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10 **Seasonal variation in exposure to particulate matter among children attending**
11 **different levels of education: comparison of two dosimetry models**

12
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31
32 **Abstract**

33 Exposure to particulate matter (PM) has been associated with several adverse health
34 outcomes. Studies indicate that children may be exposed to much higher concentrations
35 of PM at school than in other environments. There exists very little data on the deposited
36 dose of PM while children attend classes. This study was carried out in a school located
37 near an industrial complex in Portugal and attended by children aged 3–12 years. Indoor
38 PM₁₀, PM_{2.5} and PM₁ were measured over two seasons in classrooms representing
39 different school year groups. Particle deposition fractions in the respiratory tract, as well
40 as the deposited doses, were calculated using the Multiple-Path Particle Dosimetry
41 (MPPD) and the Exposure Dose Model (ExDoM2). Both models were implemented
42 assuming an 8-hour exposure scenario to represent the school day. In general, differences
43 in PM concentrations were observed depending on room occupancy periods and season.
44 The highest mean PM_{2.5} concentration was recorded in winter when the classroom was
45 vacant ($23.7 \pm 20.5 \mu\text{g m}^{-3}$), while the highest mean PM₁₀ level was observed in spring
46 during school hours ($61.7 \pm 24.2 \mu\text{g m}^{-3}$). Regardless of the dosimetry model, the highest
47 deposition of PM₁₀ and PM_{2.5} was in the upper region, while the lowest was in the
48 tracheobronchial (TB) region. The results indicate that deposited dose and deposition
49 fraction in spring may be more harmful to pupils' health than in winter. PM₁₀ presented

50 the highest doses, ranging from 54.2 to 128 μg and from 83.9 to 185 μg , according to
51 MPPD and ExDoM2 estimates, respectively.

52 **Keywords**

53 Schoolchildren; Particulate matter; Dose; PM deposition; Dosimetry models.

54 **1. Introduction**

55 According to a recent report on air pollution and child health, nearly 600,000 children
56 aged 5–15 years died from exposure to unhealthy levels of ambient and household air
57 pollution in 2016 (WHO, 2018). Only in Europe, air pollution causes more than 1,200
58 deaths in people under the age of 18 every year (EEA, 2023). PM is the principal
59 component of indoor and outdoor air pollution and includes a range of particle sizes (Lee
60 et al., 2021). Several studies have suggested that the primary exposure mechanism of PM
61 is inhalation, which exacerbates respiratory symptoms in patients with chronic airway
62 diseases (Leikauf et al., 2020). PM is mostly absorbed through the respiratory tract, where
63 it can infiltrate the lung alveoli and reach the bloodstream. In the respiratory system, PM
64 induces the activation of alveolar macrophages and neutrophils that release reactive
65 oxygen or nitrogen species. Oxidative stress stimulates the production of mediators of
66 pulmonary inflammation and begin or foster numerous illnesses (Thangavel et al., 2022).
67 Short-term exposure to particulate matter with aerodynamic diameter lower than 2.5 μm
68 ($\text{PM}_{2.5}$) and its respiratory tract depositions are dose-responsive and related to higher
69 blood pressure, prevalence of prehypertension and hypertension among children (Liu et
70 al., 2021). There is also evidence that prenatal exposure to $\text{PM}_{2.5}$ and its components
71 increases the risk of preterm birth (Shi et al., 2024). In addition, poor air quality in school
72 buildings also contributes to health problems and can affect children's concentration and
73 cognitive development (Sunyer et al., 2015). According to the study by Martins et al.
74 (2020), concentrations of PM were often higher inside than outside the
75 microenvironments evaluated in Lisbon (Portugal), with children being exposed to much
76 higher concentrations of PM at school than at home. Faria et al. (2020) showed that
77 although children spend more time at home than at school during weekdays, the
78 classroom was the microenvironment that most contributed to the daily inhaled dose of
79 $\text{PM}_{2.5}$ and PM_{10} in Lisbon. Madureira et al. (2015) found that indoor air pollutants in
80 primary schools located in Porto (Portugal) were related to greater odds of wheezing in
81 children. Branco et al. (2020) also reported that high exposure to $\text{PM}_{2.5}$ and O_3 in nurseries
82 and primary schools in urban and rural areas in northern Portugal was associated with a
83 reduction in lung function among children.

84

85 In order to evaluate pupils' exposure to air pollutants in the school environment, many
86 studies have been carried out on the assessment of indoor and outdoor air in primary
87 schools or nurseries in both urban and rural areas, focusing mainly on investigating the

88 effects related to ventilation in classrooms, evaluating comfort parameters, and carrying
89 out the chemical characterisation of indoor and outdoor atmospheric pollutants (e.g.,
90 Abhijith et al., 2022; Almeida Sousa et al., 2021; Mainka et al., 2015; Mumovic et al.,
91 2009). Especially in Portugal in the last four years, some studies have investigated
92 potential sources of particulate matter in classrooms (Madureira et al., 2016), the
93 relationship between allergy symptoms and indoor air quality in schools (Branco et al.,
94 2020; Szabados et al., 2022), and inhaled doses of particulate matter (Faria et al., 2020),
95 but only a few aimed to calculate PM deposition among children (Chalvatzaki et al.,
96 2020a; Madureira et al., 2020). Although the regional deposition and dose of particles
97 deposited in the respiratory tract are an important factor in understanding the health
98 effects of aerosol particles (Goel et al., 2018; Linell et al., 2023), it is still unknown how
99 size segregated PM is deposited in regions of the respiratory system and the dose
100 deposited by children while attending classes, even when previous studies reported
101 adverse effects related to particle deposition in the airways. For example, it was
102 documented that the deposition of PM_{2.5} increases the risk of severity of pulmonary
103 tuberculosis in the upper and middle lobes (Makrufardi et al., 2023). In the study carried
104 out by Kesavachandran et al. (2015), the deposition of fine particles in the airways
105 resulted in a decline in forced expiratory volume and peak expiratory flow among outdoor
106 exercisers. Therefore, the development of dosimetry models is an important step in
107 understanding exposure-dose-response relationships for PM and can help in evaluating
108 the human health effects of inhaling toxic substances in different environments
109 (Chalvatzaki and Lazaridis, 2015). Different dosimetry modelling approaches have been
110 broadly used to predict particle deposition and dose in human airways, such as the MPPD
111 and the ExDoM2, for which estimates can be made for monodisperse and polydisperse
112 aerosols, in a user-interactive environment. For example, Chalvatzaki et al. (2021) carried
113 out simulations with ExDoM2 considering three study cases with seasonal and diurnal
114 variations in Greek cities. Overall, a higher daily deposited dose was obtained in the cold
115 period compared to the warm periods for all sites. This finding was associated with
116 increased deposition rate in the cold period during the afternoon/evening, because of
117 significant heating emissions. Recently, Khan et al. (2022) carried out MPPD simulations
118 for a city in India and found that the mass deposited in winter was significantly greater
119 than in monsoons for PM₁, PM_{2.5} and PM₁₀, mainly due to the higher PM levels in winter.

120
121 As deposition fractions and doses may vary from season to season and there are very few
122 studies on the deposited dose of PM while children attend classes, the current work aimed
123 to assess winter and spring indoor levels of PM₁, PM_{2.5} and PM₁₀ during school hours to
124 investigate: i) temporal variability of mass concentrations and, ii) hourly and seasonal
125 variations in the deposition of total and regional fractions and doses of PM in the
126 children's respiratory system using two dosimetry models.

127

128
129
130

2. Material and methods

2.1. Study area

132 Estarreja is a small town of about 7,000 inhabitants located in northern Portugal. The
133 town has an important chemical complex, comprising 30 companies in an area of 290 ha,
134 which is home to various economic sectors, such as heavy industry, retail, warehousing,
135 and services (Alves et al., 2023). This study was carried out at a school in the north side
136 of the town, close to the industrial complex. In addition to kindergarten, this school
137 integrates the first two cycles of basic education. In Portugal, basic education comprises
138 3 stages: 1st cycle (1st to 4th grades, ages 6-9 years), 2nd cycle (5th and 6th grades, 10-11
139 years) and 3rd cycle (7th to 9th grades, 12-14 years).

140 The school of this study is surrounded by low-rise buildings, a road with little traffic, and
141 a railway line to the west. It consists of 3 main buildings, each one dedicated to a different
142 level of education: 1) preschool, 3 – 5 years, 2) 1st cycle, 6 – 10 years, and 3) 2nd cycle,
143 10 – 12 years. Buildings 1, 2 and 3 are composed of 6, 12 and 7 classrooms, respectively.
144 To cover the different age groups and the various types of school activities, a classroom
145 was selected in each of the buildings. By imposition of the school principal, classrooms
146 with children with special educational needs or disabilities were considered ineligible.
147 The general characteristics of the classrooms were: concrete walls, wooden windows, and
148 floor, white painted and whiteboard with markers. All of them depend only on natural
149 ventilation with windows and exterior doors.

150 The school is open from 7:30 to 18.30. However, the school day starts at 8:30 and finishes
151 at 15:30. Every child is entitled to a 60-minute school lunch. In general, cleaning takes
152 place between 16:00 and 18:00. In this study, class time corresponds to the school day
153 considering the lunch break.

2.2. Experimental set-up and instrumentation

155 Measurements took place over two seasons. The winter campaign was performed between
156 November and December 2022, and the spring campaign between April and May 2023.
157 However, for this study, fifteen days of monitoring during each season were considered
158 after checking the amount of complete data for each working day and in every classroom.
159 The monitoring equipment was installed at a height of around 1 m above the floor, and at
160 least 1 m away from any doors, windows, and walls. The indoor instruments were
161 removed from the room and transferred to another in the next building at the end of every
162 Friday afternoon (**Table 1**). PM₁₀ simultaneous concentrations were rectified against in-
163 situ gravimetric PM₁₀ measurements.

164
165

Table 1
Sampling campaign characteristics.

Location	Description	Measurement periods
Indoor, ground floor	Kindergarten; room attended by the same class (20 pupils); age group between 3 and 5 years.	Nov. 14 – 18, 2022 April 13 – 21, 2023
Indoor, ground floor	1 st cycle, 1 st grade; room attended by the same class (17 kids); age group between 6 and 7 years.	Nov. 18 – 25, 2022 April 21 – 28, 2023
Indoor, 1 st floor	2 nd cycle, 5 th and 6 th grades; room attended by different classes (on average 22 children per class); age group between 10 and 11 years.	Nov. 25 – Dec. 02, 2022 April 28 – May 05, 2023

166

167 Simultaneous measurements of PM₁₀, PM_{2.5}, and PM₁ were obtained using an aerosol
168 spectrometer (Grimm Model EDM 164) operated at a 1-minute time resolution. In this
169 spectrometer, each particle is detected in the optical measuring cell and based on the
170 intensity of the scattered light signal it is assigned a size. This model measures particle
171 size distributions within the range from 0.25 to 32.0 µm. In addition, gravimetric PM₁₀
172 samples were collected on 15 cm quartz microfibre filters using a high-volume sampler
173 at an airflow rate of 500 l/min (HVS, Model CAV-A/MSb, MCV S.A).

174 The high-volume sampler was intercompared with real-time measurements. The
175 regression slopes for the results obtained from parallel measurements during the two
176 monitoring campaigns were 0.95 and 0.75, with correlation coefficients (R²) of 0.91 and
177 0.95 for winter and spring, respectively. However, as there was no gravimetric equipment
178 for fine particles, PM₁ and PM_{2.5} data were corrected from the ratios obtained between
179 the initial concentrations of PM₁/PM₁₀ and PM_{2.5}/PM₁₀ and multiplied by the
180 concentrations of corrected PM₁₀, in accordance with the method applied by Cipoli et al.
181 (2022).

182 2.3. Estimation of particle deposition and deposition dose in the respiratory system of
183 pupils using two models

184

- 185 • The MPPD model (V3.04, ARA Inc.)

186 The MPPD model calculates breathing from transport, deposition, and clearance in the
187 respiratory tract of rats and humans based upon a multiple-path method (Asgharian and
188 Anjilvel, 1998; Asgharian et al., 2001). In general, this model can predict both deposition
189 in a typical path per airway generation (single-path) and particle deposition in all ways of
190 the lung (multiple-path). The model provides specific human lung geometry for 10
191 different ages. It has three major applications: risk assessment, drug delivery and threat

192 assessment. In this study, MPPD was used for risk assessment. Lung geometries for ages
 193 3, 8 and 9 were selected because of the age of children attending the school. The model
 194 input parameters are presented in four categories: inhalant properties (aerosol), airway
 195 morphometry, exposure condition and deposition/clearance settings. For aerosol
 196 properties, the density and distribution were assumed to be 1 g cm^{-3} and single,
 197 respectively, while equations 1 and 2 (Hinds and Zhu, 2022) were employed to calculate
 198 the Mass Median Aerodynamic Diameter (MMAD) and the Geometric Standard
 199 Deviation (GSD) using the mass size distribution of PM_{10} , $\text{PM}_{2.5}$ and PM_{10} obtained in
 200 both seasons to derive the hourly values for all classrooms (Table S1, Supplementary
 201 Material):

$$202 \quad MMAD = e^{\frac{\sum c_i \ln(d_i)}{\sum c_i}} \quad (1)$$

$$203 \quad GSD = e^{\sqrt{\frac{\sum c_i (\ln(d_i) - \ln(MMAD))^2}{\sum c_i}}} \quad (2)$$

204 where c_i is the mass fraction in GRIMM channel i and d_i is the cut-off diameter of
 205 GRIMM channel i .

206 For airway morphometry, the age-specific 5-lobe was chosen and the default values for
 207 Upper Respiratory Tract (URT) and Functional Residual Capacity (FRC) were obtained
 208 from the model. Exposure was considered constant and the parameters for this category
 209 included the inspiratory fraction (value of 0.5), the Breathing Frequency (BF) and Tidal
 210 Volume (TV) that were also provided by the model, while concentrations were calculated
 211 for each of the three selected classrooms and each season considering weekdays only. In
 212 addition, since the aim of the study was to evaluate particle deposition while children
 213 were in their classrooms, only the sitting activity pattern was contemplated, and the
 214 associated breathing pattern was nasal (Patterson et al., 2014). The selection of the nasal
 215 route assumed that the study population (pupils) was sitting most of the time (low-
 216 intensity activity) and breathing spontaneously through the nose. The input parameters
 217 for each age are shown in **Table 2**, and seasonal averages of PM concentration, MMADs
 218 and GSDs are presented in Table S1, Supplementary Material.

219 MPPD calculates the deposition fraction based on mathematical equations described in
 220 detail by Asgharian et al. (2001). Based on the estimated concentration of DF and PM,
 221 the dose rate is calculated for each region of the respiratory tract and a report with the
 222 results is provided to the user. In this study, the period between 8 and 16 h represents the
 223 school day, therefore, dose rates were calculated for 1-hour exposure intervals and the
 224 sum of hourly doses is equivalent to the school day.
 225

- 226 • The ExDoM2 model

227 ExDoM2 was also used for the calculation of deposition fraction and dose profile for the
 228 school day. The model calculates the deposition dose, clearance, and retention of aerosol
 229 particles in the human respiratory tract based on the International Commission on
 230 Radiological Protection (ICRP) human respiratory tract model. ExDoM2 allows the user
 231 to set variable or static exposure conditions, such as exposure concentration, physical
 232 exertion levels, and different environments (Chalvatzaki and Lazaridis, 2015).
 233 Furthermore, the model works with monodisperse or polydisperse aerosol size
 234 distributions where the user has the flexibility to introduce the aerosol size parameters as
 235 median aerodynamic diameter and geometric standard deviation or to quantify these
 236 values directly from the model using as input the measurement data. For a detailed
 237 description of the model see Chalvatzaki and Lazaridis (2015) and Lazaridis (2023).
 238 **Table 2** displays the values of the physiological variables used in the deposition
 239 calculations in the models.

240 **Table 2**
 241 Input parameters according to the study group and model, applicable at normal conditions of
 242 sitting breathing.

Age (years)	URT (ml)		FRC (ml)		BF (min ⁻¹)		TV (ml)	
	MPPD	ExDoM2	MPPD	ExDoM2	MPPD	ExDoM2	MPPD	ExDoM2
3	9.47	nd	48.2	nd	24	nd	121.3	nd
5	nd	13.3	nd	767	nd	25	nd	213
8	21.0	nd	501.3	nd	17	nd	278.2	nd
9	22.4	nd	683.0	nd	17	nd	295.8	nd
10	nd	25	nd	1484	nd	19	nd	333

243 nd indicates missing values when that age is not considered in the model.
 244

245 In general, the input parameters required in each model are similar. However, while
 246 ExDoM2 considers wind speed and automatically selects physiological parameters based
 247 on the reference values provided in the ICRP66 model, MPPD offers the user the option
 248 of directly insert these values or select the model's default values that change according
 249 to the morphology of the lung and the person's age (**Table 3**). Both models consider age
 250 as an input parameter, but the selection options differ from one model to another. In
 251 ExDoM2 the user can choose between 5 options that consider gender (1 year, 5 years, 10
 252 years, 15 years, or adults), while with MPPD, the user has the option to choose one of the
 253 following ages: 3 months, 21 months, 23 months, 28 months, 3 years, 8 years, 9 years, 14
 254 years, 18 years, or 21 years. Additionally, different from MPPD, in ExDoM2 the user
 255 must specify the gender of the individual. The respective ages used in this study are
 256 presented according to the model in Table S2, Supplementary material.

257 **Table 3**
 258 Model specifications according to input options.

Parameter	Entered by user	Select from a list of options	Automatically set by the model
-----------	-----------------	-------------------------------	--------------------------------

PM concentration	Both models		
Density	Both models		
MMAD	Both models		
GSD	Both models		
Wind speed	ExDoM2 only		
Exposure scenario		Both models	
Activity level		Both models	
URT	MPPD only		ExDoM2 only
FRC	MPPD only		ExDoM2 only
BF	MPPD only		ExDoM2 only
TV	MPPD only		ExDoM2 only
Total lung capacity			Both models
Age		Both models	
Gender		ExDoM2 only	

259

260 The same input data for the implementation of MPPD for each group was used as input
 261 in the ExDoM2: (1) mean hourly PM concentration, (2) breathing pattern, (3) particle
 262 density, (4) hourly MMADs and GSDs, and (5) shape factor. The hourly wind speed was
 263 only considered in ExDoM2, and it was calculated for each classroom from data obtained
 264 during the winter monitoring campaign (Table S3, Supplementary material). In addition,
 265 in ExDoM2 model, the simulations were also implemented for each gender, female and
 266 male.

267 In addition to using a very different approach, another difference between the models is
 268 related to the presentation of the results. While MPPD provides an output report, the
 269 ExDoM2 model estimates the dose by formula (3), and generates an output file that
 270 includes hourly doses, making it necessary to isolate the DF in equation 3:

$$271 \text{ Dose } (\mu\text{g h}^{-1}) = PM_i * DF_{i,j} * VT \quad (3)$$

272 where PM_i is the mean exposure concentration of PM in the size fraction i ($\mu\text{g m}^{-3}$), $DF_{i,j}$
 273 is the deposition fraction in the region j of the respiratory tract for PM in the size fraction i ,
 274 and VT is the ventilation per hour ($\text{m}^3 \text{h}^{-1}$) of the exposed pupil, depending on age. To
 275 represent the school day, dose rates were calculated for a total of 8 h exposure duration
 276 in 1 h exposure time intervals.

277

278 2.4. Data analysis

279 For the treatment and analysis of the PM concentrations, a minimum data availability of
 280 75% per school day was considered. After checking the normality of the data, PM
 281 concentrations were examined with typical descriptive statistics including measures of
 282 central tendency and dispersion, diurnal cycles, highlighting the school period and
 283 significant differences between seasons and between the time of occupancy versus non-

284 occupancy with the non-parametric Wilcoxon test, where a p-value <0.05 was considered
 285 statistically significant.

286 Subsequently, the data from the dosimetry models were analysed separately and then the
 287 results of the two models were combined, considering the size of the PM and the groups
 288 evaluated to extract the general behaviour of the deposited fractions and doses.
 289 Association, agreement, and comparison analyses were performed using linear
 290 regression, Bland-Altman method, and t-test for paired samples.

291

292 **3. Results and discussion**

293

294 3.1. General overview of PM concentrations

295 Median concentrations of PM₁₀ varied from 6.7 to 24.4 µg m⁻³ in winter, and between 13
 296 and 18 µg m⁻³ in spring. As shown in **Table 4**, the median concentrations of PM₁₀, PM_{2.5}
 297 and PM₁ in the room attended by 2nd cycle students were 1.3, 1.2 and 1.4 times higher in
 298 winter. PM levels were higher in winter in the 2nd cycle room, while PM concentrations
 299 were higher in spring in kindergarten and 1st cycle room. In general, PM concentrations
 300 were statistically different between the two seasons in all classrooms.

301 **Table 4**

302 Median of PM concentrations (µg m⁻³) for weekdays in each classroom in winter and spring.

Classroom	Winter			Spring		
	PM ₁₀	PM _{2.5}	PM ₁	PM ₁₀	PM _{2.5}	PM ₁
Kindergarten						
Median	6.67	6.05	4.42	14.0	12.5	10.0
IQR ^a	15.6	3.07	1.10	15.8	1.93	5.15
1 st cycle						
Median	18.1	9.96	6.31	18.1	15.0	11.4
IQR	21.6	5.76	3.06	39.6	3.99	2.62
2 nd cycle						
Median	24.5	15.7	13.8	18.7	13.0	9.21
IQR	24.9	14.8	16.1	8.79	4.17	5.82

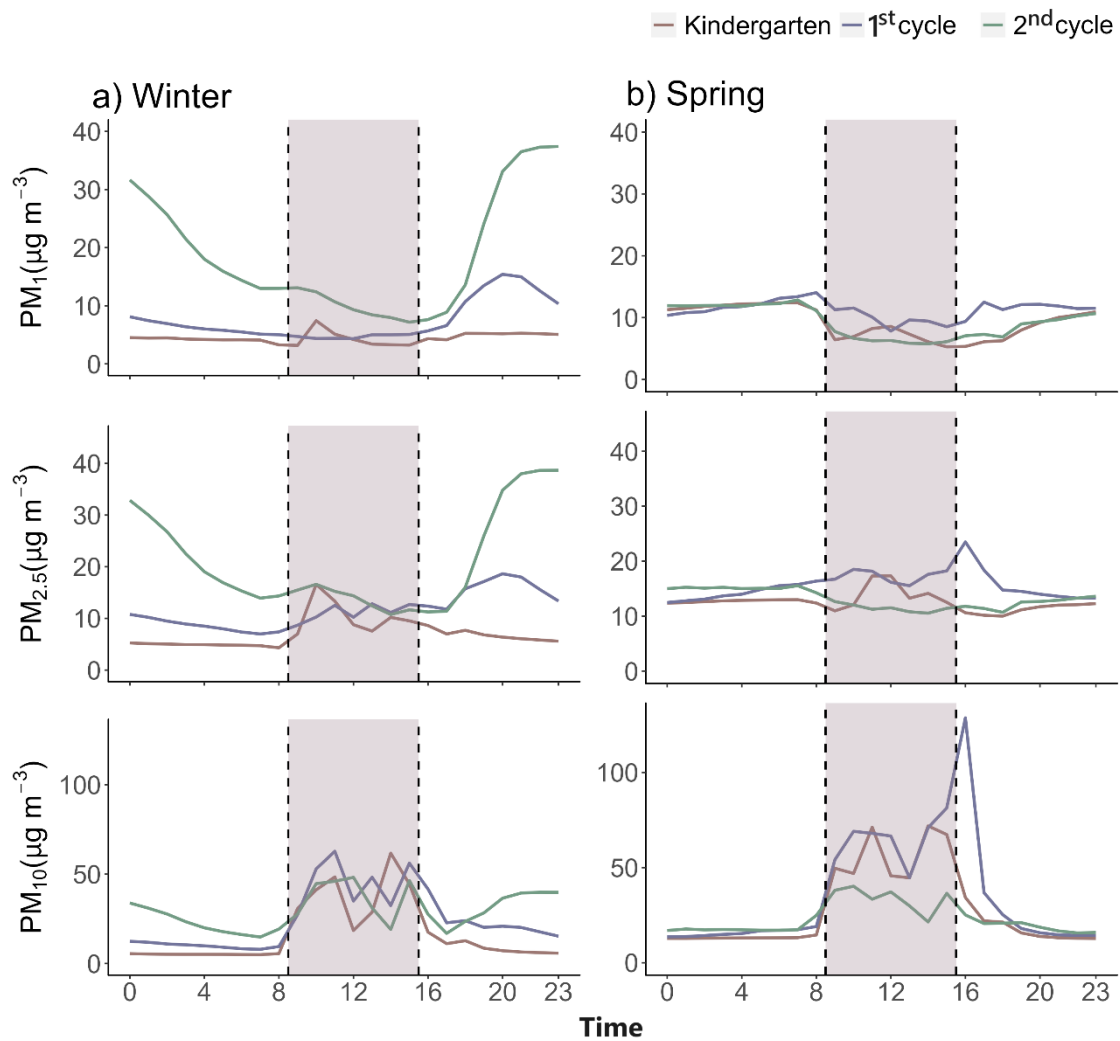
303 ^aInterquartil range.

304 To compare PM concentrations in the school environment, the hourly average
 305 concentration for PM is shown in **Fig.1**. The highest and lowest PM₁₀ hourly
 306 concentration was recorded in two different seasons. While the maximum value was
 307 observed in the 1st cycle room (128 µg m⁻³; 16:00) in spring, the lowest concentration
 308 was recorded in the kindergarten (4.9 µg m⁻³; 7:00) in winter. PM₁₀ concentrations in
 309 both seasons showed the main peaks during class time and periodic cleaning hour, which
 310 can be explained because the rooms are normally swept, in addition to the resuspension
 311 of soil material brought in on the soles of shoes, emissions associated with student

312 activities (e.g., paper and clothing fibres, skin peeling) and infiltration from outside to the
313 classroom environment, as reported in other studies (Alves et al., 2013; Madureira et al.,
314 2016). PM_{2.5} represented, on average, 35% and 31% of the PM₁₀ concentrations during
315 class time compared to 91% and 90% during unoccupied periods in winter and spring,
316 respectively.

317 The **Fig. 1** also revealed that PM_{2.5} and PM₁ concentrations in the 1st and 2nd cycle rooms
318 in winter began to increase almost at the end of the school day and, depending on the
319 classroom, reached their peak between 18:00 and 22:00, which may suggest the
320 penetration of particles from residential biomass combustion. A different pattern was
321 observed in the kindergarten room, where the concentration of fine particles did not
322 increase at night. It is believed that this behaviour is because the door always remains
323 closed after cleaning hours, making it difficult for particles to penetrate the environment,
324 as reported by other authors (Long et al., 2001). In a sampling campaign carried out in a
325 nearby school between September and November, it was concluded, based on the
326 chemical speciation of PM_{2.5}, that biomass combustion represented 9% of the mass
327 concentrations (Alves et al., 2023). In the present study, it is expected that the contribution
328 from this source will be greater, since it was carried out in winter, with lower
329 temperatures. In spring, concentrations for both particle sizes remained almost constant
330 throughout the day, with mean values below 15 and 11 $\mu\text{g m}^{-3}$ for PM_{2.5} and PM₁,
331 respectively.

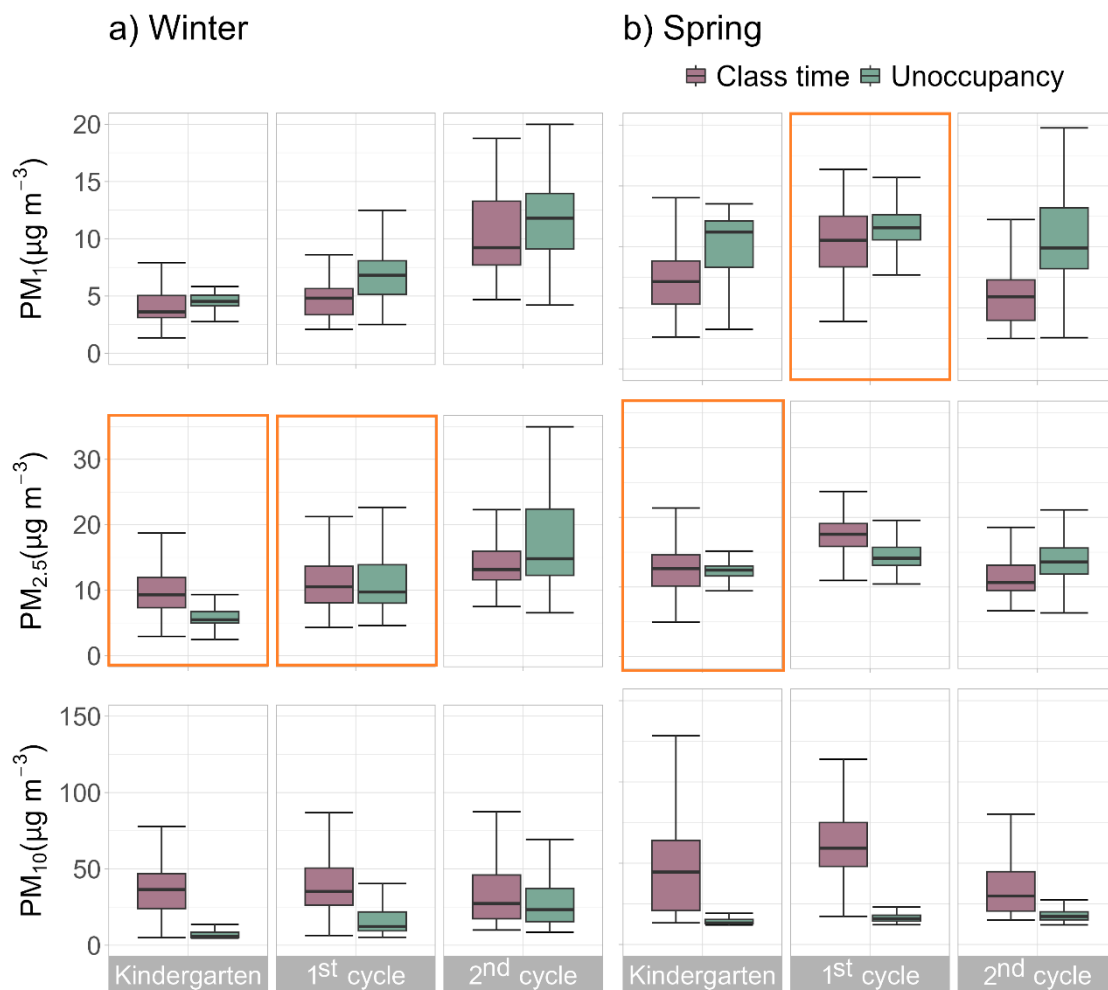
332 Although the daily mean concentrations were not higher than the values recommended
333 by the World Health Organisation (PM₁₀: 45 and PM_{2.5}: 15 $\mu\text{g m}^{-3}$), in winter, hourly PM₁₀
334 concentrations above 45 $\mu\text{g m}^{-3}$ were observed in the kindergarten and the 1st cycle room,
335 with a maximum of 62.7 $\mu\text{g m}^{-3}$ during the school day. In spring, the peaks were registered
336 in the kindergarten and the 1st cycle room between 11:00 and 15:00, while the 2nd cycle
337 room did not record concentrations above 45 $\mu\text{g m}^{-3}$ at any time of the day. Regarding
338 PM_{2.5}, hourly concentrations above 15 $\mu\text{g m}^{-3}$ were recorded in both the 1st and 2nd cycle
339 rooms, with levels in the 1st cycle room varying from 15.5 to 23.5 $\mu\text{g m}^{-3}$ between 6:00
340 and 16:00 in spring.



341
342
343
344

Figure 1. Variation in hourly average PM concentrations during weekdays in a) winter and b) spring. The highlighted band represents the class time.

345 According to the difference between the 5th and 95th percentiles (**Fig. 2**), there was greater
346 variability in PM_{2.5} and PM₁ concentrations in winter than in spring, mainly when the
347 classrooms were not occupied. On the other hand, PM₁₀ concentrations varied more in
348 class time than unoccupancy periods in the two seasons. In general, much higher PM₁₀
349 concentrations were observed during the school day compared to concentrations
350 measured during the period when classrooms were vacant. The maximum difference was
351 recorded in spring when the average concentration in the kindergarten classroom was 17.2
352 $\mu\text{g m}^{-3}$ during school hours and rose up to 51.7 $\mu\text{g m}^{-3}$ when the classroom was vacant.
353 Unlike PM₁₀, PM₁ concentrations were higher during free periods than class hours in both
354 winter and spring, except in the 1st cycle room. PM_{2.5} concentrations between class time
355 and unoccupancy periods in the kindergarten were similar in winter and spring, while in
356 the 1st cycle room, class time levels were higher in spring.



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Figure 2. Box plots showing the concentrations of particulate matter in class time and rest of the day in each room for a) winter and b) spring. Lower and upper boundaries of box plots represent the 25th and 75th percentiles, respectively; the line represents median values. The highlighted orange frames indicate when concentrations were not statistically different between school day and unoccupancy periods.

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In this study, the average concentrations of PM₁₀ and PM_{2.5} considering the two seasons and all classrooms were 3.82 and 3.16 times lower than those reported by Branco et al. (2019) in nurseries and primary schools in urban and rural locations in the north of Portugal. Some studies have shown that student activities increase PM generation indoors. Martins et al. (2020) reported that children in Lisbon were exposed to significantly higher concentrations of PM at school than at home, and that indoor concentrations of PM₁₀ and PM_{2.5} were often higher than outdoors. According to researchers, human activity and external infiltration are the main sources associated with internal PM. However, the results of the Lazović et al. (2022) study indicate that the average concentrations of PM₁₀ and PM_{2.5} in the outdoor environment in primary schools in Serbia were 20% and 32% higher than the concentrations observed in classrooms. Therefore, PM concentrations can be affected by several factors, such as classroom

375 activities, ventilation, occupancy rate and external sources (Alameddine et al., 2022;
 376 Tippayawong et al., 2009).

377

378 3.2. Deposition fraction of PM in two seasons and using two deposition models

379

380 Deposition fractions were obtained for the school day using two models (**Table 5**). In
 381 general, for all groups and in both seasons, the deposition fractions of PM_{2.5} and PM₁₀ in
 382 the various regions of the respiratory tract showed the following trend: tracheobronchial
 383 < pulmonary < head airway. This is in line with the trends reported in previous studies
 384 (Jia et al., 2021; Khan et al., 2022).

385

386 Overall, there were small differences between spring and winter DFs, as DFs do not
 387 depend on PM concentrations (Sánchez-Soberón et al., 2015), as previously reported in
 388 studies using MPPD (Li et al., 2015). In this study, the total DF of PM₁₀ calculated with
 389 MPPD and ExDoM2 was up to 4% and 7% higher in spring than in winter, respectively.
 390 This behaviour was slightly different for the finer particles (PM₁ and PM_{2.5}), being mainly
 391 larger in winter, except for children from the 2nd cycle, for whom DF were 4% and 10%
 392 higher in spring according to MPPD and ExDoM2, respectively (**Table 5**). The seasonal
 393 DF of PM₁₀ and PM_{2.5} was identified to be associated with the mass mean aerodynamic
 394 diameter, as reported by Manojkumar and Srimuruganandam (2022) in the city of Vellore,
 395 India. Based on the data from this study and using both models, it was possible to observe
 396 that larger MMADs led to greater DF, regardless of the children's age. This indicates that
 397 the DF varies with the particle properties and, therefore, is normally not directly
 398 proportional to the mass concentration, as reported in the results of the study by Kumar
 399 et al. (2017).

400

401 **Table 5.** Average deposition fractions for the different PM sizes during a school day.

Winter	MPPD				ExDoM2			
	Head	TB	P	Total	Head	TB	P	Total
PM₁								
Kindergarten	0.22	0.03	0.13	0.39	0.12	0.02	0.09	0.23
1 st cycle	0.23	0.04	0.17	0.44	0.07	0.02	0.08	0.17
2 nd cycle	0.21	0.04	0.18	0.43	0.04	0.03	0.08	0.15
PM_{2.5}								
Kindergarten	0.26	0.03	0.16	0.45	0.37	0.02	0.13	0.52
1 st cycle	0.26	0.04	0.23	0.52	0.25	0.02	0.14	0.41
2 nd cycle	0.24	0.04	0.17	0.44	0.09	0.02	0.09	0.21
PM₁₀								
Kindergarten	0.33	0.09	0.24	0.66	0.73	0.03	0.08	0.84

1 st cycle	0.32	0.12	0.30	0.74	0.63	0.04	0.11	0.78
2 nd cycle	0.34	0.16	0.18	0.68	0.56	0.03	0.10	0.69
Spring								
PM₁								
Kindergarten	0.21	0.04	0.14	0.39	0.07	0.03	0.09	0.18
1 st cycle	0.21	0.04	0.19	0.43	0.04	0.03	0.08	0.15
2 nd cycle	0.21	0.04	0.17	0.43	0.05	0.03	0.08	0.15
PM_{2.5}								
Kindergarten	0.25	0.03	0.15	0.43	0.30	0.02	0.12	0.44
1 st cycle	0.25	0.03	0.19	0.47	0.15	0.02	0.11	0.28
2 nd cycle	0.25	0.04	0.19	0.48	0.17	0.02	0.12	0.31
PM₁₀								
Kindergarten	0.35	0.10	0.24	0.69	0.79	0.03	0.07	0.89
1 st cycle	0.35	0.14	0.26	0.75	0.69	0.04	0.10	0.82
2 nd cycle	0.34	0.14	0.24	0.72	0.63	0.03	0.10	0.77

402 TB: tracheobronchial; P: Pulmonary.

403

404 Still according to **Table 5**, the fraction in the head was the highest of the total airway
405 deposition, representing up to 35% with MPPD and 79% with ExDoM2. However, this
406 pattern was not observed for PM₁, when using the ExDoM2 model, especially in spring,
407 since in all ages the highest value was observed in the lung region and not in the head.
408 This can be because particles with a larger mass median aerodynamic diameter deposit
409 more in the head region, while smaller aerodynamic diameters deposit preferably in the
410 alveolar region, considering that deposition by Brownian diffusion occurs mainly in the
411 acinar region of the lung (Darquenne, 2020), Although with MPPD the greatest
412 contribution was not from the head, the fraction of PM₁ deposition in the alveolar region
413 was higher when compared to the fractions of PM₁₀ and PM_{2.5}.

414

415 In general, the main difference between the models occurs for smaller particles. ExDoM2
416 calculates higher total DF of PM₁₀ but lower values for PM_{2.5} and PM₁. MPPD calculates
417 higher DF in TB and pulmonary regions, while ExDoM2 estimates higher values for the
418 head airway region. This is mainly due to discrepancies in the morphometry data such as
419 airway lengths, diameters, and branching angles, which in turn depend on the choice of
420 the lung model and the input values of the respiratory variables, such as URT and FRC.
421 For example, ExDoM2 uses average values from different models (Weibel, 1963; Yeh
422 and Schum, 1980; Phalen et al., 1985; Hansen and Ampaya, 1975) that vary depending
423 on the respiratory region (Aleksandropoulou and Lazaridis, 2013), but MPPD considers
424 8 geometries of the human lung, with the user being responsible for choosing one of the
425 options. In addition, the models use different approaches for deposition calculations.
426 While ExDoM2 is mainly based on the empirical equations proposed in ICRP, MPPD is

427 based on that proposed by Asgharian and Anjilvel. (1998), also using a Monte Carlo
428 approach.

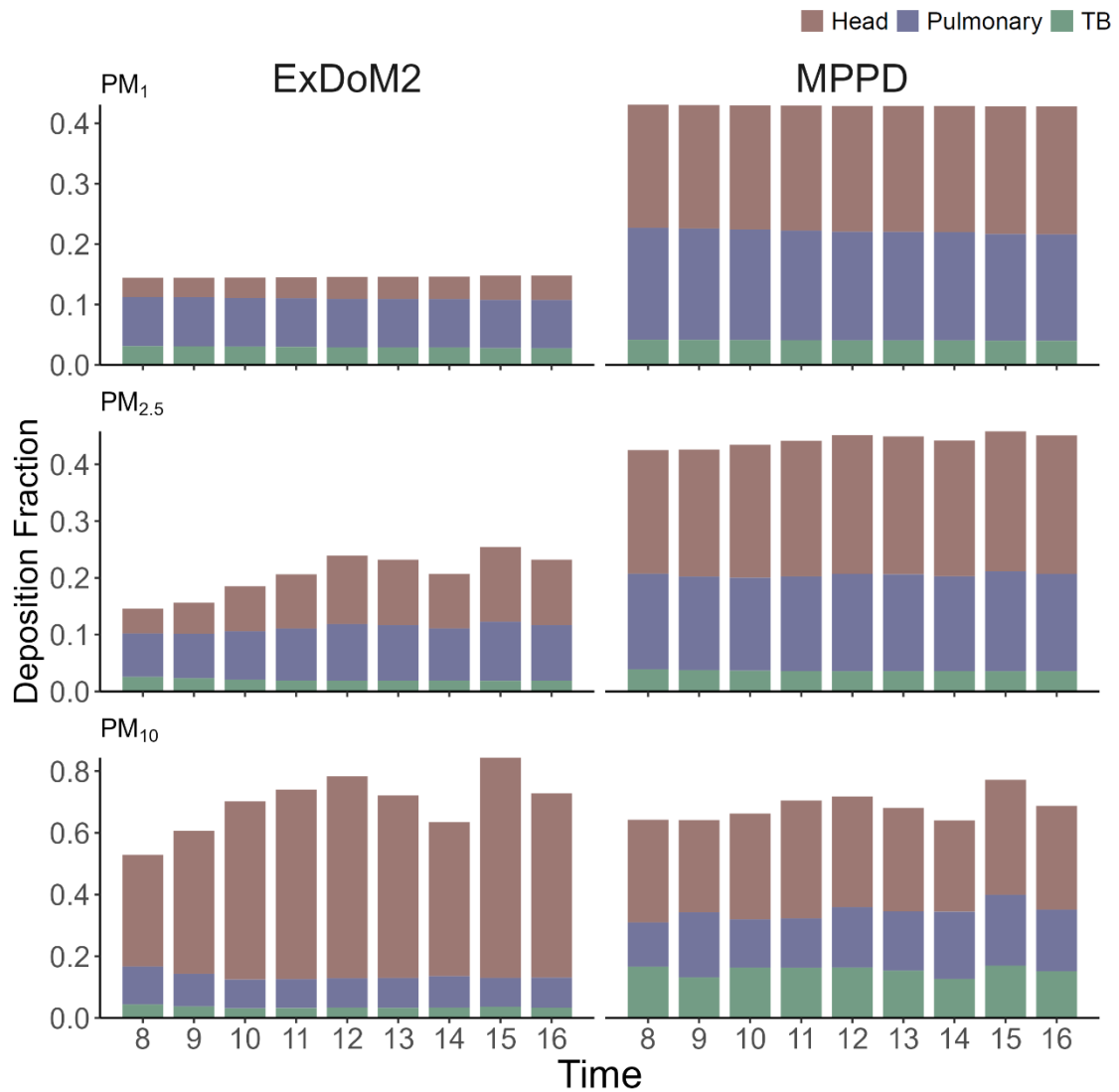
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430 The smallest variation between the total deposition results of the models was observed
431 for the 2nd cycle, whereas the largest difference between the models was identified in
432 kindergarten. The total DF of PM₁₀ estimated with the ExDoM2 was up to 22% higher
433 than the results from MPPD. However, the total DF of PM_{2.5} and PM₁ derived from
434 MPPD was higher (up to 66% for PM₁) than the value estimated with ExDoM2 in both
435 seasons (Table S4, Supplementary material). By way of example, **Fig. 3** displays the
436 diurnal cycles of deposition fraction of particulate matter in the group of 9- and 10-year-
437 old children, split into sizes and model. It is possible to observe little difference from one
438 model to another in the total DF of PM₁₀, although there are large differences in the DF
439 by regions.

440

441 It is noticeable in **Fig. 3** that a larger fraction of PM₁ and PM_{2.5} is deposited in the lung
442 region, while PM₁₀ is deposited in the head region. ExDoM2 predictions show DFs of
443 PM_{2.5} of 0.09 in the head and lung, while the fraction of PM₁₀ deposited in the upper
444 airway and pulmonary region averaged 0.56 and 0.10, respectively. MPPD follows the
445 same trend but with different values. While the fraction of PM_{2.5} deposited in the head
446 and P was, on average, 0.24 and 0.17, respectively, the fraction of PM₁₀ deposited in head
447 and P was, on average, 0.34 and 0.19, respectively. This trend was also observed by Gao
448 et al. (2022) in a study carried out in China with 10-year-old children during commuting
449 trips to school, which showed that for the three transport modes evaluated and the three
450 particle sizes, the proportion of DFs in the head was the highest, especially for PM₁₀,
451 representing up to more than 85% of the total fraction deposited. For PM₁ and PM_{2.5}, the
452 DFs of the P significantly exceeded those of the TB part. This is especially important
453 since children with asthma are more sensitive to air pollution because they breathe at
454 higher tidal volumes, which can increase the efficiency of PM_{2.5} deposition in the lung
455 (Afshar-Mohajer et al., 2022).

456



457
 458 **Figure 3.** Hourly deposition fraction for different particle sizes in children aged 10 years (ExDoM2) and 9
 459 years (MPPD) during the school day in winter. DFs were calculated from average values during a week of
 460 measurements in December.

461
 462 After the comparison of both models, it was observed that the deposition of particles
 463 larger than $1.17 \mu\text{m}$ was greater than that of smaller particles. Location wise, it was greater
 464 in the head region due to their higher sedimentation and impaction rates, while the
 465 deposition of particles with smaller sizes was greater in the P region due to the diffusion
 466 effect (Guo et al., 2019). Overall, this trend was most noticeable with the ExDoM2 results,
 467 which can be explained because the respiratory tract model (RTM) used in ExDoM2 is
 468 an updated version of the RTM (ICRP, 2012), in which particles deposited in the
 469 extrathoracic region (ET) are partitioned 65% to ET1 and 35% to ET2 (Chalvatzaki and
 470 Lazaridis, 2015).

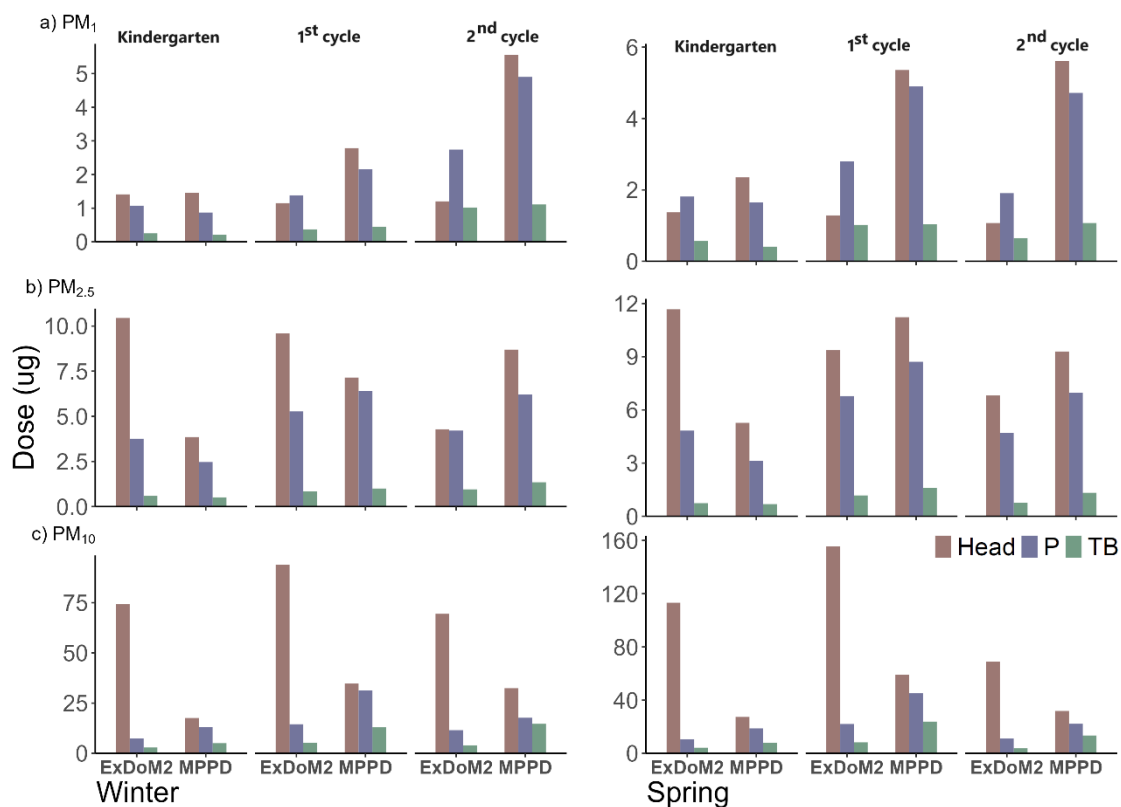
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472 3.3. Deposition dose during the school day

473 **Fig. 4** shows the deposited dose during the school day of the three sizes of PM in different
474 parts of the respiratory system for all children in the two periods evaluated. Important
475 differences can be observed between the two seasons and the two models, with values
476 being higher in spring. While seasonal variations showed only a slight influence on the
477 total deposition fraction, they had a large effect on the school day deposited dose,
478 particularly during spring as a direct consequence of higher PM concentrations (Table S5,
479 Supplementary material). On the other hand, after calculating the deposited dose and the
480 deposition fraction considering the gender of the children, it was observed that regardless
481 of their age, the results were the same for both girls and 5-year-old boys, and likewise for
482 girls and boys aged 10 years. This may be because ExDoM2 uses as input the same values
483 for physiological parameters without differentiating by gender. For this reason, the results
484 in this study were always reported and discussed for children according to age, and not
485 by gender.

486 The highest accumulated dose of $PM_{2.5}$ and PM_{10} in the two seasons occurred for children
487 attending the 1st cycle and coincides with the highest environmental concentration of PM_{10}
488 and $PM_{2.5}$ observed in this room. The overall results show that while the total PM_{10}
489 deposition dose estimated with ExDoM2 was up to 58% higher than the values derived
490 from the MPPD model, the dose for PM_{10} obtained with the MPPD was between 15% and
491 69% higher than the value calculated with ExDoM2. The differences can be attributed to
492 the specific values used in the two models for the tidal volume and respiratory frequency
493 parameters and, consequently, the value of the ventilation rate. Furthermore, the increase
494 and decrease in dose estimated in any of the models coincides with the observed pattern
495 in the deposition fraction (**Fig. 4**).

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Figure 4. Regional deposited dose of a) PM_{10} , b) $PM_{2.5}$ c) PM_{10} for each group during the school day in winter and spring. Comparison between the two models. Head: upper airway; P: pulmonary; TB: tracheobronchial. Different scales on the y-axis were purposely chosen to highlight the values and aid visualisation.

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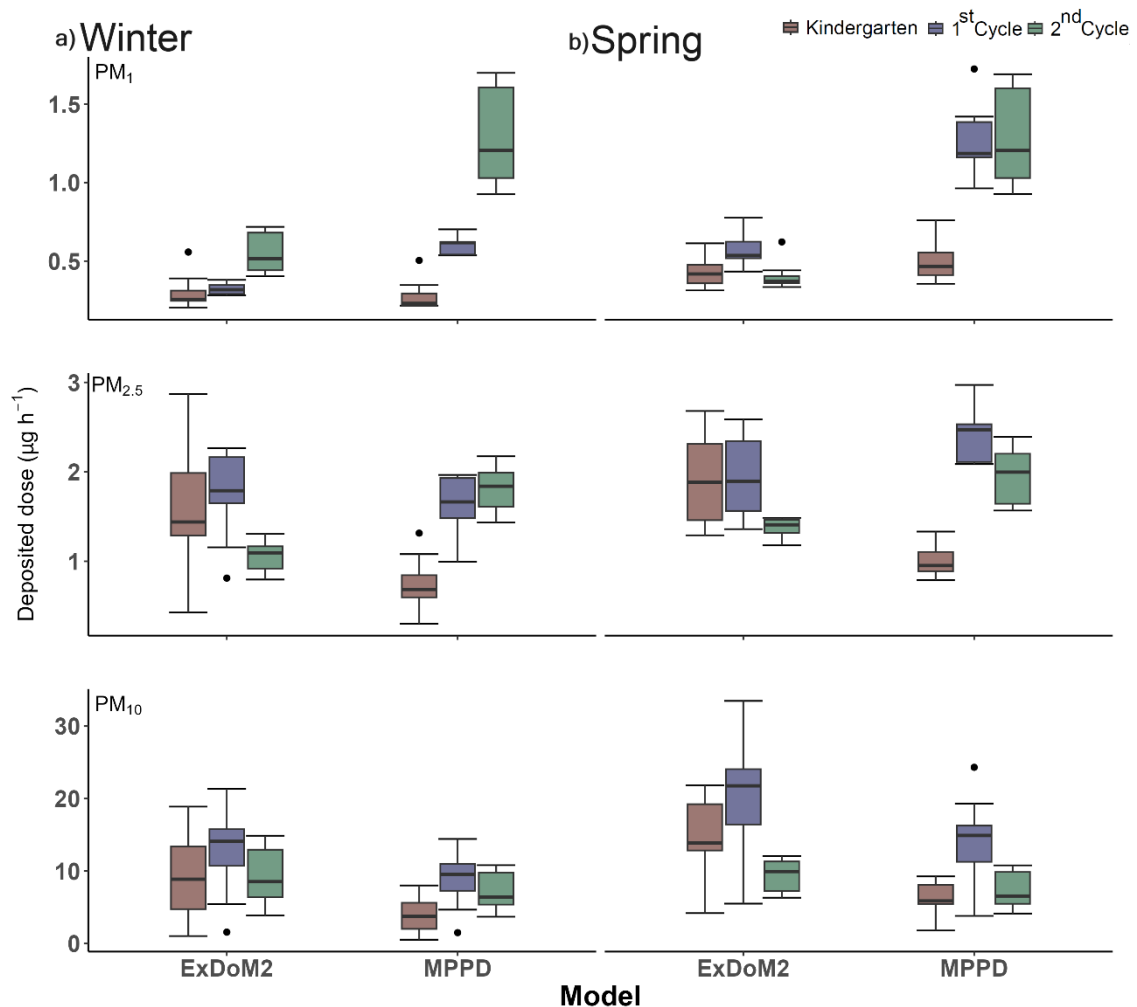
The PM_{10} doses for the school day calculated in the present study were lower than the results reported in previous studies. Chalvatzaki et al. (2020) applied ExDoM2 to predict the PM_{10} dose received by students at five primary schools in Lisbon, Portugal, assuming that the exposed children were 10-year-old nasal breathers. The researchers found that the total deposited dose ranged from 72 to 239 μg in indoor school environments, while in the current study it was, on average, 84.4 μg with the same model (10 years old) and 66 μg with MPPD (9 years old). Faria et al. (2020) quantified the exposure of children between 5 and 10 years old to PM and the respective daily inhaled dose considering various microenvironments in Lisbon. The researchers observed that during the week children inhale, on average, 96 and 177 μg of $PM_{2.5}$ and PM_{10} , respectively, with the classroom contributing more than the residential environment. In their study, the inhaled doses were higher than the doses calculated with both models in this study, as the inhaled dose does not consider the deposition fraction and, therefore, the estimated value will always be higher. In any case, these results showed that children inhale more PM in classrooms than in residential environments, despite spending more time at home.

517 Regarding the amount of PM deposited per region, higher cumulative doses occurred
518 mainly in the head region and lower ones in the TB region, except for PM₁ calculated
519 with ExDoM2 (**Fig. 4**), coinciding with the pattern of deposition fractions. However,
520 unlike the DFs of PM₁ (ExDoM2) from kindergarten in winter, the DFs of PM₁ with
521 ExDoM2 were always greater in the lung region than in the upper airways. This can be
522 associated with the aerodynamic diameter of the particles, since when compared by
523 classrooms and seasons, the largest MMADs of PM₁ obtained was in kindergarten in
524 winter (Table S1, Supplementary Material). However, even though the DFs of PM₁
525 (ExDoM2) were higher in the lung region, they were lower than the values estimated with
526 the MPPD.

527 In general, a comparison between the two models revealed that higher deposition doses
528 in the lung and TB region were always estimated with MPPD for 8- and 9-year-old
529 children in both seasons. Nevertheless, the same did not happen in kindergarten due to
530 the ventilation rate in ExDoM2 being 0.095 m³ h⁻¹ higher than the value used by MPPD,
531 despite the DFs calculated with MPPD for these two regions being always higher than
532 those estimated with ExDoM2. In both seasons, the majority of the PM₁₀ dose was
533 deposited in the head region, while PM₁ and PM_{2.5} were predominantly deposited in the
534 lung region. It is noteworthy that different mechanisms govern PM deposition in the TB
535 and lung regions, such as diffusion, impaction, and sedimentation (Deng et al., 2018).
536 Regardless of the model, special attention should be paid to these results, particularly
537 those related to finer particles, since PM_{2.5} depositions in the respiratory tract, including
538 P and TB regions, are associated with elevated blood pressure and greater risk of
539 prehypertension and hypertension in children aged 4 to 12 years (Liu et al., 2021).

540 **Fig. 5** shows a statistical summary of the hourly deposited doses of PM₁, PM_{2.5} and PM₁₀
541 for all groups between 8 h and 16 h. With MPPD, a 3-year-old child has a lower mean
542 dose deposited per hour compared to children aged 8 and 9 years for the three PM sizes
543 evaluated in both seasons, while with ExDoM2, the lowest values were observed in
544 children aged 10 years of the 2nd cycle. The differences observed in deposited doses can
545 be explained by the DFs predicted by the two models. In the case of MPPD, deposition
546 efficiency is lower in the respiratory tract of 3-year-old children compared to 8- and 9-
547 year-old children, whatever the particle size and season, while ExDoM2 predictions
548 showed the highest DF values for 5-year-old children. As shown by Poorbahrami et al.
549 (2021), the differences in total and regional deposition calculations are probably due to
550 the use of different lung models, which in turn suggest volumetric and structural
551 differences in lung morphologies according to the ages of the individuals.

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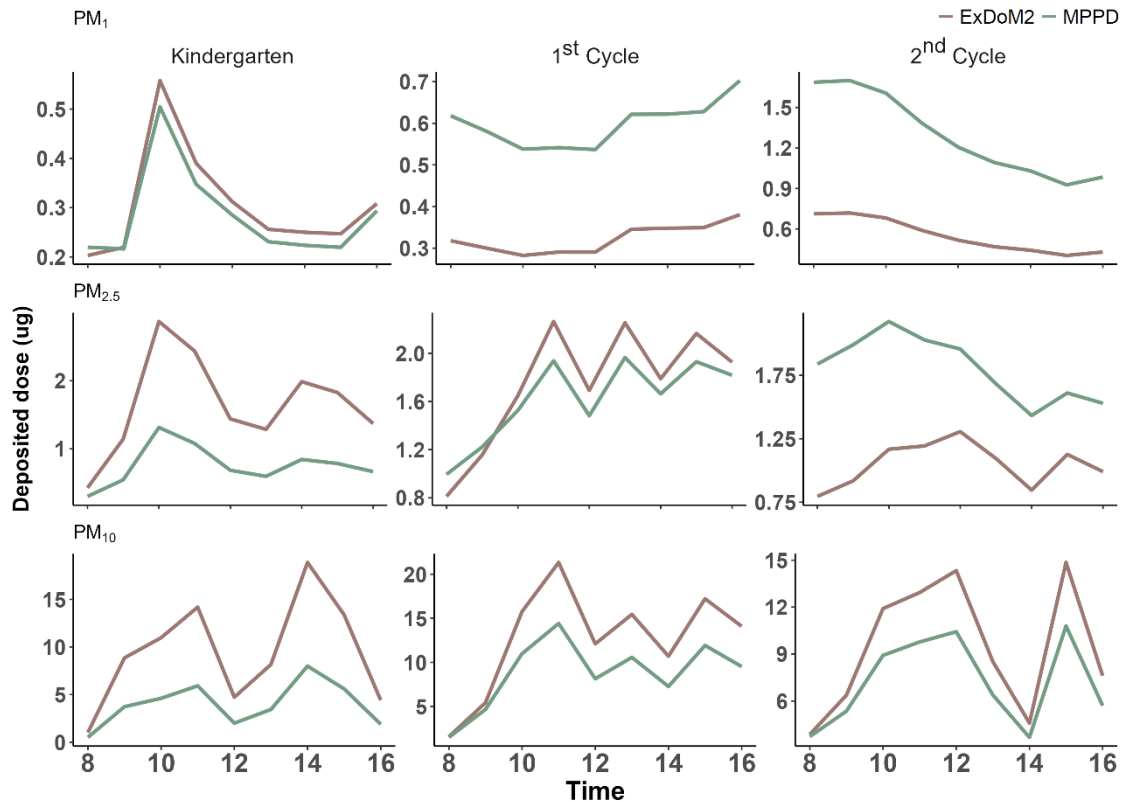
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554 **Figure 5.** Boxplots with hourly doses of different sizes of PM for the three groups evaluated, split into
 555 model and a) winter and b) spring.

556 Although both models describe the same hourly profile pattern, with peaks at different
 557 times depending on classroom activities and particle size, the deposited dose values show
 558 clear differences from model to model. In the 1st cycle and 2nd cycle classrooms, the PM_{2.5}
 559 and PM₁₀ peaks coincided at the same time, different from the PM₁ pattern, with more
 560 stable values being observed throughout the day. The hourly profile for winter reveals
 561 that both particle doses calculated with ExDoM2 and those estimated from MPPD showed
 562 variations linked to PM sources (**Fig. 6**). Normally, the deposited dose increased between
 563 8 h and 10 h (which is related to the start of the school day) and decreased during rest and
 564 lunch times. On the other hand, high doses, generally from 14 h onwards, are associated
 565 with students leaving, as well as emissions from cleaning classrooms.

566 The difference between the PM₁₀ doses predicted by ExDoM2 were 58%, 31% and 24%
 567 higher than those calculated with the MPPD for kindergarten, 1st cycle and 2nd cycle,
 568 respectively, while for PM₁ the MPPD calculated doses 46% and 57% higher for children

569 in the 1st cycle and 2nd cycle, respectively. This is in accordance with the pattern of the
 570 total deposition fraction of these PM sizes and their respective concentrations. However,
 571 despite the MPPD calculating higher DFs for PM₁ and PM_{2.5} in kindergarten and 1st cycle
 572 compared to ExDoM2, the doses did not follow this behaviour. This is due to the
 573 ventilation rate used by ExDoM2 being higher, compared to the values used by MPPD
 574 for children aged 3 and 8 years. Similar relationships were also observed in spring.



575
 576 **Figure 6.** Hourly cycle of PM deposition doses during school hours in winter according to group and the
 577 dosimetry model.

578 Furthermore, high R values ($R > 0.89$) were observed between the MPPD and ExDoM2
 579 hourly doses in both seasons (Table S6, Supplementary Material). However, there were
 580 some exceptions, as in the case of the 2nd cycle classroom. The low correlations occur
 581 because some dose peaks calculated with MPPD were not present in the ExDoM2 dataset
 582 or because one of the models showed lower doses compared to the other. Coincidentally,
 583 weak correlations between the hourly doses of the two models were observed only for R
 584 values below 0.63 between hourly deposited dose and hourly exposure (Table S5,
 585 Supplementary Material).

586 In addition to linear regression, the difference and agreement between the hourly doses
 587 of the two models were also evaluated. While the paired t-test applied at a significance
 588 level of 5% revealed that there are statistically significant differences in the hourly

589 deposited dose of all PM sizes in the two seasons, the Bland-Altman test confirmed that
590 even though there were differences in the hourly values, good agreement was found
591 between the predictions of the two models for deposited particle doses (Table S7 and
592 Figure S1, Supplementary Material).

593 Overall, this study highlights the importance of evaluating the personal exposure to PM
594 of children of different ages who attend a large school that integrates several levels of
595 education (~700 students), and which is located less than 1 km away from the largest
596 industrial complex in the country. In Portugal, schools offering pre-school, 1st cycle and
597 2nd cycle education are abundant (10,991 establishments) and represent 71% of the
598 population of children attending these levels of education (~1,189,353 students from pre-
599 school up to the 3rd cycle of basic education). Thus, the results of this study may be valid
600 in other establishments with these levels of education, and serve to encourage
601 measurements in school environments considering a larger group of classes to calculate
602 in more detail the exposure of schoolchildren to PM. However, the results should be
603 interpreted with caution because they are based on a short data set that may have been
604 affected by specific conditions of the sampling period or by sporadic events. The
605 impossibility of monitoring and collecting samples simultaneously in different
606 classrooms and other school environments constitutes another limitation of the study. In
607 addition, variability in the activities carried out in the classrooms was not considered.
608 Therefore, the children's respiratory patterns were constant, and the same exposure
609 scenario was evaluated (nasal breathing under sitting activity level). Finally, whenever
610 possible, monitoring in classrooms for longer periods (more than 1 week) should be taken
611 into account, as well as carrying out at least one sampling campaign in each season with
612 the aim of improving the representation of variations in weather conditions and school
613 activities throughout the academic year.

614

615 **4. Conclusions**

616 This study suggests that PM concentrations are statistically different from one season to
617 another, and that the variability of concentrations is also influenced by room occupancy
618 periods, with higher levels of PM₁₀ during the school day compared to periods when the
619 classrooms are empty. Although PM levels were low compared to other studies,
620 dosimetry models indicate that a significant amount of PM was deposited in pupils'
621 respiratory tracts during school hours. The patterns indicate larger deposited doses in
622 spring compared to winter, with children aged 9 and 10 attending the 1st cycle being the
623 most affected. Furthermore, the variations observed in the deposition fractions and
624 deposited doses for the models are the result of differences in the physiological
625 parameters of the respiratory system (e.g., URT, FRC, BF and TV) used as input, which
626 are age dependent. None of the models covers all ages of the children targeted in the

627 present study. In general, a good agreement was obtained between both models, although
628 some differences, especially for regional deposition, could be observed. The dosimetry
629 models applied in this research may be useful in other educational settings to identify and
630 mitigate the impact of local and regional sources of air pollution in the school
631 environment.

632

633 **Declaration of Competing Interest**

634 The authors declare that they have no known competing financial interests or personal
635 relationships that could have influenced the work documented in this manuscript.

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651

652 **Appendix A. Supplementary material.** Additional material related to this paper is
653 available online at:

654

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SUPPLEMENTARY MATERIAL

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Table S6. Mean concentration ($\mu\text{g m}^{-3}$), MMADs (μm) and GSDs (μm) of PM_{10} used as input data in the two models.

Kindergarten		Winter			Spring		
Time	PM_{10}	MMAD	GSD	PM_{10}	MMAD	GSD	
8:00	5.53	1.24	2.95	14.6	4.05	2.18	
9:00	30.7	3.80	1.97	49.7	3.74	2.31	
10:00	41.2	2.84	2.04	47.0	4.05	1.79	
11:00	48.4	3.73	1.76	71.3	3.28	1.96	
12:00	18.4	2.55	2.09	45.7	3.61	2.15	
13:00	28.7	3.60	2.00	44.6	4.31	1.70	
14:00	61.7	4.45	1.56	71.9	4.39	1.65	
15:00	44.4	4.08	1.62	67.4	3.62	1.98	
16:00	17.5	2.51	2.21	34.3	2.89	2.45	
1 st cycle		Winter			Spring		
Time	PM_{10}	MMAD	GSD	PM_{10}	MMAD	GSD	
8:00	9.50	1.01	2.21	19.1	3.22	3.03	
9:00	27.3	1.32	2.47	54.2	3.54	2.65	
10:00	52.9	3.18	2.41	69.1	3.66	2.26	
11:00	62.7	4.17	1.80	68.0	3.91	1.97	
12:00	34.9	4.21	1.63	66.6	3.10	2.82	
13:00	48.2	3.48	1.93	44.7	3.86	2.13	
14:00	32.4	3.70	1.80	71.0	4.15	1.82	
15:00	56.1	3.15	2.05	81.4	4.51	1.57	
16:00	41.6	4.02	1.76	128.7	2.42	3.32	
2 nd cycle		Winter			Spring		
Time	PM_{10}	MMAD	GSD	PM_{10}	MMAD	GSD	
8:00	19.2	0.98	5.41	24.9	3.19	2.81	
9:00	27.7	1.70	5.82	38.1	3.49	2.37	
10:00	44.6	2.78	3.86	40.2	3.28	2.47	
11:00	46.0	3.08	3.25	33.4	3.53	2.34	
12:00	48.2	3.40	2.73	37.3	3.29	2.32	
13:00	31.1	2.81	3.20	29.9	2.53	2.45	
14:00	19.1	2.00	3.99	21.5	3.64	2.13	
15:00	46.4	3.90	2.25	36.5	2.64	2.89	
16:00	27.5	2.85	3.06	25.1	2.17	3.22	

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The equations used by ExDoM2 to calculate the particle deposition for the upper respiratory tract region (DF_H), which includes the extrathoracic airways ET1 (anterior nose) and ET2 (posterior nasal passages, larynx, pharynx and mouth); the tracheobronchial region (DF_{TB}) which includes the bronchial (BB) and the bronchiolar (bb); the alveolar region (DF_{AL}) and the total deposition (DF) are those formulated by the International Commission on Radiological Protection (ICRP) and are presented below. In the equations, d_p is the particle diameter in μm , and IF is the inhalable fraction (in equations 1 and 4) and is calculated according to equation 5.

$$DF_H = IF \left[\frac{1}{1 + e^{(6.84+1.183 \ln d_p)}} + \frac{1}{1 + e^{(0.924-1.885 \ln d_p)}} \right] \quad (1)$$

859
$$DF_{TB} = \left(\frac{0.00352}{d_p}\right) \left[e^{(-0.234(\ln d_p + 3.40)^2)} + 63.9e^{(-0.819(\ln d_p - 1.61)^2)} \right] \quad (2)$$

860

861
$$DF_{AL} = \left(\frac{0.0155}{d_p}\right) \left[e^{(-0.416(\ln d_p + 2.84)^2)} + 19.11e^{(-0.482(\ln d_p - 1.362)^2)} \right] \quad (3)$$

862

863
$$DF = IF \left[0.0587 + \frac{0.911}{1 + e^{(4.77 + 1.485 \ln d_p)}} + \frac{0.943}{1 + e^{(0.508 - 2.58 \ln d_p)}} \right] \quad (4)$$

864

865
$$IF = 1 - 0.5 \left(1 - \frac{1}{7.6 \times 10^{-4} d_p^2 + 1} \right) + 10^{-5} U^{2.75} e^{(0.055 d_p)} \quad (5)$$

866

867 **Table S7.** Age considered according to the model.

	MPPD	ExDoM2
Kindergarten	3 years	5 years
1 st cycle	8 years	10 years
2 nd cycle	9 years	10 years

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869 Thermal conditions, including wind direction, were measured with a portable monitoring
 870 equipment (Delta Ohm 32.1 and 32.3), which included the following sensors: AP3203 -
 871 Omnidirectional Hot Wire Probe, TP3275 - Globe Temperature Probe, and HP3217R - Combined
 872 Temperature and RH Probe. The equipment was installed at a height of 1 m above the floor and
 873 operated at a 1-minute time resolution. Each classroom was monitored for a week in winter 2022
 874 (**Table S3**).

875

876 **Table S8.** Average wind speed (m s⁻¹).

Time	Kindergarten	1 st cycle	2 nd cycle
8:00 – 8:59	0.000	0.001	0.001
9:00 – 9:59	0.000	0.002	0.001
10:00 – 10:59	0.005	0.005	0.002
11:00 – 11:59	0.003	0.002	0.002
12:00 – 12:59	0.000	0.002	0.002
13:00 – 13:59	0.000	0.003	0.001
14:00 – 14:59	0.001	0.005	0.001
15:00 – 15:59	0.008	0.002	0.001
16:00 – 16:59	0.002	0.002	0.002

877 The discrepancies between the dosimetry models for different particle sizes in the two seasons
 878 are presented in **Table S4**. For PM₁₀, the total DF is up to 22%, showing that the MPPD

879 underestimates the total DF compared to the ExDoM2 counterparts. However, ExDoM2 appears
 880 to underestimate the total DF for finer particles compared to the other model.

881

882 **Table S9.** Discrepancy of total DFs derived from the models. Bold indicates that ExDoM2 gave
 883 values higher than MPPD.

	Winter			Spring		
	PM ₁₀	PM _{2.5}	PM ₁	PM ₁₀	PM _{2.5}	PM ₁
Kindergarten	22%	13%	41%	22%	3%	53%
1 st cycle	5%	20%	60%	8%	40%	66%
2 nd cycle	2%	53%	66%	6%	36%	64%

884

885 **Table S10.** Linear correlation coefficients between hourly exposure and hourly deposited dose
 886 according to the model (R).

	Winter						Spring					
	MPPD			ExDoM2			MPPD			ExDoM2		
	PM ₁₀	PM _{2.5}	PM ₁	PM ₁₀	PM _{2.5}	PM ₁	PM ₁₀	PM _{2.5}	PM ₁	PM ₁₀	PM _{2.5}	PM ₁
Kindergarte												
n	0.99	0.99	0.99	0.99	0.96	0.99	0.99	0.98	1	0.99	0.78	0.99
1 st cycle	0.98	0.99	0.99	0.95	0.96	0.90	0.95	0.87	0.99	0.91	0.09*	0.99
2 nd cycle	0.98	0.98	1	0.97	0.09*	0.99	0.63*	0.12*	0.41*	0.92	0.06*	0.99

887

*Values indicate weak correlations.

888

889 **Table S11.** Linear correlation coefficients between the hourly deposited doses by the two
 890 models (R).

	Winter			Spring		
	PM ₁₀	PM _{2.5}	PM ₁	PM ₁₀	PM _{2.5}	PM ₁
Kindergarten	0.99	0.98	0.98	0.99	0.89	0.99
1 st cycle	0.99	0.98	0.92	0.99	0.40*	0.99
2 nd cycle	0.99	0.20*	0.99	0.58*	0.45*	0.40*

891 *Values indicate weak correlation.

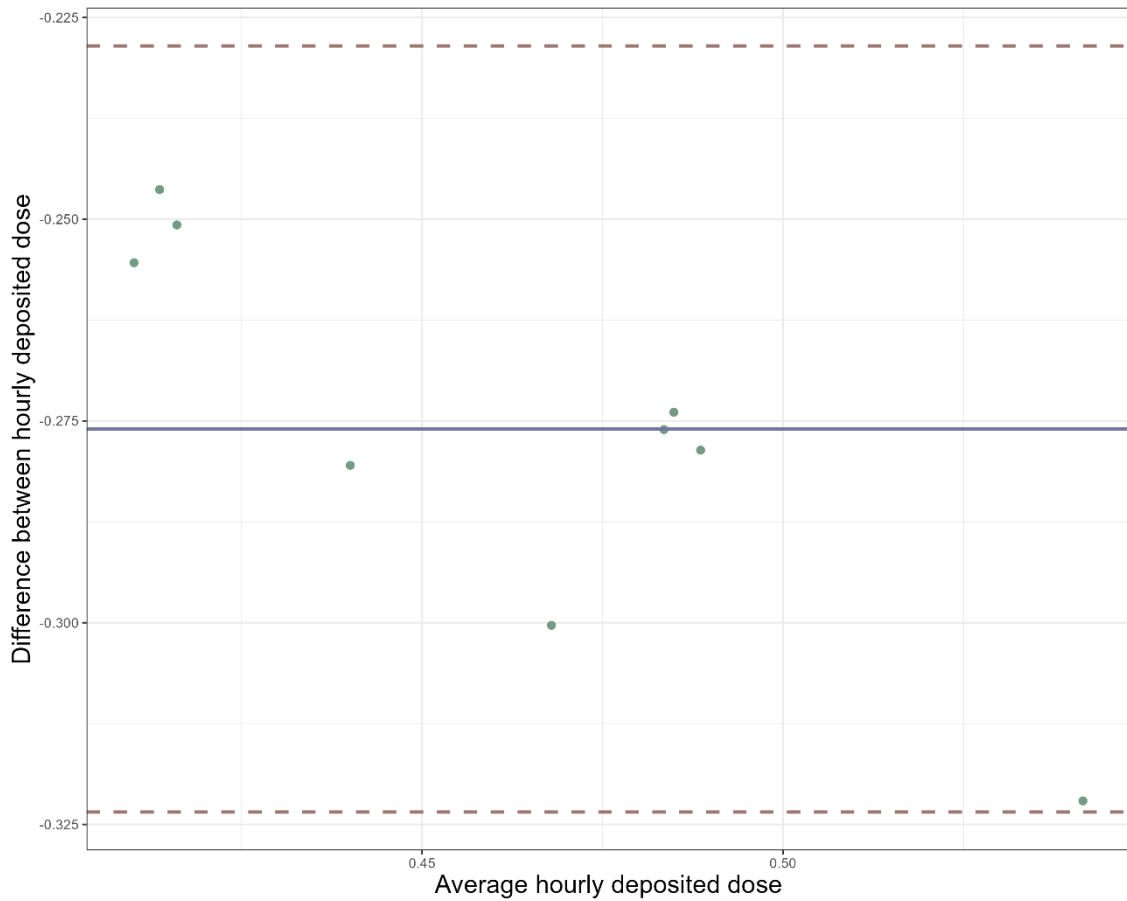
892

893 **Table S12.** Average hourly deposited dose of PM in each monitoring campaign and p-values
 894 from the paired sample t-test. Dose values are presented in $\mu\text{g h}^{-1}$ for both models.

Campaign	PM ₁₀			PM _{2.5}			PM ₁		
	MPPD	ExDoM2	p-value	MPPD	ExDoM2	p-value	MPPD	ExDoM2	p-value
Kindergarten -wr	3.96	9.40	1.0E-03	0.76	1.64	2.8E-04	0.28	0.31	1.11e-02
1 st cycle - wr	8.77	12.6	7.2E-04	1.61	1.75	0.046	0.60	0.32	5.8E -10
2 nd cycle - wr	7.20	9.44	1.2E-03	1.81	1.05	1.0E-05	1.29	0.55	2.0E-06
Kindergarten - sg	6.20	14.2	6.1E-05	1.01	1.92	1.6E-05	0.49	0.42	2.0E-04
1 st cycle - sg	14.3	20.7	4.6E-05	2.40	1.93	2.8E -03	1.26	0.57	1.8E-07
2 nd cycle - sg	7.49	9.32	1.3E-03	1.95	1.36	9.4E -05	1.29	0.40	7.3E-06

895 Wr: winter; sp: spring.

896 The Bland-Altman graph was generated to assess the agreement between the two models. The
 897 differences between doses are displayed on the y axis; on the x-axis, dose averages are plotted.
 898 This method has two limits of agreement at ± 1.96 times the standard deviation. Ideally, all points
 899 should fall between these two limits. After making the graphs for all rooms and the three particle
 900 sizes of the two seasons, the 1st cycle room presented a point outside the limits of agreement for
 901 PM₁₀ and PM₁ and, the 2nd cycle room for PM₁₀ in spring. The other cases were always within this
 902 limit, as shown in **Figure S1**.



903
 904 **Figure S7.** Bland-Altman plot generated for the hourly deposited doses of PM₁ calculated for 1st cycle in
 905 winter.
 906

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