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Multi-objective topology optimization of conjugate heat transfer using level-sets and anisotropic mesh adaptation

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Abstract: This study proposes a new computational framework for multi-objective topology optimization of conjugate heat transfer systems using a continuous adjoint approach. It relies on a monolithic solver for the coupled steady-state Navier-Stokes and heat equations, that combines finite elements stabilized by the variational multiscale method, level set representations of the fluid-solid interfaces and immersed modeling of heterogeneous materials (fluid/solid) to ensure 5 that the proper amount of heat is exchanged to the ambient fluid by solid objects in arbitrary geometry. At each optimization iteration, anisotropic mesh adaptation is applied in near-wall regions automatically captured by the level-set, which reduces the computational burden related to the call of the finite element solver, compared to classical optimization schemes working on uniform grids with similar mesh refinement. Since we work here under the constraint of a given 10 number of nodes, the approach improves the accuracy in the geometric description of all layouts, 11 while allowing to transfer said accuracy to the state and adjoint simulation models. Both the 12 resolution and remeshing steps are performed in a massively parallel framework allowing for the 13 optimization of large scale systems. The developed solver is validated first by minimizing dissipation 14 in a flow splitter device, for which the method delivers relevant optimal designs over a wide range 15 of volume constraints and flow rate distributions over the multiple outlet orifices, while providing 16 superior accuracy over reference data computed on isotropic meshes (in the sense that the layouts 17 are more smooth, and the solutions are better resolved). The proposed scheme is then applied 18 to a two-dimensional heat transfer problem, using bi-objective cost functionals combining power 19 dissipation and thermal recoverable power. A comprehensive parametric study reveals a complex 20 arrangement of optimal solutions on the Pareto front, with multiple branches of symmetric and 21 asymmetric designs, some of them previously unreported. Finally, the algorithmic developments are 22 substantiated with several three-dimensional numerical examples tackled under fixed weights for 23 heat transfer and power dissipation, for which we show that the optimal layouts computed at low 24 Reynolds number, that are intrinsically relevant to a broad range of microfluidic application, can 25 also serve as smooth solutions to high-Reynolds-number engineering problems of practical interest. 26

Keywords: Topology Optimization; Fluid mechanics; Conjugate heat transfer; Level Set Method; 27 Anisotropic mesh adaptation; Pareto front; Thermal control

1. Introduction

Topology optimization is the mathematical science of optimal material allocation in a 30 volume under predefined objectives and constraints. Such an approach originates from solid 31 mechanics [1,2], where it has matured into a powerful, reliable and increasingly available 32 tool for engineers in the early stages of complex structural design processes [3,4], while 33 spreading to a variety of multiphysics applications modeled after partial differential equations; 34 see Refs. [5,6] for surveys of the evolving methods and applications. The mathematical 35

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foundation of topology optimization is rooted in iterative analysis and design update steps, often steered by gradient evaluations. Its key advantage (compared the size and shape optimization methods it has emerged from) is that it usually perform beyond expectations as the final design has unconstrained complexity and can possibly meet conflicting requirements and complex interdependencies between design parameters and system response.

In the context of fluid flow problems, topology optimisation becomes a question of what is the best path for a fluid to flow in a prescribed design domain, or equivalently where to enforce relevant boundary conditions for the flow problem. Leaving aside explicit boundary methods, that represent the fluid-solid interface by edges or faces of a body-fitted mesh, and have limited flexibility to handle complicated topological changes, the prevalent classes of methods for topology optimization are the density and the level set methods. Density methods rely on a Brinkman penalization of the solid domain, where the flow is modeled as a fictitious porous material with very low permeability [1,7,8]. They manage drastic topological changes, as the gradient information (or sensitivity) is distributed over a large part of the domain, but can lead to spurious or leaking flows if the penalization factor is not well-calibrated (since the velocity and pressure fields are computed in both the solid and fluid regions). Level set methods conversely model the solid boundaries by iso-contours of a level set function [9-11]. They lack a nucleation mechanism to create new holes, due to the sensitivities being located only at the solid-fluid interface (which is often relieved using initial designs with many holes), but easily handle complicated topological changes (e.g., merging or cancellation of holes), and allow for well defined, crisp interface representations while avoiding the intermediate material phases (grayscales) and mesh-dependent spatial oscillations of the interface geometry (staircasing) often encountered in density methods [12].

The focus here is on conjugate convective heat transfer systems, in which temperature 60 variations occur within the fluid and solid material due to thermal interactions dominated 61 by conduction in the solid and convection in the solid. This is a matter of great engineering 62 interest, as many industries have embraced the ability of topology optimization to improve 63 the performances and cut the production costs of thermal devices like heat exchangers (to 64 regulate process temperatures and ensure that machinery, chemicals, water, gas, drugs or 65 food remain within safe operating conditions), finned surfaces, microelectronic equipment 66 and heat sinks, and deliver more compact designs with less mass, less frictional losses 67 and better thermal efficiency. In this context, the early related literature can be broadly 68 classified into two categories: pure heat conduction problems maximizing heat evacuation 69 from singular tree-like optimal structures of high conduction material, and pure fluid flow 70 problems minimizing the power dissipated inside the domain (alternatively minimizing drag 71 or maximizing the outlet flow uniformity) from complex channel layouts in the diffusion 72 and convection dominated regimes; see [13,14] for recent reviews and references therein. 73 Since then, the topology optimization of coupled thermal-fluid problems (that combine both 74 aspects, and thus require dual objective function strategies to increase heat transfer while 75 keeping dissipation as low as possible) has become an active field of research. Although 76 variants of the level set method have received attention recently [15-17], the vast majority 77 of available studies implement a density-based monolithic approach [18-26] to overcome the 78 fact that the fluid-solid interface is constantly changing over the optimization process, which 79 makes using either a constant heat transfer coefficient or some specific surrogate model 80 to model the heat transfer between the fluid and its surrounding ineffective. A variety of 81 models have been used, ranging from oversimplified (dismissing the thermal conductivity 82 differences between the solid and fluid regions [22] or numerically imposing a constant solid 83 temperature [21]), to highly realistic (full coupling of flow and heat transfer under dual 84 objective function strategies [18]). 85

The norm in topology optimization is to employ fixed finite element meshes with uniform (or close-to-uniform) element size, small enough that all relevant physical phenomena are reliably captured, but not so small that the cost of performing the optimization becomes unaffordable. A recent trend has been to use adaptive remeshing techniques to maintain a competitive computational cost. Such an approach consists in generating a coarse base grid, 90 then in adding recursively finer and finer subgrids in the regions requiring higher resolution, 91 either until a maximum level of refinement is reached, or until the local truncation error 92 drops below a certain tolerance (for more sophisticated implementations endowed with error 93 estimation routines). Within the context of pure fluid flow problems, particular emphasis 94 has been put on (but not limited to) adaptive meshing refinement (AMR) schemes, using 95 both density [27,28] and level set methods [29,30]; see also [31] for an application to phase 96 field methods¹ and [32,33] for recent efforts applying a different remeshing scheme to a 97 combination of level set functions and adaptive body-conforming meshes for several coupled 98 physics applications, including convective heat transfer. 99

There is still ample room for progress, though, as almost all adaptive algorithms 100 applied so far to fluid flow topology optimization support only isotropic size maps. Fluid 101 dynamics conversely involves convection dominated phenomena for which anisotropic meshes 102 are highly desirable [34], especially in the vicinity of the solid boundaries, where the fluid 103 velocity exhibits steep gradients in the wall-normal direction and skin-friction plays a 104 defining role. The premise of this study is that the ability to generate highly stretched 105 elements in boundary layer regions can substantially increase the accuracy of the geometric 106 representation (compared to what is often seen in topology optimization of flow problems) 107 and naturally convey said accuracy to the numerical solution without sophisticated inter-108 polation or discretization techniques. We note that this is all perfectly in line with the 109 recommendations made in [14] to improve upon the current state of the art. Nonetheless, our 110 literature review did not reveal any other study combining anisotropic mesh adaptation and 111 topology optimization of thermal-fluid problems, besides the (pure fluid flow) density-based 112 optimisation of Stokes flow in Ref. [28], possibly because of the notorious difficulty of finding 113 spatial discretization schemes that meet the level of robustness required by automatic 114 anisotropic mesh adaptation. 115

This research intends to fill the gap by introducing a novel numerical framework 116 for topology optimization of conjugate heat transfer systems governed by the coupled 117 Navier–Stokes and heat equations. The latter combines level set methods and anisotropic 118 mesh adaptation to handle arbitrary geometries immersed in an unstructured mesh. The 119 governing equations are solved by a variational multiscale (VMS) stabilized finite element 120 method supporting elements of aspect ratio up to the order of 1000:1 [35]. The same 121 numerical method is used to solve the adjoint Navier–Stokes and heat equations underlying 122 the sensitivity analysis needed to evolve the level set function. The metric map providing 123 both the size and the stretching of mesh elements in a very condensed information data 124 is derived from the level set. A posteriori anisotropic error estimator is then used to 125 minimize the interpolation error under the constraint of a prescribed number of nodes in 126 the mesh. The latter can be adjusted over the course of optimization, meaning that the 127 base grid can be either refined or coarsened on demand (in contrast with AMR, whose 128 total number of mesh elements cannot be controlled, and whose mesh cannot be coarsened 129 further than its base configuration). This is expected to achieve further speed-ups (by 130 reducing the cost of modelling the solid material away from the interface) and also to help 131 improve manufacturability of the optimal design, which remains an issue as most classical 132 topology optimization methods render organic designs that can be difficult to translate into 133 computer-aided design models. 134

The paper is organized as follows: the topology optimization equations are formulated in Sec. 2. The immersed, stabilized finite element numerical framework and anisotropic mesh adaptation algorithm used to perform the design update step are described in Secs. 3 and 4, respectively. The details of the implemented topology optimization algorithm are provided in Sec. 5. Finally, numerical experiments showcasing the potential of the approach to increase the recoverable thermal power while minimizing the dissipated power in two

¹ Another class of interface capturing schemes that remain less popular due to the larger computational cost and the difficulty of numerically discretizing the biharmonic phase-field equation.

4 of 43

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dimensional (2-D) and three-dimensional (3-D) systems are presented in section 6; with particular attention paid to highlighting the improved accuracy during all stages of the optimization. Finally, the numerical cost is discussed in section 7, where we also debate the generalization to high-Reynolds number regimes.

2. Gradient-based model for conjugate heat transfer topology optimization *2.1. Governing equations*

In the following, we denote by Ω a fixed, open bounded domain in \mathbb{R}^d (with d the space 147 dimension), with boundary $\partial \Omega$ oriented with inward-pointing normal vector **n**. Throughout 148 this study, $\Omega = \Omega_f \cup \Omega_s$ is the disjoint reunion of a fluid domain Ω_f and a solid domain 149 Ω_s , separated by an interface $\Gamma = \Omega_f \cap \Omega_s$, whose position we seek to optimize with respect 150 to a certain measure of performance. The boundary $\partial \Omega_f$ of the fluid domain is split into 151 interface, inlet Γ_i (defined as the combined boundary of all surfaces where fluid enters 152 the domain), and outlet Γ_{α} (the combined boundary of all surfaces where fluid leaves the 153 domain). The boundary $\partial \Omega_s$ of the solid domain is split into interface, isothermal Γ_{iso} (the 154 combined boundary of all surfaces where temperature is prescribed), and adiabatic (the 155 combined boundary of all surfaces where heat is exchanged with no gain or loss). 156

Mathematically, the problem is characterized by a set of physical variables determined as the solutions of partial differential equations (PDEs), themselves derived from modeling considerations and serving as constraint during the optimization. Here, the level set method is used to localize and capture the interface between the fluid and solid domains from the zero iso-value of a smooth level set function, classically the signed distance function defined as

$$\varphi(\mathbf{x}) = \begin{cases} -\operatorname{dist}(\mathbf{x}, \Gamma) & \text{if } \mathbf{x} \in \Omega_f, \\ 0 & \text{if } \mathbf{x} \in \Gamma, \\ \operatorname{dist}(\mathbf{x}, \Gamma) & \text{if } \mathbf{x} \in \Omega_s, \end{cases}$$
(1)

with the convention that $\varphi < 0$ in the fluid domain. The immerse volume method (IVM, 163 more details in Sec. 3) is then used to extend to the whole domain Ω the coupled steady 164 incompressible Navier–Stokes and heat equations governing the flow motion in the fluid 165 domain Ω_f . Simply put, the IVM fills Ω_s with a fictitious fluid mimicking a solid phase, but 166 avoids introducing discontinuities at the interface. It then solves fluid-like equations in the 167 whole domain Ω , using non-homogeneous material properties adequately interpolated over a 168 small layer around the zero level-set (whose thickness is user-defined and does not increase 169 in size during the optimization, unlike the homogenization method or any other generalized 170 material method) and otherwise equal to their fluid and solid values. Such an approach is 171 simpler that the Ersatz material approach [36], that adds a Brinkman penalization term to 172 the Navier–Stokes equations and has clear connections to density-based methods through 173 the material distribution [30]. This yields the monolithic formulation 174

$$\nabla \cdot \mathbf{u} = 0 \qquad \qquad \text{in } \Omega, \qquad (2)$$

$$\rho \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \nabla \cdot (2\mu \varepsilon(\mathbf{u})) \quad \text{in } \Omega, \qquad (3)$$

$$\rho c_p \mathbf{u} \cdot \nabla T = \nabla \cdot (k \nabla T) \qquad \text{in } \Omega, \qquad (4)$$

where **u** is the velocity, p the pressure, $\boldsymbol{\varepsilon}(\mathbf{u}) = (\nabla \mathbf{u} + \nabla \mathbf{u}^T)/2$ the rate of deformation tensor, and ρ and μ are phase dependent density, dynamic viscosity, thermal conductivity and specific heat.

We seek here to minimize a cost function J that we assume can be formulated as a surface (rather than volume) integral over all or any part of inlet and/or outlet (as is most often the case in topology optimization), i.e.,

$$J_s = \int_{\Gamma_i \cup \Gamma_o} J \mathrm{d}s \,. \tag{5}$$

This is done using the continuous adjoint method to find the cost function sensitivity 181 to variations of a design variable β physically representing deformations of the interface 182 under the form of local surface normal displacements. In short, the desired sensitivity to a 183 displacement β at some specific point of the interface is given by 184

$$\delta_{\beta} J_{s} = \int_{\Gamma} \beta \mu (\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) \, \mathrm{d}s + \int_{\Gamma} \beta k (\nabla \tilde{T} \cdot \mathbf{n}) (\nabla T \cdot \mathbf{n}) \, \mathrm{d}s \, \mathrm{d}s$$

where $(\tilde{\mathbf{u}}, \tilde{T})$ are the adjoint velocity and temperature solution to the adjoint Navier–Stokes 185 and heat equations written in monolithic formulation as 186

$$\nabla \cdot \tilde{\mathbf{u}} = 0 \qquad \text{in } \Omega, \qquad (6)$$

$$-\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} = \nabla \tilde{p} + \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}})) \quad \text{in } \Omega,$$
(7)

$$-c_p \mathbf{u} \cdot \nabla \tilde{T} = \nabla \cdot (k \nabla \tilde{T}) \qquad \text{in } \Omega, \qquad (8)$$

with \tilde{p} the associated adjoint pressure. The main steps of the method are described in I, 187 together with the boundary conditions appended to both the state and adjoint equations; 188 see also [37-39] for further deepening on the topic. This enables efficient design update 189 schemes via first-order gradient descent methods, for instance the simplest steepest-descent 190 algorithm implemented herein moves down the cost function, in the direction of the steepest 191 slope using 192

$$\beta = -\mu(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) - k(\nabla \tilde{T} \cdot \mathbf{n})(\nabla T \cdot \mathbf{n}), \qquad (9)$$

up to a positive multiplicative factor to control the step taken in the gradient direction.

2.2. Multi-objective optimization

A classical objective in topology optimization of conjugate heat transfer is to maximize 195 heat transfer in the domain without increasing the mechanical pumping power that need 196 be spent to overcome friction and move the fluid through the device (nor blocking the 197 fluid flow). This is done in some studies by maximizing heat transfer under prescribed 198 pressure drop values [22,25], and in others by minimizing pressure drop under prescribed 199 heat transfer performance [40]. As further explained in Sec. 6, we rather use here multi-200 criteria optimization and minimize the linear weighted sum of a hydraulic cost function 201 J_{ν} associated to dissipation (to minimize) and a thermal cost function J_{Θ} measuring heat 202 transfer efficiency (to maximize, the minimization applies to $-J_{\Theta}$). This yields 203

$$J = (1 - \omega)J_{\nu} - \omega J_{\Theta}, \qquad (10)$$

where $\omega \in [0, 1]$ is the so-called thermal weigh, a scalar-valued factor weighing the priority 204 given to each objective function ($\omega = 0$ in the pure hydraulic limit, and $\omega = 1$ in the pure 205 thermal limit). In practice, a single point concurrently minimizing both objectives usually 206 does not exist. The solution to such a problem thus aims at identifying the Pareto front [41], 207 i.e., the subset of designs that best manage trade-offs between conflicting criteria, in the 208 sense that further optimizing one cost function decreases the performance of the other one 209 (after which the final design is selected from the Pareto optimal subset by a human decision 210 maker based on subjective preferences). 211

3. Computational methods

A primitive pseudo-code of the procedure for solving the above topology optimization 213 problem is provided in Alg. 1, to repeat until a maximum number of iterations or a 214 convergence threshold has been reached. In a nutshell, this is done here using a finite 215 element immersed numerical framework combining implicit representation of the different 216 domains, level set description of the interface, and anisotropic remeshing capabilities. For 217 the sake of readability, the mesh adaptation algorithm and parallel computational framework, 218 whose implementation in the context of fluid flow topology optimization makes for the main 219

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Algorithm 1 Simplified update scheme

Require: Anisotropic mesh adapted to initial interface position

1: **loop**

- 2: Compute state
- 3: Compute adjoint
- 4: Compute cost function sensitivity
- Set displacement in the direction of steepest slope 5:
- Update interface position 6:
- Generate anisotropic mesh adapted to new interface position 7:

novelty of this study, are presented in the following as stand-alone sections. In the remainder 220 of this section, we walk through each of the other steps and review the various problems 221 involved and the numerical methods for solving them. 222

3.1. Variational multiscale modeling

We solve all equations (i.e., state, adjoint, level set) using equal order linear/linear 224 approximations for both the velocity and pressure variables, a scheme very desirable in the 225 context of the large-scale, three-dimensional applications considered here due to its simplicity 226 of implementation and affordable computing cost. To this end, we solve stabilized weak 227 forms cast in the Variational Multiscale (VMS) framework, that enhance the stability of the 228 Galerkin method via a series of additional integrals over element interior (as a linear/linear 229 discretization otherwise breaks the Babuska–Brezzi condition, which results in spurious 230 node-to-node oscillations). The basic idea is to split all quantities into coarse and fine scale 231 components, corresponding to different levels of resolution, and to approximate the effect of 232 the fine scale (that cannot be resolved by the finite element mesh) onto the coarse scale via consistently derived residual based terms. The various coarse scale variational problems 234 solved by VMS are provided in J, together with additional details about the implicit/explicit 235 discretization in space. 236

3.2. Immersed volume method

The monolithic immersed volume method (IVM) is used to combine the fluid and 238 solid phases of the problem into a single fluid with variable material properties; see [42,43]239 for details regarding the mathematical formulation in the context of finite element VMS 240 methods. Simply put, this amounts to solving the state equations (2)-(4) and adjoint 241 equations (6)-(8) on a unique mesh of the domain Ω in which the fluid and solid domains 242 Ω_f and Ω_s are immersed, using the level set method to achieve interface tracking between 243 the two different domains. Using the level set function (1) as criterion for anisotropic mesh 244 adaptation (more details provided in Sec. 4) ensures that individual material properties 245 can be distributed accurately and smoothly as possible over the smallest possible thickness 246 around the interface (classically by linear interpolation of the fluid and solid values, using a 247 smooth Heaviside function computed from the level set to avoid discontinuities by creating 248 an interface transition with a thickness of a few elements). The IVM approach is especially 249 relevant to the thermal coupling problems tackled in this research, as having composite 250 conductivity and specific heat means that the amount of heat exchanged at the interface 251 then proceeds solely from the individual material properties on either side of it, and removes 252 the need for a heat transfer coefficient. 253

In practice, we compute the composite thermal conductivity as the harmonic mean of 254 the solid and fluid values, i.e., 255

$$\frac{1}{k} = \frac{1}{k_f} H_{\epsilon}(\varphi) + \frac{1}{k_s} (1 - H_{\epsilon}(\varphi)), \qquad (11)$$

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where H_{ϵ} is the smoothed Heaviside function on the fluid domain defined as

$$H_{\epsilon}(\varphi) = \begin{cases} 1 & \text{if } \varphi < -\epsilon, \\ \frac{1}{2} \left(1 - \frac{\varphi}{\epsilon} - \frac{1}{\pi} \sin\left(\pi \frac{\varphi}{\epsilon}\right) \right) & \text{if } |\varphi| \le \epsilon, \\ 0 & \text{if } \varphi > \epsilon, \end{cases}$$
(12)

and ϵ is a regularization parameter set to $2h_{\perp}$. This ensures continuity of the heat flux 257 across the interface, as obtained from a steady, no source, one dimensional analysis of the 258 heat flux when the conductivity varies stepwise from one medium to the next (see [44] for 259 detailed derivation and analysis, and [45] for proof of the gain in numerical accuracy with 260 respect to the classical arithmetic mean model). All other properties (density, dynamic 261 viscosity and thermal heat capacity) are constant and equal to the fluid values, and we set 262 the velocity to zero at all grid nodes located inside the solid domain Ω_s . This can be seen 263 as a hard penalty (compared to using a very high solid to fluid viscosity ratio to ensure 264 that the velocity is zero in the solid domain) preventing the fluid from leaking across the 265 immersed interface, that holds numerically because anisotropic mesh adaptation ensures 266 that the interface does not intersect arbitrarily the mesh elements (it precisely aims at 267 aligning the mesh element edges along the interface), which may otherwise compromise the 268 accuracy of the finite element approach. 269

3.3. Interface update scheme

Once the sensitivity analysis has output a displacement β in the direction of the steepest 271 slope, the position of the level set is updated solving a transport equation with normal 272 velocity $\beta n/\Delta \tau$, where $\Delta \tau$ is a pseudo-time step to convert from displacement to velocity 273 (of no physical relevance since we are not concerned by the absolute displacement of a given 274 point on the interface, only by its relative displacement with respect to its neighbors). This 275 equation is posed in the whole domain Ω , which is because the normal vector recovered at 276 the interface as $\mathbf{n} = \nabla \varphi / || \nabla \varphi ||$ is easily extended to Ω using (1). The main problem with 277 this approach is that the level set after transport is generally no longer a distance function, 278 which is especially problematic when a specific remeshing strategy depending on the distance 279 property is used at the interface (as is the case here). As a result, the distance function 280 needs to be reinitialized, which is done here using a coupled convection-reinitialization 281 method wherein the level set function is automatically reinitialized during the resolution of 282 the transport equation. In practice, the signed distance function is cut off using a hyperbolic 283 tangent filter, as defined by 284

$$\phi = E \tanh\left(\frac{\varphi}{E}\right),\tag{13}$$

with E the cut-off thickness (so the metric property is asymptotically satisfied in the vicinity of the zero iso-value). This filtered level set is then evolved solving the auto-reinitialization equation 287

$$\partial_{\tau}\phi + \mathbf{a}_{\tau} \cdot \nabla\phi = S \,, \tag{14}$$

where we note

$$\mathbf{a}_{\tau} = \frac{\beta}{\Delta \tau} \mathbf{n} + \frac{\lambda}{\Delta \tau} \operatorname{sgn}(\phi) \frac{\nabla \phi}{\|\nabla \phi\|}, \qquad S = \frac{\lambda}{\Delta \tau} \operatorname{sgn}(\phi) \left(1 - \left(\frac{\phi}{E}\right)^2\right), \qquad (15)$$

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to Eq. (14) to explicitly design fluid and solid sub-regions of $\partial\Omega$ (in practice, we impose fluid at the inlet and outlet, and solid everywhere else). 294

4. Anisotropic mesh adaptation

4.1. Construction of an anisotropic mesh

The main idea of anisotropic, metric-based mesh adaptation is to generate a uniform 298 mesh (with unit length edges and regular elements) in a prescribed Riemannian metric 299 space, but anisotropic and well adapted (with highly stretched elements) in the Euclidean 300 space. Assuming that, in the context of metric-based adaptation methods, controlling the 301 interpolation error suffices to master the global approximation error, the objective can be 302 formulated as finding the mesh, made up of at most N_n nodes, that minimizes the linear 303 interpolation error in the L^1 norm. Following the lines of [49,50], an edge-based error 304 estimator combined to a gradient recovery procedure is used to compute, for each node, a 305 metric tensor that prescribes a set of anisotropic directions and stretching factors along 306 these directions, without any direct information from the elements, nor any underlying 307 interpolation. The optimal stretching factor field is obtained by solving an optimization 308 problem using the equi-distribution principle under the constraint of a fixed number of 309 nodes in the mesh, after which a new mesh is generated using the procedure described 310 in [51], based on a topological representation of the computational domain. 311

4.2. Edge error estimate

Given a mesh Ω_h of the domain Ω , we denote by \mathbf{x}^{ij} the edge connecting a given node \mathbf{x}^i to $\mathbf{x}^j \in \Sigma(i)$, where $\Sigma(i)$ is the set of nodes connected to \mathbf{x}^i , and the number of such nodes is noted as $|\Sigma(i)|$. Also, given a regular analytical (scalar) function ψ defined on Ω , and its P1 finite element approximation ψ_h computed on Ω_h , we follow [49] and estimate the interpolation error along the edge \mathbf{x}^{ij} as the projection along the edge of the second derivative of ψ . This is obtained projecting along the edge a Taylor expansion of the gradient of ψ at \mathbf{x}^j to give

$$\varepsilon_{ij} = |\mathbf{g}^{ij} \cdot \mathbf{x}^{ij}|, \qquad (16)$$

where the *i* and *j* superscripts indicate nodal values at nodes \mathbf{x}^i and \mathbf{x}^j , respectively, 320 $\mathbf{g}^i = \nabla \psi(\mathbf{x}^i)$ is the exact value of the gradient at \mathbf{x}^i , and $\mathbf{g}^{ij} = \mathbf{g}^j - \mathbf{g}^i$ is the variation of 321 the gradient along the edge. Although Eq. (16) involves only values of the gradient at 322 the edge extremities and can thus be evaluated without resorting to ressource expensive 323 Hessian reconstruction methods, this however requires the gradient of ψ to be known and 324 continuous at the nodes, which in turn requires full knowledge of ψ . Meanwhile, only 325 the linear interpolate ψ_h is known in practice, whose gradient is piecewise constant and 326 discontinuous from element to element (although its projection along the edges is continuous 327 since it depends only on the nodal values of the field). 328

A recovery procedure is thus used to build a continuous gradient estimator defined directly at the nodes. It is shown in [49] that a suitable error estimate preserving secondorder accuracy is obtained substituting the reconstructed gradient for the exact gradient in (16), to give 332

$$\bar{\varepsilon}_{ij} = |\bar{\mathbf{g}}^{ij} \cdot \mathbf{x}^{ij}|, \qquad (17)$$

where $\mathbf{\bar{g}}^{ij} = \mathbf{\bar{g}}^j - \mathbf{\bar{g}}^i$ and we denote by $\mathbf{\bar{g}}^i$ the recovered gradient of ψ_h at node \mathbf{x}^i . The latter is defined in a least-square sense as

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$$\bar{\mathbf{g}}^{i} = \underset{\mathbf{g} \in \mathbb{R}^{d}}{\operatorname{argmin}} \sum_{j \in \Sigma(i)} |(\mathbf{g} - \nabla \psi_{h}) \cdot \mathbf{x}^{ij}|^{2}, \qquad (18)$$

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for which an approximate solution using the nodal values as sole input is shown in [49] to be

$$\bar{\mathbf{g}}^{i} = (\mathbf{X}^{i})^{-1} \sum_{j \in \Sigma(i)} (\psi_{h}(\mathbf{x}^{j}) - \psi_{h}(\mathbf{x}^{i})) \mathbf{x}^{ij}, \qquad (19)$$

where \mathbf{X}^{i} is the length distribution tensor defined as

$$\mathbf{X}^{i} = \frac{1}{|\Sigma(i)|} \sum_{j \in \Sigma(i)} \mathbf{x}^{ij} \otimes \mathbf{x}^{ij} , \qquad (20)$$

that gives an average representation of the distribution of the edges sharing an extremity.

4.3. Metric construction

In order to relate the error indicator ε_{ij} defined in (17) to a metric suitable for mesh adaptation purposes, we introduce the stretching factor s_{ij} as the ratio between the length of the edge \mathbf{x}^{ij} after and before the adaptation. The metric at node \mathbf{x}^i is sought to generate unit stretched edge length in the metric space, that is, 340

$$(s_{ij}\mathbf{x}^{ij})^T \cdot \mathbf{M}^i \cdot (s_{ij}\mathbf{x}^{ij}) = 1, \quad \forall j \in \Sigma(i),$$
(21)

for which an approximate least-square solution is shown in [49] to be

$$\mathbf{M}^{i} = \left(\frac{d}{|\Sigma(i)|} \sum_{j \in \Sigma(i)} s_{ij}^{2} \mathbf{x}^{ij} \otimes \mathbf{x}^{ij}\right)^{-1}, \qquad (22)$$

provided the nodes in $\Sigma(i)$ form at least d non co-linear edges with \mathbf{x}^i (which is the case if the mesh is valid). The metric solution of (22) is ultimately computed setting a target total number of nodes N_n . Assuming a total error equi-distributed among all edges, the stretching factor is shown in [50] to be 347

$$s_{ij} = \left(\frac{\sum_{i} N_i(1)}{N_n}\right)^{\frac{2}{d}} \varepsilon_{ij}^{-1/2}, \qquad (23)$$

where $N_i(1)$ is the number of nodes generated in the vicinity of node \mathbf{x}^i for a unit error, given by 349

$$N_i(1) = \left(\det\left(\frac{d}{|\Sigma(i)|} \sum_{j \in \Sigma(i)} \varepsilon_{ij}^{1/2} \frac{\mathbf{x}^{ij}}{|\mathbf{x}^{ij}|} \otimes \frac{\mathbf{x}^{ij}}{|\mathbf{x}^{ij}|} \right) \right)^{-1/2}.$$
 (24)

4.4. Level set-based adaptation criteria

In order to simplify and clarify the presentation, the main steps needed for metric 351 construction at the nodes is summarized in algorithm 2. In practice, the sole variable 352 used for error estimation purpose is the filtered level set defined in (13), as it satisfies 353 the metric property in a thin layer around the interface (in particular it preserves the 354 zero iso-value of φ , which is the only relevant information for mesh adaptation purposes), 355 but avoids unnecessary adaption of the mesh further away from the interface (where the 356 interpolation error is close-to-zero, due to $\|\nabla \phi\| \sim 0$. This means that the criterion for mesh 357 adaptation is purely geometric, i.e., the same mesh is pre-adapted around the fluid-solid 358 interface, then used to compute all quantities needed to perform the next design update 359 step. Nonetheless, it is worth mentioning that the approach also supports more complex 360 adaptation criteria featuring physical quantities, thus providing the ability to dynamically 361 adapt the mesh during the simulations. The common method to adapt a mesh to several 362

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Algorithm 2 Anisotropic mesh adaptation	algorithm
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Require: Anisotropic adapted mesh

- 1: Set number of nodes N_n
- 2: Compute ψ_h on current mesh
- 3: for each node \mathbf{x}^i do
- 4: Compute length distribution tensor \mathbf{X}^i using (20)
- 5: Compute nodal recovered gradient. $\mathbf{\bar{g}}^i$ using (19)
- 6: for all edges \mathbf{x}^{ij} do
- 7: Compute edge recovered gradient $\bar{\mathbf{g}}^{ij}$
- 8: Compute edge-based error ε_{ij} using (17)
- 9: Compute stretching factor s_{ij} using (23)
- 10: Compute metric \mathbf{M}^i using (22)

11: Generate new mesh by local improvement in the neighborhood of the nodes and edges [51] 12: Interpolate ψ_h on new mesh using classical linear interpolation

variables is to combine the metrics corresponding to each individual variable using metric 363 intersection algorithms, which is known to incur a relatively high computational cost and 364 to have potentially non-unique, suboptimal outcome. Conversely, the present approach 365 allows building directly a unique metric from a multi-component error vector combining 366 level set and any relevant flow quantity of interest, as definition (17) is easily extended 367 to account for several sources of error [52]. Indeed, if we consider $\psi = (\psi_1, \psi_2, \dots, \psi_p)$ a 368 vector consisting of p scalar variables, it comes out straightforwardly that the error is now a 369 vector $\boldsymbol{\varepsilon}_{ij} = (\varepsilon_{ij,1}, \varepsilon_{ij,2}, \dots, \varepsilon_{ij,p})$, whose L^2 norm can serve as simple error value for the 370 edge from which to compute the stretching factor (23) and ultimately, the metric solution 371 of (22). For instance, the 2d + 5 sized nodal vector field defined as 372

$$\boldsymbol{\psi}_{h}(\mathbf{x}^{i}) = \left(\frac{\phi_{h}^{i}}{\max_{j \in \Sigma(i)} \phi_{h}^{j}}, \frac{u_{h_{k \in \{1...d\}}}^{i}}{\|\mathbf{u}_{h}^{i}\|}, \frac{\|\mathbf{u}_{h}^{i}\|}{\max_{j \in \Sigma(i)} \|\mathbf{u}_{h}^{j}\|}, \frac{T_{h}^{i}}{\max_{j \in \Sigma(i)} T_{h}^{j}}, \frac{\tilde{u}_{h_{k \in \{1...d\}}}^{i}}{\|\tilde{\mathbf{u}}_{h}^{i}\|}, \frac{\tilde{u}_{h}^{i}\|}{\max_{j \in \Sigma(i)} \|\tilde{\mathbf{u}}_{h}^{j}\|}, \frac{\tilde{T}_{h}^{i}}{\max_{j \in \Sigma(i)} \tilde{T}_{h}^{j}}\right),$$

$$(25)$$

can be used to combine adaptivity with respect to the norm and direction of the state and 373 adjoint velocity vectors and with respect to the state and adjoint temperatures, in addition 374 to the level set. Because all fields are normalized by their respective global maximum, a 375 field much larger in magnitude cannot dominate the error estimator, meaning that the 376 variations of all variables are fairly taken into account. This benefits problems involving 377 more complex physics (here, heat transfer, but also turbulence, fluid-structure interaction, 378 multiple phases, possibly in interaction with one another), all the more so in the context 379 of topology optimization, as the difference in the spatial supports of the state and adjoint 380 quantities (due to the non-normality of the linearized evolution operator [53]) may otherwise 381 yield conflicting requirements in terms of the regions of the computational domain most in 382 need of refinement. 383

5. Numerical implementation

5.1. Geometrical constraints

Fluid flow topology optimization is generally performed under geometrical constraints, 386 typically, constant or upper bounded surfaces and/or volumes to avoid the two extreme cases 387 of the solid domain clogging the entire design domain (as in pressure drop minimization 388 problems), or disappearing altogether (as in drag minimization problems). This is usually 389 done adding penalty terms to the Lagrangian (each of which consists of an empirical penalty 390 parameter multiplied by a measure of violation of the constraint), whose variations with 391 respect to the state and design variables snowballs into the derivation of the adjoint problem 392 and of the cost function sensitivity. Here, the constraint of a constant volume of fluid 393

 V_{target} is applied a posteriori, i.e., we solve the unconstrained problem presented in Sec. 2 (in the sense that no penalty term is added to the Lagrangian, although the optimization remains subject to Navier–Stokes as state equations). Once the convective level set method presented in Sec. J.5 has updated the interface position, a first pass of anisotropic mesh adaptation is performed, after which the volume of the fluid domain is computed as

$$V_{\varphi} = \int_{\Omega} H_{\epsilon}(\varphi) \,\mathrm{d}v \,, \tag{26}$$

where H_{ϵ} is the same smoothed Heaviside function on the fluid domain defined in (12). A 399 simple dichotomy approach is then used to optimize a constant deformation $\delta \varphi$ meant to 400 enlarge $(\delta \varphi < 0)$ or shrink $(\delta \varphi > 0)$ the fluid domain, until the difference $|V_{\varphi+\delta\varphi} - V_{target}|$ 401 between the actual and target volumes drops below a certain tolerance, at which point 402 we cut off $\varphi + \delta \varphi$ and perform a second pass of mesh adaptation. Two points are worth 403 mentioning: first, because each offset changes the min-max values of the truncation, the 404 above procedure requires knowledge of the level set φ (not just the filtered level set ϕ). 405 A brute force algorithm therefore performs beforehand a complete reconstruction of the 406 distance function from the zero iso-value of ϕ , as only the filtered level set (not the level 407 set) is evolved during the convection-reinitialization step. Second, only small deformations 408 are considered so that no intermediate mesh adaptation passes are required. By doing so, 409 the total cost has been found to be essentially that of performing the second pass of mesh 410 adaptation (not shown here for conciseness). 411

5.2. Steepest descent update rule

In practice, the displacement used to perform the update step is defined as

$$\beta = -\theta \frac{\beta_0 \chi_{\Gamma}(\mathbf{x})}{\max_{\Omega} \beta_0 \chi_{\Gamma}(\mathbf{x}) \prod_{l} \zeta(||\mathbf{x} - \mathbf{x}_s^l||)}, \qquad (27)$$

where β_0 is the steepest descent estimate estimated from (9), $\theta > 0$ is a descent factor controlling the step taken in the gradient direction, and χ_{Γ} and ζ are activation functions between 0 and 1 ensuring that the design is fittingly updated only in relevant regions of the computational domain. More details are as follows:

- χ_{Γ} is a binary filter returning a value of 1 only at nodes within a distance E of the interface. This is because the normal vector in a level set framework is recovered as $\mathbf{n} = \nabla \phi / ||\nabla \phi||$, so the displacement is non-zero in the whole fluid domain, even far from the interface where \mathbf{n} has unit norm because $||\nabla \phi||$ only tends asymptotically to zero. In return, the update step can break down numerically at nodes nearly equidistant from two subparts of the interfaces (for instance the centerline of a channel).
- ζ is a smooth filter assigning 0 value to some subset $\mathbf{X}_{s}^{l} \in \partial \Omega$ that can be either a point 424 or a curve, and $\|\mathbf{x} - \mathbf{X}_s^l\|$ is the shortest-path distance to \mathbf{X}_s^l . Such subsets are singled 425 out prior to optimization, because the flow there may be driven to a singularity, and ill-426 defined velocity gradients may cause large, unphysical displacements. Such singularities 427 can be dealt with numerically by appending fluid/solid Dirichlet boundary conditions 428 to the level set convection-reinitialization problem. Nonetheless, they must not be 429 included in the normalization step to avoid forcing excessively small displacements 430 along the remaining part of the interface, and thereby considerably slowing down the 431 convergence rate of the iterative optimization process. We use here hyperbolic tangent 432 filters 433

$$\zeta(r) = \frac{1}{2} + \frac{1}{2} \tanh\left(\alpha_s \tan\left(-\frac{\pi}{2} + \frac{\pi}{2}\frac{r}{r_s + \epsilon_{s1}} + \epsilon_{s2}\right)\right),\tag{28}$$

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increasing from 0 to 1 within a distance of $2r_s$ from the singularity, with r_s a transition radius such that 435

$$4r_s < \min_{l,m} \|\mathbf{X}_s^l - \mathbf{X}_s^m\|,\tag{29}$$

to prevent overlaps, α_s a steepness parameter controlling the sharpness of the transition, and $\epsilon_{s1,2}$ small regularization parameters to avoid local discontinuities.

Ultimately, the above filtering and normalization steps ensure that the level set is 438 updated using a displacement that is non-zero only in a thin layer of thickness E about the 439 interface, minus a certain number of singular subsets.

5.3. Descent factor

It follows from Eq. (27) that the descent factor θ physically represents the maximum 442 displacement amplitude over the update region of interest. In practice, though, the actual 443 numerical displacement (estimated from the difference between zero iso-value of the filtered 444 level set before and after transport) has been found to be well below its theoretical value. 445 This is because the state and adjoint velocities are forced to zero is the solid domain, so 446 the fluid component of the displacement (driven by the velocity gradients) is also zero 447 everywhere in the solid, except in a very narrow region about the interface. As a result, it 448 is not possible to explicitly control the displacement achieved numerically at each iteration. 449 A simple scheme to do so would have been to repeatedly evolve the interface with a small 450 descent factor until the difference between the cumulated and target displacement drops 451 below a certain tolerance, but the interface can be evolved only once per update step, as the 452 gradient information is lost if the displacement happens to be in the direction of the solid 453 (for the same reason mentioned above). We thus tune the descent factor manually on a case 454 by case basis, for the achieved displacement to be slightly smaller than the cut-off thickness. 455 This has been found to be a satisfactory trade-off between accuracy and numerical effort, as 456 the number of iterations required for convergence remains affordable, and the position of 457 the evolved interface is accurately tracked (displacements larger than the cut off thickness 458 conversely move the level set into regions of the computational domain lacking the proper 459 mesh refinement, which has been found to ultimately affect the accuracy of the interface 460 representation). 461

5.4. Parallel resolution

The resolution of the various physical problems considered herein (e.g., Navier–Stokes, 463 adjoint Navier–Stokes, heat equation, adjoint heat equation, level-set advection) requires to 464 compute, store and solve large-scale linear systems (or non-linear systems that may lead to 465 the resolution of several linear systems if an implicit discretization scheme is used). To this 466 end, the resolution step makes a clear distinction between those large systems that need to 467 be stored and solved, and their local contributions at the element levels: all finite element 468 formulations are only implemented sequentially at the element level, then assembled and 469 solved in parallel using the PETSc library [54], that offers a wide range of parallel data 470 structures (linear and non-linear solvers as well as preconditioners) and can be run on large 471 computing clusters. Here, only semi-implicit and explicit discretization schemes are used; 472 see J), and the associated linear systems are sufficiently well conditioned to be solved by 473 iterative methods. We thus use the Generalized Minimal Residual (GMRES) algorithm with 474 block Jacobi incomplete LU preconditioning, and consider the solutions to be converged if 475 the absolute residuals are less than 10^{-6} . 476

5.5. General algorithm

Figure 1 shows the flowchart of the implemented topology optimization algorithm, in 478 which anisotropic mesh adaptation is key to capture the interface with the highest precision 479 possible. The necessary algorithmic parameters common to all examples documented in the 480 following are given in Tab. 1. Note, as a consequence of the level set-based technique used 481

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Figure 1. Flowchart of performance topology optimization procedure.

to enforce the volume of fluid constraint, convergence is achieved not when the displacement is identically zero (as would be the case using a penalized Lagrangian approach), but when the displacement is uniform along the interface. This is not easily done on the fly, though, so we rather iterate until a maximum number of iterations has been reached and evaluate convergence a posteriori.

6. Numerical benchmarks

6.1. Preliminaries

This section assesses the efficiency of the numerical framework through a series of 489 topology optimization problems showcasing the accuracy to which the optimal interfaces are 490 captured in the simulation model. Several cases are considered in 2-D and 3-D, for which we 491 aim at maximizing heat transfer in the domain while minimizing the total pressure losses in 492 the fluid channels. A bi-objective optimization strategy is used, that consists in minimizing 493 the linear weighted sum (10) of two criteria inspired from [37] and [55], namely an hydraulic 494 cost function J_{ν} measuring the net inward flux of total pressure through the boundaries (to 495 minimize) and a thermal cost function J_{Θ} measuring the recoverable thermal power from 496 the domain through the inlet and outlet flow boundary conditions (to maximize). Since the 497

$h_{\perp} = 0.0001$	Min. interface normal mesh size
$\Delta t = 0.1$	CFD Numerical time step
E = 0.005	Level set cut off thickness
$ \delta \varphi = [0.0005; 0.001]$	Initial volume recovery offset
$r_s = 0.0125$	Transition radius
$\alpha_s = 2.1$	Sharpness parameter
$(\epsilon_{s1}, \epsilon_{s2}) = (0.0005, 0.005)$	Regularization parameters



orientation of the normal **n** yields $\mathbf{u} \cdot \mathbf{n}|_{\Gamma_i} > 0$ and $\mathbf{u} \cdot \mathbf{n}|_{\Gamma_o} < 0$, this is expressed in the form of (5) as

$$J_{\nu} = p_{tot}(\mathbf{u} \cdot \mathbf{n}) = \left(p + \frac{1}{2}\rho(\mathbf{u} \cdot \mathbf{u})\right)(\mathbf{u} \cdot \mathbf{n}), \quad \text{and} \quad J_{\Theta} = \rho c_p T(\mathbf{u} \cdot \mathbf{n}). \quad (30)$$

In all cases, a reference design domain is chosen under the form of a cubic or cuboid (parallelepipedic) cavity, with cylindrical inlet and outlet at which parabolic profiles normal to the boundary are prescribed, as defined by 502

$$\mathbf{u}_{i,o} = u_{i,o} \left(1 - \frac{4r^2}{e_{i,o}^2} \right) \mathbf{n} \,, \tag{31}$$

with r the distance to the inlet/outlet center, e_i (resp. e_o) the inlet diameter (resp. the outlet diameter) and u_i (resp. u_o) the inlet centerline velocity (resp. the outlet centerline velocity, adjusted for the mass flow exiting through the outlet to match exactly that entering through the inlet). For each case, the control parameters are the Reynolds (built here on inlet diameter and maximum inlet velocity) and Prandtl numbers.

The remainder of the practical implementation details are as follows:

- All design domains are initialized with solid inclusions coming in various shapes and sizes. From experience, the flow topology optimization problems tackled in the following are essentially insensitive to the initial design provided a sufficient large number of inclusions is used (additional mechanisms for seeding solid inclusions could be added to the proposed framework, but however lie outside the scope of this study). 512
- The admissible error on the target volume is set to 1% in 2-D, and 5% in 3-D.
- The fluid is systematically conveyed into and out of the design domain using leads of length l_i (the same at all inlets) and l_o (the same at all outlets) appended normal to the boundary. This is for numerical consistence, as the exact problem formulation in the literature may vary depending on the case, and it is not always clear whether such leads should be included in the design domain (which they are here, although they are not considered in the volume constraint, neither in definition of the target volume nor in the computation of the volume of fluid).
- The singular subsets excluded from the displacement normalization step are the sharp intersections between the leads and the boundary of the cavities. Note, this is not a consequence of explicitly representing the leads, as the exact same procedure has been found suitable without such appendage. In practice, since all inlets and cylindrical cutlets are cylindrical, each smooth filter ζ therefore transitions from 0 to 1 over a circle of radius $2r_s$ (in 2-D) or a torus of minor radius $2r_s$ and major radius equal to the inlet/outlet radius (in 3-D).
- The leads are excluded from the displacement normalization step, for which we simply add to the max argument of (27) a binary filter returning a value of 0 at all nodes located inside the pipes. This is again to avoid slowing down the convergence rate of the iterative optimization process, as the maximum displacement is otherwise located

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Figure 2. Set-up of the two-dimensional single pipe problem with heated walls. The orange and light gray shade denote hot isothermal and adiabatic walls, respectively.

in the leads (because the easiest way to minimize the dissipated power is to suppress 533 the flow by having the solid entirely clogging the leads). 534

- Without seeking to optimize the performance, all optimization runs have been found 535 to converge within a few hundreds iterations, which is essentially the number of steps 536 used to fulfill the fluid volume constraint (more details in the following) while ensuring 537 that the displacement achieved at each iteration remains below the level set cut-off thickness.
- All 3-D meshes (resp. 2-D meshes) have been checked to have an element-to-node ratio close to 5 (resp. close to 2), as should be for denses mesh made up of tetrahedral (resp. triangular) elements. In order to ease the comparison with the available literature, 542 the mesh information is thus documented in the following in terms of its equivalent number of elements, defined as $N_{el} = 5N_n$ (resp. $N_{el} = 2N_n$).

6.2. Two-dimensional splitter device with two outlets

In order to provide a first verification and characterization of the method, we consider 546 a purely hydraulic ($\omega = 0$) problem aiming at minimizing power dissipation in a 2-D flow 547 splitter device, a classical example of functional unit used for continuous separation and 548 collection of particles in microchannels [56], and a class of flow that has received attention 549 as a relevant example of topology optimization in fluid dynamics [57,58]. The design domain 550 sketched in Fig. 2 is a square cavity of unit height, with a single inlet at the bottom and two 551 outlets at the left size on the left and right sides. The aim is to determine the optimal design 552 that connects the inlet to the outlets, subject to the constraint that the fluid must occupy 553 20% percent of the cavity, and the flow must be distributed evenly over the multiple outlet 554 orifices for each outlet to have 1/2 of the fluid flow entering through the inlet; see Tab. 2 for 555 provision of the remaining problem parameters. The initial design shown in Fig. 4 consists 556 of spherical occlusions arranged for the initial volume of fluid to fill about 50% of the cavity, 557 in violation of the volume constraint. This is because many more smaller inclusions are 558 needed to recover the proper volume, which would either dramatically increase the surface 559 of the interfaces that needs be captured (and thus, the number of mesh elements needed to 560 maintain the numerical accuracy), or risk clogging the fluid path due to insufficient mesh 561 refinement. As shown in the convergence history presented in Fig. 3, there is thus an initial 562 transient during which the cost function, albeit low, has little physical meaning, as the 563 constraint value is decreased up to the point where it reaches the target within the desired 564 tolerance, and the cost function adjusts until a feasible minimum is found. 565

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$\Omega = [0;1] \times [0;1]$	Design domain
d = 2	Problem dimensionality
$V_{target} = 0.25$	Target volume of fluid
$V_{\varphi,0} = 0.50$	Initial volume of fluid
Re = 2	Reynolds number
$u_i = 0.3$	Inlet centerline velocity
$e_i = 0.125$	Inlet diameter
$l_i = 0.4$	Inlet leads length
$\mathbf{x}_{i1} = (0.8125, -0.4)$	Inlet center coordinates
$u_{o1} = 0.1$	Outlet 1 centerline velocity
$u_{o2} = 0.1$	Outlet 2 centerline velocity
$e_o = 0.1875$	Outlet diameter
$l_o = 0.125$	Outlet leads length
$\mathbf{x}_{o1} = (-0.125, 0.21875)$	Outlet 1 center coordinates
$\mathbf{x}_{o1} = (-0.125, 0.78125)$	Outlet 1 center coordinates
$N_n = 30000$	Nb. mesh nodes
$N_{el} = 60000$	Nb. mesh elements

Table 2. Numerical parameters for the two-dimensional flow splitter device problem.

A total of 500 iterations has been run with 30000 mesh elements. The optimization 566 goes through several complex stages, e.g., merging or cancellation of holes, all accurately 567 represented on anisotropic adapted meshes, as evidenced by the selected samples shown 568 in Fig. 4. Also, all meshes exhibit the expected refinement and deformation, with coarse 569 and regular elements away from the interface between solid and fluid (all the more so in 570 the solid domain, where only a few ten elements are used), but fine, extremely stretched 571 elements on either side of the interface (for the velocity to smoothly transition to zero across 572 the boundary layer). In return, the interfaces are sharply captured, not only at optimality 573 but during all stages of the optimization (even in the leads). Ultimately, the optimal duct 574 for this case is a wide pipe splitting at mid length into two almost identical (in terms of 575 diameter), thinner pipes, each connecting to an outlet. This layout stands as the better 576 trade-off between transporting fluid the shortest way, and transporting it in the widest 577 possible pipe, and is consistent with the results documented in Ref. [57], although the 578 optimal shapes therein exhibit quality issues (staircase effects) in smoothly curved regions, 579 and anisotropic mesh adaptation represents a tremendous improvement in this regards. The 580 same trends are observed when assessing the sensitivity of the designed layout to variations 581 in the design conditions, such as the volume of fluid allowed in the layout, or the ratio of 582 flow rate at the outlets. This is evidenced in Fig. 5(a) showing the final ducts optimized 583 for several volume of fluid constraints in a range from 10 to 50%. Overall, the obtained 584 results show that decreasing the volume of fluid simply slims down the optimal channels, 585 but increases the dissipated power, which is because most energy is dissipated by shear at 586 low Reynolds numbers, so an optimal flow pipe is preferably as short and wide as possible 587 (note, the analysis overlooks the mass of the layout, that obviously puts a limit on how 588 much fluid should be allowed in a practical device). Similarly, we show in Fig. 5(b) the final 589 ducts optimized for several flow rate ratios ranging from 1:9 (i.e., 10% at the lower outlet 590 vs. 90% at the upper outlet) to 9:1. The results show that the larger the flow rate at a 591 certain outlet, the thicker the channel, which is fully consistent with the previous findings. 592 Ultimately, less power is dissipated if the flow rate is larger at the lower outlet, with the 1:9 593 optimal lower than its 9:1 counterpart by 25%. This is simply because a larger lower flow 594 rate makes for a shorter path from the inlet to the outlet, and the cost of bending the fluid 595 stream shortly after the inlet is low, given that most fluid flows in the (shorter) inner region. 596



Figure 3. Convergence history for the two-dimensional flow splitter device presented in Fig. 2. All cost function values made non dimensional using the inlet diameter and maximum inlet velocity (equivalently, using $\rho u_i^3 e_i$ as reference cost functional value). The grey shade indicates the iterations during which the volume constraint is adjusted to its target value.



Figure 4. Hydraulic optimization of the two-dimensional flow splitter device presented in Fig. 2. From left to right and from top to bottom: the zero iso-value of the level set function and associated anisotropic adapted meshes are sampled over the course of optimization using the parameters given in Tab. 2. The associated volume of fluid are 49.5%, 45.4%, 40.6%, 34.7%, 24.8% and 24.9%, respectively.

6.3. Two-dimensional single pipe with heated walls

The second case study is a two-dimensional conjugate heat transfer problem that has 598 received substantial attention in the recent literature [26, 32, 55, 59]. The design domain 599 shown in Fig. 6 is a square cavity of unit height. It has a single inlet on the left side 600 and a single outlet on the right side lined up in front of each other, and is discretized 601 with 50000 elements. A cold fluid is flowing from the inlet, and is heated by the top and 602 bottom walls, subject to a fixed (hot) temperature. All other walls (cavity and leads) are 603 insulated from the surroundings with zero heat absorbed or released (i.e., adiabatic). The 604 solid is set to be 10 times more diffusive than the fluid, which allows using fluid to insulate 605 thermically inner regions from the cold inlet temperature. The aim is to determine the 606 optimal design that connects the inlet to the outlets subject to the constraint that the fluid 607

(a)

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Lower flow rate fraction (%)

Figure 5. Sensitivity of the optimal design against (a) the volume of fluid allowed in the design domaine, and (b) the fraction of fluid leaving the design domain through the lower outlet, for the two-dimensional flow splitter device presented in Fig. 2. All cost function values made non dimensional using the inlet width and centerline inlet velocity (equivalently, using $\rho u_i^3 e_i$ as reference cost functional value).



Figure 6. Set-up of the two-dimensional single pipe problem with heated walls. The orange and light gray shade denote hot isothermal and adiabatic walls, respectively.

must occupy 40% percent of the cavity (twice as mush as the straight parallel pipe fitting 608 exactly to the inlet and outlet). All other problem parameters, including Reynolds and 609 Prandtl numbers, are given in Tab. 3. Note, because the inlet and outlet diameters are the 610 same, mass conservation demands the same velocity condition to be prescribed at the inlet 611 and outlet. We do not share the view expressed in [26] that this is ill-posed, in the sense 612 that it does force the algorithm to identify acceptable trade-offs between both hydraulic 613 and thermal for heat and mass transfer optimization without yielding broken flow paths, 614 dead ends or non-physical artifacts, which is the desired goal. Moreover, the argument that 615 the optimization is limited by the fact that the sole variables left to optimization are the 616

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$\Omega = [0;1] \times [0;1]$	Design domain
d = 2	Problem dimensionality
$V_{target} = 0.4$	Target volume of fluid
$V_{\varphi,0} = 0.4$	Initial volume of fluid
Re = 4.5	Reynolds number
$\Pr = 5$	Prandtl number (fluid)
$k_{s}/k_{f} = 10$	Solid to fluid thermal diffusivity ratio
$T_{w}^{-} = 10$	Hot wall temperature
u_i = 1	Inlet centerline velocity
$T_i = 0$	Inlet cold temperature
e = 0.2	Inlet diameter
$l_i = 0.1$	Inlet leads length
$\mathbf{x}_i = (-0.1, 0.5)$	Inlet center coordinates
$u_o = 1$	Outlet centerline velocity
$e_o = 0.2$	Outlet diameter
$l_o = 0.1$	Outlet lead length
$\mathbf{x}_o = (1.1, 0.5)$	Outlet 1 center coordinates
$N_n = 25000$	Nb. mesh nodes
$N_{el} = 50000$	Nb. mesh elements

Table 3. Numerical parameters for the two-dimensional single pipe problem with heated walls.

pressure (not total pressure) drop between the inlet and outlet, and the outlet temperature (which removes the need to explore, e.g., converging or narrowing channels designs aimed at increasing the fluid velocity), while true in this particular setting, does not hold if multiple inlets/outlets or different inlet/outlet diameters are used.

We show in Fig. 7 distinct optimal designs computed by increasing progressively the 621 thermal weigh, to which we come back below for further discussion. At this stage, the 622 point of interest is that all related optimization runs go through several complex stages 623 all accurately represented on anisotropic adapted meshes made up of extremely stretched 624 elements on either side of the interface. This is evidenced by the selected samples shown 625 in Figs. 8-9, where the main difference compared to the hydraulic case in Sec. 6.2 is the 626 finer element size used to discretize the inner solid domain (here the same as in the inner 627 fluid domain) to accurately resolve heat conduction. This is all the more important given 628 that the increased non-linearity of the optimization problem at large thermal weighs (where 629 there is almost no contribution from the hydraulic cost function) yields strongly anisotropic 630 material distributions, that require adequately capturing the formation and destruction of 631 very fine cross-flow fluid structures whose diameter can be below 1/20 the inlet diameter. 632

For low thermal weighs, the optimal design is a single, straight pipe connecting the 633 inlet to the outlet, as evidenced in Fig. 8(a). This is because the contribution of the thermal 634 cost function is negligible, so the only objective is to minimize the fluid power dissipation, 635 hence short and wide pipes. In return, the optimal pipe is as wide as allowed by the volume 636 constraint, with increased cross section halfway though (compared to the inlet and outlet) 637 to minimize shear. Increasing ω adds more priority to increase the recoverable thermal 638 power, which opens the possibility to depart from the straight pipe even at the cost of some 639 increase in the hydraulic objective. In this regards, our results highlight the existence of 640 two distinct branches of solution, referred to as symmetric and asymmetric. 641

Symmetric designs feature a solid core forming at the center of the cavity, hence dividing the lead into a lower and an upper pipe, as shown in Fig. 8(b). This increases both the dissipated power and the recoverable thermal power, as it lengthens the distance over which the fluid travels, but moves both pipes towards the hot walls, and heats up the fluid without any temperature losses associated to heat flux conduction through the solid (as the solid thermal conductivity is 10 times that of the fluid). The asymmetric designs presented in Fig. 9(a) conversely feature a single pipe bending into either the lower or the upper half



Figure 7. Optimal designs sorted by weighting ω for the two-dimensional single pipe device with heated walls presented in Fig. 6. (a) Low and intermediated thermal weighs. The dashed lines denote the results obtained at large thermal weighs, further presented by the close-ups in (b-c) for (b) symmetric and (c) asymmetric designs.

of the domain, which is a different trade-off involving both less recoverable thermal power and less dissipated power, as the fluid is heated up at only one out of the two hot wall, but travels in a wider pipe. 649

Increasing the thermal weigh forces the fluid along the hot walls to expand the 652 exchange surface. Beyond a certain threshold, the symmetric solid core splits vertically into 653 an increasing number of subcores, as a network of fluid strips forms to act as a large thermal 654 resistance breaking the horizontal temperature gradient to reduce the core heat conduction; 655 see Fig. 8(c). Meanwhile, in Fig. 9(b), the asymmetric bent pipe gives way in to the more 656 complex Z-shaped pipe successively forcing the flow along the top and bottom walls (yet 657 another trade-off that increases both the recoverable thermal power and the dissipated 658 power, as the heat exchange surface doubles, but the fluid travels in a thinner and longer 659 pipe.), whose solid layout eventually fragments vertically near the Z edges to make the most 660 of the low conductivity of the fluid; see Fig. 9(c). 661

Upon comparing the above design to those in Ref. [55] (the closest study to our work in the available literature), the following remarks can be made: 663



Figure 8. Multi-objective optimization of the two-dimensional single pipe device with heated walls presented in Fig. 6. From top to bottom: the zero iso-value of the level set function and associated anisotropic adapted meshes are sampled over the course of optimization using the parameters given in Tab. 3. (a) Straight pipe solution with $\omega = 0.4$. (b) Solid core solution with $\omega = 0.7$. (c) Fragmented core solution with $\omega = 0.987$.

anisotropic adapted meshes dramatically improve the accuracy of all geometric representations, as most results in the recent available literature exhibit obvious staircase effects in all curved regions.



Figure 9. Multi-objective optimization of the two-dimensional single pipe device with heated walls presented in Fig. 6. From top to bottom: the zero iso-value of the level set function and associated anisotropic adapted meshes are sampled over the course of optimization using the parameters given in Tab. 3. (a) Bent pipe solution with $\omega = 0.85$. (b) Z pipe solution with $\omega = 0.97$. (c) Fragmented Z pipe solution with $\omega = 0.998$.

• the solid and fragmented core solutions are generally consistent, although they show $_{667}$ up in [55] at surprisingly much lower values of ω (an issue already raised in [26]) and $_{668}$ with lesser horizontal symmetry at large thermal weights (which may be because the $_{669}$



Figure 10. Fragmented core solutions computed under various initial designs under thermal weigh $\omega = 0.987$.



Figure 11. Pareto frontier for bi-objective topology optimization of the single pipe device with heated walls. The red symbols are the near-optimal design for which both the dissipated power and the recoverable thermal power approach their single objective optimization value.

authors in the aforementioned study do not impose a specific target volume of fluid, but only an upper bound). 670

- asymmetric designs are noticeably absent from [26,55] and from other studies tackling 672 variations of this problem. Again the explanation may lie in the constraint on the 673 maximum volume of fluid, in the sense that for a given asymmetric design minimizing 674 the cost function under a certain thermal weigh, a more efficient symmetric design 675 may exist at a smaller volume of fluid. Asymmetric designs are reported in [32], for 676 which the authors allude to the use of unstructured meshes, but we believe they are 677 rather the consequence of different flow regimes, as the aforementioned study considers 678 a much higher Reynolds number of 400 and a much lower Prandtl number of 0.05, and 679 the present use of unstructured meshes does not alters the solutions symmetry. 680
- similar formation fluid strips to act like a heat insulation material at large ω is 681 documented in [55]. While it is a robust mechanism, in the sense that even a non-682 fragmented solid cores and Z pipes computed at a slightly smaller thermal weigh end 683 up breaking up, we have found the way the solid layout splits to be very sensitivity to 684 the optimization path. This is evidenced in Fig. 10 showing a series of fragmented core 685 designs generated by varying the initial design under constant thermal weigh. The 686 number of subcores and the subcores arrangements doe vary, but they yield identical 687 cost functions (and thermal cost functions) within 1%, which suggests that fragmented 688 solutions are actually flat minimizers. 689

724



Figure 12. Set-up of the three-dimensional single pipe problem with heated walls: one single hot stripe. The orange and light gray shade denote hot isothermal and adiabatic walls, respectively.

• non-physical designs (e.g., broken flow paths, dead ends and total fluid flow blockage, all highly undesirable from manufacturing point of view) have been obtained at much higher values of $\omega > 0.999$, which is when the contribution of the hydraulic cost function becomes negligible. This may have to do with the modeling of the solid material, as a porous media does allow solutions with no fluid connection between the inlet and outlet flows, while the IVM rigorously forces the solid velocity to zero.

Additional testing has been performed in the attempt to clarify the connection between 696 the various branches of solutions (although not the intended scope of this study). The 697 main findings are threefold: first, the straight pipe solution exists up to $\omega \sim 0.7$, after 698 which its centerline shifts increasingly in the upper domain (or lower domain, by vertical 699 reflectional symmetry) and the solution evolves continuously into the bent pipe solution. 700 Second, the solid core solution branches off the straight pipe at about $\omega \sim 0.64$ (this has been 701 estimated using a branch-tracking technique in which the design is initialized with a solid 702 core solution computed at a slightly larger thermal weigh), then evolves continuously into 703 the fragmented core solution. Finally, the connection between the bent and Z pipe solutions 704 remains uncertain: both solutions have been found to coexist over a range of thermal weighs 705 from 0.94 to 0.98, where they yield almost identical cost functions. Meanwhile, we could 706 not manage to have a bent pipe continuously turn into a Z, regardless of the value of ω 707 and the number of update steps (up to several ten thousands). This raises the possibility 708 that the Z pipe solution may branch off subcritically from the bent pipe solution, leading to 709 hysteresis (testing this hypothesis is uneasy due to the difficulty of consistently generating 710 Z pipe solutions unless a branch-tracking technique is used, which is why the optimization 711 run documented in Fig. 9(b) does not start from the classical design with solid occlusions). 712

Finally, Fig. 11 recasts the obtained results into the Pareto frontier of the multi-objective 713 optimization problem. Interestingly, it turns out that the Pareto-efficient subset consists 714 exclusively of straight, bent and Z pipes (although the fragmented core solutions equally 715 dominate at very high influences of the thermal objective function). Interestingly, the 716 close-to-convex shape of the Pareto front means that a few solutions provide an acceptable 717 trade-off by having both single cost functions close to their single objective optimization. 718 This corresponds here to the bent pipe at ω 0.97 and the Z pipe at $\omega = 0.95$, for which the 719 recoverable thermal power is below its single objective maximum by less than 10% (the 720 dissipated power is 7 times as large as its single objective minimum, which is not small 721 strictly speaking, but very reasonable given that the worst performance is actually by a 722 factor of 100). 723

6.4. Three-dimensional single pipe with heated walls

The last test case stands as a three-dimensional counterpart of the two-dimensional 725 conjugate heat transfer problem considered in Sec. 6.3. The setting inspired from [17] is 726 depicted in Fig. 12, with detailed problem parameters given in Tab. 4. The design domain 727 is a cuboid cavity of unit height and aspect ratio 2:1:1, with a single inlet on the left and a 728 single outlet on the right, again lined up in front of each other. A cold fluid is flowing from 729

	0	e fe	
$\Omega = [0;2] \times [0;1] \times [0;1]$	*	»	Design domain
d = 3	*	*	Problem dimensionality
$V_{target} = 0.4$	*	*	Target volume of fluid
$V_{\varphi,0}$ = 1.8	*	*	Initial volume of fluid
Re = 12	*	»	Reynolds number
Pr = 83.5	*	»	Prandtl number
$k_{s}/k_{f} = 10$	*	»	Thermal conductivity ratio
$T_w = 10$	*	»	Hot stripe temperature
$\Delta x_h = 0.2$	*	»	Hot stripe width
$x_{h1} = 1$	0.5	*	Hot stripe 1 center coordinate
-	-	x_{h2} = 1.5	Hot stripe 2 center coordinate
u_i = 1	*	*	Inlet centerline velocity
$T_i = 0$	*	*	Inlet cold temperature
e = 0.2	*	»	Inlet diameter
$l_i = 0.1$	*	»	Inlet leads length
$\mathbf{x}_i = (-0.1, 0.5, 0.5)$	*	»	Inlet center coordinates
$u_o = 1$	*	»	Outlet centerline velocity
$e_o = 0.2$	*	»	Outlet diameter
$l_o = 0.1$	*	»	Outlet lead length
$\mathbf{x}_o = (2.1, 0.5, 0.5)$	*	»	Outlet 1 center coordinates
$N_n = 1000000$	*	»	Nb. mesh nodes
$N_{el} = 5000000$	*	»	Nb. mesh elements

Table 4. Numerical parameters for the three-dimensional single pipe problem with heated walls.

the inlet, and is heated by the cavity walls, with the difference that only a finite stripe at the 730 middle of the cavity walls is maintained at a constant (hot) temperature, and all remaining 731 walls (cavity and leads) are considered adiabatic. In what follows, the thermal weigh is set 732 fo $\omega = 0.95$ to add more priority to increase the recoverable thermal power. Note, although 733 the configuration has two reflectional symmetries, we do not reduce the computational cost 734 by modeling only a quarter of the domain together with symmetry boundary conditions, 735 which is feasible [60] but would not allow assessing the method in the context of large scale 736 systems. The entire domain is thus discretized with 5000000 mesh elements, and we let 737 symmetry eventually arise as a result of the optimization process. 738

The initialization shown in Fig. 13 corresponds to a fluid box filled with islands of solid 739 spherical inclusions occupying about 10% of the cavity. The fluid thus fills initially 90% of 740 the cavity, well above the 20% volume constraint, hence the same approach as in Sec. 6.2 741 is used, in which the constraint value decreases during the early stage of the optimization 742 process, up to the point where it reaches the target within the desired tolerance. Again, the 743 method is found to handle well the various topological changes occurring over the course 744 of optimization, and all anisotropic adapted meshes exhibit extremely stretched elements 745 regardless of the interface complexity, that allow sharply representing the fluid and solid 746 domains (also, the edges of the hot stripe) and accurately computing the solutions during 747 all stages of optimization. In the optimal solution shown in Fig. 13, the fluid flows in and 748 out of the cavity through single, straight pipes. This is because the hot stripe is far from 749 the inlet/outlet sections, so there is a good proportion of the cavity where the thermal 750 cost function contributes little to nothing, and the best trade-off is to minimize power 751 dissipation. Similarly to what could be observed in 2-D, a solid core forms in the stripe 752 region. The latter divides the inlet pipe into a near-perfect symmetrical network of 8 pipes, 753 that quickly merge themselves to deliver the fluid to the outlet via a complex 4-element 754



Figure 13. Multi-objective optimization of the three-dimensional single pipe device with heated walls (one single hot stripe) presented in Fig. 12. The zero iso-value of the level set function and associated anisotropic adapted meshes are sampled over the course of optimization using the parameters given in Tab. 4. The associated volume of fluid (from top to below) is as follows: 90%, 42.9%, 20.6%, 20.5% and 20.4%, respectively.

comb-like arrangement (one per face of the cavity). This forcesthe fluid along the hot walls and eventually merging into a thin, square annulus shaped to the hot stripe to maximize the fluid heat up. As illustrated in Fig. 14, the optimal features thin inclusions of fluid attached to the main pipes. This is essentially reminiscent of the two-dimensional fragmentation mechanism observed at such large thermal weigh, where fluid is used to insulate thermically the inner pipes from the cold inlet temperature. The present optimal design is overall close to that documented in [17], but the pipe arrangements differ in the hot region, most likely 761



Figure 14. Optimal design of the three-dimensional single pipe device with heated walls (one single hot stripe) presented in Fig. 12, together with stream-wise and cross-wise cuts at positions shown by the grey planes. The colors hue corresponds to the temperature profile.



Figure 15. Set-up of the three-dimensional single pipe problem with heated walls: one single upstream hot stripe vs. two hot stripes. The orange and light gray shade denote hot isothermal and adiabatic walls, respectively.

because the authors in the aforementioned reference optimize the thermal recoverable power by imposing an upper bound threshold for the pressure drop (which yields to a different trade-off).

Two other cases have been considered to assess the capability of designing more complex 765 shapes by giving more importance to the thermal cost function. The associated setups 766 depicted in Fig. 15 differ by the number and position of hot stripes, namely the first case 767 (case 1) has one stripe shifted upstream against the inlet, tand the second one (case 2) 768 has two stripes against the inlet and outlet arranged symmetrically with respect to the 769 middle of the cavity; see Tab. 4 for provision of other detailed problem parameters and 770 Figs. 16-17 for illustration of the corresponding optimization runs using anisotropic adapted 771 meshes. For case 1, the main features of the baseline optimal discussed hereinabove carry 772 over, with the difference that the solid core moves upstream to follow in the footsteps of the 773 hot stripe, hence the inlet lead immediately splits into a similar network of 8 pipes. For 774 case 2, the presence of two separated hot spots yields a different optimal, with the 8 pipes 775 reconfiguring into 4 wider pipes to transport fluid the shortest way downstream and avoid 776 the cost of bending. These pipes then widen to form four quasi triangular prisms shaped to 777 the downstream stripe (to maximize the fluid heat up) before merging to connect to the 778 outlet. In both cases, the optimal designs shown in Fig. 18 exhibit the same thin inclusions 779 of fluid attached to the main pipes to benefit from the insulating low-conductivity of the 780 fluid. 781

7. Discussion

7.1. Numerical cost

It is worth noticing that the number of nodes used here is actually quite large and mostly useful during the early stage of optimization. This is because the surface of the interfaces (perimeter in 2-D) that needs be captured is initially dramatically large to the 786

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Figure 16. Multi-objective optimization of the three-dimensional single pipe device with heated walls (one single upstream hot stripe) presented in Fig. 15(a). The zero iso-value of the level set function and associated anisotropic adapted meshes are sampled over the course of optimization using the parameters given in Tab. 4. The associated volume of fluid (from top to below) is as follows: 90%, 43.0%, 20.4%, 20.5% and 20.4%, respectively.

many solid inclusions, then decreases substantially after the first dozens of iterations, as has been found computing the surface area 788

$$S_{\varphi} = \int_{\Omega} \delta_{\epsilon}(\varphi) \,\mathrm{d}v \,, \tag{32}$$

789



Figure 17. Multi-objective optimization of the three-dimensional single pipe device with heated walls (two hot stripes) presented in Fig. 15(b). The zero iso-value of the level set function and associated anisotropic adapted meshes are sampled over the course of optimization using the parameters given in Tab. 4. The associated volume of fluid (from top to below) is as follows: 90%, 54.4%, 31.9%, 20.6% and 20.3%, respectively.

where δ_{ϵ} is the Dirac function

$$\delta_{\epsilon}(\varphi) = \begin{cases} \frac{1}{2\epsilon} \left(1 + \cos\left(\pi \frac{\varphi}{\epsilon}\right) \right) & \text{if } |\varphi| \le \epsilon ,\\ 0 & \text{if } |\varphi| > \epsilon , \end{cases}$$
(33)

smoothed with the same regularization parameter ϵ as the Heaviside function (12). Also, ⁷⁹⁰ the anisotropic mesh adaptation algorithm refines the mesh in hierarchical importance of the ⁷⁹¹



Figure 18. (a) Optimal design of the three-dimensional single pipe device with heated walls (one single upstream hot stripe) presented in Fig. 15(a), together with stream-wise and cross-wise cuts at positions shown by the grey planes. (b) Same as (a) for the device with heated walls (two hot stripes) presented in Fig. 15(b). The colors hue corresponds to the temperature profile.

level set gradient. If new geometrical features appear in the solution (associated with high gradients), the mesh is automatically coarsened in regions with lower gradient and refined near the newly emerging features. If the number of nodes is large (as has been the case so far), the decrease in the interface surface area allows resolving finer, more complex patterns without degrading the accuracy in other parts of the design domain, because the coarsened regions are actually over-resolved. This shows through the progressive mesh refinement in the fluid domain in the various figures, as more and more elements become available to improve the mesh in other regions of the domain.

Figure 19 presents detailed timing results obtained by averaging (and normalizing to 800 achieve unit average time per iteration) dedicated update steps of the various multi-objective 801 conjugate heat transfer cases performed on 64 cores (200 steps in 2-D, 100 steps in 3-D). In 802 2-D, the cost of an iteration is dominated by that of computing the state solution (which 803 takes about 10 Navier–Stokes iterations representing 55% of the total cost), and otherwise 804 by that of adapting the mesh (about 20% of the total cost). Using the same number 805 of processors, the cost of a 3-D iteration is larger than its 2-D counterpart by roughly 806 three orders of magnitude, the cost of which is essentially that of the two passes of mesh 807 adaptation (about a cumulative 70% of the total cost, although the cost of the first pass is 808 much larger since (i) the volume constraint is not applied at each design step, only when 809 the difference between the actual and target volumes exceeds the 5% tolerance, and (ii) less 810 elements and nodes need to be moved and migrated across processors. Meanwhile, the cost 811 of both geometrically reinitializing the signed distance function level set and of optimizing 812 the volume constraint offset is very affordable, as it represents less than 2% in total, with 4-5 813 dichotomy iterations needed to reach the desired accuracy. All three 3-D cases yield almost 814 identical timing results, the only difference being in the cost of the volume constraint step, 815 as the frequency at which consecutive corrections are applied depends on the geometrical 816 specifics of the layout under consideration. This gives hope that the same conclusions may 817 carry over to other multiple inlet/outlet duct flow problems of same dimensionality, tackled 818 with comparable parameters. The close similarity carries over to the absolute run times 819 per iteration shown in Fig. 20, meaning that the total run times in Tab. 5 are essentially 820 driven by the number of design steps needed to converge (that in turn is driven by the 821

(a)

833



Figure 19. (a) Computational cost of the implemented algorithm, as obtained averaging 200 update steps of the 2-D single pipe problem with heated walls presented in Fig. 2. (b) Same as (a) for 100 update steps of the 3-D single pipe problem with one centered hot stripe presented in Fig. 12. (c-d) Same as (b) for the 3-D single pipe problem with (c) one upstream hot stripe and (d) two hot stripes presented in Fig. 15. All simulation parameters are those provided in Tabs. 2 and 4. The LS and LSF labels stand for level set (LS) and filtered level set (LSF), respectively.



Figure 20. Average run time per iteration for the various 3-D cases documented in Fig. 19.

number of steps needed to recover the proper volume of fluid). The reported run times, 822 while large in a vacuum, are actually much lower than those that required to converge on 823 a fixed uniform grid with similar mesh refinement. To give a taste, discretizing the single 824 inlet/single outlet case with a uniform element size of 5×10^{-3} would require about 140M 825 elements, even though this would not suffice to match the interface value achieved herein. 826 It is also worth emphasizing in this regards that we did not seek to optimize efficiency, 827 neither by adjusting the initial design (we actually used numerous inclusions on purpose to 828 showcase the ability of the method to support complex topological changes), nor by fine 829 tuning the descent factor (the only requirement being that the displacement achieved at 830 each step must be below the cut-off thickness of the level set for the evolved interface to 831 remain accurately tracked). 832

7.2. High-Reynolds-number flows

We keep in mind that all cases reported herein are low-Reynolds-number, making 834 the approach very relevant for a broad range of microfluidic applications, for instance the 835 optimal design of microchannel heat sinks. Conversely, the significance of the computed 836 optima as solutions to actual industrial heat exchanger problems is questionable, given the 837 high Reynollds number at play. It lies out of the scope to tackle such cases right away, as the 838 adjoint-based sensitivity analysis of high-Reynolds-number flow has its challenges, including 839 the need to evaluate all sensitivities from time-dependent adjoint solutions to be solved 840 repeatedly backwards in time, which is close to intractable in 3-D without sophisticated 841 integration, interpolation and/or checkpointing schemes. Relevance is thus assessed a 842



Table 5. Run times for the various 3-D cases documented in Fig. 19.



Table 6. Performance of the optimal layouts under various high-Reynolds-number settings. All cost function values made non dimensional using the inlet diameter and maximum inlet velocity (equivalently, using $\rho u_i^3 e_i^2$ as reference cost functional value).

posteriori by performing high-Reynolds-number simulations of several shapes generated over 843 the course of optimization (the only requirement being that the volume of fluid constraint 844 be satisfied). Results are reported here for the one single upstream hot stripe case presented 845 in Fig. 15, for which 800 time-steps have been carried out at $\text{Re} = 1.2 \times 10^4$, after which the 846 cost function has been averaged over an additional 200 time-steps. The results pertaining 847 to the last three shapes in Fig. 16 are reported in Tab. 6, together with their baseline 848 counterparts obtained at Re = 12. We also provide in Fig. 21 3-D instantaneous streamlines 849 colored by the temperature, to emphasize that the flow undergoes a increasingly complex 850 swirling motion after crossing the solide core, that keeps being accurately resolved by virtue 851 of the anisotropic mesh adaptation procedure. While the cost function increases with Re 852 (which has been found to be because the optimal heat transfer performance decreased), 853 it is interesting to note that the optimal shape keeps performing best even at such high 854 Reynolds number, and that its superiority with respect to the other two shapes is more 855 pronounced (the improvement in the cost function being respectively by 8.5% and 1.8% at 856 Re = 12, but 15.2% and 2.5% at Re = 1.2×10^4). This suggests that the present approach 857 can deliver relevant robust and practical solutions to real-life heat exchanger applications. 858

8. Conclusion

The present study proves feasible to perform topology optimization of conjugate heat 860 transfer systems using anisotropic meshes adapted under the constraint of a fixed number of 861 nodes. The proposed approach combines a level set method to represent the boundary of the 862 fluid domain by the zero iso-value of a signed distance function, and stabilized formulations 863 of the state, adjoint, and level set transport equations cast in the Variational Multiscale 864 (VMS) framework. The method has been shown to allow for drastic topology changes during the optimization process. Nonetheless, the main advantage over existing methods is the 866 ability to capture all interfaces to a very high degree of accuracy using adapted meshes 867 whose anisotropy matches that of the numerical solutions. The approach also considerably 868 decreases the cost of improving the numerical precision, as the number of nodes needs be 869 increased only in the anisotropy direction, hence only 2 times as many nodes are required 870 to improve the resolution by a factor of 2, as opposed to 4 and 8 times in classical 2-D 871 and 3-D isotropic calculations. This gives hope that the method can ease the transition 872



Figure 21. (a) Representative steady 3-D streamlines colored by the temperature computed at Re = 12 for the last three shapes in Fig. 16 by the magnitude of velocity. (b) Same as (a) for the instantaneous streamlines computed at Re = 1.2×10^4 .

to manufacturable CAD models closely resembling the optimal topology, with important applicability to the engineering of low mass, high efficiency thermal devices, including heat exchangers, heat sinks or cold plates.

The method has been tested on several examples of bi-objective minimization weighing 876 power dissipation and recoverable thermal power, including a large scale three-dimensional 877 example involving several dozen million state degrees of freedom. The obtained optimal 878 designs agree well with the existing literature, which assesses the relevance of the present 879 implementation for engineering various thermal fluidic devices, and that even at non-small 880 Reynolds numbers, as has been assessed a posteriori from dedicated simulations comparing 881 the performance of various shapes generated over the optimization process. It is worth 882 emphasizing in this regards that we did not seek to optimize efficiency, neither by adjusting 883 the initial design, nor by fine tuning the descent factor (the only requirement being that the 884 displacement achieved at each step must be below the cut-off thickness of the level set for 885 the evolved interface to remain accurately tracked). Future work should aim at improving 886 the numerical efficiency, for instance by adding nucleation mechanisms to alleviate the need 887 for initial design with holes, as this makes it difficult to fulfill the proper volume constraint 888 from the outset, and requires substantial mesh refinement to avoid clogging the fluid path 889 in the early stage of optimization. Other research directions include application to complex 890 physics more representative of real life situations (e.g., multiphase flows, fluid-structure 891 interactions), as well as assessment of multi-component adaptation critera taking into 892 account the difference in the spatial supports of the state and adjoint solutions, to further 893 improve the accuracy of the gradient evaluations. 894

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E.H.; data curation, W.A.N.; writing—original draft preparation, P.M.; writing—review and editing,
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Appendix I Adjoint-based sensitivity analysis

Appendix I.1 General setting

This first appendix presents the main steps of the adjoint method used to derive the sensitivity of the cost function sensitivity to a design variable β representing deformations of the interface under the form of local surface normal displacements. We recall that the fluid is characterized by its density ρ_f , dynamic viscosity μ_f , thermal heat capacity c_{p_f} and thermal conductivity k_f . Conversely, the solid is only characterized by a thermal conductivity k_s . The flow motion in the fluid domain Ω_f is modeled after the coupled steady incompressible Navier–Stokes and heat equations, hence

$$\nabla \cdot \mathbf{u} = 0 \qquad \qquad \text{in } \Omega_f \,, \tag{A34}$$

$$\rho_f \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \nabla \cdot (2\mu_f \boldsymbol{\varepsilon}(\mathbf{u})) \quad \text{in } \Omega_f, \qquad (A35)$$

$$\rho_f c_{p_f} \mathbf{u} \cdot \nabla T_f = \nabla \cdot (k_f \nabla T_f) \qquad \text{in } \Omega_f, \qquad (A36)$$

with open flow boundary conditions

$\mathbf{u} = \mathbf{u}_i$	on Γ_i ,	(A37)
$T_f = T_i$	on Li	(A38)

$$\mathbf{u} = \mathbf{u}_0$$
 on Γ_0 . (A39)

$$\nabla T_f \cdot \mathbf{n} = 0 \qquad \text{on } \Gamma_o \,, \tag{A40}$$

consisting of a prescribed velocity and temperature at the inlet, and a prescribed velocity and zero heat flux at the outlet (with outflow velocity adjusted for the total amount of mass flow exiting through the outlet to match exactly that entering through the inlet). Finally, we assume zero velocity at the interface, together with a (Robin) convective heat flux condition, i.e.,

$$\mathbf{u} = \mathbf{0} \qquad \text{on } \Gamma, \qquad (A41)$$

$$k_f \nabla T_f \cdot \mathbf{n} = \eta (T_f - T^*) \quad \text{on } \Gamma,$$
 (A42)

where T^{\star} is a reference temperature and η is a heat transfer coefficient driving the budget of heat-flux and temperature variance between the fluid and solid domains (as it is widely recognized that neither isothermal nor isoflux boundary conditions can realistically mimic actual heat transfer in practical applications, especially when the thermal diffusivity of the solid and the fluid are of the same order of magnitude [61]).

The problem of minimizing the cost function subject to coupled Navier–Stokes and heat equations as state equations is tackled using the continuous adjoint method [37–39]. One first forms the Lagrangian

$$\mathcal{L} = \int_{\Gamma_i \cup \Gamma_o} J \, \mathrm{d}s - \int_{\Omega_f} \tilde{p} \nabla \cdot \mathbf{u} \, \mathrm{d}v - \int_{\Omega_f} \tilde{\mathbf{u}} \cdot (\rho_f \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p - \nabla \cdot (2\mu_f \boldsymbol{\varepsilon}(\mathbf{u})) \, \mathrm{d}v - \int_{\Omega_f} \tilde{T}_f \cdot (\rho_f c_{p_f} \mathbf{u} \cdot \nabla T_f - \nabla \cdot (k_f \nabla T_f)) \, \mathrm{d}v , \qquad (A43)$$

featuring the adjoint pressure \tilde{p} as the Lagrange multiplier for the continuity equation (A34), the adjoint velocity $\tilde{\mathbf{u}}$ as the Lagrange multiplier for the momentum equations (A35), and the adjoint temperature \tilde{T}_f as the Lagrange multiplier for the heat equation (A36). One then seeks to decompose the variation of \mathcal{L} due to a change in the interface position into individual variations with respect to the adjoint, state and design variables. The variation with respect to the adjoint variables

$$\delta_{(\tilde{\mathbf{u}},\tilde{p},\tilde{T}_{f})}\mathcal{L} = -\int_{\Omega_{f}} \delta \tilde{p} \nabla \cdot \mathbf{u} \, \mathrm{d}v - \int_{\Omega_{f}} \delta \tilde{\mathbf{u}} \cdot (\rho_{f} \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p - \nabla \cdot (2\mu_{f}\boldsymbol{\varepsilon}(\mathbf{u})) \, \mathrm{d}v - \int_{\Omega_{f}} \delta \tilde{T}_{f} \cdot (\rho_{f} c_{p_{f}} \mathbf{u} \cdot \nabla T_{f} - \nabla \cdot (k_{f} \nabla T_{f})) \, \mathrm{d}v, \qquad (A44)$$

is trivially zero as long as (\mathbf{u}, p, T_f) is solution to the above coupled Navier–Stokes and heat equations, in which case $\mathcal{L} = J$. After integrating by parts, the variation with respect to the state variables is

$$\begin{split} \delta_{(\mathbf{u},p,T_f)} \mathcal{L} &= \int_{\Omega_f} (\nabla \cdot \tilde{\mathbf{u}}) \delta p \, \mathrm{d}v \\ &+ \int_{\Omega_f} (-\rho_f \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho_f \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} - \nabla \tilde{p} - \nabla \cdot (2\mu_f \boldsymbol{\varepsilon}(\tilde{\mathbf{u}})) - \rho_f c_{p_f} T_f \nabla \tilde{T}_f) \cdot \delta \mathbf{u} \, \mathrm{d}v \\ &+ \int_{\Omega_f} (\rho_f c_{p_f} \mathbf{u} \cdot \nabla \tilde{T}_f + \nabla \cdot (k_f \nabla \tilde{T}_f)) \delta T_f \, \mathrm{d}v \\ &+ \int_{\Gamma_i \cup \Gamma_o} \partial_{\mathbf{u}} J \cdot \delta \mathbf{u} \, \mathrm{d}s + \int_{\partial\Omega_f} (\tilde{p} \mathbf{n} + 2\mu_f \boldsymbol{\varepsilon}(\tilde{\mathbf{u}}) \cdot \mathbf{n} + \rho_f (\mathbf{u} \cdot \mathbf{n}) \tilde{\mathbf{u}} + \rho_f c_{p_f} T_f \tilde{T}_f \mathbf{n}) \cdot \delta \mathbf{u} \, \mathrm{d}s \\ &- \int_{\Gamma_i \cup \Gamma_o} \partial_p J_\Gamma \mathbf{n} \cdot (-\delta p \mathbf{n} + 2\mu_f \boldsymbol{\varepsilon}(\delta \mathbf{u}) \cdot \mathbf{n}) \, \mathrm{d}s - \int_{\partial\Omega_f} \tilde{\mathbf{u}} \cdot (-\delta p \mathbf{n} + 2\mu_f \boldsymbol{\varepsilon}(\delta \mathbf{u}) \cdot \mathbf{n}) \, \mathrm{d}s \\ &+ \int_{\Gamma_i \cup \Gamma_o} \partial_{T_f} J \delta T_f \, \mathrm{d}s + \int_{\partial\Omega_f} ((k_f \nabla \tilde{T}_f \cdot \mathbf{n} + \rho_f c_{p_f} (\mathbf{u} \cdot \mathbf{n}) \tilde{T}_f) \delta T_f - k_f \tilde{T}_f \nabla \delta T_f \cdot \mathbf{n}) \, \mathrm{d}s, \end{split}$$
(A45)

on behalf of the viscous stress being purely tangential in incompressible flows. At this stage, adjoint equations and boundary conditions are designed to ensure $\delta_{(\mathbf{u},p,T_f)}\mathcal{L} = 0$, which requires the domain and boundary integrals to vanish individually in (A45). Keeping in mind that we work here under the assumption of a fixed interface (since the design variable is constant) and that the cost function does not depend on the quantities on the wall, we obtain the linear, homogeneous problem 949

$$\nabla \cdot \tilde{\mathbf{u}} = 0 \qquad \qquad \text{in } \Omega_f \,, \qquad (A46)$$

$$-\rho_f \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho_f \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} = \nabla \tilde{p} + \nabla \cdot (2\mu_f \boldsymbol{\varepsilon}(\tilde{\mathbf{u}})) + \rho c_p T_f \nabla \tilde{T}_f \quad \text{in } \Omega_f, \quad (A47)$$

$$-c_{p_f} \mathbf{u} \cdot \nabla \tilde{T}_f = \nabla \cdot (k_f \nabla \tilde{T}_f) \qquad \text{in } \Omega_f, \qquad (A48)$$

driven by the non-homogeneous boundary conditions

$$\tilde{\mathbf{u}} = -\partial_p J_{\Gamma} \mathbf{n} \qquad \text{on } \Gamma_i \,, \tag{A49}$$

$$T_f = 0 \qquad \text{on } \Gamma_i \,, \qquad (A50)$$

$$\mathbf{u} = -\partial_p J_{\Gamma} \mathbf{n} \quad \text{on } \mathbf{1}_o \,, \tag{A31}$$

$$c_f \nabla T_f \cdot \mathbf{n} + \rho_f c_{p_f} (\mathbf{u} \cdot \mathbf{n}) T_f = -\partial_{T_f} J_{\Gamma} \quad \text{on } \Gamma_o \,, \tag{A52}$$

$$\tilde{\mathbf{u}} = \mathbf{0} \qquad \text{on } \Gamma, \qquad (A53)$$

$$k_f \nabla T_f \cdot \mathbf{n} = \eta T_f \qquad \text{on } \Gamma, \qquad (A54)$$

associated to (A37)-(A42), including an interface adjoint convective heat flux condition using the same heat transfer coefficient η . The key difference between the state and adjoint equations lies in the minus sign in front of the convective term of Eqs. (A47)-(A48), to reflect 953

that adjoint information is convected upstream, not downstream, due to the non-normality of the linearized evolution operator [62]. Expressing the interface perturbations after [63] as

$$\delta \mathbf{u} = \beta \nabla \mathbf{u} \cdot \mathbf{n}, \qquad \delta T_f = \beta \nabla T_f \cdot \mathbf{n}, \qquad (A55)$$

the variation with respect to the design variable (now encompassing the domain deformation) 956 is ultimately computed as 957

$$\delta_{\beta} J_{s} \equiv \delta_{\beta} \mathcal{L} = \beta \int_{\Gamma} (\tilde{p} \mathbf{n} + 2\mu_{f} \boldsymbol{\varepsilon}(\tilde{\mathbf{u}}) \cdot \mathbf{n} + \rho_{f} c_{p_{f}} T_{f} \tilde{T}_{f} \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) \, \mathrm{d}s + \beta \int_{\Gamma} k_{f} (\nabla \tilde{T}_{f} \cdot \mathbf{n}) (\nabla T_{f} \cdot \mathbf{n}) \, \mathrm{d}s - \beta \int_{\Gamma} \tilde{T}_{f} (k_{f} \nabla (\nabla T_{f} \cdot \mathbf{n}) \cdot \mathbf{n}) \, \mathrm{d}s \,.$$
(A56)

which reduces to

$$\delta_{\beta} J_{s} = \beta \int_{\Gamma} \mu_{f} (\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) \, \mathrm{d}s + \beta \int_{\Gamma} k_{f} (\nabla \tilde{T}_{f} \cdot \mathbf{n}) (\nabla T_{f} \cdot \mathbf{n}) \, \mathrm{d}s - \beta \int_{\Gamma} \tilde{T}_{f} (k_{f} \nabla (\nabla T_{f} \cdot \mathbf{n}) \cdot \mathbf{n}) \, \mathrm{d}s \,, \qquad (A57)$$

due to the incompressibility of the state and adjoint solutions [37]. The simplest steepestdescent algorithm implemented herein therefore moves down the cost function, in the direction of the steepest slope using 960

$$\beta = -\mu_f(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) - k_f(\nabla \tilde{T}_f \cdot \mathbf{n}) (\nabla T_f \cdot \mathbf{n}) + \tilde{T}(k_f \nabla (\nabla T_f \cdot \mathbf{n}) \cdot \mathbf{n}), \quad (A58)$$

up to a positive multiplicative factor to control the step taken in the gradient direction.

Appendix I.2 Extension to the IVM-VMS resolution framework

In practice, the heat transfer coefficient η ensuring that the fluid and solid exchange 964 the proper amount of heat remains an unknown. Computing said coefficient is no small 965 task, as it often requires solving an inverse problem to assimilate relevant experimental 966 data, which in turn requires such data to be available. Such a lack of availability is generally 967 acknowledged to be a limiting issue for practical applications, especially for topology 968 optimization where varying the shape, amount, and distribution of the solid domain is 969 integral to the optimization process itself. The immersed volume method underlying this 970 research combines both the fluid and solid phases into a single fluid with variable material 971 properties. It thus solves Navier–Stokes and heat equations 972

$$\nabla \cdot \mathbf{u} = 0 \qquad \qquad \text{in } \Omega, \qquad (A59)$$

 $\rho \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\mathbf{u})) \quad \text{in } \Omega, \qquad (A60)$

$$\rho c_p \mathbf{u} \cdot \nabla T = \nabla \cdot (k \nabla T) \qquad \text{in } \Omega, \qquad (A61)$$

identical to (A34)-(A36), but with variable density, viscosity, thermal heat capacity and thermal conductivity, adequately interpolated over a small layer around the interface, and otherwise equal to their fluid and solid values. This allows dropping altogether the interface thermal condition (and thus alleviates the need for a heat transfer coefficient) because the 976

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amount of heat exchanged at the interface is entirely determined by the individual material 977 properties heat on either side of it, hence the associated boundary conditions

$$\mathbf{u} = \mathbf{u}_i \qquad \text{on } \Gamma_i \,, \tag{A62}$$

$$T = T_i \qquad \text{on } \Gamma_i \,, \tag{A63}$$

$$\mathbf{u} = \mathbf{u}_o \qquad \text{on } \Gamma_o \,, \tag{A64}$$

$$\nabla T \cdot \mathbf{n} = 0$$
 on Γ_o , (A65)

$$\mathbf{u} = \mathbf{0} \qquad \text{on } \Gamma_w^i \cup \Gamma_w^a \,, \tag{A66}$$

$$T = T_w \qquad \text{on } \Gamma^i_w, \tag{A67}$$

$$\nabla T \cdot \mathbf{n} = 0$$
 on Γ_w^a . (A68)

Provided the velocity is zero in the solid domain (either because a very high value of the solid-to-fluid viscosity ratio is used, or, as is the case here, because the constraint is 980 hard-coded; see Sec. 2) and the no-slip interface condition is satisfied, the convective term 981 vanishes in (A61), that reduces to the pure conduction equation for the solid, together with 982 prescribed temperature and zero heat flux conditions at the solid isothermal and adiabatic 983 walls, respectively. 984

The exact same approach is applied to the adjoint equations, by solving adjoint 985 Navier–Stokes and heat equations 986

$$\nabla \cdot \tilde{\mathbf{u}} = 0 \qquad \qquad \text{in } \Omega, \qquad (A69)$$

$$-\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} = \nabla \tilde{p} + \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}})) + \rho c_p T \nabla \tilde{T} \quad \text{in } \Omega, \qquad (A70)$$

$$-c_p \mathbf{u} \cdot \nabla \tilde{T} = \nabla \cdot (k \nabla \tilde{T}) \qquad \text{in } \Omega, \qquad (A71)$$

identical to (A46)-(A48), but with variable density, viscosity, thermal heat capacity and 987 thermal conductivity, together with boundary conditions 988

$$\tilde{\mathbf{u}} = -\partial_p J_{\Gamma} \mathbf{n} \qquad \text{on } \Gamma_i \,, \tag{A72}$$

$$T = 0 \qquad \text{on } \Gamma_i, \qquad (A73)$$

$$\mathbf{u} = -\partial_p J_{\Gamma} \mathbf{n} \quad \text{on } \mathbf{1}_o, \tag{A74}$$
$$k \nabla \tilde{T} \cdot \mathbf{n} + \rho c_n (\mathbf{u} \cdot \mathbf{n}) \tilde{T} = -\partial_T J_{\Gamma} \quad \text{on } \Gamma_o, \tag{A75}$$

$$\tilde{\mathbf{p}} - \mathbf{p} c_p (\mathbf{u} \cdot \mathbf{n}) \mathbf{r} = -\sigma_T \sigma_T \qquad \text{on } \Gamma_o, \qquad (A75)$$

$$\mathbf{u} = \mathbf{0} \qquad \text{on } \Gamma_w \cup \Gamma_w, \qquad (A / \mathbf{0})$$

$$T = 0 \qquad \text{on } \Gamma_w^\iota \,, \tag{A77}$$

$$\nabla \tilde{T} \cdot \mathbf{n} = 0$$
 on Γ_w^a . (A78)

Assuming the adjoint velocity is zero in the solid domain (again this is hard-coded in the 989 present context of extremely stretched, anisotropic mesh elements), Eq. (A71) reduces to the 990 pure conduction equation for the solid with zero adjoint temperature at the solid isothermal 991 walls and zero adjoint heat flux at the solid adiabatic walls, just as what would be obtained 992 adding the solid conduction equation to the Lagrangian (A43) and evaluating the variation 993 with respect to the state variables. Finally, we compute the steepest-descent displacement 994 as995

$$\beta = -\mu(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) - k(\nabla \tilde{T} \cdot \mathbf{n})(\nabla T \cdot \mathbf{n}) + \tilde{T}(k\nabla(\nabla T \cdot \mathbf{n}) \cdot \mathbf{n}).$$
(A79)

Since $\nabla(\mathbf{n},\mathbf{n}) = 0$ due to the normal vector having unit norm, it can be shown that

$$\nabla(\nabla T \cdot \mathbf{n}) \cdot \mathbf{n} = (\nabla(\nabla T) \cdot \mathbf{n}) \cdot \mathbf{n} + (\nabla \wedge \mathbf{n}) \cdot (\mathbf{n} \wedge \nabla T), \qquad (A80)$$

and thus

$$\nabla(\nabla T \cdot \mathbf{n}) \cdot \mathbf{n} = (\nabla \wedge \mathbf{n}) \cdot (\mathbf{n} \wedge \nabla T), \qquad (A81)$$

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because the second derivatives vanish due to the use of P1 linear finite element approximations. Also, since the normal vector in a level set framework is computed as $\mathbf{n} = \nabla \phi / ||\nabla \phi||$, aga we have 1000

$$\nabla\left(\frac{\phi}{\|\nabla\phi\|}\right) = \mathbf{n} - \frac{\phi}{\|\nabla\phi\|^3} H(\phi) \cdot \nabla\phi, \qquad (A82)$$

where H is the Hessian of ϕ . Since $\phi = 0$ by design on the interface, we thus have

 $\nabla \wedge \mathbf{n} = \nabla \wedge \nabla \left(\frac{\phi}{||\nabla \phi||} \right) = \mathbf{0}.$ (A83)

It follows that

$$\nabla(\nabla T \cdot \mathbf{n}) \cdot \mathbf{n} \equiv 0, \qquad (A84)$$

and Eq. (A79) reduces to

$$\beta = -\mu(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) - k(\nabla \tilde{T} \cdot \mathbf{n}) (\nabla T \cdot \mathbf{n}).$$
(A85)

The last step in the process is to specify the state derivatives of the cost function, that, for 1004 the present linear weighted sum of dissipated power (hydraulic component) and recoverable 1005 thermal power (thermal component) 1006

$$J = (1 - \omega)(p + \frac{1}{2}\rho(\mathbf{u} \cdot \mathbf{u}))(\mathbf{u} \cdot \mathbf{n}) - \omega\rho c_p T(\mathbf{u} \cdot \mathbf{n}), \qquad (A86)$$

are given by

$$\partial_p J = (1 - \omega)(\mathbf{u} \cdot \mathbf{n}), \quad \partial_{\mathbf{u}} J = (1 - \omega)(p_{tot}\mathbf{n} + \rho(\mathbf{u} \cdot \mathbf{n})\mathbf{u}) - \omega\rho c_p T\mathbf{n}, \quad \partial_T J = -\omega\rho c_p(\mathbf{u} \cdot \mathbf{n}).$$
(A87)

Appendix J Coarse scale VMS variational problems

This second appendix is devoted to the stabilized finite element numerical framework 1009 used to compute all solutions of interest on anisotropic adapted meshes and to perform the 1010 design update steps. For the sake of simplicity in the notations (and as long as it does not 1011 lead to ambiguity), we omit in what follows the distinction between all continuous variables 1012 (e.g., domains, solutions, operators) and their discrete finite element counterparts, as well 1013 as the dependency of all variables on the iteration of the optimization process. In practice, 1014 the state equations are solved sequentially, i.e., we solve first the Navier–Stokes equations, 1015 then use the resulting velocity to solve the heat equation. Due to the reversal in space-time 1016 directionality (and thus in causality), the adjoint equations are also solved sequentially but 1017 in reverse order, i.e., we solve first the adjoint heat equation, then use the resulting adjoint 1018 temperature to solve the adjoint Navier–Stokes equations. 1019

Appendix J.1 Navier–Stokes equations

In practice, the state solution is computed by time-stepping the unsteady Navier-1021 Stokes equations with large time steps to accelerate convergence towards a steady state (the 1022 stopping criterion being here for two consecutive time steps to differ by less than 10^{-6} in 1023 L^{∞} norm). In order to deal with the time-dependency and non-linearity of the momentum 1024 equation, the transport time of the time scale is assumed much smaller than that of the 1025 coarse scale. In return, the fine scale contribution to the transport velocity is neglected, and 1026 the fine scale is not tracked in time (although it is driven by the coarse-scale, time-dependent 1027 residuals and therefore does vary in time in a quasi-static manner). In-depth technical and 1028 mathematical details together with extensive discussions regarding the relevance of the 1029

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$$\int_{\Omega} (\rho \partial_t \mathbf{u} + \rho \mathbf{u} \cdot \nabla \mathbf{u}) \cdot \mathbf{w} \, \mathrm{d}v + \int_{\Omega} 2\mu \boldsymbol{\varepsilon}(\mathbf{u}) : \boldsymbol{\varepsilon}(\mathbf{w}) \, \mathrm{d}v - \int_{\Omega} p(\nabla \cdot \mathbf{w}) \, \mathrm{d}v + \int_{\Omega} (\nabla \cdot \mathbf{u}) q \, \mathrm{d}v \\ - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_1 \mathbf{r}_1 \cdot (\rho \mathbf{u} \cdot \nabla \mathbf{w}) \, \mathrm{d}v - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_1 \mathbf{r}_1 \cdot \nabla q \, \mathrm{d}v - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_2 r_2(\nabla \cdot \mathbf{w}) \, \mathrm{d}v = 0 \,, \quad (A88)$$

where we have considered a discretization of Ω into N_e non-overlapping elements (triangles or tetrahedrons), Ω_k is the domain ocuppied by the *k*th element, and \mathbf{r}_1 and r_2 are the momentum and continuity residuals

$$-\mathbf{r}_1 = \rho \partial_t \mathbf{u} + \rho \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p, \qquad -r_2 = \nabla \cdot \mathbf{u}, \qquad (A89)$$

whose second derivatives vanish since we use linear interpolation functions. Finally, τ_1 and 1035 τ_2 are the ad-hoc stabilization coefficients defined in [43,65], computed on each element 1036 from a characteristic size h (here, the element diameter in the direction of the velocity, 1037 to support using anisotropic meshes with highly stretched elements [66]), and velocity u1038 (here, the average L^2 norm of the nodal element velocities). Equation (A88) is discretized 1039 with a first-order-accurate time-integration scheme combining semi-implicit treatment of 1040 the convection term, implicit treatment of the viscous, pressure and divergence terms, and 1041 explicit treatment of the stabilization coefficients. 1042

Appendix J.2 Heat equation

The coarse scale variational problem for the heat equation reads

$$\int_{\Omega} (\rho c_p \mathbf{u} \cdot \nabla T) s \, \mathrm{d}v + \int_{\Omega} k \nabla T \cdot \nabla s \, \mathrm{d}v - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_3 r_3 \rho c_p \mathbf{u} \cdot \nabla s \, \mathrm{d}v - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_4 r_3 \rho c_p \mathbf{u}_{||} \cdot \nabla s \, \mathrm{d}v = 0 \,, \tag{A90}$$

where $\mathbf{u}_{||}$ is the (normalized) velocity projected along the direction of the temperature $_{1045}$ gradient defined as $_{1046}$

$$\mathbf{u}_{\parallel} = \frac{\mathbf{u} \cdot \nabla T}{\|\nabla T\|^2} \nabla T \,, \tag{A91}$$

 r_3 is the heat equation residual

$$-r_3 = \rho c_p \mathbf{u} \cdot \nabla T \,, \tag{A92}$$

and $\tau_{3,4}$ are mesh-dependent stabilization parameters acting both in the direction of the solution and of its gradient, that proceed from the stabilization of the ubiquitous convectiondiffusion-reaction equation [67,68], whose definition is given in [69,70]. Equation (A90) is solved with implicit treatment of the convection term and conduction terms (as the convection velocity is taken as a given) and explicit treatment of the stabilization coefficients.

Appendix J.3 Adjoint heat equation

Since the adjoint heat equation (8) is formally identical to its state counterpart (save 1054 for the change in the sign of the convection velocity), its coarse scale variational problem 1055 deduces straightforwardly as 1056

$$-\int_{\Omega} (\rho c_{p} \mathbf{u} \cdot \nabla T) s \, \mathrm{d}v + \int_{\Omega} k \nabla T \cdot \nabla s \, \mathrm{d}v + \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{3} r_{3} \rho c_{p} \mathbf{u} \cdot \nabla s \, \mathrm{d}v + \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{4} r_{3} \rho c_{p} \mathbf{u}_{\parallel} \cdot \nabla s \, \mathrm{d}v - \int_{\Gamma_{o}} \rho(\mathbf{u} \cdot \mathbf{n}) \tilde{T} s \, \mathrm{d}s = \int_{\Gamma_{o}} \partial_{T} J s \, \mathrm{d}s \,, \tag{A93}$$

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and features the same residual r_3 and stabilization coefficients $\tau_{3,4}$ as in J.2. Note, Eq. (A93) 1057 also includes boundary terms evaluated at the outlet, which is because the integration by 1058 part of the conductive term unveils a boundary term 1059

$$\int_{\partial\Omega} (k\nabla T \cdot \mathbf{n}) s \, \mathrm{d}s = -\int_{\Gamma_o} (\rho(\mathbf{u} \cdot \mathbf{n}) \tilde{T} + \partial_T J) s \, \mathrm{d}s \,, \tag{A94}$$

due to the adjoint outflow thermal condition (A52). In practice, though, preliminary tests have assessed that the adjoint thermal power term $\rho c_p(\mathbf{u} \cdot \mathbf{n}) \tilde{T}$ consistently dominates by at least four orders of magnitude over the heat flux term $k \nabla \tilde{T} \cdot \mathbf{n}$. We thus end up simplifying the numerical implementation using the approximate condition 1063

$$\tilde{\Gamma} = -\omega \qquad \text{on } \Gamma_o \,, \tag{A95}$$

and solve the scale variational problem (without boundary term)

$$-\int_{\Omega} (\rho c_{p} \mathbf{u} \cdot \nabla T) s \, \mathrm{d}v + \int_{\Omega} k \nabla T \cdot \nabla s \, \mathrm{d}v + \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{3} r_{3} \rho c_{p} \mathbf{u} \cdot \nabla s \, \mathrm{d}v + \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{4} r_{3} \rho c_{p} \mathbf{u}_{\parallel} \cdot \nabla s \, \mathrm{d}v = 0, \qquad (A96)$$

with implicit treatment of the convection term and conduction terms (as the convection velocity is taken as a given) and explicit treatment of the stabilization coefficients.

Appendix J.4 Adjoint Navier-Stokes equations

Application of the stabilized formulation, as described above, to the adjoint Navier-Stokes equations yields the following coarse scale variational problem

$$\int_{\Omega} (-\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^{T} \cdot \tilde{\mathbf{u}}) \cdot \mathbf{w} \, \mathrm{d}v + \int_{\Omega} 2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}}) : \boldsymbol{\varepsilon}(\mathbf{w}) \, \mathrm{d}v \\
+ \int_{\Omega} \tilde{p}(\nabla \cdot \mathbf{w}) \, \mathrm{d}v - \int_{\Omega} \rho c_{p} T \nabla \tilde{T} \cdot \mathbf{w} \, \mathrm{d}v + \int_{\Omega} (\nabla \cdot \tilde{\mathbf{u}}) q \, \mathrm{d}v \\
- \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{1} \tilde{\mathbf{r}}_{1} \cdot (-\rho \mathbf{u} \cdot \nabla \mathbf{w}) \, \mathrm{d}v - \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{1} \tilde{\mathbf{r}}_{1} \cdot \nabla q \, \mathrm{d}v - \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tau_{2} \tilde{r}_{2} (\nabla \cdot \mathbf{w}) \, \mathrm{d}v = 0.$$
(A97)

The associated momentum and continuity residuals read

$$-\tilde{\mathbf{r}}_1 = -\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} - \nabla \tilde{p}, \qquad -\tilde{r}_2 = \nabla \cdot \tilde{\mathbf{u}}, \qquad (A98)$$

and the stabilization coefficients $\tau_{1,2}$ are the same as those in J.1. This implicitly amounts 1071 to neglecting the additional stabilization stemming from the $\rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}}$ term describing the 1072 production of adjoint perturbations, that has been found to have no effect on the numerical 1073 results, as the problems considered herein are in the convection (not reaction) dominated 1074 limit.

Appendix J.5 Interface update scheme using the convective level set method

The auto-reinitialization level set problem (14) is solved with an SUPG method, 1077 whose stabilization proceeds from that of the ubiquitous convection-diffusion-reaction 1078 equation [67,68]. The associated variational problem is formulated as 1079

$$\int_{\Omega} (\partial_{\tau} \phi + \mathbf{a}_{\tau} \cdot \nabla \phi) \xi \, \mathrm{d}v - \int_{\Omega_k} \tau_5 r_5 \mathbf{a}_{\tau} \cdot \nabla \xi \, \mathrm{d}v = \int_{\Omega} S\xi \, \mathrm{d}v \,, \tag{A99}$$

with residual

$$-r_5 = \partial_\tau \phi + \mathbf{a}_\tau \cdot \nabla \phi - S \,, \tag{A100}$$

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coefficients.

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