

Note-taking during and after class: Which strategies for which method?

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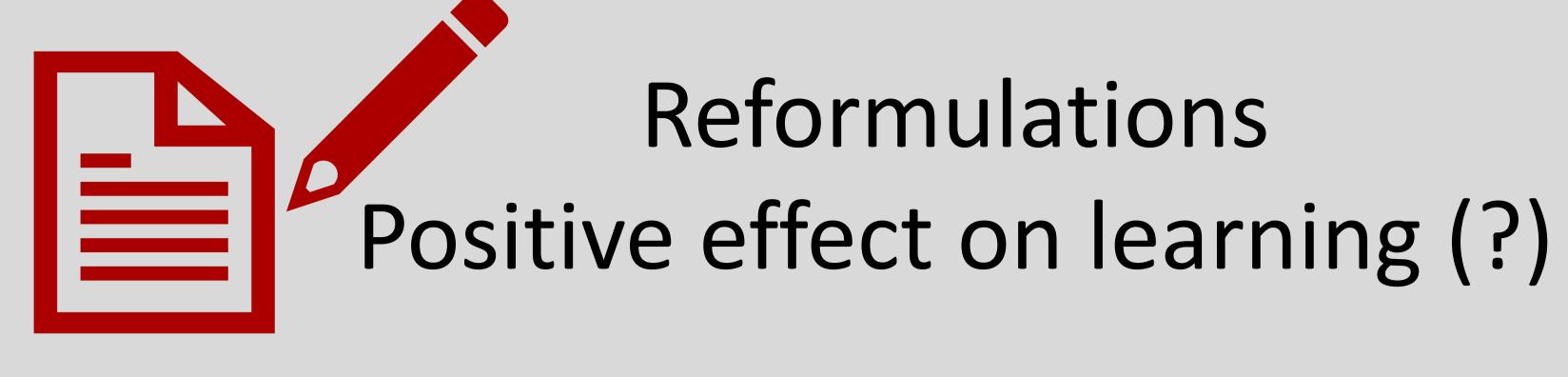
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Note-taking during and after class: Which strategies for which method?

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Number of students who take notes





Encoding
External storage



Greater quantity (verbatims)

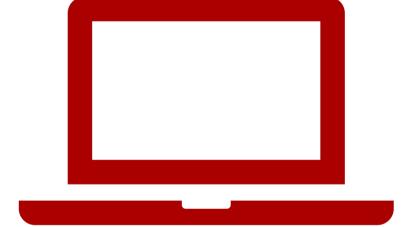
More multitasking

Study

108 univ. students \rightarrow « Which note-taking method do you usually use? » Strategies during and after class

During class (Encoding)

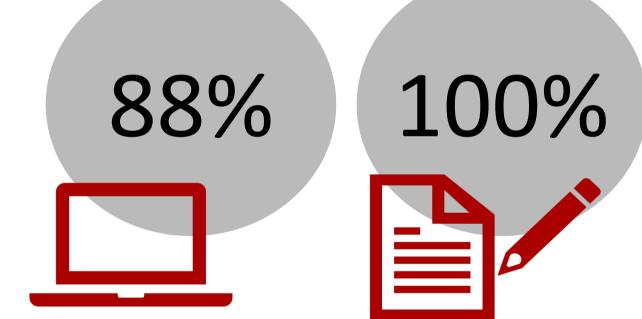




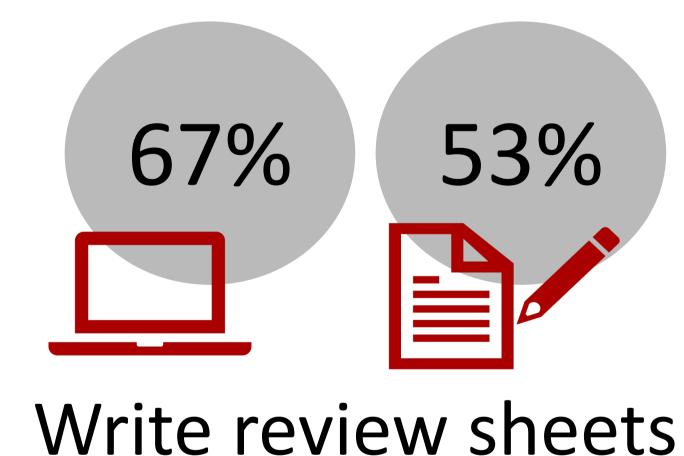
More multitasking

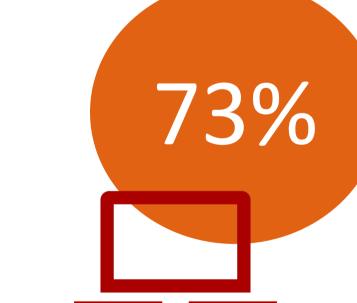
After class (Revision)



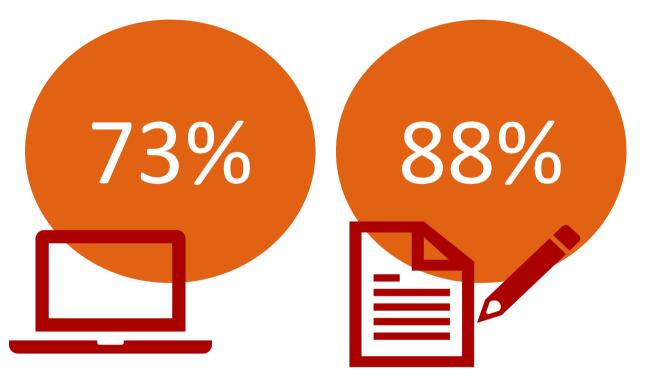


Read over their notes





Rewrite their notes (p = .023)



Write review sheets on paper

During class: better strategies on paper During revision:

- Opportunity for those on computer to compensate by rewriting their notes
- Review sheets are mainly handwritten
- > Importance of outside-class revision activity (more than 70% of students use computers in class)







