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### ► To cite this version:

Ricardo J. Andrade, Ha Hien Phuong Ngo, Javier Brum, Nicolas Benech, S. Chatelin, et al.. Noninvasive quantification of elastic anisotropy factor by steered ultrasound pushing beams: towards a novel imaging biomarker of muscle health. 20èmes Journées de la Société Française de Myologie (SFM), Nov 2023, La Baule (France), France. hal-04624366

**HAL Id: hal-04624366**

**<https://hal.science/hal-04624366>**

Submitted on 1 Jul 2024

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# Noninvasive quantification of elastic anisotropy factor by steered ultrasound pushing beams: Towards a novel imaging biomarker of muscle health

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## INTRODUCTION

Muscular diseases such as Duchenne muscular dystrophy (DMD) lack reliable biomarkers for disease progression and response to therapies<sup>1</sup>. Tissue mechanical and structural properties are vital for the function of human physiological systems, and often reflect pathophysiological conditions<sup>2</sup>.

Ultrasound shear wave elastography (SWE) uses focused acoustic pushing beams to generate shear waves and ultrafast ultrasound imaging to visualize and quantify the shear wave propagation velocity in biological soft tissues<sup>3</sup>. Shear wave propagation is governed by tissue elasticity such that wave velocity provides an accurate estimate of the shear modulus ( $\mu$ ). However, muscles exhibit complex tissue architecture and marked mechanical directional dependence (i.e., elastic anisotropy), both affecting the shear wave velocity and rendering the clinical applicability of ultrasound elastography challenging.

Here we propose a new elastography sequence, based on steered pushing beams (SPB), for real-time assessment of the apparent muscle shear modulus ( $\mu_{//}$ ) and two elastic anisotropy factors ( $X_E$  and  $X_E \cdot \mu_{\perp}$ ), promising indicators of muscle mechanical and structural integrity, respectively. The sensitivity of the new SPB sequence is demonstrated on phantoms and ex-vivo muscles. Mechanical validation was conducted in ex-vivo pig muscles. The feasibility of the technique was then demonstrated on human muscles in-vivo: healthy adults and a patient with DMD.

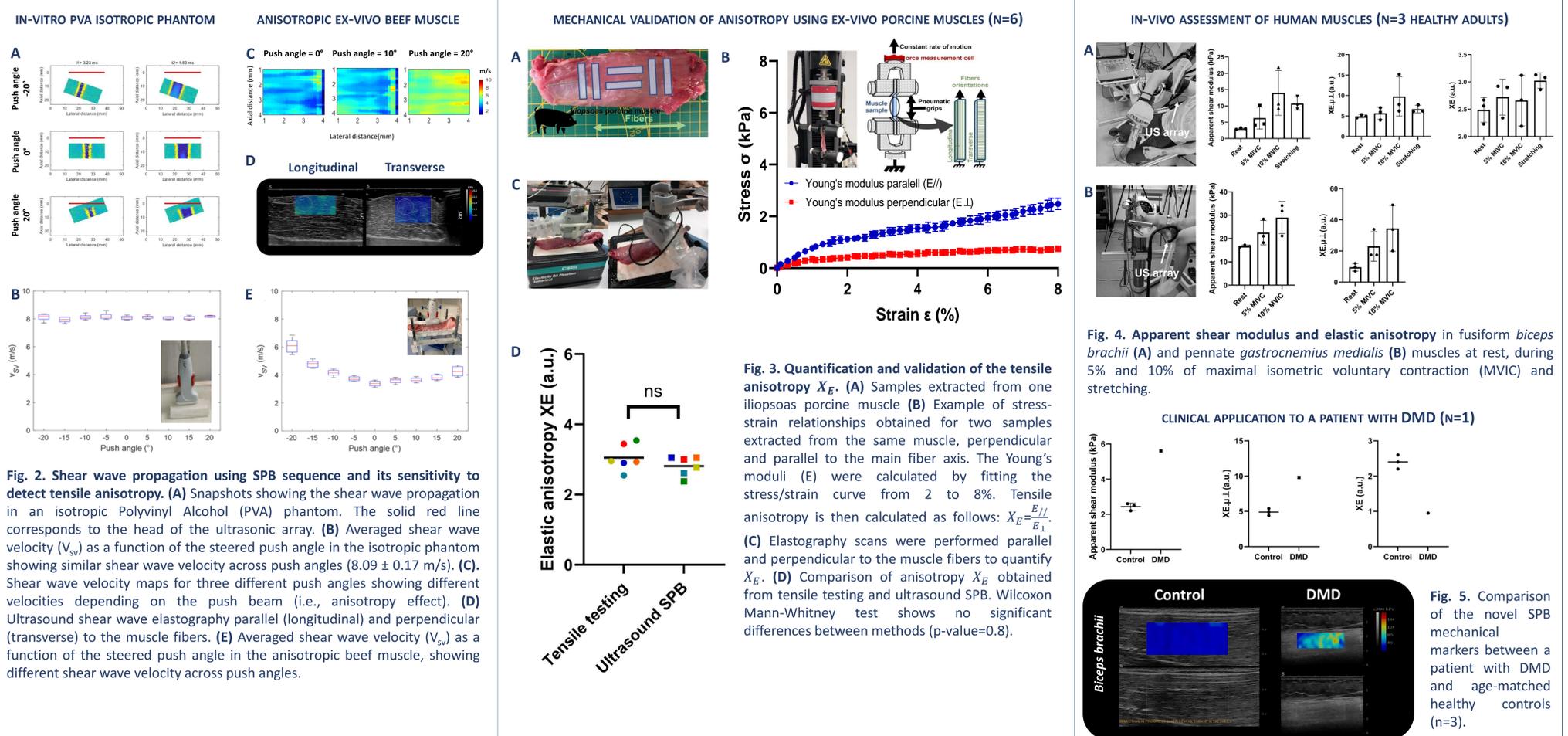
## METHODS

### Development and implementation of a new elastography sequence into a commercial ultrasound scanner



**Fig. 1.** Schematic of ultrasound shear wave elastography using a novel steered pushing beam (SPB) sequence. (A) A steered pushing beam is electronically programmed by using focus delays law to generate a steered acoustic radiation force that acts as a shear wave source. Several pushing beams are programmed between  $-20^\circ$  and  $20^\circ$ . (B) Example of simulated steered pushing beams at  $0^\circ$ ,  $+10^\circ$  and  $+20^\circ$  in Field II software. (C) Ultrafast acquisition of the propagating shear waves with different ultrafast ultrasound plane waves tilted around the axis of the pushing beam. (D) The new sequence was implemented in a Mach 30 ultrasound scanner (Hologic Supersonic Imagine, Aix-en-Provence, France). For comparison, the traditional elastography sequences implemented in commercially available scanners use a single pushing beam angle (corresponds to angle =  $0^\circ$  of the SPB). (E) Group wave velocity of an ex-vivo muscle obtained for each push angle is modelled by shear vertical (SV) propagation mode ( $\mu_{SV}(\psi) = \rho v_{SV}^2(\psi) = \mu_{//} + 4(X_E \mu_T - \mu_{//}) \sin(\psi)^2 \cos(\psi)^2$ ), making it possible to calculate the apparent shear modulus ( $\mu_{//}$ ) and two elastic anisotropy factors ( $X_E \mu_T$  and  $X_E$ ).

## RESULTS



## CONCLUSIONS AND FUTURE WORK

This study shows a translational proof of concept for a novel ultrasound imaging approach, offering real-time quantification of noninvasive mechanical parameters with potential for monitoring neuromuscular diseases affecting skeletal muscle biomechanics and structure. Further research is required to investigate the clinical value of these biophysical parameters.

## REFERENCES

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