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# Hyper-viscoelastic stress-softening modeling of pig perineal skin

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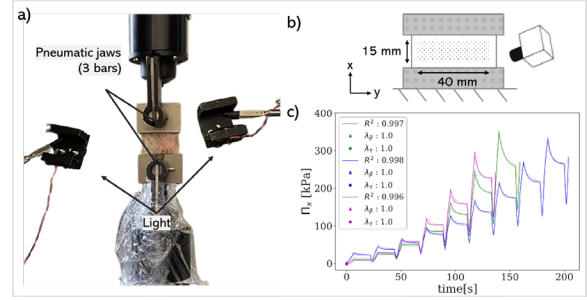
## 1. Introduction

The pelvic floor, crucial for supporting pelvic organs and genitals, is prone to health issues commonly known as Pelvic Floor Dysfunctions (PFDs). The prevalence of at least one form of PFD (pelvic pain, pelvic organ prolapses, urinary or anal incontinence, dyspareunia) has been reported to be as high as 32% among females worldwide. Various factors such as older age, menopause, obesity, connective tissue disorders, or physical activity are significant contributors (Tim et al. 2021). However, the occurrence of PFDs is mainly due to traumatic events. Indeed, perineal tears, taking place in 90% of vaginal deliveries, have been identified to be a high-risk factor of PFDs (Jansson et al. 2020). Even though their effectiveness is not universally agreed upon within the medical community, some devices exist, leveraging the cyclic softening (Mullin's effect) observed in such soft tissues to delay the tears observed during childbirth. The preparation consists in using a probe (for example EPI-NO®) performing vaginal cyclic inflations. The objective of this publication is to characterize and model the pig perineal skin cyclic softening decoupling viscohyperelasticity and Mullins effect. Data from pure shear tests on pigs' perineal skin are used in conjunction with a 3D hyperviscoelastic model inspired of Rebouah et al., 2017 to propose a set of parameters that is suitable to describe loading, relaxation and unloading stages.

## 2. Methods

### 2.1 Materials

Skin tissues were extracted after dissection from porcine perinea supplied by the local slaughterhouse in Alès under the animal's welfare regulations (SEMAAC). Rectangular shapes were sampled from tissues of three pig perineum (Figure 1).



**Figure 1.** Device, sample geometry and pure shear stress (first Piola Kirchhoff) versus elongation

### 2.2 Experiments

Instrumented pure-shear tests were conducted under a constant strain speed of  $0.03s^{-1}$ . The test consisted in applying cycles every 10% of elongation, each cycle being composed of traction, relaxation and unloading phases. Digital Image Correlation (DIC) enabled the evaluation of the in-plane strain.

### 2.3 Modeling

The Cauchy stress tensor is expressed as:

$$\bar{\sigma}(t) = -p(t)\bar{I} + \bar{\sigma}_H(t) + \bar{F}\bar{Q}(t)\bar{F}^T$$

where  $p$  is the pressure that ensure the incompressibility condition,  $\bar{\sigma}_H$  stands for the contribution of hyperelasticity (truncation of Rivlin modeling (Horgan & Smayda 2012)) and  $\bar{Q}(t)$  represents the contribution of the viscosity (Maxwell modeling):

$$\begin{aligned} \bar{\sigma}_H(t) &= 2\mathcal{F}(t) \frac{\partial W_H(t)}{\partial \bar{B}(t)} \bar{B}(t), \\ W_H(t) &= c_{10}(I_1 - 3) + c_{01}(I_2 - 3) + c_{11}(I_1 - 3)(I_2 - 3), \\ \bar{\sigma}_H(t) &= \bar{Q}(t)\bar{B}(t), \tau\bar{Q}(t) + \bar{Q}(t) = \tau\beta\bar{S}_H(t), \\ &\text{with } \bar{S}_H(t) = \bar{F}^{-1} \frac{\partial W_H(t)}{\partial \bar{B}(t)} \bar{F}^{-T}, \end{aligned}$$

where  $\mathcal{F} = 1 - \eta \left( \frac{I_{1max} - I_1}{I_{1max} - 3} \right)^\alpha$ ,  $\bar{B}$  is the Cauchy Green tensor,  $\bar{F}$  is the deformation gradient,  $W_H$  is the density of energy,  $I_1, I_2$  are the first and second strain invariants depending on stretches ratio, and  $c_{10}, c_{01}, c_{11}, \tau, \beta, \eta, \alpha$  are the material parameters.

In the case of pure in plane shear test for which transverse stretch ratio are assumed to be equal to 1 the axial Cauchy stress component is reduced to:

$$\begin{aligned} \sigma_{xx}(t) &= 2\mathcal{F}(t) \left( \frac{\partial W_H(t)}{\partial B_x(t)} - \frac{\partial W_H(t)}{\partial B_z(t)} \right) (\lambda_x^2(t) \\ &\quad - \lambda_x^{-2}(t)) + Q_x(t)\lambda_x^2(t) \end{aligned}$$

### 3. Results and discussion

DIC enabled the validation of pure shear stress assumption. As observed in Figure 1, relaxation behavior highly depends on elongation. It is therefore expected that relaxations time and associated weight evolve during stretching. Surgeman et al., 2020

confirm these assumptions on blood clots. Indeed, material parameters  $\tau$  (relaxation time) and  $\beta$  (weight parameter) are expected to be at first constant and then linearly evolve (to minimize the number of material parameters to be fitted) during stretching:

$$\tau = a_\tau \lambda_x + b_\tau, \lambda_x \geq \lambda_\tau \text{ and } \tau = \tau_0 \text{ otherwise ;}$$

$$\beta = a_\beta \lambda_x + b_\beta, \lambda_x \geq \lambda_\beta \text{ and } \beta = \beta_0 \text{ otherwise,}$$

where  $a_\tau, a_\beta, b_\tau, b_\beta, \tau_0, \beta_0, \lambda_\tau, \lambda_\beta$  are material parameters.  $b_\tau$  and  $b_\beta$  were evaluated at every load cycle in terms of the other parameters.

A set of parameters that produced the best fit of the experimentally measured stress by the first Piola Kirchhoff stress  $\Pi$  (minimization of  $|R^2 - 1|$  using the Scipy L-BFGS-B bound constrained quasi-Newton optimization algorithm (Byrd et al. 1995)) is proposed in Table 1. Experimental and numerical results are presented in Figure 1. The fitted response reproduced well the loading, relaxation and unloading phases.

**Table 1.** material parameters (CoV = std/mean).  
**a - hyperelasticity and Mullins effect**

Sample	$c_{10}, c_{01}, c_{11}$ (kPa)	$\eta$ (-)	$\alpha$ (-)
1	0.25, 0.25, 25.5	0.28	0.28
2	15.3, 0, 12.3	0.71	0.53
3	0, 0, 31.0	0.32	0.31
mean	5.18, 0.08, 22.9	0.44	0.37
std	8.76, 0.14, 9.61	0.24	0.14
CoV	1.69, 1.73, 0.42	0.54	0.37

**b - relaxation**

Sample	$a_\tau$ (-)	$a_\beta$ (s <sup>-1</sup> )	$\tau_0$ (s)	$\beta_0$ (-)	$\lambda_\tau$ (-)	$\lambda_\beta$ (-)
1	9.8	10	0.29	2.44	1	1
2	0.9	4.9	2.41	4.78	1	1
3	7.7	6.48	0.15	3.61	1	1
mean	6.13	10.5	0.95	3.61	1	1
std	4.65	4.22	1.27	1.17	0	0
CoV	0.76	0.40	1.33	0.32	0	0

The best fit ( $R^2 > 0.99$ ) for the three samples was obtained with  $\lambda_\tau = \lambda_\beta = 1$ , demonstrating that (i) the viscoelastic response of the material is altered by the level of strain, (ii) the relaxation time  $\tau$  and the weight of viscoelasticity compared to hyperelasticity, identified by the parameter  $\beta$ , evolve from the beginning of the test and not after a shift strain. Furthermore, the values identified for the variation of  $\beta$  were of the same order of magnitude (CoV = 0.4 and 0.32 for  $a_\beta$  and  $\beta_0$ , respectively). It was also the case for the Mullins effect parameters (CoV = 0.54 and 0.35 for  $\eta$  and  $\alpha$ , respectively). The hyperelastic parameters provided more variable results (CoV = 1.69 and 1.73 for  $c_{10}$  and  $c_{01}$ , respectively). These results suggest that the weight parameter  $\beta$  and the stress softening-related parameters  $\eta$  and  $\alpha$  are less likely to be sensitive to the commonly encountered variability in biological specimens than the hyperelastic parameters (especially  $c_{10}$  and  $c_{01}$ ). Still, this assumption needs to be verified with more samples and using different

strain rates to verify that the results presented in this work also apply.

### 3. Conclusions

This work was a first step in the modeling of the sensitivity of the viscoelastic contribution to the strain level. A phenomenological validation of this result needs to be conducted via microstructural observation questioning the anisotropy induced by the stretching. The evolution of the contribution of viscoelasticity, associated with Mullins effect seems to be a promising effective, reliable, and reproducible way to track mechanical changes before it impacts macroscopically the stress level.

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### Conflict of Interest Statement

The authors have no conflict of interest to declare.

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