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# Purchases dominate the carbon footprint of research laboratories

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#### Abstract

Despite increasing interest for the carbon footprint of higher education institutions, 3 little is known about the carbon footprint associated to research activities. Air travel Δ and attendance to conferences concentrate recent data and debates. Here we develop 5 a hybrid method to estimate the greenhouse gas emissions (GHG) associated to re-6 search purchases. To do so, we combine macroeconomic databases, research-centered 7 companies footprints and life-cycle analysis to construct a public database of mone-8 tary emission factors (EF) for research purchases. We apply such EFs to estimate 9 the purchases emissions of hundreds of research laboratories in France gathering more 10 than 20000 staff, from all disciplines. We find that purchases dominate laboratory 11

emissions, with a median of  $2.3 \text{ tCO}_2$  e/pers, accounting for more than 50% of emis-12 sions, and 3-fold higher than the individual contribution from travel, commutes and 13 heating. Electricity emissions are 5-fold lower in our dataset of laboratories using low 14 carbon electricity but they become preponderant for high carbon electricity mixes (3.5 15  $tCO_2$  e/pers). Purchases emissions are very heterogeneous among laboratories, but 16 are strongly correlated with budget, with an average carbon intensity of  $0.33 \pm 0.07$  kg 17  $CO_2e \in A$  and differences between research domains. Finally, we quantify the effect of a 18 series of demand-driven mitigation strategies obtaining a maximum reduction of 15~%19 in total emissions, suggesting that effectively reducing the carbon footprint of research 20 activities calls for systemic changes. 21

## 22 Introduction

Planetary limits refer to the ensemble of physical, ecological and social constraints that limit the flux of matter and energy sustaining human societies.<sup>1</sup> They have been a subject of continuous discussion for at least two centuries.<sup>2–8</sup> This has spurred the necessity for implementing a material accountability, complementary to a monetary one, in order to curb material and energy flows associated to human activities.

<sup>28</sup> Universities and research laboratories have greatly contributed and continue to actively <sup>29</sup> contribute to a better understanding of these planetary limits, in particular concerning global <sup>30</sup> warming<sup>9</sup> and biodiversity loss.<sup>10</sup> However, research itself has undesired impacts, both di-<sup>31</sup> rectly by consuming natural resources and generating waste and greenhouse gases (GHG)<sup>11</sup> <sup>32</sup> and indirectly through the discovery of processes and techniques that may increase the overall <sup>33</sup> impact of humanity on the environment in the long run.<sup>12–14</sup>

Awareness of the direct impacts of academic research on the environment, and more specifically, on global warming, is illustrated by the steady increase in the scientific literature on the carbon footprint of academic research and higher education.<sup>15</sup> In order to quantify GHG emissions in research, two main approaches have been followed: a top-down

and a bottom-up approach. In the former, the carbon footprint of whole universities was estimated using aggregated data from entire institutions, in general without distinguishing research and educational activities.<sup>15–18</sup> In the latter, the footprint of individual and specific research activities such as attending conferences or a PhD project,<sup>19</sup> scientific events such as international conferences<sup>20</sup> or disciplines,<sup>21,22</sup> were assessed.

The large majority of the footprints estimated by higher education institutions focuses on direct and energy-related emissions<sup>15,18</sup> (scope 1 and 2<sup>23</sup>) and only partially includes scope 3 emissions,<sup>24</sup> i.e. those resulting from activities that occur in locations that are not owned by the institution. They are the most diverse and therefore, the most difficult to assess, which explains why they are rarely accounted for. Yet, scope 3 emissions, and among them, purchases of goods and services, can represent a large share of their total footprint.<sup>16,25,26</sup> Some studies suggest that they may account for as much as 80% of total emissions.<sup>17,27</sup>

In this work, we have taken an intermediate approach and selected the research labora-50 tory as a valuable perimeter to evaluate the carbon footprint of research activities. Within 51 this boundary we first propose a method to estimate the carbon footprint of all the goods 52 and services purchased in the laboratory. We construct a public listing of monetary emission 53 factors (EFs) associated to 1431 categories of scientific purchases and 61 physical emis-54 sion factors associated to 8 labware categories using different databases and complementary 55 methods to assess the robustness of our approach. These EFs can be used as is or through 56 the web interface GES 1point5<sup>28</sup> to calculate the GHG emissions of laboratory purchases. 57 We then compare the different emission sources from 167 carbon footprints associated to 58 108 distinct French laboratories from all disciplines and show that purchases represent 50%59 of median emissions. Emissions in general and purchases emissions in particular are very 60 heterogeneous between laboratories and research domains. Interestingly, we find a strong 61 linear correlation between purchases emissions and budget with a carbon intensity of  $\sim 0.3$ 62 kg CO<sub>2</sub>e/ $\in$  for sciences and technology and life and health sciences laboratories and ~ 0.2 63 kg  $CO_2e \in for$  human and social sciences laboratories. We conclude by discussing potential 64

- <sup>65</sup> mitigation strategies, highlighting the difficulty of reducing purchase-associated emissions in
- 66 certain disciplines.

# <sup>67</sup> Results and discussion

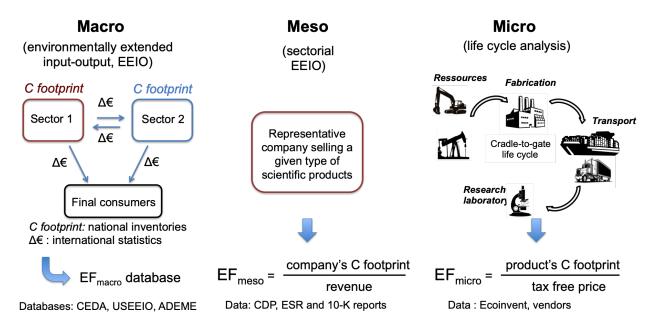


Figure 1: Scheme showing the three approaches used in this work to estimate monetary emission factors (EF) of purchased goods and services.

Emissions embodied in goods and services, can be estimated by measuring physical or 68 monetary flows. To make the problem tractable considering the large number of purchase 69 types in research laboratories, goods were classified according to the French system for 70 accountability in research (NACRES), to which we manually associated cradle-to-gate mon-71 etary emission factors (EFs) in kg  $CO_2e/\in$ . Throughout the text all  $\in$  values correspond to 72 year 2019. The emissions of good i were calculated as  $e(i) = p(i) \times EF(i)$ , with p(i) its price 73 in  $\in$ . EFs were estimated using the three approaches sketched in Fig. 1: i) an environmen-74 tally extended input-output (EEIO) method<sup>29</sup> that we will call in the following macro and 75 note  $EF_{macro}$ ; ii) a process-based method that we will call in the following *micro* ( $EF_{micro}$ ); 76 and iii) an intermediate approach based on the carbon intensity of selected companies of the 77

research sector, that we will called in the following meso  $(EF_{meso})$ .

Environmentally extended input-output (EEIO) methods associate environmental impacts to macroeconomic monetary flows between production and consumption sectors in a given economy or territory.<sup>29</sup> They have proven useful to estimate the carbon footprint of purchases in large organizations.<sup>30</sup> However, they should be used with caution when applied to niche products which are abundant in research laboratories. We therefore used a hybrid approach: for purchase categories most specific to research labs (scientific instruments and consumables), we completed the EEIO method by our meso and micro approaches.

#### <sup>86</sup> Construction of the emission factor database

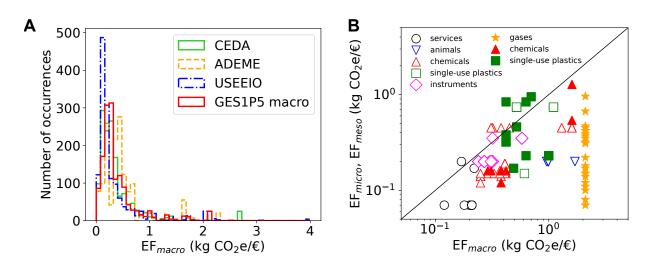


Figure 2: Construction of the GES1P5 NACRES-EF database for estimating the carbon footprint of research laboratories. A) Distribution of macro emission factors within the four macro NACRES-EF databases considered in this work. The y axis represents the number of NACRES codes assigned to a given EF among the 1431 NACRES codes within the purchases module in GES 1point5. B) Meso (open symbols) and micro (filled symbols) emission factors vs. GES1P5 macro EF for different types of purchases.

In a first step, each of the 1431 NACRES categories identifying goods and services was attributed one or several EFs from each one of three EEIO databases: the two American CEDA<sup>31</sup> and USEEIO<sup>32,33</sup> databases, and the French ADEME<sup>34</sup> database, the first two pro-

viding 430 EFs and the last one 38. This constituted three databases of NACRES monetary 90 EFs, called in the following CEDA, USEEIO and ADEME, respectively. In a second step, 91 the GES1P5 macro database was constructed by averaging, for each NACRES category, the 92 EFs from the three other databases. Fig. 2 and Tab. 1 show the properties of the distri-93 bution of EFs associated to the different NACRES categories for the four macro databases. 94 Lower EFs are more frequent in the USEEIO database, then comes the CEDA and then 95 the ADEME database with respectively medians of 0.19, 0.27 and 0.40 kg  $\rm CO_2e/\in$ . The 96 GES1P5 macro database displays a mean EF that is indeed the average of the means of the 97 other three, with a distribution very similar to the CEDA one although without the very 98 high values (Fig. S2). gg

Table 1: Statistics of the distribution of emission factors (EF) within each NACRES-EF database and of purchases carbon intensities within the GES 1point5 lab emission database for the five NACRES-EF databases used in this work. All the quantities are in kg  $CO_2e/\in$  and s.d. is the standard deviation.

	$\mathbf{EF}$			Carbon intensity $(I)$		
NACRES-EF	Mean	Median	s.d.	Mean	Median	s.d.
database						
USEEIO	0.33	0.18	0.45	0.29	0.28	0.09
CEDA	0.37	0.25	0.42	0.34	0.34	0.08
ADEME	0.47	0.40	0.41	0.43	0.44	0.10
GES1P5 macro	0.39	0.27	0.38	0.35	0.35	0.08
GES1P5 final	0.33	0.24	0.28	0.31	0.30	0.07

In a third and final step, the GES1P5 macro was refined by substituting macro EFs 100 by meso or micro EFs. Meso EFs were computed by calculating the carbon intensity of 101 14 companies providing representative instruments, consumables and/or services to research 102 labs (Tabs. 2 and S4-S2). Similarly to corporate emissions in other industrial sectors, 103 companies'  $EF_{meso}$  most heavily depend on the emissions related to purchased goods and 104 services, that represent 41 to 80% of their total emissions (Tab. S2). These 14  $\text{EF}_{meso}$  were 105 attributed to 102 NACRES categories (Tab. S1), with a median of 0.2 kg  $CO_2e \in \mathbb{C}$ , which is 106 close to the median EF of the USEEIO database. Micro EFs were computed using cradle-107

- <sup>108</sup> to-gate single-impact life cycle assessments<sup>35</sup> (LCA) of 60 simple products that constitute a
- <sup>109</sup> significant purchase amount in at least one discipline, mostly disposable plastic labware and
- $_{110}$  gas cylinders (Tab. S3) and averaged by NACRES category to obtain 36 EF<sub>micro</sub>.

Table 2: Meso carbon intensities (corporate direct and upstream emissions divided by total sales) of companies whose main clients are research laboratories, aggregated by business segment. Details by company are given in Tabs. S4-S2. Data calculated from 36.

Business segment	Carbon intensity	
	$(\mathrm{kg} \ \mathrm{CO2e}/\mathrm{e})$	
Gloves and hygienic equipment	0.74	
Chemicals	0.45	
Global lab supplier (Instrumentation, con-	0.13 - 0.38	
sumables & services)		
Scientific equipment $(> 80\% \text{ of sales})$	0.18 - 0.35	
Biotech consumables	0.14 - 0.16	
Scientific services	0.07 - 0.19	

Fig. 2B shows the correlation between micro/meso EFs and macro ones. For a given 111 category, on average,  $EF_{meso}$  are of the same order of magnitude than  $EF_{macro}$ , but globally 112 2-fold lower. The difference is even more important for companies producing chemicals and 113 animals for research, whose sector of activity was not represented in the EEIO databases. For 114 categories corresponding to single-use plastics, with a single exception,  $EF_{micro}$  were close to 115  $EF_{macro}$  (less than a 2-fold difference). However,  $EF_{micro}$  were much lower than  $EF_{macro}$  for 116 chemicals, laboratory glassware and especially gas cylinders. This most probably reflects the 117 small packaging of gases for laboratories compared to industries, resulting in much higher 118 prices per kg of gas. With some exceptions (see methods), these micro and meso EFs were 119 then incorporated into the GES1P5 macro database to constitute the GES1P5 final database. 120 9 % of EFs were changed (7% with meso EFs and 2% with micro EFs), which accounted for 121 a mean of 12% of lab purchases (in  $\in$ ), with high disparity from one lab to another (from 122 0 to 53% of all purchases). Despite this small number of changes (Fig. S3), the use of the 123 GES1P5 final database resulted in a 17% decrease of the average carbon intensities within 124 all submissions compared with emissions calculated with the GES1P5 macro database (Tab. 125 1 and Fig. 3). 126

# <sup>127</sup> The distribution of carbon intensities in the laboratory research <sup>128</sup> economy

To gather financial purchase data from French laboratories to estimate their purchase emis-129 sion footprint we relied on the GES 1point5 web application.<sup>37,38</sup> We created a purchases 130 module that allowed volunteer laboratories to upload their expenses associated to NACRES 131 categories. Interestingly, GES 1point5 allows laboratories to estimate other emission sources 132 such as scope 1 (owned vehicles, cooling gases), scope 2 (electricity and heating) and scope 133 3 (travels, commuting and computer devices) associated emissions. We designed the pur-134 chases module to avoid double counting with the emissions taken into consideration by the 135 other modules. 108 laboratories submitted 167 GHG purchases footprints for different years 136 (mostly 2019). 137

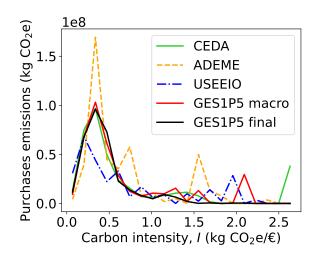


Figure 3: Distribution of carbon intensities within the GES 1point5 laboratory emission database for the five NACRES-EF databases. n = 167 GHG submissions, 108 distinct laboratories, years 2018-2022.

Figs. 3 and S6 show the distribution of carbon intensities I in the 'research laboratory economy' captured by our data. Carbon intensities are weighted by the associated purchases emissions from all laboratories calculated for the five NACRES-EF databases considered here. CEDA and GES1P5 macro provide similar distributions with averages  $\bar{I}$  of 0.34 and

 $0.35 \text{ kg CO2e} \in \mathbb{C}$  respectively (Tab. 1). GES1P5 final ressembles CEDA and GES1P5 macro 142 for I < 1.0 but it results in lower emissions at higher intensities which results in a lower  $\overline{I}$ 143 of 0.30 kg CO2e/ $\in$ . USEEIO and ADEME provide extreme distributions with the former 144 attributing lower emissions for low I (I < 0.6) and higher emissions for high I (I > 1.5), 145 which yields  $\overline{I} = 0.28$  kg CO2e/ $\in$ , and the later displaying three significant peaks at 0.4, 0.7 146 and 1.6 kg CO2e/ $\in$ , associated with a higher mean carbon intensity ( $\overline{I} = 0.43$  kg CO2e/ $\in$ ). 147 These results highlight the interest of using different NACRES-FE databases to estimate 148 purchases emissions as we can evaluate, at least partially, the incertitudes of the results. We 149 conclude that the average carbon intensity of laboratory purchases is in the range 0.22 - 0.42150 kg CO2e/ $\in$ , or  $0.32\pm0.10$  kg CO2e/ $\in$ . This implies that the purchases emissions aggregated 151 for all laboratories is estimated with a precision of 30 % by just multiplying the purchases 152 budget by this average carbon intensity. 153

#### <sup>154</sup> Purchases and electricity dominate laboratory emissions

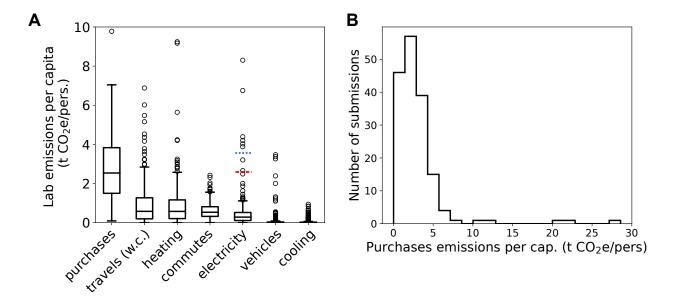


Figure 4: Purchases dominate GHG emissions among laboratories using low-carbon electricity. A) Boxplot of laboratory emissions per capita per emission source. n = 312 for all types except for purchases (n = 167). w.c. indicates that emissions associated to plane transportation were calculated with contrails.<sup>37</sup> Electricity emissions are calculated for three different mixes: French mix (boxplot in black), world mix (median as a dashed red line), and high-carbon mix (median as dotted blue line). Note that the y axis is truncated (see Fig. S8 and panel B). 203 distinct laboratories. B) Distribution of purchases emissions per capita. Purchases emissions calculated with the GES1p5 final NACRES-FE database. n = 167 GHG submissions, 108 distinct laboratories, years 2018-2022.

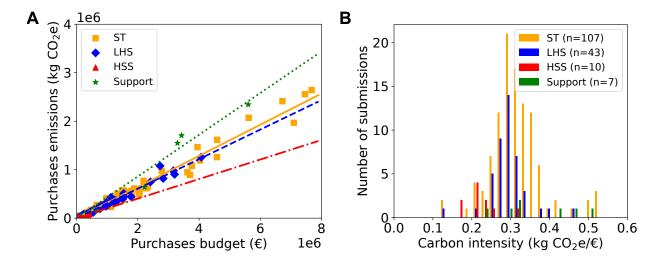
We now have a robust method to estimate laboratory purchases emissions and in the following 155 we will use solely GES1P5 final FEs to calculate them. An important question is the relative 156 importance of each emission source as this conditions where the efforts of reduction need 157 to be concentrated. Fig. 4A and Tab. S6 display the distribution of emissions for the 158 eight types of emission sources in the GES 1point5 lab emission database. Importantly, this 159 perimeter includes all upstream and in-house laboratory emissions except those due to heavy 160 investments (such as construction and large scientific infrastructures) and staff meals. This 161 database contains more than 300 GHG emission inventories from more than 200 laboratories 162 employing more that 40000 staff, except for purchases for which more than 160 inventories 163 from more than 100 different laboratories and employing more than 23000 staff were available 164

(Tab. S5). Median laboratory emissions are dominated by purchases with 56% of the share 165 and a median of  $2.5 \text{ t } \text{CO}_2 \text{e/pers}$ . Travels, heating and commuting to work are far weaker 166 with 12-13% and a median of 0.5-0.6 t  $CO_2e/pers$ . Electricity (6%, 0.3 t  $CO_2e/pers$ .) comes 167 next, with electricity being particularly low in our dataset due to the low carbon emissions 168 of the French electricity system (60 g  $CO_2e/kWh^{39}$ ). Emissions associated to lab-owned 169 vehicles and cooling systems are negligible on average. Laboratory emissions are however 170 very heterogeneous and the distributions of per capita emissions per source are wide, as 171 shown in Fig. 4B for purchases, with quartiles (1.5, 3.8) t CO<sub>2</sub>e/pers and extreme values of 172  $0.09 - 29 \text{ t CO}_2 \text{ e/pers.}$ 173

However, to compare these data internationally we need to correct by the carbon intensity of the electricity mix used by the laboratory. The average carbon intensity of the world electricity mix is 7.9-fold higher (475 g  $CO_2e/kWh^{40}$ ), while the highest electricity intensities can be up to 11.7-fold higher (700 g  $CO_2e/kWh^{41}$ ). In these cases the median of electricity emissions either equals purchases emissions per capita (2.4 t  $CO_2e/pers$ ) or becomes preponderant (3.5 t  $CO_2e/pers$ ).

#### <sup>180</sup> Purchases emissions are correlated to budget and research domain

Fig. 5 shows that purchases emissions are strongly correlated to purchases budget with 181 variations by research domain. Laboratory budgets in our database spanned  $2\times 10^3-8\times 10^6$ 182  $\in$  with a symmetric distribution of carbon intensities of mean 0.33 kg CO2e/ $\in$  and a s.d. 183 of 0.07 CO2e/ $\in$ . Human and social sciences (HSS) laboratories displayed significantly lower 184 carbon intensities  $(0.20\pm0.04 \text{ kg CO2e})$  while support laboratories, i.e. large experimental 185 platforms that provide analysis services, display larger carbon intensities associated to a 186 wider distribution  $(0.4 \pm 0.1 \text{ kg CO2e} \in \mathbb{C}, \text{ Tab. 3})$ . Science and technology (ST) and life 187 and health science (LHS) laboratories were associated to carbon intensities close to the 188 mean (0.32 and 0.30 kg  $CO2e/\in$ , respectively), with however a tendency of ST laboratories 189 with high budgets to display slightly higher intensities. In contrast, the correlation between 190



<sup>191</sup> emissions and number of staff was weaker (Fig. S9).

Figure 5: Purchases emissions are proportional to budget, with differences between research domains. A) Purchases emissions vs. budget for all GHG laboratory footprints in the GES 1point5 lab emission database. Lines are linear fits with zero intercept, whose results are provided in Tab. 3. B) Histogram of purchases carbon intensities for different scientific domains. HSS: Human and social sciences, LHS: Life and health sciences, ST: Science and technology. n = 167 GHG submissions, 108 distinct laboratories, years 2018-2022.

Table 3: Linear fits of purchases emissions vs. purchases budget for different domains in Fig. 5A.

Domain	Slope	$R^2$
	$(\mathrm{kg} \ \mathrm{CO}_2 \mathrm{e} / \boldsymbol{\epsilon})$	
Sciences and technology (ST)	0.32	0.97
Life and health sciences (LHS)	0.30	0.97
Human and social sciences (HSS)	0.20	0.96
Support	0.43	0.96
All	0.33	0.96

#### <sup>192</sup> The typology of purchases emissions depend on research domain

<sup>193</sup> We classified purchases into seven categories: consumables, IT, lab instruments, repairs <sup>194</sup> & maintenance, services, transport & hosting not included in travel and commuting, and <sup>195</sup> laboratory life (see SI Methods). The share of emissions for these categories strongly de-<sup>196</sup> pended on the research domain of the laboratory (Fig. 6A). For ST laboratories, purchases

emissions are dominated by the acquisition of laboratory instruments (39  $\pm$  19 %), while 197 for LHS laboratories instruments and consumables have a similar share (32  $\pm$  15 % and 198  $26 \pm 13$  %, respectively). HSS laboratories exhibit a clearly different typology with three 199 categories with shares close to 30% of emissions: IT, services and laboratory life represent 200  $27 \pm 14\%$ ,  $31 \pm 14\%$  and  $32 \pm 9\%$ , respectively. Such differences imply that mitigation 201 strategies should consider the scientific specificity of the laboratories. At the scale of a single 202 laboratory, our method allows a finer view of the distribution of emissions among different 203 purchases subcategories (Fig. S10). However, one must keep in mind that the financial cate-204 gorization used here to identify purchases (NACRES) does not allow to distinguish between 205 similar goods with potentially different carbon footprints, thus jeopardizing the estimation 206 of supply-driven mitigation strategies, i.e. decreasing the emission factors. 207

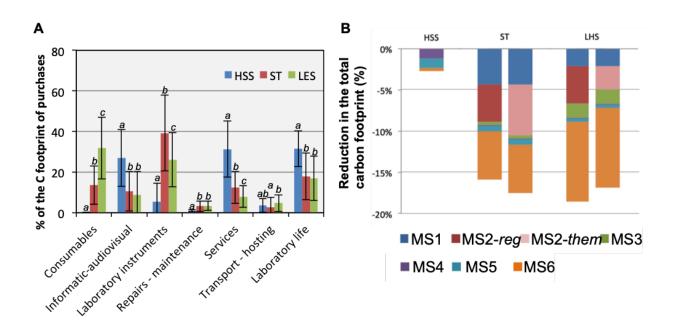


Figure 6: Typology of purchases emissions and quantification of mitigation strategies. A) Share of purchases emissions per research domain (colors) broken down by purchases category. Error bars correspond to one standard deviation and letters indicate significant differences (p < 0.05). B) Purchases emission reductions by research domain expected within the GES 1point5 lab emission database for the seven mitigation strategies considered. MS1: 50% increase of lab equipment life-time, MS2: 50% pooling of lab equipment, either by region (-reg) or by research sub-discipline (-them), MS3: Replace 80% of plastic by glass, MS4: 50% decrease in furniture purchases, MS5: 75% conversion to vegetarianism. HSS: human and social sciences (n = 5), ST: science and technology (n = 58), LHS: life and health sciences (n = 21) laboratories.

# <sup>208</sup> Identifying and quantifying mitigation strategies for scientific pur-

#### $_{209}$ chases

Despite these limitations, it is possible to evaluate the effect of demand-driven mitigation strategies that involve reducing the purchase of certain items. We considered six of such strategies applied to the three scientific domains (Fig. 6B) and we quantified their relative effect compared to the total carbon footprint of the laboratory (and not just the purchases footrint). Two mitigation strategies addressed scientific equipment. The impact of a 50% increase in their service life on purchases emissions (MS1) is higher for ST laboratories  $(-4.4\pm3.5\%)$  than for LHS laboratories  $(-2.1\pm1.7\%)$ . The pooling of scientific equipment

(MS2) can be performed either at a regional scale or at the national scale by scientific domain. 217 Since this category of purchases was 1.5-fold higher for ST laboratories than for LHS ones, 218 the pooling by scientific discipline induced a higher decrease of purchases footprint in the 219 former  $(-6.1 \pm 4.9 \%)$  than in the latter  $(-2.8 \pm 2.2 \%)$ . The impact of the pooling at regional 220 scale resulted in a similar impact for ST and LHS  $(-4.5 \pm 3.6 \%)$ . Two other mitigation 221 strategies addressed laboratory-life purchases. In this category, emissions were dominated by 222 furniture and catering. Reducing 2-fold furniture purchases (MS3) allowed a 1.2 % decrease 223 in the footprint of HSS laboratories but only a 0.1~% decrease of ST and LHS laboratories. 224 Increasing the share of vegetarian meals to 75 % in catering services (MS4) reduced by -1.2 225 %, -0.6 % and -0.4 % for HSS, ST and LHS laboratories, respectively. Finally, two strategies 226 addressed the purchases of scientific consumables. Replacing 80 % of disposable plastic 227 consumables with glassware (MS5) induced an increase in the total footprint the first year 228 (+0.2~% and +1.4~% for ST and LHS laboratories, respectively) and a decrease from the 229 second year (-0.4% and -1.7% for ST and LHS laboratories, respectively). Such reduction 230 was of the same order but smaller than that computed at the single laboratory scale.<sup>42</sup> The 231 magnitude of this decrease is a function of the proportion of disposable plastic consumables 232 in purchases emissions and can reach up to  $-5.6 \pm 4.5$  % for a LHS laboratory for which 233 this type of purchases represented  $\sim 8$  % of purchases footprint. At last, efficiency and 234 sufficiency measures resulting in a 2-fold reduction in the purchases of scientific consumables 235 (MS6) resulted in a 5.9  $\pm$  4.7 % and a 9.7  $\pm$  7.8 % decrease in the total footprint of ST and 236 LHS laboratories, respectively. These six mitigation strategies are additive and may result 237 in a total 2.7 % decrease for HSS laboratories, 17.5 % decrease for ST laboratories in the 238 case of a pooling by scientific domain and 18.5% decrease for LHS laboratories in the case 239 of a pooling at the regional scale. 240

While the mitigation strategies dealing with catering or furniture may be implemented without a systemic modification of research practices, it is different for the four other strategies. Increasing the service life of scientific equipments would benefit from the development

of their ecodesign, which could be promoted through the use of environmental criteria in 244 calls for tender. It would also benefit from grant criteria including specifically the repair and 245 maintenance of scientific equipment instead of favoring the acquisition of new one. The pool-246 ing of scientific equipment is in agreement with the development of research infrastructures 247 at national and international scales.<sup>43–45</sup> This effort must be continued while paying atten-248 tion to the well-being of workers. Moreover, switching from single-use plastic consumables 240 to glassware may increase working time, which may reduce productivity. It is also the case 250 of the mitigation strategies based on efficiency and sufficiency. Promoting these strategies 251 would benefit from a switch in the way scientific knowledge is produced and evaluated such 252 as described by the San Francisco Declaration on Research Assessment.<sup>46</sup> As it happens with 253 the footprint of households, reducing the footprint of research laboratories may imply pro-254 found changes in our work habits, which might only be possible if they are accompanied by 255 systemic changes.<sup>47</sup> A crucial question is the use of the financial ressources potentially saved 256 when applying these mitigation strategies, i.e. the rebound effect. Indeed, in this simple 257 analysis the surplus is supposed to be spent in activities with zero emissions. Other possibil-258 ities need however to be considered: i) allocate the surplus to carbon-negative investments, 259 such as building insulation (negative rebound effect); ii) spend it in lower-carbon activities, 260 such as repair (weak rebound); or iii) purchase higher-emission goods or services, such as 26 flying (detrimental rebound). In particular, the effect on the footprint of a reallocation from 262 goods to salaries is complex and needs further study.<sup>27</sup> 263

## <sup>264</sup> Discussion and conlusion

Purchases emissions are almost systematically neglected <sup>15,18,25</sup> when calculating the carbon footprint of higher education institutions, except in few seminal studies. <sup>16,17,48</sup> However, these works do not separate research and teaching activities, they only analyze a single institution and use a single set of monetary EFs. The average carbon intensity calculated by

Larsen et al. for a Norwegian technical university,  $^{16}$  0.39 kg CO2e/ $\in$  2019, is close to the one 269 calculated here for a French database of more than hundred different laboratories  $(0.33 \pm 0.07)$ 270 kg CO2e/ $\in$  2019). Interestingly, however, Larsen et al did not find significant differences 271 in the carbon intensities between research domains (Tab. S7), in particular with HSS, in 272 contrast to the current work. We thus hypothesize that the distinction between research and 273 teaching activities is important because the heterogeneity of purchases emissions found in our 274 data suggest that mitigation strategies will need to be adapted to each laboratory. However, 275 the results obtained for HSS laboratories need to be considered with caution because only 10 276 footprints from 8 distinct laboratories were available in the GES 1 point5 laboratory emission 277 database. 278

In addition, available data of purchases footprints in universities rely on either non-public 279 EF<sup>16</sup> or general-economy EEIO EF databases such as EXIOBASE.<sup>49</sup> thus not offering a gen-280 eral method for research laboratories. Our results indicate that the NACRES-EF database 281 allows to calculate laboratory purchases emissions with a 20% precision, although further 282 work needs to be done to refine emissions associated to laboratory instruments. In addition, 283 previous works do not show the great heterogeneity of emissions among research laboratories, 284 both between different emission sources and within purchases alone. Importantly, our data 285 suggest that laboratory budget is the main driver of purchases emissions, in a similar way 286 as income determines the carbon footprint of households.<sup>47</sup> 287

The strong linearity observed between purchases emissions and budget in Fig. 5A is intriguing. On the one side, one may argue that this linearity is consubstantial to a model using monetary EFs, and thus it is not a result per se. On the other hand, the distribution of carbon intensities in our data (Figs. 3 and 5B) is relatively large, and thus suggests that both the linearity and the differences in the carbon intensities observed between domains are a result and not an artefact of our model.

The monetary and aggregated approach that we have followed in this study does not allow evaluating mitigation strategies coming from choices of consumables or instruments

with lower carbon footprint than their classical counterparts (supply-based strategies). Such 296 mitigation strategies must be subject to specific estimates based on physical factors and 297 data from suppliers. The difficulty of these mitigation strategies is that they require precise 298 determination of the carbon footprints of one type of product from different manufacturers 290 (or of different models of the same supplier). Few data exist for convenience goods that 300 are part of lab purchases such as computers or printer toners. But for most laboratory 301 equipment an additional difficulty is that they are made up of components manufactured in 302 very small series, and LCA databases contain only data on mass-produced products that have 303 high production costs relative to overhead. In consequence, precise process-based carbon 304 footprints are so far inexistent for laboratory equipments or specific consumables, limiting 305 the possibility to evaluate mitigation strategies based on supplier specific processes for labs. 306 Concerning the monetary factor approach, it should be noted that on the long term, general 307 decarbonation of industry worldwide should reflects on decrease of EF monetary ratios. 308

# 309 Methods

#### <sup>310</sup> Classification of goods and approach

Services and goods purchased in a laboratory are classified according to the French NACRES 311 nomenclature, used in the accountability of the majority of research institutions in France.<sup>50</sup> 312 Each type of good or service is identified by a code composed of two letters and two numbers. 313 The first letter provides the general category of the purchase, the second letter designs the 314 domain, the first number the sub-domain and the last number the type. There are 1431 315 defined types split into 24 large categories (Tab. S1). In this work, each NACRES code is 316 given an EF covering GHG emissions associated to all stages of its production (cradle-to-gate 317 perimeter). Each NACRES code is given an EF using the *macro* method (see below), and 318 certain types of goods were also attributed a meso or a micro EF (see below), that were used 310 to construct a final hybrid database. This final database contained 1281 macro, 108 meso 320

and 43 micro EFs (Tab. S1). Complete methodology is described in the SI file.

#### 322 The macro approach

To associate EFs with each NACRES code while having an uncertainty estimate, we used 323 three different EEIO databases of monetary emission factors: the French Ratios Monétaires 324 database published by the Agence De l'Environnement et de la Maîtrise de l'Energie (ADEME)in 325 2016; the U.S. CEDA<sup>31</sup> database provided by Vitalmetrics (version 4.8 released in 2014); 326 and the U.S. USEEIO<sup>32,33</sup> compiled by the US Environmental protection agency (EPA, pub-327 lished in 2018). Both American databases contain approximately the same 430 categories, 328 while the French ADEME database provides monetary factors for only 38 categories.<sup>34</sup> As 329 the NACRES types cannot always be associated to a single category of the EEIO databases, 330 we associated up to 2 ADEME EFs and up to 6 CEDA/USEEIO EFs to each NACRES 331 category (Tab. S1). We proceeded heuristically by attempting to assign all the EEIO cate-332 gories of commodities that have similarities (in terms of composition and/or manufacturing 333 process) with the products comprised in each NACRES type. To provide a single EF for 334 each NACRES we averaged the allocated EFs, first within each database, and then between 335 databases. For each EF we calculated uncertainties using two methods. First, attribution 336 uncertainties were computed as the standard deviation of the averaging within databases 337 and across databases. Second, a uniform relative uncertainty of 80% was attributed to all 338 EF. For calculating the footprint of a single laboratory we recommend to use the 80% un-339 certainty. However, for the results displayed in this work, EF uncertainties did not play any 340 role. 341

#### <sup>342</sup> The meso approach

To consolidate macro NACRES-FE database, we used a supplier-based approach, using GHG emissions and financial data of companies whose main segments of activity are to manufacture products of provide services to the research, analytical and health markets. We gathered

emission data from the Carbon Disclosure Project (CDP)<sup>36</sup> or from internal reports, and 346 financial data from the annual reports of companies. A limitation of this approach is that, in 347 November 2022, reasonably complete and reliable GHG emissions (including upstream scope 348 3) were available only for few large companies, listed in Tabs. S4 and S2. The emission cate-340 gories used encompass all upstream activities involved in the production of goods or services, 350 similarly to the cradle-to-gate perimeter of EEIO databases, but also downstream transporta-351 tion as most shipment costs are included in prices for laboratory products. The meso mon-352 etary EFs are then computed as  $EF_{meso} = (\text{scope } 1+2+3 \text{ upstream emissions})/(\text{revenue}).$ 353

#### <sup>354</sup> The micro approach

For laboratory mono-material products that represented important purchases from a panel 355 of laboratories, we performed single impact cradle-to-gate LCA. This concerned 60 products 356 distributed in 28 NACRES categories, such as all gases and some plasticware and glassware 357 (Table S3). LCA included raw material manufacturing, item manufacturing and transport to 358 the local supplier. Emission factors of each step were obtained from the Ecoinvent database 359 version 3.8. The product monetary EFs are then computed by dividing the product carbon 360 footprint by its price. More information about the Ecoinvent EFs and prices used is provided 361 in the SI. The micro monetary EF are then computed as the mean of the monetary EFs of all 362 products belonging to the same NACRES category (1 to 6 products by NACRES category). 363

#### <sup>364</sup> Data collection and treatment

All data used in this study have been collected with the GES 1point5 web application. <sup>37,38</sup> For this purpose, a new module has been developed and implemented in the existing application. Volunteer French research laboratories submitted their purchase data through GES 1poin5 as a csv file with NACRES codes and the associated tax-free purchase price. Since heating, electricity, commuting, professional travels and computers were already included in GES 1point5 as dedicated modules, each NACRES code has been allocated a tag called 'Module'

that can take five different values: PURCHASE, ENERGY, VEHICLES, TRAVEL and 371 COMPUTER. The monetary approach described here is only used to calculate the emissions 372 of the NACRES types labeled PURCHASE. In this work, purchases emissions are the sum of 373 emissions calculated via the purchases module (via monetary EFs) and the computer devices 374 module (via physical EFs) of GES 1point5. However, emissions related to the devices module 375 were negligible compared to those of the purchases module. Emissions related to the other 376 sources are computed differently by the dedicated modules of GES 1point5 with EFs based 377 on physical flows as described by 37. 378

Data analysis was performed using custom Python routines. The purchases are clas-370 sified in 7 aggregated categories in order to facilitate the interpretation of the emissions 380 and the identification of action strategies. These categories are *lab.life* (Food, landscaping, 381 leisure, building), consumables (Raw materials, chemicals/biologicals and living organisms), 382 lab.equipment (Laboratory equipment and instruments), transport (professional travel, in-383 cluding lodging but excluding transport), info (computers and audio-video equipment), ser-384 vices and maintenance. Note that the info category only includes the NACRES types that 385 are not accounted for in the COMPUTER module of GES1p5 (see the SI for more informa-386 tion). A third tag called 'Poste' indicates for each type the emission category as described 387 in the standard GHG protocol.<sup>23</sup> 388

#### <sup>389</sup> Mitigation strategies

#### <sup>390</sup> Six mitigation strategies (MS) were calculated.

MS1 assumes a 50% increase in the service life of laboratory equipments. The total carbon footprint and the footprint of "equipments" and of "repair and maintenance" were summed by discipline. The footprint of equipments was divided by 1.5 and the footprint of repair and maintenance was multiplied by 1.5.

<sup>395</sup> MS2 assumes a pooling of 50% of laboratory equipments. For the pooling by discipline, <sup>396</sup> the total footprint and the footprint of "equipments" and of "repair and maintenance" were

<sup>397</sup> summed by discipline, while for the pooling at the regional scale, the total footprint and the <sup>398</sup> footprint of "equipments" and of "repair and maintenance" were summed by administrative <sup>399</sup> region if at least 9 GHG assessments were available (four regions). The footprint of equip-<sup>400</sup> ments was divided by 2 and the footprint of repair and maintenance was multiplied by 2. <sup>401</sup> The results at the regional scale are the average of four regions.

MS3 assumes an 80% decrease in the use of disposable plastic consumables (NACRES 402 codes NB02, NB03, NB04, NB11, NB12, NB13, NB14, NB15, NB16 and NB17). It implies 403 an 80% increase in the use of consumables for washing machines (NACRES code NB34). The 404 first year, it also implies an increase in the purchases of glassware (NACRES code NB43; 405  $EF = 0.23 \pm 0.1 \text{ kg CO}_{2e} \in 0$  for an amount equivalent of twice the amount of disposable 406 plastic consumables. From the second year, a 5% breakage was assumed. The total footprint 407 and the footprint of disposable plastic consumables and of consumables for washing machine 408 were summed by discipline. 409

MS4 assumes a 50% decrease in the purchases of furniture (NACRES code AB.02). The total footprint and the footprint of furniture were summed by discipline. The footprint of furniture was divided by 2.

MS5 assumes a change in diet with an increase in the proportion of vegetarian menu. The total footprint and the footprint of catering services (NACRES codes AA63, AA64) were summed by discipline. According to ADEME, the mean footprint of a traditional meal in France is 2.04 kg CO<sub>2</sub>e and the mean footprint of a vegetarian meal is 0.5 kg CO<sub>2</sub>e. Assuming a 75 % conversion to vegetarianism, the footprint of catering services was divided by 3.

MS6 assumes a 50% decrease in consumables. Two classes of consumables were considered. The first one was laboratory consumables and corresponded to the category "consumables". The second one was consumables for scientific equipments and was included in the category "laboratory instruments". The footprint of this class of consumables was determined by removing the footprint of equipments to the footprint of the category "labo-

ratory instruments". The total footprint and the footprint of consumables were summed by
discipline. The footprint of consumables was divided by 2.

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