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Note-taking during and after class: Which strategies for which method?

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Note-taking during and after class: Which strategies for which method?

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96%

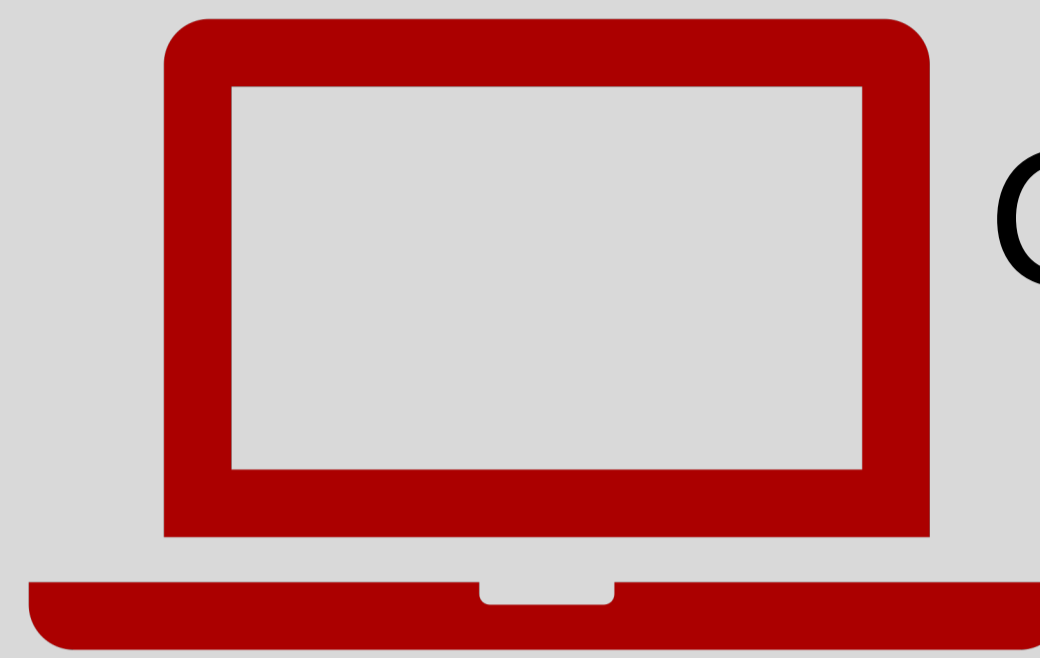
Number of students
who take notes



Reformulations
Positive effect on learning (?)



Encoding
External storage



Greater quantity (verbatim)
More multitasking

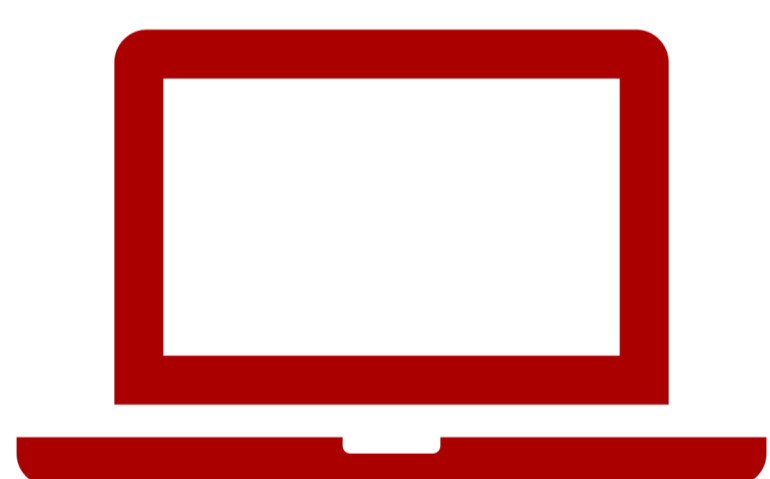
Study

108 univ. students → « Which note-taking method do you usually use? »
 → Strategies during and after class

During class (Encoding)



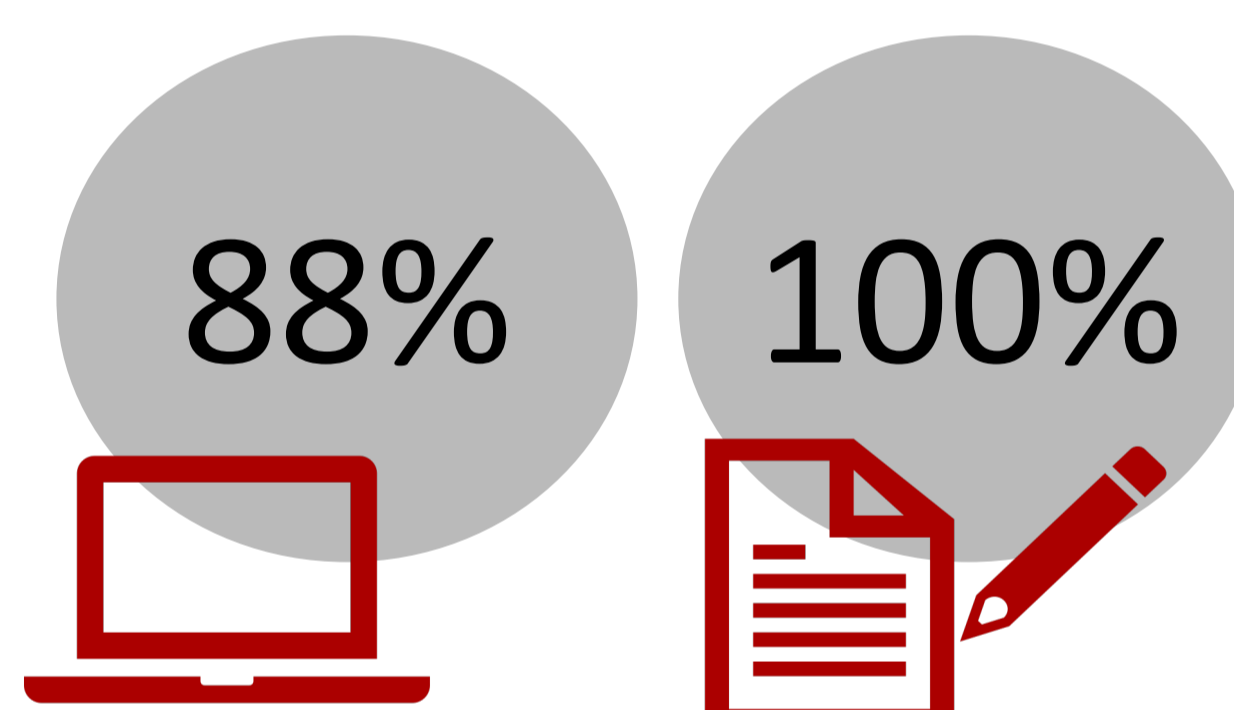
More reformulations



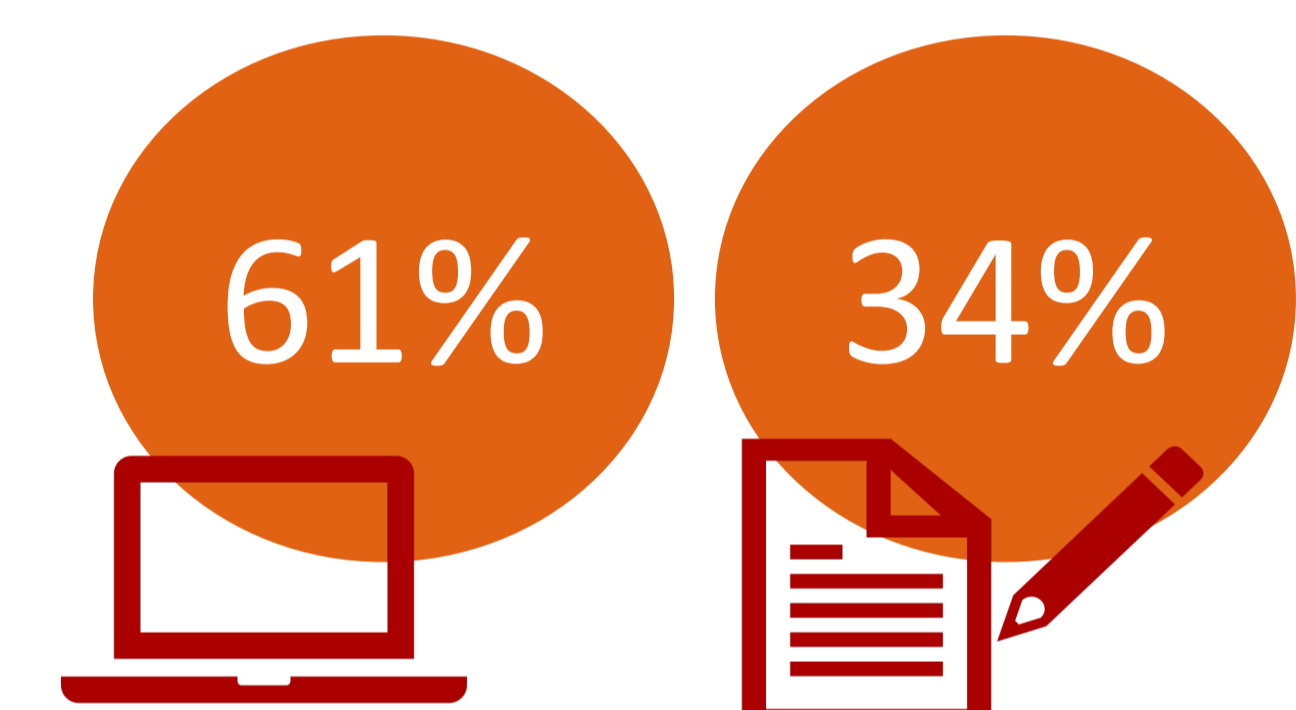
More multitasking

After class (Revision)

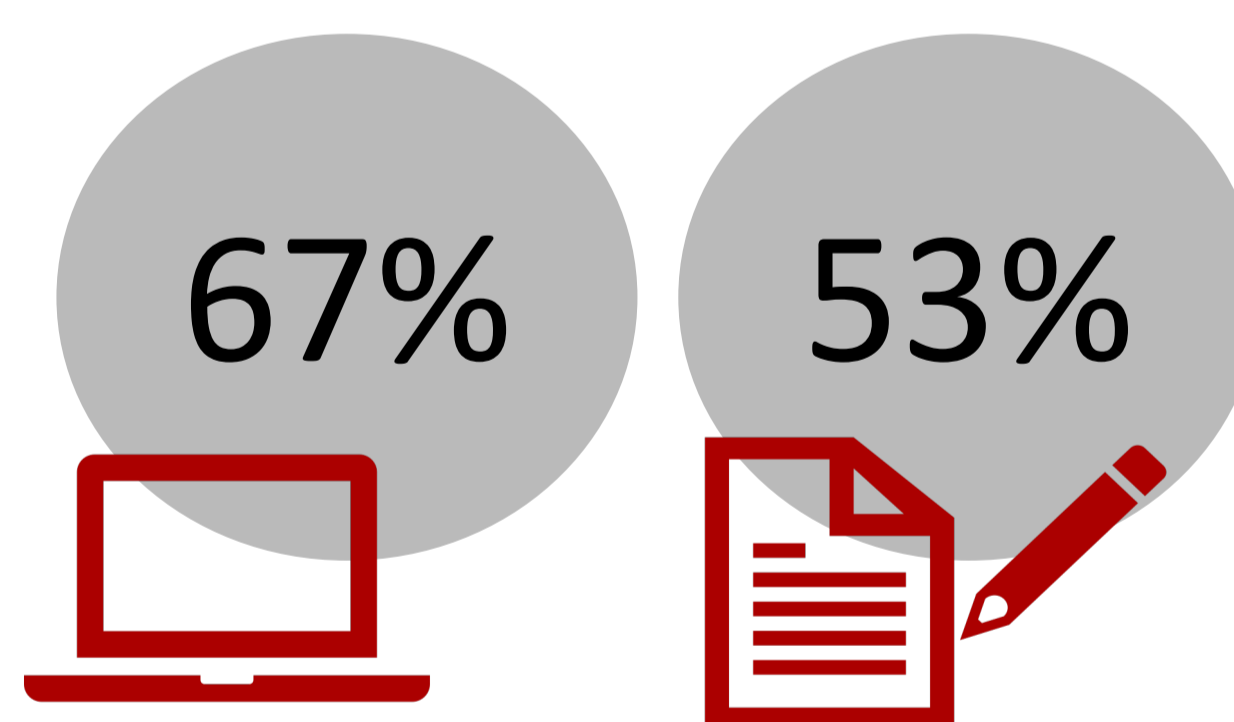
Number of students who:



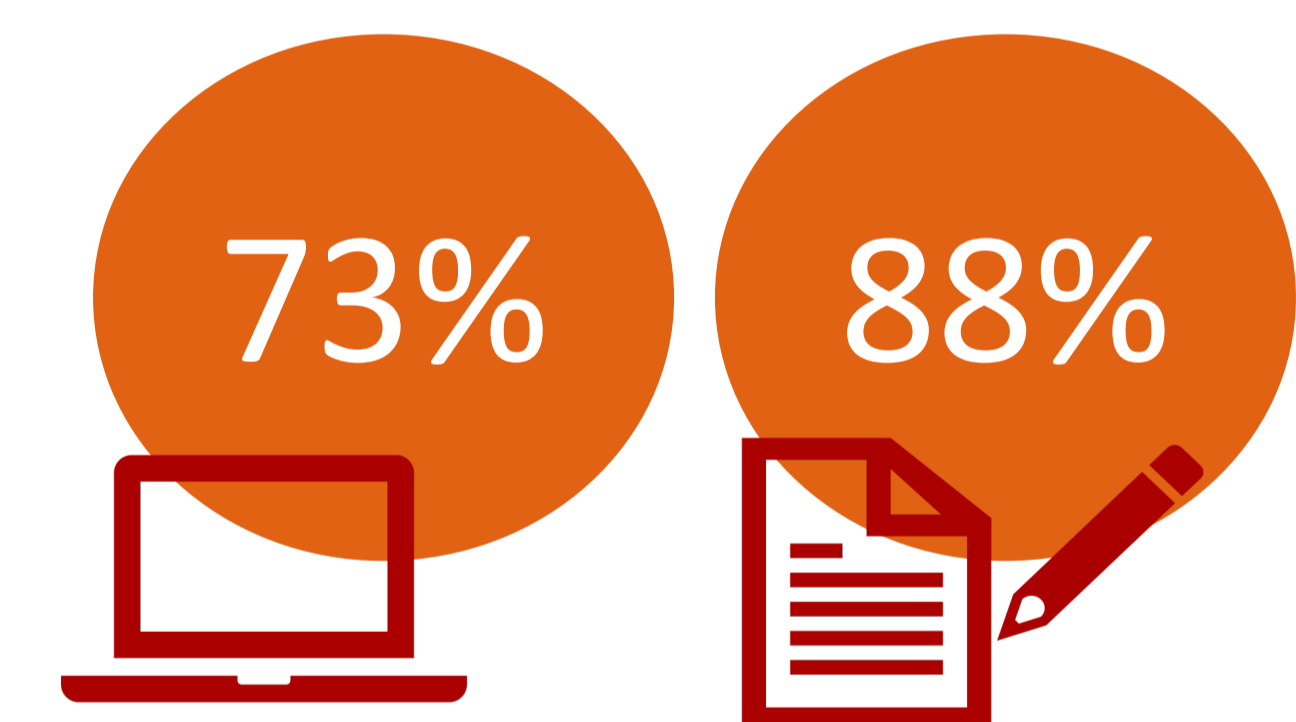
Read over their notes



Rewrite their notes ($p = .023$)



Write review sheets



Write review sheets on paper

During class: better strategies on paper

During revision:

- Opportunity for those on computer to compensate by rewriting their notes
- Review sheets are mainly handwritten

→ Importance of outside-class revision activity (more than 70% of students use computers in class)