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1	Efficient PFAS Removal from Contaminated Soils through Combined Washing and
2	Adsorption in Soil Effluents
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4	Muhammad Usman ^{1,*} , Aaifa Chaudhary ^{1,2} , Khalil Hanna ¹
5	
6	
7	¹ Université de Rennes, Ecole Nationale Supérieure de Chimie de Rennes, CNRS, ISCR-
8	UMR 6226, F-35000, Rennes, France
9	² Environmental Mineralogy & Chemistry, Center for Applied Geosciences, University of
10	Tübingen, 72074 Tübingen, Germany
11	
12	
13	For correspondence: muhammad.usman@ensc-rennes.fr
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16 Abstract

17 This study investigates soil washing as a viable strategy to remove poly- and perfluoroalkyl 18 substances (PFAS) from contaminated soils using various washing agents including water, 19 methanol, ethanol, and cyclodextrin ((2-Hydroxypropyl)- β -cyclodextrin HPCD)). Water was 20 less effective (removing only 30% of PFAS), especially for long-chain hydrophobic PFAS. Methanol (50% v/v) or HPCD (10 mg g^{-1} soil) achieved >95% PFAS removal regardless of 21 PFAS type, soil size fraction (0-400 µm or 400-800 µm), or experimental setups (batch or 22 23 column, at liquid/solid (L/S) = 1). Column optimization studies revealed improved efficiency at 24 L/S =10 with diluted washing solutions, where HPCD exhibited rapid PFAS mobilization even 25 at lower concentrations (1 mg mL⁻¹). We then applied a first-order decay model to effectively 26 predict PFAS breakthrough curves and mobilization within soil columns. Subsequent 27 treatment of wash effluents by activated carbon and biochar effectively reduced PFAS 28 concentrations below detection limits. The performance of both soil washing and subsequent 29 adsorption was found to depend strongly on the specific characteristics of PFAS compounds. 30 These findings highlight the significant potential of methanol and HPCD in soil washing and 31 the effectiveness of integrated soil washing and adsorption for optimizing PFAS removal.

Keywords: Poly- and perfluoroalkyl substances (PFAS); Soil Washing; Cyclodextrin;
 Adsorption; Modeling

34

36 Environmental implications

37 Per- and polyfluoroalkyl substances (PFAS) are hazardous pollutants known for their 38 persistence bioaccumulation, and determinantal impacts. This research investigates an efficient soil washing approach integrating subsequent treatment of wash effluents via 39 40 adsorption onto carbonaceous adsorbents (activated carbon or biochar). We compared various washing agents, finding methanol and cyclodextrin to be most effective (>95% 41 removal) across PFAS types and soil fractions, using batch and dynamic flow conditions. 42 43 PFAS mobilization was accurately predicted by first-order decay model. This study presents 44 a promising method for PFAS remediation, combining optimized soil washing with efficient 45 effluent treatment for comprehensive removal.

47 **1. Introduction**

48 Poly- and perfluoroalkyl substances (PFAS), a family of about 10000 chemicals, are highly 49 persistent and widespread in the environment, posing significant risks to human health and 50 the environment. Soils constitute a long-term environmental sink and a crucial reservoir of 51 PFAS contamination, slowly releasing these contaminants to the hydrosphere and allowing 52 uptake in biota (Evich et al., 2022). PFAS contamination in soils originates from sources like 53 firefighting foams (Dauchy et al., 2019), landfill leachate (Wei et al., 2019), wastewater 54 (Caniglia et al., 2022), solid biowastes (Caniglia et al., 2022; Munoz et al., 2022), and 55 atmospheric depositions (Johansson et al., 2019; Sha et al., 2022). Regional investigations 56 (Anderson et al., 2019) and global surveys (Brusseau et al., 2020; Rankin et al., 2016; 57 Sörengård et al., 2022; Strynar et al., 2012) have revealed widespread PFAS contamination 58 in soils worldwide. These studies, analyzing between 28 and 2500 sites at regional or global 59 scales, consistently found PFAS contamination in various environments, even in areas distant 60 from known contamination sources, including urban and remote areas at global scale 61 (Brusseau et al., 2020), army installations in US (Anderson et al., 2019), and background 62 forest soils in Sweden (Sörengård et al., 2022). These studies provide compelling evidence 63 that soils serve as a persistent environmental reservoir for PFAS contamination, emphasizing 64 the urgent need for remediation efforts.

65 Remediation of PFAS contaminated soils has proven to be challenging and expensive due to 66 the extreme persistence and diverse properties of PFAS. Few techniques have been reported 67 to remediate PFAS-contaminated soils including degradation, thermal immobilization/stabilization, and soil capping (Bolan et al., 2021; Liu et al., 2023). Although 68 69 efficient, thermal degradation can be limited by higher treatment cost, the need for off-site 70 transportation of large soil volumes, and its energy-intensive nature (Sun et al., 2024). 71 Immobilization/stabilization, capping, or encapsulation methods raise concerns about the 72 long-term effectiveness, as PFAS may persist in the soil and potentially leach out over time (Mahinroosta et al., 2020). Moreover, the efficiency of soil immobilization techniques for PFAS 73

74 compounds may be compromised in the presence of other PFAS or heavy metals, potentially 75 altering their mobility and raising concerns in mixed-contamination scenarios (Cai et al., 2023; 76 Liu et al., 2023). For example, our recent study revealed an elevated release of GenX (an 77 alternative PFAS to PFOA) when both PFOA and GenX were immobilized together in soil (Liu 78 et al., 2023). In addition to the inherent challenges posed by strong stability and persistence 79 of PFAS, remediation of contaminated soils is further limited by the complex interactions of 80 pollutants with soil matrix, restricted pollutant accessibility, and the presence of non-target compounds (Usman et al., 2022). 81

82 Soil washing, a method historically used for contaminated soils, employs physical and/or 83 chemical separation to reduce waste volume and concentrate contaminants into a smaller 84 liquid phase for easier and flexible treatment (Bolan et al., 2021; Usman et al., 2022). Despite 85 its potential, very few studies explored the use of soil washing for PFAS-contaminated soils 86 (Grimison et al., 2023; Høisæter et al., 2021; Pang et al., 2022; Uwayezu et al., 2024). Existing 87 studies primarily use water as the main washing agent (Grimison et al., 2023; Høisæter et al., 88 2021; Quinnan et al., 2022; Uwayezu et al., 2024) occasionally combined with gas/foam 89 fractionation (Pang et al., 2022) or soil fractionation for separate treatments of coarse and fine 90 soil fractions (Grimison et al., 2023; Quinnan et al., 2022). Given the diverse array of PFAS 91 compounds with varying characteristics (hydrophobic/hydrophilic, short-chained vs. long 92 chained, sulphonic vs. carboxylic heads etc.), exploring alternative washing agents is crucial for PFAS removal from contaminated soils. 93

Thus, the aim of this study was to investigate the efficiency of various washing agents including water, methanol, ethanol, and cyclodextrin (as an environmentally friendly alternative to organic solvents) in different concentrations to remove PFAS from contaminated soil. While cyclodextrins (CDs) are recognized as eco-friendly, biomass-derived co-solvents (Talvenmäki et al., 2021; Usman et al., 2012; Viglianti et al., 2006), their application in the washing of PFAScontaminated soils has not previously investigated to our knowledge. Cyclodextrins offer some advantages over organic solvents like their natural origin based on starch, non-toxic nature,

101 and biodegradability (Sikder et al., 2019). CDs are characterized by a distinct hydrophobic 102 non-polar interior cavity, which forms host-guest complexes with thousands of organic 103 molecules improving their solubility (Crini et al., 2018). This study used (2-Hydroxypropyl)-β-104 cyclodextrin (HPCD), a hydroxyalkyl derivative CD, recognized for its improved water solubility 105 and higher pollutant desorption capacity compared to traditional CDs (α -, β - and γ -106 cyclodextrins) (Sikder et al., 2019; Viglianti et al., 2006). These washing solutions have been 107 used to remove PFAS from the coarse and fine fractions of an agricultural soil spiked with five 108 different PFAS, including legacy PFAS (PFOA, PFOS) and their newer substitutes (GenX and 109 6:2 FTAB, respectively), along with PFDA as a long-chained PFAS. Soil washing experiments 110 were conducted in both batch and flow-through column settings, including open-loop and 111 closed-loop column setups. Subsequently, the soil washing effluent was treated using 112 activated carbon and biochar for PFAS adsorption. Activated carbon remains a highly effective 113 adsorbent for PFAS removal in contaminated water and wastewater (Gagliano et al., 2020; 114 Pauletto et al., 2022). Similarly, biochar has demonstrated viable potential as an alternative 115 adsorbent to activated carbon (Karunakaran et al., 2022). However, there exists limited 116 information regarding the efficacy of these carbonaceous adsorbents in the treatment of 117 effluents generated by soil washing processes. Notably, this study represents the first reported 118 application of biochar for the adsorption of PFAS from soil washing effluents.

119 2. Experimental section

120 2.1. Chemicals and reagents

Perfluorooctanoic acid (PFOA), perfluorooctanesulfonic acid (PFOS), perfluorodecanoic acid
(PFDA) were obtained from Sigma-Aldrich. Perfluoro-2-propoxypropanoic acid (GenX) and N(carboxymethyl)-N,N-dimethyl-N-[3-(1H,1H,2H,2H-perfluoro-1- octanesulfonamido)propan-1yl]ammonium (6:2 FTAB) were purchased from Manchester Organics Limited and Wellington
Laboratories, respectively. Commercially available activated carbon (Sigma Aldrich) and
biochar (ÉlémenTerre, France) were used. Analytical grade ethanol, methanol, and (2Hydroxypropyl)-β-cyclodextrine (HPCD) were obtained from Sigma-Aldrich and were used

without further purification. Unless otherwise stated, all solutions were prepared using
deionized (DI) water (Elga PURELAB Chorus, 18.2 MΩ-cm).

130 **2.2. Target soil**

131 In this study, a non-contaminated agricultural soil was spiked with tested PFAS compounds 132 (GenX, PFOA, PFOS, PFDA and 6:2 FTAB). This soil was of silt loam type (20.5, 59.8 and 133 19.7 wt % of sand, silt and clay, respectively) with pH of 6.9. The major characteristics of this 134 soil are provided in Table S1 and a detailed description is provided in the context of our 135 previous study (Liu et al., 2023). Preliminary assays employing the same extraction and 136 analysis methods as described below revealed non-detectable PFAS concentrations in this 137 soil, i.e. below the instrument detection limit. This soil was sieved to achieve two particle size 138 fractions of $0-400 \,\mu\text{m}$ and $400-800 \,\mu\text{m}$, which were then used in the subsequent experiments. 139 Both of these fractions were artificially contaminated by spiking with five different PFAS 140 compounds, namely PFOA, PFOS, PFDA, 6:2 FTAB, and GenX in methanol to obtain a 141 concentration of 200 µg kg⁻¹ for each PFAS (total PFAS concentration of 1000 µg kg⁻¹ dry 142 weight). This solution was allowed to evaporate under continuous mixing to ensure 143 homogeneous contaminant distribution. Spike-recovery tests of PFAS using methanol as the 144 extraction agent resulted in >99% recovery of the target PFAS.

145 **2.2. Soil washing**

Soil washing has been evaluated under three different experimental setups used in this study including a) batch conditions, b) open-loop column under water-saturated conditions and c) closed-loop column under water-saturated conditions. A visual representation of these setups is shown in Figure 1, and a summary of experimental conditions is presented in Table 1. Further details are provided below:

The preliminary batch experiments compared the washing efficiency of water, ethanol (10, 25 and 50% v/v), methanol (10, 25 and 50% v/v) and HPCD (1, 5 and 10 mg g⁻¹ soil w/w) for PFAS removal from soil. For this, 2 g of PFAS contaminated soil was mixed with the tested washing solutions at liquid-to-solid ratios (L/S) of 1. This L/S ratio was chosen to get closer to 155 column and ultimately real field conditions (Monfort et al., 2019; Rybnikova et al., 2017) while 156 minimizing the volume of final effluent requiring further treatment. These soil slurries were 157 placed on shaker at 200 rpm for 24 h, centrifuged, decanted, filtered ($0.2 \mu m$ PES filter) and 158 prepared for the analysis of the target compounds. All batch experiments were performed in 159 triplicates, at room temperature and in amber glass bottles to avoid any photolytic degradation 160 by light. Batch experiments were conducted for both soil fractions sieved through 0-400 μm 161 and 400-800 μm .





Figure 1: Schematic illustration of the experimental setups utilized in this study: a) batch conditions, b) open-loop column under water-saturated conditions, and c) closed-loop column under water-saturated conditions. In open-loop experiments, the washing solution was injected through the column until the entire influent solution had been introduced, followed by completion of the outflow from the column (Figure 1b). Closed-loop columns maintained similar conditions, with the effluent continuously collected and re-injected through the column in a continuous loop for three cycles.

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For column experiments, 10 g soil was packed into a glass column with an internal diameter (D_{int}) of 1.6 cm and a bed length (L) of 4.7 cm. The bulk density of the packed soil was 1.45 g/cm³. The pore volume (PV = 7.5) was estimated by weight differences before and after the 174 saturation of the dry column. For column experiments, 10 mL of washing solutions (L/S of 1) 175 were injected at a constant flow rate of 0.1 mL min⁻¹. In open-loop experiments, the washing solution was injected through the column and the experiment was stopped when the entire 176 177 influent solution had been injected (in about 100 minutes at 0.1 mL min⁻¹) and the outflow from 178 the column was completed by injecting air once the washing solution was exhausted to capture 179 the maximum amount of washing effluent (Figure 1b). In closed loop columns, similar 180 conditions were maintained (10 mL of washing solution at 0.1 mL min⁻¹). However, the effluent 181 was continuously collected and re-injected through the column in a continuous loop at the 182 same flow rate (i.e., 0.1 mL min⁻¹) for approximately three injection cycles, with a total duration 183 of 300 minutes (Figure 1c). Closed-loop system allows higher reaction/contact time as 184 compared to the open-loop column system (Rybnikova et al., 2017). Further experiments were 185 conducted at a higher L/S ratio of 10, while maintaining the total amount of methanol or HPCD 186 comparable to this system as explained in Section 3.3. Blank experiments were conducted in 187 the same way, using deionized water as the washing solution.

188 **2.3. PFAS adsorption on carbonaceous adsorbents**

PFAS adsorption experiments were performed using biochar (1 g L⁻¹) or activated carbon (1 189 190 g L⁻¹) using 10 mL of soil washing effluents (bearing methanol 5% v/v or HPCD 1 mg mL⁻¹) in 191 amber glass bottles. Experiments were also performed in water with similar contents of washing agents (methanol 5% v/v or HPCD 1 mg mL⁻¹) spiked with higher PFAS 192 193 concentrations (0.2 or 1 mg L⁻¹). After stirring for 24 h to reach equilibrium, the samples were 194 centrifuged at ~4000 g for 30 min, and aliquots of the resulting supernatants were transferred 195 into sampling LC vials for PFAS analyses. Blank samples of equal solution chemistry but 196 without the adsorbents were also collected for quality assurance, and aqueous losses to the 197 reactor walls were verified to be <5%, which was considered in calculating the adsorption of PFAS. 198

200 **2.4. PFAS quantifications and quality control**

201 The target PFAS (PFOA, PFOS, PFDA, 6:2 FTAB, and GenX) were analyzed using a liquid 202 chromatography-tandem mass spectrometry (LC-MS/MS) system with a limit of quantification 203 of 1 ppb as detailed previously (Liu et al., 2023). Background and instrumental contamination 204 of PFAS was removed by installing a PFAS delay column (PFAS analyses kit, Waters) that 205 effectively delayed instrumental contribution of PFAS from pump, solvent lines and solvents. 206 A continuous calibration verification sample was analyzed after every 30 samples with blank 207 runs after every 10 samples. A 10-point calibration was used for sample quantification (R² > 208 0.99). The detailed description of the analytical procedure has been provided in our previous 209 study (Liu et al., 2023).

Table 1: A summary of the experimental work performed in this study regarding soil washing and subsequent adsorption of PFAS from soil

211 washing effluents.

a) Soil washing setups									
System	Soil fractions (µm)	System	Soil washing agent/dose	L/S ratio	Target PFAS				
Freshly contaminated	1) 0 – 400	Batch	Water	1					
agricultural soil	or Bate 2) 400 – 800		Ethanol/Water: 10, 25, and 50% v/v	1	GenX, PFOA, PFOS, PFDA, 6:2 FTAB				
			Methanol/Water: 10, 25, and 50% v/v	1					
			HPCD (1, 5, and 10 mg g^{-1} soil w/w)	1					
	400 – 800	Column (Onon Joon)	Methanol/Water: 50% v/v	1					
			HPCD (10 mg g ⁻¹ soil w/w)	1					
		Column (Closed- loop)	Methanol/Water: 50% v/v	1					
			HPCD (10 mg g ⁻¹ soil w/w)	1]				
		Column (Open-loop)	Water	10	Breakthrough				
			Methanol/Water: 5% v/v	10	GenX, PFOA, PFOS, PFDA, 6:2 FTAB				
			HPCD (10 mg g ⁻¹ soil w/w = 1 mg mL ⁻¹)	10					
b) PFAS adsorption experiments									
System	Adsorbent	System	Reagent doses		Target PFAS				
Aqueous solution (soil	Activisted carbon		$PEAS$ concentration: 0.02, 0.2 and 1 mg l^{-1}		ConX BEOA				
washing effluents or				Genz, FFOA,					
artificially contaminated	Or	Batch	Adsorbent dosage: 1 g L ⁻¹		PFOS, PFDA,				
water)	Biochar		Adsorption time: 24 h	6:2 FTAB					

213 3. Results and discussion

214 **3.1. Batch washing of PFAS-contaminated soil**

215 Figure 2 presents the recovery of 5 PFAS (GenX, PFOA, PFOS, PFDA, and 6:2 FTAB) after 216 washing both size fractions (0-400 µm and 400-800 µm) of agricultural soil spiked with the 217 PFAS mixture. The efficiency of different washing solutions including water, ethanol (1, 25, 218 and 50% v/v), methanol (1, 25, and 50% v/v) and HPCD (1, 5 and 10 mg g^{-1} w/w) was 219 compared. Water was able to remove about 65-75% of GenX and <45% of PFOA but showed 220 negligible efficiency against PFOS, PFDA and 6:2 FTAB. Higher washing efficiency of GenX 221 in water compared to other PFAS can be linked to its high water solubility and lower binding 222 affinity towards soil constituents (Heidari et al., 2021; Liu et al., 2023). Our recent column 223 study indicated lower binding capacity of GenX compared to PFOA in a pristine as well as 224 amended soil (Liu et al., 2023). Higher recovery of GenX with water, though beneficial in 225 context of soil washing, could threaten the groundwater resources due to its higher leaching 226 in groundwater in contaminated soils. This highlights the concerns over the safety and 227 environmental mobility of GenX as an alternative of PFOA. Moreover, 6:2 FTAB and long-228 chained PFDA were the most resistant to soil washing using water which is consistent with 229 previous studies showing poorer soil washing efficiency for long-chain compounds, especially 230 >C₈ (Grimison et al., 2023) and with previous reports on PFAS desorption from aqueous film 231 forming foam (AFFF)-contaminated soils (Kabiri et al., 2021; Kabiri et al., 2022). The 232 resistance of longer chain PFAS to soil washing is linked to the increase in sorption with 233 increase in number of C-F₂ moieties, their low solubility in water and high hydrophobicity 234 (Grimison et al., 2023; Nguyen et al., 2020; Oliver et al., 2019; Uwayezu et al., 2024). In 235 addition to chain length, the results indicate that the type of functional groups (sulfonate and 236 carboxylic groups) also affected the efficiency of soil washing. The lower removal of PFOS 237 compared to PFOA, despite having the same carbon chain length, may be attributed to the hydrophobic nature of PFOS and its greater retention in soil, possibly due to the CF2 unit in 238 239 sulfonates (Uwayezu et al., 2024). Numerous soil immobilization and adsorption studies have

reported higher sorption of PFOS compared to PFOA (Knight et al., 2021; Rodrigo et al.,2022).

242 The inefficiency of water against hydrophobic or long-chained PFAS indicates the need for an 243 additional washing solution. The inclusion of all the tested washing agents, even at low concentrations, improved the PFAS removal efficiency compared to water. Among them, 244 245 methanol (50%) and HPCD (10 mg q^{-1}) showed particularly higher washing efficiencies to 246 remove all the target PFAS ranging from 92-98%. An increase in the dose of methanol and 247 HPCD improved the PFAS recovery. For example, the removal of PFOS increased from 51%, 75%, and 99% using 1, 5 and 10 mg g^{-1} HPCD. The optimum concentration of methanol and 248 HPCD were 50% (v/v) and 10 mg g^{-1} , respectively. The optimum concentration of methanol 249 250 (50%) is consistent with previous studies showing the optimum desorption of PFOS from soil 251 (Senevirathna et al., 2021) and granular activated carbon for the successful regeneration of 252 this adsorbent (Deng et al., 2015).

253 PFAS removal was slightly higher (4-6% higher) in coarse soil fractions (Figure 2a) than the 254 fine soil fractions (Figure 2b). This can be linked to the higher sorption capacity of clay in fine 255 soil fractions compared to the coarse fraction (Abou-Khalil et al., 2023; Mahinroosta et al., 256 2020). This difference was remarkable in a recent and similar - but mobile - soil washing study 257 where washing efficiencies were greater for gravel and sand fractions, up to 98% and 96% 258 respectively, compared to fine (clay) soil fractions, maximum 62% removal efficiency (Quinnan 259 et al., 2022). Due to PFAS's strong sorption affinity for fine soil fractions, traditional soil 260 washing studies have proposed separating these fractions (Grimison et al., 2023; Hubert et 261 al., 2023; Quinnan et al., 2022). Despite the recognized role of clay particles in affecting the 262 mobility of PFAS (Abou-Khalil et al., 2023), our study clearly demonstrates the robust 263 effectiveness of the tested washing solutions in removing PFAS from coarse as well as fine 264 soil fractions. This suggests that PFAS elimination from the soil can be achieved without the 265 need to separate distinct soil fractions, as required in traditional soil washing strategies. It is 266 worth noting that though partitioning coefficients of PFAS can vary according to their chain 267 length (Ahrens et al., 2010), similar recoveries between different PFAS were observed in our



study highlighting the strong efficiency of methanol and HPCD in washing PFAS contaminated

soils.

270

Figure 2: Washing efficiency for 5 PFAS (GenX, PFOA, PFOS, PFDA and 6:2 FTAB) in two size fractions, including a) 400-800 μ m and b) 0-400 μ m, of an agricultural soil spiked with an initial concentration of 200 μ g kg⁻¹ soil for each PFAS under batch conditions. Each bar and error bars are means and standard deviations of triplicates, respectively. Washing solutions include deionized water along with HPCD, ethanol and methanol at different concentrations (L/S ratio of 1).

277 **3.2. Column washing of a PFAS-spiked soil**

278 Column experiments were performed to assess the efficiency of the soil washing solutions in removing PFAS from the target soil under conditions closer to field investigations. Experiments 279 280 were performed at a constant flow rate of 0.1 mL min⁻¹ that was consistently verified 281 throughout the study. Column experiments performed with 0-400 µm fraction were halted due 282 to the column clogging caused by the higher amount of fine soil particles (data not shown). 283 Therefore, only the results obtained with spiked coarse soil fractions (400-800 µm) are 284 presented in Figure 3. Like batch experiments, both washing solutions exhibited >90% 285 removal for all the target PFAS under column conditions. Typically, closed-loop system offers 286 extended reaction time leading to improved treatment efficiency, a trend observed in previous 287 studies on the chemical oxidation or sorption of pollutants (Rybnikova et al., 2017). However, 288 in our case, both systems resulted in comparable treatment efficiency. The comparable 289 washing efficiency under both open and closed loop systems, even similar to the batch 290 systems, indicates the quick and efficient role of these washing solutions in removing PFAS. 291 It is important to note that in soil washing facilities, L:S ratios are typically higher compared to 292 our laboratory study (L/S ratio of 1), such as 5:1 (Quinnan et al., 2022), 18:1 (Grimison et al., 293 2023) and 2-40:1 (Uwayezu et al., 2024). Therefore, the selection of appropriate washing 294 agents may also help decrease the volume of final effluent requiring treatment. It is, however, 295 important to acknowledge that our study utilized spiked soil samples. In these samples, the 296 PFAS have been in contact with the soil for a relatively short period compared to historically 297 contaminated sites. This recent contact may lead to higher desorption efficiencies compared 298 to aged contamination scenarios (Nguyen et al., 2022; Usman et al., 2022). Moreover, the role 299 of varying soil properties and experimental conditions (particularly flow rate which has been 300 0.1 mL min⁻¹ in our study) should also be considered for a more comprehensive comparison 301 of the treatment efficiency.





303 Figure 3: Washing efficiency for 5 PFAS (GenX, PFOA, PFOS, PFDA and 6:2 FTAB) in an 304 agricultural soil spiked with an initial concentration of 200 µg kg⁻¹ soil for each PFAS under 305 flow-through conditions including open-loop (Figure 3a) and closed-loop columns (Figure 3b). 306 In open-loop experiments, the washing solution was injected through the column until the 307 entire influent solution had been introduced, followed by completion of the outflow from the 308 column (Figure 1b). Closed-loop columns maintained similar conditions, with the effluent 309 continuously collected and re-injected through the column in a continuous loop for three 310 cycles. Soil washing solutions including methanol (50% v/v) and HPCD (10 mg g^{-1} soil w/w) 311 were injected at a flow rate of 0.1 mL/min L/S ratio of 1). Error bars are relative standard 312 deviations of duplicates.

313

314 **3.3. Column optimization of the loading of washing solutions**

Although washing solutions containing 50% methanol or 10 mg g⁻¹ HPCD (equivalent to 10 mg mL⁻¹ at L/S ratio of 1) effectively removed the target PFAS with minimal effluent volume, the discharge of effluents with high concentrations of solvents, particularly methanol at 50%, can raise concerns for both health and environmental impacts (Lau et al., 2014). Additionally, the high solvent concentrations may hinder PFAS removal through subsequent adsorptive processes, given its role in solubilizing pollutants, as previously reported (Deng et al., 2015;
Rodrigo et al., 2022; Senevirathna et al., 2021).

322 To address these concerns, additional experiments were conducted at a higher L/S ratio of 323 10, while maintaining the total amount of methanol or HPCD constant. This involved increasing 324 the volume of the washing solution tenfold to lower the concentrations of methanol and HPCD 325 while maintaining a similar overall amount of washing agent. The objective was to assess 326 whether diluted solutions of methanol (10 mL of 5% solution instead of 1 mL of 50% methanol 327 solution per gram of soil) or HPCD (1 mg mL⁻¹ in L/S of 10 instead of 10 mg mL⁻¹ in L/S of 1, 328 equaling 10 mg/g of soil in both cases) could effectively remove PFAS. Additionally, this 329 approach addresses whether a specific solution concentration is necessary or if the total 330 amount of washing reagents is the determining factor. For this, column experiments were 331 performed using coarse soil fractions (400-800 µm) under saturated open loop conditions. The 332 kinetic release of target PFAS was evaluated by taking samples at regular intervals. The 333 obtained results are illustrated in Figure 4 presenting the residual PFAS concentrations in the 334 soil after washing with respect to injection volume and the number of elution volumes per 335 column pore volume (V/Vp).

336 The use of washing solutions demonstrated varying degrees of effectiveness in removing 337 PFAS contaminants from the soil (Figure 4). Like batch experiments, the use of water alone 338 removed PFAS by 90% (GenX), 70% (PFOA), 30% (PFOS) <10% (for both PFDA and 6:2 339 FTAB). PFAS removal mostly occurred in the first five PV hinting the quick removal of easily 340 mobilized PFAS fractions by water. No significant increase beyond that point hints the strong 341 sequestration of the hydrophobic PFAS in soil (Grimison et al., 2023; Nguyen et al., 2020; 342 Rayner et al., 2022) and limited ability of water against these fractions. However, the efficiency 343 of PFAS removal by water was higher as compared to that in batch conditions which can be 344 linked to higher L/S ratios used in this column experiment. These findings are consistent with 345 Uwayezu et al. (2024) who reported a 50-70% improvement in PFOS removal with an increase 346 in the L/S ratio from 2 to 40. The use of methanol (5%) or HPCD (1 mg mL⁻¹) significantly 347 improved the PFAS removal efficiency. For methanol, both GenX and PFOA were removed in

348 the first PV while PFOS, PFDA and 6:2 FTAB exhibited continuous removal along subsequent 349 injected volume. The washing efficiency was, however, lower compared to the column 350 experiments performed at higher methanol concentration (50% at L/S ratio of 1). This suggests 351 that for methanol, concentration and amount of washing reagent is a critical parameter. HPCD 352 (same amount per g of soil was used at different liquid/solution ratios) exhibited quick and 353 significantly higher removal of all the PFAS as evident from the drop in residual concentration 354 in soil in the first three PV (Figure 4c). The observed plateau in PFAS release suggests a 355 possible existence of two-stage, an initial rapid release, followed by a slower release of PFAS 356 with lower availability. This variability in PFAS availability is likely due to sorption processes 357 within the soil components, where some molecules are strongly bound to soil particles, limiting 358 their release (Liu et al., 2023; Usman et al., 2022).



359

Figure 4: Evolution of PFAS concentration in contaminated soil columns over time (lower xaxis) and V/Vp, with the release of PFAS washing with three solutions including **(a)** water, **(b)** 5% methanol, and **(c)** HPCD (1 mg mL⁻¹). The upper axis (V/Vp) represents the ratio of the injected solution volume to the pore volume. The initial concentration of each PFAS (GenX, PFOA, PFOS, PFDA, and 6:2 FTAB) was 200 μ g kg⁻¹ of soil. Flow rate: 0.1 mL min⁻¹, L/S = 10. The solid lines represent the fit of a one-phase decay exponential model to the data. Error bars are standard deviations of duplicates.

To get further insights into the washing efficiency in soil columns, we employed a one-phase first order exponential decay model. This model is commonly used to describe the decay of pollutants in many chemical and biological processes (Zhang et al., 2024). We adapted the model to describe the soil washing to mobilize PFAS from soils using the following simplified equation:

373
$$C = (C_0 - p)e^{-kt} + p$$

374 Where C is the concentration of PFAS in soil at at any time t ($\mu g k g^{-1}$), C₀ is the initial 375 concentration of PFAS in soil (200 µg kg⁻¹), k is the first-order mobilisation rate constant (min⁻ 376 ¹), and p is the plateau representing C value at infinite times (μ g kg⁻¹). The model yielded great 377 values of $R^2 (\ge 0.92)$ and the fitted values of k and p are shown in Table 2. Fitting curves are 378 in good agreement with the experimental data, suggesting that PFAS mobilization using 379 washing agents can be described through a first-order process in soil columns. The modeling 380 data also confirmed the significant discrepancy in terms of mobilization rate among washing 381 agents. Although p can be strongly dependent on PFAS type as well as extracting agent, time to reach the plateau can be the same regardless of PFAS compound. 382

383

384 **Table 2**: Fitting results of the one-phase exponential decay model adapted for soil washing385 data presented in Figure 4.

		GenX	PFOA	PFOS	PFDA	6:2 FTAB
Washing agent						
Water	<i>k</i> (min ⁻¹)	0.013	0.020	0.013	0.014	0.016
Water	р (µg kg ⁻¹)	28.4	64.5	139.4	170.7	180.4
Methanol	<i>k</i> (min ⁻¹)	0.068	0.036	0.011	0.003	0.004
Methanol	р (µg kg ⁻¹)	12.3	28.6	19.4	42.5	42.2
HPCD	<i>k</i> (min ⁻¹)	0.047	0.041	0.021	0.022	0.033
	р (µg kg ⁻¹)	0.9	22.9	19.1	1.6	22.2

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387

389 **3.4.** Adsorption of PFAS from soil washing effluents using carbonaceous adsorbents

390 Following the successful removal of PFAS from contaminated soil through soil washing, 391 attention turned to addressing the environmental implications posed by the significant PFAS 392 levels present in the washing effluents. This phase of the research focused on adsorbing the 393 separated PFAS onto two carbonaceous adsorbents: activated carbon and biochar. While 394 previous studies have demonstrated the efficacy of activated carbon in removing PFAS from 395 soil washing effluent (Grimison et al., 2023; Uwayezu et al., 2024), they typically used water 396 alone for soil washing, unlike our study, which utilized methanol and HPCD to enhance 397 pollutant solubility. Additionally, our study explored the use of biochar as a cost-effective and 398 sustainable alternative to activated carbon.

399 Batch experiments using activated carbon or biochar effectively eliminated PFAS from the soil 400 washing effluent in the presence of methanol or CD for each PFAS, reducing them below the 401 detection limit (Figure 5). To further investigate the efficiency of these materials, experiments were also performed at higher PFAS concentrations (0.2 and 1 mg L⁻¹ of each PFAS) in 402 artificially contaminated water in the presence of 5% methanol or 1 mg mL⁻¹ of HPCD. 403 404 Activated carbon achieved complete PFAS adsorption, while the adsorptive efficiency of 405 biochar decreased at higher PFAS concentrations. Notably, biochar capability decreased 406 more prominently in the presence of HPCD (1 mg L^{-1}) (Figure 5b) compared to methanol (5% 407 v/v) (Figure 5d), likely due to increased pollutant solubilization in the presence of HPCD. In 408 addition, PFAS encapsulated by HPCD likely become less available to interact with adsorption 409 sites.

The higher PFAS removal by activated carbon can be attributed to its improved properties (BET specific surface area = 790 m²g⁻¹, total pore volume = $0.83 \text{ cm}^3 \text{ g}^{-1}$) compared to biochar (232 m² g⁻¹ and 0.39 cm³ g⁻¹, respectively). Regarding biochar efficiency at elevated PFAS concentrations, PFAS adsorption varied according to their functional groups and chain lengths. PFOS, with its sulfonate functional group, exhibited higher adsorptive removal than PFOA, which contains a carboxylate group in agreement with (McCleaf et al., 2017). Moreover, PFAS sorption on biochar increased with greater fluorinated chain length, indicating 417 a predominant role of hydrophobic interactions in sorption processes as suggested earlier 418 (Fabregat-Palau et al., 2022). Conversely, short-chain GenX posed greater challenges for 419 removal using biochar, likely due to their lower affinity for adsorption sites and weaker 420 interactions with the biochar surface. This study underscores the significant potential of the 421 adsorption process, even in the presence of lower concentrations of methanol or HPCD, which 422 offers flexibility to conduct experiments at varying L/S ratios.



423

Figure 5: Batch adsorption of PFAS onto activated carbon (Figure 5a and 5c) or biochar (5b and 5d) in the presence of methanol (5% w/w) or HPCD solutions (1 mg mL⁻¹). Experimental conditions: 3 PFAS concentrations including 0.02 mg L⁻¹ (in soil washing effluent), 0.2 and 1 mg L⁻¹ in artificially contaminated water mixed with similar concentrations of methanol (5%) or HPCD (1 mg mL⁻¹); adsorbent dose: 1 g L⁻¹, reaction time: 24 h. Error bars are relative standard deviations of triplicates.

431 **5. Conclusion**

Poly- and perfluoroalkyl substances (PFAS) represent a significant environmental concern
due to their persistence and widespread presence in various environmental matrices. This
research investigates an optimized soil washing approach integrating subsequent treatment
of wash effluents via adsorption onto carbonaceous adsorbents (activated carbon or biochar).
Provided below are the key findings and their broader implications of this study.

437 This study investigated the efficacy of different washing agents for PFAS removal from • 438 contaminated soils, aiming to contribute to the development of effective washing 439 strategies. Highlighting the role of PFAS characteristics in dictating their removal by washing, the findings of this study underscore the importance of exploring alternative 440 441 washing agents beyond traditional methods like water washing, especially considering the diverse characteristics of PFAS compounds. The study demonstrated that the 442 443 inclusion of methanol or HPCD in washing solutions can significantly enhance the 444 PFAS removal from contaminated soils. HPCD, as a green alternative, offered quick 445 and efficient removal even at lower concentrations. Furthermore, column optimization 446 experiments revealed the significance of solution concentration of washing agents and 447 total washing reagent amount in determining the efficiency of PFAS removal. Our first-448 order mobilization model can well predict the transport and mobility behavior of PFAS 449 in soil columns. These findings provide valuable insights into optimizing soil washing 450 protocols for PFAS-contaminated soils in controlled settings, potentially reducing the 451 volume of effluent requiring further treatment. However, it is crucial to validate the 452 efficiency of these washing solutions in real-world scenarios. Given our observations 453 are from only spiked soil, future research should investigate the use of these washing 454 solutions in historically contaminated soils, as the age and history of contamination 455 can significantly impact pollutant behavior and remediation efficiency. We also acknowledge that field soils are likely to exhibit more pronounced contaminant aging 456 457 compared to the spiked soils in our study (Usman et al., 2022). Although studies observed comparable leaching of PFAS in AFFF-impacted soils aged for years 458

459 (Nguyen et al., 2022) and in a freshly-contaminated soil (Nguyen et al., 2022), further
460 work is needed to explore the effects of soil aging of PFAS on soil washing in soils with
461 varying properties.

462 Subsequent treatment of soil washing effluents using activated carbon and biochar 463 proved effective in adsorbing PFAS, reducing concentrations below detection limits of 464 LC/MS. At higher PFAS concentrations in water, activated carbon demonstrated complete adsorption of PFAS, highlighting its potential as an efficient treatment option 465 466 for PFAS-contaminated effluents. While biochar exhibited variable efficacy depending 467 on PFAS characteristics, its cost-effectiveness and sustainability make it a promising alternative to activated carbon in certain applications. We also acknowledge that 468 469 although simple and cost-effective, adsorption remains a pollutant separation-based process where PFAS are diverted from one phase to another (Usman et al., 2023). 470 471 Further research should focus on integrating adsorption with PFAS degradation 472 processes to achieve adsorbent regeneration for multiple treatment cycles and/or safe 473 disposal. Development of technologies for PFAS destruction like advanced redox 474 processes in separated soil wash will be highly rewarding to eliminate these pollutants 475 (Uwayezu et al., 2024).

Integrating the washing and adsorption and/or degradation processes within a single
 reactor system holds promise for long-term remediation sustainability. Future research
 should not only focus on scaling these techniques for field application in historically
 contaminated soils but also evaluate their cost-effectiveness, operational feasibility,
 and long-term environmental impact compounded with thorough eco-toxicity
 assessments.

482 Overall, this study highlights the importance of exploring alternative soil washing agents and 483 treatment methods in PFAS remediation efforts. These findings contribute significantly to 484 developing sustainable remediation practices by demonstrating the efficacy of alternative 485 washing agents and efficient adsorbent materials.

486

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- 490

491 Declaration of generative Al in scientific writing

- 492 During the preparation of this work, the authors used chatGPT for the sole purpose of polishing
- 493 the language. After using this tool, the authors reviewed and edited the content as needed
- and take full responsibility for the content of the publication.

495 Credit Author Statement

- 496 **M. Usman**: Conceptualization; Investigation; Data curation; Formal analysis; Writing Original
- 497 draft preparation; Writing Review & Editing. **A. Chaudhary**: Data curation; Writing Review
- 498 & Editing. **K. Hanna**: Conceptualization; Funding acquisition; Supervision; Writing Review &
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