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Holocene climate dynamics on the European scale: Insights

from a coastal archaeological record from the temperate Bay of

Biscay (SW France)

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ABSTRACT

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The main drivers of Europe's climate during the Holocene result from the coupling and interplay of external and internal radiative processes with the shifting patterns of many dynamic components (e.g. glaciers, ocean currents, wind fields, vegetation cover). Those driving forces were expressed across a range of geographical scales, from local to global, in a diverse set of records forming a patchwork of evidence as to the fundamental pacing effect of climate on past ecosystems. Various sedimentary deposits resulting from those complex forcing contexts bear climatic signatures that it is not always easy to disentangle especially with respect to local factors.

The present paper focuses on a coastal archaeological site on the Medoc peninsula (the Lède du Gurp site in south-western France) that records Holocene palaeoenvironmental changes, decoded here century after century and integrated with ongoing events on a pan-North-Atlantic scale. Based on updated geoarchaeological approaches, thanks to new applications of proxies, especially X-ray fluorescence (XRF) core scanning methods for this article, continuous sedimentary records have been analysed in order to reconstruct a regional framework for past ecosystem events, including events potentially related to human activity. Our work identifies signals on various scales in the record under study, with both long- and short-term trends and local and global imprints, but all closely bound up with proximal North Atlantic Ocean dynamics. It highlights how western European environments (and so populations) were dependent upon the linearity of climate evolution at the key Northgrippian/Meghalayan transition.

KEYWORDS

Holocene; Neolithic; Climate dynamics; North Atlantic Ocean; Sea-surface conditions

1. Introduction

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44 The question of the climatic determinism of the evolution of human societies is still much debated in 45 the scientific community. However, throughout the Holocene (last ~11.7 ka cal BP, e.g. Walker et al., 46 2019 and references therein), much evidence points to a close connection between human behaviour 47 (e.g. habitats, techniques, cultures, practices) and climatic conditions (e.g. de Menocal, 2001; 48 Ruddiman and Thomson, 2001; Mayewski et al., 2004; Ruddiman et al., 2016). The increase in the 49 number of human settlements largely coincides with the onset of the mid-Holocene (6–7 ka BP) 50 when the melting of boreal glaciers, global temperatures and sea level all stabilized (from Jansen and 51 Bjørklund, 1985 to Eynaud et al., 2018 and references therein). Those events are related to well-52 known climatic subdivisions, with the termination of the warm (hypsithermal) Atlantic period (e.g. 53 Jansen and Bjørklund, 1985), recently included within the Northgrippian stage (e.g. Walker et al., 54 2019), and corresponding to the cultural Mesolithic-Neolithic transition in Western Europe. The 55 Anthropocene, sensu lato (i.e. including the early Anthropocene hypothesis, see Ruddiman et al., 56 2011; Waters et al., 2018; Zalasiewicz et al., 2018), introduces a new phase, with landscape and 57 habitat stability becoming highly random (still poorly evaluated) as a result of global climate 58 perturbations induced by mankind (e.g. Ruddiman and Thomson, 2001; Crutzen, 2002; Steffen et al., 59 2011; Waters et al., 2016; Zalasiewicz et al., 2018; see also Lambert et al., 2018 for an illustration 60 involving estuaries in north-western France). 61 It becomes essential, then, to test to what extent the dynamics of human populations are constrained 62 by climatic hazards, with their direct and indirect environmental corollaries. This question requires a 63 long-term (multi-millennial) perspective, which alone can provide access to time scales revealing 64 environmental thresholds and shifts that potentially affected (and even constrained) populations. In 65 this way, retrospective views are essential and make it possible to line up archaeological knowledge, 66 often of a diachronic character, alongside the Earth's natural reference system. This is one key 67 objective of palaeoclimatology, together with the extending of data beyond the brief time span of instrumental records (and beyond biases arising from modern-day anthropogenic effects). Another crucial objective is to draw up an inventory of past climatic situations, analogous to or contrasting with the current period, to provide a clearer understanding of natural climate sensitivity and its natural envelopes of variability from local to global scales (e.g. Rehfeld et al., 2018; Penaud et al., 2020). On millennial scales, the dominant natural climatic modes still have to be detected: their characterization being critical to improving the predictive capacities of climate models (Liu et al., 2014; Hernandez et al., 2020). This endeavour has recently led to major works on the compilation and inter-comparison of climate series targeting the recent Holocene period in particular, i.e. the last two millennia (Kaufman et al., 2020; PAGES 2k Network, 2013; McGregor et al., 2015). Solar and volcanic activity (historical period) have been demonstrated to be key drivers, as has anthropogenic activity for the most recent periods (e.g. Ruddiman et al., 2011, 2016). The Holocene has long been viewed as a stable period compared to the last glacial (e.g. Rehfeld et al., 2018) and only a few notable cold episodes due to drift-ice advection events mainly from the Labrador Sea and Arctic Ocean have been identified as significant (known as Bond events, Bond et al., 1997, 2001, or "Rapid Climate Change" events (RCCs) of Mayewski et al., 2004, including the 8.2 ka cal BP event; see also Fernane et al., 2015; Penaud et al., 2020 for a synthesis for France). Studies conducted throughout northern Europe reveal periods of severe storms during the Holocene (e.g. Goslin et al., 2018a and b, 2019), and such events, which are especially well highlighted in Brittany (e.g. Van Vliet Lanoë et al., 2014), have mostly been linked with cold periods, even locally in south-west France where our study is focused (Clarke et al., 2002; Bertran et al., 2020; Bertran and Fouéré, 2020). Storm frequency has also been related to one of the most significant modes of climate variability in the northern hemisphere, the North Atlantic Oscillation (NAO), and to AMOC (Atlantic Meridional Overturning Circulation) dynamics (e.g. Sorrel et al., 2012; Goslin et al., 2018a and b, 2019; Hernandez et al.,

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92 2020). However, the processes that govern these infra-orbital climatic instabilities are still subject to discussion.

The present work similarly aims to detect and account for Holocene palaeoenvironmental changes, with special consideration of scaling effects in those processes, ranging from local to synoptic views. The paper takes advantage of a dual approach combining climate history and human history. This is done by way of two overlapping lines of study, with the twofold exploitation of: (1) a coastal sedimentary accumulation feature recording the presence of human activity from Mesolithic and Neolithic times (e.g. Verdin et al., 2019a), in addition to high-resolution facies variability, that is directly comparable with (2) reference archives from which a tentative reconstruction of Holocene climatic modes can be made (especially work derived from the ANR HAMOC, see acknowledgments).

The main events consistent with records for the proximal Bay of Biscay will be highlighted here together with the extent to which they are in phase with indices of climatic oscillations detected on a broader spatial scale.

2. The exceptional Lède du Gurp record

The Lède du Gurp (LDG) site is an archaeological site buried under modern dunes along the western shore of the north Medoc peninsula, on the administrative boundary of the towns of Soulac-sur-Mer and Grayan-et-l'Hôpital (Figure 1). This site is currently subject to chronic erosion, typical of Aquitaine coastal zones associated with a river mouth (Gironde estuary). The area has been studied by archaeologists since the mid-20th century and high-resolution excavations were conducted between 1972 and 1999, especially on the topmost layers dated from the Iron Age (Hallstatt civilization) where evidence of a local industry (and even habitats) dedicated to salt production was

reported (e.g. Frugier, 1972, 1975; Roussot-Larroque and Villes, 1988). The archaeological site probably covered as much as half a hectare (i.e. 5000 m²) judging by the local rate of erosion (close to 10 m/year, e.g. Aubié and Tastet, 2000) and the discoveries of human artefacts in the vicinity, reported both in the intertidal zone and in nearby depressions within the modern supratidal dunes. In 2014 drastic erosion of the shore and the dune front left a circular residual buttress (relief inversion, Figure 1c) some 15 m in diameter and about 4 m high, made up of an accumulation of peaty and sandy mud (see Faye et al., 2019; Verdin et al., 2019a). Rescue excavations were undertaken in October 2014 revealing an extraordinary archaeological content (Verdin et al., 2016, 2019a and b) and allowing the recovery from the buttress of continuous vertical sedimentary sequences up to 3 m in length. A large set of analyses was applied to the recovered sequences (see Faye et al., 2019 for the whole array of acquired data and detailed description of the studied records) and revealed an uninterrupted high-resolution record for the last 10 ka. The present work follows on from Faye et al., 2019 and Verdin et al., 2019a, which presented in detail the geology and sedimentology of the LDG site, and the stratigraphic and archaeological contexts, respectively. Additional radiocarbon datings (Table 1) enable us to focus here on climate-related proxies (especially those of palynological analyses and high-resolution X-ray fluorescence - XRF scanning for major element quantification) in a robust chronostratigraphic framework (9-3 ka interval). The sedimentological context of the residual buttress from which the sequences were retrieved is linked to a circular depression within blue-grey clayey-sands (completely eroded in 2014), infilled with argillaceous (and some arenaceous) peaty deposits to a depth of approximately 4 m, since 10.5 ka BP at least; this age being the oldest obtained by drilling (labelled SC1 in Table 1) in the deeper part of the peaty clays before their transition with the blue-grey sandy deposits surrounding and delimiting the peaty depression. It is assumed the depression was formed in an inner estuarine marshland in a context of karstic erosion, possibly forced by thermokarstic processes (see Faye et al., 2019 for a discussion of this hypothesis) considering the age obtained for the basal section of the record.

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This new high-resolution Holocene record makes it possible to document long- and short-term palaeoenvironmental variations both locally and globally. In line with ongoing efforts by the palaeoclimatology community to compile past climatological records from diverse settings (e.g. Kauffman et al., 2020, see also for instance existing sequences within the framework of the European pollen database, http://www.europeanpollendatabase.net/fpd-epd/bibli.do, or work compiled for the last 2 ka: https://pastglobalchanges.org/science/wg/2k-network/scientific-goals), it may provide key signals in a context of growing human influence throughout the last millennia, helping us to identify natural and anthropogenic shifts that have driven changes in European landscapes.

2.1. Methods

The detailed sampling protocol in the field together with the details of laboratory analyses of the sediment sequences LDG-G3 (-1.154745; 45.466222) and LDG-G4 (-1.154759; 45.466085) are described in Faye et al. (2019). Briefly, after the recovery of sections several metres in length (continuous slab-composite sequences based on Nx25 cm long aluminium slides, with N=11 for LDG-G3 and N=9 for LDG-G4, respectively) from the bottom to the top of the buttress, non-destructive (scanning, using classic and X-ray imaging, coupled with spectrocolorimetry and XRF measurements) and destructive analyses were conducted at the EPOC laboratory (see Faye et al., 2019). The latter comprised a complete sub-sampling of sediment sections at 1 cm intervals for sieving (at 150 μ m) of the samples in order to determine their lithology and biostratigraphy (with grain-size analyses of raw samples, visual description of the sandy > 150 μ m fraction, radiocarbon datings – Table 1, and palynological processing and analyses for the < 150 μ m fraction).

The results presented and discussed here were compiled by age after the construction of independent age scales for the LDG-G3 and LDG-G4 sequences (hereafter referred to as G3 and G4) based on 4 and 5 datings for each, respectively. Those chronological markers presented no reversals along the sequences (Figure 2) and the global stratigraphy of the site covered at least the last 10.5 ka cal BP.

This was confirmed by separate datings obtained on organic archaeological remains (see Verdin et al., 2019a and Faye et al., 2019). Age models were obtained by a polynomial regression (order 3). To validate this approach, age-depth models were also produced with the "Undatable" age-depth modelling routine (Lougheed and Obrochta, 2019) providing very similar age-model equations (not used in the following, but their 1σ and 2σ envelopes are plotted in Figure 2 to illustrate the coherence of the methods). Statistical analyses were conducted on XRF ratios (variables being the element/SUM ratio, the most common way to normalize raw XRF cps data, and equivalent to relative percentages) to validate the interpretation of the elemental changes detected. Those analyses were performed with PAST software (PAleontological Statistics, Hammer et al., 2001). Our multivariate analysis based on an ordination method, principal component analysis (PCA), was supplemented by ternary plots also provided by PAST tools to better understand the significance of the highest scores on the main components. Holocene sea-surface hydrographic conditions from the proximal southern Bay of Biscay PP10-07 core, used here for a comparison with the LDG signals, were reproduced from earlier works by Mary et al. (2017) and Eynaud et al. (2018). Reconstructed hydrographic data were derived from planktonic foraminifera assemblages after the MAT1007 transfer functions developed at EPOC (see Eynaud et al., 2018 for a review of this approach). For this article, past sea-surface salinities (SSS) were added to sea-surface temperature (SST) information thanks to an update of the modern hydrographical database (mainly after the World Ocean Atlas 2013; https://www.nodc.noaa.gov/OC5/woa13/woa13data.html, see methods in de Vernal et al., 2020). This update enabled us to robustly reconstruct SSS on the basis of planktonic foraminifera (Root mean

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square error of prediction of 0.7 psu).

2.2. Main results and interpretation perspectives of the recorded signals

XRF data from the G3 and G4 sequences have been compared systematically (when data co-exist) as the parallel between them provides very important information as to whether the records are coherent and complete. Actually, because of the large number of human artifacts found within the buttress during excavation, including wattle-work structures of a metre or so in size (Verdin et al., 2019a, López-Romero et al., 2021), doubts have arisen about whether the stratigraphy is continuous. The G3 and G4 sequences retrieved were some 15 metres apart (Figure 1), at the southern and northern ends of the buttress, respectively. Figures 3 and 4 show that, whatever the elemental ratio or concentration considered (as seen with the ratios for Fe/SUM in Figure 3b, S/SUM in Figure 3h, and Ti/SUM in Figure 4f), few discrepancies are to be found between the records whether in depth (see Faye et al. 2019) or age (despite independently built age-models). This confirms that the LDG site stratigraphy obtained is not only robust but also that it was not impacted by past human activities, at least on its outer edges.

environmental changes (linked or not to human influences, see Faye et al., 2019 for further details on the sedimentology of the sequences analysed) over the time window from 9 to 3 millennia (ka) before the present (cal BP, i.e. ~7 to 1 ka cal BCE/CE). As underlined in Figures 3 and 4, the most noticeable features encountered in those records are related to stepwise changes in most of the proxies. These changes reflect well-known environmental events within the Holocene and can be sequenced consistently with the climatic history of this period, with from the base to the top of the sequence:

— A first period of 3 millennia (from 9.4 to 7.1 ka cal BP) that records rapid but moderate amplitude changes in the proxies studied and so in the environmental contexts of the deposits. In the study area, that period was one of dense forest cover (Figure 3d) with predominantly deciduous *Quercus* (Figure

3j) and a moderate contribution of *Pinus* trees (Figure 3f). This part of the early Holocene (the

By means of the diverse proxies, the studied records provide a detailed account of local

Greenlandian, Gibbard, 2018, also corresponding to the preboreal and boreal chronozones, Figure 4) still records significant climate changes mainly due to melt-water pulses associated with the retreat and melting of boreal ice-sheets (e.g. Elmore et al., 2015; van der Bilt et al., 2015). We have chosen to illustrate the regional expression of this decay in the declining volcanic activity in the Massif Central (Figure 4h) which may have caused lithospheric relaxation. - A transitional period, between 7.1 and 6.1 ka cal BP, where all the proxies record radical shifts with marked excursions (Figure 3). None of the records depict similar values either before or after that period, and the changes are especially drastic for pollen assemblages (Figure 3d-e-f and 3j-k) and the K/SUM, S/SUM, Ca/SUM, Br/SUM ratios (Figure 3g-h-i and 3c). Two peaks in *Pinus* pollen bracket this short interval (Figure 3f). They are found along with a major decline in forest cover but they may also indicate strong winds (the preferential mode of dispersion of *Pinus* pollen grains) across the study area. This interval is also characterized by the largest values observed in the Fe/SUM record (Figure 3b) and by an excursion in the Br/Si signal in G3 (Figure 4e). Those observed changes are contemporaneous with mid-Holocene sea-level stabilization and precede the dip in insolation after 6 ka (e.g. Lorenz et al., 2006) and then the period known as the Neoglacial cooling in the northern hemisphere (Figure 4). - Finally, the 6.1 to 3.4 ka cal BP period exhibits relatively flat records with rare excursions of the proxies from their background values, except between 5.4 and 4.8 ka cal BP, where moderate to high amplitude peaks are detected in granulometry (Figure 3a) and in the Fe/SUM, K/SUM (Figure 3b-g) and Br/Si signals of G3 especially (Figure 4e). The decline in forest cover is confirmed and attested by the corresponding expansion in grassland (Figure 3d-e-f-j-k). The period encompasses the Northgrippian-Meghalayan transition (Gibbard, 2018; Walker et al., 2019; Curran et al., 2019) and is marked locally by the onset of dune build-up along the Aquitanian coast, although dune migration and invasion peaked later (Tastet and Pontee, 1998; Clavé, 2001; Clarke et al., 2002; Stéphan et al.,

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2019; Bertran et al., 2020; Bertran and Fouéré, 2020), during historical times (not covered by our records).

Apart from this distinct time division within the records compiled for the Holocene, the most significant result is that local changes detected in the XRF-derived data fit quite well, both in their pacing and amplitudes, with those relating to a hemispheric or even global climatic signature.

These common detected trends argue for large scale processes imprinted within the records, despite numerous local geomorphological evolutions in the vicinity of the LDG site, that one can imagine to be factors of bias in its sedimentology, but which, visibly here, do not overprint or obliterate regional (i.e. the North Atlantic province) signals and global scale forcings.

Figure 4 especially underlines the fit between LDG records and Holocene chronostratigraphic and climatological reference frameworks. These frameworks have been extensively supplemented over the last 20 years (see the number of existing records in the compilation in Kauffman et al., 2020) pointing out the strength of regionalism in the detected signals, and showing that climate is not the result of a single ruling component. Furthermore, uncertainties in those reconstructions are not failures in comprehending the system but rather proof of its extraordinary complexity. Local signals are a mixture of environmental interplay and the unravelling of the associated factors at play is critical to an understanding of changes in past ecosystems.

3. From a local to a global perspective

The LDG archaeological site thus extends our knowledge by providing an opportunity to test the synchronicity of well-known Holocene climatic and environmental events on France's south-west coast at a site that captured influences of natural ecosystem changes and growing anthropic pressure.

The reconstructed history may thus yield new information about the co-evolution of local natural habitats and human trajectories within the framework of major climatic trends.

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3.1. Significance of the information recovered from the LDG archaeological site: What are we recording?

Sedimentary records integrate different physical and biogeochemical processes occurring on various scales of time and space. Detecting climate events in such records is a complex matter and calls for the local window of study to be opened up to broader contexts, to avoid misinterpretation or misdetection in the environmental history. Here the perspective is thus drawn on the scale of the Atlantic basin, which is known to concentrate various kinds of systemic response because of its key role in the natural evolution of climate. Several records were selected to support our approach (Figure 4): they are distributed from pole to pole and selected so that events occurring during the Holocene can be viewed against a regional or global background. Local signatures and proxies reflect long-term climatic variations throughout the period under study. This is especially true when comparing temperature signals, both on large geographical scales and for more proximal systems (here SST of the southern Bay of Biscay). Our analyses show that the K/SUM ratio seems to follow summer SST trends as reconstructed for the eastern tropical Atlantic Ocean (Figure 4c and j). Similar coherence is observed for the Ti/SUM ratio, which fits neatly within the envelope of global mean temperature anomalies (as compiled by Marsicek et al., 2018, Figure 4f versus 4m). The Mn/SUM and Br/Si ratios similarly track the long-term evolution of summer SSTs as reconstructed for the Bay of Biscay with, especially, a very flat signal after 6 ka cal BP (Figure 4d versus 4k and Figure 4e versus 4l). Between 9 and 3 ka cal BP, the AP/NAP (arboreal - including Pinus/non arboreal pollen) ratio shows the same declining values towards the present as those of the global concentration of atmospheric methane (Figure 4g versus 4n). This observation may relate to a close connection between vegetation dynamics and the global methane budget (i.e. from SánchezGoñi et al., 2008 to Beck et al., 2018). However, the question of the latitudinal position of methane sources and related vegetation type contributions is still open, especially for the Holocene, and is furthermore puzzling with regard to the "early anthropogenic hypothesis" (e.g. Ruddiman and Thompson, 2001). There are signs of forest clearance at the LDG site as early as 7 ka (Figure 3d-e-fj-k). Unfortunately the LDG records do not yield data for the last 3 ka. Therefore our study does not encompass the mid-to-late Holocene rise seen in methane concentrations and attributed to the landuse changes and forest clearance concomitant with agricultural development (Tzedakis, 2010; Ruddiman et al., 2016). The LDG sequences reveal several short-lived events superimposed on this early to mid-Holocene trend. Some of these events are directly reflected in the compiled reference records, while others appear to be exclusively local. The early Holocene especially records larger amplitude fluctuations with three short but prominent peaks (maximum of 150 years' duration) which are clearly visible in the Zn/SUM ratio (Figure 4b) at 8.7, 8.3 and 8.1 ka cal BP. Those peaks reflect sudden SST changes in the proximal Bay of Biscay (Figure 4k and 4l) with significant warmings in annual SST (up to 8 °C, Figure 41) at 8.7 ka cal BP. The last two peaks bracket the well-known cold "8.2 ka event" of the NGRIP stratotype (Figure 4i, Vinther et al., 2006; Rasmussen et al., 2006) related to the complete disappearance of the Laurentian ice cap with the drainage of Lake Agassiz (e.g. Clark et al., 2001) that ended the Greenlandian (Walker et al., 2019). This spiky and noisy signal, well expressed in the Zn/SUM ratio (Figure 4b), continues with recurrent events every 2 to 3 centuries up to 6 ka and then flattens. This flattening seems to mark nearly all the records and is also seen in the proximal Bay of Biscay, with mean annual SSTs reaching stable modern values (close to 14 °C, Figure 41). This stability is also confirmed for regional summer SST anomalies (Figure 4k) at the distal Cape Verde tropical site (de Menocal et al., 2000, Figure 4a), with anomalies remaining close to zero, suggesting steady climatic conditions over the North-Eastern Atlantic. Two late events can, however, be pointed out (especially seen in the Fe/SUM and K/SUM ratios): they occur at 5.4 and 4.8 ka respectively

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(Figure 3b and g and 4c), in a warm context as inferred from the related temperature records, and are well circumscribed within the LDG site (corresponding also to brief lows in CH₄ concentration) where they delimit a sand deposition event as measured in G3 (Figure 3a).

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The changes highlighted at the local LDG site thus illustrate the change in sediment facies (see also Faye et al., 2019 for the interpretation of grain-size data in the LDG records), occurring consistently with environmental change. But what is the genetic link between the proxies used and climate? Since the generalization of XRF core scanning tools, many attempts have been made to identify the significance of elements in diverse sedimentary contexts (see especially the compilations in Croudace and Rothwell, 2015; Croudace et al., 2019; for the organic matrix at the LDG site, see also Longman et al., 2019). The most significant ratios in the LDG record (as deduced from the PCA analysis of G3 and also seen in G4) include the Fe/SUM, Ca/SUM, K/SUM, Si/SUM and S/SUM ratios. All of these display high scores (negative and positive) for the two first components, accounting for 96% of the variance (Figure 5). Ternary plots were drawn in addition to identify the sedimentological significance of key ratios (Figure 5b). However, as previously illustrated with Figures 3 and 4, other ratios of low weight in the PCA (Zn/SUM, Mn/SUM, Ti/SUM and Br/Si) should not be ignored as they also clearly reflect environmental changes. Classically, in siliciclastic sediments from the North Atlantic region, Ti, K, Si and Fe abundances are related to terrigenous inputs while Ca, Sr, S and Br are related rather to biogenic production (e.g. Richter et al., 2006; Rothwell and Croudace, 2015; Mojtahid et al., 2019; Longman et al., 2017, 2019). Additionally, S is often used as a proxy for oxygen depletion/anoxia (Rothwell and Croudace, 2015). In a similar coastal context (mouth of the Rega Valley, Baltic Sea), Harff et al. (2011) interpret Holocene lithological facies by PCA analysis also performed on XRF data, attributing high concentrations of K and Ti to high terrestrial discharge, whereas low K and Ti are associated with increasing pelagic deposition together with a potential imprint of aeolian dust inputs. This scheme is

of course basin-dependent and the drainage valley of the Gironde and its surrounding geological formations are quite different, preventing us from making a similar direct interpretation for our study site. It can be further complicated by the large amount of organic matter (peaty facies) in our record. However, considering a very recent Holocene study conducted in similar peaty sediments, and despite a highly specific environment, namely the Mohos volcanic crater (Eastern Carpathians, Romania; Longman et al., 2017), K and Ti concentrations (supplemented by Si concentrations) were again evoked as key elements for monitoring deposition fluctuations in dust sources (ranging from proximal loessic provenances to distal Saharan ones). In a Danish coastal lake (Filso), closed by sand dunes during the Holocene, Goslin et al. (2017, 2018a and b, 2019) identify Mn, Fe and S as opposed to Si and K. They attribute this contrast to a sandy origin associated with a river source characterized by high Mn, Fe and S contents, whereas beach and dune sands are identified by high Si and K values. Again, this interpretation is specific to their study area, but it is comparable to observations made on the basis of LDG-G3 data, except for Ti, which is very scarce in our record. This is also consistent with the geochemical analyses documented at the scale of the Aquitaine basin in Sitzia et al. (2017) for fossil aeolian deposits: with K and Si found in aeolian sands and Ti in their analysis bearing a signature related to loess and the fine fraction of cover-sands. In the LDG-G3 record, K and Si content are positively correlated on PC1 and PC2, forming one common pole. Mn and S exhibit contrasting polarities, and are negatively correlated on PC1 and PC2 (Figure 5a). Fe is the most abundant element with a high negative score on PC2 (whereas its score is moderately positive on PC1, Figure 5a) and contrasts with Ca (with a high negative score on PC1). The (Si+K)/Fe ratio can therefore be here used as a tracer of sand blows over the LDG site. Fe is a redox-sensitive element; to ascertain its degree of mobility in our record, correlations can be tested between what are considered to be immobile (Ti) and mobile (K) elements. Actually, according to Rothwell and Croudace (2015), high correlation between Ti and Fe and between Ti and K indicates "that the downcore distribution of those elements is mostly unaffected by post-

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depositional mobilisation via groundwater leaching and/or organic activity". In G3, we obtained a high correlation between Fe and Ti (R2: 0.9162) and between Ti and K (R2: 0.9347).

At the LDG site, other significant trends in elements, as identified in Figure 4, include: (1) Mn/SUM and Br/Si match the low amplitude evolution of SST in the Bay of Biscay whereas K/Sum matches changes from the tropical site ODP658; (2) Ti/SUM, although low, matches global mean temperature anomalies. Those elements therefore point to a direct/indirect link with the North Hemisphere

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3.2. Forcing at play and teleconnections on the pan-Atlantic scale during the Holocene

climatic regimes that we examine further in the next section.

371 In order to synthetize information yielded by the LDG records and integrate it into a genetic 372 perspective of environmental pressures at play, we compiled a final figure (Figure 6) comparing the 373 respective loadings on PC1 and 2 (and their related key elemental ratios and proxies in the LDG) 374 with reconstructions of various forcings over the period of interest. Those forcings are classified so as 375 to describe trends which reflect: 376 - a long term evolution, as seen with PC1 (Figure 6e), here compared with the emblematic SST 377 record from the Scotian margin (north-western subpolar Atlantic) after Sachs (2007, Figure 6k), used 378 in several compilations for Holocene climatic changes (Marcott et al., 2013; Marsiceck et al., 2018); 379 - sub-millennial variability imprinted in PC2 (Figure 6f) and here compared with the Atlantic 380 storminess record reconstructed from Danish records by Goslin et al. (2018a and b, Figure 6c), Arctic 381 glacier activity detected in the sensitive region of Svalbard after van der Bilt et al. (2015, Figure 6a), 382 and the proximal sea-surface conditions in the Bay of Biscay (Cap-breton canyon terrace record, 383 some 200 km from the LDG site, Eynaud et al., 2018, Figure 6i). 384 A striking correspondence between climate modulations over the Holocene is thus detectable for the 385 various sites in the compilation over both the short and the long term (despite the use of different 386 dating methods). This reinforces previously raised observations (also illustrated in Figures 3 and 4)

and demonstrates that the LDG site has recorded the combination of local and distal climatic shifts, emphasizing the high degree of coupling and teleconnections driving environmental changes during the Holocene around the North Atlantic Ocean. Many modern-day modes of climatic variability (namely for our zone, the NAO, Atlantic Multidecadal Variability/Oscillation: AMV/AMO, Northern Annular Modes: NAM also named the Arctic Oscillation: AO) have already been evoked to explain Holocene variability. All infer a strong coupling between the atmosphere and Atlantic Ocean dynamics (e.g. Curan et al., 2019; Hernández et al., 2020) especially along the track of westerlies. Here, we illustrate this coupling by sea-surface salinity (SSS) reconstructions for the southern Bay of Biscay (Figure 6i), those SSS values remarkably reflecting the storminess index of Goslin et al. (2018a and b, Figure 6c), with high SSS values corresponding to high storminess. The genetic link explaining this correspondence, intrinsic to ocean/atmosphere couplings, lies also in teleconnections that are not easy to disentangle, and potentially convergent and interrelated processes: wind tracks and stresses over the ocean, dynamics of the North Atlantic gyres driving saline incursions in the Bay of Biscay (from the south and the north as well potentially), precipitation changes over Europe, Mediterranean outflow (MOW) modulations (e.g., Lozier and Stewart, 2008), all affecting the balance of modern-like modes (see the recent article of Montoya Duque et al., 2021, trying to find a genetic link between midwinter European climate and storm tracks). The mid-Holocene transition marks a critical shift in the records, as is well expressed in PC1 especially, objectively related to the well-known cooling trend following the climatic optimum after the stabilization of boreal glacier melting and of the sea-level rise to its modern level, but not only that. In many western European records, climatic deteriorations then intensified. This corresponds roughly to the onset of primary dune aggradation in the bas-Médoc which culminated between 5 and 2 ka BP with prominent migration phases during historical times (Tastet and Pontee, 1998; Bertran et al., 2020; Bertran and Fouéré, 2021). The progressive influence of dune invasions and migrations

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along the Aquitanian coast may be expressed throughout the LDG records. It is suggested that active phases of dune building occurred during negative NAO-phases and in relation to the availability of sedimentary material (Clavé, 2001; Clarke et al., 2002; Van Vliet Lanoë et al., 2014; Bertran and Fouéré, 2021). It is worth noting that the mid-Holocene also corresponds to accelerated regression (clearance?) of European forests (as recently underlined on a regional Atlantic scale by Penaud et al., 2020 and also seen locally, Figure 3d-e-f-j-k, Figure 6d) and thus that dune aggradations may also be related to biorhexistasy effects. This mid-Holocene shift has been observed in many records on the basis of many different proxies (both marine and terrestrial); mechanistically it was often related to geographical shifts in the NAO centres or related modes (e.g. Mauri et al., 2014), but no consensus really exists to identify a rather positive or negative NAO-like configuration after or before. Probably, the stabilization of ice-sheet melting rates at that time, as a corollary to steady sea-levels and few changes in the altimetry of residual boreal ice-sheets, may have promoted the onset of modern climatic modes coupling atmospheric and oceanic dynamics in the North Atlantic province. However, the literature contains too few reconstructions of NAO, AMO or AMOC variability for the mid-Holocene transition to generalize a pattern regarding those modes. The following sub-millennial changes are furthermore difficult to relate to natural climatic shifts alone, as anthropogenic influences increased with the settlement of Neolithic populations (synchronously thus with the mid-Holocene shift). The LDG record provides new evidence when looking at the related PC2 proxies (bottom part of Figure 6: b, f, g, h). Actually, the striking coevolution of those local proxies with Svalbard glacier advance indexes (van der Bilt et al., 2015, Figure 6a) between 6 and 3 ka cal BP, argues for common drivers in both temperate and boreal latitudes. Furthermore those drivers had to be capable of generating a rapid transfer of perturbations, as the most abrupt ones detected occurred in less than a century. Four events are especially noticeable regarding their synchronicity: at 5.4, 4.8, 4.2 (a well-known Holocene climatic event, e.g. Jalali et al.,

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2019), and even at 3.3 ka, the termination of the G3 record being due to the recovery of a highly peaty facies preventing us from collecting an undisturbed sample from the topmost layers (see Faye et al., 2019). The centennial scale glacier advances reported by van der Bilt et al. (2015, Figure 6a) thus find direct counterparts (or vice-versa) in the sand-blowing regression (as seen in the (Si+K)/Fe ratio in Figure 6b) and thus conversely peat developments along the Aquitaine coasts. This suggests that for times when wetter conditions are recorded in Aquitaine, something which also seems to have coincided with the dynamics of storm events in Denmark (Figure 6c), small Svalbard glaciers were expanding. This clearly attests to the crucial role of warm humid advections in the climate balance of western Europe whatever the latitude considered. The mechanisms behind this convergence are thus not exclusively linked to an NAO-like pattern, which on the contrary decouples and contrasts midlatitudes and polar-latitudes of Europe in terms of humidity conditions. Instead, we observe here a synchronicity which suggests and highlights a factor controlling temperature and humidity simultaneously along the eastern North Atlantic (possibly occurring under a relaxed northhemispheric gradient). A "climatic valve", capable of nurturing small glaciers in Svalbard, storminess in Denmark and humidity in SW France, argues for multi-year-lasting dynamics and therefore an oceanic driver. The best candidate is modulation of the intensity of North Atlantic Drift (NAD) inflows towards the pole in the Nordic seas, i.e. in AMOC dynamics. The most recent literature suggests that AMOC was a key driver of Europe's Holocene climate, notably implying a strong reactivity with ice compartments (from marine-terminating glaciers, e.g. Curran et al., 2019, or seaice cover as well, e.g. Klein et al., 2014; Găinușă-Bogdan et al., 2020). The causes of AMOC internal variability have still not been fully identified as they imply diverse interactions and feedbacks (purely physical – thermo-haline – or wind-related or both, but also probably linked to sporadic events such as volcanic forcing and to biospheric changes impacting the Earth's radiative budget), in a context of primary external insolation forcing. Despite those complex loops, one of the most probable, and often cited, processes is the recirculation of warm, (sub)tropically-sourced, Atlantic waters, along the

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boundaries of the subtropical and subpolar gyres (Eynaud et al., 2018; Curran et al., 2019). The eastward extension of the North Atlantic subpolar gyre, recently documented for the Holocene by Colin et al. (2019) in the Rockall Trough, may have modulated this recirculation. It is worth noting that the comparison of the millennial scale fluctuations identified in the composite record of coldwater coral £Nd by Colin et al. (2019) matches the (Si+K)/Fe ratio in G3 with especially high £Nd values recorded for low (Si+K)/Fe values. Interestingly those low values are also recorded for high salinity values in the Bay of Biscay, something that we can relate to the modern observations of Lozier and Stewart (2008) who attribute salinity anomalies in the eastern North Atlantic temperate basins to a eastward expanded SPG blocking the northward MOW circulation up to the Nordic seas, synchronously to a subpolar front moving eastward, a positive NAO index and strong westerlies. Our study thus shows that even isolated records can capture climatic signals in a very sensitive manner and are all very good candidates and proxies for directly or indirectly inferring the global dynamics of climate. Past sequences usefully supplement modern observations and modelling exercises as their indirect and integrated character may be an asset for picturing concepts on a synoptic and comprehensive scale.

3.3. Human population dynamics

The transitions highlighted and events identified in the LDG sequences also correspond to major shifts in European population dynamics and cultural developments during the Holocene as summarized hereafter. The Neolithic period, marked by the expansion of farming and a radical shift in belief systems, even if diachronous across Europe (due to a north-westward progression of acculturation for central and northern Europe and a westward maritime-related progression for Mediterranean Europe), coincided with the mid-Holocene, which is particularly well expressed here as previously discussed (Figures 4 and 6). Beyond this major transition, the events at 5.4, 4.8 and 4.2 ka occurred at times of drastic changes, related especially to a succession of megadroughts in Eurasia

and Africa (e.g. Brooks, 2006; Weiss, 2016; Griffiths et al., 2020 and references therein). Those events encompassed the Late Neolithic/Chalcolithic periods and the transition to the Bronze Age, which are recognized as periods of increasing social complexity (Kristiansen and Larsson, 2005; Brooks, 2006; Milevski, 2013). The 4.2 ka event has been chosen as the date of the transition between the Northgrippian and the Meghalayan (Walker et al., 2019). It is related to severe drought in the tropics and subtropics, that may have also affected European populations (e.g. Drysdale et al., 2006) as suggested by discoveries of groundwater collection systems and wells, contemporaneous with this episode and abandoned subsequently (see e.g. the "Motillas" Bronze Age horizon in central Spain, Mejías Moreno et al., 2014). At the LDG site and in its vicinity (e.g. the nearby site of Amélie beach), this period saw a significant increase in the number of Late Neolithic and Bronze Age remains, as past and present archaeological research has demonstrated (e.g. Roussot Laroque, 2007; López-Romero et al., 2021). Climate may have impacted local populations in several ways, but published evidence for the LDG site (Roussot Laroque, 1999; Roussot Laroque, 2007; Roussot Laroque, 2010) has documented occupation changes (gaps included) rather in relation to weather extremes such as drought and storminess. Several well-preserved wattle structures, probably related to the salt industry, have been found after 6 ka cal BP within the site (see pictures in Verdin et al., 2019a and López-Romero et al., 2021) indicating repeated exploitations of the area by Neolithic humans. During the Bronze Age, for which a very dense collection of anthropic artefacts has been collected, gaps in settlement were also reported to be synchronous with interruptions in farming pressure (Roussot Laroque, 2007). This evidence suggests that during the part of the Holocene under study here, randomness due to sudden changes was superimposed on the long-term climatic trend initiated with deglaciation, and may have drastically impacted both the environment and human populations.

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4. Conclusion

This study focused on a high-resolution archaeological record encompassing the early to late Holocene transition. On the basis of a palaeoenvironmental approach relying mostly on XRF and palynological (pollen) data, we found evidence for specific breaks in the sedimentological record that all find direct counterparts in the well-known pan-Atlantic climate shifts. The record under study reveals a long-term trend, classically echoing the evolution of Holocene insolation forcing, with superimposed short-term events bearing a more local signal related mainly to proximal North Atlantic Ocean dynamics. It highlights how western European environments (and therefore populations) were dependent upon the linearity of climate evolution. It suggests also that high-time-resolved records made up of both archaeological and environmental remains, even if local and at first sight "disturbed" by the presence of anthropic artefacts, are in fact, where they prove to be continuous, highly valuable sequences worth detailed study to better identify risk and resilience factors capable of affecting human societies.

5. Author contributions

All authors contributed to the published work. FE wrote the paper and conceptualized the study as part of the joint direction (funding acquisition and administration; investigation and methodological frameworks; analyses) of the LITAQ (conducted with FV) and HAMOC (conducted with CrC) projects. YM, EL-R, AP and CC were involved in both projects and contributed to the data produced and the related scientific discussions. CB was in charge of the analysis of pollen grain assemblages in G3.

6. Data availability

The data published in this article are available on request from FE.

7. Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Figure captions

- **Figure 1:** Maps showing the location of the Lède du Gurp (LDG) archaeological site (A): in western Europe; (B): zooming in on the Bay of Biscay margin with other regional marine sequences of interest; (C) Google map view of the residual buttress in the intertidal zone between March and October 2014 before the excavation operations.
- **Figure 2:** Age-depth relationship (polynomial regression) for the two sampled sequences G3 (grey) and G4 (blue). The marks locate the dated samples in depth and time. Dates are calibrated and corrected with CALIB7.0.2. software. The 1σ and 2σ envelopes (dotted lines) obtained with Undatable software (Lougheed and Obrochta, 2019) are also shown to validate the polynomial construction of age models for G3 and G4, respectively.
- Figure 3: Compilation of sedimentological results obtained for G3 (black curves a, b, c, g, h, i) and G4 (blue curves in b, h) sequences, compared with key pollen data in G3 (d, e, f, j, k).
 - Figure 4: Comparison of key results from the G3 and G4 sequences (b, c, d, e, f, g) with some recent Holocene reference records with: (a) bipolar insolation values (June at 60° S and July at 65° N) in boreal summers after Berger and Loutre, 1991; (h) Massif central eruptions (total number: attested and supposed) after Miallier et al. 2012; (i) NGRIP δ^{18} O record after Vinther et al., 2006 and Rasmussen et al., 2006; (j) mean summer SST anomaly in the central eastern Atlantic after de Menocal et al., 2000; (k) mean summer SST anomaly in the southern Bay of Biscay after Eynaud et al. 2018; (l) mean annual SST in the southern Bay of Biscay after Eynaud et al. 2018; (m) global mean temperature reconstruction minus North Atlantic records from Marcott et al. 2013 from the compilation by Marsicek et al. 2018; and (n) CH4 atmospheric concentration after Beck et al. 2018. Vertical stripes identify sudden short-lived changes in the signals with pink stripes corresponding to warm SST oscillations and light purple stripes to cold

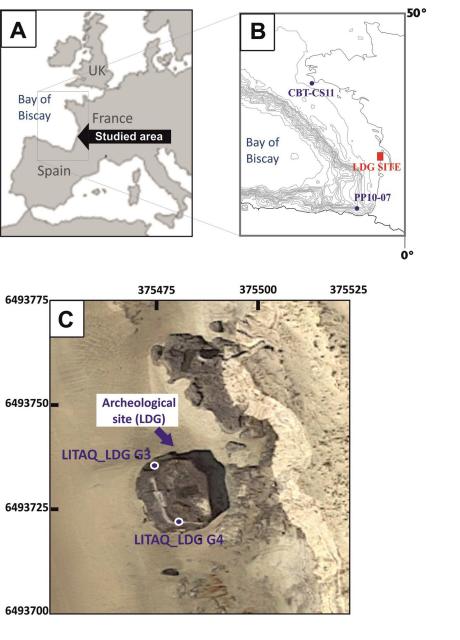
SST. Green boxes at the top identify rapid climate change (RCC) intervals after Mayewski et al., 2004 (temporal limits reproduced from their Figures 1 to 4). Archaeological and climatological divisions commonly used in the North Atlantic region and Europe have been added (after the compilation published in Eynaud et al., 2019 and López-Romero et al., 2021).

Figure 5: Statistical analysis of the XRF results from the G3 sequence, with (a): scores and their significance on PC1 and PC2; (b) ternary plots of key element abundances and (c) their along core distribution (in age) compared to PC1 and PC2 loadings.

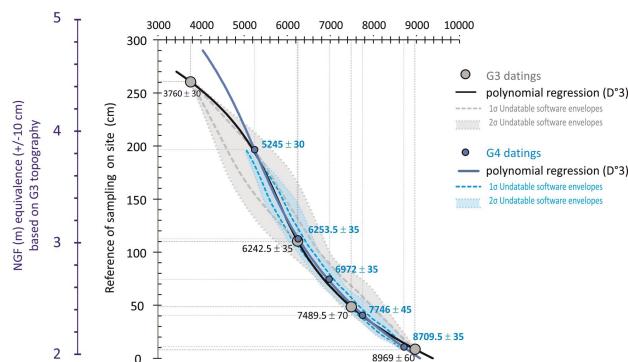
Figure 6: Comparison of the respective loadings on PC1 (e) and 2 (f) – and their related key elemental ratio and proxies in LDG (b, d, g, h, j) – with Holocene reconstructions: (a) Arctic glacier activity detected in the sensitive region of Svalbard after normalized titanium loss on ignition (Ti/LOI) measurements in a core from Hajeren Lake (van der Bilt et al. 2015); (c) Atlantic storminess record reconstructed from Danish archives by Goslin et al. (2018a and b); (j) reconstructed sea-surface salinities (SSS) in the Bay of Biscay (PP10-07 core: this work, Mary et al., 2017; Eynaud et al., 2018); (k) SST record from the Scotian margin (after Sachs et al., 2007 and Marsicek et al. 2018) and (1) Dinocyst NAD linked species (% O. centrocarpum) in core CBT-CS11 (after Penaud et al., 2020). Vertical stripes: as in Figure 4, the pink stripe corresponds to warm Bay of Biscay SST oscillations and light purple stripes to cold SST. Grey stripes have been added to identify Neoglacial glacier advances in Svalbard after van der Bilt et al. (2015). Archaeological and climatological divisions commonly used in the North Atlantic region and Europe have been added (after the compilation published in Eynaud et al., 2019 and López-Romero et al., 2021).

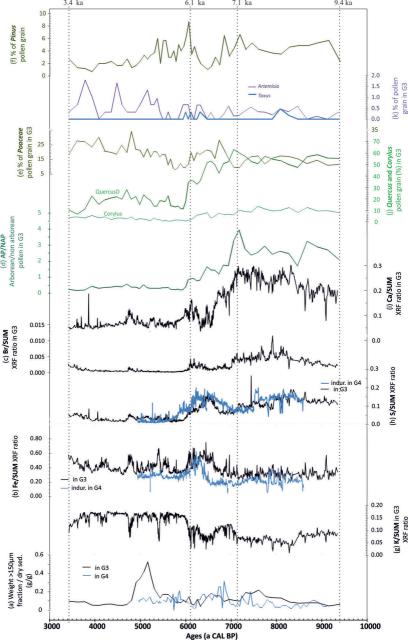
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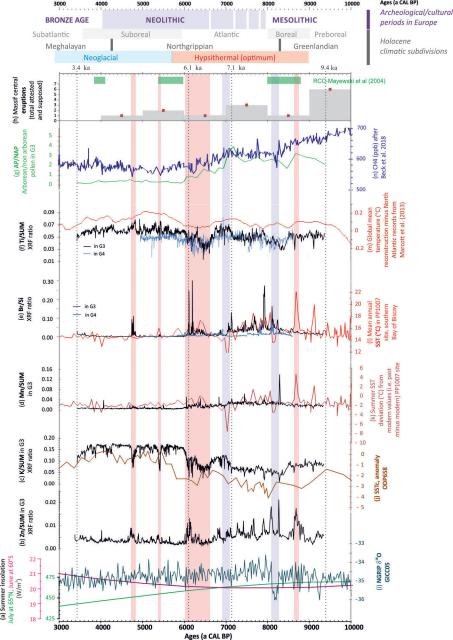
- **Table 1:** Age control points (radiocarbon datings) for the Holocene section of the Lède du Gurp
- 927 (LDG) site.

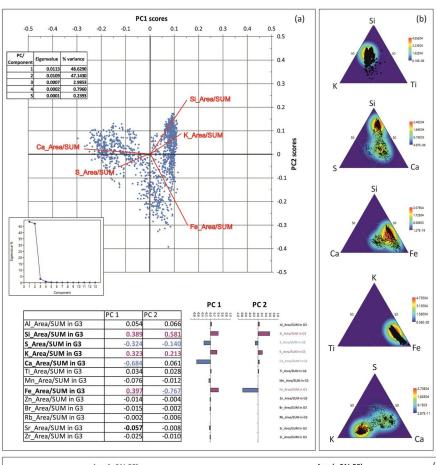


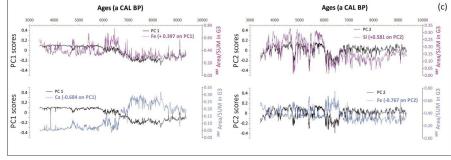
Calendar Age (cal. yr BP)
CALIB 7.0.2. Mean age 1 sigma

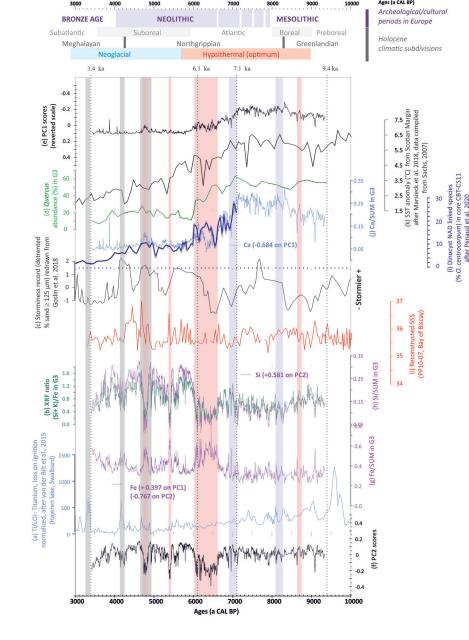












Field campaign	Sampling references	Mid sampling depth (cm) on site	NGF (m) Equival ent	Material	Lab. code N°	mg C	Delta C13	рМС	Err pMC +/-	Age BP 14c raw	Err age BP +/-	Calendar Age (cal. yr BP) CALIB 7.0.2. One Sigma Ranges: [start	Calendar Age (cal. yr BP) CALIB 7.0.2. One Sigma Ranges: end]	relativ e area (best score)	Calendar Age (cal. yr BP) CALIB 7.0.2. Mean age 1 sigma	Calendar Age (cal. yr BP) CALIB 7.0.2. Two Sigma Ranges: [start	Calendar Age (cal. yr BP) CALIB 7.0.2. Two Sigma Ranges: end]	relativ e area (best score)	Calendar Age (cal. yr BP) CALIB 7.0.2. Mean age 2 sigma
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P1, 10-11 cm	10.5	1.62	seeds	VERA- 51390			0.3728	0.0017	7925	35	8640	8779	0.819	8709.5	8628	8813	0.66	8720.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P2, 40-41 cm	40.5	1.93	seeds	VERA- 51391			0.4218	0.0023	6935	45	7697	7795	0.939	7746.0	7675	7856	0.98	7765.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P3, 74-75 cm	74.5	2.27	wood	VERA- 51392			0.4673	0.0021	6110	35	6927	7017	0.828	6972.0	6892	7032	0.73	6962
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G4, slice P4, 112-113 cm	112.5	2.67	seeds	VERA- 51393			0.5115	0.0023	5385	35	6231	6276	0.478	6253.5	6173	6284	0.76	6228.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in core G4, P8, 196-197 cm	196.5	3.53	Wood fragments, seeds	SacA- 46027	1.59	-28	57.2212	0.1967	4485	30	5211	5279	0.45	5245.0	5038	5293	0.98	5165.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Levels in G3, P1, 8-9 cm	8.5	2.05	Wood fragments, seeds	SacA- 46023	1.36	0.6	36.8652	0.2921	8020	60	8930	9008	0.386	8969	8648	9028	1.00	8838
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G3, P2, 48-49 cm	48.5	2.43	Wood roots and fragments, seeds	SacA- 46024	1.36	-19.3	43.9439	0.3643	6610	70	7457	7522	0.627	7489.5	7417	7614	1.00	7515.5
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G3, P5, 110-111 cm	110.5	3.02	Seeds and Daphnia eggs	SacA- 46025	0.93	-22.9	50.9697	0.2087	5415	35	6208	6277	1	6242.5	6179	6293	0.97	6236
LITAQ- 2014 -oct	Lède du Gurp, archeological site, Level in G3, P11, 260-261cm	260.5	4.45	Seeds (with Pinus)	SacA- 46026	1.78	-19.4	64.6403	0.2391	3505	30	3722	3798	0.813	3760	3695	3861	1.00	3778
FAST LITAQ LDG2017	Lède du Gurp, archeological site, Level in drilling SC1 TR2 47- 53 cm	50	-0.55	Wood	SacA- 50443	1.26	-31	31.6555	0.1916	9240	50	10372	10498	0.757	10435	10258	10524	0.97	10391