

Horizontal gene transfer among host-associated microbes

Jorge Moura de Sousa, Marta Lourenço, Isabel Gordo

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¹ Horizontal gene transfer among host-associated

2 microbes

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- 4 Jorge Moura de Sousa^{1,4}, Marta Lourenço^{2,4} and Isabel Gordo^{3,4,*}
- 5
- 6 1 Institut Pasteur, Université Paris Cité, CNRS, UMR3525, Microbial Evolutionary
- 7 Genomics, Paris 75015, Paris, France
- 8 2 Institut Pasteur, Université Paris Cité, Biodiversity and Epidemiology of Bacterial
- 9 Pathogens, F-75015, Paris, France
- 10 3 Instituto Gulbenkian de Ciência, Rua da Quinta Grande,6, Oeiras, Portugal
- 11 4 These authors contributed equally
- 12 *Correspondence: igordo@igc.gulbenkian.pt
- 13

14 In brief

Bacterial evolution is highly influenced by events of horizontal gene transfer. We review recent studies on mechanisms of transfer and the complex interactions that these may entail in driving eco-evolutionary dynamics of microbiomes. Integrated approaches are needed to overcome the challenge of quantifying rates and effects of transfer within hosts.

19

20 Abstract

Horizontal gene transfer is an important evolutionary force, facilitating bacterial diversity. It is 21 22 thought to be pervasive in host-associated microbiomes, where bacterial densities are high 23 and mobile elements are frequent. These genetic exchanges are also key for the rapid 24 dissemination of antibiotic resistance. Here, we review recent studies that have greatly 25 extended our knowledge of the mechanisms underlying horizontal gene transfer, the 26 ecological complexities of a network of interactions involving bacteria and their mobile 27 elements, and the effect of host physiology on the rates of genetic exchanges. Furthermore, 28 we discuss other, fundamental challenges in detecting and quantifying genetic exchanges in vivo, and how studies have contributed to start overcoming these challenges. We highlight the 29 30 importance of integrating novel computational approaches and theoretical models with 31 experimental methods where multiple strains and transfer elements are studied, both in vivo 32 and in controlled conditions that mimic the intricacies of host associated environments.

33 Introduction

34

All animals and plants on the planet are colonized by complex microbial communities, also called microbiomes. The characterization of host-associated microbiomes, and in particular those that are human-associated, has seen an increase in research focus. This is partially due to the realization that the expression and evolution of host traits can be affected by the composition and stability of their microbiomes^{1,2}. Thus, human, animal and plant health can be affected both negatively and positively by the disruption of their associated microbial communities.

42

43 Microbes colonize many different niches within a host. In the human body, for instance, 44 microbes are found in many areas, including the oral cavity, the gastrointestinal tract, the skin 45 and even the lungs. Each of these niches comprises a distinct environment, that may be 46 suitable for certain microbial types but not others. Furthermore, microbiomes are not static. 47 Besides the invasion or extinction of certain microbial species, both the composition and 48 functionality of microbiomes can change as bacteria adapt. Both bacterial evolution and 49 migration to new host-associated niches can change their relationship with the host, even turning commensals into pathogens³. Evolutionary change in microorganisms can occur either 50 by random mutations or by horizontal gene transfer (HGT), a major process that shapes within 51 52 and between species diversity in bacterial populations. Unlike mutation, which typically 53 involves small genetic changes in the bacterial genome that are vertically inherited, HGT 54 transfers genetic material between different bacterial clones. This is predominantly driven by 55 numerous mobile elements that are ubiquitous in the bacterial genomes⁴.

56

57 Most of our knowledge about HGT comes from in silico (i.e., comparative genomics) and in 58 vitro studies, for which the latter typically represent experimental simplifications of more 59 complex biological systems. While there is evidence that point mutations, small deletions or transposable element insertions can occur at an appreciable rate *in vivo*⁵, quantifying, or even 60 detecting HGT in host-associated microbiomes is hindered by several challenges. First, the 61 62 interactions that occur within and between species in microbiomes entangle ecology, evolution 63 and epidemiology. These interactions complicate the identification of the relevant evolutionary 64 parameters that underly each of the individual processes. Second, the intense activity of a 65 network of selfish mobile genetic elements (MGEs), affects not only bacterial survival, but also hinder and promote genetic exchanges between cells. Finally, the host environment where 66 67 microbiomes evolve pose a challenge on its own. Its complex physiology, biotic and abiotic factors, including antibiotics, result in environmental conditions that are a far-cry from thesimplifications typically studied *in vitro*.

70

71 Recently, multidisciplinary approaches have contributed to understanding the importance and

prevalence of HGT *in vivo*. Yet, a large part of the puzzle is still missing. In this review, we will

discuss the advances, complexities and challenges in both detecting and quantifying HGT in

74 microbial communities from host-associated environments, as well as the host factors that

may modulate the evolutionary dynamics. We highlight potential integrative strategies that will

play an important role in uncovering the impact of HGT within hosts and, consequently, inglobal health.

The elements and mechanisms that drive horizontalgene transfer

81

82 The main mechanisms of HGT are transformation, conjugation, transduction and lysogeny 83 (Figure 1). Transformation involves the uptake of external DNA by a cell, and its genomic integration by homologous recombination. Transformation has multiple effects. Although the 84 85 probability of integrating a novel sequence through homologous recombination declines exponentially with the level of sequence divergence⁶, transformation can contribute to genetic 86 87 exchanges between bacteria⁷. On the other hand, because transformed DNA originates from 88 dead bacteria, it has been argued that transformation events can be deleterious for the cell⁸. 89 It is possible that one of the main roles of transformation is to act as a mechanism of genomic 90 resilience. Uptaken sequences can be used as templates to repair deleterious mutations that 91 occur during the replication of bacterial chromosomes, or as a way to inactivate costly MGEs⁹. 92 It is difficult to accurately track transformation events in bacterial chromosomes, and its role is 93 still poorly studied in vivo. This is partially due to the technical limitations in actually detecting 94 such genetic exchanges, due to the strong homology required for recombination with uptaken 95 DNA. Nevertheless, transformation occurs at high rates in some bacterial species like Neisseria¹⁰ and Hemophilus¹¹, and many species have competence genes¹². Hence, 96 97 transformation might have an important evolutionary role for bacteria in particular 98 environmental conditions.

99

100 Transformation is limited by the short time that DNA remains intact outside the cell. Some 101 bacteria can produce different types of membrane vesicles (MV) or outer membrane vesicles (OMV), and these nanostructures can package proteins, metabolites, and toxins present in 102 the bacterial cell¹³. Both DNA and RNA can also be packaged within these extracellular 103 104 vesicles, and are thus much better protected from environmental degradation. MGEs can also be packaged within MVs and OMVs, as observed for K. pneumoniae¹⁴ and Ruminoccocus¹⁵. 105 This suggests that such structures might play an important, yet still understudied role during 106 107 HGT in vivo.

108

109 Other HGT mechanisms rely on the different types of MGEs¹⁶ (see Figure 1) that populate 110 bacterial cells¹⁷, and that are relatively easier to detect. Conjugation involves the movement 111 of plasmids or integrative conjugative elements (ICEs, that contrary to plasmids integrate 112 bacterial genomes) through close contacts between cells of the same or of different species. 113 Transduction and lysogeny mainly involve bacteriophages (phages), viruses that infect 114 bacteria. Contrary to conjugation, phage-mediated HGT allows genetic exchange to occur at 115 larger physical distances between bacteria, as the DNA travels within viral capsids that protect 116 it. Despite the role of MGEs in driving the expansion of gene repertoires in bacteria, the 117 relationship with their bacterial hosts is not always peaceful. Both plasmids and phages have 118 their own lifecycles, and because they are replicating entities with evolutionary interests, they 119 can be bacterial antagonists.

120

121 The burden of MGEs for the fitness of bacteria is more evident in the case of phages, as in 122 order to replicate, they often kill their host bacteria. The two mechanisms of HGT associated with phages are a consequence of their lifecycle. Phages can be virulent or temperate, but 123 124 only the latter are capable of lysogeny, as they can integrate the bacterial chromosome. When 125 integrated as prophages, they are transmitted vertically upon host replication. The genes they 126 encode can be used by their bacterial hosts (lysogenic conversion). For instance, cholera outbreaks can be caused by toxins encoded in prophages¹⁸, and many other virulence factors 127 128 are encoded by prophages (e.g.) in marine *Vibrio* communities¹⁹. For certain taxonomic 129 groups, it has been estimated that ca. 50% of all bacterial genomes have at least one 130 prophage²⁰ and this number rises to almost 80% in bacteria from the human gastrointestinal 131 tract²¹. When integrated, prophages may eventually enter a lytic cycle that results in the death 132 of their hosts. During excision and replication, some prophages can include segments of the 133 bacterial chromosome within their viral particles, resulting in generalized, specialized or lateral 134 transduction. In generalized transduction, bacterial DNA from anywhere in the chromosome 135 can fully package viral particles, while specialized transduction packages genes that are in the neighbourhood of integrated prophages, in addition to the prophage itself²². Lateral 136 137 transduction relies in the replication of phages in situ, whilst still integrated, and can result in the transfer of large segments of bacterial DNA that neighbour the prophage²³. Specialized 138 139 and lateral transduction are thought to be exclusive of temperate phages, while generalized 140 transduction can occur with either temperate or virulent phages. Transduction is thought to 141 arise due to mistakes in the packaging of the viral DNA, although it has been proposed that temperate phages can benefit from such mistakes²⁴. Since the rates of generalized 142 143 transduction vary between some phages²⁵, transduction may be a trait under selection.

144

The induction of prophages in a small fraction of a lysogenic population can lead to the predation of ecological competitors of the lysogens, contributing to the successful invasion of the former²⁶. For many host-associated species, including the pathogenic *Pseudomonas aeruginosa*²⁷ or *Klebsiella pneumoniae*²⁸, this may be an important competitive strategy. When the induced phages are also capable of transduction, they can encapsidate DNA from the targeted bacteria and transfer it back to the lysogen population – "autotransduction". This process allowed a population of antibiotic sensitive lysogens of *Staphylococcus aureus* to invade and acquire antibiotic resistance (AR) genes from a resident (phage sensitive) population both *in vitro* and *in vivo*, within *Galleria mellonella* larvae²⁹. Infection by phages depends on specific cellular receptors (e.g., capsules or lipopolysaccharides), as well as on cellular defenses³⁰. Hence, most phages are thought to have a limited host range (e.g.,³¹), which also limits the reach of phage-mediated HGT.

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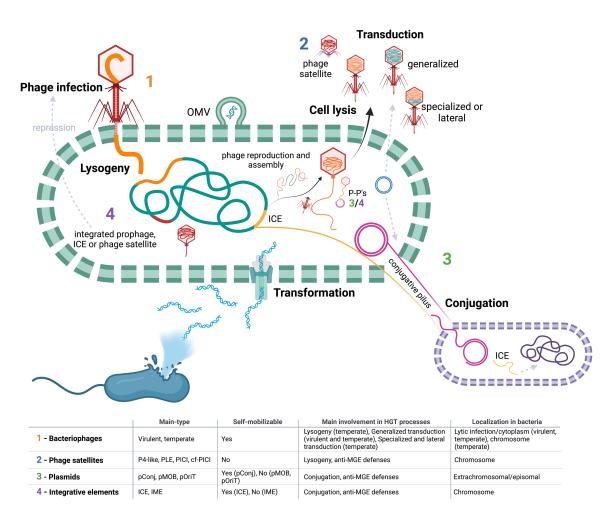
158 Conjugative plasmids are extrachromosomal sequences that control their own mobilization. 159 Plasmids encode mating pair formation (MPF) genes responsible for pilus biogenesis and mating junctions, allowing the transfer of the plasmid from the bacterial donor to a recipient 160 161 one. ICEs also encode these genes, but are integrated in bacterial genomes and can also be 162 stably propagated by vertical transmission. Like prophages, both ICEs and plasmids can 163 encode genes not directly related to their reproduction or transmission, and that increase the 164 fitness of their bacterial host. Conjugation requires close cell-to-cell contact, and it can occur at very high rates, across very distant species (since conjugation does not require specific cell 165 receptors)³², and can transfer large segments of bacterial DNA³³. However, plasmids can 166 167 impose an important fitness cost to bacteria³⁴, due to the replication of extra DNA, genetic 168 incompatibilities between the genes expressed by the host and those from the plasmid or 169 plasmid-encoded addiction systems that guarantee its stability upon cell division. This means 170 that, like phages, plasmids have a complicated relationship of dependency, parasitism and in 171 some cases, mutual benefits with their hosts.

172

Phages and plasmids can themselves be exploited by other mobile elements. Phages are 173 174 parasitized by phage satellites, small mobile elements that integrate bacterial genomes. 175 Phage satellites differ from phages because they lack the genes to form viral particles. In order to mobilize, phage satellites steal viral particles from "helper" phages that co-infect the same 176 bacterial host³⁵. Phage satellites were recently shown to be very abundant and diverse³⁶. Four 177 178 main families of phage satellites have been identified, that besides having a common general strategy for mobilization (phage exploitation), are genetically distinct, found in different 179 180 bacterial hosts, and rely on different specific hijacking mechanisms. P4-like phage satellites 181 are found in many Enterobacteria, and particularly in E. coli genomes, which can encode up to three of these satellites^{36,37}. Phage-inducible chromosomal islands (PICI)³⁸ and capsid-182 183 forming PICI (cf-PICI, phage satellites that encode their own capsid but still hijack the tails from helper phages)³⁹ are widespread both in Proteobacteria and Firmicutes. On the other 184 185 hand phage-inducible chromosomal island-like elements (PLE) are exclusively found in Vibrio cholerae genomes⁴⁰. Phage satellites have an important role in bacteria and can limit, or even 186

completely abolish, phage amplification (see below). They can also play a direct role in
 expanding the bacterial gene repertoires, since they can encode virulence and AR genes⁴¹,
 or anti-phage defense systems^{42,43}.

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193 Figure 1. Mobile genetic elements and the main mechanisms of horizontal gene transfer. Schematic 194 representation of the different MGEs and how they drive HGT. Phages can be temperate (i.e., lysogenize bacteria 195 and become integrated as prophages) or virulent (only perform lytic infections). They infect bacteria and can 196 perform generalized, specialized or lateral transduction. Phages can be hijacked by phage satellites, that steal viral 197 capsids from fully functional phages. Satellites can belong to different families (the most well-known are P4-like, 198 PICI, cf-PICI and PLE). Conjugation occurs when bacteria transfer DNA by direct contact via a conjugative pilus. It 199 involves the transfer of extrachromosomal sequences typically known as plasmids. Some plasmids are 200 autonomous transferred (conjugative plasmids, or pConj) whilst others (mobilizable plasmids - pMob - and oriT 201 plasmids - pOriT) need to co-incide with other conjugative plasmids in order to mobilize. Integrative conjugative 202 elements (ICEs) are mobile elements that transfer by conjugation and integrate the bacterial chromosome. 203 Integrative mobilizable elements (IMEs) use the conjugation machinery of ICEs and/or conjugative plasmids to 204 mobilize. Phage-plasmids (P-Ps) are temperate phages capable of an episomal lifestyle, like plasmids, but that are 205 transferred within viral particles. Finally, HGT can also occur due to transformation of external DNA, and 206 extracellular vesicles (like membrane vesicles - MV - or outer membrane vesicles - OMV), nanostructures that 207 can export both transformable DNA, or even other MGEs.

208 209

210 Plasmids also have their own parasites. The conjugation apparatus of conjugative plasmids and ICEs can be exploited by mobilizable plasmids (pMob)⁴⁴, that encode only an oriT (a small 211 DNA sequence that signals the initiation of the transfer of the plasmid sequence) and a 212 213 relaxase (responsible for the DNA nick required for initiating the transfer process). pMob are 214 transferred by the conjugative pilus formed by other co-occurring plasmid(s). Both pMob and 215 conjugative plasmids can also be exploited by plasmids that encode only an oriT (pOriT). These were recently shown to be very abundant, corresponding to 49% and 18% of the all the 216 plasmids in Staphylococcus aureus and E. coli, respectively⁴⁵. Integrative mobilizable 217 elements (IMEs) also use the machinery from other conjugative elements to transfer across 218 219 cells. IMEs encode only their excision and integration functions, but can have other genes that 220 can increase the fitness of their hosts, including antibiotic resistance genes, toxins, and bacterial transporters and regulators⁴⁶. 221

222

223 A fraction of non-conjugative plasmids were also recently reclassified as phage-plasmids (P-224 Ps)⁴⁷, which are an example of the fluidity between MGEs, that defies strict classifications¹⁷. 225 P-Ps are considered temperate phages capable of an episomal, plasmid-like lifestyle. They 226 have the typical replication and segregation functions associated with plasmids, but they are 227 transferred within viral particles that they encode themselves. P-Ps can thus produce virions, 228 lyse cells and infect other hosts that are farther away, unlike the close proximity that is required for conjugation. This flexibility makes them potentially powerful drivers of HGT. For instance, 229 a P1-like P-P in *E. coli* was shown to transfer an extended spectrum beta-lactamase through 230 lysogenic conversion⁴⁸, highlighting the potential of P-Ps in affecting global health. 231

232

233 The distribution of MGEs in bacterial genomes is shaped by many cellular defense systems 234 that protect the bacterial populations from their invasion or establishment. Knowledge on the 235 abundance, diversity and function of these anti-MGE defense systems has increased 236 significantly (see⁴⁹ for a recent review), and new computational methods systematically 237 identify many known defense systems in bacterial genomes⁵⁰. This will contribute to 238 characterize the distribution of anti-MGE defenses in host associated microbiomes. For some 239 defense systems, their mechanistic understanding is still lacking. Other anti-MGE systems are 240 part of the cell machinery, and are better described. For instance, RecBCD, an exonuclease 241 that repairs double-strand breaks by homologous recombination, can also protect against invasion of some phages⁵¹. Another example are Restriction-modification (R-M) systems, that 242 likely evolved as broad bacterial immune systems. By imprinting bacterial genomes with 243 244 epigenetic marks, R-M systems defend the bacteria against foreign DNA (e.g., MGEs that lack

these epigenetic marks)⁵². Importantly, MGEs can counter these defenses by acquiring them from bacterial genomes (e.g., through homologous recombination). Thus, many MGEs encode anti-MGE defenses that protect the bacteria from other, competitor MGEs^{42,53}. The MGEs can also themselves *be* the defense systems, as is the case for some phage satellites⁴⁰. In either case, this means that systems that protect bacteria against MGEs can be mobilizable, and consequently, HGT itself can modify the frequency of subsequent HGT events.

251

252 Despite the defense mechanisms of bacteria, MGEs are pervasive in the genomes of many species. For instance, in ca. 1300 strains of Escherichia from environmental, human and non-253 254 human associated hosts' samples, MGEs account for more than a third of the pangenome (the collection of genes) of this species⁵⁴. Given that many of these MGEs code for the 255 information that controls for how (viral particles or conjugation) and when (induction or pilus 256 257 formation) they are mobilized, it is important to consider the MGEs' interests and evolution 258 when studying HGT in the bacterial hosts. Furthermore, in a similar way to how competition 259 and cooperation between bacteria contribute to the diversity of bacterial communities, 260 interactions between MGEs can also impact the diversity of host-associated microbiomes.

261

262 Competition and cooperation between mobile

263 genetic elements

264

Given the abundance and diversity of MGEs, one could easily think that "the more the merrier" for HGT. However, it is becoming increasingly evident that this is not the case, as often there are strong conflicts not only between bacteria and their MGEs, but also between the MGEs themselves⁴. This has consequences for the rates of HGT in bacteria⁵⁵, either directly, or indirectly, by shaping the distribution of MGEs in bacteria.

270

271 An MGE can prevent or diminish the infection, replication or mobilization of other mobile 272 elements, and thus can influence the latter's stability within populations. The fitness costs of mobile parasites for the MGEs they hijack can change with environmental, genetic and 273 epidemiological circumstances^{38,56}. For instance, in *V. cholerae*, PLEs completely abolish the 274 275 replication of their helper phage, the virulent phage ICP1, by aborting the infection process and killing the bacterial host, effectively halting the propagation of the phage⁴⁰. For this reason, 276 277 PLE is considered an anti-phage defense system that plays a key role in the ICP1-V. cholerae 278 interactions. Some P4-like satellites and PICIs encode specific anti-phage defense systems such as R-M⁴² or abortive infection⁴³. These satellite-encoded defense systems typically do 279

not target their helper phages, but other infecting phages, promoting the survival of the cell
 and its prophages. Likewise, many plasmids often encode CRISPR-Cas systems, that target
 other MGEs, particularly phages⁵³. Further studies on these and other anti-MGE mechanisms
 will likely lead to new insights on the networks of exclusion between MGEs.

284

285 There is also evidence that some MGEs can cooperate, which can result in a more efficient 286 mobilization of the MGEs and increase the rates of HGT. For instance, PICI in S. aureus can 287 direct the transfer of unlinked chromosomal regions that contain sequences similar to the packaging (pac) sites of the PICI, suggesting a direct role of phage satellites in transduction 288 of bacterial genes through the hijacking of helper phages⁵⁷. Additionally, in S. aureus, small 289 non-mobilizable plasmids can be transferred by generalized transduction of both phages and 290 PICIs, suggesting that some plasmids evolved according to the size constraints of phage 291 capsids⁵⁸. Indeed, evidence is mounting that the evolution of MGEs has been shaped by the 292 293 presence of other elements. A striking example is the peptide-based communication system 294 encoded by some prophages of Bacillus subtillis, allowing different phages to coordinate and control their induction⁵⁹ or lysis-lysogeny decision⁶⁰. Hence, HGT through the generation of 295 296 new lysogens can also be controlled by communication between phages.

297

298 Given the plethora of MGEs, both those known and those yet to be discovered, many 299 interactions are likely to be unknown. The different scales at which interactions can occur, 300 combined with the different MGEs that can engage in these interactions, likely results in 301 complex events. As an example, the phage satellite SaPI3 is induced not by a phage, but 302 instead by another phage satellite, after which they both hijack the viral particles of the helper phage of the latter⁶¹. Furthermore, the interactions between MGEs can be affected by 303 304 compensatory evolution, when these elements are costly for the host cell. Compensatory 305 mutations might lead to more stable MGEs in bacterial populations, impacting their distribution 306 in microbial communities. Hence, both bacteria-MGE interactions and MGE-MGE interactions 307 might contribute to the frequency and outcomes of HGT in vivo, and consequently to the 308 diversity of microbiomes.

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- Factors in host-associated environments that shapeHGT
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Host-associated environments are the physical niches in an animal or plant, each with different 314 315 sub-sections, host cell types and physical proprieties. Despite the control that MGEs exert 316 over their own mobilization, animal/plant host-specific factors can also act as cues that impact 317 certain modes of transfer. Both biotic and abiotic conditions can influence the rate and efficiency of HGT (Figure 2). For instance, the gastrointestinal microbiomes from humans in 318 certain industrialized countries show higher rates of gene transfer⁶². The particular cause, or 319 causes, underlying such differences are yet to be determined, but many factors intrinsic to 320 321 within-host environments factors have the potential to shape HGT processes.

322

323 The spatial structure of host-associated environments impacts bacteria-bacteria and bacteria-MGE interactions⁶³. Relative to the typically studied *in vitro* homogeneous environments, 324 spatial structure brings physical characteristics that can affect the rates of HGT. In many host-325 326 associated environments, like plant roots or the mammalian gastrointestinal tract, microbial 327 communities are densely packed and the close cell proximity might lead to high rates of 328 conjugation. Indeed, in the mammalian intestine, *E. coli* can transfer the plasmid TP114 at estimated rates of 0.1 day^{1 64} and Salmonella enterica conjugates the plasmid p2kan with 329 100% efficiency after 4 days of gut colonization⁶⁵. Importantly, plasmid conjugation rates in 330 331 vivo, or even their ability to conjugate at all, do not necessarily correlate with in vitro 332 measures⁶⁴. This suggests a strong interplay between the type of plasmid, the donor and recipient bacteria strains and even the genetic background of the animal host⁶⁶. Additionally, 333 334 the spatial structure in vivo is expected to affect phage-driven HGT, since the ecological and 335 evolutionary dynamics of phage in structured environments differ from those in homogeneous contexts⁶⁷. Phages are scarcely found in certain niches of host-associated environments, such 336 as the mucosal areas of the mammalian gut, which can serve as refuges for bacteria^{68,69}. This 337 338 spatial segregation can lead to source-sink dynamics different from the typical co-evolutionary 339 arms-races between phages and bacteria observed in vitro⁶⁹.

340

341 The turn-over of bacterial species within microbiomes, due to adaptation, competition, novel 342 colonizations or abiotic factors can lead to an asymmetry on the phage population infectivity at both spatial and temporal scales⁷⁰. It has been suggested that this turn-over might favour a 343 344 temperate phage lifecycle over a virulent one⁷¹, with the latter favoured in environments with 345 a steadier supply of naïve hosts (e.g., in marine environments). This might contribute to explain the high prevalence of lysogens in gastrointestinal microbiomes, which can drive high 346 347 rates of transduction and lysogeny in these communities^{21,72}. Interestingly, several bacteria typically found in host-associated environments encode phage satellites^{36,41}, but the 348 prevalence and exchange of these elements in vivo has yet to be elucidated. One might 349

speculate that the intense viral dynamics in the gut environment⁷² also potentiate the active
exchange of phage satellites.

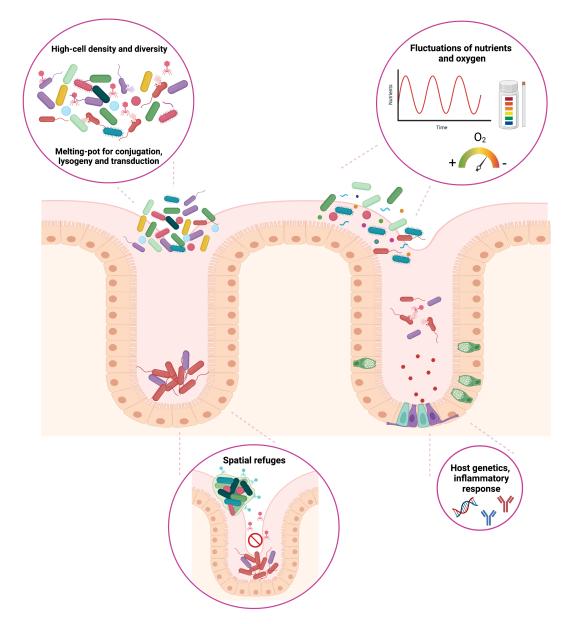
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353 The phylogenetic diversity of host-associated microbiomes can vary across niches. For 354 example, gut microbiomes typically contain a higher diversity than vaginal microbiomes⁷³, and the skin microbiome shows a compartmentalization of different sub-communities in spatially 355 separated pores, each with low diversity⁷⁴. This means that even if (e.g.) the rates of 356 conjugation might be high, the potential for gene diversification through conjugation should 357 358 vary across different sites. Conjugation in diverse communities is an opportunity for bacteria 359 to acquire truly novel functions. Yet, phylogenetic dissimilarity is often a barrier for HGT. Phylogenetic distant species are less likely to share the homology necessary for processes 360 361 that rely in homologous recombination, phages typically cannot infect dissimilar hosts, and 362 genetic networks are not always capable of accommodating novel genes. For instance, 363 resistance to antimicrobial peptides (an ancient immune defense in animals and plants) is 364 pervasive in gut microbiomes, but its transfer across bacterial species is limited due to functional incompatibilities between phylogenetic distant bacteria⁷⁵. On the other hand, highly 365 366 diverse communities can lead to adaptation of the MGEs to different strains, which in turn could lead to modified rates of HGT in their (new, or old) bacterial strains. Phages were 367 observed to expand the range of bacteria they can infect to novel species through low-efficient 368 infection of intermediary bacterial species in the gastrointestinal environment⁷⁶. Such phage 369 370 host-range expansion can lead to phage-mediated genetic exchange across more divergent 371 bacterial strains. Hence, even if phylogenetic diversity can be a barrier to genetic exchange, 372 some MGEs are capable to overcome (or adapt to profit from) such differences in host-373 associated communities.

374

375 Another potential major influence of host-associated environments in HGT is the heterogeneity of certain abiotic factors, such as pH, oxygen, nutrient levels or temperature. These factors 376 377 can vary both spatially (e.g. along the intestinal tract) and temporally, and they affect the 378 physiological state of bacteria. Hence, they can directly impact the efficiency of genetic exchange. For instance, the activation of the competence apparatus necessary for 379 380 transformation is upregulated at stationary phase in *B. subtillis*, but inhibited in *Streptococcus* 381 *pneumoniae* under the same physiological conditions⁷⁷. The mammalian gut environment has 382 also been shown to interfere with the expression of bacterial genes that mediate the efficiency 383 of phage infection⁷⁸. Induction of prophages in the gastrointestinal environment can also be 384 driven by host-specific factors, such as bile salts or ethanolamine, a byproduct of eukaryotic cell death⁷⁹. Yet, in most cases, it is not always clear how MGEs are affected by host-385 associated abiotic factors. For instance, out of 13 plasmids tested in vivo and in vitro, the 386

387 conjugative plasmid TP114, was the only one with increased activity at low oxygen levels⁶⁴. Low oxygen is a characteristic of anaerobic conditions in the mammalian gut and in other host-388 389 associated environments, which suggests that host-specific physiological conditions can be 390 more favourable to certain plasmids. Fluctuations in the type and availability of nutrients can 391 also lead to an enrichment of different species over time. This has the potential to increase 392 the activity of MGEs encoded by the favored bacteria. The scarcity of nutrients in vitro was shown to favor the scavenging of exogeneous DNA as a source of energy, thus increasing 393 rates of transformation⁸⁰. Furthermore, several food additives were shown to increase 394 conjugation rates of plasmids carrying antibiotic resistant genes⁸¹. This suggests that HGT in 395 microbiomes can be partially modulated by the dietary intake of their animal hosts. 396 397 398 399



401

402 Figure 2. The gut environment as an example of the host-associated factors that can influence horizontal 403 gene transfer. Schematic representation of different factors that can influence HGT in the mammalian gut. The 404 high bacterial cell density potentiates close contacts between phylogenetically diverse species, which can drive 405 high rates of conjugation and multiple contacts with viral (phage) particles. However, the spatially structured gut 406 can also generate niches that serve as refuges against phage infection, and consequently transduction and 407 lysogenization. Fluctuations in several abiotic factors, such as nutrients, temperature or pH can have an impact in 408 the physiology of bacteria, and thus modulate the rates of genetic transfers. Moreover, the host itself, including its 409 immune system, can shape both microbiome composition and the frequency and types of HGT.

410

Within a host, bacteria are also exposed to many different molecules, either produced or ingested by the host, or produced by other members of the microbial community. These molecules can function as inducers of SOS-responses, which can, in turn, potentiate HGT⁸². Some studies have shown that the inflammatory response induced by the gut colonization of a pathogenic *Salmonella enterica* serovar Typhimurium may lead to blooms of other 416 enterobacterial strains, and to trafficking of conjugative plasmids between pathogenic and commensal bacteria⁶⁵. However, other studies have proposed that the genetics of the animal 417 418 host and the composition of the microbiota itself have a higher impact on conjugation rates than the inflammatory process⁶⁶. Host inflammatory responses, e.g., colitis also alters phage 419 communities in the gut⁸³, and promotes phage transfer between different Salmonella 420 species⁸⁴. Finally, HGT can also be affected by molecules produced by other bacteria present 421 422 within the microbiomes. This was recently shown to be the case of colibactin, a genotoxic 423 molecule produced by several Enterobacteriaceae in the mammalian gut. Colibactin can 424 induce SOS-responses, and consequently induce the excision of prophages from both grampositive and gram-negative bacteria that are in close proximity to the colibactin-producing 425 cell⁸⁵. These molecules impact the activity of their MGEs but also affect the composition of 426 427 microbial communities as whole. Hence, the overall consequences of toxins and stress-428 inducing agents in HGT processes requires further study.

429

The host-associated environmental factors described here are both diverse and temporally dynamic, and possess distinct features that might strongly (albeit differently) impact both the mechanisms and the rates of HGT. This poses an important challenge when comparing HGT processes between *in vivo* and *in vitro* experimental conditions. Critically, it also raises difficulties in identifying the different factors involved in HGT, which is key to truly grasp the impact of this mode of microbial evolution within hosts. Some studies, which we discuss below, have made important leaps towards disentangling the factors of HGT *in vivo*.

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⁴³⁹ Detecting and quantifying within-host HGT in the act

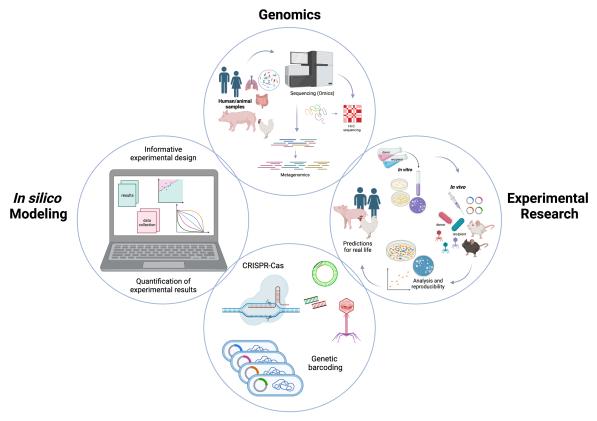
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The ecological and evolutionary dynamics of multiple interacting, co-evolving MGEs pose a 441 442 challenge to understand the role of HGT within complex host environments. Yet, other, more 443 fundamental questions pose significant challenges too. In particular, the "simple" matter of 444 how to quantify the rates of the different HGT mechanisms is crucial. This is generally not an 445 easy task. Besides the frequency of transfer of a gene, or an MGE, other parameters need to 446 be considered, such as the impact on fitness of the transferred DNA for both the bacteria and 447 their mobile elements. Indeed, it is likely that many HGT events are deleterious, neutral or only 448 slightly beneficial, and never increase sufficiently in frequency to be detected by current methods⁸⁶. Other HGT events may reach detectable frequencies, but might be transient (e.g., 449 450 advantageous only in an ephemeral environment) and only remain in the population for a

limited number of generations, thus remaining unaccounted for. In addition, the observation of 451 452 a highly successful HGT event (i.e., that quickly spreads in a population) can be caused either 453 by a high intrinsic rate of transfer or by a high fitness advantage of what is transferred, even if 454 the actual rate of transfer might be low. Disentangling these factors in vitro is already not trivial; to do so within the ecological and physiological complexity of within-host environments is 455 456 remarkably challenging. But there are different strategies that have been used to isolate these 457 evolutionary components and to track the dynamics of HGT (Figure 3), either by itself, or in 458 relation to mutational processes.

459

460 Several methods have now been developed, each with different strengths and weakness, that allow to identify MGEs, to determine their genomic context and to quantify HGT events in 461 metagenomes (reviewed in^{16,87}). Furthermore, specific experimental designs both *in vitro* and 462 463 in vivo, coupled with the use of mathematical models to fit the data, have facilitated the 464 dissociation of the two main components involved in HGT, fitness and transmission. In the 465 case of conjugation, the integration of mathematical models and experiments led to the 466 estimation of plasmid transfer rates between a donor and a recipient *E. coli* strain, both in the 467 guts of mice and also in continuous-flow cultures (that simulated the gut abiotic environment)⁸⁸. Plasmids were observed to spread at a lower rate in the gut of mice, relative 468 to in vitro conditions, not due to inefficient or inhibited conjugation, but instead because the 469 470 donor strain had a lower growth rate in vivo, relative to the other competitors within the 471 microbiome. This somehow old study exemplifies that in any event of transfer, several 472 concurrent processes (e.g., bacterial competition, plasmid segregation and the fitness costs 473 associated with plasmid carriage) can impact the rates and outcomes of HGT.



Synthetic Biology

475

476 Figure 3. Multidisciplinary and integrative approaches are key to understand horizontal gene transfer in 477 within-host environments. The study of HGT has benefited from the integration of different approaches, 478 represented here by the four different circles. Developments in genomics (e.g., next-generation sequencing or 479 comparative genomics) allows the detection and analysis of HGT-mediated changes at a large genomic scale. 480 Novel experimental approaches allow comparison between in vitro and in vivo results, and an exploration of the 481 dynamics of HGT in complex host associated environments. This is also driven by novel methods in synthetic 482 biology, that allow experimental designs with an appreciable diversity in the genetics of bacteria. Finally, in silico 483 models have been key in exploring conditions difficult to test experimentally, provide testable hypotheses for 484 conditions that are amenable to experimentation, and help in the quantification of relevant evolutionary parameters 485 (e.g., the frequency of conjugation or the rate of adaptation of phages).

486

487 Experimental evolution has been a powerful method to study evolutionary dynamics of 488 bacterial lineages in real time as they adapt to different *in vitro* environments. More recently, 489 it has been used to catch HGT events in the act in host-associated microbiomes, specifically 490 in the mammalian gastrointestinal tract. In this methodology it is typical to have a cohort of 491 genetical identical animal hosts (e.g., germ-free mice, devoid of any microbes) that are 492 colonized with one or more specific bacterial strains (e.g., that differ in their potential for HGT). 493 The eco-evolutionary dynamics of these strains are then followed in real time. These models 494 were recently used to address the costs and benefits of prophage carriage in the mouse gut, 495 using a well-known bacteria/phage pair: *E. coli* and its (pro)phage λ . By colonizing mice with

496 two strains of E. coli, differing solely in the presence/absence of the prophage, it was found 497 that there is rapid phage transfer from the lysogenic to the susceptible strain in the gastrointestinal tract⁸⁹. Additional colonizations with derivatives strains (either phage resistant, 498 499 or with non-inducible phages) allowed to quantify the cost of carrying the phage. This cost was 500 found to differ substantially across environments: *E. coli* lysogens were found to have a much 501 higher induction rate in this *in vivo* system than in classic *in vitro* growth media. This study 502 also revealed a high probability of lysogenization in the gut (~19%) and also facilitated the detection of rare events of phage gene capture within the first days of gut colonization⁸⁹. In a 503 504 different study, prophage carriage was found to also incur a fitness cost in Lactobacillus 505 reuteri, but to provide a competitive fitness advantage for lysogens when competing with nonlysogens in the gut of germ-free mice⁹⁰. Moreover, phage production in a *L. reuteri* strain with 506 two active prophages differed along the digestive tract, i.e. being higher in the cecum and 507 508 colon relative to the small intestine. Importantly, phage production in the gut was additionally identified to be modulated by the amount of fructose, an abundant sugar in western diets⁹¹. 509 510 This is an important example of how the dynamics of MGEs (temperate phages) differ across 511 host-associated environments (cecum, colon and small intestine), and can be modulated by 512 abiotic factors (nutrients).

513

514 A more recent study in mice with a rich microbiota composition, demonstrated how phagedriven HGT can shape both the short⁹² and long-term evolution⁹³ of an *E. coli* strain colonizing 515 516 the gut. The colonizing strain was the target of rapid lysogenization by two prophages present 517 within another *E. coli* strain, a natural resident of the mouse gut microbiome. These lysogenic 518 events, which occurred in less than two weeks, were key for the successful and stable colonization of the invader E. coli. Afterwards, the newly evolved lysogens accumulated 519 520 several mutations over thousands of generations of evolution in the gut. Some of these 521 mutations reduced the induction rate of the acquired prophages, i.e., it was possible to follow 522 the process of domestication of the prophages in real time. The rate of spontaneous prophage 523 induction in evolved clones was similar to that measured in the original, resident *E. coli* strain, for which the induction rate did not change along time⁹³. These results are consistent with the 524 theoretical prediction of a non-zero spontaneous induction rate leading to an optimal strategy 525 in gut commensal bacteria⁹⁴. Importantly, this study highlighted how HGT and mutational 526 527 processes are intertwined, and revealed that two very distinct modes of selection can drive 528 the evolution of an invader strain: while in one mode newly emerging mutations increase in 529 frequency but never reach fixation in the population, in the other the successive fixation of 530 mutations strongly interplays with the HGT promoted by phages and plasmids. Another glimpse of this type of coevolution is provided by endemic infections caused by Vibrio 531 532 cholerae, whose outbreaks are modulated by their lytic phages (which are, in turn, modulated

by their phage satellites). Bacteria and their phages recovered from the patients' longitudinal
sampling has shown that *V. cholerae* isolated from a given time point were susceptible to the
phages isolated at the same time point, but resistant to phages from successive time points⁹⁵.
The dynamics of phages correlated with fluctuations in SXT encoded in ICEs, which besides
conferring AR, also encode anti-phage defenses, providing a remarkable link of both types of
resistances in a single MGE.

539

540 Some studies also attempted to discern how the genetic background of an animal host affects the dynamics of HGT in its microbiome, with somewhat different conclusions across the 541 different studies^{65,66}. This suggests a need for systematization in approaches, which should 542 combine both different animal genetic backgrounds and diverse bacterial strains, to better 543 544 understand how (e.g.) transconjugants can rapidly and stably colonize their hosts. The costs 545 of carrying a plasmid for the fitness of a bacterial strain is also key to understand the 546 maintenance of transconjugants in host-associated environments. For instance, the fitness 547 effect of a conjugative plasmid that encodes for AR was shown to be on average negative in 548 the absence of antibiotics, across a large collection of strains of E. coli and Klebsiella that 549 colonize human gut microbiomes⁹⁶. However, there was extensive epistasis of its fitness 550 effects across the strains tested, and remarkably, in some strains, the plasmid was even 551 beneficial in the absence of antibiotics. This highlights that extensive variation in the fitness 552 effects of a plasmid across strains may help explain its maintenance within some microbiomes 553 but not others.

554

555 Technological advances in genomic engineering, comparative genomics and metagenomics 556 also contributed to study the diversity and distribution of MGEs, as well as the frequency of 557 HGT, within hosts. Recent developments in sequencing, such as split-read insertion detection⁹⁷, long-read sequencing (e.g., Nanopore⁹⁸) or single-cell sequencing⁹⁹ can be 558 559 harnessed to improve the detection of HGT events. Other recent approaches were developed 560 more specifically for this purpose. For instance, a CRISPR system was engineered to detect and record plasmid and phage transfer events in an *E. coli*¹⁰⁰. The metagenomic analysis of 561 within-host communities has allowed comparing the microbiomes and phageomes of healthy 562 563 and unhealthy patients, revealing that the phage gut diversity is typically severely decreased 564 in the latter¹⁰¹. Furthermore, a massive analysis of thousands of human gut metagenomes 565 identified new families of Caudovirales phages, as well as new potential mechanisms of phage-bacteria interactions in vivo, that are encoded by phages. This includes Diversity-566 567 Generating Retroelements (DGR), lipid biosynthesis, directed alterations of the bacterial cellwall, as well as catalases and iron sequestering enzymes¹⁰², all of which can be adaptive when 568 569 transferred (e.g. through lysogeny) to other bacterial hosts. Such events of capture and

570 transfer of traits by MGEs might be frequent, and it may occur not only within, but also between 571 hosts. A large scale longitudinal genomic and metabolomics analysis of maternal and infant 572 microbiomes identified that infant microbiomes were composed of bacteria that had unique 573 species-metabolite relationships, absent from their mothers' microbiomes. This study 574 suggests an inheritance of microbiome-encoded metabolic traits not due to the transfer of bacteria, but likely due to HGT promoted by inherited MGEs¹⁰³. Circulating MGEs may then 575 be prevalent within hosts, as also highlighted by a metagenomic Hi-C analysis of 10 healthy 576 577 human gut samples. This study indicated that, while 75% of the detected phage-like 578 sequences are likely dormant prophages, 5% have a high sequence coverage, suggesting that the human gut microbiota has an important fraction of actively replicating phages⁷². The 579 580 same technology has suggested that HGT occurs frequently in the individual guts of both healthy and neutropenic patients undergoing stem cell transplantation, and that it might involve 581 the exchange of AR genes¹⁰⁴. Conversely, a metagenomic approach that was used to directly 582 583 address the bacterial content that is carried within phage particles of phages in pig fecal microbiomes demonstrated that phages do not frequently carry or encode AR genes¹⁰⁵. 584

585

The latter studies highlight the controversial role of phages in the transfer of antibiotic resistance genes, a trait that is typically considered to be more efficiently trafficked by plasmids. Given the growing impact of AR, the dissemination of AR genes in MGEs has been, understandably, the focus of a large part of the literature on HGT. Yet, it is important to consider the evolutionary dynamics involved in the mobilization and stability of AR genes in mobile elements, and the role of antibiotics themselves in shaping the rates of HGT.

592

⁵⁹³ HGT in the context of antibiotic resistance

594

595 Antibiotics are some of the most widely used antimicrobials not only in clinical settings but also 596 agriculture, farming and food industry. As resistance to antibiotics became a wide societal 597 problem, particular attention has been dedicated to how such traits disseminate rapidly within 598 and between bacterial populations. MGEs may be key for these dynamics in some bacterial species, but not necessarily in others¹⁰⁶. A recent study, that coupled mathematical modelling 599 with experimental assays in soil communities, demonstrated that microbial communities that 600 601 encode AR genes in conjugative plasmids are more stable when facing environmental 602 perturbations (e.g., heavy metals or antibiotics), compared to communities where bacteria encode AR within their chromosomes¹⁰⁷. This may partially explain the prevalence of AR 603

604 genes in plasmids, and why the latter are one of the main culprits for the wide and fast dissemination of AR, particularly in a clinical context¹⁰⁸. Additionally, there is a high abundance 605 of plasmid-encoded genes involved in cellular metabolism and stress, that might underlie the 606 development of AR mechanisms¹⁰⁹. In many cases, the fitness advantage in surviving 607 608 exposure to antibiotics is so dramatic that even very costly plasmids can be maintained. 609 However, those costs can be mitigated. A recent study observed the acquisition of 610 compensatory mutations in Enterobacter isolates that led to the prevalence of a carbapenemresistance carrying plasmid (pOXA-48) in the gut of hospitalised patients. These 611 compensatory mutations occurred in plasmid-associated fitness genes, resulting in a trade-off 612 between the fitness cost of the plasmid and the level of resistance to carbapenem¹¹⁰. Such 613 compensatory adaptations stabilize AR genes in the populations, and many plasmids that 614 encode such traits are maintained even in the absence of antibiotics¹¹¹. Phages are not 615 thought to be traffickers of AR genes in vivo¹⁰⁵, but other studies argue that phages are 616 important vehicles of such genes¹¹². The high efficiency of phage-mediated transfer of AR 617 618 genes in vitro suggests a possible underestimation of these events in vivo.

619

620 Antibiotics also have a physiological effect that can impact HGT. Some antibiotics induce 621 SOS-responses, and in vitro assays have shown that antibiotics, such as aminoglycosides or fluroquinolones can trigger competence in *S. pneumoniae* and other species^{113–115}. The effect 622 623 of antibiotics on conjugation is controversial, despite some studies showing increased rates of conjugation in their presence¹¹⁶. The effect on phages seems to depend on the type of 624 625 antibiotics. Aminoglycoside antibiotics (such as Kanamycin or Apromycin) were shown to inhibit phage infection and replication¹¹⁷. On the other hand DNA damaging antibiotics (like 626 627 Mitomycin C or Fluoroquinolones) are well known to stimulate prophage induction in many lysogens, and it has been suggested that some common oral medications may have a similar 628 629 role¹¹⁸. Hence, a higher prophage induction and excision due to medical drugs might lead to 630 increased rates of lysogeny and transduction. Another typical response from bacteria to antibiotic exposure is the increased production of exopolysaccharides or lipopolysaccharides, 631 that can promote the formation of biofilms¹¹⁹. Biofilms can increase the chances of contacts 632 between bacterial cells, and conjugation rates have been proposed to increase under biofilm 633 formation¹²⁰. On the other hand, while phage propagation and dispersion might be slowed 634 down by sparse, but locally dense, sub-populations, the chances of lysogeny itself may 635 increase, due to a high local multiplicity of infection⁶⁷. Interestingly, conjugation itself can 636 promote the formation of biofilms¹²⁰, highlighting the complex interrelationship between 637 638 antibiotics, resistance to antibiotics, and mobilization of AR genes.

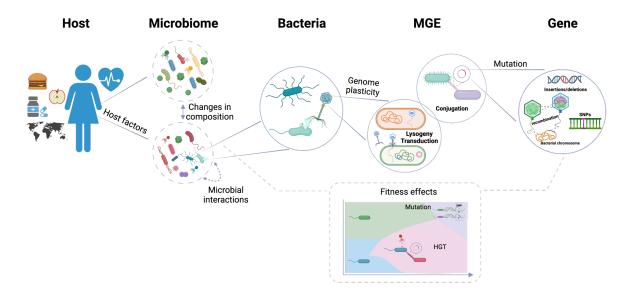
640 CONCLUSION

641

The study of microbial adaptation, and in particular of the mechanisms that involve the 642 643 horizontal exchange of DNA, is at an interesting standpoint. On the one hand, the scientific 644 community is, technologically, better suited than ever to detect all sorts of novel bacterial and 645 mobile element variants, and how their frequencies change almost in real time. On the other 646 hand, this deluge of information has uncovered an ever increasingly complex, rapidly evolving 647 network of interactions, that tremendously complicates the quantification of the individual factors involved in HGT. Indeed, although there is an extensive body of highly important in 648 649 vitro work in quantifying the rates of HGT, there is still a gap between those observations in 650 simplified environments compared to those faced by bacteria in vivo. This is in part due to the 651 challenges posed in measuring these complex but subtle changes across bacteria, in contexts 652 of fluctuating conditions (including a huge variety of stresses), high bacterial diversity or even 653 different intricate processes of adaptation occurring simultaneously.

654

There are different levels of selection involved and affected by HGT: from the gene, to the 655 656 MGE that mobilizes the gene, to the bacterium that receives the MGE, to the microbiome of this recipient, and to the living organism (animal, or plant) that hosts this particular microbial 657 community (Figure 4). This means that, in order to uncover the impact of HGT in within-host 658 659 bacterial evolution, the rates and fitness effects of the mechanisms of horizontal transfer must 660 be understood at different biological and temporal scales, that reflect both environmental and 661 epidemiological conditions. Important care must also be given to uncoupling the relationship 662 between the rates of transfer and the effect on fitness provided by the MGE and/or the transferred DNA. This relationship is in turn influenced by the different fluctuating conditions 663 664 endured during host colonization, making a very advantageous trait in a certain ecosystem 665 rapidly shift to deleterious in another environment. Furthermore, the accumulation of mutations subsequent to the HGT event, and how this can both influence and be influenced by HGT 666 667 itself, is not yet well understood.



669

670 Figure 4. A general view of the different levels, and their interactions, involved in study of within-host 671 horizontal gene transfer. Understanding HGT in vivo requires the consideration of the different scales at which 672 ecological and evolutionary process occur. The dietary and societal conditions of the host influence the composition 673 and evolutionary dynamics of their microbiomes. The latter are determined by the interactions (competitive or 674 cooperative) and genetic exchanges that occur between the bacteria. This, in turn, is determined at the individual 675 bacterial level, by the combination of its rate of generating mutations, that are vertically inherited, and the rate of 676 horizontal transfer of multiple MGEs that increase or decrease the bacterial gene repertoires (as exemplified in the 677 Muller plot shown). Importantly, these same processes (competitive and cooperative interactions, vertical and 678 horizontal adaptation) affect the MGEs themselves. This creates a complex, multi-layered network of events that, 679 as a whole, determines rates and effects of HGT within and between animal hosts.

680

The multiverse of MGEs, mechanisms of HGT and the context dependent nature of transfer 681 682 rates and effects begs for a screening of in vivo measurements under conditions where 683 manipulation of donor-recipient densities can be controlled. In addition, given the complex 684 interactions between MGEs, new mathematical models with far more events and populations 685 need to be developed. As more events imply a larger number of parameters, more data is 686 required to avoid model overfitting. Thus, some ingenious tricks also need to be developed to capitalize the most on the limited maneuverability of in vivo experiments. In this regard the 687 688 usage of multi-omics and synthetic biology approaches will be key. In particular, a wider adoption of barcodes to label several donors and recipient cells, that are then introduced in 689 690 natural or synthetic ecosystems at different initial densities may aid in a better quantitative 691 understanding of the most dominant processes underlying successful HGT events.

692

693 Recent and exciting technological advances, coupled with a growing number of studies that 694 integrate computational and experimental approaches, have been key in overcoming some of 695 the challenges involved in detecting and quantifying within-host HGT. Given the current state of affairs on such a fundamental evolutionary process with tremendous planetary-wide consequences, particularly regarding human health, we expect that other studies will follow suit. This will hopefully lead to the establishment of a substantial amount of research where disciplines such as eco-evolutionary modeling, animal experimentation and synthetic biology integrate to close the knowledge gap.

701

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706

707 Conflict of interest

- 708
- The authors declare that they do not have any conflict of interest.

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