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1	Holocene climate dynamics on the European scale: Insights
2	from a coastal archaeological record from the temperate Bay of
3	Biscay (SW France)
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16	
17	ABSTRACT
18	The main drivers of Europe's climate during the Holocene result from the coupling and interplay
19	of external and internal radiative processes with the shifting patterns of many dynamic
20	components (e.g. glaciers, ocean currents, wind fields, vegetation cover). Those driving forces
21	were expressed across a range of geographical scales, from local to global, in a diverse set of
22	records forming a patchwork of evidence as to the fundamental pacing effect of climate on past
23	ecosystems. Various sedimentary deposits resulting from those complex forcing contexts bear
24	climatic signatures that it is not always easy to disentangle especially with respect to local
25	factors.

26 The present paper focuses on a coastal archaeological site on the Medoc peninsula (the Lède du 27 Gurp site in south-western France) that records Holocene palaeoenvironmental changes, decoded 28 here century after century and integrated with ongoing events on a pan-North-Atlantic scale. 29 Based on updated geoarchaeological approaches, thanks to new applications of proxies, 30 especially X-ray fluorescence (XRF) core scanning methods for this article, continuous 31 sedimentary records have been analysed in order to reconstruct a regional framework for past ecosystem events, including events potentially related to human activity. Our work identifies 32 33 signals on various scales in the record under study, with both long- and short-term trends and local and global imprints, but all closely bound up with proximal North Atlantic Ocean 34 35 dynamics. It highlights how western European environments (and so populations) were 36 dependent upon the linearity of climate evolution at the key Northgrippian/Meghalayan 37 transition.

38

39 **KEYWORDS**

40 Holocene; Neolithic; Climate dynamics; North Atlantic Ocean; Sea-surface conditions

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43 **1. Introduction**

44 The question of the climatic determinism of the evolution of human societies is still much debated in 45 the scientific community. However, throughout the Holocene (last ~11.7 ka cal BP, e.g. Walker et al., 46 2019 and references therein), much evidence points to a close connection between human behaviour 47 (e.g. habitats, techniques, cultures, practices) and climatic conditions (e.g. de Menocal, 2001; 48 Ruddiman and Thomson, 2001; Mayewski et al., 2004; Ruddiman et al., 2016). The increase in the 49 number of human settlements largely coincides with the onset of the mid-Holocene (6-7 ka BP) 50 when the melting of boreal glaciers, global temperatures and sea level all stabilized (from Jansen and 51 Bjørklund, 1985 to Eynaud et al., 2018 and references therein). Those events are related to well-52 known climatic subdivisions, with the termination of the warm (hypsithermal) Atlantic period (e.g. 53 Jansen and Bjørklund, 1985), recently included within the Northgrippian stage (e.g. Walker et al., 54 2019), and corresponding to the cultural Mesolithic-Neolithic transition in Western Europe. The 55 Anthropocene, sensu lato (i.e. including the early Anthropocene hypothesis, see Ruddiman et al., 56 2011; Waters et al., 2018; Zalasiewicz et al., 2018), introduces a new phase, with landscape and 57 habitat stability becoming highly random (still poorly evaluated) as a result of global climate 58 perturbations induced by mankind (e.g. Ruddiman and Thomson, 2001; Crutzen, 2002; Steffen et al., 59 2011; Waters et al., 2016; Zalasiewicz et al., 2018; see also Lambert et al., 2018 for an illustration 60 involving estuaries in north-western France).

It becomes essential, then, to test to what extent the dynamics of human populations are constrained by climatic hazards, with their direct and indirect environmental corollaries. This question requires a long-term (multi-millennial) perspective, which alone can provide access to time scales revealing environmental thresholds and shifts that potentially affected (and even constrained) populations. In this way, retrospective views are essential and make it possible to line up archaeological knowledge, often of a diachronic character, alongside the Earth's natural reference system. This is one key objective of palaeoclimatology, together with the extending of data beyond the brief time span of 68 instrumental records (and beyond biases arising from modern-day anthropogenic effects). Another 69 crucial objective is to draw up an inventory of past climatic situations, analogous to or contrasting 70 with the current period, to provide a clearer understanding of natural climate sensitivity and its 71 natural envelopes of variability from local to global scales (e.g. Rehfeld et al., 2018; Penaud et al., 72 2020).

73 On millennial scales, the dominant natural climatic modes still have to be detected: their characterization being critical to improving the predictive capacities of climate models (Liu et al., 74 75 2014; Hernandez et al., 2020). This endeavour has recently led to major works on the compilation 76 and inter-comparison of climate series targeting the recent Holocene period in particular, i.e. the last 77 two millennia (Kaufman et al., 2020; PAGES 2k Network, 2013; McGregor et al., 2015). Solar and 78 volcanic activity (historical period) have been demonstrated to be key drivers, as has anthropogenic 79 activity for the most recent periods (e.g. Ruddiman et al., 2011, 2016). The Holocene has long been 80 viewed as a stable period compared to the last glacial (e.g. Rehfeld et al., 2018) and only a few 81 notable cold episodes due to drift-ice advection events mainly from the Labrador Sea and Arctic 82 Ocean have been identified as significant (known as Bond events, Bond et al., 1997, 2001, or "Rapid 83 Climate Change" events (RCCs) of Mayewski et al., 2004, including the 8.2 ka cal BP event; see also 84 Fernane et al., 2015; Penaud et al., 2020 for a synthesis for France). Studies conducted throughout 85 northern Europe reveal periods of severe storms during the Holocene (e.g. Goslin et al., 2018a and b, 86 2019), and such events, which are especially well highlighted in Brittany (e.g. Van Vliet Lanoë et al., 87 2014), have mostly been linked with cold periods, even locally in south-west France where our study 88 is focused (Clarke et al., 2002; Bertran et al., 2020; Bertran and Fouéré, 2020). Storm frequency has 89 also been related to one of the most significant modes of climate variability in the northern 90 hemisphere, the North Atlantic Oscillation (NAO), and to AMOC (Atlantic Meridional Overturning 91 Circulation) dynamics (e.g. Sorrel et al., 2012; Goslin et al., 2018a and b, 2019; Hernandez et al.,

92 2020). However, the processes that govern these infra-orbital climatic instabilities are still subject to93 discussion.

94 The present work similarly aims to detect and account for Holocene palaeoenvironmental changes, 95 with special consideration of scaling effects in those processes, ranging from local to synoptic views. 96 The paper takes advantage of a dual approach combining climate history and human history. This is 97 done by way of two overlapping lines of study, with the twofold exploitation of: (1) a coastal 98 sedimentary accumulation feature recording the presence of human activity from Mesolithic and 99 Neolithic times (e.g. Verdin et al., 2019a), in addition to high-resolution facies variability, that is 100 directly comparable with (2) reference archives from which a tentative reconstruction of Holocene 101 climatic modes can be made (especially work derived from the ANR HAMOC, see 102 acknowledgments).

103 The main events consistent with records for the proximal Bay of Biscay will be highlighted here 104 together with the extent to which they are in phase with indices of climatic oscillations detected on a 105 broader spatial scale.

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108 2. The exceptional Lède du Gurp record

The Lède du Gurp (LDG) site is an archaeological site buried under modern dunes along the western shore of the north Medoc peninsula, on the administrative boundary of the towns of Soulac-sur-Mer and Grayan-et-l'Hôpital (Figure 1). This site is currently subject to chronic erosion, typical of Aquitaine coastal zones associated with a river mouth (Gironde estuary). The area has been studied by archaeologists since the mid-20th century and high-resolution excavations were conducted between 1972 and 1999, especially on the topmost layers dated from the Iron Age (Hallstatt civilization) where evidence of a local industry (and even habitats) dedicated to salt production was 116 reported (e.g. Frugier, 1972, 1975; Roussot-Larroque and Villes, 1988). The archaeological site 117 probably covered as much as half a hectare (i.e. 5000 m²) judging by the local rate of erosion (close 118 to 10 m/year, e.g. Aubié and Tastet, 2000) and the discoveries of human artefacts in the vicinity, 119 reported both in the intertidal zone and in nearby depressions within the modern supratidal dunes. In 120 2014 drastic erosion of the shore and the dune front left a circular residual buttress (relief inversion, 121 Figure 1c) some 15 m in diameter and about 4 m high, made up of an accumulation of peaty and 122 sandy mud (see Faye et al., 2019; Verdin et al., 2019a). Rescue excavations were undertaken in 123 October 2014 revealing an extraordinary archaeological content (Verdin et al., 2016, 2019a and b) 124 and allowing the recovery from the buttress of continuous vertical sedimentary sequences up to 3 m 125 in length. A large set of analyses was applied to the recovered sequences (see Faye et al., 2019 for the 126 whole array of acquired data and detailed description of the studied records) and revealed an 127 uninterrupted high-resolution record for the last 10 ka. The present work follows on from Faye et al., 128 2019 and Verdin et al., 2019a, which presented in detail the geology and sedimentology of the LDG 129 site, and the stratigraphic and archaeological contexts, respectively. Additional radiocarbon datings 130 (Table 1) enable us to focus here on climate-related proxies (especially those of palynological 131 analyses and high-resolution X-ray fluorescence - XRF scanning for major element quantification) in 132 a robust chronostratigraphic framework (9-3 ka interval). The sedimentological context of the 133 residual buttress from which the sequences were retrieved is linked to a circular depression within 134 blue-grey clayey-sands (completely eroded in 2014), infilled with argillaceous (and some 135 arenaceous) peaty deposits to a depth of approximately 4 m, since 10.5 ka BP at least; this age being 136 the oldest obtained by drilling (labelled SC1 in Table 1) in the deeper part of the peaty clays before 137 their transition with the blue-grey sandy deposits surrounding and delimiting the peaty depression. It 138 is assumed the depression was formed in an inner estuarine marshland in a context of karstic erosion, 139 possibly forced by thermokarstic processes (see Faye et al., 2019 for a discussion of this hypothesis) 140 considering the age obtained for the basal section of the record.

141 This new high-resolution Holocene record makes it possible to document long- and short-term 142 palaeoenvironmental variations both locally and globally. In line with ongoing efforts by the 143 palaeoclimatology community to compile past climatological records from diverse settings (e.g. 144 Kauffman et al., 2020, see also for instance existing sequences within the framework of the European 145 pollen database, http://www.europeanpollendatabase.net/fpd-epd/bibli.do, or work compiled for the 146 last 2 ka: https://pastglobalchanges.org/science/wg/2k-network/scientific-goals), it may provide key 147 signals in a context of growing human influence throughout the last millennia, helping us to identify 148 natural and anthropogenic shifts that have driven changes in European landscapes.

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150 **2.1. Methods**

151 The detailed sampling protocol in the field together with the details of laboratory analyses of the 152 sediment sequences LDG-G3 (-1.154745; 45.466222) and LDG-G4 (-1.154759; 45.466085) are 153 described in Faye et al. (2019). Briefly, after the recovery of sections several metres in length 154 (continuous slab-composite sequences based on Nx25 cm long aluminium slides, with N=11 for 155 LDG-G3 and N=9 for LDG-G4, respectively) from the bottom to the top of the buttress, non-156 destructive (scanning, using classic and X-ray imaging, coupled with spectrocolorimetry and XRF 157 measurements) and destructive analyses were conducted at the EPOC laboratory (see Faye et al., 158 2019). The latter comprised a complete sub-sampling of sediment sections at 1 cm intervals for 159 sieving (at 150 μ m) of the samples in order to determine their lithology and biostratigraphy (with 160 grain-size analyses of raw samples, visual description of the sandy $> 150 \,\mu\text{m}$ fraction, radiocarbon 161 datings – Table 1, and palynological processing and analyses for the $< 150 \,\mu m$ fraction).

The results presented and discussed here were compiled by age after the construction of independent age scales for the LDG-G3 and LDG-G4 sequences (hereafter referred to as G3 and G4) based on 4 and 5 datings for each, respectively. Those chronological markers presented no reversals along the sequences (Figure 2) and the global stratigraphy of the site covered at least the last 10.5 ka cal BP. This was confirmed by separate datings obtained on organic archaeological remains (see Verdin et al., 2019a and Faye et al., 2019). Age models were obtained by a polynomial regression (order 3). To validate this approach, age-depth models were also produced with the "Undatable" age-depth modelling routine (Lougheed and Obrochta, 2019) providing very similar age-model equations (not used in the following, but their 1 σ and 2 σ envelopes are plotted in Figure 2 to illustrate the coherence of the methods).

Statistical analyses were conducted on XRF ratios (variables being the element/SUM ratio, the most common way to normalize raw XRF cps data, and equivalent to relative percentages) to validate the interpretation of the elemental changes detected. Those analyses were performed with PAST software (PAleontological Statistics, Hammer et al., 2001). Our multivariate analysis based on an ordination method, principal component analysis (PCA), was supplemented by ternary plots also provided by PAST tools to better understand the significance of the highest scores on the main components.

178 Holocene sea-surface hydrographic conditions from the proximal southern Bay of Biscay PP10-07 179 core, used here for a comparison with the LDG signals, were reproduced from earlier works by Mary 180 et al. (2017) and Eynaud et al. (2018). Reconstructed hydrographic data were derived from 181 planktonic foraminifera assemblages after the MAT1007 transfer functions developed at EPOC (see 182 Eynaud et al., 2018 for a review of this approach). For this article, past sea-surface salinities (SSS) 183 were added to sea-surface temperature (SST) information thanks to an update of the modern 184 hydrographical database (mainly after the World Ocean Atlas 2013; 185 https://www.nodc.noaa.gov/OC5/woa13/woa13data.html, see methods in de Vernal et al., 2020). This 186 update enabled us to robustly reconstruct SSS on the basis of planktonic foraminifera (Root mean 187 square error of prediction of 0.7 psu).

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189 **2.2.** Main results and interpretation perspectives of the recorded signals

190 XRF data from the G3 and G4 sequences have been compared systematically (when data co-exist) as 191 the parallel between them provides very important information as to whether the records are coherent 192 and complete. Actually, because of the large number of human artifacts found within the buttress 193 during excavation, including wattle-work structures of a metre or so in size (Verdin et al., 2019a, 194 López-Romero et al., 2021), doubts have arisen about whether the stratigraphy is continuous. The G3 195 and G4 sequences retrieved were some 15 metres apart (Figure 1), at the southern and northern ends 196 of the buttress, respectively. Figures 3 and 4 show that, whatever the elemental ratio or concentration 197 considered (as seen with the ratios for Fe/SUM in Figure 3b, S/SUM in Figure 3h, and Ti/SUM in 198 Figure 4f), few discrepancies are to be found between the records whether in depth (see Faye et al. 199 2019) or age (despite independently built age-models). This confirms that the LDG site stratigraphy 200 obtained is not only robust but also that it was not impacted by past human activities, at least on its 201 outer edges.

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203 By means of the diverse proxies, the studied records provide a detailed account of local 204 environmental changes (linked or not to human influences, see Faye et al., 2019 for further details on 205 the sedimentology of the sequences analysed) over the time window from 9 to 3 millennia (ka) before 206 the present (cal BP, i.e. ~7 to 1 ka cal BCE/CE). As underlined in Figures 3 and 4, the most 207 noticeable features encountered in those records are related to stepwise changes in most of the 208 proxies. These changes reflect well-known environmental events within the Holocene and can be 209 sequenced consistently with the climatic history of this period, with from the base to the top of the 210 sequence:

A first period of 3 millennia (from 9.4 to 7.1 ka cal BP) that records rapid but moderate amplitude
changes in the proxies studied and so in the environmental contexts of the deposits. In the study area,
that period was one of dense forest cover (Figure 3d) with predominantly deciduous *Quercus* (Figure 3j) and a moderate contribution of *Pinus* trees (Figure 3f). This part of the early Holocene (the

Greenlandian, Gibbard, 2018, also corresponding to the preboreal and boreal chronozones, Figure 4) still records significant climate changes mainly due to melt-water pulses associated with the retreat and melting of boreal ice-sheets (e.g. Elmore et al., 2015; van der Bilt et al., 2015). We have chosen to illustrate the regional expression of this decay in the declining volcanic activity in the Massif Central (Figure 4h) which may have caused lithospheric relaxation.

220 - A transitional period, between 7.1 and 6.1 ka cal BP, where all the proxies record radical shifts 221 with marked excursions (Figure 3). None of the records depict similar values either before or after 222 that period, and the changes are especially drastic for pollen assemblages (Figure 3d-e-f and 3j-k) and 223 the K/SUM, S/SUM, Ca/SUM, Br/SUM ratios (Figure 3g-h-i and 3c). Two peaks in Pinus pollen 224 bracket this short interval (Figure 3f). They are found along with a major decline in forest cover but 225 they may also indicate strong winds (the preferential mode of dispersion of *Pinus* pollen grains) 226 across the study area. This interval is also characterized by the largest values observed in the Fe/SUM 227 record (Figure 3b) and by an excursion in the Br/Si signal in G3 (Figure 4e). Those observed changes 228 are contemporaneous with mid-Holocene sea-level stabilization and precede the dip in insolation 229 after 6 ka (e.g. Lorenz et al., 2006) and then the period known as the Neoglacial cooling in the 230 northern hemisphere (Figure 4).

231 - Finally, the 6.1 to 3.4 ka cal BP period exhibits relatively flat records with rare excursions of the 232 proxies from their background values, except between 5.4 and 4.8 ka cal BP, where moderate to high 233 amplitude peaks are detected in granulometry (Figure 3a) and in the Fe/SUM, K/SUM (Figure 3b-g) 234 and Br/Si signals of G3 especially (Figure 4e). The decline in forest cover is confirmed and attested 235 by the corresponding expansion in grassland (Figure 3d-e-f-j-k). The period encompasses the 236 Northgrippian-Meghalayan transition (Gibbard, 2018; Walker et al., 2019; Curran et al., 2019) and is 237 marked locally by the onset of dune build-up along the Aquitanian coast, although dune migration 238 and invasion peaked later (Tastet and Pontee, 1998; Clavé, 2001; Clarke et al., 2002; Stéphan et al.,

2019; Bertran et al., 2020; Bertran and Fouéré, 2020), during historical times (not covered by our
records).

241

Apart from this distinct time division within the records compiled for the Holocene, the most significant result is that local changes detected in the XRF-derived data fit quite well, both in their pacing and amplitudes, with those relating to a hemispheric or even global climatic signature.

These common detected trends argue for large scale processes imprinted within the records, despite numerous local geomorphological evolutions in the vicinity of the LDG site, that one can imagine to be factors of bias in its sedimentology, but which, visibly here, do not overprint or obliterate regional (i.e. the North Atlantic province) signals and global scale forcings.

249 Figure 4 especially underlines the fit between LDG records and Holocene chronostratigraphic and 250 climatological reference frameworks. These frameworks have been extensively supplemented over 251 the last 20 years (see the number of existing records in the compilation in Kauffman et al., 2020) 252 pointing out the strength of regionalism in the detected signals, and showing that climate is not the 253 result of a single ruling component. Furthermore, uncertainties in those reconstructions are not 254 failures in comprehending the system but rather proof of its extraordinary complexity. Local signals 255 are a mixture of environmental interplay and the unravelling of the associated factors at play is 256 critical to an understanding of changes in past ecosystems.

257

3. From a local to a global perspective

The LDG archaeological site thus extends our knowledge by providing an opportunity to test the synchronicity of well-known Holocene climatic and environmental events on France's south-west coast at a site that captured influences of natural ecosystem changes and growing anthropic pressure.

The reconstructed history may thus yield new information about the co-evolution of local natural habitats and human trajectories within the framework of major climatic trends.

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3.1. Significance of the information recovered from the LDG archaeological site: What are we recording?

267 Sedimentary records integrate different physical and biogeochemical processes occurring on various 268 scales of time and space. Detecting climate events in such records is a complex matter and calls for 269 the local window of study to be opened up to broader contexts, to avoid misinterpretation or 270 misdetection in the environmental history. Here the perspective is thus drawn on the scale of the 271 Atlantic basin, which is known to concentrate various kinds of systemic response because of its key 272 role in the natural evolution of climate. Several records were selected to support our approach (Figure 273 4): they are distributed from pole to pole and selected so that events occurring during the Holocene 274 can be viewed against a regional or global background.

275 Local signatures and proxies reflect long-term climatic variations throughout the period under study. 276 This is especially true when comparing temperature signals, both on large geographical scales and for 277 more proximal systems (here SST of the southern Bay of Biscay). Our analyses show that the 278 K/SUM ratio seems to follow summer SST trends as reconstructed for the eastern tropical Atlantic 279 Ocean (Figure 4c and j). Similar coherence is observed for the Ti/SUM ratio, which fits neatly within 280 the envelope of global mean temperature anomalies (as compiled by Marsicek et al., 2018, Figure 4f 281 versus 4m). The Mn/SUM and Br/Si ratios similarly track the long-term evolution of summer SSTs 282 as reconstructed for the Bay of Biscay with, especially, a very flat signal after 6 ka cal BP (Figure 4d 283 versus 4k and Figure 4e versus 4l). Between 9 and 3 ka cal BP, the AP/NAP (arboreal - including 284 Pinus/non arboreal pollen) ratio shows the same declining values towards the present as those of the 285 global concentration of atmospheric methane (Figure 4g versus 4n). This observation may relate to a 286 close connection between vegetation dynamics and the global methane budget (i.e. from Sánchez287 Goñi et al., 2008 to Beck et al., 2018). However, the question of the latitudinal position of methane 288 sources and related vegetation type contributions is still open, especially for the Holocene, and is 289 furthermore puzzling with regard to the "early anthropogenic hypothesis" (e.g. Ruddiman and 290 Thompson, 2001). There are signs of forest clearance at the LDG site as early as 7 ka (Figure 3d-e-f-291 j-k). Unfortunately the LDG records do not yield data for the last 3 ka. Therefore our study does not 292 encompass the mid-to-late Holocene rise seen in methane concentrations and attributed to the land-293 use changes and forest clearance concomitant with agricultural development (Tzedakis, 2010; 294 Ruddiman et al., 2016).

295 The LDG sequences reveal several short-lived events superimposed on this early to mid-Holocene 296 trend. Some of these events are directly reflected in the compiled reference records, while others 297 appear to be exclusively local. The early Holocene especially records larger amplitude fluctuations 298 with three short but prominent peaks (maximum of 150 years' duration) which are clearly visible in 299 the Zn/SUM ratio (Figure 4b) at 8.7, 8.3 and 8.1 ka cal BP. Those peaks reflect sudden SST changes 300 in the proximal Bay of Biscay (Figure 4k and 4l) with significant warmings in annual SST (up to 301 8 °C, Figure 41) at 8.7 ka cal BP. The last two peaks bracket the well-known cold "8.2 ka event" of the NGRIP stratotype (Figure 4i, Vinther et al., 2006; Rasmussen et al., 2006) related to the complete 302 303 disappearance of the Laurentian ice cap with the drainage of Lake Agassiz (e.g. Clark et al., 2001) 304 that ended the Greenlandian (Walker et al., 2019). This spiky and noisy signal, well expressed in the 305 Zn/SUM ratio (Figure 4b), continues with recurrent events every 2 to 3 centuries up to 6 ka and then 306 flattens. This flattening seems to mark nearly all the records and is also seen in the proximal Bay of 307 Biscay, with mean annual SSTs reaching stable modern values (close to 14 °C, Figure 41). This 308 stability is also confirmed for regional summer SST anomalies (Figure 4k) at the distal Cape Verde 309 tropical site (de Menocal et al., 2000, Figure 4a), with anomalies remaining close to zero, suggesting 310 steady climatic conditions over the North-Eastern Atlantic. Two late events can, however, be pointed 311 out (especially seen in the Fe/SUM and K/SUM ratios): they occur at 5.4 and 4.8 ka respectively

(Figure 3b and g and 4c), in a warm context as inferred from the related temperature records, and are well circumscribed within the LDG site (corresponding also to brief lows in CH₄ concentration) where they delimit a sand deposition event as measured in G3 (Figure 3a).

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316 The changes highlighted at the local LDG site thus illustrate the change in sediment facies (see also 317 Faye et al., 2019 for the interpretation of grain-size data in the LDG records), occurring consistently 318 with environmental change. But what is the genetic link between the proxies used and climate? Since 319 the generalization of XRF core scanning tools, many attempts have been made to identify the 320 significance of elements in diverse sedimentary contexts (see especially the compilations in Croudace 321 and Rothwell, 2015; Croudace et al., 2019; for the organic matrix at the LDG site, see also Longman 322 et al., 2019). The most significant ratios in the LDG record (as deduced from the PCA analysis of G3 323 and also seen in G4) include the Fe/SUM, Ca/SUM, K/SUM, Si/SUM and S/SUM ratios. All of these 324 display high scores (negative and positive) for the two first components, accounting for 96% of the 325 variance (Figure 5). Ternary plots were drawn in addition to identify the sedimentological 326 significance of key ratios (Figure 5b). However, as previously illustrated with Figures 3 and 4, other 327 ratios of low weight in the PCA (Zn/SUM, Mn/SUM, Ti/SUM and Br/Si) should not be ignored as 328 they also clearly reflect environmental changes. Classically, in siliciclastic sediments from the North 329 Atlantic region, Ti, K, Si and Fe abundances are related to terrigenous inputs while Ca, Sr, S and Br 330 are related rather to biogenic production (e.g. Richter et al., 2006; Rothwell and Croudace, 2015; 331 Mojtahid et al., 2019; Longman et al., 2017, 2019). Additionally, S is often used as a proxy for 332 oxygen depletion/anoxia (Rothwell and Croudace, 2015).

In a similar coastal context (mouth of the Rega Valley, Baltic Sea), Harff et al. (2011) interpret Holocene lithological facies by PCA analysis also performed on XRF data, attributing high concentrations of K and Ti to high terrestrial discharge, whereas low K and Ti are associated with increasing pelagic deposition together with a potential imprint of aeolian dust inputs. This scheme is 337 of course basin-dependent and the drainage valley of the Gironde and its surrounding geological 338 formations are quite different, preventing us from making a similar direct interpretation for our study 339 site. It can be further complicated by the large amount of organic matter (peaty facies) in our record. 340 However, considering a very recent Holocene study conducted in similar peaty sediments, and 341 despite a highly specific environment, namely the Mohos volcanic crater (Eastern Carpathians, 342 Romania; Longman et al., 2017), K and Ti concentrations (supplemented by Si concentrations) were 343 again evoked as key elements for monitoring deposition fluctuations in dust sources (ranging from 344 proximal loessic provenances to distal Saharan ones). In a Danish coastal lake (Filso), closed by sand 345 dunes during the Holocene, Goslin et al. (2017, 2018a and b, 2019) identify Mn, Fe and S as opposed 346 to Si and K. They attribute this contrast to a sandy origin associated with a river source characterized 347 by high Mn, Fe and S contents, whereas beach and dune sands are identified by high Si and K values. 348 Again, this interpretation is specific to their study area, but it is comparable to observations made on 349 the basis of LDG-G3 data, except for Ti, which is very scarce in our record. This is also consistent 350 with the geochemical analyses documented at the scale of the Aquitaine basin in Sitzia et al. (2017) 351 for fossil aeolian deposits: with K and Si found in aeolian sands and Ti in their analysis bearing a 352 signature related to loess and the fine fraction of cover-sands. In the LDG-G3 record, K and Si 353 content are positively correlated on PC1 and PC2, forming one common pole. Mn and S exhibit 354 contrasting polarities, and are negatively correlated on PC1 and PC2 (Figure 5a). Fe is the most 355 abundant element with a high negative score on PC2 (whereas its score is moderately positive on 356 PC1, Figure 5a) and contrasts with Ca (with a high negative score on PC1). The (Si+K)/Fe ratio can 357 therefore be here used as a tracer of sand blows over the LDG site.

Fe is a redox-sensitive element; to ascertain its degree of mobility in our record, correlations can be tested between what are considered to be immobile (Ti) and mobile (K) elements. Actually, according to Rothwell and Croudace (2015), high correlation between Ti and Fe and between Ti and K indicates "that the downcore distribution of those elements is mostly unaffected by postdepositional mobilisation via groundwater leaching and/or organic activity". In G3, we obtained a high correlation between Fe and Ti (R2: 0.9162) and between Ti and K (R2: 0.9347).

At the LDG site, other significant trends in elements, as identified in Figure 4, include: (1) Mn/SUM and Br/Si match the low amplitude evolution of SST in the Bay of Biscay whereas K/Sum matches changes from the tropical site ODP658; (2) Ti/SUM, although low, matches global mean temperature anomalies. Those elements therefore point to a direct/indirect link with the North Hemisphere climatic regimes that we examine further in the next section.

369

370 3.2. Forcing at play and teleconnections on the pan-Atlantic scale during the Holocene

In order to synthetize information yielded by the LDG records and integrate it into a genetic perspective of environmental pressures at play, we compiled a final figure (Figure 6) comparing the respective loadings on PC1 and 2 (and their related key elemental ratios and proxies in the LDG) with reconstructions of various forcings over the period of interest. Those forcings are classified so as to describe trends which reflect:

- a long term evolution, as seen with PC1 (Figure 6e), here compared with the emblematic SST
record from the Scotian margin (north-western subpolar Atlantic) after Sachs (2007, Figure 6k), used
in several compilations for Holocene climatic changes (Marcott et al., 2013; Marsiceck et al., 2018);
- sub-millennial variability imprinted in PC2 (Figure 6f) and here compared with the Atlantic

storminess record reconstructed from Danish records by Goslin et al. (2018a and b, Figure 6c), Arctic
glacier activity detected in the sensitive region of Svalbard after van der Bilt et al. (2015, Figure 6a),
and the proximal sea-surface conditions in the Bay of Biscay (Cap-breton canyon terrace record,
some 200 km from the LDG site, Eynaud et al., 2018, Figure 6i).

A striking correspondence between climate modulations over the Holocene is thus detectable for the various sites in the compilation over both the short and the long term (despite the use of different dating methods). This reinforces previously raised observations (also illustrated in Figures 3 and 4) and demonstrates that the LDG site has recorded the combination of local and distal climatic shifts,
emphasizing the high degree of coupling and teleconnections driving environmental changes during
the Holocene around the North Atlantic Ocean.

390 Many modern-day modes of climatic variability (namely for our zone, the NAO, Atlantic 391 Multidecadal Variability/Oscillation: AMV/AMO, Northern Annular Modes: NAM also named the 392 Arctic Oscillation: AO) have already been evoked to explain Holocene variability. All infer a strong 393 coupling between the atmosphere and Atlantic Ocean dynamics (e.g. Curan et al., 2019; Hernández et 394 al., 2020) especially along the track of westerlies. Here, we illustrate this coupling by sea-surface 395 salinity (SSS) reconstructions for the southern Bay of Biscay (Figure 6i), those SSS values 396 remarkably reflecting the storminess index of Goslin et al. (2018a and b, Figure 6c), with high SSS 397 values corresponding to high storminess. The genetic link explaining this correspondence, intrinsic to 398 ocean/atmosphere couplings, lies also in teleconnections that are not easy to disentangle, and 399 potentially convergent and interrelated processes: wind tracks and stresses over the ocean, dynamics 400 of the North Atlantic gyres driving saline incursions in the Bay of Biscay (from the south and the 401 north as well potentially), precipitation changes over Europe, Mediterranean outflow (MOW) 402 modulations (e.g., Lozier and Stewart, 2008), all affecting the balance of modern-like modes (see the 403 recent article of Montoya Duque et al., 2021, trying to find a genetic link between midwinter 404 European climate and storm tracks).

The mid-Holocene transition marks a critical shift in the records, as is well expressed in PC1 especially, objectively related to the well-known cooling trend following the climatic optimum after the stabilization of boreal glacier melting and of the sea-level rise to its modern level, but not only that. In many western European records, climatic deteriorations then intensified. This corresponds roughly to the onset of primary dune aggradation in the bas-Médoc which culminated between 5 and 2 ka BP with prominent migration phases during historical times (Tastet and Pontee, 1998; Bertran et al., 2020; Bertran and Fouéré, 2021). The progressive influence of dune invasions and migrations 412 along the Aquitanian coast may be expressed throughout the LDG records. It is suggested that active 413 phases of dune building occurred during negative NAO-phases and in relation to the availability of 414 sedimentary material (Clavé, 2001; Clarke et al., 2002; Van Vliet Lanoë et al., 2014; Bertran and 415 Fouéré, 2021). It is worth noting that the mid-Holocene also corresponds to accelerated regression 416 (clearance?) of European forests (as recently underlined on a regional Atlantic scale by Penaud et al., 417 2020 and also seen locally, Figure 3d-e-f-j-k, Figure 6d) and thus that dune aggradations may also be 418 related to biorhexistasy effects.

419 This mid-Holocene shift has been observed in many records on the basis of many different proxies 420 (both marine and terrestrial); mechanistically it was often related to geographical shifts in the NAO 421 centres or related modes (e.g. Mauri et al., 2014), but no consensus really exists to identify a rather 422 positive or negative NAO-like configuration after or before. Probably, the stabilization of ice-sheet 423 melting rates at that time, as a corollary to steady sea-levels and few changes in the altimetry of 424 residual boreal ice-sheets, may have promoted the onset of modern climatic modes coupling 425 atmospheric and oceanic dynamics in the North Atlantic province. However, the literature contains 426 too few reconstructions of NAO, AMO or AMOC variability for the mid-Holocene transition to 427 generalize a pattern regarding those modes.

428 The following sub-millennial changes are furthermore difficult to relate to natural climatic shifts 429 alone, as anthropogenic influences increased with the settlement of Neolithic populations 430 (synchronously thus with the mid-Holocene shift). The LDG record provides new evidence when 431 looking at the related PC2 proxies (bottom part of Figure 6: b, f, g, h). Actually, the striking 432 coevolution of those local proxies with Svalbard glacier advance indexes (van der Bilt et al., 2015, 433 Figure 6a) between 6 and 3 ka cal BP, argues for common drivers in both temperate and boreal 434 latitudes. Furthermore those drivers had to be capable of generating a rapid transfer of perturbations, 435 as the most abrupt ones detected occurred in less than a century. Four events are especially noticeable 436 regarding their synchronicity: at 5.4, 4.8, 4.2 (a well-known Holocene climatic event, e.g. Jalali et al.,

437 2019), and even at 3.3 ka, the termination of the G3 record being due to the recovery of a highly 438 peaty facies preventing us from collecting an undisturbed sample from the topmost layers (see Faye 439 et al., 2019). The centennial scale glacier advances reported by van der Bilt et al. (2015, Figure 6a) 440 thus find direct counterparts (or vice-versa) in the sand-blowing regression (as seen in the (Si+K)/Fe 441 ratio in Figure 6b) and thus conversely peat developments along the Aquitaine coasts. This suggests 442 that for times when wetter conditions are recorded in Aquitaine, something which also seems to have 443 coincided with the dynamics of storm events in Denmark (Figure 6c), small Svalbard glaciers were 444 expanding. This clearly attests to the crucial role of warm humid advections in the climate balance of 445 western Europe whatever the latitude considered. The mechanisms behind this convergence are thus 446 not exclusively linked to an NAO-like pattern, which on the contrary decouples and contrasts mid-447 latitudes and polar-latitudes of Europe in terms of humidity conditions. Instead, we observe here a 448 synchronicity which suggests and highlights a factor controlling temperature and humidity 449 simultaneously along the eastern North Atlantic (possibly occurring under a relaxed north-450 hemispheric gradient). A "climatic valve", capable of nurturing small glaciers in Svalbard, storminess 451 in Denmark and humidity in SW France, argues for multi-year-lasting dynamics and therefore an 452 oceanic driver. The best candidate is modulation of the intensity of North Atlantic Drift (NAD) 453 inflows towards the pole in the Nordic seas, i.e. in AMOC dynamics. The most recent literature 454 suggests that AMOC was a key driver of Europe's Holocene climate, notably implying a strong 455 reactivity with ice compartments (from marine-terminating glaciers, e.g. Curran et al., 2019, or sea-456 ice cover as well, e.g. Klein et al., 2014; Găinusă-Bogdan et al., 2020). The causes of AMOC internal 457 variability have still not been fully identified as they imply diverse interactions and feedbacks (purely 458 physical – thermo-haline – or wind-related or both, but also probably linked to sporadic events such 459 as volcanic forcing and to biospheric changes impacting the Earth's radiative budget), in a context of 460 primary external insolation forcing. Despite those complex loops, one of the most probable, and often cited, processes is the recirculation of warm, (sub)tropically-sourced, Atlantic waters, along the 461

462 boundaries of the subtropical and subpolar gyres (Eynaud et al., 2018; Curran et al., 2019). The 463 eastward extension of the North Atlantic subpolar gyre, recently documented for the Holocene by 464 Colin et al. (2019) in the Rockall Trough, may have modulated this recirculation. It is worth noting 465 that the comparison of the millennial scale fluctuations identified in the composite record of cold-466 water coral ɛNd by Colin et al. (2019) matches the (Si+K)/Fe ratio in G3 with especially high ɛNd 467 values recorded for low (Si+K)/Fe values. Interestingly those low values are also recorded for high 468 salinity values in the Bay of Biscay, something that we can relate to the modern observations of 469 Lozier and Stewart (2008) who attribute salinity anomalies in the eastern North Atlantic temperate 470 basins to a eastward expanded SPG blocking the northward MOW circulation up to the Nordic seas, 471 synchronously to a subpolar front moving eastward, a positive NAO index and strong westerlies.

472 Our study thus shows that even isolated records can capture climatic signals in a very sensitive 473 manner and are all very good candidates and proxies for directly or indirectly inferring the global 474 dynamics of climate. Past sequences usefully supplement modern observations and modelling 475 exercises as their indirect and integrated character may be an asset for picturing concepts on a 476 synoptic and comprehensive scale.

477

478 **3.3. Human population dynamics**

479 The transitions highlighted and events identified in the LDG sequences also correspond to major 480 shifts in European population dynamics and cultural developments during the Holocene as 481 summarized hereafter. The Neolithic period, marked by the expansion of farming and a radical shift 482 in belief systems, even if diachronous across Europe (due to a north-westward progression of 483 acculturation for central and northern Europe and a westward maritime-related progression for 484 Mediterranean Europe), coincided with the mid-Holocene, which is particularly well expressed here 485 as previously discussed (Figures 4 and 6). Beyond this major transition, the events at 5.4, 4.8 and 4.2 486 ka occurred at times of drastic changes, related especially to a succession of megadroughts in Eurasia and Africa (e.g. Brooks, 2006; Weiss, 2016; Griffiths et al., 2020 and references therein). Those
events encompassed the Late Neolithic/Chalcolithic periods and the transition to the Bronze Age,
which are recognized as periods of increasing social complexity (Kristiansen and Larsson, 2005;
Brooks, 2006; Milevski, 2013).

491 The 4.2 ka event has been chosen as the date of the transition between the Northgrippian and the 492 Meghalayan (Walker et al., 2019). It is related to severe drought in the tropics and subtropics, that 493 may have also affected European populations (e.g. Drysdale et al., 2006) as suggested by discoveries 494 of groundwater collection systems and wells, contemporaneous with this episode and abandoned 495 subsequently (see e.g. the "Motillas" Bronze Age horizon in central Spain, Mejías Moreno et al., 496 2014). At the LDG site and in its vicinity (e.g. the nearby site of Amélie beach), this period saw a 497 significant increase in the number of Late Neolithic and Bronze Age remains, as past and present 498 archaeological research has demonstrated (e.g. Roussot Laroque, 2007; López-Romero et al., 2021). 499 Climate may have impacted local populations in several ways, but published evidence for the LDG 500 site (Roussot Laroque, 1999; Roussot Laroque, 2007; Roussot Laroque, 2010) has documented 501 occupation changes (gaps included) rather in relation to weather extremes such as drought and 502 storminess. Several well-preserved wattle structures, probably related to the salt industry, have been 503 found after 6 ka cal BP within the site (see pictures in Verdin et al., 2019a and López-Romero et al., 504 2021) indicating repeated exploitations of the area by Neolithic humans. During the Bronze Age, for 505 which a very dense collection of anthropic artefacts has been collected, gaps in settlement were also 506 reported to be synchronous with interruptions in farming pressure (Roussot Laroque, 2007).

507 This evidence suggests that during the part of the Holocene under study here, randomness due to 508 sudden changes was superimposed on the long-term climatic trend initiated with deglaciation, and 509 may have drastically impacted both the environment and human populations.

511 **4.** Conclusion

512 This study focused on a high-resolution archaeological record encompassing the early to late 513 Holocene transition. On the basis of a palaeoenvironmental approach relying mostly on XRF and 514 palynological (pollen) data, we found evidence for specific breaks in the sedimentological record that 515 all find direct counterparts in the well-known pan-Atlantic climate shifts. The record under study 516 reveals a long-term trend, classically echoing the evolution of Holocene insolation forcing, with 517 superimposed short-term events bearing a more local signal related mainly to proximal North 518 Atlantic Ocean dynamics. It highlights how western European environments (and therefore 519 populations) were dependent upon the linearity of climate evolution. It suggests also that high-time-520 resolved records made up of both archaeological and environmental remains, even if local and at first 521 sight "disturbed" by the presence of anthropic artefacts, are in fact, where they prove to be 522 continuous, highly valuable sequences worth detailed study to better identify risk and resilience 523 factors capable of affecting human societies.

524

525 **5.** Author contributions

All authors contributed to the published work. FE wrote the paper and conceptualized the study as part of the joint direction (funding acquisition and administration; investigation and methodological frameworks; analyses) of the LITAQ (conducted with FV) and HAMOC (conducted with CrC) projects. YM, EL-R, AP and CC were involved in both projects and contributed to the data produced and the related scientific discussions. CB was in charge of the analysis of pollen grain assemblages in G3.

532

533 **6. Data availability**

534 The data published in this article are available on request from FE.

535

- 536

7. Declaration of competing interest

537 The authors declare that they have no known competing financial interests or personal relationships538 that could have appeared to influence the work reported in this paper.

539

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878 **Figure captions**

Figure 1: Maps showing the location of the Lède du Gurp (LDG) archaeological site (A): in western Europe; (B): zooming in on the Bay of Biscay margin with other regional marine sequences of interest; (C) Google map view of the residual buttress in the intertidal zone between March and October 2014 before the excavation operations.

Figure 2: Age-depth relationship (polynomial regression) for the two sampled sequences G3 (grey) and G4 (blue). The marks locate the dated samples in depth and time. Dates are calibrated and corrected with CALIB7.0.2. software. The 1σ and 2σ envelopes (dotted lines) obtained with Undatable software (Lougheed and Obrochta, 2019) are also shown to validate the polynomial construction of age models for G3 and G4, respectively.

Figure 3: Compilation of sedimentological results obtained for G3 (black curves a, b, c, g, h, i)
and G4 (blue curves in b, h) sequences, compared with key pollen data in G3 (d, e, f, j, k).

890 Figure 4: Comparison of key results from the G3 and G4 sequences (b, c, d, e, f, g) with some 891 recent Holocene reference records with: (a) bipolar insolation values (June at 60° S and July at 892 65° N) in boreal summers after Berger and Loutre, 1991; (h) Massif central eruptions (total 893 number: attested and supposed) after Miallier et al. 2012; (i) NGRIP δ^{18} O record after Vinther et 894 al., 2006 and Rasmussen et al., 2006; (j) mean summer SST anomaly in the central eastern 895 Atlantic after de Menocal et al., 2000; (k) mean summer SST anomaly in the southern Bay of 896 Biscay after Eynaud et al. 2018; (1) mean annual SST in the southern Bay of Biscay after Eynaud 897 et al. 2018; (m) global mean temperature reconstruction minus North Atlantic records from 898 Marcott et al. 2013 from the compilation by Marsicek et al. 2018; and (n) CH₄ atmospheric 899 concentration after Beck et al. 2018. Vertical stripes identify sudden short-lived changes in the 900 signals with pink stripes corresponding to warm SST oscillations and light purple stripes to cold SST. Green boxes at the top identify rapid climate change (RCC) intervals after Mayewski et al.,
2004 (temporal limits reproduced from their Figures 1 to 4). Archaeological and climatological
divisions commonly used in the North Atlantic region and Europe have been added (after the
compilation published in Eynaud et al., 2019 and López-Romero et al., 2021).

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Figure 5: Statistical analysis of the XRF results from the G3 sequence, with (a): scores and their
significance on PC1 and PC2; (b) ternary plots of key element abundances and (c) their along
core distribution (in age) compared to PC1 and PC2 loadings.

909 Figure 6: Comparison of the respective loadings on PC1 (e) and 2 (f) – and their related key 910 elemental ratio and proxies in LDG (b, d, g, h, j) – with Holocene reconstructions: (a) Arctic 911 glacier activity detected in the sensitive region of Svalbard after normalized titanium loss on 912 ignition (Ti/LOI) measurements in a core from Hajeren Lake (van der Bilt et al. 2015); (c) 913 Atlantic storminess record reconstructed from Danish archives by Goslin et al. (2018a and b); (j) 914 reconstructed sea-surface salinities (SSS) in the Bay of Biscay (PP10-07 core: this work, Mary et 915 al., 2017; Eynaud et al., 2018); (k) SST record from the Scotian margin (after Sachs et al., 2007 916 and Marsicek et al. 2018) and (1) Dinocyst NAD linked species (% O. centrocarpum) in core 917 CBT-CS11 (after Penaud et al., 2020). Vertical stripes: as in Figure 4, the pink stripe 918 corresponds to warm Bay of Biscay SST oscillations and light purple stripes to cold SST. Grey 919 stripes have been added to identify Neoglacial glacier advances in Svalbard after van der Bilt et 920 al. (2015). Archaeological and climatological divisions commonly used in the North Atlantic 921 region and Europe have been added (after the compilation published in Eynaud et al., 2019 and 922 López-Romero et al., 2021).

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925 <u>Table caption</u>

926 Table 1: Age control points (radiocarbon datings) for the Holocene section of the Lède du Gurp927 (LDG) site.

















Field campaign	Sampling references	Mid sampling depth (cm) on site	NGF (m) Equival ent	Material	Lab. code N°	mg C	Delta C13	рМС	Err pMC +/-	Age BP 14c raw	Err age BP +/-	Calendar Age (cal. yr BP) CALIB 7.0.2. One Sigma Ranges: [start	Calendar Age (cal. yr BP) CALIB 7.0.2. One Sigma Ranges: end]	relativ e area (best score)	Calendar Age (cal. yr BP) CALIB 7.0.2. Mean age 1 sigma	Calendar Age (cal. yr BP) CALIB 7.0.2. Two Sigma Ranges: [start	Calendar Age (cal. yr BP) CALIB 7.0.2. Two Sigma Ranges: end]	relativ e area (best score)	Calendar Age (cal. yr BP) CALIB 7.0.2. Mean age 2 sigma
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P1, 10-11 cm	10.5	1.62	seeds	VERA- 51390			0.3728	0.0017	7925	35	8640	8779	0.819	8709.5	8628	8813	0.66	8720.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P2, 40-41 cm	40.5	1.93	seeds	VERA- 51391			0.4218	0.0023	6935	45	7697	7795	0.939	7746.0	7675	7856	0.98	7765.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P3, 74-75 cm	74.5	2.27	wood	VERA- 51392			0.4673	0.0021	6110	35	6927	7017	0.828	6972.0	6892	7032	0.73	6962
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P4, 112-113 cm	112.5	2.67	seeds	VERA- 51393			0.5115	0.0023	5385	35	6231	6276	0.478	6253.5	6173	6284	0.76	6228.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in core G4, P8, 196-197 cm	196.5	3.53	Wood fragments, seeds	SacA- 46027	1.59	-28	57.2212	0.1967	4485	30	5211	5279	0.45	5245.0	5038	5293	0.98	5165.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Levels in G3, P1, 8-9 cm	8.5	2.05	Wood fragments, seeds	SacA- 46023	1.36	0.6	36.8652	0.2921	8020	60	8930	9008	0.386	8969	8648	9028	1.00	8838
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G3, P2, 48-49 cm	48.5	2.43	Wood roots and fragments, seeds	SacA- 46024	1.36	-19.3	43.9439	0.3643	6610	70	7457	7522	0.627	7489.5	7417	7614	1.00	7515.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G3, P5, 110-111 cm	110.5	3.02	Seeds and Daphnia eggs	SacA- 46025	0.93	-22.9	50.9697	0.2087	5415	35	6208	6277	1	6242.5	6179	6293	0.97	6236
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G3, P11, 260-261cm	260.5	4.45	Seeds (with Pinus)	SacA- 46026	1.78	-19.4	64.6403	0.2391	3505	30	3722	3798	0.813	3760	3695	3861	1.00	3778
FAST LITAQ LDG2017	Lède du Gurp, archeological site, Level in drilling SC1 TR2 47- 53 cm	50	-0.55	Wood	SacA- 50443	1.26	-31	31.6555	0.1916	9240	50	10372	10498	0.757	10435	10258	10524	0.97	10391