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1 Life history traits influence the dynamics of genetic diversity
2 in a refugium population undergoing expansion and
3 contraction

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20 graphic history, lag

21 Abstract

22 Species ranges are dynamic, experiencing expansions, contractions or shifts as a response to habitat
23 changes induced by extrinsic factors such as climate change and, more recently, human activities.
24 While the scientific literature has explored the genetic effects of spatial processes, published studies
25 rarely incorporate life-history traits to study the effect of such changes on species living in the same
26 environments. There is thus a gap in our understanding regarding the variation in genetic diversity
27 patterns among species with distinct life-history traits such as growth rates and generation times,
28 experiencing the same habitat change scenarios. In this study, we first used spatial simulations to
29 investigate the temporal dynamics of genetic diversity within refugium populations experiencing a
30 range expansion followed by a stationary and a contraction period. We explored different scenarios,
31 varying both the speed of contraction and the life-history traits of the simulated species. In addition
32 we used a simpler panmictic model for which we derived analytical results. Altogether, we identified
33 three temporal dynamics of genetic diversity in the refugium population during the contraction
34 phase: scenarios where genetic diversity *i*) decreased throughout the contractions, *ii*) increased for
35 periods that could be greater than thousands of years before plateauing and then decreasing or *iii*)
36 followed a persistent increasing trend, without any visible effect of the expansion or contraction. We
37 show that these different temporal dynamics can be predicted by comparing the observed expected
38 heterozygosity (H_e) to the values expected if the species were at equilibrium within the refuge
39 (H_e^{refuge}) and within the whole landscape ($H_e^{landscape}$). We also observe that there are scenarios
40 where a rapid contraction maintains more diversity just at the end of the contraction, as widely
41 believed and as reported in a previous simulation study. However, we also observe the opposite
42 pattern for a wide range of parameters. The widespread idea that observing high diversity levels in
43 a refugium population is due to a recent and rapid habitat loss is thus not necessarily true and will
44 depend on various life history traits and how they relate to habitat change dynamics.

45 Introduction

46 The current spatial distribution of species arises from complex interactions between extrinsic (e.g.,
47 habitat and climate change) and intrinsic (e.g., dispersal) factors over various timescales, ranging
48 from decades to tens or hundreds of millennia. Major climatic changes are thought to lead to
49 significant changes in species distribution, leaving putative genetic signatures in the genomes of
50 populations (Hewitt, 1996, 2004). Recently, human activities have also been altering species dis-
51 tributions (Finn et al., 2023), leading to range contractions (Laliberte and Ripple, 2004; Wolf and
52 Ripple, 2017; Ceballos et al., 2017), expansions (Pacifi et al., 2020; Beyer and Manica, 2020) or
53 fragmentation (Cushman, 2006; Haddad et al., 2015). Understanding the genetic consequences of
54 changing habitats, population sizes and connectivity is crucial, given the central role of genetic di-
55 versity in determining a species capacity to adapt to new environmental conditions and the negative
56 effects of inbreeding in small populations (Frankham, 2005). Investigations into the genetic effects
57 of population size changes have a long history. For instance, both theoretical (Nei et al., 1975;
58 Maruyama and Fuerst, 1985; Allendorf, 1986) and empirical (Cabe, 1998; Dures et al., 2019; Leigh
59 et al., 2019) studies found that population declines reduce genetic diversity in natural populations.
60 However, some empirical studies have also observed little to no loss (Welch et al., 2012; Maebe
61 et al., 2016a; Crates et al., 2019) or even an increase in the genetic diversity of species experiencing
62 population declines (Townsend et al., 2023).

63 The apparent disconnection between genetic diversity and contemporary population decline in
64 a number of studies presents a significant hurdle, particularly when trying to incorporate genetic
65 diversity into policy and conservation practices (Hoban et al., 2021; Laikre, 2010). One reason is
66 that it remains challenging to separate and identify the contribution of major evolutionary factors
67 such as drift, migration, mutation and life-history traits in shaping the genetic diversity of a species
68 (De Kort et al., 2021). To investigate the evolution of genetic diversity amidst the intricate inter-
69 play of demographic and ecological factors over space and time, spatially explicit models have been
70 particularly useful. They not only provide a better representation of natural populations but also
71 complement, validate, or extend analytical results that are often limited to much simpler models
72 (Edmonds et al., 2004; Klopstein et al., 2006; Schneider et al., 2010; Rasteiro et al., 2012; Szép
73 et al., 2022). While spatial simulations may be more difficult to interpret due to the potentially
74 large number of parameters, they have yielded new insights into the genetics of spatial expansions
75 (Klopstein et al., 2006; Edmonds et al., 2004; Schneider et al., 2010) or contractions (Leblois et al.,
76 2006; Pflüger et al., 2019; Rogan et al., 2023; Arenas et al., 2012; Sgarlata et al., 2022a) and have
77 significantly contributed to our understanding of how spatial processes can influence the evolution
78 and distribution of genetic diversity. However, with few exceptions (Rasteiro et al., 2012; Garnier
79 and Lafontaine, 2022), they generally do not incorporate life-history traits into their analyses. Con-
80 sequently, the extent to which genetic diversity patterns vary across different species undergoing the
81 same habitat changes remains to be elucidated.

82 To address this gap, we simulated scenarios inspired by climatic oscillations of the Quaternary.
83 During these periods, habitats and geographical ranges of species expanded from refugial areas and
84 subsequently contracted over the glacial-interglacial periods (Hewitt, 1996; Schmitt, 2007) into two
85 refugia. Similar refugia probably played a vital role in allowing species to survive unfavorable periods
86 and to recolonize the landscape when conditions improved (Sommer and Nadachowski, 2006; Hewitt,
87 2004). We used spatial simulations and analytical derivations under a panmictic population model
88 to investigate the temporal dynamics of genetic diversity within refugium populations. Specifically,
89 we investigated how these dynamics were affected by a range expansion followed by a contraction,
90 considering various contraction speeds and life-history traits. We built upon the simulation study
91 of Arenas et al. (2012), by considering comparable habitat changes. We first focused on the effect
92 of generation length variation and its impact on genetic diversity patterns across different scenarios
93 of habitat changes. We then simulated habitat changes using more realistic life-history parameters,
94 with variations such as population density, dispersal distance, and generation length, accounting for
95 known for the reported allometric relationships of mammalian species. Our simulations allowed us to
96 (a) describe the temporal dynamics of genetic diversity in expanding and contracting populations,

97 (b) pinpoint significantly different dynamics of genetic diversity trajectories as a function of life-
98 history traits, and (c) highlight contrasting effects of contraction speeds on the patterns of genetic
99 diversity at the end of contraction.

100 Materials and Methods

101 Simulation tool

102 All the simulations were performed using the in-house SINS (Simulating Individuals in Space) pro-
103 gram. An earlier version of SINS has been used in (Rasteiro et al., 2012) whereas the latest version
104 has been used in (Sgarlata et al., 2022a,b). SINS allows the simulation of the joint spatio-temporal
105 evolution of both genetic and demographic data over non-overlapping discrete generations. Specifi-
106 cally, SINS is a population-centered but individual-based software that uses a forward-time approach
107 to simulate diploid individuals (males and females) over a two-dimensional grid of demes, similar
108 to a 2D stepping stone lattice (Kimura and Weiss, 1964), and along general principles inspired by
109 SPLATCHE (Currat et al., 2004). SINS and SPLATCHE (and the subsequent SPLATCHE versions
110 2, 3) (Currat et al., 2004; Ray et al., 2010; Currat et al., 2019) share several features but also differ
111 in some properties as noted in (Rasteiro et al., 2012; Sgarlata et al., 2022a,b). For instance, SINS
112 can simulate several types of molecular markers at the same time (mtDNA, Y chromosome) and can
113 account for variance in reproductive success, unlike SPLATCHE or its later versions. More details
114 on the comparison between the SINS and SPLATCHE implementations can be found in (Rasteiro
115 et al., 2012; Sgarlata et al., 2022a,b).

116 In SINS, each deme is characterized by its carrying capacity (K) and friction (F) values. The
117 population size in each deme evolves using the logistic growth formula (Smith and Slatkin, 1973),
118 corrected to account for the fact that the growth is limited by the number of reproductive females
119 (Rasteiro et al., 2012). Therefore, the expected number of diploid individuals in generation $t + 1$ is
120 given by

$$E(N_{t+1}) = 2N_{f,t} \frac{1+r}{1+r\left(\frac{2N_{f,t}}{K}\right)} \quad (1)$$

121 where $N_{f,t}$ is the number of females at generation t , r is the intrinsic growth rate per generation
122 and K is the deme carrying capacity. Note that deme population size N_{t+1} is not computed deter-
123 ministically as the number of individuals in generation $t + 1$ is drawn from a Poisson distribution
124 with mean $E(N_{t+1})$. We consider random mating within demes, meaning that one reproductive
125 individual from each sex is randomly chosen to generate new offspring, which inherit one allele from
126 each parent for each locus. At each generation, mating occurs iteratively until N_{t+1} is reached.

127 Each focal deme can then exchange migrants at a certain rate, with up to four neighboring
128 demes, depending upon the geographical location of the focal deme within the available habitat
129 boundaries. Such migrations can only occur towards demes with suitable habitat (i.e. any demes
130 having a non-null carrying capacity, $K > 0$, and friction rate strictly lower than one, $F < 1$). The
131 number of individuals migrating from the focal deme at each generation is drawn from a Poisson
132 distribution with mean $M = \frac{N_t m n_d}{4}$, where m is the migration rate per generation and n_d is the
133 number of available neighboring demes. The probability $P_{i,j}$ that one migrant from the focal deme
134 i moves to a neighboring deme j depends on the friction values of all neighboring demes:

$$P_{i,j} = \frac{1 - F_j}{\sum_{k \in \Gamma(i)} (1 - F_k)} \quad (2)$$

135 where $\Gamma(i)$ denotes the set of demes in the neighborhood of deme i in the lattice. The number of
136 migrants moving to each neighboring deme from a focal deme is sampled from a multinomial distri-
137 bution with probabilities given by Eq. 2. While several types of molecular markers can be simulated,

138 for the current study, we exclusively used independent microsatellite loci, mutating according to the
139 Stepwise Mutation Model (Ohta and Kimura, 1973).

140 Methodological details

141 We simulated a hypothetical landscape of 18×18 demes with two refugia of 2×2 demes each.
142 All demes were assumed to reach the same carrying capacity (K) throughout the landscape, once
143 colonized. For the sake of clarity, we consider that the landscape is oriented north-south, and
144 the two refugia (Figure 1A) were located in the southeastern and southwestern corners (hereafter
145 referred to as SE refugium and SW refugium, respectively). The simulation began with an ancestral
146 population at the top-left deme of the 2×2 SW refugium (Figure 1A) with one allele per microsatellite
147 (considering 50 microsatellites in total, see below). The mean number of alleles (hereafter MNA)
148 was thus 1 and the expected heterozygosity (hereafter H_e) was 0. The size of the ancestral population
149 was set to K , which was allowed to vary according to the simulated scenarios (Table S1). The total
150 population size across the landscape reached the total number of demes ($18 \times 18 + 8$) times the
151 carrying capacity K when the entire landscape was initially colonized. After the contraction phase,
152 it decreased to $(2 \times 4) \cdot K$ (where 4 corresponds to the number of demes in each of the SW and
153 SE refugia, Figure S3). Altogether, this corresponds to an increase of more than (and a decrease
154 of around) two orders of magnitude of the total population size. Once the whole landscape was
155 colonized, the overall population size ranged from 16,600 when $K = 50$ to 332,000 when $K = 1000$
156 individuals. We used a growth rate of $r = 0.8$ per generation across all simulations. We simulated
157 50 independent microsatellite loci per individual, with a stepwise mutation rate of 10^{-3} per locus
158 per generation. This rate aligns with estimates reported in the literature for several mammalian
159 species (Schlötterer et al., 1998).

160 While the number of generations serves as a fundamental unit of time in population genetics,
161 habitat changes are often described in years as they more accurately reflect the temporal scale of
162 extrinsic environmental change. This choice of describing changes in habitats in years allowed us
163 to examine the effects of the same habitat change for multiple co-existing species with varying life-
164 history traits. The total duration of the simulation (in years) was the same across range contraction
165 scenarios and was set to $\simeq 14,150$ years. The number of generations spanned by habitat changes
166 thus differed between species, depending on their respective generation length (henceforth denoted
167 by GL).

168 Habitats expanded over the entire landscape over 360 years, following a series of 18 expansion
169 steps (Figure 1B, green period). For each northward expansion step, occurring every 20 years, we
170 created a new horizontal line of 18 demes available for colonization. Each deme was assumed to cover
171 an area of 100×100 km², resulting in a landscape that extended over 1,800 km from the southernmost
172 to the northernmost demes. The habitat expansion speed was set at approximately 5 km/year, which
173 is higher but comparable to the estimated rate of spread observed in European pine, hazel, and alder
174 (estimated to be 1.5 to 2 km/year according to Hewitt (1996)). Following the expansion phase, the
175 habitat remained stable for 2,500 years before habitat contraction began. Throughout the stationary
176 period, different species may colonize the landscape at varying rates, depending on their respective
177 migration and growth rates. Except for one specific parameter combination ($GL = 10$ years, $K =$
178 $1,000$, $m = 0.003$), species with other parameter combinations colonized the entire landscape before
179 habitat contraction began, as indicated in Table S1. To simulate habitat contraction, we set a
180 horizontal line of 18 demes from the northern edge of the landscape as uninhabitable by setting
181 $K = 0$ and $F = 1$. We define the onset of contraction as the time when the first line of habitats is
182 emptied at $time = 2,860$ years. This process was then repeated at fixed time intervals, considering
183 three durations for each contraction step: 20, 240 or 640 years. This resulted in a total duration
184 of range contraction (hereafter t_{cont}) of 340, 4,080, and 10,880 years, respectively (Figure 1B).
185 These durations of contractions correspond to contraction speeds of approximately 5.3, 0.44, and
186 0.16 km/year. The longer the duration of the total contraction phase, the slower the contraction
187 speed.

188 Sampling design and statistics summarizing genetic diversity

189 To investigate the temporal dynamics of genetic diversity, we conducted 15 independent simulations
190 for each of the scenarios depicted in Figure 1B. Specifically, we sampled 40 diploid individuals from
191 the SW refugium, with 10 individuals selected from each of the four demes, across 60 time points.
192 The timing of sampling (in years) remained the same for all species across scenarios with different
193 contraction speeds. To assess the molecular diversity at the end of contraction with different speeds,
194 we followed two sampling schemes: (i) we sampled 40 individuals from the SW refugium, selecting
195 10 individuals from each of its four demes, as done for the time series; and (ii) we sampled 20
196 individuals randomly across four demes each in both the SW and SE refugia.

197 We computed three summary statistics, averaged over 50 microsatellites: mean number of alleles
198 (MNA), expected heterozygosity (H_e), and genetic differentiation among both refugia (F_{st} , Weir
199 and Cockerham). We performed the computations of summary statistics using R software version
200 4.2.3 (Team et al., 2016). We calculated H_e and F_{st} using hierfstat R package (v0.5.11) (Goudet,
201 2005), while MNA was computed using the adegenet R package (v2.1.10) (Jombart, 2008).

202 Parameter selection for species: Allometric relationships

203 We employed allometric relationships and published data to generate biologically relevant param-
204 eter values for population density (D), mean dispersal distance (σ), and generation length (GL).
205 Allometric relationships relate life-history traits with easily measurable traits, e.g. body mass (BM)
206 (Peters and Peters, 1986; Blueweiss et al., 1978). Except for GL , population density, and dispersal
207 distance can be described in the form of

$$Y = a(BM)^b \quad (3)$$

208 where Y represents the biological characteristic of interest, BM represents the body mass of the
209 species, and a and b are empirically derived constants.

210 Allometric relationships show that body mass negatively correlates with population density and
211 positively with dispersal distance. We used the allometric relation reported for population density
212 and body mass (Damuth, 1981):

$$D = 68.72(BM)^{-0.75}$$

213 where D is population density in units of individual per km^2 and BM is body mass in grams.
214 For dispersal distance, we used a dataset linking empirical estimates of mean dispersal distance (σ)
215 to body mass across 164 mammal species (Santini et al., 2013). Since our simulations assume no
216 bias in migration rate between sexes, we only used data points where dispersal distance was not
217 sex-specific, or where the ratio in sex-specific dispersal ($\max(\text{male}, \text{female})/\min(\text{male}, \text{female})$)
218 was less than 1.2. The resulting data points were analyzed using linear regression on a logarithmic
219 scale obtaining the following relation

$$\sigma = 0.05(BM)^{1.26} \quad (4)$$

220 where σ is dispersal distance in km per generation and BM is body mass in grams. The data
221 points between BM and σ are represented in Figure S6.

222 Given that no reported allometric relationship exists between GL and BM , we manually sampled
223 nine combinations of body mass and generation length values from a public dataset on mammalian
224 generation lengths (Pacifi et al., 2013). We considered species with body masses ranging from 0.1
225 kg to 100 kg because Equation 3 is only valid within this range (Silva and Downing, 1995). By
226 visually inspecting the data represented in Figure S6A, we can distinguish two different trends:

- 227 • Species that vary in GL (1-20 years) but show little variation in BM (1-5 kg).
- 228 • Species that vary in BM (between 5-100 kg) but show little variation in GL (occurring mostly
229 in the range of 4-10 years).

230 The first trend corresponds to species differing in generation lengths but which have similar
231 population density and dispersal distances, while the second trend refers to species with similar
232 generation lengths but varying in population density and dispersal distances. We selected three
233 generation lengths (2, 5, 10 years) and five different body mass points (Table S1). For the chosen
234 body masses, we used allometric relationships to compute corresponding population densities and
235 dispersal distances.

236 Conversion of dispersal distances to migration rates in a stepping-stone 237 model

238 Dispersal distances of species are measured in continuous space and can be related to migration
239 rates between demes in the stepping stone model via the following equation (Baird and Santos,
240 2010; Al-Asadi et al., 2019)

$$\sigma^2 = mX^2$$

241 where σ is the root mean squared axial parent-offspring distance (dispersal distance) per generation,
242 m is the probability that an individual from any focal deme moves to neighboring demes (migration
243 rate) per generation and X denotes the edge length of a deme (here set as 100 km). Thus, given the
244 dispersal distance σ , we have $m = (\frac{\sigma}{X})^2$.

245 Panmictic model with time-varying population size

246 Although the former stepping-stone framework allowed us to vary the parameters related to life-
247 history traits, we kept certain parameters constant due to the computational cost associated with
248 spatial simulations, for instance, the duration of the stationary phases. To better understand the
249 results obtained from spatial simulations, we proposed a simplified panmictic population model (Nei
250 et al., 1975) which assumes similar changes in population sizes to the ones in the spatial simulation.
251 This panmictic model allowed us to derive the expected heterozygosity (H_e) analytically. Forward in
252 time, we started with a population of N_i diploid individuals that were all homozygous (i.e. $H_e = 0$
253 or homozygosity, $F = 1$). This population immediately underwent an instantaneous population
254 expansion to N_{exp} individuals. The population then remained stable for t_{stat} generations till the
255 start of the contraction phase. During contraction, population size reduced linearly over a duration
256 of t_{cont} generations, eventually reaching N_i individuals (schematized in Figure 5A). The population
257 size changes can be summarised as:

$$N(t) = \begin{cases} N_i & \text{if } t = 0 \\ N_{exp} & \text{if } 0 < t \leq t_{stat} \\ N_{exp} - \left(\frac{N_{exp} - N_i}{t_{cont}}\right)(t - t_{stat}) & \text{if } t_{stat} < t \leq t_{stat} + t_{cont} \\ N_i & \text{if } t > t_{stat} + t_{cont} \end{cases} \quad (5)$$

258 To find the analytical expression for the expected heterozygosity (H_e), we utilized homozygosity
259 $F = 1 - H_e$. The recurrence formula for the homozygosity F , defined as the probability that two
260 alleles, randomly chosen without replacement, are identical by descent at generation t , is given by:

$$F_t = (1 - u)^2 \left\{ \frac{1}{2N_{t-1}} + \left(1 - \frac{1}{2N_{t-1}}\right) F_{t-1} \right\} \quad (6)$$

261 where N_{t-1} represents the size of the population at time $(t-1)$ generation and u is the mutation
262 rate per generation.

263 At equilibrium, $F_t = F_{t-1}$, the expected homozygosity for a population of N individuals, denoted
264 by $F_{eq}(N)$, reads:

$$F_{eq}(N) = \frac{(1-u)^2}{(1-u)^2 + 2N(1-(1-u)^2)} \quad (7)$$

265 The above equation reduces to the known form $F_{eq}(N) = \frac{1}{1+4Nu}$ for $u \ll 1$. Approximating
266 $F(t) - F(t-1) \simeq \frac{dF}{dt}$, equation (6) reads:

$$\frac{dF}{dt} = (1-u)^2 F \left[1 - \frac{1}{2N} - \frac{1}{(1-u)^2} \right] + \frac{(1-u)^2}{2N} \quad (8)$$

267 The former differential equation can be solved analytically to derive an expression of F over the
268 stationary and contraction phases.

269 For the stationary period ($t > 0$ to $t \leq t_{stat}$ generations), integrating equation 8 with $N = N_{exp}$
270 and initial condition $F(t=0) = 1$, we get (for detailed steps, refer to Supplementary S3):

$$F_{stat}(t) = F_{eq}(N_{exp}) + [1 - F_{eq}(N_{exp})] e^{\left[(1-u)^2 \left(1 - \frac{1}{2N_{exp}} - \frac{1}{(1-u)^2} \right) \right] t} \quad (9)$$

271 where $F_{stat}(t)$ represents the homozygosity during time interval $0 < t \leq t_{stat}$ generations and
272 $F_{eq}(N_{exp})$ represents the equilibrium homozygosity for N_{exp} individuals.

273 Similarly, we can obtain the expression of the homozygosity at any time $\Delta t_{cont} = t - t_{stat}$ during
274 the contraction phase (denoted by F_{cont}). Specifically, setting $N = N_{exp} - \left(\frac{N_{exp} - N_i}{t_{cont}} \right) (t - t_{stat})$ and
275 $F_{cont}(0) = F_{stat}(t_{stat})$ as the initial condition, we obtain (for detailed steps, refer to Supplementary
276 S3):

$$F_{cont}(\Delta t_{cont}) = F_{stat}(t_{stat}) e^{(a-1)\Delta t_{cont}} \left(1 - \frac{c}{b} \Delta t_{cont} \right)^{a/c} + e^{(a-1)(c\Delta t_{cont}-b)/c} \left(\frac{a}{c} \right) \left(\frac{(a-1)(c\Delta t_{cont}-b)}{c} \right)^{a/c} \left\{ \Gamma \left(\frac{-a}{c}, \frac{(a-1)(c\Delta t_{cont}-b)}{c} \right) - \Gamma \left(\frac{-a}{c}, \frac{(1-a)b}{c} \right) \right\}, \quad (10)$$

277 where $\Gamma(s, x)$ denotes the incomplete Gamma function. Note that, we defined $\Delta t_{cont} = t - t_{stat}$,
278 $a = (1-u)^2$, $b = 2N_{exp}$, $c = 2 \left(\frac{N_{exp} - N_i}{t_{cont}} \right) (t - t_{stat})$ to ease notation.

279 Once contraction ends, population size remains constant ($N = N_i$). Therefore, integrating
280 equation 8 with $N = N_i$ and initial condition $F_{cont}(t_{stat} + t_{cont})$ (homozygosity at the end of
281 contraction), we get:

$$F_{cont-refuge}(\Delta t_{cont-refuge}) = F_{eq}(N_i) + [F_{cont}(t_{stat} + t_{cont}) - F_{eq}(N_i)] e^{(1-u)^2 \left(1 - \frac{1}{2N_i} - \frac{1}{(1-u)^2} \right) \Delta t_{cont-refuge}}, \quad (11)$$

282 where we have defined $\Delta t_{cont-refuge} = t - t_{stat} - t_{cont}$.

283 From the homozygosity values, we can express the temporal evolution of H_e as:

$$H_e(t) = \begin{cases} 0 & \text{if } t = 0 \\ 1 - F_{stat}(t) & \text{if } 0 < t \leq t_{stat} \\ 1 - F_{cont}(t - t_{stat}) & \text{if } t_{stat} < t \leq t_{stat} + t_{cont} \\ 1 - F_{cont-refuge}(t - t_{stat} - t_{cont}) & \text{if } t > t_{stat} + t_{cont} \end{cases} \quad (12)$$

284 The expression of H_e above is given in units of generation as time units. To account for variation
285 in generation lengths among species, time should be rescaled as $\hat{t} = \frac{t}{GL}$, where GL represents the
286 generation length of the species.

287 Results

288 Temporal dynamics of genetic diversity in the refugium across different 289 speeds of contraction

290 In Figure 1A, we illustrate the underlying spatial structure of our stepping-stone model, while
291 Figure 1B depicts the expansion-contraction scenarios that were simulated onto the landscape. We
292 assumed that species initially reside in the top-left deme of the 2×2 southwestern (SW) refugium.
293 The habitat undergoes a sequence of phases: (i) expansion, when habitat grows northward from the
294 SW refugium; (ii) stationary, when the habitat has filled the whole landscape; and (iii) contraction,
295 when the habitats reduces step by step until the only habitat left is located in the two refugia.
296 During these phases, the species colonizes new areas as a function of its intrinsic growth rate,
297 migration rate and generation time. For most parameter combinations (eight out of nine) used
298 here, the different species colonized the whole habitat before the contraction started. They thus
299 experienced a stationary phase, where population size remained constant, before decreasing when
300 habitat contracted. The three scenarios that we considered differed in the duration of the contraction
301 phase (t_{cont}) and are represented in Figure 1B: *i*) $t_{cont} = 340$ years, *ii*) $t_{cont} = 4,080$ years, or *iii*)
302 $t_{cont} = 10,880$ years. Once the contraction ended, the different species survived in the two SW and
303 SE refugia until the simulation was stopped at time 14,150 years.

304 Figure 2 depicts the evolution of H_e in the SW refugium for two species with generation length
305 $GL = 0.5$ (Figure 2A) and $GL = 5$ (Figure 2B) years respectively, having the same carrying capacity
306 ($K = 50$) and migration rates ($m = 0.2$ per generation). For both species, H_e increases during the
307 expansion and stationary phases, though at a significantly faster pace for the species with shorter
308 generation length. Then, H_e trajectories between the two species depart significantly during the
309 contraction phase.

310 The species with shorter GL exhibits persistent H_e levels for the two long-duration contractions,
311 plateauing before decreasing only towards the end of the contraction (Figure 2A). In contrast, species
312 with a longer GL continue accumulating genetic diversity during the contraction phase, regardless
313 of the contraction duration (Figure 2B). For instance, for $t_{cont} = 4,080$ years (Figure 2B, blue line),
314 the genetic diversity of the species with $GL = 5$ years keeps increasing for over 3,000 years (between
315 time interval 2,860 – 6,000 years) after habitat had started contracting (Figure 2B, black line).
316 Overall, the species with a shorter GL shows a quicker response (in both increase and decrease of its
317 genetic diversity) to habitat changes throughout the simulation process. Regarding the impact of
318 contraction speed on genetic diversity, we observed that for both species, at any time point following
319 the start of contraction, faster contraction scenarios consistently led to lower genetic diversity than
320 slower contraction scenarios. This is expected, since at any time point during the contraction phase,
321 faster contractions imply smaller habitat ranges and population sizes than slower contractions.

322 We also assessed the impact of contraction speeds on the genetic diversity at the end of contrac-
323 tion, following the approach in Arenas et al. (2012). Figure 3 illustrates H_e in the SW refugium
324 population at four different time points (10, 60, 160, and 310 years), after the end of the contraction
325 period for the three contraction speeds. For shorter GL (0.5 years, Figure 3A), the genetic diver-
326 sity at the end of the fast contraction ($t_{cont} = 340$ years, red bars) is consistently greater than for
327 the slowest contraction speed ($t_{cont} = 10,880$ years, green bars), regardless of the sampling times
328 following the end of contraction. While the difference is statistically significant for early sampling
329 times (10 years post end of the contraction), it diminishes as time progresses after the end of the
330 contraction. This observation aligns with the findings reported in Arenas et al. (2012), where faster
331 contractions were interpreted to preserve higher levels of initial genetic diversity than slower contrac-

322 tions. However, for a species with longer GL (5 years, Figure 3B), the opposite pattern is observed,
323 with a higher genetic diversity at the end of the slow contraction ($t_{cont} = 10,880$ years, green bars)
324 compared to the end of the fast contraction ($t_{cont} = 340$ years, red bars). These results are thus in
325 contrast with those of Figure 3A and remained consistent across different combinations of carrying
326 capacities, migration rates, and sampling schemes (see Table S3 and S4). These results suggest that
327 depending on their life-history traits, some species may still accumulate genetic diversity during slow
328 contraction periods (see next section).

329 These simulations show that variation in generation lengths alone can strongly impact the pat-
330 terns of genetic diversity sampled in the refuge population during and at the end of different con-
331 traction speeds. In Figure 2, we observed that such effect seems to be related to the amount of
332 genetic diversity accumulated in the SW refugium before the start of contraction (time = 2,860
333 years, black vertical line), with respect to the expected mutation-drift-migration equilibrium values
334 (horizontal lines in Figure 2). Specifically, for the parameter combinations considered, these equi-
335 libria correspond to $H_e^{refuge} \simeq 0.36$ when the species is isolated in the SW refugium. Additionally,
336 $H_e^{landscape} \simeq 0.77$ represents the value of H_e measured in the SW refugium population when the
337 entire landscape has been colonized for extended periods. In the above simulations, at the beginning
338 of contraction (time = 2,860 years), the species with $GL = 0.5$ years have $H_e \simeq 0.73$ (significantly
339 above H_e^{refuge} , close to $H_e^{landscape}$) whereas the species with $GL = 5$ years has $H_e \simeq 0.56$ (closer to
340 H_e^{refuge} , below $H_e^{landscape}$).

351 The results obtained in this first set of simulations assumed that the two simulated species
352 differed only in their generation length, all other demographic parameters remained the same (per
353 generation), namely carrying capacity (K), growth rate (r), and migration rate (m). Yet, real species
354 vary not only in their generation lengths but also in other life-history traits such as population density
355 and dispersal, and may thus exhibit patterns that differ from those reported in the present section.
356 In the next section, we investigate the dynamics of genetic diversity for various life-history traits.

357 Temporal genetic diversity with allometric relations across different speeds

358 We investigated the H_e trajectories in our spatial framework considering three variable life-history
359 traits (generation length, dispersal distance, and population density) which are likely to influence
360 local and global genetic diversity. Using empirical datasets, as detailed in the Methods section, we
361 identified demographic parameters inspired by real species allometric relationships (see Table S1
362 for parameter values). We found that for all considered combinations of life-history traits values
363 in Table S1, the genetic diversity at the start of habitat contraction was always lower than their
364 associated H_e^{refuge} , the H_e value at equilibrium when the species is isolated in the SW refugium
365 (Figure 4). These patterns thus differ from those described in the previous section, where H_e before
366 the start of contraction was greater than H_e^{refuge} (Figure 2).

367 In Figure 4, we represented the results for two species with different generation lengths, carrying
368 capacities, and migration rates. In Figure 4B, we considered a species with $GL = 5$ years and a
369 body mass $BM = 76.34$ kg (leading to $K = 150$ and $m = 0.059$, which aligns with species like
370 wild goats or bush pigs). We found that the amount of H_e at the start of contraction (Figure 4B,
371 time = 2,860 years, black vertical line, $H_e \simeq 0.53$) is close to H_e^{refuge} (horizontal dashed line).
372 Then, under the slow contraction (green curve), H_e continues to increase for 8,000 years during
373 the contraction phase (between the time interval 4,000 – 12,000 years), before decreasing. During
374 the contraction phase under the fast contraction (Figure 4B, red line), H_e in the refugium increases
375 monotonically towards H_e^{refuge} and then plateaus after the end of the contraction. Surprisingly,
376 despite a significant loss in population size ($\simeq 98\%$ of the habitat), the trajectory of H_e for fast
377 contraction never decreases. In contrast, H_e for slower contractions shows an initial increase above
378 H_e^{refuge} , before decreasing during the contraction phase. Thus, for more realistic combinations
379 of biological parameters, different contraction speeds also lead to distinct temporal trajectories of
380 genetic diversity during the contraction phase, as observed in the previous section (Figure 2).

381 In Figure 4C, we considered a species with $GL = 10$ years and $BM = 6.09$ kg (leading to

382 $K = 1,000$ and $m = 0.003$, characteristic of species like lion-tailed macaque). In this case, the
383 amount of genetic diversity at the beginning of contraction (time = 2,860 years) is significantly
384 lower than H_e^{refuge} . The duration of the contraction phase was such that the genetic diversity
385 remained below H_e^{refuge} , regardless of the contraction speeds considered. We observed little to
386 no differences in H_e across contraction speeds (Figure 4C). This similarity in trajectories arises
387 because genetic diversity in the refugium population is increasing towards H_e^{refuge} and keeps on
388 accumulating genetic diversity within the refugium, despite the fact that the species as a whole loses
389 a large amount of population size across the landscape. The habitat changes outside of the refugium
390 areas therefore have a negligible effect on the genetic diversity observed in the refugium.

391 Panmictic model of range contraction: analytic solutions

392 The computational demands of spatial simulations constrained the amount of variable parameters
393 that could be tested, thereby limiting the generality of conclusions that could be made regarding
394 the genetic signatures of habitat change. To overcome this limitation and generalize our findings for
395 a wider range of scenarios and life-history traits, we considered a simplified panmictic model where
396 the temporal evolution of H_e could be solved analytically (cf. Materials and Methods section).
397 The panmictic model represents a single population experiencing similar but simplified dynamics
398 of habitat change (here modeled as effective population size variations, Figure 5A). Specifically, we
399 assumed an initial population of N_i genetically homogeneous individuals ($H_e = 0$). This population
400 underwent an instantaneous expansion to N_{exp} individuals and remained stable for t_{stat} generations.
401 Afterward, the population size contracted back to N_i , linearly over t_{cont} generations.

402 Figure 5B illustrates distinct temporal dynamics of genetic diversity during the contraction phase
403 for a stationary duration of 1,000 generations and a contraction phase of 800 generations. Varying N_i
404 and N_{exp} influenced the mutation-drift equilibrium values ($H_{eq}^{N_i} = H_e^{refuge}$ and $H_{eq}^{N_{exp}} = H_e^{landscape}$),
405 leading to different temporal dynamics of genetic diversity as the ones observed in the refugium
406 population from the previous spatial simulations. In particular, our panmictic model could reproduce
407 the same temporal dynamics of genetic diversity as the ones observed in the SW population from
408 the previous spatial framework.

409 Lastly, we analyzed the impact of varying generation length on patterns of genetic diversity
410 at the end of contraction by varying the stationary (t_{stat}) and contraction (t_{cont}) durations in our
411 panmictic model, using equation 12 and assuming $N_i = 100$, $N_{exp} = 10^4$ and $u = 0.001$. We represent
412 in Figure 5C the variations of H_e at the end of contraction, as a function of the contraction and
413 stationary times. Our results are qualitatively similar to those observed for the spatial simulations.
414 For instance, considering a stationary phase of 1,250 years, this duration would translate into
415 $t_{stat} = 2,500$ ($t_{stat} = 250$) generations for a species with $GL = 0.5$ ($GL = 5$) years before habitat
416 contraction starts. These two species will experience different trajectories of H_e , qualitatively similar
417 to those represented in the first two panels of Figure 5B.

418 Figure 5D shows how H_e values differ at the end of contraction between both species, in a
419 similar way comparable to Figure 3. For $t_{stat} = 2,500$ generations (short $GL = 0.5$ years, black
420 horizontal line in Figure 5C and black curve in Figure 5D), there is enough time for H_e to reach the
421 mutation-drift equilibrium ($H_e^{N_{exp}}$) before the contraction starts. Consequently, genetic diversity
422 at the end of contraction decreases as contraction duration increases. Thus, H_e at the end of
423 faster contractions is higher than at the end of slower ones. This finding aligns with the results
424 obtained from spatial simulations conducted with the species having $GL = 0.5$ year (see Figure
425 3A) and with (Arenas et al., 2012). Conversely, for the species with long $GL = 5$ years, the
426 population is far from the equilibrium value $H_e^{N_{exp}}$ at the start of habitat contraction. Therefore,
427 for $t_{stat} = 250$ generations (grey horizontal line in Figure 5C and grey curve in Figure 5D), we
428 observe that H_e at the end of contraction increases as contraction time increases (slower contractions
429 maintain more diversity) till $t_{cont} \approx 1,000$ generations. This is in agreement with the spatial
430 simulation for $GL = 5$ years (Figure 3B) where we found higher genetic diversity at the end of slow
431 contraction compared to fast. However, the panmictic model predicts that H_e starts to decrease as

432 the contraction time is further increased (Figure 5D, grey curve, when $t_{cont} > 1,000$ generations),
433 resulting in an overall non-monotonous trajectory for H_e . The two types of relationships we observe
434 for H_e at the end of contraction and contraction speed are distinguished by the amount of genetic
435 diversity accumulated before the start of the contraction phase. In the current case, the boundary
436 between both behaviors corresponds to $t_{stat} \simeq 1,220$ generations. In general, for $t_{stat} > 1,220$, the
437 dependence is monotonous, whereas for $t_{stat} < 1,220$ generations the dependence is non-monotonous.
438 For a stationary time of 1,220 generations, the panmictic population reaches $H_e = 0.896$, which is
439 approximately $\simeq 90\%$ of the equilibrium value of genetic diversity of the expanded population size
440 (N_{exp}).

441 The non-monotonic trend between H_e at the end of contraction and t_{cont} identified under the
442 panmictic model was not observed in the spatial simulations due to the limited duration of the
443 range contractions that were tested. To overcome this limitation, we conducted additional spatial
444 simulations, considering longer contraction times. Figure 5E confirms that H_e eventually decreases
445 for longer contraction times, giving rise to the non-monotonic trend predicted by the panmictic
446 model. These results are further supported when analyzing the dependence of MNA at the end of
447 the contraction, as represented in Supplementary Figure S7.

448 Discussion

449 Natural populations undergo changes in population size and geographical distribution across various
450 spatial and temporal scales. As a result, many species are likely to deviate from mutation-migration-
451 drift equilibrium due to many (non-exclusive) factors, including fluctuations in habitat availability,
452 variation in life-history traits, and dispersal patterns, as a consequence of geographical or envi-
453 ronmental barriers. Here, we explored the idea that life-history traits could greatly influence our
454 expectations of the genetic consequences of habitat changes. We investigated the temporal dynamics
455 of genetic diversity (as measured through the expected heterozygosity, H_e , and the mean number of
456 alleles, MNA) in a refugium population subjected to a range expansion and subsequent contraction.
457 We used spatially explicit individual-based simulations and analytical results from a panmictic single
458 population model. Our analyses revealed that generation length significantly impacted the dynam-
459 ics of genetic diversity. Further, the interaction between generation length, carrying capacity, and
460 dispersal rate with the speed of habitat changes led to contrasting trajectories of genetic diversity
461 between species experiencing the same scenario of habitat change. We explored different parameter
462 combinations, and identified three distinct temporal dynamics of H_e and MNA in the refugium
463 population: (i) an initial increase followed by a continuous decrease, starting when habitat starts
464 contracting; or (ii) an increase that continues for a very long period after habitat started contract-
465 ing, followed by a delayed decrease; or (iii) a continuous increase during the whole expansion and
466 contraction period, as if habitat range had never changed beyond the refugium.

467 We also observed two contrasting patterns regarding the effect of contraction speed on the level
468 of genetic diversity sampled at the end of contraction. The first pattern has already been described
469 in spatial simulations and suggests that quick contractions maintain higher levels of diversity com-
470 pared to slow contraction scenarios (Arenas et al., 2012). Thus, high diversity levels estimated in a
471 refugium or an isolated population are often interpreted as resulting from recent habitat loss (Wang
472 et al., 2022). The second pattern is characterized by non-monotonicity of H_e (estimated at the end
473 of contraction) with respect to the speed of contraction: quick contractions maintain less genetic
474 diversity than slower contractions up to a certain contraction speed. Beyond this threshold speed,
475 the trend reverses as contraction speed reduces (Figure 5D, E). In other words, fast and slow con-
476 traction speeds maintain less genetic diversity (at the end of the respective contraction phases) than
477 intermediate speeds. Under such scenarios, observing high diversity in a refugium, after habitat
478 contraction, does not necessarily reflect a recent habitat loss.

479 Altogether, our spatial and panmictic analysis allowed us to identify different temporal trajecto-
480 ries between population size, genetic diversity, and contemporary habitat extent, hence questioning
481 our ability to accurately infer habitat extent or population size from patterns of genetic diversity.

482 More specifically, our results suggest that the increasing use of genetic data to reconstruct the de-
483 mographic history of species (interpreted as changes in effective population size, N_e) may not be
484 straightforwardly connected to ancient habitats and population sizes. Our work also emphasizes the
485 importance and relevance of demographic inferences based on simulations, to better account for the
486 impact of life-history traits on patterns of genetic evolution. In the next sections, we try to discuss
487 and clarify some consequences of our work.

488 Temporal trajectories of genetic diversity in contracting populations

489 Population genetics theory states that a decrease in effective population size (N_e) leads to a reduction
490 in genetic diversity in a panmictic model (H_e and MNA). Under simplifying assumptions, N_e is also
491 thought to be positively correlated with census population size (N_c), which is itself correlated to the
492 geographical range, and possibly to habitat extent (if no major barriers to gene flow are present in the
493 range). Thus, a decline in N_c or habitat range is expected to lead to a reduction in genetic diversity,
494 and to a decrease in N_e . These predictions find solid support in numerous empirical studies that have
495 reported a loss of genetic diversity in species undergoing habitat loss (Nyström et al., 2006; Dures
496 et al., 2019; Taron et al., 2021; Gauthier et al., 2020). However, several recent studies have observed
497 no apparent reduction in genetic diversity despite drastic decreases in population sizes (Maebe
498 et al., 2016b; Le Gouar et al., 2009; Fourcade et al., 2020; Carvalho et al., 2019), and in some
499 cases, even an increase in genetic diversity over time has been documented (Townsend et al., 2023).
500 These observations have been attributed to either the immigration of individuals from neighboring
501 populations compensating for the diversity loss due to population decline or to species-specific life-
502 history traits, such as generation time, which could delay the genetic response (Goossens et al.,
503 2005; Hailer et al., 2006). Our results show that H_e trajectories exhibiting opposite trends with
504 respect to population size and habitat trajectories are expected and may happen under reasonable
505 conditions. For instance, we found that populations that deviate from mutation-drift-migration
506 equilibrium at the start of a contraction phase can present these unexpected temporal dynamics of
507 increasing genetic diversity over hundreds or thousands of years in the refugium population when
508 habitats and population range are contracting. Importantly, we found that these trajectories can be
509 predicted, by comparing the current genetic diversity of the population (e.g. H_e) with the genetic
510 diversity expected under expanded and contracted habitat ranges (i.e. $H_e^{landscape}$ and H_e^{refuge} ,
511 respectively). Specifically, the temporal trajectory of H_e in the refugium population depends on
512 which of the following three situations is observed at the start of contraction: (i) $H_e \simeq H_e^{landscape}$
513 (ii) $H_e^{landscape} > H_e > H_e^{refuge}$ (iii) $H_e < H_e^{refuge}$.

514 In the first regime ($H_e \simeq H_e^{landscape}$, as in Figure 2A, 5B1), the whole population is at its
515 mutation-drift-migration equilibrium before contraction starts. Any decline in population size thus
516 results in a decrease in genetic diversity eventually reaching the equilibrium of the refugium popula-
517 tion size (H_e^{refuge}). If the population decline occurs at different speeds, genetic diversity at the end
518 of faster contraction speeds is higher than that at the end of slower contractions. This is because,
519 when contractions occur quickly, a substantial amount of genetic diversity is still retained at the end
520 of contraction, even if it is subsequently lost rapidly. On the contrary, during slower contractions,
521 the refugium population is subjected to more genetic drift, leading to a greater and gradual loss of
522 genetic diversity by the end of contraction.

523 For the second regime ($H_e^{landscape} > H_e > H_e^{refuge}$, when contraction starts), as in Figure
524 2B), we find that during slower contractions, genetic diversity can keep increasing for rather long
525 periods during contraction phase, before decreasing. A larger difference between $H_e^{landscape}$ and
526 H_e , indicated as ΔH_e , at the beginning of the contraction phase, is associated with a longer period
527 during which genetic diversity increases before starting to decrease. Here, fast range contractions
528 do not preserve higher levels of genetic diversity when comparing samples at the end of slower
529 contraction speeds. Instead, intermediate contraction speeds preserve a larger amount of genetic
530 diversity compared to fast and slow contraction speeds (see Figure 5D, E, Figure S7). This means
531 that, under this regime, low levels of genetic diversity in a refugium at present could be either due
532 to a recent or ancient contraction.

533 Lastly, in the third regime ($H_e < H_e^{refuge}$, when the contraction starts), H_e will increase until
534 it eventually reaches H_e^{refuge} and, if by that time the contraction is finished, H_e will stay at this
535 level until further habitat change occurs. Under such a scenario, we will thus observe a counter-
536 intuitive increase of diversity in refugium populations through time despite a major decrease in
537 census population size and habitat across the landscape. However, if the contraction is very slow,
538 such that at some point during contraction $H_e > H_e^{refuge}$, then the temporal dynamics will be
539 similar to the second regime.

540 The identification of genetic diversity trajectories during population contraction has importance
541 from a conservation point of view. Our results show that these trajectories could be identified by
542 calculation of three quantities, H_e , H_e^{refuge} , and $H_e^{landscape}$, and knowing fundamental life-history
543 traits. What our results also show is that spatial processes combined with variable life-history
544 traits can generate patterns and temporal trajectories that go against a number of predictions
545 made in theoretical or empirical studies ignoring these factors. Furthermore, closely related species
546 undergoing similar habitat changes may exhibit divergent temporal dynamics in genetic diversity due
547 to variations in the initial levels of genetic diversity before the habitat changes. As a consequence,
548 this questions our ability to link N_e trajectories inferred from genetic data to ancient habitat changes,
549 as we will discuss in the next section.

550 Coupling between genetic diversity, life-history traits, habitat change and 551 demographic history

552 While species genetic diversity and spatial distribution are influenced by habitat changes over time
553 (Hewitt, 2004; Svenning et al., 2015), we rarely have a direct measure of these changes. In the past
554 few decades, population geneticists have used genetic data and sophisticated statistical methods to
555 reconstruct the demographic history of populations or species. This "demographic history" is often
556 implicitly or explicitly interpreted in terms of changes in N_e , which are then related to putative
557 changes in climate or habitat (Nadachowska-Brzyska et al., 2015; Natesh et al., 2020; Teixeira et al.,
558 2021). Yet, the idea that inferred N_e trajectories do not necessarily reflect changes in census pop-
559 ulation size (and by extension, in habitat range) has been around for some time (Wakeley, 1999;
560 Mazet et al., 2016; Leonardi et al., 2021). Over the last two decades, an increasing number of studies
561 have shown that statistical methods that infer N_e while ignoring population structure may infer,
562 quantify, and date with great precision changes in N_e that never occurred (Chikhi et al., 2010, 2018).
563 This is because structured population models have genealogical properties that can be interpreted
564 erroneously under panmictic models (Herbots, 1994; Notohara, 1990; Wakeley, 1999; Chikhi et al.,
565 2010; Mazet et al., 2016).

566 Also, co-distributed species living in the same habitat are often expected to exhibit similar
567 demographic responses to habitat changes. As a result, it is anticipated that co-distributed species
568 will show congruence in their genetic diversity trajectories and, consequently, in their inferred N_e .
569 However, empirical studies suggest that such congruence is rarely observed. For example, studies
570 inferring N_e across various taxa have reported discordant or asynchronous demographic responses to
571 Pleistocene climate changes (Burbrink et al., 2016; Kuhn et al., 2022; Walton et al., 2021; Bai et al.,
572 2018). Additionally, even closely related species sharing similar ecological or life-history traits may
573 exhibit incongruent demographic histories in similar environments (Bai et al., 2018; Walton et al.,
574 2021; Kuhn et al., 2022).

575 In the context of our simulated scenarios, we tested whether coalescent-based approaches to infer
576 N_e , such as the method of Nikolic and Chevalet (2014) implemented in the R package VarEff would
577 help us better elucidate the relationships between N_c , H_e , and inferred N_e trajectories. This method
578 utilizes microsatellites to infer changes in N_e . It has been thoroughly tested and has been applied to
579 various endangered species (Salmona et al., 2017; Srinivas and Jhala, 2023). Our goal was to assess if
580 the various simulated scenarios, involving species with varying life-history traits undergoing similar
581 changes in habitat, would exhibit comparable inferred changes in N_e . Additionally, we explored
582 the ability to distinguish fast and slow contractions using inferred N_e trajectories. We conducted

583 the analysis using genetic data sampled at time = 14,000 years forward (end of simulation) across
584 various contraction durations and life-history parameters (for details refer to Supplementary S6). We
585 plotted for each of the scenarios the temporal trajectories of N_c , H_e , and inferred N_e (Figure S8). Our
586 results suggest that the inferred N_e trajectories are not generally consistent with the simulated N_c
587 changes, and can have variable similarity with H_e trajectories. Fast and slow contraction scenarios
588 appear to lead to distinguishable inferred N_e trajectories. For instance, for three scenarios, the slow
589 contraction exhibits higher inferred N_e compared to the fast contraction scenarios (Figure S8b, c,
590 d). However, we note that in Figure S8a, the inferred N_e of fast contraction was surprisingly higher
591 than for the slower contraction. This is surprising, as fast contraction experiences a greater loss in
592 genetic diversity while population size remained limited to the SW refugium for a longer duration
593 till the present. We further provide a detailed discussion in Supplementary S6. In particular, it
594 appears that this output of the VarEff method, which is used to represent changes in N_e should be
595 interpreted with care as the posterior distribution may be rather wide (Supplementary Figure S15).
596 However, even assuming that the represented N_e trajectories should not be interpreted directly, it
597 suggests then that the N_e trajectories cannot be used to understand past N_c or H_e trajectories or
598 habitat extent, for the scenarios simulated here.

599 In fact, we stress that these results are admittedly limited to a few scenarios, suggesting that the
600 inferred N_e trajectories that are typically used to represent the "demographic history" of species
601 might still be acceptable as proxies for N_c under other scenarios, yet to be identified. However,
602 here they should be taken with a grain of salt, as they may provide little information about N_c
603 and H_e changes. These results show that inferred N_e trajectories obtained for many species are not
604 necessarily expected to correlate with the trajectory of changes in N_c or habitat range. Furthermore,
605 what we show is that the observed discordance in inferred N_e across multi-species studies in similar
606 environments is not surprising but rather expected, potentially arising from differences in life-history
607 traits. These inconsistencies are further supported by empirical studies. For example, a study by
608 Miller et al. (2021) used a Bayesian Skyline Plot (BSP) to infer N_e and employed Species Distribution
609 Modelling (SDM) to reconstruct the geographical range of 102 Holarctic bird species. The study
610 revealed no correlation between the magnitude of changes in N_e and range size inferred using species
611 distribution modeling and past climate reconstructions. We note also that BSP is known to be
612 influenced by population structure (Heller et al., 2013). Thus disagreements between inferred N_e
613 trajectories and inferred range size changes could also stem from variable levels of unaccounted
614 population structure, reasons that are related to, but different from those studied here.

615 **The problematic meaning of "demographic history" for panmictic vs. struc-** 616 **tured populations**

617 The field of population genetics has historically relied on simple models to capture the properties of
618 natural populations. The panmictic model, widely used for its simplicity and mathematical tractabil-
619 ity, has proven valuable in numerous scenarios. We found that it was useful here too, since it allowed
620 us to explore a large spectrum of parameters, identifying H_e trajectories that would have otherwise
621 been difficult and computationally intensive to explore with spatial simulations (e.g., non-monotonic
622 relationship between contraction duration and H_e estimated at the end of the contraction). In this
623 study, the panmictic and spatially structured population approaches yielded consistent qualitative
624 results regarding the temporal dynamics of H_e and the influence of contraction speed on H_e at the
625 end of contraction. This is also because migration rates were kept constant in space and time in
626 our spatial models. However, natural populations are generally spatially structured and have thus
627 different properties. For instance, they typically require a larger number of generations to reach
628 mutation-drift-migration equilibrium compared to panmictic populations (Leblois et al., 2006). As
629 a result, spatial and panmictic populations may exhibit different temporal dynamics of genetic di-
630 versity for given population size changes (Figure S5). Our panmictic model was both useful and
631 limited since it could not include the effect of migration, even though the latter plays a major role
632 in the temporal decoupling of the different trajectories (N_c , H_e , N_e).

633 In terms of inference, the coalescent theory provides a convenient theoretical framework to link

634 genomic diversity with past demography. Panmictic population models are simpler to handle and
635 simulate under a coalescent framework, making demographic inference possible and simple since only
636 one parameter is allowed to change (N_e). Structured models are more difficult to use for various
637 reasons. They are computationally more demanding and are also not trivially defined given the
638 infinitely large number of model types and parameter space. Continent-island, n-island, or stepping-
639 stone models are just a small part of the possible models, yet they can have very different properties
640 (e.g. Chikhi et al. (2018)). However, what becomes increasingly clear is that interpreting the past
641 demography of a species using reconstructed N_e trajectories under a panmictic model is likely to lead
642 to misinterpretations of the past demographic history if, in reality, the populations analyzed evolved
643 under a set of interconnected populations. An important conclusion from several published studies
644 is that the concept of "demographic history" is problematic because it is usually interpreted in terms
645 of changes in N_e when there are reasons to think that the concept of N_e is unclear under structured
646 models (Chikhi et al., 2018). Here, we went further and studied a dynamic model of population
647 structure where the population size and habitat extent both changed by at least two orders of
648 magnitude and found that we would not have been able to say something informative about the
649 real demographic history of our species if we had used an inferred N_e trajectory to represent the
650 "demographic history". Following Chikhi et al. (2018), such trajectories should thus be seen as
651 estimates of complex summary statistics, rather than objects that can be interpreted directly.

652 Our work suggests that, since the trajectories of N_c , habitat size, H_e , and inferred N_e cannot
653 be expected to be coupled temporally in a simple way, they should be seen as representing different
654 conceptual objects. Hence, the demographic history reconstructed with piecewise coalescent-based
655 methods, such as VarEff, PSMC, MSMC, MSMC2 or the Stairway plot, should be interpreted with
656 extreme caution and be validated with simulations under structured models. Moreover, considering
657 that co-distributed species are likely to differ in life-history traits relevant to genetics, the application
658 of the same demogenomic inference methodology is unlikely to provide the same trajectories across
659 species, even if they underwent similar climatic and habitat changes. Spatially explicit models remain
660 thus necessary and valuable for assessing the genetic effects of habitat loss and fragmentation, over
661 both short and long time scales.

662 Perspectives

663 Our results suggest that more work is needed to improve our understanding of spatially structured
664 models undergoing cycles of expansion and contraction. We found connections between some life-
665 history traits, H_e , and N_c dynamics, and identified potentially serious issues in the use of N_e as a
666 proxy for any of these. We showed how comparing current H_e to H_e^{refuge} and $H_e^{landscape}$ can be used
667 to predict the future trajectory of H_e with important implications for the conservation of endangered
668 species currently experiencing habitat contraction (within or outside refugia). Although we simu-
669 lated different species by taking into account empirical allometric relationships, we still made some
670 simplifying assumptions. For instance, we considered homogeneous carrying capacities, migration,
671 mutation, and growth rates. We also assumed random mating within demes for all species across the
672 landscape and considered co-distributed species as ecologically independent, with no consideration
673 for species interactions. Deviations from these factors could impact the time to mutation-migration-
674 drift equilibrium and would affect the temporal scale of the genetic responses we identified here.
675 Among many other factors, social structure is one that we consider to be relatively understudied
676 within spatial models (Chesser, 1991a,b; Sugg et al., 1996; Parreira and Chikhi, 2015). We also
677 assumed that the connectivity between the refugium and the neighboring populations remained simi-
678 lar throughout the simulation. Also, the species we simulated have non-overlapping generations but
679 theoretical studies show that overlapping generations increase the time to reach equilibrium (Lloyd
680 et al., 2013). Incorporating non-overlapping generations could increase the lag effect identified here,
681 disconnecting, even more, the temporal trajectories of habitat, N_c and H_e .

682 Regarding our simulated scenarios, we considered specific initial conditions where all individuals
683 were homozygous and we focused on a single cycle of range expansion and contraction, although
684 most species likely experienced multiple glacial cycles during the Holocene and Pleistocene. Our

685 results indicate that the latter two limitations should not impact the main conclusions of our work,
686 because we can still predict the behavior of the trajectories as a function of the amount of genetic
687 diversity accumulated before a new cycle of expansion and contraction, forward in time. Yet, an
688 interesting perspective would be to investigate the impact of multiple cycles while accounting for
689 multiple refugia scenarios. Indeed, independent refugia can maintain divergent alleles or haplotypes
690 for longer periods of cyclic expansions and contractions, which can complexify the trajectories of H_e
691 and inferred N_e when these alleles mix during population reconnections. A natural extension of our
692 work will be to explore the temporal dynamics of genetic diversity in samples from other regions
693 within the landscape as the dynamics of their genetic diversity could be different from the ones
694 observed within the present-day refugium. Future research should also investigate more complex
695 patterns of range contraction ([Rogan et al., 2023](#)) and behaviors in continuous space ([Leblois et al.,](#)
696 [2006](#); [Bradburd and Ralph, 2019](#)).

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961 **Figures**

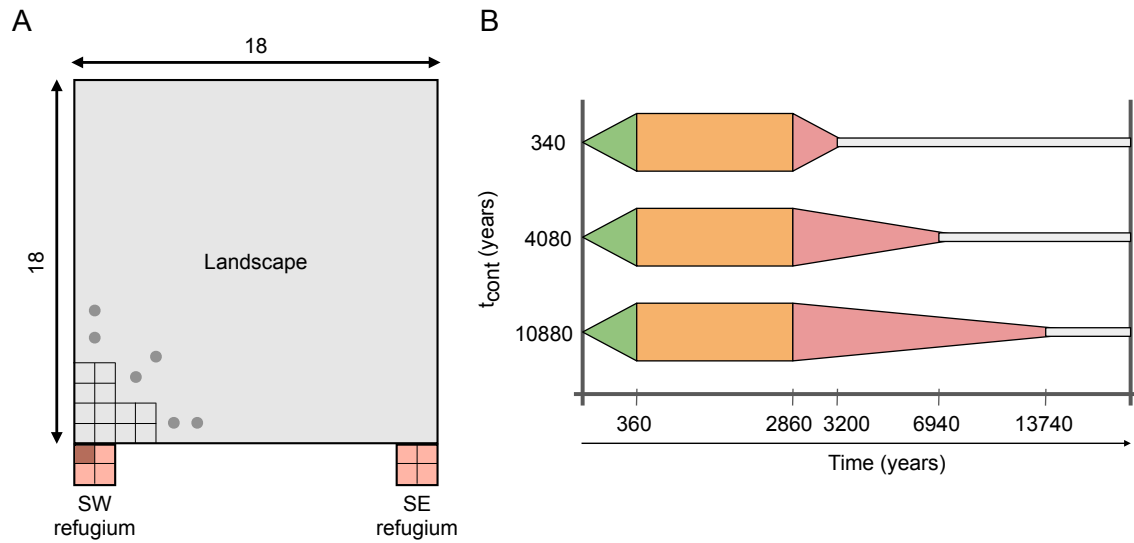


Figure 1: **Simulated landscape and habitat change scenarios:** Panel A) The simulated 2D landscape consists of 18×18 demes with two refuge areas (SW and SE refugium) of 2×2 demes. The red-grey deme (top-left deme in SW refugium) corresponds to the ancestral population from which the spatial expansion starts. Panel B) Schematic representation of habitat changes over time, assuming an initial phase of expansion (green), after which habitat remains stationary (orange) before contraction (red). We considered three different scenarios characterized by the same expansion and stationary periods but different contraction durations (t_{cont} , y-axis). After the end of the contraction, the population was allowed to survive in the refuge areas. Individuals were sampled only from the refuge areas (see text for details). Altogether, the population starts with K individuals in the SW refugium, grows to a maximum possible of $324 \times K$, and decreases to two refugium populations of $4K$ each.

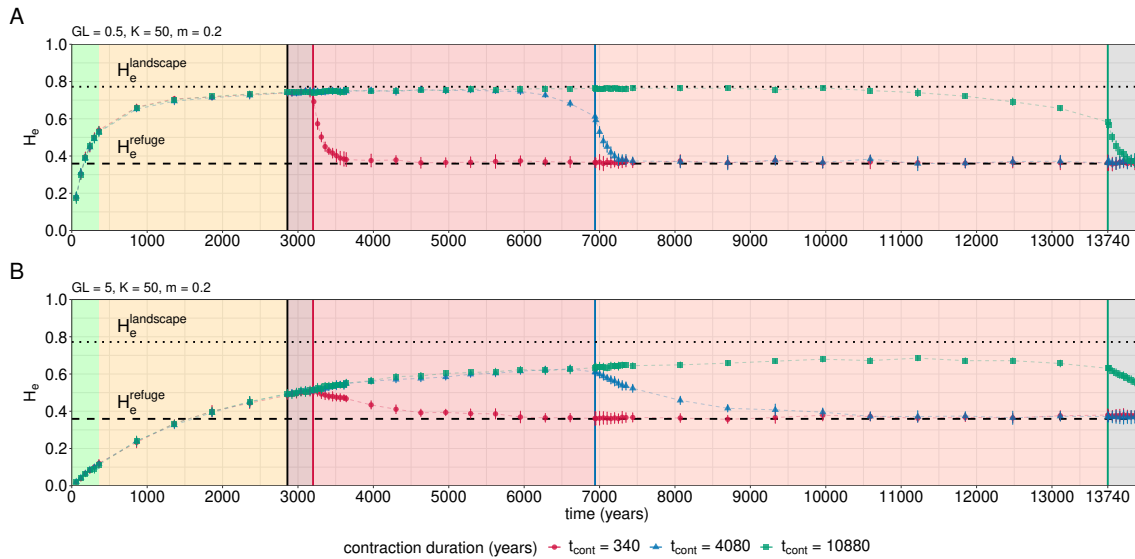


Figure 2: Dynamics of genetic diversity in the Southwest (SW) refugium population: Temporal evolution of H_e estimated for 40 individuals sampled in the SW refugium population at discrete times. Two generation lengths are considered: $GL = 0.5$ years (Panel A) and $GL = 5$ years (Panel B). In both panels, each point represents the average over 15 simulations, while the error bars represent the standard deviations. The discrete time points are connected by dashed lines and their symbols and colors represent the duration of the contraction phase for three scenarios, corresponding to $t_{cont} = 340$ years (red circles), $t_{cont} = 4,080$ years (blue triangles) and $t_{cont} = 10,880$ years (green squares) respectively. The dotted (resp. dashed) horizontal line represents the value of H_e at mutation-migration-drift equilibrium when the refugium (resp. entire landscape) is occupied, i.e. H_e^{refuge} ($H_e^{landscape}$). The four vertical lines, from left to right, represent the following events: i) start of the contraction phase (black, time = 2,860 years for all scenarios) and end of the contraction phase for (ii) $t_{cont} = 340$ years (red, time = 3,200 years) (iii) $t_{cont} = 4,080$ years (blue, time = 6,940 years) and (iv) $t_{cont} = 10,880$ years (green, time = 13,740 years). The other parameter values for both plots are $(K, m) = (50, 0.2)$. Panel B shows that when contraction is slow (here 10,880 years), H_e can keep increasing for more than 7,000 years after contraction started and keep high and stable levels of genetic diversity that are much higher than H_e^{refuge} for more than 10,000 years.

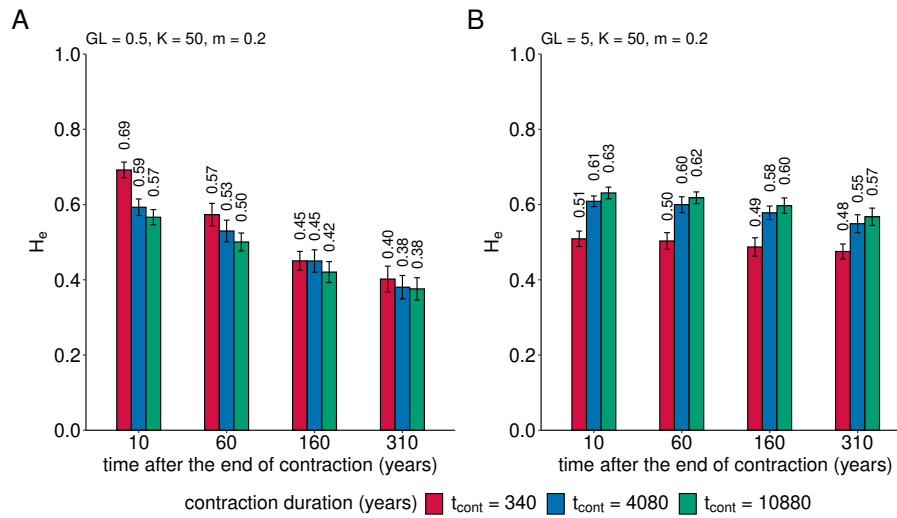


Figure 3: H_e in the SW refugium population at the end of contraction: Two generation lengths are considered: $GL = 0.5$ years (Panel A) and $GL = 5$ years (Panel B). In both panels, colors represent the duration of the contraction phase for three scenarios, corresponding to $t_{cont} = 340$ years (red), $t_{cont} = 4,080$ years (blue), and $t_{cont} = 10,880$ years (green) respectively. The height of the histogram bars represents the means and the error bars represent the standard deviations measured across 15 simulations. The other parameter values for both plots are $(K, m) = (50, 0.2)$. Panel A suggests that quick contraction "maintains" more genetic diversity than slow contraction. Panel B suggests the opposite with a significant difference even when populations are sampled 310 years after the end of contraction.

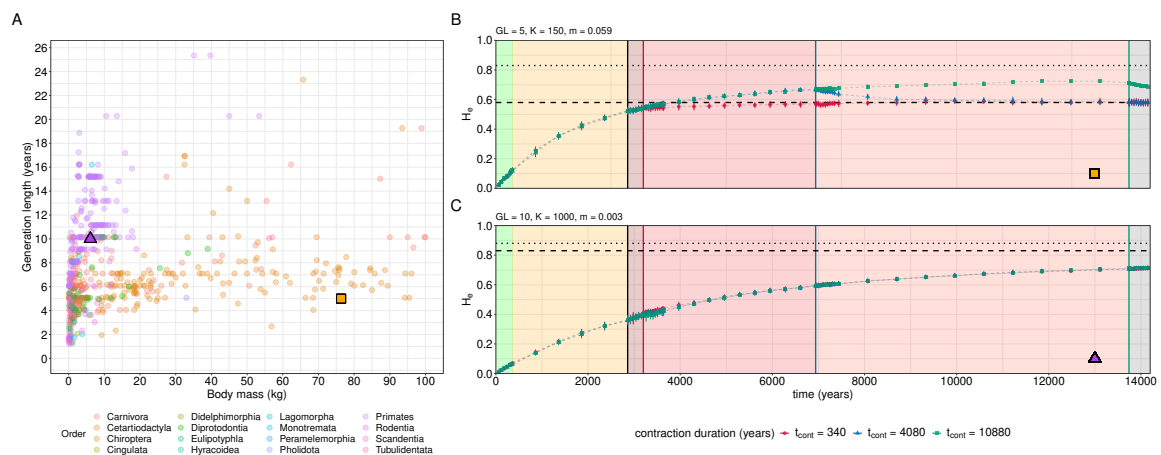


Figure 4: **Life-history traits and dynamics of H_e in SW refugium:** Panel A: Generation length as a function of body mass across different orders of mammalian species (data from (Pacifci et al., 2013)). Panels B-C: Temporal dynamics of H_e in the SW refugium population for 40 individuals sampled at discrete times. Panel B represents a species with ($GL = 5$ years, $K = 150$ and $m = 0.059$, orange square in panel A) whereas Panel C represents a species with ($GL = 10$ years, $K = 1,000$ and $m = 0.003$, violet triangle in panel A). Colors, symbols, and lines in panels B and C encode the same information as in Figure 2.

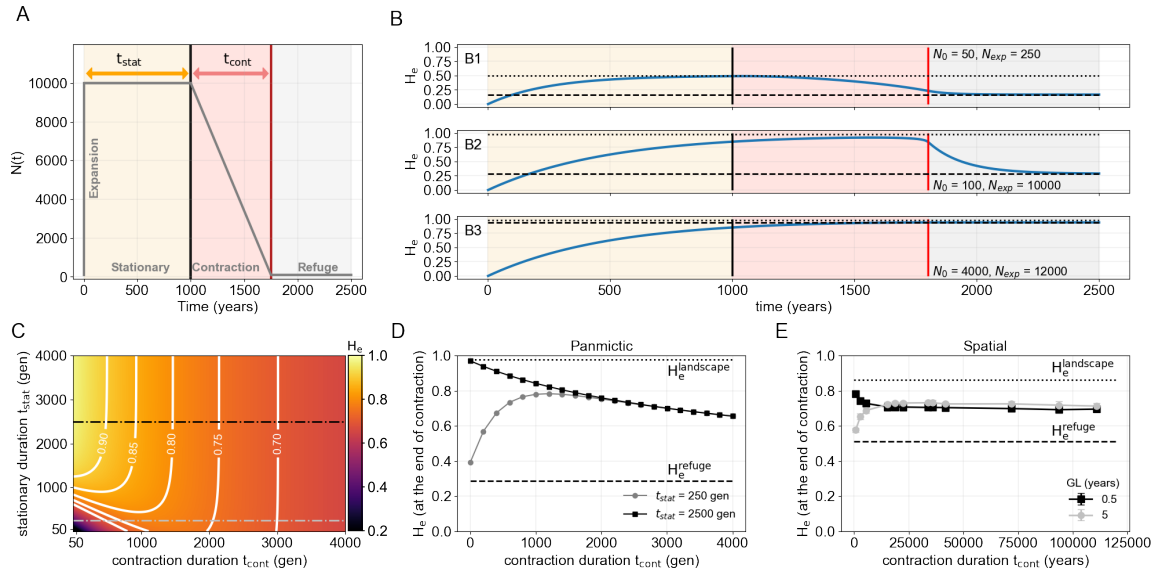


Figure 5: Genetic diversity in the panmictic model and spatial simulation validation: Panel A: Schematic representation of population size changes in our panmictic single population model. Panel B: Time evolution of H_e in a panmictic population under size changes represented in panel A. Three distinct temporal dynamics of H_e are observed by changing the initial (N_0) and expanded population (N_{exp}) sizes, keeping other parameters constant. The N_0 represents the refugium population size and N_{exp} represents the population size when the whole habitat is colonized. Specifically, we set $(N_0, N_{exp}) = (50, 250)$ (Panel B1), $(N_0, N_{exp}) = (100, 10000)$ (Panel B2) and $(N_0, N_{exp}) = (4000, 12000)$ (Panel B3), three scenarios corresponding to a five, hundred and three-fold increase in population size, respectively. In the three subpanels (B1, B2, and B3), the two vertical lines, from left to right, represent the following events, respectively: i) the start of the contraction phase (black, time = 1,000 years) and ii) the end of contraction (red, time = 1,800 years). Panel C: H_e estimated at the end of the contraction phase, as a function of the duration of the contraction (x-axis, t_{cont}) and stationary (y-axis, t_{stat}) phases. The two horizontal dot-dashed lines represent two transects for two t_{stat} values, $t_{stat} = 2,500$ generations (black) and $t_{stat} = 250$ generations (grey). Panel D: H_e estimated at the end of contraction as a function of contraction durations, for two stationary times, $t_{stat} = 2,500$ generations (black squares) and $t_{stat} = 250$ generations (grey circles), represented by the dashed horizontal lines in Panel C. Panels C and D were obtained for $(N_0, N_{exp}) = (100, 10000)$, *i.e.* a scenario with two orders of magnitude change in population size. Panel E: Spatial simulation analysis: H_e estimated at the end of contraction for ($t_{stat} = 2,500$ years) as a function of contraction duration. The lines and symbols correspond to two generation lengths, $GL = 0.5$ years (black, 5,000 generations in stationary phase) and $GL = 5$ years (grey, 500 generations in stationary phase). Each point represents the mean and the error bars represent the standard deviations measured across 15 simulations. The other parameters for the spatial simulations are set to $(K, m) = (100, 0.2)$.