

# Sustained clinical benefit of malaria chemoprevention with sulfadoxine-pyrimethamine (SP) in pregnant women in a region with high SP resistance markers

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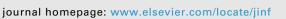
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# Sustained clinical benefit of malaria chemoprevention with sulfadoxinepyrimethamine (SP) in pregnant women in a region with high SP resistance markers



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# SUMMARY

*Objective:* The effectiveness of intermittent preventive treatment of malaria in pregnancy with sulfadoxinepyrimethamine (IPTp-SP) is threatened by increasing SP-resistance in Africa. We assessed the level of SPresistance markers, and the clinical and parasitological effectiveness of IPTp-SP in southern Mozambique. *Methods: P. falciparum* infection, antimalarial antibodies and *dhfr/dhps* SP-resistance mutants were detected by quantitative polymerase chain reaction (qPCR), suspension array technology and targeted deep sequencing, respectively, among 4016 HIV-negative women in Maputo province (2016–2019). Univariate and multivariate regression models were used to assess the association between taking the recommended three or more IPTp-SP doses (IPTp3+) and parasitological and clinical outcomes.

*Results*: 84.3% (3385/4016) women received three or more IPTp-SP doses. The prevalence of quintuple mutants at first antenatal care (ANC) visit was 94.2%. IPTp3+ was associated with a higher clearance rate of qPCR-detected infections from first ANC visit to delivery (adjusted odds ratio [aOR]=5.9, 95% CI: 1.5–33.3; p = 0.012), lower seroprevalence at delivery of antibodies against the pregnancy-specific antigen VAR2CSA<sub>DBL34</sub> (aOR=0.72, 95% CI: 0.54–0.95; p = 0.022), and lower prevalence of low birth weight deliveries (aOR: 0.61, 95% CI: 0.41–0.90; p = 0.013).

*Conclusion:* A sustained parasitological effect of IPTp-SP contributes to the clinical effectiveness of IPTp3+ in areas with high prevalence of SP-resistance markers.

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# Introduction

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Medicines that prevent *Plasmodium* infection and its consequences can contribute to reduce the malaria burden.<sup>1</sup> Preventive chemotherapy requires giving a full treatment course of an antimalarial medicine to vulnerable populations (generally pregnant women, infants and children under 5 years of age) at designated time points during the period of greatest malarial risk, regardless of whether the person is infected with malaria. Despite the encouraging results



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obtained in several clinical trials, concerns over generation of drug resistance, impairment of immunity, safety and cost led to a slowdown in the adoption of chemopreventive approaches.<sup>1–3</sup>

Malaria chemoprevention among pregnant women in malaria endemic countries aims to reduce the severe consequences of malaria infections in mothers and unborn children,<sup>4</sup> which are associated with the ability of *Plasmodium falciparum* to colonize the placenta.<sup>4</sup> VAR2CSA expressed by the parasite binds to chondroitin sulfate A in the placenta, and immunity acquired during successive pregnancies against this antigen has been suggested to explain the gravidity-dependent reduction in susceptibility to the infection.<sup>4</sup> Since the initial use of chloroquine for chemoprophylaxis in the 1970s and 1980s, several clinical trials testing the efficacy of different treatment doses of sulfadoxine-pyrimethamine (SP) to reduce low birth weight (LBW) lead WHO to recommend in 2012 the use of monthly SP doses, at least a month apart, after the first trimester.<sup>5</sup>

The efficacy of SP for treatment is affected by the frequency of dihydrofolate reductase (pfdhfr; N51I, C59R, and S108N), and dihydropteroate synthetase (pfdhps; A437G and K540E) mutations in the parasite.<sup>6</sup> The effectiveness of IPTp has been also suggested to decline with an increasing population prevalence of these mutations,<sup>7</sup> and a loss of IPTp-SP efficacy has been associated in some studies with the emergence of sextuple mutant parasites harboring the additional *pfdhps* A581G mutation.<sup>8–10</sup> The sustained benefit of IPTp with SP in areas with high levels of the quintuple pfdhfr/dhps mutants<sup>11–13</sup> has been attributed to the antibiotic properties of sulfadoxine.<sup>14–16</sup> Larger non-malarial effects in multigravidae<sup>17</sup> have been suggested to reflect a greater attributable fraction of non-malarial causes of low birthweight compared with primigravidae.<sup>14</sup> Overall, the insufficient evidence to withhold chemoprevention with SP in areas where the prevalence of quintuple mutants is high led WHO to keep the recommendation of using SP chemoprevention, independently of the prevalence of *pfdhps and pfdhfr* mutants, while research in this field keeps ongoing.<sup>5</sup>

The non-malaria effect theory to explain the sustained impact of IPTp with SP on birth outcomes in areas of high prevalence of *pfdhfr/ dhps* quintuple mutants<sup>11–13</sup> suggests an additional possible protective effect of SP in these resistance contexts. However, there is little evidence that the frequency of molecular markers predicts the effect of IPTp with SP on the clearance and prevention of P. falciparum infections, as most studies have focused on clinical outcomes.<sup>3</sup> Here, we aimed to assess the parasitological and clinical impact of the recommended dosage of IPTp-SP during a three-year prospective observational study conducted in southern Mozambique where *pfdhfr/dhps* quintuple mutants have almost reached fixation.<sup>18</sup> Parasitological outcomes included P. falciparum infections at delivery, clearance of parasite infections from first antenatal care (ANC) visit to delivery, and antibodies against VAR2CSA, as a serological surrogate of parasite exposure during pregnancy intended to amplify signals of parasite infection in low transmission areas.<sup>18,19</sup> The study relied on the reported use of IPTp, given the absence of placebocontrolled trial data following the introduction of IPTp-SP as policy across Africa. To minimize biases common in observational studies,<sup>20</sup> we adjusted for a range of possible confounders including timely adherence to first ANC consultation, which has been associated with high IPTp uptake,<sup>21</sup> and considered differences in malaria exposure that could contribute to the clinical outcomes under study. Finally, we used interaction analysis to assess gravidity-dependent differences in the impact of IPTp uptake.

#### Methods

# Study area and population

The analysis is based on a three-year prospective observational study, conducted between November 2016 and November 2019 at

ANC and delivery clinics in Manhiça Sede District Hospital, Ilha Josina Health Center (Manhiça district), and Magude Health Center (Magude district), in Maputo province, southern Mozambique. The climate in the region is subtropical with a hot and rainy season from November to April and a cool and dry season during the rest of the year. Malaria transmission is moderate-to-low in Magude and Manhiça District, with high transmission pockets such as Ilha Josina.<sup>22,23</sup> IPTp with SP was first implemented in Mozambique in 2006, delivered free of charge to all pregnant women.<sup>24</sup> In 2014, the national guidelines were updated and implemented countrywide according to the IPTp3 + WHO recommendation.<sup>5</sup>

## Recruitment and data collection

Pregnant women at their first routine ANC visit and at delivery were invited to participate in the study if resident in the study area. If consenting, women at their first ANC visit and at delivery were requested to donate finger prick blood onto filter paper (dried blood spots [DBS]) together with routine tests. A brief form, including visit date, age of mother, gravidity, gestational age based on the fundal height measurement and date of last menstruation, use of insecticide treated nets (ITN) and indoor residual spraying (IRS), area of residence and recent or past movements were filled in. HIV status was recorded from the maternal health card and, if not available, a HIV serological rapid test was done following standard procedures. At delivery, the schedule of IPTp-SP intake was reconstructed from the information in the booklet of routine ANC of each pregnant woman. The new-borns were physically examined and weighed using digital scales calibrated weekly. Maternal hemoglobin levels were determined from whole blood collected by finger prick using HemoCue<sup>®</sup> (Hb 201 + HemoCue AB, Angelholm, Sweden).

# Ethical considerations

Written informed consent was obtained from all participating women aged 18 or over. For pregnant women under 18 years of age (12–17), it was necessary for them to be accompanied by their parents, relatives or guardians for deciding about the participation of the minor in the study. The written informed assent was requested to the minor and the written informed consent to the accompanying adult. To be included in the study, both had to give consent. All study protocols were approved by Manhiça Health Research Center's institutional ethics committee, Hospital Clínic of Barcelona's Ethics Committee and the Mozambican National Committee for Bioethics in Health.

#### Parasitological determinations

DNA extracted from the DBS following the Chelex method was used for detection and quantification of *P. falciparum* by real-time quantitative PCR (qPCR) targeting *P. falciparum* 18S rRNA.<sup>18</sup> qPCR-positive samples were amplicon-sequenced at the Wellcome Sanger Institute (Hinxton, UK) as previously described<sup>25</sup> (Supplementary methods). Genotypes were called for *pfdhfr* and *pfdhps* variants using *bcftools* and custom scripts in R.<sup>25</sup> For each codon, samples were classified as wild-type, mutant, mixed if both wild-type and mutant alleles were detected, or missing if samples failed to produce a valid genotype. Samples with no mixed genotypes were retained for the *pfdhfr*/*dhps* haplotype reconstruction and downstream statistical analysis.

#### Immunoglobulins G determinations

Immunoglobulin G (IgG) eluted from available DBS were quantified using the xMAP technology and the Luminex 100/200 System as previously described.<sup>18,19</sup> The multiplex suspension array panel

included pregnancy-specific (VAR2CSA) antigens (Duffy binding-like recombinant domains DBL3–4 as well as peptides targeting the NTS region [P1] and ID1 [P8 and PD]) and non-pregnancy specific antigens (full-length *P. falciparum* reticulocyte-binding homolog protein 2 and 5 [PfRH2 and PfRH5], 19-kDa fragment of the merozoite surface protein-1 [MSP1], region II/F2 of erythrocyte-binding antigen-175 [EBA175], gametocyte exported protein 18 [GEXP18], acyl CoA synthetase 5 [ACS5], early transcribed membrane protein 5 [ETRAMP5], heat shock protein 40 [HSP40] and thrombospondin-related apical merozoite protein [PfTRAMP]; Supplementary Methods). The seropositivity thresholds were defined as the geometric mean plus 2 standard deviations of the first component from two-component normal mixture distributions of mean fluorescent intensity values (R package *mixtools*).

# Data analysis

As IPTp-SP should not be given to pregnant women receiving cotrimoxazole,<sup>5</sup> we restricted the analysis to HIV-uninfected women with information about IPTp use and data on first ANC visit and delivery. Women were classified as primigravidae (first pregnancy) or multigravidae (at least one previous pregnancy). Age was categorized as either younger than 18 years or 18 years and older, and season as rainy (November to April) or dry (May to October). Hemoglobin levels below 11 g/dL and new-born weight below 2500 grams were classified as anemia and LBW, respectively.

Categorical and continuous data were compared between IPTp dosing groups (less than three [IPTp3-] and three or more [IPTp3+] SP doses) using Chi-squared test or Fisher's exact test, and Student *t*-test, respectively. Univariate regression analyses were conducted to assess the association of IPTp groups with *P. falciparum* positivity rate by qPCR (PfPR<sub>qPCR</sub>) at delivery and first ANC visit, clearance of *P. falciparum* infections from first ANC visit to delivery, maternal hemoglobin levels and anemia, new-born weight and LBW, and seroprevalence against *P. falciparum* antigens. Subsequently, a multivariate analysis including clinic, study period, season, gravidity, gestational stage at ANC and at delivery visit, reported use of IRS and ITNs, was performed. The hypothesis of a gravidity-dependent impact of IPTp groups in the models. All statistical analyses were performed with R studio software (version 1.0.143).

# Results

#### Characteristics of study participants

Among the 8558 delivery visits recorded from November 2016 to October 2019, 309 were excluded from the study, mainly due to changes of residence area (n = 199). 66% (5465/8249) of the delivery visits were by HIV-negative women with information about the IPTp-SP intake (Supplementary Fig. 1). Of these, 4016 (73.5%) also had a first ANC study record (1423 [35.4%] from Magude, 2227 [55.5%] from Manhiça and 366 [9.1%] from Ilha Josina), and were included in the analysis (Supplementary Fig. 1). No major differences were observed between the 5465 HIV-uninfected women recruited in the study and the 4016 included in the analysis, nor between the women from the three study centers (Supplementary Table 1).

Mean gestational age at first ANC visit was 20.9 weeks (SD: 5.3), with 150 (3.7%), 3305 (82.3%) and 561 (14%) women having their visit during the first, second and third trimester, respectively (Supplementary Table 1). Among the 4016 women, 1284 (32%) were primigravidae, 428 (10.7%) less than 18 years of age, and 4005 (99.7%) delivered in the third trimester (mean gestational age: 38.8 weeks, SD: 2.2). ITN use and IRS was reported among 3581 (97.1%) and 2800 (75.9%) women out of the 3688 from whom data was available. The median number of IPTp-SP doses was four, ranging

Table 1

	All	Magude	Manhiça	Ilha Josina		
	N = 4016	N = 1423	N = 2227	N = 366		
Doses	n (%)	n (%)	n (%)	n (%)		
0	96 (2.4)	23 (1.6)	46 (2.1)	27 (7.4)		
1	160 (4.0)	48 (3.4)	100 (4.5)	12 (3.3)		
2	375 (9.3)	129 (9.1)	228 (10.2)	18 (4.9)		
3	900 (22.4)	339 (23.8)	512 (23.0)	49 (13.4)		
4	1090 (27.1)	416 (29.2)	602 (27.0)	72 (19.7)		
5	954 (23.8)	328 (23.0)	512 (23.0)	114 (31.1)		
6	388 (9.7)	128 (9.0)	192 (8.6)	68 (18.6)		
7	51 (1.3)	11 (0.8)	35 (0.6)	5 (1.4)		
8	2 (0.0)	1 (0.1)	0 (0.0)	1 (0.3)		

from zero to eight (Table 1), with 84.3% (3385/4016) women having received three or more IPTp-SP doses. Primigravity, being less than 18 years and early attendance for the first ANC visit were more frequent among women who received 3 or more doses compared to those with fewer doses (Table 2).

### Impact of IPTp3+ on parasitological outcomes

A total of 2999 and 2810 blood samples collected from pregnant women at first ANC visit and delivery, respectively, were analysed by qPCR. The prevalence of *P. falciparum* infection decreased from 7.7% (232/2999) at first ANC visit to 1.9% (55/2810) at delivery (p < 0.001). No statistically significant difference was observed in PfPR<sub>qPCR</sub> at first ANC visit between subsequent IPTp-SP uptake groups (p = 0.859; Supplementary Table 2), although a trend was observed towards higher prevalence of *P. falciparum* infection at delivery in the IPTp3+ group (2.7% [12/440]) compared with the IPTp3- group (1.8% [42/2370], p = 0.180; Table 3). The analysis stratified by gravidity showed a statistically significant lower prevalence

#### Table 2

Baseline characteristics of the HIV-uninfected women included in the study, by IPTp-SP uptake group. Women were included if information about IPTp-SP intake, first antenatal visit and delivery was available. The p-values were obtained through the Chi-squared test and Fisher's exact test for categorical variables, and unpaired *t*-test for continuous variables.

	< 3 doses N = 631	≥3 doses N = 3385	р
Clinic, n (%)			
Magude	200 (31.7)	1223 (36.1)	0.085
Manhiça	374 (59.3)	1853 (54.7)	
Ilha Josina	57 (9.0)	309 (9.1)	
Year, n (%)			
Nov. 2016-Oct. 2017	169 (26.8)	762 (22.5)	0.037
Nov. 2017-Oct. 2018	252 (39.9)	1358 (40.1)	
Nov. 2018-Oct. 2019	210 (33.3)	1265 (37.4)	
Village, n (%)			
Yes	597 (94.6)	3195 (94.4)	0.821
No	34 (5.4)	190 (5.6)	
Season, n (%)			
Rainy	276 (43.7)	1415 (41.8)	0.365
Dry	355 (56.3)	1970 (58.2)	
Age, n (%)			
< 18 years	46 (7.3)	382 (11.3)	0.003
≥18 years	585 (92.7)	3003 (88.7)	
Gravidity, n (%)			
Primigravidae	129 (20.4)	1155 (34.1)	< 0.001
Multigravidae	502 (79.6)	2230 (65.9)	
RPR, n (%)			
Positive	8 (1.3)	35 (1.0)	0.533
Negative	623 (98.7)	3350 (99.0)	
Gestational weeks at first ANC	25.03 (5.68)	20.08 (4.80)	< 0.001
visit, mean (SD) Gestational weeks at delivery, mean (SD)	38.06 (3.32)	38.92 (1.95)	< 0.001

RPR, rapid plasma reagin; SD, standard deviation.

#### Table 3

Parasitological and clinical outcomes at delivery by IPTp-SP uptake groups. Multivariate models adjusted by clinic, study period, season, gravidity, gestational stage at first ANC visit, use of ITNs and IRS reported at delivery and gestational age at delivery. p-values for comparing IPT-SP uptake groups obtained from Chi-squared test and Fisher's exact test for categorical variables, and unpaired *t*-test for continuous variables. Odds ratios and p-values were obtained from univariate and multivariate models adjusted by clinic, study period, season, gravidity, gestational stage at first ANC visit and delivery, and IRS reported use at delivery.

	Ν	< 3 doses	≥3 doses	p <sup>a</sup>	Crude effect <sup>b</sup> (95% CI)	p <sup>c</sup>	Adjusted effect <sup>b</sup> (95% CI)	p <sup>d</sup>
<i>Pf</i> infection by qPCR, n (%) IgG seropositivity, n (%)	2810	12/440 (2.7)	42/2370 (1.8)	0.180	0.64 (0.34; 1.28)	0.195	0.80 (0.39; 1.73)	0.559
DBL34	2560	110/391 (28.1)	419/2169 (19.3)	< 0.001	0.61 (0.48; 0.78)	< 0.001	0.72 (0.54; 0.95)	0.022
P1	2648	26/407 (6.4)	73/2241 (3.3)	0.002	0.49 (0.31; 0.79)	0.004	0.54 (0.32; 0.91)	0.019
P8	2633	24/402 (6.0)	83/2231 (3.7)	0.035	0.61 (0.38; 0.99)	0.045	0.61 (0.36; 1.05)	0.065
PD	2633	26/404 (6.4)	125/2229 (5.6)	0.510	0.86 (0.56; 1.36)	0.505	0.84 (0.53; 1.38)	0.479
P39	2618	31/402 (7.7)	113/2216 (5.1)	0.035	0.64 (0.43; 0.98)	0.042	0.66 (0.42; 1.06)	0.078
MSP1	2640	177/405 (43.7)	974/2235 (43.6)	0.963	0.99 (0.80; 1.23)	0.962	1.06 (0.84; 1.35)	0.614
EBA175	2631	147/404 (36.4)	724/2227 (32.5)	0.128	0.84 (0.67; 1.05)	0.130	0.94 (0.73; 1.20)	0.601
PfRH2	2614	57/395 (14.4)	198/2219 (8.9)	< 0.001	0.58 (0.42; 0.80)	0.001	0.64 (0.45; 0.92)	0.013
PfRH5	2585	59/395 (14.9)	264/2190 (12.1)	0.111	0.58 (0.42; 0.80)	0.001	0.84 (0.60; 1.18)	0.308
ACS5	2546	114/384 (29.7)	550/2162 (25.4)	0.081	0.81 (0.64; 1.03)	0.083	0.80 (0.61; 1.05)	0.104
GEXP18	2629	16/405 (4.0)	66/2224 (3.0)	0.295	0.74 (0.433; 1.33)	0.301	0.71 (0.40; 1.36)	0.284
Etramp	2641	55/406 (13.5)	264/2235 (11.8)	0.324	0.71 (0.53; 0.96)	0.026	0.86 (0.61; 1.22)	0.379
PfTramp	2639	70/405 (17.3)	353/2234 (15.8)	0.454	0.90 (0.68; 1.20)	0.452	0.84 (0.62; 1.15)	0.273
HSP40	2596	65/395 (16.5)	305/2201 (13.9)	0.174	0.81 (0.61; 1.10)	0.178	0.83 (0.60; 1.16)	0.275
Newborn weight (g), mean (SD)	3894	3083.2 (487.	8) 3136.0 (444	.9) 0.014	52.82 (13.56; 92.08)	0.008	58.08 (18.33; 97.83)	0.004
Low birth weight, n (%)	3894	55/602 (9.1)	169/3292 (5.1)	< 0.001	0.54 (0.39; 0.74)	< 0.001	0.61 (0.41; 0.90)	0.013
Maternal hemoglobin (g/dL), mean (SD)	3999	11.03 (1.4	6) 11.18 (1.5	0) 0.018	0.15 (0.02; 0.28)	0.020	0.04 (-0.09; 0.17)	0.533
Maternal anemia, n (%)	3999	285/625 (45.6)	1346/3374 (39.9)	0.008	0.79 (0.67; 0.94)	0.008	0.88 (0.72; 1.07)	0.204

SD, standard deviation.

<sup>a</sup>, Chi-squared test for categorical variables and *t*-test for continuous variables.

, Odds Ratio for categorical variables and difference in the average values for continuous variables.

<sup>c</sup>, Univariate regression models.

<sup>d</sup>, Adjusted multivariate regression models.

#### Table 4

*P. falciparum* infection detected by qPCR at first antenatal care visit and at delivery, by IPTp-SP uptake group and gravidity. The p-values were obtained by two-proportion Z-test and multivariate models adjusted by clinic, study period, season, gravidity, gestational stage at first ANC visit and delivery, and reported use of ITN and IRS.

		All					Delivery Primigravidae					Multigravidae					
				qPCR+	qPCR-				qPCR+	qPCR-				qPCR+	qPCR-		
		Ν	n (%) n	n (%)	p <sup>a</sup>	$\mathbf{p}^{\mathbf{b}}$	N n (%	n (%)	n (%) n (%)	p <sup>a</sup>	р <sup>ь</sup>	Ν	n (%)	n (%)	p <sup>a</sup>	$\mathbf{p}^{\mathbf{b}}$	
qPCR+ANC																	
	< 3 doses	29	8 (27.6)	21 (72.4)	< 0.001	0.012	7	1 (14.3)	6 (85.7)	1.000	0.723	22	7 (31.8)	15 (68.2)	< 0.001	0.009	
	≥3 doses	164	9 (5.5)	155 (94.5)			71	7 (9.9)	64 (90.1)			93	2 (2.2)	91 (97.8)			
qPCR-ANC																	
	< 3 doses	323	4 (1.2)	319 (98.8)	0.619	0.499	60	0 (0.0)	60 (100)	0.598	0.994	263	4 (1.5)	259 (98.5)	0.804	0.920	
	≥3 doses	1743	30 (1.7)	1713 (98.3)			550	9 (1.6)	541 (98.4)			1193	21 (1.8)	1172 (98.2)			

<sup>a</sup>, Two-proportion Z-test.

<sup>b</sup>, Multivariate logistic regression model.

of *P. falciparum* infection at delivery among IPTp3+ multigravidae (1.5% [24/1576]) compared to IPTp3- multigravidae (3.1% [11/351]; p = 0.041), although the interaction was not statistically significant (p = 0.165; Supplementary Table 3). The proportion of qPCR-positive women at first ANC visit who were uninfected at delivery was higher among the IPTp3 + group (94.5% [155/164]) than among the IPTp3-group (72.4% [21/29]; aOR=5.9, 95% CI: 1.5–33.3; p = 0.012; Table 4). When stratifying by gravidity, this difference was only evident among multigravidae (aOR=1.8, 95% CI: 0.0–50.0, p = 0.723 for primigravidae and 20.0, 95% CI: 2.7–333.3, p = 0.009 for multigravidae; p for the interaction=0.088). The proportion of qPCR-negative women at ANC who were positive at delivery was similar in both IPTp-SP uptake groups (p = 0.619; Table 4).

# Impact of IPTp3+ on serological outcomes

IgGs were measured in 2644–2745 (depending on the antigen) first ANC samples, and in 2546–2648 delivery samples. VAR2CSA<sub>DBL34</sub> seroprevalence at delivery was lower in the IPTp3+ group (aOR=0.72; 95% CI: 0.54–0.95; p = 0.022; Table 3), but no statistically significant differences were observed at first ANC visit (p = 0.133; Supplementary Table 2). Similar results were observed for

VAR2CSA<sub>P1</sub> and PfRH2 (Table 3). The analysis stratified by gravidity showed a reduction in VAR2CSA<sub>DBL34</sub>, VAR2CSA<sub>P8</sub>, PfRH2 and GEXP18 seroprevalences associated with the uptake of three or more doses among multigravidae women, but not among primigravidae (Supplementary Table 3).

# Impact of IPTp3+ on new-born birthweight

Birth weight was higher in the IPTp3+ group (mean=3136 g, SD=444.89) compared to the IPTp3- group (mean=3083 g, SD=488; p = 0.014; Table 3), with a mean increase of 58 g (95%CI: 18–98; p = 0.004) observed in the multivariate model (Table 3). Similarly, IPTp3 + was associated with a 39% reduction in risk of LBW deliveries (aOR=0.61; 95% CI: 0.41–0.90; p = 0.013; Table 3). Same increase of birthweight and reductions in LBW were observed regardless of gravidity (Supplementary Table 3).

# Impact of IPTp3+ on maternal anemia

Lower mean maternal hemoglobin and anemia was observed in women who received less than three IPTp-SP doses (hemoglobin:  $11.03 \pm 1.46 \text{ g/dL}$ ; anemia: 45.6% [285/625]) than in the IPTp3 + group

(11.18  $\pm$  1.50 g/L, p = 0.018; 39.9% [1346/3374], p = 0.008; Table 3). However, the difference was not statistically significant in the multi-variate model (Table 3).

# Molecular markers of SP-resistance

*pfdhfr* and *pfdhps* sequences were obtained from 346 *P. falciparum* samples (249 from first ANC visit and 97 from delivery). Prevalence of polymorphisms in *pfdhfr* and *pfdhps* was above 95%. After excluding samples with missing or mixed genotypes, 94.2% (130/138) first ANC samples presented a quintuple mutant haplotype (Supplementary Table 4). However, *pfdhps* A581G mutation was not detected in any of the samples analyzed. No statistically significant difference was observed in the prevalence of *pfdhfr/dhps* mutation at the first ANC visit and delivery (Supplementary Table 4).

# Discussion

This three-year prospective observational study shows that the use of three or more doses of IPTp-SP was associated with increased clearance of *P. falciparum* infections detected at first ANC visit, a lower seropositivity against VAR2CSA, and increased new-born weight, in spite of the very high prevalence of *pfdhfr/dhps* quintuple mutants associated with SP-resistance. A sustained parasitological effect of IPTp-SP to clear *P. falciparum* infections, combined with the antibiotic properties of sulfadoxine,<sup>14–16</sup> may contribute to the beneficial effects of the intervention even in settings where the quintuple mutants have reached saturation. However, late attendance to first ANC consultations (21 weeks of gestation, far from WHO recommendations of starting ANC consultations during the first trimester of pregnancy<sup>26</sup>) and failure to receive three or more IPTp-SP doses (16% of the successful implementation of IPTp-SP.

The study area in southern Mozambigue is characterized by a low prevalence of gPCR-detected P. falciparum infections, both at first ANC visit (7.7%) and at delivery (1.9%), and by a high prevalence (94%) of parasites carrying *pfdhfr/dhps* quintuple mutants. However, we found no evidence of the occurrence pfdhps A581G mutation which, in addition to quintuple mutations, has been associated with the loss of IPTp-SP efficacy in some studies.<sup>8-10</sup> In this epidemiological context, IPTp3+ is associated with a 39% reduction in the risk of LBW, as has been reported in medium-to-high SP-resistance areas.<sup>11,12,15,28</sup> The antibiotic properties of sulfadoxine may contribute to sustain this beneficial impact in areas with high levels of SP-resistance mutations.<sup>14–16</sup> However, we did not observe the difference by gravidity in the beneficial effect of IPTp3+ on new-born birth-weight detected in a previous study,<sup>14</sup> which was explained by a greater attributable fraction of non-malarial causes of low birthweight compared with primigravidae. Moreover, our study shows a higher clearance rate of P. falciparum infections detected at first ANC visit and lower seroprevalence of pregnancy-specific antibodies in the IPTp3+ group, indicating that SP retains sufficient effectiveness to reduce exposure to *P. falciparum* during pregnancy.<sup>12</sup> This parasitological effect of IPTp3+ was more evident among multigravid women, which may be explained by the contribution of immunity acquired against placental-type parasites during previous pregnancies<sup>29</sup> or to a higher number of multigravid than primigravid women in the study. Further studies are needed to assess the role of antimalarial immunity on the preventive effect of IPTp, as well as the impact that reductions in antibody-mediated immunity may have on the risk of *P. falciparum* infections during subsequent pregnancies.

Overall, the inferences on causality can only be tentative in the present study, mainly due to two limitations. First, we cannot discard "adherer effects" due to broader health awareness or improved health status among those who use health services.<sup>20</sup> Second, it is

not possible to disentangle the contribution of earlier ANC care attendance on the beneficial effect of IPTp3+.<sup>15</sup> Although we rigorously adjusted for multiple confounders including previous gravidities, use of ITNs and IRS, and gestational age at first ANC visit and delivery, our results could be biased by unmeasured variables, such as nutritional habits which affect hemoglobin levels. However, we did not observe any difference in parasitological outcomes at first ANC visit between both groups of women, allowing us to discard a beneficial effect of IPTp3+ due to lower risk of malaria infection among women of higher socio-economic status who are expected to use ANC consultations more frequently. Finally, we did not collect information on the dates of IPTp-SP uptakes and therefore we cannot discard that a shorter period since last IPTp dose explains the apparent parasitological effect observed at delivery in women receiving three or more doses.

In conclusion, this study shows how surveillance at maternity wards offer a unique opportunity to continuously monitor the effectiveness of IPTp against important health outcomes.<sup>30</sup> Three or more doses of IPTp-SP are effective in improving parasitological and clinical pregnancy outcomes (new-born birthweight) in the Maputo province in southern Mozambique, an area with high prevalence of molecular markers of SP-resistance and low malaria burden. While IPTp-SP may exert its beneficial impact on LBW through a mechanism that is unrelated to malaria,<sup>14</sup> this study suggest that SP still retains a protective effect on P. falciparum infections, that could contribute to the overall effectiveness of the intervention. Therefore, the use of SP for IPTp should remain as a fundamental component in the strategy to protect pregnant women from malaria and its adverse effects in areas of high molecular markers of SP-resistance<sup>31</sup> until more effective alternatives for malaria chemoprevention are found. Strengthening operational capacities for delivering chemoprevention in pregnancy and continuing research in this field is required for an optimal use of the limited arsenal of tools in the fight against malaria.

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#### **Declaration of Competing Interest**

All authors reported no conflicts of interest.

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# **Author contributions**

Alfredo Mayor and Eusebio Macete designed the study. Sónia Maculuve, Henriques Mbeve, Gizela Bambo recruited study participants. Boaventura Cuna, Cardoso Melembe and Nelo Ndimande managed the data and samples. Glória Matambisso, Nanna Brokhattingen, Pau Cisteró and Anna Escoda analysed the samples. Kevin Teth, Benoit Gamain, Chris Drakeley, Chetan Chitnis and Virander Chauhan produced recombinant antigens for serological determinations. Alfredo Mayor and Glória Matambisso analysed and interpreted the data. Nanna Brokhattingen and Llorenç Quintó contributed to the interpretation of data. Alfredo Mayor and Glória Matambisso drafted the manuscript. All authors critically revised the manuscript, had full access to all the data in the study and accept responsibility to submit for publication.

# Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.jinf.2024.106144.

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