1 TITLE

2 Characterizing acute-onset small fiber neuropathy

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34 ABSTRACT

Background and Objectives: Immune-mediated small fiber neuropathy (SFN) is increasingly recognized. Acute-onset SFN (AOSFN) remains poorly described. Herein, we report a series of AOSFN cases in which immune origins are debatable.

38 Methods: We included consecutive patients with probable or definite acute-onset SFN. Diagnosis of SFN was based on the NEURODIAB criteria. Acute onset was considered when 39 40 the maximum intensity and extension of both symptoms and signs were reached within 28 days. We performed the following investigations: clinical examination, neurophysiological 41 42 assessment encompassing a nerve conduction study to rule out large fiber neuropathy, laserevoked potentials (LEPs), warm detection thresholds (WDT), and electrochemical skin 43 44 conductance (ESC), epidermal nerve fiber density (ENF), and patient serum reactivity against mouse sciatic nerve teased fibers, mouse dorsal root ganglion (DRG) sections, and cultured 45 DRG. The serum reactivity of healthy subjects (n=10) and diseased controls (n=12) was also 46 analyzed. Data on baseline characteristics, biological investigations, and disease course were 47 collected. 48

Results: Twenty patients presenting AOSFN were identified (60% women; median age: 44.2 49 years [IQR: 35.7–56.2]). SFN was definite in 18 patients (90%) and probable in two patients. 50 A precipitating event was present in 16 patients (80%). The median duration of the 51 progression phase was 14 days [5–28]. Pain was present in 17 patients (85%). Twelve patients 52 53 (60%) reported autonomic involvement. The clinical pattern was predominantly non-lengthdependent (85%). Diagnosis was confirmed by abnormal LEPs (60%), ENF (55%), WDT 54 55 (39%), or ESC (31%). CSF analysis was normal in 5/5 patients. Anti-fibroblast growth factor 3 antibodies were positive in 4/18 patients (22%) and anti-contactin-associated protein-2 56 57 antibodies in one patient. In vitro studies showed IgG immunoreactivity against nerve tissue 58 in 14 patients (70%), but not in healthy subjects or diseased controls. Patient serum antibodies 59 bound to unmyelinated fibers, Schwann cells, juxtaparanodes, paranodes, or DRG. The patients' condition improved after a short course of oral corticosteroids (3/3). Thirteen 60 61 patients (65%) showed partial or complete recovery. Others displayed relapses or a chronic 62 course.

Discussion: AOSFN primarily presents as an acute, non-length-dependent, symmetric painful
 neuropathy with a variable disease course. An immune-mediated origin has been suggested,
 based on *in vitro* immunohistochemical studies.

66

67 **KEYWORDS** (5)

- 68 Small fiber neuropathy; acute inflammatory polyneuropathy; neuralgia; sensory neuropathy;
- 69 peripheral neuropathy

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71 MAIN TEXT

72 INTRODUCTION

Small fiber neuropathies (SFN) are characterized by preferential involvement of thinly myelinated A δ -fibers and unmyelinated C-fibers.¹ Immune-mediated SFN are increasingly recognized,^{2–5} and might be immunotherapy-responsive.^{6,7}

Diagnosis of SFN is challenging. Indeed, SFN diagnostic criteria regularly evolve^{8–10} but remain controversial.¹¹ Among the NEURODIAB criteria, SFN is typically chronic lengthdependent polyneuropathy.^{1,9} However, several phenotypes have been described, such as nonlength dependent SFN¹² and acute-onset SFN (AOSFN).¹³

The clinical presentation of AOSFN may be initially misleading, characterized by isolated acute neuropathic pain or pure sensory symptoms, and normal nerve conduction studies.^{6,13–16} Descriptions of AOSFN are rare, mainly reported as single cases or small series without systematic investigations^{6,13–19}. Some AOSFN are associated with the transient presence of antibodies of unknown specificity.¹⁵ We report a series of AOSFN cases with clinical, neurophysiological, pathological, and experimental assessment.

87 **METHODS**

88 **Patient population**

Between April 2017 and April 2022, we included all consecutive inpatients and outpatients
referred to our tertiary neuromuscular center for AOSFN, that is probable or definite SFN
according to the NEURODIAB criteria,⁹ with a maximal four-week onset.

All patients underwent a complete clinical examination, including evoked pain and thermal 92 93 sensory assessment, by two neurologists (TG and AC). The diagnosis of probable SFN was based on the NEURODIAB criteria according to the presence of symptoms and clinical signs 94 95 of small fiber damage in an anatomical distribution compatible with peripheral neuropathy and without any clinical or neurophysiological signs of large fiber involvement.⁹ Indeed, 96 patients were excluded if they presented any clinical signs of large fiber involvement 97 (including ataxia, muscle weakness, proprioceptive impairment, or vibration sensation 98 alteration) or abnormal nerve conduction study (NCS) at the time of the first investigation. 99 Positive symptoms (neuropathic pain or paresthesia), negative symptoms (reduced or absent 100 sensitivity to cold, heat, or noxious stimuli), positive signs of mechanical or thermal stimuli 101 (allodynia or hyperalgesia), and negative signs (thermal or pain hypoesthesia) were 102 considered compatible with small fiber involvement. 103

Acute onset was defined as the extension and maximal intensity of both symptoms and signsreached within 28 days.

A length-dependent pattern, based on patient history and clinical examination, was defined as
 predominant distal symmetric neuropathy, beginning at the feet and involving the fingers
 when it ascends up to the knees.²⁰ Other patterns were considered non-length dependent.

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110 Standard Protocol Approvals, Registrations, and Patient Consents

This study was approved by an Independent Ethics Committee (CO-15-006; Bicêtre, 2015
 December 18th). All patients provided a written informed consent before participation.

113

114 Neurophysiological assessment

115 Large fiber assessment

- 116 Conventional electrodiagnostic studies, including NCS and needle electromyography (EMG),
- 117 were performed before inclusion and were normal for all patients.

118 Small fiber assessment

The laser-evoked potentials (LEPs) were used to assess the function of A δ -fibers. LEPs were 119 recorded by laser stimulation of the dorsum of the hands (radial nerve territory) and feet 120 (superficial fibular nerve territory) on both sides, using an ND:YAP laser (Stimul 1340 laser, 121 122 Electronic Engineering, Florence, Italy). Each stimulus consisted of a brief radiant heat pulse (laser beam diameter 4mm, pulse duration 5ms, energy progressively increased from 1.5 to 123 2.5J by steps of 0.25J, resulting in energy density between 120 and 200mJ/mm²).²¹ 124 Habituation, sensitization, and nociceptor fatigue were minimized by slightly moving the laser 125 beam between stimuli. LEPs were recorded using a scalp electrode placed at Cz, according to 126 the International 10-20 EEG System, referenced to the linked earlobes. A Velcro bracelet 127 strapped around the left forearm was used as the ground electrode. The electrooculogram was 128 recorded using pre-gelled surface adhesive electrodes placed at the right infra-orbital lateral 129 margin. Two blocks of 10-12 trials were performed, and the results were averaged offline. 130 The signal was filtered (bandpass: 0.5-30 Hz) and trials contaminated by eye blinks, ocular 131 movements (saccades), or any raw signal exceeding 70 µV were excluded from averaging. 132 The N2-P2 complex was studied by measuring N2-P2 peak-to-peak amplitude and N2 133 latency. The LEPs were abnormal if latencies were above 170 ms at upper limbs (UL) or 237 134 ms at lower limbs (LL), or the amplitude was below 15 μ V at UL or 13 μ V at LL. 135

Quantitative Sensory Testing (QST) was performed on the dorsum of the hands and feet (the 136 same territories used for LEPs). The detection thresholds for warm stimuli (WDT) were used 137 to assess the function of the sensory C-fibers. We measured WDT using a 16cm² Peltier probe 138 connected to a Thermal Sensory Analyzer TSA 2001 (Medoc, Ramat Yishai, Israel)²² and the 139 method of limits.²³ After an adaptation period at a neutral temperature of 32 °C, the 140 temperature increased (heating up to 50 °C) at a linear rate of 1 °C/s, until the patient pressed 141 a signal button when they began to feel warm ('first perception' or 'detection' threshold). The 142 143 detection thresholds (in °C) were determined as the average value from three trials and the 144 absolute difference between the measured threshold and the neutral baseline temperature of 32 °C. The WDT were abnormal if they were above 5.8 °C at UL or 10.5 °C at LL. These 145 normative values have been established in a large number of healthy subjects and are evenly 146 distributed in terms of age and sex.²⁴ 147

Electrochemical Skin Conductance (ESC) was used to assess autonomic C-fibers. ESC was 148 performed with Sudoscan® (Impeto Medical, Paris, France).^{25,26} The patient stood, placing 149 both palms and soles on large nickel electrode plates, through which low-voltage direct 150 current (less than 4 V) was delivered for 2 minutes. The electrodes were alternately used as 151 anode and cathode, and the current between the electrodes was generated by reverse 152 iontophoresis. The local conductance (in microsiemens, uS) was measured simultaneously at 153 the four extremities from the electrochemical reaction between sweat chloride ions released 154 by the sweat glands and the nickel electrode plates delivering the direct current. The ESC was 155 considered abnormal if it was below 64 μ S at the UL or 67 μ S at the LL. 156

157

158 **Pathological investigation**

Epidermal innervation was assessed using 3 mm punch skin biopsies taken from the right calf 159 (10 cm above the lateral malleolus) and the proximal lateral right thigh (20 cm below the 160 anterosuperior iliac spine).²⁷ The skin biopsies were fixed, cryoprotected, sectioned, and 161 immunostained with polyclonal antibodies against panaxonal marker, protein gene product 162 163 9.5 (PGP9.5). Observers assessed the linear density/mm of ENF from three to six 50 µm thick sections selected at random from each biopsy specimen. ENF was considered abnormal in the 164 calf if it was below the 5th percentile values of previously published age- and sex-normative 165 data.²⁸ There were no normative data for ENF in the thigh. However, normal ENF in the thigh 166 is reported to be 130% higher than the ENF in the calf.²⁹ Therefore, we considered abnormal 167 ENF in the thigh if it was below the 5th percentile values of previously published age- and 168 169 sex-normative data for the calf, or if it was below the value of ENF in the calf in the same patient (i.e., ENF_{thigh}/ENF_{calf} ratio < 1). 170

171 Amyloid staining was ruled out with a minor salivary gland biopsy in nine patients.

172

173 **Biological investigation**

The following tests were performed: complete blood count (20 patients), renal (20), liver (20) and thyroid (20) function tests, lipid screen (20), C-reactive protein (20), fasting blood glucose (20), glycosylated hemoglobin (20), antinuclear antibody (20), anti-SSA and SSB antibodies (19), antineutrophil cytoplasmic antibodies (14), serum immunofixation (19), cryoglobulin (7), hepatitis B and C titers (18), Lyme titer (15), HIV titer (18), vitamin B12

and folate levels (18), anti-transglutaminase and anti-endomysium antibodies (13), anti-179 thyroperoxydase (anti-TPO) and anti-thyroglobulin antibodies (anti-Tg) (7), antiganglioside 180 antibodies (10), onconeural antibodies such as antiHu antibodies (13), anti-contactin-181 associated protein-2 antibodies (anti-CASPR2, 20), antibodies targeting the node and the 182 paranode of Ranvier [anti-contactin-associated protein (anti-CASPR1), anti-contactin (anti-183 CNTN1), anti-neurofascin 155 (anti-Nfasc155) antibodies, 20], anti-fibroblast growth factor 3 184 antibodies (anti-FGFR3, 18), genetic testing for TTR (5), genetic testing for SCN9A, SCN10A, 185 and SCN11A (4), and CSF analyses (5). 186

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188 Other investigations

Spinal cord MRI was performed on ten patients. Several patients underwent chest radiography
and chest and abdominal tomography. History ruled out neurotoxic drugs, heavy metal
intoxication, or occupational exposure.

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193 Nerve and dorsal root ganglion (DRG) immunohistochemical labeling

Sciatic nerve teased fibers and dorsal root ganglion (DRG) sections were prepared from adult 194 C57BL/6J mice as previously described.³⁰ Tissues were post-fixed with acetone for 10 min at 195 -20°C, washed, blocked for 1 h with blocking solution (5% fish skin gelatin, 0.1% Triton X-196 100 in phosphate-buffered saline), then incubated overnight at 4°C with the patients' sera 197 diluted at 1:200 and goat anti-contactin-1 antibodies (1:2000; R&D Systems) to label 198 paranodes or chicken anti-peripherin antibodies (1:500; Aves Labs) to stain unmyelinated 199 axons. The next day, the slides were washed three times and incubated for 1 h with donkey 200 anti-human IgG conjugated to Alexa 488, donkey anti-human IgM conjugated to Alexa 594, 201 and donkey anti-goat IgG conjugated to Alexa 647 (1:500; Jackson Immunoresearch). The 202 slides were mounted and counterstained with 4',6-diamidino-2-phenylindole (DAPI) to stain 203 the nuclei. Sera from healthy subjects (n=10), patients with PMP22 duplication (n=7), and 204 205 patients with amyotrophic lateral sclerosis (n=5) were also analyzed.

206

208 Neuron-based assay

Cultured DRG were prepared from 1-month-old C57Bl/6J mice on 12 mm coverslips and maintained for 3 days *in vitro*. Live neurons were incubated with patients' sera diluted 1:50 in DMEM (Thermo Fisher) for 1 h at 37°C, washed several times, and fixed for 20 min with 2% paraformaldehyde. The cells were permeabilized with blocking solution, incubated for 1 h at room temperature with chicken antibodies against neurofilament heavy (1:2000; Ab5539; Merck Millipore), and incubated with secondary antibodies. Sera from healthy subjects and diseased controls were also analyzed.

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217 Statistical analyses

We performed the descriptive analyses with *Microsoft Excel*. We calculated percentages for qualitative data and medians and interquartile ranges for quantitative data.

220

221 Data availability

222 Data are available on request to the corresponding author.

223

225 **RESULTS**

226 Clinical features

227 Twenty patients were included (60% women, median age [IQR] 44.2 years [35.7–56.2]). The clinical features of the patients are shown in Table 1. A precipitating event was present in 16 228 229 patients (80%): an infectious event in eight, a recently introduced treatment in five (antibiotics in two, anti-tumor necrosis factor α , vitamin, enzyme replacement therapy), and vaccination 230 231 in three. The median duration of the progression phase was 14 days [5-28]. Seventeen patients reported pain (85%). Paresthesia was observed in 14 patients (70%). The symptom 232 233 distributions at onset and last follow-up are presented individually in Figure 1. Autonomic involvement was reported in 12 patients (60%), mainly faintness and tachycardia. Pinprick 234 235 alteration was present in 18 patients (90%), including hypoalgesia in 11 patients, hyperalgesia in five, or both in different sites in two patients. Responses to heat and cold were altered in 18 236 patients (90%), including hypoalgesia in 13 patients and hyperalgesia or allodynia in five. The 237 clinical pattern was not length-dependent in 17 patients (85%). 238

239

240 Diagnostic evaluation

The neurophysiological and pathological features are presented in *Table 2*. All the patients 241 underwent at least one neurophysiological test. These tests showed evidence of small fiber 242 involvement in 15 patients (75%). The recording of LEPs was the most sensitive test (60%). 243 244 The sensitivities of WDT and ESC were lower (39% and 31%). Among the five patients with normal neurophysiological findings, patient 3 was assessed after spontaneous complete 245 recovery of symptoms. Eleven patients underwent skin biopsies. ENF was reduced in six 246 patients (55%). Five patients had normal ENF in the calf but exclusively reduced in the thigh. 247 Therefore, considering both neurophysiological studies and ENF, SFN was definite in 18 248 patients (90%) and remained probable in two patients. 249

250

251 Immunological studies

CSF analyses revealed normal white cell counts and protein levels in all five tested patients.
Oligoclonal bands were absent in one patient. One patient tested negative for CSF onconeural
and neural surface antibodies.

Abnormal laboratory results and immunological features of the patients are presented in *Table* Anti-CASPR2 IgG antibodies were present in 1/20 of the patients, as we previously reported.³¹ Anti-FGFR3 IgG antibodies were positive for 4/18 patients. Two of the seven tested patients had anti-thyroid antibodies.

259 In vitro studies revealed mouse sciatic nerve fiber or DRG immunostaining with the sera from 14 patients (70%). Immunostaining was not observed with sera from either healthy subjects or 260 diseased controls. Immunostaining was obtained only with anti-IgG, but not with anti-IgM 261 antibodies. Different immunostaining patterns in sciatic nerve fibers and DRG are shown in 262 Figures 2 and 3 respectively. The sera from three patients contained antibodies that lead to 263 paranodal immunostaining of Schwann cells (No. 6) or axons (Nos. 11 and 13). The serum 264 from patient No. 10 had antibodies that caused juxtaparanode immunostaining, consistent 265 with circulating anti-CASPR2 antibodies, but also unmyelinated fiber immunostaining.³¹ The 266 sera from five patients lead to unmyelinated fiber immunostaining. The sera from a total of 267 five of the tested patients contained antibodies for DRG. 268

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270 Disease course and treatment response

The disease course varied (Table 1). Thirteen patients (65%) reported recovery of symptoms, 271 272 complete in four patients or partial in nine. Five patients (25%) experienced a steady and 273 chronic course after an acute onset. Four patients (20%) reported relapses, followed by a chronic clinical condition in two, complete recovery in one, and partial recovery in one. Three 274 patients received a one-month course of oral corticosteroids at 1mg/kg during the acute phase 275 and presented with complete or partial recovery. Two patients received intravenous 276 immunoglobulin (IVIg) after the acute phase, without any efficacy. Patient 10, with anti-277 CASPR2 antibodies, also underwent plasma exchange without any efficacy. None of the 20 278 patients had developed large fiber involvement at the last follow-up (median 4.8 years [3.2-279 8.0]). 280

281

283 **DISCUSSION**

We report a series of AOSFN cases, with 20 patients collected over five years from a tertiary 284 center, suggesting that it is a rare condition. To date, only a few small series have been 285 reported ranging from one to six patients, some of which are them restricted to post-vaccinal 286 or post-infectious contexts (*Table 4*).^{13,6,32,14,17,18,15,19,16} In the present series, we draw a picture 287 of AOSFN, including clinical, neurophysiological, pathological, and experimental features. 288 Patients with AOSFN have variable disease courses, and one-third of patients have 289 unfavorable outcomes. In vitro analyses provided arguments for a possible immune-mediated 290 291 process.

292

The diagnosis of AOSFN may be challenging in clinical practice. Patients usually present 293 with acute symmetric non-length-dependent neuropathic pain, frequently preceded by a 294 particular event, such as infection or vaccination. In a previous cohort of non-length-295 dependent SFN, one-third of patients had an acute onset.¹² However, patients may be painless, 296 as in other SFN presentations.³³ During the acute phase, the absence of large fiber 297 involvement on clinical examination and NCS study ruled out acute inflammatory 298 demyelinating polyneuropathy.³⁴ In addition, we found normal CSF, while results were more 299 discrepant in previous studies.^{6,13–15}. Functional neurological disorders should be considered 300 in the context of a predominantly painful presentation with normal investigations. However, 301 this was not the case in our series of patients who presented clinical signs of sensory disorders 302 and abnormal neurophysiological or neuropathological findings, leading to the diagnosis of 303 definite SFN in 90% of patients. Two patients were diagnosed with probable SFN because 304 their neurophysiological findings were normal, but a skin biopsy was unfortunately not 305 performed. In the present study, we used a battery of neurophysiological tests to assess $A\delta$ 306 and C sensory fibers and C autonomic fibers. In previously published series, 307 308 neurophysiological assessment was rarely performed or limited to a single test. Interestingly, LEPs have been the most sensitive indicator of SFN. In contrast, thermal QST and ESC 309 exhibited poor sensitivity, below 40%. This is consistent with our previously published data 310 on the sensitivity of neurophysiological tests for diagnosing SFN.²⁴. In contrast, ENF was 311 312 reduced more often in the thigh than in the calf, which is consistent with non-lengthdependent neuropathy. In this context, other laboratory tests investigating small nerve fibers 313 would have been useful to perform, such as corneal confocal microscopy.³⁵ Symptoms 314

associated with small nerve fibers involvement, such as pain, can be explained by lesions of 315 these fibers, but also by their dysfunction (leading to nerve hyperexcitability³⁶), or a 316 combination of these phenomena.³⁷ Thus, the normality of neuropathological and 317 neurophysiological investigations cannot rule out the involvement of small fibers in a clinical 318 picture characterized by only positive sensory symptoms. In the present series, the patients 319 had variable disease courses, as was also the case for acute-onset inflammatory neuropathies 320 affecting large-diameter fibers. AOSFN may have complete recovery or sequelae, such as 321 Guillain-Barré syndrome,³⁸ or may be the onset of chronic neuropathy, such as acute-onset 322 chronic inflammatory demyelinating polyneuropathy.³⁹ One cannot exclude that patients may 323 later develop an associated large-fiber involvement, although the median follow-up was 4.8 324 325 years in this study. The proportion of patients with an unfavorable course may be overestimated because our hospital is a tertiary neuromuscular center. Therefore, patients with 326 327 AOSFN whose symptoms had complete and rapid resolution may not have benefited from neurological evaluation at our center, which may have been requested for patients with a more 328 329 prolonged course of the disease.

330

The present investigation suggests that immune dysfunction is the cause of AOSFN. A 331 precipitating event was frequently found, either infection or vaccination, as in previous series 332 of AOSFN^{13–16,18,19}, as well as other types of neuropathies, such as Guillain-Barré syndrome³⁸ 333 or post-COVID neuropathy.⁴⁰ In three patients with AOSFN, their sera showed transient 334 immunoreactivity to murine small fibers during the acute phase.¹⁵ The present *in vitro* studies 335 are also compatible with antibody-associated pathophysiology. Indeed, in vitro studies 336 demonstrated IgG immunostaining by the sera of most patients with AOSFN. Although 337 heterogeneous binding sites suggest non-specific findings, the absence of immunostaining 338 from the sera of healthy subjects or diseased controls supports an immune-mediated process 339 in AOSFN. Patient sera contained antibodies to unmyelinated or thinly myelinated fibers, 340 including the paranodal region, and DRGs. IgG deposits on nerves have also been found in 341 other types of chronic inflammatory neuropathy.⁴¹ However, one cannot exclude the 342 possibility that these immunoreactions were a consequence of peripheral nervous system 343 lesions and not the cause of these lesions. Indeed, an antibody probably responsible for the 344 occurrence of AOSFN was identified in only one previously reported patient with CASPR2-345 related juxtaparanodopathy, which exclusively involved small nerve fibers.^{31,42} The number of 346 autoantibodies associated with SFN has increased in recent years, including anti-TS-HDS and 347

anti-FGFR-3 antibodies which have been associated with AOSFN in some cases.^{3,43} However, 348 their pathogenicity in SFN remains uncertain.⁴⁴ Moreover, we observed IgG cell membrane 349 immunostaining. This contrasts with the reported anti-TS-HDS antibodies which are IgM.³ It 350 also contrasts with anti-FGFR-3 IgG antibodies which usually target the intracellular portion 351 of FGFR-3.⁴⁵ Thus, the extracellular immunostaining pattern in the present study is not 352 consistent with anti-FGFR-3 antibody reactivity, despite circulating anti-FGFR-3 antibodies 353 being identified in 20% of our patients. Anti-plexin D1 IgG antibodies seem to be frequently 354 found in painful neuropathies in Japanese patients,^{2,46} and induce hyperexcitability of DRG 355 sensory neurons.⁴⁷ It would be interesting to look for the presence of anti-plexin D1 356 antibodies, notably in patients with immunostaining involving DRG. Our in vitro studies did 357 358 not reveal signs of autoimmunity in some patients. However, patients' sera were collected several months after the disease onset and this may have led to missing a transient immune 359 process.¹⁵ Finally, although paraneoplastic neuropathies were excluded from our series on the 360 basis of the negativity of onconeural antibodies and clinical follow-up, such a cause could be 361 362 possibly encountered in a context of AOSFN, even if we lack data to make this assumption.

363

In conclusion, the present cohort supports the concept of AOSFN and refines its clinical description. The typical clinical pattern is associated with acute non-length-dependent symmetric painful neuropathy with a monophasic or relapsing chronic course. *In vitro* studies have provided clues regarding immune pathogenesis. Regarding treatment, corticosteroids in the acute phase could have a beneficial effect, whereas IVIg infusions were ineffective in two patients who were treated for chronic symptoms long after the acute phase.

370

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373

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TABLES

Table 1. Clinical features of the patients

| Patient | Age | Relevant | Precipitating | 1g Progression Symptoms | | | | | Clinical | signs | | Disease | Treatment | |
|---------|--------------|---------------------|---------------------|-------------------------|--------------------------------------|------------------------------|--|---------------|----------------|--------------|---------------|---------------------|--|-------------------------------|
| | (y) / sex | medical history | event | phase duration | Pain | Paresthesia | Dysautonomia | Pinj alter | prick ation | The alter | rmal ation | Length dependent | Course | |
| | | | | (days) | | | | hypo | hyper | hypo | hyper | pattern | | |
| 1 | 59/F | GSD II | α- alglucosidase | 14 | Burning | - | Faintness | - | + | - | + | - | Chronic | |
| 2 | 52/F | None | FLS | 5 | Burning, stretching, allodynia | - | Flush, tachycardia | + | - | + | - | - | Partial recovery | |
| 3 | 28/F | Endometri osis | Vaccination | 28 | Allodynia | Tingling | Tachycardia | - | + | - | + | - | Recovery | |
| 4 | 33/M | Treated HCV | No | 28 | Burning, cramping, deep pain | - | Extremity discoloration, faintness | - | + | - | + | - | Partial recovery | |
| 5 | 57/M | None | FLS | 3 | - | Contact dysesthesia | Faintness | - | + | - | + | - | Relapses then chronic | IVIg (1 at 2g/kg): no effect |
| 6 | 43/M | AS during follow-up | Vaccination | 28 | Electric- like | 0 | Vertigo, bloat, erectile dysfunction | - | - | + | - | - | Recovery | |
| 7 | 52/M | None | Syphilis | 28 | Burning | Tingling | Tachycardia | + | - | + | - | + | Partial recovery | |
| 8 | 23/M | None | FLS | 15 | Allodynia, electric- like | Tingling, internal tremor | - | - | + | - | + | - | Partial recovery | |
| 9 | 35/F | Psoriasis | Anti-TNFα | 15 | Cramping | Numbness | Vertigo | + | - | + | - | - | Relapses, then partial recovery | |
| 10 | 69/M | None | FLS | 7 | Burning | Tingling | - | + | - | - | - | + | Chronic | IVIg (3 at 2g/kg), PLEX (4 |

| | | | | | | | | | | | | | | in 2 weeks): no effect |
|----|------|-------|---------------|----|---------------------------------|------------------------|---|---|---|---|---|---|--------------------------------|--|
| 11 | 38/F | None | No | 15 | Burning, tightness | Warmth | - | + | - | + | - | - | Relapsin g then chronic | |
| 12 | 44/F | None | No | 5 | - | Tingling, numbness | - | - | - | + | - | - | Relapsin g then recovery | |
| 13 | 34/F | None | Ciprofloxacin | 3 | Burning | Tingling | Tachycardia, faintness, bloat, urinary frequency | + | - | + | - | - | Chronic | |
| 14 | 37/F | TRAPS | Diarrhoea | 21 | Burning | - | NTIAL | + | - | + | - | - | Recovery | Oral CS (1mg/kg for 1 month): efficacy |
| 15 | 59/F | None | COVID-19 | 28 | Cramps, electric- like | Tingling | | + | - | + | - | - | Partial recovery | |
| 16 | 72/F | None | None | 21 | Burning | Tingling | - | + | - | - | - | - | Partial recovery | Oral CS (1mg/kg for 1 week): efficacy |
| 17 | 55/F | None | Vaccination | 28 | Electric- like, prickling | Contact dysesthesia | - | + | + | + | - | + | Partial recovery | Oral CS (1mg/kg for 1 month): efficacy |
| 18 | 22/H | None | FLS | 7 | - | Numbness | POTS, urinary frequency, accommodation disorders | + | - | + | - | - | Chronic | |
| 19 | 39/F | EMC | B6 vitamin | 1 | Electric- like, prickling | Tingling | Tachycardia | + | + | + | - | - | Chronic | |

| 20 | 46/H | Sarcoidosis | Metronidazole | 3 | Burning | - | Xerophthalmia, | + | - | + | - | - | Partial | |
|----|------|-------------|----------------|---|---------|---|----------------|---|---|---|---|---|----------|--|
| | | | & tetracycline | | | | urinary | | | | | | recovery | |
| | | | | | | | frequency | | | | | | | |

503 AS: ankylosing spondylitis. Anti-TNFα: anti-tumor necrosis factor α. COVID-19: coronavirus disease 2019. CS: corticosteroids. EMC: erythema

504 migrans chronica. F: female. FLS: flu-like syndrome. GSD II: glycogen storage disease type II. HCV: hepatitis C virus. Hyper: hyperalgesia.

505 Hypo: hypoalgesia. IVIg: intravenous immunoglobulin. M: male. PLEX: plasma exchange. POTS: postural orthostatic tachycardia syndrome.

506 TRAPS: TNF receptor-associated periodic syndrome.

CONFIDENTIAL

507 Table 2. Neurophysiological and pathological features of the patients

508

| Patient | | Ne | europhysi | iological | Assessme | ent | | E | NF | SFN |
|---------|-------|-------|-----------|-----------|------------|-------|------------|------|-------|--------------|
| | Ab | LL | UL | LL | UL | LL | UL | Calf | Thigh | Diagnosis |
| | test | LEP | LEP | ESC | ESC | WDT | WDT | | _ | (Definite or |
| | ≥1 | | | | | | | | | probable) |
| Ab | 15/20 | 12/20 | (60%) | 7/18 (| 7/18 (39%) | | 5/16 (31%) | | (55%) | Definite: |
| testing | (75%) | 10/20 | 11/19 | 5/18 | 6/18 | 4/15 | 3/16 | 1/11 | 6/9 | 18/20 (90%) |
| _ | | (50%) | (58%) | (28%) | (33%) | (27%) | (19%) | (9%) | (67%) | |
| 1 | Y | Ab | Ab | Ab | Ab | Ν | Ν | ND | ND | Definite |
| 2 | Y | Ν | Ν | Ν | Ab | Ν | Ν | Ν | Ν | Definite |
| 3 | No | Ν | Ν | ND | ND | ND | ND | ND | ND | Probable |
| 4 | Y | Ab | Ab | Ν | Ν | Ab | Ν | Ν | Ab | Definite |
| 5 | Y | Ab | Ab | Ν | Ν | Ab | Ab | Ν | Ab | Definite |
| 6 | Y | Ν | Ν | Ν | Ν | Ab | Ab | ND | ND | Definite |
| 7 | Y | Ab | Ab | Ν | Ν | Ν | Ab | Ν | Ν | Definite |
| 8 | Y | Ν | Ν | Ab | Ab | Ν | Ν | Ab | Ab | Definite |
| 9 | Y | Ab | Ab | Ν | Ν | Ν | Ν | ND | ND | Definite |
| 10 | Y | Ab | Ab | ND | ND | ND | ND | Ν | ND | Definite |
| 11 | Y | Ab | Ab | Ν | Ν | Ν | Ν | ND | ND | Definite |
| 12 | Y | Ab | Ab | Ab | Ν | Ν | Ν | ND | ND | Definite |
| 13 | No | Ν | Ν | Ν | Ν | Ν | Ν | Ν | Ab | Definite |
| 14 | No | Ν | ND | Ν | Ν | ND | N | ND | ND | Probable |
| 15 | Y | Ν | Ab | Ν | Ν | Ν | Ν | Ν | Ν | Definite |
| 16 | Y | Ab | Ab | Ab | Ab | ND | ND | ND | ND | Definite |
| 17 | No | N | N | Ν | N | N | N | N | Ab | Definite |
| 18 | Y | N | Ab | Ν | Ab | ND | ND | N | ND | Definite |
| 19 | Y | Ab | N | Ab | Ab | Ab | N | ND | ND | Definite |
| 20 | No | N | N | N | N | Ν | N | N | Ab | Definite |

509

511 LEP: Laser-evoked potential. LL: lower limbs. m: mean. N: normal. ND: not done. UL: upper

512 limbs. SFN: small fiber neuropathy. WDT: warm detection threshold. Y: Yes.

513

⁵¹⁰ Ab: abnormal. ENF: epidermal nerve fiber density. ESC: electrochemical skin conductance.

515 **Table 3. Laboratory and** *in vitro* **studies of the patients**

516

| Patient | Delay between the onset and laboratory assessment (days) | Abnormal laboratory studies | IF sciatic nerve IgG staining | DRG culture IgG staining | DRG section IgG staining | Interpretation of immunostaining reactivity |
|---------|--|--------------------------------|--|-----------------------------|-----------------------------|---|
| 1 | 22 | N | Schwann cells | - | - | Myelin |
| 2 | 888 | Ν | - | + | - | DRG |
| 3 | 485 | Ν | - | - | + | DRG (probably) |
| 4 | 1213 | N | - | - | - | Negative |
| 5 | 3613 | Anti-FGFR3 + | Unmyelinated fibers | + | + | Small fibers |
| 6 | 1370 | B12 deficiency | Schwann cells at paranodes | - | + | Paranodes |
| 7 | 282 | Anti-FGFR3 + | Schwann cells | - | - | Myelin |
| 8 | 228 | Folate deficiency | - | + | + | DRG |
| 9 | 1877 | Anti-FGFR3 + | Unmyelinated fibers | - | - | Small fibers |
| 10 | 308 | Anti-CASPR2 + | Juxtaparanodes and unmyelinated fibers | + | + | Juxtaparanodes and small fibers |
| 11 | 1572 | N | Paranodes | - | - | Paranodes |
| 12 | 74 | N | - | + | - | DRG |
| 13 | 995 | Iron-deficiency anemia | Unmyelinated fibers and paranodes | - | - | Paranodes and small fibers |
| 14 | 34 | Anti-Tg + | - | + | - | DRG |
| 15 | 170 | N | Unmyelinated fibers | + | - | Small fiber |
| 16 | 54 | Anti-TPO and anti-Tg | | - | - | Negative |
| 17 | 26 | N | - | - | - | Negative |
| 18 | 962 | Thrombocytopenia | - | - | - | Negative |
| 19 | 1529 | High B6 level | - | - | - | Negative |
| 20 | 354 | Anti-FGFR3 + | - | - | - | Negative |

517

518 CASPR2: contactin-associated protein-2. DRG: Dorsal root ganglion. FGFR3: fibroblast growth factor receptor 3. IF: Immunofluorescence. N:

519 normal. TG: thyroglobulin. TPO: thyroperoxidase. +: staining.

Table 4. Literature synthesis of acute-onset small fiber neuropathy

| Authors/year | Number of cases | Median Age (years) / Women | Precipitating event | Clinical features | Neurophysiology / ENF | CSF / Immunology | Treatment | Disease Course |
|-----------------------------------|--------------------|-------------------------------------|------------------------|---|--|---|--|--|
| Seneviratne 2002 ¹³ | 6 | 31 / 33% | Infection: 67% | Numbness: 100% Burning pain: 67% | Normal NCS: 100% Abnormal SSR: 20% ENF: not performed | CSF protein elevation (100%) | Oral CS: 1 patient with partial recovery. | Complete recovery in 33% Partial recovery in 67% |
| Dabby 2006 ⁶ | 4 | 21 / 50% | No | Burning pain: 100% | Normal NCS: 100% Abnormal thermal QST: 100% Reduced ENF: 100% | CSF: normal in 1 patient | IVIg: inefficacy in 1 patient Oral CS: all patients with efficacy. | Complete recovery in 75% Relapse in 25% |
| Paticoff 2007 ³² | 1 | 20 | No | Erythermalgia, sensory loss | Normal NCS Reduced ENF | CSF: normal | IV and oral CS: efficacy | Complete recovery |
| Souayah 2009 ¹⁴ | 5 | 46 / 60% | Vaccination: 100% | Numbness: 60% Burning pain: 60% | Normal NCS: 100% Reduced ENF: 100% | CSF: normal in 1 patient | IVIg: inefficacy in 1 patient Oral CS: inefficacy in 1 patient | Partial recovery in 40% Chronic course in 40% Not available in 20% |
| Miyazaki 2011 ¹⁷ | 1 | 53 / 100% | 0 | Thermal anesthesia, anhidrosis, anosmia and ageusia | Normal NCS ENF: not performed | Anti-GalNAc-GD1a antibodies | IVIg: efficacy | Partial recovery |
| Kafaie 2016 ¹⁸ | 1 | 14 / 100% | Vaccination | Generalized pain and paresthesia | Normal NCS Reduced ENF | - | - | Chronic course |
| Yuki 2018 ¹⁵ | 3 | 26 / 0% | Infection: 100% | Neuropathic pain: 100% Autonomic involvement: 100% | Normal NCS: 100% Reduced ENF: 100% | CSF protein elevation (100%) Transient presence of IgG antibodies in the acute phase with murine small nerve fibers | IVIg: 2 patients. Oral CS: 1 patient | Partial recovery in 100% |

| | | | | | | immunostaining. | | |
|--------------------------------|---|----------|----------------------|--|--|------------------------------|---|---|
| Faignart 2020 ¹⁹ | 5 | 9 / 40% | Infection: 60% | Acute monophasic erythromelalgia | Abnormal ESC in 1/1 patient Abnormal SSR in 1/2 patients Abnormal ENF: 3/4 patients | Elevated AAN in 1 patient | IVIg: 1 patient IV and oral CS: 1 patient | Complete recovery in 100% |
| Abbott 2022 ¹⁶ | 3 | 60 / 67% | Vaccination: 100% | Neuropathic pain: 33% Altered temperature sensation: 67% | Normal NCS: 100% Abnormal thermal QST: 100% Reduced ENF: 100% | - | - | Complete recovery in 33% Chronic course in 67% |

522 AAN: antinuclear antibody. CS: corticosteroids. ENF: epidermal nerve fiber density. ESC: electrochemical skin conductance. GalNAc-GD1a: N-

523 acetylgalactosaminyl-GD1a. IVIg: intravenous immunoglobulins. NCS: nerve conduction study. QST: quantitative sensory testing. SSR:

524 sympathetic skin response.

525

526 FIGURE LEGENDS

527 Figure 1. Individual distribution of sensory symptoms at the peak and the last follow-up.

Body diagrams representing the regional distribution of sensory symptoms at the peak (A)
and last follow-up (B) for the front (left) and back (right) of 20 patients with acute-onset small
fiber neuropathy. The numbers on the top left of each figure correspond to the patient
numbers in Tables 1, 2, and 3.

532

533 Figure 2. Patterns of nerve fiber staining.

This figure shows teased fibers from mouse sciatic nerves immunostained with patient IgG (green), goat anti-contactin-1 IgG (CNTN1; red) to localize to the node of Ranvier (A, B, C, D, F), or chicken anti-peripherin IgG (red) to localize unmyelinated axons (E). IgG deposition was observed on Schwann cells (A), at the juxtaparanodes in patients with circulating anti-CASPR2 antibodies (B), on the surface of Schwann cells near the paranodal region (C), at paranodes (D), or on unmyelinated fibers (E). IgG deposition was not observed in some patients (F). Scale bar: 10 μm.

541

542 Figure 3. Patterns of cultured dorsal root ganglion staining

Live dorsal root ganglia (DRG) were incubated with patient sera, fixed, and immunostained for human IgG (green) and antibodies against neurofilament heavy (NF-H; red) to stain DRG.

545 Some patients did not show reactivity toward the DRG (A). Other patients showed strong IgG

546 reactivity against surface antigens expressed by both large and small cells in DRG (B-C).

547 Patient 10, who presented with circulating anti-CASPR2 antibodies, showed strong reactivity

against the soma and axons of the DRG (B). Patient 8, without any identified antibody target,

also showed strong reactivity against the DRG soma and axons (C). Scale bar: 10 $\mu m.$



| A | CNTN1 | IgG | Merg | | |
|--------|---|--|--------|--|--|
| | TA | | | | |
| Pat.1 | All and the second s | | | | |
| B | CNTN1 | IgG | Merge | | |
| | We | | | | |
| Pat.10 | | | | | |
| С | CNTN1 | IgG | Merge | | |
| | 227 | | | | |
| Pat.6 | | | | | |
| D | CNTN1 | IgG | Merge | | |
| | 12. | | 15 | | |
| Pat.11 | | | | | |
| E | Peripherin | lgG | Merge | | |
| Pat.9 | | | | | |
| | CNTN1 | lgG | Merge | | |
| | and . | and the second | at the | | |
| Pat.14 | | | | | |

