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Thomas Vanneste, Leen Depauw, Emiel de Lombaerde, Camille Meeussen, Sanne Govaert, et al.. Trade-offs in biodiversity and ecosystem services between edges and interiors in European forests. Nature Ecology & Evolution, 2024, 8, pp.880-887. 10.1038/s41559-024-02335-6 . hal-04486632

HAL Id: hal-04486632 https://hal.science/hal-04486632v1

Submitted on 31 Oct 2024

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1 Title

2 Trade-offs in biodiversity and ecosystem services between edges and interiors in European forests

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35 Abstract

36 Forest biodiversity and ecosystem services are hitherto predominantly quantified in forest interiors, well 37 away from edges. However, these edges also represent a significant proportion of the global forest 38 cover. We quantified plant biodiversity and ecosystem service indicators in 225 plots along forest edge-39 to-interior transects across Europe. We found strong trade-offs: phylogenetic diversity (evolutionary 40 measure of biodiversity), proportion of forest specialists, nutrient cycling and heatwave buffering 41 increased towards the interior, whereas species richness, nectar production potential, stemwood biomass 42 and tree regeneration decreased. These trade-offs were mainly driven by edge-to-interior structural 43 differences. As fragmentation continues, recognizing the role of forest edges is crucial for integrating 44 biodiversity and ecosystem service considerations into sustainable forest management and policy.

45

46 Main text

47 Forests harbor the majority of terrestrial species on earth and provide a multitude of ecosystem services 48 to humans, including carbon sequestration, timber production, nutrient cycling, water cycling and 49 climate buffering¹. However, most forest biodiversity and ecosystem service assessments report data 50 from forest interiors, well away from edges and their complex influences on biodiversity (see e.g. ^{2,3}). 51 This is most often done intentionally, to avoid complex interactions and exclude the environmental 52 differences between forest edges and interiors including edges' warmer microclimates⁴, higher light 53 availability⁵ and enhanced soil nutrient inputs from adjacent land-use⁶. Ongoing forest fragmentation, 54 however, increases the relative amount of the area covered by forest edges and causes edge effects to 55 penetrate more frequently and deeply into the forest interior. Edge effects can potentially reach the core in small forest fragments^{7,8}. Up to 70% of the world's remaining forest is now found within 1 km of a 56 forest edge and 20% is even closer than 100 m⁹. In fact, recent global inventories have shown that the 57 58 loss of forest interior area is at least twice as high as the net loss of forest area¹⁰. In Europe, the situation 59 is even more precarious with 40% of forests lying within 100 m of the edge¹¹. As fragmentation persists 60 globally, edges will play an increasingly important role in future forest functioning and service 61 provisioning, and can no longer be ignored in conservation decision-making, forest policies, and 62 management planning. In spite of the urgency, no continental-scale study to date has quantified edge 63 vs. interior patterns of the potential supply in terms of forest ecosystem services and biodiversity.

64 Here we quantified a broad range of biodiversity indicators and ecosystem services in 225 plots along 65 45 forest edge-to-interior transects across a 2300-km wide latitudinal gradient across Europe (Extended **Data Figure 1**, **Table S1**). We specifically investigated outer forest edges (sensu ¹²), where forest 66 67 patches border on large non-forest areas (e.g. arable fields or grasslands). To quantify biodiversity, we 68 focused on understorey plants as they represent the majority of plant biodiversity in temperate forests 69 and play a crucial role for temperate forest functioning¹³. Understorey plants are directly linked to 70 several forest ecosystem services, for instance via their impact on water cycling¹⁴, nutrient dynamics¹⁵ 71 and forest regeneration¹⁶, and may strongly shape forest ecosystem responses to global change^{17,18}. 72 Multiple facets of biodiversity were considered including taxonomic (total richness of species and 73 relative amount of forest specialists), phylogenetic (variety of evolutionary lineages) and functional 74 diversity (presence of different growth forms and resource use strategies) of the understorey plant 75 community because of their simultaneous but often contrasting influence on ecosystem service 76 provisioning¹⁹. In addition to these biodiversity attributes, we looked at several ecosystem services 77 covering a mixture of regulating (soil carbon storage, pollination potential, heatwave buffering and 78 decomposition) and provisioning services (timberwood, usable plants and tree regeneration). To 79 quantify the potential supply of these ecosystem services, different indicators were selected based on 80 an extensive literature search (see **Extended Data Figure 2** and *Methods* for more details). Using a 81 multivariate Bayesian modeling framework, specifically suited to study trade-offs, we then assessed 82 how the selected biodiversity and ecosystem service indicators changed with increasing distance to the 83 forest edge, while also accounting for gradients in latitude and forest management intensity (see 84 Methods S1 for details on the model structure). Next, we evaluated the effects of several environmental 85 drivers on biodiversity and ecosystem service delivery potential, ranging from edaphic properties (soil 86 texture, soil acidity and leaf litter quality) over forest stand characteristics (forest structural complexity, 87 tree species composition and microclimate) to landscape-scale conditions (forest cover, drought and 88 nitrogen deposition).

We found complex trade-offs in biodiversity indices and ecosystem service delivery along forest edgeto-interior transects across Europe. While phylogenetic diversity, proportion of forest specialists, decomposition and heatwave buffering exhibited an increase towards the forest interior, other biodiversity indices and ecosystem services such as taxonomic richness, pollination potential, timberwood and tree regeneration were promoted towards the forest edge. However, functional understorey plant diversity, soil carbon storage and the amount of usable plants remained unchanged between the forest interior and the edge (**Figure 1**).

The trade-offs we found among ecosystem services also represent important trade-offs for management and conservation assessments. Promoting landscapes with large, continuous forest cover or a few large patches would maximize the delivery of some ecosystem services that prevail in forest interiors, at the expense of other services that reach their highest level in forest edges. On the contrary, complex 100 heterogeneous landscapes with a mixture of both small and large forest patches, and thus a well-101 balanced mixture of forest edge and interior area, are most likely to deliver, at least, moderate levels of 102 a broad array of ecosystem services. The latter echoes perfectly the principle of "a jack of all trades is 103 a master of none, but oftentimes better than a master of one" which was already introduced as a 104 mechanism underlying biodiversity-ecosystem multifunctionality relationships in forest interiors²⁰. 105 Here we show that, from a landscape point of view, the complementarity of edge and interior area is 106 also needed to ensure the simultaneous delivery of multiple ecosystem services in forests. Moreover, 107 an additional analysis using a multifunctionality index revealed that there was no pattern in multiservice 108 delivery from edge to core in the forest patches, confirming that trade-offs between ecosystem services 109 require stand-specific management strategies to optimize forests for specific or multiple ecosystem 110 services (Extended Data Figure 3).

111 Plant area index (PAI) is defined as the one-sided surface area of vegetation material per unit ground 112 surface area, and is a good proxy for forest structural complexity^{4,21}. We found that PAI was the 113 predominant driver of the observed trade-offs in biodiversity and ecosystem service delivery with 114 significant positive effects on phylogenetic and functional diversity, decomposition and microclimate 115 buffering but a negative effect on taxonomic richness. The effects of PAI show trends very similar to 116 the effects of the distance to the edge, suggesting that edge effects are mostly driven by forest structure 117 (Figure 2). Pollination potential was higher and heatwave buffering stronger when the canopy had a 118 higher shade-casting ability, whereas a warmer forest microclimate enhanced decomposition 119 (Figure 2). At the stand level, forest management practices that manipulate the structural complexity 120 of the canopy layer can thus play a key role in the local optimization of ecosystem services' delivery. 121 Indeed, management actions that increase variability in canopy density and promote heterogeneity in 122 tree sizes and crown morphologies will result in a higher variety of resources and microhabitats thereby promoting species coexistence and enhancing multiservice delivery²²⁻²⁵. The most important edaphic 123 124 condition was soil pH, having a positive effect on the proportion of forest specialists, taxonomic 125 richness and stemwood biomass. None of the landscape conditions had a strong effect on multiple 126 biodiversity indices or ecosystem services (Extended Data Figure 4).

127 Our results are relevant for forest management, nature conservation and environmental policy. We 128 recommend that future policies and strategy documents (e.g. the EU Biodiversity Strategy and Forest 129 Strategy) consider the importance of edges in maintaining and fostering the biodiversity and ecosystem 130 service delivery of European forests. At a landscape level, we show that both forest interiors as well as 131 forest edges, preferably with a contrasting structural complexity, are needed to guarantee the 132 simultaneous delivery of multiple ecosystem services rather than maximizing a few target services at 133 the expense of others. These trade-offs, however, depend on the stakeholder's priorities and require 134 tailored management practices. At the local scale, forest management practices can further determine 135 the delivery of specific ecosystem services (or a combination thereof) through canopy management 136 (e.g., opening vs. densification). Both forest edges and interiors fulfil an important role in our present-137 day landscapes, and this should be taken into account when designing policy instruments and 138 management strategies that ensure their future conservation.

139 Methods

140 1. Study area and experimental set-up

141 Our study was conducted in broadleaved forests in nine regions spanning a ± 2300 -km wide latitudinal 142 gradient across the European sub-Mediterranean and temperate forest biomes (Extended Data 143 Figure 1). This latitudinal gradient covers a mean annual temperature (MAT) range of >10 °C, while 144 mean annual precipitation (MAP) varies between 550 and 1250 mm (long-term average values for 1979-145 2013 retrieved from the CHELSA database²⁶). In each region, broadleaf forest stands larger than 4 ha 146 were selected with a dominance of oak species (chiefly) as these are important forest stands for 147 biodiversity in Europe²⁷. *Ouercus robur*, *Q. petraea* and *Q. cerris* were the dominant species, but locally 148 complemented by Alnus incana, Betula pubescens, Carpinus betulus, Fagus sylvatica, Populus tremula 149 and Ulmus glabra. Specifically, three forest stands were selected per region with contrasting 150 management intensity: (1) 'dense forests' that were not thinned over the past 10-30 years, with a high 151 basal area (mean \pm SE was here 28.8 \pm 1.5 m²/ha) and high canopy cover (openness 5.8 \pm 0.6%, mean of three densiometer measurements), (2) 'medium dense forests' with frequent thinning and most recent 152

153 thinning about 5-10 years ago (basal area 31.4 ± 1.9 m²/ha, openness $6.5 \pm 0.6\%$) and (3) 'open forests' 154 with the most recent thinning less than 4 years before sampling, with a low basal area $(21.6 \pm 1.3 \text{ m}^2/\text{ha})$ 155 and low canopy cover (mean openness $14.8 \pm 2.1\%$). In three regions (Belgium, Central Italy and 156 Central Norway), forests of contrasting management intensity were selected at three elevation levels 157 (low, intermediate and high elevations range between 26-365 m in Belgium, 115-908 m in Italy and 21-158 700 m a.s.l in Norway) to include an additional macroclimatic gradient caused by elevation of 1.5-4 °C 159 MAT. In the other six regions, only lowland forest stands were selected with elevations ranging between 160 7 and 451 m a.s.l. This added up to 45 forest stands in total (see **Extended Data Figure 1**, **Table S1**).

161 In each forest stand, a 100-m transect was then established perpendicular to the south-facing forest edge. 162 Five plots of 3 m \times 3 m were installed along each transect, with their plot centers at an exponentially 163 increasing distance from the focal forest edge (1.5, 4.5, 12.5, 35.5 and 99.5 m). All plots were at least 164 100 m away from any forest edge other than the focal forest edge (Extended Data Figure 1, Table S1). 165 Vegetation surveys in these plots took place during the peak of the vegetation season (May-June 2018) 166 according to the local phenology. In each plot, all vascular plant species were identified and their 167 percentage ground cover was estimated relative to the plot area. Surveys were performed for every 168 forest stratum separately (herb layer = all vascular plant species below 1 m, including seedlings, shrubs 169 species and lianas, shrub layer = all shrub and tree species between 1-7 m and tree layer = all shrub and 170 tree species taller than 7 m). Furthermore, soil and litter samples were collected from each plot, the 171 forest structure was characterized using LiDAR and soil and air temperatures were measured using 172 microclimate loggers. More details on selection criteria and establishment of the plot network can be 173 found below as well as in ²⁸⁻³⁰.

174

2. Quantifying biodiversity and the potential supply of ecosystem services

175 2.1. Biodiversity

For each 3 m × 3 m plot, four biodiversity metrics were quantified for the understorey plant community,
i.e., taxonomic diversity, proportion of forest specialists, phylogenetic diversity and functional
diversity. Our focus on understorey biodiversity is justified because the understorey harboured on

179 average 77.6% of all vascular plant species per plot, while the shrub and tree layer contained only 10.2% 180 and 12.2% of all species, respectively. Taxonomic diversity was quantified as the total number of plant 181 species per plot in the forest understorey. The relative number of forest specialists in the understorey 182 was calculated based on the forest affinity categories defined in ³¹. All species categorized as 1.1 and 183 1.2 in this Europe-wide database of forest plant species were grouped as forest specialists (see ²⁸). 184 Phylogenetic diversity was quantified as the phylogenetic species variability (i.e. variation in 185 evolutionary history) of the herb community, and based on the molecular megaphylogeny of land plants 186 constructed by ³². Functional diversity was calculated as Rao's quadratic entropy based on relative species abundances and pairwise functional differences among species³³. Three key functional traits 187 188 were selected following the leaf-height-seed scheme for plant ecological strategies, i.e., seed mass, 189 specific leaf area (SLA) and plant height. Trait values were standardized to mean zero and unit variance, 190 and subsequently used to compute a species-species Euclidean distance matrix with Cailliez correction method to account for negative eigenvalues (see ³⁰ for more details). 191

192 2.2. Regulating services

193 Four regulating services were quantified per 3 m \times 3 m plot, i.e., topsoil carbon storage, understorey 194 pollination potential, heatwave buffering and litter decomposition. The soil carbon stock (Mg/ha) in the 195 combined litter layer and mineral topsoil (0-20 cm) of each plot was used as a measure of the potential 196 topsoil carbon storage (see ³⁴). Pollination was assessed by the abundance-weighted average nectar 197 production potential of the understorey plant community per plot. Potential nectar production was 198 extracted per species from ³⁵ as the average of their upper and lower class limits. The latter are defined 199 in ³⁵ using a seven-degree logarithmic scale: 1 = no nectar production (0 g sugar m⁻² year⁻¹) and no 200 collectable pollen; 2 = nectar production insignificant (<0.2 g), or absent but with low but significant 201 amounts of collectable pollen; 3 = nectar production small (0.2–5 g), or lower but with copious 202 collectable pollen; 4 = nectar production modest (5-20 g); 5 = rather large (20-50 g); 6 = large (50-200 g); 6 = 0.000 g; 6 = 0.000203 g); and 7 = very large (>200 g) (**Table S2**). The maximum summer temperature offset was used as a 204 proxy for the heatwave buffering (or 'cooling') capacity of the forest stands. Forest understorey 205 microclimates are generally buffered against severe temperature extremes³⁶, and this buffering effect,

and its effects on forest biodiversity and functioning, is most pronounced during summer³⁷. 206 207 Microclimate temperature was recorded hourly at 1 m above the soil surface in each vegetation plot 208 using miniature data loggers covered by radiation shields (type: Lascar EL-USB-1, range: -30 to 80 °C, 209 resolution: 0.5 °C). Temperature offsets were calculated for each plot by subtracting sub-canopy 210 temperatures (plot sensor) with temperature measured in open field close to each corresponding forest 211 stand (reference sensor). Positive (negative) offset values thus denote warmer (cooler) sub-canopy 212 temperatures compared to macroclimate temperatures. Maximum summer temperature offsets were 213 computed per plot as mean daily 95th percentile temperature during the summer months (April to 214 September 2019) (see 4). Finally, to quantify the decomposability of understorey leaf litter we used the 215 cover-weighted mean foliar C:N ratio of the five most abundant plant species in each plot as a proxy. 216 Leaf traits and especially foliar-level stoichiometry are a good indicator of ecosystem elemental cycling 217 and potential decomposition rates^{38,39}. Understorey decomposability can strongly influence nutrient 218 cycling rates in temperate forests as nutrient concentrations are on average 1.5 to 5 times higher in the 219 herbaceous understorey compared to the canopy tree foliage, depending on the nutrient considered (see 220 ⁴⁰ for a discussion). Besides, understorey leaf litter is generally more easily decomposable than tree leaf 221 litter, and provides a continuous input throughout the year as opposed to tree litter⁴¹. On top of that, 222 spring ephemerals play a particularly important role in nutrient circulation as they capture significant 223 amounts of nutrients from the soil in early spring when trees are still dormant, thereby preventing 224 leakage (often referred to as the "vernal dam hypothesis"⁴²).

225 2.3. Provisioning services

Three key provisioning services were calculated, i.e., timberwood, abundance of usable plants and tree regeneration. <u>Timberwood</u> was quantified by the aboveground stem biomass in circular plots with 9 m radius, which was determined per plot using multi-species biomass equations based on diameter at breast height (DBH) developed by ⁴³. This generic equation was used because species-specific or local allometric equations were not always available in the literature, and because the tree species pool was especially large in this dataset (i.e. more than 40 different tree species across each of nine geographical regions). Moreover, a validation by ³⁴ using only the Belgian plots in this dataset showed that local and 233 species-specific equations produced highly comparable biomass estimations ($R^2 = 0.98$). First, the DBH 234 of all standing trees within 9-m radius of each plot center was measured with a caliper. Two 235 perpendicular measurements per stem were performed and averaged. For multi-stemmed trees, all 236 individual stems (with DBH > 7.5 cm) were measured and treated as separate trees in the calculations. 237 Next, all tree species were classified by expert knowledge into the ten multi-species biomass groups 238 sensu⁴³. Each group represents a unique allometric equation based on DBH. As a final step, the stem biomass estimations of all trees per plot were summed and converted to Mg per ha (see ³⁴ for more 239 240 details). Note that the use of larger plots (necessary to accurately quantify this service) 241 unavoidably resulted in spatial autocorrelation between the plots close to the forest edge: with centers 242 of these plots at 1.5, 4.5 and 12.5 m from the edge, the circular 9-m plots partially overlapped. However, 243 an additional analysis showed that the effect of distance to the forest edge on stemwood biomass was 244 still significantly negative ($\beta = -0.154 \pm 0.059$, 95% CI = [-0.252, -0.060]) after excluding the data from 245 the plot at 4.5 m from the edge, thereby eliminating any overlap between plots. The abundance of usable 246 plants was assessed per 3 m x 3 m plot based on the vegetation composition. The potential use for food, 247 medical purposes or other uses of each plant species was determined based on different bibliographical 248 sources (Table S2), and their abundances were summed to obtain a total value per plot. Plants were 249 only considered 'usable' when used in Europe. Tree regeneration was assessed per 3 m \times 3 m plot 250 during the time of the floristic surveys (May-June 2018) as the total abundance of tree seedlings across 251 all tree species in the understorey community of each plot.

- 252 3. Environmental predictor variables
- **253** 3.1. Edaphic conditions

In each plot, five random subsamples of mineral topsoil were taken at 0-10 cm and 10-20 cm depth (30 mm diameter), and subsequently pooled per depth horizon. Samples were dried to constant weight at 40 °C for 48 h, ground and sieved over a 2 mm mesh. Then, they were analyzed for <u>pH-H₂O</u> by shaking a 1:5 ratio soil/H₂O mixture for 5 min at 300 r.p.m. and measuring with an Orion 920A pH meter with a Ross sure-flow 8172 BNWP pH electrode model (Thermo Scientific Orion, USA). The same sampling procedure was followed for the soil samples taken between 10-20 cm depth for texture analysis (% sand, silt and clay), which was performed by sieving and sedimentation with a Robinson-Köhn pipette according to ISO 11277 (2009). The sand fraction was negatively correlated to both the percentage of silt (r = -0.81; p < 0.001) and clay (r = -0.80; p < 0.001) in the soils. Silt and clay fractions did not show a strong correlation with each other, but for the majority of the plots, the clay fraction was rather low (<30%). Therefore, the sand fraction was used for further analysis as a proxy for <u>soil texture</u>.

266 The organic soil horizon (litter, humus and fragmentation layer) was sampled in a $20 \text{ cm} \times 20 \text{ cm}$ subplot 267 from its surface to the mineral soil horizon underneath, after removal of the herb layer. These samples 268 were subsequently dried to constant weight at 65 °C for 48h to determine the total mass of the organic 269 forest floor. This variable gives an indication of the quality and thickness in the litter layer as well as 270 nutrient availability because low-quality litter tends to degrade slowly and accumulates at the forest 271 floor resulting in slower nutrient turnover and lower nutrient availability. Moreover, thick litter layers 272 (e.g., in beech forests) may strongly impede emergence of tree saplings or forest herbs, while 273 germination can also be hampered through phytotoxic components⁴⁴. The variation of the three edaphic 274 conditions along the edge-to-interior gradient is shown in Figure S1.

275 3.2. Stand conditions

276 Plant area index (PAI) was used as a proxy for forest structure. It is defined as half of the surface area 277 of all aboveground plant parts (stems, branches and leaves) per unit surface area. Here PAI was 278 computed per plot as the integral of the vertically resolved plant area per volume density profiles (in 279 m^2/m^3). The latter were obtained from single-scan position terrestrial laser scanning (TLS) stationed in 280 the center of each plot using a RIEGL VZ-400 (RIEGL Laser Measurement Systems GmbH, Horn, 281 Austria), described in more detail in ³⁰. The PAI can be used as an indicator for forest structural 282 complexity and denseness of the canopy layer, and is thus negatively correlated to light availability at 283 the forest floor.

To characterize the composition of the overstorey (tree and shrub canopy), the average <u>shade-casting</u> <u>ability (SCA)</u> was used. This variable was calculated per plot as the cover-weighted average of speciesspecific SCA indices⁴⁵. These indices range from 1 (very low SCA, e.g. *Betula pubescens*) to 5 (high ability of mature trees to cast shade, e.g. *Fagus sylvatica*), and are listed for all canopy species in ³⁰.

288 To quantify the microclimate in each plot, the air temperature was recorded at 1 m above the forest floor 289 using miniature temperature sensors (see Section 2.2). For each sensor, the absolute maximum 290 temperature of the warmest month (microclimate alternative for BIO5 in WorldClim⁴⁶) was calculated 291 as mean daily 95th percentile of maximum temperatures recorded underneath the canopy during the 292 warmest month of the measuring period. Such local temperature extremes are disproportionately 293 important for the response of organisms to climate warming since a species' relative fitness is strongly 294 determined by its heat tolerance⁴⁷. We use microclimate data instead of weather station data (free-air 295 temperature or macroclimate) as this provides more ecologically relevant information for forest 296 understories³⁶. The variation of the three forest stand conditions along the edge-to-interior gradient is 297 shown in **Figure S1**.

298 3.3. Landscape conditions

The <u>amount of forest habitat</u> in the landscape surrounding each forest stand was characterized by the percentage area with a tree cover >20 % within a 500-m buffer zone. This variable was calculated based on GIS analyses using a satellite-based global tree cover map with spatial resolution of 30 m developed by ⁴⁸.

For each forest stand, <u>drought</u> was characterized by means of the Standardized Precipitation Evapotranspiration Index (SPEI). The SPEI is a multi-scalar drought index based on macroclimatic data, and can be used to identify the onset, duration and severity of drought conditions based on the precipitation deficit and evaporative demand. The SPEI was calculated using the SPEI-package in R⁴⁹. First, gridded monthly precipitation and evapotranspiration data were extracted from CRU TS v4 climate datasets⁵⁰ for the period 1901-2019. This data was used to calculate the monthly climatic water balance (precipitation – evapotranspiration) for each site. Based on this water balance, monthly SPEI 310 values can be computed at time scales between 1 and 24 months prior to the survey (i.e. accounting for 311 the water balance of the previous 1 to 24 months). In this study, we specifically focused on the SPEI 312 index of May 2018 (onset of the data collection) accounting for the water balance of the previous 21 313 months (SPEI_{21-May2018}) because this value has been shown to exhibit the strongest correlation with 314 European forest health (i.e. crown defoliation⁵¹). Drought-induced defoliation of the tree canopy is 315 predicted to have important consequences for forest ecosystem functioning, e.g., by reducing productivity and carbon sequestration but at the same time also stimulating tree regeneration^{52,53}. 316 317 Positive values of SPEI indicate a wet period, while negative values represent dry conditions relative to 318 the reference period of 1980-2015. Note that SPEI values ranging between -0.67 and 0.67 are considered 319 normal, while drought and severe drought are characterized by SPEI values below -0.67 and -1.28, respectively⁵⁴. 320

Atmospheric pollution via nitrogen (N) deposition was estimated using modeled <u>atmospheric N</u> deposition data from the European Monitoring and Evaluation Program (EMEP). Data was extracted for the year 2016 at a resolution of 50 km \times 50 km. For each forest stand, the total atmospheric N deposition rate was calculated by summing the modeled rates of wet and dry oxidized and reduced N. To account for higher N deposition rates in forest edges, values were corrected using a decreasing exponential curve developed by ⁵⁵. This curve was fitted based on in-situ throughfall measurements of oxidized and reduced N in oak-dominated forest edges (see ²⁹ for more details).

328 4. Statistical analysis

329 All models were fitted with the probabilistic programming language Stan using the brms package in R 330 version $4.2.1^{56}$, and fully reproduced from can be an online repository: 331 https://doi.org/10.6084/m9.figshare.22354069. All biodiversity and ecosystem service indices were 332 normalized to have zero mean and unit variance (Z-scores) prior to analyses (Table S3). Normalization 333 puts indices on the same scale and enables efficient model estimation. To correct for skewness in some 334 of the scaled indices, an additional log-transformation was performed (see Methods S1 for details). Due 335 to the hierarchical nature of the dataset, all models were fit with transect ID (levels corresponding to the 45 edge-to-interior transects) nested within region (levels corresponding to nine regions) as randomintercepts to account for potential interdependence of plots located in the same transect or region.

A multivariate Bayesian model^{57,58} was fit to the four Z-transformed biodiversity indices and seven Z-338 339 transformed ecosystem services as response variables to account for correlations among them (and thus 340 for potential trade-offs and synergies). A Gaussian error distribution was assumed allowing us to 341 estimate residual correlations in *brms*. In the first model, distance to the forest edge was included as 342 fixed effect. We used default priors (half-Student t with three degrees of freedom) which are weakly 343 informative, thereby having only minimal effect on the parameter estimates whilst improving sampling 344 efficiency and model convergence. The model was run with four independent chains of 4000 iterations 345 each after a warm-up of 2000 iterations in the Hamiltonian Markov Monte Carlo (HMC) and its 346 extension, the No-U-Turn sampler. The maximum tree depth was set to 12 and the target average 347 acceptance probability to 0.99 to allow proper sampling. For some biodiversity (taxonomic richness and 348 phylogenetic diversity) and ecosystem service (nectar production) indices, we assessed whether 349 including overstorey (shrub and tree) species influenced the observed distance to edge patterns. 350 However, the findings were virtually similar to those with only understorey species underpinning the 351 robustness of our analyses (see supplementary analysis in Figure S2).

352 In the second model, distance to the forest edge was substituted by a set of environmental variables as 353 fixed effects in the multivariate model. To represent edaphic conditions in each plot, sand fraction as a 354 proxy for soil texture, pH and organic layer mass as proxy for litter quality was used. For forest structure 355 and canopy composition, PAI, SCA and maximum microclimate temperature of warmest month was 356 included. To characterize landscape conditions, the percentage forest cover, SPEI (drought) index and 357 N deposition were used. The organic layer mass and N deposition were log-transformed due to their 358 skewed distribution. No interaction terms between environmental predictors were considered to reduce 359 complexity and avoid overparameterization of the model. Prior to running the model, multicollinearity 360 among the nine predictor variables was assessed using variance inflation factors (VIFs) through the vif 361 function in the car package⁵⁹. For all models, VIFs were smaller than 2, indicating that no multicollinearity issues could be detected among the set of predictor variables (see ⁶⁰). All predictors 362

were standardized to zero mean and unit variance (Z-scores), as is recommended practice when working
with predictors on different scales. We used the same random effects, priors, warm-up, sampling and
model settings as in the first model described above.

366 Convergence and mixing of chains in the two models were visually inspected using the bayesplot package⁶¹ as well as the Gelman-Rubin convergence statistic $(Rhat)^{62}$. With Rhat < 1.01, the 367 368 convergence of all parameters was considered acceptable and sufficient samples were available for all 369 of them (i.e., the ratio of effective samples over the total number of post warm-up iterations was larger 370 than 10 %). Graphs show posterior means as well as two-sided 80 and 95 % Bayesian credible intervals 371 (CI) for all fixed model parameters. We considered modelled parameter estimates to demonstrate an 372 effect on the response variables if the Bayesian 95 % CIs of the posterior distribution did not overlap 373 with zero, and a marginal effect as the 80 % CIs did not overlap with zero. Model fits were evaluated 374 with posterior predictive checks (Figure S3-S5) as well as marginal and conditional R² using the 375 bayes_R2 function in brms (Table S4-S7). A detailed description of the models is given in Methods S1.

In a final analysis, we quantified a multiservice delivery index for each plot and assessed how this index varied along the edge-to-interior transects. This analysis revealed that there was no pattern in multiservice delivery from edge to core in the forest patches, confirming the trade-offs we report in this study (with the supply potential of some services being greater in the edge and others greater in the interior, hence masking a pattern in multiservice delivery). Details and results of this analysis are given in **Extended Data Figure 3**, **Figure S6** and **Table S8-S9**.

382 Data Availability

All data needed to reproduce the analyses and figures presented in this study are available on Figshare
(https://doi.org/10.6084/m9.figshare.24559891.v1) and GitHub (https://github.com/tovanneste/tradeoffs.git).

386 Code Availability

All R code needed to reproduce the analyses and figures presented in this study are available on Figshare
(https://doi.org/10.6084/m9.figshare.24559891.v1) and GitHub (https://github.com/tovanneste/tradeoffs.git).

390 Acknowledgements

391 Special thanks go to Luc Willems and Greet De Bruyn for performing the chemical analysis and to 392 Abdulwahhab Ghrairi for the texture analysis. We also thank Evy Ampoorter, Haben Blondeel, Filip 393 Ceunen, Kris Ceunen, Robbe De Beelde, Emiel De Lombaerde, Kent Hansson, Lionel Hertzog, Dries 394 Landuvt, Pierre Lhoir, Sruthi M. Krishna Moorthy, Audrey Peiffer, Michael Perring, Matteo Tolosano, 395 Sanne Van Den Berge, Lotte Van Nevel and Mia Vedel-Sørensen for their assistance during the 396 fieldwork. TV, LD, EDL, CM, PS, PVG and PDF received funding through the ERC Starting grant 397 FORMICA (no. 757833, http://www.formica.ugent.be). SG, KDP and LD were supported by the 398 Research Foundation Flanders (FWO) (no. G0H1517N, ASP035-19, and 1221523N respectively). The 399 plot network and data collection were realized through the FWO Scientific research network FLEUR 400 (http://www.fleur.ugent.be).

401 Author Contributions Statement

402 TV, LD, PDF, PV and KV conceived and designed the study. EDL, CM, SG, KDP, PS, KB, JB, KC,

403 SAOC, MD, CG, BJG, P-OH, GI, JL, SL, AO, QP, JP, FS, FS, HV, FZ and PV collected the data. CM,

404 SG, KDP and PS processed the data, while TV and LD performed the data analyses under supervision

405 of PDF and KV. TV and LD drafted the manuscript and all authors contributed to later versions.

406 Competing Interests Statement

- 407 The authors declare no competing interests.
- 408 Tables

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411 Figure 1. Effect of distance to the forest edge on biodiversity and ecosystem service indices.

412 (A) Distance to edge effects on the considered biodiversity and ecosystem service indices quantified 413 for each 3 m \times 3 m plot in the forest-edge-to-interior transects (n = 225 biologically independent plots). 414 Circles represent mean standardized effect sizes with 80% (thick line) and 95% credible intervals (thin 415 line) and distributions obtained from a multivariate Bayesian model. (B) Edge-to-interior gradients of 416 biodiversity and ecosystem service indices for which 95% credible intervals don't overlap zero. All 417 datapoints are shown as circles and represent the $3 \text{ m} \times 3 \text{ m}$ plots (n = 225) in the forest-edge-to-interior 418 transects. Lines and shading denote mean model predictions \pm 95% credible intervals from Bayesian 419 models. Colours denote biodiversity indices (green), regulating (blue) and provisioning ecosystem 420 services (orange). The selected biodiversity indices are taxonomic richness, proportion of forest 421 specialists, phylogenetic diversity and functional trait diversity of the forest understorey plant 422 communities, while the ecosystem service indicators are soil carbon storage (as proxy for soil C 423 sequestration), nectar production (as proxy for pollination potential), summer offset (as proxy for 424 heatwave buffering capacity), foliar C:N ratio (as proxy for litter decomposition), stemwood biomass 425 (as proxy for timberwood), abundance of usable plants and tree seedling cover (as proxy for 426 regeneration). Given that the response variables were normalised using Z-scores in the multivariate 427 model, a back-transformation was used in the different subpanels for a clearer visual interpretation. 428 Icons were extracted from The Noun Project (https://thenounproject.com).

429 Figure 2. Effect of forest stand characteristics on biodiversity and ecosystem service indices.

Effect of plant area index (A), shade-casting ability (B) and maximum understorey (microclimate) temperature of the warmest month (C) on the biodiversity and ecosystem service indices quantified for each 3 m \times 3 m plot in the forest-edge-to-interior transects (n = 225 biologically independent plots). Circles represent mean standardized effect sizes with 80% (thick line) and 95 % credible intervals (thin line) and distributions obtained from a multivariate Bayesian model. Colours denote biodiversity indices (green), regulating (blue) and provisioning ecosystem services (orange). The selected biodiversity indices are taxonomic richness, proportion of forest specialists, phylogenetic diversity and
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pollination potential), summer offset (as proxy for heatwave buffering capacity), foliar C:N ratio (as
proxy for litter decomposition), stemwood biomass (as proxy for timberwood), abundance of usable
plants and tree seedling cover (as proxy for regeneration). Effects of the other environmental drivers
(edaphic and landscape conditions) are shown in Extended Data Figure 4.

443 Figure 1



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Figure 2



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