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## **Title: Aggregate-selective removal of pathological tau via clustering-activated degraders**

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**Abstract:** Homotypic protein assembly is a critical mediator of biological function and disease state. Selective degradation of protein assemblies, while sparing monomeric forms, is required for interrogation of biological mechanisms and assembly-specific therapeutic intervention. We have exploited the requirement of intermolecular clustering for activation of the E3 ligase TRIM21 to produce TRIM21-nanobody fusions capable of rapidly and selectively degrading assembled proteins. We demonstrate this approach against histone 2B-GFP and tau, a protein that undergoes pathological aggregation in Alzheimer's and other neurodegenerative diseases. Intracellular expression of TRIM21-nanobody degraders prevented or reversed tau aggregation in culture systems and in vivo, with minimal impact on soluble tau. Our results demonstrate that homotypic quaternary structure is a property of proteins that may be exploited for their selective degradation.

**One-Sentence Summary:** Redirecting a cytosolic immune pathway enables potent and aggregate-selective removal of pathological tau protein in cell and animal models.

## Main Text

### Introduction

5 The transition of soluble physiological proteins into pathological homotypic aggregates underlies many common neurodegenerative diseases. Tau is one such protein, whose aggregation correlates with symptomatic progression in Alzheimer's disease (1, 2) and is therefore a target of therapeutic interest. Antisense oligonucleotides (ASOs) can reduce tau protein levels, ameliorating tau pathology in mice (3), and have now entered human trials (4, 5). However, such nucleic acid approaches rely on reducing total protein pools and so loss of physiological protein is an unavoidsable corollary. Toxicity is therefore anticipated, especially for targets where the physiological protein plays critical cellular roles. Methods that potently and selectively deplete aggregated proteins are therefore required.

15 The cytosolic antibody receptor and E3 ubiquitin ligase TRIM21 can mediate the destruction of antibody-bound targets including viruses (6), cellular proteins (7) and tau aggregates (8). This E3 ligase activity is induced via the clustering and cross-activation of TRIM21's RING domains (9, 10), which is satisfied upon TRIM21 binding to polyvalent antibody-coated complexes (11) (Fig. 1A and B), resulting in destruction of the entire complex via the unfoldase p97/VCP and the proteasome (12, 13). However, the applicability of targeted protein degradation via this pathway is limited by the general inability of antibodies to access the intracellular domain. For instance, anti-tau immunotherapy can be dependent on TRIM21, but relies on extracellular "seed competent" tau aggregates importing antibodies into the cytosol where they engage and activate TRIM21 to neutralise the bound aggregates (14).

25 In this study we sought to exploit the clustering-dependent activation of TRIM21 to develop genetically encoded degraders that are activated in the context of assembled, but not monomeric, targets (Fig. 1C and D). By fusing the RING domain of TRIM21 to a target-specific nanobody we generated RING-nanobody (R-Nb) degraders that can be expressed in the nucleocytoplasm. Using tau as a substrate, R-Nb constructs were demonstrated to inhibit seeded tau aggregation and degrade pre-existing insoluble aggregates. Meanwhile, soluble tau was largely unaffected. R-Nb constructs therefore represent a new modality by which aggregated proteins may be selectively degraded, allowing for further interrogation of protein function and a potential route to the therapeutic removal of aggregated proteins implicated in neurodegenerative disease.

## **Tau targeted R-Nb rapidly degrades aggregated tau species**

The repetitive nature of fibrillar tau aggregates was hypothesised to allow for the dense clustering of R-Nb degraders on their surface, inducing RING cross-activation and subsequent degradation. A variant of the anti-tau C-terminus nanobody F8-2, optimised for increased intracellular affinity (S54L+T127A), (15), was selected as a targeting domain (R-Nb<sub>F8-2</sub>). This construct consisted of an N-terminal TRIM21 RING domain followed by the nanobody and a self-cleaving (T2A) mCherry reporter (Fig. S1A). To create a cell line model containing constitutively aggregated fluorescently tagged tau, HEK293 cells over-expressing soluble P301S tau-venus (8) (tau-venus soluble, TVS cells) were seeded with tau assemblies prepared from the brains of aged Tg2541 P301S tau transgenic mice (16) and clonally expanded (tau-venus aggregated, TVA cells). Immuno-gold electron microscopy confirmed the presence of fibrillar tau assemblies in TVA cells (Fig. S1B and C).

To assess the ability of R-Nb<sub>F8-2</sub> to degrade pre-formed tau-venus aggregates, TVA cells were modified to express R-Nb<sub>F8-2</sub>, or controls, in a doxycycline (DOX) inducible manner. Addition of DOX resulted in engagement of tau aggregates by the nanobody and a rapid reduction of punctate tau-venus aggregates, concomitant with R-Nb<sub>F8-2</sub> and mCherry expression (Fig. 1E and F, Supp. Video 1, Fig S1D-F). 15 hours post-DOX addition, tau-venus appeared re-solubilised and microtubule-associated. TRIM21 RING or F8-2 alone did not substantially alter levels of tau-venus aggregates, despite comparable expression levels (Fig. S1D).

To probe the nature of tau-venus aggregates degraded by R-Nb<sub>F8-2</sub>, the sarkosyl soluble and insoluble fractions from these cells following DOX treatment were examined. As expected, a reduction in insoluble total and phosphorylated (AT8, pSer202 & pThr205) tau was observed only in R-Nb<sub>F8-2</sub> expressing cells (Fig. 1G). Interestingly, biochemically soluble tau species were also partially reduced following R-Nb<sub>F8-2</sub> expression (Fig. 1H). Subsequent probing revealed that the depleted species ran as a distinct higher molecular weight band and were recognised by phospho-tau antibodies (Fig. 1I), therefore likely representing small hyperphosphorylated tau assemblies such as have previously been reported (17). Further interrogation of tau species remaining in TVA lysates was performed using single-molecule pull-down (SiMPull) super-resolution microscopy (18), revealing that tau assemblies of all sizes were reduced following R-Nb<sub>F8-2</sub> expression (+DOX) (Fig. 1J and K).

## **Low affinity R-Nb constructs selectively degrade aggregated tau, including seed competent species**

In its physiological state, tau exists as a soluble cytosolic or microtubule-bound protein. We hypothesised that recruitment of R-Nb degraders to soluble tau may not induce degradation due to the spatial separation of RING domains preventing cross-activation. As R-Nb recruitment density will also be driven by nanobody affinity, we further hypothesised this would determine aggregate selectivity. To test this, we assessed a panel of R-Nb constructs with a 1000-fold range of in vitro affinity for tau-venus. Variants of F8-2 were used alongside H3-2 (overlapping epitope with F8-2 (Fig. S2A and B)), with in vitro affinities ( $K_D$ ) ranging from  $\sim 1.3 \mu\text{M}$  to 32 nM (15) (Fig. S2C and D). vhhGFP4, which targets venus with an affinity of 1 nM (19) was also used, with a nanobody (Nb139) against an irrelevant target (p53) being used as a negative control (20).

R-Nb constructs were transfected into TVA or TVS cells to assess their ability to degrade aggregated or soluble tau respectively. Super-resolution microscopy has confirmed that P301S tau-venus in TVS cells is localised to microtubules and free in the cytosol (21). All R-Nb constructs were soluble when expressed in HEK293 cells (Fig. S3A), and those capable of binding tau-venus elicited the degradation of aggregates in TVA cells (Fig. 2A). However, degradation of soluble tau-venus in TVS cells was only instigated by R-Nb constructs using high affinity nanobodies (Fig. 2B). All R-Nb constructs were expressed at similar levels (Fig. S3, B and C). Surprisingly, the degradation kinetics of tau-venus were not substantially affected by its aggregation state following expression of the R-Nb<sub>vhhGFP4</sub> degrader (Fig. S3 D-G). These results demonstrate that degradation may be driven by R-Nb clustering on the surface of fibrillar assemblies for low-affinity degraders, or by high affinity recruitment to more spatially separated targets, and that low affinity R-Nb constructs may permit aggregate-selective degradation. The R-Nb construct using F8-2<sub>S54L+T127A</sub> (used in Fig. 1) resulted in the highest level of aggregate degradation without affecting soluble tau and was therefore selected for use in subsequent experiments (referred to as R-Nb<sub>F8-2</sub>).

To assess the selectivity of R-Nb<sub>F8-2</sub> degradation the proteome of TVA R-Nb<sub>F8-2</sub> cells +/- DOX was analysed via mass spectrometry, revealing that out of over 8,000 endogenous proteins quantified, only two (HMGCR and PNMA1) were moderately yet significantly (q-value = 0.01, fold change >2) affected following R-Nb<sub>F8-2</sub> expression (Fig. 2C). Interestingly overall levels of tau-venus protein were unaffected, again suggesting that R-Nb<sub>F8-2</sub> mediated degradation of aggregated tau is assembly state specific. To confirm that R-Nb<sub>F8-2</sub> does not degrade soluble tau, TVS cells were modified to express DOX inducible R-Nb<sub>F8-2</sub>. 24 h after DOX addition cells expressed high levels of R-Nb<sub>F8-2</sub> (Fig. S4A), yet this had no effect on tau-venus protein levels (Fig. 2, D and E). Using this same cell line, we tested whether R-Nb<sub>F8-2</sub> expression would protect against seeded tau aggregation. TVS cells challenged with heparin-assembled P301S tau fibrils in the presence of Lipofectamine form quantifiable aggregated tau-venus puncta in a dose responsive manner (8), which was almost entirely prevented in TVS cells expressing R-Nb<sub>F8-2</sub> (Fig. 2F). R-Nb<sub>F8-2</sub> expression therefore specifically degrades aggregated tau and confers resistance to seeded tau aggregation.

TRIM21 mediated degradation is reliant on the UPS with involvement of the unfoldase p97/VCP (6, 12). To investigate whether degradation of aggregated tau in TVA cells via R-Nb<sub>F8-2</sub> is reliant on these same mechanisms, we inhibited the E1 ubiquitin activating enzyme (UAE) with TAK-243; the proteasome with MG132 (Fig. S4B); or VCP with NMS-873 (Fig S4C). Alternatively, bafilomycin was used to inhibit autophagy (Fig. S4D). Solvent only (DMSO) and the inhibitors had minimal effects on R-Nb<sub>F8-2</sub> expression (Fig. S4E), and DMSO itself did not affect R-Nb<sub>F8-2</sub> mediated degradation (Fig. S4F). Inhibition of E1, VCP, and the proteasome significantly impaired the ability of R-Nb<sub>F8-2</sub> to degrade aggregated tau-venus (Fig. 2G). In contrast bafilomycin had no effect, confirming that R-Nb<sub>F8-2</sub> mediated degradation of aggregated tau, similar to TRIM21, requires the UPS with involvement of VCP.

The degradation of aggregated tau via VCP and the proteasome has been reported to result in production of further seed competent tau species (21, 22). Lysates and supernatants from TVA cells expressing R-Nb<sub>F8-2</sub> or controls were therefore introduced into TVS cells to induce seeded tau-venus aggregation, with results demonstrating that only R-Nb<sub>F8-2</sub> expression reduced levels of seed competent tau species (Fig. 2H and S4G). The degradation of aggregated tau via R-Nb<sub>F8-2</sub> thus reduces total levels of seed competent tau species rather than increasing them.

## In vivo application of R-Nb for CNS targets

To investigate whether R-Nb constructs can degrade proteins in the brain, we targeted GFP-tagged histone 2B (H2B-GFP), an oligomeric substrate amenable to TRIM21 mediated degradation (11). AAV1/2 encoding a GFP-targeted degrader (R-Nb<sub>vhhGFP4</sub>) with a self-cleaving T2A-mCherry reporter was produced, alongside TRIM21 RING and vhhGFP4 only controls. Expression of all constructs was driven by a universal CAG promoter. AAV1/2 was injected unilaterally into the hippocampus of transgenic H2B-GFP mice at two-months of age, and homogenates prepared 30 days later from injected and contralateral hippocampi. GFP ELISA revealed that injection of AAV1/2 encoding R-Nb<sub>vhhGFP4</sub> led to a reduction of H2B-GFP in injected vs contralateral hippocampi (Fig. 3A). To ascertain whether degradation can occur over a shorter time period, H2B-GFP levels were compared 10- and 30-days post AAV1/2 R-Nb<sub>vhhGFP4</sub> injection via GFP ELISA. This revealed that H2B-GFP degradation in injected vs contralateral hippocampi was similar at both time points, confirming the rapid nature of R-Nb mediated degradation (Fig. 3B). Fluorescence microscopy was also used to assess H2B-GFP levels 30 days post AAV1/2 injection. Imaging confirmed that construct expression was largely confined to the injected hemisphere and that only AAV1/2 R-Nb<sub>vhhGFP4</sub> was capable of reducing H2B-GFP levels (Fig. 3C and D). Thus, R-Nb constructs are amenable to AAV delivery and can be used to degrade oligomeric protein substrates in the CNS in vivo.

## Reduction of tau pathology in the aged mouse brain and primary neurons via R-Nb<sub>F8-2</sub>

We next asked whether the tau-targeted R-Nb<sub>F8-2</sub> degrader could be delivered via AAV to counter tau pathology in aged Tg2541 mice, which express human 0N4R P301S tau under the Thy1 promoter. AAV1/2 vectors bearing R-Nb<sub>F8-2</sub> under a CAG promoter were injected unilaterally into the frontal cortex of 5.5-month-old mice, at which point their brains exhibit substantial AT8-positive tau pathology (Fig. S5A). Examination of brains 30 (Fig. 4A) or 10 (Fig. S5B) days later via immunofluorescence (IF) revealed that R-Nb<sub>F8-2</sub> expression was largely restricted to the injected hemisphere, and that this was associated with a reduction in AT8 staining compared to the contralateral side. Only expression of R-Nb<sub>F8-2</sub>, and not TRIM21 RING or F8-2 only controls, reduced levels of AT8 staining in the injected hemisphere (Fig. 4B). Frontal cortex hemispheres from mice treated with R-Nb<sub>F8-2</sub> AAV1/2 were homogenised and probed for phosphorylated (AT100, pThr212 & pSer214) and total tau protein, revealing that pTau levels were reduced in injected hemispheres compared to contralateral sides, but that total tau levels remained unaffected (Fig. 4C).

Encouraged by these results demonstrating a reduction of tau pathology in aged mice, the ability of R-Nb<sub>F8-2</sub> to prevent neuronal seeded tau aggregation was assessed using primary mouse neurons from neonatal Tg2541 mice. The addition of heparin assembled P301S tau fibrils to these cultures induced tau aggregation, visualised as pTau positive cell bodies and puncta via IF. Seeded aggregation was reduced by pre-treating neurons with AAV1/2 bearing R-Nb<sub>F8-2</sub> under the neuron specific hSyn promoter (Fig. 4D and E). This reduction was observed in both neuronal cell bodies and dendritic compartments (Fig S5C and D). Conversely, pre-treatment with TRIM21 RING or F8-2 only AAV1/2 had no effect on seeded tau aggregation (Fig. 4E), despite similar expression levels as R-Nb<sub>F8-2</sub> (Fig. S5E). Neither R-Nb<sub>F8-2</sub> expression nor the AAV1/2 vector itself affected cell viability (Fig. S5F). To test whether R-Nb<sub>F8-2</sub> expression reduced the formation of seed

competent tau aggregates in this context, lysates from tau-seeded neurons pre-treated with varying doses of R-Nb<sub>F8-2</sub> AAV1/2 were interrogated in TVS HEK cells, revealing that R-Nb<sub>F8-2</sub> expression reduced the formation of seed competent tau in a dose responsive manner (Fig 4F). To confirm that R-Nb<sub>F8-2</sub> mediated neutralisation of seeded tau aggregation is dependent on its E3 ligase catalytic activity, two RING-inactivating mutations (M72E and I18R) (23) were introduced into the R-Nb<sub>F8-2</sub> construct. Pretreatment of neurons with AAV1/2 encoding this catalytically dead R-Nb<sub>F8-2</sub> did not reduce seeded tau aggregation compared to untransduced controls (Fig 4G), despite expression being similar to the active R-Nb<sub>F8-2</sub> construct (Fig. S5G).

The ability of R-Nb<sub>F8-2</sub> to reduce tau pathology in aged mice only days after AAV1/2 administration suggests that pre-existing neuronal tau aggregates are being degraded. To examine this possibility, primary mouse neurons expressing P301S tau-venus were treated with heparin assembled P301S tau aggregates and imaged longitudinally in situ. Seeded aggregates were detectable as bright venus puncta which, post-fixation, co-localised with AT8 staining (Fig. S5H). Remarkably, addition of R-Nb<sub>F8-2</sub> AAV1/2 caused large tau-venus aggregates to be rapidly cleared following R-Nb<sub>F8-2</sub> expression (Fig. 4H and Supp. Video 2). These results demonstrate that R-Nb<sub>F8-2</sub> expression can prevent and reverse tau aggregation in neurons, and can rapidly reduce tau pathology in an aged mouse model of tauopathy.

### **Global CNS expression of R-Nb<sub>F8-2</sub> reduces tau pathology in mice**

To be effective in clinical applications, broad transduction of the brain would likely be required to express R-Nb degraders in a majority of cells affected by tau pathology. In mice, this may be achieved through the use of engineered AAV capsids such as AAV<sub>9P31</sub>, a variant capable of transducing the brain following peripheral intravenous administration (24) (Fig. S6A). To determine the feasibility of this approach, R-Nb<sub>F8-2</sub> was packaged into AAV<sub>9P31</sub> under the hSyn promoter and delivered as a single tail vein dose to Tg2541 mice in either a short (10-day) or long (2-month) experimental protocol (Fig. 5A). In the 10-day protocol, R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> was administered to 5.5-month-old (Day 166) mice, with tau pathology assessed 10 days later via IF and western blot. AT8 staining of the frontal cortex revealed that R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> administration led to a decrease in pTau pathology compared to untreated mice (Fig. 5B and C). Tg2541 mice also develop severe spinal cord tau pathology by 5.5 months (25), which was reduced in individuals treated with R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> (Fig. 5D and E). Immunoblotting of whole brain lysates (Fig. S6B) revealed decreased levels of pTau in mice treated with R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> (Fig. S6C), whilst total tau levels remained unaffected (Fig. S6D). Similar results were obtained from spinal cord lysates (Fig. S6E, F and G).

Under the two-month treatment protocol, four-month-old mice (Day 123) were injected with R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub>, with sarkosyl soluble and insoluble fractions prepared from whole brain lysates two months later (Day 182). Insoluble tau phosphorylated at Ser396 (Fig. S6H), Ser422 and Ser202&Thr205 (AT8) was substantially reduced in R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> treated mice compared to untreated controls (Fig. 5F). Insoluble total tau running at the same weight as these phosphorylated species was also depleted in samples from treated mice. Unexpectedly, soluble total tau was somewhat reduced in R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> treated mice, which may be due to unoptimized dosing in this longer treatment protocol. As previous, the delivery of brain lysates to TVS cells revealed that R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> treatment reduced levels of seed competent tau species in the brain compared

to untreated mice (Fig 5G). These results demonstrate that the R-Nb strategy can be used to reduce protein aggregates rapidly and durably at scale in the mammalian brain.

## Discussion

5 By fusing the E3 catalytic RING domain of TRIM21 to a target specific nanobody, we have engineered conditionally active degraders (R-Nb) that selectively degrade homotypic protein assemblies. R-Nb constructs using a tau specific nanobody were capable of rapidly clearing intracellular hyperphosphorylated and seed competent tau aggregates in various in vitro and in vivo models, whilst leaving native soluble tau largely unaffected. Degradation of a second substrate, histone 2B-GFP, demonstrates that the R-Nb approach can also achieve targeted protein degradation in the nucleus.

15 Fibrillar aggregates have long been considered challenging substrates for cellular degradation machinery. Previous studies have demonstrated that degradation by chaperones and the proteasome can produce an increased number of smaller aggregates, potentially mobilising seed competent species (22, 26). We show here however that R-Nb degraders can successfully remove pre-formed insoluble tau aggregates, leading to a net decrease in seed-competent species. We speculate that the established role of TRIM21 in the destruction of cytosolic antibody-bound viruses in a time-sensitive manner likely renders it especially suited to be co-opted for this task.

20 The ability of R-Nb constructs to specifically target and deplete homotypic protein assemblies may aid in deconvoluting the contribution of assembled protein species towards neurodegenerative processes. Further studies assessing the phenotypic consequences of R-Nb mediated aggregate depletion are required for assessing aggregate-selective degraders as a therapeutic modality. If realised, this approach offers two key advantages over current strategies. First, unlike other interventions such as immunotherapy, these degraders are not reliant on intercepting extracellular tau assemblies, but are expressed within neurons to remove existing aggregates and prevent further aggregation. It would therefore be expected to operate irrespective of whether aggregation occurred via seeding or through cell-autonomous mechanisms. Second, the monomer sparing quality of the approach offers a method by which the cellular functions of tau could be preserved, while pathological assemblies are removed. ASO studies suggest that tau depletion in the brain is well tolerated in phase I trials (4, 5). However, animal studies find phenotypes associated with total tau depletion, raising unknowns surrounding the effect of chronic depletion (27). Further studies exploring the functional consequences of aggregate-selective versus total tau depletion, alongside long-term toxicity profiling, will inform the feasibility of R-Nb constructs as a therapeutic modality against tau and other aggregating proteins in neurodegenerative diseases.

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Supervision: D.K., L.C.J., W.A.M.

Writing – original draft: J.A.B. & W.A.M.

Writing – review and editing: All authors

## Competing Interests

None

## Data and Materials Availability

5 All data are available in the manuscript or the supplementary material. Raw data available on  
written request to W.A.M.

Mass spectrometry raw files and data analysis files produced in Spectronaut have been uploaded  
to PRIDE (<https://doi.org/10.1093/nar/gkab1038>) under the accession number PXD052957.

## 10 Supplementary Materials

Materials and Methods

Tables S1 to S3

15 Figs. S1 to S6

Movies S1 to S2

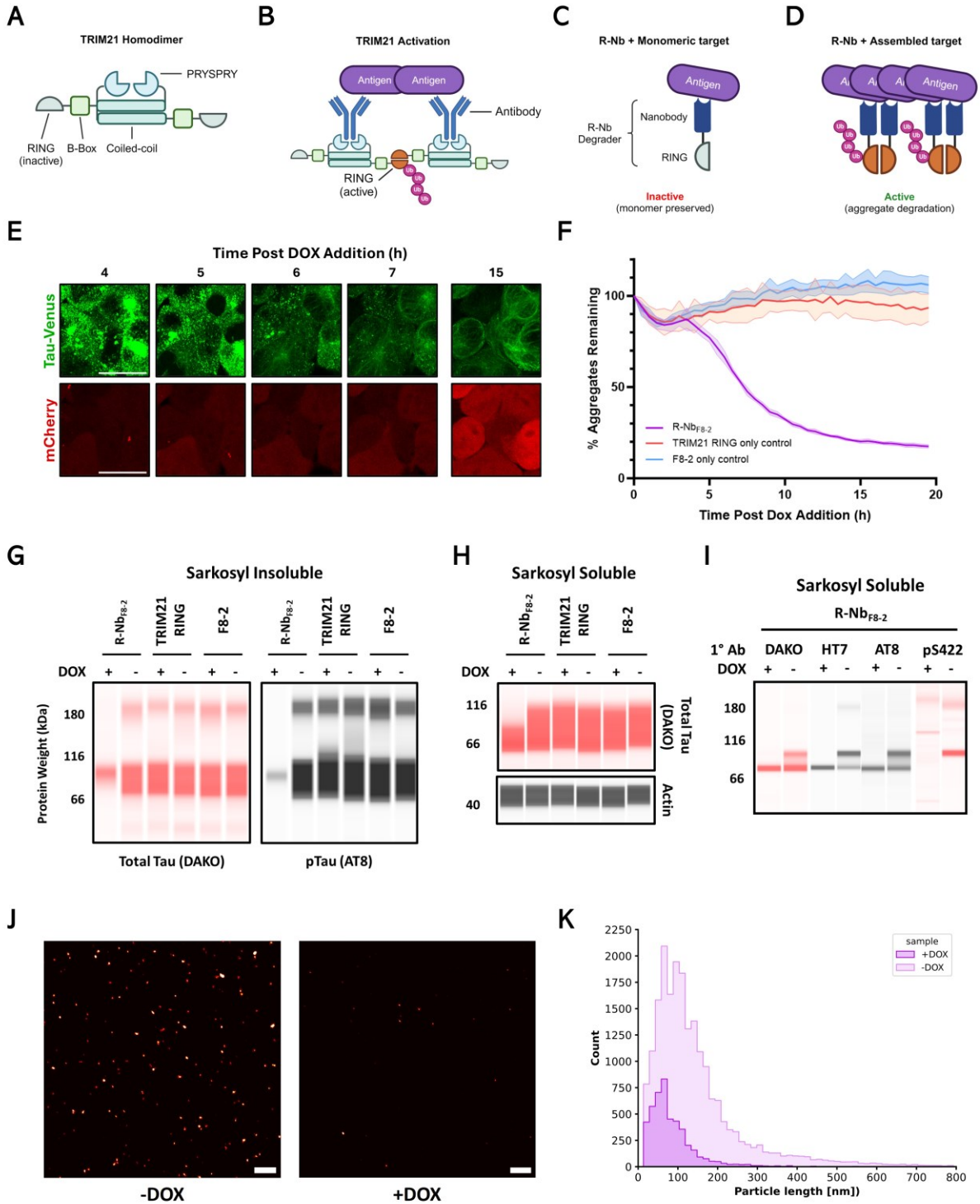
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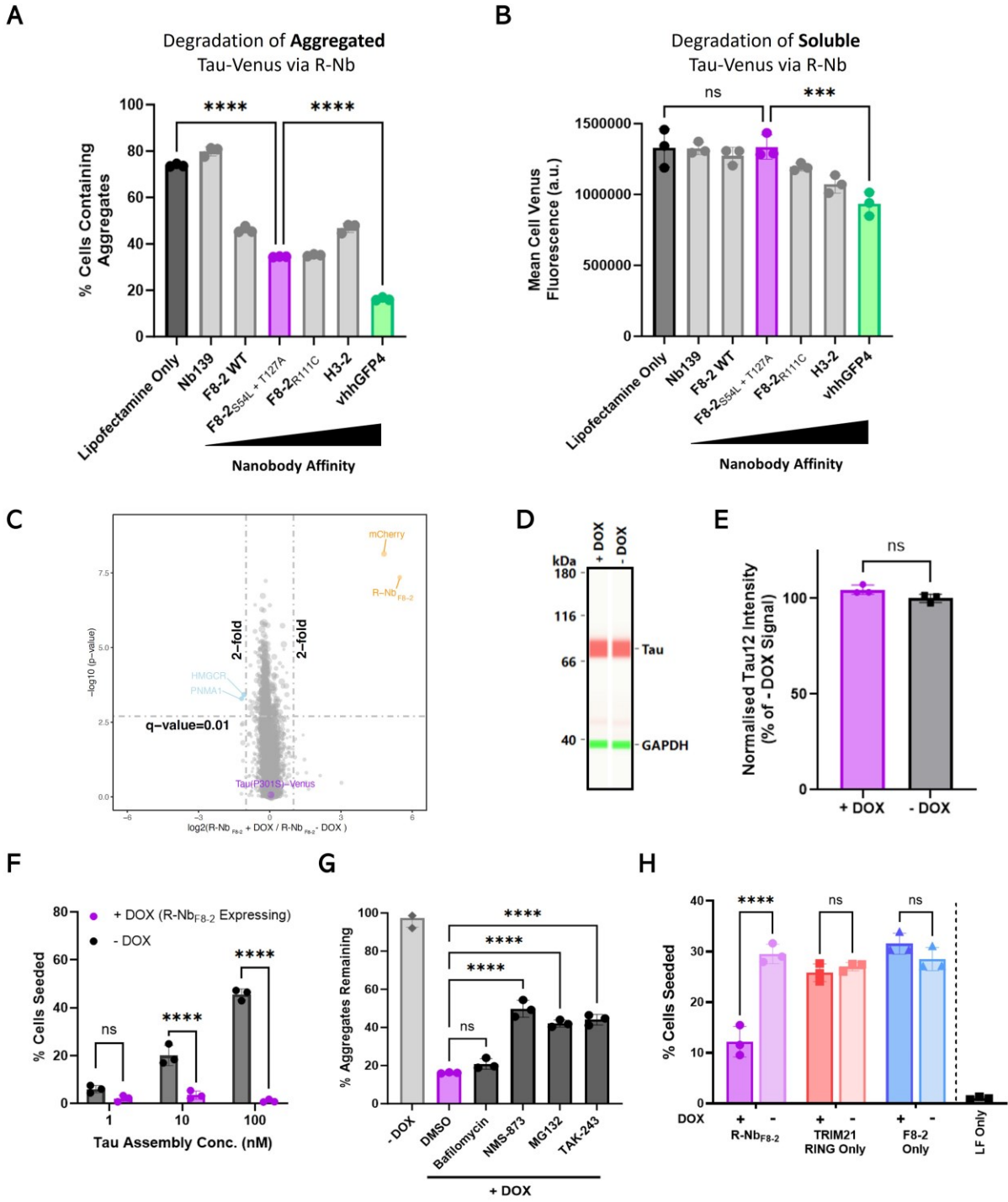
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**Fig. 1. R-Nb<sub>F8-2</sub> rapidly degrades aggregated tau species.**

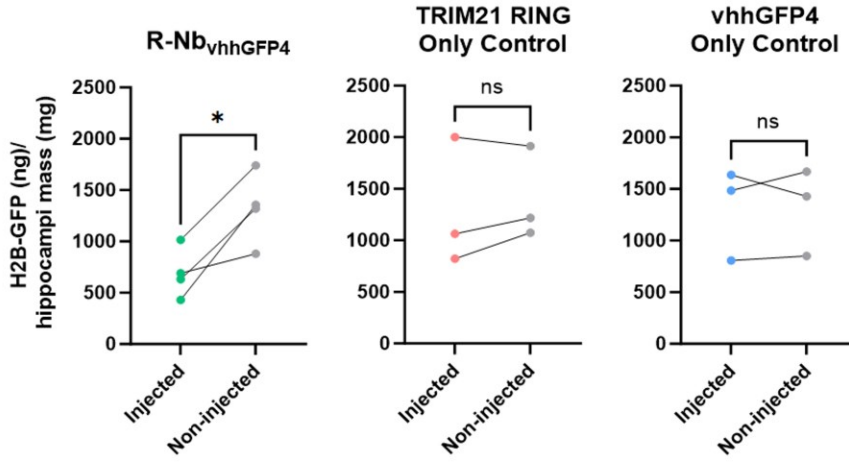
(A) Cytosolic TRIM21 exists as an inactive homodimer, with each monomer consisting of a RING E3 ligase domain, B-Box, Coiled-coil, and an antibody Fc binding PRYSPRY domain. (B) The clustering of TRIM21 upon antibody-coated polyvalent substrates allows for RING E3 ligase domain cross-activation and subsequent polyubiquitination. (C, D) TRIM21 RING-Nanobody (R-Nb) degraders were engineered to similarly require RING domain cross-activation to induce target degradation and therefore become active upon binding to (D) homotypic assemblies of antigens but not (C) monomeric antigens. (E) Live cell fluorescent microscopy of TVA cells which express aggregated P301S tau-venus and DOX-inducible degrader, R-Nb<sub>F8-2</sub>, with an mCherry reporter. Scale bar, 20 $\mu$ m. (F) Quantification of tau-venus aggregates from live cell imaging of TVA cells expressing DOX inducible R-Nb<sub>F8-2</sub>, TRIM21 RING, or F8-2. Images were captured and analysed every 30 minutes for 20 hours following DOX addition. (G) Capillary based immunoblots of sarkosyl insoluble fractions from TVA cell lines as above treated with or without DOX for 15 hours. Samples were probed for total tau (DAKO) and phospho-tau (pTau) (AT8). (H) Sarkosyl soluble fractions from the same experiment were probed for total tau (DAKO) and actin as a loading control. (I) Sarkosyl soluble samples were further analysed by diluting 1:4 in PBS and probing with total tau (DAKO and HT7) and pTau (AT8 and pS422) antibodies. (J) Representative super-resolution microscopy images of tau-venus aggregates in lysates from TVA cells expressing DOX inducible R-Nb<sub>F8-2</sub> treated with or without DOX for 15 hours, using anti-tau antibody HT7 for both capture and detection. Scale bar, 1 $\mu$ m (K) Histogram showing the size and count of tau-venus aggregates detected from super-resolution microscopy images. Shaded areas represent mean  $\pm$  SD. (F) n = 8 biological replicates per condition. (K) n = 6 technical replicates per condition.



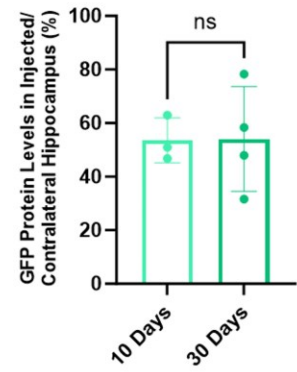
**Fig. 2. Selective degradation of aggregated tau by R-Nb is dependent on nanobody affinity and protects cells against seeded tau aggregation.**

(A) TVA cells were transfected with R-Nb plasmids employing nanobodies of varying in vitro affinities for tau-venus. F8-2 WT (1332 nM), F8-2<sub>S54L+T127A</sub> (683 nM), F8-2<sub>R111C</sub> (211 nM), H3-2 (32 nM), vhhGFP4 (1 nM) or Nb139 (p53 targeting, negative control). 24 hours post-transfection the percentage of cells containing aggregated tau-venus was quantified via fluorescence microscopy. (B) TVS cells were transfected with the same R-Nb plasmids, with venus fluorescence quantified by flow-cytometry 24 hours post-transfection. (C) DOX inducible R-Nb<sub>F8-2</sub> TVA cells were lysed 15 hours post-DOX addition, and their proteome compared to untreated (-DOX) cells via mass spectrometry. Significantly altered proteins (q-value <0.01, fold change >2 or <-2) are labeled, alongside TauP301S-Venus. (D) Immunoblot of lysates from DOX inducible R-Nb<sub>F8-2</sub> TVS cells, 24 hours after +/- DOX treatment. Samples probed for tau (Tau12 antibody) and GAPDH. (E) Levels of tau, normalised to GAPDH, in TVS cells + DOX relative to - DOX levels. (F) TVS cells pretreated +/- DOX for 24 hours were challenged with heparin assembled P301S tau assemblies. Percentage of cells containing tau-venus aggregates quantified 72 hours later via fluorescent microscopy. (G) Percentage of tau-venus aggregates remaining in TVA cells expressing DOX inducible R-Nb<sub>F8-2</sub>, treated with E1/Proteasome/VCP/autophagy inhibitors (solubilised in DMSO) and DOX for 10 hours, compared to TVA without DOX, quantified by fluorescence microscopy. TAK-243, 100 nM; MG132, 125 nM; NMS-873, 5 µM; Bafilomycin A1, 400 nM. (H) Lysates from TVA cells expressing DOX inducible R-Nb<sub>F8-2</sub>, or RING/F8-2 only controls, treated +/- DOX for 15 hours, were introduced to TVS cells via Lipofectamine (LF). Seeded aggregation of tau-venus was quantified 72 hours later via fluorescent microscopy. Error bars indicate mean ± SD. (A), (B), (E), (F), (G) and (H) n = 3 biological replicates. (C) n = 3 technical replicates. (A), (B), (G) and (H) one-way analysis of variance (ANOVA) with Tukey's correction for multiple comparisons. (E) unpaired *t* test. (F) two-way ANOVA with Šidák's correction for multiple comparisons. ns, not significant; \*\*\**P* < 0.001; \*\*\*\**P* < 0.0001.

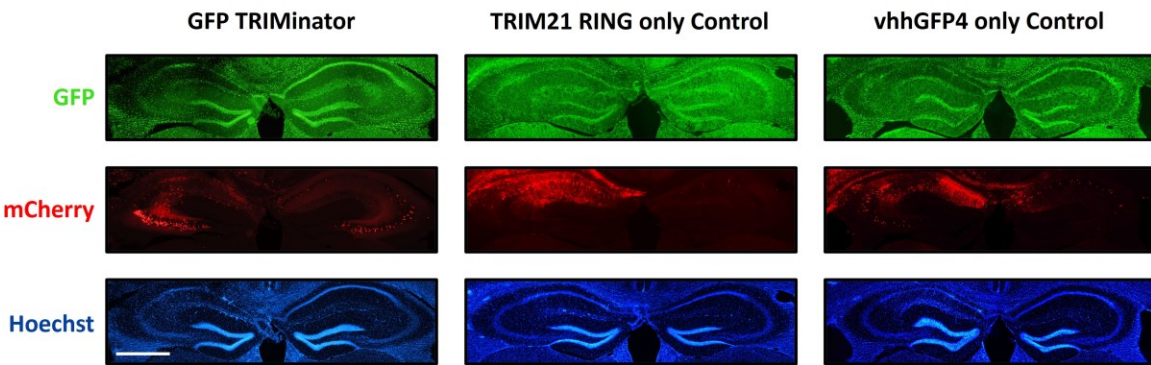
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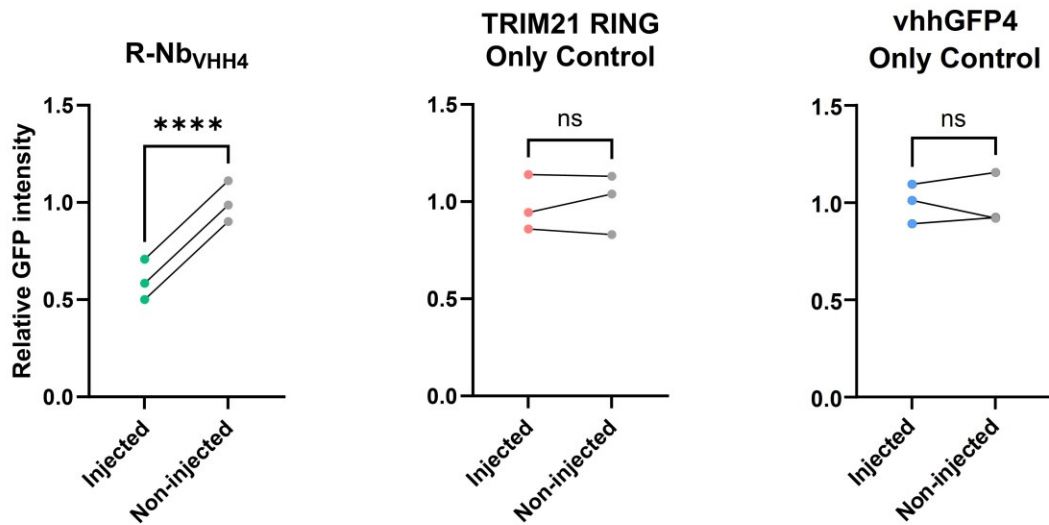
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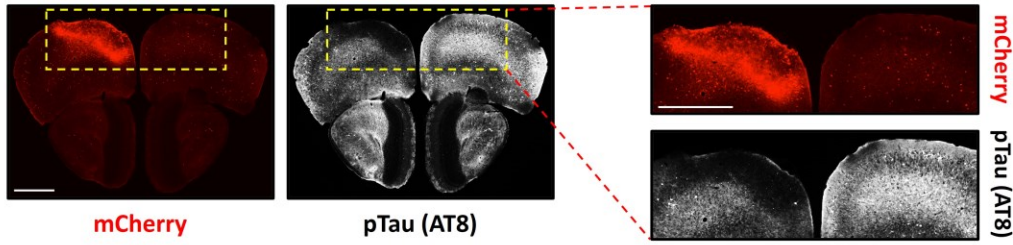
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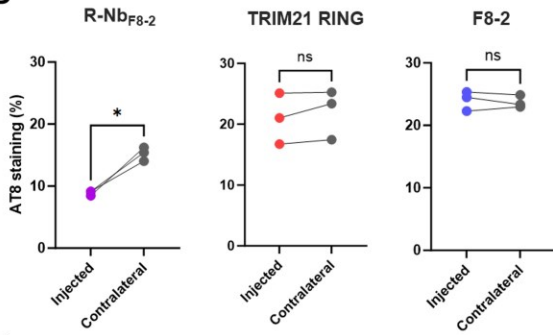
**Fig. 3. In vivo degradation of H2B-GFP in the mouse brain using R-Nb<sub>vhhGFP4</sub>.**

(A) H2B-GFP protein levels in hippocampi of transgenic H2B-GFP mice unilaterally injected at two months of age with  $2 \times 10^9$  genome copies (GC) AAV1/2 (encoding R-Nb<sub>vhhGFP4</sub>, TRIM21 RING, or vhhGFP4) compared to non-injected contralateral hippocampi, quantified via GFP ELISA and normalised to hippocampus mass. (B) Comparison of H2B-GFP protein levels in hippocampi injected with AAV1/2 R-Nb<sub>vhhGFP4</sub> for 10 or 30 days, quantified via ELISA and presented as percentage H2B-GFP protein compared to non-injected contralateral hippocampi. (C) Representative fluorescent microscopy images of hippocampi injected with AAV1/2 encoding R-Nb<sub>vhhGFP4</sub>, TRIM21 RING, or vhhGFP4 30 days post-injection. Scale bar, 1mm. (D) GFP intensity in AAV1/2 injected vs non-injected hippocampi was quantified from fluorescent microscopy images and normalised against the average signal in non-injected hippocampi. (A) and (B) each point represents the average of two technical replicates from one mouse.  $n = 3$  or 4 mice. (D) each point represents the average of 4 brain slices from one mouse.  $n = 3$  mice. (A) and (D) paired  $t$  test, (B) un-paired  $t$  test. ns, not significant;  $*P < 0.05$ ;  $****P < 0.0001$ .

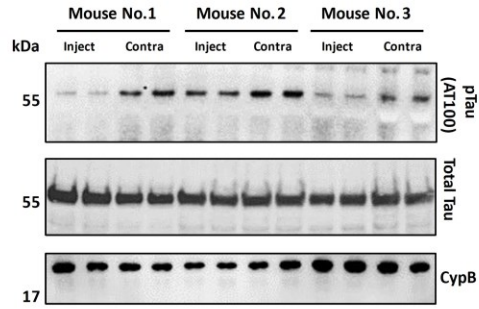
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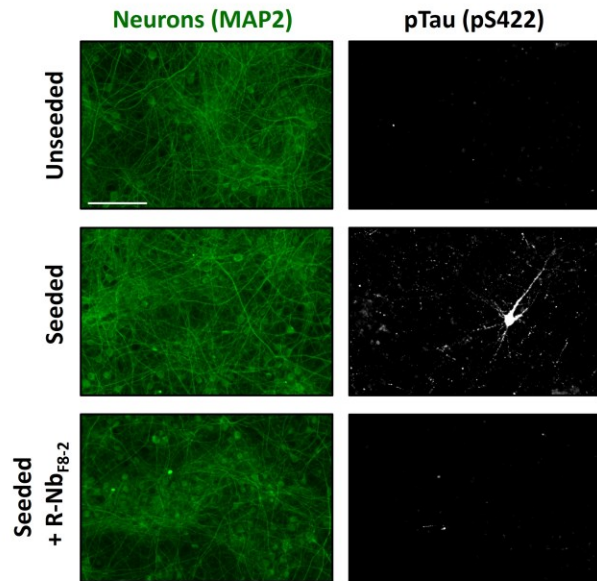
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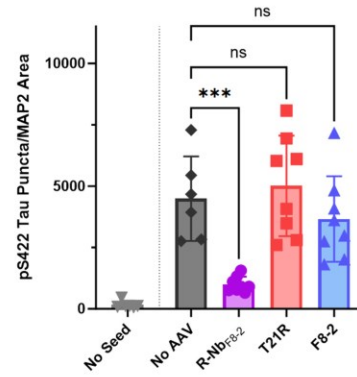
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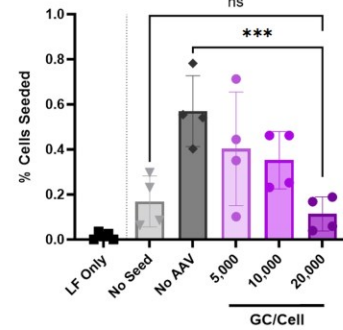
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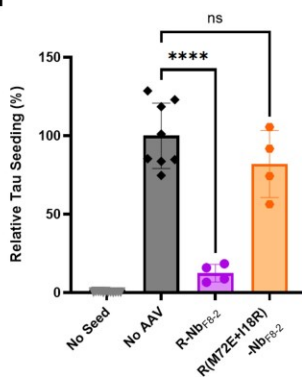
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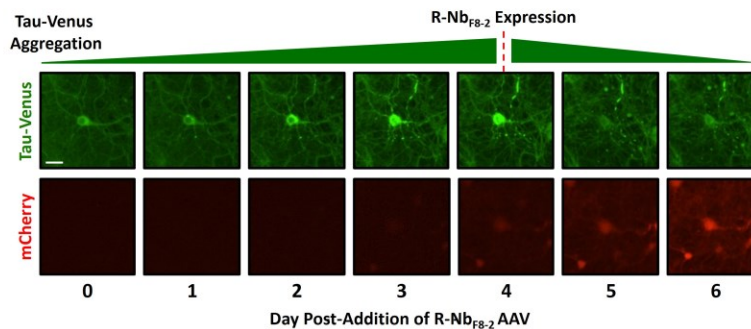
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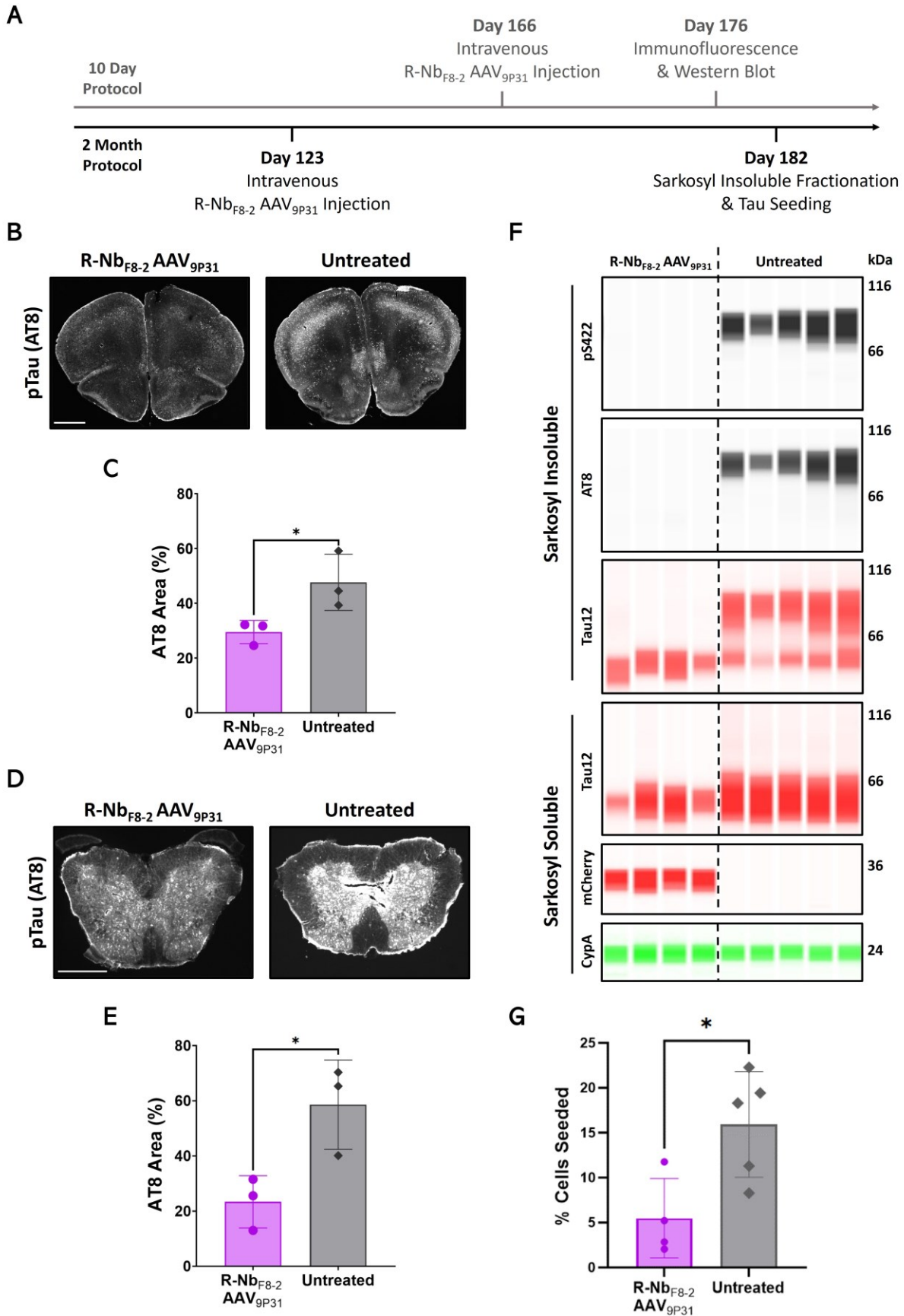


**H**



**Fig. 4. Reduction of tau pathology in the aged mouse brain and primary neurons via R-Nb<sub>F8-2</sub>.**

(A) Representative IF images 30 days post-stereotaxic injection of AAV1/2-CAG-R-Nb<sub>F8-2</sub>-T2A-mCherry into the left frontal cortex (two  $2 \times 10^9$  GC doses) of 5.5-month-old Tg2541 mice. pTau detected using AT8. Scale bars, 1mm. (B) Quantification of AT8 coverage in AAV1/2 injected vs contralateral frontal cortex hemispheres, 10 days post-injection. (C) Western blot of injected and contralateral cortical hemisphere lysates 10 days after injection with R-Nb<sub>F8-2</sub> AAV1/2. Samples ran in duplicate and probed for pTau, total tau, and loading control with AT100, BR134 and CypB antibodies respectively. (D) Representative IF images of primary Tg2541 mouse neuron cultures, “seeded” via addition of 50 nM heparin-assembled P301S tau assemblies 7 days after pre-treatment with AAV1/2-hSyn-R-Nb<sub>F8-2</sub>-T2A-mCherry (20,000 GC/cell). pTau aggregates detected 7 days post-seeding via anti-pTau pS422 staining, with neurons identified via MAP2 staining. Scale bar, 100 $\mu$ m. (E) Quantification of pS422 tau puncta normalised against MAP2 coverage from IF images. Seeded neurons were pre-treated with AAV1/2 encoding R-Nb<sub>F8-2</sub>, TRIM21 RING (T21R) or F8-2 only. (F) Lysates from tau seeded neurons pre-treated with R-Nb<sub>F8-2</sub> AAV1/2 (various GC doses) were introduced to TVS cells via Lipofectamine (LF). Tau-venus aggregation was quantified 72 hours later via fluorescent microscopy. (G) Relative levels of pS422 tau puncta (normalised against MAP2 coverage) in tau seeded neurons pre-treated with catalytically dead or active R-Nb<sub>F8-2</sub> AAV1/2 (20,000 GC/cell), compared to untransduced neurons. (H) Primary C57BL/6 mouse neuron cultures were transduced with AAV1/2-hSyn-0N4R P301S tau-venus (20,000 GC/cell), seeded 7 days later with heparin assembled P301S tau assemblies, then transduced 3 days post-seeding with R-Nb<sub>F8-2</sub> AAV1/2 (20,000 GC/cell), after which images were captured via live cell imaging. Scale bar, 20 $\mu$ m. Error bars represent mean  $\pm$  SD. (B) n = 3 mice, 4 technical repeats per point. (E) and (G) n = 4 - 8 biological repeats, 2 technical repeats per point. (F) n = 4 biological repeats. (B) Paired *t* test. (E), (F) and (G) ANOVA with Tukey’s correction for multiple comparisons. ns, not significant; \**P* < 0.05; \*\*\**P* < 0.001; \*\*\*\**P* < 0.0001.



**Fig. 5. Global CNS expression of R-Nb<sub>F8-2</sub> reduces tau pathology in mice.**

(A) Timeline of short (10 day) and long (2 month) experimental protocol using R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> in Tg2541 mice. In both scenarios mice were treated with a single dose of  $1 \times 10^{11}$  GC of R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> via tail vein injection. (B) Representative IF images of frontal cortices stained with AT8 from aged mice treated with or without R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> for 10 days. Scale bar, 1mm (C) Quantification of AT8 coverage from IF images in (B). (D) Representative IF images of spinal cords from the same mice, stained for AT8. Scale bar, 0.5mm (E) Quantification of AT8 staining in spinal cord sections (D). (F) Sarkosyl soluble and insoluble fractions were prepared from whole brains of aged mice treated with or without  $1 \times 10^{11}$  GC R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> for two months. Insoluble fractions were blotted for pTau (pS422 and AT8) and total tau (Tau12), with soluble fractions blotted for Tau12 and mCherry, with CypA as a loading control. Each lane represents an individual mouse. (G) Levels of seeded tau aggregation in TVA cells treated with brain homogenates from aged mice treated with or without R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> for two months. Error bars represent mean  $\pm$  SD. (C) and (E) each point represents the average of 4 brain slices from one mouse.  $n = 3$  mice. (G) Each point represents the average percentage of TVS cells seeded (6 technical replicates) by homogenate from one mouse.  $n = 4$  or 5 mice. Unpaired  $t$  test,  $*P < 0.05$ .



Supplementary Materials for

**Aggregate-selective removal of pathological tau via clustering-activated degraders**

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Clément Danis<sup>3,4,5</sup>, Isabelle Landrieu<sup>3,4</sup>, Luc Buée<sup>5</sup>, David Klenerman<sup>1</sup>, Leo C James\*<sup>2</sup>, William  
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**The PDF file includes:**

Materials and Methods  
Tables S1 to S3  
Figs. S1 to S6

**Other Supplementary Materials for this manuscript include the following:**

Movies S1 to S2

## Materials and Methods

### Cloning

5 TRIM21 RING-Nanobody-T2A-mCherry (R-Nb) constructs were created using residues 1-85 of  
 TRIM21 (encoding the RING E3 ligase domain) followed by a GGGGS linker connecting to the  
 nanobody sequence. A C-terminal self-cleaving mCherry tag was added via inclusion of a T2A  
 peptide (GSGEGRGSLLTTCGDVEENPGP) prior to the mCherry sequence. R-Nb constructs were  
 10 subcloned into pcDNA3.1+ (ThermoFisher, V79020) and pcDNA4.0/TO (ThermoFisher,  
 V102020) for transient transfection and generation of doxycycline inducible cell lines respectively.  
 R-Nb constructs were also subcloned into pAAV-CAG-GFP (Addgene plasmid #37825) and  
 pAAV-hSYN-EGFP (Addgene plasmid #50465) vectors, replacing the GFP/EGFP transgene, for  
 production of AAV particles carrying the R-Nb transgene.

15 Nanobody sequences used in R-Nb constructs (Table 1) were identified from the literature and  
 synthesised as DNA fragments (GeneArt Strings, ThermoFisher) or generously provided by Elian  
 Dupré and Luc Buée. Site directed mutagenesis (SDM) was used to make F8-2 variants.

Nanobody (Nb)	Target	Affinity (nM)	Reference
vhhGFP4	GFP	1	Kubala et al., 2010
MDQVQLVESGGALVQPGGSLRLSCAASGFPVNRYSMRWYRQAPGKEREWVAGMSSAGDRSSYEDSVKGRFTISRDD ARNTVYQLQMNSLKPEDTAVYYCNVNVGFEYWGQGTQVTVSS			
F8.2	Tau	1332	Dupré et al., 2019
MAEVQLQASGGGFVQPGGSLRLSCAASGGTSYWDGMGWFQAPGKEREFVSAISGRGNIGTYADSVKGRFTISR NSKNTVYQLQMNSLRAEDTATYYCAAFRHEVHGSMRHEWEVIKYWGQGTQVTVSS			
F8.2 S54L T127A	Tau	683	Dupré et al., 2019, Fig. S2D
MAEVQLQASGGGFVQPGGSLRLSCAASGGTSYWDGMGWFQAPGKEREFVSAI <b>L</b> GRGNIGTYADSVKGRFTISR NSKNTVYQLQMNSLRAEDTATYYCAAFRHEVHGSMRHEWEVIKYWGQGTQV <b>A</b> VSS			
F8.2 R111C	Tau	211	Dupré et al., 2019
MAEVQLQASGGGFVQPGGSLRLSCAASGGTSYWDGMGWFQAPGKEREFVSAISGRGNIGTYADSVKGRFTISR NSKNTVYQLQMNSLRAEDTATYYCAAFRHEVHGSM <b>C</b> HEWEVIKYWGQGTQVTVSS			
H3-2	Tau	32	Fig. S2 A-C
MAEVQLQASGGGFVQPGGSLRLSCAASGYTSGDEIMGWFQAPGKEREFVSAISWQSGTSTYYADSVKGRFTISR NSKNTVYQLQMNSLRAEDTATYYCAPMTLAETYYEWLISGYWGQGTQVTVSS			
Nb139	p53	N/A (for Tau-Venus)	Bethuyne et al., 2014
AQVQLQESGGGLVQAGGSLRLSCAASERTFSTYAMGWFQAPGREREFQAQINWSGTTTTYYAESVKDRFTISR KNTVYLEMNNLNADDTGIYFCAHPQRGWGSTLGWTYWGQGTQVTVSS			

20 **Table S1. Nanobodies (Nb) used in R-Nb constructs.**

Nanobody name, target, affinity and reference are given along with protein primary sequence.  
 Bold residues indicate mutations in F8-2 variants.

## Cell line creation and culture

HEK293 T-REx cells (ThermoFisher, R71007) were cultured in complete DMEM supplemented with 10% vol/vol foetal bovine serum (FBS), 100 U/ml penicillin and 100 µg/ml streptomycin at 37°C with 5% CO<sub>2</sub> in a humid atmosphere. TVS cells expressing soluble human 0N4R P301S tau with a C-terminal venus fluorophore (8) were transfected with sarkosyl insoluble tau assemblies isolated from 6 month old Tg2541 P301S tau transgenic mice and clonally selected to isolate a line in which tau-venus was constitutively aggregated (TVA cells).

TVS and TVA cells expressing DOX inducible R-Nb constructs were created by stable transfection with R-Nb pcDNA4/TO plasmids using Lipofectamine 3000 (ThermoFisher, L3000015), followed by selection in media containing 50µg/ml Zeocin (AlfaAesar, J67140). Construct expression was induced via the addition of 1µg/ml DOX (MP Biomedicals, 195044) in the media. Small molecule inhibitors of the UPS/VCP/Autophagy (solubilised in DMSO) were added at the following concentrations in the media alongside 1µg/ml DOX: TAK-243 (100nM); HOIPIN-8 (25µM); MG132 (125nM); NMS-873 (5µM); Bafilomycin A1 (400nM).

## Recombinant tau protein production

The expression and purification of recombinant human 6xHis-0N4R tau bearing the P301S mutation from *E. coli* BL-21 (DE3, Agilent Technologies) was performed as described previously (28, 29) with small modifications. Bacterial pellets were collected through centrifugation (3300 g, 4 °C, 10 min) and then resuspended in 10 ml/L of culture with buffer A (25 mM HEPES, pH 7.4, 300 mM NaCl, 20 mM Imidazole, 1 mM benzamidine, 1 mM PMSF, 14 mM β-mercaptoethanol, 1% NP-40, 1 x complete EDTA-free protease inhibitors). The resuspended bacteria were lysed on ice using a probe sonicator and boiled for 10 min at 95 °C which denatures the majority of proteins, but not tau. Denatured proteins were pelleted by ultracentrifugation at 100,000 g, 4 °C for 50 min. The clarified supernatant containing 6xHistagged monomeric tau P301S was then passed through a HisTrap FF column according to manufacturer instructions (GE Healthcare). Eluted fractions were assessed through SDS-PAGE and total protein staining with Coomassie InstantBlue. Fractions of interest were concentrated using 10 kDa cut-off Amicon Ultra-15 concentrators (Merck Millipore) before loading on a HiLoad 16/600 Superdex 200 (Cytiva) size exclusion chromatography column. To remove the 6xHis tag, tau was subjected to TEV protease following manufacturer's instructions (Sigma-Aldrich, T4455). After incubation, the pooled fractions were loaded onto a second HisTrap HP column to remove protease and the successfully cleaved tau collected. Cleaved tau was concentrated using a 10 kDa cut-off Amicon Ultra-15 concentrator (Merck Millipore) before loading onto a HiLoad 16/600 Superdex 200 (Cytiva) size exclusion chromatography column. All purification was performed on an ÄKTA Pure system (Cytiva). Purified tau was concentrated to at least 3 mg/mL using a 10 kDa cut off AmiconUltra-15 concentrator (Merck Millipore) and snapfrozen in liquid nitrogen for storage at -80 °C in PBS containing 1 mM DTT. Levels of endotoxin were measured using a limulus amoebocyte lysate kit and found to be below 0.01 EU/ml at tau concentrations used in experiments.

## In vitro aggregation of recombinant tau protein

Tau monomer was aggregated as described previously (28). Briefly, 60  $\mu$ M tau monomer was incubated with 20  $\mu$ M heparin, 2 mM DTT and 1X protease inhibitors in PBS for 24–72 h at 37°C shaking at 250 RPM. Thioflavin T (ThT, Thermo Fisher, T3516) was used to quantify Tau aggregation. Tau assemblies were then diluted in PBS to 20  $\mu$ M monomer equivalent, snap-frozen in liquid nitrogen and stored at -80 °C.

## Quantification of tau-venus aggregation in cell lines via fluorescent microscopy

20,000 TVA cells per well of a 96-well plate were reverse transfected with pcDNA3.1+ plasmids encoding R-Nb constructs. 24 hours later, live cells were washed 2x with PBS and incubated with 2 $\mu$ g/ml Hoechst (Invitrogen, H3570) in PBS for 30 minutes at 37°C. Images were then acquired on an Eclipse Ti2 Microscope (Nikon) using a 10x objective with the percentage of cells containing tau-venus aggregates, and mean cell mCherry fluorescence, being quantified using NIS-elements software (Nikon). Quantitative live cell imaging of TVA cells expressing DOX inducible constructs was performed similarly, with cells being plated the day before DOX addition and then imaged every 30 minutes post-DOX addition for 20 hours. Videos and representative images were acquired from cells cultured on glass coverslips and imaged on a confocal microscope (STELLARIS8, Leica), with images being acquired every 20 minutes from 4 to 15 hours post DOX addition.

Seeded tau aggregation in TVS cells induced by heparin assembled tau assemblies was performed largely as described previously (8). 15,000 TVS cells were plated per well of a 96-well plate in 50 $\mu$ L OptiMEM (ThermoFisher, 31985070) and treated with varying concentrations of tau assemblies diluted in a further 50 $\mu$ L OptiMEM containing 0.5 $\mu$ L Lipofectamine 2000 (ThermoFisher, 11668019). After 1 hour, 100 $\mu$ L complete DMEM was added to each well to stop the transfection process. 72 hours later, live cells were washed 2x with PBS and incubated with 2 $\mu$ g/ml Hoechst (Invitrogen, H3570) in PBS for 30 minutes at 37°C. Images were then acquired on an Eclipse Ti2 Microscope using a 10x objective with the percentage of cells containing tau-venus aggregates being quantified using NIS-elements software.

A similar protocol was used to quantify seeded tau aggregation induced by various homogenate samples. HEK293 and neuronal cultures were lysed via the addition of ice-cold PBS containing 1x Halt™ protease and phosphatase inhibitor cocktail (ThermoFisher, 78440) and 5 cycles of freeze-thaw between -80°C and 37°C, after which membranes were pelleted and supernatants collected. The preparation of mouse brain homogenates is described later (*Preparation of homogenates and sarkosyl soluble and insoluble fractions from HEK293T cells and mouse brains*). The total protein concentration in all homogenates was quantified via BCA and adjusted with PBS to 20ng/ $\mu$ L for samples from HEK293 and neuronal cultures, and to 100ng/ $\mu$ L for mouse brain homogenates. Samples were then transfected into TVS cells following the same protocol as transfection of heparin assembled tau assemblies.

## Flow Cytometry

100,000 TVS cells were plated per well of a 24-well plate and reverse transfected with pcDNA3.1+ plasmids encoding R-Nb constructs. 24 hours later, cells were collected into a round bottom 96-well plate, pelleted, and then resuspended in 150 $\mu$ L PBS. This plate was loaded into a CytoFLEX (Beckman Coulter) flow cytometer where 10,000 events per condition were recorded. Cells were gated to be live singlets and have equal mean mCherry expression, with analysis and gating being performed on CytExpert software (Beckman Coulter).

## Preparation of homogenates and sarkosyl soluble and insoluble fractions from HEK293T cells and mouse brains

HEK293 homogenates were prepared via addition of M-PER<sup>TM</sup> Mammalian Cell Lysis Buffer (ThermoFisher, 78501) followed by one freeze-thaw cycle between -80°C and room temperature. Lysates were cleared by centrifugation and supernatants collected for analysis.

Mouse brains were homogenised in ice-cold H-Buffer (10 mM Tris pH 7.4, 1 mM EGTA, 0.8 M NaCl, 10% w/v sucrose, 1x protease and phosphatase inhibitors) in a 6:1 volume ( $\mu$ L):brain mass (mg) ratio using the VelociRuptor V2 Microtube Homogeniser (Scientific Laboratory Supplies). Homogenisation was completed with a KIMBLE<sup>®</sup> pestle homogeniser (DWK Life Sciences) prior to samples being lysed by sonication and clarified by centrifugation.

Sarkosyl soluble and insoluble fractions were extracted from HEK293 cells (TVA), and mouse brain homogenates as previously described (30). TVA cell homogenates were prepared by resuspending cells (from one 10cm dish) in 1ml H-Buffer (plus 1% Sarkosyl), then lysing cells via sonication. Mouse brain homogenates, prepared as described above, had sarkosyl added up to a final concentration of 1%. To isolate sarkosyl soluble and insoluble fractions from these homogenates (TVA or mouse brain), samples were incubated for 1 hour at 37°C and then centrifuged at 100,000x g for 1 hour at 4°C. Sarkosyl soluble fractions were collected and the resulting sarkosyl insoluble pellet was resuspended in 15 $\mu$ L tris-buffered saline (TBS) for TVA samples, and in 0.2ml/gram of original brain tissue for mouse brain derived samples, after which all samples were sonicated before storage at -80°C.

## Capillary-based immunoblot

Proteins of interest in homogenates or sarkosyl soluble/insoluble fractions from HEK293 cells or mouse brain samples were detected using the automated Jess capillary-based immunoblot platform (Bio-Techne). Samples were mixed with Jess 5x fluorescent master mix and boiled at 100°C for 5 minutes, with 4 $\mu$ L of sample then being ran on the Jess system as per the manufacturer's instructions. Primary and Secondary antibodies used are described in Table 2. Band intensities were quantified using Simple Western software (Bio-Techne).

Antibody Target	Antibody Species	Antibody Dilution	Supplier & Catalogue No.
Total Tau (Tau12)	Mouse	1:100	Sigma-Aldrich, MAB2241
Total Tau (DAKO)	Rabbit	1:100	Dako, A0024
Total Tau (HT7)	Mouse	1:100	Invitrogen, MN1000
pTau (AT8)	Mouse	1:25	Invitrogen, MN1020
pS422	Rabbit	1:25	Abcam, ab79415
pS396	Rabbit	1:15	Invitrogen, 44-752G
mCherry	Rabbit	1:50	Proteintec, 26765-1-AP
GAPDH	Rabbit	1:100	Bio-Techne, 2275-PC-100
Actin	Mouse	1:50	Bio-Techne, MAB8929
CypA	Goat	1:40	Bio-Techne, AF3589
2A Peptide	Mouse	1:25	Merck, MABS2005
Anti-Mouse IgG (647 Secondary)	Donkey	1:20	Invitrogen, A32787
Anti-Mouse IgG (HRP Secondary)	Donkey	1:20	Invitrogen, A16017
Anti-Rabbit IgG (800 Secondary)	Donkey	1:20	Invitrogen, A32808
Anti-Rabbit IgG (647 Secondary)	Donkey	1:20	Invitrogen, A32795
Anti-Rabbit IgG (HRP Secondary)	Donkey	1:20	Jackson, 711-035-152
Anti-Goat IgG (800 Secondary)	Donkey	1:20	Rockland, 605-745-125

**Table S2. List of primary and secondary antibodies used with automated Jess capillary-based immunoassay system.**

5 **Western Blot**

10 Proteins of interest in HEK293 cell or mouse brain homogenates were also detected via western blot. 4x NuPAGE LDS sample buffer (ThermoFisher, NP0007) with 2mM  $\beta$ -mercaptoethanol was added to samples before boiling for 5 mins, after which samples were subjected to SDS-PAGE using NuPAGE Bis-Tris 4-12% gels (ThermoFisher, NP0324BOX) and transferred to 0.2 $\mu$ m PVDF membrane using the Bio-Rad Transblot Turbo Transfer System. Membranes were blocked in 5% milk with 0.2x fish gelatine in TBS-T (0.1% Tween-20 in TBS) for 1 hour at room temperature before incubation with primary antibodies (Table 3). Membranes were incubated in primary antibody overnight at 4 °C and following repeated washes with TBS-T, were incubated with secondary antibodies (Table 3) for 1 hour at room temperature. Membranes then washed with TBS-T and incubated with HRP substrate where appropriate (Millipore, WBKLS0500), before imaging on a ChemiDoc system (BioRad). Band intensities were quantified using ImageJ Software.



final wash in PBS. 3 $\mu$ L imaging strands (1 nM in PBS, TATGTAGATC-AminoC7 - Atto655) were then added before the gasket was sealed with another clean coverslip.

5 Imaging was done on a home-built total internal reflection fluorescence (TIRF) microscope, consisting of an inverted Ti-2 Eclipse microscope body (Nikon) fitted with a 1.49 N.A., 60x TIRF objective (Apo TIRF, Nikon) and a perfect focus system. Images were acquired using a 638 nm laser (Cobolt 06-MLD-638, HÜBNER). Images were collected in a grid using an automated script (Micro-Manager) to avoid any bias in the selection of FOVs. Images were acquired for 10 7000 frames of 100 ms exposure. Super-resolution images were reconstructed using the Picasso package. Localizations were identified and fit using IFCOMDet then corrected for microscope drift using the inbuilt implementation of redundant cross-correlation. Localizations were then filtered for precision <30 nm and then clustered using DBSCAN as provided by the scikit-learn package with permissive parameters (radius of 0.25 and minimum density of 5). The skeletonized length of each aggregate was measured whereby the length of each aggregate is reported as the summed 15 branch distance. Finally, super-resolved images were rendered using the inbuilt Picasso functionality.

## Mass Spectrometry

20 For mass spectrometry analysis, 50 $\mu$ g of each cell lysate sample was diluted to 1 $\mu$ g/ $\mu$ L using 25mM AMBIC. Cysteines were reduced by adding DTT to a final concentration of 4mM and heating the samples to 60°C for a total of 10 minutes. To prevent cysteine re-oxidation iodoacetamide was added as an alkylating reagent to a final concentration of 14mM and incubation proceeded for 45 minutes at room temperature in the dark. Digestion was carried out 25 semi-automatically on a Kingfisher Apex using the Protein Aggregation Capture method adapted from (32). Briefly, reduced and alkylated samples were transferred to a 96 well plate and precipitated by adding acetonitrile to a final concentration of 70% (v/v). Washed MagResyn Hydroxyl microparticles from Resyn Biosciences were immediately to the samples at a ratio of 1:4 (protein:bead) to promote protein precipitation and on-bead aggregation. Three subsequent 30 washes of the beads with the aggregated proteins was performed with 100% acetonitrile and followed by two additional washes with 70% ethanol. In-bead digestion was performed on a first stage on the Kingfisher Apex by adding 1 $\mu$ g of trypsin to 100 $\mu$ L of 25mM AMBIC containing 0.2% (v/v) RapiGest detergent (Waters) and incubating for 1h at 47°C. Overnight digestion was then carried out at 37°C on an Eppendorf ThermoMixer C for an additional 16h. Magnetic beads 35 were removed and peptides were acidified with the addition of trifluoroacetic acid to a final concentration of 0.5% (v/v). The acidified tryptic digest was then centrifuged at 13,000 x g for 15 minutes to remove RapiGest degradation by-products and the supernatant subjected to LC-MS/MS analysis.

40 LC-MS/MS was performed on an Vanquish Neo UHPLC (ThermoFisher Scientific, San Jose, USA) hyphenated to an Orbitrap Eclipse mass spectrometer (ThermoFisher Scientific, San Jose, USA). Peptides were trapped on a C18 Acclaim PepMap 100 (5  $\mu$ m, 300  $\mu$ m x 5mm) trap column (ThermoFisher Scientific, San Jose, USA) and separated on a C18 Aurora Ultimate TS (25cm x 75  $\mu$ m) column (IonOpticks, Australia) over a gradient of solvent B [80 % (v/v) acetonitrile, 0.1% formic acid] from 3% to 25% B over 135 minutes followed by a 25% to 45 %B over 45minutes. 45 MS1 full scans were acquired in the Orbitrap at a resolution of 120,000 (AGC target of 4e5 ions)

with a maximum injection time of 50ms) and followed by MS2 in a data-independent acquisition setting composed of 41 staggered variable width window covering 400-900 m/z. MS2 DIA scans were acquired in the Orbitrap at a resolution of 30,000 with a maximum injection time of 54ms and an HCD collision energy of 30%.

5 Raw data were imported and processed in Spectronaut 18.0 (Biognosys) using stringent criteria as set out in (33). Raw files were searched against *Homo sapiens* protein sequences downloaded from UniProt (UP000005640\_9606) with the overexpressed proteins appended to the protein database (TauP301S-Venus; R-NbF8-2 and mCherry). Differential abundance testing was performed using unpaired t-test with group-wise testing correction.

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## AAV preparation

Chimeric particles of adeno-associated virus produced with capsids of types 1 and 2 (AAV1/2) were prepared as previously describe (34). 7µg pAAV-hSyn/CAG-Transgene, 3.5µg pAAV2/1 Rep-Cap, 3.5µg pAAV2/2 Rep-Cap and 20µg pAdDeltaF6 helper plasmid per plate were co-transfected in 10×15 cm cell culture dishes of 60% confluent AAVpro® HEK293T cells (Takara, 632273) via polyethylenimine (PEI). After 60 hours, medium was collected and cells resuspended in 10 mL total AAV lysis buffer (20mM Tris pH 8.0, 1mM MgCl<sub>2</sub>, 150mM NaCl). NaCl (0.93 g) and 10mL of 40% polyethylene glycol 8000 (PEG) was added per 40mL media and incubated on ice overnight, after which AAV was precipitated via centrifugation and resuspended in 4 mL total AAV lysis buffer and pooled with the cell pellet. Combined resuspended pellets were incubated with 1mM MgCl<sub>2</sub> and 100U benzonase for 15 mins at 37°C and then freeze-thawed 3 times before a final benzonase digestion with an additional 100U. This suspension was then centrifuged, with AAV containing supernatants being collected and then subjected to iodixanol (Optiprep) (Sigma-Aldrich, D1556) gradient ultracentrifugation. Iodixanol was layered into a 38.5mL ultracentrifuge tube (Beckman, 344326) with the following solutions: 6mL of 17% (5mL 10x PBS, 0.05mL 1M MgCl<sub>2</sub>, 0.125mL 1M KCl, 10mL 5M NaCl, 12.5mL Optiprep, H<sub>2</sub>O to 50mL), 6mL of 25% (5mL 10x PBS, 0.05mL 1M MgCl<sub>2</sub>, 0.125mL 1M KCl, 20mL Optiprep, 0.1mL of 0.5% phenol red, H<sub>2</sub>O to 50mL), 5mL of 40% (5mL 10x PBS, 0.05mL 1M MgCl<sub>2</sub>, 0.125mL 1M KCl, 33.3mL Optiprep and H<sub>2</sub>O to 50mL) and 6mL of 60% (0.05mL 1M MgCl<sub>2</sub>, 0.125mL 1M KCl, 50mL Optiprep, 0.025mL 0.5% phenol red). AAV containing supernatants were then layered on top of the 17% layer and ultracentrifuged (68,000 RPM, 17°C, 70 mins) in a Type 70Ti rotor (Beckman, 337922). The 40% iodixanol fraction was isolated and concentrated to ~100 µL in PBS, with single use aliquots being frozen at -80°C. AAV titers were determined via SYBR® Green qPCR (ThermoFisher, 4344463) according to the manufacturers protocol using forward (GGAACCCCTAGTGATGGAGTT) and reverse (CGGCCTCAGTGAGCGA) primers for the AAV ITR regions. AAV purity was determined via SDS-PAGE followed by Coomassie staining. AAV<sub>9P31</sub> was prepared following the same protocol, but replacing the AAV2/1 and AAV2/2 Rep-Cap plasmids with an AAV9 Rep-Cap with a WPTSYDA heptapeptide inserted between residues 558 and 589 of the VP1 gene via site directed mutagenesis (24).

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## Mice and AAV injections

All animal work was licensed under the UK Animals (Scientific Procedures) Act 1986 and was approved by the Medical Research Council Animal Welfare and Ethical Review Body. H2B-GFP transgenic mice (CAG:H2B-EGFP) were obtained from Jackson Laboratory (MGI:3686857). Tg2541 transgenic mice (MGI:3778191), which express human 0N4R P301S tau under the control of a Thy1 promoter (16), were obtained from Dr Michel Goedert, MRC Laboratory of Molecular Biology, UK. A spread of litters and sexes were used for all primary culture and in vivo experiments. Power analysis for in vivo group sizes was performed using pilot data with  $\alpha = 0.05$ ;  $\beta = 0.8$ .

Stereotaxic injection of  $2 \times 10^9$  genome copies (GC) AAV1/2 into the left hippocampus of 2-month-old H2B-GFP transgenic mice was performed using coordinates: AP: -1.60, ML: +1.36, DV: -1.2mm. Two injections of  $2 \times 10^9$  GC were administered to the left frontal cortex of 5.5-month-old Tg2541 tau transgenic mice at the coordinates: AP: +2.96, ML: +0.75, DV: -0.75 mm; and AP: +2.46, ML: +1.64, DV: -1.13 mm.  $1 \times 10^{11}$  GC AAV-9P31 was injected intravenously through the tail vein of 4- or 5.5-month-old Tg2541 tau transgenic mice. All injections were performed under anesthetic using isoflurane inhalation (induction = 2% isoflurane 1L/minute O<sub>2</sub>, maintain = 1% isoflurane 1L/minute O<sub>2</sub>).

For performing histological analysis, mice were culled by exsanguination and perfused with pre-cooled 4% PFA. Brain and spinal cord samples were collected in PFA overnight, dehydrated in 30% sucrose in PBS (w/v) and then stored at -80°C until slicing into 30µm sections on a cryostat. For immunoblot analysis, mice were culled by exsanguination with samples were collected in pre-cooled PBS and then stored at -80°C.

## GFP ELISA

Injected and non-injected H2B-GFP mouse hippocampi were isolated and separately homogenised as described above. H2B-GFP protein levels in these homogenates were quantified using a GFP ELISA kit (Abcam, ab171581) as per the manufacturer's instructions.

## Fluorescent microscopy and immunofluorescence of mouse brain sections

Brain/Spinal cord slices were mounted onto Superfrost Plus (ThermoFisher, 10149870) glass slides. For IF staining, mounted slices were blocked and permeabilised for one hour using PBS containing 10% goat serum and 0.3% Triton X-100, followed by incubation with primary antibodies in antibody diluent (PBS containing 1% goat serum and 0.003% Triton X-100) overnight at 4°C on a shaking incubator in the dark. Biotin conjugated mouse AT8 (Invitrogen, MN1020B) was used at 1:1200, with the rabbit Dako anti-total tau antibody (Dako, A0024) being used at 1:1000. Following this overnight incubation, primary antibodies were removed, and slides washed in PBS. Streptavidin conjugated Alexa Fluor 647 (Invitrogen, S32357) (1:500) and goat anti-rabbit Alexa Fluor 647 (Invitrogen, A21245) were then incubated with slides in antibody diluent for 2 hours at room temperature, after which secondary antibodies were removed and slides washed again in PBS. Hoechst 33342 (1µg/ml in PBS) was then added at for 5-10 minutes to stain

nuclei, followed by a final wash in PBS. Coverslips were then added to slides, and images acquired the next day using an Eclipse Ti2 microscope, with AT8/GFP coverage being quantified in ImageJ.

### Primary mouse neuron cultures

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Brains were removed from the heads of P0 or P1 mice and pooled cortex and hippocampal neuronal cultures were prepared as previously described (35, 36). Hippocampi and cortices were dissected in ice cold Hibernate-A (Gibco, A1247501) and the meninges removed. Tissues were pooled in a 15mL conical tube and washed twice with room temperature Hibernate-A before being incubated with a final concentration of 0.25% trypsin (Gibco, 15090-046), at 37°C for 20 minutes. During this period, a cotton-plugged glass Pasteur pipette (Merck Life Science, S6143) was fire-polished. Following trypsinisation, 500µL 1% (w/v) DNase I (Sigma-Aldrich, DN25) was added to the tissue and incubated at room temperature for 5 minutes. The tissue was washed twice with 37°C Hibernate-A, followed by two washes with 37°C neuron plating medium (PM) containing Neurobasal Plus (Gibco, A3582901), 1 mM GlutaMAX (Gibco, 15050061), 1% penicillin-streptomycin (Invitrogen, 15140122), 10 % horse serum (Invitrogen, 26050070), and 1x B-27 Plus supplement (Gibco, A352801). After washing, 2.5 ml PM was added to the tissue, and the tissue was triturated using the glass pipette in a 60 mm dish. A further 8 mL of PM was added to the dish, and the cell suspension passed through a 70 µm cell strainer. Live cells were counted via trypan blue staining using the Countess II automated cell counter (Invitrogen). For tau seeding experiments, 30,000 cells/well were seeded into black 96-well plates (Greiner Bio-One, 655090), coated with poly-L-lysine (RnD Systems, 3438-100-01). After 4 h, all media was removed and replaced with maintenance media (MM) (PM without serum). All primary cultures were maintained in a humidified tissue culture incubator at 37 °C with 5 % CO<sub>2</sub>.

### Quantification of seeded tau aggregation in primary mouse neurons

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Seeded tau aggregation was induced in primary mouse neurons via the addition of 50nM recombinantly produced 0N4R P301S-tau assemblies in maintenance media and quantified via IF. Media was removed from neurons followed by two washes with ice cold PBS, after which neurons were fixed and permeabilised via the addition of 100µL/well ice cold methanol for 3 minutes on ice. Following this incubation, 100µL PBS was added to dilute the methanol, and then 100µL of this mixture was removed. This dilution step was repeated a total of three times, after which all liquid was removed from the well. Fixed neurons were then washed with PBS and blocked with 2% BSA in PBS (Neuron IF block) for 30 minutes at room temperature.

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Primary antibody solutions were made up in neuron IF block at the following concentrations: Rabbit anti-phospho-tau serine 422 (pS422) (Abcam, ab79415) 1:1000; Chicken anti-MAP2 (Abcam, ab5392) 1:5000; Mouse anti-phospho-tau serine 202 and threonine 205 (AT8) (Invitrogen, MN1020) 1:1000. Neurons were incubated with primary antibody overnight at 4°C. The following day, primary antibody was aspirated, and cells washed with PBS. Secondary antibody solutions were made up in neuron IF block at the following concentrations: goat anti-rabbit Alexa Fluor 647 (Invitrogen, A21245) 1:500; goat anti-chicken Alexa Fluor 488 (Invitrogen, A11039) 1:500; goat anti-mouse Alexa Fluor 647 (Invitrogen, A32728) 1:500; goat anti-chicken Alexa Fluor 568 (Invitrogen, A11041) 1:500. Neurons were incubated with secondary antibody

for 1 hour at room temperature in the dark, after which antibody was removed and neurons were washed with PBS. Finally, 2 $\mu$ g/ml Hoechst 33342 (diluted in PBS) was added to neurons for 10 minutes at room temperature (in the dark), followed by a final wash step in PBS. Cells were left in PBS for fluorescence imaging using an Eclipse Ti2 Microscope. NIS-Elements software (Nikon) was used to quantify pS422 puncta (puncta detection), pS422 cell bodies (thresholding) and MAP2 coverage in each image. Tau seeded primary neurons treated with AAV1/2-hSyn-0N4R P301S tau-venus and AAV1/2-hSyn-R-Nb<sub>F8-2</sub>-T2A-mCherry were live imaged in an InCuCyte® S3 Live-Cell Analysis System.

### HEK Cell Immunofluorescence (IF)

TVA HEK cells cultured in 96-well plates were prepared for immunofluorescence (IF) via methanol fixation and permeabilisation as described above. Fixed HEKs were blocked for 30 minutes at room temperature in HEK IF block (1x TBS containing 5% goat serum, 0.2x fish gelatin, 0.3% Triton X-100 and 0.01% sodium azide), after which they were incubated overnight at 4°C in primary antibody solutions made up in HEK IF block at the following concentrations: Mouse anti-2A peptide (MABS2005, Merck) 1:1000; Rabbit SP70 anti-tau (MA5-16404) 1:1000.

The following day, primary antibody was aspirated, and cells washed with PBS. Secondary antibody solutions were made up in HEK IF block at the following concentrations: goat anti-mouse Alexa Fluor 647 (Invitrogen, A32728) 1:500; goat anti-rabbit Alexa Fluor 568 (Invitrogen, A11011) 1:500. HEKs were incubated with secondary antibody for 1 hour at room temperature in the dark, after which antibody was removed and neurons were washed with PBS. Cells were left in PBS for fluorescence imaging using an Eclipse Ti2 Microscope.

### Molecular characterization of tau/H3-2 and tau/ F8-2<sub>S54L+T127A</sub> interactions

Production and purification of the recombinant tau 2N4R and Nb H3-2 and F8-2<sub>S54L+T127A</sub> and NMR analysis of tau-H3-2 complex have been performed according to (15). Affinity measurements were performed on a BIAcore T200 optical biosensor instrument (Cytiva), according to (15). Briefly, biotinylated-tau was injected on a streptavidin SA sensorchip in HBS-EP + buffer (Cytiva), at a flow-rate of 30  $\mu$ L/min, until the total amount of captured tau reached 500 resonance units (RUs). Nb H3-2 and F8-2<sub>S54L+T127A</sub> was injected sequentially with increasing concentrations ranging between 0.125 and 2 mM in a single cycle, with regeneration (three successive washes of 1M NaCl). Single-Cycle Kinetics (SCK) analysis was performed to determine association  $k_{on}$  and dissociation  $k_{off}$  rate constants by curve fitting of the sensorgrams using the 1:1 Langmuir model of interaction of the BIAevaluation software 2.0 (Cytiva). Dissociation equilibrium constants ( $K_D$ ) were calculated as  $k_{off}/k_{on}$ .

### Quantification of tau-venus degradation in TVA/TVS cells following AAV1/2 transduction

20,000 TVA or TVS cells were plated per well of a 96-well plate in FBS free DMEM and transduced with 100,000vg/cell AAV1/2 encoding either R-Nb<sub>vhhGFP4</sub> or TRIM21 RING or

vhhGFP4 only controls. Cells were longitudinally imaged in situ in an Incucyte S3 system (Sartorius), with images being acquired once every hour.

5 **Validation of VCP inhibition via NMS-873**

10 HEK293 cells were plated in a 24-well plate at 100,000 cells/well. After 24 hours, media was changed to complete DMEM plus 5 $\mu$ M small molecule inhibitor of VCP, NMS-873 or DMSO control. AdV5-GFP was mixed with hIgG1 9C12 antibody with a final concentration of 20ng/ml for 1 hour at RT to allow complex formation. Following 2 hours of pretreatment with drugs or DMSO, 20 $\mu$ l of virus:antibody complexes were added per 500  $\mu$ l of DMEM per well and incubated for 6 hours at 37°C, before full media change with complete DMEM. The following day after infection, cells were collected by trypsinisation and GFP infection was analysed via flow cytometry using a Cytoflex (Beckman Coulter) machine. Fold neutralisation was calculated by dividing % infection virus only by % infection with respective antibody concentration.

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**Diagram Creation**

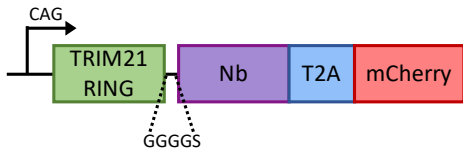
20 Diagrams presented in figures 1A-D were created with Biorender.com

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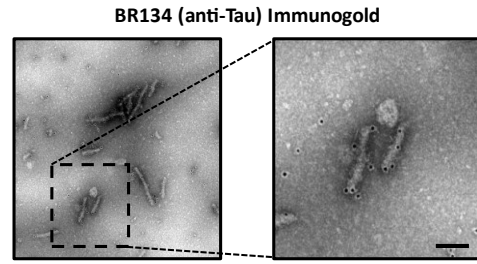
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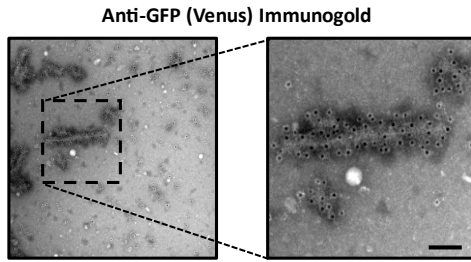
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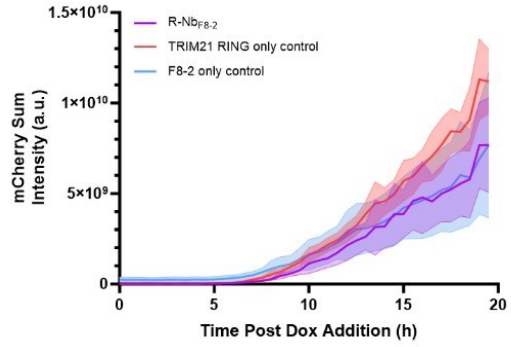
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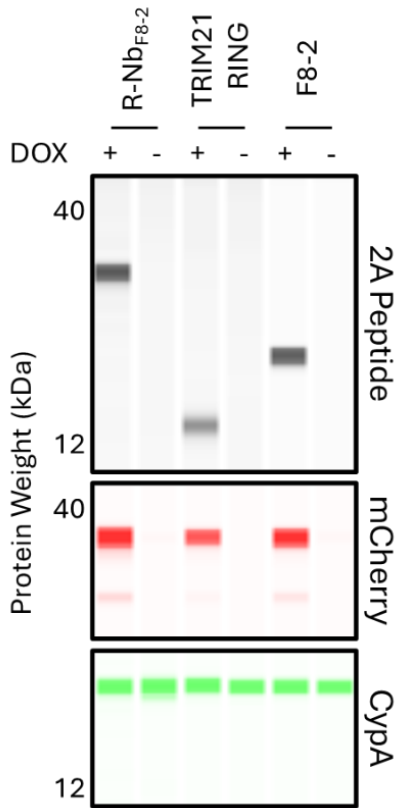
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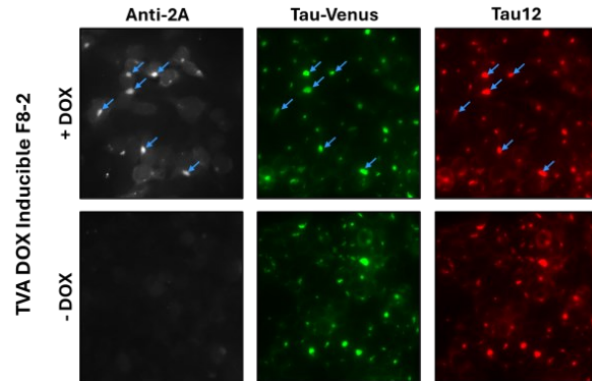
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**E**



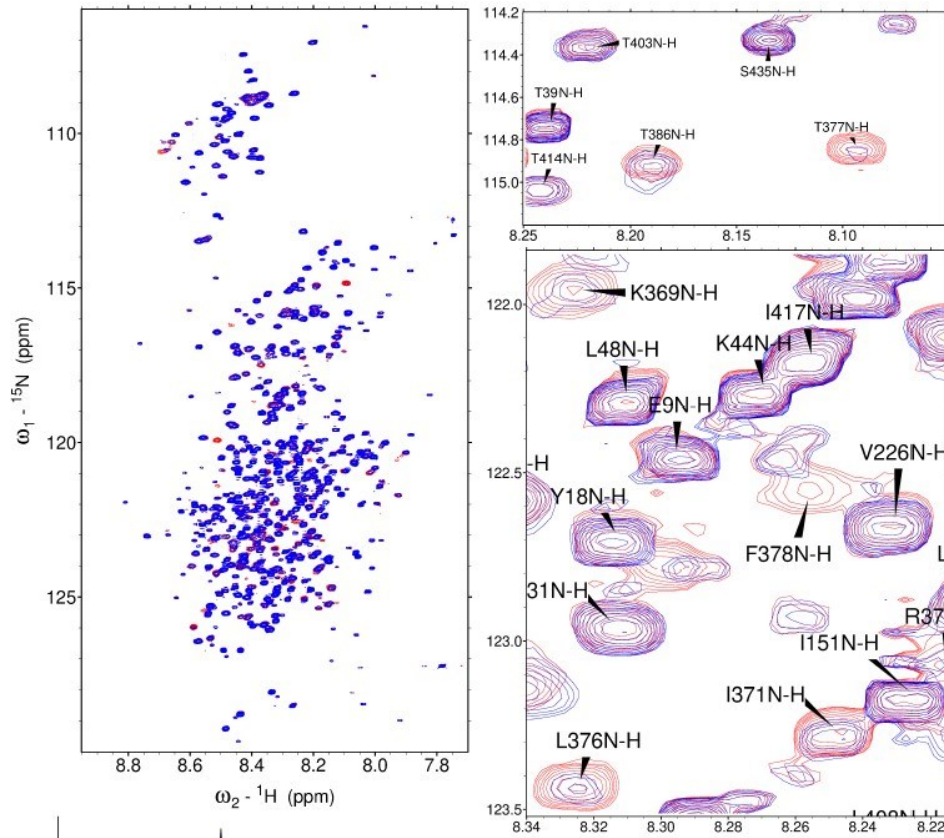
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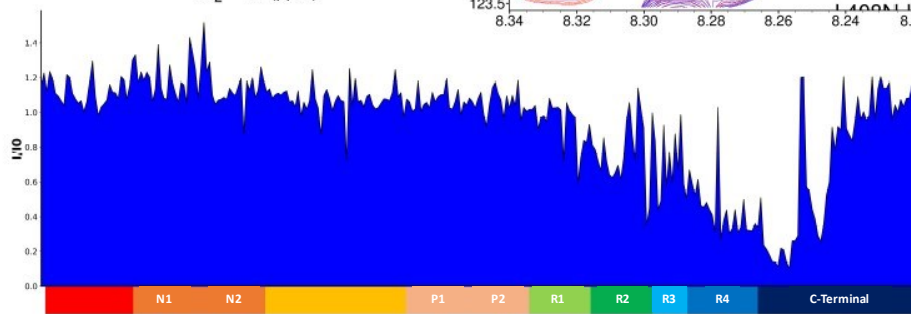
**Fig. S1. R-Nb design, TVA fibril characterisation, and DOX inducible expression of constructs in TVA cells.**

5 (A) Schematic of R-Nb constructs consisting of an N-terminal TRIM21 RING domain (residues  
1-85) fused to a nanobody via a flexible GGGGS linker. A self-cleaving T2A-mCherry fluorescent  
tag was included downstream of the R-Nb construct, with expression being driven by the  
ubiquitous CAG promoter. (B) Immunogold electron microscopy images labelling fibrillar  
aggregates extracted from TVA cells with the BR134 anti-tau antibody, or (C) an anti-GFP  
antibody. Scale bars, 100nm. (D) Sum mCherry intensity from TVA cells expressing either DOX  
10 inducible R-Nb<sub>F8-2</sub>, TRIM21 RING or F8-2, following DOX addition. (E) Immunoblot of lysates  
from the same TVA cells +/- DOX addition for 15 hours, probing for mCherry, CypA (loading  
control) and the N-terminal product (either R-Nb<sub>F8-2</sub>, TRIM21 RING, or F8-2) via an anti-2A  
peptide antibody. (F) IF images from TVA cells expressing DOX inducible F8-2 nanobody (15  
hours post DOX addition) demonstrating colocalisation (blue arrows) of F8-2 (2A antibody signal)  
15 with aggregated tau venus and Tau12 antibody staining. Shaded areas represent mean  $\pm$  SD. (D) n  
= 8 biological replicates per condition.

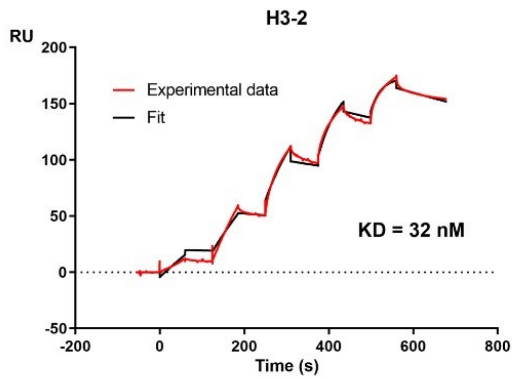
**A**



**B**

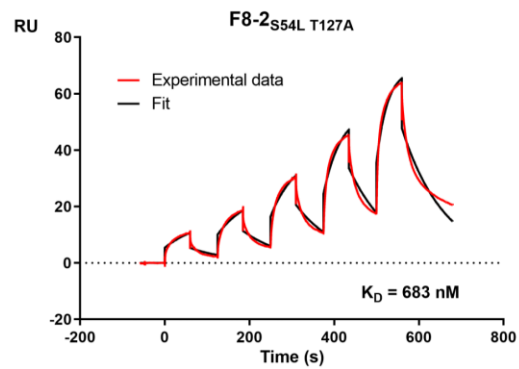


**C**



VHH	$k_{on} (M^{-1} \cdot s^{-1}) \cdot 10^{+2}$	$k_{off} (s^{-1}) \cdot 10^{-3}$	KD (nM)
H3-2	207 ± 2,1	0,7 ± 0,02	32 ± 1,2

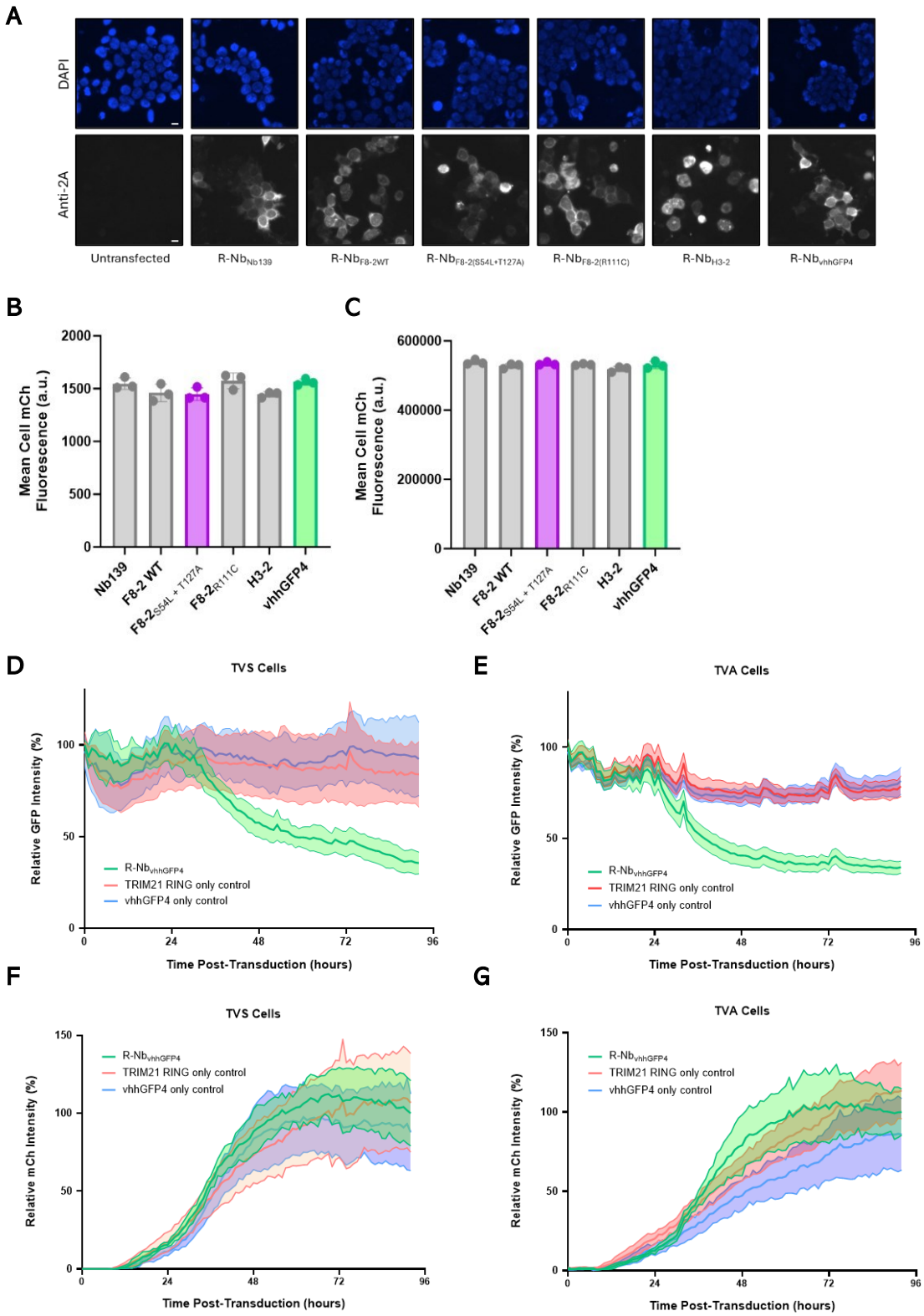
**D**



VHH	$k_{on} (M^{-1} \cdot s^{-1}) \cdot 10^{+2}$	$k_{off} (s^{-1}) \cdot 10^{-3}$	KD (nM)
F8-2 <sub>S54L T127A</sub>	143,7 ± 1,47	9,8 ± 0,05	683 ± 8

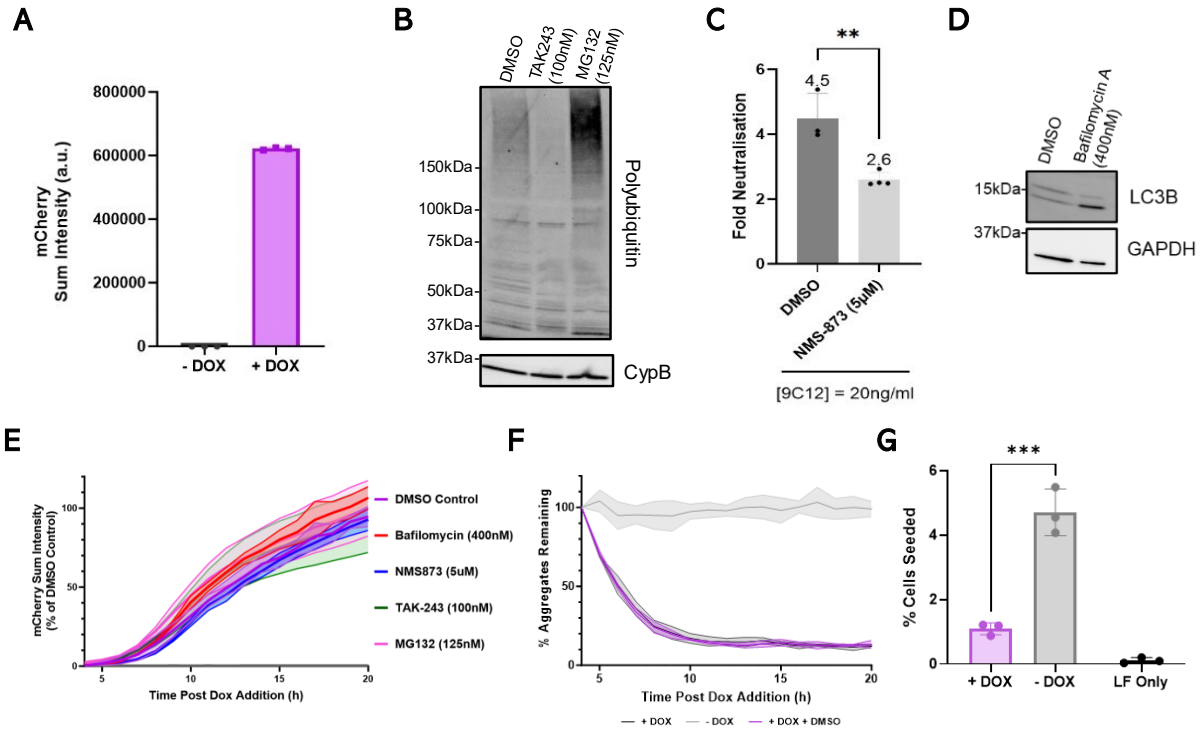
**Fig. S2. Determination of H3-2 nanobody epitope and H3-2/F8-2<sub>S54L+T127A</sub> affinities.**

(A) Overlay of <sup>1</sup>H, <sup>15</sup>N HSQC two-dimensional spectra and enlargements of free 2N4R tau (in red) or 2N4R tau mixed at equimolar ratio with non-labeled H3-2 nanobody (superimposed in blue) (n = 1). In the spectrum of tau in the presence of H3-2, multiple resonances are broadened beyond detection compared with the tau control spectrum. (B) Normalized NMR intensities (I/I<sub>0</sub>) along the tau sequence with (I<sub>0</sub>) and (I) corresponding to the resonance intensity when tau is free in solution or mixed with equimolar quantity of H3-2 (I), respectively. The normalized intensity ratios (I/I<sub>0</sub>) plot allowed the identification of the tau C-terminus domain as the target of H3-2 interaction. N1 and N2 are two alternatively-spliced regions in the N-terminal domain (1–163), the proline-rich domain is subdivided in P1 and P2 regions, the MTBD consists of four partially repeated regions, R1 to R4. (C) Sensorgrams (reference subtracted data) of single cycle kinetics analysis performed on immobilized biotinylated tau, with five injections of H3-2 or (D) F8-2<sub>S54L+T127A</sub> at 0.125 μM, 0.25 μM, 0.5 μM, 1 μM, and 2 μM (n = 1). Dissociation equilibrium constant (K<sub>D</sub>) was calculated from the ratio of off-rate and on-rate kinetic constants k<sub>off</sub>/k<sub>on</sub>. K<sub>on</sub> and k<sub>off</sub> values are included in the table. Black lines correspond to the fitted curves, red lines to the measurements.



**Fig. S3. Expression of R-Nb constructs in HEK293, TVA and TVS cells, and tau-venus degradation kinetics.**

(A) Representative IF images from HEK293 cells transfected with R-Nb constructs, stained for R-Nb protein via an anti-2A antibody and for nuclei with DAPI. (B) R-Nb expression in transfected and analysed TVA and (C) TVS cells, quantified by either fluorescent microscopy or flow cytometry respectively as mean cell mCherry fluorescence. (D) GFP intensity (normalised to cell count and plotted as % signal compared to zero-hour timepoint) of TVS cells or (E) TVA cells (GFP intensity normalised against confluence and plotted as % signal compared to zero-hour timepoint), over time following transduction with AAV1/2 encoding either R-Nb<sub>vhhGFP4</sub> or TRIM21 RING or vhhGFP4 only controls. (F) mCherry positive cell count (normalised to total cell count and plotted as % signal compared to zero-hour timepoint) from TVS cells or (G) TVA cells (mCherry positive cell count normalised against confluence and plotted as % signal compared to zero-hour timepoint), over time following transduction with AAV1/2 encoding either R-Nb<sub>vhhGFP4</sub> or TRIM21 RING or vhhGFP4 only controls. Shaded areas represent mean  $\pm$  SD. (B) and (C) n = 3 biological repeats per condition. (D-G) n = 5 technical replicates per condition.



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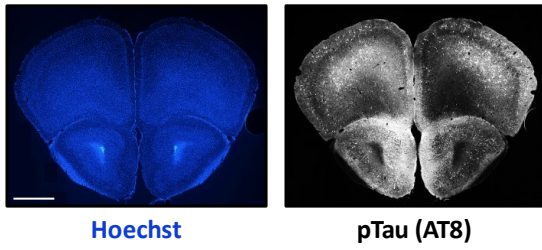
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**Fig. S4. Expression of R-Nb in TVS Cells, Validation and Effects of Pharmacological Inhibition on R-Nb Expression, and Supernatant Secondary Seeding**

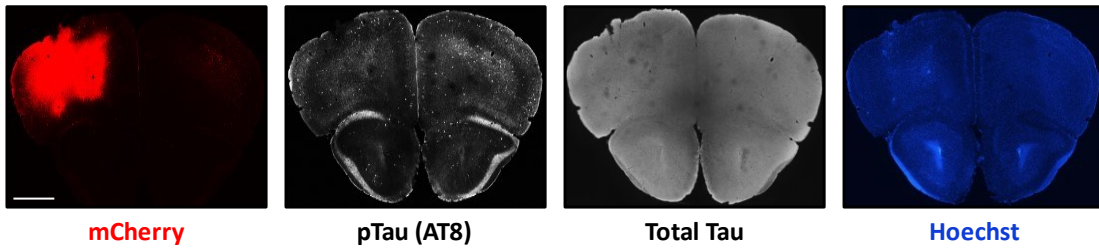
5 (A) Integrated mCherry intensity from TVS cells expressing DOX inducible R-Nb<sub>F8-2</sub> 24 hours after treatment with, or without, DOX, quantified via fluorescent microscopy. (B) Western blot of TVA cells treated with DOX and DMSO (solvent control), TAK243 (E1 inhibitor) or MG132 (proteasome inhibitor) for 10 hours. Samples were blotted for ubiquitin to validate inhibitor function, and for CypB as a loading control. (C) VCP is essential for antibody/TRIM21 mediated virus neutralization (12). The ability of NMS-873 to inhibit VCP was therefore assessed via a viral neutralization assay in which adenovirus encoding GFP was neutralised by the anti-adenovirus antibody 9C12. (D) Western blot of TVA cells treated with DOX and DMSO or Bafilomycin A for 10 hours, probed for increased LC3B to confirm autophagy inhibition, and GAPDH as a loading control. (E) Sum mCherry intensity from DOX inducible R-Nb<sub>F8-2</sub> TVA cells following addition of DOX and various small molecule inhibitors, quantified via fluorescent microscopy. (F) 10 Quantification of tau-venus aggregates from live cell imaging of TVA cells expressing DOX inducible R-Nb<sub>F8-2</sub> treated with and without DMSO at the highest concentration used as solvent for small molecule inhibitors (0.5%). Quantified via live cell microscopy. (G) Supernatants from TVA cells treated with, or without, DOX for 72 hours to induce expression of R-Nb<sub>F8-2</sub> were introduced to TVS cells via Lipofectamine. Seeded aggregation of soluble tau-venus was 15 quantified 72 hours later via fluorescent microscopy. TVS cells were treated with lipofectamine (LF) only as a negative control. Error bars and shaded areas represent mean  $\pm$  SD. (A), (E), (F) and (G) n = 3 biological replicates per condition. (C) n = 4 biological replicates per condition. (C) unpaired *t* test. (G) one-way analysis of variance (ANOVA) with Tukey's correction for multiple 20 comparisons. \*\**P* < 0.01; \*\*\**P* < 0.001.

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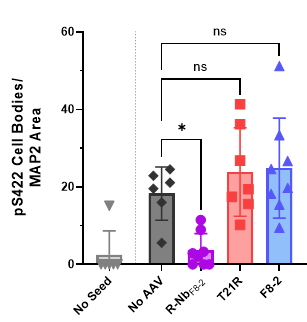
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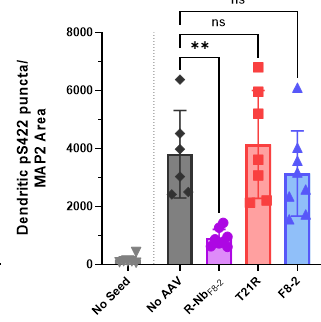
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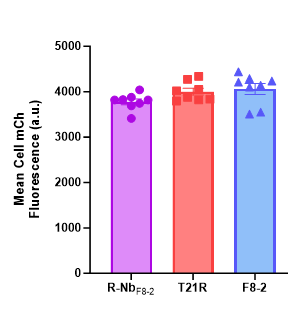
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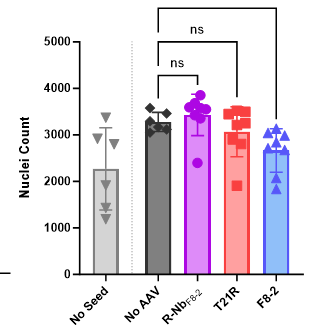
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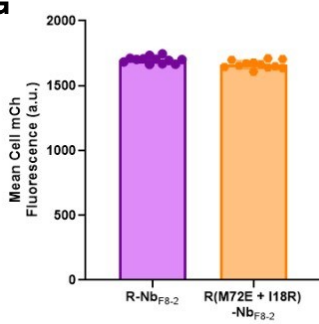
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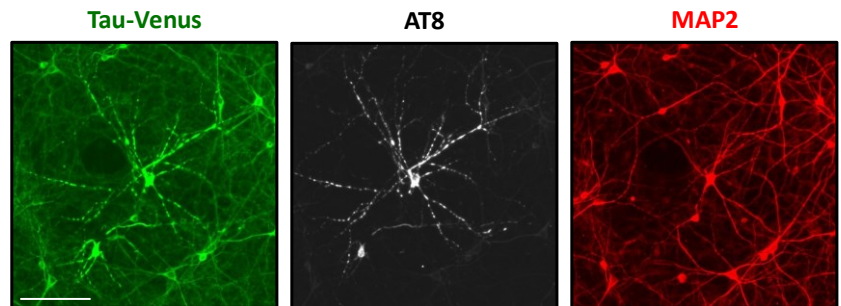
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**G**



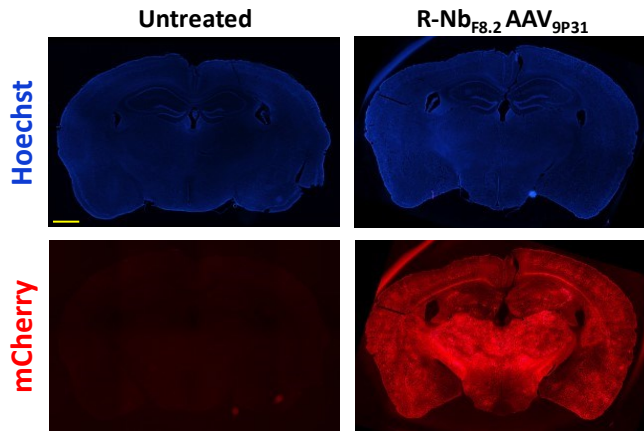
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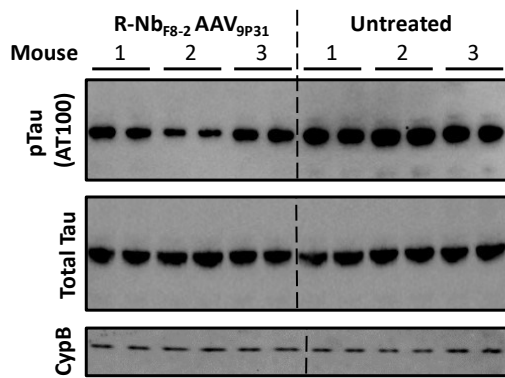
**Fig. S5. Reduction of tau pathology in the aged mouse brain and primary neurons via R-Nb<sub>F8-2</sub>.**

5 (A) Representative IF images from frontal cortex of 5.5-month-old Tg2541 mouse. Stained for  
total nuclei with Hoechst and phosphorylated tau aggregates with AT8. Scale bar, 1mm (B)  
Representative IF images 10 days post-stereotaxic injection of AAV1/2-CAG-R-Nb<sub>F8-2</sub>-T2A-  
mCherry into the frontal cortex of a 5.5-month-old mouse. Two injections of  $2 \times 10^9$  GC were used.  
pTau and total tau were detected using AT8 and DAKO antibodies respectively. Scale bar, 1mm.  
10 (C) Quantification of pS422 positive cell bodies and (D) dendritic puncta normalised against  
MAP2 coverage from IF images. Seeded neurons were pre-treated with AAV1/2 encoding R-Nb<sub>F8-2</sub>,  
TRIM21 RING (T21R) or F8-2 only. (E) Mean cell mCherry fluorescence of primary neuron  
cultures treated with AAV1/2-hSyn encoding either R-Nb<sub>F8-2</sub>, TRIM21 RING, or F8-2 with a T2A-  
mCherry reporter. (F) Mean number of nuclei per well of unseeded and tau seeded primary neurons  
15 treated with or without the same AAV1/2-hSyn vectors. (G) Mean cell mCherry fluorescence of  
primary neuron cultures treated with AAV1/2-hSyn encoding either active or catalytically dead  
(M72E+I18R RING mutations) R-Nb<sub>F8-2</sub> with a T2A-mCherry reporter. (H) Representative  
images from primary neuron cultures prepared from the cortices of neonatal wild-type C57BL/6  
20 mouse pups transduced with AAV1/2-hSyn-0N4R P301S tau-venus (20,000 GC/cell) for 12 days,  
followed by seeding with heparin assembled P301S tau assemblies for 7 days. Tau-venus was  
detected with an anti-GFP antibody, with phosphorylated tau aggregates detected using the AT8  
antibody and neurons identified via MAP2 staining. Scale bar, 100 $\mu$ m. Error bars represent mean  
 $\pm$  SD. (C-F) each point represents the average of two technical repeats from  $n = 6$  to 8 biological  
repeats. (G) each point represents one of  $n = 12$  biological replicates. (C, D and F) ANOVA with  
Tukey's correction for multiple comparisons. ns, not significant; \* $P < 0.05$ ; \*\* $P < 0.01$ .

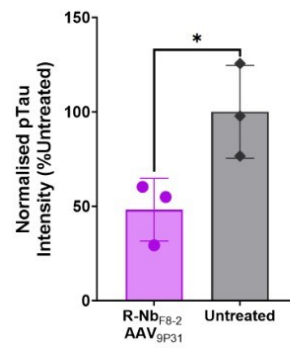
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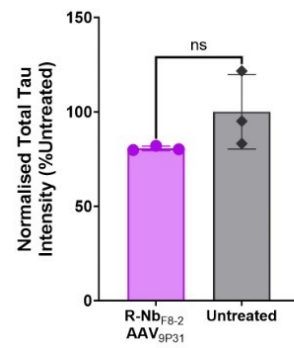
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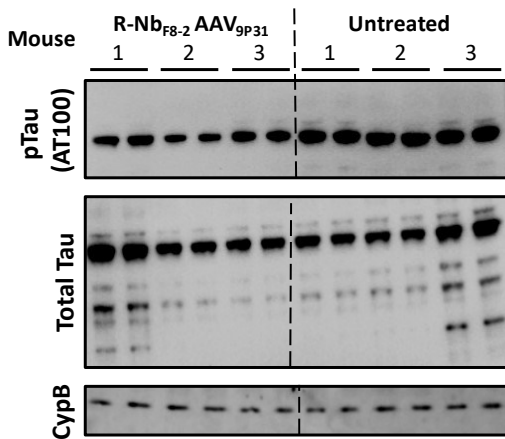
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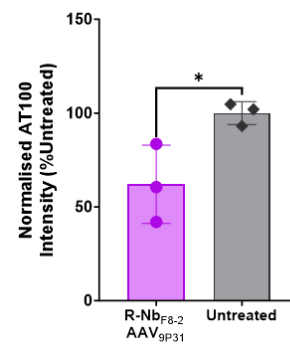
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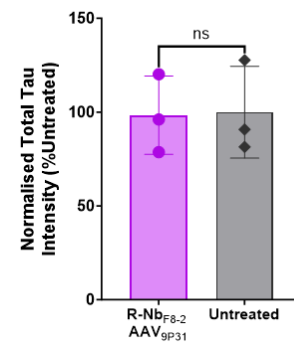
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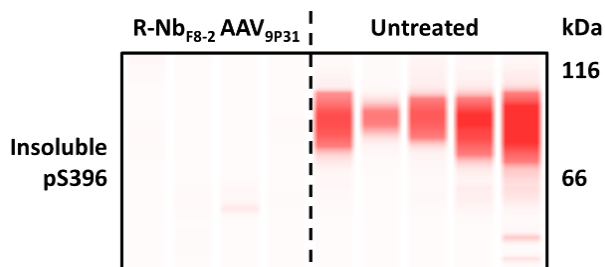
**F**



**G**



**H**



**Fig. S6. AAV<sub>9P31</sub> transduction efficiency and blots from Tg2541 mice treated with AAV<sub>9P31</sub> R-Nb<sub>F8-2</sub> for 10 days or 2 months.**

5 (A) Representative fluorescent microscopy images of brain sections from an adult mouse 2 weeks after tail vein injection with  $5 \times 10^{11}$  CG of AAV<sub>9P31</sub> R-Nb<sub>F8-2</sub> (with T2A-mCherry reporter). Scale bar, 1mm (B) Western blot on whole brain lysates from 5.5-month-old mice treated with  $1 \times 10^{11}$  GC AAV<sub>9P31</sub> R-Nb<sub>F8-2</sub> for 10 days, compared to untreated mice. Samples from each mouse were run in duplicate and probed for pTau (AT100), total tau (BR134), and CypB as a loading control. (C) Quantification of AT100 pTau and (D) total tau (BR134) band intensity in samples from AAV<sub>9P31</sub> R-Nb<sub>F8-2</sub> treated, and untreated mice. (E) Spinal cord lysates from the same mice were similarly probed for pTau (AT100) and total tau (BR134), with band intensities quantified in (F) and (G) respectively. (H) Capillary based immunoblot of sarkosyl insoluble fractions from brains of aged mice treated with or without  $1 \times 10^{11}$  GC R-Nb<sub>F8-2</sub> AAV<sub>9P31</sub> for two months, probed for pTau phosphorylated on Ser396. Each lane represents an individual mouse. Error bars represent mean  $\pm$  SD. (C), (D), (F) and (G) each point represents the average intensity of two technical replicates from one mouse, normalised to CypB signal, plotted as percentage intensity compared to untreated mice.  $n = 3$  mice per condition. Unpaired  $t$  test, ns, not significant;  $*P < 0.05$ .

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**Video S1. Live cell fluorescent microscopy of TVA DOX inducible R-Nb<sub>F8-2</sub> cells.**

5 Images were captured every 20 minutes for 15 hours, beginning 4 hours post-DOX addition. Tau  
venus aggregates were visualised in the green channel, with the red channel detecting mCherry  
(R-Nb<sub>F8-2</sub> expression reporter). Scale bar, 20µm.

**Video S2. Live cell fluorescent microscopy of tau seeded WT neurons expressing tau-venus,  
transduced with R-Nb<sub>F8-2</sub> AAV1/2.**

10 Images were captured every three hours for 7 days following R-Nb<sub>F8-2</sub> addition. Tau venus  
aggregates were visualised in the green channel, with the red channel detecting mCherry (R-Nb<sub>F8-2</sub>  
2 expression reporter). Scale bar, 20µm.

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