Is there more than nitrogen in low-protein diets?

Jaap van Milgen



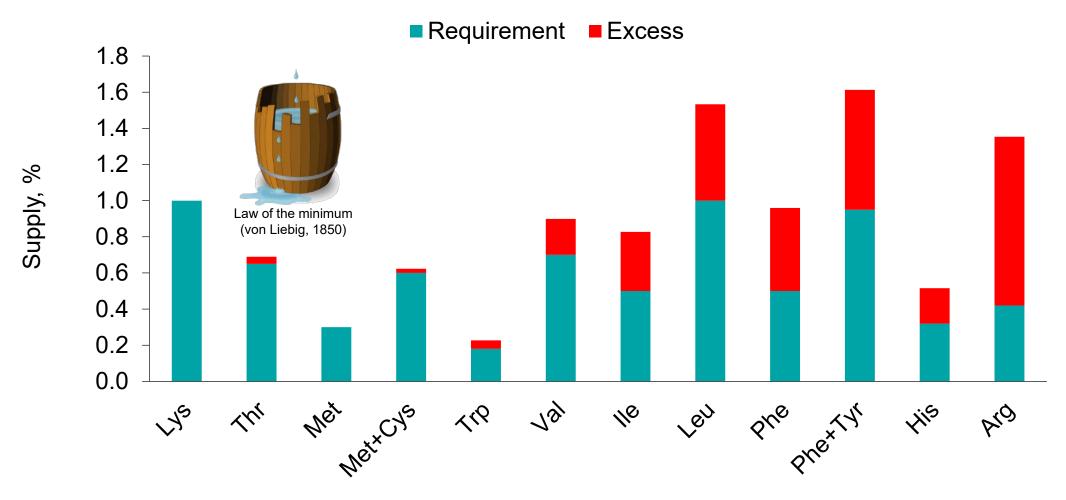
> Is there more than nitrogen in low protein diets?



urine: what is in there and how much does it cost to make? the role of amino acids in 1-carbon metabolism glycine: an essential non-essential amino acid



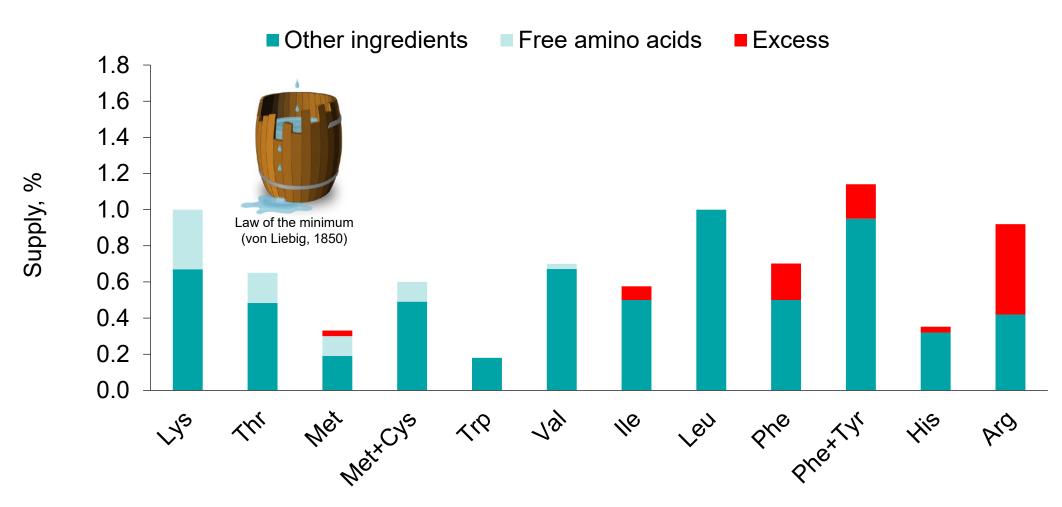
> With low-protein diets, more amino acids become co-limiting



INRA@

Is there more than nitrogen in low-protein diets?

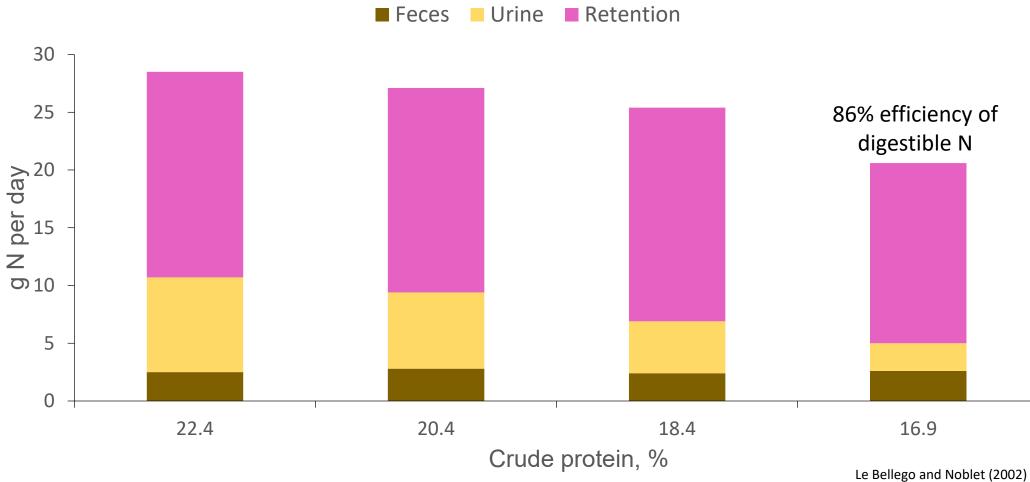
> With low-protein diets, more amino acids become co-limiting



INRAe

Is there more than nitrogen in low-protein diets?

> Nitrogen balance in 15-kg piglets



INRAO

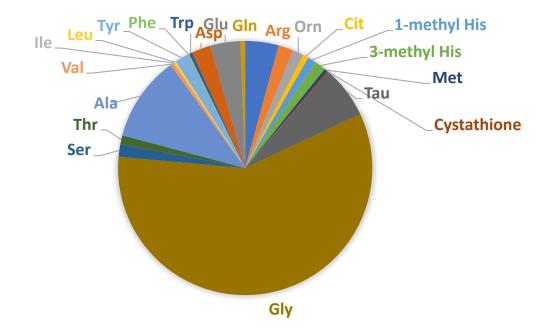
Is there more than nitrogen in low-protein diets?

> Urinary nitrogen excretion in young pigs



Source	Excretion (g/d)			
Total-N	6.37			
Urea-N	4.23			
NH ₃ -N	0.40			
Creatinine-N	0.17			
Amino acid-N	0.09			

Southern and Baker (1984)





> What a lockdown can do to people ...



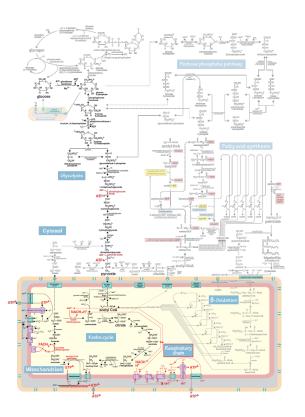


Nutritional Models

Modeling Biochemical Aspects of Energy Metabolism in Mammals¹

Jaap van Milgen²

INRA, Unité Mixte de Recherches sur le Veau et le Porc, 35590 Saint-Gilles, France



- Construct complete pathways from individual reactions (e.g., using Kegg).
- It quantifies <u>how</u> it happens; it does not indicate <u>if</u> it happens

INRAe

Is there more than nitrogen in low-protein diets?

> What a lockdown can do to people ...





Supplementary Table S1

	nentary rable 51	
	metric reactions of urea synthesis from amino acid catabolism in mami	nals.
Kegg ID ¹	Reaction	
R01398 R01954 R01086	$ \begin{array}{l} \underline{1.1 \ Urea \ cycle} \\ 1 \ ornithine \ + \ 1 \ carbamoyl \ phosphate \ \rightarrow \ 1 \ citrulline \ + \ 1 \ P_i \\ 1 \ citrulline \ + \ 1 \ aspartate \ + \ 1 \ ATP \ \rightarrow \ 1 \ argininosuccinate \ + \ 1 \ AMP \ + \ 1 \ PP_i \\ 1 \ argininosuccinate \ \rightarrow \ 1 \ arginine \ + \ 1 \ fumarate \\ \end{array} $	
R00551 R00127 R00004 Subtotal	1 arginine + 1 H ₂ O \rightarrow 1 ornithine + 1 urea 1 AMP + 1 ATP \rightarrow 2 ADP 1 PP _i + 1 H ₂ O \rightarrow 2 P _i 1 carbamoyl phosphate + 1 aspartate + 2 ATP + 2 H ₂ O \rightarrow 1 urea + 1 fumarate + 2 ADP + 3 P _i	TRUS iption Galeen Cretes Cretes
R00149	$\underline{1.2~Synthesis~of~carbamoyl~phosphate~from~NH_4^+}$ and CO_2 1 NH_4^+ + 1 CO_2 + 2 ATP + 1 H_2O \rightarrow 1 carbamoyl phosphate+ 2 ADP + 1 P_i	rvice
R01082 R00342 R00355 R00243 Subtotal	$ \begin{array}{l} \underline{1.3 \; Synthesis \; of \; aspartate \; from \; fumarate \; and \; NH_4^{\pm} \\ \hline 1 \; fumarate \; + \; 1 \; H_2O \; \rightarrow \; 1 \; malate \\ 1 \; malate \; + \; 1 \; NAD^+ \; \rightarrow \; 1 \; oxaloacetate \; + \; 1 \; NADH2 \\ 1 \; oxaloacetate \; + \; 1 \; glutamate \; \rightarrow \; 1 \; aspartate \; + \; 1 \; \alpha-ketoglutarate \\ 1 \; \alpha-ketoglutarate \; + \; 1 \; NH_4^+ \; + \; 1 \; NADH2 \; \rightarrow \; 1 \; glutamate \; + \; 1 \; NAD^+ \; + \; 1 \; H_2O \\ 1 \; NH_4^+ \; + \; 1 \; fumarate \; \rightarrow \; 1 \; aspartate \\ \end{array} $	and And And And And And And And And And A



Stoichiometry of urea synthesis

Total $\overline{2 \text{ NH}_4^+ + 1 \text{ CO}_2 + 4 \text{ ATP} + 3 \text{ H}_2 \text{O}} \rightarrow 1 \text{ urea} + 4 \text{ ADP} + 4 \text{ P}_i$

AMP = adenosine monophosphate; P_i = phosphate; P_i = diphosphate. ¹ Reaction identifier in the Kegg database (www.kegg.jp).

Pegase, INRAE, Institut Agro, Le Clos, 35590 Saint Gilles, France

Animal 15 (2021) 100213



The role of energy, serine, glycine, and 1-carbon units in the cost of nitrogen excretion in mammals and birds

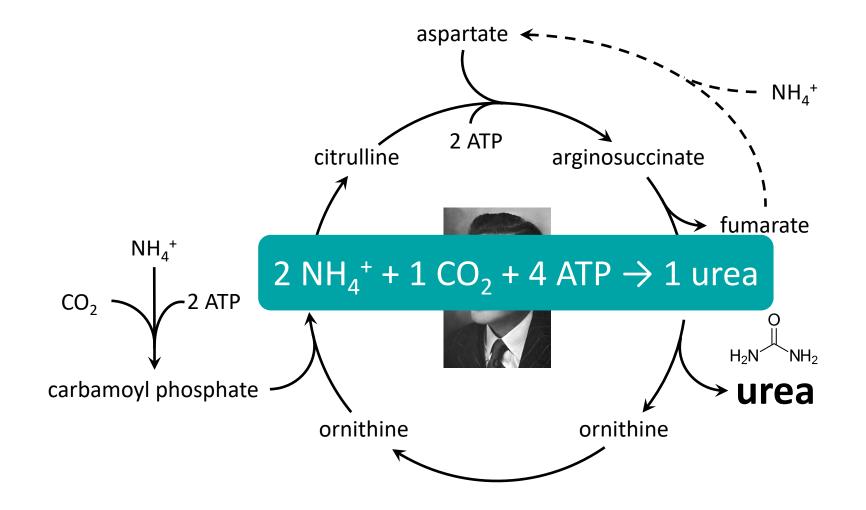


J. van Milgen

INRA@

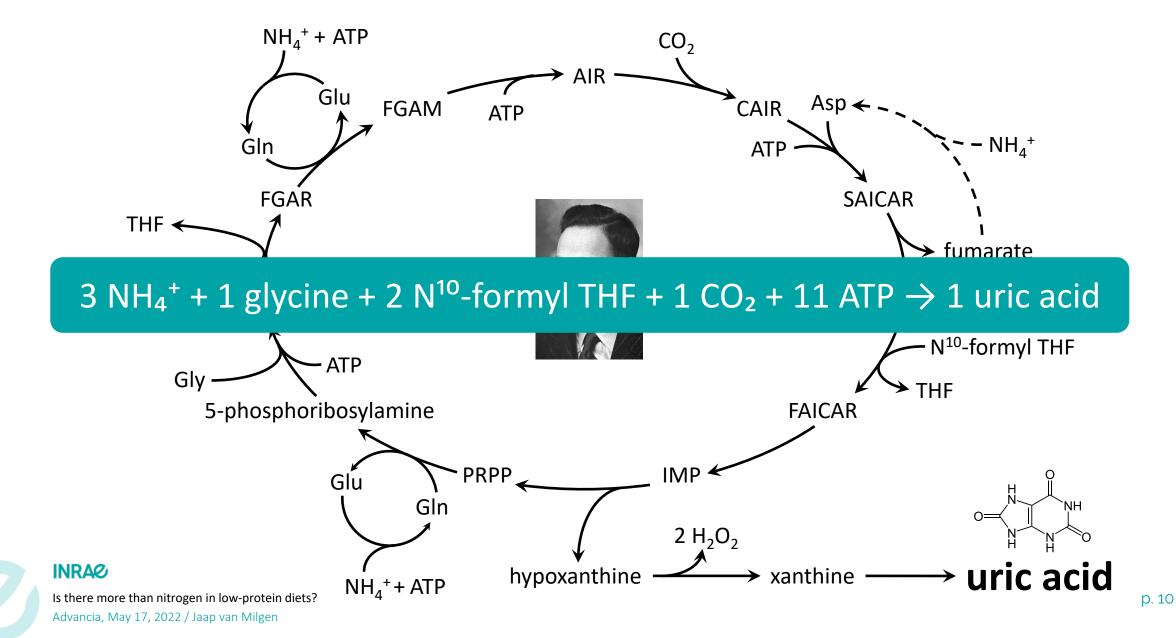
Is there more than nitrogen in low-protein diets?

Urea cycle (Krebs and Henseleit, 1932)





Uric acid cycle (Mapes and Krebs, 1978)



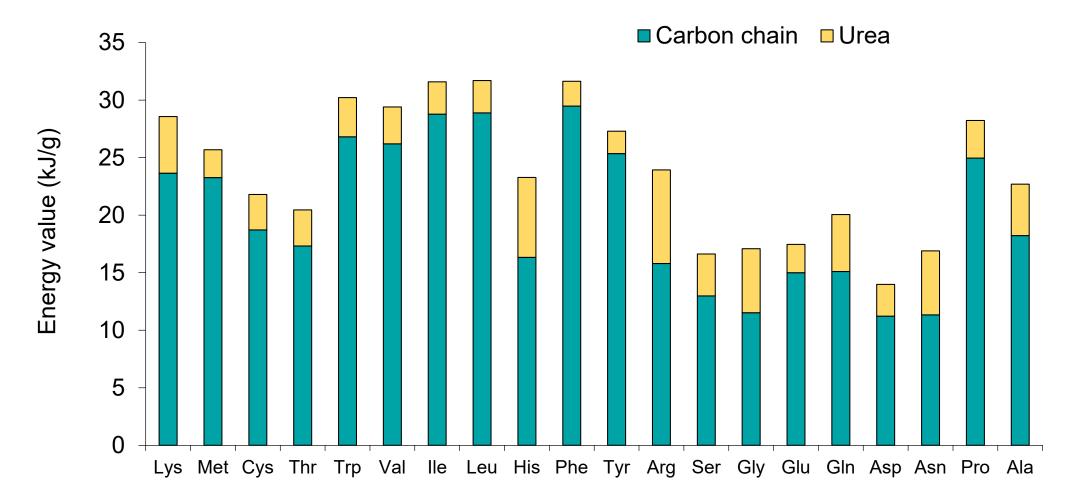
> The energy cost of nitrogen excretion

	H_2N NH_2	
	Urea	Uric acid [*]
Cost to produce, kJ/mol N	564	850
Energy in product, kJ/mol N	318	480
Heat, kJ/mol N	247	370
DE, kJ/g digestible protein	23.8	23.8
ME [*] , kJ/g excess protein	20.2	18.3
NE [*] , kJ/g excess protein	17.4	14.1

* Maximum values based on stoichiometry



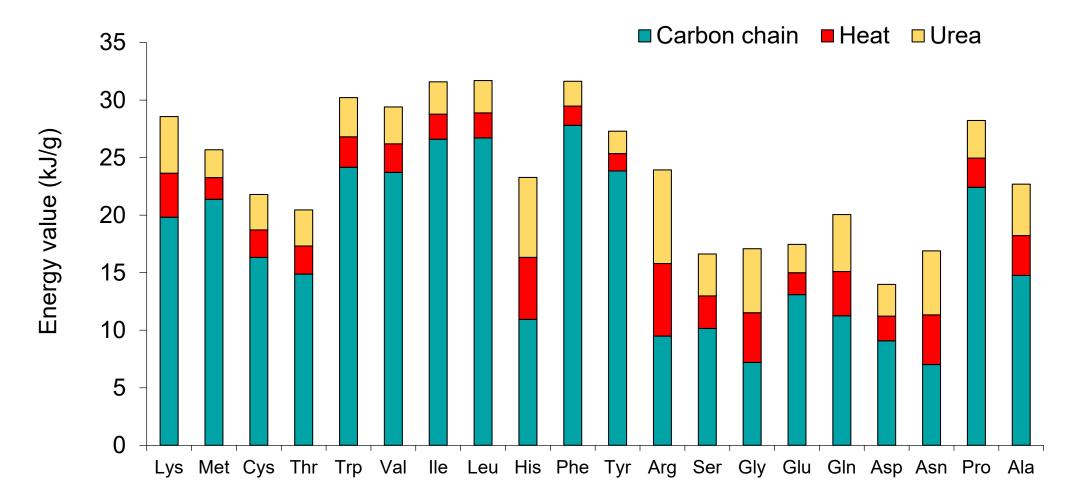
> Metabolizable energy values of excess amino acids



INRAe

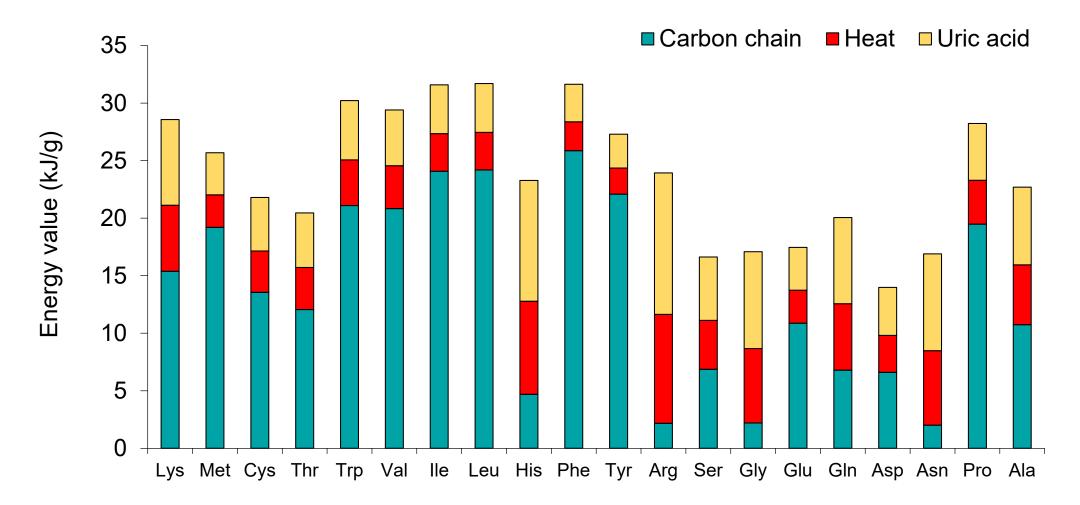
Is there more than nitrogen in low-protein diets?

> Net energy values of excess amino acids (in mammals)



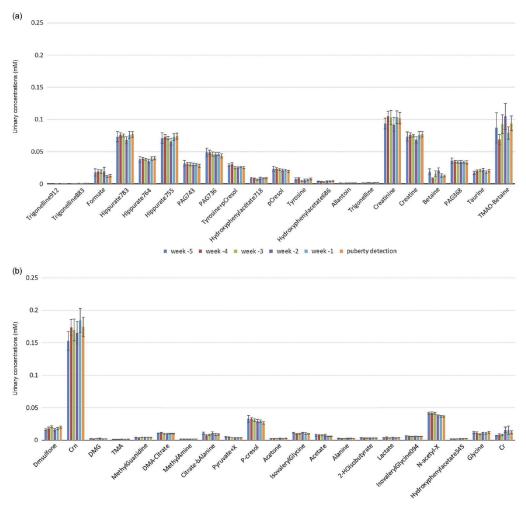
Is there more than nitrogen in low-protein diets?

> Net energy values of excess amino acids (in birds)



Is there more than nitrogen in low-protein diets?

> There is more than urea in the urine



Goudet	et	al.	(2019)
--------	----	-----	--------

Source	N	1-carbon
Creatinine	X	
Creatine	X	
Betaine	X	Х
Allantoin	X	Х
Formate		Х
Hippurate	X	
P-Cresol		X
Glycine	X	X
Taurine	X	
Alanine	X	
Tyrosine	X	
Isovalerylglycine	X	
Phenylacetylglycine	X	Х
Citrate-β-alanine	X	
Trigonelline	X	Х
Trimethylamine oxide	X	Х
Dimethylsulfone		Х
Dimethylglycine	X	Х
Trimethylamine	X	Х
Methylguanidine	X	Х
Dimethylamine-citrate	X	Х
Methylamine	X	Х
Pyruvate		
Lactate		
Acetone (dimethyl ketone)		
Acetate		
N-acetyl-X		
2-hydroxybutyrate		
Hydroxyphenylacetate		

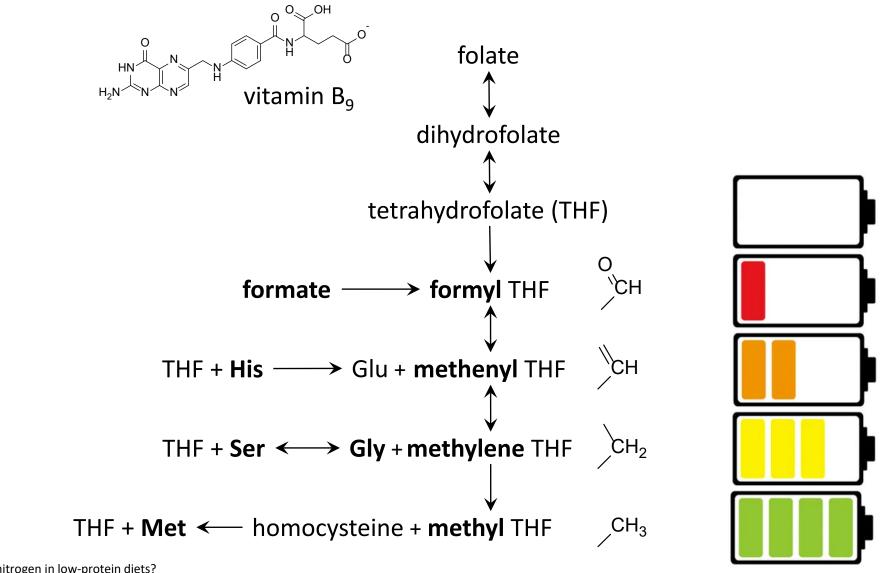
INRAe

> 1-carbon metabolites

- Are used in the synthesis of:
 - Inosine monophosphate (IMP) \rightarrow ATP, GTP, DNA, RNA
 - Uric acid
 - Allantoin
- Result from the catabolism of:
 - Histidine
 - Tryptophan (through formic acid)
 - Choline
 - Betaine
- Result from the catabolism and are used in the synthesis of:
 - Serine
 - Glycine
 - Methionine



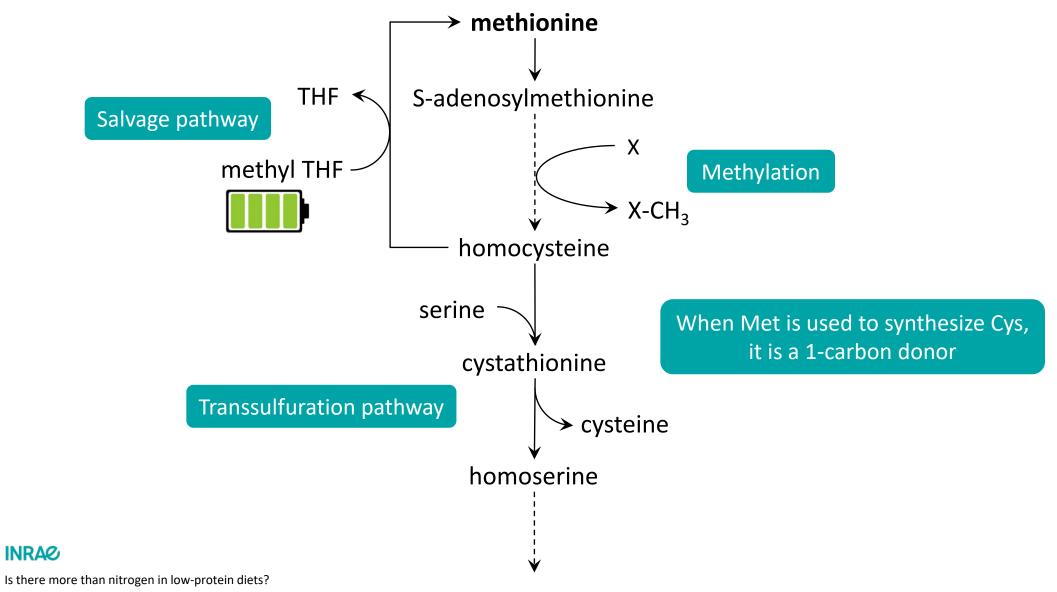
> 1-carbon comes in different flavors



INRA@

Is there more than nitrogen in low-protein diets?

> 1-carbon and methionine metabolism

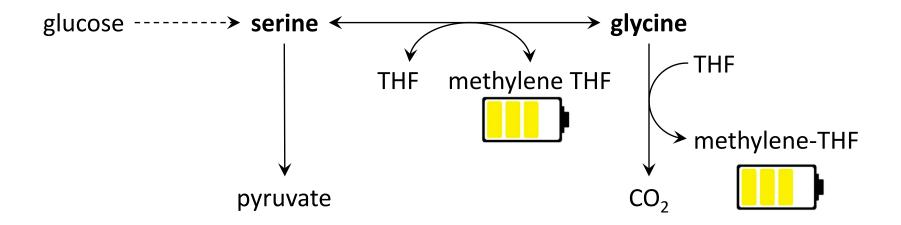


> What can be methylated via methionine?

- DNA (epigenetics):
 - Adenine
 - Cytosine
- Histones (with positive or negative effects on gene transcription):
 - Arg: 1 or 2 methyl-groups
 - Lys: 1, 2 or 3 methyl-groups
- Some proteins (e.g., myosin, actin, myosin light-chain kinase)
 - His: on 2 positions (N^{π} or N^{τ})
 - His in myosin and actin can methylated at the N^{τ} position
 - Post-translationally, but role unknown
- Histidine-containing dipeptides:
 - Anserine (β-Ala-N^π-His; mostly in birds)
 - Balenine (β-Ala-N^τ-His; in whales, somewhat in pigs)
 - pH buffer, antioxidant

INRAe

Slycine, serine, and 1-carbon metabolism

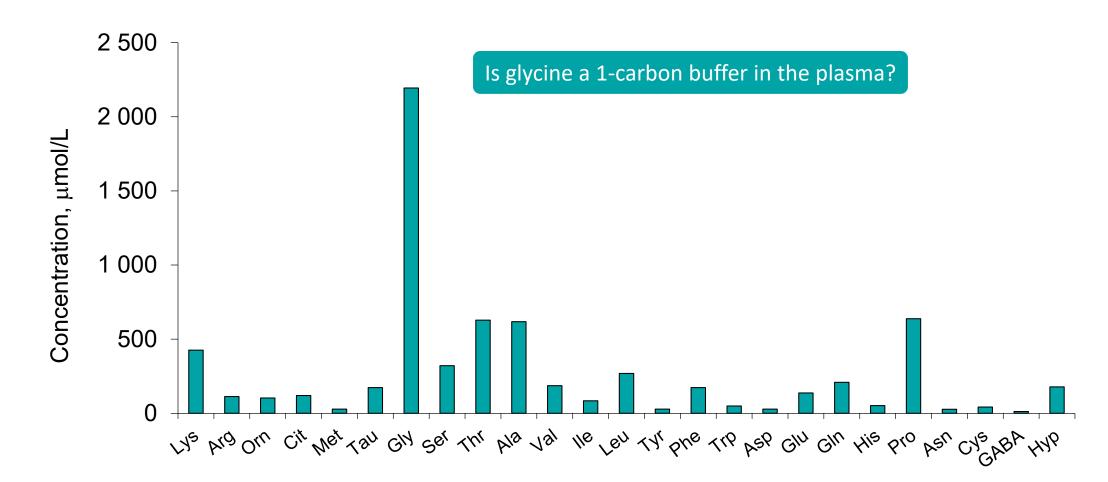


Serine can act as a donor of 1-carbon groups Glycine can act as a donor and as a receptor of 1-carbon groups

Serine and glycine can be synthesized *de novo* from glucose Excess serine can be catabolized to pyruvate or to glycine



> Amino acid concentrations in the plasma



Bertolo et al. (2000)

Is there more than nitrogen in low-protein diets? Advancia, May 17, 2022 / Jaap van Milgen

INRA

> Low-protein diets may induce a requirement for Gly in broilers

	PC	Low CP	Low CP + NEAA	Low CP + EAA	Low CP + NEAA + EAA
Weight gain, g/d	29.3	25.6*	28.3	26.6*	27.0 [*]
Feed intake, g/d	36.8	35.0	35.1	35.1	33.2*
Gain:Feed	0.80	0.73*	0.81	0.74*	0.81

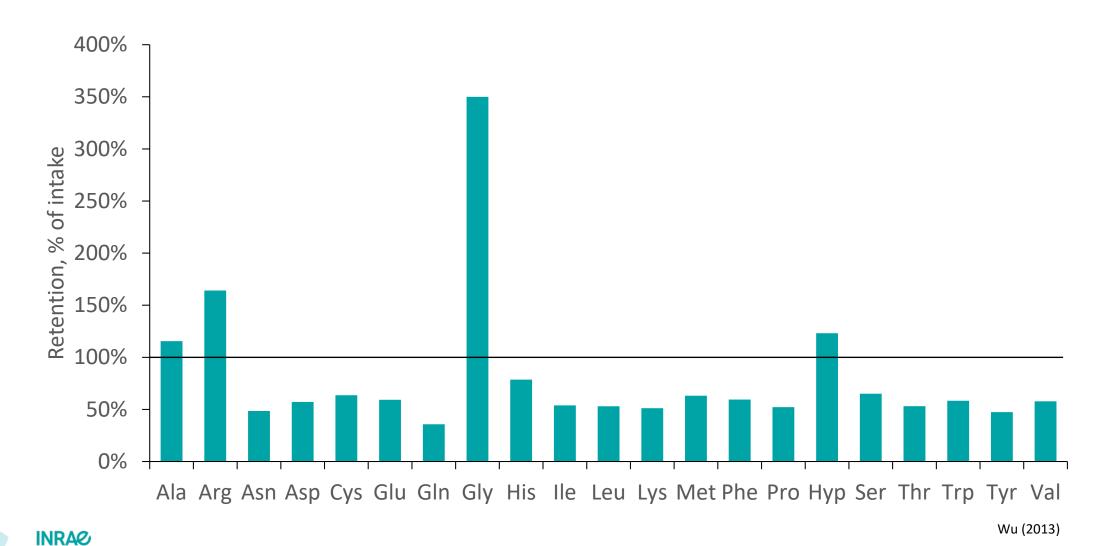
Dean *et al*. (2006) PC = 22.2% CP; Low CP = 16.2% CP

* Values differ from the PC

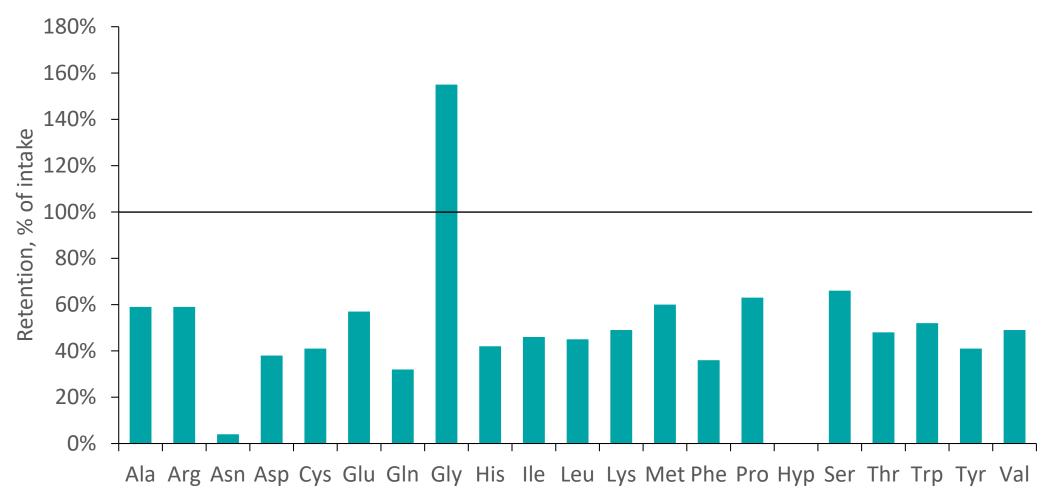
	РС	Low CP	Low CP + Gly	Low CP + Glu	Low CP + Ala	Low CP + Asp	Low CP + Pro	Low CP + NEAA
Weight gain, g/d	28.7	24.9 [*]	28.5	26.2 [*]	24.2 [*]	25.6*	25.2 [*]	27.8
Feed intake, g/d	37.5	35.0 [*]	35.6	35.1^{*}	32.2 [*]	34.5 [*]	34.0 [*]	34.5 [*]
Gain:Feed	0.77	0.71*	0.80*	0.75	0.75	0.74	0.74	0.81*



> Nursing piglets synthesize large quantities of glycine



> Weaned piglets also need to synthesize glycine

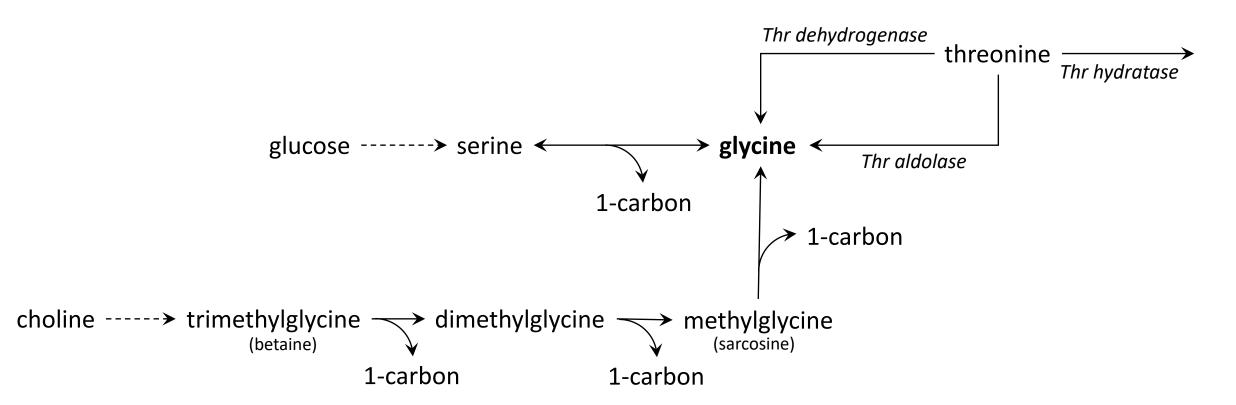


Wu (2013)

Is there more than nitrogen in low-protein diets? Advancia, May 17, 2022 / Jaap van Milgen

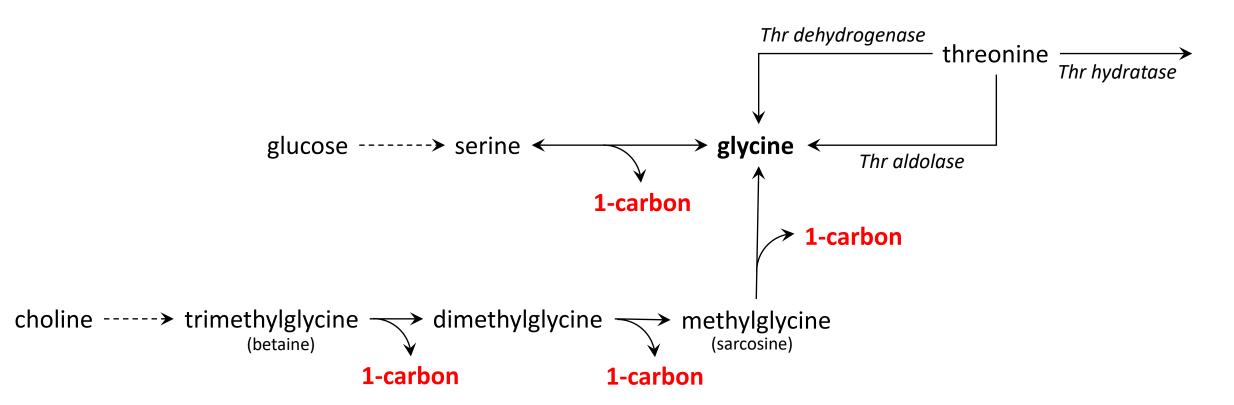
INRA

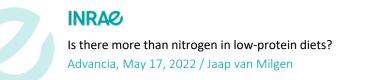
Sources of glycine





Sources of glycine







Branch-point stoichiometry can generate weak links in metabolism: the case of glycine biosynthesis

ENRIQUE MELÉNDEZ-HEVIA* and PATRICIA DE PAZ-LUGO

Instituto del Metabolismo Celular, Carretera Vecinal de El Sauzal, nº 160 A, El Sauzal, 38360 Tenerife, Canary Islands, Spain

**Corresponding author (Fax, +34-922-571078; Email, emelhevia@metabolismo.ws)*

J. Biosci. (2008)

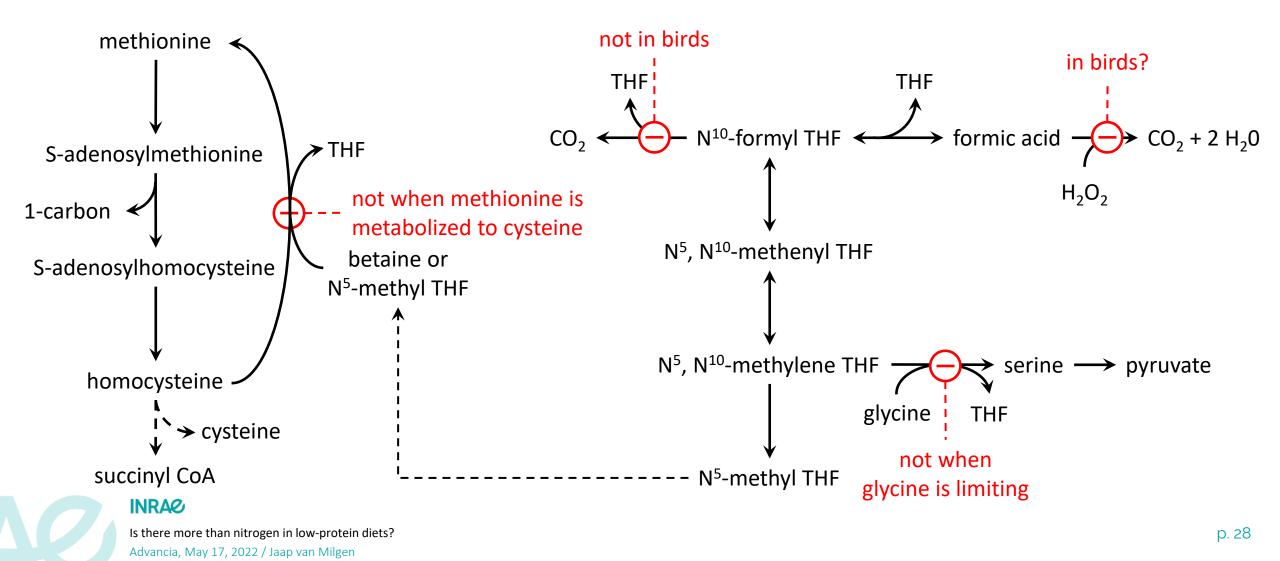


De novo synthesis of glycine <u>always</u> produces a 1-carbon

INRA@

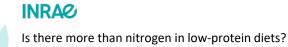
Is there more than nitrogen in low-protein diets?

> How to handle excess 1-carbon (in birds)?



> 1-carbon and glycine

- Making more 1-carbon may not be a metabolic problem:
 - From *de novo* Gly synthesis
 - From choline, betaine, Ser, Gly, His, Trp, and Met catabolism
- Can too much 1-carbon be a metabolic problem?
 - Gly is needed to metabolize 1-carbon to Ser (and subsequent catabolism to pyruvate)
 - Catabolism to formic acid and urinary excretion?
- Low-protein diets and excess 1-carbon:
 - Limited dietary Gly
 - Limited dietary excess Thr to make Gly
 - Larger supply of 1-carbon through Cys synthesis from Met
- Why is performance reduced when Gly is limiting?
 - Uric acid can be a 1-carbon disposal method (two 1-carbon, one Gly)
 - \downarrow protein retention = \uparrow uric acid excretion



> Conclusions

- The energy values of (excess) protein and amino acids vary considerably:
 - The GE of digestible protein is 23.8 kJ/g
 - The ME value of excess protein is 20.2 kJ/g in mammals and 18.3 kJ/g in birds
 - The NE value of excess protein is 17.4 kJ/g in mammals and 14.1 kJ/g in birds
 - It varies with the nitrogen and carbon contents of the amino acid
- 1-carbon metabolism has not received much attention in animal nutrition
 - 1-carbon is required for uric acid synthesis
 - The joint *de novo* synthesis of Gly and 1-carbon has been considered a "weak link" in metabolism
 - Excess 1-carbon may become more important in in diets low-protein
- Glycine retention exceeds glycine intake, especially in young animals
 - Dietary glycine may be required to metabolize excess 1-carbon

