

EMID:7362154fb580dd56 Fusidic acid in a Tertiary
Hospital: an observational study focusing on
prescriptions, tolerance and susceptibility of
Staphylococcus & Cutibacterium spp strains from bone
samples. Revised Version R2 Fusidic acid,
Staphylococcus and Cutibacterium spp (2911 Words)

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1	European Journal of Clinical Microbiology and Infectious Diseases
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10	Fusidic acid, Staphylococcus and Cutibacterium spp
11	(2911 Words)
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13 14	Juliette Romaru <sup>1*</sup> , Anne Limelette <sup>2*</sup> , Delphine Lebrun <sup>3**</sup> , Morgane Bonnet <sup>4**</sup> , Véronique Vernet Garnier <sup>2</sup> , <u>Yohan N'Guyen <sup>1</sup></u> .
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- 26 Abstract: (249 words)
- 27 **Purpose:** Adverse drug reactions of broad spectrum fluoroquinolones or rifampicin are not
- 28 uncommon during Osteomyelitis and orthopaedic implants infections (OOII). Thus, we made
- an overview (i) of the prescription of Fusidic acid (FA) (ii) of FA susceptibility of
- 30 Staphylococcus spp and Cutibacterium spp strains isolated from bone samples.
- 31 Methods:
- 32 All prescriptions of FA and all bone samples with positive culture for *Staphylococcus* spp or
- 33 Cutibacterium spp (Reims University Hospital June 2017-May 2021) were included. All
- 34 Staphylococcus aureus strains were considered as significant, whereas Coagulase Negative
- 35 Staphylococcus and Cutibacterium spp strains were not if these strains grew only on one sole
- sample. Antibiotic susceptibility of *Staphylococcus* spp strains and the susceptibility to FA of
- 37 Cutibacterium spp strains had been determined using disk diffusion methods, as described for
- 38 Staphylococcus spp in CASFM/EUCAST guidelines.
- 39 **Results:**
- 40 The mean FA consumption was 0.6 daily defined doses /1000 patient days. FA was prescribed
- 41 for OOII due to *Staphylococcus spp* and *Cutibacterium spp* in 24 and 2 cases respectively.
- 42 Among 401 Staphylococcus spp strains, there were 254 S.aureus (63.3%), 84 methicillin-
- resistant (20.9%) and 333 FA susceptible (83.0%) strains. S. aureus and methicillin-sensitive
- strains were more likely to be susceptible to FA (p<0.001). Among 39 *Cutibacterium spp*
- strains, FA inhibition zone diameters geometric mean was 28.6mm [24-35mm], suggesting
- 46 that all these strains could be considered as susceptible to FA.
- 47 Conclusion:

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- These data suggested that FA could be more frequently used in OOII due to *Staphylococcus*
- spp and *Cutibacterium spp*, subject to the absence of other resistant bacteria.
- 50 **Keywords:** Osteomyelitis; *Staphylococcus* spp; *Cutibacterium* spp; Fusidic Acid;
- 51 Orthopaedic implant infection.

#### **Introduction:**

Bacterial resistance to antibiotics is a challenging complication in bone and joint infections as well as in periprosthetic joint infections [1]. Besides inappropriate broad spectrum antibiotics use [2], a prolonged exposure to antibiotics is a key driver of the development of antibiotic resistance [3].

Among hospital and healthcare associated infections, osteomyelitis and orthopaedic implants infections (OOII) are associated with the most prolonged antibiotics exposure (i.e from six to twelve weeks) [4,5]. Strategies to reduce antibiotics duration are currently investigated in these kinds of infection, where bacteria in stationary phase did not appear as susceptible to antibiotics as bacteria in exponential phase and probably required longer course of antibiotic treatments [4,6]. Nevertheless, no equivalence study investigating the impact of narrow spectrum antibiotics are being performed in this field, where the use of broad spectrum fluoroquinolones are recommended in the treatment of Gram-negative bacilli as well as staphylococci, which are the most frequently isolated bacteria during OOII [4]. Fluoroquinolones are frequently prescribed in association with rifampicin[5,7,8], but adverse drug reactions (ADRs) of fluoroquinolones or rifampicin are not uncommon when prescribed for OOII [9,10]. Moreover, a negative impact of prolonged course of rifampicin (which is the major drug active on sleeping mycobacteria during the six-month treatment of tuberculosis) onto the development of resistance of *Mycobacterium tuberculosis* strains has been discussed elsewhere [11].

Fusidic acid (FA) is an oral narrow spectrum (almost exclusively anti-staphylococcal) antibiotic that belongs to the steroids family and exerts its bacteriostatic activity through binding Elongation Factor G necessary for bacterial protein synthesis [12]. Because of its pharmacokinetic properties [13], it is approved for skin and soft tissues as well as bone staphylococcal infections, but despite being well tolerated [13], it remained frequently prescribed only if rifampicin cannot be used among those latter [14,15]. In the present report, to describe the use and the potential use of FA as a narrow spectrum antibiotic in OOII, we made an overview (i) of the prescription and tolerance of FA (ii) of FA susceptibility of *Staphylococcus* spp and *Cutibacterium* spp strains isolated from bone samples taken in our tertiary Hospital.

## **Material and methods:**

#### Fusidic acid prescriptions:

All prescriptions of FA referenced in Hospital Pharmacy database of Reims University Hospital (Easily software- Hospices Civils de Lyon) during the period June 1st 2017-May 31th 2021 were included. Prescriptions of FA lasting less than two days were excluded from the analysis. Corresponding sociodemographic and clinical data were retrospectively extracted from patient's medical records (Easily software- Hospices Civils de Lyon) by an external reviewer (YNG). Indications and ADRs of FA were defined according to documented bacterial infections and adverse events reported in medical files before and after FA prescription respectively. All ADRs have been reported except those that were more

probably due to another antimicrobial treatment, prescribed before or in association with or FA.

FA consumption had been calculated by dividing the number of FA daily defined doses (DDD) over the period 2017-2020 by the number of Patient-days (PD) using Consores®-2020, CEPIAS Grand Est. Results of FA consumption in Reims University Hospital during study period are expressed in DDD/1000 PD.

#### Ethics:

The patients were not required to provide individual consent because of the retrospective and non-interventional nature of this study, in accordance with French legislation. No patient had previously objected to the further use of their medical data. Data confidentiality was preserved throughout this internal study (Reims University Hospital GDPR register number RMR004-03072021), in accordance with the principles of the Declaration of Helsinki. Written consent had been obtained from the two patients, whose cases were reported as supplementary material.

## Fusidic acid susceptibility of bacterial strains

All multiple bone samples performed in Reims University Hospital between June 1st 2017 and May 31th 2021 with staphylococcal positive culture referenced in Bacteriology Laboratory database (Labo Serveur, Inlog) were included and screened for significant staphylococcal cultures suggestive of infection. Briefly, at least three samples per patient including bone or peri-implant tissues or synovial fluids had been previously taken during surgery of OOII. Patients did not receive antibiotic before sampling only in case of first surgery. When more than one surgical procedures were required (e.g two stage orthopaedic implant exchange), further samples could have been collected while patient received antibiotics. All Staphylococcus aureus strains were considered as significant and none were excluded, whereas coagulase-negative staphylococci were not considered as significant and therefore excluded if these strains grew only on one sole sample. Antibiotic susceptibility testing had been routinely performed using disk diffusion method according to each year's CASFM/EUCAST guidelines [16]. Each isolate was not considered as susceptible when it was categorized as "intermediate" and "susceptible, increased exposure", according to these guidelines before and after 2019 respectively. Except FA, Vancomycin and Methicillin, the susceptibility of each included staphylococcal isolate was also extracted for Ofloxacin, Erythromycin plus Lincomycin, Linezolid, Tetracycline, Rifampicin and Trimethoprim/Sulfamethoxazole. A score between 0 and 6 was assigned to each strain according to the remaining number of susceptibilities to these antibiotics.

All multiple bone samples performed in Reims University Hospital between June 1st 2017 and May 31th 2021 with culture positive for *Cutibacterium spp* (formerly *Propionibacterium spp*) referenced in Bacteriology Laboratory database (Labo Serveur, Inlog) were included and screened for significant *Cutibacterium spp* cultures suggestive of infection. *Cutibacterium spp* strains were not considered as significant and therefore excluded if these strains grew only on one sole sample and if a specific antibiotic treatment was not

- given to treat these strains. The susceptibility to Fusidic acid has been determined for all
- included *Cutibacterium spp* strains using disk diffusion methods, as described for
- 136 Staphylococcus spp in CASFM/EUCAST guidelines [16]. The susceptibility of each included
- 137 Cutibacterium spp isolate was also extracted for Amoxicillin, Imipenem, Lincomycin,
- Levofloxacin or Moxifloxacin, Vancomycin, Rifampicin and Chloramphenicol.

## Statistical analysis:

Quantitative variables usually expressed as median + range were compared using the Mann Whitney U-test and qualitative variables expressed as percentages were compared using Pearson's Chi-square test. A p value <0.05 was considered as significant. Statistical analyses were performed using Stat view 5.0 software (SAS institute).

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#### **Results:**

## Fusidic acid prescriptions:

The mean FA consumption in Reims University Hospital over the study period was 0.6 DDD/1000 PD and 44 patients received FA. Among these 44 patients, 19 (43.1%) were male and median age was 71.5 [36-96] years. Forty one out of 44 patients (93.1%) received exclusively oral FA, two intravenous plus oral FA and one exclusively intravenous FA. FA was prescribed for *Staphylococcus* and *Cutibacterium spp* infections in 42 and 2 cases respectively (Supplementary Table 1).

Among the 42 remaining patients receiving FA for staphylococcal infections, FA was prescribed for OOII and skin and soft tissues infection (SSTI) in 24 (57.1%) and 9 (21.4%) cases respectively. The other indications for FA were: mediastinitis in 3 cases, catheter related bloodstream infection in 2 cases, spinal cord stimulation neurostimulator infection, keratitis, peritoneal dialysis associated peritonitis and vascular bypass infection (one case each). FA was prescribed alone for SSTI in 5 cases which all occurred in one nursing home of Reims University Hospital, whereas FA was prescribed in association with another antibiotic in the 37 remaining cases. FA was prescribed because of a side effect due to a previous line of antibiotics in 9 cases (21.4%) and FA was also withdrawn in 9 cases (21.4%). Interestingly, FA was withdrawn because of the occurrence of a side effect only in 4 out of these 9 cases (44.4%), the 5 remaining withdrawals corresponding to the need of an intensification of the antimicrobial treatment (secondary infection...). Reported FA side effects were: diarrhoea, vomiting, skin rash, hypocalcaemia and rhabdomyolysis (one case each). One side effect (skin rash) did not lead to FA withdrawal. Rhabdomyolysis was due to a drug-drug interaction with statins. Interestingly, statins were not stopped during FA treatment in 2 cases, without occurrence of rhabdomyolysis.

To better assess if FA could be prescribed more frequently especially during OOII, we then investigated FA susceptibility of *Staphylococcus* spp isolates from bone samples in our centre during the same time period.

Fusidic acid susceptibility of Staphylococcus spp isolates from bone samples

Eight hundred and eighty six bone samples collected between June 2017 and May 2021 were screened and 401 Staphylococcus spp isolates were considered as significant (see methods section above): 254 S.aureus (63.3%) and 147 coagulase negative Staphylococcus strains (36.7%). Eighty four strains (20.9%) were methicillin-resistant. Among these 401 strains, 86 and 315 had been sampled during surgery of osteomyelitis and surgery of orthopaedic implants infections respectively. S. aureus and methicillin-resistant strains accounted for 198 (62.8%) and 63 (20.0%) out of the 315 orthopaedic implants infections strains respectively. Three hundred and thirty three out of the 401 strains (83.0%) remained susceptible to FA. We then tested whether FA susceptibility was statistically associated or not with (i) S. aureus strains, (ii) methicillin-sensitive strains and (iii) susceptibilities to other anti-staphylococcal antibiotics. S.aureus and methicillin-sensitive strains were more likely to be susceptible to FA than coagulase-negative staphylococci and methicillin-resistant strains respectively, p<0.001 (Table 1). Moreover, FA susceptible strains were also more likely to be susceptible to a higher number of antibiotics among Ofloxacin, Erythromycin plus Lincomycin, Linezolid, Tetracycline, Rifampicin and Trimethoprim/Sulfamethoxazole than non-susceptible strains (Table 1). Supplementary data about antibiotic susceptibility pattern of staphylococci is given in Table 2. The lowest susceptibility rate to FA was observed among Staphylococcus epidermidis strains. Twenty four out of 25 (96.0%) Methicillin Resistant S.aureus (MRSA) strains remained susceptible to FA.

The evolution of Fusidic Acid susceptible strains between June 2017 and May 2021 is depicted in figure 1. FA susceptibility of staphylococcal strains remained stable during this time period (all statistical comparisons gave non-significant results), whereas FA consumption remained low.

Fusidic acid susceptibility of Cutibacterium spp isolates from bone samples

As stated above, FA was prescribed and led to treatment success in 2 female patients, one with *Cutibacterium acnes* OOII and one with *Cutibacterium avidum* OOII (Supplementary Table 1). These cases are reported as supplementary material. To better assess if FA could be prescribed more frequently during OOII due to *Cutibacterium spp*, we then investigated the Fusidic acid susceptibility of *Cutibacterium spp* isolates from bone samples in our centre during the same time period.

One hundred and forty five bone samples collected between June 2017 and May 2021 were screened and 37 supplementary *Cutibacterium acnes* isolates were considered as significant (see methods section above). The susceptibility to Fusidic acid of all these 39 strains (38 *Cutibacterium acnes* and 1 *Cutibacterium avidum* strains) was expressed as inhibition zone diameters using disk diffusion methods. Diameter geometric mean was 28.6mm, range [24-35mm] (Supplementary figure 2). These data suggested that 100% of *Cutibacterium spp* isolates could be considered as susceptible to FA with diameter ≥24 mm, if clinical breakpoints for *Staphylococcus* spp of CASFM/EUCAST guidelines were used [16]. All 38 *Cutibacterium acnes* isolates were susceptible to all tested antibiotics (Amoxicillin, Imipenem, Lincomycin, Vancomycin, Rifampicin and Chloramphenicol). Only the

Cutibacterium avidum strain was non susceptible to Lincomycin. Levofloxacin or Moxifloxacin susceptibilities were routinely tested only among 18 out of the 39 isolates but all tested strains were susceptible.

#### **Discussion:**

In the present manuscript focusing on the use and the potential use of Fusidic Acid (FA) as a narrow spectrum antibiotic in OOII, we reported that FA was rarely prescribed in our centre even for staphylococcal OOII, whereas *Staphylococcus spp* strains from bone samples were susceptible to FA in more than eighty percent of cases. FA was given almost exclusively orally, because of ADRs due to a previous line of antibiotics in 20% of cases. This latter assertion is in line with the fact that FA susceptible staphylococcal strains were more likely to be susceptible to a higher number of antibiotics (Table 1). Taken together, these data suggested that FA could potentially be more frequently used in OOII due to *Staphylococcus* spp strains, subject to the absence of other resistant bacteria.

Firstly, FA seemed to be considered as a well-tolerated second line [14,15] antibiotic regimen, as suggested by a withdrawal rate for ADR of less than 10% (4 out of 42 cases) in our study. Diarrhoea, gastrointestinal discomfort and skin rash have been reported since years [13], but the occurrence of hypocalcaemia as ADR seemed more anecdotal [17]. The main precaution while prescribing FA remained the need to check for potentially detrimental drugdrug interaction especially interaction between FA and statins that could lead to the occurrence of Rhabdomyolysis [18]. One such case was observed in our study, but, in two cases, statins were not stopped (albeit recommended during FA treatment) without occurrence of rhabdomyolysis.

Secondly, we could hypothesize from these bacteriological data that FA could be more frequently used during the prolonged treatment of staphylococcal OOII (especially those due to S.aureus, table 1 and 2) because of its narrow spectrum, subject to the absence of other resistant bacteria during polymicrobial infection that could occur between 10 and 30% of OOII [4]. It should be used in association with another antibiotic to prevent the development of resistance of staphylococcal strains [19], but not rifampicin, because of unfavourable interaction between these two drugs [20]. Other drugs with narrower spectrum than fluoroquinolones (with whom we did not observe in vivo antagonism in association with FA [21]) should be prioritized. Companion drugs with FA could be Lincomycin, Linezolid, Tetracycline, Trimethoprim/Sulfamethoxazole, Vancomycin or Daptomycin. Siala et al showed a median reduction of bacterial viability (evaluated by resoflurin fluorescence) of 6 staphylococcal strains forming biofilm of 27, 45, 41, 19 and 30% when exposed to FA, Daptomycin, Linezolid, Vancomycin and Doxycyclin respectively [22]. Synergies with FA were observed with Vancomycin but especially with Daptomycin and Linezolid [22], whose prescription must be cautious in case of treatment lasting more than four weeks. The association between bacteriostatic antibiotics such as FA, tetracycline or linezolide might probably not be problematic during OOII where surgical treatment allowed reducing bacterial inoculum. The efficacy of each antibiotic combination should be assessed by in vivo studies

(retrospective matched pair analysis) then in clinical trials as an alternative to
 fluoroquinolones and rifampicin in the treatment of OOII due to *Staphylococcus* spp strains,
 but after bacteriological documentation, avoiding an empirical risk of premature failure due to

FA resistant strains [23]. Such studies are mandatory steps before investigating an eventual

lesser impact of narrow spectrum antibiotic regimen onto the acquisition of other multi-

resistant bacterial strains in the human microbiota.

Lastly, albeit not routinely tested, FA was reported here as an effective treatment in two cases of *Cutibacterium spp* strains OOII (supplementary material). All these 39 study *Cutibacterium spp* strains isolated from bone samples were tested as susceptible to FA with large zone of inhibition ≥24 mm suggesting low Minimum Inhibitory Concentrations, if clinical breakpoints for *Staphylococcus* spp of CASFM/EUCAST guidelines were used [16]. This suggested that FA may be an option in treating infections due to Cutibacterium sp. More clinic-bacteriological studies are required in this field to confirm the further utility of FA in OOII due to *Cutibacterium spp* strains, which are the most common microorganisms involved in Shoulder prosthesis infection [24,25] and accounted for 15% of total hip arthroplasty infection cases in a Swedish study [26].

The main limit of this descriptive monocentric study was the absence of collection of data concerning the other bacteria (e.g *Pseudomonas* spp) that could co-infect bone with *Staphylococcus* spp or *Cutibacterium spp* and limit the possibility of a narrow spectrum antibiotic regimen. Conversely, excluding non-significant *Staphylococcus spp* and/or *Cutibacterium spp* strains could not be considered as a limit, because it allowed to exclude skin contaminants and to focus on strains involved in genuine OOII. We fully acknowledge that one cannot draw definitive conclusion from this retrospective study without standardized clinical results assessing treatment success. That is the reason why further studies are needed, especially for *S.aureus* OOIIs (Table 2), taking into account FA consumption and resistance rate of *S. aureus* that remains low [27] but also the wide use of broad spectrum fluoroquinolones and rifampicin now in our centre as in others [28].

#### **Conclusion:**

Fusidic Acid was rarely prescribed in our centre; whereas *Staphyloccus spp* strains from bone samples remained susceptible to FA in 83.0% of cases. These data suggested that oral narrow spectrum antibiotic with FA could be more frequently used in OOII due to *Staphylococcus* spp, subject to the absence of other resistant bacteria. Further studies are also required to investigate the utility of FA in OOII due to *Cutibacterium spp* strains.

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## **Declarations:**

- a. **Funding:** None.
- b. **Conflicts of interest:** The authors report no conflict of interest.

- 292 c. Availability of data and material (data transparency): Yes.
- d. Code availability (software application or custom code): Not applicable.
- e. Ethics approval: Data confidentiality was preserved throughout this internal study (Reims
- 295 University Hospital GDPR register number RMR004-03072021), in accordance with the
- 296 principles of the Declaration of Helsinki.
- 297 f. **Authors' contributions :** All authors contributed to the study conception and design.
- Material preparation, data collection and analysis were performed by JR, AL, DL, MB and
- 299 YNG. The first draft of the manuscript was written by YNG and all authors commented on
- previous versions of the manuscript. All authors read and approved the final manuscript.
- 301 g. Consent to participate: The patients were not required to provide individual consent
- because of the retrospective and non-interventional nature of this study, in accordance with
- French legislation. No patient had previously objected to the further use of their medical data.
- h. Consent for publication: Written consent was obtained from the two patients, whose cases
- 305 had been reported as supplementary material

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## 400 Tables

Table 1: Antimicrobial Susceptibility of *Staphylococcus spp* isolates from bone samples between June 2017 and May 2021: association between Fusidic acid susceptibility and *Staphylococcus aureus* species, methicillin-sensitive strains and susceptibilities to other antistaphylococcal antibiotics.

	All	Fusidic acid	Fusidic acid	P
	Staphylococcal	susceptible	resistant	
	Strains	strains	strains	
	(n=401)	(n=333)	(n=68)	
S.aureus n(%)	254 (63.3)	248 (74.5)	6 (8.8)	< 0.001
Methicillin	84 (20.9)	47 (14.1)	37 (54.4)	< 0.001
resistant strains				
n(%)				
Remaining	6 [0-6]	6 [1-6]	4 [0-6]	< 0.001
number of				
susceptibilities				
to antibiotics*				
Median [range]				

405 S.aureus: Staphylococcus aureus species

\* among those : Ofloxacin, Erythromycin plus Lincomycin, Linezolid, Tetracycline,
 rifampicin and Trimethoprim/Sulfamethoxazole.

Table 2: Antimicrobial Susceptibility pattern of some *Staphylococcus spp* isolates according to species and methicillin resistance.

	MSSA	MRSA	MSSE	MRSE	MSoCONS	MRoCONS
	n=229	n=25	n=33	n=46	n=55	n=13
Ofloxacin susceptibility	220	7	24	14	55	5
n(%)	(96.0)	(28.0)	(72.7)	(30.4)	(100.0)	(38.4)
Erythromycin plus	168	14	17	6	43	6
Lincomycin	(73.3)	(56.0)	(51.5)	(13.0)	(78.1)	(46.1)
susceptibility n(%)						
Linezolid susceptibility	228	25	33	44	55	13
n(%)	(99.5)	(100.0)	(100.0)	(95.6)	(100.0)	(100.0)
Tetracycline	223	19	24	20	51	9
susceptibility n(%)	(97.3)	(76.0)	(72.7)	(43.4)	(92.7)	(69.2)
Rifampicin susceptibility n(%)	224	22	25	31	55	7
	(97.8)	(88.0)	(75.7)	(67.3)	(100.0)	(53.8)
Trimethoprim	225	24	23	29	55	9
sulfamethoxazole	(98.2)	(96.0)	(69.6)	(63.0)	(100.0)	(69.2)
susceptibility n(%)						
Vancomycin	229	25	33	46	55	13
susceptibility n(%)	(100.0)	(100.0)	(100.0)	(100.0)	(100.0)	(100.0)
FA susceptibility	224	24	15	15	47	8
n(%)	(97.8)	(96.0)	(45.4)	(32.6)	(85.4)	(61.5)

- 410 MSSA: Methicillin susceptible *Staphylococcus aureus*; MRSA: Methicillin resistant
- 411 Staphylococcus aureus; MSSE: Methicillin susceptible Staphylococcus epidermidis;
- 412 MRSE: Methicillin resistant Staphylococcus epidermidis; MSoCONS: Methicillin
- susceptible other Coagulase Negative staphylococci (S. lugdunensis n=16, S. simulans n=8,
- S. hominis n=7, S. caprae n=6, S. pettenkofferi n=4, S. capitis n=4, S. warneri n=3, S. cohnii
- n=2, S. schleiferi n=2, S. saccharolyticus n=1, S. pseudointermedius n=1, S. lentus n=1);
- 416 MRoCONS: Methicillin resistant other Coagulase Negative staphylococci (S. haemolyticus
- n=4, S. pettenkofferi n=4, S. hominis n=2, S. lugdunensis n=1, S. caprae n=1, S. capitis n=1);
- 418 FA: Fusidic Acid.

Figure 1: Number of Fusidic Acid (FA) susceptible and resistant *Staphylococcus spp* strains and FA consumption between June 2017 and May 2021. \* 2017 FA consumption corresponded to the whole year and not only the period June to December. \*\* 2021 FA consumption not yet available.