



**HAL**  
open science

## Structure and seasonal variability in fish food webs in a small macrotidal estuary (Canche estuary, Eastern English Channel) based on stable carbon and nitrogen isotope analysis

Rym Bouaziz, François Le Loc'h, Céline Rolet, Guillaume Veillet, Jean Marie Munaron, Khalef Rabhi, Abdellah Borhane Djebbar, Rachid Amara, Frida Ben Rais Lasram

### ► To cite this version:

Rym Bouaziz, François Le Loc'h, Céline Rolet, Guillaume Veillet, Jean Marie Munaron, et al.. Structure and seasonal variability in fish food webs in a small macrotidal estuary (Canche estuary, Eastern English Channel) based on stable carbon and nitrogen isotope analysis. *Regional Studies in Marine Science*, 2021, 44, pp.101694. 10.1016/j.rsma.2021.101694 . hal-04374148

**HAL Id: hal-04374148**

**<https://hal.science/hal-04374148>**

Submitted on 18 May 2024

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

---

## Structure and seasonal variability in fish food webs in a small macrotidal estuary (Canche estuary, Eastern English Channel) based on stable carbon and nitrogen isotope analysis

Bouaziz Rym <sup>1,2</sup>, Le Loch Francois <sup>3</sup>, Rolet Céline <sup>4</sup>, Veillet Guillaume <sup>1,4</sup>, Munaron Jean-Marie <sup>3</sup>, Rabhi Khalef <sup>1</sup>, Borhane Djebbar Abdellah <sup>2</sup>, Amara Rachid <sup>1</sup>, Ben Rais Lasram Frida <sup>1,\*</sup>

<sup>1</sup> Univ. Littoral Côte d'Opale, Univ. Lille, CNRS, UMR 8187, LOG, Laboratoire d'Océanologie et de Géosciences, F-62930 Wimereux, France

<sup>2</sup> Université Badji Mokhtar Annaba, B.P.12, Annaba, 23000, Algeria

<sup>3</sup> IRD, Univ Brest, CNRS, Ifremer, LEMAR, F-29280 Plouzane, France

<sup>4</sup> GEMEL Groupe d'Etude des Milieux Estuariens et Littoraux, 115 Quai Jeanne d'Arc, F-80230 Saint-Valery-sur-Somme, France

\* Corresponding author : Frida Ben Rais Lasram, email address : [frida.lasram@univ-littoral.fr](mailto:frida.lasram@univ-littoral.fr)

---

### Abstract :

Estuaries are highly important nursery habitats for a range of fish species because they provide refuge and food, especially for juveniles. However, the importance of specific salinity zones and adjacent shallow marine habitats (subtidal and surf zones) for fish feeding is not well understood, particularly in small macrotidal estuaries. Using the example of the Canche estuary, which is considered a reference for small macrotidal estuaries in France, we investigated the structure and seasonal variability in fish food webs based on stable carbon and nitrogen isotope analysis. Our results provide a new vision of the Canche estuary, which has been considered a major feeding ground for all marine fish that spend time there. Based on C results, our results revealed that organic matter of terrestrial origin has little influence on functioning of the Canche food web, except for flounders in the upstream area of the estuary. Conversely, microphytobenthos and marine particulate organic matter contribute most to the food web of fish in the estuary. Our study also revealed that some fish species visit the estuary for reasons other than feeding, such as to avoid predation or because they are carried by the tide. This work confirmed the suitability of using stable isotopes to trace fish fidelity to feeding grounds less than 10 km apart.

**Keywords :** Food web, macrotidal estuary, stable isotopes, seasonal variations, nursery

## 35 1. Introduction

36 Using shallow marine coastal zones and estuaries as nursery areas is an important phase in the  
37 life history of many marine organisms, including commercially valuable species (Amara,  
38 2003; Vasconcelos et al., 2007). In temperate ecosystems, juvenile fish concentrate in nursery  
39 grounds from late spring to early fall, which is the peak of macrobenthic prey biomass  
40 (Amara and Paul, 2003; Pasquaud et al., 2010; Selleslagh et al., 2015). Refuge and feeding  
41 areas for young fish in estuaries are considered important for fish survival and replenishing  
42 coastal fish stocks (McLusky and Elliott, 2004). However, many authors have shown that  
43 estuaries are only one component of broader nursery-use patterns and that shallow marine  
44 coastal areas and estuaries may provide a mosaic of vital nursery habitat types for juvenile  
45 marine fish (Beck et al., 2001). Although opportunism is widely reported for estuary-  
46 associated fish, as well as for fish in general (Amara et al., 2001; Elliott et al., 2007; Elliott  
47 and Hemingway, 2002), the importance of these different habitats (specific salinity zones  
48 inside estuaries and adjacent marine subtidal and surf zones) for fish feeding is not well  
49 understood (Selleslagh et al., 2015; Vinagre et al., 2008). In addition, there is still a lack of  
50 information and confusing conclusions about the main origin of the organic matter that  
51 sustains juvenile fish food webs in nursery grounds (Le Pape et al., 2013). For estuaries, some  
52 studies (Darnaude et al., 2004; Leakey et al., 2008; Vinagre et al., 2008) indicated that  
53 allochthonous organic matter of terrestrial origin predominated, while other studies suggested  
54 that marine organic matter predominated (Pasquaud et al., 2008; Selleslagh et al., 2015). Most  
55 of these studies were conducted in large estuaries (e.g. Tagus, Gironde, Thames, Rhone,  
56 Vilaine). However, in small estuaries with little freshwater influence, *in situ* primary  
57 production can override other food sources and contribute significantly to juvenile food webs  
58 (Kostecki et al., 2012). Understanding the main ecological processes in ecosystems (e.g. food  
59 sources, trophic transfer through the food web) and identifying juvenile fish feeding areas and  
60 their spatial use of shallow nursery habitats are fundamental issues for effective conservation  
61 and management of these essential fish habitats (Hobson et al., 1999).

62 Reconstructing marine food webs is largely limited by methodological difficulties. A  
63 traditional approach to describe fish feeding ecology and determine their feeding niche has  
64 been stomach content analysis (Amara et al., 2001; Besyst et al., 1999). Although it may  
65 provide high taxonomic resolution, this method can be biased due to the difficulty in  
66 determining the origin of partially digested food items. Previous studies of estuarine fish food  
67 webs highlighted that stable isotope analysis (SIA), based on nitrogen ( $\delta^{15}\text{N}$ ) and carbon  
68 ( $\delta^{13}\text{C}$ ) signatures of various food-web compartments, can be a powerful tool. This technique,

69 which identifies trophic pathways and energy sources in a variety of ecosystems (Fry, 2006;  
70 Peterson and Fry, 1987), is particularly successful in coastal and estuarine systems, in which  
71 the fate of different sources of both freshwater and marine particulate organic matter (POM)  
72 can be distinguished (Fry, 1999; Riera et al., 1999; Yokoyama et al., 2008).

73  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  are typically increased from prey to consumers by 3‰–4‰ for  $\delta^{15}\text{N}$  and 1‰  
74 for  $\delta^{13}\text{C}$  (De Niro and Epstein, 1981; Minagawa and Wada, 1984; Cabana and Rasmussen,  
75 1994). Thus,  $\delta^{15}\text{N}$  can indicate the trophic position of an organism within the food web and  
76  $\delta^{13}\text{C}$  values of the food sources (primary producers as phytoplankton or microphytobenthos)  
77 are also responsible for differences in the isotopic compositions of their consumers (Riera et  
78 al. 1999), allowing distinctions to be made between pelagic and benthic food webs (Hobson et  
79 al. 2002) or fresh vs marine waters (Fry, 2006). Consequently,  $\delta^{13}\text{C}$  can be used as a tracer of  
80 organic trophic sources for benthic consumers (Peterson, 1999).

81 Given the diversity of juvenile nursery habitats, an isotopic approach to tracing fish  
82 movement is particularly appealing as it increases the likelihood of finding habitat-specific  
83 isotopic signatures (Herzka, 2005). Several authors have successfully used stable isotopes to  
84 study, for example, the connectivity of habitats (Fry et al., 2003; Selleslagh et al., 2015;  
85 Vinagre et al., 2008).

86 In the present study, we analysed for the first time the fish food web in a small macrotidal  
87 estuary on the French coast of the Eastern English Channel (EEC) – the Canche estuary –  
88 based on stable carbon and nitrogen isotopes analysis. The Canche estuary is considered a  
89 reference for small macrotidal estuaries because it is subject to low human disturbance and is  
90 an important fish nursery ground (Selleslagh et al., 2009; Selleslagh and Amara, 2015) that  
91 supports species with high commercial and recreational value during their juvenile stage. The  
92 role and importance of small macrotidal estuaries as feeding grounds for marine juvenile fish  
93 is not well understood. Along the French coast of the EEC, juvenile marine fish are known to  
94 use both estuaries and shallow marine coastal waters, but the exact areas where they feed  
95 remain unknown (Amara and Paul, 2003; Selleslagh and Amara, 2015).

96 The main objectives of the present study were to i) distinguish the origin of sources in the  
97 marine juvenile fish food web, ii) investigate seasonal variations in fish food-web structure  
98 and iii) assess the feeding-ground fidelity of marine juvenile fish that inhabit the Canche  
99 estuary and adjacent coastal nursery grounds.

100

101

## 102 2. Materials and Methods

### 103 2.1 Study area

104 The Canche estuary (50°50'-50°56' N, 1°57'-1°67' E) is located in northern France along the  
105 coast of the Eastern English Channel (EEC). The Canche estuary is 12 km long and has a  
106 maximum width of 1 km at its mouth. The estuary has a semi-diurnal tide, with an average  
107 tidal range of ca. 1 m at neap tides and 6 m at spring tides, and is considered a macro/hyper-  
108 tidal estuary according to the McLusky and Elliott (2004) classification. Water circulation  
109 depends mainly on the tide and small freshwater inputs, with a mean annual rate of ca. 13  
110 m<sup>3</sup>.s<sup>-1</sup>. The Canche estuary is little impacted by human disturbances (Amara et al., 2007), it  
111 belongs to the special conservation zone “Bay of Canche and corridor of the 3 estuaries” and  
112 is classified as a “Natura 2000” site because it accounts as a major area of hosting juvenile  
113 fish in the Eastern English Channel.

114

### 115 2.2 Sampling strategy

116 Samples of particular organic matter (POM), sediment organic matter (SOM),  
117 microphytobenthos (MPB) as well as fish and their main potential prey (i.e. benthic  
118 organisms, shrimp and crabs) were collected in the fall (October-November 2017) and spring  
119 (May-June 2018) at three sites inside the Canche estuary along a salinity gradient (upstream,  
120 middle and downstream).

121 To better understand the estuary’s feeding role and connectivity with adjacent marine habitats,  
122 three additional sites were sampled outside the Canche estuary: two in the surf zone on both  
123 sides of the mouth of the estuary (Sainte Cécile beach and Le Touquet beach, respectively)  
124 and one in the subtidal zone in the plume of the estuary (Figure 1). For technical reasons,  
125 these sites were sampled only in spring (May-June 2018). We also described benthic  
126 communities and their biomass at all six sites only in spring (May-June 2018).

127 The sampling sites consist of a variety of habitats. The middle part of the Canche estuary is a  
128 muddy-sand shore that contains polychaetes and bivalves (EUNIS classification A2.24; Rolet  
129 et al., 2015). The downstream part is characterized by a medium fine-sand benthic community  
130 (EUNIS classification A2.223) and is dominated by amphipods and *Scolelepis* spp. (Rolet et  
131 al, 2015) such as the surf zone (Sainte Cécile and Le Touquet beaches). The subtidal site is  
132 muddy fine sand and contains polychaetes (*Magelona johnsoni*, *Nephtys* spp.) and bivalves  
133 (*Donax vittatus*) (Desroy et al., 2003).

134

**135 2.3 Particulate organic matter and sediment organic matter sampling**

136 The POM was sampled at the surface at high tide using sterile pots and then was conserved in  
137 a cool box. In the laboratory, the water was filtered through pre-combusted Whatman GF/F  
138 filters (0.45  $\mu\text{m}$  pore size, 47 mm diameter), with 3 replicates per site. The SOM was sampled  
139 at low tide by scraping the top first cm of sediment. Three replicates were performed at each  
140 site. The POM and SOM samples were conserved at  $-20\text{ }^{\circ}\text{C}$  in the laboratory until transfer for  
141 SIA.

142

**143 2.4 Microphytobenthos sampling**

144 Benthic diatoms were collected at the sites inside the estuary and in the surf zone at low tide  
145 by scraping the surface of the sediment and were then extracted according to the protocol of  
146 Riera et al. (1999). In the laboratory, we allowed MPB to migrate by leaving the sediment  
147 containing benthic diatoms in flat trays to form a layer 1 cm thick. A nylon screen (60  $\mu\text{m}$   
148 mesh) was placed on top of the sediment and covered with a layer of combusted sand powder  
149 (60-200  $\mu\text{m}$ ) 5 mm thick. The trays were illuminated until the first dense brown mats  
150 appeared on the surface. Meanwhile, the sand was kept moist by spraying filtered (GF/F)  
151 seawater from the sampling site. The top 2 mm of sand were removed and sieved over a 60  
152  $\mu\text{m}$  mesh nylon screen to separate the diatoms from the remaining sand and nematodes or  
153 copepods. The benthic diatoms were then collected on precombusted GF/F filters. Samples  
154 were conserved at  $-20\text{ }^{\circ}\text{C}$  until transfer for SIA.

155

**156 2.5 Benthic organism sampling**

157 In the surf zone (on both sides) and inside the estuary, macrobenthic fauna was sampled  
158 during low tide with a hand corer (0.025  $\text{m}^2$  area, 20 cm depth, 10 replicates for density and  
159 biomass, and as many as needed for SIA). At the subtidal site, macrobenthic organisms were  
160 sampled using a Van Veen grab (sampling an area of 0.1  $\text{m}^2$ , 10 replicates for density and  
161 biomass and as many as needed for SIA). Samples were washed, sieved through a 1 mm mesh  
162 size and then washed again with milli-Q water to avoid contamination. In the laboratory,  
163 benthic fauna was sorted and identified to the species level when is possible. Ash-free dry  
164 weight (AFDW) of benthic invertebrates was determined using the method recommended by  
165 the Benthos Ecology Working Group of the ICES (Hamilton and Kingston, 1985). The fauna  
166 was dried in an oven at  $60 \pm 1\text{ }^{\circ}\text{C}$  for at least 48 hours until a constant weight was obtained. It

167 was then weighed (with  $10^{-1}$  mg precision) and placed in an oven at  $520 \pm 20^{\circ}\text{C}$  for 6 h to  
168 calcinate the organic matter completely without altering the mineral matter, and the calcinated  
169 fauna was weighed again. The AFDW equalled the difference between the two weights.

170

## 171 **2.6 Fish, crab and shrimp sampling**

172 Fish, crabs and shrimps were sampled during daylight hours using a 1.5 m beam trawl, with  
173 one tickler chain and 5 mm mesh size in the cod end, towed by a semi-rigid boat against the  
174 current at 2 knots for 15 min. Fish, crabs and shrimp were identified to the species level,  
175 counted, and then measured (total length, with 1 mm precision).

176

## 177 **2.7 Stable isotope analyses**

178 Species selected for SIA were dominant in both abundance and biomass to obtain a synthetic  
179 image of the trophic structure within each community. As lipids are depleted in  $\delta^{13}\text{C}$   
180 compared to carbohydrates and proteins (DeNiro and Epstein, 1977; Griffiths, 1991), which  
181 indicates that fatty tissues tend to be isotopically lighter than leaner ones, trophic  
182 interpretations based on  $\delta^{13}\text{C}$  composition may be confounded by lipid effects (Bodin et al.,  
183 2007; Wada et al., 1993). To minimize these effects, mega- and macrofaunal (except for  
184 polychaetes) low-lipid muscle tissue was used for SIA. Polychaetes were analysed after  
185 removing their viscera by dissection. The valve muscle of bivalves, the abdomen muscle of  
186 shrimp, the muscle in crab pincers and the white dorsal muscle of fish (even small ones) were  
187 dissected and analysed for SIA. For other benthic organisms, the entire organism was  
188 analysed after removing the digestive tract, jaws and cerci. The tissues were then washed with  
189 milli-Q water to prevent contamination and freeze-dried before being encapsulated. For small  
190 benthic organisms (*Bathyporeia pilosa*, *Eurydice pulchra*, *Gastrosaccus spinifer*, *Haustorius*  
191 *arenarius*), each sample represented a combination of 2-4 individuals.

192 As fish size can influence isotope values, especially  $\delta^{15}\text{N}$ , due to ontogeny (Galván et al.,  
193 2010; Wilson et al., 2009), we carefully selected individuals of similar size across species in  
194 order to be sure that we select G0 juveniles. Before  $\delta^{13}\text{C}$  analyses, POM and MPB filters were  
195 divided into two subsamples: one was exposed to HCl vapour for 4 h to remove residual  
196 carbonates (Cresson et al., 2012) before being placed in tin cups (Lorrain et al., 2003), while  
197 the other was not treated and was used to measure  $\delta^{15}\text{N}$ . Sediment samples were dried at  $60^{\circ}\text{C}$   
198 for 24 h. They were divided into two subsamples: one was treated with HCl, to remove

199 carbonate, then rinsed three times with distilled water, and freeze-dried for 48 hours before  
200 encapsulation, while the other was encapsulated immediately after drying.

201  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  were measured using an elemental analyser Flash EA 2000 (Thermo  
202 Scientific), connected to an Isotope Ratio Mass Spectrometer (Delta V+) with a ConFlo IV  
203 interface (Thermo Scientific) at the Pôle Spectrométrie Océan in Plouzané, France. Replicate  
204 analyses of international IAEA and laboratory USGS standards provided analytical errors  
205  $<0.20\%$  for both  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ . Stable isotope ratios were expressed as parts per mil (‰) in  
206 the  $\delta$  notation relative to the Pee Dee Belemnite standard for carbon and atmospheric  $\text{N}_2$  for  
207 nitrogen using the formula:

$$208 \quad \delta X(\text{‰}) = [(R \text{ sample}/R \text{ standard}) - 1] \times 1000$$

209 where X is  $^{13}\text{C}$  or  $^{15}\text{N}$ , and R is the ratio of  $^{13}\text{C}:^{12}\text{C}$  or  $^{15}\text{N}:^{14}\text{N}$ .

210

## 211 **2.8 Data analysis**

### 212 2.8.1 Statistical analysis

213 We first tested the hypothesis that potential sources and prey for fish had significantly  
214 different isotopic compositions along the salinity gradient, and then that compositions at sites  
215 inside vs. outside of the estuary differed significantly. For all samples, two-way ANOVAs  
216 were performed separately for each ratio, factors are sites and seasons (after verifying that the  
217 assumptions of parametric tests were met). ANOVA was used to test differences in  $\delta^{13}\text{C}$  and  
218  $\delta^{15}\text{N}$  in the POM from the water sources, considering site and season effects. Biplots of  $\delta^{13}\text{C}$   
219 vs.  $\delta^{15}\text{N}$  were used to represent graphically means and standard deviations of isotopic  
220 compositions of all compartments of the entire food web in each habitat. Besides, we  
221 performed a Kruskal-Wallis test to test for fish species length homogeneity between sites and  
222 seasons.

223

### 224 2.8.2 Layman metrics

225 We assessed isotopic niches of fish by calculating the three Layman metrics (Layman et al.,  
226 2007): nitrogen range (NR), carbon range (CR) and total area (TA). We used a Bayesian  
227 approach based on multivariate ellipse-based metrics (Jackson et al., 2011), in which the  
228 location of the centroid represents the centre of the trophic niche in isotopic space. To  
229 describe the spread of data points, we calculated the parameters developed by Layman et al.



230 (2007). We constructed convex hulls to estimate the smallest TA that contained all individuals  
231 in the isotopic space. The TA can be interpreted as a measure of the total isotopic niche of a  
232 population (Layman et al., 2007). We estimated the niche width in each season using  
233 multivariate ellipse-based metrics (Jackson et al., 2011). The analysis generates standard  
234 ellipse areas (SEA), which are bivariate equivalents of standard deviations in univariate  
235 analyses.

236

### 237 3. Results

#### 238 3.1 Benthic communities and biomass

239 The upstream site was too muddy to sample benthic organisms. Among the five sites sampled  
240 in spring, we identified 1288 individuals that belonged to 51 taxa (Table 1). Mean  
241 macrobenthic species richness, abundance and biomass were higher outside than inside the  
242 estuary (Wilcoxon test,  $p < 0.0001$ ). Species richness was lowest in the middle of the estuary  
243 (6 species) but higher at the downstream site (16), Sainte Cécile beach (13), Le Touquet beach  
244 (11) and the subtidal site (32). The main species observed in the middle of the estuary were  
245 the polychaetes *Hedistes diversicolor* (326 ind.m<sup>-2</sup>; 2 011 mg.m<sup>-2</sup>) and the bivalve  
246 *Scorbicularia plana* (565 mg.m<sup>-2</sup>). The polychaete *Scolecopsis squamata* (823 ind.m<sup>-2</sup>; 3 445  
247 mg.m<sup>-2</sup>) and the bivalves *Limecola balthica* (1 282 mg.m<sup>-2</sup>) and *Cerastoderma edule* (640  
248 mg.m<sup>-2</sup>) dominated the downstream site. The two surf zone sites (Le Touquet and Sainte  
249 Cécile) were characterized by the polychaetes *S. squamata* (48-300 ind.m<sup>-2</sup>; 145-835 mg.m<sup>-2</sup>),  
250 *Nephtys cirrosa* (124-160 ind.m<sup>-2</sup>; 559-831 mg.m<sup>-2</sup>) and *Lanice conchylega* (1 022 mg.m<sup>-2</sup> at  
251 Sainte Cécile) and the bivalves *M. balthica* (153-1336 mg.m<sup>-2</sup>), *C. edule* (693 mg.m<sup>-2</sup> at  
252 Sainte Cécile) and *Fabulina fabula* (706 mg.m<sup>-2</sup> at Le Touquet). More diverse taxa (N = 32)  
253 and huge benthic biomass were observed at the subtidal site, which was dominated mainly by  
254 the bivalves *D. vittatus* (516 ind.m<sup>-2</sup>; 108 035 mg.m<sup>-2</sup>), *F. fabula* (412 ind.m<sup>-2</sup>; 12 906 mg.m<sup>-2</sup>)  
255 and *Ensis leei* (36 ind.m<sup>-2</sup>; 9 064 mg.m<sup>-2</sup>).

256



<i>Liocarcinus vermalis</i>					465.9	36
<i>Sigalion squamosus</i>					443.1	44
<i>Anapagurus hynchmanni</i>					377.4	12
<i>Nephtys assimilis</i>					244.3	4
<i>Lagis koreni</i>					218.7	36
<i>Phyllococe mucosa (P muc)</i>					144.4	244
Planarian					118.8	4
<i>Pinnotheres pisum</i>					74.6	12
Nemertians					42.2	32
<i>Eteone picta</i>					9.7	4
<i>Schistomysis kervillei</i>					8.4	4
<i>Diastylis rugosa</i>					5.8	4
<i>Capitella capitata (C cap)</i>					2.8	20
<i>Leucothoe incisa</i>					2.4	8
<i>Eumida sanguinea</i>					1.1	8
<i>Nototroptis swammerdami</i>					0.6	4
<i>Pariambus typicus</i>					0.5	4
<b>TOTAL</b>	<b>2 698.1</b>	<b>348</b>	<b>5 922.4</b>	<b>1 404</b>	<b>4 223.0</b>	<b>648</b>
					<b>3 356.0</b>	<b>292</b>
					<b>150 536.3</b>	<b>5 992</b>

### 259 3.2 Fish sampled for stable isotope analyses

260 Nine fish species (eight in spring and six in fall) were collected for SIA: *Buglossidium luteum*,  
261 *Dicentrarchus labrax*, *Limanda limanda*, *Platichthys flesus*, *Pleuronectes platessa*, *Solea*  
262 *solea*, *Sprattus sprattus*, *Pomatoschistus microps* and *Pomatoschistus minutus* (Table 2).  
263 Most individuals were G0 juveniles, except *P. microps*, *P. minutus*, *S. solea* and *P. platessa*  
264 (at the subtidal site in spring) and *P. flesus* (at Sainte Cécile beach in spring). *S. solea*, *L.*  
265 *limanda* and *B. luteum* were collected only outside the Canche estuary.  
266 In the fall, fish of the same species did not differ significantly in size among sites, except *P.*  
267 *flesus* ( $p = 0.020$ ,) and *S. sprattus* ( $p = 0.006$ ), which were smaller in the middle of the estuary  
268 than upstream or downstream. In spring, *P. platessa* were significantly longer at the subtidal  
269 site ( $p < 0.0001$ ). *P. flesus* were also significantly longer at Sainte Cécile than at the other  
270 sites ( $p = 0.003$ ). Inside the estuary, fish size varied between the two seasons for the four  
271 species caught in both spring and fall (*D. labrax*, *P. flesus*, *S. sprattus* and *P. platessa*;  $p <$   
272  $0.0001$ ).

273 Table 2. Total length (mean  $\pm$  standard error, cm) and samples size (n) of the nine fish species collected in the Canche estuary in two seasons  
 274 (fall and spring) analysed for carbon and nitrogen stable isotope composition.

Species	Season	Upstream		Middle		Downstream		Sainte Cécile beach		Le Touquet Beach		Subtidal	
		Length	n	Length	n	Length	n	Length	n	Length	n	Length	n
<i>Dicentrarchus labrax</i> (D lab)		5.9 $\pm$ 0.9	10	5.2 $\pm$ 0.9	10	6.3 $\pm$ 0.5	11						
<i>Platichthys flesus</i> (P fle)		6.0 $\pm$ 3.0	11	3.8 $\pm$ 0.2	10	6.9 $\pm$ 1.3	9						
<i>Pleuronectes platessa</i> (P pla)	Fall	6.9 $\pm$ 2.8	11	3.9 $\pm$ 0.2	6	6.6 $\pm$ 1.3	5						
<i>Sprattus sprattus</i> (S spr)		4.4 $\pm$ 0.2	5	3.8 $\pm$ 0.2	5	6.4 $\pm$ 1.2	9						
<i>Pomatoschistus microps</i> (P mic)		5.3 $\pm$ 0.5	5	4.1 $\pm$ 0.1	5	4.6 $\pm$ 0.7	5						
<i>Pomatoschistus minutus</i> (P min)						5.9 $\pm$ 0.3	5						
<i>Dicentrarchus labrax</i> (D lab)				8.2 $\pm$ 1.1	4	8.4 $\pm$ 0.5	3						
<i>Platichthys flesus</i> (P fle)		7.8 $\pm$ 2.8	4	6.4 $\pm$ 2.8	5	8.7 $\pm$ 5.2	4	13.0 $\pm$ 1.2	6	10.6 $\pm$ 3.1	5	7.0 $\pm$ 5.4	10
<i>Pleuronectes platessa</i> (P pla)				3.9 $\pm$ 4.8	5	4.6 $\pm$ 1.0	4	5.5 $\pm$ 7.4	5	7.1 $\pm$ 0.9	9	14.5 $\pm$ 5.2	4
<i>Sprattus sprattus</i> (S spr)		4.3 $\pm$ 3.0	10	4.8 $\pm$ 3.7	5	4.5 $\pm$ 0.4	3			6.4 $\pm$ 1.5	5		
<i>Pomatoschistus</i> sp. (P sp)	Spring			4.3 $\pm$ 2.8	4	4.8 $\pm$ 2.5	5						
<i>Solea solea</i> (S sol)								3.5 $\pm$ 2.4	7	3.7 $\pm$ 2.2	7	13.1 $\pm$ 2.1	8
<i>Buglossidium luteum</i> (B lut)								7.6 $\pm$ 3.8	5	4.1 $\pm$ 2.3	5	5.9 $\pm$ 4.2	5
<i>Limanda limanda</i> (L lim)												13.4 $\pm$ 1.0	6

### 275 3.3 Results of stable isotope analyses

#### 276 3.3.1 Food sources

277 The stable isotope composition of POM ranged from -29.70‰ to -20.15‰ for  $\delta^{13}\text{C}$  and 5.20-  
278 7.30‰ for  $\delta^{15}\text{N}$  (Table 3). POM  $\delta^{13}\text{C}$  differed significantly among sites ( $F = 9.536$ ;  $p <$   
279  $0.0001$ , ANOVA) and between seasons ( $F = 9.448$ ;  $p < 0.0001$ , ANOVA). In spring, mean  
280 POM  $\delta^{13}\text{C}$  was significantly lower inside the estuary ( $F = 9.536$ ;  $P < 0.0001$ ) and higher at the  
281 subtidal site ( $-20.89 \pm 0.10\%$ ) (Table 3). Mean  $\delta^{15}\text{N}$  also differed significantly among sites ( $F$   
282  $= 3.745$ ;  $P < 0.0001$ ) and between seasons ( $F = 3.762$ ;  $P < 0.0001$ ). POM  $\delta^{15}\text{N}$  was  
283 significantly higher at Le Touquet beach ( $7.30 \pm 0.01\%$   $P = 0.144$ , Kruskal-Wallis) (Table 3).  
284 The stable isotope composition of SOM ranged from -24.18‰ to -19.62‰ for  $\delta^{13}\text{C}$  and 4.67-  
285 7.19‰ for  $\delta^{15}\text{N}$  (Table 3) and differed significantly among sites and between seasons for both  
286  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ . The ANOVA revealed a site effect on  $\delta^{15}\text{N}$ , as well as a season effect, with the  
287 lowest values in spring, and a significant effect of the site  $\times$  season interaction ( $F = 10.548$ ,  $p$   
288  $< 0.0001$ ). SOM  $\delta^{13}\text{C}$  showed significant enrichment from upstream to downstream along the  
289 estuary in both spring ( $F = 9.352$ ,  $p < 0.0001$ ) and fall ( $F=4.531$ ,  $p < 0.0001$ ) (Table 3). The  
290 MBP had the most depleted  $\delta^{15}\text{N}$  ratios of the food sources sampled. The stable isotope  
291 composition of MPB ranged from -17.1‰ to -13.1‰ for  $\delta^{13}\text{C}$  and 3.66-6.44‰ for  $\delta^{15}\text{N}$   
292 (Table 3). MBP  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  did not differ significantly among sites or between seasons.

293

294 Table 3. Carbon and nitrogen stable isotope compositions (mean  $\pm$  standard error, ‰) of particulate organic matter (POM), sediment organic  
 295 matter (SOM) and microphytobenthos (MPB) inside (Upstream, Middle, Downstream) and outside (Sainte Cécile and Le Touquet beaches,  
 296 Subtidal) the Canche estuary in fall and spring. \*only one replicate.

season	Upstream		Middle		Downstream		Sainte Cécile beach		Le Touquet beach		Subtidal	
	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$
POM	6.61*	-29.70*	6.00 $\pm$ 0.05	-24.20 $\pm$ 0.14	6.96 $\pm$ 0.35	-27.43 $\pm$ 1.37						
SOM	6.00 $\pm$ 0.96	-24.18 $\pm$ 0.46	7.19 $\pm$ 0.62	-23.04 $\pm$ 0.36	6.07 $\pm$ 0.57	-22.09 $\pm$ 0.80						
MPB	6.44 $\pm$ 1.90	-17.11 $\pm$ 0.85	3.66 $\pm$ 1.75	-16.18 $\pm$ 0.44	5.94 $\pm$ 0.75	-16.12 $\pm$ 0.48						
POM	5.20 $\pm$ 0.66	-29.16 $\pm$ 0.21	6.57 $\pm$ 0.07	-20.89 $\pm$ 0.10	5.96 $\pm$ 1.24	-22.43 $\pm$ 1.24	6.08 $\pm$ 0.72	-20.15 $\pm$ 0.23	7.30 $\pm$ 0.01	-20.89 $\pm$ 0.10	6.50 $\pm$ 0.40	-20.50 $\pm$ 0.17
SOM	5.46 $\pm$ 0.01	-24.18 $\pm$ 0.16	5.39 $\pm$ 0.06	-19.62 $\pm$ 0.05	4.67 $\pm$ 0.94	-19.98 $\pm$ 0.20	4.80 $\pm$ 0.72	-19.95 $\pm$ 0.92				
MPB			6.40 $\pm$ 0.59	-16.13 $\pm$ 0.34	5.12 $\pm$ 0.37	-15.71 $\pm$ 1.41	6.42 $\pm$ 0.16	-15.52 $\pm$ 0.65	4.88 $\pm$ 0.49	-13.14 $\pm$ 0.56		

## 297 3.3.2 Isotopic compositions of benthic communities

298 Inside the estuary, the benthic invertebrate community followed the same isotopic trend in  
299 both seasons. The bivalve *Scrobicularia plana* and polychaetes *H. diversicolor* and *N. cirrosa*  
300 had the lowest  $\delta^{13}\text{C}$  values (-20‰ to -18‰), while the crustaceans *Carcinus maenas* and  
301 *Crangon crangon* had the highest  $\delta^{13}\text{C}$  values (-16‰ to -15‰) (Figures 2 and 3). The  
302 suspension feeder *L. balthica* (7.9-9.9‰) and the deposit feeders *S. squamata* (8.2-10.2‰)  
303 and *S. plana* (8.4-9.2‰) had the lowest  $\delta^{15}\text{N}$  values, while the crustaceans *C. crangon* and *C.*  
304 *maenas* (11.3-12.6‰) had the highest  $\delta^{15}\text{N}$  values (Appendix 1, Appendix 2).

305 Outside the estuary, *S. squamata* (-18.8‰), *L. conchylega* (-18.6±0.4‰) and *E. pulchra*  
306 (-20.4±0.9‰) had the lowest  $\delta^{13}\text{C}$  values, while the predatory *C. maenas*, *C. crangon* and *N.*  
307 *cirrosa* (-17.1‰ to -15.2‰) had the highest  $\delta^{13}\text{C}$  values (Appendix 1). The suspension  
308 feeders *D. vittatus*, *L. balthica* and *L. conchylega* had the lowest  $\delta^{15}\text{N}$  values (7.1-9.6‰),  
309 while the predatory shrimp *C. crangon* had the highest  $\delta^{15}\text{N}$  values (13.6‰) (Appendix 1).

310 In spring, the mean  $\delta^{13}\text{C}$  values for *C. crangon* and *C. maenas* were significantly lower inside  
311 the estuary (*C. crangon*: -18.3±0.9‰ at the upstream site to -15.5±0.7‰ at Sainte Cécile  
312 beach; *C. maenas*: -17.4±0.5‰ at the upstream site to -15.2±0.2‰ at the intertidal site).

313

## 314 3.3.3 Isotopic composition of fish

315 Inside the estuary in both seasons, *P. flesus* had the lowest  $\delta^{13}\text{C}$  values (-24.2‰ to -16.8‰),  
316 while in the fall, *P. microps* had the highest  $\delta^{13}\text{C}$  values (-15.9‰ to -14.8‰). Inside the  
317 estuary in the fall, all  $\delta^{15}\text{N}$  values exceeded 13‰, except for *P. flesus* (12.5±0.6‰) and *P.*  
318 *platessa* (12.4±0.2‰), both downstream. Fish  $\delta^{15}\text{N}$  was lower in spring (11.5-13.1‰),  
319 except for *D. labrax* (ca. 14‰). Thus, inside the estuary we observed enrichment of  
320 organisms from upstream to downstream (Figure 2). Outside the estuary in spring, carbon  
321 ratios displayed the same patterns, with  $\delta^{13}\text{C}$  values lowest for *P. flesus* (-20.7‰ to -17.2‰)  
322 and highest for *P. microps* (-15.6±0.3‰). Fish had a wider range of  $\delta^{15}\text{N}$  (10.2-13.8‰)  
323 outside the estuary than inside.

324

## 325 3.3.4 Fish isotopic niches

326 Inside the estuary, isotopic niches overlapped strongly in fall, except for *P. platessa*, which  
327 occupied a distinct isotopic space (Figure 4A). All niches overlapped in spring, except for two  
328 pelagic fish (*S. sprattus* and *D. labrax*), which had distinct isotopic niches (Figure 4B). Inside



329 the estuary, total fish SEAc (corrected SEA) were larger in spring (21.79%) than in fall  
 330 (13.96%). In spring, fish isotopic niches were smaller outside the estuary than inside.

331 Table 5. The core isotopic niche area (SEAc, %), carbon range (CR) and nitrogen range (NR)  
 332 for fish species sampled inside and outside the Canche estuary in fall and spring.

Species	Fall			Spring					
	Inside			Inside			Outside		
	SEAc	CR	NR	SEAc	CR	NR	SEAc	CR	NR
<i>Pomatoschistus minutus</i>	17.58	9.01	2.63						
<i>Platichthys flesus</i>	16.41	7.67	3.59	23.49	8.50	4.74	12.79	4.77	3.95
<i>Pomatoschistus microps</i>	14.74	7.62	3.10						
<i>Dicentrarchus labrax</i>	13.28	7.19	2.68	17.60	7.30	4.17			
<i>Pleuronectes platessa</i>	5.45	6.99	2.86	25.04	8.86	4.67	14.65	6.50	3.59
<i>Pomatoschistus</i> sp				20.05	7.95	4.56			
<i>Sprattus sprattus</i>				18.92	8.43	3.89			
<i>Buglossidium luteum</i>							12.95	5.26	3.84
<i>Limanda limanda</i>							12.44	5.06	3.99
<i>Solea solea</i>							14.14	5.09	4.29
<b>Total</b>	<b>13.96</b>	<b>8.00</b>	<b>2.39</b>	<b>21.79</b>	<b>8.34</b>	<b>4.42</b>	<b>12.75</b>	<b>5.41</b>	<b>3.55</b>

333

334

335

336

337

## 338 4. Discussion

### 339 4.1 Origin of and variability in organic matter in the Canche estuary

340 As estuaries are complex and changing ecosystems, it is challenging to distinguish the sources  
341 of organic matter at the base of food webs (Pasquaud et al., 2008; Selleslagh and Amara,  
342 2015). Organic matter is a major component of suspended particles and fine sediment  
343 particles that determine many biogeochemical processes in marine environments (Bernasconi  
344 et al., 1997; Chen et al., 2012). Two natural sources of organic matter are generally  
345 considered in coastal ecosystems: allochthonous inputs and autochthonous production  
346 (Antonio and Richoux, 2014; Luo et al., 2016). Major sources of autochthonous organic  
347 matter include phytoplankton and aquatic macrophytes (Dalu and Froneman, 2016; Pearson et  
348 al., 2015). In estuarine ecosystems, organic matter of terrestrial origin is a major contributor  
349 to allochthonous organic matter (Duan et al., 2014; Lu et al., 2013). Analysis of the carbon  
350 and nitrogen stable isotopic compositions of estuarine organic matter can identify their  
351 contributions to the food web (Darnaude et al., 2004; Evans et al., 2019). Generally, POM in  
352 estuaries is composed of river POM (mixture of terrestrial POM and freshwater  
353 phytoplankton), estuarine-produced and marine phytoplankton, resuspended  
354 microphytobenthos and diverse detritus (e.g. faeces, macrophytes), which can make  
355 interpretation difficult (Kang et al., 2006).

356 In the Canche estuary, the POM stable isotopic signatures indicated a mixed organic matter  
357 composition that included freshwater/estuarine phytoplankton ( $\delta^{13}\text{C}$  ranging from -29‰  
358 to -20‰), with a clear increase in POM  $\delta^{13}\text{C}$  values from fresh to marine waters, similar to  
359 previous estuarine studies in the Bay of Marennes-Oléron (Riera and Richard, 1996), the  
360 Vilaine estuary (Kostecki et al., 2010) and the Gironde estuary (Selleslagh et al., 2015). In the  
361 Canche estuary, salinity exhibits short-term changes, with a large amplitude from 0-35 due to  
362 the small size of the estuary, tide conditions, season and weather conditions (Amara et al.,  
363 2009; Selleslagh and Amara, 2008). MPB that live in intertidal flats in estuaries can  
364 contribute much of the total primary production in estuaries (Underwood and Kromkamp,  
365 1999). MPB on intertidal flats is composed mainly of benthic diatoms (Méléder et al., 2007)  
366 and several studies have emphasised its key role in sustaining intertidal food webs  
367 (Christianen et al., 2017; Herman et al., 2000; Thrush et al., 2012). In the Canche estuary, the  
368 MPB is one of the main primary producers and could therefore be an important source of  
369 organic matter for benthic invertebrates. As in other European estuaries, the Canche MPB had  
370 the highest enriched carbon ratios (-17‰ to -15‰) among food sources, which allowed it to  
371 be traced in its consumers (Moens et al., 2002; Moncreiff and Sullivan, 2001; Riera and

372 Richard, 1996). SOM is a mixture of benthic and deposited pelagic microalgae, bacteria,  
373 aquatic and terrestrial plant debris and meiofauna. In the Canche estuary, SOM and POM  
374  $\delta^{13}\text{C}$  followed the same trend, with the lowest values upstream and highest values  
375 downstream due to the presence of freshwater phytoplankton, as measured in other nearby  
376 estuaries (Lambert et al., 2017; Middelburg and Nieuwenhuize, 1998).

377 In estuaries, variations in amounts and origins of nutrients such as nitrogen are common along  
378 salinity gradients, with a decrease in concentrations from fresh to marine waters due to  
379 mixing, which can be traced in food webs (Baeta et al., 2009; Connolly et al., 2013). The  
380 extent of nutrient mixing in estuaries varies spatially according to estuary size, and temporally  
381 at the seasonal and daily scales due to changing tides, wind, precipitation and temperature  
382 (Baeta et al., 2009; Hoeninghaus et al., 2011; Lautenschlager et al., 2014).  $\delta^{15}\text{N}$  can be an  
383 accurate tracer for nitrogen inputs that originate from untreated domestic, industrial and/or  
384 agricultural activities that are incorporated in the food web through assimilation by primary  
385 producers (Fry, 2002). In the Canche estuary, POM, SOM and MPB  $\delta^{15}\text{N}$  were similar along  
386 the salinity gradient during the same season, highlighting the relatively low nitrogen input  
387 from the watershed (Guelinckx et al., 2006) due to the short length of the Canche river and  
388 the low human modification of its catchment (Amara et al., 2007; Durou et al., 2007).

389

#### 390 **4.2 Structure of invertebrate communities**

391 Two benthic communities were found in the Canche estuary: i) *S. squamata*/*E.*  
392 *pulchra*/*Bathyporeia* spp. (EUNIS A2.223), which corresponds to estuarine mid-shore  
393 medium-fine sand, and ii) *H. diversicolor*/*S. plana* on the upper shore mud banks (EUNIS  
394 A2.24; Rolet et al., 2015). Outside the estuary, Sainte Cécile and Le Touquet beaches were  
395 characterized by a low-shore fine sand *N. cirrosa*/*S. squamata* community (EUNIS A2.23),  
396 while the subtidal site had a muddy fine sand *Abra alba*/*D. vittatus*/*F. fabula* community  
397 (Desroy et al., 2003; Rolet et al., 2015). This distribution of benthic invertebrate communities  
398 is also present in the nearby estuaries of the Authie and Somme Rivers (Rolet et al., 2015).  
399 Biomasses inside the estuary and on adjacent beaches were lower (2.6-6.0 g AFDW.m<sup>-2</sup>) than  
400 in the subtidal *A. alba* community (150 g AFDW.m<sup>-2</sup>) dominated by the bivalve *D. vittatus*. In  
401 the EEC, benthic biomass within the *A. alba* community is heterogeneous, with a mean of 8.1  
402 g AFDW.m<sup>-2</sup> (Desroy et al., 2003), and a higher biomass ranging from 23.5-27.5 g AFDW.m<sup>-2</sup>  
403 in the Seine Bay (Thiébaud et al., 1997) and from 45-3 000 g AFDW.m<sup>-2</sup> in Gravelines  
404 (Desroy et al., 2003; Dewarumez et al., 1992; Ghertsos et al., 2000). This high subtidal

405 biomass of potential flatfish prey (mainly bivalves) outside the estuary created a major  
406 feeding ground for flatfish species.

407 One objective of the study was to assess the origin of the food source consumed by potential  
408 prey throughout the estuary, from the intertidal zone upstream of the Canche estuary, with  
409 low benthic species diversity and biomass, to the subtidal zone outside the estuary, with  
410 higher species diversity and biomass. In the Canche estuary, suspension and deposit feeders  
411 dominated the benthic invertebrate biomass. Their feeding activity is an important connection  
412 between suspended and sedimented organic matter originating from POM, SOM or MPB  
413 (Little, 2000; Mann and Wetzel, 2000). However, it is often difficult to distinguish food  
414 sources of macrozoobenthos in estuaries due to spatio-temporal variability in the isotopic  
415 compositions of food sources along the salinity gradient, and because macrofauna feed on  
416 different food sources and have plastic feeding behaviour depending on the environmental  
417 conditions (Daggers et al., 2020; Herman et al., 2000). Nevertheless, benthic primary  
418 consumers had higher  $\delta^{13}\text{C}$  (around  $-20$  to  $-16\text{‰}$ ) than fresh water POM (around  $-30\text{‰}$ ),  
419 revealing the latter's low contribution to the trophic functioning of the estuary. This finding,  
420 even in the upstream of the estuary, may be due to the relatively weak flow of the Canche  
421 River and consequently the small amount of organic matter that it carries (Selleslagh and  
422 Amara, 2008). Thus, we can hypothesize that the marine POM, SOM and MPB which  $\delta^{13}\text{C}$   
423 composition are around  $-22$  to  $-15\text{‰}$  are the main food sources for the benthic community  
424 inside the estuary. However, it may be difficult to distinguish suspension and deposit feeders  
425 isotopically as their feeding behaviour does not provide information about the origin of their  
426 food; for example, suspension feeders can consume resuspended MPB, while deposit feeders  
427 can consume sediment POM (Kang et al., 2015).

428

#### 429 **4.3 Fish structure and seasonal variations**

430 Two fish assemblages were observed, one inside the Canche estuary (*P. minutus*, *P. microps*  
431 and *D. Labrax* juveniles) and the other outside the estuary (*B. luteum*, *S. solea* and *L. limanda*  
432 juveniles). *P. flesus* and *P. platessa* juveniles occurred in both assemblages (Selleslagh and  
433 Amara, 2008). In both seasons in upstream Canche, *P. flesus* juveniles had the lowest  $\delta^{13}\text{C}$   
434 values, 5 to 8% away from that of the freshwater POM, revealing a slight contribution of  
435 organic matter from freshwater. This could be due to the diet of *P. flesus* juveniles, which is  
436 composed of meiofauna (nematodes, harpacticoides and ostracods (Aarnio et al., 1996;  
437 Selleslagh and Amara, 2015)) that may consume SOM. Conversely, *P. microps* had the  
438 highest  $\delta^{13}\text{C}$  values, which were similar to those of MPB, revealing the contribution of MPB

439 to the feeding of *P. microps* prey. Previous studies indicated that *P. microps* feeds mainly on  
440 amphipods, polychaetes and meiofauna (Leclerc et al., 2014; Selleslagh and Amara, 2015).  
441 MPB production is high on the intertidal mud banks of the Canche estuary and provides food  
442 for the potential prey of *P. microps*. Inside the estuary, the other fish species (e.g. *D. labrax*,  
443 *P. minutus* or *S. sprattus*) had  $\delta^{13}\text{C}$  values from -19 to -17‰ upstream to -16‰ downstream,  
444 close to those of marine POM (around -20‰) and MPB (-16‰) revealing a food source  
445 originating from both marine POM and MPB.

446 The seasonal comparison of fish SEA in the Canche estuary is informative, as the isotopic  
447 space occupied is smaller in spring than in fall. Thus, a wider range of prey appears to be  
448 consumed in the fall. This could be due to the higher biomass and diversity of coastal benthic  
449 invertebrates at the end of summer compared to the lower benthic biomass in spring (Rauch  
450 and Denis, 2008). In the fall, SEA of the two *Pomatoschistus* sp. did not overlap, unlike  
451 *Platichthys flesus* and *Pleuronectes platessa* that inhabit the Canche estuary, which confirms  
452 that their diet may differ (Salgado et al., 2004; Selleslagh and Amara, 2015). Conversely, the  
453 SEA of *P. flesus* and *P. platessa* overlapped in spring, perhaps due to the smaller amount of  
454 available prey (Pape and Bonhommeau, 2015).

455 Outside the estuary, the  $\delta^{13}\text{C}$  values of flatfish juveniles (*B. luteum*, *S. solea*, *L. limanda*) were  
456 ca. -16‰, revealing MPB and POM to be a major basic food source, except for *P. platessa*,  
457 which had much lower  $\delta^{13}\text{C}$  values, similar to those found in the estuary. This suggests that *P.*  
458 *platessa* individuals caught outside the Canche estuary did not feed exclusively in the habitat  
459 in which they were collected, which indicates that this species has high mobility and habitat  
460 connectivity.

461 Flatfish SEA indicates a slight isotopic niche overlap of *S. solea*, *B. luteum* and *L. limanda*,  
462 which suggests trophic segregation of the three species. Conversely, the SEA of *P. flesus*  
463 completely overlapped those of juveniles of these flatfish species, which indicates that *P.*  
464 *flesus* consumes a wider range of prey and may have trophic competition with the three other  
465 flatfish species. Juvenile fish in estuaries usually follow an opportunistic feeding strategy,  
466 which is driven by intra- and inter-specific competition (Brown et al., 2019; Post et al., 1999)  
467 and prey availability.

468

## 469 **5. Conclusion**

470 We showed a significant difference in invertebrate biomass between subtidal and intertidal  
471 sites, which influences the quality of the feeding ground for juvenile fish. This is a classic

472 situation in European estuaries (Dubois et al., 2014). This result provides a new vision of the  
473 Canche estuary, which has been considered an important feeding ground for marine fish.  
474 Our study revealed that ~~these~~ continental inputs have a minor role in the functioning of the  
475 Canche estuary and that fish species might visit the estuary for reasons other than feeding,  
476 such as to avoid predation or because they are carried by the tide. We highlighted the need to  
477 take into account the whole small macrotidal estuary and adjacent ecosystems to better  
478 describe the flatfish nursery. This work demonstrated that potential prey and feeding sources  
479 for fish had habitat-specific compositions, which confirms the suitability of SIA for tracing  
480 fish movements, fidelity and connectivity inside and outside the Canche estuary for sites less  
481 than 10 km apart. Estuarine nursery feeding grounds, even in small estuaries, appear to be  
482 complex due to the mosaic of benthic communities (potential prey), which are related to the  
483 habitat (e.g. sediment type, foreshore position, salinity fluctuations) and to trophic  
484 competition and predation.

485

#### 486 **Acknowledgements**

487 The authors would like to acknowledge the University of Littoral Opal Coast, the University  
488 of Badji Mokhtar Annaba and the Parc Naturel Marin des Estuaires Picards et de la Mer  
489 d'Opale that funded this work.

490

491

492

493

494

495

496

497

498

499

500

501

502

503

504

505

506

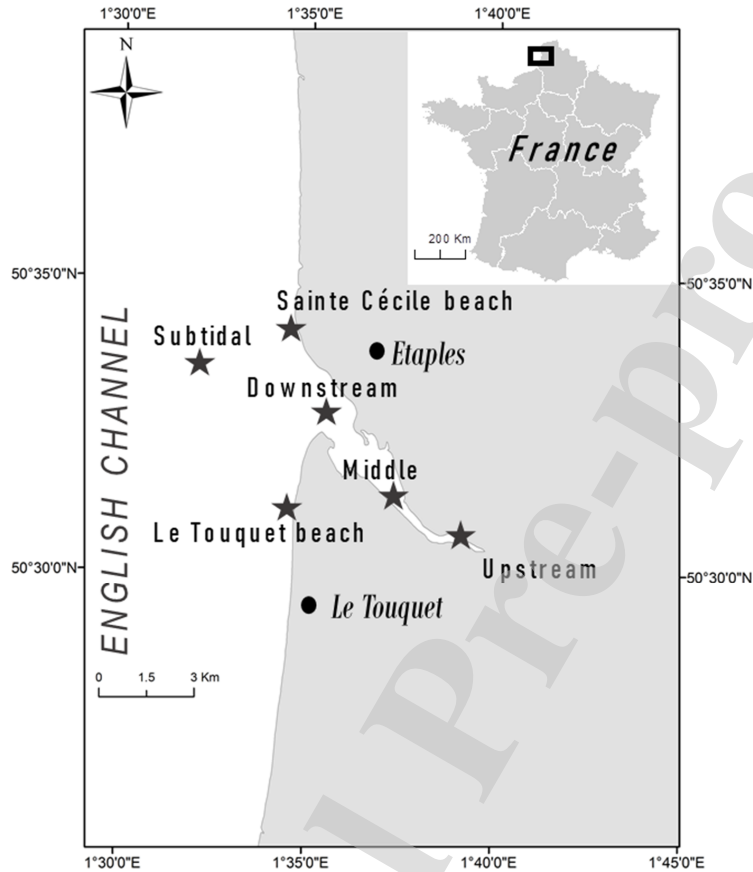
507

508

509

510

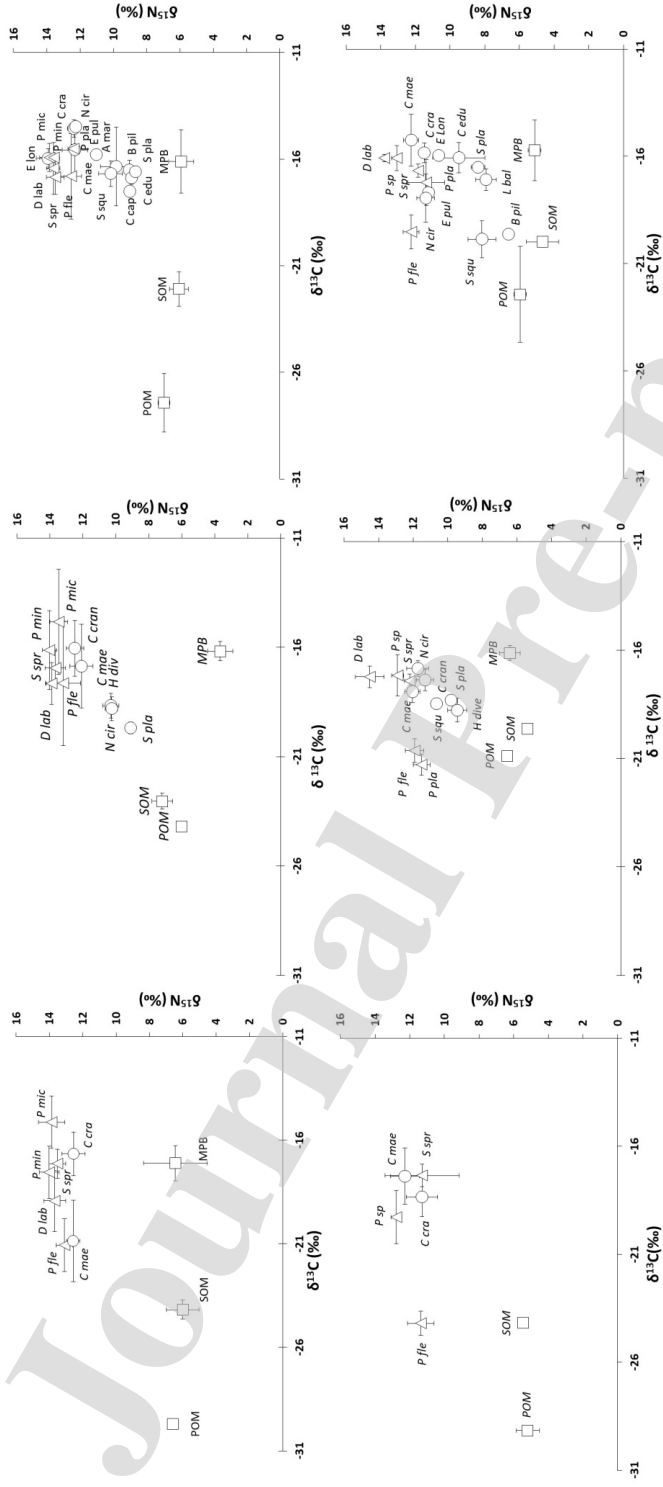
511



512 Figure 1. Map of the Canche estuary showing the sampling sites (stars) inside the estuary  
 513 (upstream, middle, and downstream) and outside the estuary (surf zone (Sainte Cécile and Le  
 514 Touquet beaches) and subtidal site).

515

516

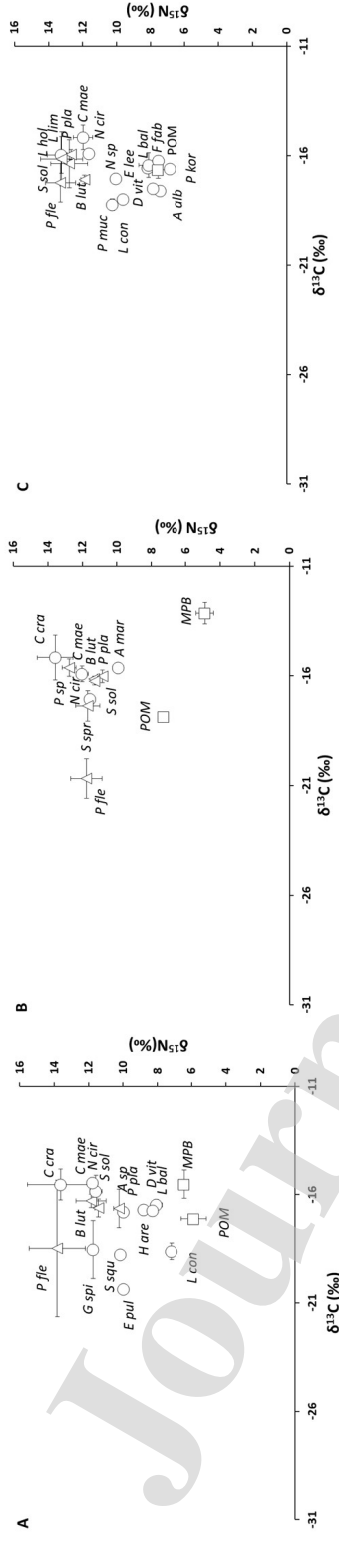


517

518 Figure 2. Mean ( $\pm$  standard deviation)  $\delta^{13}\text{C}$  vs.  $\delta^{15}\text{N}$  biplots of the food sources ( $\square$ ), invertebrates ( $\circ$ ), and fish ( $\Delta$ ) inside the Canche estuary in  
 519 the fall (A: upstream, B: middle, C: downstream) and spring (D: upstream and spring (D: upstream, E: middle, F: downstream). See Tables 2 and 4 for abbreviations.

520





521

522 Figure 3. Mean ( $\pm$  standard deviation)  $\delta^{13}\text{C}$  vs.  $\delta^{15}\text{N}$  biplots of the food sources ( $\square$ ), invertebrates ( $\circ$ ), and fish ( $\Delta$ ) outside the Canche estuary in

523 the fall (A: Sainte Cecile beach, B: Le Touquet beach, C: subtidal site). See Tables 2 and 4 for abbreviations.

524



531 **Appendix 1.** Macrobenthic carbon and nitrogen stable isotope compositions (mean  $\pm$  standard error, ‰), and number of individuals analysed (N)  
 532 in spring

Species	Upstream			Middle			Downstream			Saint Cécile Beach			Le Touquet Beach			Subtidal			
	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	
<i>Scorbiçularia plana</i> (S pla)	3	9.2 $\pm$ 0.1	-18.9 $\pm$ 0.1	3	8.4 $\pm$ 0.4	-16.5 $\pm$ 0.1													
<i>Hediste diversicolor</i> (H div)	3	9.4 $\pm$ 0.5	-18.8 $\pm$ 0.5																
<i>Scoletopsis squamata</i> (S squ)	2	10.7	-18.4	4	8.2 $\pm$ 0.8	-19.9 $\pm$ 0.8	2	10.2	-18.8	3	8.1 $\pm$ 0.6	-16.4 $\pm$ 0.3							
<i>Limicola balhica</i> (L bal)				4	7.9 $\pm$ 0.6	-17.1 $\pm$ 0.5	2	8.2	-16.7										
<i>Cerastoderma edule</i> (Cedu)				5	9.5 $\pm$ 1.5	-16.1 $\pm$ 0.7	4	7.1 $\pm$ 0.1	-18.6 $\pm$ 0.4	2	9.6	-18.0							
<i>Lanice conchilega</i> (L con)							5	8.1 $\pm$ 1.3	-16.5 $\pm$ 0.5	3	7.8 $\pm$ 0.2	-17.5 $\pm$ 0.3							
<i>Donax vittatus</i> (D vit)				2	8.8	-16.7	2	8.8	-16.7										
<i>Hauistorius arenarius</i> (H are)				2	9.9	-16.8	2	9.9	-16.8	1	9.9	-15.6							
<i>Arenicola marina</i> (A mar)																			
<i>Abra alba</i> (A alb)																			
<i>Fabulina fabula</i> (F fab)																			
<i>Ensis leei</i> (E lee)																			
<i>Crangon crangon</i> (C cra)	6	11.3 $\pm$ 0.9	-18.3 $\pm$ 0.9	5	11.5 $\pm$ 0.2	-15.8 $\pm$ 0.5	6	13.6 $\pm$ 1.9	-15.5 $\pm$ 0.7	7	13.6 $\pm$ 1.0	-15.6 $\pm$ 0.3							
<i>Carcinus maenas</i> (C mae)	6	12.3 $\pm$ 1.3	-17.4 $\pm$ 0.5	5	12.3 $\pm$ 0.4	-15.3 $\pm$ 1.2	4	11.6 $\pm$ 0.3	-15.8 $\pm$ 0.7	4	12.0 $\pm$ 0.3	-15.9 $\pm$ 1.0							
<i>Nephtys cirrosa</i> (N cir)				2	11.4	-17.9	2	11.8	-15.5	2	11.6	-17.1							
<i>Eteone longa</i> (E lon)				1	10.7	-15.9	1	10.7	-15.9										
<i>Eurydice pulchra</i> (E pul)				3	11.7 $\pm$ 0.6	-16.8 $\pm$ 0.4	3	11.3 $\pm$ 0.1	-21.9 $\pm$ 0.6	3	9.1 $\pm$ 0.9	-20.4 $\pm$ 0.9							
<i>Gastrosaccus spinifer</i> (G spi)																			
<i>Nemertes</i> sp																			
<i>Phyllodoce mucosa</i> (P muc)																			
	3	10.0 $\pm$ 0.2	-17.0 $\pm$ 0.5	3	11.7 $\pm$ 0.1	-18.5 $\pm$ 1.3													
	5	10.2 $\pm$ 0.3	-18.2 $\pm$ 1.5																

533

534 **Appendix 2.** Macrobenthic carbon and nitrogen stable isotope compositions (mean  $\pm$  standard  
 535 error, ‰), and the number of individuals analysed (N) in the fall

Trophic position	Species	Upstream			Middle			Downstream		
		N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	N	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$
primary consumers	<i>Scrobicularia plana</i> ( <i>S pla</i> )				5	9.1 $\pm$ 0.2	-19.7 $\pm$ 0.2	3	8.7 $\pm$ 0.2	-16.6 $\pm$ 0.1
	<i>Hediste diversicolor</i> ( <i>H div</i> )				10	10.3 $\pm$ 0.5	-18.7 $\pm$ 0.6			
	<i>Scolecipis squamata</i> ( <i>S squ</i> )							4	10.2 $\pm$ 0.7	-16.7 $\pm$ 0.6
	<i>Limecola balthica</i> ( <i>L bal</i> )							5	9.9 $\pm$ 0.3	-16.1 $\pm$ 0.5
	<i>Cerastoderma edule</i> ( <i>C edu</i> )							7	8.9 $\pm$ 0.1	-16.9 $\pm$ 0.3
secondary consumers	<i>Crangon crangon</i> ( <i>C cra</i> )	10	12.6 $\pm$ 0.7	-16.7 $\pm$ 1.0	9	12.5 $\pm$ 0.5	-16.0 $\pm$ 1.2	8	12.4 $\pm$ 0.9	-14.6 $\pm$ 0.4
	<i>Carcinus maenas</i> ( <i>C mae</i> )	5	12.7 $\pm$ 0.4	-20.9 $\pm$ 1.9	6	12.1 $\pm$ 0.7	-16.9 $\pm$ 2	7	12.3 $\pm$ 0.8	-15.6 $\pm$ 1.0
	<i>Nephtys cirrosa</i> ( <i>N cir</i> )				5	10.3 $\pm$ 0.4	-18.8 $\pm$ 0.5	3	12.3 $\pm$ 1.1	-14.5 $\pm$ 1.2
	<i>Eteone longa</i> ( <i>E lon</i> )							2	13.9	-15.9
	<i>Eurydice pulchra</i> ( <i>E pul</i> )							4	11.0 $\pm$ 0.3	-15.8 $\pm$ 0.2

536

537 **Appendix 3.** Fish carbon and nitrogen stable isotope compositions (mean  $\pm$  standard error, ‰) in fall and spring

Species (abbreviation)	Inside				Outside						
	Upstream		Middle		Downstream		Saint Cécile Beach		Le Touquet Beach		
	fall	spring	fall	spring	fall	spring	spring	spring	spring	spring	
$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{15}\text{N}$
<i>Pomatoschistus microps</i> (P mic)	-15.1 $\pm$ 1.2	13.9 $\pm$ 0.8	-14.8 $\pm$ 2.4	13.4 $\pm$ 0.5	13.8 $\pm$ 0.5	13.8 $\pm$ 0.6					
<i>Sprattus sprattus</i> (S spr)	-17.1 $\pm$ 0.7	13.5 $\pm$ 0.5	-16.6 $\pm$ 0.8	13.7 $\pm$ 0.6	-16.8 $\pm$ 0.8	13.5 $\pm$ 0.8	-16.7 $\pm$ 0.3	11.9 $\pm$ 0.1		-17.4 $\pm$ 0.6	11.7 $\pm$ 0.7
<i>Pomatoschistus minutus</i> (P min)	-17.6 $\pm$ 1.3	14.0 $\pm$ 0.6	-16.1 $\pm$ 1.8	13.7 $\pm$ 0.6	-15.9 $\pm$ 0.2	13.6 $\pm$ 0.1					
<i>Dicentrarchus labrax</i> (D lab)	-18.9 $\pm$ 1.5	13.7 $\pm$ 0.7	-17.7 $\pm$ 1.0	13.9 $\pm$ 0.3	-16.4 $\pm$ 1.2	13.6 $\pm$ 0.3	-16.1 $\pm$ 0.2	13.8 $\pm$ 0.1			
<i>Platichthys flesus</i> (P fle)	-21.1 $\pm$ 1.3	13.1 $\pm$ 0.5	-17.6 $\pm$ 2.8	13.2 $\pm$ 1.0	-16.8 $\pm$ 2	12.5 $\pm$ 0.6	-19.5 $\pm$ 0.9	12.3 $\pm$ 0.5		-20.7 $\pm$ 0.5	11.8 $\pm$ 0.9
<i>Buglossidium luteum</i> (B lut)										-16.2 $\pm$ 0.3	11.8 $\pm$ 0.9
<i>Pomatoschistus</i> sp (P sp)										-15.6 $\pm$ 0.3	12.7 $\pm$ 0.3
<i>Limanda limanda</i> (L lim)											
<i>Pleuronectes platessa</i> (P pla)										-16.0 $\pm$ 0.6	10.8 $\pm$ 0.3
<i>Solea solea</i> (S sol)										-16.3 $\pm$ 0.5	11.3 $\pm$ 0.2
										-16.4 $\pm$ 0.6	12.8 $\pm$ 1
										-15.9 $\pm$ 0.7	12.7 $\pm$ 0.2
										-16.2 $\pm$ 0.6	13.2 $\pm$ 1.2

538

## 539 References

- 540 Aarnio, K., Bonsdorff, E., Rosenback, N., 1996. Food and feeding habits of juvenile flounder  
541 *Platichthys flesus* (L.), and turbot *Scophthalmus maximus* L. in the Åland archipelago,  
542 northern Baltic Sea. *Journal of Sea Research* 36, 311–320. [https://doi.org/10.1016/S1385-1101\(96\)90798-4](https://doi.org/10.1016/S1385-1101(96)90798-4)
- 544 Amara, R., 2003. Seasonal Ichthyodiversity and Growth Patterns of Juvenile Flatfish on a Nursery  
545 Ground in the Southern Bight of the North Sea (France). *Environmental Biology of*  
546 *Fishes* 67, 191–201. <https://doi.org/10.1023/A:1025646622066>
- 547 Amara, R., Laffargue, P., Dewarumez, J.M., Maryniak, C., Lagardère, F., Luzac, C., 2001. Feeding  
548 ecology and growth of 0-group flatfish (sole, dab and plaice) on a nursery ground (Southern  
549 Bight of the North Sea). *Journal of Fish Biology* 58, 788–803. <https://doi.org/10.1111/j.1095-8649.2001.tb00531.x>
- 551 Amara, R., Meziane, T., Gilliers, C., Hermel, G., Laffargue, P., 2007. Growth and condition indices in  
552 juvenile sole *Solea solea* measured to assess the quality of essential fish habitat. *Marine*  
553 *Ecology Progress Series* 351, 201–208. <https://doi.org/10.3354/meps07154>
- 554 Amara, R., Paul, C., 2003. Seasonal patterns in the fish and epibenthic crustaceans community of an  
555 intertidal zone with particular reference to the population dynamics of plaice and brown  
556 shrimp. *Estuarine, Coastal and Shelf Science* 56, 807–818. [https://doi.org/10.1016/S0272-7714\(02\)00315-3](https://doi.org/10.1016/S0272-7714(02)00315-3)
- 558 Amara, R., Selleslagh, J., Billon, G., Minier, C., 2009. Growth and condition of 0-group European  
559 flounder, *Platichthys flesus* as indicator of estuarine habitat quality. *Hydrobiologia* 627, 87.  
560 <https://doi.org/10.1007/s10750-009-9717-9>
- 561 Antonio, E.S., Richoux, N.B., 2014. Trophodynamics of three decapod crustaceans in a temperate  
562 estuary using stable isotope and fatty acid analyses. *Marine Ecology Progress Series* 504,  
563 193–205. <https://doi.org/10.3354/meps10761>
- 564 Baeta, A., Pinto, R., Valiela, I., Richard, P., Niquil, N., Marques, J.C., 2009.  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  in the  
565 Mondego estuary food web: Seasonal variation in producers and consumers. *Marine*  
566 *Environmental Research* 67, 109–116. <https://doi.org/10.1016/j.marenvres.2008.11.005>
- 567 Beck, M.W., Heck, K.L., Able, K.W., Childers, D.L., Eggleston, D.B., Gillanders, B.M., Halpern, B.,  
568 Hays, C.G., Hoshino, K., Minello, T.J., Orth, R.J., Sheridan, P.F., Weinstein, M.P., 2001. The  
569 Identification, Conservation, and Management of Estuarine and Marine Nurseries for Fish and  
570 Invertebrates: a better understanding of the habitats that serve as nurseries for marine species  
571 and the factors that create site-specific variability in nursery quality will improve conservation  
572 and management of these areas. *BioScience* 51, 633–641. [https://doi.org/10.1641/0006-3568\(2001\)051\[0633:TICAMO\]2.0.CO;2](https://doi.org/10.1641/0006-3568(2001)051[0633:TICAMO]2.0.CO;2)
- 574 Bernasconi, S.M., Barbieri, A., Simona, M., 1997. Carbon and nitrogen isotope variations in  
575 sedimenting organic matter in Lake Lugano. *Limnology and Oceanography* 42, 1755–1765.  
576 <https://doi.org/10.4319/lo.1997.42.8.1755>
- 577 Besyst, B., Cattrijsse, A., Mees, J., 1999. Feeding ecology of juvenile flatfishes of the surf zone of a  
578 sandy beach. *Journal of Fish Biology* 55, 1171–1186. <https://doi.org/10.1111/j.1095-8649.1999.tb02068.x>
- 580 Bodin, N., Le Loc'h, F., Hily, C., 2007. Effect of lipid removal on carbon and nitrogen stable isotope  
581 ratios in crustacean tissues. *Journal of Experimental Marine Biology and Ecology* 341, 168–  
582 175. <https://doi.org/10.1016/j.jembe.2006.09.008>
- 583 Brown, C.J., Broadley, A., Adame, M.F., Branch, T.A., Turschwell, M.P., Connolly, R.M., 2019. The  
584 assessment of fishery status depends on fish habitats. *Fish and Fisheries* 20, 1–14.  
585 <https://doi.org/10.1111/faf.12318>
- 586 Cabana, G., Rasmussen, J. B., 1994. Modelling food chain structure and contaminant bioaccumulation  
587 using stable nitrogen isotopes. *Nature*, 372, 255–257.
- 588 Chen, N., Wu, J., Hong, H., 2012. Effect of storm events on riverine nitrogen dynamics in a  
589 subtropical watershed, southeastern China. *Science of The Total Environment* 431, 357–365.  
590 <https://doi.org/10.1016/j.scitotenv.2012.05.072>
- 591 Christianen, M.J.A., Middelburg, J.J., Holthuijsen, S.J., Jouta, J., Compton, T.J., Heide, T. van der,  
592 Piersma, T., Damsté, J.S.S., Veer, H.W. van der, Schouten, S., Olf, H., 2017. Benthic primary

- 593 producers are key to sustain the Wadden Sea food web: stable carbon isotope analysis at  
 594 landscape scale. *Ecology* 98, 1498–1512. <https://doi.org/10.1002/ecy.1837>
- 595 Connolly, R.M., Gorman, D., Hindell, J.S., Kildea, T.N., Schlacher, T.A., 2013. High congruence of  
 596 isotope sewage signals in multiple marine taxa. *Marine Pollution Bulletin* 71, 152–158.  
 597 <https://doi.org/10.1016/j.marpolbul.2013.03.021>
- 598 Cresson, P., Ruitton, S., Fontaine, M.-F., Harmelin-Vivien, M., 2012. Spatio-temporal variation of  
 599 suspended and sedimentary organic matter quality in the Bay of Marseilles (NW  
 600 Mediterranean) assessed by biochemical and isotopic analyses. *Marine Pollution Bulletin* 64,  
 601 1112–1121. <https://doi.org/10.1016/j.marpolbul.2012.04.003>
- 602 Dagggers, T.D., van Oevelen, D., Herman, P.M., Boschker, H.T., van der Wal, D., 2020. Spatial  
 603 variability in macrofaunal diet composition and grazing pressure on microphytobenthos in  
 604 intertidal areas. *Limnology and Oceanography*. <https://doi.org/10.1002/lno.11554>
- 605 Dalu, T., Froneman, P.W., 2016. Diatom-based water quality monitoring in southern Africa:  
 606 challenges and future prospects. *Water SA* 42, 551–559. <https://doi.org/10.4314/wsa.v42i4.05>
- 607 Darnaude, A.M., Salen-Picard, C., Harmelin-Vivien, M.L., 2004. Depth variation in terrestrial  
 608 particulate organic matter exploitation by marine coastal benthic communities off the Rhone  
 609 River delta (NW Mediterranean). *Marine Ecology Progress Series* 275, 47–57.  
 610 <https://doi.org/10.3354/meps275047>
- 611 DeNiro, M.J., Epstein, S., 1977. Mechanism of carbon isotope fractionation associated with lipid  
 612 synthesis. *Science* 197, 261–263. <https://doi.org/10.1126/science.327543>
- 613 Desroy, N., Warembourg, C., Dewarumez, J.M., Dauvin, J.C., 2003. Macrobenthic resources of the  
 614 shallow soft-bottom sediments in the eastern English Channel and southern North Sea. *ICES*  
 615 *Journal of Marine Science* 60, 120–131. <https://doi.org/10.1006/jmsc.2002.1333>
- 616 Dewarumez, J.-M., Belgrano, A., Craeymeersch, J.A., Duquesne, S., Heip, C., 1992. Influence de la  
 617 circulation des masses d’eaux dans la dynamique du peuplement à *Abra alba* de la baie Sud de  
 618 la Mer du Nord. Presented at the Le littoral, ses contraintes environnementales et ses conflits  
 619 d’utilisation, Nantes, 1-4 juillet 1991, pp. 73–73.
- 620 Duan, S., Amon, R.M.W., Brinkmeyer, R.L., 2014. Tracing sources of organic matter in adjacent  
 621 urban streams having different degrees of channel modification. *Science of The Total*  
 622 *Environment* 485–486, 252–262. <https://doi.org/10.1016/j.scitotenv.2014.03.066>
- 623 Dubois, S., Blanchet, H., Garcia, A., Massé, M., Galois, R., Grémare, A., Charlier, K., Guillou, G.,  
 624 Richard, P., Savoye, N., 2014. Trophic resource use by macrozoobenthic primary consumers  
 625 within a semi-enclosed coastal ecosystem: Stable isotope and fatty acid assessment. *Journal of*  
 626 *Sea Research* 88, 87–99. <https://doi.org/10.1016/j.seares.2014.01.004>
- 627 Durou, C., Poirier, L., Amiard, J.-C., Budzinski, H., Gnassia-Barelli, M., Lemenach, K., Peluhet, L.,  
 628 Mouneyrac, C., Roméo, M., Amiard-Triquet, C., 2007. Biomonitoring in a clean and a multi-  
 629 contaminated estuary based on biomarkers and chemical analyses in the endobenthic worm  
 630 *Nereis diversicolor*. *Environmental Pollution* 148, 445–458.  
 631 <https://doi.org/10.1016/j.envpol.2006.12.022>
- 632 Elliott, M., Hemingway, K.L., 2002. *Fishes in Estuaries*. Blackwell. Science, Oxford, 636 pp.
- 633 Elliott, M., Whitfield, A.K., Potter, I.C., Blaber, S.J.M., Cyrus, D.P., Nordlie, F.G., Harrison, T.D.,  
 634 2007. The guild approach to categorizing estuarine fish assemblages: a global review. *Fish*  
 635 *and Fisheries* 8, 241–268. <https://doi.org/10.1111/j.1467-2679.2007.00253.x>
- 636 Evans, T.M., Bellamy, A.R., Bauer, J.E., 2019. Radioisotope and stable isotope ratios ( $\Delta^{14}\text{C}$ ,  $\delta^{15}\text{N}$ )  
 637 suggest larval lamprey growth is dependent on both fresh and aged organic matter in streams.  
 638 *Ecology of Freshwater Fish* 28, 365–375. <https://doi.org/10.1111/eff.12459>
- 639 Fry, B., 2006. Isotope Additions, in: *Stable Isotope Ecology*. Springer, New York, NY, pp. 183–193.  
 640 [https://doi.org/10.1007/0-387-33745-8\\_6](https://doi.org/10.1007/0-387-33745-8_6)
- 641 Fry, B., 2002. Conservative mixing of stable isotopes across estuarine salinity gradients: A conceptual  
 642 framework for monitoring watershed influences on downstream fisheries production. *Estuaries*  
 643 25, 264–271. <https://doi.org/10.1007/BF02691313>
- 644 Fry, B., 1999. Using stable isotopes to monitor watershed influences on aquatic trophodynamics -  
 645 *Canadian Journal of Fisheries and Aquatic Sciences*. <https://doi.org/10.1139/f99-152>.
- 646 Fry, B., Baltz, D.M., Benfield, M.C., Fleeger, J.W., Gace, A., Haas, H.L., Quiñones-Rivera, Z.J.,  
 647 2003. Stable isotope indicators of movement and residency for brown shrimp

- 648 (*Farfantepenaeus aztecus*) in coastal Louisiana marshscapes. *Estuaries* 26, 82–97.  
649 <https://doi.org/10.1007/BF02691696>
- 650 Galván, D.E., Sweeting, C.J., Reid, W.D.K., 2010. Power of stable isotope techniques to detect size-  
651 based feeding in marine fishes. *Marine Ecology Progress Series* 407, 271–278.  
652 <https://doi.org/10.3354/meps08528>
- 653 Ghertsos, K., Luczak, C., Dewarumez, J.-M., Dauvin, J.-C., 2000. Influence of spatial scales of  
654 observation on temporal change in diversity and trophic structure of fine-sand communities  
655 from the English Channel and the southern North Sea. *ICES Journal of Marine Science* 57,  
656 1481–1487. <https://doi.org/10.1006/jmsc.2000.0916>
- 657 Griffiths, H., 1991. Applications of Stable Isotope Technology in Physiological Ecology. *Functional*  
658 *Ecology* 5, 254–269. <https://doi.org/10.2307/2389263>
- 659 Guelinckx, J., Maes, J., De Brabandere, L., Dehairs, F., Ollevier, F., 2006. Migration dynamics of  
660 clupeoids in the Schelde estuary: A stable isotope approach. *Estuarine, Coastal and Shelf*  
661 *Science* 66, 612–623. <https://doi.org/10.1016/j.ecss.2005.11.007>
- 662 Hamilton, S., Kingston, P. F. (1985). The effects of the preservatives alcohol, formalin and propylene  
663 phenoxetol on the wet weights of some marine animals. Report to the ICES Benthos Working  
664 Group, 2.
- 665 Herman, P.M.J., Middelburg, J.J., Widdows, J., Lucas, C.H., Heip, C.H.R., 2000. Stable isotopes as  
666 trophic tracers: combining field sampling and manipulative labelling of food resources for  
667 macrobenthos. *Marine Ecology Progress Series* 204, 79–92.  
668 <https://doi.org/10.3354/meps204079>
- 669 Herzka, S.Z., 2005. Assessing connectivity of estuarine fishes based on stable isotope ratio analysis.  
670 *Estuarine, Coastal and Shelf Science* 64, 58–69. <https://doi.org/10.1016/j.ecss.2005.02.006>
- 671 Hobson, K.A., Wassenaar, L.I., Taylor, O.R., 1999. Stable isotopes ( $\delta D$  and  $\delta^{13}C$ ) are geographic  
672 indicators of natal origins of monarch butterflies in eastern North America. *Oecologia* 120,  
673 397–404. <https://doi.org/10.1007/s004420050872>
- 674 Hoetinghaus, D.J., Vieira, J.P., Costa, C.S., Bemvenuti, C.E., Winemiller, K.O., Garcia, A.M., 2011.  
675 Estuary hydrogeomorphology affects carbon sources supporting aquatic consumers within and  
676 among ecological guilds. *Hydrobiologia* 673, 79–92. <https://doi.org/10.1007/s10750-011-0751-z>
- 677
- 678 Jackson, A.L., Inger, R., Parnell, A.C., Bearhop, S., 2011. Comparing isotopic niche widths among  
679 and within communities: SIBER—Stable Isotope Bayesian Ellipses in R. *Journal of Animal*  
680 *Ecology* 80, 595–602.
- 681 Kang, C.-K., Lee, Y.-W., Choy, E.J., Shin, J.-K., Seo, I.-S., Hong, J.-S., 2006. Microphytobenthos  
682 seasonality determines growth and reproduction in intertidal bivalves. *Marine Ecology*  
683 *Progress Series* 315, 113–127. <https://doi.org/10.3354/meps315113>
- 684 Kang, C.-K., Park, H.J., Choy, E.J., Choi, K.-S., Hwang, K., Kim, J.-B., 2015. Linking Intertidal and  
685 Subtidal Food Webs: Consumer-Mediated Transport of Intertidal Benthic Microalgal Carbon.  
686 *PLOS ONE* 10, e0139802. <https://doi.org/10.1371/journal.pone.0139802>
- 687 Kostecki, C., Le Loc'h, F., Roussel, J.M., Desroy, N., Huteau, D., Riera, P., Le Bris, H., Le Pape, O.,  
688 2010. Dynamics of an estuarine nursery ground: the spatio-temporal relationship between the  
689 river flow and the food web of the juvenile common sole (*Solea solea*, L.) as revealed by  
690 stable isotopes analysis. *Journal of Sea Research* 64, 54–60.  
691 <https://doi.org/10.1016/j.seares.2009.07.006>
- 692 Kostecki, C., Roussel, J.M., Desroy, N., Roussel, G., Lanshere, J., Le Bris, H., Le Pape, O., 2012.  
693 Trophic ecology of juvenile flatfish in a coastal nursery ground: contributions of intertidal  
694 primary production and freshwater particulate organic matter. *Marine Ecology-Progress Series*  
695 449, 221–232. <https://doi.org/10.3354/meps09563>
- 696 Lambert, T., Bouillon, S., Darchambeau, F., Morana, C., Roland, F.A.E., Descy, J.-P., Borges, A.V.,  
697 2017. Effects of human land use on the terrestrial and aquatic sources of fluvial organic matter  
698 in a temperate river basin (The Meuse River, Belgium). *Biogeochemistry* 136, 191–211.  
699 <https://doi.org/10.1007/s10533-017-0387-9>
- 700 Lautenschlager, A.D., Matthews, T.G., Quinn, G.P., 2014. Utilization of organic matter by  
701 invertebrates along an estuarine gradient in an intermittently open estuary. *Estuarine, Coastal*  
702 *and Shelf Science* 149, 232–243. <https://doi.org/10.1016/j.ecss.2014.08.020>



- 703 Layman, C.A., Arrington, D.A., Montaña, C.G., Post, D.M., 2007. Can Stable Isotope Ratios Provide  
704 for Community-Wide Measures of Trophic Structure? *Ecology* 88, 42–48.  
705 [https://doi.org/10.1890/0012-9658\(2007\)88\[42:CSIRPF\]2.0.CO;2](https://doi.org/10.1890/0012-9658(2007)88[42:CSIRPF]2.0.CO;2)
- 706 Le Pape, O., Modéran, J., Beaunée, G., Riera, P., Nicolas, D., Savoye, N., Harmelin-Vivien, M.,  
707 Darnaude, A.M., Brind'Amour, A., Le Bris, H., Cabral, H., Vinagre, C., Pasquaud, S., França,  
708 S., Kostecki, C., 2013. Sources of organic matter for flatfish juveniles in coastal and estuarine  
709 nursery grounds: A meta-analysis for the common sole (*Solea solea*) in contrasted systems of  
710 Western Europe. *Journal of Sea Research* 75, 85–95.  
711 <https://doi.org/10.1016/j.seares.2012.05.003>
- 712 Leakey, C.D.B., Attrill, M.J., Jennings, S., Fitzsimons, M.F., 2008. Retrospective quantification of  
713 estuarine feeding activity by coastally caught marine fishes. *Journal of Sea Research* 60, 210–  
714 214. <https://doi.org/10.1016/j.seares.2008.05.002>
- 715 Leclerc, J.-C., Riera, P., Noël, L.M.-L.J., Leroux, C., Andersen, A.C., 2014. Trophic ecology of  
716 *Pomatoschistus microps* within an intertidal bay (Roscoff, France), investigated through gut  
717 content and stable isotope analyses. *Marine Ecology* 35, 261–270.  
718 <https://doi.org/10.1111/maec.12071>
- 719 Little, C., 2000. *The Biology of Soft Shores and Estuaries*. Oxford University Press, Oxford, 262 pp.
- 720 Lorrain, A., Savoye, N., Chauvaud, L., Pualet, Y.-M., Naulet, N., 2003. Decarbonation and  
721 preservation method for the analysis of organic C and N contents and stable isotope ratios of  
722 low-carbonated suspended particulate material. *Analytica Chimica Acta* 491, 125–133.  
723 [https://doi.org/10.1016/S0003-2670\(03\)00815-8](https://doi.org/10.1016/S0003-2670(03)00815-8)
- 724 Lu, F., Liu, Z., Ji, H., 2013. Carbon and nitrogen isotopes analysis and sources of organic matter in the  
725 upper reaches of the Chaobai River near Beijing, China. *Science China Earth Sciences* 56,  
726 217–227. <https://doi.org/10.1007/s11430-012-4525-x>
- 727 Luo, Z., Ma, J.-M., Zheng, S.-L., Nan, C.-Z., Nie, L.-M., 2016. Different hydrodynamic conditions on  
728 the deposition of organic carbon in sediment of two reservoirs. *Hydrobiologia* 765, 15–26.  
729 <https://doi.org/10.1007/s10750-015-2410-2>
- 730 Mann, C.J., Wetzel, R.G., 2000. Hydrology of an impounded lotic wetland—wetland sediment  
731 characteristics. *Wetlands* 20, 23–32. [https://doi.org/10.1672/0277-5212\(2000\)020\[0023:HOAILW\]2.0.CO;2](https://doi.org/10.1672/0277-5212(2000)020[0023:HOAILW]2.0.CO;2)
- 732  
733 McLusky, D.S., Elliott, M., 2004. *The Estuarine Ecosystem: Ecology, Threats and Management*. 3<sup>rd</sup>  
734 edition. Oxford: OUP; 2004. 216 pp.
- 735 Méléder, V., Rincé, Y., Barillé, L., Gaudin, P., Rosa, P., 2007. Spatiotemporal changes in  
736 microphytobenthos assemblages in a macrotidal flat (Bourgneuf Bay, France). *Journal of*  
737 *Phycology* 43, 1177–1190. <https://doi.org/10.1111/j.1529-8817.2007.00423.x>
- 738 Middelburg, J.J., Nieuwenhuize, J., 1998. Carbon and nitrogen stable isotopes in suspended matter and  
739 sediments from the Schelde Estuary. *Marine Chemistry* 60, 217–225.  
740 [https://doi.org/10.1016/S0304-4203\(97\)00104-7](https://doi.org/10.1016/S0304-4203(97)00104-7)
- 741 Minagawa, M., Wada, E., 1984. Stepwise enrichment of <sup>15</sup>N along food chains: further evidence and  
742 the relation between <sup>15</sup>N and animal age. *Geochimica et Cosmochimica Acta*, 48, 1135–  
743 1140.
- 744 Moens, T., Luyten, C., Middelburg, J.J., Herman, P.M.J., Vincx, M., 2002. Tracing organic matter  
745 sources of estuarine tidal flat nematodes with stable carbon isotopes. *Marine Ecology Progress*  
746 *Series* 234, 127–137. <https://doi.org/10.3354/meps234127>
- 747 Moncreiff, C.A., Sullivan, M.J., 2001. Trophic importance of epiphytic algae in subtropical seagrass  
748 beds: evidence from multiple stable isotope analyses. *Marine Ecology Progress Series* 215,  
749 93–106. <https://doi.org/10.3354/meps215093>
- 750 Pape, O.L., Bonhommeau, S., 2015. The food limitation hypothesis for juvenile marine fish. *Fish and*  
751 *Fisheries* 16, 373–398. <https://doi.org/10.1111/faf.12063>
- 752 Pasquaud, S., David, V., Lobry, J., Girardin, M., Sautour, B., Elie, P., 2010. Exploitation of trophic  
753 resources by fish under stressful estuarine conditions. *Marine Ecology Progress Series* 400,  
754 207–219. <https://doi.org/10.3354/meps08387>
- 755 Pasquaud, S., Elie, P., Jeantet, C., Billy, I., Martinez, P., Girardin, M., 2008. A preliminary  
756 investigation of the fish food web in the Gironde estuary, France, using dietary and stable

- 757 isotope analyses. *Estuarine, Coastal and Shelf Science* 78, 267–279.  
 758 <https://doi.org/10.1016/j.ecss.2007.12.014>
- 759 Pearson, J.A., Haddow, S.D., Hillson, S.W., Knüsel, C.J., Larsen, C.S., Sadvari, J.W., 2015. Stable  
 760 carbon and nitrogen isotope analysis and dietary reconstruction through the life course at  
 761 Neolithic Çatalhöyük, Turkey. *Journal of Social Archaeology* 15, 210–232.  
 762 <https://doi.org/10.1177/1469605315582983>
- 763 Peterson, J., 1999. Stable isotopes as tracers of organic matter input and transfer in benthic food webs :  
 764 A review. *Acta Oecologica*, 20(4), 479–487.
- 765 Peterson, B.J., Fry, B., 1987. Stable Isotopes in Ecosystem Studies. *Annual Review of Ecology and*  
 766 *Systematics* 18, 293–320. <https://doi.org/10.1146/annurev.es.18.110187.001453>
- 767 Post, J.R., Parkinson, E.A., Johnston, N.T., 1999. Density-Dependent Processes in Structured Fish  
 768 Populations: Interaction Strengths in Whole-Lake Experiments. *Ecological Monographs* 69,  
 769 155–175. [https://doi.org/10.1890/0012-9615\(1999\)069\[0155:DDPISF\]2.0.CO;2](https://doi.org/10.1890/0012-9615(1999)069[0155:DDPISF]2.0.CO;2)
- 770 Rauch, M., Denis, L., 2008. Spatio-temporal variability in benthic mineralization processes in the  
 771 eastern English Channel. *Biogeochemistry* 89, 163–180. <https://doi.org/10.1007/s10533-008-9191-x>
- 772
- 773 Riera, P., Richard, P., 1996. Isotopic Determination of Food Sources of *Crassostrea gigas* Along a  
 774 Trophic Gradient in the Estuarine Bay of Marennes-Oléron. *Estuarine, Coastal and Shelf*  
 775 *Science* 42, 347–360. <https://doi.org/10.1006/ecss.1996.0023>
- 776 Riera, P., Stal, L.J., Nieuwenhuize, J., Richard, P., Blanchard, G., Gentil, F., 1999. Determination of  
 777 food sources for benthic invertebrates in a salt marsh (Aiguillon Bay, France) by carbon and  
 778 nitrogen stable isotopes: importance of locally produced sources. *Marine Ecology Progress*  
 779 *Series* 187, 301–307.
- 780 Rolet, C., Spilmont, N., Dewarumez, J. M., Luczak, C. 2015. Linking macrobenthic communities  
 781 structure and zonation patterns on sandy shores: Mapping tool toward management and  
 782 conservation perspectives in Northern France. *Continental Shelf Research*, 99, 12–25.
- 783 Salgado, J.P., Cabral, H.N., Costa, M.J., 2004. Feeding ecology of the gobies *Pomatoschistus minutes*  
 784 (Pallas, 1770) and *Pomatoschistus microps* (Krøyer, 1838) in the upper Tagus estuary,  
 785 Portugal. *Scientia Marina* 68, 425–434. <https://doi.org/10.3989/scimar.2004.68n3425>
- 786 Selleslagh, J., Amara, R., 2015. Are Estuarine Fish Opportunistic Feeders? The Case of a Low  
 787 Anthropized Nursery Ground (the Canche Estuary, France). *Estuaries and Coasts* 38, 252–  
 788 267. <https://doi.org/10.1007/s12237-014-9787-4>
- 789 Selleslagh, J., Amara, R., 2008. Environmental factors structuring fish composition and assemblages  
 790 in a small macrotidal estuary (eastern English Channel). *Estuarine, Coastal and Shelf Science*  
 791 79, 507–517. <https://doi.org/10.1016/j.ecss.2008.05.006>
- 792 Selleslagh, J., Amara, R., Laffargue, P., Lesourd, S., Lepage, M., Girardin, M., 2009. Fish  
 793 composition and assemblage structure in three Eastern English Channel macrotidal estuaries:  
 794 A comparison with other French estuaries. *Estuarine, Coastal and Shelf Science* 81, 149–159.  
 795 <https://doi.org/10.1016/j.ecss.2008.10.008>
- 796 Selleslagh, J., Blanchet, H., Bachelet, G., Lobry, J., 2015. Feeding Habitats, Connectivity and Origin  
 797 of Organic Matter Supporting Fish Populations in an Estuary with a Reduced Intertidal Area  
 798 Assessed by Stable Isotope Analysis. *Estuaries and Coasts* 38, 1431–1447.  
 799 <https://doi.org/10.1007/s12237-014-9911-5>
- 800 Thiébaud, E., Cabioch, L., Dauvin, J.C., Retière, C., Gentil, F., 1997. Spatio-temporal persistence of  
 801 the *Abra alba-Pectinaria koreni* muddy-fine sand community of the eastern Bay of Seine.  
 802 *Journal of the Marine Biological Association of the United Kingdom* 77, 1165–1186.
- 803 Thrush, S.F., Hewitt, J.E., Lohrer, A.M., 2012. Interaction networks in coastal soft-sediments  
 804 highlight the potential for change in ecological resilience. *Ecological Applications* 22, 1213–  
 805 1223. <https://doi.org/10.1890/11-1403.1>
- 806 Underwood, G., Kromkamp, J., 1999. Primary Production by Phytoplankton and Microphytobenthos  
 807 in Estuaries. *Advances in Ecological# 12 in G/WRResearch*. Elsevier.
- 808 Vasconcelos, R.P., Reis-Santos, P., Fonseca, V., Maia, A., Ruano, M., França, S., Vinagre, C., Costa,  
 809 M.J., Cabral, H., 2007. Assessing anthropogenic pressures on estuarine fish nurseries along  
 810 the Portuguese coast: A multi-metric index and conceptual approach. *Science of The Total*  
 811 *Environment* 374, 199–215. <https://doi.org/10.1016/j.scitotenv.2006.12.048>

- 812 Vinagre, C., Salgado, J., Costa, M.J., Cabral, H.N., 2008. Nursery fidelity, food web interactions and  
813 primary sources of nutrition of the juveniles of *Solea solea* and *S. senegalensis* in the Tagus  
814 estuary (Portugal): A stable isotope approach. *Estuarine, Coastal and Shelf Science* 76, 255–  
815 264. <https://doi.org/10.1016/j.ecss.2007.07.006>
- 816 Wada, E., Kabaya, Y., Kurihara, Y., 1993. Stable isotopic structure of aquatic ecosystems. *Journal of*  
817 *Biosciences* 18, 483–499.
- 818 Wilson, R.M., Chanton, J., Lewis, G., Nowacek, D., 2009. Combining organic matter source and  
819 relative trophic position determinations to explore trophic structure. *Estuaries and Coasts* 32,  
820 999–1010. <https://doi.org/10.1007/s12237-009-9183-7>
- 821 Yokoyama, H., Ishihi, Y., Yamamoto, S., 2008. Diet–tissue isotopic fractionation of the Pacific oyster  
822 *Crassostrea gigas*. *Marine Ecology Progress Series* 358, 173–179.  
823 <https://doi.org/10.3354/meps07306>  
824  
825

## AUTHORSHIP STATEMENT

Manuscript title: Structure and seasonal variability in fish food webs in a small macrotidal estuary (Canche estuary, Eastern English Channel) based on stable carbon and nitrogen isotope analysis.

All persons who meet authorship criteria are listed as authors, and all authors certify that they have participated sufficiently in the work to take public responsibility for the content, including participation in the concept, design, analysis, writing, or revision of the manuscript. Furthermore, each author certifies that this material or similar material has not been and will not be submitted to or published in any other publication before its appearance in **Regional Studies in Marine Science**

**Authorship contributions**

Please indicate the specific contributions made by each author (list the authors' initials followed by their surnames). The name of each author must appear at least once in each of the three categories below.

**Category 1**

Conception and design of study: Rym Bouaziz, François Le Loc'h, Rachid Amara, Frida Ben Rais Lasram

Acquisition of data: Rym Bouaziz, Céline Rolet, Guillaume Veillet, Jean Marie Munaron, Khalef Rabhi

Analysis and/or interpretation of data: Rym Bouaziz, François Le Loc'h, Rachid Amara, Frida Ben Rais Lasram, Abdellah Borhane Djebbar

**Category 2**

Drafting the manuscript: Rym Bouaziz, François Le Loc'h, Céline Rolet, Abdellah Borhane Djebbar, Rachid Amara, Frida Ben Rais Lasram

Revising the manuscript critically for important intellectual content: Rym Bouaziz, François Le Loc'h, Céline Rolet, Guillaume Veillet, Jean Marie Munaron, Khalef Rabhi, Abdellah Borhane Djebbar, Rachid Amara, Frida Ben Rais Lasram

**Category 3**


Approval of the version of the manuscript to be published (the names of all authors must be listed):








Rym Bouaziz, François Le Loc'h, Céline Rolet, Guillaume Veillet, Jean Marie Munaron, Khalef Rabhi, Abdellah Borhane Djebbar, Rachid Amara, Frida Ben Rais Lasram

**Acknowledgements**

All persons who have made substantial contributions to the work reported in the manuscript (e.g., technical help, writing and editing assistance, general support), but who do not meet the criteria for authorship, are named in the Acknowledgements and have given us their written permission to be named. If we have not included an Acknowledgements, then that indicates that we have not received substantial contributions from non-authors.

**This statement is signed by all the authors (a photocopy of this form may be used if there are more than 10 authors):**

Author's name	Author's signature	Date
Rym Bouaziz		December 31, 2020

François Le Loc'h		December 31, 2020
Céline Rolet	The coauthor gave her agreement but the signature is missing due to year-end holidays. We will obtain it the first week of January.	December 31, 2020
Guillaume Veillet		December 31, 2020
Jean Marie Munaron	 Jean Marie Munaron	December 31, 2020
Khalef Rabhi		December 31, 2020
Abdellah Borhane Djebar		December 31, 2020
Rachid Amara	 AR	December 31, 2020
Frida Ben Rais Lasram	 FRIDA	December 31, 2020

**Conflict of interest**

**Structure and seasonal variability in fish food webs in a small macrotidal estuary  
(Canche estuary, Eastern English Channel) based on stable carbon and nitrogen isotope  
analysis**

The authors declare they don't have any conflict of interest.