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Highlights

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- Torsional Alfvén waves and quasi-geostrophic magneto-Coriolis waves are recovered from simulated geomagnetic data.
- The ability to recover transient flows depends on their magnitude, geometry and period, plus the data coverage and accuracy.
- Extrapolating throughout the core the inverted zonal surface flows, we predict well the core angular momentum changes.
- The core-mantle electromagnetic torque mainly arises from the axial rotation part of the core surface motion.
- The electrical currents, part of the dynamo process, leaking from the core interior yield a negligible torque on the mantle.

Wave-like motions and torques in Earth's core as inferred from geomagnetic data: a synthetic study

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Abstract

Here, we present a synthetic validation for the inversion of transient fluid motions at the surface of Earth's core. It is based on a numerical simulation of the geodynamo in which the main time-scales (based on rotation, magnetic field and velocity) are sufficiently separated to give rise to a variety of hydro-magnetic waves. We focus the study on wave-like motions with periods commensurate to the Alfvén time, which is based on the strength of the magnetic field in the core interior. Synthetic magnetic data are generated over 90 Alfvén times, representative of the era covered by observatory and satellite measurements. These synthetic data are inverted to estimate a magnetic field model. Thereafter, we apply the `pygeodyn` data assimilation tool to recover core surface flows. We investigate the quality of their reconstruction as a function of their time scale. The success of the reconstruction depends on the data accuracy and coverage and on the magnitude of the flow. We also retrieve axi-symmetric torsional Alfvén waves, despite their relatively weak magnitude.

We use the synthetic data to investigate the exchanges of angular momentum between core and mantle that induce length-of-day (LOD) changes. These exchanges result from the electromagnetic torque between the fluid core and the mantle and the gravitational torque between the inner core and the mantle. The inverted flows convincingly predict LOD variations in the dynamo calculation. We find that core surface zonal motions match well with the geostrophic (axially invariant) motions at the origin of the LOD changes, on all considered time-scales. We also investigate the different contributions to the electro-magnetic torque. In the dynamo simulation, only a small part can be attributed to the leakage torque caused by electrical currents flowing from the core to

the mantle. The relative contribution from the poloidal field induced in the mantle, which amounts to about 1/3 of the total torque, is significantly larger than estimated in previous studies, based on geomagnetic observations. The remaining torque, which is associated with the toroidal induced field, mostly stems from the solid body rotation interacting with the radial magnetic field up to spherical harmonic degree 30.

Keywords:

Earth's core, Geomagnetic secular variation, Inverse problem, hydromagnetic waves, electro-magnetic torque, length-of-day

1 Introduction

The magnetic field \mathbf{B} originating from the Earth's outer liquid core exhibits temporal variations over periods ranging from about one year to tens of millions of years. The first time derivative of the geomagnetic field, also referred to as the secular variation (SV), is often considered to represent the temporal evolution of the Earth's core magnetic field. Abrupt changes in the SV, the so-called geomagnetic jerks, are the most rapid features detected in time-series of the main magnetic field, involving time-scales from several months to a few years. They show up in magnetic records as sudden V-shaped changes of the SV, corresponding to a discontinuity in the second time derivative of the geomagnetic field (the secular acceleration, SA), or equivalently a Dirac-delta function in the third time derivative (Mandea et al., 2010). Continuous records of the three components of the geomagnetic vector field have only been available since Gauss established the first geomagnetic observatory in the middle of the 19th century (see Garland, 1979). Ancient magnetic field orientation measurements obtained mainly from navigation catalogs, provide direct observational constraints as far back as the late XVIth century (Jackson et al., 2000; Jonkers et al., 2003). This restricts the longest directly accessible periods to centennial time-scales (e.g., Matzka et al., 2010). These ground observations have been complemented by measurements from space provided by several satellite missions, occurring at irregular intervals in the second half of the 20th century and continuous during the last two decades (Lesur et al., 2022). In particular, data from CHAMP (2000–2010) and Swarm (2013–) satellite missions are crucial for accessing global rapid variations of the geomagnetic field down to periods of about one year (Hammer et al., 2021b; Baeren-

23 zung et al., 2022). Access to shorter time-scales is challenging because the core signal
24 amplitude steeply decreases with increasing frequencies (Lesur et al., 2018). Hence, it is
25 hidden by variations from magnetic field sources external to the Earth (magnetospheric
26 and ionospheric fields, see Finlay et al., 2017). In addition, the weakly electrically con-
27 ducting mantle acts as a low-pass filter and makes it impossible to observe changes in
28 the core field on periods shorter than a few months (Jault, 2015).

29 The idea that temporal variations in the geomagnetic field could be the result of
30 hydro-magnetic waves in the Earth’s liquid outer core was first investigated by Hide
31 (1966), Braginsky (1967) and Malkus (1967). Waves in the core may be coupled to
32 the mantle and trigger fluctuations in its rotation rate, and thus in the length-of-day
33 (LOD). On the basis of this rationale, Braginsky (1970) suggested that an apparent 60-
34 year periodicity found in variations of the LOD could be explained by torsional Alfvén
35 waves, commonly also referred to as torsional oscillations. The restoring force for these
36 waves is the magnetic tension between geostrophic cylinders (cylindrical surfaces of fluid
37 whose axis is aligned with the Earth’s rotation vector $\mathbf{\Omega}$). They consist of oscillatory
38 motions of these cylinders that propagate in the direction perpendicular to $\mathbf{\Omega}$, at a speed
39 $V_A(s) \propto \tilde{B}_s$ the r.m.s. (root mean square) of the cylindrical radial component of the
40 magnetic field averaged over geostrophic cylinders (see e.g., Jault, 2003; Finlay et al.,
41 2010).

42 The geostrophic nature of torsional oscillations allows us to infer them from the
43 core surface flow. Core surface motions are estimated by inverting the radial induction
44 equation that couples the SV of the geomagnetic field at the Core-Mantle Boundary
45 (CMB) and the velocity field at the top of the core (Roberts and Scott, 1965). This
46 inverse problem is highly non-unique since not all possible flows produce changes in the
47 magnetic field (Backus, 1968). This velocity ambiguity is usually mitigated either by
48 making assumptions about the core (surface) dynamics, the most common of which are
49 that the flow is steady, purely toroidal, tangentially geostrophic or quasi-geostrophic (for
50 a review, see Finlay et al., 2010; Holme, 2015), or by incorporating statistics derived
51 from numerical geodynamo simulations as prior information (e.g., Fournier et al., 2011;
52 Aubert, 2014; Barrois et al., 2017; Gillet et al., 2019).

53 The changes in core angular momentum carried by geostrophic motions, as estimated

54 from core surface velocities, do balance the changes in mantle angular momentum inferred
55 from LOD data for periods ranging from ≈ 5 to 60 years (Jault et al., 1988; Jackson
56 et al., 1993; Baerenzung et al., 2018; Gillet et al., 2019; Istaş et al., 2023). The transfer
57 of angular momentum between the core and the mantle is necessarily mediated by one
58 or several torques, such as the electro-magnetic (EM), gravitational, pressure or possibly
59 the viscous torque (Buffett, 1996; Jault, 2003; Roberts and Aurnou, 2012).

60 Isolating torsional waves in core surface flow models is a way to probe the magnetic
61 field deep in the conducting core, otherwise inaccessible from magnetic observations alone.
62 The LOD signal is stronger towards long periods (20-60 years), as is the case for the core
63 surface flows. Torsional waves were therefore initially sought on decadal periods, for
64 which LOD changes are of the order of 1 ms. Within this framework, the interpretation
65 of magnetically inferred core surface motions implied that the field strength deep in the
66 core should be of the order of a fraction of a mT (Zatman and Bloxham, 1997, 1999;
67 Buffett et al., 2009). This estimate is less than the magnitude of the radial magnetic
68 field downward continued from the Earth’s surface to the core surface. It is at odds with
69 numerical geodynamo simulations that favor a field about 10 times larger in the bulk of
70 the core (Aubert et al., 2009) as well as with geophysical inferences of the field at the
71 inner core boundary from nutation studies (Buffett et al., 2002; Koot et al., 2010). By
72 estimating core flow models from magnetic data, Gillet et al. (2010) discovered outward
73 propagating torsional waves of period 6-yr, implying a field intensity deep in the core
74 of several mT, much larger than the radial field intensity at the core surface, as found
75 in numerical geodynamo models. These waves explain a 6 yr oscillation in the LOD,
76 of amplitude ~ 0.15 ms, first detected by Abarca del Rio et al. (2000) – see Duan and
77 Huang (2020) or Rosat and Gillet (2023) for more recent analyses.

78 The amplitude of the detected torsional waves (a fraction of km/yr) generate a SV
79 signal at the Earth’s surface of at most 2 nT/yr (Cox et al., 2016). This is too weak to
80 explain the entirety of the magnetic signal observed on interannual time-scales, of the
81 order of 10 nT/yr at the Earth’s surface (the latter is itself small in comparison with the
82 SV signal ~ 100 nT/yr on the century time scale). Satellite data have indeed revealed
83 oscillatory magnetic patterns that produce peaks in the norm of the SA roughly every
84 three years (see Chulliat and Maus, 2014; Finlay et al., 2016). Downward continued at

85 the surface of the core, this interannual magnetic signal is the strongest in the equatorial
86 belt (see Fig. 1 in Gillet et al., 2022a). Intense non-zonal interannual motions of several
87 km/yr amplitude are required to explain these patterns (Gillet et al., 2015; Finlay et al.,
88 2016; Kloss and Finlay, 2019). Such flow motions have since been interpreted as slow
89 magneto-Coriolis (MC) waves (Gillet et al., 2022b), for which both the Lorentz and
90 Coriolis forces participate to the restoring action. They have been assumed to be well
91 approximated as quasi-geostrophic (QG) motions, meaning that the projection of the
92 flow in the equatorial plane is invariant along Ω .

93 In the presence of a magnetic field, and for a fast enough global rotation, the frequency
94 spectrum of hydromagnetic MC waves splits into two branches (Malkus, 1967): waves
95 with periods longer than the Alfvén time are mainly magnetic, while waves with shorter
96 periods are predominantly kinetic and consist of inertial waves only weakly affected by
97 the magnetic field. This description also holds for QG motions, as put forward by Hide
98 (1966). For the parameters of the Earth’s core, and small wavenumbers, slow (resp. fast)
99 MC waves have periods of centuries to millenia (resp. days to months) (e.g. Finlay, 2008).
100 However, these waves are dispersive, and there exist slow QG MC waves with periods
101 comparable to that of Alfvén waves ($\sim 5 - 10$ years), as first described numerically by
102 Gerick et al. (2021). These are characterized by small length-scales in the cylindrical
103 radial direction and low azimuthal wave number. Their identification is easier around
104 the equator where small length-scales in the cylindrical direction correspond to medium
105 length-scales in the meridional direction. Therefore, contrary to what has long been
106 assumed, there are interannual QG MC waves detectable at the core surface (Gillet
107 et al., 2022b).

108 The above interpretation is supported by numerical dynamo simulations run at pa-
109 rameters approaching Earth’s conditions. Torsional waves have been detected in early
110 dynamo simulations (Wicht and Christensen, 2010; Teed et al., 2014). They become
111 ubiquitous as the simulation parameters take values closer to their geophysical estimates
112 (Schaeffer et al., 2017; Aubert, 2018). However, it is only in simulations where the inertial,
113 magnetic and convective time-scales are well separated that non-zonal QG hydromag-
114 netic waves have been detected. This requires lowering the relative importance of viscous
115 forces with respect to Coriolis forces, at the expense of a high numerical cost. In these

116 numerical geodynamos, geomagnetic jerks (i.e. events of enhanced magnetic acceleration)
117 were first interpreted as the result of QG Alfvén waves, for which Earth’s rotation dic-
118 tates the geometry of the flow but plays no role in the restoring force (Aubert and Finlay,
119 2019). These transient responses, where inertia balances the magnetic force, tend to be
120 regularly excited as the input parameters of the simulations are pushed further towards
121 their geophysical estimates (Aubert and Gillet, 2021). They constitute the response of
122 the fluid to disruptions to the long time-scale balance where at first order the pressure
123 gradient equilibrates the Coriolis forces (quasi-geostrophy), followed by a balance be-
124 tween Magnetic, Archimedes and ageostrophic Coriolis forces (so called QG-MAC, see
125 Schwaiger et al., 2019; Aubert, 2020). However, once scaled to geophysical units, QG
126 Alfvén waves tend to present too short length-scales, at the limit of detection. Gillet et al.
127 (2022b) discriminated QG Alfvén waves and QG MC waves from a discussion of their
128 dispersion relation. Aubert et al. (2022) have since observed in their simulations that
129 QG Alfvén waves triggered deep in the core (for instance by convective plumes) morph
130 into QG MC waves while propagating outward. They also document shallower events,
131 generated by plumes reaching intense magnetic field areas near the core surface. These
132 provoke transient departure from the QG-MAC balance: a rapidly varying Lorentz force
133 yields changes in the magnetic field configuration and emission of QG hydro-magnetic
134 waves in a region where there are gradients in \mathbf{B} to ensure matching of the magnetic
135 field with a potential field. According to this scenario, geomagnetic jerks observed at
136 the Earth’s surface are concomitant with the propagation of waves similar to either QG
137 Alfvén or QG MC waves according to their location in the core interior. The events that
138 are labelled as jerks in geophysical records are mostly related to QG MC waves, because
139 of their relatively longer length and/or time-scales.

140 Numerical dynamos have long been used as a testing ground for core flow imaging
141 methods. First attempts have dealt with instantaneous estimates of the secular variation
142 and of the flow (Rau et al., 2000; Amit et al., 2007; Fournier et al., 2011; Aubert, 2013).
143 These works have paved the way for time-dependent core surface flow imaging tools that
144 rely on prior information (mean and covariances) built from dynamo simulations (Barrois
145 et al., 2017; Gillet et al., 2019; Sanchez et al., 2019). Here, we use a numerical dynamo
146 to investigate the detectability of hydromagnetic waves instead of instantaneous flows as

147 before. For this purpose, we design a synthetic set-up from a free geodynamo run, namely
 148 the ‘71p’ dynamo (Aubert and Gillet, 2021), in which the outer core and the mantle are
 149 coupled directly via an electromagnetic torque due to a conducting layer at the base of
 150 the mantle, and indirectly via a gravitational torque between the inner core and density
 151 anomalies in the mantle. Our investigation is kept as close as possible to the geophysical
 152 configuration, in order to assess from which epoch geomagnetic data are accurate enough
 153 to detect waves in the core. Therefore, in order to reflect the time variable accuracy of
 154 geomagnetic measurements, we generate synthetic magnetic records from the dynamo
 155 simulation with the same sites and time distribution as the data set used to build the
 156 COV-OBS-x2 model (Huder et al., 2020). Then, we test the core surface flow imaging
 157 tool `pygeodyn` (Huder et al., 2019) with magnetic field models built from this synthetic
 158 data set. Focusing on time changes of the surface flow led us to consider also time series
 159 of the torques responsible for changes in the mantle angular momentum (and thus of the
 160 LOD).

161 This paper is organized as follows. In Section 2 we first describe how we design the
 162 synthetic setup (from the dynamo synthetic data to the core flow inversion). Section 3
 163 shows how well we recover both zonal and non-zonal interannual and decadal flows.
 164 Protocols used to estimate the core angular momentum changes and the core-mantle
 165 electromagnetic torque are evaluated in Sections 4 and 5. Finally, Section 6 focuses on
 166 the geophysical implications of our study.

167 2. Data and Method

168 2.1. Dynamo data from numerical simulations

169 For numerical geodynamo simulations to realistically reflect the richness of the dy-
 170 namics expected in the Earth’s outer core, it is required that several ratios between
 171 characteristic time-scales are of the correct order of magnitude. The most relevant time-
 172 scales are

- 173 • the inverse of the planetary rotation rate $\tau_\Omega = 1/\Omega$, with $\Omega \simeq 7.3 \times 10^{-5} \text{ s}^{-1}$,
- 174 • the Alfvén time $\tau_A = d/U_A \approx 2 \text{ yr}$, with $d = 2265 \text{ km}$ the radial distance between
 175 the inner and outer core boundaries of radii $r_i = 1220 \text{ km}$ and $c = 3485 \text{ km}$

176 and $U_A = B/\sqrt{\rho\mu} \sim 1000$ km/yr the Alfvén speed, using $B \sim 4$ mT the typical
 177 magnetic field intensity inside the core (Gillet et al., 2010), $\rho \simeq 10^4$ kg/m³ the
 178 outer core density and $\mu = 4\pi \times 10^{-7}$ H/m its magnetic permeability,

- 179 • the convective overturn time $\tau_U = d/U \approx 150$ yr, with $U \sim 15$ km/yr a character-
 180 istic amplitude for the large scale fluid velocity (e.g., Finlay et al., 2010),
- 181 • the magnetic diffusion time $\tau_\eta = d^2/\eta \approx 150$ kyr, with $\eta \sim 1$ m²/s the magnetic
 182 diffusivity of the liquid iron core (e.g., Pozzo et al., 2012),
- 183 • the viscous diffusion time $\tau_\nu = d^2/\nu \approx 150$ Gyr, with $\nu \sim 10^{-6}$ m²/s the kinematic
 184 viscosity (de Wijs et al., 1998). From this time, we derive the Ekman spin up
 185 time (Greenspan, 1968), $\tau_{Ek} = (\tau_\nu/\Omega)^{1/2} \approx 10^4$ years, characteristic of the fluid
 186 response driven by Ekman suction to any differential angular velocity between the
 187 fluid and the solid boundaries. It measures the importance of the viscous torque
 188 at the core surface.

189 In the Earth’s core, the above time-scales rank as follows (e.g., Gillet et al., 2022a):

$$\tau_\Omega \ll \tau_A \ll \tau_U \ll \tau_{Ek} \ll \tau_\eta \ll \tau_\nu. \quad (1)$$

190 The dynamical regime of the outer core can be characterized in terms of ratios between
 191 these time-scales. The most commonly considered ones are the Ekman number $E =$
 192 $\tau_\Omega/\tau_\nu = \nu/\Omega d^2 \sim 10^{-15}$, the magnetic Reynolds number $R_m = \tau_\eta/\tau_U = Ud/\eta \sim 10^3$
 193 (diffusion is slower than advection on large length-scales), and the magnetic Prandtl
 194 number $P_m = \tau_\eta/\tau_\nu = \nu/\eta \sim 10^{-6}$ (momentum diffuses much less rapidly than magnetic
 195 perturbations). Of particular interest for understanding the rapid dynamics is also the
 196 Alfvén number $Al = \tau_A/\tau_U = U/U_A \sim 10^{-2}$ (Alfvén waves travel much faster than the
 197 fluid velocity).

198 For simulations of the Earth’s dynamo, the correct relationship between the magnetic
 199 diffusion time and the convective overturn time (Christensen et al., 2010), which defines
 200 the magnetic Reynolds number R_m , is of central importance. While Earth-like values
 201 of R_m can be readily achieved, separating τ_U and τ_A by two orders of magnitude has
 202 proven difficult in the direct numerical simulations due to computational limitations (e.g.,
 203 Schaeffer et al., 2017). We rely here on the computation by Aubert and Gillet (2021). It

204 belongs to the family of ‘path dynamos’, which sets a trajectory in the parameter space
 205 (E, P_m) as a function of a single parameter ϵ . In this framework the distinguished limit
 206 $\epsilon \rightarrow 0$ would correspond to geophysical dynamos (Dormy, 2016). Along the path, the
 207 thermochemical forcing is increased as $\epsilon \rightarrow 0$, while the magnetic field morphology is
 208 preserved. A wide range of spatial and temporal scales have to be resolved numerically
 209 because E and P_m are lowered simultaneously. The simulation by Aubert and Gillet
 210 (2021) (so-called *71p* model) involves hyperdiffusion for the small length-scales (spherical
 211 harmonic degrees $n > 30$) of the fluid flow and co-density fields (Aubert et al., 2017).

212 Path dynamos are run with stress-free boundary conditions. In this configuration,
 213 τ_{Ek} is meaningless since there is no viscous torque on either of the two boundaries. In the
 214 *71p* simulation considered here, the temporal evolution of the core angular momentum
 215 is then entirely determined by

- 216 (i) the gravitational torque between the inner core and the mantle (in a scenario where
 217 mass anomalies in the mantle induce a non-spherical geopotential and consequently
 218 deformations of the inner core), and
- 219 (ii) the electro-magnetic torque acting on the conducting mantle (Pichon et al., 2016;
 220 Aubert et al., 2022).

221 Motions in the Earth’s outer core are coupled to the inner core rotation. The gravitational
 222 torque in the path dynamos is considered in the limit where the viscous relaxation time
 223 τ_G of the inner core is short compared to the investigated time-scales. Therefore, any
 224 misalignment between the shape of the inner core and the gravity equipotential at $r =$
 225 r_i is accommodated by viscous deformations on these time-scales. This comes down
 226 to neglecting inertia in the equation for the inner core angular momentum, excluding
 227 scenarii involving a possible resonant response of the inner core that may force geostrophic
 228 motions in the fluid core around a given period (e.g., Mound and Buffett, 2003, 2005).
 229 From the parameters of the simulation, the viscous relaxation time is $\tau_G \approx \tau_A/8$ (Aubert
 230 et al., 2022). Considering surface flows with time-scales $\tau \gg \tau_A/8$, we are consistent
 231 with the assumption of short viscous relaxation time used in the dynamo model. The
 232 τ_G value, inherited from the path dynamos (Aubert et al., 2013, 2017), has been set to
 233 favor a persistent westward drift of the core surface with respect to the mantle rather

234 than a long-term super-rotation of the inner core (see Pichon et al., 2016, Fig. 3).

235 The EM torque in the path dynamos is considered in the thin layer approximation,
 236 with the thickness Δ of the electrically conducting layer at the base of the mantle such
 237 that $\Delta \ll (\tau/\sigma_m\mu)^{1/2}$, in order to ensure continuity of the radial magnetic field across
 238 that layer. Here τ is the shortest investigated time-scale of the flow and σ_m is the
 239 electrical conductivity of the mantle. The conducting layer in the simulation has a
 240 conductance $G = \Delta\sigma_m = 10^{-4}d\sigma_c$, with $\sigma_c = 1/(\mu\eta)$ the electrical conductivity of the
 241 fluid outer core. The conductance in the dynamo simulation is in line with estimates ($G \sim$
 242 10^8 S) from studies of the EM torque (Holme, 1998) and of torsional waves (Schaeffer
 243 and Jault, 2016).

244 In the following we use the shell thickness d as length unit and the Alfvén time τ_A
 245 as time unit. As a result, velocities are scaled based on the Alfvén speed $U_A = d/\tau_A$.
 246 We consider the spherical coordinate system (r, θ, ϕ) with unit vectors $(\mathbf{1}_r, \mathbf{1}_\theta, \mathbf{1}_\phi)$ in
 247 the radial, ortho-radial and azimuthal directions. We rely on time series of the Gauss
 248 coefficients (g_n^m, h_n^m) for the magnetic field at the core surface, described through the
 249 magnetic potential

$$V(r \geq c, \theta, \phi) = a \sum_n \left(\frac{a}{r}\right)^{n+1} \sum_m (g_n^m \cos m\phi + h_n^m \sin m\phi) P_n^m(\cos \theta), \quad (2)$$

250 with P_n^m the Schmidt semi-normalized Legendre polynomials and $a = 6371$ km the
 251 Earth’s reference radius. We also consider time-series of the spherical harmonic coeffi-
 252 cients $({}^c s_n^m, {}^s s_n^m)$ for the horizontal flow at the top of the core. The latter are described
 253 via the toroidal (T) and poloidal (S) scalars as defined by Holme (2015):

$$\mathbf{u}_h = \nabla \times (Tr\mathbf{1}_r) + \nabla_h (rS). \quad (3)$$

254 T and S are decomposed in spherical harmonics as

$$\begin{cases} S(\theta, \phi) = \sum_n \sum_m ({}^c s_n^m \cos m\phi + {}^s s_n^m \sin m\phi) P_n^m(\cos \theta) \\ T(\theta, \phi) = \sum_n \sum_m ({}^c t_n^m \cos m\phi + {}^s t_n^m \sin m\phi) P_n^m(\cos \theta) \end{cases}. \quad (4)$$

255 Data for the dynamo model used as reference (from which synthetic data are gener-
 256 ated, see Section 2.2) are provided by the *71p* numerical geodynamo simulation. It was
 257 run for parameters $(E, P_m) = (3 \times 10^{-10}, 7.9 \times 10^{-3})$, and yields $(R_m, Al) \approx (1100, 0.049)$.

258 The period considered here spans the time interval [8500, 9022], in time units of years (as
259 initially scaled by the authors) and covers one geomagnetic jerk, as described by Aubert
260 et al. (2022). The model data are freely available at <https://4d-earth-swarm.univ-grenoble-alpes.fr/data>.
261 Data considered to build the spatio-temporal prior used for the core-flow inversion (see
262 Section 2.3) are extracted from the *50p* simulation obtained with the parameters (E, P_m)
263 $= (10^{-8}, 4.5 \times 10^{-2})$ (Aubert et al., 2017). This calculation yields a similar value of R_m
264 as the *71p* simulation, because R_m is an invariant of the dynamo path. Data from the
265 *50p* simulation covers a time-span of 20 000 yrs.

266 *2.2. Synthetic geomagnetic field model*

267 We generate a synthetic data set from the time-series of Gauss coefficients. It has
268 the same spatio-temporal distribution as the data set used to build the COV-OBS-x2
269 models (Huder et al., 2020). On top of surveys and historical data, the bulk of the data
270 stems from observatory and satellite observations. It is worth noting that the quality and
271 quantity of observatory records improved significantly after 1960, with the advent of pro-
272 ton magnetometers and the efforts initiated during the International Geophysical Year
273 in 1958. We consider observatory data as annual differences of annual means prior to
274 1997, and then annual differences of 4-monthly means. Observatory data provide contin-
275 uous time series at fixed locations, with a coverage naturally biased towards continents.
276 Conversely, low Earth orbiting satellites provide an almost global spatial coverage, with
277 data along tracks. The temporal sampling of the core field by polar orbiting satellites is
278 limited by their slow coverage of all local times (of the order of several months to a year,
279 depending on the configuration). In the construction of the COV-OBS models, data from
280 the CHAMP (2000–2010) and Swarm (2013–2020) missions are considered through geo-
281 magnetic virtual observatories (as initiated by Mandea and Olsen, 2006). The 4-month
282 geomagnetic virtual observatories series consist of spatio-temporal regressions at fixed
283 points in space (see Hammer et al., 2021a,b). Prior to the past two decades, several
284 missions also brought valuable information: the POGO (1965–1970), DE-2 (1981–1982)
285 series and MAGSAT (1979) satellites.

286 The COV-OBS-x2 model describes the time evolution of the magnetic field Gauss
287 coefficients up to spherical harmonic degree 14, and covers 180 years from 1840 to 2020.
288 To build the synthetic data set, years are transformed into Alfvén units: the synthetic

289 model thus spans $90 \tau_A$. Gaussian random noise, scaled according to the error variances
290 of the geomagnetic datasets (see Gillet et al., 2013; Huder et al., 2020, and references
291 therein), is added to the synthetic data output of the simulation. An ensemble of models
292 is then inverted from these data with the same software as that used for the reconstruction
293 from geomagnetic observations.

294 The COV-OBS models result from a stochastic inversion, where the a priori infor-
295 mation added to reduce non-uniqueness issues is based on temporal cross-covariances
296 compatible with the occurrence of geomagnetic jerks. They are indeed constructed upon
297 correlation functions characteristic of second-order stochastic processes, for which the
298 first time-derivative is continuous but not differentiable, as are magnetic series sampled
299 every year or so (see Gillet et al., 2013). The a priori variances of the Gauss coefficients,
300 independent of the order m (except for the axial dipole), are deduced from spatial mag-
301 netic spectra obtained over the satellite era. The model is composed of an ensemble
302 mean, together with an a posteriori covariance matrix, which is used to estimate the
303 uncertainty level on the Gauss coefficients and on their SV. These constitute entries for
304 the sequential recovery of core flows with the `pygeodyn` data assimilation tool. The time
305 resolution of the COV-OBS model is defined by the projection onto spline functions of
306 order 4, with knots every 2 yrs (or $1 \tau_A$). This choice results from a compromise dictated
307 by the use of data with highly variable accuracies. It implies a cut-off period on time-
308 scales $\lesssim 4 \text{ yr} = 2 \tau_A$ (see Fig. 5a in Pick et al., 2019). A similar temporal projection has
309 been applied when building the model from synthetic data, with knots every $1 \tau_A$.

310 *2.3. Inverting for the simulated core surface flow*

311 For the inversion of core surface motions, we rely on the `pygeodyn` software (Huder
312 et al., 2019). It is based on an Ensemble Kalman filter (Evensen, 2003), a data assimila-
313 tion algorithm composed of a succession of forecast (time integration of a forward model)
314 and analysis (regression of the observations) steps. We consider here the trajectory of
315 an ensemble of $N_e = 400$ realizations.

316 The evolution of the large scale radial field at the core surface is forecasted using
317 the radial induction equation, once projected onto large length-scales (here denoted by

318 overlines):

$$\partial_t \overline{B}_r = -\overline{\nabla_h \cdot (\overline{\mathbf{u}}_h \overline{B}_r)} + e_r. \quad (5)$$

319 We thus also consider evolution equations for the large scale horizontal flow $\overline{\mathbf{u}}_h$ at the
 320 core surface, as well as for the errors of representativeness e_r . These latter account for
 321 magnetic diffusion at the top of the core, and more importantly for the projection onto
 322 large length-scales of the induction processes involving unmodeled small scale velocity and
 323 magnetic fields (Gillet et al., 2019). All fields are projected onto spherical harmonics, with
 324 truncation levels respectively $n_b = 13$ for \overline{B}_r and e_r and $n_u = 18$ for $\overline{\mathbf{u}}_h$. These three fields
 325 (radial field, flow, error term) constitute the ‘augmented’ model state. The evolution
 326 for $\overline{\mathbf{u}}_h$ and e_r is governed by multivariate stochastic equations, whose parameters are
 327 anchored to spatio-temporal statistics extracted from the *50p* dynamo simulation, as
 328 described in Gillet et al. (2019). In particular, in order to build the operators entering
 329 the stochastic models for $\overline{\mathbf{u}}_h$ and e_r , the dynamo is sampled every $\Delta t^* = 0.862\tau_A$. The
 330 integration of the forward model – stochastic equations as well as equation (5) – is
 331 operated with a forecast time-step $\Delta t^f = 0.129\tau_A$, while analyses are operated every
 332 $\Delta t^a = 2\Delta t^f$.

333 At each analysis step, we first perform a regression of the main field Gauss coefficient
 334 data (provided for $n \leq n_b$), to get a sample of N_e analyzed large scale fields \overline{B}_r . With this
 335 knowledge, an analysis of the SV Gauss coefficient data (for $n \leq n_b$) is then performed
 336 to invert for an ensemble of N_e realisations for $\overline{\mathbf{u}}_h$ and e_r . Gauss coefficients (main
 337 field and SV) data, together with their uncertainties, are provided by the synthetic field
 338 model as detailed in Section 2.2. At each analysis step, the Kalman gain matrix requires
 339 the computation of the forecast state cross-covariance matrix, first for the coefficients
 340 describing \overline{B}_r , then for those of $\overline{\mathbf{u}}_h$ and e_r together. It is built from the ensemble of
 341 N_e realizations of the forecast core state. This ensemble being of finite size, a crude
 342 estimate of these second order statistics will be noisy, which can lead for instance to
 343 ensemble collapse (i.e. unrealistic decrease of the ensemble spread). We thus follow
 344 Istas et al. (2023), and use the ‘Graphical Lasso’ method (e.g., Friedman et al., 2007),
 345 which mitigates the impact of noise, while keeping as much as possible the information
 346 contained in the empirical cross-covariances. This method involves a tuning parameter
 347 that controls the sparsity of the forecast covariance matrices. It is chosen in a manner

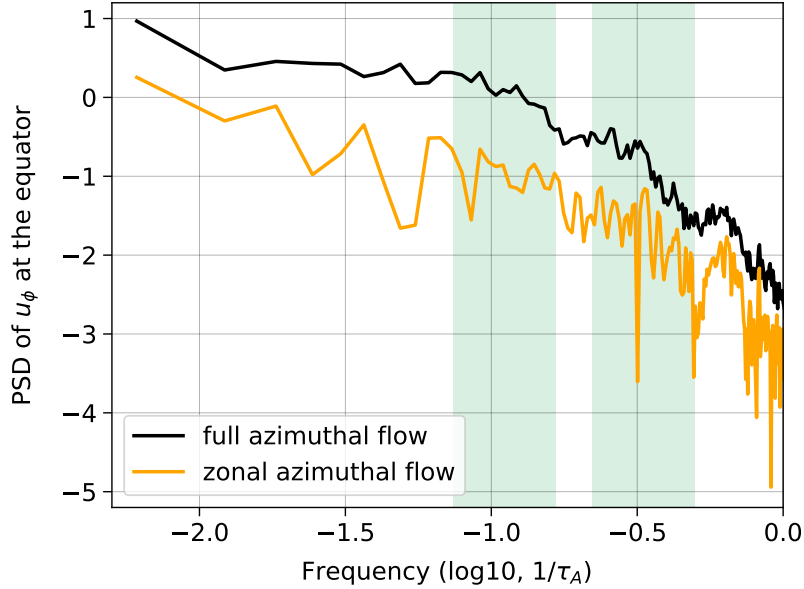


Figure 1: PSD for the azimuthal flow $u_\phi(\pi/2, \phi)$ at the core equator, for the total flow (black) and its zonal mean (orange). The PSD has been averaged over all longitudes. Frequency ranges considered for the analysis of band-pass solutions are also shown (green).

348 similar to that proposed by Istas et al., based on a likelihood criterion.

349 **3. Recovery of transient core surface motions**

350 *3.1. Statistical analysis to assess the quality of the recovery*

351 Analysis of core surface motions in the dynamo simulation investigated here has
 352 previously revealed enhanced energy in a variety of frequency ranges, at periods longer
 353 than τ_A (see Fig. 9c in Gillet et al., 2022a), more intense in the equatorial belt. As the
 354 purpose of the present study is to evaluate our ability to properly recover transient core
 355 surface flows from magnetic records, we focus on two period bands where oscillations
 356 have been isolated: $[6 - 13.5] \tau_A$ and $[2 - 4.5] \tau_A$, centered on respectively $T_0 = 3$ and
 357 9 yr periods, with a bandwidth $\Delta T = 1.2T_0$ (see Fig. 1). We apply a band-pass filter to
 358 the flow in order to isolate rapid fluctuations, because the core surface motions present a
 359 red spectrum: the longer the period, the stronger the flow magnitude, as expected from

360 the SV spectrum (see for instance discussions in Gillet et al., 2015; Lesur et al., 2018;
 361 Aubert and Gillet, 2021). We use a causal Butterworth filter of order 2.

362 Let us introduce our diagnostics. The notation $x^\dagger = \frac{1}{N_e} \sum_{k=1}^{N_e} x_k$ stands for the average
 363 over the ensemble of realizations $\{x_k\}_{k \in [1, N_e]}$ for any inverted (or analyzed) quantity x^a .
 364 We also write $\tilde{x}(t)$ to represent a quantity $x(t)$ once band-pass filtered, while a quantity
 365 x from the reference dynamo fields is referred to as x^* . In the following, we focus on
 366 the azimuthal flow component u_ϕ , for which the signal is the strongest (see Gillet et al.,
 367 2022b). In order to assess the quality of the filtered flow recovery at a specific longitude
 368 ϕ_0 , we rely (on top of visual inspection) on two diagnostics: the correlation coefficient

$$c(t, \phi_0) = \frac{\left\langle \left\langle \tilde{u}_\phi^*(\theta, \phi_0, t) \tilde{u}_\phi^\dagger(\theta, \phi_0, t) \right\rangle_\theta \right\rangle_T}{\sqrt{\left\langle \left\langle \tilde{u}_\phi^*(\theta, \phi_0, t)^2 \right\rangle_\theta \right\rangle_T \left\langle \left\langle \tilde{u}_\phi^\dagger(\theta, \phi_0, t)^2 \right\rangle_\theta \right\rangle_T}}, \quad (6)$$

369 and the normalized misfit

$$m(t, \phi_0) = \frac{\left\langle \left\langle \left| \tilde{u}_\phi^*(\theta, \phi_0, t) - \tilde{u}_\phi^\dagger(\theta, \phi_0, t) \right| \right\rangle_\theta \right\rangle_T}{\left\langle \left\langle \left| \tilde{u}_\phi^*(\theta, \phi_0, t) \right| \right\rangle_\theta \right\rangle_T}, \quad (7)$$

370 where the sliding time average over $2T$ and the latitudinal average are respectively

$$\langle f(t) \rangle_T = \frac{1}{2T} \int_{t-T}^{t+T} f(t) dt \quad \text{and} \quad \langle f(\theta) \rangle_\theta = \frac{1}{2} \int_0^\pi f(\theta) \sin \theta d\theta. \quad (8)$$

371 We calculate the misfit and correlation coefficients using $T = 1.5 T_0$, i.e. averaging
 372 over a duration slightly longer than the upper cut-off period of the filter – reduc-
 373 ing this way short period oscillations in diagnostics series. When focusing on the az-
 374 imuthal (or zonal) average instead of a specific longitude, we consider the quantities
 375 $c_z(t)$ and $m_z(t)$, obtained with equations similar to (6–7), replacing $\tilde{u}_\phi(\theta, \phi_0, t)$ by
 376 $\tilde{u}_\phi^0(\theta, t) = \frac{1}{2\pi} \int_0^{2\pi} \tilde{u}_\phi(\theta, \phi, t) d\phi$.

377 We conduct tests to evaluate the relevance of these diagnostics and define signifi-
 378 cance thresholds. We consider 10 azimuthal velocity time series of the *71p* dynamo,
 379 starting every $100\tau_A$ (each $90\tau_A$ long, in order to avoid over-lapping), and band-pass
 380 filtered between 6 and $13.5 \tau_A$. We furthermore consider 10 such series from the reduced
 381 stochastic model embedded into the `pygeodyn` assimilation tool, and anchored to the
 382 dynamo spatio-temporal statistics (see Gillet et al., 2019). For each pair built from those

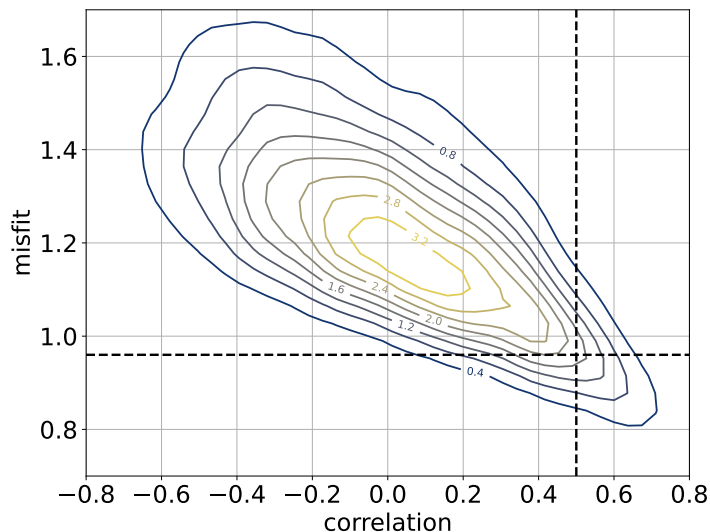


Figure 2: Probability distribution in the plane (c, m) , obtained from all possible combinations between 10 decorrelated samples of the $71p$ dynamo and 10 decorrelated samples of the reduced stochastic model (see text for details).

383 two sets, we calculate the misfit and correlation at 9 azimuths ϕ_0 regularly spanning
 384 $[0, 2\pi]$. The probability distribution in the plane (c, m) obtained from these samples is
 385 shown in Fig. 2. It turns out that the two diagnostics are tightly related, and that a low
 386 misfit is observed almost exclusively when the correlation is high. Misfits are in average
 387 higher than 1, because the diagnostics m involves the difference of two series, which
 388 amplitude is larger than that of each of the two series when they are decorrelated. A
 389 correlation $c > 0.5$ has been found in only $\approx 5\%$ of the occurrences. Sorting the samples
 390 by increasing misfits indicates that the ‘best’ 5% correspond to $m < 0.96$. Similar scores
 391 are observed when calculating the correlation and misfit between two decorrelated series
 392 from the dynamo. The scores are found to vary little with the period range considered
 393 for the band-pass filtering. They do not change much either when focusing on the zonal
 394 motions. The threshold of 5% for the criteria $c > 0.5$ and $m < 0.96$ is used in the
 395 following to assess the robustness of the transient flow inversion from synthetic magnetic
 396 data.

397 *3.2. Flow recovery on periods $T \in [6 - 13.5] \tau_A$*

398 We first analyze time-latitude diagrams for the flow band-pass filtered between 6 and
 399 $13.5 \tau_A$. We compare the filtered reference dynamo flow $\tilde{\mathbf{u}}_h^*$ to the ensemble average
 400 of the inverted filtered flow models $\tilde{\mathbf{u}}_h^\dagger$, for the two longitudes $\phi_0 = 90^\circ\text{E}$ and $\phi_0 =$
 401 10°W (respectively in Fig. 3 and 4). These two longitudes appear representative of the
 402 simulation.

403 The dynamo displays wave-like patterns that are modulated in time and propagate
 404 preferentially equatorward. The flow amplitude is of the order of $U \approx U_A/50$. The
 405 strongest patterns in Fig. 3 around epoch $65 \tau_A$ coincide with the jerk event #9, as docu-
 406 mented by Aubert et al. (2022). Similar to flows inverted from geomagnetic observations,
 407 the fluid motions are the strongest next to the equator, and predominantly equatorially
 408 symmetric outside the tangent cylinder. The amplitude of the velocity patterns and
 409 their time evolution vary with longitude. A clear equatorward propagation is observed.
 410 Velocity fluctuations cross the core in a time of the order $15 \tau_A$, i.e. they travel at a speed
 411 $C \approx U_A/15$ significantly larger than the typical velocity amplitude U .

412 After the epoch representative of the geophysical year ($t \gtrsim 60\tau_A$), the condition
 413 $c > 0.5$ and $m < 0.96$ is satisfied over most of the considered time-span, a much larger
 414 fraction than the 5% threshold from statistical tests. This renders unlikely a chance
 415 recovery of these transient core motions when a good enough network of observatories
 416 is available. This condition even slightly extends to $\approx 55\tau_A$ and $40\tau_A$ at respectively
 417 $\phi_0 = 90^\circ\text{E}$ and 10°W (see Fig. 3 and 4). Meanwhile, even during the satellite era, which
 418 spans approximately $[80, 90]\tau_A$, the conditions $c > 0.5$ and $m < 0.96$ are not always
 419 satisfied, depending on the longitude. Then, failure of a trustful recovery most often
 420 occur where and when the flow magnitude is weak.

421 Indeed motions are best recovered at epochs where the reference flow is the strongest,
 422 as seen in at 90°E over the period $[55 - 75] \tau_A$ (Fig. 3). At this longitude, the correlation
 423 at these epochs is up to ≈ 0.8 , and the misfit down to about 0.75. The best diagnostics
 424 are not found during the era of nearly continuous satellite coverage. Meanwhile, at 10°W
 425 (Fig. 4), the correlation is clearly better starting from $t \simeq 55 \tau_A$ (for which $c \gtrsim 0.7$), an
 426 era when the signal is significant even though less intense than at earlier stages. This
 427 signals the positive impact of an enhanced data constraint.

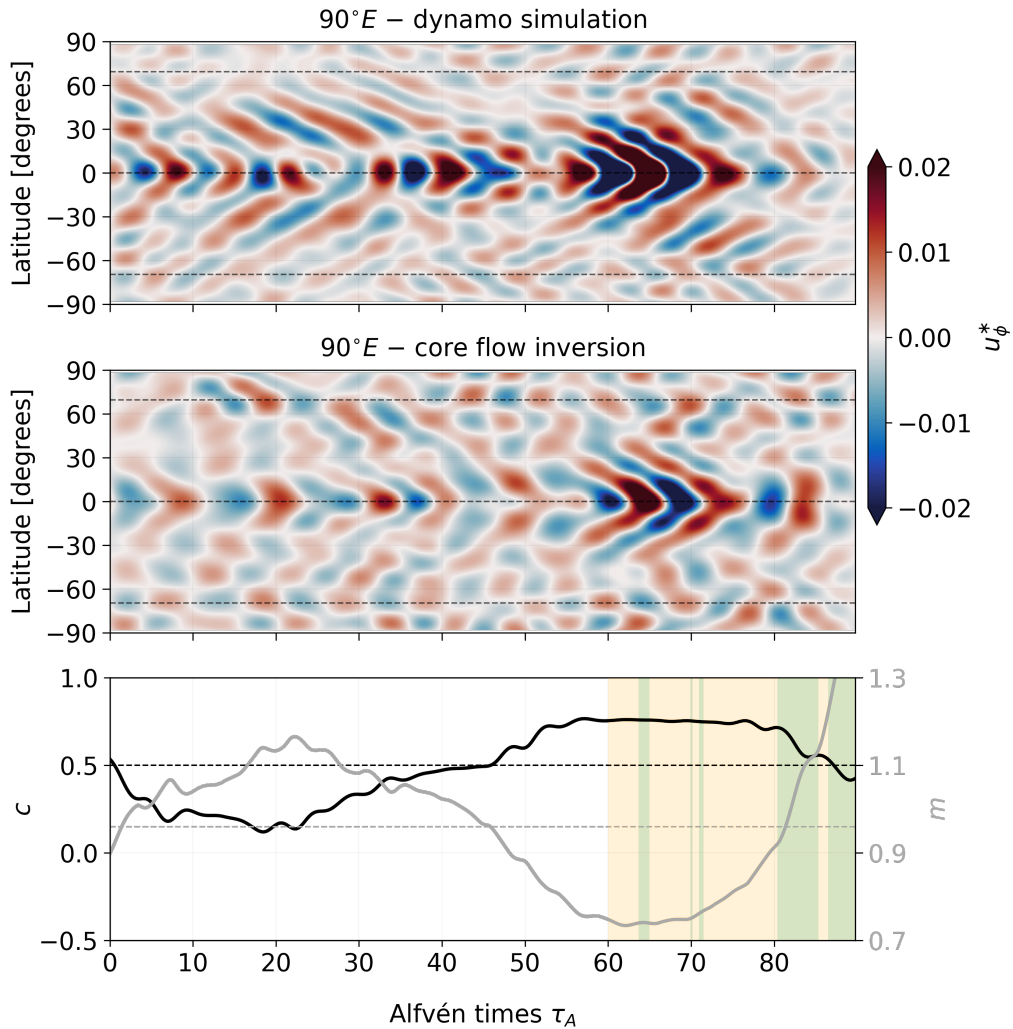


Figure 3: Time-latitude diagrams for the azimuthal flow band-pass filtered between 7 and 13 τ_A , at longitude $\phi_0 = 90^\circ\text{E}$: reference dynamo flow (top) and ensemble average of the inverted flow models (middle). See text for details. The horizontal dashed lines (top and middle panels) correspond to the locations of the equator, and of the intersection between the tangent cylinder and the core surface. Bottom: correlation coefficient c (black) and misfit m (grey) – see Eq. (6) and (7). The dotted lines at $c = 0.5$ (black) and $m = 0.96$ (grey) correspond to the 5% of positive recovery threshold from the statistical test (see Section 3.1 for details). Shaded areas correspond to the times when satellite measurements are available (green) and to the era with the most numerous ground stations and the highest accuracy magnetometers (orange).

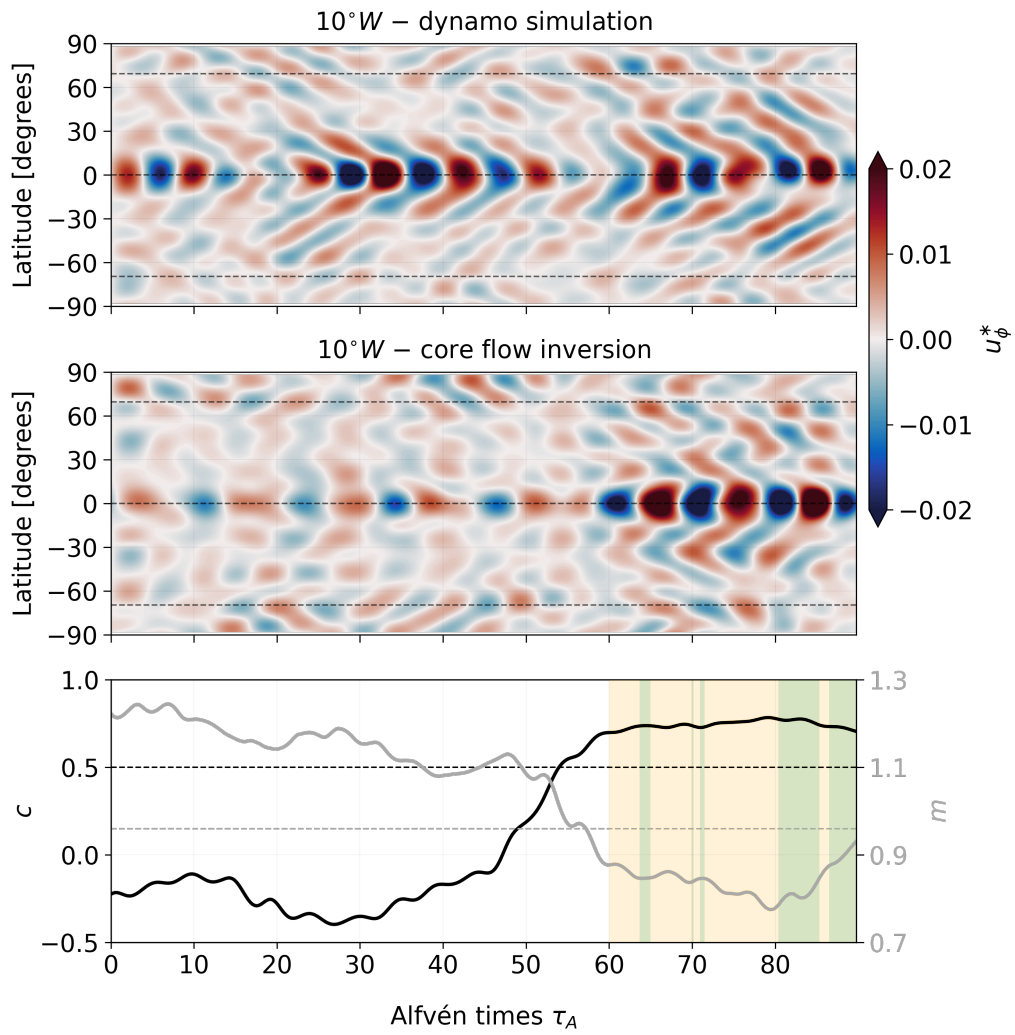


Figure 4: Same as Fig. 3, for longitude $\phi_0 = 10^\circ W$.

428 Note that depending on the considered epoch and longitude, the outward propagation
 429 can be only partially rendered in the inverted flow, implying a wave speed sometimes
 430 under- or over-estimated from the inverted flow model. Nevertheless, flow patterns are
 431 overall convincingly recovered from the advent of modern measurements. The examples
 432 provided here illustrate how well we recover decadal wave-like patterns at the top of the
 433 core from geomagnetic field models: imperfectly, but still significant information can be
 434 extracted. It also gives a hint of the variety of behaviors that can be envisioned from the
 435 Earth’s core dynamics over a duration of the order of one century.

436 3.3. Flow recovery on periods $T \in [2 - 4.5] \tau_A$

437 We now turn to the analysis of transient motions over shorter time-scales, by com-
 438 paring the reference and inverted azimuthal flows band-pass filtered at periods within
 439 $[2 - 4.5] \tau_A$. In Fig. 5, we compare the filtered reference dynamo flow \tilde{u}_ϕ^* to the ensemble
 440 average of the inverted filtered flow models \tilde{u}_ϕ^\dagger , for longitude $\phi_0 = 140^\circ\text{E}$, while in Fig. 6
 441 we focus on the retrieval of zonal motions.

442 The magnitude of the strongest non-zonal motions is of the order of $U \sim U_A/50$,
 443 similar to what we saw above in the lower frequency band. However, the strongest flow
 444 patterns appear here more confined to the equator, thus corresponding to a lower overall
 445 kinetic energy as expected from the SV temporal spectrum decreasing with frequency
 446 (see Fig. 1). The azimuthal flow patterns in this higher frequency range appear strongly
 447 modulated over timescales of the order of $10 \tau_A$. They present obvious equatorward
 448 propagation, at a speed $C \approx U_A/10$ faster than the flow patterns investigated at periods
 449 $6 - 13.5 \tau_A$. The propagation is particularly clear after $65 \tau_A$, the epoch of the strong
 450 jerk #9 in the simulation (Aubert et al., 2022). Still, wave-like motions in the range
 451 $2 - 4.5 \tau_A$ appear continuously excited.

452 The fraction of investigated time-span where the criteria $c > 0.5$ and $m < 0.96$ are
 453 satisfied amounts to about 30% of the era following the geophysical year better covered by
 454 ground-based stations ($t \gtrsim 60 \tau_A$). It is thus significantly larger than the fraction (of the
 455 order of 5%) found from statistical tests although the corresponding fraction for longer
 456 time-scales is almost 100%. This indicates a better recovery towards lower frequencies.

457 The time-span when motions are recovered in the representative example of Fig.5
 458 coincides with the strong transient motions and associated SV signal of jerk #9 in the

459 *71p* simulation. As it was also the case over longer periods, the quality of the core surface
460 flow recovery is best when the azimuthal flow in the simulation is the strongest (see the
461 higher correlation rate and the lower misfit for the time interval $58\tau_A \lesssim t \lesssim 72\tau_A$). The
462 misfit values remain rather high ($m > 0.8$) because the magnitude is underestimated
463 even when the phase is well captured (as witnessed when $c(t) \approx 0.7$). At epochs with
464 rather poor coverage, when the flow is intense enough, part of the simulation flow may
465 be recovered (see for instance the time interval $30 - 40\tau_A$, with c approaching 0.5 and
466 m marginally above 0.96).

467 Let us now discuss the zonal motions (see Fig. 6). The first property to notice is
468 their much weaker magnitude. This feature of dynamo flows, already documented by
469 Aubert (2018) and Aubert and Gillet (2021), is also found in the analysis of flow models
470 inverted from geomagnetic data (e.g., Gillet et al., 2015; Kloss and Finlay, 2019). Despite
471 its weaker magnitude, it appears that the zonal flow can be more accurately recovered
472 than the non-axisymmetric flow. Over the whole era after the geophysical year, c_z is
473 continuously above 0.5 (around about 0.7) and m_z is below 0.96 (down to about 0.8),
474 meaning that the recovery of zonal motions does not occur by chance, despite their weak
475 amplitude and the short period considered. This is likely due to the simpler geometry
476 of the zonal motions, which requires a lesser data constraint to be recovered. Even at
477 earlier epochs ($t \in [25 - 37]\tau_A$, or around $45\tau_A$) the correlation coefficient is relatively
478 high and some phases are correctly recovered, while the amplitude is under-estimated.

479 **4. Core angular momentum changes predicted from core surface flows**

480 *4.1. Core angular momentum changes*

481 By conservation of angular momentum of the whole Earth's system, time variations in
482 the core axial angular momentum $L_z(t)$ produce opposite changes in the mantle angular
483 momentum, and thus fluctuations $\Omega(t)$ in the Earth's rotation rate, i.e. in the LOD $2\pi/\Omega$.
484 Taking the core density as uniform and neglecting the density jump at the inner core
485 boundary, we obtain

$$\begin{aligned}
 L_z(t) &= \mathbf{1}_z \cdot \int_{\mathcal{V}} \rho r \mathbf{1}_r \times (\mathbf{u} + r\Omega(t)\mathbf{1}_z \times \mathbf{1}_r) d\mathcal{V} \\
 &= I_c \Omega(t) + 2\pi\rho \int_0^c \int_0^\pi r^3 u_\phi^0(r, \theta, t) \sin^2 \theta dr d\theta.
 \end{aligned}
 \tag{9}$$

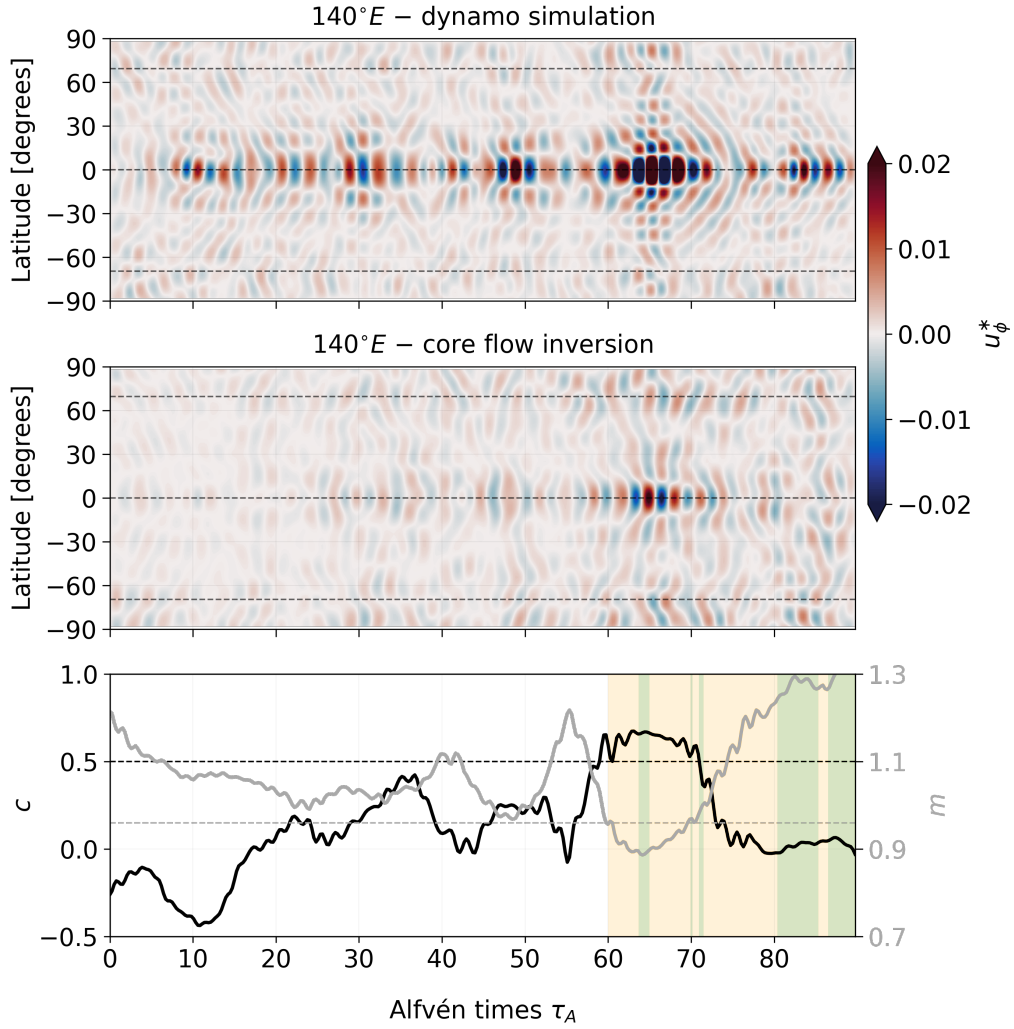


Figure 5: Time-latitude diagrams for the azimuthal flow band-pass filtered between 2 and 4.5 τ_A , at longitude $\phi_0 = 140^\circ\text{E}$: reference dynamo flow (top) and ensemble average of the inverted flow models (middle). Bottom: correlation coefficient ($c(t)$, black) and misfit ($m(t)$, in grey). The dotted lines at $c = 0.5$ (black) and $m = 0.96$ (grey) correspond to the 5% of positive recovery threshold from the statistical test (see Section 3.1 for details). Shaded areas correspond to the times when satellite measurements are available (green) and to the era with the most numerous ground stations and the highest accuracy magnetometers (orange).

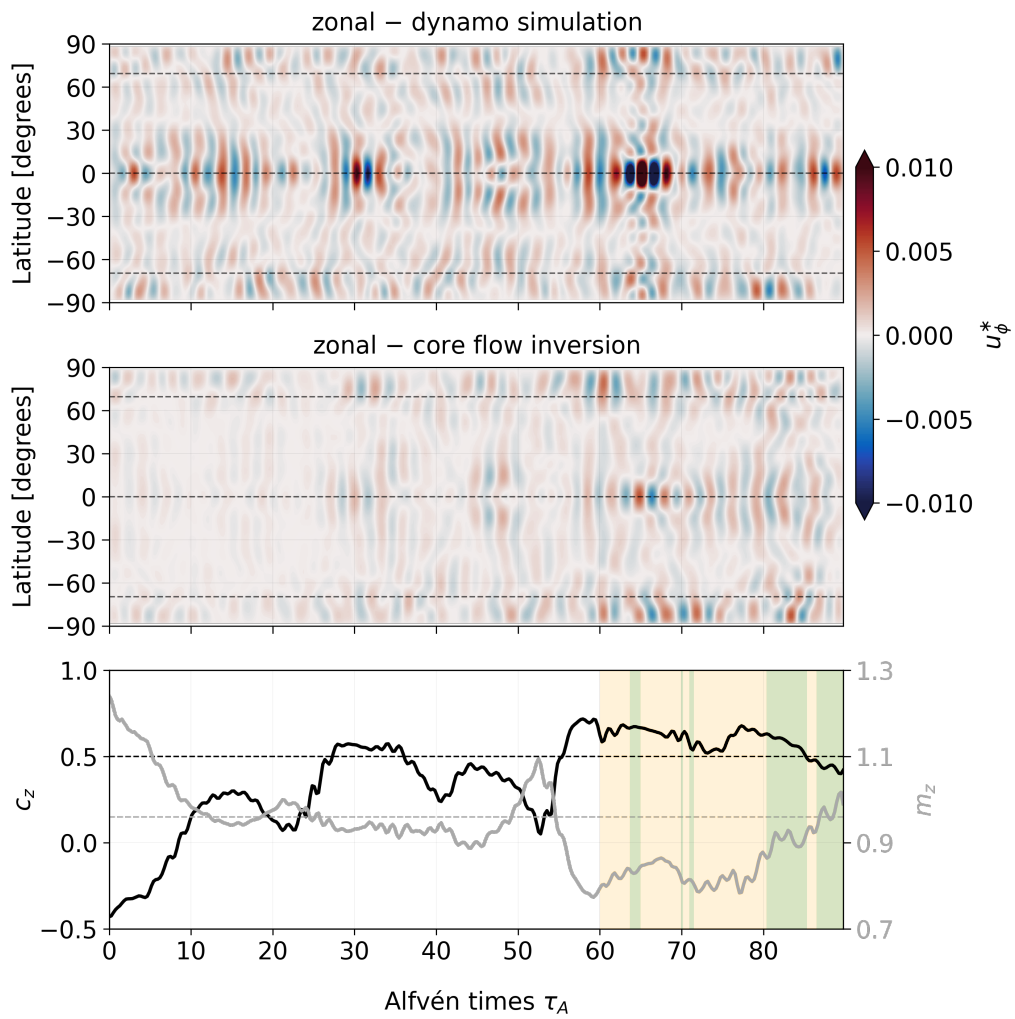


Figure 6: Same as Fig. 5, for the mean zonal flow.

486 The unit vectors in the cylindrical radial coordinate system are denoted $(\mathbf{1}_s, \mathbf{1}_\phi, \mathbf{1}_z)$, \mathcal{V}
 487 is the Earth's core volume, $I_c = \frac{8\pi}{15}\rho c^5$ is the moment of inertia of the core and

$$u_\phi^0(r, \theta, t) = \frac{1}{2\pi} \int_0^{2\pi} u_\phi(r, \theta, \phi, t) d\phi \quad (10)$$

488 is the zonal (axisymmetric) average of the azimuthal flow. Non-zonal motions do not
 489 contribute to the core angular momentum. The calculation of L_z requires the knowl-
 490 edge of the zonal velocity field throughout the entire outer core. However, under the
 491 assumption that the Coriolis force dominates the momentum balance, in a geostrophic
 492 equilibrium with the pressure gradient, zonal motions are invariant along the rotation
 493 axis ($\partial u_\phi^0 / \partial z = 0$) and only depend on a single spatial variable, the cylindrical radius
 494 ($u_\phi^0 = u_\phi^0(s)$). Taking advantage of this, Jault et al. (1988) proposed to calculate the
 495 accelerations of geostrophic cylinders from the zonal toroidal part of time-dependent in-
 496 verted core surface flows – represented by flow coefficients ${}^c t_n^0$ in Eq. (4). Assuming that
 497 I_c is constant, and that u_ϕ^0 is well represented by core surface motions (i.e. coefficients
 498 ${}^c t_n^0$), the rate of change of the axial angular momentum \hat{L}_z for an incompressible fluid is
 499 provided by

$$\frac{d\hat{L}_z}{dt} = I_c \frac{d\Omega}{dt} + \frac{I_c}{c} \frac{d}{dt} \left({}^c t_1^0 + \frac{12}{7} {}^c t_3^0 \right). \quad (11)$$

500 Conservation of angular momentum for motions restricted to geostrophic flows can there-
 501 fore be transformed into changes in the LOD (Jackson et al., 1993; Jault and Finlay,
 502 2015), as

$$\delta\hat{T}(t) = \frac{T^2}{2\pi c} \frac{I_c}{I_m + I_c} \delta \left({}^c t_1^0 + \frac{12}{7} {}^c t_3^0 \right) = K \delta \left({}^c t_1^0 + \frac{12}{7} {}^c t_3^0 \right), \quad (12)$$

503 with $T = 86\,400$ s the day length and I_m the moment of inertia of the mantle. In the
 504 considered numerical simulation, $I_m = 7.69 I_c$, so that for flow coefficients ${}^c t_n^0$ in km/y
 505 and δT in ms, one has $K \simeq 1.24$ ms.yr/km.

506 4.2. LOD from (inverted) core surface flows

507 We first test the validity of the geostrophic assumption by calculating the perturbation
 508 to the angular momentum (in LOD units), inferred from core surface motions directly
 509 extracted from the dynamo simulation. This gives a very good prediction of the LOD in

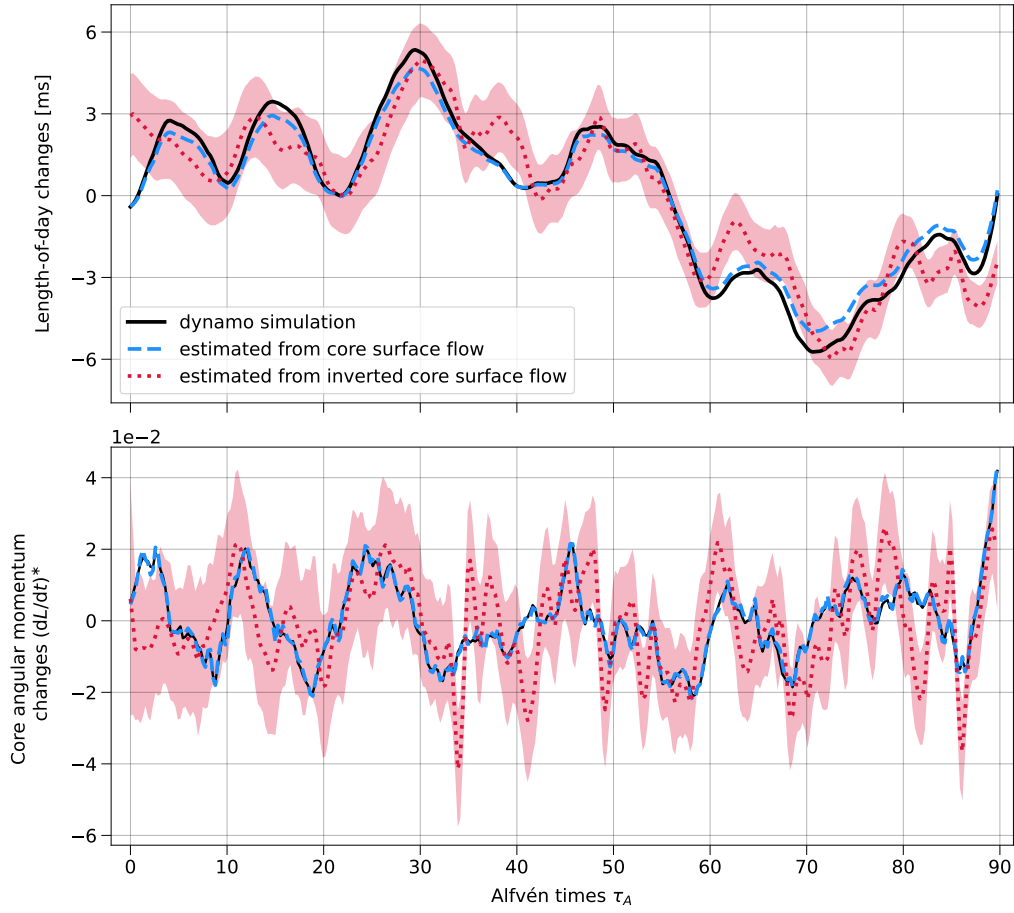


Figure 7: Time changes of the torque (bottom, sum of the gravitational and EM torques) and associated LOD changes (top) for the dynamo simulation (black), superimposed with the same quantities estimated under the geostrophic approximation (Eq. 11-12, blue). Estimates from inverted core flow: the ensemble average (red, dotted curve), and the $\pm\sigma$ spread within the ensemble (red, shaded area).

510 the simulation, leaving little room for a deviation between geostrophic flows and zonal
511 flows at the core surface (Fig. 7, top). The remaining discrepancy between the actual core
512 angular momentum and its estimate from surface flows appears in phase with the time
513 varying angular momentum, and amounts to about 10% of the total LOD changes. Fig. 7
514 (bottom) shows a similar agreement, but for the torque (time derivative of the angular
515 momentum) estimated from the zonal core surface motions – see Eq. (11). Considering
516 the torque ($\propto dLOD/dt$) comes down to considering changes in the zonal motions.

517 Finally, we add a comparison with the LOD and torque calculated from the surface
518 flows estimated using SV synthetic data. The LOD is rather well explained by motions
519 deduced from geomagnetic field data, with some spurious changes though. This high-
520 frequency noise features prominently in time series of the total torque obtained as the
521 time derivative of the angular momentum estimated from inverted core surface motions
522 (Fig. 7, bottom).

523 5. Torques acting on the mantle

524 5.1. Calculating the electromagnetic torque

525 The EM torque acting on the mantle can be estimated from geomagnetic field models
526 and core surface flows. It results from the temporal variations of the magnetic field that
527 emanates from the core surface and the relative motions between the core and mantle
528 (Rochester, 1960, 1962; Roberts, 1972; Stix and Roberts, 1984). Its axial component is
529 given by

$$\Gamma_{EM} = \mathbf{1}_z \cdot \int_{\mathcal{V}} \mathbf{r} \times (\mathbf{j} \times \mathbf{B}) d\mathcal{V}, \quad (13)$$

530 with \mathcal{V} the volume of the outer core. It can be reduced to a surface integral at the CMB,

$$\Gamma_{EM} = -\frac{c}{\mu} \int_{\mathcal{S}} B_r B_\phi \sin \theta d\mathcal{S}, \quad (14)$$

531 with \mathcal{S} the surface of the outer core.

532 To estimate Γ_{EM} , we follow the derivations by Roberts (1972), Stix and Roberts
533 (1984) and Jault and Le Mouél (1991). The induction equation in the mantle is solved
534 using a perturbation approach. At leading order, the mantle is assumed to be electrically
535 insulating and the electrical currents vanish, $\mathbf{j}_0 = 0$. The zeroth-order magnetic field

536 $\mathbf{B}_0 = -\nabla V_0$ can thus be obtained by extrapolating the magnetic field from the Earth's
 537 surface down to the CMB.

538 At the next order the Faraday and Ohm laws give

$$\forall r \in [c, a], \quad \nabla \times \frac{\mathbf{j}_1}{\sigma_m} = -\frac{\mathbf{B}_0}{\partial t} \quad (15)$$

539 together with a boundary condition (continuity of the tangential components of the
 540 electrical field)

$$\frac{\mathbf{1}_r \times \mathbf{j}_1}{\sigma_m} = -\mathbf{u}B_{r,0}, \quad (16)$$

541 at $r = c$. Here, we neglect the contribution of magnetic diffusion to the electrical field
 542 on the core side. We assume $|\mathbf{B}_1| \ll |\mathbf{B}_0|$ (consistent with the thin layer approximation
 543 adopted for the dynamo model). Considering instead a finite thickness of the conducting
 544 layer at the bottom of the mantle would introduce a time below which the assump-
 545 tion does not hold. We differentiate between “poloidal” and “toroidal” electromagnetic
 546 torques. The former is associated with time changes of the poloidal magnetic field induc-
 547 ing (toroidal) electrical currents in the mantle as expressed by equation (15). The latter
 548 results from toroidal magnetic fields (poloidal electrical currents) generated by core ma-
 549 terial moving with respect to the mantle in the presence of the radial magnetic field $B_{r,0}$
 550 (see equation (16)). It is also referred to as the ‘advective torque’ in order to emphasize
 551 its origin (Holme, 1998). We write $(\mathbf{j}_{1,t}, \mathbf{j}_{1,p})$ the toroidal and poloidal contributions to
 552 the currents associated with the perturbation field \mathbf{B}_1 . The poloidal and toroidal torques
 553 are therefore:

$$(\Gamma_{EM})_p = \mathbf{1}_z \cdot \int_{\mathcal{V}} \mathbf{r} \times (\mathbf{j}_{1,t} \times \mathbf{B}_0) d\mathcal{V}, \quad (17)$$

$$(\Gamma_{EM})_t = \mathbf{1}_z \cdot \int_{\mathcal{V}} \mathbf{r} \times (\mathbf{j}_{1,p} \times \mathbf{B}_0) d\mathcal{V}. \quad (18)$$

554 The detailed calculation of these two torques is presented in Appendix A. Reinstating
 555 the electrical currents in the expression of the electrical field on the core side of the
 556 CMB in equation (16), we would obtain an additional torque, the leakage torque, due
 557 to electrical currents leaking from the core into the mantle (Roberts, 1972; Stix and
 558 Roberts, 1984). Its calculation necessitates the knowledge of the radial derivative of \mathbf{B}
 559 at the CMB. Therefore, its value cannot be estimated from geomagnetic data alone.

560 *5.2. Electromagnetic torque estimated from the surface flows*

561 Fig. 8(a) shows the time evolution of the EM torque, separating first between the
 562 poloidal and toroidal torques (see Appendix A), and then subdividing the latter between
 563 parts calculated from zonal and non-zonal motions. The toroidal torque dominates,
 564 amounting to about 2/3 of the total EM torque. We find that the toroidal and poloidal
 565 torques are strongly correlated. For this reason, we mainly discuss the former one in
 566 the following. The largest part of the calculated toroidal torque is associated with the
 567 solid body rotation $t_1^0(t)$. Consequently, the toroidal torque associated with non-zonal
 568 motions appears to play a secondary role.

569 Fig. 8(b) shows $\Gamma_{EM}(t)$ estimated from core surface magnetic fields with two different
 570 spatial resolutions. When truncating the field at the highest resolution available to us
 571 (harmonic degree 30), the calculated torque almost superimposes with the total EM
 572 torque, meaning there is little contribution from higher degrees. It also implies that
 573 there is little room for the torque, referred to above as the leakage torque, arising from
 574 the dynamo electrical currents leaking into the mantle. In the absence of other torque
 575 than the EM one, the leakage torque was assumed to cancel the torque arising from
 576 the surface motions on long time-scales as there could be no sustained acceleration of
 577 the core rotation on long periods (Stix and Roberts, 1984). The agreement between the
 578 total EM torque as obtained from the dynamo simulation and the calculated torque using
 579 a high truncation $n_b = 30$, while neglecting the leakage torque, means that the latter
 580 is negligible in the simulation. The comparison between the torques calculated with
 581 magnetic field truncation degree $n_b = 13$ and $n_b = 30$ shows that core surface magnetic
 582 fields with degrees $n \in [14, 30]$, above the actual resolution offered by geomagnetic data,
 583 bring a significant contribution to the EM torque, especially for its poloidal part. By
 584 considering the magnetic field with the actual resolution of satellite main field models
 585 ($n_b = 13$), we miss about 30% of the total torque, independently of the truncation degree
 586 of the velocity field.

587 Fig. 8(c) compares the EM torque calculated from the field and flow inverted from
 588 synthetic data, with the EM torque calculated from the surface flow and magnetic field
 589 of the simulation, using the same truncation degree $n_b = 13$. We find that considering
 590 the inverted field and flow (instead of the ones directly extracted from dynamo) leads to

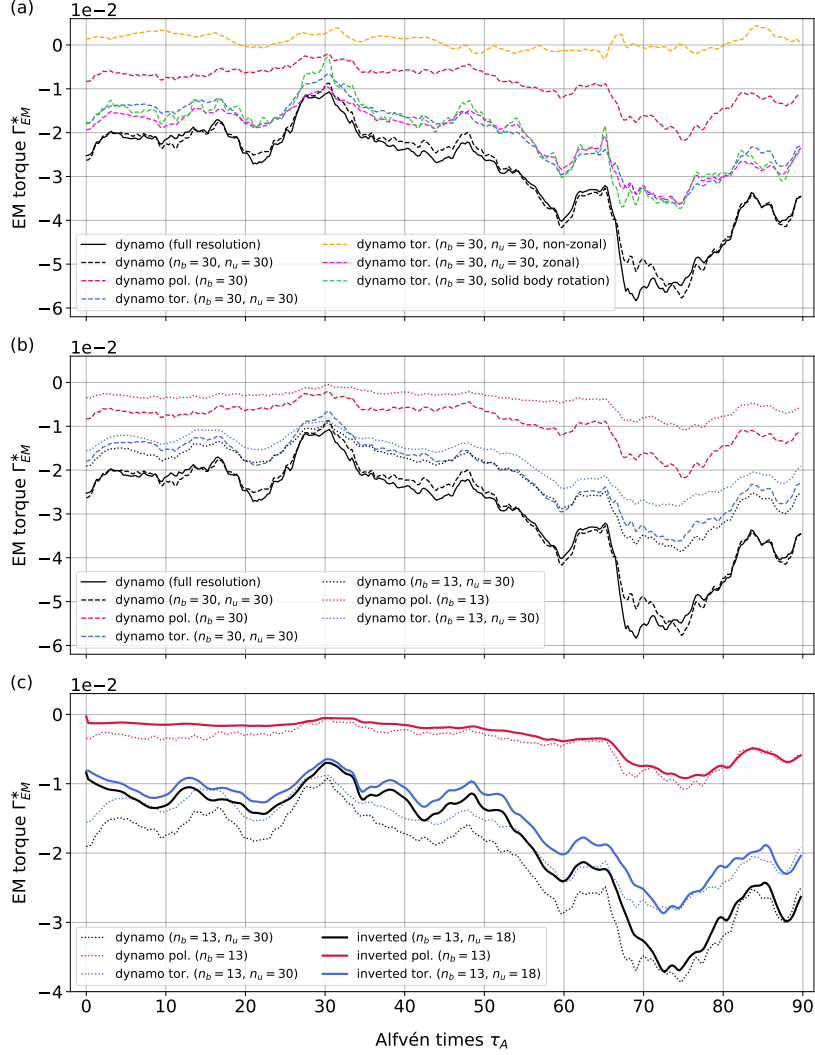


Figure 8: (a) Total EM torque on the mantle (full black curve) vs torques calculated from the core surface magnetic field and flow (dashed curves): total torque calculated with truncation degrees $n_b = 30$ and $n_u = 30$ (black), separation of the total EM torque between its poloidal (red) and toroidal (blue) parts, toroidal torque divided into parts arising from the non-zonal (orange) and zonal (pink) motions, toroidal torque arising only from the solid body rotation (green). (b) EM torque estimate as a function of the truncation degree of the magnetic field n_b : total (black), poloidal (red) and toroidal (blue) torques calculated with $n_b = 30$ (dashed) and $n_b = 13$ (dotted), with $n_u = 30$. (c) EM torque calculated with the flow ($n_u = 30$) and the magnetic field ($n_b = 13$) from the simulation (dotted curves), versus that calculated using the flow ($n_u = 18$) and the magnetic field ($n_b = 13$) inverted from synthetic data (bold lines): total (black), poloidal (red) and toroidal (blue) torques.

591 only slightly under-estimate the calculated torque (for a magnetic field truncated at the
592 same degree in both cases). Both show a similar time dependence. For the most recent
593 epochs (accurate magnetic field models), the curves almost superimpose.

594 On long periods, changes of $\Gamma_{EM}(t)$ seen in Fig. 8 are almost cancelled by the gravi-
595 tational torque $\Gamma_G(t)$. This transpires from Fig. 7(bottom), which shows that the total
596 torque actually evolves on shorter time-scales than Γ_{EM} alone.

597 6. Discussion

598 6.1. Recovery of interannual and decadal changes

599 Here, we have presented an evaluation for the reconstruction of transient core surface
600 motions. The study is based on synthetic data from a numerical simulation of the
601 geodynamo in which the turn-over, magnetic and inertial times are sufficiently distinct
602 to give rise to a variety of hydromagnetic waves. This allowed us to assess our ability to
603 recover transient motions over different time-scales. We have shown that the correctness
604 of the inverted flows depends on a combination of the data quality and coverage, the
605 amplitude of the flow and its geometry, as well as the considered period band. We find
606 that

607 (i) Wave-like motions are better recovered when they are more intense. This favors
608 their recovery near the equator because transient core motions are the strongest
609 there.

610 (ii) Global coverage with satellite data qualify as a favorable configuration; so does
611 a ground observatory network provided proton magnetometers are available in a
612 number of sites, as happened after the geophysical year (1958). Note that the pres-
613 ence of global satellite coverage is not a sufficient condition if the flow magnitude
614 is not high enough.

615 (iii) Transient motions are best recovered on longer time-scales, since for a given am-
616 plitude of the flow perturbation, the associated magnetic perturbation increases
617 linearly with its period, thus becoming better resolved.

618 (iv) The quality of the recovery is also sensitive to the geometry of the reconstructed
619 flow. Notably, zonal motions can be partly recovered before the geophysical year,
620 despite their weak amplitude.

621 Our results give confidence in the QG MC waves inferred from magnetic observations
622 using the same tools (Gillet et al., 2022a,b). We have found only a limited improve-
623 ment over the period where satellite data are continuously available as compared with
624 the earlier period covered by high quality ground observatories though. It may be the
625 consequence of errors of representativeness in the radial induction equation (5) partly
626 hiding the increased accuracy of the observations. Hopefully, the frequency resolution of
627 transient motions from satellite data will improve when longer series are available.

628 The scaling of time with τ_A is obviously convenient when studying torsional Alfvén
629 waves, as their period scales with τ_A . Then, the zonal motions inverted from numerical
630 data have a magnitude of about 1 km/yr, comparable to that of zonal motions inferred
631 from geomagnetic data (Gillet et al., 2015, 2019). This study has mainly dealt with
632 wave-like motions with periods larger than τ_A . We have investigated two period ranges.
633 For wave-like motions with periods respectively $[2 - 4.5]\tau_A$ and $[6 - 13.5]\tau_A$, we have
634 estimated the outward wave velocity C to be about $U_A/10$ and $U_A/15$. We can compare
635 these values with the geophysical estimate by Istaş et al. (2023). They found the wave
636 velocity to be about 150 km/yr ($U_A/7$) and 75 km/yr ($U_A/15$) at periods about 7 yr
637 ($3.5\tau_A$) and 15 yr ($7.5\tau_A$). Hence, both the simulation and the geophysical model show
638 a decrease in propagation velocity with the period.

639 Our study has been based on synthetic data inverted with the suite of algorithms
640 that we currently use to analyse geophysical data. In particular the use of the COV-OBS
641 field modeling hampers the detection of flow changes on periods shorter than $\sim 3 - 4$ yr.
642 Recently, various kinds of geomagnetic data – time series from virtual observatories at
643 satellite altitude (Hammer et al., 2021a) and time series for points at the core surface
644 (Hammer and Finlay, 2019) – and models such as Kalmag (Baerenzung et al., 2022) have
645 been made available that may allow us to reach shorter periods.

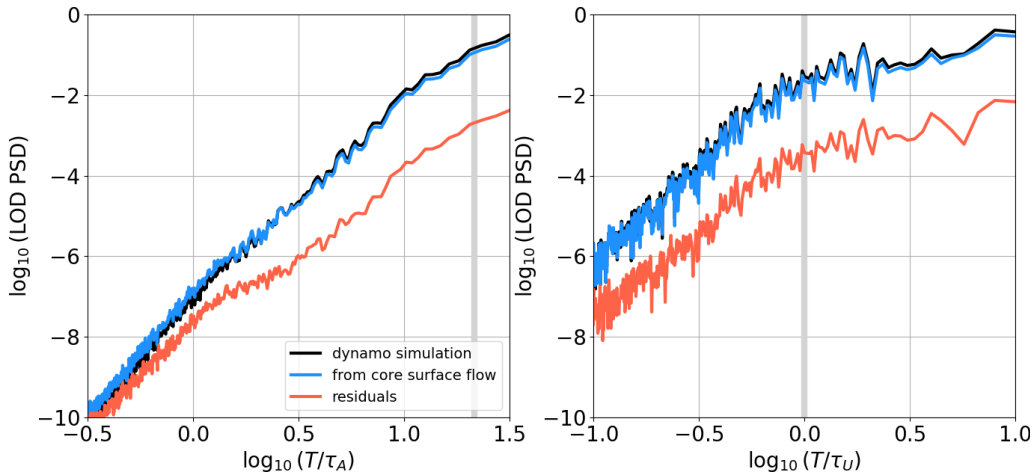


Figure 9: PSD of LOD series (in $\text{ms}^2 \cdot \tau_A$) from the *71p* dynamo (black), with time scaled based on the Alfvén time τ_A (left) and on the turn-over time τ_U (right). In blue the PSD estimated using Eq. (12), from the toroidal zonal surface flow coefficients under the geostrophic assumption. In orange the PSD for the difference of the latter two. The thick vertical grey line indicates the position of τ_U . PSD are obtained with a multi-taper method, using 20 (resp. 3) tapers for scaling time based on τ_A (resp. τ_U). For each of the tapers, a Hanning window is applied after removing the end-to-end line.

6.2. On the recovery of LOD changes

We have shown that our suite of tools allows us to convincingly recover the LOD changes of the simulation (see Fig. 7). The LOD prediction relies on the assumption that the geostrophic component is well represented by zonal core surface motions. There had never been any evaluation of this hypothesis from dynamo models before. In the simulation considered here, geostrophic motions inferred from the actual surface zonal flow $u_\phi^0(c, \theta)$ using Eq. (12) explain about 90% of the time changes of the angular momentum, validating the approach.

The validation of the hypothesis behind Eq. (12) is encouraging for the predictions conducted so far of decadal and interannual LOD changes, measured using the techniques of lunar laser ranging, very long baseline interferometry and Global Navigation Satellite Systems (Bizouard and Gambis, 2009), or lunar occultations (Gross, 2001). It also has possible implications regarding the interpretation of LOD changes on longer periods. Dumberry and Bloxham (2006) propose that millennial changes in the LOD of the order of 5 ms, as measured via eclipses (Stephenson et al., 2016), could be explained by the

661 core surface zonal flows being imprinted by non-geostrophic motions. Such dynamics may
 662 indeed be relatively more important towards long periods, as the geostrophic assumption
 663 is often believed to break down, because slow changes would be more affected by thermal
 664 or magnetic winds (Aubert, 2005). In this configuration, Eq. (12) is no longer valid.
 665 Dumberry and Bloxham (2006) based their scenario on the core flow models inverted
 666 from magnetic field models over the past millennia, constrained by archeomagnetic and
 667 sediment records. Our analysis of the $71p$ dynamo does not fit this picture since the LOD
 668 estimate from surface motions remains right on time-scales much longer than the turn-
 669 over time, i.e. some millenia (see Fig. 9, right). There are several possible explanations:

670 (i) The $71p$ dynamo, for this specific problem, may not be representative of the Earth.
 671 The study needs confirmation from alternative dynamo simulations with a weaker
 672 gravitational torque.

673 (ii) The accuracy of millennial core flow changes inferred from archeomagnetic and sed-
 674 iment data may be poor, because of the sparser observational constraints towards
 675 ancient epochs (e.g., Licht et al., 2013; Panovska et al., 2015; Nilsson and Suttie,
 676 2021). Furthermore, unmodelled processes at millennial time-scales are significant
 677 (see Fig. 2 in Gillet et al., 2019), and have not been considered so far in the inversion
 678 of long period flow models.

679 (iii) Another mechanism could be invoked, such as millennial changes in the moment of
 680 inertia of the Earth. However, the variation in ice cover and its impact on the mean
 681 sea level have been estimated to be too weak to explain ~ 5 ms millennial changes
 682 in the LOD (Hay et al., 2016).

683 (iv) Finally, the reconstruction of LOD changes on millennial time-scales is a difficult
 684 task as the inferred changes are obtained from the time derivative of sparse, scat-
 685 tered records, after interpolation (e.g., Stephenson et al., 1995; Hay et al., 2016).

686 The geostrophic assumption as measured by Eq. (12) appears less valid for time-scales
 687 shorter than τ_A , as shown in Fig. 9 (left). The LOD prediction, which is very good at
 688 long periods T , slightly deteriorates as T decreases below $3\tau_A$, corresponding to about
 689 6 years. In addition, the time series inferred from inverted core surface motions show

690 some spurious fluctuations (see Fig. 7 bottom). This effect is partly the consequence of
691 `pygeodyn` embedding a rather permissive forward model into a Kalman filter. It may be
692 mitigated by using instead a smoother and/or a higher order stochastic model.

693 Finally, we have detected no clear resonances in LOD series from the *71p* dynamo,
694 in contrast with the geophysical situation (Duan and Huang, 2020; Ding et al., 2021;
695 Rosat and Gillet, 2023). Fig. 10 (left) shows the resonance observed at 6-yr period
696 ($\approx 3\tau_A$) in the combined C04 series for 1962–2022 (Bizouard et al., 2019), after removing
697 the contributions from the atmosphere and solid tides (for details, see Rosat and Gillet,
698 2023). We generally see no such a resonance in PSD from simulated series (Fig. 10, right).
699 Resonance in the Earth’s core may be interpreted as being due to hydro-magnetic modes
700 of the fluid outer core (Buffett and Mound, 2005; Gillet et al., 2017). Alternatively, it
701 may be due to gravitational oscillations of the inner core coupled with geostrophic fluid
702 motions (Mound and Buffett, 2003, 2006). In order to test the latter hypothesis, we have
703 to re-instate inner core inertia, which has been neglected in the dynamo simulation on
704 which we have relied here.

705 *6.3. On the torques acting at the CMB*

706 The relative contribution of the poloidal torque is stronger in the simulation (on the
707 order of 1/3) than previously estimated from geophysical data (Jault and Le Mouél,
708 1991; Holme, 1998). This is partly explained by the relatively large contribution of the
709 medium scales of the magnetic field, with degrees $n \in [14, 30]$, to the poloidal torque.
710 This contribution used to be unaccounted for. We have also shown that electrical cur-
711 rents generated inside the core and leaking into the mantle do not contribute much to
712 the electromagnetic coupling. This contrasts with the mechanism (balance between dif-
713 fusive and surface torques) for the westward drift of the geomagnetic field put forward by
714 Bullard et al. (1950), and also invoked by Stix and Roberts (1984) for angular momen-
715 tum changes on long time-scales. Indeed, we have been able to retrieve the EM torque
716 neglecting these currents in the calculation of the electric field at the CMB.

717 The results of Pichon et al. (2016) were also at odds with the scenario of Bullard et al.
718 (1950). They found that the long-term EM torque originating from the relative motion
719 between the core surface and the mantle is fully balanced by the EM torque due to the
720 relative motion between the inner and outer cores. In their simulation, the long-term

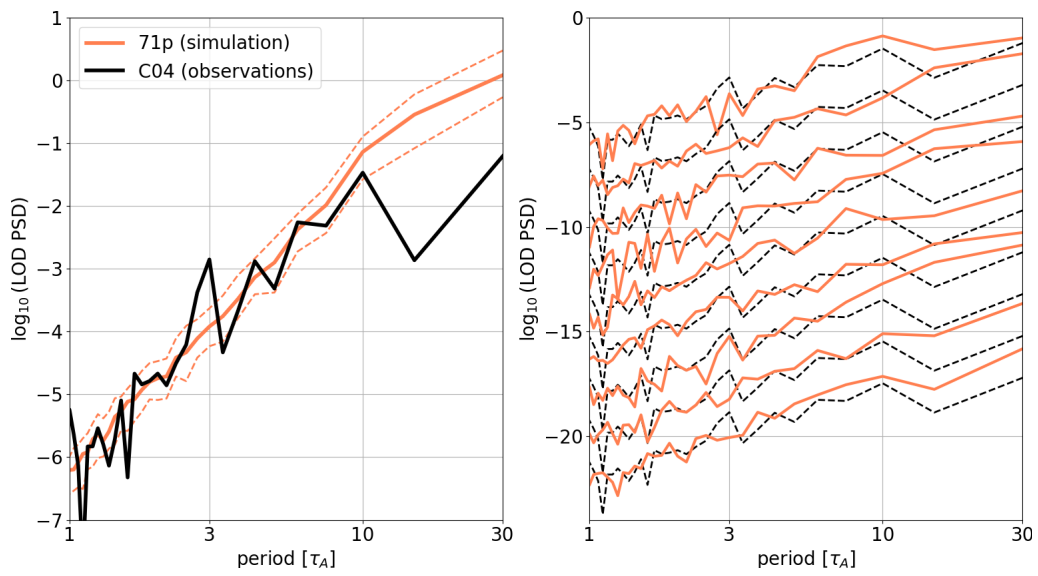


Figure 10: PSD of LOD series (in $\text{ms}^2 \cdot \text{yr}$). Left: in black for the geophysical series, superimposed with the median PSD for 81 series extracted from the $71p$ simulation, each $30\tau_A$ -long (dotted lines represent PSD for the 1st and 3rd quartiles). Right: 9 examples of PSD for $30\tau_A$ -long numerical series from $71p$, superimposed with the PSD for the geophysical series (dotted black). Plots for each individual series have been shifted by two decades to avoid overlapping. PSD have been obtained after removing the end-to-end line on each of the series, and applying a Hanning window.

721 EM torque on the inner core is balanced by the gravitational torque. There is no room
722 for a leakage torque. Furthermore, when the gravitational torque is zero, they found that
723 the EM torque on the inner core vanishes also and so does the EM torque originating
724 from the differential rotation between the core and the mantle. This applies both to
725 the long-term parts of the EM torques and to their fluctuations. We have reproduced
726 the results by Pichon et al. (2016) with a dynamo simulation calculated with much
727 more extreme parameters but for only one value of the gravitational torque. In order to
728 continue the comparison, we would need to vary the strength of the gravitational torque
729 in the simulation. The scenario by Pichon et al. (2016) requires a gravitational torque
730 between the inner core and the mantle. Therefore, we have to investigate whether it is
731 specific to the suite of path-dynamos by Aubert et al. (2013, 2017), devised to produce
732 an Earth-like westward drift.

733 We have also shown that the solid rotation component of the surface flow t_1^0 explains
734 most of the toroidal EM torque, in agreement with previous geophysical studies (Jault
735 and Le Mouél, 1991). Therefore, there are two limitations in the calculation of the
736 EM torque. First, the small-scale part of the radial magnetic field at the CMB plays
737 a significant role in the electromagnetic coupling. Second, we need a model of mantle
738 conductivity, whereas magnetic field variations of magnetospheric origin unequivocally
739 constrain electrical conductivity down to 1600 km depth only (Kuvshinov et al., 2021).
740 Broadly speaking, these two limitations affect only the amplitude of the EM torque, not
741 its time dependence.

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752 **Appendix A. Calculation of the electromagnetic torque**

753 We detail below the calculation of the poloidal and toroidal EM torques at the CMB.
754 As for the electrical currents, we distinguish between the toroidal and poloidal electric
755 fields, noted respectively $\mathbf{E}_{1,t}$ and $\mathbf{E}_{1,p}$).

756 *Appendix A.1. Poloidal electromagnetic torque*

757 Changes in the poloidal magnetic field originating from the core induce toroidal elec-
758 tric currents in the conducting mantle, which are given by

$$\mathbf{j}_{1,t} = \sigma_m \mathbf{E}_{1,t} = -\sigma_m \nabla \times \left(\dot{P}_0 r \mathbf{1}_r \right), \quad (\text{A.1})$$

759 where \dot{P}_0 is the time derivative of the poloidal magnetic potential. According to Eq. (17),
760 the associated electromagnetic torque can now be written as

$$(\Gamma_{EM})_p = \int_{\mathcal{V}} \sigma_m(r) B_{r,0} \frac{\partial \dot{P}_0}{\partial \varphi} r^2 d\mathcal{V}. \quad (\text{A.2})$$

761 Spherical harmonic expansions of $B_{r,0}$ and P_0 can be derived from Eq. (2) using $B_{r,0} =$
762 $-\partial V / \partial r$ and $\partial(rP_0) / \partial r = -V$. The above equation can then be transformed into

$$(\Gamma_{EM})_p = -4\pi a^2 \sum_n \sum_m \alpha_n^m \left(g_n^m \dot{h}_n^m - h_n^m \dot{g}_n^m \right) \int_c^a \sigma_m(r) \left(\frac{a}{r} \right)^{2n+2} r^2 dr, \quad (\text{A.3})$$

$$\text{with } \alpha_n^m = \frac{m(n+1)}{n(2n+1)}.$$

763 In the case of the Earth, a model for the electric conductivity of the mantle $\sigma_m(r)$ would
764 be required to evaluate this expression for the poloidal electromagnetic torque. If the
765 conductivity is assumed uniform throughout the layer (as is the case in the 71p dynamo),
766 it simplifies to

$$(\Gamma_{EM})_p = -4\pi a^5 \sigma_m \sum_n \sum_m \left(g_n^m \dot{h}_n^m - h_n^m \dot{g}_n^m \right) \frac{\alpha_n^m}{2n-1} \left(\frac{a}{c} \right)^{2n-1} \left[1 - \left(\frac{c}{c+\Delta} \right)^{2n-1} \right] \quad (\text{A.4})$$

767 In the thin layer approximation $\Delta \ll c$, this expression reduces to

$$(\Gamma_{EM})_p = 4\pi a^4 G \sum_n \sum_m \alpha_n^m \left(g_n^m \dot{h}_n^m - h_n^m \dot{g}_n^m \right) \left(\frac{a}{c} \right)^{2n}. \quad (\text{A.5})$$

768 *Appendix A.2. Toroidal electromagnetic torque*

769 The toroidal electromagnetic torque arises from the rearrangement of the magnetic
 770 flux lines emanating from the core due to fluid motions (of an assumed perfectly con-
 771 ducting fluid) beneath the core surface. The resulting induced poloidal electric currents
 772 in the mantle are given by

$$\mathbf{j}_{1,p} = \sigma_m \mathbf{E}_{1,p} = \frac{1}{\mu} \nabla \times \nabla \times (r \mathbf{1}_r W_1) = -\sigma_m \nabla \psi_1, \quad (\text{A.6})$$

773 where W_1 is the toroidal potential of the first-order magnetic field in the mantle and ψ_1
 774 is a scalar potential. Using the vector identity $\nabla \times \nabla \times \mathbf{A} = \nabla(\nabla \cdot \mathbf{A}) - \nabla^2 \mathbf{A}$ this can
 775 be rewritten as (for a uniform lower mantle conductivity)

$$\nabla \left(\psi_1 + \eta_m \frac{\partial}{\partial r} (r W_1) \right) = \eta_m r \nabla^2 W_1 \mathbf{1}_r, \quad (\text{A.7})$$

776 with $\eta_m = (\mu \sigma_m)^{-1}$. From this follows

$$\psi_1 = -\eta_m \frac{\partial}{\partial r} (r W_1), \quad (\text{A.8})$$

$$\nabla^2 W_1 = 0. \quad (\text{A.9})$$

777 Expanding the toroidal potential into spherical harmonics yields

$$W_1(r, \theta, \phi) = \sum_n \sum_m ({}^c w_n^m(r) \cos m\phi + {}^s w_n^m(r) \sin m\phi) P_n^m(\cos \theta). \quad (\text{A.10})$$

778 Knowing that the toroidal potential has to vanish at the boundary to the insulating
 779 mantle ($r = c + \Delta$), we can write

$${}^{c,s} w_n^m(r) = {}^{c,s} A_n^m \left[\left(\frac{r}{c + \Delta} \right)^n - \left(\frac{r}{c + \Delta} \right)^{-n-1} \right]. \quad (\text{A.11})$$

780 To determine ${}^{c,s} w_n^m(r)$, a second boundary condition is needed. It can be obtained by
 781 determining the potential ψ_1 at the CMB. To this end, we take advantage of the conti-
 782 nuity of the tangential component of the electric field across the CMB. By additionally
 783 assuming the core fluid to be a perfect electrical conductor, Ohm's law for a moving
 784 conductor yields at the core surface

$$\mathbf{1}_r \times \mathbf{E}_1 = \mathbf{1}_r \times (\mathbf{E}_{1,p} + \mathbf{E}_{1,t}) = \mathbf{1}_r \times (-\nabla \psi_1 + \mathbf{E}_{1,t}) = \mathbf{1}_r \times (-\mathbf{u} \times \mathbf{B}_0) = -\mathbf{u} B_{r,0} \quad (\text{A.12})$$

785 By restricting (A.12) to its toroidal part it can be seen that the potential ψ_1 can be
 786 derived from the toroidal component of $\mathbf{u}B_{r,0}$:

$$(\mathbf{u}B_{r,0})_t = -\nabla \times (\mathbf{1}_r \psi_1) = \nabla \times (r \mathbf{1}_r \zeta), \quad (\text{A.13})$$

787 with the scalar potential

$$\zeta(\theta, \phi) = \sum_n \sum_m ({}^c \zeta_n^m \cos m\phi + {}^s \zeta_n^m \sin m\phi) P_n^m(\cos \theta). \quad (\text{A.14})$$

788 The boundary condition for the CMB is thus given by

$$\psi_1(c, \theta, \phi) = -c \zeta(\theta, \phi). \quad (\text{A.15})$$

789 Together with Eq. (A.8) this expression allows the determination of ${}^{c,s}A_n^m$ in Eq. (A.11).
 790 Equation (A.10) can then be rewritten as

$$W_1(r, \theta, \phi) = \frac{c}{\eta_m} \sum_n \sum_m \frac{1}{q_n(r)} ({}^c \zeta_n^m \cos m\phi + {}^s \zeta_n^m \sin m\phi) P_n^m(\cos \theta), \quad (\text{A.16})$$

791 where

$$q_n(r) = \frac{(n+1) \left(\frac{c}{c+\Delta}\right)^n + n \left(\frac{c}{c+\Delta}\right)^{-n-1}}{\left(\frac{r}{c+\Delta}\right)^n - \left(\frac{r}{c+\Delta}\right)^{-n-1}}. \quad (\text{A.17})$$

792 Evaluated at $r = c$ in the thin layer approximation, these coefficients simplify to

$$q_n(c) = -\frac{c}{\Delta}. \quad (\text{A.18})$$

793 Noting that $(B_{r,1})_t = 0$, writing the expression of the toroidal electromagnetic torque
 794 (Eq. 18) as a surface integral yields

$$(\Gamma_{EM})_t = -\frac{c}{\mu} \int_{\mathcal{S}} B_{r,0} (B_{\phi,1})_t \sin \theta \, d\mathcal{S}. \quad (\text{A.19})$$

795 The toroidal part of the first-order azimuthal magnetic field at the CMB can be obtained
 796 from

$$(B_{\phi,1})_t = -\frac{\partial W_1(c, \theta, \phi)}{\partial \theta}. \quad (\text{A.20})$$

797 Inserting the spherical harmonic expansions of $B_{r,0}$ and $(B_{\phi,1})_t$ into expression (A.19) and
 798 using the recurrence relation between Ferrers normalized associated Legendre functions

799 $P_{n,m}$

$$\sin \theta \frac{dP_{n,m}}{d\theta} = \frac{(n-m+1)}{(2n+1)} P_{n+1,m} - \frac{(n+1)(m+n)}{2n+1} P_{n-1,m}, \quad (\text{A.21})$$

800 allows us to write the toroidal electromagnetic torque acting on the mantle as

$$(\Gamma_{EM})_t = -4\pi c^4 \sigma_m \sum_{n=1}^{\infty} \sum_{m=0}^n \left(\frac{a}{c}\right)^{n+2} \left[\frac{\beta_n^m}{q_{n+1}} ({}^c \zeta_{n+1}^m g_n^m + {}^s \zeta_{n+1}^m h_n^m) - \frac{\gamma_n^m}{q_{n-1}} ({}^c \zeta_{n-1}^m g_n^m + {}^s \zeta_{n-1}^m h_n^m) \right] (\text{A.22})$$

$$\text{with } \beta_n^m = \frac{(n+1)(n+2)(m+n+1)\lambda_{n+1}^m}{(2n+1)(2n+3)\lambda_n^m}, \quad \gamma_n^m = \frac{(n+1)(n-1)(n-m)\lambda_{n-1}^m}{(2n+1)(2n-1)\lambda_n^m},$$

801 and where

$$\lambda_n^m = \sqrt{\frac{2(n-m)!}{(n+m)!}} \quad \forall m \neq 0 \quad \text{and} \quad \lambda_n^0 = 1 \quad (\text{A.23})$$

802 are the coefficients relating the Ferrers normalized to the semi-Schmidt normalized Leg-
803 endre functions $P_n^m = \lambda_n^m P_{n,m}$. In the thin layer approximation, Eq. (A.22) combined
804 with (A.18) gives

$$(\Gamma_{EM})_t = 4\pi c^3 G \sum_{n=1}^{\infty} \sum_{m=0}^n \left(\frac{a}{c}\right)^{n+2} \left[\beta_n^m ({}^c \zeta_{n+1}^m g_n^m + {}^s \zeta_{n+1}^m h_n^m) - \gamma_n^m ({}^c \zeta_{n-1}^m g_n^m + {}^s \zeta_{n-1}^m h_n^m) \right]. \quad (\text{A.24})$$

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