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## Multi-annual and multi-decadal evolution of sediment accretion in a saltmarsh of the French Atlantic coast: Implications for carbon sequestration

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1 **Multi-annual and multi-decadal evolution of sediment accretion in a saltmarsh of the French Atlantic**  
2 **coast: implications for carbon sequestration**

3

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11

12 **Highlights**

- 13 • Saltmarshes prograde and aggrade at very high rates, keeping up with sea level rise  
14 • Sediment source proximity and accommodation space explain SAR spatial variability  
15 • Organic carbon accumulation rates are highly variable at the scale of a bay  
16 • Allochthonous C of marine origin prevails in long-term C accumulation

17

18

19 **Key words:** <sup>210</sup>Pb – LiDAR –organic carbon origin– Minerogenic saltmarsh – Blue Carbon – nature-based  
20 solutions

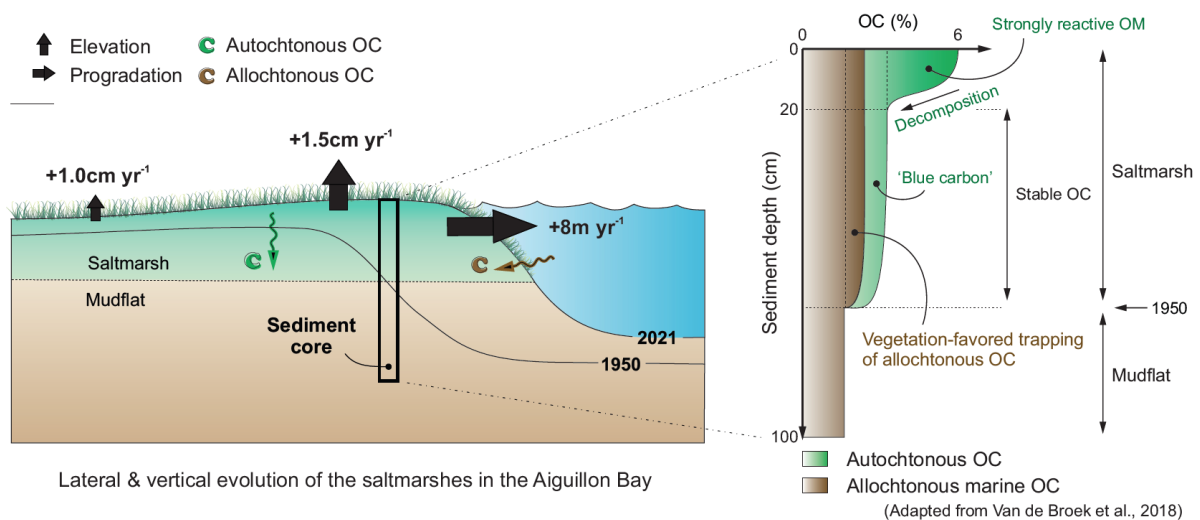
21 **Abstract**

22 Coastal marshes offer natural solutions for adapting to and mitigating the effects of climate change  
23 and sea level rise. However, the resilience of the marsh physical system and, with it, the ecosystem  
24 services that it provides, is largely site specific. This calls for the increase in the spatial cover of coastal  
25 marsh studies in order to assess the controlling factors of marsh evolution, and their long-term carbon  
26 storage capacities. Here, we study the spatio-temporal variations in sedimentation rates and organic  
27 carbon (OC) sequestration capacity of the macrotidal minerogenic saltmarshes in Aiguillon Bay,  
28 belonging to one of the largest French coastal marshes. Supported by aerial photographs and satellite  
29 image analysis, we first show that saltmarshes of the Aiguillon Bay have prograded at very high rates,  
30 up to 14 m yr<sup>-1</sup> since 1950. Sediment accumulation rates (SAR) were estimated at both multi-annual to  
31 multi-decadal scales based on two approaches: (i) LiDAR-based digital elevation models from multiple  
32 acquisition dates (2010-2021); and (ii) depth profiles of <sup>210</sup>Pb in excess and <sup>137</sup>Cs in sediment cores  
33 collected along cross-shore transects in the saltmarshes. SAR range from 0.8 to 2.2 cm yr<sup>-1</sup> and are  
34 among the highest reported worldwide for equivalent systems. The positive accretion balance  
35 (accretion rate minus local sea-level rise rate) provides important clues on marsh resilience suggesting  
36 that the Aiguillon Bay is currently able to adapt to rising sea level. Despite relatively low organic carbon  
37 content (1.3 to 6.0 %), high SAR leads to high carbon accumulation rates (99-345 gC m<sup>-2</sup> yr<sup>-1</sup>). The  
38 isotopic signature of sediment OC reveals a significant and rapid decomposition of organic material in  
39 surface cores, while allochthonous sediment of marine origin dominates the signature of chemically-  
40 stable OC of marsh sediments. This implies that the carbon sequestration capacity of minerogenic  
41 saltmarshes, such as those of the Pertuis Charentais, also depends upon the wealth of adjacent coastal  
42 environments through high sediment supply and primary productivity.

43

44 **Graphical Abstract**

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## 52 1. Introduction

53 Saltmarshes offer natural solutions for adapting to and for mitigating the effects of global changes  
54 (Bertram et al., 2021; Costanza et al., 2014). Beyond many services such as ecological nurseries, tidal  
55 saltmarshes constitute a natural barrier against marine submersion, through their ability to  
56 accumulate sediment and to rise at the same time as the sea level, especially in macrotidal coastal  
57 areas (Crosby et al., 2016; Fagherazzi et al., 2020; Rogers et al., 2019). They protect the hinterland from  
58 flooding through their capacity to attenuate storm surges and waves, and they also offer natural  
59 solutions to buffer nutrient and pollutant inputs and to challenge the loss of biodiversity (Bij de Vaate  
60 et al., 2020; Leonardi et al., 2018). Saltmarshes are also critical environments for sediment organic  
61 carbon (OC) accumulation. Included in the 'blue carbon ecosystems' with mangroves and seagrass  
62 beds, saltmarshes contribute actively to the global carbon sink with burial rates of up to 15 Tg C yr<sup>-1</sup>  
63 (Lovelock and Reef, 2020; Macreadie et al., 2019). The blue-carbon function is increasingly recognized  
64 as an important lever for climate change mitigation, and for the implementation of nature-based  
65 solutions in particular (Hendriks et al., 2020; IPCC, 2022; Vinent et al., 2019).

66 The geomorphological evolution of saltmarshes largely controls the conservation of the ecosystem  
67 services they provide. The resilience of the marsh physical system and its biota is largely site specific  
68 and depends upon various conditions such as the tidal regime, the sediment supply, and the exposure  
69 to wind and waves (Fagherazzi et al., 2020). Saltmarshes are dynamic systems able to develop laterally,  
70 and to elevate their topography in response to sea level rise. Thus, fully understanding its horizontal  
71 and vertical dynamics is key to determining their fate in the next decades. This is particularly relevant  
72 for the OC sequestration potential (Lovelock and Reef, 2020).

73 Despite considerable scientific efforts, the number of saltmarsh studies remain under-represented  
74 compared to studies on mangroves and seagrass (e.g., 13% of valuation studies for blue carbon  
75 ecosystems concern saltmarshes, for the period 2007-2018; Himes-Cornell et al., 2018), and they do  
76 not yet warrant accurate upscaling of carbon sequestration rates at a continental or global scale  
77 (Macreadie et al., 2019). As an example, a single French study (Hensel et al., 1999) is considered in the  
78 first blue carbon review by Chmura et al., (2003), and resumed in subsequent ones (e.g., Duarte et al.,  
79 2005; Mcleod et al., 2011; Ouyang and Lee, 2014; Regnier et al., 2022). This calls for the increase in the  
80 spatial cover of coastal studies in order to evaluate the role of forcing parameters on marsh evolution,  
81 and on their long-term carbon sequestration and storage capacities (Ouyang and Lee, 2022). Also,  
82 while carbon stocks (e.g., in tonnes C ha<sup>-1</sup>) are generally well identified, carbon accumulation rates  
83 from coastal habitats are rarely addressed (in tonnes C ha<sup>-1</sup> yr<sup>-1</sup>; Arias-Ortiz et al., 2018; Jennerjahn,  
84 2020). Recent reviews on blue carbon research also stressed the need to improve our understanding  
85 of the source and stability of OC in saltmarshes (Macreadie et al., 2019; Windham-Myers et al., 2019).

86 In this context, the French Atlantic coast offers a good opportunity to contribute to the global  
87 catalogue of saltmarsh studies by documenting sediment and carbon accumulation rates from  
88 macrotidal systems. Here we study saltmarshes of the Aiguillon Bay; a highly dynamic system that is  
89 connected to small rivers. Seaward shoreline migration was shown at both long- and medium-  
90 time scales, respectively with rates of 70 km over the last 2000 years (Chaumillon et al., 2004) and up  
91 to 7 ha an<sup>-1</sup> during the last 50 years (Godet et al., 2015). This suggests that the Aiguillon Bay potentially  
92 accumulates a large amount of sediment and maintains an efficient carbon sequestration capacity.

93 With this in mind, our study aims at: (i) understanding the morphological evolution of saltmarshes; and  
94 (ii) quantifying the long-term carbon sequestration capacity of these coastal wetlands. First, we build  
95 up a picture of the lateral and vertical evolution of the Aiguillon marshes at the multi-annual and multi-  
96 decadal time scales. For this, we combine the reconstruction of the saltmarsh boundary through aerial  
97 and satellite imagery analysis, with sediment accumulation rates derived by two methods: (i) <sup>210</sup>Pb-

98 derived dating of sediment cores collected along two cross-shore transects; and supported by (ii)  
99 LiDAR-based digital elevation models from multiple acquisition dates. Then, we discuss the origin and  
100 fate of organic material (OM) preserved in coastal environments using elemental OC content, C/N,  
101  $\delta^{13}\text{C}$ , and  $\delta^{15}\text{N}$  from landward and seaward locations. Finally, we discuss the rapid accumulation of  
102 sediment and the relatively high carbon sequestration capacity of the studied saltmarshes, with  
103 respect to the international literature. Our results may provide a decision support tool for the  
104 implementation of nature-based solutions in coastal management strategies.

105

## 106 2. Study site

107 The Aiguillon Bay is located on the southwestern Atlantic French coast, which opens onto the Pertuis  
108 Breton between Ré Island and the Vendée Coast (Fig. 1). The Pertuis Breton forms a major embayment  
109 opened to the Atlantic Ocean that corresponds to the drowned incised valley segment of the Lay, Sèvre  
110 Niortaise, and Vendée Rivers (Chaumillon et al., 2008).

111 The Aiguillon Bay is a cove, semi-enclosed by the so-called “Pointe de l'Aiguillon”, a sand spit  
112 developing from the northwest to the southeast (Fig. 1). It is characterized by lowland coastal  
113 environments, which include one of the largest coastal marshes of France (1100 ha) fronted by  
114 extensive tidal flats (3700 ha). The cove receives freshwater and a part of the fine sediments from the  
115 Sèvre Niortaise ( $12 \text{ m}^3 \text{ s}^{-1}$ ) and the Lay rivers ( $2 \text{ m}^3 \text{ s}^{-1}$ ) predominantly (Banque HYDRO, 1969/2017),  
116 and from several smaller channels secondarily (Coignot et al., 2020; Fig. 1). This region of the French  
117 coast is characterized by relatively high suspended sediment concentrations with  $4.0 \pm 3.1 \text{ mg L}^{-1}$   
118 reported locally (SOMLIT station, Pertuis Antioche; period 04.2020 – 03.2022; [www.somlit.fr](http://www.somlit.fr)).  
119 However, the fine sediment supply to the Aiguillon Bay is not well understood. Erosion of coastal  
120 mesozoic limestones and marls outcrops may provide significant quantities of clay particles to the bay.  
121 It cannot be excluded that fine sediments are also supplied by the Gironde Estuary, whose sediment  
122 input to coastal waters was estimated to  $1.6 \text{ Mt yr}^{-1}$  (Doxaran et al., 2009;  
123 Schmitt and Chaumillon, 2023). The dispersion of the estuarine plume of the Gironde could reach the  
124 Marennes-Oléron Bay located 45 km in the south of the Aiguillon Bay (Constantin et al., 2018; Poirier  
125 et al., 2016).

126 The area is characterized by a semi-diurnal macrotidal regime with mean tidal range of c. 4 meters and  
127 strong tidal currents (Dodet et al., 2019). This part of the French coastline is characterized by low-lying  
128 coastal zones particularly vulnerable to flooding (Baumann et al., 2017; Bertin et al., 2014; Breilh et al.,  
129 2014, 2013). The studied area has experienced six major marine floods over the 20<sup>th</sup> and 21<sup>st</sup> centuries  
130 (Breilh et al., 2014). The last major marine flood was caused by Cyclone Xynthia (28/02/2010), which  
131 induced an exceptional storm surge (1.6 m in La Rochelle Harbor) in phase with high spring tide  
132 resulting in extensive flooding of low-lying coastal zones (Bertin et al., 2012; Breilh et al., 2013).

133 The Aiguillon Bay bears witness to the successive land reclamation history of the Marais Poitevin, which  
134 have gradually reduced the ancient Gulf of Pictons (Godet et al., 2015; Godet and Thomas, 2013;  
135 Verger, 2009; Fig. 1a). Today, the bay includes 1100 ha of saltmarshes among which about half is  
136 subject to mowing (Fig. 1c, d). The halophytic vegetation is dominated by C3 plants such as marine  
137 *Puccinellia* (*puccinellia maritima*) and Sea Purslane (*halimione portulacoides*). C4 plants are also  
138 present, with *Agropyron* (*agropyron pungentis*) that commonly develop in topographic high, while  
139 Marine *Spartina* (*Spartina maritima*) and a few annual *Salicornia* (*Salicornia sp*) compose lowland areas  
140 of the saltmarsh (Fig. S1). The Aiguillon Bay has been fully classified as a National Nature Reserve in  
141 1999 for its fauna and ornithological richness.

### 142 3. Materials and methods

#### 143 3.1. Aerial & satellite imagery

144 Aerial photographs and satellite images were used to reconstruct the lateral evolution of the saltmarsh  
145 boundary (boundary between the mudflat and the saltmarsh) in the Aiguillon Bay, from 1950 to 2020.  
146 Digitized aerial photographs from 1950 to 2010 (source: *IGN, France*) were mosaicked, georeferenced  
147 and ortho-rectified using Geomatica v.9<sup>®</sup> software. The mapping of the bay did not integrate marshes  
148 located in the meander of the Sèvre Niortaise. Roads and parking areas around the bay were used as  
149 control points for the geo-referencing. The most recent evolutions of the saltmarshes were derived  
150 using the SPOT-6 Satellite Image Gallery, for the years 2015-2020. The spatial uncertainty (SU) was  
151 estimated following (Ford, 2012):

$$152 \quad SU = \sqrt{PU^2 + GU^2 + DU^2} \quad (\text{in m})$$

153 where PU, GU and DU are the pixel size, Geo-referencing, and Digitizing Uncertainties, respectively. PU  
154 and GU were derived from the metadata of the source images (Table S1), while DU was estimated from  
155 digitizing replicates of aerial photographs and orthophotos.

156 The rate of progression of the saltmarsh boundary (in m yr<sup>-1</sup>) was calculated for the period 1950-2020  
157 using the USGS DSAS v5 tool (Himmelstoss et al., 2018). For this, a baseline was generated from a  
158 buffer zone of 100 m around the combined vegetation lines of 1950, and the seaward part of the buffer  
159 zone was defined using the tracing tool from the 2020 imagery. Cross-shore transects were defined in  
160 this way, every 50 m covering the entire bay. A mean SU of 8.8 m was implemented into the DSAS v5  
161 calculations, for the period 1950-2020. A tolerance of 20 m and a smoothing of 1000 were assigned.

#### 162 3.2. Sediment coring and processing

##### 163 3.2.1. Sediment coring

164 Five sediment cores were collected from two cross-shore transects of the Aiguillon Bay saltmarshes,  
165 using a Russian corer; one core was collected in July 2017, and four in June 2021 (Fig. 1). The coring  
166 sites were selected to meet the following criteria: (i) they are placed on the saltmarsh boundary  
167 mapped for a given year, thus allowing to constrain the age of the transition between a preexisting  
168 mudflat environment and the saltmarsh; (ii) they are representative of the ecosystem of the bay  
169 covering landward, seaward and intermediate zones of the saltmarsh; and (iii) the targeted marsh soil  
170 profiles develop under the same management type over the decades, namely free of mowing activity,  
171 thus focusing on the 'natural' evolution of the saltmarshes of the bay. Three 1.1-m long cores were  
172 thus collected along a cross-shore transect from the northern bay (AIG21\_20, AIG21\_21, and  
173 AIG21\_22; Fig. 1b). AIG21\_22 was retrieved from the high marsh dominated by a C4-plant environment  
174 (Marine Puccinellia, and Sea Purslane), hereafter mentioned as the landward site. AIG21\_20 was  
175 retrieved from the low marsh close to the ocean characterized by the presence of C3 and C4 plants  
176 (e.g., Marine Spartina), hereafter mentioned as the seaward site. AIG21\_21 corresponds to the  
177 intermediate location. Two short cores (length < 50 cm) were collected from saltmarshes located at  
178 the mouth of the Sèvre Niortaise River in order to assess the influence of river proximity on  
179 sedimentation rates and carbon accumulation potential (AIG21\_11, AIG17\_01; Fig. 1c; Fig. S2).

180 3.2.2. Dry bulk density

181 Each 2021 core was sectioned at a 1cm resolution, and samples were freeze-dried for 72 h to  
182 determine the water content and the dry bulk density (DBD). The 2017 core was only sampled every 4  
183 cm. All samples were ground gently using a mortar for further analyses.

184 3.2.3. Organic matter content, TOC, TN,  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$

185 High-resolution (every 1 cm) and cost-effective profiles of organic matter (OM) content were first  
186 obtained using loss on ignition (LOI) to constrain the sample selection for elemental and isotope  
187 analyses of carbon and nitrogen. The LOI analysis was performed at a temperature of combustion of  
188 550°C for 14 h (Baustian et al., 2017; Wilson and Allison, 2008). Due to the diversity of temperatures  
189 and durations used for LOI in the literature, the protocol with the lowest reported temperature of  
190 combustion (450°C for 8 h) was also tested for comparison (Craft et al., 1991; Howard et al., 2014;  
191 Fig S3). We used an elemental analyzer (EA Isolink, Thermo Scientific) to measure organic carbon and  
192 total nitrogen contents from selected samples in each core.

193 Total organic carbon (TOC), total nitrogen (TN), and  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  isotopes were determined on the  
194 2021 sediments using an EA-IRMS at the LIENSs Stable Isotope Facility, La Rochelle University, France  
195 (EA Isolink, Thermo Scientific; Delta V Plus with a Conflo IV interface, Thermo Scientific). The analyses  
196 were duplicated on samples after acidification for TOC and  $\delta^{13}\text{C}$ , and on raw samples for  $\delta^{15}\text{N}$  to  
197 prevent the effects of acidification on  $\delta^{15}\text{N}$  values (Lebreton et al., 2011). A correction factor was  
198 applied to the TOC measurements using total nitrogen as a proxy for the changing weight induced by  
199 sample acidification. 100 mg of dry sediment were acidified with 0.5N HCl to remove the carbonates,  
200 and dried overnight in a dry bath at 60°C under N<sub>2</sub> filtered airflow. 1 mL MilliQ water was then added  
201 to the sample, which was freeze-dried and grounded again. An optimal weight of 5 mg of sediment  
202 was added to 8 x 5 mm tin capsules for analysis. Isotopic values were expressed in the  $\delta$  unit notation  
203 as deviations from standards (Vienna Pee Dee Belemnite for  $\delta^{13}\text{C}$  and atmospheric N<sub>2</sub> for  $\delta^{15}\text{N}$ )  
204 following the formula:

205 
$$\delta^{13}\text{C} \text{ or } \delta^{15}\text{N} = \left( \frac{R_{\text{sample}}}{R_{\text{standard}}} - 1 \right) \cdot 10^3, \text{ where R is } ^{13}\text{C}/^{12}\text{C} \text{ or } ^{15}\text{N}/^{14}\text{N}, \text{ respectively}$$

206 Reference materials USGS-61 and USGS-63 (Caffeine) were used for calibration and for uncertainty  
207 calculation. Standard deviations were 0.11 % for carbon, 0.10 % for nitrogen, and 0.05 ‰ for  $\delta^{13}\text{C}$  and  
208 0.04 ‰ for  $\delta^{15}\text{N}$ .

209 The TOC content measured by elemental analysis was used to calculate organic carbon accumulation  
210 rates in each sediment core. Sediment  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  combined with C/N ratios were used to assess  
211 the origin of OC; namely to distinguish between an autochthonous and an allochthonous source.  
212 Below-ground biomass (BGB) was separated from the bulk sediment in top cores and also analyzed by  
213 EA-IRMS following the same protocol as for the bulk sediment.

214 3.2.4. Sediment grain size

215 Grain-size analysis was performed every three samples using a Malvern Mastersizer 2000 laser particle  
216 size analyzer at EPOC (France). Sample selection followed those of the sampling strategy for dating in  
217 order to assess a potential effect of changing grain size on the age-depth modeling. Prior to analysis,  
218 the terrigenous fraction was isolated by removing organic matter, calcium carbonate, and biogenic  
219 silica through H<sub>2</sub>O<sub>2</sub> (35%), HCl (10 to 50%), and NaOH (1N) chemical pre-treatments, respectively. Due  
220 to the high organic matter content, this pre-treatment and grain size analysis were performed after  
221 combustion of the sediment samples for 14h at 550°C. Adjustment of the material optical properties  
222 was needed in order to reduce the weighted residuals induced by the red color of these pre-combusted  
223 materials. For this, the refractive and absorption index of red pigments were selected from the optical

224 property analyzer tool of the Malvern 2000 software (RI = 2.52, AI = 0.1, respectively). This ensured an  
225 optimal fit between measured and modeled grain size data. Finally, a solution of sodium  
226 hexametaphosphate (NaPO<sub>3</sub>, 2%) was used to prevent clay flocculation before analysis. Grain-size  
227 distribution averages were obtained from three replicates, each measured for 12 s after 10%  
228 sonication.

### 229 3.2.5. Sediment, mass and organic carbon accumulation rates

230 Sediment accumulation rates (SAR, in cm yr<sup>-1</sup>) and mass accumulation rates (MAR, in g cm<sup>-2</sup> yr<sup>-1</sup>) at the  
231 multi-decadal scale were obtained using <sup>210</sup>Pb-based dating of the cores. <sup>210</sup>Pb (T<sub>1/2</sub> = 22.3 years) is a  
232 naturally-occurring radionuclide delivered continuously on Earth surface by atmospheric fallout and  
233 readily scavenged by particulate matter. This atmospherically derived <sup>210</sup>Pb is referred to as <sup>210</sup>Pb in  
234 excess (<sup>210</sup>Pb<sub>xs</sub>) of that supported in sediment derived from the *in situ* radioactive decay series of <sup>238</sup>U  
235 (Iurian et al., 2021, and references herein). The <sup>210</sup>Pb-based SAR were independently checked by the  
236 artificial radionuclide <sup>137</sup>Cs (T<sub>1/2</sub> = 30 years), which presents a maximum atmospheric fallout related to  
237 weapon tests in 1963.

238 For the cores collected in 2021, the activities of the radioelements of interest (<sup>210</sup>Pb, <sup>226</sup>Ra, <sup>232</sup>Th, <sup>137</sup>Cs)  
239 were measured using a high-efficiency, low-background broad energy gamma detector equipped with  
240 a Cryo-Cycle II (Mirion) at EPOC, University of Bordeaux (Dubosq et al., 2021). Calibration of the  
241 detector was obtained using certified reference material (IAEA-RGU-1; SOIL-6). For AIG17\_01, <sup>210</sup>Pb  
242 was measured by alpha spectrometry following the methodology described in  
243 Corbett and Walsh (2015). Activities are expressed in mBq g<sup>-1</sup> and errors calculated using 1-standard  
244 deviation counting statistics. Excess <sup>210</sup>Pb was calculated by subtracting the measured <sup>226</sup>Ra from the  
245 total measured <sup>210</sup>Pb activity. <sup>210</sup>Pb was normalized considering <sup>232</sup>Th in order to reduce the impact of  
246 changes in sediment composition (Stupar et al., 2014), due to a variable proportion of vegetal fraction  
247 in saltmarsh sediments. Sediment and mass accumulation rates were determined from the slope of  
248 the <sup>210</sup>Pb<sub>xs</sub><sup>Th</sup> profiles against depth and cumulative mass, using the CF:CS model (constant flux and  
249 constant sedimentation). For AIG17-01, calculations were done on <sup>210</sup>Pb<sub>xs</sub> in the absence of <sup>232</sup>Th  
250 determination. The mudflat/marsh transition in the core was determined by matching information  
251 based on: (i) marsh vegetation boundaries mapped at different years from aerial photos and satellite  
252 images, (ii) <sup>210</sup>Pb dating of the sediments downcore, and (iii) changes in the isotopic signature of the  
253 sedimentary organic matter.

254 Organic carbon accumulation rates (CAR, in g cm<sup>-2</sup> yr<sup>-1</sup>) were calculated as the product of the mean  
255 sediment OC content (in %), and mass accumulation rates based on the <sup>210</sup>Pb<sub>xs</sub><sup>Th</sup> profiles of the  
256 sediment cores (in g cm<sup>-2</sup> yr<sup>-1</sup>). The sections of the OC and δ<sup>13</sup>C profiles reaching a rather constant and  
257 minimum value in depth (< 2\*standard deviation) were interpreted as the effectively-preserved OC  
258 stocks. CAR values were also converted to CO<sub>2eq</sub> to give an order of magnitude of the potential  
259 sequestration capacity of saltmarshes in the bay (Hendriks et al., 2020).

### 260 3.3. LiDAR data

261 Saltmarsh accumulation rates at the multi-annual scale were obtained from LiDAR-derived digital  
262 elevation models (DEMs) obtained from 2010 to 2021. SAR estimates from LiDAR data are used to  
263 support the orders of magnitude in SAR obtained at the multi-decadal scale by sediment core analysis.  
264 LiDAR is a generalized remote-sensing method used to gauge the evolutions at the earth's surface. By  
265 measuring the reflected light that bounces off the ground and back to the sensor fixed on a plane, it  
266 provides accurate mapping of surface elevation from coastal environments (Collin et al., 2010;  
267 Medeiros et al., 2022). Differences between DEMs obtained during successive years allow assessing  
268 short-term sediment accumulation rates.



269 The most recent LiDAR data were acquired for the entire bay in September 2016 and October 2021  
270 (*OPSIA Company, Toulon*). Data were collected using a laser scanner RIEGL VQ-780 II mounted on a  
271 Partenavia P68 Observer2 from an altitude of 750 m and 1650 m in 2016 and 2021, respectively. It  
272 provided a point density of 10 points/m<sup>2</sup>. The vertical accuracy was derived from twenty ground-  
273 control points (GCPs) using a RTK-GPS on roads and parking around the bay. The root mean squared  
274 error for the height difference between LiDAR and RTK-GPS data was 2.5 and 3.4 cm for 2016 and 2021,  
275 respectively (Table S1). Previous LiDAR data were collected in July 2010, and in February 2013. These  
276 data were acquired with a point density of 3 points/m<sup>2</sup> using a laser scanner RIEGL VQ-820-G in 2010  
277 (*Institut Géographique National IGN, France*), and using a laser scanner RIEGL LiteMapper-6800 in 2013  
278 (*Aerodata Company, Marçq-en-Baroeul, France*). 376 GCPs were defined, and the vertical accuracy was  
279 calculated by comparing LiDAR data of 2010 and 2013, with the reference LiDAR data of 2016. This  
280 resulted in a vertical accuracy of 7 and 2 cm for 2010 and 2013, respectively (Table S2).

281 Differences in LiDAR-based DEMs were used to estimate the volume of sediment accumulated over  
282 saltmarshes of the whole bay, through time (in m<sup>3</sup>). These estimates accounted for marsh-elevation  
283 changes and for the progradation of the saltmarsh boundary between two periods of acquisition. The  
284 sediment volume in the salt marsh was then divided by the salt-marsh area to calculate mean sediment  
285 accumulation rates over different periods (2010-2021, 2013-2021, and 2016-2021; Table 2). Sediment  
286 accumulation rates for the entire instrumental period 2010 to 2021 were used to support orders of  
287 magnitude in accumulation rates derived from <sup>210</sup>Pb-derived dating of sediment cores. This integration  
288 of LiDAR data over 11 years has the advantage of reducing uncertainties associated with the vertical  
289 accuracy of each annual DEM. Contrary to sediment core data, LiDAR data covers the entire bay that  
290 allows us discussing the spatial and temporal variability of saltmarsh accretion over the last 20 years.  
291 Because TOC measurements are bound to the multi-decadal time scale, LiDAR data was not used to  
292 calculate carbon accumulation rates at the multi-annual time scale.

293

## 294 4. Results

### 295 4.1. Lateral evolution of the saltmarshes

296 The reconstruction of the saltmarsh boundary using aerial photographs and satellite images shows a  
297 global progradation toward the ocean since 1950 (Fig. 2). Data disclose a mean gradual seaward  
298 migration of  $8 \text{ m yr}^{-1}$  for the whole bay, and a maximum of  $14 \text{ m yr}^{-1}$  for the northern bay (Fig. 2a). This  
299 corresponds to a mean net gain in saltmarsh area of  $8 \text{ ha yr}^{-1}$  (Fig. 2b). The most recent land  
300 reclamations date back to 1963 and 1965, and are located in the southeastern and the northwestern  
301 bay, respectively. These land claims induced a reduction of 200 ha in the saltmarsh area, from 1960 to  
302 1972 (Fig. 2b). The saltmarsh has gained surface at relatively constant pace throughout the last two  
303 decades. The greatest progradation is in the northern bay, close to the Chenal Vieux and between  
304 vegetated tips that develop all around the bay.

### 305 4.2. Sediment composition

306 Sediments of the Aiguillon bay are composed predominantly of fine silt and clay at  $81 \pm 5 \%$  and  
307  $17 \pm 5 \%$  respectively, with mean grain size of  $6.7 \pm 1.6 \mu\text{m}$  (Fig. 3). OM content ranges from 12 to 24 %,  
308 and OC content from 1.1 to 6.1 % (Fig. S3), with the highest values found in the top of the sediment  
309 cores. These rather low OC levels categorize the saltmarshes of the Aiguillon Bay as minerogenic  
310 marshes; i.e., marshes that are dominated by mineral sediment input supplied by the inundating  
311 water.

312 Along the northern transect, AIG21\_22 core presents a clear change at 20cm depth. OM and OC  
313 content are maximal at the surface of the core until 7.5 cm, with a mean OC value of 4.5 % (Fig. 3). This  
314 value quickly drops to 2.7 % until 20 cm, and then reaches a minimum and relatively stable value of  
315  $1.4 \pm 0.1 \%$  until the base of the core. Maximum OC values are also found at the surface of the cores  
316 of AIG21\_21 and AIG21\_20 with 3.7 % and 3.5 %, respectively. These values decrease significantly with  
317 depth and stabilize below 20 cm in both cores, with mean OC of  $1.7 \pm 0.2 \%$  and  $2.3 \pm 0.2 \%$  for  
318 AIG21\_20 and AIG21\_21, respectively.

319 The three cores contrast by their carbon and nitrogen isotopic profiles.  $\delta^{13}\text{C}$  is minimal at the surface  
320 of cores AIG21\_22 and AIG21\_21 with mean values of  $-26.4 \text{ ‰}$  and  $-23.6 \text{ ‰}$ , respectively. This value  
321 increases downcore reaching a mean of  $-22.0 \text{ ‰}$  for AIG21\_22 and  $-18.1 \text{ ‰}$  in AIG21\_21, towards the  
322 base of the cores. The  $\delta^{13}\text{C}$  profile of the seaward site AIG21\_20 presents an opposite pattern with  
323 maxima found at the surface averaging  $-16.9 \text{ ‰}$ , and a mean of  $-21.9 \text{ ‰}$  found towards the base.  $\delta^{15}\text{N}$   
324 gradually decreases with depth in all cores. This trend is more pronounced in AIG21\_22 with a surface  
325 value of  $9.4 \text{ ‰}$  and a minimum of  $6.9 \text{ ‰}$  found at the base of the core. AIG21\_21 shows a decrease  
326 from  $8.7 \text{ ‰}$  to  $7.0 \text{ ‰}$ , and AIG21\_20 from  $7.7 \text{ ‰}$  to  $7.3 \text{ ‰}$ .

327 Along the eastern transect, the short core AIG21\_11 show profiles of OC and  $\delta^{13}\text{C}$  similar to that of the  
328 landward site AIG21\_22 (Fig. S2). OC content decreases from 6.1 % at the surface to 1.5 % at the core  
329 basal.  $\delta^{13}\text{C}$  is enriched from surface to base, with mean values ranging from  $-26.6 \text{ ‰}$  to  $-19.6 \text{ ‰}$ .

330 Grain size does not differ significantly between cores and between samples within each core, with  
331 geometric mean grain size of  $7.6 \mu\text{m}$  for AIG21\_22,  $6.4 \mu\text{m}$  for AIG21\_21, and  $6.2 \mu\text{m}$  for AIG21\_20.  
332 This suggests that bulk sediment material accumulated in saltmarshes of the Aiguillon Bay is  
333 unchanged through time and between locations.

### 334 4.3. Vertical evolution of the saltmarshes

#### 335 4.3.1. Sediment and mass accumulation rates

336  $^{210}\text{Pb}_{\text{xs}}$  activities are quite similar in surface sediment of all the cores (c. 100 mBq g<sup>-1</sup>), and decrease  
337 exponentially with sediment depth (Fig. 4). In contrast, the maximum penetration depth of  $^{210}\text{Pb}_{\text{xs}}$  is  
338 extremely variable among the cores. While negligible excesses are reached at about 80 cm in core  
339 AIG21\_22,  $^{210}\text{Pb}_{\text{xs}}$  activities are only half the surface values at 100 cm in core AIG21\_20. Even if such  
340 penetrations correspond to significant sedimentary accumulation, this suggests large disparities in the  
341 rate of sedimentation between the different sites. The decrease in  $^{210}\text{Pb}_{\text{xs}}$  present some irregularities  
342 as observed from 40 to 43 cm on core AIG21\_22 with lower excesses compared to the surrounding  
343 layers. Assuming that this layer corresponds to a specific event (relocation of older sediment), it was  
344 suppressed from the profile to produce an event-free  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$  profile on which a mean SAR was  
345 calculated.  $^{232}\text{Th}$  activities range between 28 to 55 mBq g<sup>-1</sup>, with the lowest values measured in the  
346 upper sections. Surface sediments also present the highest total carbon content resulting in a dilution  
347 of the detrital fraction as traced by the long-lived  $^{232}\text{Th}$  ( $T_{1/2} = 14 \cdot 10^9$  years). This dilution effect also has  
348 an impact on  $^{210}\text{Pb}$  as shown by the comparison of surface  $^{210}\text{Pb}_{\text{xs}}$  and  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$  activities (Fig. 4).  
349 Th-corrected  $^{210}\text{Pb}_{\text{xs}}$  is thus preferred to avoid overestimating sediment accumulation rates.

350 The depth of the  $^{137}\text{Cs}$  peak corresponding to the year 1963 was also used to test the robustness of the  
351 sediment and mass accumulation rates derived from the  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$  profiles.  $^{137}\text{Cs}$  activities are low  
352 (< 10 mBq g<sup>-1</sup>) in all profiles, except for a peak in core AIG-21\_22 and to a lesser extent in core  
353 AIG21\_21. In AIG21\_22, a clear  $^{137}\text{Cs}$  peak is found at 51 cm that lies within the error range of the  $^{210}\text{Pb}$   
354 model that estimates a depth of  $49 \pm 3$  cm for this chronomarker. Similarly in AIG21\_21,  $^{137}\text{Cs}$  activity  
355 peaks at 106.5 cm, expected at  $107 \pm 5$  cm using the  $^{210}\text{Pb}$  model. The high sedimentation rates of  
356 AIG21\_20, as derived from the  $^{210}\text{Pb}$  model ( $2.2 \pm 0.3$  cm yr<sup>-1</sup>), does not allow pointing at the year 1963  
357 for the 110-cm long sequence (projected depth of  $129 \pm 19$  cm). The  $^{137}\text{Cs}$  profile of AIG21\_20 thus  
358 shows a gradual increase with depth.

359  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$  profiles result in high mean apparent sedimentation accumulation rates (SAR) ranging from  
360 0.84 to 2.22 cm yr<sup>-1</sup>, with corresponding mass accumulation rates (MAR) of 0.74 to 1.83 g cm<sup>-2</sup> yr<sup>-1</sup>  
361 (Table 1). On the northern transect, the lowest sedimentation rates are found for the landward site  
362 (AIG21\_22), while the highest values are found for the seaward site (AIG21\_20). Short cores located  
363 close to the river mouth (AIG21\_11, and AIG17\_01) have intermediate values of 1.24 cm yr<sup>-1</sup> and 1.41  
364 cm yr<sup>-1</sup> (0.86 and 1.24 g cm<sup>-2</sup> yr<sup>-1</sup>), respectively.

#### 365 4.3.2. Spatial and temporal variability of saltmarsh accretion using LiDAR data

366 LiDAR data demonstrate that the saltmarshes of the Aiguillon Bay have rapidly accumulated sediment  
367 over the last decade. A net sediment gain of  $1\,419\,043 \pm 458\,732$  m<sup>3</sup> was found between 2010 and  
368 2021, which corresponds to a mean sedimentation rate of  $1.17 \pm 0.38$  cm yr<sup>-1</sup> for a surface area of  
369  $1\,100\,000$  m<sup>2</sup> in 2021 (Table 2, Fig. 5a). Mean sedimentation rates progressively decrease through time  
370 with  $0.48 \pm 0.24$  cm yr<sup>-1</sup> for the period 2013-2021, and  $0.39 \pm 0.49$  cm yr<sup>-1</sup> for 2016-2021 (Table 2).  
371 LiDAR results also show an important spatial heterogeneity in marsh vertical evolution. Maximum  
372 vertical gains are found at the saltmarsh boundary and at the foot of the dikes, with values > +1.0 m  
373 for the period from 2010 to 2021. High sediment accumulation > +0.8 m also characterizes areas  
374 located close and along the channels (Fig 5a). In contrast, minimum gains below 0.1 m are found  
375 landward, and from the zones characterized by mowing activity in the northern bay.

376 LiDAR-based SAR estimates for the entire instrumental period are consistent with sediment-core data  
377 at the coring sites, except for the site cored in 2017 (Fig 5b). Data show an increasing trend along the  
378 cross-shore transect from shoreward to seaward coring locations. Reported LiDAR values for the coring

379 locations of the northern transect AIG21\_22, 21, and 20 are 1.2, 2.2, and 2.9 cm yr<sup>-1</sup>, respectively for  
380 the period 2010-2021. LiDAR values for the coring locations of the eastern transect AIG21\_11, and  
381 AIG17\_01 are 2.2, and 3.2 cm yr<sup>-1</sup>, respectively. These values were derived using a 3x3m grid around  
382 the coring sites to account for spatial variability and for the GPS uncertainty in locating the coring sites.

#### 383 **4.4. Organic carbon accumulation rates**

384 Along the north transect, organic carbon accumulation rates (CAR) are marked by a great  
385 heterogeneity among the cores, with values ranging between 107 ± 11 g cm<sup>-2</sup> yr<sup>-1</sup> calculated for the  
386 landward location (AIG21\_22), 373 ± 5 g cm<sup>-2</sup> yr<sup>-1</sup> for the intermediate location (AIG21\_21), and  
387 340 ± 29 g cm<sup>-2</sup> yr<sup>-1</sup> for the seaward location (AIG21\_20; Table 1). The site close to the river mouth  
388 (AIG21\_11) displays an intermediate value of 182 ± 48 g cm<sup>-2</sup> yr<sup>-1</sup> (Table 1). These CAR values were  
389 estimated using OC content measured by an elemental analyzer, thus representing true OC content.  
390 Results from our tests of the different combustion duration and temperature confirm that the LOI  
391 technique cannot be used to determine quantitatively TOC percentages (Fig. S3).

392 Converted to CO<sub>2eq</sub>, CAR values from saltmarshes of the Aiguillon Bay would result in a minimum of 4  
393 tonnes CO<sub>2eq</sub> ha<sup>-1</sup> yr<sup>-1</sup> landward, and maxima of 12 and 14 tonnes CO<sub>2eq</sub> ha<sup>-1</sup> yr<sup>-1</sup> for the seaward and  
394 intermediate sites, respectively (Table 1). Nevertheless, such conversion should be associated with a  
395 discussion about the OC source and stability with depth, which is undertaken in the following sections.

## 396 5. Discussion

### 397 5.1. The Aiguillon Bay: a rapidly changing coastal environment

#### 398 5.1.1. Lateral and vertical evolution of the saltmarshes

399 Results have underlined a rapid progradation and aggradation of the saltmarshes in the Aiguillon Bay,  
400 at both multi-annual and multi-decadal scales.

401 The reconstructed evolution of the saltmarsh boundary revealed a lateral expansion of the marsh up  
402 to  $14 \text{ m yr}^{-1}$ , with a mean area gain of  $8 \text{ ha yr}^{-1}$  for the period 1950-2020 (Fig. 2). The saltmarsh  
403 boundary progressively recovered a general round shape, which contrasted with a more angular  
404 morphology induced by the most recent land claims in 1963 and 1965 (Fig. 3). At a smaller spatial scale,  
405 vegetated tips up to 300 m in length are clearly evidenced along the levees on both sides of the  
406 channels. These vegetated tips can act as barriers, providing a calmer environment conducive to  
407 sediment deposition, thus favoring the gradual expansion of the saltmarsh boundary (Fagherazzi et al.,  
408 2012; Verger, 2009). It is well established that halophytic vegetation canopy can reduce waves,  
409 currents and the associated bed shear stresses (Fagherazzi et al., 2020; Lavaud et al., 2020), which in  
410 turn can have profound impact on sedimentation patterns by increasing sediment trapping efficiency  
411 (Mudd et al., 2010; Temmerman et al., 2005).

412 Sediment core data revealed vertical accretion rates of  $0.8\text{-}2.2 \text{ cm yr}^{-1}$  (Fig. 4, 5; Table 1). Multi-decadal  
413 sediment accumulation rates (SAR) were estimated using  $^{210}\text{Pb}$ -based dating models developed for  
414 each sediment core (Fig. 4; Table 1). The log profiles of  $^{210}\text{Pb}$  activity showed a linear decrease through  
415 depth below the surface mixed layer, with consistent initial activity found among all cores (Arias-Ortiz  
416 et al., 2018). The  $^{137}\text{Cs}$  profiles were coherent with the  $^{210}\text{Pb}$  models for each core, with a clear  $^{137}\text{Cs}$   
417 peak interpreted as the year 1963 found in AIG21\_22. It should be noted that an anomalous drop in  
418  $^{210}\text{Pb}$  activity was found in the AIG21\_22 profile at c. 50 cm depth, and dated to  $1970 \pm 4 \text{ yrs}$ . Both a  
419 remobilization of older material and/or a higher sediment accumulation diluting the  $^{210}\text{Pb}$  signal could  
420 explain a decrease in  $^{210}\text{Pb}$  activity (Nolte et al., 2013). A possible explanation includes the  
421 remobilization of mudflat sediment by storm waves and its transport toward saltmarshes during  
422 marine flooding. Another possibility relates to the construction of embankments associated with the  
423 most recent land claim in 1965. Indeed, embankments are built of mud that is partly dug from the  
424 saltmarsh, which can lead to significant remobilization of old sediment material potentially  
425 redeposited in the vicinity of the coring site.

426 Multi-decadal sediment accumulation rates in the saltmarshes of the Aiguillon Bay ( $0.8\text{-}2.2 \text{ cm yr}^{-1}$ ) are  
427 among the highest reported for equivalent systems found in temperate regions (Giuliani and Bellucci,  
428 2019; Fig. 6). In particular, SAR of the Aiguillon Bay exceed the global SAR value of  $2.4 \pm 0.5 \text{ mm yr}^{-1}$   
429 reported for saltmarshes (Ouyang et al., 2022). LiDAR data for the period 2010-2021 tend to confirm  
430 the SAR orders of magnitude at the coring locations ( $1.2\text{-}2.9 \text{ cm yr}^{-1}$ ; Fig. 5b). Besides relatively high  
431 uncertainty in the vertical accuracy of the LiDAR DEM data, the consistency between the two  
432 techniques strengthens the reliability of SAR estimates from the cores. High sedimentation rates may  
433 appear surprising regarding the small size and the small water discharge of the rivers flowing in or close  
434 to the bay ( $2 \text{ m}^3 \text{ s}^{-1}$  for the Lay River, and  $12 \text{ m}^3 \text{ s}^{-1}$  for the Sèvre Niortaise River; Banque HYDRO,  
435 1969/2017). Like in the Aiguillon Bay, very high sedimentation rates were also reported for the  
436 Marennes-Oléron Bay, located 45 km to the south (Allard et al., 2010; Bertin et al., 2005; Bertin and  
437 Chaumillon, 2006; Poirier et al., 2016; Fig. 1). Four main sources of fine-grained sediment explained  
438 the rapid sediment-fill of the Marennes-Oléron Bay, including: (i) small coastal rivers flowing directly  
439 into the area; (ii) the Gironde estuary (to the south; Fig. 1); (iii) Mesozoic marls and limestones  
440 outcropping along the coast; and (iv) coastal marsh sediments. The Gironde estuary alone was found

441 to account for up to 84 % of the sediment supplied to the Marennes-Oléron Bay (Dabrin et al., 2014).  
442 By analogy, it can be proposed that the sediment-fill of the Aiguillon Bay is not solely derived from the  
443 local rivers flowing close to or within the cove. The relative contribution of sediment supplied by the  
444 Gironde Estuary and by erosion of coastal marls and limestones remains unknown, but cannot be  
445 excluded.

446 Beyond the control by sediment supply, high sedimentation rates in the Aiguillon Bay can be related  
447 to both its morphology and history. The presence of a few kilometer-long sand spit in the West (“Pointe  
448 de l'Aiguillon”; Fig. 1) makes this bay a sheltered environment that prevents erosion and favors siltation  
449 (Verger, 2009). Also, the Aiguillon Bay inherited from a long history of land reclamation (Godet et al.,  
450 2015; Godet and Thomas, 2013); Fig. 1). This likely had led to a decrease in tidal prism favoring  
451 sediment deposition, itself inducing tidal prism decrease through a positive feedback mechanism  
452 (Ladd, 2021; Unger et al., 2016).

#### 453 5.1.2. Spatial heterogeneity in saltmarsh vertical evolution

454 Sedimentation rates obtained from the sediment core analysis showed an increasing trend along the  
455 two cross-shore transects, from shoreward to seaward locations (Fig 5). Also, SAR estimates did not  
456 differ significantly from the northern to the eastern transects, suggesting that the intra-site variability  
457 cannot be attributed to the proximity with the Sèvre Niortaise River. Instead, LiDAR mapping confirms  
458 the shoreward to seaward trend in SAR, with maxima found at the mudflat-saltmarsh transition, and  
459 on both sides of tidal channels and tidal creeks (Fig 5a).

460 Two main parameters can explain this spatial pattern: (i) the distance from the sediment source; and  
461 (ii) the duration of inundation, in turn related to the accommodation space between the marsh  
462 topography and the highest tide levels. Indeed, a longer and more frequent flooding of seaward areas  
463 of the saltmarsh may enhance sediment supply and deposition close to the sediment source provided  
464 by mudflats and tidal channels (Fagherazzi et al., 2020, 2012). In particular, the multi-year transects of  
465 the Aiguillon Bay illustrate the control of marsh evolution by accommodation space (Fig. 5b). The  
466 marsh topography seaward was under the mean high water springs (MHWS) in 2010. Six years later,  
467 this same zone was above MHWS showing the rapid sediment-fill of this accommodation space (Fig.  
468 5b). Then, this topography stabilized between 2016 and 2021 revealing a weak sedimentation as  
469 accommodation space reduced considerably. The same applies at the scale of the entire bay.  
470 Sedimentation rates inferred from LiDAR were maximal for the period 2010-2021 ( $1.17 \pm 0.38 \text{ cm yr}^{-1}$ )  
471 and progressively decreased towards the most recent period 2016-2021 ( $0.39 \pm 0.49 \text{ cm yr}^{-1}$ ; Table 2).  
472 It is well established that young and low-elevation saltmarshes rapidly expand up to an equilibrium  
473 elevation relative to highest water levels, while older and higher saltmarshes tend to maintain this  
474 equilibrium level (Temmerman et al., 2004; Unger et al., 2016). Zhang et al. (2019) also showed that  
475 sediment deposition on marsh platforms decreases exponentially with distance from the channels and  
476 from the marsh edge, as a function of decreasing water depth and sediment settling velocity landward.

477 It should also be noted that the most terrestrial zone of the northern saltmarsh is characterized by  
478 relatively lower elevations (i.e., < 2.7 m NGF) located at a distance of 0-250 m from the embankment  
479 (northern transect; Fig. 5). This depression contrasts with the inner part of the eastern transect where  
480 the marsh topography gradually increases landward (Fig. 5b). Extensive and motorized mowing activity  
481 takes place in the northern bay (Godet et al., 2015; Joyeux et al., 2014), which is likely responsible for  
482 localized sediment compaction. This area also exhibits relatively high LiDAR-based SAR values (Fig. 5a).  
483 They can be explained by both relatively large accommodation space, and by important sediment  
484 supply favored by the presence of gullies used to drain and clean out the mown zones.

#### 485 5.1.3. The coastal marsh evolution offsets sea level rise impact

486 The combined approach based on sediment cores and LiDAR to estimate sedimentation rates sheds  
487 light on the response of saltmarshes to sea level rise over the last decades. It provides important clues  
488 on marsh resilience, with the mean accretion rates that largely outperform the local mean sea level  
489 rise of  $2.80 \pm 0.73 \text{ mm yr}^{-1}$  recorded in La Rochelle harbors (period 1993-2018, Fig. 1; Dodet et al.,  
490 2019; SONEL database, <http://www.sonel.org>). This suggests that the saltmarshes of the Aiguillon Bay  
491 are currently able to keep up with rising sea level. This has important implications with regards to  
492 services expected from such ecosystems, through adaptation to global sea level rise, protection from  
493 marine flood and shoreline erosion, and the support of ecosystem health and biodiversity (Bij de Vaate  
494 et al., 2020; Leonardi et al., 2018).

495 Interestingly, our data indicate positive accretion balance (accretion rate minus local sea-level rise  
496 rate) at both long and shorter term (Fig. 5b; Table 1, 2). This positive accretion balance in the Aiguillon  
497 Bay is consistent with what was observed in some other European sites (e.g., Silva et al., 2013), the  
498 Canadian Atlantic Coast and in the Gulf of Mexico (Crosby et al., 2016; Fig. 6). Sediment accumulation  
499 rates can vary greatly between marshes, which is explained by complex interactions between changes  
500 in relative sea level rise, tidal exchanges, vegetation type and density, and depositional processes  
501 (Giuliani and Bellucci, 2019). For instance, macrotidal marshes hold greater capacity to buffer rising  
502 sea level than microtidal ones, especially under high concentration of suspended sediment adjacent  
503 to the marsh (Friedrichs and Perry, 2022). Also, the history of intense and frequent storm events on  
504 the French Atlantic coast (six events between 1924 and 2010; Bertin et al., 2014), could have favored  
505 marsh elevation. During major marine flood events, tidal flats are eroded by storm waves and mud is  
506 transported and deposited shoreward onto saltmarshes and backshore environments (Baumann et al.,  
507 2017; Schuerch et al., 2018, 2013). In this context, the wide mudflats of the Aiguillon Bay (3700 ha)  
508 provide a substantial source of erodible fine-grained material made available for supplying the  
509 saltmarshes during high tides and storm events.

## 510 **5.2. Carbon accumulation rates in the saltmarshes**

511 Organic carbon accumulation rates (CAR) calculated using the sediment cores of the Aiguillon Bay  
512 saltmarshes range from 99 to  $345 \text{ g cm}^{-2} \text{ yr}^{-1}$ ; these values are consistent with the reviewed mean CAR  
513 value of  $245 \pm 26 \text{ g cm}^{-2} \text{ yr}^{-1}$  (Ouyang and Lee, 2014; Regnier et al., 2022; Fig. 6b). Given the rather low  
514 sediment OC content (1.3-6.0 %), it is very likely that these relatively high organic carbon accumulation  
515 rates are related to the fast sedimentation within saltmarshes of this bay. Results from the Aiguillon  
516 Bay will thus help refine blue carbon review efforts (Chmura et al., 2003; Duarte et al., 2005; Mcleod  
517 et al., 2011; Murray et al., 2011; Ouyang and Lee, 2014; Regnier et al., 2022), which till now, were fed  
518 by only one French study from Mediterranean estuarine saltmarshes (Hensel et al., 1999).

519 Our results also highlight an important spatial variability in OC accumulation capacity. This capacity is  
520 maximal for seaward and intermediate areas of the saltmarsh ( $331 \text{ g cm}^{-2} \text{ yr}^{-1}$  and  $345 \text{ g cm}^{-2} \text{ yr}^{-1}$ ,  
521 respectively), minimal landward ( $99 \text{ g cm}^{-2} \text{ yr}^{-1}$ ), and in-between closer to the mouth of the Sèvre  
522 Niortaise River ( $187 \text{ g cm}^{-2} \text{ yr}^{-1}$ ; Table 1). This variability questions the use of a unique CAR value in  
523 world review efforts, which should be best supported by multiple coring (e.g., Young et al., 2018). The  
524 heterogeneity in mass accumulation rates, used in the calculation of carbon accumulation rates, seem  
525 to be the main driver of the CAR spatial variability. This has important implications for estimating and  
526 upscaling OC accumulation rates for the studied region.

## 527 **5.3. Particulate organic carbon source and stability**

528 Van de Broek et al., (2018) stressed the fact that there might not be direct links between high OC  
529 deposition rates and high OC sequestration rates due to: (i) a potential source of allochthonous OC  
530 that is not sequestered in-situ, thus not contributing to the active removal of  $\text{CO}_2$  from the atmosphere;

531 and (ii) OC decomposition at the surface of the marsh that can directly relates to the release of CO<sub>2</sub>  
532 and CH<sub>4</sub> gasses. Here, we discuss these two processes to account for to avoid overestimating saltmarsh  
533 OC sequestration rates (Leorri et al., 2018).

#### 534 5.3.1. Autochthonous vs. allochthonous organic carbon

535 Sediment organic carbon in saltmarshes have two sources: (i) autochthonous OC derived from roots,  
536 woody tissues and leaf litter (supplied by C3 and C4 marsh terrestrial vegetation); and (ii)  
537 allochthonous OC produced from external sources (land and marine) and trapped by the vegetation of  
538 the marsh (Krauss et al., 2018; Van de Broek et al., 2018). The main sources of sediment to the Aiguillon  
539 Bay have distinctly different  $\delta^{13}\text{C}$  and N/C compositions, which theoretically enables interpreting the  
540 origin of OC to the saltmarshes (Fig. 7).

541  $\delta^{13}\text{C}$  and N/C within surface and near-surface sediments show a terrestrial plant signature. The  
542 signature of surface samples from the landward site (AIG21\_22) tends toward a C3 vascular-plant  
543 signature, and towards a C4 plant signature for the seaward site (AIG21\_20) (Lamb et al., 2006; Fig. 7).  
544 Plant associations mapped by the National Natural Reserve support these results, with C3 plants such  
545 as Sea Purslane (*halimione portulacoides*) dominating landward areas of the salt marshes, and C4  
546 plants like Marine Spartina (*spartina maritima*) developing preferentially seaward (Fig. S1). Previous  
547 studies similarly showed that C3 vascular vegetation can contribute largely to the organic carbon pool  
548 of supra-tidal sediments in minerogenic marshes (Wilson et al., 2005).

549 Contrasting with surface sediments, a marine source clearly dominates the OC signature of the deepest  
550 sediment samples (marine POC:  $\delta^{13}\text{C} = -25.1$  to  $-20.9$  ‰; N/C = 0.13 to 0.24; SOMLIT station, Pertuis  
551 Antioche; Fig. 1a, Fig., 7). This marine signature strongly supports our interpretation that basal-core  
552 samples correspond to mudflat sediments ( $\delta^{13}\text{C} = -22.0 \pm 0.2$  ‰; N/C =  $0.15 \pm 0.01$ ). Overlying these  
553 mudflat sediments, the saltmarsh sediment sections with stable OC are also placed within the range  
554 of the marine POC signature, but they differ significantly from the mudflat samples ( $\delta^{13}\text{C} = -23.5 \pm 0.4$   
555 ‰ for AIG21\_22,  $\delta^{13}\text{C} = -21.6 \pm 0.6$  ‰ for AIG21\_20; N/C of  $0.13 \pm 0.01$ ; Fig. 7). First, this suggests that  
556 the sediment composition of stable-OC sections is controlled primarily by the supply of allochthonous  
557 OC of marine origin. Although primary production by plants can exceed allochthonous OC deposition  
558 in some minerogenic marshes, Tidally-derived particulate organic matter is for most cases the  
559 dominant source of organic material in minerogenic marshes (e.g., Lamb et al., 2006). Second, the  
560 different signature between mudflat and saltmarsh samples also suggests that a small part of in-situ  
561 produced biomass still accounts for the stable OC content of deep saltmarsh samples.

562 In an analogous study from minerogenic marshes in northern Belgium, Van de Broek et al., (2018)  
563 discriminated: (i) a short-term OC deposition composed of relatively labile OC originating from locally-  
564 produced biomass; and (ii) a long-term OC deposition controlled by the supply of stable allochthonous  
565 OC from a marine origin. These authors further demonstrated that autochthonous OC was the main  
566 component being mineralized upon burial. The same process likely explains the transitional signature  
567 of Aiguillon sediments with depth: from a terrestrial plant signature towards a signature comparable  
568 to marine POC. Interestingly, our data suggests that this mechanism applies disregarding the surface  
569 plant composition (C3 or C4).

#### 570 5.3.2. Sediment organic carbon stability

571 Sediment accumulation rates from the Aiguillon saltmarshes were estimated from the stable OC  
572 sections of each core corresponding to a systematic depth below c. 20 cm and overlying mudflat  
573 sediments. Although no data are available from pore water geochemistry (e.g., Koretsky et al., 2008;  
574 Yau et al., 2022), this section of the cores was considered as the effectively-preserved OC stock  
575 (Mueller et al., 2019; Fig. 3). Steep decline in OC content with sediment depth was associated with a



576 significant  $\delta^{13}\text{C}$  change of c. 4 ‰; enriched with depth for C3-dominated sites, and depleted for C4-  
577 dominated sites (Fig. 8a). This change was interpreted as OC loss between topsoil layers and deeper  
578 levels of the cores through sustained decomposition, with  $\delta^{13}\text{C}$  enrichment or depletion that depends  
579 on plant species and tissue types (Kelleway et al., 2022).

580 To support this interpretation and assess the  $\delta^{13}\text{C}$  signature of the reactive carbon in Aiguillon  
581 sediments, we followed the approach developed by Komada et al., (2022). It is based on the  
582 assumption that total OC in a sample ( $C_s$ ) consists of two components: a reactive ( $C_r$ ) and a non-reactive  
583 ( $C_{nr}$ ), with each component having a fixed  $\delta^{13}\text{C}$  value  $\delta_r$  and  $\delta_{nr}$ , respectively. With  $\delta_s$  the  $\delta^{13}\text{C}$  value of  
584 total OC in the sample, the following formula can be defined:

$$585 \quad C_s = C_r + C_{nr} \quad (1)$$

$$586 \quad \delta_s C_s = \delta_r C_r + \delta_{nr} C_{nr} \quad (2)$$

587 Combining (1) and (2) to replace  $C_r$ , this gives the following:

$$588 \quad \delta_s C_s = \delta_r C_s + C_{nr}(\delta_{nr} - \delta_r) \quad (3)$$

589 if  $\delta_{nr}$  and  $\delta_r$  are constant, then plotting  $\delta_s C_s$  against  $C_s$  of the samples should yield a straight line with  
590 slope equivalent to  $\delta_r$ . This approach applied to Aiguillon sediments indicates a  $\delta^{13}\text{C}$  signature of -  
591 28.1‰ and -12.2‰ for the reactive carbon ( $\delta_r$ ) related to surface C3 and C4 plants, respectively (Fig.  
592 8b). Together with the averaged  $\delta^{13}\text{C}$  signature of mudflat samples of  $-22.0 \pm 0.2$  ‰, these results  
593 suggest that surface sediments from the Aiguillon Bay are composed predominantly of reactive OC  
594 (Fig. 8). Thus, it justifies discarding the upper c. 20 cm in the calculation of OC accumulation rates, at  
595 risk of largely overestimating the carbon sink capacity of Aiguillon saltmarshes.

596 Possible explanations for changes in OC and  $\delta^{13}\text{C}$  with depth include the preferential decomposition of  
597 autochthonous vs. allochthonous OC through highly oxidizing conditions near the surface (Mueller et  
598 al., 2019), preferential use of a labile OC pool by microbial decomposers and fungi (Menichetti et al.,  
599 2015), and  $\delta^{13}\text{C}$  fractionation between above- and below-ground biomass (Benner et al., 1987). This  
600 last process is unlikely regarding the consistent  $\delta^{13}\text{C}$  signature between C3 terrestrial plants  
601 (-21 to -32 ‰), C3 below-ground biomass in Aiguillon sediments ( $-27.0 \pm 0.8$  ‰), and the signature of  
602 reactive OC calculated for marsh sediments influenced by C3 vegetation (-27.9 ‰; Fig 7, 8a).

603 Overall, our results of  $\delta^{13}\text{C}$  and N/C from the Aiguillon Bay confirm previous findings that allochthonous  
604 carbon of marine origin prevails in long-term OC accumulation of minerogenic marshes (e.g., Mueller  
605 et al., 2019; Van de Broek et al., 2018). Although the surface OC pool is for the most part of  
606 autochthonous origin, only a small fraction remains preserved with sediment depth, thus contributing  
607 to long-term carbon sequestration. Nevertheless, the ability of coastal ecosystems to trap and store  
608 large amounts of allochthonous carbon from adjacent ecosystems remains a major asset with respect  
609 to the carbon sink function (e.g., Jennerjahn, 2020).

## 610 6. Conclusions

611 The saltmarshes of the Aiguillon Bay have shown great ability to cope with sea level rise, by elevating  
612 their topography at rates among the highest reported worldwide for these depositional environments.  
613 Our results highlighted the key role of sedimentation in providing and in maintaining ecosystem  
614 services offered by coastal wetlands. At present, the Aiguillon Bay still holds relatively important  
615 accommodation space, which enables it to expand both laterally and vertically at significant rates. The  
616 study site has inherited a long history of considerable sediment-fill of the Marais Poitevin, and it is still  
617 today characterized by significant sediment accumulation rates and volume gains. This suggests  
618 encouraging conditions for the resilience of the saltmarshes of the Aiguillon Bay in the face of future  
619 climate change and sea level rise. Nevertheless, as the source of sediment is not known precisely and  
620 in what quantity, it remains difficult to predict the future evolution of saltmarshes in the bay.

621 Our results confirmed previous findings that allochthonous carbon of marine origin prevails in long-  
622 term OC accumulation of minerogenic marshes, and that only a small fraction of autochthonous OC  
623 remains preserved with sediment depth. This implies that the wealth of carbon accumulation rates in  
624 minerogenic coastal marshes does not only depend on the marsh morphological evolution and the OC  
625 burial capacity of the vegetation. It also depends on the quality of coastal ecosystems at a larger scale,  
626 which includes nearshore waters and mudflat primary productivity. This calls on the need for more  
627 integrative coastal science, in which saltmarshes are considered as part of a coupled mudflat-marsh  
628 system, for instance (Schuerch et al., 2019). This coupling was emphasized among the top-ten pending  
629 questions to help prioritize the future of blue carbon science (Macreadie et al., 2019).

630 Increasing the value and recognition of the key role of intertidal ecosystems were also suggested as a  
631 potential lever to help sustain high biological production in coastal ecosystems. In particular, raising  
632 public awareness through communication of scientific knowledge can play an important role for  
633 integrating adaptation and mitigation options (IPCC, 2022). Among the multiple supports,  
634 popularization of science intended for the general public have shown to be particularly efficient in this  
635 regard (Chaumillon et al., 2019, 2021; <https://pnr.parc-marais-poitevin.fr/la-mer-contre-attaque-le-nouveau-show-scientifique-debarque-a-la-rochelle-mardi-26-novembre-2019>). Another way to  
636 increase the value of intertidal ecosystems is through the prism of natural heritage. The  
637 transdisciplinary consortia in which this study is framed by (ANR Project PAMPAS: *'Evolution of the*  
638 *Heritage Identity of the Pertuis Charentais marshes in response to the hazard of marine submersion'*),  
639 may enable to open such perspectives.  
640

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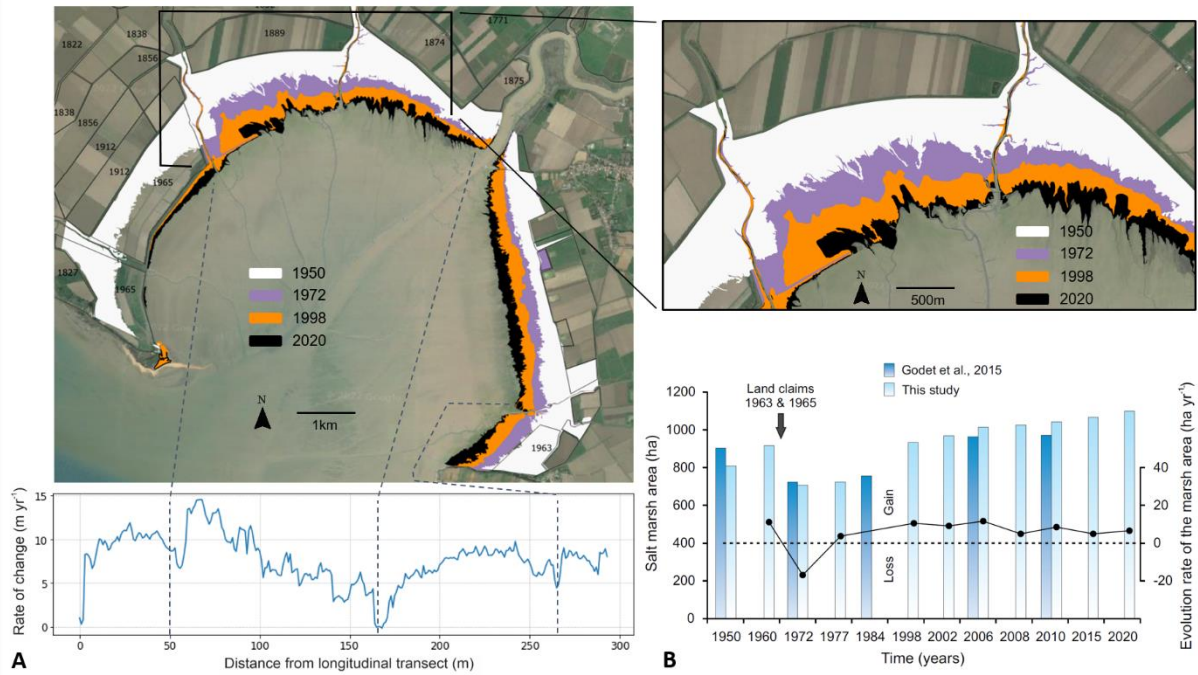
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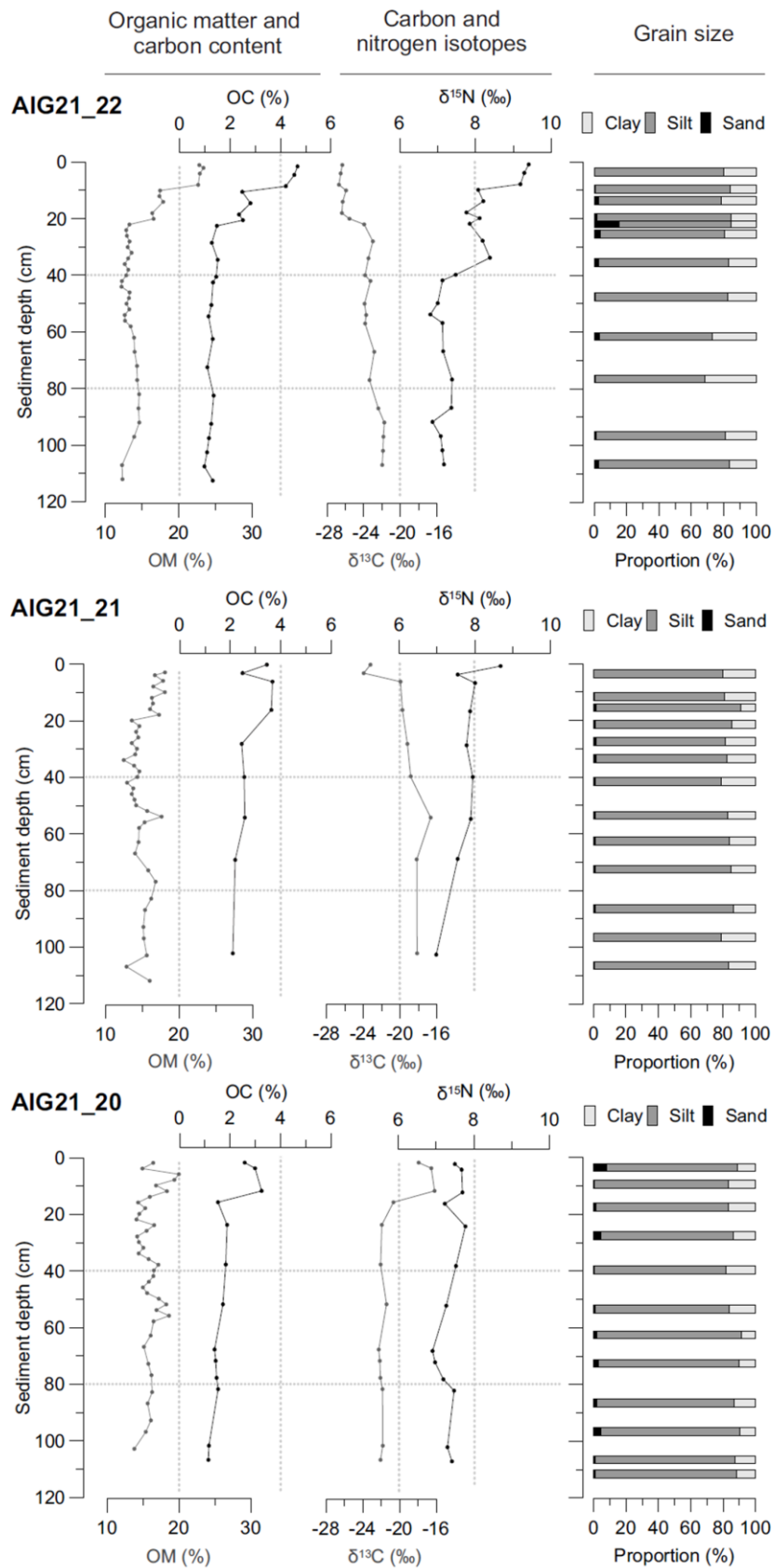
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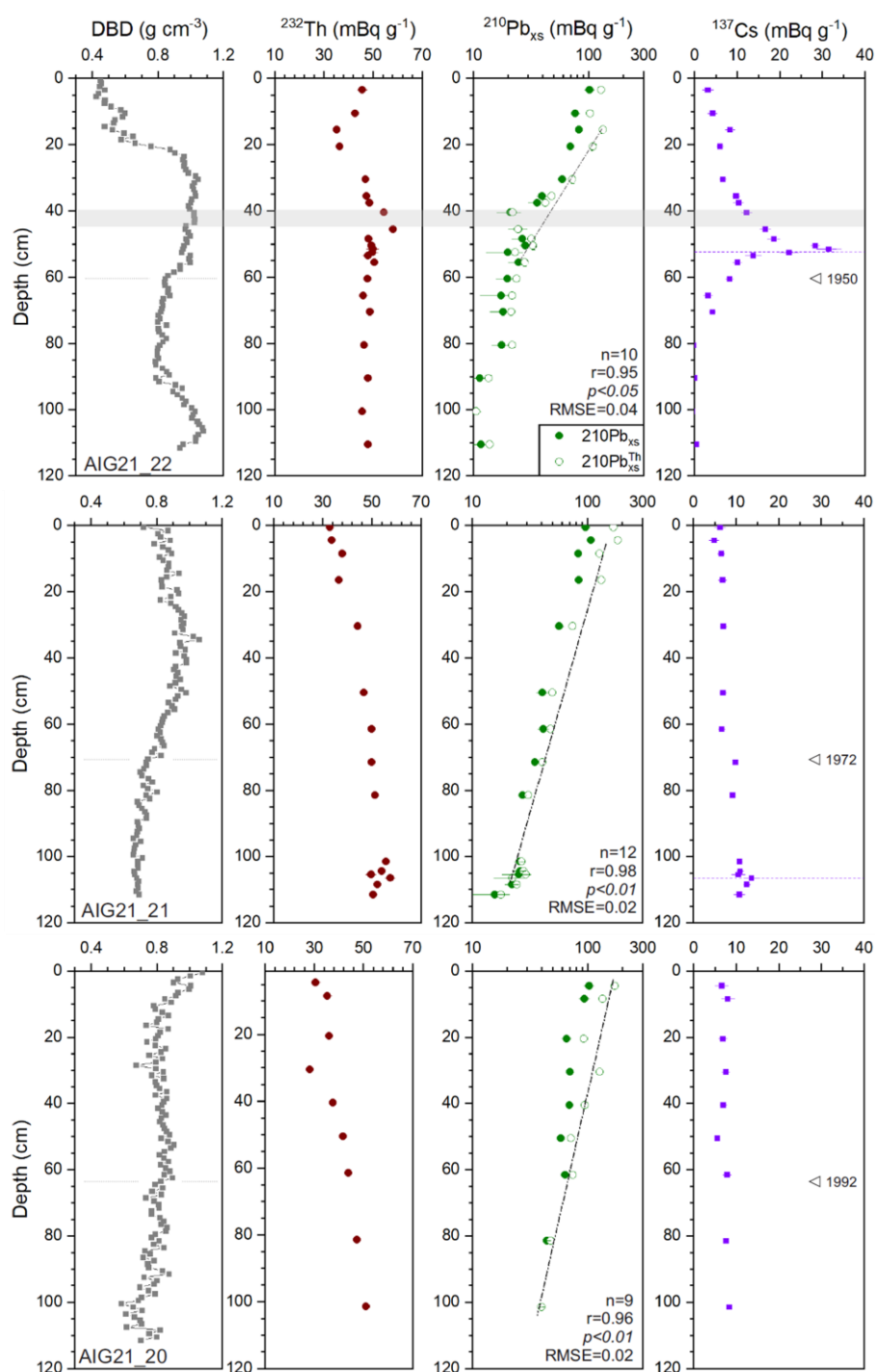
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**Figure 2** Evolution of the saltmarsh boundary and area since 1950. **A** (*upper*) spatial progradation of the saltmarsh area, and (*lower left*) progradation rates (in m yr<sup>-1</sup>) calculated along a longitudinal transect for the period 1950-2020. **B** Temporal evolution of the saltmarsh area (in ha) and rates of change (in ha yr<sup>-1</sup>), for the whole bay. The vertical arrow marks the most recent land claims in 1963 and 1965, which induced an important reduction in the saltmarsh area. Data are from this study and Godet et al. (2015).



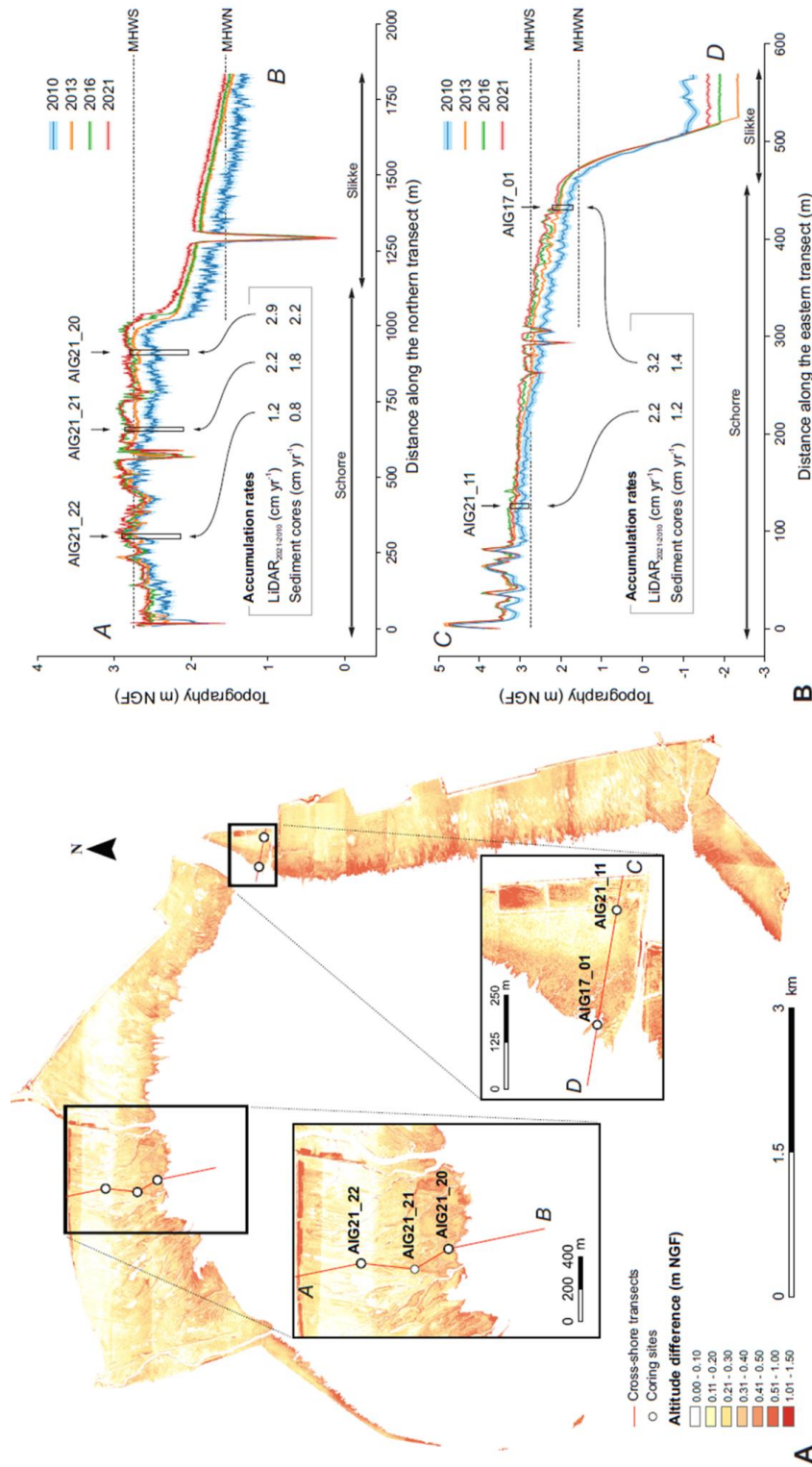
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944 **Figure 3** Downcore profiles of OM and OC content, carbon and nitrogen isotopes, and grain size  
 945 fractions of the three cores of the northern transect. The grain-size distribution of each sediment  
 946 samples (*light gray*) and the average per core (*black*) are also presented.



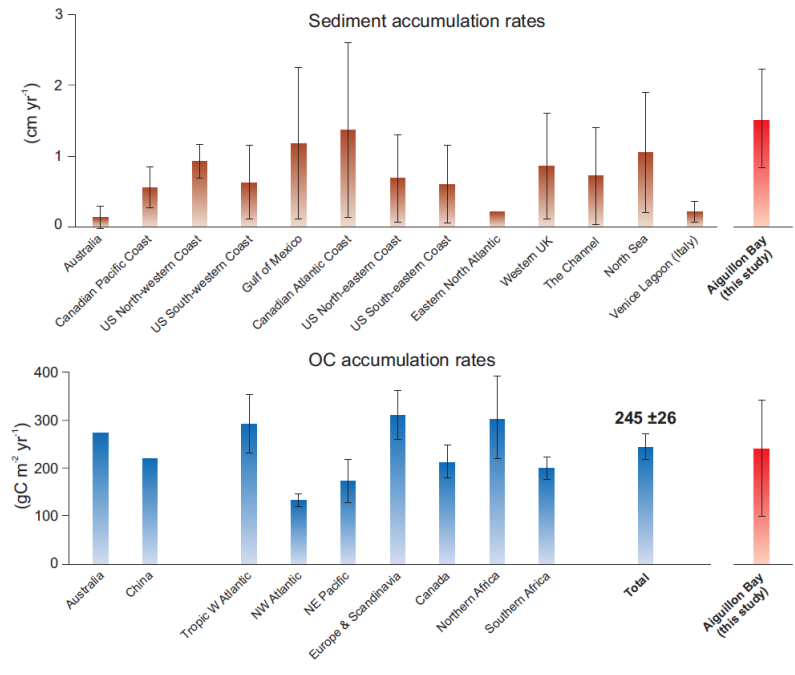
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949 **Figure 4** Profiles with sediment depth of dry bulk density (DBD; gray),  $^{232}\text{Th}$  (red),  $^{210}\text{Pb}_{\text{xs}}$  and  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$   
 950 (filled and empty green circles, respectively), and  $^{137}\text{Cs}$  (purple) for the three cores of the northern  
 951 transect. The exponential regressions from the  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$  profiles are used to calculate sediment and  
 952 mass accumulation rates. The gray horizontal rectangular in the AIG21\_22 profile highlights an  
 953 anomaly in  $^{210}\text{Pb}_{\text{xs}}$ . The corresponding layer thickness was subtracted to produce an event-free  $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$   
 954 profile from which sediment accumulation rate was calculated. The dates on the y-axis correspond to  
 955 the saltmarsh boundary (reconstructed using aerial photographs and satellite images) on which the  
 956 sediment core was retrieved. It marks the transition with depth between a tidal flat and a saltmarsh  
 957 environment.



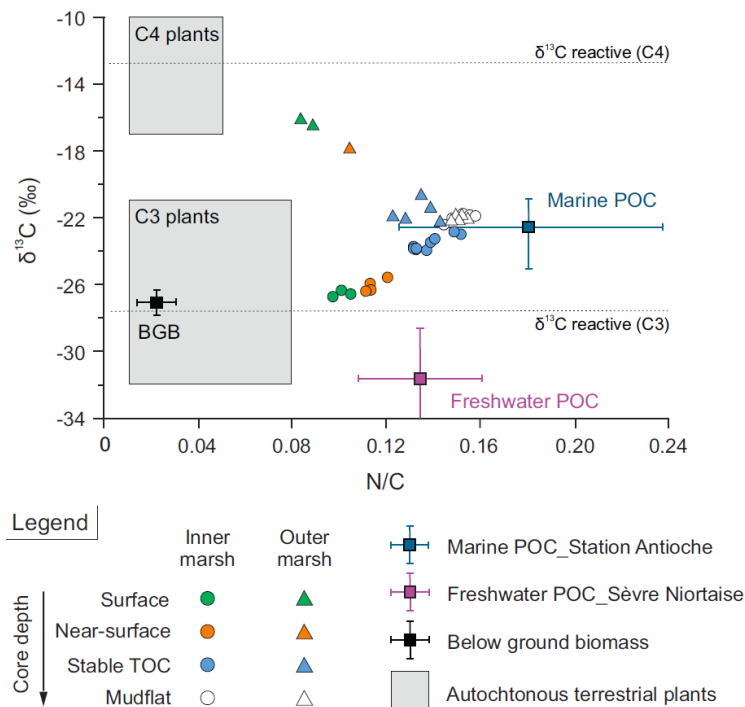
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959 **Figure 5** Mapping of the vertical evolution of the saltmarsh in the Aiguillon Bay using LiDAR data. **A**  
 960 DEMs difference between 2021 and 2010 with the location of the coring transects. **B** Topographical  
 961 changes along the two cross-shore transects for the four different years of LiDAR acquisition. Lower-  
 962 elevation peaks in the profiles mark the presence of channels and/or creeks crossed by the transects.  
 963 The coring sites are also reported on the topographical evolution of the transects, thus allowing a direct  
 964 comparison with <sup>210</sup>Pb-based accumulation rates [note that LiDAR accumulation rates (cm yr<sup>-1</sup>) are  
 965 calculated for the period 2010-2021; Table 2]. MHWS, and MHWN dashed lines represent the level of  
 966 mean high water springs and mean high water neaps, respectively.



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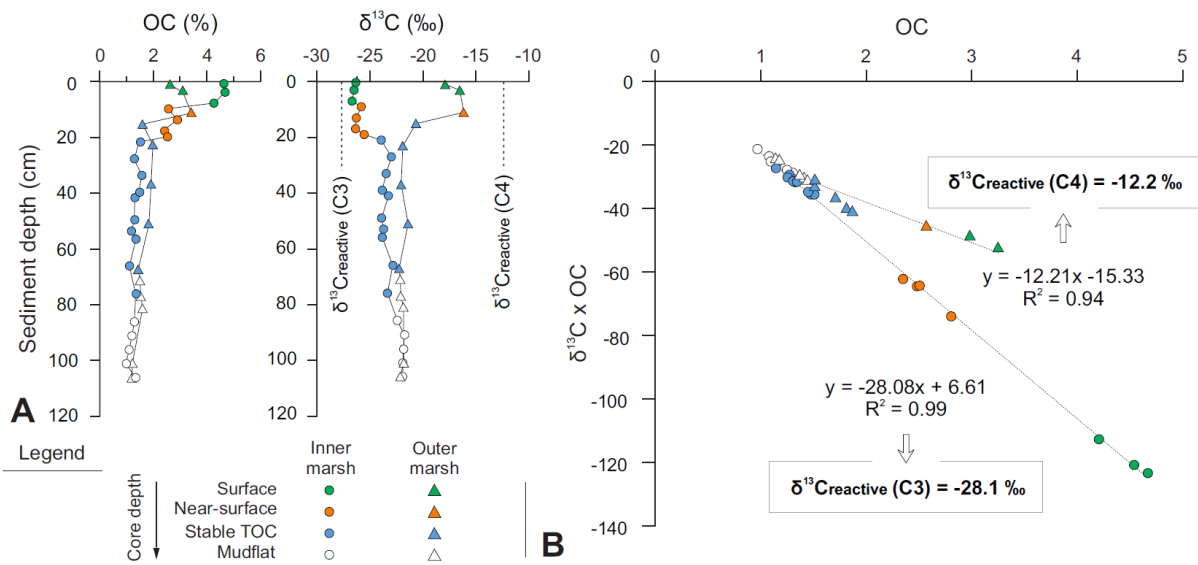
968 **Figure 6** Comparison between the Aiguillon Bay (red bars) and other saltmarsh studies: for sediment  
 969 accumulation rates from temperate regions (upper panel), and OC accumulation rates from other  
 970 regions worldwide (lower panel). This figure was built using review data from Giuliani and Bellucci  
 971 (2019) for sediment accumulation rates, and from Ouyang and Lee (2014) for OC accumulation rates.



972

973 **Figure 7** Comparison of  $\delta^{13}\text{C}$  and N/C signatures of the Aiguillon saltmarsh sediments to OM sources.  
 974 The use of the N/C ratio instead of C/N allows better separating the OM sources, graphically. Sediments  
 975 are classified according to the position of the core on the saltmarsh: inner (*circles*) and outer  
 976 (*triangles*), and to the depth in the core. The potential OM sources considered are: (i) freshwater POC  
 977 from upstream the Sèvre Niortaise, in Marans (*purple square with error bars*; Richard, 2000); (ii) marine  
 978 POC in the Pertuis d'Antioche (*blue square with error bars*; SOMLIT data); and (iii) C3- and C4-based  
 979 autochthonous OM from saltmarsh (Lamb et al., 2006 and references therein). The signature of below-  
 980 ground biomass from the inner marsh is also reported (BGB, *black square with error bars*; this study).  
 981 Horizontal dashed lines refer to the isotopic signature of reactive sedimentary OC dominated by C3  
 982 and C4 plants (*cf. Fig. 8b*).





985 **Figure 8** Elementary and isotopic signatures of saltmarsh sediments for the landward site (*circles*) and  
 986 the seaward site (*triangles*), colored according to sediment depth. **A** Depth-profiles of OC and  $\delta^{13}\text{C}$ .  
 987 Mudflat and marsh samples characterized by stable OC differ significantly from surface and near-  
 988 surface samples by their OC content and  $\delta^{13}\text{C}$  signature. **B**  $\delta^{13}\text{C} \times \text{OC}$  against OC used to determine the  
 989 signature of reactive OC as proposed by Komada et al. (2022). The slopes derived from cores of the  
 990 inner and outer marsh suggest a  $\delta^{13}\text{C}_{\text{Reactive}}$  of -12.2 ‰ and -28.1 ‰ for sediments influenced by C4  
 991 and C3 vegetation, respectively.

992 **Table 1** Data compilation by site for the saltmarshes of the Aiguillon Bay, with sediment accumulation  
 993 rates (SAR in  $\text{cm yr}^{-1}$ ), mass accumulation rates (MAR, in  $\text{g m}^{-2} \text{yr}^{-1}$ ), and OC content (in %), OC  
 994 accumulation rates (in  $\text{g m}^{-2} \text{yr}^{-1}$ ) and OC sequestration rates (in  $\text{TCO}_{2\text{eq}} \text{ha}^{-1} \text{yr}^{-1}$ ). The error bound to  
 995 sedimentation rates refers to the propagation of the error on the slope the  $^{210}\text{Pb}$  exponential  
 996 regressions.\* Cores were too short to observe the  $^{137}\text{Cs}$  peak; \*\* SAR and MAR are based on  $^{210}\text{Pb}_{\text{xs}}$ ,  
 997 without Th standardizing.

Site	Core coordinates		$^{137}\text{Cs}$ peak position		SAR		MAR		OC		
			depth (cm)	cumulative-mass ( $\text{g cm}^{-2}$ )	based on $^{137}\text{Cs}$	based on $^{210}\text{Pb}_{\text{xs}}$ Th	based on $^{137}\text{Cs}$	based on $^{210}\text{Pb}_{\text{xs}}$ Th	content (%)	CAR ( $\text{g m}^{-2} \text{yr}^{-1}$ )	sequestration rates ( $\text{TCO}_{2\text{eq}} \text{ha}^{-1} \text{yr}^{-1}$ )
					( $\text{cm yr}^{-1}$ )	( $\text{cm yr}^{-1}$ )	( $\text{g cm}^{-2} \text{yr}^{-1}$ )	( $\text{g cm}^{-2} \text{yr}^{-1}$ )			
Northern transect											
AIG21_20	46.31111	-1.17439	> 112 *	> 90.5*	> 1.91*	<b>2.22 ± 0.32</b>	> 1.55*	1.83 ± 0.30	1.86 ± 0.16	<b>340 ± 29</b>	12.5 ± 1.1
AIG21_21	46.31292	-1.17615	106.5	88.3	1.82	<b>1.85 ± 0.09</b>	1.51	1.50 ± 0.07	2.49 ± 0.03	<b>373 ± 5</b>	13.7 ± 0.2
AIG21_22	46.31591	-1.17592	51	41.8	0.87	<b>0.84 ± 0.06</b>	0.71	0.74 ± 0.05	1.44 ± 0.15	<b>107 ± 11</b>	3.9 ± 0.4
Eastern transect											
AIG17_01	46.3031833	-1.13131				<b>1.41 ± 0.19 **</b>		1.24 ± 0.20 **			
AIG21_11	46.30252	-1.12912	> 36 *	> 25.2 *	> 0.61 *	<b>1.24 ± 0.26</b>	> 0.43*	0.86 ± 0.12	2.12 ± 0.56	<b>182 ± 48</b>	6.7 ± 1.8

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1002 **Table 2** Evolution through time of the sediment volume gain (in  $\text{m}^3$ ) and sediment accumulation rates  
 1003 (in  $\text{cm yr}^{-1}$ ) in saltmarshes of the whole bay inferred using LiDAR data. Values are calculated for the  
 1004 entire instrumental period (2010 to 2021) and more recent periods (2013 to 2021, and 2016 to 2021).

	2010 – 2021 (entire instrumental period)	2013 – 2021	2016 – 2021
Sediment volume gain ( $\text{m}^3$ )	1 419 043 ± 458 732	426 251 ± 213 116	216 426 ± 267 440
Salt marsh area in 2021 ( $\text{m}^2$ )	11 000 200 ± 1 200	11 000 200 ± 1 200	11 000 000 ± 1 200
Sediment accumulation rate ( $\text{cm yr}^{-1}$ )	1.17 ± 0.38	0.48 ± 0.24	0.39 ± 0.49

1005