

Tracing Groundwater Sources in Coastal Food Webs: Nitrogen and Carbon Isotope Values in Mussels in a Mediterranean Lagoon

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nitrogen and carbon isotope values in mussels in a Mediterranean lagoon Aladin Andrisoa¹, Thomas C. Stieglitz¹, Patrick Raimbault², Valentí Rodellas^{1,3}, Franck Lartaud⁴ ¹Aix-Marseille Université, CNRS, IRD, INRA, Coll France, CEREGE, 13545 Aix-en-Provence, France ²Aix Marseille Université, CNRS/INSU, Université de Toulon, IRD, Mediterranean Institute of Oceanography (MIO) UM 110, 13288, Marseille, France ³Physics Department, Universitat Autònoma de Barcelona, Bellaterra, E-08193, Spain ⁴Sorbonne Université, Laboratoire d'Ecogéochimie des Environnements Benthiques (LECOB), Observatoire Océanologique de Banyuls, 66650 Banyuls/Mer, France *Correspondence: Aladin Andrisoa andrisoa@cerege.fr

Tracing groundwater sources in coastal food webs:

ABSTRACT

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Whilst the role that groundwater discharge plays in supporting primary production in coastal ecosystems is well recognized, there is still limited evidence on its impacts higher up the food chain. In this study, we investigate the role of groundwater discharge in supplying nitrogen and carbon to the Mediterranean mussels (Mytilus galloprovincialis) in Salses-Leucate lagoon (France). Nitrogen (δ^{15} N) and carbon (δ^{13} C) isotope values in mantle and gill tissues of Mediterranean mussels are used to trace nitrogen and carbon sources at groundwater-exposed sites and a control site. Our results show similar isotope values of mantle and gill tissues, likely due to relatively stable environmental conditions in the study sites and to biochemical composition of tissues. Diet shift, fractionation and the physiological function of tissues could also explain this observation. $\delta^{15}N$ values in mussel tissues increase overall in winter at both the groundwater-influenced sites (4.9 to 7.8%) and the control site (3.4 to 8.5%) in comparison with those in autumn (3.5 to 7.4%) at the groundwater-influenced sites and 4.5 to 6.9‰ at the control site), likely due to reduced food supply and slower metabolism in winter, resulting in ¹⁵N enrichment. In contrast, mussel δ^{13} C values decrease in winter at the groundwater-influenced sites (-23.4 to -21.6%) and the control site (-22.0 to -19.0%), suggesting input of ¹³C-depleted sources originating from groundwater input. The comparison of the isotopic values of mussel tissues and potential food sources indicates that the main diet of *M. galloprovincialis* in Salses-Leucate lagoon is a mixture of groundwater particulate organic matter (POM), lagoon POM and marine POM (POM as proxy of phytoplankton). Depleted δ^{13} C values in mussel tissues, particularly at groundwater-exposed sites, provide evidence of uptake of groundwater-derived nutrients. The ecological benefit of groundwater input on filter feeders results thus from local increases in food availability (mainly phytoplankton), supported by groundwater-derived nitrogen and carbon. In summary, this study shows the combined (a) indirect effect of groundwater discharge on mussel growth via uptake of their food, phytoplankton and (b) the likely direct feeding of groundwater POM by *M. galloprovincialis*. It shows thus the important ecological implication of groundwater inputs in coastal lagoon food webs.

67 **Keywords:** submarine groundwater discharge, nitrogen and carbon stable 68 isotopes, phytoplankton, Mytilus galloprovincialis, coastal lagoon 69 1 Introduction 70 Groundwater discharge has been recognized as an important pathway of 71 dissolved inorganic nitrogen and carbon in coastal ecosystems (Valiela et al. 72 1992; Rutkowski et al. 1999; Burnett and Dulaiova 2003; Rodellas et al. 2018). 73 The inputs of dissolved inorganic nitrogen and carbon associated with 74 groundwater discharge can sometimes rival surface water inputs (Dorsett et al. 75 2011; Rodellas et al. 2015; Sugimoto et al. 2016). It plays an important ecological 76 role in coastal ecosystems (e.g. eutrophication and algal blooms) (Van Cappellen 77 et al. 1993; Null et al. 2012; Kwon et al. 2017). Groundwater discharge may also 78 be a direct source of particulate organic nitrogen and carbon to filter-feeding 79 organisms such as mussels (Hopkinson et al. 1998; Dhillon and Inamdar 2014). A 80 growing number of studies show the effects of groundwater input on nutrient 81 budgets, and more recently on phytoplankton growth in coastal ecosystems 82 (Valiela et al. 1992; Null et al. 2012; Kwon et al. 2017; Andrisoa et al. 2019b). 83 However, there are still limited studies that document the indirect effects of 84 groundwater discharge higher up the food chain, in particular on filter feeders, 85 which depend on phytoplankton as primary food source. 86 87 Coastal lagoons are highly dynamic transitional (brackish) water bodies, which 88 are controlled by physical processes of both marine and terrestrial origin. They 89 support a wide range of ecosystem services that are relied upon by coastal 90 communities, including aquaculture, fishery and tourism (Kjerfve 1994; Anthony 91 et al. 2009; Kennish and Paerl 2010). These semi-enclosed ecosystems are 92 characterized by a restricted exchange with the sea, and they are heavily 93 dependent on watershed inputs. In the Mediterranean Sea, which is an 94 oligotrophic basin characterized by limited surface water inputs due to low 95 rainfall in the region, groundwater discharge is a major source of dissolved 96 nitrogen and carbon in coastal lagoons (Malta et al. 2017; Rodellas et al. 2018).

98 Stable nitrogen (δ^{15} N) and carbon (δ^{13} C) isotopes have been widely used to trace 99 sources of nitrogen and carbon in coastal ecosystems (Chanton and Lewis 1999; 100 Fry 2002; Kendall et al. 2007). They provide time-integrated information of 101 feeding relationships and energy flow through food webs (Moore and Suthers 102 2005; Fry 2007; Perkins et al. 2014). Typically, the δ^{15} N value provides 103 information on trophic levels, nitrogen sources and residence time while δ^{13} C 104 value allows to identify primary food sources and to discriminate between 105 terrestrial and marine origin (O'Reilly et al. 2002; Piola et al. 2006). Trophic 106 enrichment occurs along the food webs for both $\delta^{15}N$ and $\delta^{13}C$ and the average enrichment factors are 3-4 %0 and 1%0 for δ^{15} N and δ^{13} C, respectively (Post 107 108 2002; Caut et al. 2009; Kilham et al. 2009). Nitrogen and carbon stable isotope 109 techniques are commonly used in coastal ecology, but rarely applied to trace 110 groundwater sources and fate. In addition, most studies on nitrogen and carbon 111 stable isotopes in coastal food webs focus on the impacts of wastewater sources 112 and aquaculture activities (McClelland and Valiela 1998; Carlier et al. 2009; 113 Martínez-Durazo et al. 2019), but rarely on groundwater inputs. A recent study 114 conducted in Salses-Leucate lagoon (France) by Andrisoa et al. (2019b) 115 investigated the δ^{15} N and δ^{13} C values of phytoplankton and showed that 116 groundwater discharge is the major source of dissolved inorganic nitrogen and 117 carbon for phytoplankton growth (60 – 94% of N). Here we investigate whether 118 this groundwater-derived nitrogen and carbon is transferred to filter feeders 119 through phytoplankton feeding. 120 121 The Mediterranean mussel *Mytilus galloprovincialis* is among the commercially 122 most important filter-feeders along the Mediterranean coastline (Ladagnous and 123 Le Bec 1997). They are naturally present and widely distributed in many 124 lagoons. *M. galloprovincialis* is a filter-feeding bivalve that acquires its food from 125 particulate organic material (POM) by filtering large of volumes of water over 126 their ciliated gills (Inoue et al. 2021). POM is usually comprised of 127 phytoplankton, detritus, and bacteria (Liénart et al. 2017, 2020). This water 128 filtration allows them to efficiently accumulate nitrogen and carbon from the 129 water and primary producers, thereby providing a time-integrative measure of 130 nitrogen and carbon inputs in their tissues. Mussels have relatively long lifespan

131 and slow tissues turnover rate (turnover rates of 80 to 350 days) (Raikow and 132 Hamilton 2001; Hill and McQuaid 2009) in comparison with their diet 133 phytoplankton, which have a lifespan of few days to a week (Cloern et al. 2002). 134 The isotope values of a consumer are often understood to represent its diet, but 135 it should be noted that this isotopic composition is time-specific and represents 136 an average ratio related to tissue turnover rate and the life of the organism. 137 Previous studies in mussels have suggested that isotopic enrichment depends on 138 tissue turnover rates and, consequently, it will vary according to tissue type 139 (Deudero et al. 2009; Cabanellas-Reboredo et al. 2009; LaFrancois et al. 2018). In mussel, gill tissue has a higher turnover rate, followed by mantle and then 140 adductor tissue (i.e. gill > mantle > adductor) (Deudero et al. 2009; Cabanellas-141 142 Reboredo et al. 2009; Hill and McQuaid 2009). There is some evidences in Mytilus edulis that gill tissue is more active metabolically than mantle tissue 143 144 (Livingstone and Farrar 1984) and bivalves commonly have higher lipid 145 contents in gill than mantle tissues (Wenne and Polak 1989; Ahn et al. 2000). Therefore, in order to better understand the isotope values of mussels, different 146 147 type of tissue must be considered. Moreover, the C/N ratio measured in 148 biological tissues may inform on the nutritional quality of food sources, the lipid 149 content and/or the physiological state of the organism (Smaal and Vonck 1997; 150 Elser et al. 2003; Post et al. 2007; Bracken 2017). 151 152 In this study, we examine the variations of δ^{15} N, δ^{13} C and C/N ratios in two types 153 of tissues (gill and mantle) of the Mediterranean mussel M. galloprovincialis in 154 the groundwater-fed Salses-Leucate lagoon (France) in autumn and winter. Here 155 we investigate the indirect role of groundwater processes in supplying nitrogen 156 and carbon to filter-feeding organisms through phytoplankton feeding as well as the direct feeding of groundwater POM by *M. galloprovincialis*. We study both gill 157 158 and mantle tissues because gill tissues have higher turnover rates and are likely 159 not impacted by physiological cycles while mantle tissues reflect long-term 160 assimilation of food (Hill and McQuaid 2009). 161

2 Materials and Methods

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163 2.1 Study sites 164 Salses-Leucate lagoon is located in the southwestern Mediterranean region (Fig. 165 1). The lagoon has a surface area of 5600 ha and a mean water depth of 1.5m. 166 The catchment area is 160 km², which is mainly covered by agriculture (32%) 167 and natural pastures (28%) (Ladagnous and Le Bec 1997). The region 168 experiences rainfall during autumn and spring (500 mm per year) with little rain 169 during summer (Fig. 2), and is characterized by strong northwesterly winds, 170 regularly exceeding 10 m s⁻¹, particularly in winter months. The lagoon is 171 connected with the Mediterranean Sea by three permanent artificial openings in 172 the eastern part of the lagoon (Fig. 1). Direct continental surface water inputs are 173 limited (e.g. rivers...); temporary streams are present in the southern part of the 174 lagoon, but they are dry most of the time and freshwater input from these 175 sources are considered negligible (Carlier et al. 2009). Throughout the year, the 176 lagoon receives freshwater from two karstic groundwater springs (Font Dame 177 and Font Estramar) connected with the lagoon via short streams. The mean 178 water flow are 3.0×10^5 m³ d⁻¹ and 2.0×10^5 m³ d⁻¹, respectively (Arnaud 1968; 179 Fleury et al. 2007). Salinity at the groundwater-influenced sites (Font Dame) ranges from 15.5 to 34.1 throughout the year, whilst at the control site salinity 180 181 ranges between 27.2 and 39.4 (Fig. 2). Average lagoon water temperature ranges 182 between 6.2 °C in winter and 25.6 °C in summer. Water level in the lagoon is 183 highly variable and is mainly influenced by precipitation and wind speed (Fig. 2). 184 A sewage treatment plant (primary and secondary stages) intermittently 185 discharges treated wastewater (ca. 500 m³ d⁻¹) to the western part of the lagoon 186 from Salses-le-Chateau village (3500 inhabitants). 187 188 To evaluate the influence of groundwater inflow on the isotope values of the 189 Mediterranean mussel, two different locations in the lagoon were selected: a 190 groundwater-influenced site (Font Dame) and a control site (PF: Port Fitou) far 191 from groundwater influence and representative of lagoon water conditions (Fig. 192 1). At Font Dame, the water column is highly stratified due to fresh groundwater

inflow and two depths were thus studied: Font Dame Surface (FDS) and Font Dame Deep (FDD).

A recent study conducted in Salses-Leucate lagoon indicated that nitrogen and carbon originating from groundwater springs are a major source of nitrogen and carbon for primary producers (Andrisoa et al. 2019b). Groundwater springs and porewater fluxes supply 60 - 94% of the nitrogen used to support primary producer growth in the lagoon. The remaining percentage is accounted for by nitrogen input from sewage effluents. Moreover, groundwater springs in Salses-Leucate have been shown to provide favourable environmental conditions for fast growth of Mediterranean mussels by investigating shell growth (Andrisoa et al. 2019a).

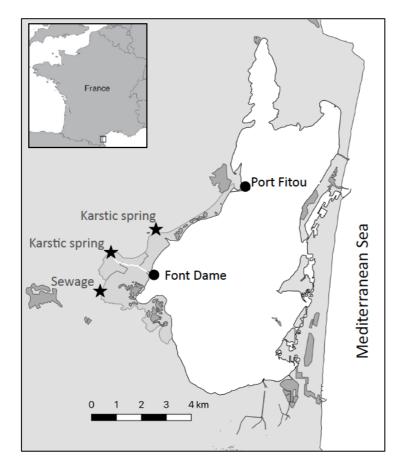


Fig. 1: Location of Salses-Leucate lagoon on the French Mediterranean coastline. The groundwater-influenced sites (FDS: Font Dame Surface and FDD: Font Dame Deep), the control site (PF: Port Fitou) and the sewage treatment plant are shown. Karstic springs are groundwater sources.

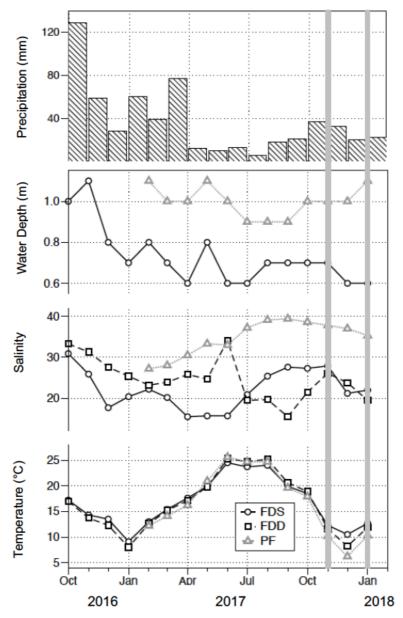


Fig. 2: Monthly variations in precipitation, water level, salinity and temperature from October 2016 to January 2018 in groundwater influenced-sites (FDS and FDD) and a site far from groundwater influences (PF). Precipitation data were provided by Météo France. Periods of the sampling surveys are indicated by vertical grey lines.

2.2 Sample collection and analysis

220	2.2.1 Mussel samples
221	Mediterranean mussels <i>M. galloprovincialis</i> naturally present in the lagoon were
222	collected on 10 October 2016 at Font Dame and 17 February 2017 at Port Fitou
223	for a catch-recovery experiment. At Font Dame, the water column is highly
224	stratified due to fresh groundwater inflow (Fig. 2) and mussels collected in the
225	lagoon were hence placed in two cages at 50 cm (surface cage, FDS) and 20 cm
226	(bottom cage, FDD) above the bottom (mean water depth ca. 0.7 m). At Port
227	Fitou (PF), only one cage was installed at 50 cm above the bottom because the
228	water column was well mixed (mean water depth ca. 1 m). Mussels from the
229	cages installed at FDS (n = 30, shell length: $37 - 82$ mm), FDD (n = 24, shell
230	length: $39 - 81$ mm) and PF (n = 42, shell length: $46 - 79$ mm) were collected in
231	November 2017 (n = 40) and January 2018 (n = 56) for nitrogen and carbon
232	stable isotope analyses. Mussels from the same size group were collected during
233	each campaign to avoid a potential effect of size on the isotopic values. The two
234	sampling periods allow to understand seasonal variations (autumn and winter)
235	in mussel isotopic compositions. In the laboratory, mussel samples were cleaned
236	to remove all epibionts and other attached animals. Mussels were dissected and
237	samples from the mantle and gill were collected. The mantle and gill samples
238	were subsequently oven-dried overnight at 60°C, ground and homogenized with
239	a mortar and pestle. Approximately 1-2 mg of the ground samples was loaded
240	into tin capsules and analysed for $\delta^{15}\text{N},\delta^{13}\text{C}$ and C/N ratios. Samples were
241	acidified with 50 μL of 0.25N H_2SO_4 to remove carbonates, which may interfere
242	with $\delta^{13}\text{C}$ measurements (Kennedy et al. 2005).
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244	2.2.2 Food source samples
245	To characterize the nitrogen and carbon isotope values in mussel food sources,
246	POM samples, a proxy for phytoplankton (Carlier et al. 2007; Liénart et al. 2017),
247	were collected in June 2016, November 2016 and November 2017 at the
248	groundwater influenced sites (Font Dame Surface and Font Dame Deep), the
249	control site (Port Fitou) and from the potential nutrient and POM sources,
250	including the karstic groundwater springs $(n = 6)$, the sewage effluents $(n = 2)$

and the sea (n = 4). For POM sampling, water samples of 0.4 to 1 L were filtered through GF/F filters (0.7 µm) under vacuum until clogging. Filters were kept frozen (-20°C) until analyses. Seagrass may also be a source of POM to mussels, and seagrass leaves were hence collected from the dominant species Zostera *noltii* in the lagoon (n = 12). Seagrass samples were rinsed with deionized water, bagged and transported on ice to the laboratory. In the laboratory, samples were oven-dried at 60°C, ground and homogenized with a mortar and pestle. Approximately 1 mg of the ground samples was used for isotope analyses. Like mussel samples, seagrass samples were acidified with 50 µL of 0.25N H₂SO₄ to remove carbonates to avoid interference with $\delta^{13}C$ measurements.

2.2.3 Stable isotope and elemental analyses

- Stable isotope and elemental analyses were conducted using an elemental analyzer mass spectrometer Integra CN Sercon at the Mediterranean Institute of Oceanography (Marseille) (Raimbault et al. 2008; Lacoste et al. 2016). Organic standard glycine was used to calibrate the particulate nitrogen measurements and to track the consistency of the combustion. The measured isotopic compositions of nitrogen ($\delta^{15}N$) and carbon ($\delta^{13}C$) were expressed as the relative difference between isotopic ratios in sample and in conventional standards (atmospheric N_2 for nitrogen and Vienna Pee Dee Belemnite for carbon):
- $\delta^{15} \text{N or } \delta^{13} \text{C } (\%_0) = (R_{sample}/R_{standard} 1) \times 1000$
- where R is the ratio 15 N/ 14 N or 13 C/ 12 C. The precision of replicate analyses was 0.5% and 0.3% for δ^{15} N and δ^{13} C, respectively.

2.3 Statistical analysis

Data normality and homogeneity of variances were tested with Shapiro-Wilk and Levene's tests, respectively. We used paired *t*-test to compare the isotope values in mussel tissues (mantle and gill). Two-way ANOVA was applied to assess the spatial and seasonal variability in isotopic and elemental ratios in mussel tissues.

The t-test statistics was used to compare the isotope values ($\delta^{15}N$ and $\delta^{13}C$) and C/N ratios between groundwater-influenced sites (Font Dame Surface, Font Dame Deep), which were pooled together for this comparison only, and the control site (Port Fitou) during each campaign. Differences between the two sampling periods were also tested using t-test statistics. For spatial and temporal comparisons, both mantle and gill tissues were used. All statistical analyses were performed using R software.

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3 Results

3.1 Variation in mussels' tissue isotopic values and elemental ratios

3.1.1 Variation between tissues

- The δ^{15} N, δ^{13} C and C/N values in mantle and gill tissues were compared at the
- three study sites (Fig. 3). For all sites and all seasons, the $\delta^{15}N$ values ranged
- from 3.7 to 7.4‰ for mantle tissues and from 3.4 to 8.5‰ for gill tissues. The
- δ^{13} C values ranged between -23.2 and -18.6% for mantle tissues and between -
- 296 23.7 and -17.7% for gill tissues. The C/N ratios ranged from 3.6 to 5.9 and from
- 3.3 to 5.7 for mantle and gill tissues, respectively. The paired *t*-tests showed that
- 298 the δ^{15} N values did not differ between tissues neither at FDS (t = -0.42, p =
- 299 0.675), FDD (t = 0.04, p = 0.966) nor at PF (t = -1.09, p = 0.280). Likewise, the
- 300 δ^{13} C values were not different neither at FDS (t = -0.83, p = 0.416), FDD (t = 0.66,
- 301 p = 0.516) nor at PF (t = 0.15, p = 0.878). For C/N ratio, no difference was
- observed between tissues neither at FDS (t = 0.32, p = 0.752), FDD (t = -0.82, p =
- 303 0.422), nor at PF (t=0.77, p=0.446). The overall difference between mantle and
- 304 gill tissues was 0.01 0.31% for both isotopes, which is below detection limit at
- an analytical precision of the mass spectrometer (0.5\%) for δ^{15} N and 0.3\% for
- δ^{13} C). Therefore, we consider all gill and mantle samples indiscriminately
- throughout the paper.

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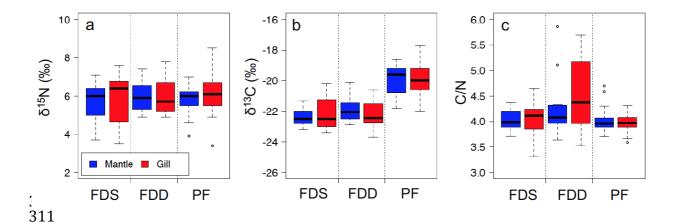


Fig. 3: δ^{15} N (a), δ^{13} C (b) and C/N ratios (c) in mussel mantle and gill at the three study sites (FDS, FDD and PF)

3.1.2 Spatial variability

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At the groundwater-influenced sites, the $\delta^{15}N$ values in mussel tissues ranged from 3.5 to 7.6% (n = 30) at Font Dame Surface and from 4.9 to 7.8% (n = 24) at Font Dame Deep. At the control site Port Fitou, the $\delta^{15}N$ values ranged between 3.4 and 8.5 (n = 42) (Fig. 4). The two-way ANOVA showed that the spatial variations had no effect on the $\delta^{15}N$ values of mussels (F_{2,90} = 0.75, p = 0.476). The δ^{15} N values differed between the groundwater-influenced and the control site in November (t-test: t = -5.14, p < 0.0001) but not in January (t-test: t= 1.98, p = 0.057). The mussel δ^{13} C values ranged between -23.4 and -20.2\% (n = 30) at Font Dame Surface, between -23.7 and -20.1% (n = 24) at Font Dame Deep and between -22.0 and -17.7\%0 (n = 42) at Port Fitou (Table 1). The δ^{13} C values varied between sites (two-way ANOVA: $F_{2.90} = 93.22$, p < 0.0001) and increased at Port Fitou in comparison with those from the groundwaterinfluenced sites for both November (t-test: t = -5.14, p < 0.0001) and January (ttest: t = 1.98, p < 0.0001). The elemental C/N ratios ranged between 3.3 to 4.7 (n=30) at Font Dame Surface, between 3.5 to 5.9 (n=24) at Font Dame Deep and between 3.6 and 4.7 (n = 42) at Port Fitou. The C/N ratios varied between study sites (two-way ANOVA: $F_{2,90} = 11.11$, p < 0.0001). In addition, the ratios between the groundwater-influenced sites (FDS and FDD) and the control site (PF) were different for November (*t-test*: t = 2.52, p = 0.019) but not for January (*t-test*: t = 0.73, p = 0.467). Overall, the δ^{15} N, δ^{13} C and C/N ratio values from this study were in good agreement with values from the literature for the target species M. galloprovincialis in the Mediterranean region (Table 1). However, the δ^{13} C values from the groundwater-influenced sites were relatively lower compared to values previously reported from other coastal sites in the Mediterranean region (Table 1).



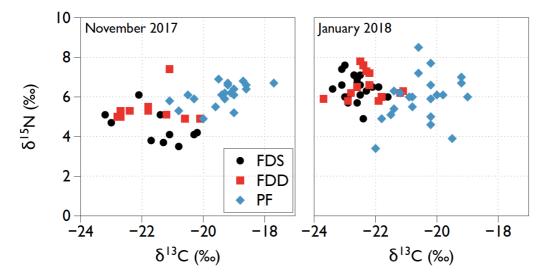


Fig. 4: Nitrogen and carbon isotopic values at groundwater-influenced sites (FDS: Font Dame Surface and FDD: Font Dame Deep) and a control site (PF: Port Fitou) during the two sampling periods in November 2017 and January 2018.

Table 1: The δ^{15} N, δ^{13} C and C/N ratio values of food sources and tissues of *M. galloprovincialis* in Salses-Leucate lagoon from this study and from different coastal sites in the Mediterranean region. *n* corresponds to number of samples.

References	Type of sample	Sites / samples	n	δ ¹⁵ N (‰)	δ13C (‰)	C/N
		Lagoon POM	10	3.4 to 7.8	-25.1 to -20.5	6.4 to 8.5
		Sewage POM	2	9.8 to 12.8	-28.2 to -25.6	6.0 to 6.3
	Food source	groundwater POM	6	0.1 to 5.3	-36.5 to -27.0	14.4 to 57.9
		Marine POM	4	2.9 to 8.7	-23.6 to -19.5	8.4 to 9.2
This study		Seagrass	12	3.6 to 7.0	-15.0 to -7.5	15.1 to 25.6
	Mussel tissue	Font Dame Surface	30	3.5 to 7.6	-23.4 to -20.2	3.3 to 4.7
		Font Dame Deep	24	4.9 to 7.8	-23.7 to -20.1	3.5 to 5.9
		Control site	42	3.4 to 8.5	-22.0 to -17.7	3.6 to 4.7
Carlier et al. (2009)		Coastal lagoon	6	6.3 to 7.8	-20.0 to -19.7	-

Deudero et al. (2009)	Coastal sites	45	3.3 to 8.9	-22.8 to -18.4	-
Carabel et al. (2009)	Coastal sites	5	6.3 to 7.4	-18.3 to -17.3	3.5 to 3.8
Rumolo et al. (2017)	Coastal sites	1247	1.9 to 7.9	-20.1 to -17.3	4.3 to 6.0
Briant et al. (2018)	Coastal sites	19	3.2 to 4.9	- 20.3 to -18.1	4.5 to 6.0
Özdilek et al. (2019)	Coastal sites	35	5.5 to 7.5	-22.5 to -19.5	-

350 **3.1.3 Temporal variability**

- In November 2017, mussel δ^{15} N values ranged between 3.5 and 6.1‰, between
- 4.9 and 7.4‰ and between 4.4 and 6.9‰ at Font Dame Surface, Font Dame
- Deep and at Port Fitou, respectively (Fig. 5). In January 2018, the δ^{15} N values
- were between 4.9 and 7.6% at Font Dame Surface, between 5.3 and 7.8% at
- 355 Font Dame Deep and between 3.4 and 8.5‰ at Port Fitou. The δ^{15} N values
- 356 showed a decrease in November 2017 compared to those of January 2018 at
- Font Dame Surface (*t-test*: t = -6.89, p < 0.0001) and Font Dame Deep (*t-test*: t = -6.89)
- 358 3.55, p = 0.002) while no change was observed at Port Fitou (*t-test*: t = 0.72, p =
- 359 0.479) (Fig. 5).

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- In November 2017, the δ^{13} C values ranged between -23.2 and -20.2‰, between -
- 362 22.8 and -20.1‰ and between -21.1 and -17.7‰ at Font Dame Surface, Font
- Dame Deep and Port Fitou, respectively (Fig. 5). In January 2018, the δ^{13} C values
- 364 ranged between -23.4 and -21.6‰, between -23.7 and -21.1‰ and between -
- 365 22.0 and -19.0% at Font Dame Surface, Font Dame Deep and Port Fitou,
- 366 respectively. The δ^{13} C values were higher in November 2017 than those from
- January 2018 at Font Dame Surface (t-test: t = 3.29, p = 0.007) and Port Fitou (t-
- 368 *test*: t = 4.24, p = 0.0001). In contrast, no difference was observed between
- November 2017 and January 2018 samples at Font Dame Deep (*t-test*: t = 1.51, p
- 370 = 0.150) (Fig. 5).

- 372 For C/N ratios, no differences were found between seasons neither at Font Dame
- 373 Surface (*t-test*: t = -0.62, p = 0.550) nor at Port Fitou (*t-test*: t = -1.34, p = 0.188).
- However, the ratios were slightly higher in January 2018 than those in
- November 2017 at Font Dame Deep (t-test: t = 2.63, p = 0.022). At Font Dame
- Deep, C/N ratios ranged between 3.61 and 5.86 in November 2017 and between
- 377 3.52 and 4.97 in January 2018 (Fig. 5).

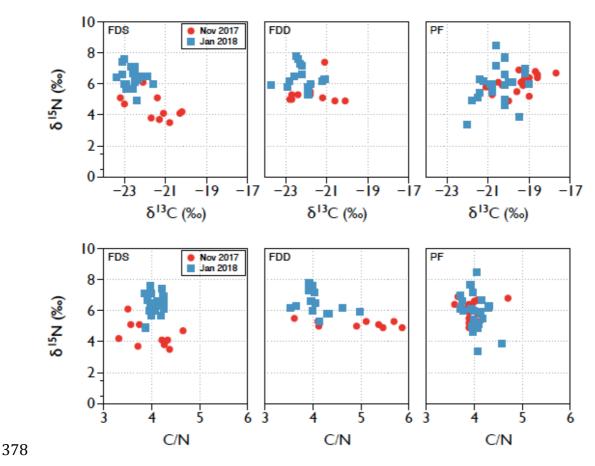


Fig. 5: Temporal variability of mussel isotopic compositions (δ^{15} N and δ^{13} C values) and C/N ratios in November 2017 and January 2018 at Font Dame Surface (FDS), Font Dame Deep (FDD) and Port Fitou (PF).

3.2 Isotope values of potential food sources

The $\delta^{15}N$ values of particulate organic matter collected in the lagoon ranged between 3.4 and 7.8 ‰, with a mean of 4.8 ± 1.6‰ while the $\delta^{13}C$ values ranged between -25.1 to -20.5‰ with a mean value of -22.7 ± 1.5‰ (Table 1; Fig. 6). Sewage POM is the most enriched in ^{15}N , as the $\delta^{15}N$ values ranged from 9.8 to 12.8‰ (mean ± SD = 11.3 ± 1.5‰) (Table 1; Fig. 6). The $\delta^{13}C$ values of sewage POM ranged from -28.2 to -25.6‰ (mean ± SD = -26.7 ± 1.3‰). The POM of groundwater springs is depleted in ^{15}N , with the $\delta^{15}N$ values ranging between 0.1 and 5.3‰ and a mean value of 1.7 ± 2.8‰. The $\delta^{13}C$ from groundwater POM showed the lowest values ranging between -36.5 to -27.0‰ (mean ± SD = -29.7 ± 2.6‰). The isotopic values of marine POM ranged between 2.9 and 8.7‰ (mean ± SD = 5.9 ± 2.3‰) for $\delta^{15}N$ and between -24.1 and -19.5‰ (mean ± SD =

-22.2 \pm 2.1‰) for δ^{13} C. Seagrasses are the most enriched in 13 C with values of δ^{13} C values ranging between -15.0 to -7.5‰ and a mean value of -12.1 \pm 2.7‰. The δ^{15} N values of seagrass ranged between 3.6 and 7.0‰.

The C/N ratios of POM from the lagoon (6.4 to 8.5), sewage (6.0 to 6.3) and the Mediterranean Sea (8.4 to 9.2) were lower compared to those from groundwater POM and seagrass, with values ranging from 14.1 to 57.9 and from 15.1 to 25.6, respectively (Table 1).

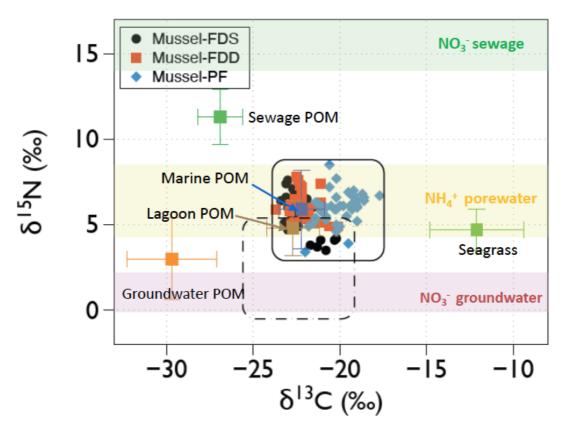


Fig. 6: Nitrogen and carbon isotope values for mussel tissues at Font Dame Surface (FDS), Font Dame Deep (FDD) and at Port Fitou (PF) and potential food sources for Mediterranean mussels. The green-, yellow-, and pink-shaded rectangle indicate the δ^{15} N range of NO₃⁻ in sewage (14.0 – 21.5‰), of NH₄⁺ in sediment porewater (4.5 – 8.5‰) and of NO₃⁻ in groundwater spring (0.1 – 2.2‰), respectively (Andrisoa et al. 2019b). The δ^{15} N values reach up to 21.5‰ for NO₃⁻ sewage. Mean ± SD values for food sources are shown (n = 10 for lagoon POM, n = 5 for groundwater POM, n = 2 sewage POM, n= 4 for marine POM and n = 8 for seagrass). The dashed square indicates the area corresponding to the expected δ^{15} N and δ^{13} C of the potential food source for mussels, taking into

414 account the trophic enrichment factor of 3.4% for $\delta^{15}N$ and 1.7% for $\delta^{13}C$ (Post 415 2002; Kilham et al. 2009; Carlier et al. 2009).

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4 **Discussion**

417 418 4.1 Mussel tissue types 419 This study is among the few that compare the $\delta^{15}N$ and $\delta^{13}C$ isotopic values and 420 C/N ratios in mantle and gill tissues in the Mediterranean mussel *M*. 421 galloprovincialis. Such comparison is of importance in applications of isotope 422 analyses of bio-indicators as they can mask abiotic effects if present (Piola et al. 423 2006). This study shows an absence of difference in isotopic and elemental ratios 424 between mantle and gill tissues (Table 2), similar to results reported from 425 bivalves *Pinctada imbricata* and *Isognomon alatus* in other coastal ecosystems 426 (Graniero et al. 2016). This indicates that mantle and gill tissues are effectively 427 interchangeable for nitrogen and carbon isotope analyses for the Mediterranean 428 mussels in the studied lagoon. However, several studies have shown that isotopic 429 enrichment processes are tissue-specific and depends on tissue turnover rates 430 (Logan et al. 2006; Deudero et al. 2009). Tissues with low turnover rates, such as 431 the muscle and mantle, integrate dietary isotopic values over longer period while 432 tissues that have higher turnover rates, such as gill and digestive gland, reflect 433 the diet during a short period. Deudero et al. (2009) reported, through isotopic 434 fractionation of *M. galloproviancialis*, depleted values in digestive gland, followed 435 by gills and then muscle tissue. Difference in isotopic values among different 436 tissues has also been found in other marine organisms such as crustacean Maja 437 brachydactyla (Bodin et al. 2007) and bivalve Pecten maximus (Lorrain et al. 438 2002). We hypothesise that the relatively stable environmental conditions in the 439 study sites (partially driven by the constant supply of water and nutrients by 440 groundwater inputs) might contribute explaining the minor variability between 441 mantle (low turnover rate) and gills (high turnover rate) observed in this study. 442 443 The similar nitrogen and carbon isotopic values between the mantle and gill 444 tissues in this study seems surprising as it is overall believed that gill tissue is 445 more active metabolically than mantle tissue (Livingstone and Farrar 1984;

446 Deudero et al. 2009; Cabanellas-Reboredo et al. 2009). The differences of 447 isotopic values between animal tissues are often associated with differences in 448 the biochemical composition of those tissues (DeNiro and Epstein 1978; 449 Sweeting et al. 2005; Hill and McQuaid 2009). For instance, a tissue containing a 450 high proportion of lipids would probably have a more negative δ^{13} C value than a 451 tissue with a lower lipid content (Ezgeta-Balić et al. 2014). Conversely, the 452 absence of difference of isotopic values between gill and mantle tissues in this 453 study are likely associated with similarities in their biochemical composition, 454 particularly in lipid content. Indeed, the C/N ratios, used as proxy of lipid content (Elser et al. 2003; Post et al. 2007), did not show difference (Fig. 3), suggesting 455 456 similar proportion of lipids in gill and mantle tissues. Diet shift, fractionation and 457 the physiological function of tissues (mantle) could also explain this similar 458 isotope values between mantle and gill tissues (Lorrain 2002; Sweeting et al. 459 2005; Ezgeta-Balić et al. 2014).

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4.2 Seasonal variability

Due to the absence of difference in isotope and C/N ratios between gill and mantle tissues, gill and mantle data are pooled together for the study of seasonal variability and food sources. Our results show seasonal differences in the isotopic values at the groundwater-influenced sites (Fig. 5). In winter (January), mussels exhibit increased δ^{15} N values but decreased δ^{13} C values compared to the values from autumn (November). In winter, food supply is low and mussel metabolism is slower and it might be that body condition has deteriorated (Smaal and Vonck 1997), resulting in an increase of their tissue δ^{15} N values (Hill and McQuaid 2009). Indeed, the condition indices, representing the physiological condition of mussels, were lower in winter (7.4 \pm 0.6% for FDS and 5.9 \pm 1.6% for FDD) in comparison with those in autumn (8.9 \pm 5.1% for FDS and 6.3 \pm 1.2% for FDD) for *M. galloprovincialis* in Salses-Leucate lagoon (Andrisoa et al. 2019a). In addition, lagoon salinity slightly decreases in winter (Fig. 2) and at low salinity, filter feeders reduce filtration of water, tightly closing their shell valves, isolating themselves from the environment (Shurova 2001). Prolonged isolation can supress the vital processes of bivalves and thereby adversely affect their

478 physiological conditions. Considering the mussels' tissue turnover rates, the 479 isotopic values observed in mussels from the present study reflect ca. the past 3 480 - 4 months of mussel's food (Raikow and Hamilton 2001; Hill and McQuaid 481 2009). In this study, the $\delta^{15}N$ enrichment in winter is probably in relation to the 482 limited amount of food and possible stress from low salinity (Adams and Sterner 483 2000; Olive et al. 2003; Haubert et al. 2005). A potential starvation-induced $\delta^{15}N$ 484 enrichment in mussels suggests that during starvation, the uptake of nitrogen is 485 close to zero, but nitrogen loss continues, even if at low rate (Hill and McQuaid 486 2009). This $\delta^{15}N$ enrichment is often coupled with high C/N ratios due to 487 decreased N content, indicating nutritional stress. The C/N ratios in this study show no seasonal variation (except for Font Dame Deep), probably due to 488 489 permanent supply of nitrogen and carbon from groundwater sources. This 490 seasonal change of both $\delta^{15}N$ and $\delta^{13}C$ values in mussels may also indicate a 491 change in the isotope values of food sources (Riera 2007; Cabanellas-Reboredo 492 et al. 2009). During winter, higher rainfall and runoff results in higher terrestrial 493 material inputs (surface and/or groundwater inputs), as well as increased net 494 production with more N inputs associated with rainfall (Carlier et al. 2007). 495 Terrestrial materials (dissolved or particulate) have generally low δ^{13} C values 496 (e.g., Carlier et al. 2007; Berto et al. 2013). Low δ^{13} C values in food webs thus 497 generally indicate food sources of terrestrial origin (Kasai and Nakata 2005; 498 Piola et al. 2006). However, surface water inflow to Salses-Leucate lagoon is 499 negligible and thus can be ruled out (Carlier et al. 2007, Andrisoa et al. 2019b). 500 Thus, the low δ^{13} C values in food webs at this site, particularly in winter, are 501 most probably influenced by groundwater inputs. The role of groundwater as a 502 major conveyor of nutrients in this region has already been reported in previous 503 studies (Rodellas et al. 2018; Andrisoa et al. 2019b). The seasonal variation of 504 δ^{15} N and δ^{13} C values in mussels is not related to that of their C/N ratios, 505 suggesting that lipid content cannot explain the seasonal variability in mussel 506 δ^{15} N and δ^{13} C values. 507 508 At Font Dame Surface, the increased δ^{15} N values and decreased δ^{13} C values 509 during winter suggest seasonal change in food source and no change in lipid 510 content (no change in C/N ratio). Font Dame Surface is permanently impacted by 511 groundwater sources and thus this change suggests seasonal change in food 512 supply from groundwater sources or change in their isotope values. At Font 513 Dame Deep, the increased δ^{15} N values and C/N values, but not δ^{13} C values, 514 suggests potential occurrence of starvation or/ and stress from low salinity 515 during winter. At Port Fitou, no seasonal change is observed (except for the $\delta^{13}C$ 516 values) consistent with the stable environmental conditions at this location (Fig. 517 2). 518 519 4.3 Potential nitrogen and carbon sources for mussels 520 Most of the studies on nitrogen and carbon stable isotope composition 521 of mussels in coastal lagoon systems focus on the impacts of anthropogenic 522 activities and natural functioning of coastal food webs (Carlier et al. 2007, 2009; 523 Lefebvre et al. 2009; Graniero et al. 2016; Briant et al. 2018), but rarely on 524 groundwater inputs. This study was specifically designed to further investigate 525 the indirect role that groundwater dissolved inorganic nitrogen and carbon play 526 (via phytoplankton feeding) in coastal food webs and the direct use of 527 groundwater POM by *M. galloprovincialis* as main food source in coastal lagoon 528 ecosystems. Considering trophic enrichment factors, the $\delta^{15}N$ and $\delta^{13}C$ values of 529 the main diet of *M. galloprovincialis* in Salses-Leucate lagoon can be estimated, as 530 indicated in Fig. 6 (dashed square). Thus, the isotopic values of the main diet of 531 mussels are supposed to be closer to those of expected potential food source (the 532 dashed square in Fig. 6). Our results show that the δ^{15} N and δ^{13} C values of 533 groundwater POM, lagoon POM and marine POM sources are closer to those of 534 expected potential food sources (Fig. 6). It is therefore reasonable to consider 535 the main diet of mussel in Salses-Leucate lagoon as a mixture of groundwater 536 POM, lagoon POM and marine POM (discussed below). The δ^{15} N values in sewage 537 POM are significantly higher (9.8 – 12.8%) compared to those of expected 538 potential food source of mussels (-0.5 to 5.1%); Fig. 6), as commonly reported in 539 the literature (Aravena et al. 1993; McClelland et al. 1997; Cole et al. 2005; 540 Kendall et al. 2007). This indicates little impact of sewage effluents on caged

mussels in this study. It should be noted that Salses-Leucate lagoon is an

oligotrophic lagoon and it is perhaps not surprising that the impact of the

sewage treatment plant to the lagoon is minor (IFREMER 2014). The lowest $\delta^{15}N$

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values of expected potential food source (dashed rectangle in Fig. 6) suggest the existence of a food source with depleted ¹⁵N. In the oligotrophic Mediterranean region, dissolved atmospheric dinitrogen (N2) could be used as nitrogen source for primary producers, resulting in low δ^{15} N values in diazotrophs (ca. -1%); <u>Liénart et al. 2017</u>). This indicates that diazotrophs are also a potential food source for *M. galloprovincialis* in Salses-Leucate lagoon. The δ^{13} C values of seagrass (-15.0 to -7.5%) are significantly higher compared to those of mussel tissues (-23.7 to -17.7%), suggesting that contribution of live seagrass to the diet of *M. galloprovincialis* in Salses-Leucate lagoon is negligible. This unlikely contribution of seagrass to the diet of bivalve has also been reported for Spondylus crassisquama in the Ojo de Liebre lagoon, Mexico (Mathieu-Resuge et al. 2019) and for Brachidontes pharaonic in the western Mediterranean Sea (Sarà et al. 2007). Bivalves do not prefer seagrass due to high indigestible lignin and inhibitory polyphenols (Harrison 1982; Cebrian 1999). Salses-Leucate lagoon is a shallow lagoon, allowing proliferous seagrass to develop with the euphotic zone with ca. 60% of seagrass cover dominated by Zostera noltii (IFREMER 2014). It has been shown that less than 10% of seagrass enters the food webs via grazing and the main transfer route of seagrass organic matter is the detrital pathway (Benner and K'nees 1988; Cebrián et al. 1997). Indeed, degraded seagrass particles are likely to have different isotope and elemental ratios than fresh particles due to degradation process occurring (Berto et al. 2013b; Liénart et al. 2017). The δ^{13} C values of sedimentary organic matter (-19.5.8 to -17.8%) measured in Salses-Leucate lagoon by Carlier et al. (2009) (not measured in this study) are comparable to those of mussels' tissue (-23.7 to -17.7\%), suggesting that seagrass detritus may contribute to the diet of *M. galloprovincialis*. The stable isotope values reveal that groundwater POM, lagoon POM and marine POM are the main food sources for mussels at the investigated sites. Previous stable isotope studies have shown the significant role that lagoon POM (Carlier et al. 2007) and marine POM (Kang et al. 1999) play in supplying food for filter feeders in coastal ecosystems. Our results show that lagoon POM and marine POM are dominated by phytoplankton (C/N ratios between 6.4 and 9.2; Table 1), which are the preferred food source for mussels (Ogilvie et al. 2000; Penney et

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al. 2001). Liénart et al. (2017) reported that marine POM is composed of ca. 84% of phytoplankton in coastal systems. The δ^{13} C values in groundwater POM are slightly lower compared to those of expected potential food sources (Fig. 6). This discrepancy could be explained by a selective assimilation of one component of groundwater POM with high isotopic values by the filter feeders. A further investigation on stable isotopic composition of different biochemical fractions of POM may be of interest. Dietary proteins, for instance could have an enriched δ^{13} C values relative to bulk material (Lorrain et al. 2002). Moreover, mussels from groundwater-influenced sites are depleted in ¹³C compared to those from control site and their δ^{13} C values are closer to those of groundwater POM. Several processes may contribute to the low δ^{13} C values in food webs, including incorporation of carbon from CH₄-oxidizing bacteria, which leads to δ^{13} C values in consumers below -40% (Grey 2016). However, no mussels have values this low in this study, so it is unlikely that CH₄-oxidizing bacteria are responsible for the low food web δ^{13} C values. The 13 C-depleted tissues, particularly at the groundwater-influenced sites, likely reflect the assimilation of ¹³C-depleted soilrespired CO₂ in groundwater by primary producers, suggesting the indirect effect of groundwater discharge on mussel growth via uptake of their food, phytoplankton. In addition, the δ^{15} N values of POM in this study suggest important N inputs from groundwater sources (Fig. 6). The beneficial effects of groundwater input on filter feeders results thus from the local increases in food availability, supported by groundwater-derived nitrogen and carbon. Very few studies have reported the role of groundwater input to the ecological and physiological condition of *M. galloprovincialis* in coastal ecosystems (Piló et al. 2018; Andrisoa et al. 2019a). Whilst the ecological implication of groundwater in food webs has often been overlooked in coastal ecosystems, it has been widely studied in freshwater ecosystems (McClelland et al. 1997; Vander Zanden et al. 2005; Pettit et al. 2016; Burrows et al. 2018). A previous study by Andrisoa et al. (2019b) in Salses-Leucate lagoon suggested that groundwater discharge is an important source of inorganic nitrogen and carbon supporting phytoplankton growth. The present study shows that this groundwater-derived inorganic nitrogen and carbon is indirectly transferred to

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mussels *M. galloprovincialis* present in the lagoon via their food source phytoplankton and groundwater POM is directly used by mussels M. galloprovincialis as main food source. In coastal ecosystems, phytoplankton form the base of food webs and are consumed by primary consumers like mussels, zooplankton, small fishes and crustaceans. Primary consumers are in turn consumed by larger carnivorous fishes and invertebrates. Since groundwater fuels phytoplankton growth and primary production in this coastal lagoon, it thus likely supports the whole lagoon food webs. Indeed, Encarnação et al. (2015) reported an increased meiofauna diversity associated with groundwater inputs in the south coast of Portugal. Previous studies in coastal systems also suggested the effect of groundwater input to increase the growth rate (Andrisoa et al. 2019a) and the abundance (Piló et al. 2018) of M. galloprovincialis. In addition, groundwater discharge has been reported to enhance species richness, abundance and biomass of fishes and invertebrates in Japanese coastal waters (Hata et al. 2016; Utsunomiya et al. 2017). Overall, the results of this study combined with those of Andrisoa et al. (2019b) suggest that groundwater input may fuel primary production and phytoplankton growth in coastal systems and thus likely enhance nitrogen and carbon transfer to lagoon food webs.

5 Conclusion

This study shows seasonal and spatial variations of the isotopic values of mussel mantle and gill tissues in a groundwater-fed coastal lagoon. The $\delta^{15}N$ and $\delta^{13}C$ values in mantle and gill tissues of M. galloprovincialis are similar, likely related to relatively stable environmental conditions in the study sites (partially driven by the constant supply of water and nutrients by groundwater inputs) and to the physiological status of the filter feeders. The $\delta^{15}N$ values in mussel tissues are significantly higher in winter than in autumn likely due to reduced food supply in winter, and thereby adversely affect mussel physiological conditions. However, mussel $\delta^{13}C$ shows overall lower values in winter, suggesting input of ^{13}C -depleted sources from groundwater, as surface water input in the region is known to be negligible. The seasonal variation of $\delta^{15}N$ and $\delta^{13}C$ values in mussels is not related to that of their C/N ratios, suggesting that lipid content cannot explain the seasonal variability in mussel $\delta^{15}N$ and $\delta^{13}C$ values. Further

investigation on the ecophysiology of mussels is needed. In winter, the increased δ^{15} N values and decreased δ^{13} C values at Font Dame Surface suggest a change of food source while the increased $\delta^{15}N$ values and C/N ratio at Font Dame Deep suggests the occurrence of starvation and environmental stress. Our results show that the main diet of *M. galloprovincialis* in Salses-Leucate lagoon is a mixture of groundwater POM, lagoon POM and marine POM, with negligible contributions from sewage input. Lower δ^{13} C values in tissues, particularly at groundwater-influenced sites, provide further evidence of the relevance of groundwater inputs on mussel diet. Local increases in food availability (mainly phytoplankton), supported by groundwater-derived nitrogen and carbon result in overall beneficial effects of groundwater input to filter feeders. In conclusion, this study elucidates the indirect role of groundwater in supplying nitrogen and carbon to filter feeders via their food source phytoplankton and suggests the additional likely direct feeding of groundwater POM by mussels. It shows therefore the important ecological implications of groundwater input in coastal lagoon food webs.

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