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MIDIS: Unveiling the Role of Strong H α Emitters During the Epoch of Reionization with JWST

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Abstract

By using an ultradeep JWST/MIRI image at 5.6 μ m in the Hubble eXtreme Deep Field, we constrain the role of strong H α emitters (HAEs) during "cosmic reionization" at $z \approx 7-8$. Our sample of HAEs is comprised of young (<35 Myr) galaxies, except for one single galaxy (\approx 300 Myr), with low stellar masses ($\leq 10^{9} M_{\odot}$). These HAEs show a wide range of rest-frame UV continuum slopes (β), with a median value of $\beta = -2.15 \pm 0.21$, which broadly correlates with stellar mass. We estimate the ionizing photon production efficiency $(\xi_{\text{ion,0}})$ of these sources (assuming $f_{\text{esc,LyC}} = 0\%)$, which yields a median value $\log_{10}(\xi_{\text{ion},0}/(\text{Hz erg}^{-1})) = 25.50^{+0.10}_{-0.12}$. We show that $\xi_{\text{ion},0}$ positively correlates with H α equivalent width and specific star formation rate. Instead $\xi_{\rm ion,0}$ weakly anticorrelates with stellar mass and β. Based on the β values, we predict $f_{\text{esc,LyC}} = 4\%_{-2}^{+3}$, which results in $\log_{10}(\xi_{\text{ion}}/(Hz \text{ erg}^{-1})) = 25.55_{-0.13}^{+0.11}$. Considering this and related findings from the literature, we find a mild evolution of ξion with redshift. Additionally, our results suggest that these HAEs require only modest escape fractions $(f_{\text{esc,rel}})$ of 6%–15% to reionize their surrounding intergalactic medium. By only considering the contribution of these HAEs, we estimated their total ionizing emissivity (*N* medium. By only considering the contribution of these HAEs, we estimated their total ionizing emissivity (\dot{N}_{ion}) as $\dot{N}_{\text{ion}} = 10^{50.53 \pm 0.45} \text{ s}^{-1} \text{Mpc}^{-3}$. When comparing their \dot{N}_{ion} with non-HAE ga find that that strong, young, and low-mass emitters may have played an important role during cosmic reionization.

Unified Astronomy Thesaurus concepts: [Galaxy formation](http://astrothesaurus.org/uat/595) (595); [Reionization](http://astrothesaurus.org/uat/1383) (1383); [Starburst galaxies](http://astrothesaurus.org/uat/1570) (1570); [Galaxy evolution](http://astrothesaurus.org/uat/594) (594); [High-redshift galaxies](http://astrothesaurus.org/uat/734) (734); [Star formation](http://astrothesaurus.org/uat/1569) (1569); [James Webb Space Telescope](http://astrothesaurus.org/uat/2291) (2291)

1. Introduction

The "Epoch of Reionization" (EOR) represents one of the landmark events in the cosmic timeline. It refers to the last phase transition of hydrogen that occurred in the recent Universe's history, where the first generations of galaxies shaped it into the state we see it today (Stiavelli 2009; Dayal & Ferrara 2018). That moment refers to the period of cosmic

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history in which the neutral hydrogen in the intergalactic medium (IGM) had been reionized and had become transparent to Lyman-continuum (LyC) radiation. How did the Universe reionize? What drove cosmic reionization? Answering these questions is, nowadays, one of the key goals for modern astronomers. Theoretical predictions suggest that a combination of the first metal-free Population III stars (Bromm & Larson 2004), the subsequent Population II stars, and miniquasars and quasars can be pinpointed as the main culprits that reionized the Universe with their UV photons (e.g., Venkatesan et al. 2001). These sources were believed to produce a sufficient amount of ionizing photons ($E \ge 13.6$ eV)

that could potentially escape the interstellar medium (ISM) and reionize the surrounding IGM.

Over the last decades, star-forming galaxies have been proposed to be the preferred sources of ionizing photons (e.g., Robertson et al. 2010, 2015; Stark 2016; Dayal & Ferrara 2018; Jiang et al. 2022; Robertson 2022; Trebitsch et al. 2022; Matsuoka et al. 2023) and many studies suggest that cosmic reionization ended, roughly speaking, 1 Gyr after the Big Bang $(z \approx 5-6; e.g., Lu et al. 2022; Gaikwad et al. 2023)$. Nevertheless, understanding when cosmic reionization ended is still a matter of debate. Until last year, a vast amount of Lyman-break galaxies at $z > 6$ had been identified from deep Hubble Space Telescope (HST) images (e.g., Oesch et al. 2018; Salmon et al. 2020), offering the opportunity to study the UV luminosity function (LF) at very high redshift (e.g., Atek et al. 2015; Livermore et al. 2017). Those studies showed a clear picture: UV-faint sources ($M_{UV} > -18$ mag) dominated the galaxy number counts during the EOR. Therefore, characterizing their properties, over the past decades, became one of the most important goals in modern-day astronomy. Particularly, deep HST observations showed that UV-faint galaxies were characterized by having very blue rest-UV continuum slopes (β), ranging from $-2.5 \lesssim \beta \lesssim -2$ (e.g., Dunlop et al. 2012; Finkelstein et al. 2012; Bouwens et al. 2014; Bhatawdekar & Conselice 2021). These studies pointed out that galaxies at $z \gtrsim 6$ are considerably bluer than those at $z \simeq 2-3$, with UV slopes often having $\beta < -2$. Moreover, many theoretical and observational studies suggested that a nonnegligible contribution of ionizing photons comes from galaxies with low stellar mass (M_{\star} < 10⁹ M_{\odot}) as well, although the exact amount of the ionizing photon budget and how it changes with redshift is still under debate (e.g., Finkelstein et al. 2019; Dayal et al. 2022; Bera et al. 2023; Mutch et al. 2024).

Demonstrating that star-forming galaxies were the main source of reionization during EOR requires understanding how many energetic UV photons were produced by young stars and what fraction of them $(f_{\text{esc}})^{22}$ (e.g., Alavi et al. 2020) capable of ionizing hydrogen outside galaxies escape without interacting with clouds of dust and hydrogen within galaxies.

In the last 15 yr, many studies suggested that the average f_{esc} needed to explain galaxies as the main cosmic reionizers was around 10%–20% (e.g., Ouchi et al. 2009; Robertson et al. 2013, 2015; Finkelstein et al. 2019). A key point, in that regard, is understanding how LyC photons escape into the IGM and, thus, reionize it. For that reason, studying LyC leakers is essential (e.g., Chisholm et al. 2022; Mascia et al. 2023; Choustikov et al. 2024).

Distant galaxies (up to $z \approx 9$) are extremely efficient at producing ionizing photons. In particular, a key quantity that can be studied is the ionizing photon production efficiency (ξ_{ion}) , which has been shown to increase as a function of redshift (e.g., Bouwens et al. 2016; Matthee et al. 2017; Faisst et al. 2019; Endsley et al. 2021; Stefanon et al. 2022)—an increase of ξ _{ion} would imply that galaxies do not need a high value of f_{esc} to have been able to reionize the surrounding IGM.

Since at $z \gtrsim 6$ we cannot directly measure LyC radiation due to the increasing absorption by neutral hydrogen in the IGM along the line of sight (e.g., Inoue et al. 2014), we should instead rely on hydrogen recombination lines that offer indirect evidence of ionizing photons. The most important one is the Ly α emission line (Osterbrock 1989). However, observations, over the past decades, have shown that the number counts of galaxies emitting $Ly\alpha$, i.e., $Ly\alpha$ emitters (LAEs), dramatically drop at $z \gtrsim 6$ because of its resonant nature (e.g., Morales et al. 2021). Fortunately, we can rely on the second strongest hydrogen recombination line: the H α emission line (e.g., Stefanon et al. 2022). Thankfully, JWST (Gardner et al. 2023) nowadays offers us the opportunity to study more systematically the H α emission line in individual galaxies at high redshift ($z \gtrsim 7$) with HST-like spatial resolution (Rinaldi et al. 2023; Álvarez-Márquez et al. 2024).

As proposed by Leitherer & Heckman (1995), when it is present, we can use $H\alpha$ in combination with UV continuum measurements to constrain ξ _{ion} (e.g., Bouwens et al. 2016; Chisholm et al. 2022; Stefanon et al. 2022). By definition, ξion strongly depends on the LyC escape fraction $(f_{\text{esc,LyC}})$. However, since our knowledge of the effective $f_{\text{esc,LyC}}$ is highly uncertain, it is usually considered that $\xi_{\text{ion}} = \xi_{\text{ion},0}$, which implies that $f_{\text{esc,LyC}}$ is assumed to be zero.

Finally, another key quantity to study EOR is the total ionizing emissivity $(N_{\text{ion}};$ i.e., the comoving density of ionizing photons emitted into the IGM), which is usually parameterized as the product of the galaxy UV luminosity density (ρ_{UV}), ξ_{ion} , and $f_{\rm esc}$ (e.g., Robertson et al. 2013, 2015; Robertson 2022). If we assume that galaxies produce the bulk of ionizing photons during reionization, \dot{N}_{ion} can give us hints about the contribution of star-forming galaxies in reionizing the Universe, which, in turn, allows us to build up theoretical models to describe cosmic reionization (e.g., Mason et al. 2019).

In this work, we make use of a sample of bright $H\alpha$ emitter (HAE) galaxies at $z \approx 7-8$ that have been detected in the Hubble eXtreme Deep Field (XDF) by using the deepest image of the Universe at 5.6 μ m. By studying this sample of HAEs, we aim to infer their ξ_{ion} and thus try to constrain the role they played during cosmic reionization.

The paper is organized as follows. In Section 2, we briefly describe our sample of 12 HAEs, which was first presented in Rinaldi et al. (2023). In Section 3, we present our results: for each source, we derive β , M_{UV} , and $\xi_{ion,0}$ and estimate $f_{esc,Lyc}$, which in turn allows us to infer ξ _{ion}. In Section 4, we put our sources in context and analyze the impact of strong HAEs during the EOR. Finally, we summarize our findings in Section 5.

Throughout this paper, we consider a cosmology with $H_0 =$ 70 km s⁻¹ Mpc⁻¹, $\Omega_M = 0.3$, and $\Omega_{\Lambda} = 0.7$. All magnitudes are total and refer to the AB system (Oke & Gunn 1983). A Chabrier (2003) IMF is assumed (0.1–100 M_{\odot}).

To propagate uncertainties in all the quantities presented, we employed Markov Chain Monte Carlo simulations by considering 1000 iterations each time and a general distribution (with skewness) to take into account asymmetrical error bars if they are present.

2. Data Sets and Sample Selection

In this section, we present how we selected our sample of HAEs. We refer the reader to Rinaldi et al. (2023) for a more

 22 There are multiple definitions of the escape fraction in the literature. f_{esc} refers to the fraction of intrinsic LyC photons that escape into the IGM. This definition is convenient to use in theoretical and simulation studies where the true number of LyC photons produced is known from the star formation rate (SFR) and initial mass function (IMF), which is also called *absolute escape* fraction ($f_{\text{esc,abs}}$). Another definition is the *relative escape fraction* ($f_{\text{esc,rel}}$), referring to the fraction of LyC photons that escape the galaxy relative to the fraction of escaping non-ionizing photons at 1500 Å.

detailed discussion. Here we briefly summarize what we have done in the previous paper.

The XDF (Illingworth et al. 2013), with its groundbreaking HST observations, has been a crucial window into studying the early Universe for over 30 yr. With the arrival of JWST, we are now expanding these observations into the near- and midinfrared, thanks to the Near Infrared Camera (NIRCam; Rieke et al. 2005) and Mid-Infrared Instrument (MIRI; Rieke et al. 2015). We collected ancillary data from HST in 13 bands $(0.2-1.6 \mu m)$. See Whitaker et al. (2019) for more detailed information on these observations. Compared to Rinaldi et al. (2023), we enriched our data set of the XDF by considering also public data from JADES NIRCam with medium and broadband observations. Below we list all the NIRCam programs adopted in this work: PID: 1180, PI: Daniel Eisenstein; PID: 1210, PI: Nora Luetzgendorf; PID: 1895, PI: Pascal Oesch; and PID: 1963, PIs: Christina C. Williams, Sandro Tacchella, and Michael Maseda (Rieke et al. 2023b; Williams et al. 2023b; Eisenstein et al. 2023; Oesch et al. 2023). Finally, we complemented both HST and JWST/ NIRCam data sets with MIRI 5.6 μ m imaging from the JWST Guaranteed Time Observations (GTO) program MIRI Deep Imaging Survey (MIDIS; PID: 1283, PI: Göran Östlin), which represents the deepest image of the Universe at these wavelengths (Boogaard et al. 2023; Rinaldi et al. 2023; Iani et al. 2024).

We employed the software SEXTRACTOR (Bertin & Arnouts 1996) to detect the sources and measure their photometry in all the available filters from the HST and JWST. We used SEXTRACTOR in dual-image mode by adopting a superdetection image that we created by combining photometric information from different bands. Once we created a catalog of sources in XDF, we performed spectral energy distribution (SED) fitting employing LEPHARE (Arnouts & Ilbert 2011). A full description of the adopted methodology for the photometry and SED fitting can be found in Rinaldi et al. (2023, their Sections 2.2 and 2.3, respectively).

We then focused on the redshift bin $z \approx 7-8$ to look for $(H\beta + [O III])$ and HAEs. We found 58 potential candidates. By analyzing their flux excess in NIRCam/F430M, NIRCam/ F444W, and MIRI/F560W, we found 18 candidates. Among them, 12 have MIRI coverage and show an excess in MIRI/ F560W that we identified as $H\alpha$ excess. A detailed explanation of how we selected these strong HAEs can be found in Rinaldi et al. (2023, their Section 3). Finally, our sample of HAEs constitutes 20% of the star-forming galaxies that we analyzed at $z \approx 7-8$.

3. Results

3.1. Measuring Ultraviolet Absolute Magnitudes and Ultraviolet β Slopes

Over the past decades, the UV continuum slope, the socalled UV β slope, has been adopted as a proxy to infer properties of galaxies at very high redshift such as age, metallicity, and dust (e.g., Schaerer 2002; Bouwens et al. 2010; Wilkins et al. 2013; Chisholm et al. 2022). Many studies have commonly found that, at high redshifts ($z \gtrsim 6$), the UV β slope appears to be bluer than what we usually can retrieve at lower redshifts, reaching, on average, values of $\beta \simeq -2$ (e.g., Dunlop et al. 2012; Finkelstein et al. 2012; Bhatawdekar & Conselice 2021). In this section, we derive the UV absolute magnitude

Figure 1. UV β slope as a function of the observed UV absolute magnitude. We compare our results with the recent literature for objects at different redshifts (Endsley et al. 2021; Castellano et al. 2022; Topping et al. 2022; Cullen et al. 2023; Franco et al. 2023; Prieto-Lyon et al. 2023). We do not find any clear trend between β and M_{UV} at $z \approx 7-8$, although other studies claim it (e.g., Cullen et al. 2023).

(M_{UV}) and UV β slope for our sample of sources in $z \approx 7-8$, following the same prescription as presented in Castellano et al. (2012). Briefly, we adopt a power law $(F \propto \lambda^{\beta})$ for the UV spectral range. We estimate β by fitting a linear relation through the observed magnitudes of each object as:

$$
m_i = -2.5 \cdot (\beta + 2) \cdot \log(\lambda_{\text{eff},i}) + C,\tag{1}
$$

where m_i refers to the observed magnitude of the *i*th filter at its effective wavelength (λ _{eff,i}). See Section 4 in Castellano et al. (2012) for more details.

To estimate the UV β slope, we follow the same methodology as that presented in Iani et al. (2024). Thus, we consider the rest-frame wavelength range $\lambda \approx 1300-2500$ Å for our fit (i.e., the UV spectral range). For this purpose, we only consider filters that have a detection (i.e., we do not consider upper limits in our fit). Finally, we impose a minimum number of bands (i.e., three bands at least) for our fit.

Once we estimate the UV β slope values, we derive M_{UV} at 1500 Å. For this purpose, we derive M_{UV} at 1500 Å from the best fit of the UV continuum slope.

In Figure 1, we show the relation between β and M_{UV} by considering our sample as well as the most recent literature of objects at high redshift. We find that our sample has a median value of $\beta \approx -2.15 \pm 0.21$ (16th and 84th percentiles), which is in line with what has been found in the past at these redshifts $(z \approx 7-8)$ and consistent, within the uncertainties, with the recent literature of objects at high redshifts (e.g., Endsley et al. 2021; Cullen et al. 2023). In particular, three of our galaxies have a very blue UV β slope (−2.7 $\leq \beta \leq -2.5$). Given their UV β slopes, they could be LyC leaker candidates with low metallicity (e.g., Chisholm et al. 2022). Notwithstanding this, spectroscopic follow-up observations are needed to further investigate their nature.

Although the past literature has already shown that finding LyC leakers at $z > 5$ is challenging because the IGM transmission would not be high enough to observe LyC emission, it has been shown that LyC leakage can be inferred, at such high redshifts, by using indirect indicators such as the UV β slope, Ly α emission line, absorption lines, and H β (e.g., Vanzella et al. 2010, 2018; Leethochawalit et al. 2016; Matthee et al. 2018; Songaila et al. 2018; Bosman et al. 2020; Yamanaka et al. 2020; Meyer et al. 2021; Chisholm et al. 2022; Mascia et al. 2023, 2024; Roy et al. 2023; Begley et al. 2024).

Such blue UV β slope values are not easily observed at intermediate redshifts ($z \approx 2-4$), and the candidates previously proposed at high redshifts, based on HST data, were faint and had very uncertain values of β . Instead, JWST-based studies are now reporting more robust examples of sources with very blue UV β slopes at high redshifts (e.g., Atek et al. 2022; Castellano et al. 2022; Topping et al. 2022; Austin et al. 2023; Bouwens et al. 2023; Cullen et al. 2023; Franco et al. 2023; Saldana-Lopez et al. 2023).

In the last decade, a large number of studies have been conducted to study a possible relation between β and M_{UV} , resulting in a debate that is still open at present. For instance, Dunlop et al. (2012) reported that there is no correlation between β and M_{UV} , although they only considered a sample of galaxies that had at least one 8σ detection. Some other studies (e.g., Bouwens et al. 2012, 2014), instead, claimed that the UV continuum slopes of galaxies become bluer at fainter luminosities, although the dependence on redshift is still under discussion (e.g., Cullen et al. 2023). We do not observe a clear correlation, neither with our own sample nor with the total data (our sample combined with the recent literature), but suggest that this issue should be investigated further with larger samples. Other groups find a correlation (Topping et al. 2022; Cullen et al. 2023) between these two quantities, but not all of them (e.g., Dunlop et al. 2012). Therefore, this need to be investigated more in the future.

We also investigate if there is any correlation between β and stellar mass (M_{\star}) —see Figure 2. The relation between these two quantities has been intensively studied at different redshifts (e.g., Finkelstein et al. 2012) in the past years. In this work, we find that our galaxies span stellar masses $log_{10}(M_{\star}/M_{\odot}) \simeq 7.5$ –9 at $z \approx 7-8$, similarly to most of the other recent studies at such high redshifts (e.g., Topping et al. 2022; Franco et al. 2023). We find that β broadly correlates with M_{\star} , i.e., the most massive galaxies have flatter UV continua, following the relation proposed at $z \approx 7$ in Finkelstein et al. (2012). We also plot DELPHI simulations, a semianalytic model for early galaxy formation that couples the assembly of dark matter halos and their baryonic components (Dayal et al. 2022; Mauerhofer & Dayal 2023). At $z \approx 7$, it can be used to study the assembly of galaxies with stellar masses $log_{10}(M_{\star}/M_{\odot}) = 6$ –12. In addition to the key processes of mass assembly through both accretion and mergers, it has a dust model that has been fully calibrated against the latest Atacama Large Millimeter/submillimeter Array results of the REBELS survey (Bouwens et al. 2022). The β slopes predicted by DELPHI include contributions from stellar and nebular emission (both from the continuum and emission lines) and the impact of dust attenuation as detailed in Mauerhofer & Dayal (2023). The UV dust attenuation in DELPHI is convolved with a Calzetti extinction curve; in order to calculate the nebular emission, we use the escape fraction results from the Low-redshift Lyman Continuum Survey (Chisholm et al. 2022) as detailed in Trebitsch et al. (2022).

We also notice that β becomes bluer at lower M_{\star} as previously reported by Finkelstein et al. (2012) and Bhatawdekar & Conselice (2021), and recently suggested for objects at similar redshifts in Franco et al. (2023) by employing JWST data. This relation can be explained by the fact that galaxies

Figure 2. UV β slopes as a function of stellar mass. A collection of results for high-redshift objects from the recent literature is presented as well (Wilkins et al. 2015; Bhatawdekar & Conselice 2021; Endsley et al. 2021; Tacchella et al. 2022; Topping et al. 2022; Mascia et al. 2023; Austin et al. 2023; Bouwens et al. 2023; Franco et al. 2023). From this plot, we can see that our sample of HAEs is dominated by low-mass galaxies ($M_{\star} \leq 10^9$ M_{\odot}). We also show colored regions (blue gradients) that correspond to the averages of the escape fraction of the LyC photons (5%, 10%, and 20%) by adopting Equation (11) from Chisholm et al. (2022). We include the $z \approx 7$ relation from Finkelstein et al. (2012) as the dashed line. The purple shaded area refers to DELPHI simulations at $z \approx 7$, where we show how the nebular contribution (both continuum and emission lines) can impact the UV β slope as a function of M_{\star} . Particularly, the lower limit of the shaded area refers to a pure stellar $continuum + dust$. The upper limit, instead, refers to the maximum contribution of stellar + nebular continuum + nebular lines + dust.

that are intensively forming stars, and, thus, are producing ionizing photons, rapidly synthesize metals and simultaneously grow in terms of stellar mass. Indeed, the more that galaxies build up their stellar mass, the more they retain metals (e.g., Tremonti et al. 2004; Maiolino & Mannucci 2019) and, thus, create more dust (e.g., Popping et al. 2017; Mauerhofer & Dayal 2023), which might explain why we find larger values of β at higher stellar masses. In particular, in Figure 2, we also display the expected LyC escape fraction $(f_{\text{esc,LvC}})$ as shown in Chisholm et al. (2022, blue shaded areas). By looking at the expected $f_{\text{esc,LyC}}$, it appears that low-mass galaxies should be characterized by higher escape fraction values as predicted in many studies (e.g., Dayal et al. 2020; Trebitsch et al. 2022). In particular, Mutch et al. (2016) suggested that galaxies residing in halos of mass $M_{\text{vir}} \simeq 10^8 - 10^9$ M_{\odot} are dominant contributors of the ionizing budget of the Universe before cosmic reionization was completed. However, we warn the reader that the exact mass/magnitude ranges of the sources that provide key reionization photons remain highly debated and model dependent (e.g., Dayal & Ferrara 2018).

In Figure 3, we show the behavior of β as a function of the age for our galaxies, along with synthetic model tracks from the literature (Schaerer 2002, 2003), corresponding to different star formation histories (SFHs; i.e., burst and constant star formation (CSF)) and metallicities. In particular, the ages for our galaxies directly come from LEPHARE and are purely based on the formation time as predicted by the Bruzual & Charlot (2003) models (i.e., the models we assumed to perform the SED fitting). We refer the reader to Rinaldi et al. (2023) for more details regarding how the SED fitting has been performed. Here we show models that take into account a pure stellar contribution (dashed lines) and stellar and nebular

Figure 3. β slopes as a function of galaxy age. The ages of the galaxies have been obtained as output from LEPHARE. The gray dashed line refers to the median β value that we find in our sample, which is in line with what we expect from galaxies at high redshifts. For comparison, we also include theoretical predictions by considering synthetic model tracks from Schaerer (2002, 2003), which are color coded based on metallicity. Solid lines refer to models with a combination of stellar and nebular contributions, while dashed lines refer to pure stellar models. Two different SFHs have been adopted: burst and CSF.

continuum emission (solid lines). We also show tracks that describe the expected trend for Population III stars by considering only a single burst of star formation.

Our galaxies are all young (with ages \leq 35 Myr), except for one single source that shows a stellar population a bit older compared to the rest of the sample (\approx 300 Myr), and, as discussed before, span β values between -2.7 and -1.8 , with a median $\beta \approx -2.15 \pm 0.21$. Explaining this combination of parameters requires stellar models with nebular emission, as models with a pure stellar contribution produce β slopes which are significantly lower than our values. Our data points also suggest that our galaxies could span a range of metallicities, with some of them even being compatible with solar metallicity tracks. For some others, only very low metallicity values are possible ($\leqslant 0.02$ Z_o).

3.2. Inferring the Ionizing Photon Production Efficiency and the Escape Fraction of Lyman-continuum Photons

In the past, numerous studies have demonstrated that detecting LyC radiation during the EOR is challenging at $z \gtrsim 5-6$ due to the increasing optical depth along the line of sight (Inoue et al. 2014; Fan et al. 2024). Interestingly, indirect evidence of ionizing photons can be retrieved from recombination lines because they are produced after photoionization has taken place. Observations have shown that the strongest among these lines is $Ly\alpha$ (Osterbrock 1989). However, many studies showed that the number counts of LAE galaxies dramatically drop at $z \gtrsim 6-7$ also because of the increasing neutral hydrogen fraction in the IGM as a function of redshift (e.g., Pentericci et al. 2014; Fuller et al. 2020; Morales et al. 2021), although a few exceptional LAEs have been found at very high redshifts with JWST (e.g., Bunker et al. 2023; Saxena et al. 2024).

Another option that we can rely on at $z \gtrsim 6$ is the H α emission line which, unlike the $Ly\alpha$, is not affected by resonant scattering in the IGM. In particular, if we use the $H\alpha$ emission line in combination with a measure of the UV continuum, we can estimate the ionizing photon production efficiency. Interestingly, ξ _{ion} indicates a connection between the observed rest-frame UV emission from galaxies and the corresponding amount of LyC photons emitted by their stars (e.g., Nanayakkara et al. 2020). Therefore, this parameter is crucial to understanding the role of star-forming galaxies in the process of reionization because it gives an idea of the amount of the ionizing photons that they were actually able to produce in the early Universe (e.g., Schaerer et al. 2016).

In turn, the parameter ξ _{ion} depends on the IMF, SFHs, the evolution of individual stars, and metallicity (e.g., Shivaei et al. 2018). The value of ξ _{ion} can be predicted from stellar population synthesis models (e.g., Eldridge & Stanway 2022). For instance, by analyzing BLUETIDES simulations, Wilkins et al. (2016) found that the choice of stellar population synthesis model (i.e., variations in SFHs and metal enrichment) for high-redshift galaxies can lead to $\log_{10}(\xi_{\text{ion}}/(Hz \text{ erg}^{-1}) \approx 25.1-25.5$, which is broadly consistent with recent observational constraints at high redshift (e.g., Stark et al. 2015, 2017; Endsley et al. 2021; Bunker et al. 2023; Sun et al. 2023; Atek et al. 2024; Whitler et al. 2024). The canonical value assumed for $log_{10}(\xi_{\text{ion}}/(Hz \text{ erg}^{-1}))$ is 25.2 ± 0.1 (e.g., Robertson et al. 2013; Bouwens et al. 2015). For instance, if we assume a constant SFH, ξ _{ion} increases with metallicity and decreases with increasing β , saturating at $\beta \ge -1.9$ (Robertson et al. 2013, see their Figure 1).

Leitherer & Heckman (1995) have shown, by using an extensive grid of evolutionary synthesis models for populations of massive stars, that the H α luminosity ($L(H\alpha)$) from a galaxy is closely connected to its total Lyman-continuum luminosity. Indeed, following Leitherer & Heckman (1995), we can define ξ _{ion} as follows:

$$
\xi_{\text{ion}} = \frac{L(\text{H}\alpha)}{(1 - f_{\text{esc,LyC}})L_{\text{UV},\nu}^{\text{int}}} \cdot 7.37 \times 10^{11} \text{ Hz erg}^{-1}, \qquad (2)
$$

where $L(\text{H}\alpha)$ refers to the intrinsic, i.e., unattenuated, luminosity in units of erg s⁻¹ and L_{UV}^{int} refers to intrinsic UV luminosity density in units of erg s⁻¹ Hz⁻¹ at 1500 Å.

We obtain the intrinsic $L(H\alpha)$ as we presented in Rinaldi et al. (2023) by adopting the Calzetti reddening law (Calzetti et al. 2000). To obtain $L_{UV,\nu}^{int}$, we employed the β slope method (e.g., Matthee et al. 2017) as described in Meurer et al. (1999).

We know that $L_{UV,\nu}^{\text{int}}=L_{UV,\nu}/f_{\text{esc,UV}}$, where $f_{\text{esc,UV}}$ is the fraction of emitted photons escaping their host galaxy in the UV continuum. Following the Meurer et al. (1999) prescription

and employing Calzetti et al. (2000), we derive that:

$$
f_{\text{esc,UV}} = \begin{cases} 10^{-0.83(2.23+\beta)}, & \beta > -2.23, \\ 1, & \text{otherwise.} \end{cases}
$$
 (3)

In particular, $f_{\text{esc,UV}} = 1$ implies that galaxies with a β slope bluer than β < -2.23 are assumed to be dust free, so we do not correct for dust. Nevertheless, despite being an assumption in Meurer et al. (1999), we caution the reader that a $\beta < -2.23$ value does not necessarily imply the absence of dust extinction. Other parameters have been found to steepen the UV β slope to even bluer colors such as IMF, metallicity, and age (e.g., Casey et al. 2014; Cullen et al. 2023; Franco et al. 2023).

Since our observations prevent us from directly calculating $f_{\text{esc,LyC}}$, here we assume that $f_{\text{esc,LyC}} = 0$. Therefore, by applying Equation (2), we retrieve $\xi_{\text{ion},0}$ ($\equiv \xi_{\text{ion}}$ when $f_{\text{esc,LyC}} = 0$).

We warn the reader that different methods can be used to estimate $f_{\text{esc,UV}}$ (see Matthee et al. 2017 for more details). However, the recent literature has shown that estimating $f_{\text{esc,UV}}$ based on the UV β slope leads to ξ_{ion} values more in line with what we expect at high redshift, which led us to adopt the same approach (e.g., Matthee et al. 2017; Shivaei et al. 2018; Lam et al. 2019; Prieto-Lyon et al. 2023).

3.3. Comparison between $\xi_{ion,0}$ and Stellar Properties

In the following subsections, we present a comparison between $\xi_{\text{ion},0}$ and different stellar properties, such as M_{UV} , M₊, H α equivalent width (EW(H α)), etc., and compare our results with the literature for objects at high redshifts, including recent results with JWST. Remarkably, the correlations and anticorrelations between $\xi_{\text{ion},0}$ and the stellar properties, which we are going to present in the following subsections, are very similar to what has been recently found for objects at lower redshifts in Castellano et al. (2023)—see their Figure 8.

Finally, we make use of the UV β slopes to predict the expected $f_{\text{esc,LyC}}$ for these HAEs by following the prescription presented in Chisholm et al. (2022).

3.3.1. ξion,0 versus Ultraviolet Absolute Magnitude

We know that M_{UV} is one of the easiest quantities to measure for high-redshift galaxies. Particularly, the integral of the UV LF is extremely important in determining the total ionizing emissivity of galaxies (see Section 4). For that reason, we decided to investigate if there is a correlation between these two parameters. In Figure 4, we show $\xi_{ion,0}$ versus M_{UV} . We also compare our results with the most recent literature for objects at high redshift. By looking at this plot, we find that our HAEs show a large variety of $\xi_{ion,0}$ values. For our galaxy sample we find a median value of $log_{10}(\xi_{ion,0}/(Hz \text{ erg}^{-1}))$ \approx 25.49^{+0.10} (16th and 84th percentiles). Although it is difficult to say, mostly due to our sample size, a weak correlation appears to be between $\xi_{\text{ion},0}$ and M_{UV} , suggesting that faint galaxies, at high redshift, could be regarded as the bulk of ionizing photons that could potentially escape into the IGM and, thus, reionize it (Duncan & Conselice 2015). Similar resulta have been found also in, e.g., Prieto-Lyon et al. (2023) and Simmonds et al. (2023) by leveraging a bigger sample.

3.3.2. ξ_{ion,0} versus $EW_0(H\alpha)$

In Figure 5, we analyze the relation between $\xi_{\text{ion},0}$ and $EW_0(H\alpha)$, which has already been estimated in Rinaldi et al. (2023) for our HAEs. We notice that, among our sources, those

Figure 4. $\xi_{ion,0}$ as a function of M_{UV} . We also collect data points from the recent literature for galaxies at high redshifts (Harikane et al. 2018; Lam et al. 2019; Maseda et al. 2020; Castellano et al. 2022; Endsley & Stark 2022; Matthee et al. 2022; Bunker et al. 2023; Fujimoto et al. 2023; Hsiao & Abdurro'uf 2023; Ning et al. 2023; Prieto-Lyon et al. 2023; Tang et al. 2023; Lin et al. 2024). A weak correlation seems to be present between $\xi_{\text{ion,0}}$ and M_{UV} , in agreement with the recent literature (e.g., Prieto-Lyon et al. 2023; Simmonds et al. 2023). However, our sample is too small and future deep observations are needed to further constrain it.

Figure 5. $\xi_{ion,0}$ as a function of EW₀(H α). A collection of recent findings for objects at high redshift is presented as well (Harikane et al. 2018; Lam et al. 2019; Maseda et al. 2020; Prieto-Lyon et al. 2023; Álvarez-Márquez et al. 2024). A correlation between these two quantities is evident, which agrees with the recent findings at lower redshifts (Prieto-Lyon et al. 2023).

that show both a high value of $EW_0(H\alpha)$ and $\xi_{ion,0}$ are also the youngest ones (see Table 1). This result is consistent with what has been found in the recent literature, where young starforming galaxies seem to show higher values of ξ _{ion} (e.g., Tang et al. 2019).

By looking at Figure 5, we find quite a strong correlation between these two quantities, confirming what has been reported by Prieto-Lyon et al. (2023) for objects at $z \approx 3-7$. We report data points from Harikane et al. (2018), Lam et al. (2019), Maseda et al. (2020), and Álvarez-Márquez et al. (2024) as well. In particular, the data point from Maseda et al. (2020) seems to be off compared to our results, probably due to a much lower gas-phase metallicity that characterizes their sample (see Maseda et al. 2023 for more details). The same

Table 1 The Properties of H α Emitters

 z_{phot} log₁₀(Age/yr) $log_{10}(M_{\star}/M_{\odot})$ $log_{10}(EW_{0}{(H\alpha)}/\AA)$

ID R.A. Decl.

 $\overline{}$

Note. We list the sample of 12 HAEs that have been selected in Rinaldi et al. (2023). Redshifts, ages, and stellar masses have been obtained by running LEPHARE. β and $M_{\rm UV}$ have been estimated by using the methodology explained in Section 3.1. $f_{\text{esc,Lyc}}$ refers to the predicted escape fraction following the prescriptions presented in Chisholm et al. (2022). Finally, we report ξ_{ion} (taking into account the predicted

Figure 6. $\xi_{ion,0}$ vs. sSFR. Recent findings from the literature are shown as well (Endsley et al. 2021; Castellano et al. 2023; Simmonds et al. 2023; Mascia et al. 2024; Whitler et al. 2024). The blue shaded area refers to the starburst region as defined in Caputi et al. (2017, 2021). In particular, for Castellano et al. (2023) and Mascia et al. (2024) we show the median quantities. A strong correlation seems to arise from this comparison.

trend has been reported also in Reddy et al. (2018) for more massive galaxies at lower redshifts ($z \approx 1.4{\text -}3.8$). The correlation between $\xi_{\text{ion},0}$ and EW₀(H α) according to Tang et al. (2019) should hold only within the first 100 Myr since the onset of star formation. Indeed, after 100 Myr, both young and intermediate-aged populations reach equilibrium, resulting, therefore, in a constant $L(H\alpha)$ -to- $L(UV)$ ratio (Atek et al. 2022) and a plateau, at lower EWs, should arise in this comparison.

We also notice that the relation between $\xi_{\text{ion},0}$ and EW₀(H α) seems to saturate at very high EW_0 values, reaching a sort of plateau at $EW_0 > 1000$ Å. However, this claim must be taken with caution since a larger sample is needed to further constrain this result.

Finally, we want to highlight that the correlation between ξ_{ion} and EW(H α), as well as other nebular emission lines (see Prieto-Lyon et al. 2023; Simmonds et al. 2023) that are sensitive to ionization (e.g., [O III]), can serve as a proxy for $\xi_{\text{ion},0}$ at high redshifts, particularly when direct measurement of the rest-frame $L(UV)$ is not feasible.

3.3.3. ξion,0 versus Specific Star Formation Rate

We also investigate if there is any correlation between $\xi_{\text{ion,0}}$ and specific star formation rate (sSFR), which has been inferred from the H α emission line for our sample of HAEs (Rinaldi et al. 2023—see Figure 6). We collect data from the recent literature for objects at high redshift as well. We find a positive correlation between those two parameters, where high values of sSFR correspond to high values of $\xi_{\text{ion},0}$, as it has been reported at lower redshifts (e.g., Izotov et al. 2021; Castellano et al. 2023). In particular, this trend has been also suggested in Seeyave et al. (2023) where they find, by exploiting First Light And Reionisation Epoch Simulations (FLARES), that ξ_{ion} positively correlate with the sSFR. This finding probably indicates that galaxies that can double their stellar mass in a very short time (i.e., high sSFR) and, hence, are experiencing, at a fixed M_{\star} , a burst in terms of star formation can potentially produce a high fraction of ionizing photons that can escape the

Figure 7. $\xi_{ion,0}$ vs. M_{\star} . We also report recent findings for objects at high redshift (Lam et al. 2019; Endsley et al. 2021; Endsley & Stark 2022; Tang et al. 2023; Mascia et al. 2024; Whitler et al. 2024) as well as theoretical predictions from semianalytical models (dashed line, Yung et al. 2020) and hydrodynamical simulations (solid line, Seeyave et al. 2023), i.e., FLARES. The square points refer to the median $\xi_{\text{ion,0}}$ per bin of stellar mass ($\Delta M_{\star} = 0.5$ dex). They show a weak anticorrelation, very similar to what is predicted from theoretical models.

galaxy and, thus, reionize the surrounding medium. Interestingly, HAEs that happen to fall in the starburst cloud (i.e., $\log_{10}(sSFR/yr^{-1}) \ge -7.60$; Caputi et al. 2017, 2021) are also among the youngest ones in our sample. Overall, by looking at the strong correlation between $\xi_{ion,0}$ and sSFR, this result may suggest that being young and starbursty could have been crucial to producing a high fraction of ionizing photons.

3.3.4. ξ_{ion,0} versus M_{\star}

In Figure 7, we also study if there is any correlation between $\xi_{\text{ion},0}$ and M_{\star} . To put everything in context, we collect data points from the most recent literature of objects at high redshift as well. We find a weak anticorrelation between those two parameters, as shown by calculating the Spearman's rank correlation coefficient ($\rho \simeq -0.04$), where low-mass galaxies tend to have higher values of $\xi_{\text{ion},0}$. Interestingly, the sample of low-mass galaxies we show in Figure 7 (both our HAEs and galaxies from the literature) is characterized by having young ages. An anticorrelation between ξ_{ion} and M_{\star} has been also reported in FLARES simulations (Seeyave et al. 2023) as well as by using semianalytical models (e.g., Yung et al. 2020), where they both conclude that low-mass galaxies could have been important contributors to cosmic reionization—mostly because low-mass galaxies are more abundant than the massive ones, especially at high redshift (e.g., Trebitsch et al. 2022; Navarro-Carrera et al. 2024). A similar trend has been reported at lower redshifts in Castellano et al. (2023), where they find a stronger anticorrelation than what we retrieve in our study—mainly due to their larger sample. We also report, shown as squares in the figure, the median trend of $\xi_{\text{ion},0}$ as a function of M_{\star} by binning galaxies in bins of stellar mass (ΔM _{\star} = 0.5 dex). We recover the same trend as the simulations report but at slightly larger values of $\xi_{\text{ion},0}$. A similar finding, by comparing simulations and observations, has been found in Seeyave et al. (2023).

Figure 8. $\xi_{ion,0}$ as a function of β . We find a weak anticorrelation between β and $\xi_{ion,0}$, as confirmed by checking on the Spearman's rank correlation coefficient. We report data points from literature for objects at lower redshifts as well (Schaerer et al. 2022; Ning et al. 2023; Prieto-Lyon et al. 2023; Simmonds et al. 2023; Mascia et al. 2024; Saxena et al. 2024). The black dashed line refers to an anticorrelation between these two quantities that has been reported in Prieto-Lyon et al. (2023).

3.3.5. ξ_{ion,0} versus UV β Slope

In Figure 8, we analyze $\xi_{\text{ion},0}$ as a function of the UV β slope. As we already mentioned above, the UV β slope is strictly related to both the metallicity and age of the stellar population (see Figure 3), and therefore it can be related to the inferred ionization capability of a galaxy driven by its young stellar population (e.g., Eldridge & Stanway 2022).

From Figure 8, we see that there is a weak anticorrelation $(\rho \simeq -0.10)$ between these two parameters, where ξ_{ion} reaches the canonical value $(\log_{10}(\xi_{\text{ion}}/(\text{Hz erg}^{-1})) \approx 25.2)$ at $\beta \approx -2$ (e.g., Robertson et al. 2013) and shows an enhancement at $\beta < -2$. Recent observations have shown that galaxies at $z > 6$, on average, have bluer UV β slopes compared to their low-z counterparts that could suggest an enhanced value of ξ_{ion} at $z > 6$. In particular, we can clearly see that our sample follows the same trend that has been reported in Prieto-Lyon et al. (2023), where they claimed a weak anticorrelation between $\xi_{\text{ion},0}$ and β . A similar trend has already been reported in the recent literature for objects at $z \approx 6$ by making use of NIRCam data, where Ning et al. (2023) studied a sample of LAEs by analyzing their $H\alpha$ emission lines.

3.3.6. Inferring $f_{esc,LyC}$ from the UV β Slope

Since we can measure the UV β slopes for our galaxies, in fact, we can independently infer $f_{\text{esc,LyC}}$ following the prescription presented in Chisholm et al. (2022). As we already mentioned before, estimating $f_{\text{esc,LvC}}$ at high redshifts is quite challenging. However, indirect indicators can be assumed to infer the escape fraction of LyC photons (e.g., Chisholm et al. 2022; Mascia et al. 2023, 2024).

In this work, we make use of Chisholm et al. (2022)'s results. They study low-redshift sources to investigate a possible correlation between $f_{\text{esc,LyC}}$, β , and M_{UV} (see their paper for more details). We employ their derived prescription to infer $f_{\text{esc,LvC}}$ from their Equation (18):

 $f_{\text{esc,LyC}} = (1.3 \pm 0.6) \times 10^{-4} \times 10^{(-1.2 \pm 0.1)\beta_{obs}}.$ (4)

Interestingly, by considering our HAEs in terms of M_{\star} , M_{UV} , UV β slope, and age, we see that our sample resembles the parameter space presented in Chisholm et al. (2022, see their Figures 4, 9, and 11). This finding lends additional support to the method of employing Equation (4) for estimating the $f_{\text{esc,LvC}}$ for our sample of HAEs.

We find that most of the galaxies in our sample (75%) show $f_{\text{esc,LyC}} \lesssim 10\%$. Only 25% of our sample are characterized by a higher $f_{\text{esc,LyC}}$ value (10% $\lesssim f_{\text{esc,LyC}} \lesssim 25\%$). In particular, our sample shows a median value of $f_{\text{esc,LyC}} \simeq 4\%_{-2}^{+3}$ (16th and 84th percentiles), showing that the assumption $\xi_{\text{ion}} \simeq \xi_{\text{ion,0}}$ holds at these redshifts. Hereafter, for that reason, we will refer to ξ _{ion} only in the subsequent figures.

Finally, here we do not compare ξ_{ion} with the same properties as we did in the previous discussion because of the very low $f_{\text{esc,LyC}}$ values we retrieve from Equation (4). Indeed, the trends we find are very similar to what we already discussed above, therefore our conclusions do not change.

3.4. The Redshift Evolution of ξ_{ion}

In Figure 9, we show the redshift evolution of ξ_{ion} in the context of the recent literature for objects at $z \approx 1-12$ (see that plot for the references).

From this figure, we can notice that our sample spans a large variety of ξ_{ion} values (red shaded area), showing scatter that is similar to that already reported for both lower-redshift (e.g., Prieto-Lyon et al. 2023; Sun et al. 2023) as well as higherredshift objects (e.g., Whitler et al. 2024). This behavior can be explained by taking into account the scattering due to dust attenuation, different SFHs, and patchy ISM coverage (e.g., Matthee et al. 2017). These results do not change even if we consider $\xi_{\text{ion},0}$ (by assuming $f_{\text{esc,LyC}} \approx 0$ at high redshifts). In particular, if we consider the median value of ξ_{ion} at $z \approx 7-8$ we retrieve from our sample $(\log_{10}(\xi_{\text{ion}}/(Hz \text{ erg}^{-1})) = 25.55^{+0.11}_{-0.13}),$ we find that it is in good agreement with the most recent results at similar redshifts (e.g., Stefanon et al. 2022; Simmonds et al. 2023; Sun et al. 2023).

Furthermore, by considering our data points as well as those from the past literature, we can identify that there is a mild evolution of ξ _{ion} as a function of redshift (e.g., Matthee et al. 2017; Stefanon et al. 2022; Sun et al. 2023) that can be explained by considering age effects: galaxies at higher redshifts have younger stellar populations and, therefore, higher ξ _{ion} values. Nonetheless, metallicity effects could play a role as well. A similar result has been found by Atek et al. (2024), where they study a sample of eight ultrafaint galaxies at $z \approx 7$. Finally, in this work, we do not fit an evolution of ξ_{ion} as a function of redshift due to the small size of our sample. Nevertheless, we notice that the evolution of ξ_{ion} over cosmic time looks a bit steeper compared to what has been proposed in Matthee et al. (2017). However, a larger sample of galaxies at high redshift is needed to further constrain this result.

4. Discussion: Which Sources Drive Reionization?

4.1. Implications for the Escape Fraction

In this section, we evaluate the impact of ionizing production efficiency on the allowed escape fraction for our sample of HAEs at $z \approx 7-8$. As already mentioned before, in this work we find a

Figure 9. The evolution of ξ_{ion} as a function of redshift. We report our results as well as a compilation of the recent literature for objects at $z \approx 1 - 12$ (Stark et al. 2015, 2017; Bouwens et al. 2016; Mármol-Queraltó et al. 2016; Nakajima et al. 2016; Matthee et al. 2017; Harikane et al. 2018; Shivaei et al. 2018; De Barros et al. 2019; Faisst et al. 2019; Lam et al. 2019; Tang et al. 2019; Emami et al. 2020; Endsley et al. 2021; Stefanon et al. 2022; Bunker et al. 2023; Fujimoto et al. 2023; Hsiao & Abdurro'uf 2023; Prieto-Lyon et al. 2023; Sun et al. 2023; Álvarez-Márquez et al. 2024; Lin et al. 2024). We find that $\xi_{\rm ion}$ spans a large variety of values in our sample at $z \approx 7-8$. The same variety of values has been found for lower redshifts (Ning et al. 2023; Prieto-Lyon et al. 2023; Sun et al. 2023). We identify a mild evolution of ξ _{ion} as a function of cosmic time.

slightly larger value of $\xi_{\text{ion}} (\log_{10} (\xi_{\text{ion}} / (\text{Hz erg}^{-1})) = 25.55^{+0.11}_{-0.13})$ compared to what has been previously found in the past (e.g., Lam et al. 2019) for objects at lower redshifts.

Robertson et al. (2013) showed that knowing ξ_{ion} can help setting strong constraints on the escape fraction f_{esc} . Nevertheless, to do so, we need to make some assumptions. In particular, Robertson et al. (2013, 2015) found an implicit constraint for ξ_{ion} which is $\log_{10}(\xi_{\text{ion}}/(\text{Hz erg s}^{-1})) = 24.50 \pm 0.10$. Therefore, by following the same approach as Bouwens et al. (2015) and Lam et al. (2019) , we can write a general formula for a wider range of faint-end cutoffs to the UV LF and clumping factors (C) :

$$
f_{\text{esc,rel}} \xi_{\text{ion}} f_{\text{corr}} (M_{\text{lim}}) (C/3)^{-0.3}
$$

= 10^{24.50±0.10} s⁻¹ (erg s⁻¹ Hz⁻¹), (5)

where M_{lim} is the UV luminosity cutoff and $f_{\text{corr}}(M_{\text{lim}})$ is a correction factor for $\rho_{UV}(z \approx 7-8)$ (see Bouwens et al. 2015 for more details). By looking at Equation (5), we can clearly see that the product of $f_{\text{esc,rel}}(\equiv f_{\text{esc,LyC}}/f_{\text{esc,UV}})$ and ξ_{ion} cannot be greater than what we retrieve from Equation (5) because, otherwise, cosmic reionization should have been completed sooner compared to what we observe today($z \approx 5-6$; e.g., Finkelstein et al. 2019; Naidu et al. 2020; Goto et al. 2021; Bosman et al. 2022).

If we now assume that $M_{lim} = -13$ mag and $C = 3$, as proposed in the past literature (e.g., Bolton & Haehnelt 2007; Pawlik et al. 2009; Finlator et al. 2012; Shull et al. 2012; Pawlik et al. 2015), from Figure 10 we find that $f_{\text{esc,rel}}$ does not need to be higher than $\simeq 6\% - 15\%$ for our sample of HAEs at $z \approx 7-8$ to have been able to reionize their surrounding medium. This finding seems to be in good agreement with what has been recently found in Atek et al. (2024), where they studied a sample of galaxies spectroscopically confirmed at high redshift ($z \approx 7$) and conclude that galaxies might not have needed a large escape fraction of ionizing photons to reionize the surrounding medium.

Interestingly, our result is in line with what has been found in recent simulations like SPHINIX (Rosdahl et al. 2018) and THESAN (Kannan et al. 2022). By looking at their simulations, they analyze the evolution of f_{esc} as a function of redshift. We find agreement between our result (from Figure 10) and their theoretical predictions (Rosdahl et al. 2018; Yeh et al. 2023) for $z \approx 7-8$. In particular, Yeh et al. (2023), from the THESAN simulations, studied f_{esc} as a function of redshift for different stellar masses, concluding that low-mass galaxies could have played an important role during cosmic reionization. Dayal et al. (2020) found a similar result, by using semianalytical models, where they found that the ionizing budget is dominated by stellar radiation from low-mass galaxies ($\leq 10^9$ M_o). Finally, a similar scenario has been also proposed by making use of observational constraints as well (Meyer et al. 2020; Davies et al. 2021).

Figure 10. $f_{\text{esc,rel}}(\equiv f_{\text{esc,LyC}}/f_{\text{esc,UV}})$ as a function of ξ_{ion} . The green shaded area refers to the canonical value assumed for ξ_{ion} (e.g., Robertson et al. 2013; Bouwens et al. 2014). The red shaded area refers to the ξ_{ion} we inferred in this study. The blue shaded area has been derived by considering Bouwens et al. (2015) and Lam et al. (2019) and the assumptions from Robertson et al. (2013, 2015). The corresponding constraints we can place on the $f_{\rm esc}$ (6%–15%) are indicated with a red shaded area.

4.2. The Ionizing Emissivity of Strong H α Emitters at $z \approx 7-8$ and their Role in Cosmic Reionization

In this section, we investigate the possibility of our sample of HAEs driving cosmic reionization. In particular, we remind the reader that our sample of HAEs constitutes only 20% of starforming galaxies at $z \approx 7-8$ (Rinaldi et al. 2023).

In evaluating the impact of these strong emitters in driving cosmic reionization, the total ionizing emissivity (N_{ion}) constitutes a key ingredient. This quantity is typically estimated by considering three separate factors, assuming that galaxies produce the bulk of ionizing photons during cosmic reionization: the dust-corrected UV luminosity density (ρ_{UV}) , the ionizing photon production efficiency (ξ_{ion}), and the escape fraction of ionizing photons (f_{esc}) :

$$
\dot{N}_{\text{ion}} = \rho_{\text{UV}} \xi_{\text{ion}} f_{\text{esc}}.
$$
\n(6)

To estimate ρ_{UV} , we integrate the UV LF of our HAEs in the redshift bin studied in this work following the same apporach as outlined in Navarro-Carrera et al. (2024).

By considering ρ_{UV} , ξ_{ion} , and f_{esc} , we find that, at $z \approx 7-8$, the expected total emissivity for our sample of HAEs should be $\dot{N}_{\text{ion}} = 10^{50.53 \pm 0.45} \text{ s}^{-1} \text{Mpc}^{-3}$, where the uncertainties on this quantity are mainly driven by the cosmic variance effect that affects our ρ_{UV} estimate.²³ We report this result in Figure 11.

To evaluate the impact of strong HAEs during cosmic reionization, we considered the population of non-HAEs at $z \approx 7-8$ in our sample, with the latter representing 80% of the total sample.

We remind the reader that the term "non-HAE" here refers to all galaxies except the ones identified as HAEs in (Rinaldi et al. 2023). This division is arbitrary and only given by MIRI's ability to detect the H α flux excess. The parameter ξ_{ion} , as well as all other parameters, most likely follow a continuum value distribution. However, analyzing the average properties of these two populations is still useful to compare how different these properties are between the most prominent line emitters and all other galaxies at similar redshifts.

In order to make a comparison between emitters and nonemitters at $z \approx 7-8$, for the nonemitters we assume an escape fraction²⁴ and consider the canonical value for ξ_{ion} that, for high-redshift sources, is $log_{10}(\xi_{ion,0}/(Hz; erg^{-1})) = 25.2$. By making these assumptions, we find that $\dot{N}_{\text{ion}} = 10^{50.10 \pm 0.45} \text{ s}^{-1} \text{Mpc}^{-3}$ for the nonemitters, where HAEs contribute more than twice as much as non-HAEs within the same redshift bin. This result suggests that strong HAEs may have played an important role in terms of emitted ionizing photons per comoving volume at $z \approx 7-8$. However, we wish to caution the reader that this conclusion is also contingent upon the assumed ξ _{ion} for the non-HAEs at high redshift, a parameter to which we lack direct access due to the absence of $H\alpha$ emission line detection.

In Figure 11, we show the contribution of our HAEs to cosmic reionization by comparing our estimate of \dot{N}_{ion} with the recent literature in the context of its evolution over cosmic time. We compare our result to other observational constraints from Bouwens et al. (2005, 2006), Bunker et al. (2006), Richard et al. (2006), Stark & Ellis (2006), Yoshida (2006), Becker & Bolton (2013), Oesch et al. (2014), Bouwens et al. (2015), Finkelstein et al. (2015), McLeod et al. (2015), and Mascia et al. (2023). We also report theoretical models from Bouwens et al. (2015), Finkelstein et al. (2019), and Mason et al. (2019) as well as from ILLUSTRISTNG simulations (Kostyuk et al. 2023). In particular, we find that our result is in broad agreement with what has been previously reported in the literature for objects at those redshifts. Finally, we report results from DELPHI simulations that, however, predict a much higher value compared to our finding. We notice that the slight offset

 $\frac{23}{23}$ We adopted the same apporach as the one presented in Trenti & Stiavelli (2008) to take into account cosmic variance.

 24 We considered the median value from our sample of HAEs as an upper limit for the non-HAEs, i.e., $f_{\text{esc}} = 7\%$.

Figure 11. N_{ion} as a function of redshift, as obtained from our own data point and others from the literature (Bouwens et al. 2005, 2006; Bunker et al. 2006; Richard et al. 2006; Stark & Ellis 2006; Yoshida 2006; Becker & Bolton 2013; Oesch et al. 2014; Bouwens et al. 2015; Finkelstein et al. 2015; McLeod et al. 2015; Mascia et al. 2024). A number of theoretical predictions from hydrodynamical and semianalytical models (Bouwens et al. 2015; Finkelstein et al. 2019; Mason et al. 2019; Dayal et al. 2022; Kostyuk et al. 2023) are also shown.

is due to the DELPHI model including all the galaxies at $z \approx 7$ while we only consider strong line emitters.

5. Conclusions

In this paper, we analyzed a sample of HAEs at $z \approx 7-8$ that have been discovered in the XDF thanks to the publicly available medium-band and broadband NIRCam imaging in the XDF, combined with the deepest MIRI 5.6 μ m imaging existing in the same field (Rinaldi et al. 2023).

The sample consists of the 12 most prominent HAEs at $z \approx 7-8$, which account for 20% of the star-forming galaxies at $z \approx 7-8$ (Rinaldi et al. 2023).

By estimating their M_{UV} and UV β , we do not see any clear trend between these two parameters at $z \approx 7-8$, probably due to the fact that our sample is too small, although other studies, based on much bigger samples, claimed its existence in the recent literature (e.g., Cullen et al. 2023; see Figure 1).

By looking at our galaxies, we see that our HAEs have $log_{10}(M_{\star}/M_{\odot}) \simeq 7.5-9$ and show a broad correlation between β and M_{\star} (Figure 2). We notice that β becomes bluer at lower M_{\star} , following the same results as shown in Finkelstein et al. (2012) and Bhatawdekar & Conselice (2021) at $z \approx 7-8$. In particular, from Figure 2, we notice that some of our very low-mass sources should be characterized by having a higher $f_{\text{esc,LyC}}$, as proposed in Chisholm et al. (2022).

Our sample of 12 HAEs at $z \approx 7-8$ shows a large variety of UV β slopes (ranging from $\beta = -2.7$ to $\beta = -1.8$, with a median value of $\beta = -2.15 \pm 0.21$) as well as they are, on average, quite young $(\leq 35 \text{ Myr})$, except for one single source that shows a stellar population a bit older compared to the rest of the sample (\approx 300 Myr)—see Figure 3. 25% of our sample shows very blue UV β slopes (−2.7 $\leq \beta \leq -2.5$), suggesting that they could be characterized by a large escape fraction of ionizing photons (Chisholm et al. 2022).

Since we can estimate $L(\text{H}\alpha)$, our sample of HAEs allows us to estimate $\xi_{\text{ion},0}$ ($\equiv \xi_{\text{ion}}$ when $f_{\text{esc,LyC}} = 0$, which is the common assumption at high redshifts). We find that our sources show a large variety of $\xi_{\text{ion},0}$, with a median value of $\log_{10}(\xi_{\text{ion},0}/$ $(\text{Hz erg}^{-1})) \approx 25.50_{-0.12}^{+0.10}.$

We then compared $\xi_{ion,0}$ with some other stellar properties we derived for this sample of HAEs. A weak trend between $\xi_{\text{ion},0}$ and M_{UV} appears from Figure 4, where, on average, fainter objects tend to have a slightly higher value of $\xi_{\rm ion,0}$ —also confirmed in the recent literature (e.g., Prieto-Lyon et al. 2023; Simmonds et al. 2023).

We also studied if there is any relation between $\xi_{\text{ion},0}$ and $EW_0(H\alpha)$ (see Figure 5). We retrieve a correlation between these two quantities, as already pointed out in the literature (e.g., Ning et al. 2023; Prieto-Lyon et al. 2023). In particular, we find that, on average, galaxies with high $\xi_{ion,0}$ are the youngest ones and they tend to have higher sSFRs (see Figure 6). We investigated if there was any relation between $\xi_{\rm ion,0}$ and M_{\star} (Figure 7). By comparing these quantities, we find a weak anticorrelation that suggests that low-mass galaxies are

mainly characterized by having a larger value of $\xi_{\text{ion},0}$, in agreement with what has been found for objects at lower redshifts in Castellano et al. (2023). We also inspected if there was any trend between $\xi_{\text{ion},0}$ and β . From Figure 8, we find that there is a weak anticorrelation between those two quantities, which agrees with recent findings for objects at lower redshifts (Prieto-Lyon et al. 2023). In particular, galaxies with very blue UV β slopes tend to have a higher $\xi_{\text{ion},0}(\equiv \xi_{\text{ion}}$ when $f_{\text{esc,LyC}} = 0$). This behavior can be linked to the fact that β is strictly related to both the metallicity and age of the stellar population, as shown in Figure 3, and, thus, to the capability of a young stellar population to emit ionizing photons that can escape into the IGM.

By following some prescriptions presented in Chisholm et al. (2022), we inferred $f_{\text{esc,LyC}}$ (see Equation (4)). We find that most of our galaxies (75%) show $f_{\text{esc,Lyc}} \lesssim 10\%$. Only 25% of our sample shows a higher $f_{\text{esc,Lyc}}$ (10%–20%). Since we inferred $f_{\text{esc,LyC}}$, we could estimate ξ_{ion} , which shows a median value of $log_{10}(\xi_{\text{ion}}/(Hzerg^{-1})) = 25.55^{+0.11}_{-0.13}$. Since we find very low values of $f_{\text{esc,LyC}}$, with a median value of $4\%^{+3}_{-2}$, the aforementioned correlations and anticorrelations we found for $\xi_{\text{ion},0}$ are still valid if we consider ξ_{ion} instead.

We also investigated if there is an evolution of ξ _{ion} as a function of redshift (Figure 9). We find that our sample spans a large variety of values of ξ_{ion} at $z \approx 7-8$, which is in line with the results both for lower-redshift (e.g., Endsley et al. 2021; Ning et al. 2023; Prieto-Lyon et al. 2023; Sun et al. 2023) and higher-redshift objects (e.g., Whitler et al. 2024). In this work, we cannot directly fit an evolution of this quantity as a function of redshift given our sample size. We find that the median value of ξ _{ion} we get from our sample is in agreement with the extrapolation to higher redshift of what has been proposed in Stefanon et al. (2022) and Sun et al. (2023). Moreover, we conclude that, on average, there is a mild evolution of ξ _{ion} over cosmic time, as already suggested in the past (e.g., Matthee et al. 2017; Stefanon et al. 2022; Sun et al. 2023), which looks a bit steeper than what has been proposed in the past (Matthee et al. 2017). However, a larger sample of galaxies at high redshift is needed to further constrain this finding.

Finally, we analyzed the role of our HAEs during cosmic reionization. To do so, we first estimate the maximum $f_{\text{esc,rel}}$ that our sources, assuming that star-forming galaxies drive the reionization, need to reionize the surrounding IGM. We find that it does not need to be higher than 6% –15%, which is in agreement with what has been proposed in hydrodynamical simulations such as SPHINIX (Rosdahl et al. 2018) and THESAN (Kannan et al. 2022), where the authors study the evolution of the escape fraction over cosmic time and, in particular, focus on the role of low-mass galaxies in reionizing the Universe, suggesting that they could have played a key role. Then, we estimated the total ionizing emissivity N_{ion} as a function of redshift and put our results in the context of the recent literature. We find that $\dot{N}_{ion} = 10^{50.53 \pm 0.45} \text{ s}^{-1} \text{Mpc}^{-3}$ at $z \approx 7-8$, which is more than twice as much as non-HAEs within the same redshift bin (Rinaldi et al. 2023). We emphasize that our derived total ionizing emissivity corresponds only to the most prominent HAEs ($EW_0(H\alpha) \ge 239$ Å; see Rinaldi et al. 2023).

In light of our findings and in combination with what simulations predict, we can conclude that low-mass and young galaxies, undergoing an episode of star formation, could be potentially regarded as the primary agents for driving cosmic reionization. Particularly, by being strong HAEs, this work suggests that these kind of sources may have potentially played a key role in terms of the number of ionizing photons injected in the surrounding IGM at $z \approx 7-8$ and, for this reason, they need to be investigated more. Deep JWST observations are now showing us that we could potentially observe, more systematically, these strong emitters at high redshift giving us the unprecedented opportunity to finally constrain their role in cosmic reionization.

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