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Visualization of renal glomeruli in human native kidneys with sensing Ultrasound Localization

Microscopy

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Article Type: Technical Developments

Summary Statement

- Sensing Ultrasound Localization Microscopy could aid in early diagnosing and managing kidney diseases

Key Results

- Sensing Ultrasound Localization Microscopy technique offers a non-invasive method for visualizing glomeruli *in vivo* in native kidneys
- Kidney depth, frame rate, and apnea duration are important parameters to optimize

Keywords: sensing Ultrasound Localization Microscopy; Kidney Glomerulus; Kidneys; Contrast Media; Kidney Diseases.

Abbreviations:

BMI: Body Mass Index

CEUS: Contrast-Enhanced Ultrasound

DM: Diabetes Mellitus eGFR: estimated Glomerular Filtration Rate FPS: Frames Per Second HBP: High Blood Pressure sULM: Sensing Ultrasound Localization Microscopy ULM: Ultrasound Localization Microscopy US: Ultrasound

ABSTRACT

Objectives: Kidney diseases significantly impact individuals' quality of life and strongly reduce life expectancy. Glomeruli play a crucial role in kidney function. Current imaging techniques cannot visualize them due to their small size. Sensing ultrasound localization microscopy (sULM) has shown promising results for visualizing *in vivo* the glomeruli of human kidney grafts. This study aimed to evaluate the ability of sULM to visualize glomeruli *in vivo* in native human kidneys despite their depth and a shorter duration of ultrasound acquisition limited by the period of the patient's apnea. sULM parameters in native kidneys and kidney grafts and their consequence regarding glomeruli detection were also compared.

Materials and Methods: Exploration by sULM was conducted in fifteen patients with native kidneys and five with kidney allografts. Glomeruli were counted using a normalized distance metric projected onto sULM density maps. The difference in the acquisition time, the kidney depth, and the frame rate between native kidneys and kidney grafts and their consequence regarding glomeruli detection were accessed.

Results: Glomerular visualization was achieved in 12 out of 15 patients with native kidneys. It failed due to impossible breath-holding for two patients and a too-deep kidney for one patient. sULM found

16 glomeruli per square centimeter in the native kidneys [6-31] and 33 glomeruli per square centimeter in kidney transplant patients [18-55].

Conclusions: This study demonstrated that sULM can visualize glomeruli in native human kidneys *in vivo*. The proposed method may have many hypothetical applications, including biomarker development, assisting biopsy, or potentially avoiding it. It establishes a framework for improving the detection of local microstructural pathology, influencing the evaluation of allografts, and facilitating disease monitoring in the native kidney.

INTRODUCTION

Kidney diseases have emerged as a growing global health concern, with an increasing prevalence and detrimental impact on individuals' quality of life 1 . They strongly reduce life expectancy, and it is considered that chronic kidney disease affects as many as 10-15% of the population worldwide. Among the structures within the kidneys, glomeruli contribute to blood filtration and regulate its composition ². Consequently, any impairment in their microvascular anatomy can lead to significant disruptions in kidney function. Chronic ailments such as high blood pressure (HBP), diabetes mellitus (DM), and autoimmune diseases can adversely affect the glomeruli, resulting in their destruction and subsequent loss of filtration capability ^{3–5}. Progressive sclerosis of glomeruli is also a universal feature of any chronic kidney disease. However, current clinical imaging techniques cannot visualize individual glomeruli ⁶⁻⁹. The significant challenge lies in the diameter of human glomeruli, which is approximately 200 microns ¹⁰ and falls below the resolution limit of most medical imaging methods. Therefore, the glomerulus function is indirectly studied in the clinic by blood or urine tests that only provide access to the global glomerular filtration rate ¹¹⁻¹³ or biopsies ^{14,15}.

Ultrasound Localization Microscopy (ULM) $16-18$ is an acoustic super-resolution technique that tracks intravascular ultrasound contrast agents (microbubbles) to map the organ's microcirculation ¹⁹⁻²¹. This

technique has achieved unprecedented resolution in living animal $^{22-25}$ and in human organs $^{26-28}$, including studies with standard ultrasound scanners ²⁹. While ULM provides detailed microvascular maps, it still cannot visualize the functional units within organs. This limitation partly arises from the challenge of distinguishing very slow-moving microbubbles within capillary beds ³⁰. To address this, our team developed a novel method called "sensing ULM (sULM)", which utilizes microbubbles as sensors of their immediate environment. sULM enhanced accuracy by classifying microbubble motion patterns corresponding to expected microscopic structures. By applying sULM on human kidney allografts, we have successfully observed the kidney's glomeruli ³¹. Still, the feasibility of visualizing glomeruli in their natural kidney environment has yet to be determined. Native kidneys, when imaged with ultrasound, present greater complexity than allografts. The native position of the organ is more profound and, therefore, more affected by wave attenuation and respiratory movements ³². On the contrary, the fixation of kidney grafts within the retroperitoneal space 33 leads to their quasiimmobility, which enables longer and uninterrupted imaging sessions ^{29,31}, an important factor for the proposed sULM technique ³⁴.

This study aimed to evaluate the ability of sULM to visualize glomeruli in native human kidneys *in vivo*. A secondary objective was to compare the sULM parameters (acquisition time, depth, and frame rate) between native kidneys and kidney allografts and their consequence regarding glomeruli detection.

MATERIAL AND METHOD

Ethics approval

This study was approved by the Ethics Committee of the French Society of Radiology (CERF, reference numbers CRM-2304-345 & CRM-2203-240). Patients recruitment occurred in our genitourinary university center.

Population study

From April 1 to May 30, 2023, 18 patients undergoing clinical ultrasound (US) examinations of their native kidneys, including Contrast-Enhanced Ultrasound (CEUS), were retrospectively included. No additional experimental procedures were added. We also included five kidney transplant patients from our previous study in which we demonstrated that the sULM was possible to visualize the glomeruli of kidney allografts³¹. Both groups were treated with the same post-processing sULM algorithms detailed below. **Figure 1** summarizes the flowchart of the study.

CEUS acquisition

CEUS were performed using a clinical ultrasound scanner Aplio i800 (Canon MS, Nasu, Japan) in contrast mode with a convex abdominal probe i8cX1 (3MHz, Canon, bandwidth [1.8-6.2] MHz) as part of routine clinical examinations of patients. No additional exams have been added. Patients were positioned in the lateral decubitus position and held their breath during the acquisition. A bolus of 1.2mL of contrast agent (SonoVue®, Bracco, Milan, Italy, containing eight μL of sulfur hexafluoride/mL) was injected intravenously. This dosage is consistent with standard clinical practices but introduces a high concentration of microbubbles into the bloodstream. We mitigated this using data acquired after a sufficient delay (a few minutes, as reported in **Table 1**). This time delay allowed the microbubble concentration to decrease adequately, thereby achieving the prerequisite of significantly separated microbubbles for effective sULM. The mechanical index was reduced to 0.08 to preserve microbubble integrity during acquisition. The frame rate and the duration depended respectively on the kidney depth and the time of the patient's breath-holding.

Data collection

Data collection encompassed demographic, clinical, US, and CEUS parameters. Demographic information, including age, sex, and body mass index (BMI), was recorded for each participant. Clinical variables were also included, such as the estimated glomerular filtration rate (eGFR), the presence of HBP, DM, or underlying kidney diseases. Details of any medications targeting renal function were also documented. **Supplementary Table S1** summarizes the demographic and clinical characteristics of the study population.

US and CEUS data, including renal depth, frame rate, and breath-holding duration, were reported in **Table 1**. The **Supplementary Materials** section provides information on CEUS acquisition.

All data were anonymized and subsequently analyzed with Matlab.

sULM post-processing, glomeruli detection, visualization, and count

CEUS loops **(Figure 2B)** were divided into blocks of 200 frames each. A succession of steps was then applied on each block to generate an ULM density map (number of microbubbles tracked per pixel). The first step involved a bandpass first order temporal filter, with a frequency ranging from 0.5 to 5.5 Hz that highlights microbubbles with a specific velocity, i.e. a temporal oscillation within the pixel. In vessels with fast blood flow, amplitude oscillations will be closer together, and vice versa for slower flows. By temporally selecting a cutoff frequency, we have therefore selected a specific microbubble velocity. This split separated the datasets into two parts: high-velocity filtered microbubbles and slower non-filtered microbubbles. The second step consisted in locating the center of the microbubbles using targeted regional maxima on the filtered image, i.e., 2D Gaussian filtering ³⁵. The videoclips retrieved from the ultrasound scanner were already interpolated images with a pixel grid in the order of one fifth of the ultrasound wavelength (finer than a half-wavelength conventionally used in ULM). The localization step in our case therefore required no additional interpolation, and we smoothed the image before localizing the regional maxima to be able to find the microbubbles with a 2-D Gaussian smoothing kernel with standard deviation of 1 (imgaussfilt function in Matlab). This way, we obtained microbubble positions in both lateral and axial dimensions. Temporal information was the image number in which the microbubbles were located. Microbubbles were then tracked using

simple tracker toolbox in Matlab 36 based on the Hungarian algorithm³⁷. All these steps were repeated for each block to obtain a sULM density map by accumulating all microbubble tracks **(Figure 2C)**. The sULM vascular map obtained is composite: it contains fast and slow microflows in the same map. Supplementary Figure S2 summarize all these steps.

Moreover, the sULM technique enables the precise tracking and classification of microbubbles based on their singular behavior in glomeruli, as demonstrated in our previous study.³³ After the reconstruction of blood vessel maps, we could therefore carry out a count of glomeruli using the distance metric (DM).³³ This metric corresponds to the cumulative distance covered by each track, divided by the distance between the first and last points of the track.^{38,39} In brief, this classification consists in considering that glomeruli have a high DM,⁴⁰ that is, above a threshold of the 90thpercentile of the DM values calculated for all tracks. Glomeruli being bundles of capillaries, tracks will therefore tend to have a long path in a reduced space, that is, a high DM value. The DM was calculated for each track and projected onto a grid of the same size as the ULM maps (Fig. 2D). Glomeruli were then targeted by selecting the points greater than the 90th percentile of the filtered normalized distance grid filtered by a 2-dimensionalGaussian filtering (Figs. 2E, F).³³ The number of glomeruli was then normalized per the kidney area manually segmented (square centimeter).

All postprocessing codes were created using MATLAB at our laboratory of biomedical imaging. Sensing ULM parameters are summarized in Table 1. The Supplementary Material and Figure S1 (http://links.lww.com/RLI/A895) illustrate the typical behavior of a contrast microbubble passing through a glomerulus. The codes that allowed the reconstruction of vascular mapping by sULM are available in the following GitHub repository (https://github.com/EngineerJB/akebia). A standalone application named Akebia—useable without a MATLAB license—is available in the same repository.

Comparison of the sULM parameters between native and grafts kidneys and impact on glomeruli detection

In our clinical practice, among the CEUS parameters, three vary depending on whether a native kidney or a kidney graft is explored: the loop duration, the renal depth, and the frame rate, which depends on the renal depth. Conversely, the other parameters remain independent of the type of kidney (graft vs. native kidney) explored, such as the mechanical index or the dose of SonoVue.

We investigated the relationship between the number of glomeruli detected and these three main acquisition parameters.

Statistical Analysis

Statistical analyses were performed using MATLAB (version R2002a, MathWorks Inc., Natick, MA, USA). Descriptive statistics, including mean, standard deviation, and range, were calculated, and graphical representations of the data were generated using MATLAB's plotting functions. A linear regression of the number of glomeruli according to the depth of the kidney, the frame rate, and the duration of the CEUS loop were calculated with their respective coefficient of determination (R-Squared).

Acquisition depth calibration criteria

To estimate the depth dependency of the glomeruli count, we have established 3 calibration criteria. These criteria determine whether the acquisition is of sufficient quality to observe single microbubbles at depth.

The first criterion consists in calculating the signal-to-noise ratio (SNR) of each localized microbubble as a function of depth. This SNR is calculated by taking the intensity at the microbubble location and dividing by the intensity of the pixels around this location, in a 10 by 10 pixels kernel. ⁴¹ The second criterion consists in calculating the isolability of each microbubble. To do this, a correlation coefficient is estimated between the microbubble location (and its 10 surrounding pixels) and an ideal Point Spread Function (PSF) of the arbitrarily chosen single microbubble with a size of 30 pixels and a sigma

of 15 pixels. The third criterion is based on an estimate of the ratio of the number of glomerular tracks³³ to the number of total traces. This criterion provides information on the proportion of glomerular traces as a function of depth.

RESULTS

Glomeruli Visualization and Acquisitions Parameters

Out of the 15 patients with native kidneys explored by sULM, glomerular visualization was achieved for 12. In three patients, glomerular visualization failed: two patients could not hold their breath for more than three seconds for the imaging procedure, and one had a too-deep kidney positioning (patients 7, 10 & 15, respectively).

The 12 native kidneys were deeper than the 5 grafts (mean: 45 mm [range: 29-87] *vs.* mean: 32 mm [21-52] in kidney allografts), with shorter ultrasound loops (mean: 23 s [range: 15-36] *vs.* mean: 143 s [69-183] in kidney allografts). Fewer microbubble tracks (mean: 148/cm² [range: 32-486] *vs.* mean: 679/cm² [217-1046]), and therefore fewer glomeruli (mean: 16/cm² [range: 6-31] *vs.* mean: 33/cm² [18-55]), were detected compared to kidney grafts.

Table 1 summarizes sULM measurements and parameters.

sULM density maps of fast and slow microbubbles

We obtained sULM density maps in the native human kidneys of 12 patients and five patients with kidney allografts. These maps provide a red-coded representation where regions with more microbubbles tracked appear as areas of increased density (yellow). In contrast, parts with fewer localization appear as areas of lower density (black) **(Figures 3 A, C, & 3 A)**. **Figures 3 B, D, & 3 B** show slow microbubbles in green and fast ones in pink. These visual representations show that glomeruli (white arrows) distribution seems more abundant in kidney allografts (**Figure 4**) than in native kidneys (**Figure 3**).

Impact of loop duration, frame rate, and renal depth on glomeruli count

As shown in **Figure 5A**, there is a tendency for the number of glomeruli detected to increase with increasing frame rate both in the native kidneys and in the kidney grafts (R^2 =0.24). There is also a trend towards a positive correlation between a higher loop duration and an increase in the number of glomeruli detected (R² = 0.31) (**Figure 5B**). Moreover, our analysis revealed a negative correlation between the number of glomeruli detected and the kidney depth (R² = 0.69 and 0.76) (**Figures 5C and 5D)**.

On the scale of each kidney, we also found a decrease in the number of glomeruli with depth. **Figure 6** shows the number of glomeruli detected as a function of acquisition depth for three native kidney patients (A: Patient 3; B: Patient 4; C: Patient 7). This result was observed in the 12 native kidneys and 5 kidney grafts, reinforcing the results of **Figures 5C and 5D.**

Finally, renal function (eGFR) was better for native kidneys (69 [22-121] vs. 50 [44-66] (p=0.01)). Despite the age of the grafts tending to be younger, without any significant difference (49[33-64] vs. 63 [33-84] (p=0.07)) (table S2), these elements would not explain the difference in glomeruli found between native kidneys and transplanted kidneys.

DISCUSSION

Out of the 15 patients with native kidneys, glomerular visualization was achieved for 12 patients. It failed due to impossible breath-holding for two patients and a too-deep kidney for one patient. sULM found 16 glomeruli per square centimeter in the native kidneys, i.e., about 5% of the actual glomerulus number [6-31]. Indeed, for ordinary patients, the glomerular density is $300 + (-70/cm2)$, with variations of a maximal of 3.5 times between individuals ^{40,41}.

Currently, most tools for detecting and quantifying human pathology in the clinic are based on individual biopsy samples. However, biopsy data are subject to errors caused by samples' inherently limited spatial coverage. This sampling error often leads to a limited or biased assessment of individual kidneys ⁴². In this study, we provide a new tool to assess the whole kidney more comprehensively, including the number of glomeruli. Multiple potential applications are possible in evaluating graft allografts, developing biomarkers, biopsy guidance, and therapeutic monitoring, but also in anatomical and physiological research.

Besides, one of the strengths of the sULM technique is its relatively independent of the specific ultrasound machine used, underscoring its potential for generalizability. Changing ultrasound scanner necessitate the adaptation by a competent user of the parameters of the CEUS in terms of gain and dynamic range on each patient²⁹. Therefore, doctors must be trained in the type of cineloop necessary for sULM to identify the conditions to highlight distinct and unique microbubbles. Nevertheless, once the microbubbles are visible on the ultrasound screen (with the gain and dynamic range adapted by a trained user), and once the data are exported in DICOM format (to avoid compression and improve quality of localization and tracking of microbubbles) then ULM or sULM should give similar results.

Nevertheless, several limitations need to be considered. First, without a gold standard for *in vivo* imaging in humans, it is challenging to establish the precise correspondence between sULM maps and actual structures. Besides, when the microbubbles move out of the imaging plane, it results in an

incomplete or inaccurate representation of the microvascular structure. This can lead to difficulties in accurately assessing glomerular morphology and counting³⁷. Moreover, fewer glomeruli were observed in patients with native kidneys than in kidney transplant patients (16 glomeruli/cm² *vs.* 33 glomeruli/cm²) [18-55]. The explanation could lie in an underestimation of the number of glomeruli in native kidneys due to the differences in CEUS acquisition between native and transplanted kidneys resulting in differences in imaging depth, frame rate, and clip duration ³³. As we have seen, this leads to a reduction in the number of glomeruli detected. These hypotheses need to be further investigated in large-scale studies to validate the intra and inter-observer reproducibility of sULM in diverse patient populations.

Furthermore, the width of the slice in elevation, which is greater on the surface than at depth, influences the number of glomeruli found on the surface of the grafts (at an average depth of 36 mm, **Table 1**) compared with the native kidney (at an average depth of 98 mm, **Table 1**). This parameter may therefore help to explain the low number of glomeruli found in native kidneys compared with grafts. While our study demonstrates promising results, we recognize the limitation related to the variability in detected glomeruli density based on the depth range of the interrogated area. This depthdependence could be perceived as a limitation in the general applicability of our technique and we have therefore proposed 3 calibration criteria to check that acquisition is of sufficient quality to detect glomeruli, even at depth: the criterion of the signal-to-noise ratio of microbubbles at depth **(supplementary figures S3)**, the criterion of isolability of microbubbles at depth **(supplementary figures S4)** and the criterion of the ratio of glomerular tracks at depth **(supplementary figures S5).** We think that these criteria allow a more accurate and reliable quantification, expanding the technique's potential applicability across different experimental settings, such as in the deepest tissues.

A comparative study with pathologic results is further needed to ensure robust validation of our technique. In a previous study, accuracy was demonstrated by comparing sULM results to *ex-vivo* micro-computed tomography (considered the gold standard in animals) in rat kidneys. The

approximate number of glomeruli measured in sULM and micro-CT was close ^{40,41}, and we now need to see if sULM could be a diagnostic tool in pathological cases. Other non-invasive exploration techniques, which are still in the pre-clinical research stage, could present interest in comparing their results with the sULM results. For example, Charlton et al. 45 developed a platform to map microstructural features of the human kidney based on three-dimensional MRI; in a subset of kidneys, they also mapped individual glomeruli and glomerular volumes using cationic ferritin-enhanced MRI $43.$ On another scale, Dunn et al. demonstrated that intravital and multiphoton fluorescence microscopy systems can collect optical sections from kidneys at subcellular resolution, supporting highresolution characterizations of the glomeruli in anesthetized and surgically prepared living animals. Thanks to different combinations of fluorescent probes, they evaluated processes such as glomerular permeability⁴⁴.

In the future, the sULM 3D approach could allow to visualize a greater number of glomeruli since it would not be restricted to a single plane. Indeed, volumetric imaging would enable the microbubble to be tracked throughout its entire intravascular course within the kidney, and would also enable the breathing-related movement to be corrected in all spatial directions ^{23,25,45}. The challenges of 3D imaging are numerous. We could mention, for example, the complexity of the electronic systems required, or the much longer post-processing time required due to the increasing weight of the data. The transition from ULM and sULM to 3D is essential and its demonstration has been performed in pre-clinical studies ^{23,46}. All of these improvements could make it possible to visualize a number of glomeruli closer to histological counts.

In our view, sULM holds a promising potential for managing kidney diseases characterized by glomerular involvement; still, studies are needed to validate the clinical utility of sULM in various acute and chronic kidney diseases, notably in glomerular diseases.

In conclusion, this study demonstrated that sULM could be a pioneering strategy for accessing the *in vivo* glomerular microstructure of the native human kidney. This method has many hypothetical

applications, including anatomic and physiological research, biomarker development, and biopsy

guidance. It establishes a framework for improving the detection of local microstructural pathology,

potentially influencing the evaluation of allografts and facilitating disease monitoring in the individual

kidney.

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TABLE

Table 1. sULM Measurements and Parameters

**depth (distance probe – renal cortex) **depth (distance probe – deepest part of the kidney); FPS: Frames Per Second; Mean [range]. CEUS: Contrast-Enhanced*

*Ultrasound; ***normalized by kidney area (cm²)*

Figure caption:

Figure 1. Study flowchart

Figure 2. Glomeruli count

A&B. US (A) and CEUS (B) images showing the kidney before and after injecting 1.2mL of SonoVue. C. Composite Density Mapping corresponding to the accumulation of all microbubble tracks. D. Normalized distance metric projected on the same spatial grid as in C. This metric enhances glomerular behavior marked by blue points in the density zoom mapped in E and D (zoom) of the kidney image, highlighting the detected glomeruli in blue points. The yellow-dotted area surrounds the medulla, an area without glomerulus (note the presence of three artifacts mimicking glomeruli). Scale bars indicate 4 mm.

w.u.= weighted Units ; a.u. = Arbitrary Units

Figure 3. Composite density maps of two native kidneys

Composite density in two native kidneys (A & B: patient n°5; C & D: patient n°2). Treatment and color representation enhance the visibility of glomeruli with slow microbubbles in green and fast ones in pink (B & D). Scale bars indicated 4mm. The arrows show examples of glomeruli. The stars show the medulla.

Figure 4. Composite density maps of one kidney allograft

Composite density in one kidney allograft (A & B: patient n°18). Treatment and color representation enhance the visibility of glomeruli with slow microbubbles in green and fast ones in pink (B). Scale bars indicated 4mm. The arrows show examples of glomeruli. The stars show the medulla.

Figure 5. Number of Glomeruli Detected as a Function of three main acquisition parameters

The estimated number of glomeruli as a function of loop duration, B. Number of glomeruli* as a function of frame rate. The increase in acquisition time and frame rate appears positively correlated with the rise in glomeruli detection. C. Number of glomeruli* as a function of minimum acquisition depth (beginning of the kidney in the axial direction), and D. Number of glomeruli* as a function of maximum acquisition depth (depth of the CEUS acquisition in the axial direction). The increase in the depth of the native or grafted kidney is correlated with a decrease in the number of glomeruli detected. *normalized by kidney area (cm²)

Figure 6. The number of Glomeruli Detected as a Minimum acquisition depth in 3 native kidney patients.

These curves show a gradual decrease in the number of glomeruli detected with increasing depth in patients 3 (A), 4 (B), and 8 (C).

