No
Sherman (1970)	2	50	5	10.00	No	No	No
Linder & Jones (1969)	1	84	6	14.00	No	No	No
Kiesler et al. (1968)	1	147	9	16.33	No	No	No
Linder et al. (1967)	1	55	5	11.00	No	No	No
Linder et al. (1967)	2	50	5	10.00	No	No	No

Note: Sample sizes are the numbers used by the authors for the analyses but not necessarily the total recruited participants. Sample size per condition is an average computed from the sample size divided per the number of conditions.

must be taken seriously because they could be explanations that undercut some of the implications of a failed replication. Perhaps the induced-compliance paradigm does reliably replicate as long as one or more post hoc explanations are taken care of. On the other hand, post hoc explanations differ substantially in their evidential basis. Some post hoc explanations are supported by published studies, whereas others are not. Explanations of the latter type may be interesting but are not persuasive without evidence supporting their plausibility. This might also apply to post hoc explanations of the first category. Citing a single study or even a handful of studies to show that a factor is important in conducting dissonance studies is not necessarily strong evidence for that factor having substantial and reliable causal effects. For example, the claim that we should have used shorter essays because there are several studies that found this is more effective is not well supported. Those studies had much smaller numbers of participants in each condition and thus likely yielded inaccurate effect-size estimates. Also note that we decided to replicate a study that for all intents and purposes has a strong evidential basis in the first place, yet we believed it was warranted to try and replicate that study.

In addition, post hoc explanations also risk making a theory unfalsifiable, particularly in the case of an underspecified theory, such as cognitive-dissonance theory. To illustrate, consistent with the theory, there are often multiple ways for dissonance to be reduced. Aversive arousal caused by dissonance may be misattributed to a different cause, thereby preventing dissonance reduction (Zanna & Cooper, 1974), or other, unmeasured means of dissonance reduction could have occurred, such as trivialization (Simon et al., 1995). This underspecification risks making cognitive dissonance a nonfalsifiable theory, as has been argued by others (e.g., Griffin, 2006). We should therefore be hesitant to develop additional ways for the theory to be unfalsifiable.

We also note the possibility that some of the post hoc explanations may be influenced by status-quo-based reasoning. Suppose that we had successfully replicated the classic effect. Would the objections about the study taking place during COVID-19 have been raised? Would the issue of essay length have been raised as a problem?

Our response here may be perceived as us dismissing the post hoc explanations too easily. Yet as CTU noted, typical responses to failed replications (e.g., contextsensitivity defense, expertise defense) are not strongly supported by empirical data. CTU pointed out that metaanalytic evidence shows little cross-site heterogeneity in overall replication failures, contradicting claims of context sensitivity. Likewise, indicators of scientific eminence, such as publication records, do not predict replication results, undermining the expertise defense. Given this accumulating evidence against common Ultimately, post hoc explanations are possible conjectures, and we hope they stimulate theoretical and empirical efforts that improve the procedures and the understanding of the required conditions for observing dissonance effects, but they do little for us to change how we view the evidentiary value of our study.

So, what do we think we should conclude?

We conducted a Registered Report on the induced-compliance paradigm. We had experts in the field collaborate on this project and had our design and analyses approved by several more experts before data collection. Yet we did not obtain the expected pattern of results. We believe that this is cause for significant concern.

HH raised the question whether the inducedcompliance effect is weak. After all, if various factors such as a brief filler task before the essay task can prevent the effect, then perhaps the effect is indeed weak. We think so. It is not sufficient to argue that it is possible to show the induced-compliance effect. Dissonance theory as we read and interpret it would predict an effect in our study. Our failed replication shows at a minimum that the effect is not reliably observed despite a large sample size, the participation of many different labs, and a vetted process in which the design and analyses were approved by experts. If there are contextual or methodological considerations that constrain when and where the induced-compliance paradigm will produce attitude change, then the theory needs to be more specific about articulating these constraints.

It is not just our findings that provide reasons for concern. We would be less concerned (and question our study much more) if we knew that our results go against the results of other preregistered and large-sample studies. However, an examination of the cognitive-dissonance literature reveals a scarcity of such studies.

The State of Cognitive-Dissonance Research

In 1964, Chapanis and Chapanis wrote,

It is rare to find in this area a study that has been adequately designed and analyzed. In fact, it is almost as though dissonance theorists have a bias against neat, factorial designs with adequate Ns, capable of thorough analysis . . . (p. 18)

HH claimed that the concerns of Chapanis and Chapanis (1964) have been addressed, citing Wicklund and Brehm (1976). Wicklund and Brehm, however, focused mainly on theoretical objections to cognitivedissonance theory, such as alternative explanations and post hoc explanations. They indeed concluded that the cognitive-dissonance literature is fine; they wrote, for example, that the literature "is not of the post hoc variety" (p. 319). We are not so sure. Wicklund and Brehm did not focus on methodological limitations we now know to be vital for the reliability and validity of psychological findings, such as adequate sample sizes, data sharing, and preregistration. Our impression of the dissonance literature is that it is severely lacking in these practices.

To demonstrate the prevalence of methodological limitations, we used the PsycINFO database to find studies employing the induced-compliance paradigm. Our initial search resulted in 440 published peer-reviewed empirical articles (see https://osf.io/4mz2j/). We identified articles using the compliance paradigm in which perceived choice was manipulated and the counterattitudinalessay task was used. We similarly selected studies from Kenworthy et al.'s (2011) meta-analysis and included them in the analysis. The final sample consisted of 104 studies, for which we reported the overall sample size, number of conditions, average per condition, and whether several open-science practices were performed, including preregistration, data accessibility, and whether it was a Registered Report (Table 1).

The induced-compliance literature by means of the counterattitudinal-essay task spans more than 50 years. In these years, excluding our study, the (average) sample size per condition was 16.66 (SD = 10.13) and ranges from 4.25 to 70 with a median of 13.50 (95th percentile = 33.60; 99th percentile = 54.49). Just two other studies shared their data publicly. None of the studies were preregistered or part of a Registered Report. Of course, we cannot expect these practices to be common in this old literature, but that does not matter. What matters is whether the literature presents a strong evidential basis for its claims. Looking at Table 1, we get the same impression that Chapanis and Chapanis had of the literature in 1964.

About the Necessity of Open Science in Cognitive-Dissonance Research

HH wrote that the literature has provided much evidence consistent with predictions from cognitive-dissonance theory, but the replication crisis has demonstrated that hundreds of experiments may not necessarily mean strong evidence (e.g., Hagger et al., 2016; McCarthy et al., 2018; O'Donnell et al., 2018). There is evidence that multiple phenomena in psychology, each ostensibly supported by dozens if not hundreds of studies, may have been Type 1 errors (also see CTU's commentary). Is the field of cognitive dissonance full of Type 1 errors? It might very well be. Without open-science practices and preregistration in particular, it is possible for Type 1 errors to become prevalent. In fact, assuming an already inflated effect size in social psychology of d = 0.43 (Richard et al., 2003), a two-sample *t* test requires a sample size of 86 participants per cell for 80% power and an alpha of 5%. No study from Table 1 reaches this number except ours. Unless effect sizes in this literature are much higher, this implies that the majority, if not all, induced-compliance studies are severely underpowered and that there is a file drawer of studies with nonsignificant results.

We agree with CTU that the strong signals provided by superior multisite samples and more rigorous analyses are and should continue to be the primary goal of replication. It seems clear to us that the cognitive-dissonance literature needs testing of its ideas using the most rigorous experimental designs and statistical techniques. The literature is rife with hypothesis skepticism, focused on the possibility of alternative explanations explaining data patterns, but statistical tests of these ideas have not, in our perception, met the same standards. Greater statistical skepticism is warranted.

Although HH are concerned about the fact that "failures to replicate have the potential to unfairly discredit the field of psychology," we think that the opposite is also true. Failures to refute can also discredit a field (Fanelli, 2010; Scheel et al., 2021). We assume that the goal of science is to achieve a better understanding of the world, not to preserve a discipline's prestige.

The field of cognitive dissonance has a long and rich history, marked by numerous theoretical disagreements that have fueled intense scholarly debates. The field now needs to focus on improving its research methods. We argue for wider use of open-science practices in cognitive-dissonance studies to match the field's dedication to resolving theoretical disputes. This means preregistering studies, using larger sample sizes, and openly sharing data and materials. Without adopting these open-science practices, the field risks being filled with Type 1 errors.

Transparency

Action Editor: David A. Sbarra

Editor: David A. Sbarra

Author Contributions

W. W. A. Sleegers and D. C. Vaidis share first authorship. **Willem W. A. Sleegers:** Conceptualization; Data curation; Formal analysis; Investigation; Project administration; Supervision; Visualization; Writing – original draft; Writing – review & editing.

Florian van Leeuwen: Conceptualization; Writing – review & editing.

Robert M. Ross: Conceptualization; Writing – review & editing.

Kenneth G. DeMarree: Conceptualization; Writing – review & editing.

Ilja van Beest: Conceptualization; Writing – review & editing.

Daniel Priolo: Conceptualization; Writing – review & editing.

Marie-Amélie Martinie: Conceptualization; Writing – review & editing.

Coby Morvinski: Conceptualization; Writing – review & editing.

Bruno Verschuere: Conceptualization; Writing – review & editing.

David C. Vaidis: Conceptualization; Data curation; Formal analysis; Investigation; Project administration; Supervision; Writing – original draft; Writing – review & editing.

Declaration of Conflicting Interests

The author(s) declared that there were no conflicts of interest with respect to the authorship or the publication of this article.

ORCID iDs

Florian van Leeuwen D https://orcid.org/0000-0002-9694-8300

Robert M. Ross D https://orcid.org/0000-0001-8711-1675 Kenneth G. DeMarree D https://orcid.org/0000-0001-5815-2646

Daniel Priolo b https://orcid.org/0000-0003-3430-3459 Coby Morvinski b https://orcid.org/0000-0001-8081-7085 Bruno Verschuere b https://orcid.org/0000-0002-6161-4415 David C. Vaidis b https://orcid.org/0000-0002-1954-2219

Notes

1. In one study, the effect on attitude was not statistically significant, although in a follow-up analysis, it was. Furthermore, not all studies contained p values to assess whether the typical effect on attitude change was observed, but the results were always interpreted as consistent with cognitive-dissonance theory.

2. Despite our reluctance to engage with specific post hoc explanations of our null finding in the main text, below we offer several responses to the post hoc explanations offered by Harmon-Jones and Harmon-Jones (HH).

(a) Concerning COVID-19 and misattribution: First, several cognitive-dissonance studies have found that when participants are familiar with an aversive stimulus (Stults et al., 1984) or if they questioned the relevance of the aversive source in their state of tension (Wright et al., 1992), attitude change is still observed. Second, although our replication study was carried out after the second COVID wave, with individuals who already had integrated COVID-mitigation behaviors into their daily lives, the likelihood that wearing a mask or specific settings generates a state of tension seems quite low. Third, the argument that participants misattributed their arousal to COVID and thereby produced a null effect should also apply to the effect of counterattitudinal behavior on attitude change, which we did observe.

(b) Concerning a nervous experimenter and misattribution: HH mentioned that one training video showed an experimenter speaking quickly and seeming a little nervous, suggesting that it could have caused participants to misattribute their dissonance to this source, thereby preventing attitude change. We think this is unlikely because the study involved 39 laboratories with many different experimenters, some with experience running effective dissonance manipulations. In addition, the videos were often recorded at the start, so subsequent experience with running the study likely reduced any nervousness some experimenters may have had.

(c) Concerning the use of long essays: Croyle and Cooper (1983) asked participants to write "strong and forceful arguments" in support of or against the alcohol ban. Although they did not report the length of their participants' essays, the request to write several arguments leads us to suspect that those essays were not limited to short statements as HH suggested we should have used in our study. Consequently, we chose to maintain a similar approach to ensure the replication was faithful to the original study's methodology. The essays could hardly be described as long essays, however. We limited the desired number of arguments (up to three) and the amount of time participants had to write their arguments (3.5 to 5 min). We do not believe that using this design constituted bad expert advice, as suggested by HH. Furthermore, enough time has passed for a consensus to emerge that writing relatively few arguments is necessary for a dissonance induction to work, shared by experimenters and reviewers involved in our project.

(d) Concerning the inclusion of a filler task: Even if a filler task at the start of the study could have caused some participants to perceive the relevant cognitions as less important, as argued by HH, we would expect this influence to be equally likely in both the low- and high-choice conditions. In addition, if it is true a short filler task can eliminate the effect, it essentially would make cognitive dissonance disappear in most natural situations. People are almost always doing something (washing dishes, folding clothes, feeding babies, etc.). If such prior tasks eliminate choice effects, then when could researchers see cognitive dissonance in real life?

References

- Apsler, R. (1976). Counterattitudinal and proattitudinal advocacy in the forced compliance paradigm: A test of selfperception theory. *The Journal of Social Psychology*, *98*(1), 61–68. https://doi.org/10.1080/00224545.1976.9923366
- Aronson, J., Blanton, H., & Cooper, J. (1995). From dissonance to disidentification: Selectivity in the self-affirmation process. *Journal of Personality and Social Psychology*, 68(6), 986–996. https://doi.org/10.1037/0022-3514.68.6.986
- Bator, R. J., & Cialdini, R. B. (2006). The nature of consistency motivation: Consistency, aconsistency, and anticonsistency in a dissonance paradigm. *Social Influence*, *1*(3), 208–233. https://doi.org/10.1080/15534510600823638
- Baumeister, R. F., & Tice, D. M. (1984). Role of self-presentation and choice in cognitive dissonance under forced compliance: Necessary or sufficient causes? *Journal of Personality and Social Psychology*, 46(1), 5–13. https:// doi.org/10.1037/0022-3514.46.1.5
- Beauvois, J. L., Bungert, M., & Mariette, P. (1995). Forced compliance: Commitment to compliance and commitment to activity. European *Journal of Social Psychology*, 25(1), 17–26. https://doi.org/10.1002/ejsp.2420250103
- Beauvois, J. L., & Joule, R. (1996). *A radical dissonance theory*. Taylor & Francis.

- Bem, D. J., & McConnell, H. K. (1970). Testing the selfperception explanation of dissonance phenomena: On the salience of premanipulation attitudes. *Journal of Personality and Social Psychology*, 14(1), 23–31. https:// doi.org/10.1037/h0020916
- Blanton, H., Cooper, J., Slkurnik, I., & Aronson, J. (1997). When bad things happen to good feedback: Exacerbating the need for self-justification with self-affirmations. *Personality* and Social Psychology Bulletin, 23(7), 684–692. https://doi .org/10.1177/0146167297237002
- Brehm, J. W., & Cohen, A. R. (1962). Explorations in cognitive dissonance. John Wiley. https://doi.org/10.1037/11622-000
- Brock, T. C. (1968). Relative efficacy of volition and justification in arousing dissonance. *Journal of Personality*, 36(1), 49–66. https://doi.org/10.1111/j.1467-6494.1968.tb01459.x
- Cancino-Montecinos, S., Björklund, F., & Lindholm, T. (2018). Dissonance and abstraction: Cognitive conflict leads to higher level of construal. *European Journal of Social Psychology*, 48(1), 100–107. https://doi.org/10.1002/ejsp .2287
- Chapanis, N. P., & Chapanis, A. (1964). Cognitive dissonance. *Psychological Bulletin*, 61(1), 1–22. https://doi.org/10 .1037/h0043457
- Cooper, J. (1998). Unlearning cognitive dissonance: Toward an understanding of the development of dissonance. *Journal* of *Experimental Social Psychology*, 34(6), 562–575. https:// doi.org/10.1006/jesp.1998.1365
- Cooper, J., Fazio, R. H., & Rhodewalt, F. (1978). Dissonance and humor: Evidence for the undifferentiated nature of dissonance arousal. *Journal of Personality and Social Psychology*, 36(3), 280–285. https://doi.org/10.1037/0022-3514.36.3.280
- Cooper, J., & Feldman, L. A. (2019). Does cognitive dissonance occur in older age? A study of induced compliance in a healthy elderly population. *Psychology and Aging*, 34(5), 709–713. https://doi.org/10.1037/pag0000338
- Cooper, J., & Mackie, D. (1983). Cognitive dissonance in an intergroup context. *Journal of Personality and Social Psychology*, 44(3), 536–544. https://doi.org/10.1037/0022-3514.44.3.536
- Cooper, J., Zanna, M. P., & Taves, P. A. (1978). Arousal as a necessary condition for attitude change following induced compliance. *Journal of Personality and Social Psychology*, *36*(10), 1101–1106. https://doi.org/10.1037/0022-3514.36 .10.1101
- Cotton, J. L., & Hieser, R. A. (1980). Selective exposure to information and cognitive dissonance. *Journal of Research in Personality*, 14(4), 518–527. https://doi.org/10.1016/0092-6566(80)90009-4
- Croyle, R. T., & Cooper, J. (1983). Dissonance arousal: Physiological evidence. *Journal of Personality and Social Psychology*, 45(4), 782–791. https://doi.org/10.1037/0022-3514.45.4.782
- Cyrus-Lai, W., Tierney, W., & Uhlmann, E. L. (2024). Noise versus signal: What can one conclude when a classic finding fails to replicate? *Advances in Methods and Practices in Psychological Science*, 7(4). https://doi.org/ 10.1177/25152459241268293
- Drachman, D., & Worchel, S. (1976). Misattribution of arousal as a means of dissonance reduction. *Sociometry*, *39*(1), 53–59. https://doi.org/10.2307/2786591

- Eisenstadt, D., Leippe, M. R., Stambush, M. A., & Rauch, S. M. (2005). Dissonance and prejudice: Personal costs, choice, and change in attitudes and racial beliefs following counterattitudinal advocacy that benefits a minority. *Basic and Applied Social Psychology*, *27*(2), 127–141. https://doi.org/ 10.1207/s15324834basp2702_4
- Elkin, R. A., & Leippe, M. R. (1986). Physiological arousal, dissonance, and attitude change: Evidence for a dissonancearousal link and a "Don't remind me" effect. *Journal of Personality and Social Psychology*, *51*(1), 55–65. https:// doi.org/10.1037/0022-3514.51.1.55
- Elliot, A. J., & Devine, P. G. (1994). On the motivational nature of cognitive dissonance: Dissonance as psychological discomfort. *Journal of Personality and Social Psychology*, 67(3), 382–394. https://doi.org/10.1037/0022-3514.67.3.382
- Ellithorpe, M. E., Ewoldsen, D. R., & Fazio, R. H. (2014). Socialization of dissonance processes: Reports of parenting style experienced during childhood moderate dissonance reactions. *Social Psychological and Personality Science*, 5(1), 84–91. https://doi.org/10.1177/1948550613486675
- Fanelli, D. (2010). "Positive" results increase down the hierarchy of the sciences. *PLOS ONE*, 5(4), e10068. https://doi .org/10.1371/journal.pone.0010068
- Fazio, R. H., Zanna, M. P., & Cooper, J. (1977). Dissonance and self-perception: An integrative view of each theory's proper domain of application. *Journal of Experimental Social Psychology*, *13*(5), 464–479. https://doi.org/10.1016/0022-1031(77)90031-2
- Fleming, J. H., & Rudman, L. A. (1993). Between a rock and a hard place: Self-concept regulating and communicative properties of distancing behaviors. *Journal of Personality and Social Psychology*, 64(1), 44–59. https:// doi.org/10.1037/0022-3514.64.1.44
- Freedman, J. L. (1963). Attitudinal effects of inadequate justification. *Journal of Personality*, 31(3), 371–385. https:// doi.org/10.1111/j.1467-6494.1963.tb01305.x
- Frey, D., & Irle, M. (1972). Some conditions to produce a dissonance and an incentive effect in a 'forced-compliance' situationx. *European Journal of Social Psychology*, 2(1), 45–54. https://doi.org/10.1002/ejsp.2420020106
- Friedman, R. S., & Arndt, J. (2005). Reexploring the connection between terror management theory and dissonance theory. *Personality and Social Psychology Bulletin*, *31*(9), 1217–1225. https://doi.org/10.1177/0146167204274077
- Gaes, G. G., Melburg, V., & Tedeschi, J. T. (1986). A study examining the arousal properties of the forced compliance situation. *Journal of Experimental Social Psychology*, 22(2), 136–147. https://doi.org/10.1016/0022-1031(86) 90033-8
- Gawronski, B., & Strack, F. (2004). On the propositional nature of cognitive consistency: Dissonance changes explicit, but not implicit attitudes. *Journal of Experimental Social Psychology*, 40(4), 535–542. https://doi.org/10.1016/j.jesp .2003.10.005
- Geher, G., Bloodworth, R., Mason, J., Stoaks, C., Downey, H. J., Renstrom, K. L., & Romero, J. F. (2005). Motivational underpinnings of romantic partner perceptions: Psychological and physiological evidence. *Journal of Social and Personal Relationships*, 22(2), 255–281. https://doi.org/10.1177/0265 407505050953

- Gosling, P., Denizeau, M., & Oberlé, D. (2006). Denial of responsibility: A new mode of dissonance reduction. *Journal of Personality and Social Psychology*, 90(5), 722– 733. https://doi.org/10.1037/0022-3514.90.5.722
- Griffin, E. (2006). A first look at communication theory. McGraw-Hill.
- Hagger, M. S., Chatzisarantis, N. L., Alberts, H., Anggono, C. O., Batailler, C., Birt, A. R., & Zwienenberg, M. (2016). A multilab preregistered replication of the ego-depletion effect. *Perspectives on Psychological Science*, *11*(4), 546–573. https://doi.org/10.1177/174569161665287
- Harmon-Jones, E. (2000). Cognitive dissonance and experienced negative affect: Evidence that dissonance increases experienced negative affect even in the absence of aversive consequences. *Personality and Social Psychology Bulletin*, 26(12), 1490–1501. https://doi.org/10.1177/01461672002612004
- Harmon-Jones, E., Brehm, J. W., Greenberg, J., Simon, L., & Nelson, D. E. (1996). Evidence that the production of aversive consequences is not necessary to create cognitive dissonance. *Journal of Personality and Social Psychology*, 70(1), 5–16. https://doi.org/10.1037/0022-3514.70.1.5
- Harmon-Jones, E., & Harmon-Jones, C. (2024). Dissonance in the induced-compliance paradigm: A commentary on Vaidis et al. (2024). Advances in Methods and Practices in Psychological Science, 7(4). https://doi.org/10 .1177/25152459241268308
- Harmon-Jones, E., Harmon-Jones, C., Fearn, M., Sigelman, J. D., & Johnson, P. (2008). Left frontal cortical activation and spreading of alternatives: Tests of the action-based model of dissonance. *Journal of Personality and Social Psychology*, 94(1), 1–15. https://doi.org/10.1037/0022-3514.94.1.1
- Higgins, E. T., Rhodewalt, F., & Zanna, M. P. (1979). Dissonance motivation: Its nature, persistence, and reinstatement. *Journal of Experimental Social Psychology*, 15(1), 16–34. https://doi.org/10.1016/0022-1031(79)90015-5
- Holms, J. G., & Strickland, L. H. (1970). Choice freedom and confirmation of incentive expectancy as determinants of attitude change. *Journal of Personality and Social Psychology*, 14(1), 39–45. https://doi.org/10.1037/h0028617
- Hoyt, M. F., Henley, M. D., & Collins, B. E. (1972). Studies in forced compliance: Confluence of choice and consequence on attitude change. *Journal of Personality and Social Psychology*, 23(2), 205–210. https://doi.org/10.1037/h0033034
- Jones, D. N., & Ince, E. (2001). The effects of cognitive dissonance on interpersonal perception and reassertion. *Current Research in Social Psychology*, 7(4), 43–59.
- Jordens, K., & Van Overwalle, F. (2005). Cognitive dissonance and affect: An initial test of a connectionist account. *Psychologica Belgica*, 45(3), 157–184. https://doi.org/10 .5334/pb-45-3-157
- Joule, R. V., & Azdia, T. (2003). Cognitive dissonance, double forced compliance, and commitment. *European Journal of Social Psychology*, 33(4), 565–571. https://doi.org/10.1002/ ejsp.165
- Joule, R. V., & Martinie, M. A. (2008). Forced compliance, misattribution and trivialization. Social Behavior and Personality: An International Journal, 36(9), 1205–1212. https://doi.org/10.2224/sbp.2008.36.9.1205
- Kenworthy, J. B., Miller, N., Collins, B. E., Read, S. J., & Earleywine, M. (2011). A trans-paradigm theoretical synthesis

of cognitive dissonance theory: Illuminating the nature of discomfort. *European Review of Social Psychology*, 22(1), 36–113. https://doi.org/10.1080/10463283.2011.580155

- Kiesler, C. A. (1971). *The psychology of commitment*. Academic Press.
- Kiesler, C. A., Pallak, M. S., & Kanouse, D. E. (1968). Interactive effects of commitment and dissonance. *Journal* of *Personality and Social Psychology*, 8(4, Pt.1), 331–338. https://doi.org/10.1037/h0021242
- Krosnick, J. A., & Petty, R. E. (1995). Attitude strength: An overview. In R. E. Petty & J. A. Krosnick (Eds.), *Attitude strength: Antecedents and consequences* (pp. 1–24). Lawrence Erlbaum Associates.
- Leippe, M. R., & Eisenstadt, D. (1994). Generalization of dissonance reduction: Decreasing prejudice through induced compliance. *Journal of Personality and Social Psychology*, 67(3), 395–413. https://doi.org/10.1037/0022-3514.67.3.395
- Linder, D. E., Cooper, J., & Jones, E. E. (1967). Decision freedom as a determinant of the role of incentive magnitude in attitude change. *Journal of Personality and Social Psychology*, 6(3), 245–254. https://doi.org/10.1037/h0021220
- Linder, D. E., & Jones, R. A. (1969). Discriminative stimuli as determinants of consonance and dissonance. *Journal of Experimental Social Psychology*, 5(4), 467–482. https://doi .org/10.1016/0022-1031(69)90038-9
- Losch, M. E., & Cacioppo, J. T. (1990). Cognitive dissonance may enhance sympathetic tonus, but attitudes are changed to reduce negative affect rather than arousal. *Journal of Experimental Social Psychology*, 26(4), 289–304. https:// doi.org/10.1016/0022-1031(90)90040-S
- Martinie, M. A., Almecija, Y., Ros, C., & Gil, S. (2017). Incidental mood state before dissonance induction affects attitude change. *PLOS ONE*, *12*(7), Article e0180531. https://doi.org/ 10.1371/journal.pone.0180531
- Martinie, M. A., & Fointiat, V. (2006). Self-esteem, trivialization, and attitude change. *Swiss Journal of Psychology*, 65(4), 221–225. https://doi.org/10.1024/1421-0185.65.4.221
- Martinie, M. A., Olive, T., Milland, L., Joule, R. V., & Capa, R. L. (2013). Evidence that dissonance arousal is initially undifferentiated and only later labeled as negative. *Journal* of *Experimental Social Psychology*, 49(4), 767–770. https:// doi.org/10.1016/j.jesp.2013.03.003
- McCarthy, R. J., Skowronski, J. J., Verschuere, B., Meijer, E. H., Jim, A., Hoogesteyn, K., Orthey, R., Acar, O. A., Aczel, B., Bakos, B. E., Barbosa, F., Baskin, E., Bègue, L., Ben-Shakhar, G., Birt, A. R., Blatz, L., Charman, S. D., Claesen, A., Clay, S. L., . . . Yıldız, E. (2018). Registered replication report on Srull and Wyer (1979). *Advances in Methods and Practices in Psychological Science*, 1(3), 321–336. https:// doi.org/10.1177/2515245918777487
- Norman, R. M., & Watson, L. D. (1976). Extraversion and reactions to cognitive inconsistency. *Journal of Research in Personality*, 10(4), 446–456. https://doi.org/10.1016/0092-6566(76)90058-1
- O'Donnell, M., Nelson, L. D., Ackermann, E., Aczel, B., Akhtar, A., Aldrovandi, S., Alshaif, N., Andringa, R., Aveyard, M., Babincak, P., Balatekin, N., Baldwin, S. A., Banik, G., Baskin, E., Bell, R., Białobrzeska, O., Birt, A. R., Boot, W. R., Braithwaite, S. R., . . . Zrubka, M. (2018). Registered replication report: Dijksterhuis and van Knippenberg

(1998). *Perspectives on Psychological Science*, *13*(2), 268–294. https://doi.org/10.1177/1745691618755704

- Pauer, S., Linne, R., & Erb, H.-P. (2024). From the illusion of choice to actual control: Reconsidering the inducedcompliance paradigm of cognitive dissonance. Advances in Methods and Practices in Psychological Science, 7(4). https://doi.org/10.1177/25152459241265002
- Pyszczynski, T., Greenberg, J., Solomon, S., Sideris, J., & Stubing, M. J. (1993). Emotional expression and the reduction of motivated cognitive bias: Evidence from cognitive dissonance and distancing from victims' paradigms. *Journal of Personality and Social Psychology*, 64(2), 177– 186. https://doi.org/10.1037/0022-3514.64.2.177
- Randles, D., Inzlicht, M., Proulx, T., Tullett, A. M., & Heine, S. J. (2015). Is dissonance reduction a special case of fluid compensation? Evidence that dissonant cognitions cause compensatory affirmation and abstraction. *Journal* of Personality and Social Psychology, 108(5), 697–710. https://doi.org/10.1037/a0038933
- Richard, F. D., Bond, C. F., & Stokes-Zoota, J. J. (2003). One hundred years of social psychology quantitatively described. *Review of General Psychology*, 7(4), 331–363. https://doi.org/10.1037/1089-2680.7.4.331
- Robertson, T. (2006). Dissonance effects as conformity to consistency norms: The effect of anonymity and identity salience. *British Journal of Social Psychology*, 45(4), 683– 699. https://doi.org/10.1348/014466605X82855
- Rodriguez, D. N., & Strange, D. (2014). False memories for dissonance inducing events. *Memory*, 23(2), 203–212. https:// doi.org/10.1080/09658211.2014.881501
- Ross, M., & Shulman, R. F. (1973). Increasing the salience of initial attitudes: Dissonance versus self-perception theory. *Journal of Personality and Social Psychology*, 28(1), 138– 144. https://doi.org/10.1037/h0035586
- Scheel, A. M., Schijen, M., & Lakens, D. (2021). An excess of positive results: Comparing the standard psychology literature with registered reports. *Advances in Methods and Practices in Psychological Science*, 4(2). https://doi.org/ 10.1177/25152459211007467
- Scheier, M. F., & Carver, C. S. (1980). Private and public selfattention, resistance to change, and dissonance reduction. *Journal of Personality and Social Psychology*, *39*(3), 390– 405. https://doi.org/10.1037/0022-3514.39.3.390
- Scher, S. J., & Cooper, J. (1989). Motivational basis of dissonance: The singular role of behavioral consequences. *Journal of Personality and Social Psychology*, 56(6), 899– 906. https://doi.org/10.1037/0022-3514.56.6.899
- Sénémeaud, C., & Somat, A. (2009). Dissonance arousal and persistence in attitude change. *Swiss Journal of Psychology*, 68(1), 25–31. https://doi.org/10.1024/1421-0185.68.1.25
- Sherman, S. J. (1970). Attitudinal effects of unforeseen consequences. *Journal of Personality and Social Psychology*, 16(3), 510–520. https://doi.org/10.1037/h0030061
- Simon, L., Greenberg, J., & Brehm, J. (1995). Trivialization: The forgotten mode of dissonance reduction. *Journal of Personality and Social Psychology*, 68(2), 247–260. https:// doi.org/10.1037/0022-3514.68.2.247
- Snyder, M., & Ebbesen, E. B. (1972). Dissonance awareness: A test of dissonance theory versus self-perception theory. *Journal of Experimental Social Psychology*, 8(6), 502–517. https://doi.org/10.1016/0022-1031(72)90076-5

- Stalder, D. R. (2010). Competing roles for the subfactors of need for closure in moderating dissonance-produced attitude change. *Personality and Individual Differences*, 48(6), 775–778. https://doi.org/10.1016/j.paid.2010 .01.028
- Stalder, D. R., & Baron, R. S. (1998). Attributional complexity as a moderator of dissonance-produced attitude change. *Journal of Personality and Social Psychology*, 75(2), 449– 455. https://doi.org/10.1037/0022-3514.75.2.449
- Starzyk, K. B., Fabrigar, L. R., Soryal, A. S., & Fanning, J. J. (2009). A painful reminder: The role of level and salience of attitude importance in cognitive dissonance. *Personality and Social Psychology Bulletin*, 35(1), 126–137. https://doi .org/10.1177/0146167208325613
- Steele, C. M., & Liu, T. J. (1983). Dissonance processes as selfaffirmation. *Journal of Personality and Social Psychology*, 45(1), 5–19. https://doi.org/10.1037/0022-3514.45.1.5
- Steele, C. M., Southwick, L. L., & Critchlow, B. (1981). Dissonance and alcohol: Drinking your troubles away. *Journal of Personality and Social Psychology*, 41(5), 831– 846. https://doi.org/10.1037/0022-3514.41.5.831
- Stice, E. (1992). The similarities between cognitive dissonance and guilt: Confession as a relief of dissonance. *Current Psychology*, 11, 69–77. https://doi.org/10.1007/BF02686829
- Stone, J. (2003). Self-consistency for low self-esteem in dissonance processes: The role of self-standards. *Personality* and Social Psychology Bulletin, 29(7), 846–858. https://doi .org/10.1177/0146167203029007004
- Stone, J., & Cooper, J. (2003). The effect of self-attribute relevance on how self-esteem moderates attitude change in dissonance processes. *Journal of Experimental Social Psychology*, *39*(5), 508–515. https://doi.org/10.1016/S0022-1031(03)00018-0
- Stroebe, W., & Diehl, M. (1981). Conformity and counterattitudinal behavior: The effect of social support on attitude change. *Journal of Personality and Social Psychology*, 41(5), 876–889. https://doi.org/10.1037/0022-3514.41.5.876
- Stults, D. M., Messé, L. A., & Kerr, N. L. (1984). Belief discrepant behavior and the bogus pipeline: Impression management or arousal attribution. *Journal of Experimental Social Psychology*, 20(1), 47–54. https://doi.org/10.1016/0022-1031(84)90011-8
- Tedeschi, J. T., Gaes, G. G., Norman, N., & Melburg, V. (1986). Pills and attitude change: Misattribution of arousal or excuses for negative actions? *The Journal of General Psychology*, *113*(4), 309–328. https://doi.org/10.1080/002 21309.1986.9711042
- Touhey, J. C. (1976). Salience of initial attitude, magnitude of incentive, and attitude change in a forced compliance paradigm. *Memory & Cognition*, *4*, 118–122. https://doi.org/10 .3758/BF03213151
- Vaidis, D. C., Sleegers, W. W. A., van Leeuwen, F., DeMarree, K. G., Sætrevik, B., Ross, R. M., Schmidt, K., Protzko, J., Morvinski, C., Ghasemi, O., Roberts, A. J., Stone, J., Bran, A., Gourdon-Kanhukamwe, A., Gunsoy, C., Moussaoui, L. S., Smith, A. R., Nugier, A., Fayant, M.-P., . . . Priollo, D. (2024). A multilab replication of the induced-compliance paradigm of cognitive dissonance. *Advances in Methods and Practices in Psychological Science*, 7(1). https://doi .org/10.1177/25152459231213375

- Voisin, D., & Fointiat, V. (2013). Reduction in cognitive dissonance according to normative standards in the induced compliance paradigm. *Social Psychology*, 44(3), 191–195. https://doi.org/10.1027/1864-9335/a000103
- Voisin, D., Stone, J., & Becker, M. (2013). The impact of the antitobacco norm on the selected mode of cognitive dissonance reduction. *Journal of Applied Social Psychology*, 43(1), 57–67. https://doi.org/10.1111/j.1559-1816.2012.00981.x
- Vraga, E. K. (2015). How party affiliation conditions the experience of dissonance and explains polarization and selective exposure. *Social Science Quarterly*, 96(2), 487–502. https:// doi.org/10.1111/ssqu.12138
- Wakslak, C. J. (2012). The experience of cognitive dissonance in important and trivial domains: A construal-level theory approach. *Journal of Experimental Social Psychology*, 48(6), 1361–1364. https://doi.org/10.1016/j.jesp.2012.05.011

- Wicklund, R. A., & Brehm, J. W. (1976). *Perspectives on cognitive dissonance*. Lawrence Erlbaum.
- Wright, E. F., Rule, B. G., Ferguson, T. J., McGuire, G. R., & Wells, G. L. (1992). Misattribution of dissonance and behaviour-consistent attitude change. *Canadian Journal* of Behavioural Science/Revue canadienne des sciences du comportement, 24(4), 456–464. https://doi.org/10.1037/ h0078754
- Zanna, M. P., & Aziza, C. (1976). On the interaction of repression-sensitization and attention in resolving cognitive dissonance. *Journal of Personality*, 44(4), 577–593. https://doi.org/10.1111/j.1467-6494.1976.tb00139.x
- Zanna, M. P., & Cooper, J. (1974). Dissonance and the pill: An attribution approach to studying the arousal properties of dissonance. *Journal of Personality and Social Psychology*, 29(5), 703–709. https://doi.org/10.1037/h0036651