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# Quantitative expression assay of GNAS gene: a reliable functional analysis in various clinical and molecular situations

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#### Introduction

The complex GNAS locus encodes the  $\alpha$  subunit of the stimulatory G protein and additional imprinted transcripts. Three main phenotypes are associated with genetic anomalies in this locus: Pseudohypoparathyroidism type 1a (PHP1a), type 1b (PHP1b) and pseudohypoparathyroidism (PPHP). Identification and functional analysis of genetic modifications can be challenging in some cases. Most splicing variants trigger the nonsense-mediated mRNA decay (NMD), a mRNA quality-control mechanism that eliminates mRNA premature translation-termination codons.

#### Material and methods

GNAS gene sequencing, methylation and CNV analysis were realised following the routine diagnosis protocol. Whole genome sequencing was performed in three cases. A quantitative expression analysis of GNAS gene using quantitative Real-Time PCR and/or droplet digital PCR was performed on whole blood RNA in comparison with a sex and age matched control, using GAPDH gene expression for normalisation. The retrotranscription was performed using a oligodT primer for the quantitative analysis and a GNAS - gene specific primer for the qualitative analysis.

#### Results

- We investigated eight French families presenting various GNAS-associated phenotypes: 5 PHP1a, 1 PHP1b, 1 PPHP and 1 partial PPHP phenotype (Table 1)
- We identified 5 novel variants: 2 synonymous, 1 missense, 2 intronic and 3 novel chromosomal rearrangements: 1 inversion in the regulatory region upstream the GNAS gene and two different deletions localised in 5'UTR (Figure 1). The qualitative RNA study was relevant in 4/8 cases (Table 1).
- In 6/8 of cases (75%) a significant reduction of GNAS expression was revealed. Case C presented a severe PHP1a phenotype and only 10% of normal cDNA. Case G, with partial PPHP phenotype presents a synonymous GNAS variant with no impact on RNA splicing. Case H has an abnormal RNA present, without haploinsufficiency (Figure 2).

Case	Phenotype	Variant	Mechanism
Α	PHP1b	140 kb Inversion	Unknown
В	PHP1a (severe)	1439 bp 5'UTR Deletion	Unknown
С	PHP1a	466 bp 5'UTR Deletion	Unknown
D	PPHP	c.108C>A p.(Val36=)	New acceptor splice site (36 bp deletion)*
E	PHP1a	c.139G>T p.(Gly47Cys)	Intron retention
F	PHP1a	c.258-1G>A	No qualitative analysis
G	Partial PPHP	c.654C>T p.(Val217=)	No consequence, normal splicing
н	PHP1a	c.971-2A>G	Complex splice impact, partial exon 12 deletion and intron retention

Table 1. Clinical and genetic data for eight individuals from eight different families. PHP1a/D = pseudohypoparathyroidism type 1a/1b; PPHP = pseudopsuedohypoparathyroidism  $^4$ Apetreie 1a, 2021, PMID: 38997150

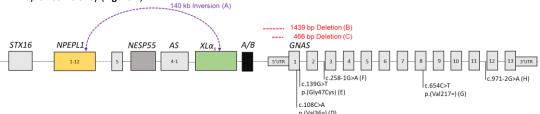


Figure 1. Schematic representation of the GNAS locus and localisation of the variants. GNAS locus contains GNAS gene with 13 exons, a regulatory region upward containing 4 additional imprinted transcripts. STX16 gene contains an imprinting control region. NPEPL1 gene has no known function. The localisation of the three rearrangements is indicated in violet (inversion) and red (two S'UTR deletions) and with a black line for the 5 ponctuel variants. The codon and the predicted proteic nomenclature is indicated below each variant when known. The affected individual is indicated in parenthesis for each variant.

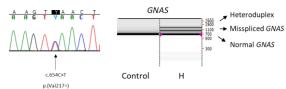


Figure 2. GNAS main transcript mRNA analysis in eight families on cDNA obtained by RT-PCR using oligo(dT)18 primer. A. Relative GNAS gene expression level (mean ±SEM) measured by quantitative real-time PCR or dropled-digital PCR, normalised to GAPDH expression level in each proband and a healthy sex and age matched control. At least two replicates were performed for each cDNA. In blue - significant reduction of GNAS expression level, in grey- normal GNAS expression level. B. Chromatogram from CDNAs expending of a nucleotide change from C to T in the individual G. C. Capillary electrophoresis performed on the CDNA in the individual H and a healthy sex and age matched control. On the first lane: GNAS PCR product in the control, on the second lane: 3 GNAS PCR products in the affected G individual, corresponding to the wild-type allele, the mutant, longer allele and the heteroduplex (a mixture of wild-type and mutant allele) product.

#### Discussion and Conclusions

- Most regulatory and splicing impacting variants are responsible of a significant reduction of GNAS mRNA level.
- Some variants can escape the NMD and produce an abnormal RNA without diminishing the overall mRNA quantity.
- Quantitative whole blood expression assay of GNAS gene is a reliable functional analysis that should be considered
  even without knowing the exact molecular cause whenever the patient has a GNAS-associated phenotype.