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Brain changes that accompany infant care: decoding pain in babies' cries

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Background: adults learn to identify pain in babies cries





Moderate experience (babysitting)

Recognition of pain cries for a familiar baby

No recognition

Professional caregivers (nonparents)

Fathers

Recognition of both discomfort and pain cries for a familiar baby

3. Cries listening involve activation in a large-scale brain networks (auditory, cognitive, attention, emotion and *mirroring networks*)³



recognition

100-

75-

50

Cry cause

pain

discomfort



20 mothers

20 fathers

20 childless

women working

in pediatric care

Professionals

Aim: What are the brain correlates of pain identification for familiar and unfamiliar

1. Spectrograms of cries. Pain cries are longer, louder, harsher and rougher¹

Methods

Day1: Training with

discomfort cries

familiar baby

annii Annii

Results

4. A) Listeners recognized well their familiar baby based on discomfort cries, but not based on pain cries. They correctly rejected cries of unknown babies; B) Only discomfort cries from the familiar baby were correctly recognized above chance.

Perceiving

cries as familiar



Professionals



Familiar cries correctly recognized

L antMFG⁻

A)

Cries

classified as

familiar

100

75

bilat STG

retrosplenial complex

Conclusion

Cries contain strong information on baby's identity, allowing expert listeners to recognize one given baby, but pain disrupts this recognition (Fig 4A). Familiarity with a baby engages brain areas known to be involved in familiar voice recognition (precuneus, IPL; decreased in STG; Fig 5).

Despite acoustic specificity, **identifying pain in** cries, compared with non-painful distress, is difficult for experts in babies care (Fig 4B), both parents of young babies and professional caregivers. It leads to an increase in BOLD activity in associative areas (IFG) and auditory decreased in primary areas (Heschl's gyri; Fig 6).





Performances and general brain processing of information were **similar in all groups**, both between mothers and fathers, and between mothers and professionals.

IPS: inferior parietal sulcus; IPL: inferior parietal lobule; IFG: inferior frontal gyrus; MFG: middle frontal gyrus; PAG: periaqueductal grey matter; STG: superior temporal gyrus

5. Correct recognition of the familiar baby activated brain areas involved in perspective-taking, emotion regulation and familiar voice recognition (all subjects).

References

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- 1. Koutseff, A. et al. The acoustic space of pain: cries as indicators of distress recovering dynamics in pre-verbal infants. Bioacoustics (2017).
- 2. Corvin, S et al. Adults learn to identify pain in babies' cries. Current Biology (2022).
- 3. Witteman, J. et al. Towards a neural model of infant cry perception. Neuroscience & Biobehavioral Reviews (2019).

Pain > Discomfort

Pain < Discomfort

6. Pain recognition involved high-level processing (all subjects).



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