

### 14<sup>th</sup> International Congress on the Biology of Fish 30 June 2022



## NON-LETHAL SAMPLING METHOD FOR THE ANALYSIS OF FATTY ACID PROFILES IN EUROPEAN SEA BASS (*Dicentrarchus labrax*)

**Mickaël PERON**, Fabienne LE GRAND, Victor SIMON, Jean-Baptiste QUEMENEUR, David MAZURAIS, Philippe SOUDANT, Marie VAGNER





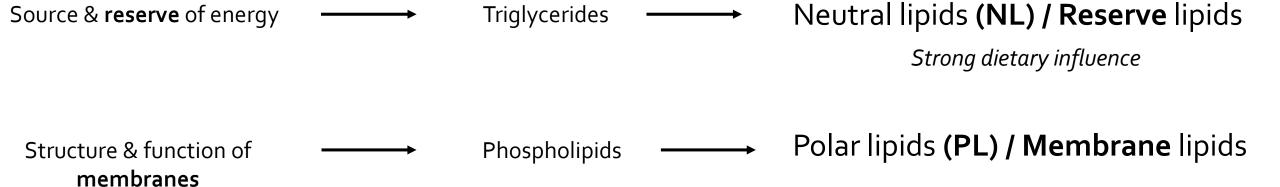








### Lipids



### Lipids

Source & reserve of energy — Triglycerides — Neutral lipids (NL) / Reserve lipids

Strong dietary influence

Structure & function of ———— Phospholipids ———— Polar lipids (PL) / Membrane lipids membranes

#### Fatty acids



Соон

Saturated (e.g Palmitic acid)

Mono-unsaturated (e.g Oleic acid)

Poly-unsaturated (e.g Ecosapentaenoic acid)

### Lipids

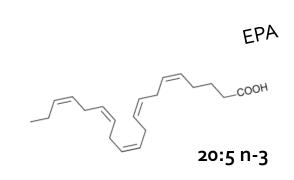
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Strong dietary influence

Structure & function of membranes

Phospholipids — Polar lipids (PL) / Membrane lipids

#### **Essential fatty acids**

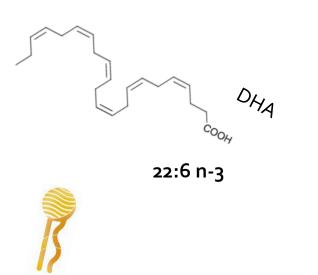


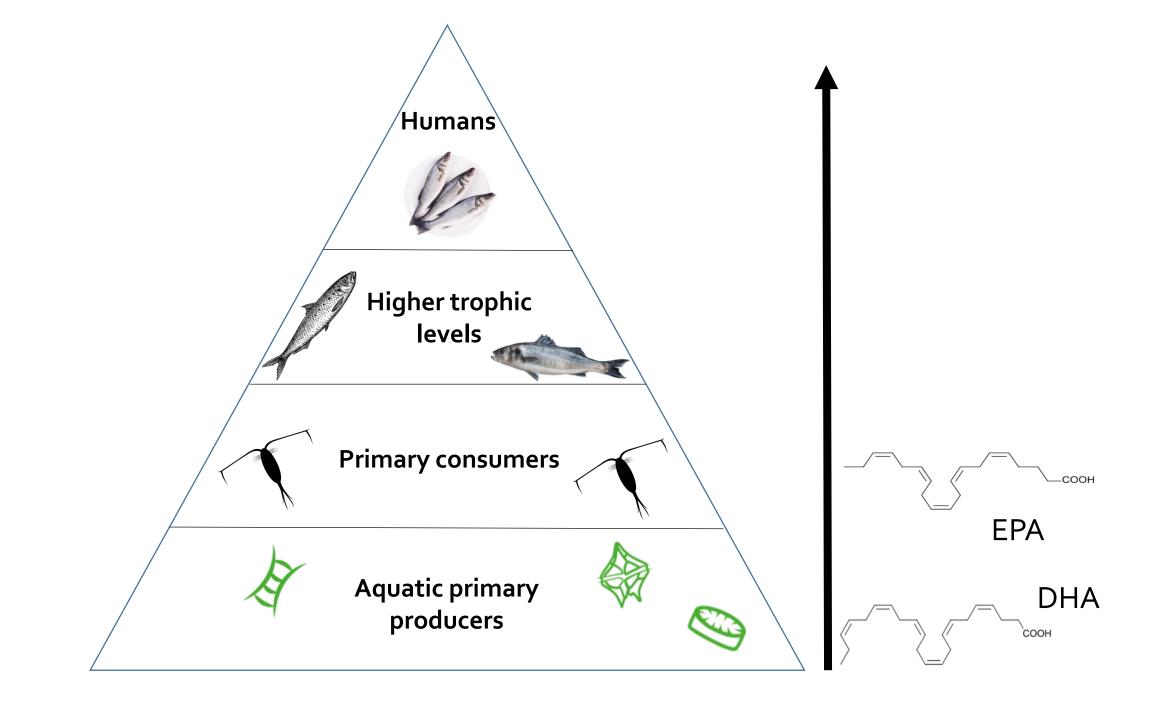
Physiology Growth

Disease preventing

Behavior

Neural development

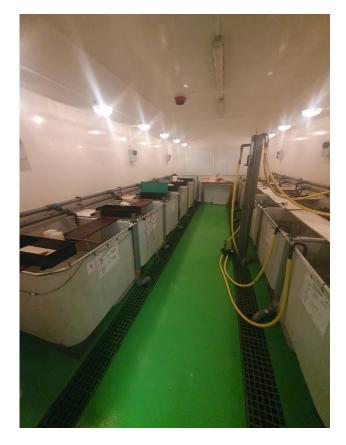




### FA Analysis in Fish

#### **Applications?**

• Experimental biology — Nutritional conditioning experiments, FA of physiological relevance



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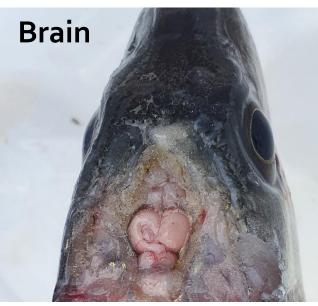
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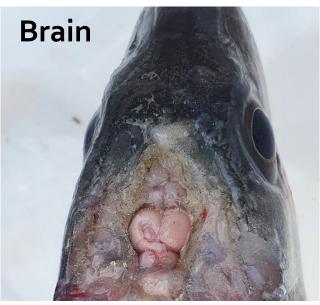
Aquaculture — Feeding trials (monitoring FA composition over time)





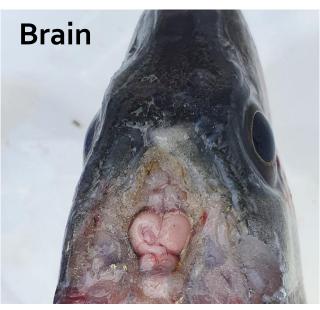














#### **Classic samples:**

- Lethal, most of the time (Brain, liver...)
- One sample at one time (+ inter-individual variability)



No idea of the evolution of the FA in tissues

### Why following FA composition over time?

• Experimental studies -> Testing the effects of various parameters affecting FA composition (T°, diet..)

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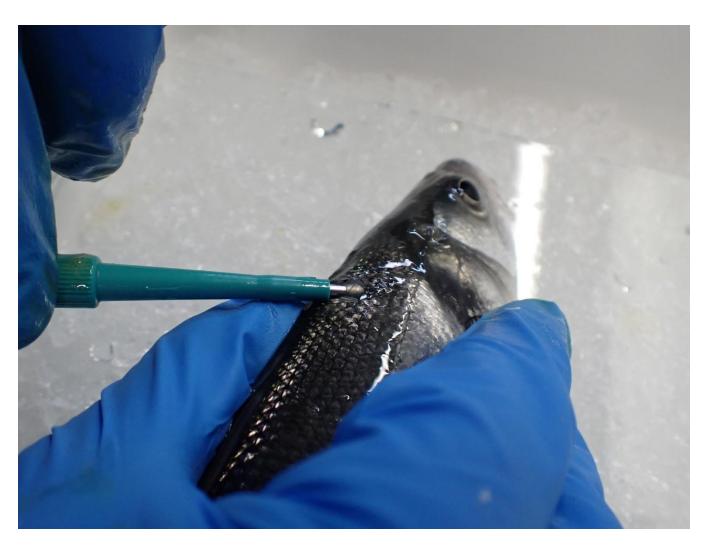
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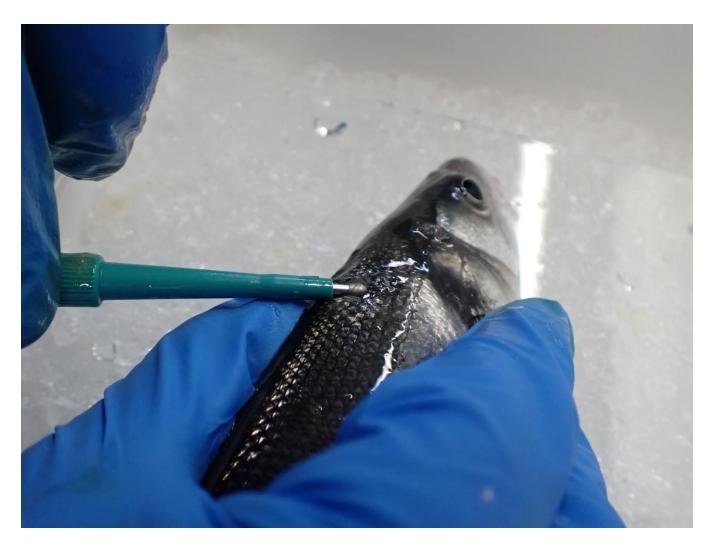
Need of non-letal sampling method to study FA composition overtime (and having individual monitoring)

### The subcutaneous biopsy



### The subcutaneous biopsy

- Non-lethal method
- Sampling of white muscle
- Feasible on various fish size
- Showed no impact of growth if done 1 month appart



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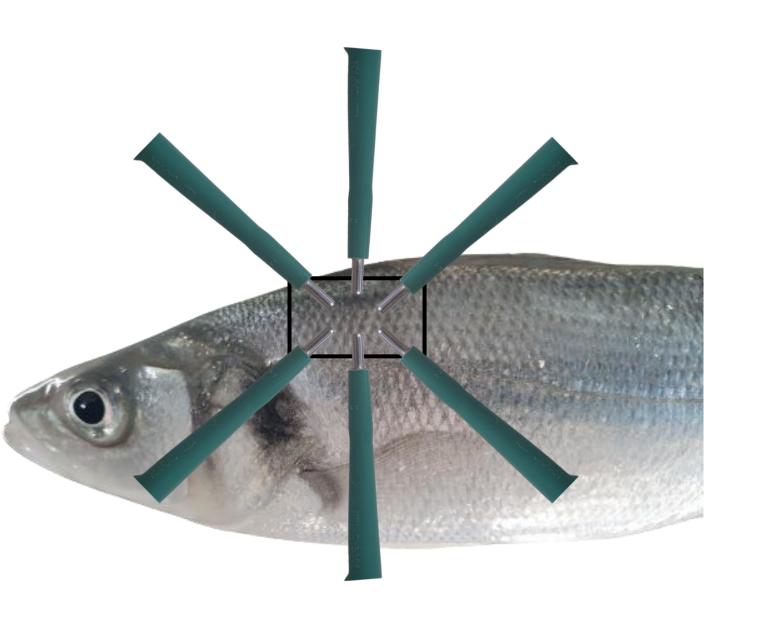


Is subcutaneous biopsy a viable method for FA analysis in fish?

# Material and and Methods

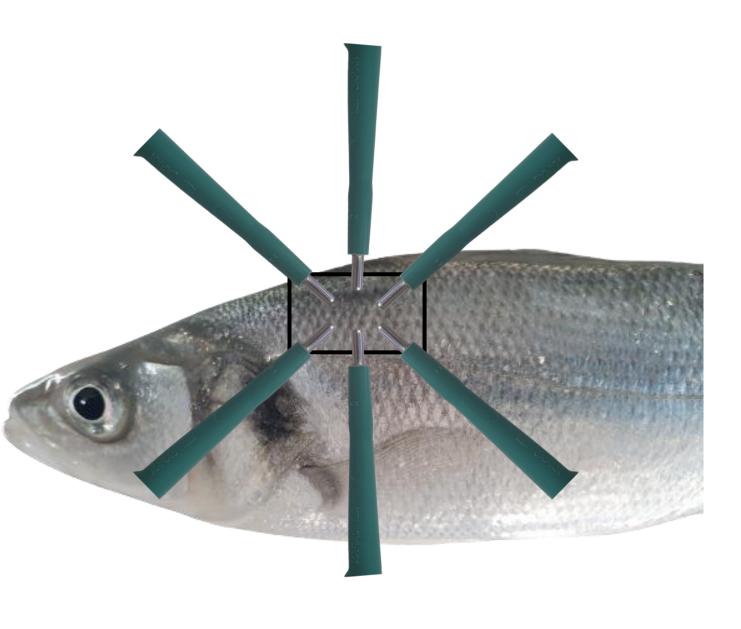
 6 biopsy on the same space on each fish – White muscle

 White muscle sampling of the whole space



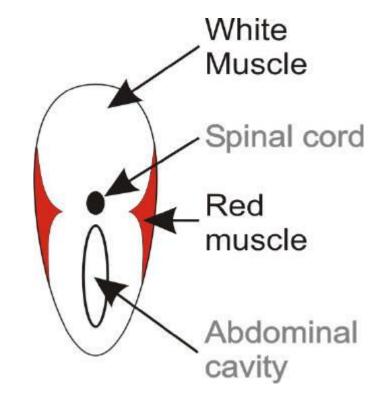
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Step 2 : Inserting biopsy punch



Used for human medicine (sterile)



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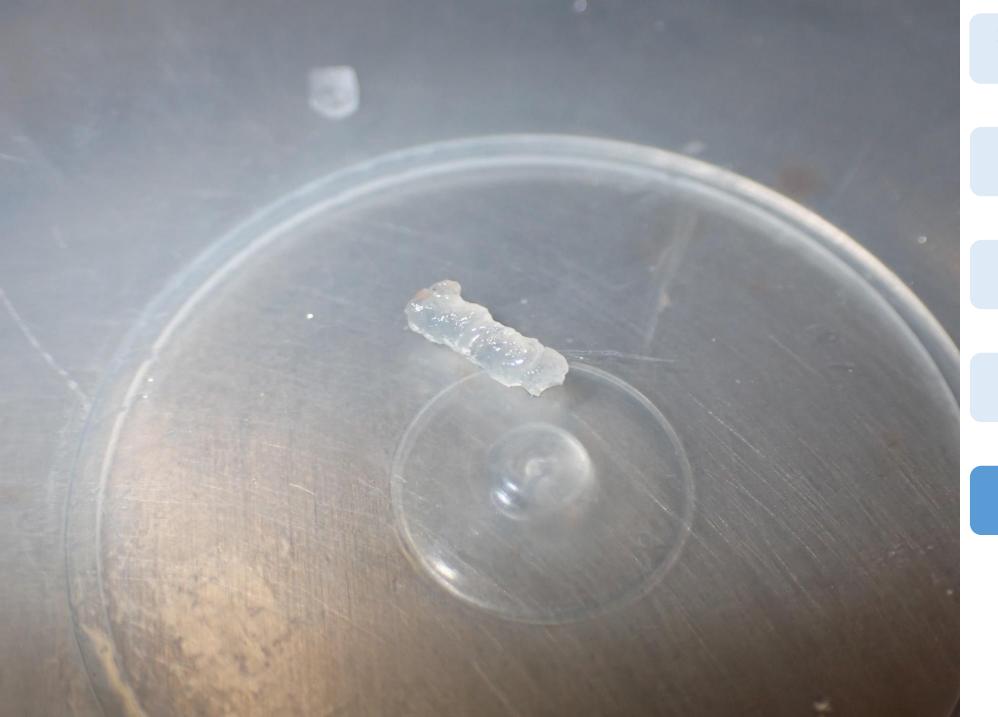
Step 3 : Pushing in and turning the punch



Step 2 : Inserting biopsy punch

Step 3 : Pushing in and turning the punch

Step 4 : Lifting and removing the punch



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Step 5 : Extratcting tissue



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Step 6 : Applying antiseptic



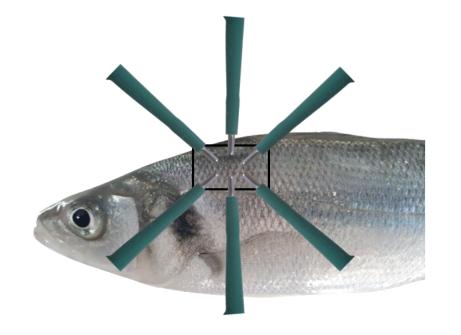
Step 2 : Inserting biopsy punch

Step 3 : Pushing in and turning the punch

Step 4 : Lifting and removing the punch

Step 5 : Extratcting tissue

Step 6 : Applying antiseptic & surgical glue



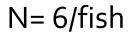
N= 6 fish

Juvenile European

seabass

~15 cm, ~50g







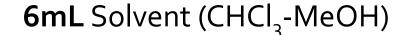
N= 1/fish Whole Muscle



Whole Muscle



Grinding 50mg of tissue



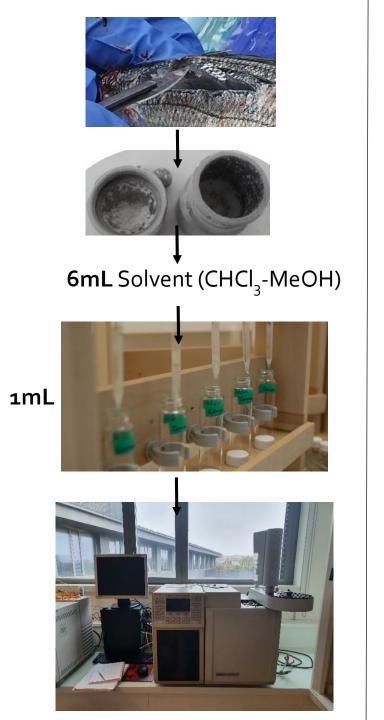


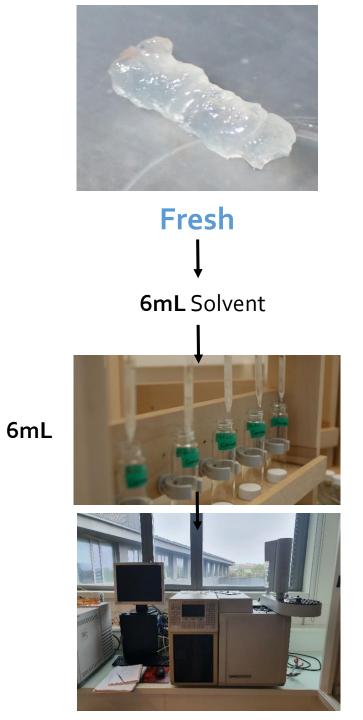
**1mL** for lipid extraction and separation

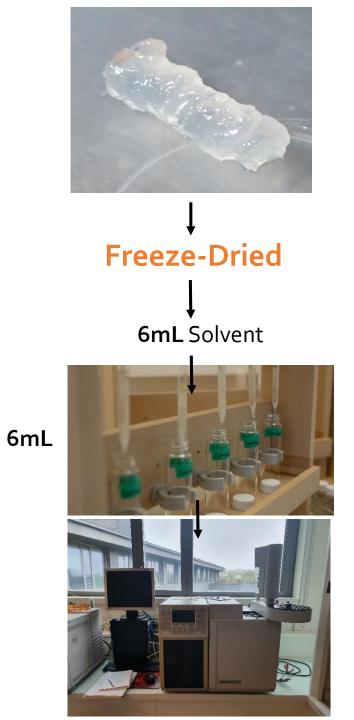


Fatty acid profiles with GC-FID

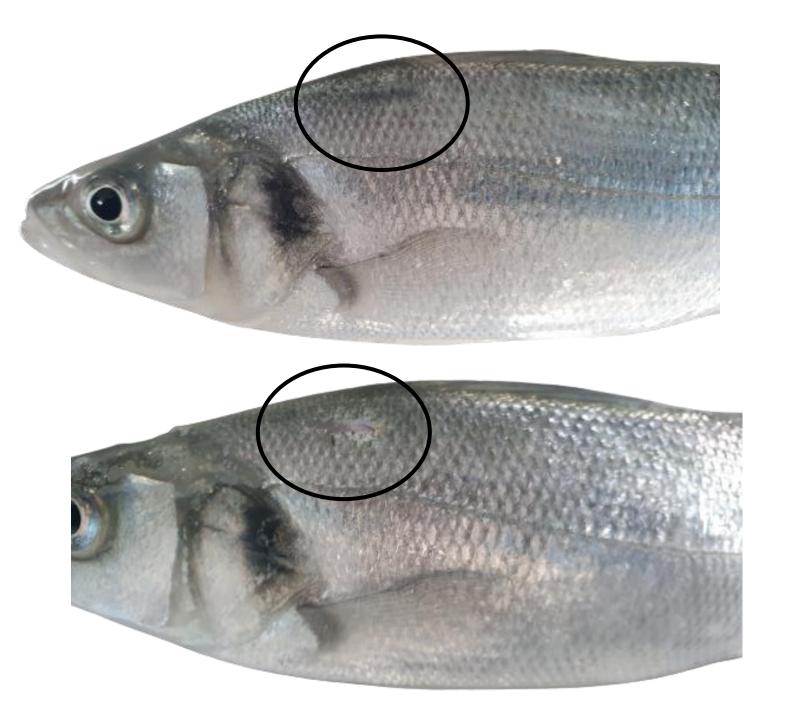








# Results & Barbara & Barbar



# Recovery of the fish:

No observed mortality

• Small scar after 1 month

## • Quantity of tissue :

Mean sample weight with biopsy was 8,8 (± 3,5) mg.

Minimum weight was **1,4 mg** and maximum was **14,4 mg**.



#### • Number of identified FA:

	NL	PL
F	55	63
FD	61	59
WM	60	67

# 15 Quantity (µg.mg) 5 5 6 Individual Freeze-Dried Fresh Whole Muscle

# Quantity of extracted FA in PL:

Lower variability

One highly variable sample (manipulation bias?)

Overall approximative quantities of FA

Need to strengthen method for quantity analysis

# Quantity of extracted FA in **NL**:

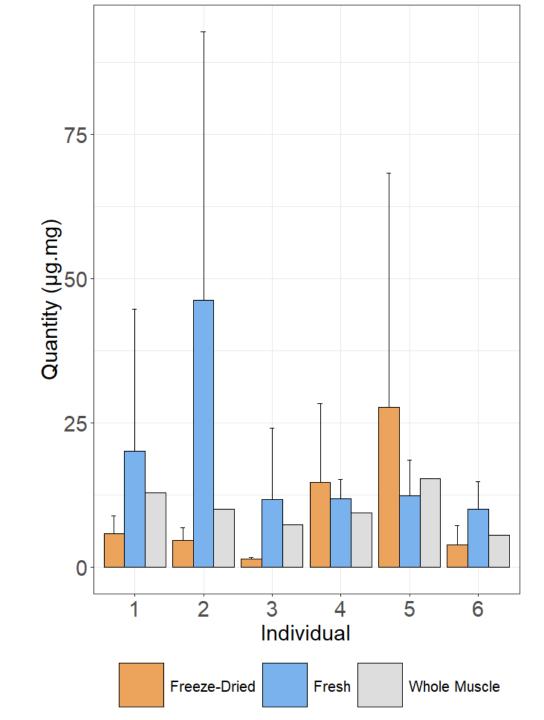
Very high variability

Among replicates & individuals

Lipid droplets under the skin?

Sampling of skin?

Questionable method for quantity analysis



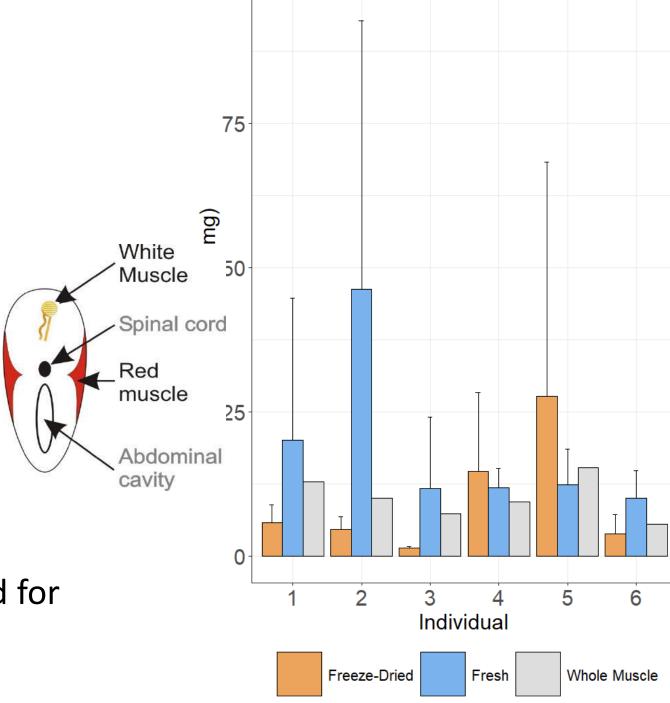
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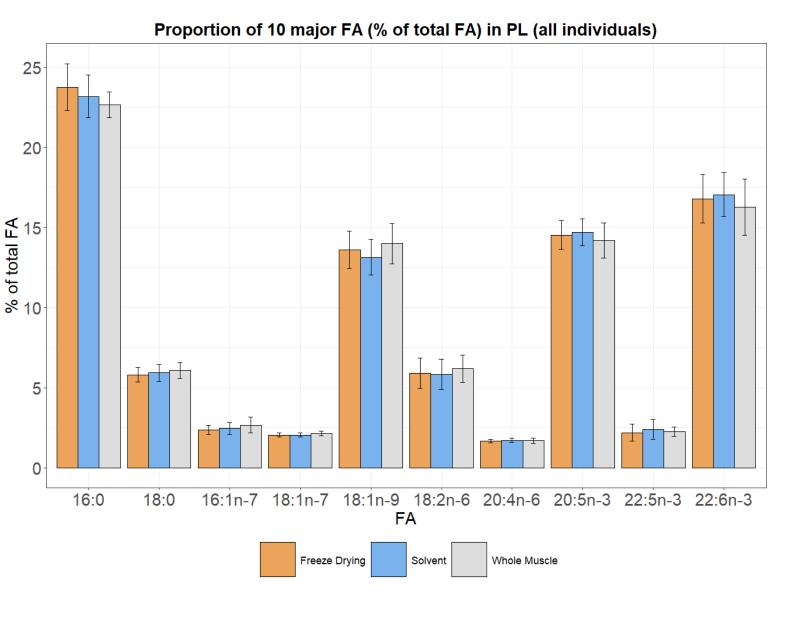
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# FA profiles in **PL**:

No significant differences in FA profiles depending on method = no aberrant values in profiles

-> Need to check among the same individual

### Proportion of 10 major FA (% of total FA) in NL (all individuals) \*\* 30 \*\*\* % of total FA 05 10 \*\* \*\* 14:0 16:0 18:0 18:1n-7 18:1n-9 18:2n-6 18:3n-3 20:5n-3 22:6n-3 FΑ Freeze Drying Whole Muscle Solvent

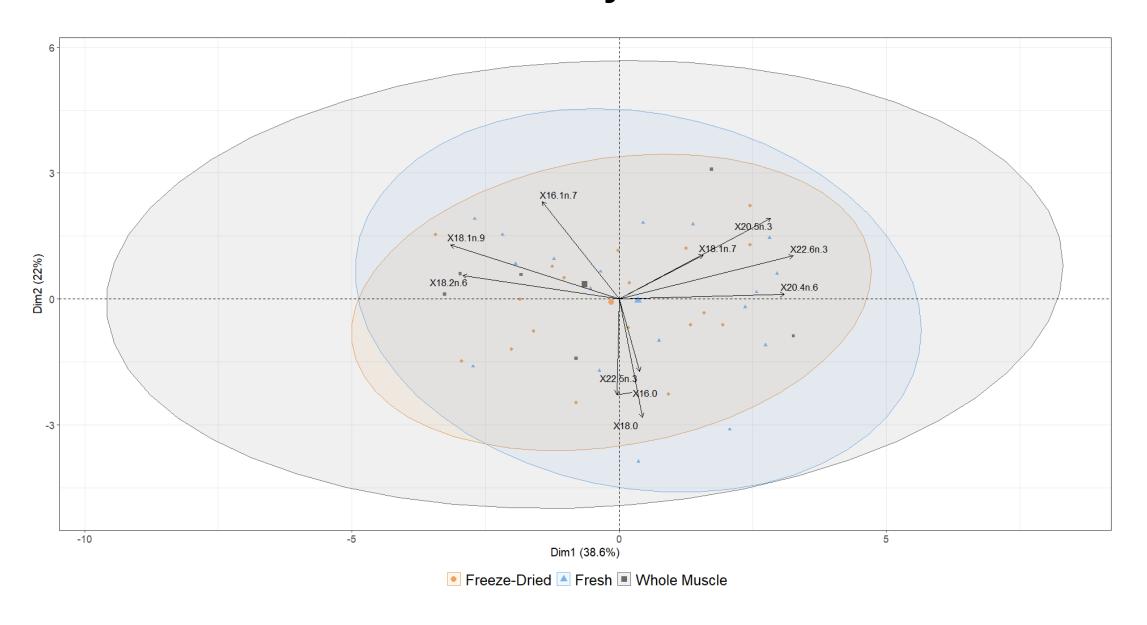
# FA profiles in **NL**:

 Significant differences between methods in 7/10 major FA

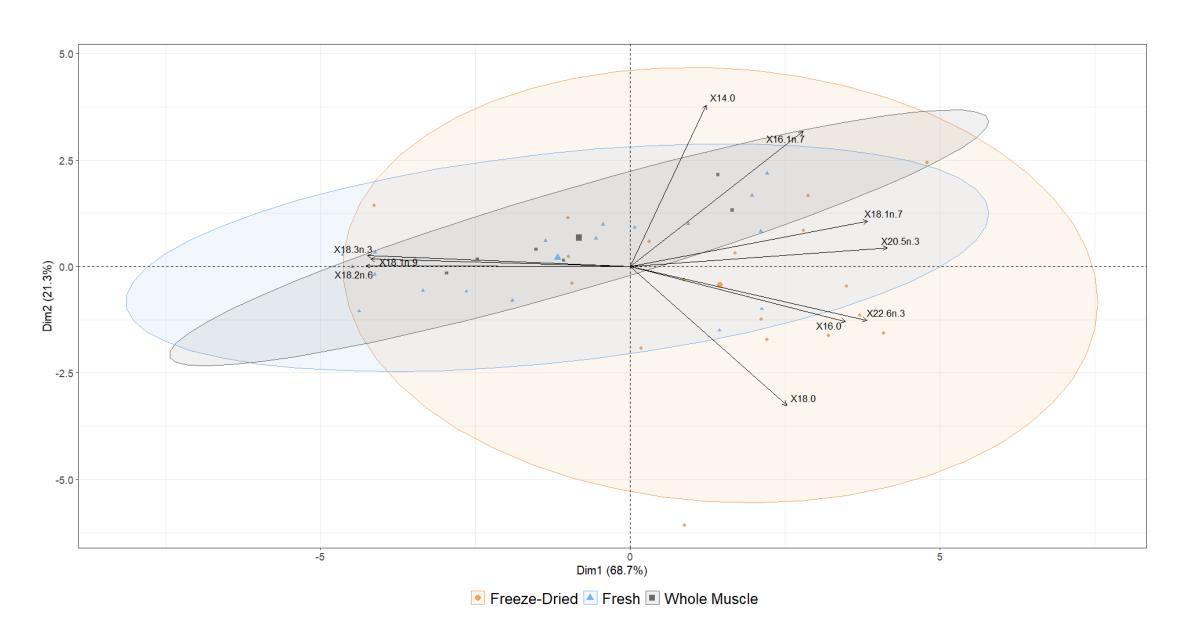
 Freeze-Dried distinguish from 2 others

 Variability related to NL (reserve lipids)

# PCA – 10 major FA - PL



# PCA – 10 major FA - NL



# Proportion of 10 major FA in PL (% of total FA) - Fish 1 \*\* % of total FA 10 \*\* 16:0 18:0 16:1n-7 18:1n-7 18:1n-9 20:4n-6 20:5n-3 22:5n-3 22:6n-3 18:2n-6 FA

Freeze Drying Solvent Whole Muscle

#### **PL** FA profile – Fish n°1:

• 5/10 FA different between methods

 Low intra-individual variability

Differences on major
 FA

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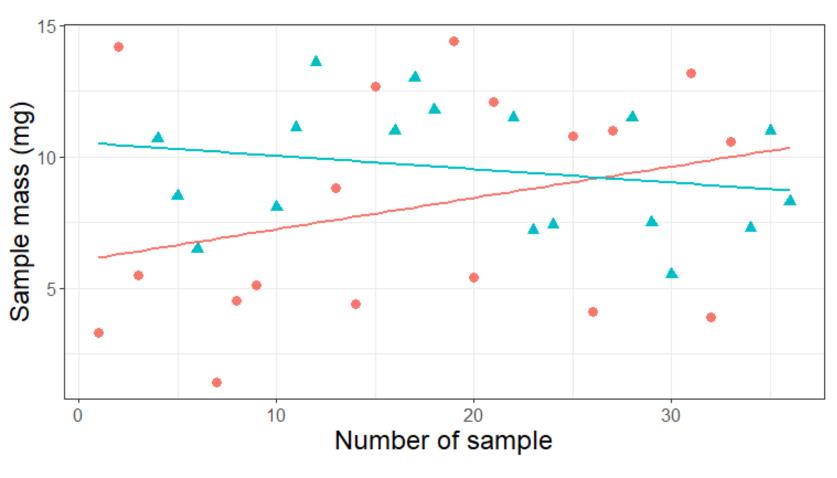
■ Freeze Drying ■ Solvent ■ Whole Muscle

#### **NL** FA profile – Fish n°1:

- 4/10 FA different between methods
- Low intra-individual variability

 Quantity variability does not affect proportion

# Mass of biopsied tissue over time



◆ Manipulator 1 

◆ Manipulator 2

 Mass dosent seem to stabilize over time

 Very variable even for the same manipulator

 No pattern of improvement over time

• The sample mass is always enough to obtain major FA profiles with a routine analysis but the mass is very hard to stabilize

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It's a promising method for further application of studying FA profiles over time



