



## The Teamwork Art in Public Health: a Qualitative Study.

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# The teamwork art in public health

## A qualitative study

How can remote teams harness the creative potential of group work while minimizing the challenges of distance collaboration?

### Remote group work

### Methodology

Population : Master's degree students and teachers at the ISPED

Data collection : 2 focus groups with 7 students (1 hour), and 3 semi-structured interviews with ISPED's teachers

### Situation analysis



Cultural, linguistic, and geographical differences



Professional and personal constraints

Diversity of skills and knowledge



### Methodology

Population : Master's degree students and teachers at the ISPED

Data collection : 2 focus groups with 7 students (1 hour), and 3 semi-structured interviews with ISPED's teachers

Efficiency, communication, motivation

Stress, tensions, unequal contribution

=

Results below expectations  
Less enriching learning experience  
Difficulty working together again

### Teaching staff strategies

#### Strategic Team Formation:

By affinity, by interest, by profile, random

#### Proactive educational support:

Reminders of best practices for teamwork, Regular meetings, Interim submissions, Individual support throughout the year

### Student strategies and goals

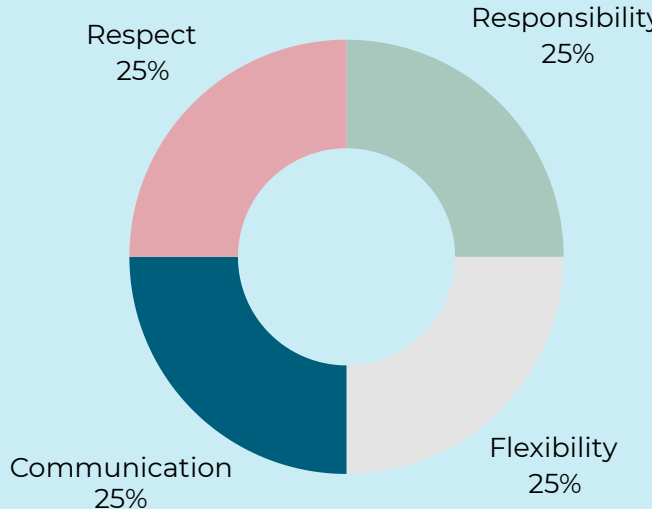
#### Organization:

Effective time management, fair distribution of tasks, shared leadership, Definition of clear goals, Regular follow-up meetings (and prompt problem resolution), Setting deadlines

#### Strengthening connections:

Humor: Creating a relaxed atmosphere, Informal moments, Icebreakers (e.g., mood of the day), Considering emotional states

Student's softskills reported



Sharing of experiences and learning

Sense of integration

Professionalization

### Recommendations

Feedback, debriefing questionnaire, self-assessment.

Clarity of instructions.

Adjust strategies according to students's needs and improve group dynamics.

Diversify skills and profiles to stimulate exchange, creativity, value each individual's potential, and encourage idea confrontation by activating transactive memory

#### Tool suggestions

- Commitment charters
- Post-evaluation feedback

### Limits of the study

Limited number of participants  
Social desirability bias  
Time constraints  
Context specificity

### Strengths

Engagement of students and teachers  
Multidisciplinary cross-sectional view  
Quick implementation of recommendations

