

## Anti-fibrotic effects of nintedanib on lung fibroblasts derived from patients with Progressive Fibrosing Interstitial Lung Diseases (PF-ILDs)

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1	Revised version
2	Anti-fibrotic effects of nintedanib on lung fibroblasts derived from patients with
3	Progressive Fibrosing Interstitial Lung Diseases (PF-ILDs).
4	
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26 **Running title**: Anti-fibrotic effects of nintedanib on PPF fibroblasts

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Nonstandard abbreviations: ILD: interstitial lung disease, PF-ILD: Progressive fibrosingILD, IPF: idiopathic pulmonary fibrosis, HP: hypersensitivity pneumonitis, PPFE:
pleuroparenchymal fibroelastosis, PBS: phosphate-buffered saline, HLFs: human lung
fibroblasts, TGF-β1: transforming growth factor-β1, PDGF-BB: platelet-derived growth factor
BB, COL1: collagen I, α-SMA: α-smooth muscle actin, SEM: standard error of the mean,
ANOVA: one-way analysis of variance.

#### 37 Abstract

The tyrosine kinase inhibitor nintedanib has been recently approved for the treatment of
Interstitial Lung Diseases (ILDs) that manifest a progressive fibrosis phenotype other than
Idiopathic pulmonary Fibrosis (IPF).

Nintedanib reduces the development of lung fibrosis in various animal models resembling features of PF-ILD and *in vitro*, it inhibits the fibrosing phenotype of human lung fibroblasts (HLFs) isolated from patients with IPF. To get insight on the cellular and molecular mechanisms that drive the clinical efficiency of nintedanib in patients with non-IPF PF-ILD, we investigated its effects on the fibrosing functions of HLFs derived from patients with PFhypersensitivity pneumonitis (PF-HP, n=7), PF-sarcoidosis (n=5) and pleuroparenchymal fibroelastosis (PPFE, n=4).

HLFs were treated with nintedanib (10 nM-1  $\mu$ M) and then stimulated with PDGF-BB (25-50 ng/ml) or TGF- $\beta$ 1 (1 ng/ml) for 24 to 72 hours to assess proliferation and migration or differentiation.

At nanomolar concentrations, nintedanib reduced the levels of PDGF receptor and ERK1/2 phosphorylation, the proliferation and the migration of PF-HP, PF-sarcoidosis and PPFE HLFs stimulated with PDGF-BB. Moreover, nintedanib also attenuates the myofibroblastic differentiation driven by TGF- $\beta$ 1 but only when it is used at 1  $\mu$ M. The drug reduced the phosphorylation of SMAD2/3 and decreased the induction of collagen, fibronectin and  $\alpha$ smooth muscle actin expression induced by TGF- $\beta$ 1.

In conclusion, our results demonstrate that nintedanib counteracts fundamental fibrosing functions of lung fibroblasts derived from patients with PF-HP, PF-sarcoidosis and PPFE, at concentrations previously reported to inhibit control and IPF HLFs. Such effects may contribute to its clinical benefit in patients suffering from these irreversible ILDs.

### 62

#### **Highlights:** 63

- Nintedanib blocks PDGF-BB-induced signalling of PF-ILD HLFs. 64
- Nintedanib inhibits PDGF-BB-induced proliferation of PF-ILD HLFs 65
- Nintedanib prevents PDGF-BB-induced migration of PF-ILD HLFs 66
- Nintedanib diminishes TGF-\beta1-induced differentiation of PF-ILD HLFs 67
- Lanib, Keywords (6): PPF, primary human lung fibroblasts, nintedanib, proliferation, migration, 68
- differentiation. 69
- 70

#### 72

## 1. Introduction

Interstitial lung diseases (ILDs) are defined as a large and heterogeneous group of 73 parenchymal pulmonary disorders of various etiologies characterized by diffuse damages in the 74 lung parenchyma [1,2]. Idiopathic pulmonary fibrosis (IPF), the best described ILD, is a 75 progressive fibrosing ILD (PF-ILD) associated with a high rate of mortality. A proportion of 76 patients with non-IPF ILD can also develop a progressive fibrosing phenotype that leads to 77 decline in lung function, quality of life worsening and early mortality [3]. These ILDs notably 78 include idiopathic non-specific interstitial pneumonia (NSIP), unclassifiable idiopathic 79 interstitial pneumonia, connective-tissue disease ILDs, chronic sarcoidosis, fibrosing 80 hypersensitivity pneumonitis (HP), asbestosis, silicosis or pleuroparenchymal fibroelastosis 81 (PPFE). The estimated prevalence of non-IPF PF-ILD ranges from 6.9 (Europe) to 70.3 (United 82 States) per 100 000 persons and the estimated incidence from 2.1 (Europe) to 32.6 (United 83 84 States) per 100 000 persons per years [4]. It is estimated that around 30% of all ILDs will evolve toward PF-ILD [5,6]. 85

The development of pulmonary fibrosis in non-IPF ILD is probably the consequence of chronic injuries to lung endothelial cells or epithelial alveolar cells associated with immune stimulation or autoimmunity. The repeated damages to alveolar tissues lead to the migration and proliferation of lung fibroblasts and their differentiation into myofibroblasts in fibroblastic foci [2,7]. Pulmonary tissue then acquires a fibrosis phenotype, characterized by selfprogression and activation loops that contribute to the accumulation of extracellular matrix (ECM) and end-stage lung remodeling.

93 Nintedanib is a tyrosine kinase inhibitor that has been used for several years in the treatment 94 of IPF. Recently, nintedanib has also been approved in EU, US and many other countries for 95 the treatment of patients that develop other PF-ILD [8,9]. The randomized, double-blind 96 placebo-controlled INBUILD<sup>®</sup> study, which assessed the efficacy and safety of nintedanib,

demonstrated that the drug slows the progression of several non-IPF PF-ILDs, established by 97 the annual rate of decline in forced vital capacity (FVC). Nintedanib likely reduces the 98 development of IPF by interfering with key functions of lung fibroblasts. Indeed, in vitro, 99 nintedanib inhibits the migration and proliferation of human lung fibroblasts (HLFs) isolated 100 from patients with IPF by competitively blocking the ATP-binding pocket in various tyrosine 101 kinase receptors including the platelet-derived growth factor receptor (PDGFR), the fibroblast 102 growth factor receptor and the vascular endothelial growth factor receptor [10]. However, 103 besides IPF, the effects of nintedanib on the functions of lung fibroblasts isolated from patients 104 suffering from other PF-ILD remain largely unknown. 105

In order to demonstrate the pharmacological activity of nintedanib on non-IPF HLFs, we
investigated in the present study the *in vit*ro drug effects on the pro-fibrosing functions of HLFs
isolated from ILD patients with PF-HP, PF-sarcoidosis and PPFE.

### 110 2. Materials and Methods

111 **2.1** P

### 2.1 Primary cultures of HLFs

PF-HP (median age 58 year; range 46.23-66.91 years) (4 females, 3 males), PF-sarcoidosis 112 (median age 57 year; range 36.57-68.05 years) (2 females, 3 males), PPFE (median age 52.85 113 114 year; range 29.5-72.53 years) (3 females, 1 male) and IPF (median age 66.94 year; range 56.72-76.06 years) lung samples were isolated from patients undergoing open lung biopsy using the 115 explant method [11]. PF-ILD patients were required to meet at least one of the following criteria 116 for progression of their ILD within 24 months, a relative decline in the FVC of at least 10% of 117 the predicted value, a relative decline FVC of 5% to less than 10% of the predicted value and 118 worsening of respiratory symptoms or an increased extent of fibrosis on high-resolution CT, or 119 worsening of respiratory symptoms and an increased extent of fibrosis [2,3]. IPF (2 females, 7 120 males) were diagnosed according to the ATS/ERS/JRS/ALAT criteria, including 121 histopathological features of usual interstitial pneumonia [12,13]. Control samples (median age 122 64.14 year; range 59.09-71.29 year, males) were from lung cancer patients undergoing 123 lobectomy or pneumonectomy, away from the tumor. The absence of tumor tissue in control 124 125 samples was verified histologically. This study was approved by the local ethics committee (Ethics Committee CHU Rennes, n° 16.123). Written informed consent was obtained from all 126 subjects. Cell morphology was checked by phase contrast microscopy. All experiments were 127 performed in accordance with relevant guidelines and regulations. 128

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## 2.2 Cell culture and treatments

HLFs derived from patients with PF-HP (n=7), PF-sarcoidosis (n=5) and PPFE (n=4) were
cultured in Dulbecco's Modified Eagle Medium (DMEM) (Gibco<sup>TM</sup>, Life Technologies,
Courtaboeuf, France) supplemented with 10% fetal calf serum (FCS) (Eurobio scientific, Evry,
France), antibiotic-antimycotic solution (Gibco<sup>TM</sup>, Life Technologies) and L-glutamine used at
passages 5 and 6. Nintedanib was provided by Boehringer Ingelheim Pharma GmbH (Biberach,

Germany). To analyze mRNA and protein expressions, HLFs were seeded for 24 h in 6-well plates, and then starved in FCS-free DMEM for 16 h. To study cell growth, HLFs were serumstarved for 16 h, cultured in DMEM containing 1 % FCS and 0.01-0.3  $\mu$ M nintedanib (NTD) for 3 h, and finally stimulated with PDGF-BB (50 ng/ml) (R&D Systems, Bio-Techne, Lille, France) for a further 72 h. To analyze the TGF-β1-induced myofibroblastic differentiation, serum-starved HLFs were pretreated with nintedanib (0.01-1  $\mu$ M) for 3 h and then stimulated with TGF-β1 (1 ng/ml; Preprotech, Neuilly-sur-Seine, France) for 24 h.

142 **2.3 Proliferation** 

143 After nintedanib and PDGF-BB treatments, cells were dissociated with trypsin, centrifuged (1500g, 5 min) and resuspended in DMEM containing 10 % FCS. Proliferation was assessed 144 with the acridine orange/propidium iodide staining (Logos Biosystems, Villeneuve d'Ascq, 145 146 France) and an automated fluorescence cell counter (Luna<sup>™</sup>, Logos Biosystems). The dye causes viable nucleated cells to fluoresce green and nonviable nucleated cells to fluoresce red. 147 After cell counting, the relative cell proliferation was calculated by dividing the number of 148 viable cells exposed to nintedanib +/- PDGF-BB by the number of viable untreated cells 149 arbitrarily set at 1. 150

151 **2.4 Migration assay** 

HLF migration was assessed in a modified Boyden chamber assay, using a ThinCert® permeable support (6.5 mm, 8  $\mu$ m) (Greiner Bio-One, Kremsmünster, Austria) coated with fibronectin (0.1  $\mu$ g/ml) (Sigma-Aldrich, St. Quentin Fallavier, France). The medium in the upper compartment (DMEM-0%FCS) contained 0.01-0.3 $\mu$ M nintedanib and the medium in the lower compartment contained (DMEM-1%FCS) 25 ng/ml PDGF-BB. Cells were incubated for 16 h at 37°C, fixed in 70 % ethanol, and labelled with DAPI. Migration was assessed by counting the number of cells on the lower surface of the filters. The relative cell migration was defined by dividing the number of migrating cells stimulated with PDGF-BB by the number ofmigrating cells left untreated and arbitrarily set at 1.

161 **2.5 Protein analysis** 

HLFs were lysed in ice-cold RIPA buffer containing cOmplete<sup>™</sup> Protease Inhibitor Cocktail 162 (Roche, Sigma-Aldrich) and phosphatase inhibitor cocktail (Sigma-Aldrich). Proteins were 163 separated by electrophoresis on 10 % Tris-glycine SDS polyacrylamide gels and transferred to 164 nitrocellulose membranes (pore size: 0.2 µm, Invitrogen). Free binding sites were blocked by 165 incubation in 5 % milk or bovine serum albumin (BSA) (Sigma-Aldrich, St. Quentin Fallavier, 166 167 France) for 2 h at room temperature. Membranes were then incubated with the appropriate primary human antibody (Ab) overnight at 4°C. The primary Abs were anti-α-smooth muscle 168 actin ( $\alpha$ -SMA) (clone 1A4, Sigma-Aldrich), anti-collagen I (Southern Biotechnology 169 Associates, Birmingham, AL), anti-GAPDH (mab90009-P, Covalab, Bron, France). Anti-170 phospho p44/42 MAPK (197G2), anti-p44/42 MAPK (9101), anti-phospho SMAD2 (3104), 171 anti-SMAD2 (D43B4), anti-phospho SMAD3 (C25A9), anti-SMAD3 (C67H9), anti-phospho 172 PDGF receptor (PDGFR) β (3161) and anti-PDGFR (28E1) Abs were from Cell Signaling 173 174 Technology (Massachusetts, USA). Digital images were acquired on a gel imaging system (Chemi doc, BIO-RAD Laboratories, Marnes-La-Coquette, France) equipped with a CCD 175 camera. Western blots were quantified by densitometry using Image Lab<sup>™</sup> software (BIO-176 177 RAD) and normalized to GAPDH. The relative protein expression in HLFs was determined by arbitrarily setting at 1 the protein expression measured in untreated cells. 178

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### 2.6 RNA isolation and RT-PCR assays

Total RNAs were extracted using the mRNA extraction kit from Macherey Nagel (Hoerdt,
France) according to the manufacturer's instructions. RNA concentrations were measured by
spectrofluorimetry using a NanoDrop 1000 (Thermo Fisher scientific, Saint-Herblain, France).

Then mRNA were reverse transcribed using the High-Capacity cDNA Reverse Transcription 183 kit (Applied Biosystems, Thermo Fisher Scientific). Quantitative PCR (polymerase chain 184 reaction) was performed using the SYBR Green methodology on a CFX384 Real-Time PCR 185 System (Bio-Rad Laboratories) in duplicates. All the primers were provided by Sigma-Aldrich 186 (KiCqStart<sup>™</sup> SYBR<sup>®</sup> Green Primers, St. Quentin Fallavier, France). The specificity of gene 187 amplification was checked at the end of PCR using the comparative cycle threshold method 188 (CFX Manager Software). The mean Cq values were used to normalize the target mRNA 189 concentrations to those of the 18S ribosomal protein by the  $2^{(-\Delta\Delta Cq)}$  method. The mRNA levels 190 were expressed relatively to those measured in unstimulated HLFs, arbitrarily set at 1. 191

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### 2.7 Statistical analysis

All results are presented as means ± standard errors of mean (SEM) of the indicated numbers
of independent biological experiments performed with cell cultures deriving from different
patients. Statistical analyses were performed with Prism 8.0 (GraphPad Software, La Jolla, CA).
Significant differences were determined by ANOVA followed by the Dunnett's Multiple
comparison *t*-test (\* p<0.05; \*\* p<0.01; \*\*\* p<0.001).</li>

199 **3. Results** 

## 3.1 Nintedanib blocked PDGF-BB-induced signaling of PF-HP, PF-sarcoidosis and PPFE primary HLFs.

PDGF-BB modulates cell functions, notably in lung fibroblasts, by stimulating the PDGFR 202 203 which, in turn, controls the activation of the ERK1/2 signaling pathway [14]. Our results show that PDGF-BB increased the level of phosphorylation of the PDGFR and ERK1/2 in PF-HP 204 (Fig. 1A-B), PF-sarcoidosis (Fig. 1C-D), PPFE (Fig. 1E-F), IPF and control (Supplementary 205 Fig. 1) HLFs. To explore the effects of nintedanib on the PDGFR signaling pathway in PF-ILD 206 HLFs, cells were first treated for 3 h with 10 nM-300 nM nintedanib and then stimulated for 10 207 min with PDGF-BB. The drug decreased in a concentration-dependent manner the PDGF-BB-208 induced phosphorylation of PDGFR and ERK in PF-HP (Fig. 1 A-B) and PF-sarcoidosis (Fig. 209 1 C-D) HLFs, as well as in IPF and control HLFs (Supplementary Fig. 1 A-D). Its effects were 210 significant from 10-30 nM and maximal at 300 nM. In PPFE HLFs, nintedanid also reduced 211 PDGFR and ERK phosphorylation but this effect was only significant at 300 nM. 212

## 3.2 Nintedanib inhibited PDGF-BB-induced proliferation of PF-HP, PF-sarcoidosis and PPFE HLFs.

Fibroblast proliferation is an important step of self-sustaining fibrosis that likely promotes 215 the formation of pulmonary fibroblastic foci [15] in the lungs of patients suffering from IPF or 216 217 non-IPF PF-ILD [2,7]. We thus explored the potential of nintedanib to block cell proliferation induced by PDGF-BB, a potent mitogenic cytokine. HLFs were incubated for 3 h with 218 nintedanib and then stimulated with PDGF-BB for the next 72 h. As expected, PDGF-BB 219 increased the proliferation of PF-ILD HLFs (Fig. 2 A, B, C), IPF and control HLFs 220 (Supplemental Fig. 1 E, G). Nintedanib significantly and dose-dependently reduced the PGDF-221 BB-induced proliferation of PF-HP, PF-sarcoidosis and PPFE HLFs. At 100 nM, nintedanib 222 totally inhibited the proliferation of all PF-ILD HLFs. 223

## 3.3 Nintedanib prevented PDGF-BB-induced migration of PF-HP, PF-sarcoidosis and PPFE HLFs.

226 The migratory cell dynamic is another important function involved in the formation of fibroblastic foci and self-sustaining fibrosis [15,16]. Besides proliferation, PDGF-BB also 227 228 promotes cell migration through its chemoattractant properties. Figure 3 shows that PDGF-BB significantly increased the migration of the different PF-ILD HLFs. Nintedanib significantly 229 decreased, in a concentration-dependent manner, the migration of PF-HP, PF-sarcoidosis and 230 PPFE stimulated with PDGF-BB. Significant inhibition started at 30 nM and reduction close to 231 baseline was reached at 300 nM. Similarly, the drug strongly reduced the migration of IPF and 232 control HLFs cultured with PDGF-BB (Supplemental Fig. 1 F, H). 233

# 3.4 Nintedanib diminished TGF-β1-induced fibroblast to myofibroblast transition of PF-HP, PF-sarcoidosis and PPFE HLFs.

The canonical TGF- $\beta$  signaling pathway, mediated by the signal transducers and 236 transcriptional modulators SMAD2 and SMAD3, drives the production of myogenic markers 237 linked to myofibroblast differentiation. This signaling pathway controls fibrogenesis by 238 regulating the production of ECM and the development of contractile actin stress fibers. In 239 order to study the effects of nintedanib on the fibroblast to myofibroblast transition, PF-HP, PF-240 sarcoidosis and PPFE HLFs were treated with the drug for 3 h and then stimulated with TGF-241 242  $\beta$ 1 for the next 24 hours. Figure 4 shows that TGF- $\beta$ 1 induced the phosphorylation of SMAD2 243 and SMAD3 proteins in all three PF-ILD HLFs (Fig. 4). The cytokine also strongly increased the production of the myofibroblastic markers fibronectin, collagen-1 (COL1) and  $\alpha$ -smooth-244 muscle actin ( $\alpha$ -SMA), at both mRNA (Fig. 5) and protein levels (Fig. 6). In these conditions, 245 nintedanib weakly reduced the phosphorylation of SMAD 2/3 in PF-ILD HLFs. Its effects were 246 only significant when nintedanib was used at its highest concentration (1 µM) (Fig. 4). 247 Similarly, nintedanib poorly limited the expression of the different myofibroblastic markers, at 248

both mRNA and protein levels in non-IPF HLFs (Figures 5 and 6), as well as in IPF and control 249 250 HLFs (Supplementary Fig. 2). Nintedanib significantly reduced the FIBRONECTIN, COLIA1 and ACTA2 mRNA levels in PF-HP and PPFE HLFs, mainly at its highest concentration (1 251 µM), and it only prevented the FIBRONECTIN gene expression in PF-sarcoidosis HLFs. In 252 addition, 1 µM nintedanib prevented the expression of fibronectin, COL1 and α-SMA in PF-253 HP HLFs (Fig. 6). At this concentration, the drug also significantly reduced  $\alpha$ -SMA protein 254 levels in PF-sarcoidosis and PPFE HLFs. However, nintedanib had no significant effect on 255 COL1 levels in these two cell types. As expected, high drug concentrations significantly 256 prevented protein expression of the three myofibroblastic markers in IPF and control HLFs 257 258 (Supplemental Fig. 2 C-D and G-H).

259

## 260 **4. Discussion**

Our study demonstrates for the first time that the tyrosine kinase inhibitor nintedanib, used *in vitro* at pharmacologically relevant concentrations, reduced the proliferation, migration and differentiation of primary HLFs derived from progressive fibrosing (PF)-HP, PF-sarcoidosis and PPFE HLFs.

Several reports have previously shown that nintedanib could modulate different signalling 265 pathways and pro-fibrotic functions in HLFs isolated from patients with IPF [17-19] or with 266 systemic sclerosis-associated ILD (SSc-ILD) [20]. The present results show that nintedanib also 267 exerts potent in vitro antifibrotic effects on HLFs deriving from patients with three other ILDs 268 that could be associated with a progressive fibrosing phenotype, i.e fibrosing HP, sarcoidosis 269 and PPFE. As described in IPF HLFs, nintedanib strongly inhibited the PDGFR-dependent 270 signaling pathways in the three types of HLFs [19]. Our results suggest that low drug 271 concentrations (30-100 nM) significantly and similarly prevented the proliferation and 272 273 migration of PF-HP, PF-sarcoidosis and PPFE HLF stimulated with PDGF-BB. Moreover,

these concentrations are equivalent to those inhibiting the proliferation and migration of IPFHLFs [19] and SSc-ILD HLFs [20]. Consequently, nintedanib seems to be equally active to
block PDGF effects in IPF and non-IPF HLFs.

In addition, we demonstrated that nintedanib partially blocked the switch of fibroblasts to 277 myofibroblasts induced by TGF- $\beta$ 1 in PF-HP, PF-sarcoidosis and PPFE HLFs. During this step, 278 HLFs gain the expression of contractile and ECM proteins. Specifically, the production of a-279 SMA allows the contraction of myofibroblasts and contributes to the matrix stiffening [21]. 280 Nintedanib significantly reduced the TGF-\beta1-induced expression of \alpha-SMA in the three PF-281 ILD HLFs, but its effects were more potent in PF-HP HLF. In addition, we show that nintedanib 282 283 specifically reduced COL1 expression in PF-HP HLFs. The production and secretion of collagen is another critical event conferring the stiffness of fibrotic lung tissues. In viable 284 precision-cut lung slices from bleomycin-treated rats and IPF patients, nintedanib modulates 285 286 type III collagen turnover [22]. In IPF HLFs, nintedanib also inhibited COL1 fibril formation and altered the appearance of collagen fibril bundles [23]. As reported for IPF [17,18] and SSc-287 ILD HLFs [20], our results clearly show that the concentrations of nintedanib required to block 288 the myofibroblast differentiation are higher than those preventing proliferation and migration 289 of HLFs. Indeed, COL1 and  $\alpha$ -SMA expressions were only significantly reduced in HLFs 290 291 treated with 1 µM nintedanib. The reasons why different ranges of concentrations of nintedanib 292 are necessary to prevent the proliferation and migration of HLFs on the one hand and the differentiation of HLFs on the other hand remain still unclear since the half maximal inhibitory 293 concentrations of nintedanib for the PDGFR and TGF-B1 receptor tyrosine kinases are very 294 295 similar [24,25].

It was recently discussed that the fibrotic process controlling the development of non-IPF PF-ILD may be similar to those involved in the progression of IPF [2,7,26,27]. Different recent reports are in agreement with this hypothesis. In fibrotic HP, a single-cell transcriptional

analysis had identified a subpopulation of fibroblasts with a high expression of ACTA2 or 299 300 COL1A1 [28]. In fibrotic lung tissues of patients with sarcoidosis, gene and protein expressions in fibroblastic foci were quite similar to those detected in patients with IPF [29]. PPFE, a very 301 rare subtype of interstitial pneumonia [30] is also characterized by the development of an elastic 302 fibre-rich fibrosis in pulmonary parenchyma. The fact that nintedanib similarly inhibited major 303 fibroblastic functions in IPF and other PF-ILD HLFs also supports a common mechanism of 304 fibrogenesis in these heterogeneous fibrotic ILDs. Finally, our results suggest that nintedanib 305 may prevent the decline in lung function in most PF-ILDs, including PPFE, by inhibiting the 306 main functions of HLFs [31]. 307

### 308 5. Conclusion

In conclusion, we found that nintedanib, used at pharmacologically relevant concentrations, counteracts *in vitro* key fibrotic functions of lung fibroblasts isolated from patients with PF-HP, PF-sarcoidosis and PPFE. These cellular and molecular effects are likely to contribute to its clinical benefit in patients suffering from these irreversible ILDs.

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#### 6. Authorship contributions 316

- 317 Conceptualization: AJ, LV, SJ conceived and designed the study.
- Performed data analysis: AJ, CM, TV performed the experiments. AJ analyzed and interpreted 318
- 319 the data.
- Resources: FLG, DCC, CLN, BDLT, SR provided lung biopsy. SG and AL provide clinical 320
- 321 data. MJ and BC provided HLFs.
- 322 Writing - review & editing: AJ, LV, SJ and LW.
- All authors read and approved the final manuscript. 323
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### 462 9. Competing interests

463 SJ has received fees, funding or reimbursement for national and international conferences, 464 boards, expert or opinion groups, research projects over the past 5 years from Actelion, AIRB, 465 Astra Zeneca, Bellorophon Therapeutics, Biogen, BMS, Boehringer Ingelheim, Chiesi, 466 Fibrogen, Galecto Biotech, Genzyme, Gilead, GSK, LVL, Mundipharma, Novartis, Olam 467 Pharm, Pfizer, Pliant Therapeutics, Roche, Sanofi, Savara. AJ and LV report grants from 468 Boehringer Ingelheim. LW is an employee of Boehringer Ingelheim. The other authors declare 469 that they have no competing interests.

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### 472 10. Figure Legends

## 473 Figure 1. Nintedanib blocked the PDGFR signalling pathway in PF-HP, PF-sarcoidosis 474 and PPFE HLFs.

PF-HP (n=7), PF-sarcoidosis (n=5) and PPFE (n=4) HLFs were treated with 0.01-0.3 µM 475 nintedanib for 3 h and then stimulated with 25 ng/ml PDGF-BB for 10 min. A,C,E. 476 Representative Western blots showing the phosphorylation of PDGF receptor and ERK. **B**, **D**, 477 F. Proteins were quantified by densitometry and then normalized to GAPDH. The fold change 478 in the levels of phosphorylated proteins found in stimulated cells was compared to the levels of 479 phosphorylated proteins measured in untreated cells, arbitrarily set at 1. Results are expressed 480 as means  $\pm$  SEM of 4-7 independent experiments. Significant differences were determined by 481 ANOVA followed by the Dunnett's multiple comparison t-test (\* p<0.05; \*\* p<0.01; \*\*\* 482 p<0.001). NTD: nintedanib 483

## Figure 2. Nintedanib blocked the proliferation of PF-HP, PF-sarcoidosis and PPFE HLFs stimulated with PDGF-BB.

PF-HP (n=7) (A), PF- sarcoidosis (n=5) (B) and PPFE (n=4) (C) HLFs were treated with 486 0.01-0.3 µM nintedanib for 3 h and then stimulated with 50 ng/ml PDGF-BB for 72 h. Cell 487 proliferation was determined by the fluorescent acridine orange/propidium iodide staining and 488 automated fluorescence cell counting. The relative cell proliferation was calculated by dividing 489 the number of viable cells treated with nintedanib +/- PDGF-BB by the number of viable 490 491 untreated cells, which was arbitrarily set at 1. All results are expressed as means  $\pm$  SEM of 4-7 independent experiments. Significant differences were determined by ANOVA followed by the 492 Dunnett's multiple comparison t-test (\* p<0.05,\*\* p<0.01,\*\*\* p<0.001). NTD: nintedanib 493 494

Figure 3. Nintedanib decreased the PDGF-BB-induced migration of PF HP, sarcoidosis
and PPFE HLFs.

PF-HP (n=7) (**A**), PF-sarcoidosis (n=5) (**B**) and PPFE (n=4) (**C**) HLFs were treated with 0.01-0.3  $\mu$ M nintedanib for 24 h along with 25 ng/ml PDGF-BB, used as a chemoattractant to induce cell migration. The relative cell migration was calculated by dividing the number of migrating cells treated with nintedanib +/- PDGF-BB by the number of untreated migrating cells, arbitrarily set at 1. Values are expressed as means ± SEM of 4-7 independent experiments. Significant differences were determined by ANOVA followed by the Dunnett's multiple comparison *t*-test (\* p<0.05, \*\* p<0.01, \*\*\* p<0.001).

# Figure 4. Nintedanib attenuated the phosphorylation of SMAD2/3 induced by TGF-β1 in PF-HP, PF-sarcoidosis and PPFE HLFs.

PF-HP (n=7), PF-sarcoidosis (n=5) and PPFE (n=4) HLFs were treated with 0.01-1 µM 506 nintedanib for 3 h and then stimulated with 1 ng/ml TGF- $\beta$ 1 for 30 min. A, C, E. Representative 507 508 Western blots showing the phosphorylation of SMAD2 and SMAD3. B, D, F. Proteins were quantified by densitometry and then normalized to the GAPDH. The fold change in the levels 509 of phosphorylated proteins found in stimulated cells was determined by arbitrarily setting at 1 510 the levels of phosphorylated proteins measured in untreated cells. Results are expressed as 511 means  $\pm$  SEM of 4-7 independent experiments. Significant differences were determined by 512 ANOVA followed by Dunnett's multiple comparison t-test (\* p<0.05, \*\* p<0.01, \* p<0.001). 513 NTD: nintedanib 514

# Figure 5. Nintedanib decreased the mRNA levels of myofibroblastic markers in PF-HP, PF-sarcoidosis and PPFE HLFs stimulated with TGF-β1.

517 PF-HP (n=7), PF-sarcoidosis (n=5) and PPFE (n=4) HLFs were treated with 0.01-1  $\mu$ M 518 nintedanib for 3 h and then stimulated with 1 ng/ml TGF- $\beta$ 1 for 24 h. **A**, **B**, **C**. Relative 519 *FIBRONECTIN*, *COL1A1* and *ACTA2* mRNA levels were measured by quantitative RT-PCR 520 and normalized to endogenous ribosomal *18S* mRNA levels. Data are expressed relatively to 521 the mRNA levels founds in unstimulated HLFs, arbitrarily set at 1. Results are expressed as

522 means  $\pm$  SEM of 4-7 independent experiments. Significant differences were determined by 523 ANOVA followed by Dunnett's Multiple comparison *t*-test (\* p<0.05, \*\* p<0.01, \*\*\* 524 p<0.001). NTD: nintedanib

## Figure 6. Nintedanib decreased the TGF-β1-induced differentiation of PF-HP, PF sarcoidosis and PPFE HLFs.

PF-HP (n=7), PF-sarcoidosis (n=6) and PPFE (n=4) HLFs were treated with 0.01-1 µM NTD 527 for 3 h and then stimulated with 1 ng/ml TGF-β1 for 24 h. A, C, E. Representative Western 528 blots of Fibronectin (FN), collagen-1 (COL1) and α-SMA. B, D, F. Protein levels were 529 530 quantified by densitometry and normalized to the GAPDH levels. The fold change in protein expression in stimulated cells was determined by arbitrarily setting at 1 the protein expression 531 measured in untreated cells. Results are expressed as means ± SEM of 4-7 independent 532 experiments. Significant differences were determined by ANOVA followed by the Dunnett's 533 multiple comparison *t*-test (\* p<0.05; \*\* p<0.01). NTD: nintedanib 534



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Figure 3

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## Figure 4



Figure 5









### **Authors statement**

Conceptualization: AJ, LV, SJ conceived and designed the study.

Performed data analysis: AJ, CM, TV performed the experiments. AJ analyzed and interpreted the data.

Resources: FLG, DCC, CLN, BDLT, SR provided lung biopsy. SG and AL provide clinical

data. MJ and BC provided HLFs.

Writing - review & editing: AJ, LV, SJ and LW.

All authors read and approved the final manuscript.

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### **Declaration of interests**

□ The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

☑ The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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