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## Increasing dynamic range of NESs by using geometric nonlinear damping

Etienne Gourc, Pierre-Olivier Mattei, Renaud Cote, Matteo Capaldo

#### Abstract

This paper deal with the passive control of resonant systems using a nonlinear energy sink (NES). The objective is to highlight the benefits of adding nonlinear geometrical damping in addition to the cubic stiffness nonlinearity. The behavior of the system is investigated theoretically by using the mixed harmonic balance multiple scales method. Based on the obtained slow flow equations, a design procedure that maximize the dynamic range of the NES is presented. Singularity theory is used to express conditions for the birth of detached resonance cure independently of the forcing frequency. It is shown that the presence of a detached resonance curve is not necessarily detrimental to the performance of the NES. Moreover, the detached resonance curve can be completely suppressed by adding nonlinear damping. The results of the design procedure are the compared to numerical simulations.

#### 1 Introduction

Nonlinear energy sinks (NESs) are strongly nonlinear oscillator that are used to mitigate vibration of a host system through targeted energy transfer. One of the main feature of the NES, which is a consequence of their essential nonlinear nature, is their ability to enter in resonance capture with the system to which their are attached, giving them a broadband capability [1]. When the primary system is subjected to a harmonic excitation, the system exhibit relaxation oscillations denoted as strongly modulated response (SMR) which is also a typical feature of systems with NESs [2]. One of the main drawback of the NES when used to control a harmonically excited system is the possible presence of a high amplitude detached resonance curve. Specific design procedure have been developed to ensure a safe operating region of the system, at the price of limited performance of the NES [3, 4]. A promising way to overcome this difficulty is the introduction of nonlinear damping in addition to linear viscous damping. This has been first proposed in [5] where the authors considered piecewise-quadratic damping. It was shown that by imposing a fairly low damping at low amplitude and a higher damping at high amplitude can lead to a complete elimination of the detached resonance curve. A similar nonlinear damping caracteristic was studied theoretically in [6] for the passive control of a two degree of freedom primary system. In [7], the dynamics of a NES with geometrical damping is investigated under transient loading. They showed that the nonlinear damping can induce transient instability caused by a bifurcation to 1:3 resonance capture. The behavior of a NES with global and local potential as well as nonlinear damping has been analyzed theoretically in [8]. Recently, the behavior of a NES with geometrical damping used to control a toy model of floating offshore wind turbine was investigated in [9]. They confirmed both theoretically and by using extensive numerical simulation that the addition of nonlinear damping can in certain condition completely suppress the detached resonance curve. In [10], the authors investigate theoretically the behavior of a NES with nonlinear damping, where the nonlinear damping is realized geometrically by a pair of initially inclined spring damper. It was shown the the nonlinear stiffness and damping coefficient can be adjusted by changing the initial inclination of the spring damper pair. Experimental investigation of nonlinear damping, not in the context of NES, is reported in [11], where a nonlinear damping element is realized geometrically at a beam tip.

The objective of the present paper is to investigate the benefits induced by the addition of geometrical nonlinear damping. Section 2 is devoted to the presentation of the studied system. Section 3 is devoted to the theoretical analysis of the system. First the equation of motions are analyzed by using the multiple scales-harmonic balance method (MSHBM) [12] allowing us to obtain the expression of the slow invariant manifold (SIM) and the slow flow modulation equation. In the same section, the folded singularity are expressed and interpreted as a grazing flow and

condition for the existence of detached resonance curve is expressed by using singularity theory [13, 14]. The tuning procedure enabling to discriminate problematic and non problematic detached resonance curve is presented in section 4.

## 2 Description of the system

The system considered in the present paper is the same as in [7] and consists in a linear oscillator coupled to an embedded NES with geometrical nonlinear stiffness and damping. The equation of motion are given by

$$\begin{split} M\ddot{x} + C\dot{x} + Kx + c\dot{w} + rw^3 + dw^2\dot{w} &= A\cos(\Omega t)\\ m(\ddot{x} - \ddot{w}) - c\dot{w} - rw^3 - dw^2\dot{w} &= 0 \end{split} \tag{1}$$

where x(t) and w(t) are the displacement of the linear oscillator and the relative displacement of the NES, respectively. The dots denote differentiation with respect to time t. M, C, and K are the mass, damping and stiffness of the linear oscillator, respectively. c, r and d are the damping, cubic nonlinear stiffness and nonlinear damping of the NES, respectively. Adimensional parameters are introduced as follows

$$\tilde{t} = \omega_1 t, \quad \omega_1 = \sqrt{\frac{K}{M}}, \quad \zeta = \frac{C}{2M\omega_1}, \quad \mu = \frac{c}{m\omega_1}$$

$$\kappa = \frac{r}{m\omega_1^2}, \quad G = \frac{A}{M\omega_1^2}, \quad \omega = \frac{\Omega}{\omega_1}, \quad \lambda = \frac{d}{m\omega_1}$$
(2)

Substituting into Eq. (1) yields to the following adimensional equation of motion

$$\ddot{x} + 2\zeta \dot{x} + x + \epsilon(\mu \dot{w} + \kappa w^3 + \lambda w^2 \dot{w}) = G\cos(\omega t)$$

$$\epsilon (\ddot{x} - \ddot{w} - \mu \dot{w} - \kappa w^3 - \lambda w^2 \dot{w}) = 0$$
(3)

where the tilde has been dropped for brevity and the dots now represent the derivative with respect to a dimensional time.  $\epsilon=m/M\ll 1$  is the mass ratio.

## 3 Nonlinear analysis

The behavior of the system is analyzed theoretically using the mixed multiple scales-harmonic balance method (MSHBM) [12]. Independent time scales  $t_i = \epsilon^i t$  are introduced and the displacements are expanded as

$$x(t;\epsilon) = x_0(t_0, t_1) + \epsilon x_1(t_0, t_1) + \dots w(t;\epsilon) = w_0(t_0, t_1) + \epsilon w_1(t_0, t_1) + \dots$$
(4)

The damping of the primary system  $\zeta$  as well as the forcing amplitude G are considered small and are scaled such that  $\zeta = \epsilon \zeta$  and  $G = \epsilon G$ . Substituting Eq. (4) into Eq. (3) and collecting terms of same power of  $\epsilon$  gives

$$\mathcal{O}(\epsilon^0): \quad d_0^2 x_0 + x_0 = 0 \tag{5}$$

$$\mathcal{O}(\epsilon^{1}): \quad d_{0}^{2}x_{1} + x_{1} = -2d_{0}d_{1}x_{0} - 2\zeta d_{0}x_{0} - \mu d_{0}w_{0} - \kappa w_{0}^{3} - \lambda w_{0}^{2}d_{0}w_{0} + G\cos(\omega t_{0}) \quad d_{0}^{2}(w_{0} - x_{0}) + \mu d_{0}w_{0} + \kappa w_{0}^{3} + \lambda w_{0}^{2}d_{0}w_{0} = 0$$

$$(6)$$

The solution at order  $\epsilon^0$  is expressed by

$$x_0(t_0, t_1) = \frac{1}{2}X(t_1)e^{it_0} + \text{c.c.}$$
 (7)

Now we deal with the equations at order  $\epsilon^1$ . Since the second equation does not admit a closed form solution, according to the MSHBM, we seek an approximate solution of the form

$$w_0(t_0, t_1) = \frac{1}{2}W(t_1)e^{it_0} + \text{c.c.}$$
 (8)

Substituting Eq. (7, 8) into the second equation of Eq.(6) and balancing terms corresponding to the first harmonic yields

$$X = (1 - i\mu)W - \frac{1}{4}(3\kappa + i\lambda)W^2W^*$$
(9)

Equation (9) represents the slow invariant manifold (SIM) of the problem. The behavior of the system is analyzed in the vicinity of the resonance of the primary system. Accordingly, a detuning parameter is introduced as  $\omega = 1 + \epsilon \sigma$ . Substituting Eq. (7, 8) into the first equation of Eq.(6) and eliminating secular terms reads

$$d_1 X = -\zeta X - \frac{1}{2}\mu W + \frac{1}{8}(3i\kappa - \lambda)W^2 W^* - \frac{1}{2}iGe^{i\sigma t_1}$$
(10)

Going back to true time  $t = \epsilon t_1$  and scaled parameters  $\zeta$  and G are unscaled such that  $\zeta = \zeta/\epsilon$  and  $G = G/\epsilon$ . The amplitude modulation equation thus reads

$$\dot{X} = -\zeta X - \epsilon \left(\frac{1}{2}\mu W + \frac{1}{8}(3i\kappa - \lambda)W^2 W^*\right) - \frac{1}{2}iGe^{i\sigma t}$$
(11)

Since we are interested in the dynamic of the system under 1:1 resonance capture, i.e. on the SIM, Eq. (9) is substituted into Eq. (11). Expressing  $W(t) = b(t)e^{i\beta(t)}$  and splitting into real and imaginary parts gives

$$\dot{b} = \frac{f_1(b,\theta)}{g(b)} 
\dot{\theta} = \frac{f_2(b,\theta,\sigma)}{g(b)}$$
(12)

where the new phase variable  $\theta(t) = \epsilon \sigma t - \beta$  has been introduced to transform the system into an autonomous one. Expressions of  $f_1$  and  $f_2$  are given in appendix. The fixed points of the system are computed by setting  $f_1 = f_2 = 0$ .

#### 3.1 Analysis of the SIM

Substituting polar expression of W(t) and  $X(t) = a(t)e^{i\alpha(t)}$  into Eq. (9), the real valued expression of the SIM is obtained as

$$A = \frac{1}{16} \left[ (3\kappa B - 4)^2 B + (\lambda B + 4\mu)^2 B \right]$$
 (13)

where  $A = a^2$  and  $B = b^2$ . The values of local extremums  $B_1$  and  $B_2$  are found by equating the derivative of the right hand side of Eq. (13) with respect to B to zero, giving

$$B_i = \frac{4}{3} \frac{6\kappa - 2\mu\lambda \mp \sqrt{h}}{9\kappa^2 + \lambda^2} \tag{14}$$

with

$$h = -27\kappa^2\mu^2 + \lambda^2\mu^2 - 24\kappa\lambda\mu + 9\kappa^2 - 3\lambda^2 \tag{15}$$

Note that the SIM has extremums only if h > 0. It is well known that this topology of SIM can give rise to strongly modulated response. An example of SIM for  $\mu = 0.1$ ,  $\kappa = 1$  and  $\lambda = 0.1$  is depicted in Fig. 3.1.

#### 3.2 Folded singularities

In addition to classical fixed points of the slow flow system, computed by setting  $f_1 = f_2 = 0$  and  $g \neq 0$ , it is well known that systems with NES also admit singular fixed points denoted as folded singularities [2]. The folded singularities are found by setting  $f_1 = f_2 = g = 0$ . Physically speaking, folded singularity allow the flow to jump from the lower to the upper branch of the SIM. On the phase plane  $(\theta, b)$ , the transition from a situation where the slow flow remains on the lower part of the SIM to a situation where the flow can jumps to the higher branch of the SIM corresponds to a grazing flow at  $b = b_1$ , that is

$$\left. \frac{db}{d\theta} \right|_{b=b} = 0 \tag{16}$$

with

$$\frac{db}{d\theta} = \frac{\frac{db}{dt}}{\frac{d\theta}{dt}} = \frac{f_1}{f_2} \tag{17}$$

Such that the grazing condition simply reads  $f_1(b_1, \theta) = 0$ . From this relation, it is possible to express the minimal amplitude  $G_{\rm fs_1}$  that give rise to the existence of folded singularities. Note that

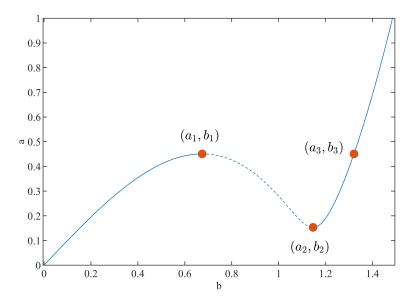


Figure 1: SIM for  $\mu = 0.1$ ,  $\kappa = 1$  and  $\lambda = 0.1$ . Solif and dashed lines correspond to stable and unstable branches, respectively.

since  $f_1$  is independent of  $\sigma$ ,  $G_{fs_1}$  is valid for the whole excitation frequency range. An example of grazing bifurcation yielding to the birth of a pair of folded singularities is depicted in Fig. 3.2.

For completeness, folded singularity on the upper branch of the SIM at  $b = b_2$  can be expressed similarly, i.e.  $f_1(b_2, \theta) = 0$ , and the critical forcing amplitude yielding to their appearance is denoted by  $G_{\text{fs}_2}$ .

#### 3.3 Detached resonance curve

As mentioned earlier, systems with NES can exhibit a detached resonance curve that can yield to high amplitude oscillations and therefore deteriorate the performance of the NES. A polynomial expression for the amplitude of the fixed points b can be obtained by solving  $f_1 = f_2 = 0$  for the trigonometric terms and using trigonometric identity. The fixed points b are now found by solving

$$f_3(b,\sigma) = 0 \tag{18}$$

From a bifurcation point of view, detached resonance curve can be detected by tracking fold bifurcations as a function of the forcing amplitude and forcing frequency [4, 15]. By doing so, zones separating single from multiple solutions are identified. Singularity theory is a powerful tool to classify the different topologies of frequency response curve [13]. The creation or the merging of an isola with the principal resonance curve can be detected by the so-called isola and simple bifurcation singularities, respectively. The defining conditions for these singularities are given by

isola: 
$$f_3 = 0, \quad \frac{\partial f_3}{\partial b} = 0, \quad \frac{\partial f_3}{\partial \sigma} = 0, \quad \frac{\partial^2 f_3}{\partial b^2} \neq 0, \quad \det(d^2 f_3) > 0$$
simple bifurcation: 
$$f_3 = 0, \quad \frac{\partial f_3}{\partial b} = 0, \quad \frac{\partial f_3}{\partial \sigma} = 0, \quad \frac{\partial^2 f_3}{\partial b^2} \neq 0, \quad \det(d^2 f_3) < 0$$
(19)

where  $d^2f_3$  is the Hessian matrix of  $f_3(b,\sigma)$ . Closed form solutions are not available, however, Eq. (19) can be combined to express a sixth order polynomial in  $b^2$  that can be efficiently solved using any root finding algorithm and the corresponding forcing amplitude can be retrieved by using the fixed point equation. Notice that as the detuning parameter  $\sigma$  only appear up to the quadratic power in  $f_3(b,\sigma)$ , its contribution in the sixth order polynomial can therefore be eliminated by using the condition  $\partial f_3/\partial \sigma = 0$ . As a consequence, the critical forcing amplitudes corresponding to isola and simple bifurcation singularities, denoted  $G_{\rm drc}$  and  $G_{\rm sb}$ , respectively, are obtained independently of the detuning parameter, which is a major difference compared to the aforementioned approach based on bifurcation tracking.

The presence of a detached resonance curve is not necessarily detrimental to the performance of the NES, as depicted in Fig. 3.3 for two different set of parameters.

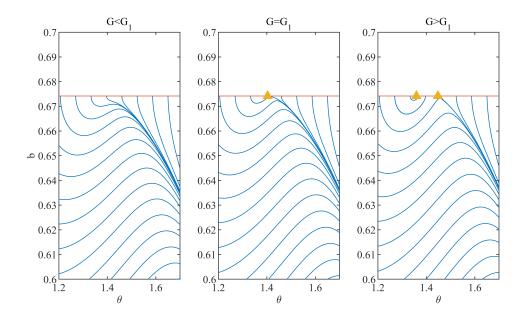


Figure 2: Phase plot for  $\mu=0.1$ ,  $\epsilon=0.01$ ,  $\zeta=0.01$ ,  $\kappa=1$ ,  $\lambda=0.1$  and  $\sigma=1$  for three value of G around  $G_1=0.0101$ . Solid reg line corresponds to  $b=b_1$  and orange triangle to the folded singularities.

Clearly, in the upper case, the detached resonance curve is problematic as it yield to high amplitude oscillation, while on the lower case, the isola is located under the principal resonance curve. Problematic isolas can be easily detected by looking at the amplitude b at which the detached resonance curve is created. Problematic isolas are those whose amplitude is higher than the SMR amplitude given by  $a_1$  (similarly  $a_2$ ). These problematic isola can be easily detected by exploiting the topology of the SIM such that if the isola singularity is located at  $b > b_3$  it will cause high amplitude oscillations of the primary system, as emphasized on the 3D figure in Fig. 3.3 where the frequency response curve is projected on the SIM.

## 4 NES tuning

In this section, the sizing of the NES is addressed and can be formulated as follows: Given a maximal allowed amplitude of the primary system, what are the parameters of the NES that maximize the forcing amplitude?

It is known that the the control mechanism of NES under harmonic forcing involves strongly modulated response (SMR) regimes. This regime corresponds to relaxation oscillation where the dynamics successively jumps between the two stable branches of the SIM. If no other attractors (i.e. fixed points) are present, the maximal amplitude of the primary system is directly governed by the shape of the SIM and corresponds to the point labeled  $a_1$  in Fig. 3.1. The first step of the design procedure consists in determining the nonlinear stiffness coefficient  $\kappa$  to fix the maximal amplitude  $a_1$ . This is done by using the expression of the SIM Eq. (13) at  $b = b_1$ . Notice that the obtained expression is invariant with respect to  $a_1$  if  $\kappa = \tilde{\kappa}/a_1^2$  and  $\lambda = \tilde{\lambda}/a_1^2$  such that without loss of generality we choose  $a_1 = 1$ . The value of  $\kappa$  as a function of the linear and nonlinear damping  $\mu$  and  $\lambda$  allows to reduce the design space by one and is depicted in Fig. 4.

The second step consists in identifying the parameter space where  $a \leq a_1$ . Exploiting the shape of the SIM, an equivalent condition in terms of the relative amplitude of the NES reads  $b \leq b_3$ . A necessary but not sufficient condition to express the maximal forcing amplitude  $G_{b_3}$  such that  $b \leq b_3$  is given by

$$\left. \frac{\partial b}{\partial \sigma} \right|_{b=b_3} = 0 \tag{20}$$

Using implicit differenciation, condition in Eq. (20) becomes

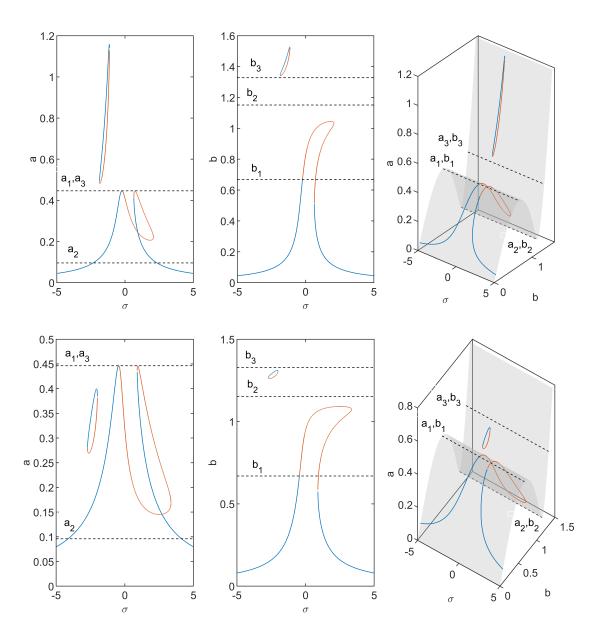


Figure 3: Frequency response curve for  $\epsilon=0.01,\,\lambda=0.1,\,\kappa=1,\,\mu=0.05.$  Up:  $\zeta=0.001,\,G=0.0045,$  down:  $\zeta=0.005,\,G=0.008.$  Blue and orange lines corresponds to stable and unstable solution, respectively. Dashed lines indicates the singular points of the SIM.

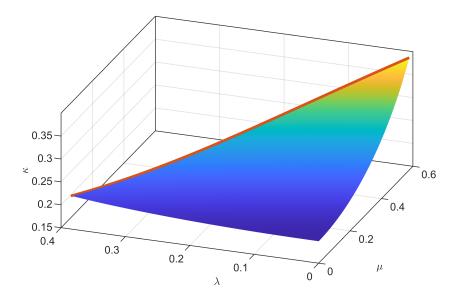


Figure 4: Evolution of  $\kappa$  as a function of  $\mu$  and  $\lambda$  for  $a_1 = 1$ . Red line corresponds to the limit where the SIM admit a double root.

$$f_3 = 0, \quad \frac{\partial f_3}{\partial \sigma} \Big|_{b=b_3} = 0$$
 (21)

As mentioned, this condition is however not sufficient to guaranty that  $a \leq a_1$  due to the possible presence of a detached resonance curve at higher amplitude. As explained in the previous section, problematic detached resonance curves are easily identified by looking at the amplitude b corresponding to the isola singularity. If  $b > b_3$ , the resulting isola will result to amplitude of oscillation greater than  $a_1$ . On the contrary, if a detached resonance curve is created in the lower portion of the SIM  $(b < b_3)$ , while the growth of this detached resonance curve until  $a = a_1$  will be captured by Eq. (21).

The sizing diagram are presented as a function of the nonlinear damping coefficient  $\lambda$  and the forcing amplitude G, since the nonlinear stiffness is treated as a slave parameter by imposing  $a_1 = 1$ . Examples of sizing diagrams are depicted in Fig. 4. In both cases  $\epsilon = 0.01$  and  $\mu = 0.1$ . On the left diagram  $\zeta = 0.001$  while on the right diagram  $\zeta = 0.01$ . Solid and dashed blue lines corresponds to folded singularities occurring on  $b = b_1$  and  $b = b_2$ , respectively. Solid green lines corresponds to the maximal forcing amplitude  $G_{b_3}$ . Plain and dashed orange lines correspond to problematic and non-problematic isola singularity, respectively and finally purple lines corresponds to simple bifurcation singularity that yields to the merging of the detached resonance curve with the main resonance curve. The safe region of operation of the NES is indicated by the grey area.

Frequency response curves corresponding to different area of the sizing diagram are depicted in Fig. 4. Black horizontal dashed lines corresponds to amplitudes  $a_1$  and  $a_2$ , where by assumption  $a_1 = 1$ . Below the first folded singularity corresponding to plain blue line (Fig. 4(a)), SMR regime is not possible since the flow cannot jump to the upper branch of the SIM, and thus the NES behaves in a quasi-linear manner. In the zone corresponding to Fig. 4(b), i.e. between both folded singularities (blue lines) and bellow any detached resonance curve (orange lines), since we are bellow the second folded singularity (dashed blue line), not periodic solution can exist on the upper branch of the sim (i.e. for  $b > b_2$ ), therefore, the only possible response is either stable periodic response at low amplitude (i.e.  $a \le a_1$  and  $b \le b_1$ ) or SMR response. When the forcing amplitude is increased above the second folded singularity and bellow the maximal forcing amplitude (Fig. 4(c,h)), SMR regime can be replaced by stable periodic response, but still satisfying the design criteria (i.e. a < 1). Fig. 4(d,f) illustrates again problematic and non problematic detached resonance curve, similarly to Fig. 3.3. In the case of Fig. 4(d), the forcing amplitude is above the critical forcing amplitude corresponding to the appearance of a problematic isola, that is an isola that emerge at an amplitude  $b > b_3$ . While in the case of Fig. 4(f), the isola is not problematic while its appearance is located at an amplitude  $b < b_3$ . Notice that the growth of this non-problematic isola to an amplitude higher than the maximal defined amplitude  $a = a_1$  would be captured by the condition  $G_{b_3}$  (green

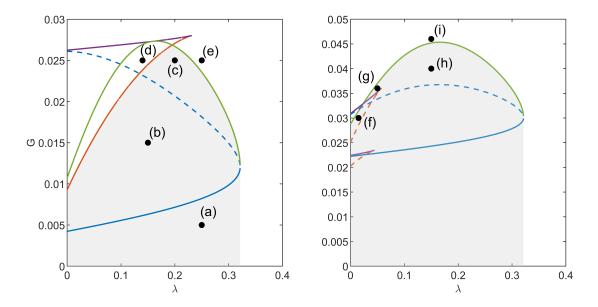


Figure 5: Evolution of  $\kappa$  as a function of  $\mu$  and  $\lambda$  for  $a_1 = 1$ . Red line corresponds to the limit where the SIM admit a double root.

line). In the case depicted in Fig. 4(f), the presence of the detached resonance curve does not restrict the design area. In the case presented in Fig. 4(g), the forcing amplitude is increased above the simple bifurcation singularity corresponding to the merging of the detached resonance curve. Since the forcing amplitude is still located bellow the forcing amplitude corresponding to  $G_{b_3}$ , the extremums of the frequency response curve still satisfy the design criteria  $a \leq a_1$ . In the case depicted in Fig. 4(e,i), the parameters of the system are above the maximal forcing amplitude  $G_{b_3}$ . Even if the topology of the frequency response cur resembles those from cases of Fig. 4(c,h), and despite the absence of detached resonance curve, the stable periodic solution exceed the maximal amplitude (i.e. a > 1), thus violating the design criteria. Nevertheless, for both sizing diagram, it can be noticed that the addition of nonlinear damping significantly increase the dynamic range of the NES. We can also remark in the absence of problematic isola and  $G \leq G_{b_3}$ , the maximal amplitude of stable periodic solution is reached just before the onset of SMR and corresponds to the amplitude  $a = a_1$ , thus, also corresponding to the maximal RMS amplitude, regardless of the shape of the SMR response.

The proposed sizing procedure is compared to numerical simulation in Fig. 4 where the maximal amplitude of the primary oscillator obtained from numerical integration is depicted for various excitation amplitude and frequency for  $\epsilon=0.01,~\zeta=0.01,~\mu=0.1,~\lambda=0.16,$  and  $\kappa=0.214.$  The red plane and dashed lines correspond to the maximal allowed amplitude. The first vertical dashed line corresponds to the critical forcing yielding to the birth of a pair of folded singularity  $G_{\rm fs_1}=0.0244$  while the second vertical dashed line corresponds to the maximal forcing amplitude  $G_{\rm max}=0.0453$ . The location of the control plateau for  $G\in [G_{\rm fs_1},G_{\rm max}]$  is in very good agreement with numerical simulations while the maximal amplitude is underestimated by the theoretical analysis.

As illustrated in Fig. 4 where G=0.04 and  $\sigma=1.1$ , this is due to the fact that the jump between the branch of the SIM does not occur as a discontinuous phase trajectory when  $\epsilon \neq 0$ . Note that this fact has been investigated theoretically in [16] by interpreting the jump as a dynamic fold bifurcation.

### 5 Conclusion

The objective of the present paper was to investigate the potential benefits of geometric nonlinear damping on NES. To this end, the dynamics of the system has been analyzed by using the mixed multiple scales - harmonic balance method. A simple design procedure is presented and can be simply summarized as follow: given a maximal allowable amplitude of the primary system, what are the parameters of the NES that maximize the forcing range. The main theoretical findings

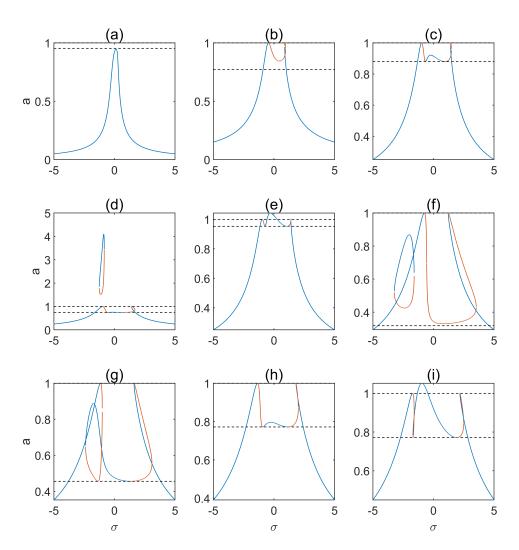


Figure 6: Frequency response curve of the primary oscillator corresponding to points in Fig. 4.

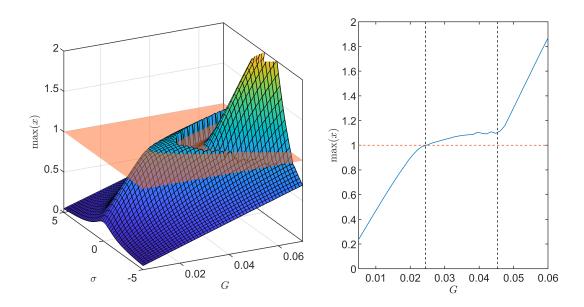


Figure 7: Amplitude of the primary oscillator as a function of the frequency detuning  $\sigma$  and forcing amplitude G for  $\epsilon = 0.01$ ,  $\zeta = 0.01$ ,  $\mu = 0.1$ ,  $\lambda = 0.16$ , and  $\kappa = 0.214$ . Red plane (dashed line) corresponds to the theoretical maximal allowed amplitude and dashed vertical lines corresponds to  $G_{\rm fs_1}$  (left) and  $G_{b_3}$  (right).

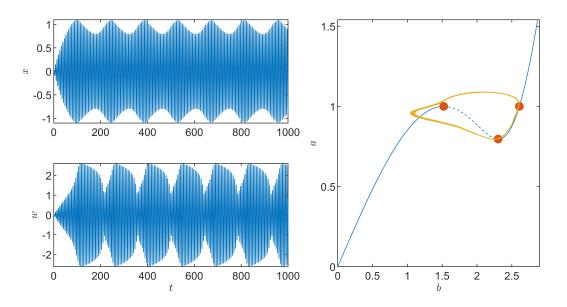


Figure 8: Example of strongly modulated response and projection on the SIM obtained for  $\epsilon=0.01$ ,  $\zeta=0.01,~\mu=0.1,~\lambda=0.16,~\kappa=0.214,~\sigma=1.1$  and G=0.04.

presented throughout the design procedure are twofold:

- Exploiting the topology of the SIM, in combination with singularity theory, we are able to distinguish parameters that yield to unacceptable or acceptable detached resonance curves.
- Again exploiting the topology of the SIM and the expression of the fixed points allow us
  to express a maximal forcing amplitude independently of the forcing frequency yielding to a
  given amplitude of the host oscillator.

The conjunction of these two criteria allow us to define a safe design space of the NES guaranteeing that the vibration amplitude of the primary oscillator is bellow a certain threshold. Finally, this design procedure highlight the benefits of nonlinear damping with a significant increase of the maximal allowable forcing amplitude.

## Appendix A

The expressions of  $f_1$ ,  $f_2$  and g given in Eq. (12) are given by

$$f_{1}(b,\theta) = b\left(-\zeta\left(9\kappa^{2} + \lambda^{2}\right)b^{5} + 2\left(12\kappa\zeta - \epsilon\lambda - 4\lambda\mu\zeta\right)b^{3} - 8\left(2\mu^{2}\zeta + \epsilon\mu + 2\zeta\right)b + 8G\mu\cos\theta + 2G\left(3\kappa b^{2} + 4\right)\sin\theta\right)$$

$$f_{2}(b,\theta) = 3\epsilon(9\kappa^{2} + \lambda^{2})(2\sigma + 1)b^{5} + 4\left(\epsilon(8\lambda\mu\sigma - 24\kappa\sigma + 4\lambda\mu - 3\kappa) + 4\zeta(\lambda + 3\kappa\mu)\right)b^{3} + 16\epsilon\left(2\mu^{2}\sigma + \mu^{2} + 2\sigma\right)b - 4G(9\kappa b^{2} - 4)\cos\theta - 4G(3\lambda b^{2} + 4\mu)$$

$$g(b) = 2b\left(3(\lambda^{2} + 9\kappa^{2})b^{4} + 16(\lambda\mu - 3\kappa)b^{2} + 16(\mu^{2} + 1)\right)$$
(22)

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