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# Three remarks on the convergence of some discretized second order gradient-like systems

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The first author dedicates this paper to the memory of his colleague Naceur Manai.

#### Abstract

We study several discretizations of a second order gradient-like system with damping. We first consider an explicit scheme with a linear damping in finite dimension. We prove that every solution converges if the nonlinearity satisfies a global Lojasiewicz inequality. Convergence rates are also established. In the case of a strong nonlinear damping, we prove convergence of every solution for a fully implicit scheme in the one-dimensional case, even if the nonlinearity does not satisfy a Lojasiewicz inequality. The optimality of the damping is also established. Numerical simulations illustrate the theoretical results.

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Key words: descent methods, real analytic functions, Lojasiewicz gradient inequality, single limit-point convergence, stability, variable time-step discretization, explicit scheme.

### 1 Introduction

In this paper, we study the asymptotic behaviour of solutions to several discretizations of the second order ordinary differential system

$$
u'' + ||u'||^{\alpha}u' + \nabla F(u) = 0, \quad t \ge 0,
$$
\n(1)

where  $F: \mathbb{R}^d \to \mathbb{R}$  is a  $C^1$  function and  $\alpha \in [0, 1]$ .

The asymptotic behaviour of solutions to (1) has been extensively studied. A crucial tool is the energy estimate

$$
\frac{d}{dt}E(t) = -||u'(t)||^{2+\alpha} \le 0,
$$

where  $E$  is the energy defined for every solution u by

$$
E(t) = \frac{1}{2} ||u'(t)||^2 + F(u(t)).
$$

The system (1) is known as a gradient-like system. In particular, the  $\omega$ -limit set of a bounded solution consists only of equilibrium points. A natural question is the study of convergence of such a solution.

Haraux [10] proved under quite general assumptions on F that if  $d = 1$  and  $0 \leq \alpha < 1$ , every bounded solution converges to a critical point of  $F$  as time goes to infinity. This is no longer true if the damping is too weak  $(\alpha \geq 1)$ , as pointed out in [10], or if  $d \geq 2$ , as proved in [14].

However, if F satisfies additional properties, more can be said. If  $F$  is real analytic,  $\alpha = 0$  and d is arbitrary, Haraux and Jendoubi [12] proved that every bounded solution to (1) converges to a single point. Their result is based on the celebrated Lojasiewicz inequality [15, 16]. A similar convergence result was obtained by Chergui [7] in the case  $0 \leq \alpha \leq 1$ , where  $\alpha$  depends also on the global Lojasiewicz exponent of the function F. We refer the reader to the book [11] for details on this matter. Alvarez [3] proved convergence to an equilibrium for convex functions in the case  $\alpha = 0$  (see also [6]). Generalizations of (1) have been considered in [5].

Discretizations of the system (1) have also been studied. In [3] mentioned above, Alvarez also studied the asymptotic behaviour for convex functions of a fully implicit discretization in the case  $\alpha = 0$ . Convergence to equilibrium was also proved in [9] for a fully implicit scheme in the case of real analytic functions and linear damping  $(\alpha = 0)$ . A semi-implicit scheme was considered in [2] for functions satisfying a Lojasiewicz inequality. Horsin and Jendoubi [13] studied the nonlinear damping  $0 < \alpha < 1$  for a fully implicit scheme. Related schemes were considered in [4].

Our main purpose in this paper is to study an explicit discretization of (1) for a linear damping and a function  $F$  which satisfies a global Lojasiewicz inequality. In contrast to the fully implicit discretization, we do not prove that the energy is nonincreasing but instead, we prove that a modified energy is nonincreasing. This is achieved in Section 2 and the proof of convergence is based on an angle condition introduced in [1]. Convergence rates are also established.

In Section 3, we consider an implicit discretization of (1) in the one-dimensional case  $(d = 1)$  and we prove that the sequence generated by the scheme converges for  $0 \leq \alpha < 1$ , without assuming that F satisfies a Lojasiewicz inequality. The optimality of  $\alpha$  is established in Section 4, where a non convergence result is shown to hold for  $\alpha = 1$  and  $d = 1$ , even if F satisfies a Lojasiewicz inequality with optimal exponent  $\theta = 1/2$ . We note that altogether, in Sections 2-4, the discrete case mimicks the situation for the continuous system (1). Numerical simulations illustrate the theoretical results in the last section.

## 2 Convergence to equilibrium for an explicit scheme

In this section, we prove convergence to equilibrium for an explicit discretization of the system (1). We first recall a general convergence result.

#### 2.1 A discrete angle condition

Let  $\Phi : \mathbb{R}^N \longrightarrow \mathbb{R}$  be a  $C^1$  function,  $\sigma > 0$  and let us consider a sequence  $(x_n)$  satisfying for all  $n \in \mathbb{N}$ 

$$
\Phi(x_n) - \Phi(x_{n+1}) \ge \sigma \|\nabla \Phi(x_n)\| \|x_{n+1} - x_n\|,\tag{2}
$$

$$
[\Phi(x_{n+1}) = \Phi(x_n)] \Longrightarrow [x_{n+1} = x_n]. \tag{3}
$$

**Theorem 1 (Absil et al. [1])** We assume that there exists  $\theta \in (0, \frac{1}{2})$  $\frac{1}{2}$  such that

$$
\forall a \in \mathbb{R}^N \exists c_a > 0 \exists r_a > 0 / \forall x \in \mathbb{R}^N : ||x - a|| < r_a \Longrightarrow ||\nabla \Phi(x)|| \ge c_a |\Phi(x) - \Phi(a)|^{1-\theta}.
$$
 (4)

Let  $(x_n)$  be a sequence satisfying (2) and (3). Then either  $\lim_{n\to+\infty}||x_n|| = +\infty$ , or there exists  $x^{\infty} \in \mathbb{R}^N$  such that  $\nabla \Phi(x^{\infty}) = 0$  and

$$
\lim_{n \to +\infty} x_n = x^{\infty}.
$$

Precisely, in this case we have

$$
||x_n - x^{\infty}|| = \begin{cases} O(e^{-cn}) & \text{for some } c > 0 \text{ if } \theta = \frac{1}{2} \\ O(n^{-\frac{\theta}{1-2\theta}}) & \text{if } \theta \in (0, \frac{1}{2}). \end{cases}
$$
 (5)

**Remark 2** If there exists  $M > 0$  such that  $\forall n \in \mathbb{N}, ||x_n|| \leq M$ , then the assumption (4) may merely apply to those  $a \in \mathbb{R}^N$  such that  $||a|| \leq M$ .

#### 2.2 The explicit scheme

We consider a sequence  $(u_n, v_n)_{n \in \mathbb{N}}$  in  $\mathbb{R}^d \times \mathbb{R}^d$  satisfying

$$
\begin{cases}\n\frac{u_{n+1} - u_n}{\Delta t} = v_n \\
\frac{v_{n+1} - v_n}{\Delta t} = -v_n - \nabla F(u_n) \\
u_0, v_0 \in \mathbb{R}^d\n\end{cases}
$$
\n(6)

where  $\alpha > 0$  and  $F : \mathbb{R}^d \longrightarrow \mathbb{R}$  is a  $C^1$  function such that

$$
\exists L_F > 0 / \forall u, v \in \mathbb{R}^d \quad \|\nabla F(u) - \nabla F(v)\| \le L_F \|u - v\|,\tag{7}
$$

$$
\exists c_1, c_2 > 0 / \forall u \in \mathbb{R}^d \ F(u) \ge c_1 \|u\|^2 - c_2. \tag{8}
$$

It is easy to check (see for example  $[2, 13]$ ) that hypothesis  $(7)$  on F implies the following inequalities (< ., > denoting the standard scalar product on  $\mathbb{R}^d$ )

$$
\forall u, v \in \mathbb{R}^d \quad < \nabla F(u) - \nabla F(v), u - v > \geq -L_F \|u - v\|^2,\tag{9}
$$

$$
\forall u, v \in \mathbb{R}^d \quad F(v) \ge F(u) + \langle \nabla F(u), v - u \rangle - \frac{L_F}{2} ||u - v||^2. \tag{10}
$$

The existence and uniqueness of a sequence satisfying (6) are obvious.

**Proposition 3** For any  $(u_0, v_0) \in \mathbb{R}^{2d}$  the sequence  $(u_n, v_n)$  given by (6) is well defined.

We define

$$
E(u, v) = \frac{1}{2} ||v||^2 + F(u).
$$

**Proposition 4** Assume F satisfies (7). Let  $(u_n, v_n)$  be a sequence satisfying (6), then we have

$$
E(u_{n+1}, v_{n+1}) - E(u_n, v_n) \le -\Delta t \left[ 1 - \left( 1 + \frac{3L_F}{2} \right) \Delta t \right] ||v_n||^2 + (\Delta t)^2 ||\nabla F(u_n)||^2.
$$

*Proof.* By taking the scalar product of the second relation of (6) with  $\Delta t v_n$ , it comes

$$
\langle \frac{v_{n+1} - v_n}{\Delta t}, \Delta tv_n \rangle = \langle -v_n - \nabla F(u_n), \Delta tv_n \rangle,
$$
  

$$
\langle v_n, v_{n+1} \rangle - ||v_n||^2 = -\Delta t ||v_n||^2 - \langle \nabla F(u_n), \Delta tv_n \rangle,
$$
  

$$
\frac{1}{2} ||v_{n+1}||^2 - \frac{1}{2} ||v_n||^2 - \frac{1}{2} ||v_{n+1} - v_n||^2 = -\Delta t ||v_n||^2 - \langle \nabla F(u_n), u_{n+1} - u_n \rangle.
$$

Then we obtain

$$
E(u_{n+1}, v_{n+1}) - E(u_n, v_n) - \frac{1}{2} ||v_{n+1} - v_n||^2
$$
  
\n
$$
\leq -\Delta t ||v_n||^2 + F(u_{n+1}) - F(u_n) - \langle \nabla F(u_n), u_{n+1} - u_n \rangle
$$
  
\n
$$
\leq -\Delta t ||v_n||^2 + F(u_{n+1}) - F(u_n) - \langle \nabla F(u_{n+1}), u_{n+1} - u_n \rangle
$$
  
\n
$$
+ \langle \nabla F(u_{n+1}) - \nabla F(u_n), u_{n+1} - u_n \rangle.
$$

By using  $(7)$  and  $(10)$ , we get

$$
E(u_{n+1}, v_{n+1}) - E(u_n, v_n)
$$
  
\n
$$
\leq -\Delta t ||v_n||^2 + \frac{1}{2} ||v_{n+1} - v_n||^2 + \frac{L_F}{2} ||u_{n+1} - u_n||^2 + L_F ||u_{n+1} - u_n||^2
$$
  
\n
$$
\leq -\Delta t \left[ 1 - \frac{3L_F}{2} \Delta t \right] ||v_n||^2 + \frac{1}{2} ||v_{n+1} - v_n||^2.
$$

Since

$$
\frac{1}{2}||v_{n+1} - v_n||^2 = \frac{(\Delta t)^2}{2}||v_n + \nabla F(u_n)||^2 \leq (\Delta t)^2 ||v_n||^2 + (\Delta t)^2 ||\nabla F(u_n)||^2,
$$

we deduce

$$
E(u_{n+1}, v_{n+1}) - E(u_n, v_n) \leq -\Delta t \left[ 1 - \left( 1 + \frac{3L_F}{2} \right) \Delta t \right] ||v_n||^2 + (\Delta t)^2 ||\nabla F(u_n)||^2.
$$

Let  $S = \{a \in \mathbb{R}^d \mid \nabla F(a) = 0\}.$ 

Now we assume also that there exists  $\theta \in (0, \frac{1}{2})$  $\frac{1}{2}$  such that

$$
\forall a \in S \; \exists \delta_a > 0 \; \exists \nu_a > 0 / \; \forall u \in \mathbb{R}^d : \; \|u - a\| < \delta_a \Longrightarrow \|\nabla F(u)\| \ge \nu_a |F(u) - F(a)|^{1-\theta}.\tag{11}
$$

**Proposition 5** ([15, 16, 8, 7]) Assumption (11) is satisfied if one of the following two cases holds:

- F is a polynomial, or
- F is analytic and S is compact.

The first part of this proposition is a result of D'Acunto and Kurdyka [8]. The proof of the second part can be found in [7].

**Theorem 6** Let  $F : \mathbb{R}^d \longrightarrow \mathbb{R}$  be a  $C^2$  function satisfying (7), (8) and (11). Assume also that  $\Delta t$  is small enough. Let  $(u_n, v_n)$  be a sequence satisfying (6). Then  $(u_n, v_n)$  is bounded and there exists  $a \in \mathcal{S}$  such that

$$
\lim_{n \to +\infty} ||v_n|| + ||u_n - a|| = 0.
$$

In addition as  $n \to +\infty$  we have

$$
||v_n|| + ||u_n - a|| = \begin{cases} O(e^{-cn}) & \text{for some } c > 0 \text{ if } \theta = \frac{1}{2} \\ O(n^{-\frac{\theta}{1-2\theta}}) & \text{if } \theta \in (0, \frac{1}{2}). \end{cases}
$$
(12)

**Remark 7** We are able to give an upper bound of  $\Delta t$  namely

$$
0 < \Delta t < \min\left(\frac{1}{4 + 6L_F}, \frac{1}{4 + 3L_F(1 + \eta)}, \frac{\eta}{2 + L_F \eta}\right)
$$

with  $\eta = \min\left(\frac{1}{2}\right)$  $\frac{1}{2}, \frac{c_1}{2L_F^2}, \frac{1}{2L_F+1}, \frac{1}{20}$  $\frac{1}{2C}$ , where  $C = \max\left(1, \max_{\|u\| \leq R} \|\nabla^2 F(u)\| \right)$ and  $R$  is given by (17).

*Proof.* Let  $\varepsilon$  be a positive real. We define for all  $u, v \in \mathbb{R}^d$ 

$$
\Phi_{\varepsilon}(u,v) = E(u,v) + \varepsilon < \nabla F(u), v > .
$$

First of all we will prove that for  $\varepsilon$  small enough,  $\Phi_{\varepsilon}$  will be coercive. In fact, using (7), we see that

$$
\forall u \in \mathbb{R}^d \ \|\nabla F(u)\| \le L_F \|u\| + \|\nabla F(0)\|,
$$

and then

$$
\forall u \in \mathbb{R}^d \|\nabla F(u)\|^2 \le 2L_F^2 \|u\|^2 + 2\|\nabla F(0)\|^2. \tag{13}
$$

Now for all  $(u, v) \in \mathbb{R}^d$ , we have by Cauchy-Schwarz inequality

$$
\Phi_{\varepsilon}(u,v) \geq \frac{1}{2}||v||^{2} + F(u) - \frac{\varepsilon}{2}||v||^{2} - \frac{\varepsilon}{2}||\nabla F(u)||^{2}
$$
  

$$
\geq \left(\frac{1}{2} - \frac{\varepsilon}{2}\right) ||v||^{2} + (c_{1} - \varepsilon L_{F}^{2}) ||u||^{2} - c_{2} - \varepsilon ||\nabla F(0)||^{2}.
$$

We impose to  $\varepsilon$  to be such that  $\varepsilon \leq \min\left(\frac{1}{2}\right)$  $\frac{1}{2}, \frac{c_1}{2L_F^2}$ . We see that with this choice, we have

$$
\Phi_{\varepsilon}(u,v) \ge \frac{1}{4}||v||^2 + \frac{c_1}{2}||u||^2 - c_2 - \frac{1}{4}||\nabla F(0)||^2,
$$
\n(14)

so that  $\Phi_{\varepsilon}$  is coercive.

Next, we prove that for  $\epsilon$  small enough,  $(\Phi_{\epsilon}(u_n, v_n))$  is nonincreasing. Let us define  $x_n = (u_n, v_n)$ . According to Proposition 4, for all  $n \in \mathbb{N}$ :

$$
\Phi_{\varepsilon}(x_{n+1}) - \Phi_{\varepsilon}(x_n)
$$
\n
$$
\leq -\Delta t \left[ 1 - \left( 1 + \frac{3L_F}{2} \right) \Delta t \right] ||v_n||^2 + (\Delta t)^2 ||\nabla F(u_n)||^2.
$$
\n
$$
+ \varepsilon \left[ \underbrace{\langle \nabla F(u_{n+1}), v_{n+1} \rangle - \langle \nabla F(u_n), v_n \rangle}_{T_n} \right].
$$

We have

$$
T_n = \langle \nabla F(u_{n+1}) - \nabla F(u_n) + \nabla F(u_n), v_n - \Delta t v_n - \Delta t \nabla F(u_n) \rangle - \langle \nabla F(u_n), v_n \rangle
$$
  
\n
$$
= \langle \nabla F(u_{n+1}) - \nabla F(u_n), v_n - \Delta t v_n - \Delta t \nabla F(u_n) \rangle - \Delta t ||\nabla F(u_n)||^2
$$
  
\n
$$
-\Delta t \langle \nabla F(u_n), v_n \rangle
$$
  
\n
$$
\leq ||\nabla F(u_{n+1}) - \nabla F(u_n)|| ||v_n - \Delta t v_n - \Delta t \nabla F(u_n)|| - \Delta t ||\nabla F(u_n)||^2
$$
  
\n
$$
-\Delta t \langle \nabla F(u_n), v_n \rangle
$$
  
\n
$$
\leq L_F ||u_{n+1} - u_n|| ||v_n - \Delta t v_n - \Delta t \nabla F(u_n)|| - \Delta t ||\nabla F(u_n)||^2 - \Delta t \langle \nabla F(u_n), v_n \rangle
$$
  
\n
$$
\leq L_F \Delta t ||v_n|| ||v_n - \Delta t v_n - \Delta t \nabla F(u_n)|| - \Delta t ||\nabla F(u_n)||^2 - \Delta t \langle \nabla F(u_n), v_n \rangle
$$
  
\n
$$
\leq L_F \Delta t ||v_n||^2 + L_F (\Delta t)^2 ||v_n||^2 + L_F (\Delta t)^2 ||v_n|| ||\nabla F(u_n)|| - \Delta t ||\nabla F(u_n)||^2 + \Delta t ||\nabla F(u_n)|| ||v_n||
$$
  
\n
$$
\Delta t \left[ \left( L_F + \frac{1}{2} \right) + \frac{3}{2} L_F \Delta t \right] ||v_n||^2 - \frac{\Delta t}{2} (1 - L_F \Delta t) ||\nabla F(u_n)||^2
$$
\n(15)

where we used the triangle and the Cauchy-Schwarz inequalities. Then we get

$$
\Phi_{\varepsilon}(x_{n+1}) - \Phi_{\varepsilon}(x_n)
$$
\n
$$
\leq -\Delta t \left[ 1 - \left( 1 + \frac{3L_F}{2} \right) \Delta t \right] ||v_n||^2 + (\Delta t)^2 ||\nabla F(u_n)||^2
$$
\n
$$
+ \varepsilon \Delta t \left[ \left( L_F + \frac{1}{2} \right) + \frac{3}{2} L_F \Delta t \right] ||v_n||^2 - \varepsilon \frac{\Delta t}{2} (1 - L_F \Delta t) ||\nabla F(u_n)||^2
$$
\n
$$
\leq -\Delta t \left[ 1 - \varepsilon \left( L_F + \frac{1}{2} \right) - \left( 1 + \frac{3L_F}{2} (1 + \varepsilon) \right) \Delta t \right] ||v_n||^2
$$
\n
$$
- \Delta t \left[ \frac{\varepsilon}{2} - (1 + \frac{\varepsilon}{2} L_F) \Delta t \right] ||\nabla F(u_n)||^2
$$

We choose  $\varepsilon \leq \overline{\varepsilon} = \min\left(\frac{1}{2}\right)$  $\frac{1}{2}, \frac{c_1}{2L_F}, \frac{1}{2L_F+1}$ . Then we obtain

$$
\Phi_{\varepsilon}(x_{n+1}) - \Phi_{\varepsilon}(x_n)
$$
\n
$$
\leq -\Delta t \left[ \frac{1}{2} - \left( 1 + \frac{3L_F}{2} (1 + \varepsilon) \right) \Delta t \right] ||v_n||^2 - \Delta t \left[ \frac{\varepsilon}{2} - (1 + \frac{\varepsilon}{2} L_F) \Delta t \right] ||\nabla F(u_n)||^2.
$$

We assume that  $\Delta t$  is small enough such that  $\frac{1}{2} - \left(1 + \frac{9L_F}{4}\right)\Delta t > 0$  (then  $\frac{1}{2} - \left(1 + \frac{3L_F}{2}(1+\varepsilon)\right)\Delta t >$ 0 since  $\varepsilon \leq \frac{1}{2}$  $(\frac{1}{2})$  and  $\frac{\varepsilon}{2} - (1 + \frac{\varepsilon}{2}L_F)\Delta t > 0$ . Then there is a constant  $\delta = \delta(\Delta t, L_F) > 0$  such that

$$
\forall n \in \mathbb{N} \quad \Phi_{\varepsilon}(x_{n+1}) - \Phi_{\varepsilon}(x_n) \leq -\delta \left( \|v_n\|^2 + \|\nabla F(u_n)\|^2 \right). \tag{16}
$$

Then the sequence  $(\Phi_{\varepsilon}(x_n))$  is nonincreasing. Using (14), we see that  $(u_n)$  and  $(v_n)$  are

bounded:

$$
\Phi_{\varepsilon}(x_n) \leq \Phi_{\varepsilon}(x_0)
$$
\n
$$
\implies \frac{1}{4} ||v_n||^2 + \frac{c_1}{2} ||u_n||^2 - c_2 - \frac{1}{4} ||\nabla F(0)||^2 \leq \frac{1}{2} ||v_0||^2 + F(u_0) + \varepsilon < \nabla F(u_0), v_0 >
$$
\n
$$
\implies \frac{1}{4} ||v_n||^2 + \frac{c_1}{2} ||u_n||^2 \leq \frac{1}{2} ||v_0||^2 + F(u_0) + ||\nabla F(u_0)|| ||v_0|| + c_2 + \frac{1}{4} ||\nabla F(0)||^2
$$
\n
$$
\implies \min(\frac{1}{8}, \frac{c_1}{4}) [||v_n|| + ||u_n||]^2 \leq \frac{1}{2} ||v_0||^2 + F(u_0) + ||\nabla F(u_0)|| ||v_0|| + c_2 + \frac{1}{4} ||\nabla F(0)||^2
$$
\n
$$
\implies ||v_n|| + ||u_n|| \leq R
$$

where

$$
R = \left[\frac{1}{\min(\frac{1}{8}, \frac{c_1}{4})} \left(\frac{1}{2} \|v_0\|^2 + F(u_0) + \|\nabla F(u_0)\| \|v_0\| + c_2 + \frac{1}{4} \|\nabla F(0)\|^2\right)\right]^{\frac{1}{2}}.\tag{17}
$$

At this stage, it is important to note that if we choose  $\varepsilon$  smaller, (16) remains true. Note also that R is independent of  $\Delta t$  and  $\varepsilon$ .

Obviously we have  $\sum (||v_n||^2 + ||\nabla F(u_n)||^2)$  converges. Then  $v_n \to 0$  and the  $\omega$ -limit set  $\omega((u_n)_{n\in\mathbb{N}}):=\{a\in\overline{\mathbb{R}}^d:\exists n_k\to\infty/u_{n_k}\longrightarrow a\}$  is a nonempty compact connected subset of S.

Let us show that  $(x_n) = (u_n, v_n)$  satisfies (2) and (3) with the function  $\Phi_{\varepsilon}$ . Indeed, if for some *n* we have  $\Phi_{\varepsilon}(x_{n+1}) = \Phi_{\varepsilon}(x_n)$ , then by (16) we deduce that  $v_n = 0$  and  $\nabla F(u_n) = 0$ . Using system (6), we get that  $u_{n+1} = u_n$  and  $v_{n+1} = v_n$ , that is  $x_{n+1} = x_n$  and (3) is satisfied. On the other hand, a simple computation gives

$$
\nabla \Phi_{\varepsilon}(u,v) = \begin{pmatrix} \nabla F(u) + \varepsilon \nabla^2 F(u) \cdot v \\ v + \varepsilon \nabla F(u) \end{pmatrix}.
$$

Since  $(u_n)$  and  $(v_n)$  are bounded, there exists a constant  $\eta_1 > 0$  such that

$$
\forall n \in \mathbb{N} \quad \|\nabla \Phi_{\varepsilon}(x_n)\| \le \eta_1[\|v_n\| + \|\nabla F(u_n)\|].\tag{18}
$$

On the other hand, there exists a constant  $\eta_2 > 0$  such that

$$
||x_{n+1} - x_n|| = ||(u_{n+1} - u_n, v_{n+1} - v_n)||
$$
  
=  $||(\Delta tv_n, -\Delta tv_n - \Delta t \nabla F(u_n))||$   
 $\leq \eta_2[||v_n|| + ||\nabla F(u_n)||].$  (19)

By combining (16) – (18) and (19), we get that  $(\Phi_{\bar{\varepsilon}}(x_n))$  satisfies (2) with  $\sigma = \frac{\delta}{2m}$  $\frac{\delta}{2\eta_1\eta_2}$ . Now we will show that under the hypothesis (11) on  $F$ ,  $\Phi_{\varepsilon}$  satisfies (4).

From the remark 2, let  $B = \{(u, v) \in \mathbb{R}^d \times \mathbb{R}^d, ||u|| + ||v|| \le R\}$  where R is given by (17). Clearly B contains the sequence  $(u_n, v_n)$ . Now, for all  $(u, v) \in B$ 

$$
\|\nabla \Phi_{\varepsilon}(u, v)\|
$$
\n
$$
= \|\nabla F(u) + \varepsilon \nabla^2 F(u) \cdot v\| + \|v + \varepsilon \nabla F(u)\|
$$
\n
$$
\geq \|\nabla F(u)\| - \varepsilon \|\nabla^2 F(u) \cdot v\| + \|v\| - \varepsilon \|\nabla F(u)\|
$$
\n
$$
\geq (1 - \varepsilon \max_{\|u\| \leq R} \|\nabla^2 F(u)\|) \|v\| + (1 - \varepsilon) \|\nabla F(u)\|
$$
\n
$$
\geq (1 - \varepsilon C) [\|v\| + \|\nabla F(u)\|]
$$

where  $C = \max\left(1, \max_{\|u\| \leq R} \|\nabla^2 F(u)\| \right)$ . By possibly taking  $\varepsilon > 0$  smaller  $(\varepsilon = \min(\overline{\varepsilon}, \frac{1}{2C}))$ , there exists  $\rho > 0$  such that

$$
\forall (u, v) \in B \qquad \|\nabla \Phi_{\varepsilon}(u, v)\| \ge \rho[\|v\| + \|\nabla F(u)\|]. \tag{20}
$$

If  $(a, b)$  is not a critical point of  $\Phi_{\varepsilon}$ , then  $\Phi_{\varepsilon}$  satisfies (4) with  $\theta = \frac{1}{2}$  $\frac{1}{2}$  as best exponent, thanks to the continuity of  $\Phi_{\varepsilon}$ .

Let  $(a, b) \in B$  be a critical point of  $\Phi_{\varepsilon}$ . Then  $\nabla F(a) = 0$  and  $b = 0$ . From (11)

$$
\exists \delta_a > 0 \ \exists \nu_a > 0 / \ \forall u \in \mathbb{R}^d : \ \|u - a\| < \delta_a \Longrightarrow \|\nabla F(u)\| \ge \nu_a |F(u) - F(a)|^{1-\theta}.\tag{21}
$$

On the other hand, by using the Cauchy-Schwarz inequality, we get

$$
[\Phi_{\varepsilon}(u,v) - \Phi_{\varepsilon}(a,0)]^{1-\theta} = \left[\frac{1}{2}||v||^2 + F(u) - F(a) + \varepsilon < \nabla F(u), v > \right]^{1-\theta} \\
\le ||v||^{2(1-\theta)} + |F(u) - F(a)|^{1-\theta} + \|\nabla F(u)\|^{1-\theta}||v||^{1-\theta}.\n\tag{22}
$$

Thanks to Young's inequality we obtain

$$
\|\nabla F(u)\|^{1-\theta} \|v\|^{1-\theta} \le \|\nabla F(u)\| + \|v\|^{\frac{1-\theta}{\theta}}.
$$

Then (22) becomes

$$
[\Phi_{\varepsilon}(u,v) - \Phi_{\varepsilon}(a,0)]^{1-\theta} \le ||v||^{2(1-\theta)} + |F(u) - F(a)|^{1-\theta} + ||\nabla F(u)|| + ||v||^{\frac{1-\theta}{\theta-\alpha(1-\theta)}}.
$$

Since  $2(1 - \theta)$  and  $\frac{1-\theta}{\theta}$  are bigger then 1, using also (21), we get for all  $(u, v) \in B$  with  $||v||$  ≤ 1 and  $||u - a|| < \delta_a$ 

$$
\begin{aligned} \left[\Phi_{\varepsilon}(u,v) - \Phi_{\varepsilon}(a,0)\right]^{1-\theta} &\leq \quad & \|v\| + |F(u) - F(a)|^{1-\theta} + \|\nabla F(u)\| + \|v\| \\ &\leq \quad & \left(2 + \frac{1}{\nu_a}\right) \left[\|\nabla F(u)\| + \|v\|\right] \\ &\leq \quad & \frac{1}{\rho} \left(2 + \frac{1}{\nu_a}\right) \|\nabla \Phi_{\varepsilon}(u,v)\| \quad \text{by (20).} \end{aligned}
$$

Therefore  $\Phi_{\varepsilon}$  satisfies (4). Theorem 1 is proved.  $\Box$ 

## 3 A convergence result in the one dimensional case

We consider the case of a strong nonlinear damping  $(0 \le \alpha < 1)$  in the one-dimensional situation  $(d = 1)$ . This time, we use an implicit discretization of (1). The proof is adapted from the continuous case. We recall it for the reader's convenience.

#### 3.1 The continuous version

Let  $u \in W^{1,\infty}(\mathbb{R})$  be a bounded solution of the ODE

$$
u'' + |u'|^{\alpha}u' + f(u) = 0,
$$

where  $f \in C^1(\mathbb{R}, \mathbb{R})$ . We know that (see, e.g., [11])

$$
\omega(u, u') \subset f^{-1}(\{0\}) \times \{0\},\
$$

where  $\omega(u, u')$  is the  $\omega$ -limit set of the solution defined by

$$
\omega(u, u') = \left\{ (u^*, v^*) \in \mathbb{R}^2, \ \exists t_n \to +\infty, \ (u(t_n), u'(t_n)) \to (u^*, v^*) \text{ as } n \to +\infty \right\}.
$$

**Theorem 8** ([10, 11]) There exists  $a \in f^{-1}(\{0\})$  such that

$$
\lim_{t \to \infty} |u'(t)| + |u(t) - a| = 0.
$$

*Proof.* For the sake of completeness, we give the proof here. If  $\omega(u, u')$  is not reduced to a single point, then there are  $a, b \in f^{-1}(\{0\})$   $(a < b)$  such that  $\omega(u, u') = [a, b] \times \{0\}$ . Let  $c = \frac{a+b}{2}$  $\frac{1+b}{2}$ . Since  $\lim_{t\to\infty}u'(t)=0$  and  $(c, 0) \in \omega(u, u')$ , then there exists  $T>0$  such that

$$
|u(T) - c| < \frac{b - a}{8},
$$
\n
$$
\frac{|u'(t)|^{1 - \alpha}}{1 - \alpha} < \frac{b - a}{8} \quad \forall t \ge T.
$$

We will prove that

 $\forall t \geq T \quad u(t) \in [a, b].$ 

Assume that this is not the case and let

$$
\theta = \inf\{t \geq T, \ u(t) \notin [a, b]\}.
$$

Clearly we have  $\theta < \infty$  and

$$
\forall t \in [T, \theta] \quad u(t) \in [a, b].
$$

Then

$$
\forall t \in [T, \theta] \quad u''(t) + |u'(t)|^{\alpha} u'(t) = 0.
$$

If there is a  $s \in [T, \theta]$  such that  $u'(s) = 0$ , then  $u'(t) = 0$  for all  $t \in [T, \theta]$ , in this case we conclude easily. Otherwise, solving this ODE, we get

$$
\forall t \in [T, \theta] \quad |u'(t)| = \frac{1}{[|u'(T)|^{-\alpha} + \alpha(t - T)]^{\frac{1}{\alpha}}}.
$$
\n(23)

$$
|u(\theta) - u(T)| \leq \int_T^{\theta} |u'(t)| dt
$$
  
\n
$$
\leq \int_T^{\theta} \frac{dt}{[|u'(T)|^{-\alpha} + \alpha(t - T)]^{\frac{1}{\alpha}}}
$$
  
\n
$$
\leq \frac{|u'(T)|^{1-\alpha}}{1-\alpha} < \frac{b-a}{8}.
$$

$$
|u(\theta) - c| \le |u(\theta) - u(T)| + |u(T) - c| < \frac{b - a}{8} + \frac{b - a}{8} = \frac{b - a}{4},
$$

which contradicts the definition of  $\theta$  and then  $\theta = \infty$ . Now from (23), we deduce that  $u' \sim \frac{1}{1}$  $\frac{1}{\alpha^{\frac{1}{\alpha}}t^{\frac{1}{\alpha}}}$ , and then  $u' \in L^1(\mathbb{R}_+)$ . This proves that u converges and the  $\omega$ -limit set  $\omega(u, u')$  is reduced to a single point. ) is reduced to a single point.  $\Box$ 

### 3.2 The discrete version

The scheme reads:

$$
\begin{cases}\n\frac{u_{n+1} - u_n}{\Delta t} = v_{n+1} \\
\frac{v_{n+1} - v_n}{\Delta t} = -|v_{n+1}|^{\alpha} v_{n+1} - f(u_{n+1}) \\
u_0, v_0 \in \mathbb{R}\n\end{cases}
$$
\n(24)

and  $f : \mathbb{R} \longrightarrow \mathbb{R}$  is such that

$$
\exists c_F > 0 / \,\forall u, v \in \mathbb{R}^d \quad (f(u) - f(v))(u - v) \ge -c_F |u - v|^{\alpha + 2}, \tag{25}
$$

$$
\exists L_F > 0 \land \forall u, v \in \mathbb{R}^d \quad |f(u) - f(v)| \le L_F \|u - v\|.\tag{26}
$$

Let  $\mathcal{S} = \{a \in \mathbb{R}^d / f(a) = 0\}$  and F be an antiderivative of f. We define

$$
E(u, v) = \frac{1}{2}|v|^2 + F(u).
$$

We recall the following results.

**Proposition 9** [13] Assume that F is of class  $C^1(\mathbb{R}^d)$ , coercive and that (25) and (26) hold, then for any  $(u_0, v_0) \in \mathbb{R}^{2d}$ , provided  $\Delta t$  is small enough, the sequence  $(u_n, v_n)$  given by (24) is well defined, and we have

$$
\forall n \in \mathbb{N} \quad E(u_{n+1}, v_{n+1}) \le E(u_n, v_n). \tag{27}
$$

Moreover we have

$$
E(u_{n+1}, v_{n+1}) - E(u_n, v_n) \le -\Delta t \left[ 1 - \frac{c_F}{2} (\Delta t)^{\alpha+1} \right] |v_{n+1}|^{\alpha+2}.
$$

Corollary 10 [13] Let F satisfy (25) and assume that  $0 < \Delta t < \left(\frac{2}{c_1}\right)$ cF  $\int_{0}^{\frac{1}{\alpha+1}}$ . Let  $(u_n, v_n)$  be a sequence satisfying (24). If  $(u_n)$  is bounded, then  $\lim_{n\to\infty} E(u_n, v_n)$  exists and  $v_n \longrightarrow 0$ . Moreover the  $\omega$ -limit set  $\omega((u_n)_{n\in\mathbb{N}})$  given by

$$
\omega((u_n)_{n\in\mathbb{N}})=\{a\in\mathbb{R}\,:\exists n_k\to\infty/u_{n_k}\longrightarrow a\}
$$

is a nonempty compact connected subset of  $S$ .

The main result of this paper is the following

**Theorem 11** Under the assumptions of the corollary 10, there exists  $a \in S$  such that  $u^n \longrightarrow$ a.

*Proof.* As in the continuous case, by connectedness we have either  $\omega((u_n)_{n\in\mathbb{N}}) = \{a\} \times \{0\}$ for some  $a \in f^{-1}(\{0\})$  and the result is established, or  $\omega((u_n)_{n\in\mathbb{N}}) = [a, b] \times \{0\}$  for some  $a, b \in f^{-1}(\{0\})$   $(a < b)$ . In this case, let  $c = \frac{a+b}{2}$  $\frac{+b}{2}$ . Using corollary 10, we can choose  $n_0$  large enough such that

$$
|u_{n_0} - c| < \frac{b - a}{8},\tag{28}
$$

$$
\Delta t |v^{n_0}| + \frac{2^{\alpha+1}}{1-\alpha}|v^{n_0}| < \frac{b-a}{8} \quad \forall n \ge n_0,\tag{29}
$$

$$
\Delta t |v_n|^{\alpha} \le 1, \quad \forall n \ge n_0. \tag{30}
$$

Assume by contradiction that the set  $\{n \geq n_0 : u^{n+1} \notin [a, b]\}$  is nonempty and let

$$
n_1 = \inf \{ n \ge n_0 : u^{n+1} \notin [a, b] \}.
$$

Note that  $n_1 > n_0 + 2$ . In fact by (29), we have  $\Delta t |v_{n_0+1}| < \frac{b-a}{8}$  $\frac{-a}{8}$  and  $\Delta t |v_{n_0+2}| < \frac{b-a}{8}$  $\frac{-a}{8}$ . Using (24) and tringle inequality, we find

$$
\begin{aligned}\n|u_{n_0+1} - c| &\leq |u_{n_0+1} - u_{n_0}| + |u_{n_0} - c| \\
&= \Delta t |v_{n_0+1}| + |u_{n_0} - c| < \frac{b-a}{8} + \frac{b-a}{8} = \frac{b-a}{4}; \\
|u_{n_0+2} - c| &\leq |u_{n_0+2} - u_{n_0+1}| + |u_{n_0+1} - c| \\
&= \Delta t |v_{n_0+2}| + |u_{n_0} - c| < \frac{b-a}{8} + \frac{b-a}{4} = 3\frac{b-a}{8}.\n\end{aligned}
$$

It is clear that

$$
\forall n \in \{n_0, \cdots, n_1 - 1\}, u^{n+1} \in [a, b]
$$

and then  $f(u^{n+1}) = 0$  since  $[a, b] \subset S$ . Using (24), we get

$$
\forall n \in \{n_0, \cdots, n_1 - 1\}, \ \frac{v_{n+1} - v_n}{\Delta t} = -|v_{n+1}|^{\alpha} v_{n+1}.
$$

which can also be written

$$
\forall n \in \{n_0, \cdots, n_1 - 1\}, v_{n+1}(1 + \Delta t |v_{n+1}|^{\alpha}) = v_n.
$$

Obviously we have

$$
\forall n \in \{n_0, \cdots, n_1 - 1\}, \, |v_n| - |v_{n+1}| = \Delta t |v_{n+1}|^{\alpha+1} \ge 0. \tag{31}
$$

Now assume that there exists  $p \in \{n_0, \dots, n_1 - 1\}$  such that  $v^p = 0$ . Then for all  $n \in$  ${n_0, \dots, n_1-1}$ ,  $v^n = 0$ . In this case  $n_1 = \infty$  and  $(u^n)$  is a constant sequence. Otherwise for all  $n \in \{n_0, \dots, n_1-1\}$ ,  $v^n \neq 0$ . Now from (30) and (31) we deduce that

$$
\forall n \in \{n_0, \cdots, n_1 - 1\}, \, |v_n| \le 2|v_{n+1}|. \tag{32}
$$

Then we get from (31)

$$
\Delta t = \frac{|v_n| - |v_{n+1}|}{|v_{n+1}|^{\alpha+1}}
$$
\n
$$
\leq 2^{\alpha+1} \frac{|v_n| - |v_{n+1}|}{|v_n|^{\alpha+1}}
$$
\n
$$
\leq 2^{\alpha+1} \int_{|v_{n+1}|}^{|v_n|} \frac{dt}{t^{\alpha+1}}
$$
\n
$$
= \frac{2^{\alpha+1}}{\alpha} \left[ -|v^n|^{-\alpha} + |v^{n+1}|^{-\alpha} \right].
$$

Summing from  $n_0$  to  $n \in \{n_0, \dots, n_1 - 1\}$ , we obtain

$$
\frac{\alpha}{2^{\alpha+1}} \Delta t(n - n_0) \le |v^{n+1}|^{-\alpha} - |v^{n_0}|^{-\alpha}
$$

or

$$
|v^{n+1}| \le \frac{1}{\left[|v^{n_0}|^{-\alpha} + \frac{\alpha}{2^{\alpha+1}}\Delta t(n-n_0)\right]^{\frac{1}{\alpha}}}.
$$
\n(33)

Now let  $n \in \{n_0, \cdots, n_1-1\}$ , we have

$$
|u^{n+1} - u^{n_0}| \leq \sum_{k=n_0}^{n} |u^{k+1} - u^k|
$$
  
\n
$$
= \Delta t \sum_{k=n_0}^{n} |v^{k+1}|
$$
  
\n
$$
\leq \Delta t \sum_{k=n_0}^{n} \frac{1}{[|v^{n_0}|^{-\alpha} + \frac{\alpha}{2^{\alpha+1}} \Delta t(k - n_0)]^{\frac{1}{\alpha}}}
$$
  
\n
$$
\leq \Delta t |v^{n_0}| + \Delta t \int_{n_0}^{n} \frac{dx}{[|v^{n_0}|^{-\alpha} + \frac{\alpha}{2^{\alpha+1}} \Delta t(x - n_0)]^{\frac{1}{\alpha}}}
$$
  
\n
$$
\leq \Delta t |v^{n_0}| + \frac{2^{\alpha+1}}{1-\alpha} |v^{n_0}|
$$
  
\n
$$
\leq \frac{b-a}{s}.
$$
 (34)

In particular with  $n = n_1 - 1$ , we get  $|u^{n_1} - u^{n_0}| < \frac{b-a}{8}$  $\frac{-a}{8}$ . By the triangle inequality we deduce

$$
\begin{array}{rcl}\n|u^{n_1} - c| & \leq & |u^{n_1} - u^{n_0}| + |u^{n_0} - c| \\
& < & \frac{b - a}{8} + \frac{b - a}{8} = \frac{b - a}{4}, \\
\end{array}
$$

and this contradicts  $u^{n_1} \notin [a, b]$ . Then the set  $\{n \geq n_0 : u^{n+1} \notin [a, b]\}$  is empty and  $n_1 = \infty$ . Now (34) holds for all  $n \geq n_0$ :

$$
|u^{n+1} - u^{n_0}| < \frac{b - a}{4}
$$

and by triangle inequality, we get

$$
\forall n \ge n_0 \quad |u^{n+1} - c| \le |u^{n+1} - u^{n_0}| + |u^{n_0} - c| < \frac{b-a}{4} + \frac{b-a}{8} = \frac{3(b-a)}{8}.
$$

By choosing a subsequence such that  $u^{n_k} \longrightarrow b$ , we obtain

$$
|b - c| \le \frac{3(b - a)}{8},
$$

a contradiction. We conclude that  $\omega((u^n))$  is a reduced to a single point  $u^*$  and that  $u^n \longrightarrow$  $u^*$ . The contract of the contrac

## 4 A non convergence result

We adapt to the discrete case a result from [10, 11]. Let  $\Delta t > 0$  denote the time step. We consider a sequence defined by

$$
\begin{cases}\n\frac{u_{n+1} - u_n}{\Delta t} = v_{n+1}, \\
\frac{v_{n+1} - v_n}{\Delta t} = -|v_{n+1}|v_{n+1} - f(u_{n+1}), \\
u_0, v_0 \in \mathbb{R},\n\end{cases}
$$
\n(35)

where  $f : \mathbb{R} \longrightarrow \mathbb{R}$  is locally Lipschitz continuous and satisfies

$$
f \text{ is nondecreasing},\tag{36}
$$

$$
f(s) < 0, \quad \forall s < a,\tag{37}
$$

$$
f(s) = 0, \quad \forall s \in [a, b], \tag{38}
$$

$$
f(s) > 0, \quad \forall s > b. \tag{39}
$$

Here  $a, b \in \mathbb{R}$  are such that  $a < b$ .

We denote by F an antiderivative of f. The assumptions on f imply that F is convex and that there exist two positive constants  $c_1$ ,  $c_2$  such that

$$
F(s) \ge c_1|s| - c_2, \quad \forall s \in \mathbb{R}.\tag{40}
$$

Since  $F$  is convex, we have

$$
F(u) - F(\tilde{u}) \ge f(\tilde{u})(u - \tilde{u}), \quad \forall u, \tilde{u} \in \mathbb{R}.
$$
\n
$$
(41)
$$

Since  $F$  is coercive, we have:

**Proposition 12** For every  $(u_0, v_0) \in \mathbb{R}^2$ , there exists at least one sequence  $(u_n, v_n)$  which complies with (35).

*Proof.* Assume by induction that for some  $n \in \mathbb{N}$ , the values  $(u_n, v_n)$  are defined in  $\mathbb{R}^2$ . We consider the function

$$
G_n: u \mapsto \frac{(u - u_n)^2}{2\Delta t^2} - \frac{uv_n}{\Delta t} + \frac{|u - u_n|^3}{3\Delta t^2} + F(u).
$$

It is clear that  $G_n$  is continuous on R and  $G_n(u) \to +\infty$  as  $|u| \to +\infty$  (cf. (40)). Thus,  $G_n$ has at least one minimizer  $u^*$  in  $\mathbb{R}$ , which solves  $G'_n(u^*) = 0$ , that is

$$
\frac{u^{\star} - u_n}{\Delta t^2} - \frac{v_n}{\Delta t} + \frac{|u^{\star} - u_n|(u^{\star} - u_n)}{\Delta t^2} + f(u^{\star}) = 0.
$$

We set  $u_{n+1} = u^*$  and  $v_{n+1} = (u_{n+1} - u_n)/\Delta t$ . We see that  $u_{n+1}$ ,  $v_{n+1}$  complies with (35) and we proceed by induction.  $\Box$  **Remark 13** Let  $(u_0, v_0) \in \mathbb{R}^2$ . By a fixed point argument, it is possible to prove that if  $\Delta t$  is small enough, there exists a unique sequence  $(u_n, v_n)$  which complies with (35) (see, e.g.,  $(13)$ .

**Theorem 14** Assume that f satisfies (36)-(39). For every non stationary sequence  $(u_n, v_n)$ which complies with (35), there exist a subsequence  $(u_{n_k}, v_{n_k})$  such that  $u_{n_k} < a$  for all  $k \in \mathbb{N}$ and a subsequence  $(u_{n_{k'}}, v_{n_{k'}})$  such that  $u_{n_{k'}} > b$  for all  $k' \in \mathbb{N}$ .

*Proof.* We multiply the second equation in (35) by  $\Delta t v_{n+1}$ . We find

$$
(v_{n+1} - v_n)v_{n+1} + \Delta t |v_{n+1}|^3 = -f(u_{n+1})(u_{n+1} - u_n).
$$

By (41),

$$
\frac{1}{2}|v_{n+1}|^2 - \frac{1}{2}|v_n|^2 + \frac{1}{2}|v_{n+1} - v_n|^2 + \Delta t |v_{n+1}|^3 \le F(u_n) - F(u_{n+1}).
$$

Thus,

$$
\Delta t |v_{n+1}|^3 \le E(u_n, v_n) - E(u_{n+1}, v_{n+1}),\tag{42}
$$

where

$$
E(u, v) := \frac{1}{2}|v|^2 + F(u).
$$

The sequence  $(E_n) = (E(u_n, v_n))$  is nonincreasing and since  $E(u, v)$  is coercive by (40), the sequence  $(u_n, v_n)$  is bounded. Morevover,  $(E_n)$  has a limit as n tends to  $+\infty$ , so  $|v_{n+1}| \to 0$ by (42).

We assume that  $u_n \ge a$  for al  $n \ge n_0$ , for some  $n_0 \in \mathbb{N}$ . We must prove that  $(u_n)$  is stationary.

• If  $v_n \geq 0$  for all  $n \geq n_0$ , then  $(u_n)$  is nondecreasing and since  $(u_n)$  is bounded, it converges to some value  $c \in [a, b]$ . In particular,  $u_n \in [a, b]$  for all  $n \geq n_0$  and the second equation in (35) becomes

$$
\frac{v_{n+1} - v_n}{\Delta t} = -|v_{n+1}|v_{n+1} \iff v_{n+1}(1 + \Delta t |v_{n+1}|) = v_n.
$$
 (43)

If  $v_n = 0$  for all  $n \geq n_0$ , then  $(u_n)$  is stationary. Otherwise, there exists  $n_1 \geq n_0$  such that  $v_{n_1} > 0$ . Equation (43) shows that  $v_{n_1+1} > 0$  and  $v_{n_1} > v_{n_1+1}$  and by induction,  $v_n > v_{n+1} > 0$  for all  $n \geq n_1$ . We have

$$
\frac{1}{v_{n+1}} - \frac{1}{v_n} = \frac{v_n - v_{n+1}}{v_n v_{n+1}} \le \frac{v_n - v_{n+1}}{v_{n+1}^2} = \Delta t, \quad \forall n \ge n_1.
$$

On summing this inequality, we find

$$
\sum_{k=n_1}^{n} \left( \frac{1}{v_{k+1}} - \frac{1}{v_k} \right) \le (n - n_1 + 1)\Delta t,
$$

that is

$$
\frac{1}{v_{n+1}} - \frac{1}{v_{n_1}} \le (n - n_1 + 1)\Delta t.
$$

Thus,

$$
v_{n+1} \ge \frac{1}{(n-n_1+1)\Delta t + 1/v_{n_1}},
$$

and so

$$
u_{n+1} - u_n \ge \frac{\Delta t}{(n - n_1 + 1)\Delta t + 1/v_{n_1}}, \quad \forall n \ge n_1.
$$

Thus, the series  $\sum_{n=n_1}^{\infty} (u_{n+1} - u_n)$  diverges and  $(u_n)$  tends to  $+\infty$ . This is absurd since  $(u_n)$  is bounded.

• If there exists  $n_1 \geq n_0$  such that  $v_{n_1} < 0$ , the second equation in (35) yields

$$
\frac{v_{n+1} - v_n}{\Delta t} + |v_{n+1}|v_{n+1} = -f(u_{n+1}) \le 0
$$

that is

$$
v_{n+1}(1 + \Delta t |v_{n+1}|) = v_n - \Delta t f(u_{n+1}), \quad \forall n \ge n_1.
$$

In particular,  $v_{n_1+1} < 0$  and by induction,  $v_n < 0$  for all  $n \geq n_1$ . Moreover,

$$
|v_{n+1}|(1 + \Delta t |v_{n+1}|) \ge |v_n|, \quad \forall n \ge n_1.
$$

If  $|v_n| \ge |v_{n+1}|$ , then

$$
\frac{1}{|v_{n+1}|} - \frac{1}{|v_n|} = \frac{|v_n| - |v_{n+1}|}{|v_n||v_{n+1}|} \leq \Delta t.
$$

If  $|v_n| < |v_{n+1}|$ , then

$$
\frac{1}{|v_{n+1}|} - \frac{1}{|v_n|} < 0.
$$

In both cases, we have

$$
\frac{1}{|v_{n+1}|} - \frac{1}{|v_n|} \le \Delta t, \quad \forall n \ge n_1.
$$

By summing on  $n$ , we find as previously that

$$
|v_{n+1}| \ge \frac{1}{(n-n_1+1)\Delta t + 1/|v_{n_1}|},
$$

Thus,

$$
-(u_{n+1} - u_n) \ge \frac{\Delta t}{(n - n_1 + 1)\Delta t + 1/|v_{n_1}|}, \quad \forall n \ge n_1.
$$

This shows that  $\sum_{n=n_1}^{\infty} (u_{n+1} - u_n)$  diverges and so  $(u_n)$  converges to  $-\infty$ . Again, we obtain a contradiction since  $(u_n)$  is bounded.

This proves the existence of the subsequence  $(u_{n_k})$ . The existence of the subsequence  $(u_{n_{k'}})$ follows similarly by reversing all signs.  $\Box$ 

Remark 15 The oscillations described in Theorem 14 occur even if F satisfies a Lojasiewicz inequality. Indeed, we may consider the function f defined by

$$
f(s) = \begin{cases} s-a & \forall s < a, \\ 0 & \forall s \in [a, b], \\ s-b & \forall s > b. \end{cases}
$$

A Taylor expansion near a and b shows that  $F$  satisfies the Lojasiewicz inequality with optimal exponent  $\theta = 1/2$ .

# 5 Numerical simulations

We have performed numerical simulations with the Scilab software.

### 5.1 Slow oscillations for a weak damping



Figure 1: An oscillatory sequence  $(u_n)$  (in black) versus time with f defined by (44). The two horizontal blue lines represent the values of a and b.

We first consider a sequence defined by (35) (the case  $\alpha = 1$ ) with f defined by

$$
f(s) = \begin{cases} -(a-s)^2 & \forall s < a, \\ 0 & \forall s \in [a, b], \\ (s-b)^2 & \forall s > b. \end{cases}
$$
 (44)

and  $a = 0, b = 0.2$ . The initial datum is  $(u_0, v_0) = (-0.5, 0)$ . The time step is  $\Delta t = 0.01$ and we have computed 100 000 iterations so that the final time is 1000.

Figure 1 shows the oscillatory behaviour described in Theorem 14. This is described as slow oscillations in the case of a weak damping in [10].

### 5.2 Convergence to equilibrium for a "strong" damping



Figure 2: A convergent sequence  $(u_n)$  (in black) versus time with f defined by (44) in the case  $\alpha = 0.6$ . The two horizontal blue lines represent the values of a and b.

Next, we consider a sequence defined by (24) with  $\alpha = 0.6$ . The function f and the initial condition are the same as previously. The time step is  $\Delta t = 0.01$  and we have computed 100 000 iterations. Figure 2 illustrates the convergence of the sequence proved in Theorem 11.



Figure 3: Behaviour of the sequence  $(u^n) = (u_1^n, u_2^n)$  for the explicit scheme (6) with f defined by (45). The starting point is  $u^0 = (3, 2)$ . The blue line is the ellipse (46).



Figure 4: Energy vs. time (left) and modified energy vs. time (right).

### 5.3 Convergence to equilibrium for a system

We consider the sequence  $(u_n, v_n)$  defined by the explicit scheme (6). The function  $F : \mathbb{R}^2 \to$  $\mathbb R$  is

$$
F(x,y) = \begin{cases} \frac{1}{2}(x^2 + 2y^2 - 1)^2 & \text{if } x^2 + 2y^2 - 1 \ge 0, \\ 0 & \text{if } x^2 + 2y^2 - 1 < 0. \end{cases} \tag{45}
$$

We note that  $F$  is a convex function and its set of critical point is the ellipse

$$
S = \{(x, y) \in \mathbb{R}^2 : x^2 + 2y^2 - 1 \le 0\}.
$$
 (46)

Moreover,  $F$  satisfies the Lojasiewicz inequality since it is a polynomial outside  $\mathcal{S}$ .

Figure 3 illustrates the convergence of the sequence  $(u^n)$  to a critical point which belongs to the interior of S. The initial condition is  $u^0 = (3, 2), v^0 = (0, 0)$ , the time step is  $\Delta t = 0.01$ and we have performed 1000 iterations. The value of  $u<sup>n</sup>$  is approximately  $(-0.68, -0.17)$ .

Figure 4 (left) shows the energy  $E^n$  versus time  $t_n = n\Delta t$  over the first 300 iterations. We see especially at the beginning that  $E<sup>n</sup>$  is not monotonic. In contrast, the modified energy  $\Phi_{\epsilon}$  shown in Figure 4 (right) is decreasing. The value chosen for  $\epsilon$  is 0.01.

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