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Descartes' error with love.

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Dedicated to Prof António Damásio.

Dedicated to Prof. Hanna Damásio.

Descartes' error with love.

Abstract: We are losing love. By studying porn movies to understand love, I discovered that love originally comes from the body, from positive emotions and vibrations of the wonderful body, from the heart and all other parts of the body, such as sexual organs. António Damásio made Descartes' error by postulating that feelings increase their power from homeostasis (mechanisms of life regulation from bacteria to humans). He made this mistake unconsciously because many people unconsciously have a very bad opinion of sexual organs. We consider them ugly because they come from the prehistoric period. I have combined António and Hanna Damásio's work (body emotions, thinking and language). I discovered that porn actors do not talk during sex, and this is striking. Porn actors mirror what happens in society. This means that people come from prehistory, do not talk during sex, and still unconsciously behave like primitive animals during sexual intercourse; we do not respect the body sufficiently during sex. Therefore, love, which comes from the body, is smothered and buried. We must very delicately talk to the wonderful, delicious and respectful body to wake up love feelings, body emotions and vibrations during sex. We must invent talking movies with porn films. Language of positive emotions associated with the language of wonderful and delicious body will warm love feelings and will give envy to love through sexual intercourse because António Damásio discovered that emotions are social.

Keywords: sex; pornography; wonderful body; love; positive emotions;
homeostasis: Descartes' error.

Introduction

We are losing our feelings of love. We do less and less love, especially among young people, in France [1] and in other countries such as the US [2]. An extremely worrying and worrying survey by sociologist Monique Dagnaud [1] showed this in France. Approximately 70% of young people said, "One can be happy without a love relationship, making children a case of conscience; 70% of young people prefer a smartphone to a sexual encounter". It is clear that young people should be educated to love extremely quickly. We are moving very quickly toward self-centeredness. *Each being must receive and give love to be truly happy, and this also goes through the body.* Our young people are lost with their love feelings because of pornographic film consumption. Currently, there is only business with pornographic films, love is completely smothered, and sex can also be associated with violence, sadomasochism and sexual humiliations. This influences teenagers' behaviors through their social network, as already noted 12 years ago [3]. Pornography could indeed be harmful [4]. All countries are concerned, and regulations in India have passed to protect teenagers, and porn sites have been banned [5]. However, few studies consider that pornography could be used for triggering sexual education of teenagers who could talk about sexual behaviors to parents or adults at home or at school [6,7]. Unfortunately, a future of love seems to be the development of robots [8]. If romantic love could be involved in pornography, this would educate our teenagers to love. Different studies have aimed to understand romantic love [9–11]. Due to the complexity of love, the literature has not adopted a universal single term or definition of romantic love [9]. Many studies have reported mechanisms of love, which are associated with activity in a number of neural systems: emotions, sexual desire and arousal, reward and motivation systems, and social cognition [9]. Hormones of love, such as dopamine, vasopressin or oxytocin, have been characterized [10]. Functional magnetic resonance imaging experiments have shown the involvement of brain areas associated with motivation [10]. However, trying to deeply understand love leads to too much thinking and to the forgetting of the body, which is the seat of emotions [12]. There is not only the brain involved with love. Indeed, the feeling of love comes from a beautiful person [11], and therefore, it originally comes from the body. Furthermore, thinking too much about the mechanisms of love leads to

Descartes error: “Je pense, donc je suis, I think, thus I am” [13]. Love and erotic desire from the body share common areas in the brain and cannot be dissociated. [11] Therefore, the body and sex cannot be dissociated from love, dissociation is Descartes’ error. We must now consciously realize that sex is associated with love through the body. We must warm love up with sex, including with pornography. How to do this? By combining António and Hanna Damásio’s work and by reversing the unconscious bad opinion many people have about sexual organs.

Discussion

António Damásio tells us, in the book [14] “L’ordre étrange des choses”, in the part “isolated cells, nervous system and mind”: “We often tend to treat the body much more casually, even with contempt, than we witness to the August and noble spirit.” That is exactly what is happening with pornography. Pornography is thus strictly forbidden for minors because there is no love during sexual intercourse in these films, and the body then becomes a primitive pleasure commodity, a toy that can be discarded after purchase and use. However, with social media, minors have access to pornography. A study showed that children under the age of 11 and older are exposed to pornographic stimuli: two-thirds of children under the age of 15 and one-third of those under the age of 12 have been exposed to pornographic images, voluntarily or unintentionally [15]. According to Arcom’s latest report, 2.3 million minors visit pornographic sites every month [16]. Sex can often be associated with the dominance of one or more partners by others. It can go as far as a snuff movie with torture or murder [17]. In addition, a Senate report from September 27, 2022, [18] is very alarming about the abuse and influence of pornography in France. Pornography can particularly influence our behavior [19]. We must realize that pornographic films are mirrors of our society and of ourselves. António Damásio tells us, in the book [14] “L’ordre étrange des choses”, in the part “beginning 2”: “I wanted to tell a story about the nature and role of human feelings - and I ended up understanding that our representations of the mind and culture were not in sync phase with biological reality”. *Sex is an integral part of ourselves and of our biological reality*. If we reject pornography, we reject ourselves, our biological origin. We must make up with ourselves and pornography to be in sync phase with our origin. In his book “L’ordre étranger des choses”, António Damásio postulates that feelings increase their power from homeostasis [14]. Homeostasis is a mechanism; this

means thinking about mechanisms with love, “Je pense, donc je suis, I think, thus I am”. Love is not originally a mechanism; it is at first feeling from the heart and all the body! We must feel first, then think. António Damásio and many people unconsciously make Descartes’ error [13] with love because we unconsciously have a very bad opinion and vision about sexual organs coming from prehistory. For example, one can insult somebody with “schmuck”. Furthermore, French law about nudity is very strict in public places. To fully understand love, we must reverse Descartes’ error “Je suis, donc je pense, I am, thus I think” and the opinion we have about sexual organs from ugly to beautiful. We must accept all the parts of our wonderful body. If we do this there will be no more Descartes’ error. Furthermore, Adam and Eve did not talk to each other during their sexual intercourse because language was elaborated far after prehistoric sex intercourse. *With sexual intercourse, which is our origin and biological reality, we come from prehistory and still behave unconsciously like primitive animals during sexual intercourse.* We forgot to warm love up through the language of positive emotions and feelings because love comes from the positive emotions and vibrations of the body. If a delicate, wonderful and delicious body is completely respected, if we warm love up through the language of positive emotions associated with the language about the wonderful body, we will win. There have been few studies on language during sexual intercourse, and the results are not yet convincing [20]. Language of love and body during sexual intercourse will bring many benefits, warm and strengthen love bonds. *In pornographic films, the actors are indeed content to the growl, as in prehistory. They are incapable of speaking with dignity.* Therefore, we must invent talking movies. We must warm love up during sexual intercourse by putting soft, sensual, tender, very agreeable, respectful and delicate words on all parts of the body, by describing them successively, associated with words on positive emotions and vibrations. Love is indeed a positive vibration of the body, and both bodies must be described with the language of positive vibrations to warm love up during coupling. Even if it goes without saying, it immediately improves by saying it. I will therefore give an example of what I mean, and I imagined a monolog to demonstrate what I mean. A dialog on the same principle would be better. The monolog is heterosexual and must be adapted to homosexual intercourse. The male porn actor is talking while acting. The male actor describes both delicious bodies and associates the description with positive vibrations of both bodies.

“I love your look; you have a very warm look, and it warms my heart up. I fall in love with your look, and you love when I talk about your magnificent eyes.” First part of the body: look (female) then vibrations of heart (male) then vibrations of female (you love when). “In addition, I love your stunning body. I will take you slowly in my arms and gently caress your body. I discover your body, and it is indeed wonderful! I love to tenderness caress your beautiful legs, and you love it because I am very delicate with you. Your pleasant buttocks are delicious. I gently kiss you. Your lips are so sweet and sensual! You awaken my desire, and your body begins to feel very positive vibrations! Our kisses are now more passionate, and I very much delicately caress your magnificent breasts. I delicately kiss your soft breasts, and I awaken your sexual desire. Your body begins to feel sexual desire. You begin to vibrate from love, and I love when you desire me. You love the finesse of the sexual intercourse I propose to you. I let the reader imagine the following with a beautiful and delicate description of sexual organs....

I have already carried out this monolog, and it works every time with woman with a tendency toward frigidity. Sexual pleasure and orgasm are associated with love, and this is the body. Dissociation means Descartes’ error. Our young people and humanity will feel love and respect for the body, sweetness, and tenderness by broadcasting talking movies, which do not yet exist, via social networks. Those films will give envy to do love because the body is fully respected. According to António Damásio, in the book “*l’ordre étrange des choses*”, “the affects” [14], “However, most needs, motivations, and emotions are fundamentally social, small or large scale, and their scope extends far beyond the individual. Desire (sexual or not) affection, education, attachment and love function in a social context.” I am convinced of this, and I will give an example of positive emotions. A candidate recently defended her thesis; the candidate was very complimented for her work by the jury and burst into tears. I noticed that the assembly was also in tears and felt the emotion. Her burst into tears was caused by language!

The pornographic industry could completely reinvent itself by watering us with love words. It could be extremely creative, joyful, playful and cheerful, even artistic and beautiful, as love is beautiful and makes us experience very positive emotions. The pornographic industry could also, for example, be inspired by the pioneering work of American artists, Marilyn Minter, Betty Tompkins or the French Elsa Sahal, who appropriated the erotic representations of naked bodies and sex for Betty Tomkins [21]. Artists must take up the subject and work with pornographic actors. Our teenagers could

then be educated by a completely new, innovative pornography. We could also replace violent video games with games for teenagers based on educational pornography. Love is for everybody. Physically disabled people could also feel peace, love, respect, and sexual intercourse. Currently, there are no pornographic films with physically disabled people. Fortunately, artists, especially contemporary artists, have begun to represent people with disabilities in their work, which transcends disability. Similarly, Korff Sausse's publication [22] on the subject of disability in art has been cited only four times since 2010, which speaks about our interest in the representation of disability. The bodies of people with physical disabilities are hidden by society. Thus, there is no advertising on underwear with physically disabled people. Therefore, disabled people should also be involved in soft, joyful, tender, educational, creative and loving pornographic films to feel peace, love, respect, and sweetness. If they feel love and happiness, they forget the injury, and patients who suffer from anosognosia might even get better. The same reasoning applies to people with learning disabilities. Love will allow us to overcome human suffering, and I am sure that frigid people, people who suffer from sexual violence, will recover their envy to love through love dialog.

Conclusions

We would be moving away from the social convention of not showing sex to our teenagers, who are natural acts and our biological origin. However, as they come from prehistory, we find them indecent because we have not educated them by the language of positive emotions associated with love feelings of the body. In addition, we suffer from Descartes' error, without realizing it. If we reconcile our delicate body and our delicious sexual intercourse with love, the world would be better. People would progressively watch talking pornographic movies to feel positive emotions and positive vibrations and would abandon violence with sex. Artificial intelligence will be very useful for preparing talking movies. The body needs orgasms to orient the brain toward positive thinking and to feel well. It is likely that fewer painkillers would be needed in the future if we love each other.

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