Advancing Speech Breathing Analysis: Benefits of Using EMA

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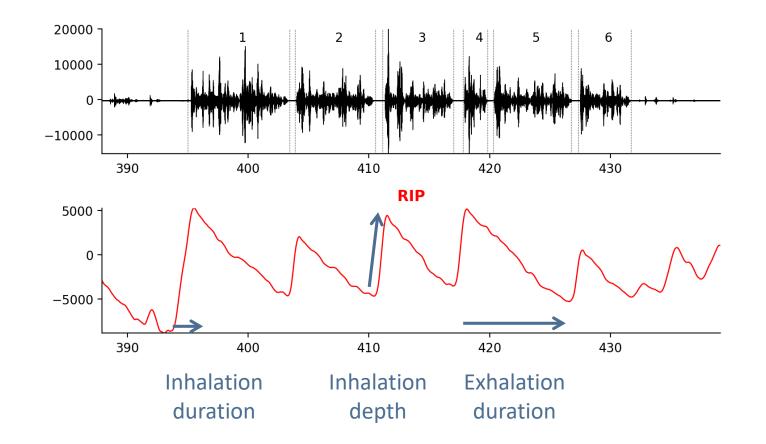






Speech Breathing Research

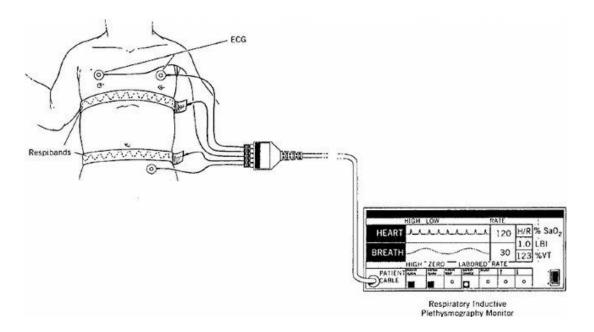
- Breathing adaptation
 - Sentence complexity
 - Cognitive demand
 - Sentence length
 - Speaking rate
 - Speech loundness
- Interaction with other speech systems
 - Phonatory system
 - Articulatory system



Speech Breathing Research

Inductance Plethysmography (RIP)

- Commonly used technique
- Two flexible belts that track changes in ribcage and abdominal motion
- During inhalation and exhalation



(Bar-Yishay et al. 2003:152, Physiol. Meas.)



Aging- and Disease-related Research

- Essential to investigate speech breathing
 - Reduced breath support
 - Reduced respiratory muscles strength
 - Less lung volume
 - Less respiratory control
 - Cognitive decline, e.g. less complex sentences

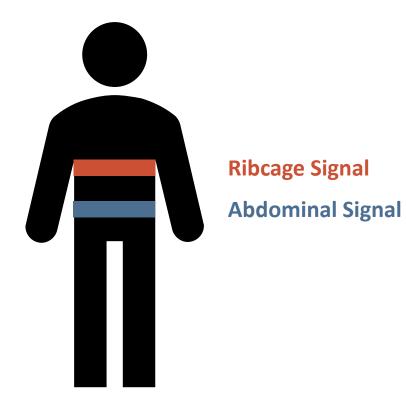


Larger studies planned on breathing and aging/disease for which simplified data collection is preferred (using only one method).



Respiratory Inductive Plethysmography

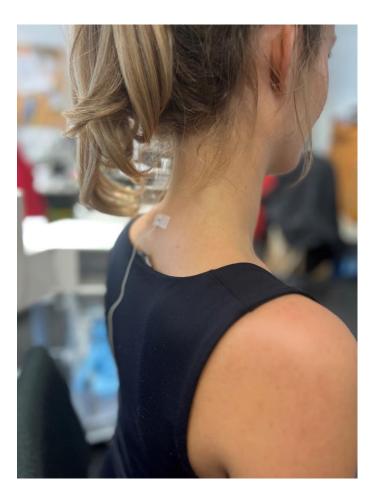
(RIP, Inductotrace[®])

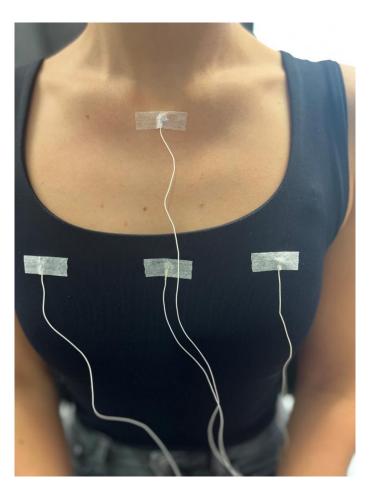


Electromagnetic Articulography (EMA, Carstens AG 501)



Methods







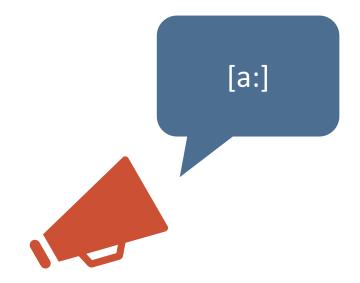
Sample

- 18 participants
- 9 females, 9 males
- Native speakers of German
- Aged between 23 54 years (Ø 33)
- Different body sizes
 - Band sizes: 7 x S, 5 x M, 6 x R

Material

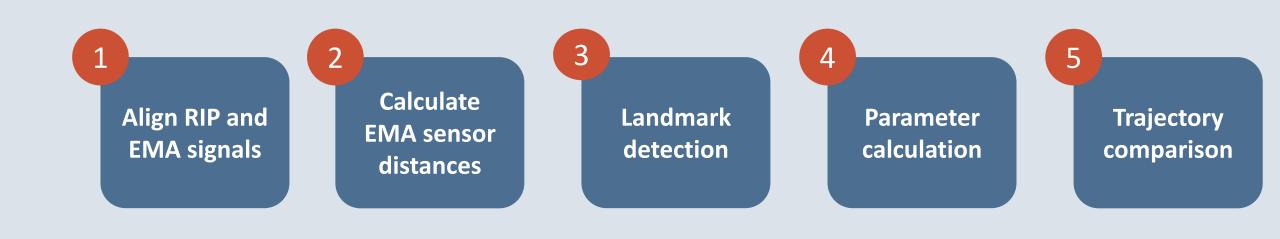


Habitual speech



Loud speech (80 dB)

Data Processing

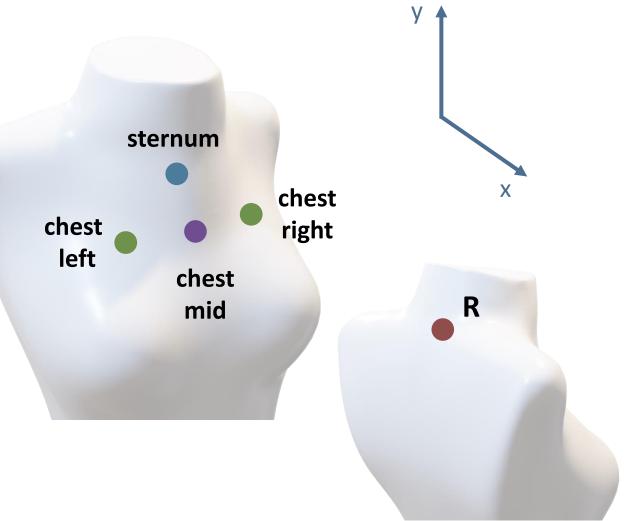


EMA Sensors: Distance Measures

D1: Chest's middle sensor to the reference sensor

D2: Calculated midpoint between left sensor and right sensor on the chest to the reference sensor

D3: Sternum to the reference sensor



Landmarks

Onset

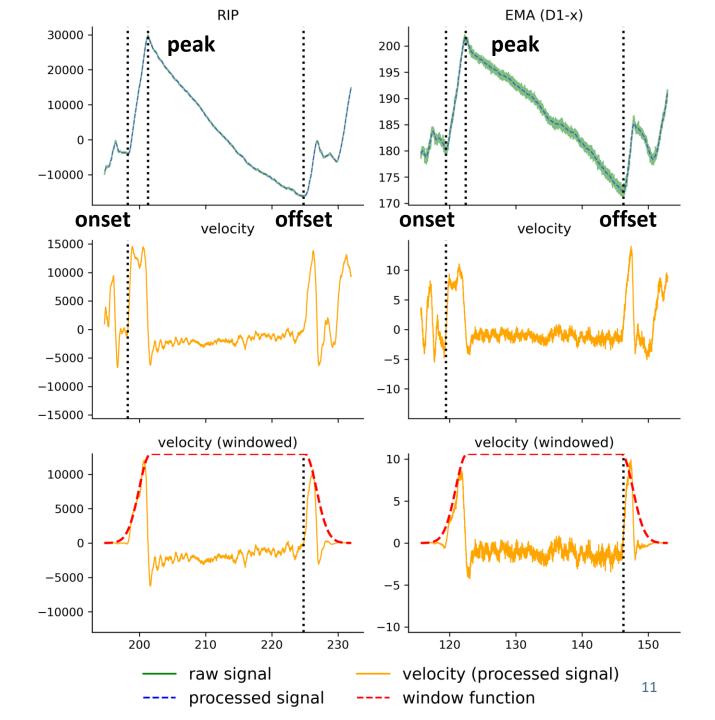
 Zero crossing in velocity left of the first velocity peak

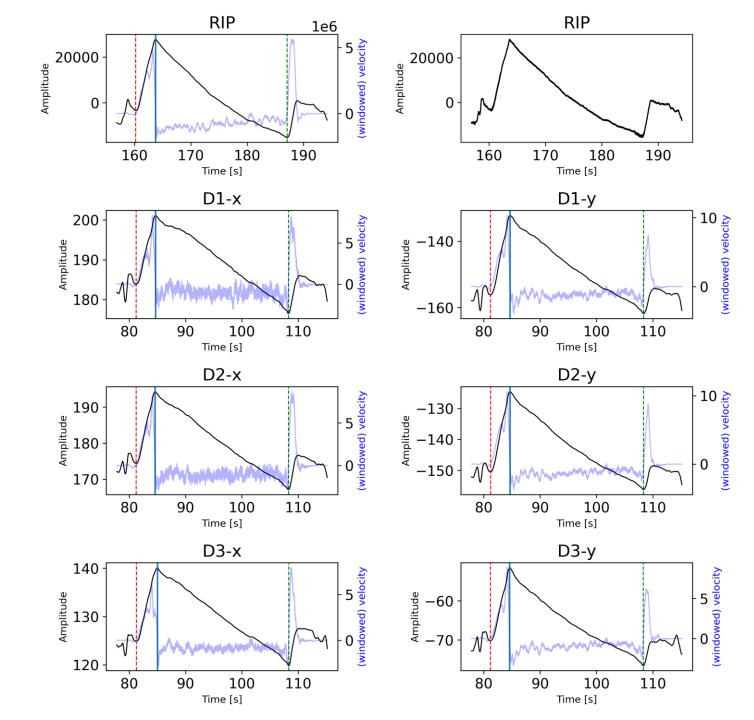
Peak

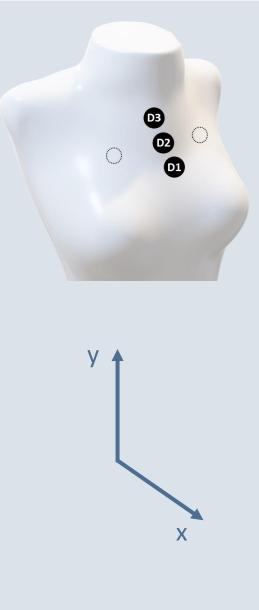
• Maximum in the signal

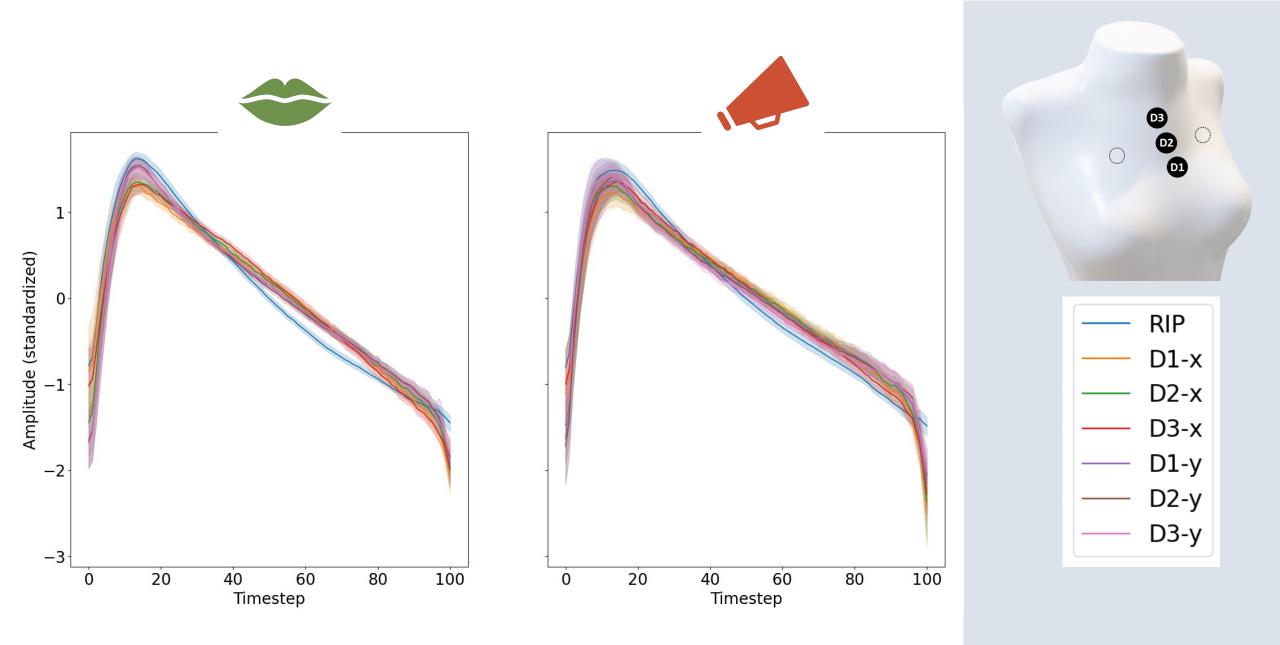
Offset

- Velocity multiplied by a window function consisting of two half Gaussians and a stable region during the acoustic segment
- Zero crossing left of the velocity peak in second half of window

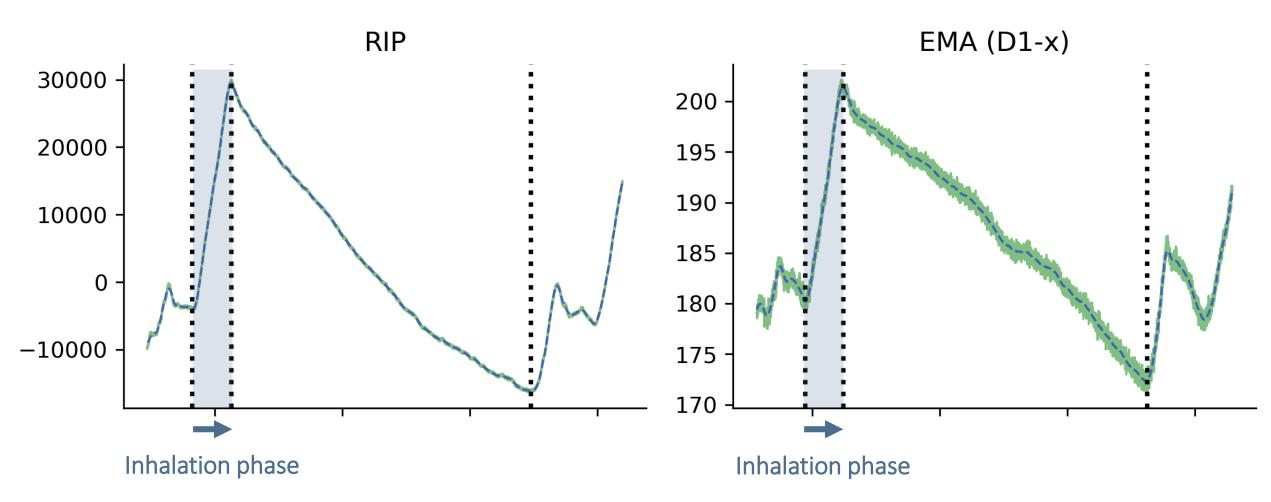




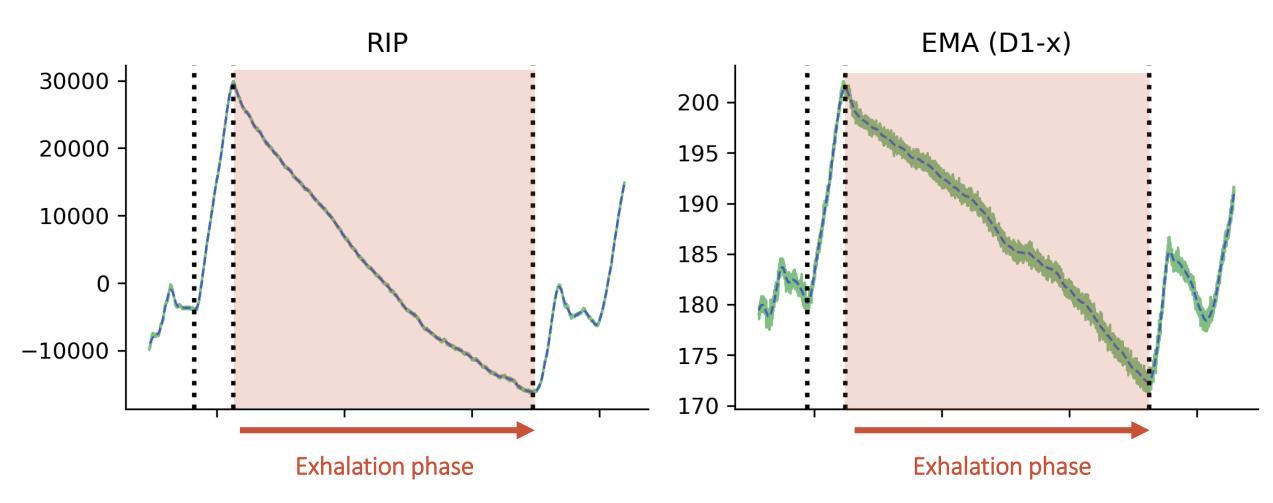




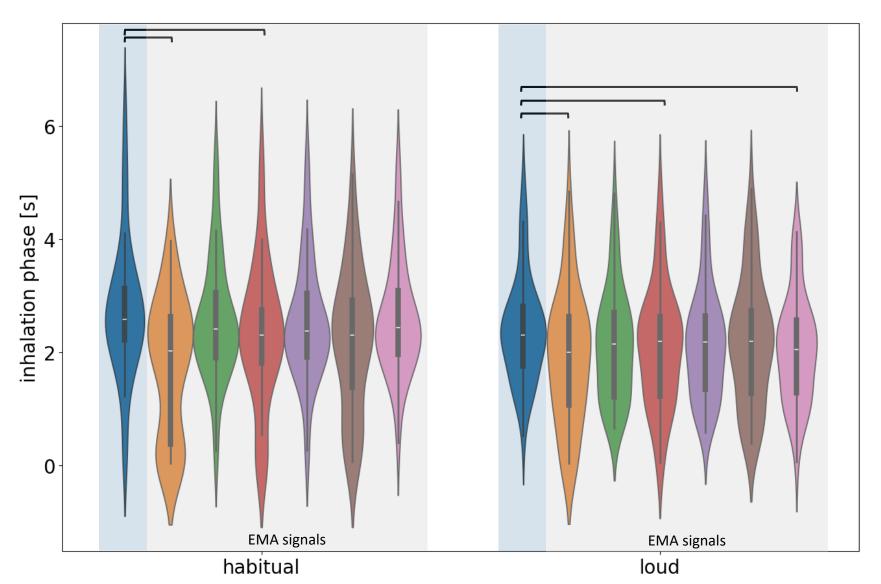
Parameters

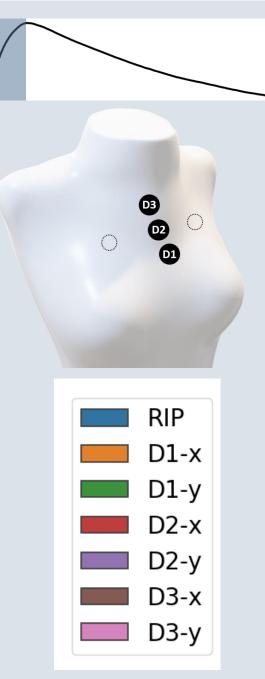


Parameters

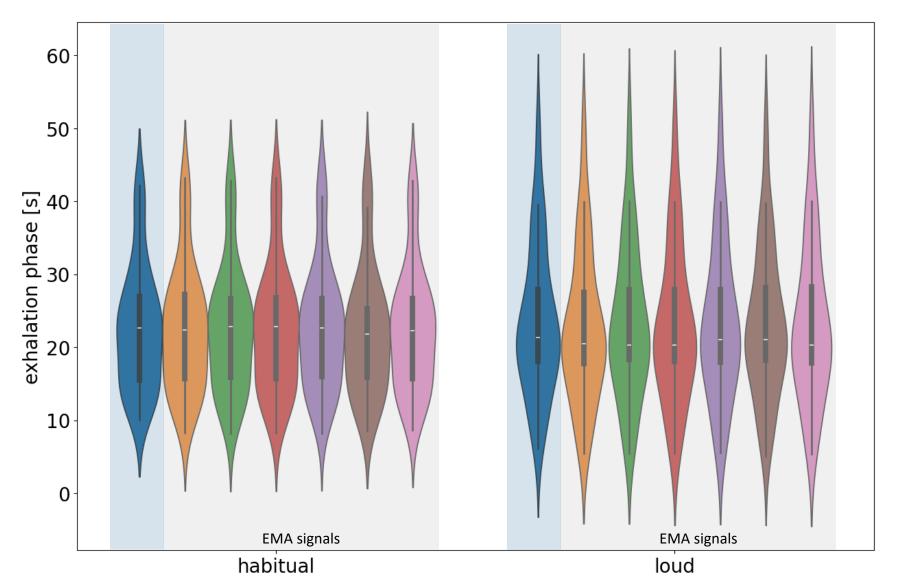


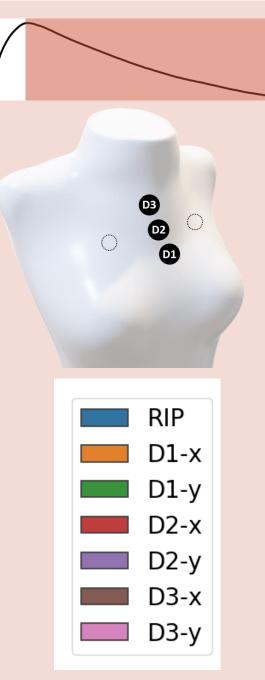
Results: Inhalation Phase



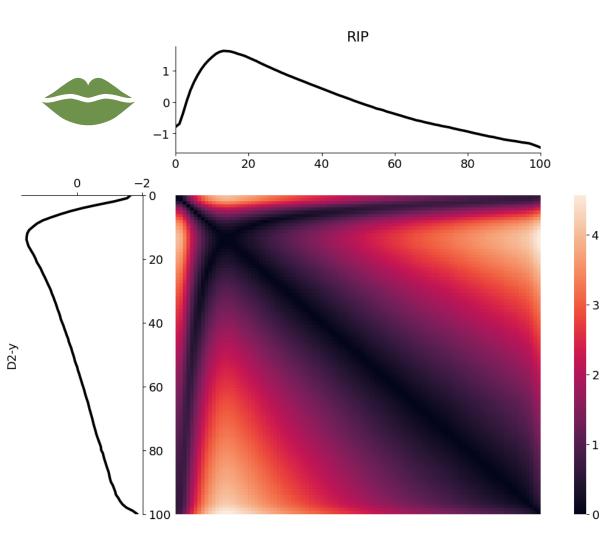


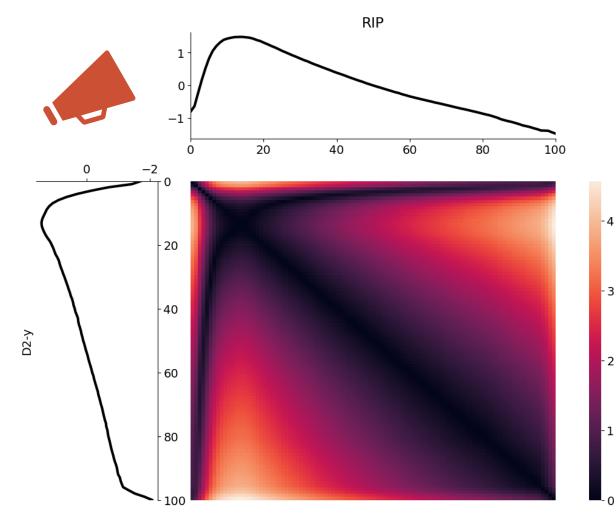
Results: Exhalation Phase





Distance Plots





Limitations

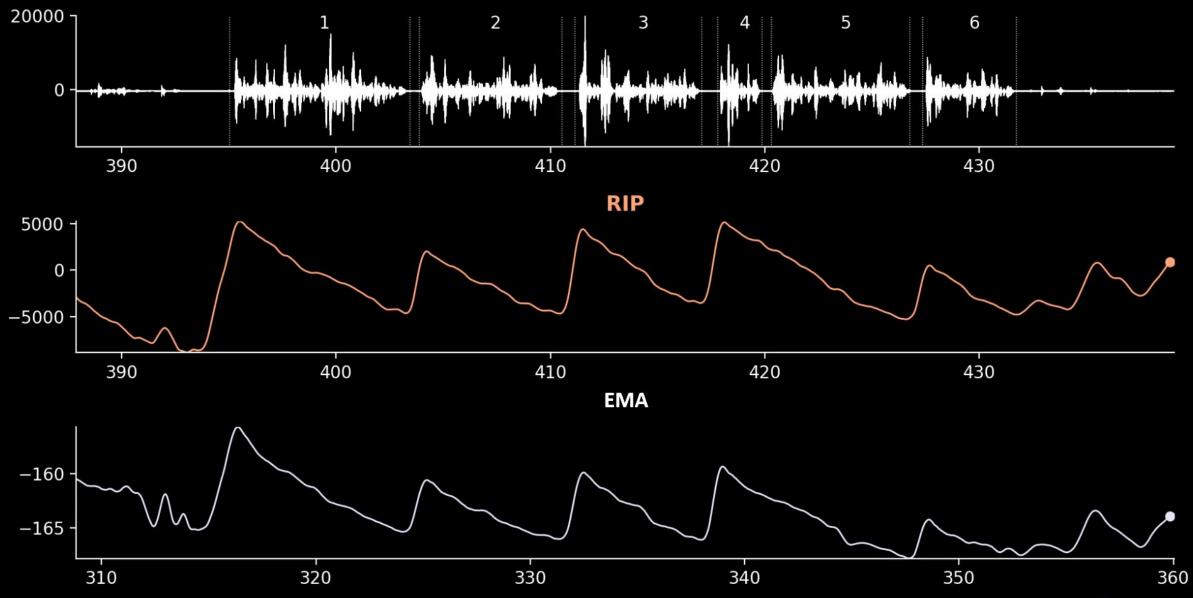
- Only thorax movements
- EMA device is expensive
- More fine-grained analysis needed to recommend "best" sensor placement

Limitations

Future Application/ Outlook

- Only thorax movements
- EMA device is expensive
- More fine-grained analysis needed to recommend "best" sensor placement

- EMA can track temporal speech breathing patterns
- Combinable with articulatory recordings
- 3D movement analysis possible
- Easy to use (if lab has an EMA system)



Thank you & take a breath!



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