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# Few-Mode Fibers: Characterizations and Applications

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**Abstract:** We report design guidelines and modal loss characterizations (light scattering and extra-loss phenomena) of few-mode fibers that allow optimizing their crosstalk, differential mode group delay and differential mode attenuation for practical applications. © 2023 The Authors.

## 1. Introduction

Over the past decade, Mode-Division-Multiplexed (MDM) transmissions exploiting the multiple modes ( $N=3$  to 55 spatial modes) of Few-Mode Fibers (FMFs) have demonstrated their ability to overcome the capacity limits of single-mode systems [1-6]. In the weakly-coupled approach, each (group of) mode can be used as an independent data channel, if modal Crosstalk (XT) is minimized. Conventional signal processing techniques can then be used, i.e. simple 2x2 and 4x4 Multiple-Input Multiple-Output (MIMO) with coherent detection or no MIMO with direct detection. In the full-MIMO approach, all modes are simultaneously detected at reception with complex  $2N \times 2N$  MIMO to compensate for the XT, which requires to minimize their differential mode group delays (DMGDs).

XT and DMGD, that ultimately limit the reach of MDM transmissions, can be reduced by optimizing index profiles [7-15]. However, the attenuation and the Differential Modal Attenuation (DMA) of FMFs, that also degrade transmission performance in both approaches, have been little studied so far. In recent works, we demonstrated that the highest-order modes are more sensitive to Small Angle Light Scattering effect (SALS) and that the index profile can play a significant role on this effect [10]. We notably quantified the contributions of light scattering phenomena (Rayleigh Scattering (RS) and (SALS)) and their impacts on DMA [16].

In this paper, after discussing fiber design guidelines to minimize the XT or the DMGDs of FMFs, we present modal characterizations of light scattering phenomena performed on 3 different 6-LP-mode (10-spatial-mode) fibers. We show that trapezoidal-index profiles offer a good trade-off between low XT and low DMA. Finally, we report some practical applications using optimized FMFs.

## 2. Fiber Design Guidelines

### 2.1. Weakly-coupled FMFs

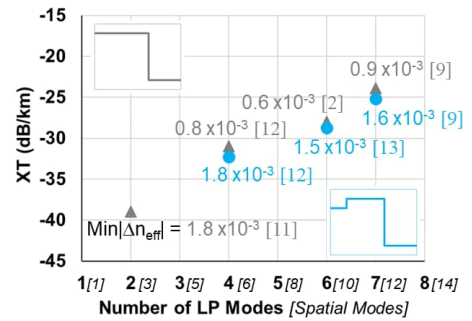
To minimize the XT, a well-known solution consists of increasing the effective index difference between the modes ( $\Delta n_{\text{eff}}$ ) [7,11]. For a given number of modes in step-index FMFs, this is done by simultaneously increasing the core index and decreasing the core radius. The drawbacks, however, are higher attenuations and smaller effective areas for all the modes [7].

A depressed-index zone can then be introduced in the center of the step-index core, or a high-index ring can be added, to allow increasing the  $\text{Min}|\Delta n_{\text{eff}}|$  between the LP modes from  $0.6\text{-}0.9 \times 10^{-3}$  to  $1.5\text{-}1.8 \times 10^{-3}$  without impacting attenuations or effective areas [8,9,12,13]. But despite this increase in  $\text{Min}|\Delta n_{\text{eff}}|$ , the XT reduction is moderate ( $\sim 2\text{dB/km}$ ) for FMFs with LP modes  $\geq 4$ , compared to  $>10\text{dB/km}$  reduction obtained for 2-LP-mode fibers [11] (see Fig.1). This is because the XT does not come only from the 2 modes with the smallest  $|\Delta n_{\text{eff}}|$ , but also from the other modes. More attention should thus be paid to the influence of mode overlapping and light scattering phenomena.

### 2.2. Low-DMGD FMFs

Trench-assisted graded-index FMFs can guide up to 55 spatial modes with low DMGDs [5]. These FMFs are made with usual multimode processes, allowing for low-cost and large-scale production [14,15]. DMGD is minimized at 1550nm by tuning the alpha parameter that governs the shape of the graded-index core and by taking particular care of the dimension and the position of the trench.

DMGDs are measured at 1550nm with the standard multimode DMGD setup. The different mode groups corresponding to the different peaks of the DMGD plot can be identified by simulating the measured traces using a



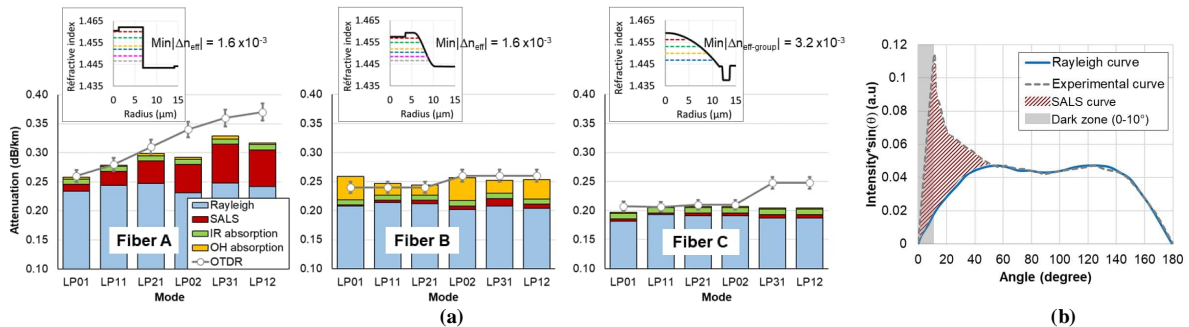
**Fig.1:** Measured XT vs. number of LP modes for step-index (grey) and inner-depressed step-index (blue) FMFs with different  $\text{Min}|\Delta n_{\text{eff}}|$ .

convolution of the input pulse and Dirac delta functions centered at the mode-group delays and weighted by the mode power distributions that depend on the offset launch. This allows for accurate characterizations of the FMFs and for fine tuning of the manufacturing processes in order to reach record low DMGDs (less than 80ps/km for a 15-spatial-mode fiber [15]).

### 3. Characterizations of Light Scattering Phenomena and DMA

In the C-band, the dominant contribution to optical losses is light scattering which is a combination of 2 factors: RS and SALS. RS is a well-known phenomenon that finds its origin in the microscopic heterogeneities of the glass induced by density fluctuations frozen in the glass and by dopant concentrations. It decreases with the order of the mode because higher-order modes are less confined in the doped core, and it decreases with the core index for all the modes. SALS has been less investigated. It is linked to local dipole elements induced by longitudinal and azimuthal fluctuations at the core-cladding interface that causes some coupling with radiation modes [17-19]. It is confined in a small angular cone ( $<50^\circ$ ) in the propagation direction of the mode. It increases with the order of the mode because higher-order modes have higher amplitude at the core-cladding interface. It also increases as a function of the index gradient at the core-cladding interface.

The relative contributions of each phenomenon in each mode and their impacts on the resulting DMA were quantified on 3 different FMFs designed to guide 6 LP modes (10 spatial modes) with low XT between their (group of) modes [16] (see insets of Fig.2(a)). Modal attenuations were measured at 1550nm by Optical Time Domain Reflectometry (OTDR) combined with a mode multiplexer based on multi-plane light conversion [20] (see Fig.2(a)). Fiber A [9] has an inner-depressed step-index profile and shows a significant increase of attenuation as a function of the mode order (DMA $\sim$ 0.11dB/km). Fiber B [10] has an inner-depressed trapezoidal-index profile (same  $\text{Min}|\Delta n_{\text{eff}}|$  of  $1.6 \times 10^{-3}$ ) and presents a much lower DMA of  $\sim$ 0.02dB/km. Such a profile was chosen to reduce SALS while ensuring a sufficiently high  $\text{Min}|\Delta n_{\text{eff}}|$ . Fiber C [14] has a trench-assisted graded-index profile, known to minimize SALS [18], with LP modes grouped into mode groups, and has a DMA $\sim$ 0.04dB/km.



**Fig.2:** OH, IR, Rayleigh and SALS contributions to the total losses (OTDR) of each mode of the different FMFs with their index profiles at 1550nm in insets (a); Example of experimental angular distribution of scattered intensity measured on Fiber A for LP<sub>12</sub> mode (dashed line) compared to theoretical Rayleigh curve, both weighted by the solid angle. The excess scattering intensity measured allows extracting the SALS contribution (b).

To quantify SALS and RS contributions, a dedicated light scattering measurement bench was developed [10, 16,17]. It consists of measuring the angular dependence of the normalized scattered light emitted by an uncoated section of the Fiber Under Test (FUT) passing through a circular quartz tank filled with index-matching and coupled to a laser source emitting around 1550nm, successively modulated at low frequency, scrambled in polarization and injected into the input port of the mode multiplexer. The output of the multiplexer is spliced to several meters of the FUT. Taking benefit of the known angular distribution of RS relative to the fiber propagation direction and fitting the data from  $50^\circ$  to  $170^\circ$ , we can extract for each mode the RS contribution. The SALS contribution is extracted by quantifying the excess scattered intensity at small angles (see Fig.2(b)). The RS and SALS contributions were evaluated for the 6 LP modes by measuring each fiber on 5 different longitudinal positions. Fig.2(a) summarizes the results. It can be noticed that Fiber A presents a higher RS contribution ( $\sim$ 0.24dB/km) than the two other fibers ( $\sim$ 0.21dB/km for Fiber B, and  $\sim$ 0.19dB/km for Fiber C). This is well explained by the core-cladding index difference. As expected, SALS increases with the mode order for Fiber A (from  $\sim$ 0.01dB/km to 0.08dB/km), while the increase is limited for Fiber B ( $\sim$ 0.01dB/km) and very low whatever the mode order for Fiber C ( $<$ 0.01dB/km). This confirms the theory, developed for SMFs [18-19] and highlighted here for FMFs in [10], that SALS contributes significantly to the DMA for the step-index profiles.

The estimated IR and OH absorption contributions have a limited mode order dependency at the scale of total losses. They can be added to the scattering contributions to explain the total losses measured by OTDR, the UV contribution being negligible at 1550nm. It was observed that Fiber B is affected by high OH absorption and that its total losses could be reduced by  $\sim 0.02$ dB/km with a better control of the manufacturing environment. One can note a good agreement between the measured and reconstructed losses. The small differences are attributed to the uncertainties coming from our experimental bench (dark zone below  $10^\circ$ ), while the higher difference experienced on the 4<sup>th</sup> mode group of Fiber C can be explained by micro-bending effects.

#### 4. Applications

In the weakly-coupled approach, using simple  $2 \times 2$  and  $4 \times 4$  MIMO, a record capacity of 402.7Tbps was demonstrated over 48km with 10 spatial modes [2] and 525km was reached with 4 spatial modes [3]. Real-time experiments, that lay the ground to actual deployments, were also reported [4,21]. Without MIMO, mode group division multiplexing using direct detection enabled 200Gbps bidirectional transmission over 20 km [1], and the same technique was deployed to multiply the capacity of MMF-based LANs by a factor of 400 [22].

In the full-MIMO approach, MDM with coherent detection allowed demonstrating several records: capacity of 1.53Pbs with spectral efficiency of 332b/s/Hz over 25.9km with 55 spatial modes ( $110 \times 110$  MIMO) [5], and distance of 3250km with 6 spatial modes ( $12 \times 12$  MIMO) [6]. Also, a 15-spatial-mode cable, which is part of the fiber-optic infrastructure of L'Aquila, recently allowed performing in-the-field MDM transmissions [23,24], which will enable a further step toward future deployed transmission systems.

#### 5. Conclusions

XT mechanisms in FMFs are not only a question of mode (group) spacing characterized by  $|\Delta n_{\text{eff}}|$ . Mode overlapping and scattering losses also play an important role. We have shown that trapezoidal-index profiles allow reducing SALS and DMA without degrading mode spacing. Further investigations are still in progress to evaluate the benefit of scattering-loss reductions on XT.

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