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# 1 Prediction of Neuroprotective Treatment Efficiency Using a HRMAS 2 NMR-Based Statistical Model of Refractory Status Epilepticus on 3 Mouse: A Metabolomic Approach Supported by Histology

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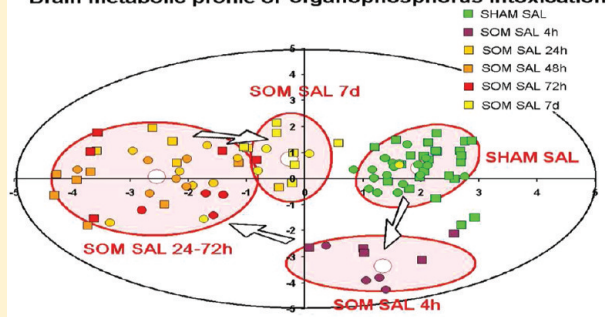
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8 **ABSTRACT:** This work presents a model combining quantitative proton HRMAS NMR data and PLS-DA for neuropathology and neuroprotection evaluation. Metabolic data were also confronted to histopathological results obtained using the same experimental conditions. Soman, when not lethal, can induce status epilepticus (SE), brain damage, histological lesions, and profound cerebral metabolic disorders as revealed using <sup>1</sup>H HRMAS NMR. Our challenge was to evaluate delayed treatments, which could control refractory SE and avoid brain lesions. For this aim, we have built a statistical model of soman intoxication describing brain metabolite evolution during 7 days.

19 We have then used this model to evaluate the efficiency of a combination of ketamine/atropine (KET/AS) administrated 1 and 2 h after SE induction, compared to the immediate anticonvulsant therapy midazolam/atropine sulfate (MDZ/AS). Furthermore, quantitation of HRMAS NMR data allowed us to follow individual evolution of 17 metabolites. *N*-Acetylaspartate, lactate, or taurine presented a long lasting disruption, while glutamine, alanine, glycerophosphocholine and myo-inositol showed disruptions for 3 days with a reversion at day 7. These changes were completely normalized by the administration of MDZ/AS. Interestingly, they were also almost completely reversed by KET/AS 1 h postsoman. This work suggests further the predictive interest of HRMAS and PLS-DA for neuropathology/neuroprotection studies and also confirms, on the metabolic aspects, the neuroprotective potentials of KET/AS combinations for the delayed treatment of soman-induced SE.

28 **KEYWORDS:** soman, ketamine, midazolam, high resolution magic angle spinning, PLS-DA, brain histology

Brain metabolic profile of organophosphorus intoxication



## 29 ■ INTRODUCTION

30 Soman is an organophosphorus nerve agent that acts as an irreversible inhibitor of acetylcholinesterase both in central and in peripheral nervous systems. This leads to a massive hypercholinergy resulting in hypersecretion, respiratory distress, convulsive seizures and rapid death if the dose is sufficient.<sup>1</sup> Although soman-induced seizures primarily stem from cholinergic overstimulation,<sup>2</sup> their maintenance is mainly attributable to a secondary massive release of glutamate,<sup>1</sup> an excitatory amino acid that has been recognized for its "excitotoxic" potential.<sup>3</sup> In survivors, seizure activity may evolve into a *status epilepticus* (SE) that becomes refractory to benzodiazepines if not quickly stopped. Numerous sensitive brain areas such as cortex, piriform cortex, amygdala, septum, thalamus or hippocampus may end up showing seizure-related brain damage (SRBD).<sup>4-7</sup> Survivors of these severe intoxications may suffer from neurological sequelae such as spontaneous recurrent seizures<sup>8</sup> after a latent period of epileptogenesis, as well as cognitive deficits.<sup>9,10</sup> Numerous pathological events are known to accompany SRBD. For instance, a cytotoxic and vasogenic cerebral edema develops

within a few hours after poisoning<sup>11,12</sup> and neuroinflammation occurs in the hours or days following SE as evidenced through the appearance of astro- and microgliosis,<sup>4,13</sup> recruitment of peripheral immune cells<sup>14,15</sup> and synthesis of various molecular markers such as cytokines and cell adhesion molecules.<sup>16-18</sup>

Moreover, SE, would it be soman-induced or of a different origin,<sup>19-21</sup> can trigger major disturbances of brain metabolism including changes in the energy,<sup>22,23</sup> aminoacid<sup>24</sup> and phospholipid metabolisms.<sup>25,26</sup> To explore further cerebral metabolic changes after soman, we recently used proton high resolution magic angle spinning (<sup>1</sup>H HRMAS) nuclear magnetic resonance (NMR) spectroscopy (HRMAS NMR).<sup>27</sup> This technique, which has been successfully applied in various tissues and diseases,<sup>28-31</sup> allows the characterization of the metabolic phenotypes of cells, tissues and organs under both normal and pathological conditions, without any extraction or chemical treatments. Therefore, it offers the advantage of eliminating the contamination associated with extraction

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68 procedures. With this method applied *ex vivo* to brain biopsies  
69 from mice, we were able in our previous work to quantitate  
70 using the jMRUI software ([www.jmrui.uab.es/mrui/](http://www.jmrui.uab.es/mrui/)) 17  
71 metabolites up to 7 days after soman-induced SE.<sup>27</sup> While  
72 only 2 metabolites were modified in the cerebellum, a structure  
73 that apparently remains structurally intact in soman-intoxicated  
74 mice, 13 showed significant changes in the piriform cortex. In  
75 the latter, changes could be detected as soon as 4 h  
76 postchallenge, but with the notable exception of *N*-  
77 acetylaspartate (NAA), lactate and taurine, metabolite levels  
78 were normalized after one week. Some of the observed  
79 metabolic disorders could be tentatively related to postsoman,  
80 SE-related pathophysiological events.<sup>27</sup> For instance, NAA  
81 decrease may be considered as a marker of neuronal loss or  
82 neuronal mitochondrial dysfunctions.<sup>32</sup> The large increase of  
83 lactate observed from 24 to 72 h after intoxication could also be  
84 associated with mitochondrial dysfunction.<sup>33</sup> Myo-inositol and  
85 taurine are among the main osmolytes in the brain, and their  
86 decrease could be related to the observed brain edema.<sup>34,35</sup>  
87 Glycerophosphocholine increase could be associated to  
88 phospholipase activation during neuroinflammatory process  
89 induced by seizures.<sup>36</sup>

90 In this previous work,<sup>27</sup> HRMAS NMR quantitative data  
91 were also submitted to multivariate statistical analysis. These  
92 methods, such as principal component analysis (PCA) and  
93 projection to latent structure-discriminant analysis (PLS-DA),  
94 allow one to reduce the number of variables (i.e., 17 NMR  
95 variables in our case) to two or three supervariables (latent  
96 variables) that define a new space in which observations are  
97 projected. This provides an important help to describe data and  
98 to find “metabolic profiles” characteristic of a given status or  
99 pathology. Moreover, if the model is sufficiently robust, it could  
100 allow predicting the classification of an unknown observation  
101 from its NMR spectrum. We clearly showed metabolic  
102 differences between damaged and less damaged brain structures  
103 and helped to globally assess the time course of metabolic  
104 changes. This study, bridging soman-induced SRBD and  
105 metabolic disorders, suggested that quantitation of HRMAS  
106 NMR data associated with PLS-DA analysis might be useful to  
107 provide temporal and local metabolic signatures of soman  
108 poisoning, and possibly markers for neuropathology and clues  
109 to explain pathophysiological mechanisms.

110 The standard treatment against organophosphorus intox-  
111 ication combines an antimuscarinic drug such as atropine  
112 sulfate (AS) and an oxime that reactivates the inhibited  
113 cholinesterase (e.g., HI6). Benzodiazepines like diazepam or  
114 midazolam (MDZ) are used to stop seizures. The combination  
115 of HI6, AS and MDZ (MDZ/AS) constitute the “antidote”  
116 used by the French army, but this combination needs to be very  
117 quickly administered, preferably within ca. 20 min after seizure  
118 onset, to provide the best protection against SRBD and long-  
119 term neurological deficits.<sup>37–41</sup> Indeed, if the continuous  
120 seizures are left unabated, they will not respond well to  
121 benzodiazepines, and the SE becomes refractory. The manage-  
122 ment of refractory SE (RSE) is a therapeutical challenge and  
123 constitutes one of the main goals of our research.

124 Drug combinations of ionotropic glutamate receptor  
125 antagonists (NMDA antagonists or AMPA antagonists) are  
126 among the most efficient drugs. In experimental soman  
127 poisoning and SE, NMDA antagonists such as MK-801,<sup>42,43</sup>  
128 TCP,<sup>44,45</sup> GK-11<sup>46</sup> showed promising effects, most of the time  
129 when associated with AS. Unfortunately, these drugs are either  
130 not usable in humans because of severe adverse effects or have

not been licensed. Ketamine (KET) is the only NMDA 131  
antagonist licensed as an injectable drug in different countries. 132  
It is commonly used in emergency care and military 133  
anesthesiology. It has little effect on the cardiovascular system 134  
and does not easily induce respiratory depression. It is 135  
recognized as a possible third line treatment of RSE.<sup>47,48</sup> It 136  
also exerts peripheral anti-inflammatory properties.<sup>49,50</sup> In 137  
guinea pigs, KET in combination with AS was shown to stop 138  
seizures and drastically reduce brain damage even when 139  
administered ca. 1 h after seizure onset,<sup>51</sup> a property shared 140  
by the active isomer S(+) KET.<sup>52</sup> With a comparable paradigm, 141  
KET/AS combinations were also shown to reduce brain 142  
damage and neuroinflammation in poisoned mice.<sup>15</sup> However, 143  
KET/AS administered 2 h after soman provided very limited 144  
neuroprotective effects.<sup>51</sup> 145

These data show that KET combinations could constitute an 146  
efficient delayed treatment of soman intoxication when SE 147  
becomes refractory to benzodiazepine treatment. In this study 148  
we have used a metabolomic approach to evaluate the effect of 149  
KET treatments on brain damage. For this aim, we first built a 150  
robust multivariate statistical “soman model”. Statistical power 151  
was increased by combining new metabolic data with data of 152  
our previous study.<sup>27</sup> Second, three treatments were tested: the 153  
classical “antidote” administered immediately after soman 154  
(MDZ/AS) and two delayed treatments with KET/AS at 1 155  
and 2 h. The MDZ/AS treatment constituted a positive control 156  
to evaluate the predictability of our statistical “soman model”, 157  
which was then used to evaluate efficiency of delayed KET 158  
treatments. In parallel to the HRMAS NMR analysis, a classical 159  
histological study was performed. 160

Furthermore, the quantitation of HRMAS NMR data 161  
allowed us to associate metabolic disorders to the various 162  
events occurring during and after the intoxication, and to 163  
identify more precisely the mechanism of action of treatments. 164

Finally, this study could contribute to support the use of 165  
HRMAS NMR-based metabolomics as a predictive tool for 166  
neuropathology and neuroprotection in preclinical studies. 167

## 168 ■ MATERIALS AND METHODS

### 169 Animals

Male Swiss mice (32.9 ± 2.0 g; Elevage Janvier, France) were 170  
used in the present study. They were housed in a controlled 171  
environment (21 ± 2 °C; 12 h dark/light cycle with light 172  
provided between 7 a.m. and 7 p.m.). Food and water were 173  
given *ad libitum*. All procedures followed were in accordance 174  
with the regulations regarding the “protection of animals used 175  
for experimental and other scientific purposes” from the 176  
relevant Directive of the European Community (86/609/CEE) 177  
and French legislation. The present protocol was approved by 178  
the Ethical Committee of our Institute. 179

### 180 Drugs

Soman (>97% pure as assessed by gas chromatography) was 181  
supplied by the Centre DGA maîtrise NRBC du Bouchet (Vert- 182  
le-Petit, France). Solutions were freshly prepared by diluting 183  
the initial stock solution (2 mg/mL in isopropanol) in 0.9% 184  
(w/v) saline prior to the injection. The oxime HI6 dichloride 185  
was a generous gift of DRDC Suffield (Canada). Methyla- 186  
tropine nitrate and atropine sulfate (AS) were purchased from 187  
Sigma Chemicals (France). Midazolam (MDZ) and ketamine 188  
(KET) were purchased from Panpharma SA (France). 189

## 190 Experimental Design

191 Mice were pretreated with HI6 dichloride (50 mg/kg i.p.) and  
192 methylatropine nitrate (4 mg/kg i.p.), 5 min prior to either  
193 soman (172  $\mu\text{g}/\text{kg}$  ca. 0.6  $\text{LD}_{50}$  in the presence of HI-6  
194 pretreatment, s.c. in the nape of the neck) or saline injection  
195 (200  $\mu\text{L}$ , s.c.). The oxime HI6 dichloride, an acetylcholinester-  
196 ase reactivator, and methylatropine nitrate, an antagonist of  
197 peripheral muscarinic receptors, were used to limit lethality due  
198 to respiratory distress.

199 This protocol is identical or very similar to those routinely  
200 used in our laboratory<sup>4,11,15,16,27</sup> and can serve as a model for  
201 RSE with a high survival rate in absence of any therapy. For the  
202 two challenge conditions, either intoxication with soman (SOM  
203 groups) or no intoxication (SHAM groups), four different  
204 treatment protocols were considered, leading to eight groups:

- 205 (1) Classical “antidote” treatment (MDZ/AS): SOM MDZ/  
206 AS and SHAM MDZ/AS groups. This protocol  
207 efficiently controls seizures when administered immedi-  
208 ately after challenge. MDZ (25 mg/kg) and AS (10 mg/  
209 kg) were administered i.p. only once in two separate  
210 injections.
- 211 (2) Ketamine 1 h treatment (KET1h/AS): SOM KET1h/AS  
212 and SHAM KET1h/AS groups. This protocol controls  
213 the RSE when administered for the first time 1 h after  
214 challenge. KET (100 mg/kg) and AS (10 mg/kg) were  
215 administered in two separate injections 1 h after  
216 intoxication. At 2 and 3 h postchallenge, KET (50 mg/  
217 kg) and AS (10 mg/kg) were injected i.p. in two separate  
218 injections.
- 219 (3) Ketamine 2 h treatment (KET2h/AS): SOM KET2h/AS  
220 and SHAM KET2h/AS groups. This protocol does not  
221 properly control the refractory SE when administered 2 h  
222 after challenge. The same protocol as KET1h was used  
223 but started 2 h after challenge.
- 224 (4) Control protocol: SOM SAL and SHAM SAL groups.  
225 Three injections of saline (200  $\mu\text{L}$  i.p.) replaced the  
226 treatments, one injection every hour starting 1 h after  
227 challenge (to match the KET/AS groups where the  
228 treatments were administered three times).

229 All animals were observed for 6 h postchallenge, and the  
230 signs and symptoms of the intoxication were recorded. Mice  
231 were weighed just before any treatment and every day  
232 postchallenge until euthanized. The body weight loss after  
233 soman poisoning may be considered as a good indicator of the  
234 global health status of the mice and a surrogate marker of  
235 central damage.<sup>9,15,52,53</sup>

## 236 Histological Analysis

237 For this study, no SHAM groups were considered. Four groups  
238 ( $n = 21$  each) were intoxicated with soman and received one of  
239 the treatments previously described (SOM SAL, SOM MDZ/  
240 AS, SOM KET1h/AS, SOM KET2h/AS). For each group, the  
241 animals were euthanized either 24 h ( $n = 7$ ), 72 h ( $n = 7$ ) or 7  
242 days ( $n = 7$ ) after intoxication. Mice were deeply anesthetized  
243 (sodium pentobarbital, 80 mg/kg; i.p.) and transcardially  
244 perfusion-fixed with a mixture of formaldehyde (4%) and  
245 acetic acid (3%). Coronal blocks of brain, from +2 to -2.5 mm  
246 (containing the piriform cortex and the amygdala), and from  
247 -5.5 to -7 mm (containing a part of the cerebellum) relative  
248 to bregma, were embedded in paraffin. Histological sections (7  
249  $\mu\text{m}$  thick) chosen for analysis were situated approximately  
250 either -1.94 or -6 mm relative to bregma.<sup>54</sup> They were stained

with Hemalun–Phloxin (HP) for the detection of damaged 251  
(eosinophilic) cells, appearing in dark violet. On adjacent 252  
sections, reactive astrocytes were revealed by glial fibrillary 253  
acidic protein (GFAP) immunohistochemistry using a protocol 254  
previously described.<sup>15</sup> 255

Equally magnified (20 $\times$ ), high resolution (1.25 Mpixels, 48 256  
bit colors), digital images (690  $\times$  520  $\mu\text{m}$ ) from the amygdaloid 257  
nucleus, the piriform cortex and the dorsal cerebellar lobule 258  
from each mouse were acquired with an Axio Imager Z1 Zeiss 259  
microscope equipped with an Axiocam MR5 camera (Zeiss, 260  
Germany). Eosinophilic cells and astrocytes were identified on 261  
the basis of their color, shape and size and quantitated using the 262  
Axiovision image processing software (vs 4.6.3.0). Quantitation 263  
was achieved as previously described:<sup>15</sup> within each chosen 264  
brain structure, the number of eosinophilic cells on the HP- 265  
stained sections and the percentage of the surface occupied by 266  
GFAP positive cells on the GFAP-treated sections were 267  
determined. The results are expressed as the mean  $\pm$  SEM 268  
calculated for each group and at each time point. 269

## <sup>1</sup>H HRMAS NMR Spectroscopy 270

**Biopsy Preparation.** For each group and each time point, 271  
5–9 mice depending on the group size were euthanized 4, 24, 272  
48, or 72 h and 7 days after challenge. Mice were decapitated, 273  
and their brains were rapidly removed and dissected on ice for 274  
the preparation of HRMAS biopsies. Two samples were 275  
chosen: the first contained the piriform cortex and amygdala 276  
(PIR/AMG) from both hemispheres, as severely damaged 277  
areas; the second was the cerebellum (CER), an area that 278  
remains apparently structurally intact. These biopsies were 279  
obtained using a coronal dissection matrix allowing the 280  
dissection of slices (2–3 mm thick) located from +0.5 to 281  
-2.5 mm (for PIR/AMG) or from -5.5 to -7.5 mm (for 282  
CER) relative to the bregma. They were immediately frozen in 283  
liquid nitrogen. Approximately 15 mg of the frozen biopsies 284  
were used for each assay. 285

**HRMAS Data Acquisition.** Proton NMR spectra were 286  
recorded on a Bruker Avance 400 spectrometer (proton 287  
frequency 400.13 MHz) equipped with a 4 mm <sup>1</sup>H–<sup>13</sup>C–<sup>31</sup>P 288  
HRMAS probe-head. Samples were spun at 4000 Hz. 1D 289  
spectra were all acquired with a Carr–Purcell–Meiboom–Gill 290  
(CPMG) pulse sequence to attenuate macromolecule and lipid 291  
resonances, synchronized with the spinning rate (interpulse 292  
delay 250  $\mu\text{s}$ , total spin echo time 30 ms). Residual water signal 293  
was presaturated during the 2 s relaxation delay time. Total 294  
acquisition of one spectrum with 256 scans lasted 16 min. 295  
Resonance assignment was performed as previously de- 296  
scribed.<sup>55</sup> 297

**Data Processing.** Quantitation was performed with the 298  
package software jMRUI using the “subtract-QUEST” 299  
procedure.<sup>56</sup> This procedure uses a simulated metabolite 300  
database (for details, see Rabeson<sup>55</sup>). Twenty-one metabolites 301  
were included in the database: acetate (Ace), alanine (Ala), 302  
aspartate (Asp), creatine and phosphocreatine (Cr), choline 303  
(Cho), ethanolamine (Eth),  $\gamma$ -amino-butyric acid (GABA), 304  
glutamate (Glu), glutamine (Gln), glutathione (Gsh), glycer- 305  
ophosphocholine (GPC), glycine (Gly), lactate (Lac), myo- 306  
inositol (M-ins), *N*-acetylaspartate (NAA), phosphoethanol- 307  
amine (PE), phosphocholine (PC), scyllo-inositol (S-ins), 308  
serine (Ser), taurine (Tau) and valine (Val). The amplitude 309  
of each metabolite signal calculated by QUEST was normalized 310  
to the total spectrum signal. The Cramer Rao lower bounds 311  
(CRLB) calculated by the jMRUI algorithm are estimates of the 312

313 standard deviation of the fit for each metabolite. For 17  
314 metabolites, CRLB was either  $\leq 5$  or  $\leq 25\%$  (Ace, Asp). They  
315 were all included in the statistical analysis. Only four  
316 metabolites (Eth, S-ins, Ser and Val), showed a CRLB  $\geq$   
317 50% and were excluded from the statistical analysis.

### 318 Statistical Analysis

319 **Univariate Statistical Analysis.** All metabolic data, image  
320 quantitations or body weight changes are expressed as mean  $\pm$   
321 SEM. Data were analyzed using the Kruskal Wallis ANOVA by  
322 ranks to compare the different post treatment groups. These  
323 tests were followed by a post hoc multiple comparison test: at  
324 each time, treated groups (MDZ/AS, KET1h/AS, KET2h/AS)  
325 were compared to the SHAM groups or to the intoxicated,  
326 untreated mice (SOM SAL group) (Statistica v. 6.1 software,  
327 Statsoft, Inc.). The level of significance was set at  $\alpha = 5\%$ .

328 **Multivariate Statistical Analysis.** *Statistical Model of*  
329 *Soman Intoxication ("Soman Model").* The statistical model  
330 of soman intoxication, named "soman model", was built with  
331 data from the SOM SAL and SHAM SAL groups and from our  
332 previous study.<sup>27</sup> The only difference between the two studies  
333 consists in the injection of saline in the present work, which was  
334 not used in the previous one. The amplitude of each metabolite  
335 quantitated after HRMAS analysis were then imported into the  
336 SIMCAP V12 software (Umetrics AB, Umea, Sweden) as  $X$   
337 variables. They were mean centered, scaled to unit variance  
338 (i.e., weighted by  $1/\text{standard deviation}$  for a given variable) and  
339 grouped in a first principal component analysis (PCA),  
340 resulting in a total matrix of 102 observations (mice) and 17  
341 variables. This allows us to rapidly evaluate quality and  
342 homogeneity of data and to find clusters for further supervised  
343 statistical analysis. It appeared that the observations of the  
344 previous<sup>27</sup> and present HRMAS studies were well grouped,  
345 even if some differences could be observed for some variables  
346 individually (see the Results section). Consequently, all data  
347 were included in the model to increase its statistical power.

348 Then partial least square discriminant analyses (PLS-DA)<sup>57</sup>  
349 were run with the clusters that appeared in PCA analysis as  $Y$   
350 variables, in order to build a model that optimizes the  
351 separation between them. The number of components was  
352 determined using the cross validation procedure that produces  
353  $R^2Y$  and  $Q^2$  factors. The  $R^2Y$  value indicates the goodness of fit,  
354 while the  $Q^2$  value is a measure of the predictability of the  
355 model. It is generally considered that  $R^2Y > 0.5$  and  $Q^2 > 0.5$   
356 are decent values.

357 In order to obtain an estimate of the significance of the  $Q^2$   
358 value, the model was validated using random permutations of  
359 the  $Y$  matrix (999 permutations). For each permuted  $Y$ ,  $Q^2$  is  
360 recalculated, and the correlation coefficients between the  
361 original  $Y$  and the permuted  $Y$  versus the cumulative  $Q^2$  are  
362 represented by a regression line whose value to the origin must  
363 be negative, indicating the absence of any overfitting in the  
364 model.<sup>58</sup> The same procedure is applied to  $R^2Y$  values.

365 Moreover, the reliability of our PLS-DA model was assessed  
366 by a CV-ANOVA test (analysis of variance testing of cross-  
367 validated predictive residuals). With this method, the  
368 metabolites also received a variable importance in the  
369 projection (VIP) that allows ranking them according to their  
370 contribution to the model.

371 *Prediction of Treatment Efficacy Using the "Soman*  
372 *Model".* Finally, we compared the output of the model with  
373 the actual results obtained following the administration of the  
374 neuroprotective treatments. Treated animals, intoxicated or

not, were imported in the model with no a priori class 375  
assignment, and the score scatter plots drawn for graphical 376  
inspection. These observations were classified using the vicinity 377  
criterion. Moreover, the classification rate (in percentage) in 378  
the SHAM SAL group was produced to evaluate the efficacy of 379  
the treatment. 380

## 381 RESULTS

### 382 Clinical Course of the Animals

383 Mice from SHAM SAL group did not present any behavioral 384  
modification after any of the injections. Mice from the SHAM 385  
MDZ/AS group presented a sedation lasting 3–4 h after 386  
treatment, and mice from KET/AS groups presented sedation 387  
between the first and the second injection and during 30–45 388  
min after the second and the third injection. The first KET 389  
injection was performed with a high anesthetic dose (100 mg/  
kg). Despite the use of a reduced dosage for the second and 390  
third administration, 8% of the mice treated with the KET/AS 391  
protocol alone died, presumably from a KET overdose or 392  
because of the combination with AS. 393

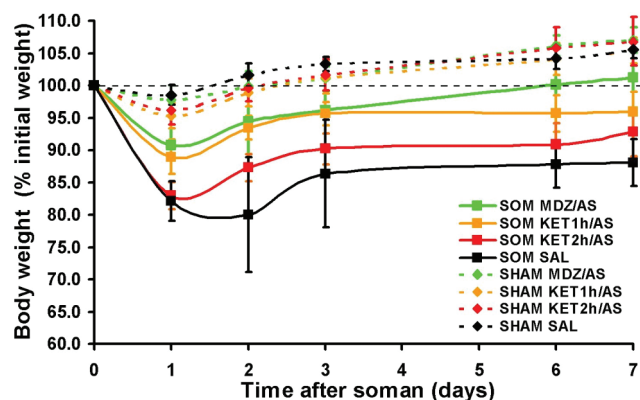
394 Whatever their treatment, SHAM mice only showed a very 395  
limited loss of their body weight at 24 h followed by complete 396  
recovery of the prechallenge weight at 48 h. Weight then 397  
regularly increased during the following days.

398 The immediate administration of an anticonvulsant therapy 399  
(MDZ/AS) to soman poisoned mice prevented the appearance 400  
of convulsions and induced a quick sedation. Only small 401  
fasciculation could be observed in 60% of the mice. Their body 402  
weight loss was limited (ca. 10% at 24 h), and a complete 403  
recovery of body weight was observed at day 7.

404 Conversely, without the MDZ/AS treatment (animals from 405  
the groups SOM SAL, SOM KET1h/AS and SOM KET2h/  
AS), strong continuous convulsions appeared 3–8 min after 406  
soman intoxication in 80% of the mice, while 20% presented 407  
discontinuous convulsions. When no treatment was given 408  
(SOM SAL group) convulsions lasted for 4–8 h with a 409  
decreasing intensity. Twenty-five percent of these animals died 410  
between 10 min to 6 h after intoxication. The survivors 411  
experienced a drastic body weight loss (Figure 1), reaching 412  
about  $-20\%$  two days postchallenge and very poor recovery in 413  
the following days ( $-12\%$  at day 7). All mice from the SOM 414  
KET1h/AS and SOM KET2h/AS groups convulsed until the 415  
first injection of KET; convulsions then disappeared when 416  
sedation started. In some mice of the SOM KET2h/AS group, 417  
convulsions reappeared when the sedation waned between two 418  
subsequent KET injections. 7 and 9% of the mice from SOM 419  
KET1h/AS and SOM KET2h/AS groups died from intox- 420  
ication before the first injection of KET/AS, and 7 and 14% 421  
died after KET/AS treatment. Interestingly, the body weight 422  
loss of surviving animal treated 1 h after soman (SOM KET1h/  
AS) was similar to that of the MDZ/AS group (ca.  $-10\%$  at 24 423  
h) but with only a partial recovery ( $-4\%$  at day 7). Conversely, 424  
the body weight loss of animal treated 2 h after soman (SOM 425  
KET2h/AS) was comparable to that of mice not receiving any 426  
treatment (SOM SAL) at 24 h ( $-17\%$ ) but with a better 427  
recovery ( $-7\%$  at day 7). 428  
429

### 430 Brain Histology

431 In the SOM SAL group, HP-stained sections of PIR and AMG 432  
showed numerous eosinophilic cells 24 h ( $92 \pm 12$  and  $200 \pm$  433  
 $12$  stained cells per micrograph, respectively) and 72 h 434  
postchallenge ( $83 \pm 17$  and  $194 \pm 29$  stained cells per 435  
micrograph, respectively) (Figure 2A,B). At day 7, the number 435



**Figure 1.** Evolution of the body weight of mice, either challenged with soman (SOM) or saline (SHAM), and then receiving one of the four treatments: saline (SAL), MDZ/AS, KET1h/AS, or KET2h/AS. Mice used for the HRMAS experiments are presented. For each group and at each time, results are expressed as the mean  $\pm$  SEM of the percentage of the initial body weight ( $n = 28$  in each group at the beginning of the experiment; 7 mice were then taken out at each analysis time). At each time, all points of SOM groups were significantly different from the SHAM SAL group ( $p < 0.001$ ) except at 6 and 7 days for the SOM MDZ/AS group.

436 of these damaged cells either continued to increase (PIR:  $161 \pm$   
437  $51$  stained cells) or tended to decrease (AMG:  $94 \pm 26$  stained  
438 cells). An astrocytic activation, already important at 72 h, and  
439 even stronger at day 7, was detected in AMG. In PIR, the  
440 astrocytic activation was comparatively delayed, appearing only  
441 at day 7. In the CER neither damaged cells nor astrocytic  
442 activation were observed (Figure 2A,B).

443 When seizures were prevented or immediately stopped  
444 (MDZ/AS group), PIR and AMG were devoid of any HP-  
445 detectable brain damage or of any astrocytic activation (Figure  
446 2A,B).

447 Compared to the SOM SAL group, the number of  
448 eosinophilic cells in the PIR and AMG from the KET1h/AS  
449 and KET2h/AS groups, although showing grossly similar  
450 temporal profiles, was either considerably reduced (KET1h/  
451 AS: 70–80% decrease of the number of stained cells) or  
452 moderately reduced (KET2h/AS: 30–45% decrease of the  
453 number of stained cells) for any of the time points. GFAP  
454 immunoreactivity in sections of the KET1h/AS and KET2h/AS  
455 groups, 72 h postchallenge (important in the AMG; almost  
456 negligible in the PIR), were similar to that seen in the SOM  
457 SAL group at the same time point and location. However,  
458 compared to the important GFAP immunoreactivity seen at  
459 day 7 in the SOM SAL group, KET/AS treatment had a clear  
460 impact and reduced the GFAP immunoreactivity area:  $-70$  to  
461  $-80$  and  $-40\%$  in the KET1h/AS and KET2h/AS groups  
462 respectively.

463 In all groups, CER was devoid of any apparent damaged cells  
464 and of astrocytic activation.

#### 465 Temporal Profile of the Metabolite Changes

466 **Effect of the Treatment Paradigms in Nonpoisoned**  
467 **Mice.** Compared to mice of the SHAM SAL group, none of the  
468 anticonvulsant treatments appeared to induce any long-lasting  
469 changes in brain metabolite levels in PIR/AMG or CER. In  
470 Figure 3 and 4, only the SHAM SAL group is thus presented.  
471 However, at 4 h, during sedation, there was a significant  
472 decrease of Glu in PIR/AMG in the three treatment groups

(SHAM MDZ/AS:  $-14\%$ , SHAM KET1h/AS:  $-14\%$  and  
473 SHAM KET2h/AS:  $-18\%$ ). 474

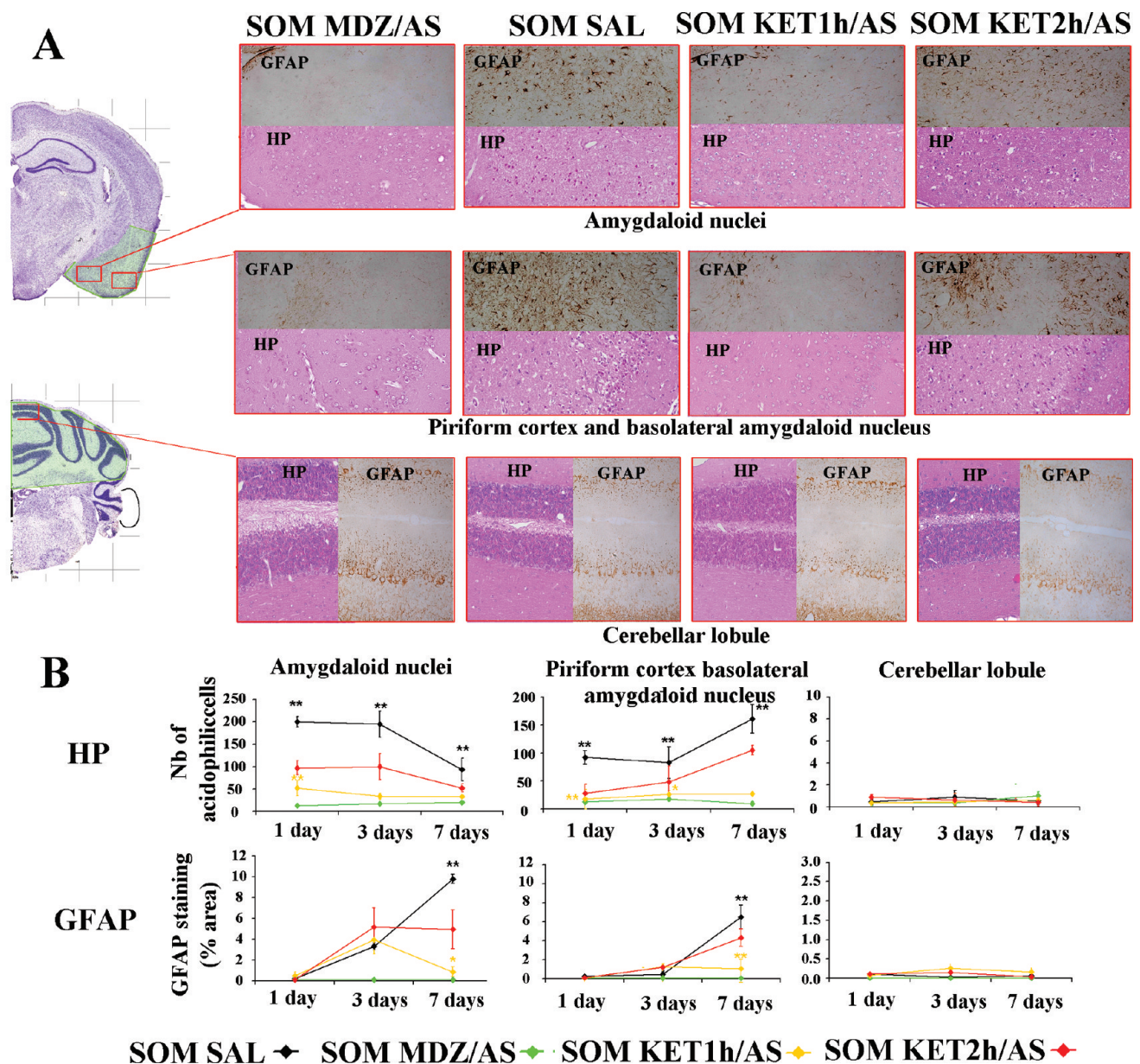
**Effect of Soman and Soman-Induced Seizures (SOM**  
**SAL vs SHAM SAL).** In the PIR/AMG, 13 metabolites  
476 significantly varied in the SOM SAL group as compared to the  
477 SHAM SAL group, in accordance with our previous work.<sup>27</sup> We  
478 focused in this paper on 8 of them that could be more easily  
479 related to pathophysiological events, since they showed the  
480 most important changes and received the highest VIP values  
481 (see next paragraph, multivariate statistical analysis): Lac,  
482 lactate; Gln, glutamine; Ala, alanine; Ace, acetate; GPC,  
483 glycerophosphocholine; NAA, *N*-acetylaspartate; M-ins, myo-  
484 inositol; and Tau, taurine. The other metabolites were  
485 presented and discussed in our previous paper.<sup>27</sup> 486

A long-lasting increase of Lac was noted from 24 h to day 7  
487 postsoman, with a maximal increase ( $+55\%$ ) after 72 h.  
488 Although decreasing thereafter, Lac level remained well above  
489 that measured in the SHAM SAL group (Figure 3A). Gln  
490 (Figure 3B) significantly increased at 24 h and reached a  
491 maximal elevation at 48 h ( $+36\%$ ). It then decreased to reach  
492 an almost normal value at day 7. An increase of Ala (Figure 3C)  
493 was noted as soon as 4 h post soman, peaking at 48 h ( $+107\%$ ),  
494 and decreasing thereafter to the control level at day 7. A  
495 significant but transient increase ( $+95\%$ ) of Ace occurred,  
496 appearing only 4 h postchallenge (Figure 3D). An increase of  
497 GPC (Figure 3E) was also detected, reaching a plateau at 24 h  
498 (about  $+40\%$ ) until 72 h, before complete normalization at day  
499 7. NAA levels (Figure 3F) apparently decreased over time with  
500 the lowest level being recorded at 72 h ( $-43\%$ ) and were  
501 significantly different from the nonpoisoned animals. Despite a  
502 tendency to reincrease afterward, NAA level was still far from a  
503 complete normalization at day 7 ( $-27\%$ ). As for NAA, M-ins  
504 (Figure 3G) also decreased, and the lowest level was observed  
505 from 24 to 72 h (about  $-30$  to  $35\%$ ) before complete  
506 normalization at day 7. Finally, Tau (Figure 3H) slightly, but  
507 continuously, tended to decrease over the duration of the  
508 experiment, with the drop reaching statistical significance only  
509 at day 7 ( $-14\%$ ). 510

The CER of poisoned mice showed only limited changes  
511 compared to the SHAM SAL group: a significant decreases of  
512 NAA ( $-15\%$ ) at 72 h (Figure 4C) and of M-ins ( $-13\%$ ) at 24  
513 h (Figure 4D). 514

**Effect of the Nature and Timing of Administration of**  
**the Anticonvulsant Treatments (SOM MDZ/AS, SOM**  
**KET1h/AS, SOM KET2h/AS vs SOM SAL and SHAM SAL).**  
517 **Effects of an Immediate Seizure Arrest (SOM MDZ/AS**  
518 **Group).** In the PIR/AMG, the immediate therapy prevented  
519 or reversed all the metabolic disturbances observed in poisoned  
520 animals. In the CER, the very limited soman-induced changes  
521 were also abated. 522

**Effects of a 1 h Delay in KET/AS Treatment Initiation.**  
523 KET/AS treatment, given 1 h after soman poisoning, could also  
524 normalize soman-induced changes of 5 out of the 8 metabolites  
525 of interest (Lac, Gln, Ace, M-ins and Tau) in PIR/AMG.  
526 Conversely, the protection afforded by KET1h/AS appeared  
527 incomplete for the other three metabolites, viz. Ala, GPC and  
528 NAA. For Ala (Figure 4B), a complete normalization was  
529 obtained at 4 and 24 h. However, at 48 h ( $+43\%$ ) and 72 h  
530 ( $+48\%$ ), although lower than in the SOM SAL group, the level  
531 remained above the control values observed in the SHAM SAL  
532 group, with the difference being significant only at 72 h. For  
533 GPC (Figure 3E), although the significant increase at 24 h  
534 postchallenge remained, the delayed treatment appeared to 535



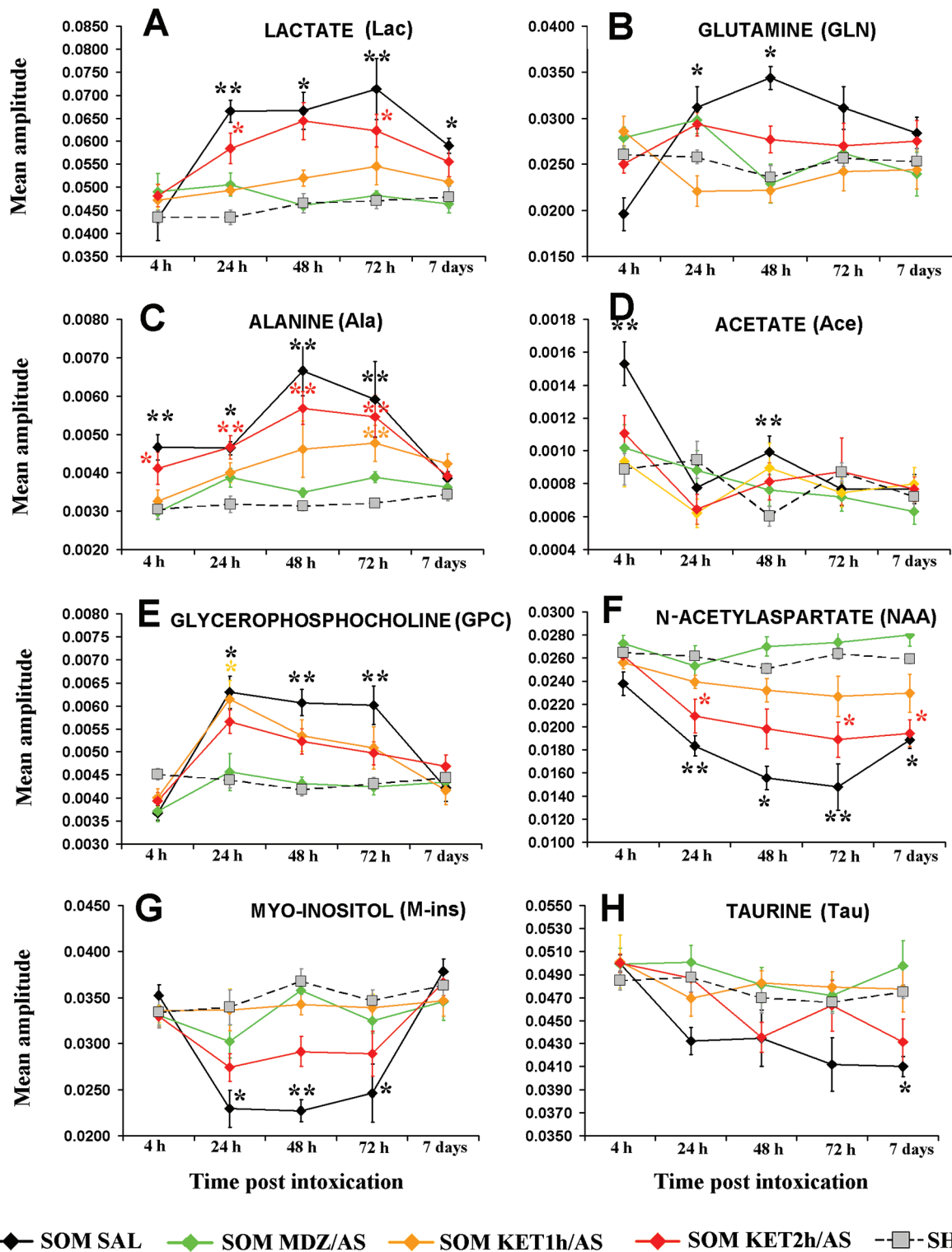
**Figure 2.** (A) Plates of coronal sections taken from Paxinos and Franklin mouse brain atlas.<sup>54</sup> The red rectangles are the areas chosen to acquire the micrographs. Examples of micrographs 3 days (HP) or 7 days (GFAP) postchallenge from SOM SAL, SOM MDZ/AS, SOM KET1h/AS, and SOM KET2h/AS groups. The green zones on the coronal diagrams are the locations of the biopsies used in the HRMAS study. (B) Quantitative histology. On the HP-stained sections, the number of eosinophilic cells per microphotograph was counted and expressed as the mean  $\pm$  SEM ( $n = 7$  for each time and each group). On the sections processed for GFAP immunohistochemistry, the percentage of the microphotograph area occupied by reactive astrocytes was measured and expressed as the mean value  $\pm$  SEM ( $n = 7$  for each time and each group). The diagrams show the results obtained in the amygdala, piriform cortex, and cerebellum of the SOM SAL (black curves), MDZ/AS (green curves), KET1h/AS (orange curves), and KET2h/AS (red curves) groups. Groups were statistically compared by an ANOVA per ranks followed by a posthoc test: black \*\*  $p < 0.01$  between SOM SAL and SOM MDZ/AS groups, and orange \*\*  $p < 0.01$ , \*  $p < 0.05$  between SOM KET1h/AS and SOM SAL groups.

536 progressively normalize GPC levels (+22 and +16% at 48 and  
537 72 h in the SOM KET1h/AS group vs +39 and +38% at the  
538 same time points in the SOM SAL group). For NAA, a  
539 decrease was recorded in the SOM KET1h/AS group with,  
540 compared to the SOM SAL group, similar temporal profile but  
541 with reduced values (maximal change: -13% at 72 h in the  
542 SOM KET1h/AS group vs -43% in the SOM SAL group). In  
543 the CER, the very limited soman-induced changes were no  
544 more detectable.

545 *Effects of a 2 h Delay in KET/AS Treatment Initiation.* In  
546 PIR/AMG, when the initiation of treatment was further

547 delayed, only one metabolite, Ace, showed a return to control  
548 levels (Figure 3A). For GPC, no difference appeared with  
549 KET1h/AS group. For the six other metabolites (Lac, M-ins,  
550 NAA, Gln, Ala, Tau), they grossly followed the same temporal  
551 profiles as those observed in the group of nontreated animals  
552 (Figure 3). However, although the amplitude of variation  
553 (decrease or increase depending on the metabolite) was  
554 reduced, the metabolite levels never significantly differed from  
555 those of the SOM SAL group and often remained significantly  
556 different from those of the SHAM SAL group. As for the other

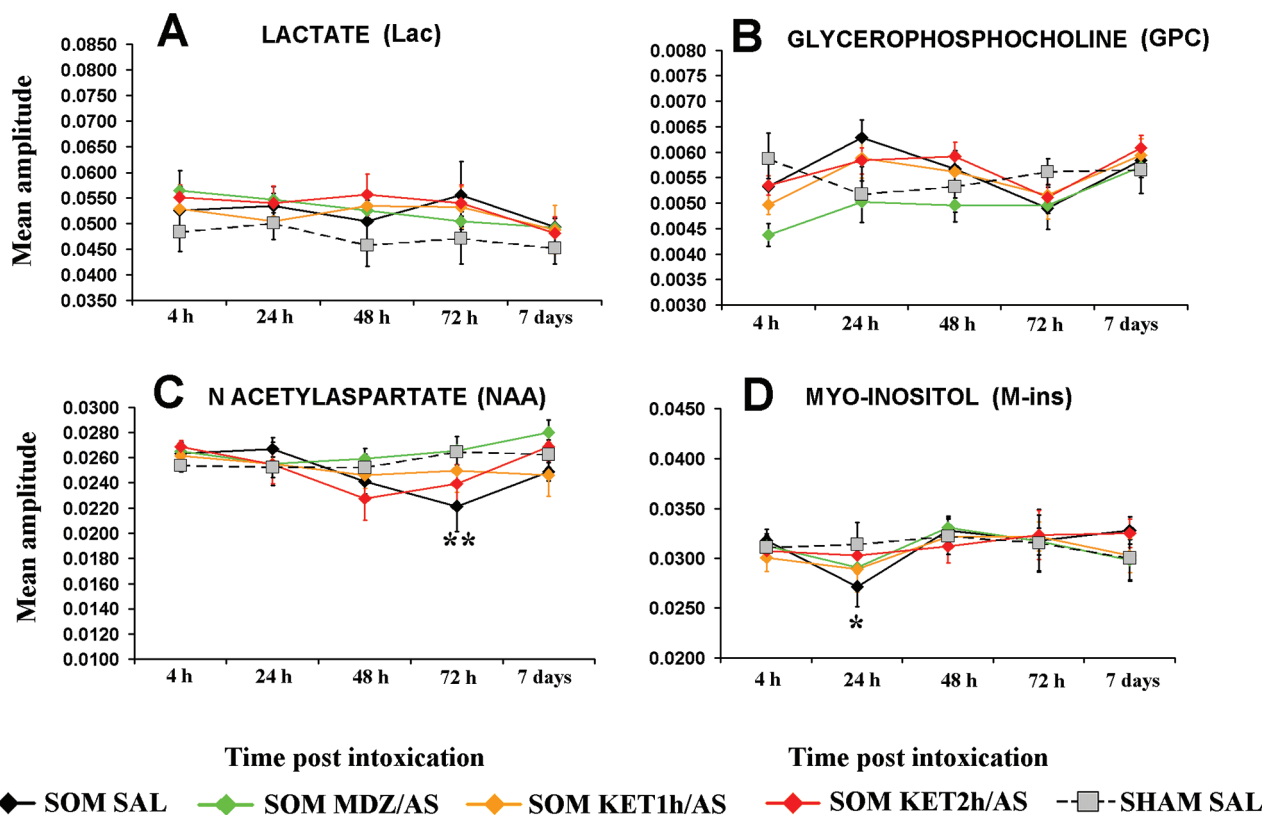
## Piriform cortex and Amygdala



**Figure 3.** Evolution of mean metabolite amplitudes  $\pm$  SEM from 4 h to 7 days after soman intoxication in PIR and AMG for the four SOM groups (solid line and full diamond) and the SHAM SAL group (dashed line and gray open square). Black, saline treatment (SAL); green, MDZ/AS treatment; orange, KET1h/AS treatment; red, KET2h/AS treatment. Groups were statistically compared by an ANOVA per ranks followed by a posthoc test: black \*\*  $p < 0.01$ , \*  $p < 0.05$  between SOM SAL and SHAM SAL groups; green \*\*  $p < 0.01$ , \*  $p < 0.05$  between SOM MDZ/AS and SHAM SAL; orange \*\*  $p < 0.01$ , \*  $p < 0.05$  between SOM KET1h/AS and SHAM SAL groups; and red \*\*  $p < 0.01$ , \*  $p < 0.05$  between SOM KET2h/AS and SHAM SAL groups. For the sake of clarity, all the statistical differences with SOM SAL group are omitted.



## Cerebellum



**Figure 4.** Evolution of mean metabolite amplitudes  $\pm$  SEM from 4 h to 7 days after soman intoxication in CER for the four SOM groups (solid line and full diamond) and the SHAM SAL group (dashed line and gray open square). Black, saline treatment (SAL); green, MDZ/AS treatment; orange, KET1h/AS treatment; red, KET2h/AS treatment. Groups were statistically compared by an ANOVA per ranks followed by a posthoc test: black \*\*  $p < 0.01$ , \*  $p < 0.05$  between SOM SAL and SHAM SAL groups.

557 two treatment paradigms, the soman-induced changes in  
558 metabolite levels in CER were no longer detected.

### 559 Multivariate Statistical Analysis

560 **Statistical Model of the Soman-Induced Metabolic**  
561 **Changes in PIR/AMG ("Soman Model").** The PCA analysis  
562 (data not shown) allowed us to identify four groups among the  
563 102 observations ( $n = 57$  from the present study and  $n = 45$   
564 from the previous study<sup>27</sup>). These groups were considered as Y  
565 classes for the PLS-DA analysis. They are labeled as follows:  
566 SHAM SAL for the class containing all nonintoxicated animals,  
567 SOM SAL 4 h for the class of animals euthanized 4 h post  
568 soman, SOM SAL 24–72 h for the class containing animals  
569 euthanized 24, 48, and 72 h after soman and finally SOM SAL 7  
570 d for the group containing animals euthanized at day 7 after  
571 soman.

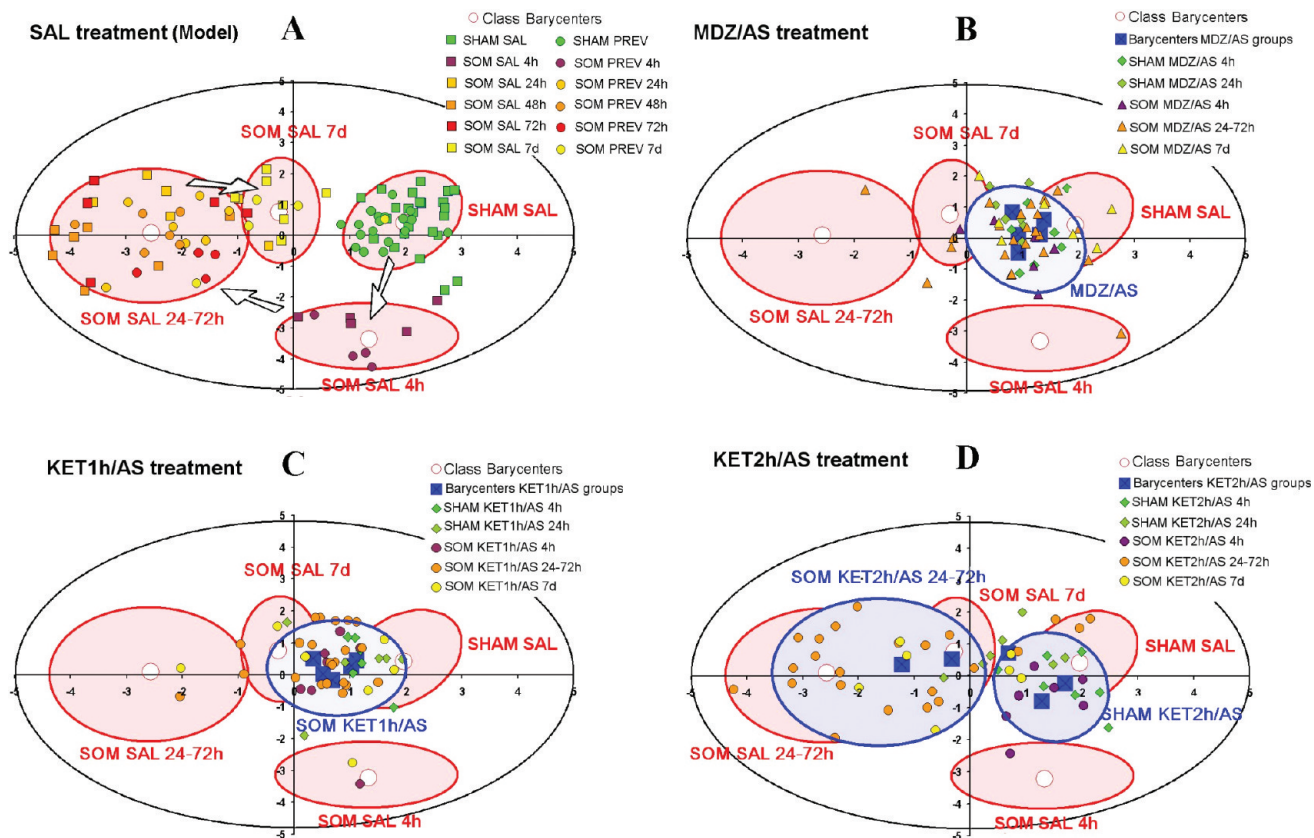
572 The observation of the score plot of our PLS-DA model  
573 provided a global view of all metabolic events. First, it showed a  
574 clear separation between SHAM SAL and SOM SAL classes  
575 (Figure 5A). Second, a hypothetical evolution pathway over  
576 time was suggested starting from SHAM SAL class and ending  
577 to SOM SAL 7 d class. Finally, it can be observed that SOM  
578 SAL 24–72 h and SHAM SAL classes are opposed relative to  
579 the first component axis, and that SOM SAL 7 d class is close to  
580 the SHAM SAL class.

581 **Validation of the Model.** Our PLS-DA model was built  
582 with three components and was characterized by a good fit  
583 ( $R^2Y = 0.64$ ) and predictability ( $Q^2 = 0.62$ ). As shown by

permutation tests, no permuted value outperformed the 584  
original values either for  $R^2Y$  or  $Q^2$ . The  $Q^2$ -intercept was 585  
clearly negative, evidencing the absence of any overfit of the 586  
model for SHAM SAL (Figure 6A), SOM SAL 4 h, and SOM 587  
SAL 24–72 h classes. For SOM SAL 7 d group, some  $R^2Y$  and 588  
 $Q^2$  values of permuted models were equivalent or greater than 589  
the original one (not shown). However, the CV-ANOVA test 590  
indicated highly significant ( $p < 10^{-6}$ ) differences between 591  
classes. 592

Eight metabolites (variables) had a VIP  $> 1$  (NAA, Ace, M- 593  
Ins, GPC, Lac, Ala, Gln and Tau), indicating their most 594  
important contribution in discriminating metabolic profiles 595  
between the four classes (Figure 6B). Moreover, the 596  
importance of variables in each class could be deduced from 597  
the observation of the loading scatter plot (Figure 6C). Two 598  
groups of variables were opposed along the first component: 599  
GPC, Lac and Gln on the left, associated with SOM SAL 24– 600  
72 h class and M-ins, NAA on the right, associated with SHAM 601  
SAL class. This indicates that variables in the first group were at 602  
their highest level in the SOM SAL 24–72 h class and that 603  
variables in the second group were at their lowest level in this 604  
class. Figure 6C also shows that Ace was at its highest level in 605  
the SOM SAL 4 h class. 606

**Prediction of Treatment Efficacy Using the "Soman 607**  
**Model".** As the statistical model described above presented a 608  
relatively good predictive power ( $Q^2 = 0.6$ ), it was used to 609  
predict the efficacy of treatments (drug combinations and 610



**Figure 5.** (A) “Soman model”: First two components score plot of the PLS-DA model obtained using the quantitated metabolite amplitudes from PIR/AMG of SHAM SAL group ( $n = 25$ ), SHAM from the previous (PREV) experiment ( $n = 18$ ), SOM SAL group ( $n = 32$ ), and SOM from previous experiment ( $n = 27$ ). The red ellipses were drawn around observations of the four classes: “SHAM SAL” (green), “SOM SAL 4 h” (purple), “SOM SAL 24–72 h” (red and orange), and “SOM SAL 7 d” (yellow). The separation between classes is clearly observed. A hypothetical evolution pathway over time is suggested by the arrows. (B, C, D) Projection of treated animals, whether intoxicated or not (blue ellipses); the red ellipses represent the four classes of the “soman model” described in A.

611 timing of administration), considering that animals treated with  
 612 the most efficient paradigm should be classified in the SHAM  
 613 SAL group.

614 Score plot projections (Figure 5) and the classification table  
 615 (Table 1) well synthesized the individual metabolic profiles and  
 616 their normalization by treatments.

617 As expected, all animals of the SHAM MDZ/AS (Figure 5B),  
 618 SHAM KET1h/AS (Figure 5C), SHAM KET2h/AS (Figure  
 619 5D) groups appeared in the immediate vicinity of the SHAM  
 620 SAL class and had a high classification rate of 91–92% (Table  
 621 1). This well depicts the limited impact of the considered  
 622 treatment paradigms on brain metabolism in nonintoxicated  
 623 mice.

624 Concerning SOM groups, both the SOM MDZ/AS and  
 625 SOM KET1h/AS mice were also projected close to the SHAM  
 626 SAL class (Figure 5B,C), with more than respectively 84 and  
 627 76% of animals that could fit in this class (Table 1). In contrast,  
 628 SOM KET2h/AS animals clearly differed from those of SHAM  
 629 SAL (Figure 5D), and less than 35% of them were classified in  
 630 the SHAM SAL class, while more than 50% had a metabolic  
 631 profile of the SOM/SAL 24–72 h class (Table 1). This  
 632 indicates that the delayed administration of KET/AS, 2 h  
 633 postchallenge, appeared poorly effective to counteract soman-  
 634 induced metabolism disturbances in the brain.

635 We can note that 4 h after intoxication, in the PLS-DA  
 636 “soman model”, very few animals (2/21) from MDZ/AS,  
 637 KET1h/AS or KET2h/AS groups were found in the SOM SAL

4 h zone. At this time, all these animals were sedated or just out  
 of anesthesia. This tends to confirm that the SOM SAL 4 h  
 zone can be considered as a “seizure zone”, a metabolic state  
 specific to animals with long lasting seizures.

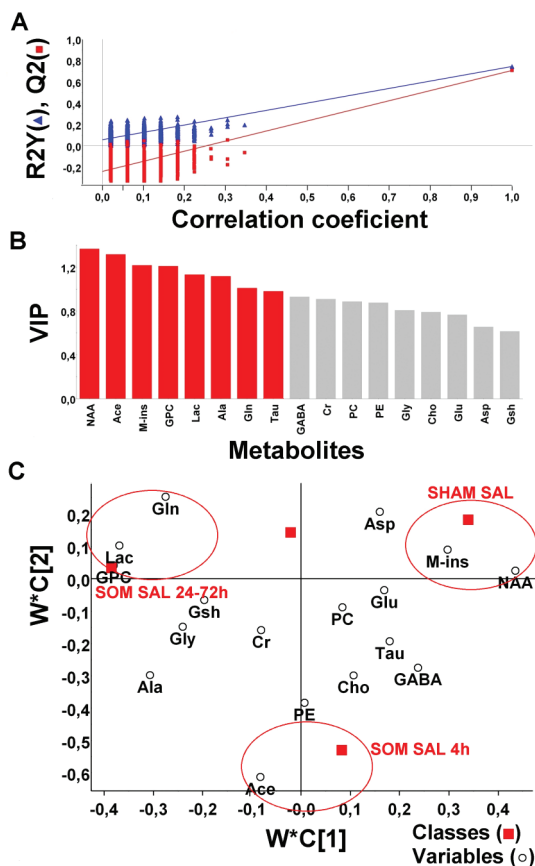
In the CER, no group appeared in the PCA analysis of  
 metabolite concentrations. If the classes identified with PIR/  
 AMG were used for the PLS-DA analysis of CER, no validated  
 model could be found.

## DISCUSSION

Using several approaches (clinical symptoms, quantitative brain  
 histology and HRMAS NMR metabolic analysis), the present  
 study was undertaken to increase the confidence in our  
 previously published model<sup>27</sup> and to evaluate the impact of  
 three treatment paradigms on the soman-induced brain  
 metabolic changes: one immediate therapy known to be  
 efficient (MDZ/AS) and two delayed therapies based on the  
 combination of KET and AS. We tried to correlate the  
 metabolic changes measured by proton HRMAS NMR to  
 histopathological and clinical events.

### Effect of Soman in the Absence of Any Treatment

**Clinical Symptoms.** All mice of the SOM SAL group  
 (when they survived) showed, among other severe symptoms,  
 long-lasting convulsions and drastic and durable loss of their  
 body weight.



**Figure 6.** (A) Validation of the model for SHAM SAL class, using 999 permutations across three components. The regression line represents the correlation coefficient between the original and permuted Y-variables against  $R^2Y$  (green) and  $Q^2$  (blue). (B) VIP plot: In red are represented the metabolites with a VIP > 1. (C) Loading plot of the model, showing variables and classes. Red ellipses regroup the most determinant metabolites (variables) associated with each class.

**Table 1. Classification of Animals of the Treated Groups Using the PLS-DA “Soman Model”<sup>a</sup>**

groups of treatment	classes of the “soman model”			
	SHAM SAL	SOM SAL 4 h	SOM SAL 24–72 h	SOM SAL 7 d
SHAM MDZ/AS	32/35 (91.4%)		1/35	2/35
SHAM KET1h/AS	32/35 (91.4%)	2/35		1/35
SHAM KET2h/AS	34/37 (91.9%)		3/37	1/37
SOM MDZ/AS	31/37 (83.8%)	2/37	3/37	1/37
SOM KET1h/AS	28/37 (75.7%)	2/37	5/37	2/37
SOM KET2h/AS	14/41 (34.1%)	1/41	22/41	4/41

<sup>a</sup>The rate of classification in the SHAM SAL group (in brackets) is considered as a criterion for the evaluation of treatment efficacy.

presence/disappearance of actual electrographic seizure activity. 665 This assertion is based on (i) the available bibliographic data 666 (references in the Introduction section and in the following 667 paragraphs) and (ii) our measurement of the body weight loss 668 that is a recognized indicator of soman-induced brain 669 damage<sup>9,41,53,59</sup> and thus of long-lasting seizure activity owing 670 to the relationship between the two events.<sup>5,53,60,61</sup> Although 671 during MDZ or KET sedation, the absence of convulsions 672 cannot be only interpreted as the termination of seizures, the 673 prevention of brain damage is a good indicator of their action 674 on seizures. 675

**Histology and Metabolism.** PIR and AMG, two brain 676 areas known to be extremely sensitive to soman brain damaging 677 effects,<sup>4–7</sup> expectedly showed profound structural changes as 678 evidenced by the presence of numerous eosinophilic cells. 679

In the AMG, the number of damaged cells, as evidenced by 680 HP staining, peaked during the first three days before declining. 681 Such observation is also similar to the results obtained by 682 others in soman-intoxicated rats and mice;<sup>7</sup> this decrease of 683 damaged cells, after the third day, is mostly caused by the 684 disappearance of the damaged cells rather than by their 685 recovery,<sup>7</sup> although this can only be ascertained by a precise cell 686 counting. In the same brain area, no astrocyte activation was 687 discernible at 24 h. In literature, the delay for the induction of 688 GFAP after soman poisoning is not clearly established. Indeed, 689 some works indicated a rapid activation of astroglia within the 690 very first hours following challenge, as evidenced by the 691 increase in GFAP mRNA<sup>62,63</sup> or even GFAP immunoreactivity.<sup>14</sup> 692 In this last work, however, the animals had been operated 693 a week before soman poisoning, and this may well have induced 694 an astroglial activation. On the other hand, our results are well 695 coherent with those of others evidencing a weak or absent 696 GFAP immunoreactivity in the AMG or PIR before 2–3 days, 697 and an important increase of GFAP immunoreactivity at day 7 698 after soman exposure.<sup>4,13</sup> 699

In the PIR, the number of eosinophilic cells at 24–72 h was 700 less important than in the AMG at the same time points but, 701 instead of further decreasing, continued to increase until day 7. 702 As revealed by GFAP immunohistochemistry, astrocyte 703 activation was weak the third day of the intoxication and 704 strongly increased at day 7. All these results suggest that 705 structural damage and accompanying astrogliosis in the PIR 706 were apparently delayed compared to the AMG. To our 707 knowledge, such a phenomenon has never been reported so far. 708

Soman-induced changes on PIR and AMG metabolism were 709 not distinguished in this study, but globally, a parallelism with 710 the histological data was observed. The Lac level seemed to 711 well fit with the number of acidophilic cells (HP staining) in 712 AMG, with a large increase from 24 to 72 h and a partial 713 recovery at day 7. It is tempting to link these two perturbations 714 since lactate has been reported to be involved in tissular 715 acidosis.<sup>64</sup> However, this was not fully confirmed in PIR, where 716 acidophilic staining was increased at day 7 but not followed by 717 an increase of the Lac level. 718

The NAA decrease closely followed the inverse kinetics of 719 Lac. A decrease of this metabolite has already been reported to 720 be associated with a deficit in mitochondrial activity<sup>32</sup> but it 721 may also be related to neuronal death.<sup>65</sup> Extending the duration 722 of the study beyond 7 days might help to know the relative 723 contribution of these two events. 724

At day 7, the astrocyte activation was high in AMG and PIR, 725 while most of the metabolites recovered their control level 726 except Lac, NAA and Tau. The Tau level slowly decreased after 727

662 Despite the lack of EEG recording in the present study, our 663 clinical evaluation of the absence/presence/disappearance of 664 convulsions can be trustfully interpreted in terms of absence/

728 24 h post soman, and this decrease became significant at day 7.  
729 In a mouse model of kainate-induced SE, an increase of Tau  
730 rather than a decrease was observed in the hippocampus at day  
731 7.<sup>66</sup> More in the line of our data are the reports of antiepileptic  
732 effects of taurine treatments owing to the effects of Tau on  
733 neuronal excitability and on the modulation of recurrent seizure  
734 activity.<sup>67,68</sup> Tau was also studied in a model of long-term  
735 effects of kainate-induced seizures in rats (6 months) of less  
736 relevance to our study.<sup>35</sup> However a decrease in AMG/PIR was  
737 also reported. Therefore, a more focused study would be  
738 necessary to test if the decrease in Tau levels we observed may  
739 have functional consequences and facilitate recurrent seizures.  
740 At difference to AMG/PIR, the CER appeared free of any  
741 detectable damage (HP staining) and astrocytic activation. This  
742 observation is well in line with that of others showing that, at  
743 least in soman poisoned rodents, damage to this structure are  
744 either rare and limited to the vermis<sup>5,6</sup> or even absent.<sup>7</sup> CER  
745 also presented very little changes in metabolism confirming our  
746 previous results.<sup>27</sup> Only NAA significantly decreased 72 h after  
747 intoxication with a recovery at day 7. To the best of our  
748 knowledge, data on OP-induced changes in CER are limited.  
749 We reported some inflammatory gene response changes in a  
750 comparable mouse model.<sup>16</sup> Some more delayed modifications  
751 of cellular signaling have also been reported.<sup>69</sup> All in all, this  
752 clearly shows that CER cannot be considered as devoid of any  
753 changes.

754 **PLS-DA "Soman Model".** The PLS-DA model of soman-  
755 induced metabolic changes, built with HRMAS NMR metabolic  
756 data, provides a synthetic view of all the metabolic events  
757 occurring during the soman intoxication. It is in accordance  
758 with our previous work,<sup>27</sup> even if slight differences are observed  
759 in this study for some metabolites. The score plot and the  
760 loading plot show that there is a good agreement between the  
761 classification of metabolic profiles and the clinical observations,  
762 body weight or histopathology. More specifically, the first  
763 component of the model clearly separates SHAM SAL and  
764 SOM SAL 24–72 h classes. The latter corresponds to the  
765 period when brain lesions, cerebral edema and neuro-  
766 inflammation become more pronounced. It appears like a  
767 "neuropathological zone", with high levels of GPC, Lac and  
768 Gln, and low levels of NAA and M-ins. The second component  
769 mainly separates SOM SAL 4 h class from the others. This class  
770 is characterized by a high level of Ace, a metabolite that is not  
771 abundant in normal brain. Since animals have fully developed  
772 epileptic activity at that time point, this graphic zone could be  
773 considered as the "seizure zone". The third component allows  
774 separating SOM SAL 7 d from the other classes. A  
775 normalization of most of the metabolites is observed at this  
776 time point, and the difference with SHAM SAL mice is mainly  
777 due to NAA and Tau levels, which remain slightly decreased.  
778 This class regroups mice that are recovering.

779 In a second step, we thus challenged our model with the  
780 results obtained after treatment with anticonvulsant combina-  
781 tions.

#### 782 Effect of Treatments on Soman-Intoxicated Mice

783 **MDZ/AS Treatment.** An immediate treatment with a  
784 MDZ/AS combination prevented the appearance of con-  
785 vulsions and clearly the loss in body weight of the animals. This  
786 was paralleled by a good histological neuroprotection (neither  
787 detectable brain damage nor astrocyte activation) as well as by a  
788 good protection against the soman-induced metabolic changes,  
789 both in CER and in PIR/AMG. Furthermore, using the PLS-

DA "soman model", it appeared as the most efficient treatment,  
790 with 84% of observations classified in the SHAM SAL group.  
791 From a methodological point of view, these mice constituted a  
792 very good positive control for the evaluation of the efficacy of  
793 the other treatments. This confirms that MDZ/AS, when  
794 administered within minutes after soman intoxication, is an  
795 efficient antidote against the central effects of the poisoning and  
796 is capable to prevent seizures and related brain dam-  
797 age.<sup>40,53,70,71</sup> 798

**KET1h/AS Treatment.** During SE, benzodiazepines are  
799 usually ineffective, and combinations of KET have proven their  
800 efficacy in different animal models such as guinea pigs<sup>51</sup> as well  
801 as mice.<sup>15</sup> Administration of KET/AS 1 h postchallenge  
802 produced almost an immediate arrest of ongoing convulsions.  
803 Without EEG recording, it is not possible to ascertain that the  
804 seizures were also abated but the loss of body weight being  
805 limited, this is highly probable. Although the recovery in body  
806 weight at day 7 was less pronounced than after an immediate  
807 treatment with MDZ/AS, the body weight was not significantly  
808 different from that of the SHAM groups. Administration of  
809 KET/AS in poisoned animals also did not prove more  
810 deleterious than in nonpoisoned animals (death rate 7 and  
811 8% respectively), showing that at an appropriate dosage, KET  
812 can be used in poisoned individuals. Like in Dhote et al.,<sup>15</sup> the  
813 paradigms were here chosen to be proofs of concept. In  
814 histological sections, the number of eosinophilic cells in  
815 sensitive brain areas (AMG, PIR) was considerably reduced  
816 compared to that in the SOM SAL group. Moreover, the  
817 treatment strongly reduced most of the soman-induced  
818 metabolic changes in PIR/AMG or CER. Using the PLS-DA  
819 "soman model" (for PIR/AMG), 76% of the observations were  
820 classified in the SHAM SAL group. All these observations are  
821 thus consistent with our previous data on KET/AS  
822 combinations.<sup>15,51,52</sup> In these previous papers, we also  
823 mentioned that the neuroprotection was not complete. Here  
824 also, some perturbations could still be observed in PIR/AMG  
825 of the treated animals, e.g., in the levels of Ala, NAA and GPC,  
826 or in astrogliosis. Indeed, an important astrocytic activation was  
827 still evidenced at 72 h with a magnitude comparable to that  
828 detected at the same time in the SOM SAL group. Conversely,  
829 at day 7, KET/AS treatment could almost totally reduce GFAP  
830 immunoreactivity to the level of controls. Very comparable  
831 results were obtained at 48 h and 7 days with slightly different  
832 KET/AS paradigms in a comparable mouse model.<sup>15</sup> That  
833 seems to indicate that KET/AS, maybe because of the delay in  
834 administration, could not prevent the initiation of astrogliosis  
835 but markedly reduced its duration. Interestingly, a similar effect  
836 of KET/AS was observed on the GPC levels: while KET/AS  
837 could not prevent its increase at 24 h, the treatment apparently  
838 contributed to a faster return to control level. 839

Astrogliosis may be initiated by pro-inflammatory cytokines  
840 even in the absence of cellular damage.<sup>72–74</sup> We previously  
841 hypothesized that the GPC increase may also be related to the  
842 activation of different pro-inflammatory enzymes.<sup>27</sup> KET/AS  
843 clearly counteracted soman-induced neuroinflammation 48 h  
844 and 7 days postchallenge,<sup>15</sup> but data are lacking regarding the  
845 possible effects of these combinations on the early pro-  
846 inflammatory signals. 847

Globally, a delayed administration of KET/AS could, for  
848 many of the parameters, be as effective as an immediate  
849 treatment with MDZ/AZ. However, 1 h of fully developed  
850 seizures before KET/AS administration had an obvious impact,  
851 and in the PLS-DA "soman model", the KET1h/AS mice were 852

853 projected near the SHAM SAL zone but were more scattered  
854 than the MDZ/AS mice, and a few points even appeared in the  
855 SOM SAL 24–72 h class.

856 **KET2h/AS Treatment.** By further delaying the initiation of  
857 treatment with KET/AS to 2 h postchallenge, a reduced  
858 neuroprotection was anticipated as described earlier.<sup>51,52</sup> This  
859 was fully confirmed in the present study. The delayed  
860 administration of KET/AS only transiently stopped the  
861 convulsions in spite of repeated injections. These long-lasting  
862 seizures had a clear impact on the body weight loss that was  
863 comparable to that of untreated mice. The neuroprotection was  
864 indeed partial, with numerous eosinophilic cells and an  
865 extended astrogliosis still present although less prominent  
866 than that observed in untreated poisoned animals. The  
867 metabolic perturbations induced by the administration of  
868 soman were observed, but they were slightly reduced by the  
869 treatment. As a consequence, in the score plot of the PLS-DA  
870 “soman model”, the KET2h/AS treated mice were largely  
871 scattered, with many observations in the SOM SAL 24–72 h  
872 zone, reflecting the low efficacy of the treatment on the changes  
873 in brain metabolism.

## 874 ■ CONCLUSION

875 Using proton HRMAS NMR of mouse brain biopsies, we have  
876 established a statistical model that synthesizes all the metabolic  
877 events occurring in some areas of the brain during 7 days after  
878 soman intoxication. In this model, “control” and “pathological  
879 zones” are clearly separated. Moreover, classification with this  
880 model is robust, and the efficiency of neuroprotective  
881 treatments can be globally evaluated by the classification of  
882 treated animals in the different zones. Our results show that  
883 animals that follow the entire “soman model” pathway or that  
884 enter in the “pathological zone” will suffer from brain  
885 consequences of soman intoxication.

886 Analysis of the individual variations of each metabolite,  
887 associated with a histological approach, could help to better  
888 understand the complex pathophysiological events occurring  
889 during the intoxication and may provide leads to elaborate  
890 further treatments. Further experiments should also focus on  
891 the changes in metabolism occurring beyond 7 days, e.g., in  
892 order to confirm or not the recovery of NAA, Lac or Tau. The  
893 hypothetical link between GPC and inflammation has to be  
894 more precisely investigated. Metabolic profiling using HRMAS  
895 NMR data thus provides an interesting diagnostic and  
896 predictive tool for the experimental evaluation of the cerebral  
897 consequences of nerve agent poisoning and treatments.  
898 Moreover, these findings could be very useful to improve the  
899 potential of in vivo proton magnetic resonance spectroscopy as  
900 a noninvasive diagnostic tool in humans.

901 Finally, the present work also supports further the  
902 anticonvulsant and neuroprotective efficacy of a KET/AS  
903 combination during refractory SE, its effect being comparable  
904 but not entirely similar to that of an immediate treatment with  
905 a benzodiazepine. Approximately 1 h of soman-induced seizures  
906 still remains the limit of this treatment as demonstrated by the  
907 poor neuroprotection afforded by KET/AS given 2 h  
908 postchallenge. Extending further the delay before a given  
909 treatment is especially important since such delays may be  
910 expected because of confusion in battle or in the aftermath of  
911 a terrorist attack, the two main circumstances where nerve agents  
912 such as soman might be used.

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### Notes

The authors declare no competing financial interest.

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