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A stabilized finite element framework for anisotropic adaptive topology optimization of incompressible fluid flows

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Abstract: This paper assesses the feasibility of performing topology optimization of laminar incompressible flows governed by the steady state Navier-Stokes equations using anisotropic mesh adaptation to achieve a high-fidelity description of all fluid-solid interfaces. The present implementation combines an immersed volume method solving stabilized finite element formulations 4 cast in the Variational Multiscale (VMS) framework, and level set representations of the fluid-solid 5 interfaces, used as a posteriori anisotropic error estimator to minimize the interpolation error under the constraint of a prescribed number of nodes in the mesh. Numerical results provided for several two-dimensional problems of power dissipation minimization show that the optimal designs are mesh-independent (although the convergence rate does decreases as the number of nodes increases), 9 agree well with reference results from the literature, and provide superior accuracy over prior studies 10 solved on isotropic meshes (fixed or adaptively refined). 11

Keywords: Topology Optimization; Fluid mechanics; Level Set Method; Anisotropic mesh adaptation

1. Introduction

Fluid flow topology optimization is the process of finding the best path for a fluid to 15 flow in a prescribed design domain to maximize a measure of performance under a set of 16 design constraints, for instance, to minimize dissipation subject to a constant volume of 17 fluid. Such an approach originates from solid mechanics [1,2], where it has matured into a 18 powerful, reliable and increasingly available tool for engineers in the early stages of complex 19 structural design processes at the component level [3,4]. It has since spread to a variety of 20 other physics modeled after partial differential equations; see Refs. [5,6] for surveys of the 21 evolving methods and applications, and Ref. [7] for a recent literature review within the 22 context of fluid flow problems. Topology optimization has mathematical foundation built 23 on iterative analysis and design update steps, often steered by gradient evaluations. What 24 stands out (compared to the size and shape optimization methods it has emerged from) is 25 the great design freedom, that allows generating non-intuitive designs from arbitrary initial 26 guesses, possibly meeting conflicting requirements and complex interdependencies between 27 design parameters and system response. 28

We leave aside here explicit boundary methods, that represent the fluid-solid interface 29 by edges or faces of a body-fitted mesh, and have limited flexibility to handle complicated 30 topological changes. The prevalent classes of methods for topology optimization are the 31 density and level set methods. Density methods rely on a Brinkman penalization of the 32 solid domain, where the flow is modeled as a fictitious porous material with very low 33 permeability [1,8,9]. They manage drastic topological changes, as the gradient information 34 (or sensitivity) is distributed over a large part of the domain, but can lead to spurious or 35 leaking flows if the penalization factor is not well-calibrated, since the velocity and pressure 36 fields are computed in the entire domain (both the solid and fluid regions). Level set 37

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methods conversely model the solid boundaries by iso-contours of a level set function [10-12]. They lack a nucleation mechanism to create new holes, due to the sensitivities being located only at the solid-fluid interface, which is often relieved using initial designs with many holes. Meanwhile, they easily handle complicated topological changes (e.g., merging or cancellation of holes), and allow for well defined, crisp interface representations while avoiding the intermediate material phases (grayscales) and mesh-dependent spatial oscillations of the interface geometry (staircasing) often encountered in density methods [13].

The norm in topology optimization is to employ fixed finite element meshes with 45 close-to-uniform element size, small enough that all relevant physical phenomena are reliably 46 captured, but not so small that the cost of performing the optimization becomes unaffordable. 47 A recent trend has been to use adaptive remeshing techniques to maintain a competitive 48 computational cost. Such an approach consists in generating a coarse base grid, then in 49 adding recursively finer and finer subgrids in the regions requiring higher resolution. This 50 repeats either until a maximum level of refinement is reached, or until the local truncation 51 error drops below a certain tolerance, for more sophisticated implementations endowed with 52 error estimation routines. Within the context of fluid flow problems, particular emphasis 53 has been put on (but not limited to) adaptive meshing refinement (AMR) schemes, using 54 both density [14,15] and level set methods [16,17]; see also [18] for an application to phase 55 field methods¹ and [19-21] for recent efforts applying a different remeshing scheme to a 56 combination of level set functions and adaptive body-conforming meshes. 57

There is still ample room for progress, though, as almost all adaptive algorithms 58 applied so far to fluid flow topology optimization support only isotropic size maps. Fluid 59 dynamics conversely involves convection dominated phenomena for which anisotropic meshes 60 are highly desirable [22], especially in the vicinity of the solid boundaries, where the fluid 61 velocity exhibits steep gradients in the wall-normal direction and skin-friction plays a 62 defining role. The premise of this study is that the ability to generate highly stretched 63 elements in boundary layer regions can substantially increase the accuracy of the geometric 64 representation, compared to what is often seen in topology optimization of flow problems, 65 and naturally convey said accuracy to the numerical solution without sophisticated inter-66 polation or discretization techniques. We note that this is all perfectly in line with the 67 recommendations made in [7] to improve upon the current state of the art. Nonetheless, our 68 literature review did not reveal any other study combining anisotropic mesh adaptation and 69 fluid flow topology optimization, besides the density-based optimisation of Stokes flow in 70 Ref. [15], possibly because the notorious difficulty of finding spatial discretization schemes 71 that meet the level of robustness required by automatic anisotropic mesh adaptation. 72

This research intends to fill the gap by introducing a novel numerical framework for 73 topology optimization of Navier–Stokes flows. The latter combines level set methods and 74 anisotropic mesh adaptation to handle arbitrary geometries immersed in an unstructured 75 mesh. The Navier–Stokes system is solved by a variational multiscale (VMS) stabilized 76 finite element method supporting elements of aspect ratio up to the order of 1000:1 [23]. 77 The same numerical method is used to solve the adjoint Navier–Stokes system underlying 78 the sensitivity analysis needed to evolve the level set function. The metric map providing 79 both the size and the stretching of mesh elements in a very condensed information data is 80 derived from the level set. A posteriori anisotropic error estimator is then used to minimize 81 the interpolation error under the constraint of a prescribed number of nodes in the mesh. 82 The latter can be adjusted over the course of optimization, meaning that the base grid can 83 be either refined or coarsened on demand. This contrasts with AMR, whose total number 84 of mesh elements cannot be controlled, and whose mesh cannot be coarsened further than 85 its base configuration. Since it reduces the cost of modelling the solid material away from 86 the interface, such an approach is expected to achieve further speed-ups while also helping 87 improve manufacturability of the optimal design, which remains an issue as most classical 88

¹ Another class of interface capturing schemes that remain less popular due to the larger computational cost and the difficulty of numerically discretizing the biharmonic phase-field equation.

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topology optimization methods render organic designs that can be difficult to translate into computer-aided design models.

The paper is organized as follows: the governing equations are formulated in Sec. 2. The anisotropic mesh adaptation algorithm and the immersed, stabilized finite element numerical framework used to perform the design update step are described in Secs. 3 and 4, respectively. The details of the implemented topology optimization algorithm are provided in Sec. 5. Finally, numerical experiments showcasing the potential of the approach on two-dimensional power dissipation minimization problems are presented in section 6, with particular attention paid to highlighting the improved accuracy and mesh-independence of the obtained solutions.

2. Immersed model for fluid flow topology optimization

In the following, we denote by Ω a fixed, open bounded domain in \mathbb{R}^d (with d the space dimension), with boundary $\partial\Omega$ oriented with inward-pointing normal vector \mathbf{n} . Throughout this study, $\Omega = \Omega_f \cup \Omega_s$ is the disjoint reunion of two domains Ω_f and Ω_s (for simplicity, we refer to Ω_f as the fluid domain, and to Ω_s as the solid domain, although we also fill Ω_s with a fluid for numerical convenience, as further explained in the following). The two domains are separated by an interface $\Gamma = \Omega_f \cap \Omega_s$, whose position we seek to optimize with respect to a certain measure of performance, here a cost function J to minimize.

2.1. State equations

Mathematically, the problem is characterized by a set of physical variables determined as the solutions of partial differential equations, themselves derived from modeling considerations. Here, the flow motion in the fluid domain Ω_f is modeled after the steady incompressible Navier–Stokes equations

$$\nabla \cdot \mathbf{u} = 0 \qquad \qquad \text{in } \Omega_f, \qquad \qquad (1)$$

$$\rho \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\mathbf{u})) \quad \text{in } \Omega_f, \qquad (2)$$

where **u** is the velocity, p is the pressure, $\varepsilon(\mathbf{u}) = (\nabla \mathbf{u} + \nabla \mathbf{u}^T)/2$ is the rate of deformation tensor, and we assume constant fluid density ρ and dynamic viscosity μ . The fluid domain boundary $\partial \Omega_f$ is split into (wall) interface Γ , inlet Γ_i , i.e., the combined boundary of all surfaces where fluid enters the domain, and outlet Γ_o , i.e., the combined boundary of all surfaces where fluid leaves the domain. Open flow boundary conditions are appended under the form of a prescribed velocity at the inlet, zero pressure and viscous stress conditions at the outlet, and zero velocity at the interface, hence

$$\mathbf{u} = \mathbf{u}_i \qquad \text{on } \Gamma_i \,, \tag{3}$$

$$= \mu \boldsymbol{\varepsilon}(\mathbf{u}) \cdot \mathbf{n} = \mathbf{0} \qquad \text{on } \Gamma_o \,, \tag{4}$$

 $\mathbf{u} = \mathbf{0} \qquad \text{on } \Gamma. \tag{5}$

2.2. Adjoint-based sensitivity analysis

 $p\mathbf{n}$

We assume in the following that the cost function (i) can be formulated as a surface integral over the domain boundary (rather than its interior), and (ii) does not depend on the flow quantities on the wall, which is most often true in topology optimization. It is thus expressed as integrals over all or any part of inlet and/or outlet , i.e.,

$$J_s = \int_{\Gamma_i \cup \Gamma_o} J \mathrm{d}s \,. \tag{6}$$

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The problem of minimizing the cost function subject to Navier–Stokes as state equations is tackled using the continuous adjoint method. The reader interested in the technicalities of the method is refereed to [24]. One first forms the Lagrangian 115

$$\mathcal{L} = \int_{\Gamma_i \cup \Gamma_o} J \,\mathrm{d}s - \int_{\Omega_f} \tilde{p} \nabla \cdot \mathbf{u} \,\mathrm{d}v - \int_{\Omega_f} \tilde{\mathbf{u}} \cdot \left(\rho \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p - \nabla \cdot (2\mu \varepsilon(\mathbf{u})) \,\mathrm{d}v \right), \tag{7}$$

featuring the adjoint velocity $\tilde{\mathbf{u}}$ as the Lagrange multiplier for the momentum equations (2) and the adjoint pressure \tilde{p} as the Lagrange multiplier for the continuity equation (1). One then seeks to decompose the variation of \mathcal{L} due to a change in the interface position into individual variations with respect to the adjoint, state and design variables. The variation with respect to the adjoint variables 120

$$\delta_{(\tilde{\mathbf{u}},\tilde{p})}\mathcal{L} = -\int_{\Omega_f} \delta \tilde{p} \nabla \cdot \mathbf{u} \, \mathrm{d}v - \int_{\Omega_f} \delta \tilde{\mathbf{u}} \cdot \left(\rho \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p - \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\mathbf{u})) \, \mathrm{d}v \right), \tag{8}$$

is trivially zero as long as (\mathbf{u}, p) is solution to the above Navier–Stokes equations, in which case $\mathcal{L} = J_s$. After integrating by parts, the variation with respect to the state variables is

$$\delta_{(\mathbf{u},p)}\mathcal{L} = \int_{\Omega_f} (\nabla \cdot \tilde{\mathbf{u}}) \delta p \, \mathrm{d}v + \int_{\Omega_f} (-\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} - \nabla \tilde{p} - \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}}))) \cdot \delta \mathbf{u} \, \mathrm{d}v \\ + \int_{\Gamma_i \cup \Gamma_o} \partial_{\mathbf{u}} J \cdot \delta \mathbf{u} \, \mathrm{d}s + \int_{\partial\Omega_f} (\tilde{p}\mathbf{n} + 2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}}) \cdot \mathbf{n} + \rho(\mathbf{u} \cdot \mathbf{n})\tilde{\mathbf{u}}) \cdot \delta \mathbf{u} \, \mathrm{d}s \\ - \int_{\Gamma_i \cup \Gamma_o} \partial_p J \mathbf{n} \cdot (-\delta p \mathbf{n} + 2\mu \boldsymbol{\varepsilon}(\delta \mathbf{u}) \cdot \mathbf{n}) \, \mathrm{d}s - \int_{\partial\Omega_f} \tilde{\mathbf{u}} \cdot (-\delta p \mathbf{n} + 2\mu \boldsymbol{\varepsilon}(\delta \mathbf{u}) \cdot \mathbf{n}) \, \mathrm{d}s \,, \qquad (9)$$

on behalf of the viscous stress being purely tangential in incompressible flows. At this stage, adjoint equations and boundary conditions are designed to ensure $\delta_{(\mathbf{u},p)}\mathcal{L} = 0$, which requires the domain and boundary integrals to vanish individually in (9). Keeping in mind that we work here under the assumption of a fixed interface (since the design variable is constant), we obtain the linear, homogeneous problem

$$\nabla \cdot \tilde{\mathbf{u}} = 0 \qquad \text{in } \Omega_f \,, \tag{10}$$

$$-\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} = \nabla \tilde{p} + \nabla \cdot (2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}})) \quad \text{in } \Omega_f, \qquad (11)$$

driven by the non-homogeneous boundary conditions

$$\tilde{\mathbf{u}} = -\partial_p J \mathbf{n} \qquad \text{on } \Gamma_i \,, \tag{12}$$

$$\tilde{p}\mathbf{n} + 2\mu\boldsymbol{\varepsilon}(\tilde{\mathbf{u}}) \cdot \mathbf{n} + \rho(\mathbf{u} \cdot \mathbf{n})\tilde{\mathbf{u}} = -\partial_{\mathbf{u}}J \qquad \text{on } \Gamma_o, \qquad (13)$$

$$\tilde{\mathbf{u}} = \mathbf{0}$$
 on Γ , (14)

associated to (3)-(5). Note, the minus sign ahead of the first term of the adjoint momentum equation (11) reflects the reversal in directionality due to the non-normality of the linearized evolution operator [25]. Expressing the interface normal deformation after [26] as

$$\delta \mathbf{u} = \beta \nabla \mathbf{u} \cdot \mathbf{n}, \tag{15}$$

the variation with respect to the design variable (now encompassing the domain deformation) ¹²⁴ is ultimately computed as ¹²⁵

$$\delta_{\beta} J_{s} \equiv \delta_{\beta} \mathcal{L} = \int_{\Gamma} \beta(\tilde{p}\mathbf{n} + 2\mu\varepsilon(\tilde{\mathbf{u}})\cdot\mathbf{n}) \cdot (\nabla\mathbf{u}\cdot\mathbf{n}) \,\mathrm{d}s = \int_{\Gamma} \beta\mu(\nabla\tilde{\mathbf{u}}\cdot\mathbf{n}) \cdot (\nabla\mathbf{u}\cdot\mathbf{n}) \,\mathrm{d}s,$$

where the last equality stems from the incompressibility of the state and adjoint solutions [24]. ¹²⁶ This enables efficient design update schemes via first-order gradient descent methods, as the ¹²⁷ second term in the integrand is the desired sensitivity to a displacement β at some specific ¹²⁸ point of the interface. For instance the simplest steepest-descent algorithm implemented herein moves down the cost function, in the direction of the steepest slope using 130

$$\beta = -\mu(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}), \qquad (16)$$

up to a positive multiplicative factor to control the step taken in the gradient direction.

2.3. Level set representation of the interface

The level set method is used here to localize and capture the interface between the fluid and solid domains from the zero iso-value of a smooth level set function, classically the signed distance function defined as

$$\varphi(\mathbf{x}) = \begin{cases} -\operatorname{dist}(\mathbf{x}, \Gamma) & \text{if } \mathbf{x} \in \Omega_f, \\ 0 & \text{if } \mathbf{x} \in \Gamma, \\ \operatorname{dist}(\mathbf{x}, \Gamma) & \text{if } \mathbf{x} \in \Omega_s, \end{cases}$$
(17)

with the convention that $\varphi < 0$ in the fluid domain. Once the sensitivity analysis has output 136 a displacement β in the direction of the steepest slope, the position of the level set is updated 137 solving a transport equation with normal velocity $\beta \mathbf{n}/\Delta \tau$, where $\Delta \tau$ is a pseudo-time step 138 to convert from displacement to velocity, that has no physical relevance since we are not 139 concerned by the absolute displacement of a given point on the interface, only by its relative 140 displacement with respect to its neighbors. This equation is posed in the whole domain 141 Ω , which is because the normal vector recovered at the interface as $\mathbf{n} = \nabla \varphi / ||\nabla \varphi||$ is easily 142 extended to Ω using (17). The main problem with this approach is that the level set after 143 transport is generally no longer a distance function, which is especially problematic when a 144 specific remeshing strategy depending on the distance property is used at the interface (as is 145 the case in this study). As a result, the distance function needs to be reinitialized, which is 146 done here using a coupled convection-reinitialization method wherein the level set function 147 is automatically reinitialized during the resolution of the transport equation. In practice, 148 the signed distance function is cut off using a hyperbolic tangent filter, as defined by 149

$$\phi = E \tanh\left(\frac{\varphi}{E}\right),\tag{18}$$

with E the cut-off thickness, so the metric property is asymptotically satisfied in the vicinity of the zero iso-value. This filtered level set is then evolved solving the auto-reinitialization equation 152

$$\partial_{\tau}\phi + \mathbf{a}_{\tau} \cdot \nabla\phi = S \,, \tag{19}$$

where we note

$$\mathbf{a}_{\tau} = \frac{\beta}{\Delta \tau} \mathbf{n} + \frac{\lambda}{\Delta \tau} \operatorname{sgn}(\phi) \frac{\nabla \phi}{\|\nabla \phi\|}, \qquad S = \frac{\lambda}{\Delta \tau} \operatorname{sgn}(\phi) \left(1 - \left(\frac{\phi}{E}\right)^2\right), \qquad (20)$$

and λ is a parameter homogeneous to a length, set to the mesh size h_{\perp} in the direction normal to the interface. Such an approach is shown in [27–29] to reduce the computational cost and to ensure a better mass conservation compared to the classical Hamilton–Jacobi method in which both steps are performed in succession. Moreover, since the filtered level set defined in (18) is bounded, Dirichlet boundary conditions $\phi = \pm E$ are easily appended to Eq. (19) to explicitly design fluid and solid sub-regions of $\partial\Omega$.

3. Anisotropic mesh adaptation

A primitive pseudo-code of the procedure for solving the topology optimization problem ¹⁶¹ posed in Sec. 2 is provided in the following algorithm: ¹⁶²

$$5 \text{ of } 40$$

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Algorithm 1 Simplified update scheme

Require: Anisotropic mesh adapted to initial level set function

1: **loop**

- 2: Compute state
- 3: Compute adjoint
- 4: Compute cost function sensitivity
- 5: Set displacement in the direction of steepest slope
- 6: Update level set
- 7: Generate anisotropic mesh adapted to new level set

to repeat until a maximum number of iterations or a convergence threshold has been reached. 163 In a nutshell, this is done here using a finite element immersed numerical framework com-164 bining implicit representation of the different domains, level set description of the interface, 165 and anisotropic remeshing capabilities. For the sake of readability, the mesh adaptation 166 algorithm, whose implementation in the context of fluid flow topology optimization makes 167 for the main novelty of this study, is presented here as a stand-alone section. We then walk 168 through each of the other steps in Sec. 4 and review the various problems involved and the 169 numerical methods for solving them. 170

3.1. Construction of an anisotropic mesh

The main idea of anisotropic, metric-based mesh adaptation is to generate a uniform 172 mesh (with unit length edges and regular elements) in a prescribed Riemannian metric 173 space, but anisotropic and well adapted (with highly stretched elements) in the Euclidean 174 space. Assuming that, in the context of metric-based adaptation methods, controlling the 175 interpolation error suffices to master the global approximation error, the objective can be 176 formulated as finding the mesh, made up of at most N_n nodes, that minimizes the linear 177 interpolation error in the L^1 norm. Following the lines of [30,31], an edge-based error 178 estimator combined to a gradient recovery procedure is used to compute, for each node, a 179 metric tensor that prescribes a set of anisotropic directions and stretching factors along 180 these directions, without any direct information from the elements, nor any underlying 181 interpolation. The optimal stretching factor field is obtained by solving an optimization 182 problem using the equi-distribution principle under the constraint of a fixed number of 183 nodes in the mesh, after which a new mesh is generated using the procedure described 184 in [32], based on a topological representation of the computational domain. 185

3.2. Edge error estimate

Given a mesh Ω_h of the domain Ω , we denote by \mathbf{x}^{ij} the edge connecting a given node \mathbf{x}^i to $\mathbf{x}^j \in \Sigma(i)$, where $\Sigma(i)$ is the set of nodes connected to \mathbf{x}^i , and the number of such nodes is noted as $|\Sigma(i)|$. Also, given a regular analytical (scalar) function ψ defined on Ω , and its P1 finite element approximation ψ_h computed on Ω_h , we follow [30] and estimate the interpolation error along the edge \mathbf{x}^{ij} as the projection along the edge of the second derivative of ψ . This is obtained projecting along the edge a Taylor expansion of the gradient of ψ at \mathbf{x}^j to give

$$\varepsilon_{ij} = |\mathbf{g}^{ij} \cdot \mathbf{x}^{ij}|, \qquad (21)$$

where the *i* and *j* superscripts indicate nodal values at nodes \mathbf{x}^i and \mathbf{x}^j , respectively, $\mathbf{g}^i = \nabla \psi(\mathbf{x}^i)$ is the exact value of the gradient at \mathbf{x}^i , and $\mathbf{g}^{ij} = \mathbf{g}^j - \mathbf{g}^i$ is the variation of the gradient along the edge. Although Eq. (21) involves only values of the gradient at the edge extremities and can thus be evaluated without resorting to ressource expensive Hessian reconstruction methods, this however requires the gradient of ψ to be known and continuous at the nodes, which in turn requires full knowledge of ψ . Meanwhile, only the linear interpolate ψ_h is known in practice, whose gradient is piecewise constant and 200 discontinuous from element to element, although its projection along the edges *is* continuous continuous since it depends only on the nodal values of the field.

A recovery procedure is thus used to build a continuous gradient estimator defined directly at the nodes. It is shown in [30] that a suitable error estimate preserving secondorder accuracy is obtained substituting the reconstructed gradient for the exact gradient in (21), to give 200

$$\varepsilon_{ij} = |\bar{\mathbf{g}}^{ij} \cdot \mathbf{x}^{ij}|, \qquad (22)$$

where $\mathbf{\tilde{g}}^{ij} = \mathbf{\tilde{g}}^j - \mathbf{\tilde{g}}^i$ and we denote by $\mathbf{\tilde{g}}^i$ the recovered gradient of ψ_h at node \mathbf{x}^i . The latter is defined in a least-square sense as

$$\bar{\mathbf{g}}^{i} = \underset{\mathbf{g} \in \mathbb{R}^{d}}{\operatorname{argmin}} \sum_{j \in \Sigma(i)} |(\mathbf{g} - \nabla \psi_{h}) \cdot \mathbf{x}^{ij}|^{2}, \qquad (23)$$

for which an approximate solution using the nodal values as sole input is shown in [30] to be 209

$$\bar{\mathbf{g}}^{i} = (\mathbf{X}^{i})^{-1} \sum_{j \in \Sigma(i)} (\psi_{h}(\mathbf{x}^{j}) - \psi_{h}(\mathbf{x}^{i})) \mathbf{x}^{ij}, \qquad (24)$$

where \mathbf{X}^{i} is the length distribution tensor defined as

$$\mathbf{X}^{i} = \frac{1}{|\Sigma(i)|} \sum_{j \in \Sigma(i)} \mathbf{x}^{ij} \otimes \mathbf{x}^{ij}, \qquad (25)$$

that gives an average representation of the distribution of the edges sharing an extremity. 211

3.3. Metric construction

In order to relate the error indicator ε_{ij} defined in (22) to a metric suitable for mesh adaptation purposes, we introduce the stretching factor s_{ij} as the ratio between the length of the edge \mathbf{x}^{ij} after and before the adaptation. The metric at node \mathbf{x}^i is sought to generate unit stretched edge length in the metric space, that is,

$$(s_{ij}\mathbf{x}^{ij})^T \cdot \mathbf{M}^i \cdot (s_{ij}\mathbf{x}^{ij}) = 1, \quad \forall j \in \Sigma(i),$$
(26)

for which an approximate least-square solution is shown in [30] to be

$$\mathbf{M}^{i} = \left(\frac{d}{|\Sigma(i)|} \sum_{j \in \Sigma(i)} s_{ij}^{2} \mathbf{x}^{ij} \otimes \mathbf{x}^{ij}\right)^{-1}, \qquad (27)$$

provided the nodes in $\Sigma(i)$ form at least d non co-linear edges with \mathbf{x}^i (which is the case if the mesh is valid). The metric solution of (27) is ultimately computed setting a target total number of nodes N_n . Assuming a total error equi-distributed among all edges, the stretching factor is shown in [31] to be

$$s_{ij} = \left(\frac{\sum_{i} N_i(1)}{N_n}\right)^{\frac{2}{d}} \varepsilon_{ij}^{-1/2}, \qquad (28)$$

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where $N_i(1)$ is the number of nodes generated in the vicinity of node \mathbf{x}^i for a unit error, given by 223

$$N_i(1) = \left(\det\left(\frac{d}{|\Sigma(i)|} \sum_{j \in \Sigma(i)} \varepsilon_{ij}^{1/2} \frac{\mathbf{x}^{ij}}{|\mathbf{x}^{ij}|} \otimes \frac{\mathbf{x}^{ij}}{|\mathbf{x}^{ij}|} \right) \right)^{-1/2}.$$
 (29)

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3.4. Summary

In order to simplify and clarify the presentation, the main steps needed for metric 225 construction at the nodes is summarized in the following algorithm: 226

Algorithm 2 Anisotropic mesh adaptation algorithm
Require: Anisotropic adapted mesh
1: Set number of nodes N_n
2: Compute ψ_h on current mesh
3: for each node \mathbf{x}^i do
4: Compute length distribution tensor \mathbf{X}^i using (25)
5: Compute nodal recovered gradient. $\mathbf{\bar{g}}^i$ using (24)
6: for all edges \mathbf{x}^{ij} do
7: Compute edge recovered gradient $\bar{\mathbf{g}}^{ij}$
8: Compute edge-based error ε_{ij} using (22)
9: Compute stretching factor s_{ij} using (28)
10: Compute metric \mathbf{M}^i using (27)
11: Generate new mesh by local improvement in the neighborhood of the nodes and edges [32]

11. Generate new mean by local improve

12: Interpolate ψ_h on new mesh

where classical linear interpolation from one mesh to another is applied.

3.5. Level set-based adaptation criteria

In practice, the variable used for error estimation purpose is the filtered level set 229 defined in (18), as it satisfies the metric property in a thin layer around the interface (in 230 particular it preserves the zero iso-value of φ , which is the only relevant information for 231 mesh adaptation purposes), but avoids unnecessary adaption of the mesh further away 232 from the interface (where the interpolation error is close-to-zero, due to $\|\nabla \phi\| \sim 0$). This 233 means that the criterion for mesh adaptation is purely geometric, i.e., the same mesh is 234 pre-adapted around the fluid-solid interface, then used to compute all quantities needed 235 to perform the next design update step. The flexibility of the proposed mesh adaptation 236 technique is illustrated in Figs. 1 and 2, where a solid circle, square and regular pentagram 237 defined by level set functions have been immersed close to the boundary of a square cavity 238 filled with fluid, to assess the capability to handle different features (angles, singular points, 239 curvatures) even under drastic conditions. Four meshes made up of 500, 1000, 2500 and 240 5000 nodes are considered, each of which comes in two flavors, one structured and the 241 other anisotropic, adapted to the level set. On the one hand, the adapted meshes exhibit 242 the expected orientation and deformation of the mesh elements, whose longest edges are 243 parallel to the solid boundaries. On the other hand, they are naturally and automatically 244 coarsened in smooth regions where the filtered level set is constant, while extremely refined 245 near the interface. Also, the transition is finer with an anisotropic adaptive mesh, which 246 allows maintaining a very good accuracy even for a low number of nodes, as evidenced in 247 Fig. 2 by the zero iso-value of the level sets. More quantitative results are available in [33], 248 where it is shown that at least ten times more elements are required in a structured mesh 249 to achieve the same accuracy, as measured computing the total perimeter and area of the 250 three immersed objects. 251

Nonetheless, it is worth mentioning that the approach also supports more complex 252 adaptation criteria featuring physical quantities, thus providing the ability to dynamically 253 adapt the mesh during the simulations. The common method to adapt a mesh to several 254 variables is to combine the metrics corresponding to each individual variable using metric 255 intersection algorithms, which is known to incur a relatively high computational cost and 256 to have potentially non-unique, suboptimal outcome. Conversely, the present approach 257 allows building directly a unique metric from a multi-component error vector combining 258 level set and any relevant flow quantity of interest, as definition (22) is easily extended 259 to account for several sources of error [34]. Indeed, if we consider $\psi = (\psi_1, \psi_2, \dots, \psi_p)$ a 260



Figure 1. Three immersed solid objects inside a squared cavity filled with fluid using structured meshes. (a) Mesh and zero iso-value of the level set function for a structured mesh with 500 nodes. (b-d) Same as (a) for a structured mesh with (b) 1000 nodes, (c) 2500 nodes and (d) 5000 nodes. The red and blue hues correspond to the solid and fluid domains, respectively.

vector consisting of p scalar variables, it comes out straightforwardly that the error is now a vector $\varepsilon_{ij} = (\varepsilon_{ij,1}, \varepsilon_{ij,2}, \dots, \varepsilon_{ij,p})$, whose L^2 norm can serve as simple error value for the vector $\varepsilon_{ij} = (\varepsilon_{ij,1}, \varepsilon_{ij,2}, \dots, \varepsilon_{ij,p})$



Figure 2. Same as Fig. 1 using anisotropic adapted meshes. (a) Mesh and zero iso-value of the level set function for an anisotropic mesh with 500 nodes, adapted using the level set filtered with $E = 2 \times 10^{-3}$. (b-d) Same as (a) for an anisotropic mesh with (b) 1000 nodes with $E = 10^{-3}$, (c) 2500 nodes with $E = 5 \times 10^{-4}$ and (d) 5000 nodes with $E = 10^{-4}$.

edge from which to compute the stretching factor (28) and ultimately, the metric solution $_{263}$ of (27). For instance, the 2d + 3 sized nodal vector field defined as $_{264}$

$$\boldsymbol{\psi}_{h}(\mathbf{x}^{i}) = \left(\frac{\phi_{h}^{i}}{\max_{j \in \Sigma(i)} \phi_{h}^{j}}, \frac{u_{h_{k \in \{1...d\}}}^{i}}{\|\mathbf{u}_{h}^{i}\|}, \frac{\|\mathbf{u}_{h}^{i}\|}{\sum_{j \in \Sigma(i)} \|\mathbf{u}_{h}^{j}\|}, \frac{\tilde{u}_{h_{k \in \{1...d\}}}^{i}}{\|\mathbf{\tilde{u}}_{h}^{i}\|}, \frac{\|\mathbf{\tilde{u}}_{h}^{i}\|}{\sum_{j \in \Sigma(i)} \|\mathbf{\tilde{u}}_{h}^{i}\|}\right),$$
(30)

can be used to combine adaptivity with respect to the norm and direction of the state and 265 adjoint velocity vectors, in addition to the level set. Because all fields are normalized by 266 their respective global maximum, a field much larger in magnitude cannot dominate the 267 error estimator, meaning that the variations of all variables are fairly taken into account. 268 This benefits problems involving more complex physics (e.g., turbulence, heat transfer, 269 fluid-structure interaction, multiple phases, possibly in interaction with one another), all the 270 more so in the context of topology optimization, as the difference in the spatial supports of 271 the state and adjoint quantities resulting from the non-normality of the linearized evolution 272 operator [35] may otherwise yield conflicting requirements in terms of the regions of the 273 computational domain most in need of refinement. 274

4. Computational methods

This section is devoted to the stabilized finite element numerical framework used to compute all solutions of interest on anisotropic adapted meshes and to perform the design update steps. For the sake of simplicity in the notations, and as long as it does not lead to ambiguity, we omit in what follows the distinction between all continuous variables (e.g., domains, solutions, operators) and their discrete finite element counterparts, as well as the dependency of all variables on the iteration of the optimization process. 201

4.1. Immersed volume method

The immerse volume method (IVM) [36,37] is used to combine the fluid and solid 283 phases of the problem into a single fluid with variable material properties (density and 284 viscosity). This amounts to solving state and adjoint equations identical to those introduced 285 in Sec. 2, but formulated not just the fluid domain Ω_f , but in the whole domain Ω , with 286 phase-dependent density and viscosity fields adequately interpolated over a small layer 287 around the interface, and otherwise equal to their fluid and solid values. Note, the thickness 288 of the interpolation layer is user-defined and does not increase in size during the optimization, 289 unlike the homogenization method or any other generalized material method. Using the 290 level set function (17) as criterion for anisotropic mesh adaptation ensures that individual 201 material properties can be distributed accurately and smoothly as possible over the smallest 292 possible thickness around the interface. This is classically done by linear interpolation 293 between the fluid and solid values, using a smooth Heaviside function computed from the 294 level set to avoid discontinuities by creating an interface transition with a thickness of a few 295 elements. Such an approach is simpler that the Ersatz material approach [38], that adds 296 a Brinkman penalization term to the Navier–Stokes equations, and has clear connections 297 to density-based methods through the material distribution [17]. It is especially relevant 298 to thermal coupling problems, as having composite conductivity and specific heat means 299 that the amount of heat exchanged at the interface then proceeds solely from the individual 300 material properties on either side of it, and removes the need for a heat transfer coefficient. 301 For the pure flow problems tackled here, though, it suffices to use constant density and 302 viscosity (equal to the fluid values) and to set the velocity to zero at all grid nodes located 303 inside the solid domain Ω_s . Compared to using a very high solid to fluid viscosity ratio 304 to ensure that the velocity is zero in the solid domain, this can be seen as a hard penalty 305 preventing the fluid from leaking across the immersed interface. The latter holds numerically 306 because anisotropic mesh adaptation precisely aligns the mesh element edges along the 307 interface. It thus ensures that the latter does not intersect arbitrarily the mesh elements, 308 which would otherwise compromise the accuracy of the finite element approach. 309

4.2. Variational multiscale modeling

The convective terms in the incompressible Navier-Stokes and level set transport equations may cause spurious node-to-node velocity oscillations. Furthermore, the equal order linear/linear approximations used for the velocity and pressure variables, albeit very desirable due to its simplicity of implementation and affordable computing cost (especially for 3D applications), may give rise to spurious pressure oscillations. To prevent these numerical

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instabilities, we solve here stabilized formulations cast in the Variational Multiscale (VMS) framework, that enhance the stability of the Galerkin method via a series of additional integrals over element interior. The basic idea is to split all quantities into coarse and fine scale components, corresponding to different levels of resolution, and to approximate the effect of the fine scale (that cannot be resolved by the finite element mesh) onto the coarse scale via consistently derived residual based terms.

4.2.1. Navier–Stokes equations

In practice, the state solution is computed by time-stepping the unsteady Navier–Stokes 323 equations with large time steps to accelerate convergence towards a steady state. The 324 stopping criterion is here for two consecutive time steps to differ by less than 10^{-6} in L^{∞} 325 norm. In order to deal with the time-dependency and non-linearity of the momentum 326 equation, the transport time of the time scale is assumed much smaller than that of the 327 coarse scale. In return, the fine scale contribution to the transport velocity is neglected, and 328 the fine scale is not tracked in time, although it is driven by the coarse-scale, time-dependent 329 residuals and therefore does vary in time in a quasi-static manner. In-depth technical and 330 mathematical details together with extensive discussions regarding the relevance of the 331 approximations can be found in [39]. Ultimately, the coarse scale variational problem is 332 formulated as 333

$$\int_{\Omega} (\rho \partial_t \mathbf{u} + \rho \mathbf{u} \cdot \nabla \mathbf{u}) \cdot \mathbf{w} \, \mathrm{d}v + \int_{\Omega} 2\mu \boldsymbol{\varepsilon}(\mathbf{u}) : \boldsymbol{\varepsilon}(\mathbf{w}) \, \mathrm{d}v - \int_{\Omega} p(\nabla \cdot \mathbf{w}) \, \mathrm{d}v + \int_{\Omega} (\nabla \cdot \mathbf{u}) q \, \mathrm{d}v \\ - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_1 \mathbf{r}_1 \cdot (\rho \mathbf{u} \cdot \nabla \mathbf{w}) \, \mathrm{d}v - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_1 \mathbf{r}_1 \cdot \nabla q \, \mathrm{d}v - \sum_{k=1}^{N_e} \int_{\Omega_k} \tau_2 r_2(\nabla \cdot \mathbf{w}) \, \mathrm{d}v = 0 \,, \quad (31)$$

where we have considered a discretization of Ω into N_e non-overlapping elements (triangles or tetrahedrons), Ω_k is the domain ocuppied by the *k*th element, and \mathbf{r}_1 and r_2 are the momentum and continuity residuals

$$-\mathbf{r}_1 = \rho \partial_t \mathbf{u} + \rho \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p, \qquad -r_2 = \nabla \cdot \mathbf{u}, \qquad (32)$$

whose second derivatives vanish since we use linear interpolation functions. Finally, τ_1 and τ_2 are ad-hoc stabilization coefficients, computed on each element after [37,40] as

$$\tau_1 = \frac{1}{\rho \left(\tau_t^2(u) + \tau_d^2\right)^{1/2}}, \qquad \tau_2 = \frac{h^2}{\tau_1}, \tag{33}$$

with convection (transport) and diffusion-dominated limits defined as

$$\tau_t(u) = c_t \frac{u}{h}, \qquad \tau_d = c_d \frac{\mu}{\rho h^2}. \tag{34}$$

Here, u is a characteristic norm of the velocity on the element, computed as the average 340 L^2 norm of the nodal element velocities. Also, h is the element size, computed as its 341 diameter in the direction of the velocity to support using anisotropic meshes with highly 342 stretched elements [41], and $c_{t,d}$ are algorithmic constants taken as $c_t = 2$ and $c_d = 4$ for 343 linear elements [40]. Equation (31) is discretized with a first-order-accurate time-integration 344 scheme combining semi-implicit treatment of the convection term, implicit treatment of 345 the viscous, pressure and divergence terms, and explicit treatment of the stabilization 346 coefficients. All linear systems are preconditioned with a block Jacobi method supplemented 347 by an incomplete LU factorization, and solved with the GMRES iterative algorithm, with 348 tolerance threshold set to 10^{-6} . 349



4.2.2. Adjoint Navier–Stokes equations

Application of the stabilized formulation, as described above, to the adjoint Navier-351 Stokes equations yields the following coarse scale variational problem

$$\int_{\Omega} (-\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^{T} \cdot \tilde{\mathbf{u}}) \cdot \mathbf{w} \, \mathrm{d}v + \int_{\Omega} 2\mu \boldsymbol{\varepsilon}(\tilde{\mathbf{u}}) : \boldsymbol{\varepsilon}(\mathbf{w}) \, \mathrm{d}v + \int_{\Omega} \tilde{p}(\nabla \cdot \mathbf{w}) \, \mathrm{d}v + \int_{\Omega} (\nabla \cdot \tilde{\mathbf{u}}) q \, \mathrm{d}v$$
$$- \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tilde{\tau}_{1} \tilde{\mathbf{r}}_{1} \cdot (-\rho \mathbf{u} \cdot \nabla \mathbf{w}) \, \mathrm{d}v - \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tilde{\tau}_{1} \tilde{\mathbf{r}}_{1} \cdot \nabla q \, \mathrm{d}v - \sum_{k=1}^{N_{e}} \int_{\Omega_{k}} \tilde{\tau}_{2} \tilde{r}_{2} (\nabla \cdot \mathbf{w}) \, \mathrm{d}v$$
$$- \int_{\Gamma_{o}} \rho(\mathbf{u} \cdot \mathbf{n}) (\tilde{\mathbf{u}} \cdot \mathbf{w}) \, \mathrm{d}s = \int_{\Gamma_{o}} \partial_{\mathbf{u}} J \cdot \mathbf{w} \, \mathrm{d}s \,. \tag{35}$$

The associated momentum and continuity residuals read

$$-\tilde{\mathbf{r}}_1 = -\rho \mathbf{u} \cdot \nabla \tilde{\mathbf{u}} + \rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}} - \nabla \tilde{p}, \qquad -\tilde{r}_2 = \nabla \cdot \tilde{\mathbf{u}}, \qquad (36)$$

and the stabilization coefficients are computed on each element after [42] as

$$\tilde{\tau}_1 = \frac{1}{\left(\tau_t^2(u) + \tau_d^2 + \tau_r^2\right)^{1/2}} \,. \qquad \tilde{\tau}_2 = \tau_2 \,, \tag{37}$$

Note, τ_r is an additional component corresponding to the reaction-dominated limit, which 355 stems from the $\rho \nabla \mathbf{u}^T \cdot \tilde{\mathbf{u}}$ term describing the production of adjoint perturbations. It is 356 defined as 357

$$\tau_r = \rho \nabla u \,, \tag{38}$$

where ∇u is a characteristic norm of $\nabla \mathbf{u}$ on the element, computed as the average L^2 358 norm of the nodal velocity gradients. It is important to note that the adjoint stabilization 359 coefficients depend solely on \mathbf{u} , not $\tilde{\mathbf{u}}$, which is because the adjoint flow field is transported 360 at (minus) the state velocity. Note also, Eq. (35) features boundary terms evaluated at the 361 outlet, which is because the integration by part of the pressure and viscous terms unveils a 362 boundary term 363

$$\int_{\partial\Omega} (\tilde{p}\mathbf{n} + 2\mu\varepsilon(\tilde{\mathbf{u}})\cdot\mathbf{n})\cdot\mathbf{w}\,\mathrm{d}s = -\int_{\Gamma_o} (\rho(\mathbf{u}\cdot\mathbf{n})\tilde{\mathbf{u}} + \partial_{\mathbf{u}}J)\cdot\mathbf{w}\,\mathrm{d}s\,,\tag{39}$$

due to the adjoint boundary condition (13). Equation (35) is fully implicitly integrated, 364 except the outflow boundary term that needs be treated explicitly for implementation 365 convenience. Even though the last computed adjoint solution (hence pertaining to the 366 previous design) is used to evaluate the boundary term, this simple scheme has been found 367 to converge to identical shapes and cost function minimum, compared to solving iteratively 368 with relaxed sub-iterations. Due to the linearity of Eqs. (10)-(11), this in turn cuts down 369 the numerical effort, as only one single linear system needs be solved at each update step, 370 for which we use a BCGS iterative algorithm with tolerance threshold set to 10^{-12} and LU 371 factorization as preconditioner. 372

4.2.3. Interface update scheme using the convective level set method

The auto-reinitialization level set problem (19) is solved with an SUPG method [43,44], 374 whose stabilization proceeds from that of the ubiquitous convection-diffusion-reaction equation [45,46]. The associated variational problem is formulated as 376

$$\int_{\Omega} (\partial_{\tau} \phi + \mathbf{a}_{\tau} \cdot \nabla \phi) \xi \, \mathrm{d}v - \int_{\Omega_k} \tau_3 r_3 \mathbf{a}_{\tau} \cdot \nabla \xi \, \mathrm{d}v = \int_{\Omega} S\xi \, \mathrm{d}v \,, \tag{40}$$

with residual

$$-r_3 = \partial_\tau \phi + \mathbf{a}_\tau \cdot \nabla \phi - S \,, \tag{41}$$

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and stabilization coefficient

$$\tau_3 = \frac{1}{\tau_t(a_\tau)} \,. \tag{42}$$

It is easily checked that all terms scale as $1/\Delta \tau$, so we can set $\Delta \tau = 1$ without any loss of generality because the solution is ultimately independent on the pseudo-time step value. As 380 the convection velocity \mathbf{a}_{τ} depends on main unknown ϕ , Eq. (40) is solved with semi-implicit 381 treatment of the convection term and explicit treatment of the source term and stabilization 382 coefficients. All linear systems are solved using the GMRES algorithm with incomplete LU 383 factorization as preconditioner, and tolerance threshold set to 10^{-8} . 384

5. Numerical implementation

5.1. Geometrical constraints

Fluid flow topology optimization is generally performed under geometrical constraints, 387 typically, constant or upper bounded surfaces and/or volumes to avoid the two extreme cases 388 of the solid domain clogging the entire design domain (as in pressure drop minimization 389 problems), or disappearing altogether (as in drag minimization problems). This is usually 390 done adding penalty terms to the Lagrangian, each of which consists of an empirical penalty 391 parameter multiplied by a measure of violation of the constraint, and whose variations with 392 respect to the state and design variables snowballs into the derivation of the adjoint problem 393 and of the cost function sensitivity. Here, the constraint of a constant volume of fluid V_{taraet} 394 is applied a posteriori, i.e., we solve the unconstrained problem presented in Sec. 2, in the 395 sense that no penalty term is added to the Lagrangian, although the optimization remains 396 subject to Navier–Stokes as state equations. Once the convective level set method presented 397 in Sec. 4.2.3 has updated the interface position, a first pass of anisotropic mesh adaptation 398 is performed, after which the volume of the fluid domain is computed as 399

$$V_{\varphi} = \int_{\Omega} H_{\epsilon}(\varphi) \,\mathrm{d}v \,, \tag{43}$$

where H_{ϵ} is the smoothed Heaviside function on the fluid domain defined as

$$H_{\epsilon}(\varphi) = \begin{cases} 1 & \text{if } \varphi < -\epsilon, \\ \frac{1}{2} \left(1 - \frac{\varphi}{\epsilon} - \frac{1}{\pi} \sin\left(\pi \frac{\varphi}{\epsilon}\right) \right) & \text{if } |\varphi| \le \epsilon, \\ 0 & \text{if } \varphi > \epsilon, \end{cases}$$
(44)

and ϵ is a regularization parameter set to $2h_{\perp}$. A simple dichotomy approach is then used 401 to optimize a constant deformation $\delta \varphi$ meant to enlarge ($\delta \varphi < 0$) or shrink ($\delta \varphi > 0$) the fluid 402 domain, until the difference $|V_{\varphi+\delta\varphi} - V_{target}|$ between the actual and target volumes drops 403 below a certain tolerance, at which point we cut off $\varphi+\delta\varphi$ and perform a second pass of 404 mesh adaptation. Two points are worth mentioning: first, because each offset changes the 405 min-max values of the truncation, the above procedure requires knowledge of the level set 406 φ , not just the filtered level set ϕ . A brute force algorithm therefore performs beforehand a 407 complete reconstruction of the distance function from the zero iso-value of ϕ , as only the 408 filtered level set (not the level set) is evolved during the convection-reinitialization step. 409 Second, only small deformations are considered so that no intermediate mesh adaptation 410 passes are required. By doing so, the total cost is essentially that of performing the second 411 pass of mesh adaptation, as further discussed in the following. 412

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5.2. Steepest descent update rule

In practice, the displacement used to perform the update step is defined as

$$\beta = -\theta \frac{\mu(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) \chi_{\Gamma}(\mathbf{x})}{\max_{\Omega} \mu(\nabla \tilde{\mathbf{u}} \cdot \mathbf{n}) \cdot (\nabla \mathbf{u} \cdot \mathbf{n}) \chi_{\Gamma}(\mathbf{x}) \prod_{l} \zeta(||\mathbf{x} - \mathbf{x}_{s}^{l}||)},$$
(45)

where $\theta > 0$ is a descent factor controlling the step taken in the gradient direction, and χ_{Γ} and ζ are activation functions between 0 and 1 ensuring that the design is fittingly updated only in relevant regions of the computational domain. More details are as follows: 417

- χ_{Γ} is a binary filter returning a value of 1 only at nodes within a distance E of the interface. This is because the normal vector in a level set framework is recovered as $\mathbf{n} = \nabla \phi / || \nabla \phi ||$, so the displacement is non-zero in the whole fluid domain, even far from the interface where \mathbf{n} has unit norm because $|| \nabla \phi ||$ only tends asymptotically to zero. In return, the update step can break down numerically at nodes nearly equidistant from two subparts of the interfaces (for instance the centerline of a channel).
- ζ is a smooth filter assigning 0 value to a position $\mathbf{x}_s \in \partial \Omega$ singled out prior to 424 optimization, because the flow there may be driven to a singularity, and ill-defined 425 velocity gradients may cause large, unphysical displacements. Such singularities can be 426 dealt with numerically by appending fluid/solid Dirichlet boundary conditions to the 427 level set convection-reinitialization problem. Nonetheless, they must not be included 428 in the normalization step to avoid forcing excessively small displacements along the 429 remaining part of the interface, and thereby considerably slowing down the convergence 430 rate of the iterative optimization process. We use here hyperbolic tangent filters 431

$$\zeta(r) = \frac{1}{2} + \frac{1}{2} \tanh\left(\alpha_s \tan\left(-\frac{\pi}{2} + \frac{\pi}{2}\frac{r}{r_s + \epsilon_{s1}} + \epsilon_{s2}\right)\right),\tag{46}$$

increasing from 0 to 1 within a distance of $2r_s$ from the singularity, with r_s a transition 432 radius such that 433

$$4r_s < \min_{l,m} \|\mathbf{x}_s^l - \mathbf{x}_s^m\|, \tag{47}$$

to prevent overlaps, α_s a steepness parameter controlling the sharpness of the transition, and $\epsilon_{s1,2}$ small regularization parameters to avoid local discontinuities.

Ultimately, the above filtering and normalization steps ensure that the level set is $_{436}$ updated using a displacement that is non-zero only in a thin layer of thickness *E* about the $_{437}$ interface, minus a certain number of spheres of radius r_s centered on the singularities. $_{438}$

5.3. Descent factor

It follows from Eq. (45) that the descent factor θ physically represents the maximum 440 displacement amplitude over the update region of interest. In practice, though, the actual 441 numerical displacement, estimated from the difference between zero iso-value of the filtered 442 level set before and after transport, has been found to be well below its theoretical value. 443 This is because the state and adjoint velocities are forced to zero is the solid domain. Hence, 444 the displacement, being driven by the velocity gradients, is also zero everywhere in the solid, 445 except in a very narrow region about the interface, typically a couple of elements thick. As 446 a result, it is not possible to explicitly control the displacement achieved numerically at each 447 iteration. A simple scheme to do so would have been to repeatedly evolve the interface with 448 a small descent factor until the difference between the cumulated and target displacement 449 drops below a certain tolerance, but the interface can be evolved only once per update step, 450 as the gradient information is lost if the displacement happens to be in the direction of the 451 solid (for the same reason mentioned above). We thus tune the descent factor manually on 452 a case by case basis, for the achieved displacement to be slightly smaller than the cut-off 453

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Figure 3. Flowchart of performance topology optimization procedure.

thickness. This has been found to be a satisfactory trade-off between accuracy and numerical 454 effort, as the number of iterations required for convergence remains very affordable, and the 455 position of the evolved interface is accurately tracked. Displacements larger than the cut off 456 thickness conversely move the level set into regions of the computational domain lacking 457 the proper mesh refinement, which has been found to ultimately affect the accuracy of the 458 interface representation. 459

5.4. General algorithm

Figure 3 shows the flowchart of the implemented topology optimization algorithm, in 461 which anisotropic mesh adaptation is key to capture the interface with the highest precision possible. Note, as a consequence of the level set-based technique used to enforce the volume of fluid constraint, convergence is achieved not when the displacement is identically zero 464 (as would be the case using a penalized Lagrangian approach), but when the displacement 465 is uniform along the interface. This is not easily done on the fly, though, so we rather iterate until a maximum number of iterations has been reached and evaluate convergence a 467 posteriori; see Sec. 7. 468

6. Numerical benchmarks

This section assesses the accuracy and efficiency of the numerical framework through 470 three examples of two-dimensional (d=2) topology optimization problems recently consid-471

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$\Omega = [0;1] \times [0;1]$	$[0; 0.7] \times [0; 1]$	$[0; 1.5] \times [0; 1]$	Design domain
$V_{target} = 0.25$	0.28	0.5	Target volume of fluid
Re = 2	»	»	Reynolds number
$q_i = 0.0266$	»	0.0222	Injected volumetric flow rate
$e_i = 0.2$	»	0.166	Inlet width
$e_o = 0.2$	»	0.166	Outlet width
$l_c = 0.1$	0.4	0.1	Conveying pipes length
$N_n = 30000$	»	40000	Nb. mesh nodes
$N_{el} = 60000$	»	80000	Nb. mesh elements
$h_{\perp} = 0.0001$	»	»	Min. interface normal mesh size
$\Delta t = 0.1$	»	»	CFD Numerical time step
E = 0.005	»	»	Level set cut off thickness
$ \delta \varphi = 0.001$	»	»	Initial volume recovery offset
$r_s = 0.0125$	»	»	Transition radius
$\alpha_s = 2.1$	»	»	Sharpness parameter
$(\epsilon_{s1}, \epsilon_{s2}) = (0.0005, 0.005)$	»	»	Regularization parameters

 Table 1. Numerical parameters for the pipe bend, four terminal device and double pipe topology optimization problems.

ered in the fluid mechanics literature. It is thus worth insisting that the novelty lies not 472 in the associated optimal designs themselves, but in the accuracy to which the optimal 473 interfaces are captured in the simulation model. 472

6.1. Preliminaries

All examples feature either a single inlet or multiple identical inlets of width e_i , and either a single outlet, or multiple identical outlets of width e_o . Parabolic flow profiles normal to the boundary are prescribed at all inlets, as defined by 476

$$\mathbf{u}_{i} = \frac{3q_{i}}{2e_{i}} \left(1 - \left(\frac{2r}{e_{i}}\right)^{2} \right) \mathbf{n} \,, \tag{48}$$

where q_i is the injected volumetric flow rate (the same for all inlets), and r is the distance from the inlet centerline. For each case, the sole control parameter is the Reynolds number defined as $\text{Re} = \rho q_i / \mu$, which amounts to using the inlet width and mean inlet velocity as reference length and velocity scales. The cost function to minimize is the net inward flux of total pressure through the boundaries, taken as a measure of the total power dissipated by a fluid dynamic device. Since the orientation of the normal \mathbf{n} yields $\mathbf{u} \cdot \mathbf{n}|_{\Gamma_i} > 0$ and $\mathbf{u} \cdot \mathbf{n}|_{\Gamma_o} < 0$, this can be expressed in the form of (6) using 479

$$J = p_{tot}(\mathbf{u} \cdot \mathbf{n}) = (p + \frac{1}{2}\rho(\mathbf{u} \cdot \mathbf{u}))(\mathbf{u} \cdot \mathbf{n}), \qquad (49)$$

from which the derivatives needed to complete the derivation of the adjoint boundary 486 conditions deduce as 487

$$\partial_p J = \mathbf{u} \cdot \mathbf{n}, \qquad \partial_\mathbf{u} J = p_{tot} \mathbf{n} + \rho(\mathbf{u} \cdot \mathbf{n}) \mathbf{u}.$$
 (50)

The remainder of the practical implementation details are as follows:

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Figure 4. Set-up of the pipe bend problem. The light gray shade denotes parts of the boundary where solid boundary conditions are appended to level set auto-reinitialization equation.

- All design domains are initialized with spherical solid inclusions coming in various 489 sizes, adjusted for the initial volume² of fluid to match the target within the desired 490 tolerance. This essentially removes the need to create new holes by a dedicated 491 nucleation mechanism. The admissible error on the target volume is set to 1%. 492
- Leads of length l_c appended normal to the boundary are used to systematically convey 493 the fluid into and out of the design domain. This is for numerical consistence, as the 494 exact problem formulation may vary depending on the case, the reference and the 495 problem dimensionality, and it is not always clear whether such leads are included 496 in the design domain (which they are here, although they are not considered in the 497 volume constraint, neither in definition of the target volume nor in the computation of 498 the volume of fluid). 499
- Since the reference design domains (without the leads) consist of square and rectangular 500 cavities, the singular points excluded from the displacement normalization step are 501 the sharp intersections between the leads and the boundary of the cavities (without it 502 being a consequence of explicitly representing the leads, as the exact same procedure 503 has been found suitable without such appendage).
- The leads are excluded from the displacement normalization step, for which we simply 505 add to the max argument of (45) a binary filter returning a value of 0 at all nodes 506 located inside the pipes. This is again to avoid slowing down the convergence rate of 507 the iterative optimization process, as the maximum displacement is otherwise located in the leads (because the easiest way to minimize the dissipated power is to suppress 509 the flow by having the solid entirely clogging the leads). 510
- Boundary conditions are appended to the auto-reinitialization level set equation, under 511 the form of fluid at the inlet and outlet, and solid everywhere else.
- All meshes have been checked to have an element-to-node ratio close to 2 (as should be for dense meshes made up of triangular elements). The mesh information is thus documented in the following in terms of its equivalent number of elements $N_{el} = 2N_n$ to ease the comparison with the available literature.

6.2. Design of a pipe bend

We consider first the design of a pipe bend, a standard example for topology optimization 518 in fluid dynamics [14,17,47-50] used to provide a first verification and characterization of 519

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² Actually cross-sectional area or volume per unit length in the third dimension since d = 2, but we choose to keep the volume terminology for the sake of generality



Figure 5. Designs of a pipe bend sampled over the course of optimization using the parameters given in Tab. 1. (a) Anisotropic adapted mesh. (b) Zero iso-value of the level set function. (c) Norm of the velocity vector.

the method. All relevant problem parameters are given in Tab. 1. The design domain is a square cavity of unit length, that has one inlet (left side) and one outlet (bottom side); see Fig. 4. The aim is to determine the optimal design of the pipe bend that connects the inlet to the outlet and minimizes the dissipated power subject to the constraint that the fluid must occupy 25% of the cavity, which is the same volume as a quarter torus fitting exactly to the inlet and outlet.

A total of 400 iterations has been run with 60000 mesh elements, as illustrated in 526 Fig. 5 by the anisotropic adapted mesh, zero iso-value of the level set function and velocity 527 norm of a selected sample. The method is found to easily handle the multiple topological 528 changes (e.g., merging or cancellation of holes) occurring over the course of optimization. 529 Also, consistently with the results in Sec. 3, all meshes exhibit the expected refinement 530 and deformation, with coarse and regular elements away from the interface between solid 531 and fluid (all the more so in the solid domain, where only a few ten elements are used), 532 but fine, extremely stretched elements on either side of the interface, to allow the velocity 533 to smoothly transition to zero across the boundary layer; see the close-up in Fig. 6. In 534



Figure 5. (cont.) Designs of a pipe bend sampled over the course of optimization using the parameters given in Tab. 1. (a) Anisotropic adapted mesh. (b) Zero iso-value of the level set function. (c) Norm of the velocity vector. The optimal pipe bend is shown at the bottom.



Figure 6. Successive close-ups on the anisotropic adapted mesh of the optimal pipe bend, starting from the dashed box shown in Fig. 5.



Figure 7. Set-up of the four terminal device problem. The light gray shade denotes parts of the boundary where solid boundary conditions are appended to level set auto-reinitialization equation.

return, the interfaces are sharply captured, not only at optimality but during all stages 535 of the optimization. This represents a major improvement in accuracy of the geometric 536 representation with respect to the available recent literature, as even traditional (isotropic) 537 adaptive mesh refinement techniques have been shown to yield quality issues (staircase 538 effects) in smoothly curved regions. Ultimately, we obtain an almost straight channel nearly 539 identical to that documented in [47], albeit with a higher resolution, which is because most 540 energy is dissipated by shear at low Reynolds numbers, so an optimal flow pipe is preferably 541 as short and wide as possible. The obtained results are further discussed in Sec. 7, with 542 particular emphasis on the convergence rate and sensitivity of both the optimal and the 543 optimization path to the number of nodes. 544

6.3. Design of a four terminal device

Our second numerical example deals with minimization of the power dissipation in a 546 four-terminal device [51]. This is a follow-up to the previous bend pipe problem, in which 547 the cavity features a rectangular cavity of unit height and aspect ratio 0.7:1. It has two 548 inlets and two outlets distributed antisymmetrically on the left and right sides to level up 549 the complexity; see Fig. 7 for a sketch of configuration and Tab. 1 for the remaining problem 550 parameters. The aim is to determine the optimal design that connects the inlets to the 551 outlets, subject to the constraint that the fluid must occupy 40% of the cavity, which is the 552 same volume as two straight parallel pipes fitting the upper and lower pairs of inlet/outlet. 553

A total of 300 iterations has been run with 60000 mesh elements; see Fig. 7 showing 554 the anisotropic adapted mesh, zero iso-value of the level set function and velocity norm of a 555 selected sample collected over the course of optimization. All adapted meshes are especially 556 reminiscent of their bend pipe counterparts, with coarse, regular elements away from the 557 interface and fine, elongated elements on either side of the interface; see Fig. 8, and allow 558 accurately representing the boundary layers at all stages of the optimization (even in the 559 leads). Ultimately, we obtain a pair of U-turns connecting each inlet to the outlet on the 560 same side of the design domain. This is consistent with literature results showing that the 561 U-turn solution is favored over the simpler parallel channels solution at aspect ratios larger 562 than 0.6:1 [14,17,51], only the present solution is captured with superior accuracy. This is 563 again because optimal pipes at low Reynolds numbers are preferably short and wide, and 564 the cost of bending the fluid stream is low given that most fluid flows in the (shorter) inner 565 region. 566



Figure 7. Designs of a four terminal device sampled over the course of optimization using the parameters given in Tab. 1. (a) Anisotropic adapted mesh. (b) Zero iso-value of the level set function. (c) Norm of the velocity vector.



Figure 7. (cont.) Designs of a four terminal device sampled over the course of optimization using the parameters given in Tab. 1. (a) Anisotropic adapted mesh. (b) Zero iso-value of the level set function. (c) Norm of the velocity vector. The optimal four terminal device is shown at the bottom.



Figure 8. Successive close-ups on the anisotropic adapted mesh of the optimal four terminal device, starting from the dashed box shown in Fig. 7.



Figure 9. Set-up of the double pipe problem. The light gray shade denotes parts of the boundary where solid boundary conditions are appended to level set auto-reinitialization equation.

6.4. Design of a double pipe

In the third numerical example, we consider the double pipe problem, another bench-568 mark for fluid topology optimization [47,50,52,53], whose parameters are provided in Tab. 1. 569 The design domain is a rectangular cavity of unit height and aspect ratio 3:2, that has 570 two inlets (left side) and two outlets (right side); see Fig. 9. The aim is to determine the 571 optimal design of the double pipe that connects the inlets to the outlets and minimizes the 572 dissipated power subject to the constraint that the fluid must occupy 33.3% of the cavity, 573 which is the same volume as two straight parallel pipes fitting the upper and lower pairs of 574 inlet/outlet. 575

A total of 3000 iterations has been run with 80000 mesh elements (due to the larger 576 design domain), during which the design goes through several complex stages all accurately 577 represented on anisotropic adapted meshes, as evidenced by the selected sample shown in 578 Figs. 10-11. Ultimately, the optimal design resembles a single-ended wrench, with the two 579 inlet pipes connecting to a wider pipe in the center of the domain, that itself connects to a 580 single outlet (either the upper or the lower outlet since the setup has horizontal reflectional 581 symmetry). Since the optimal flow pipe at low Reynolds numbers is preferably short and 582 wide, this represents the better trade-off between transporting fluid the shortest way, and 583 transporting it in the widest possible pipe. Note, the obtained solution differs from the 584 double-ended wrench documented in [47, 50, 52], in which the center pipe ultimately connects 585 to the two outlet. This is because the authors prescribe parabolic flow profiles at both 586 the inlets and the outlets. The flow is thus forced to exit via both outlets, while it can 587 exit via a single outlet under the more physical zero pressure/zero viscous stress condition 588



Figure 10. Designs of a double pipe sampled over the course of optimization using the parameters given in Tab. 1. (a) Anisotropic adapted mesh. (b) Zero iso-value of the level set function. (c) Norm of the velocity vector. The optimal double pipe is shown at the bottom.



Figure 10. (cont.) Designs of a double pipe sampled over the course of optimization using the parameters given in Tab. 1. (a) Anisotropic adapted mesh. (b) Zero iso-value of the level set function. (c) Norm of the velocity vector. The optimal double pipe is shown at the bottom.



Figure 11. Successive close-ups on the anisotropic adapted mesh of the optimal four terminal device, starting from the dashed box shown in Fig. 10.



Figure 12. Computational cost of the implemented algorithm, as obtained averaging 300 update steps of the pipe bend, double pipe, and four terminal device problems (100 steps for each) using the simulation parameters provided in Tab. 1. All results normalized to achieve unit average time per iteration. The LS and LSF labels stand for level set (LS) and filtered level set (LSF), respectively.

used here, which allows saving the cost of pipe splitting [53]. The number of iterations for this case is larger by one order of magnitude compared to the pipe bend and four terminal problems, which is easily explained by the fact that the optimization must bypass the bassin of attraction of the double-ended wrench, that keeps being a local minimizer. This is all the more difficult because the cost function of both minimizers differs by only 10%, but we show in Sec 7 that this particular feature is ultimately very sensitive to the number of nodes used to perform the mesh adaptation.

7. Discussion

7.1. Computational efficiency

Figure 12 presents detailed timing results obtained by averaging 300 dedicated update 598 steps performed with the parameters compiled in Tab. 1; 100 steps for each case presented 599 in Secs. 6.2-6.4. As could have been expected, the cost of an iteration is dominated by that 600 of computing the state solution. This takes about 10 Navier–Stokes iterations representing 601 40% of the total cost, which can be scaled down substantially in the context of steady-state 602 problems using an iterative Newton-like method. Otherwise, the cost of performing the two 603 passes of mesh adaptation represents about a cumulative 40% of the total cost. Meanwhile, 604 the cost of both geometrically reinitializing the signed distance function level set and of 605 optimizing the volume constraint offset is very affordable (less than 1% in total, with 606 4-5 dichotomy iterations needed to reach the desired accuracy of 1%). Such conclusions 607 presumably carry over to any other problem of same dimensionality, tackled with comparable 608 parameters. 609

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Convergence iter.	Cost function	Nb. mesh elements	
295	33.1	80000	
306	32.7	60000	↑
212	32.9	40000	
148	32.1	20000	└───┐╉┍┚
153	68.9	80000	
129	69.1	60000	₹ =
104	69.0	40000	₹ ₹
68	68.6	20000	
2460	68.6	105000	
1750	67.6	80000	÷ ÷
2130	68.2	55000	
1594	67.0	25000	

Table 2. Convergence data for the pipe bend, four terminal device and double pipe topology optimization problems. All cost function values made non dimensional using the inlet width and mean inlet velocity (equivalently, using $\rho q_i^3/e_i^2$ as reference cost functional value).

7.2. Convergence and mesh dependency

Since we perform here a fixed number of iterations, convergence is assumed here when 611 the sliding average over the 10 latest cost functional values is less than a prescribed error set 612 to 2% of the cost functional average over the 50 final iterations. The reason is twofold: first, 613 the cost function keeps varying even after convergence because the mesh slightly changes 614 between consecutive iterations, and so does the volume of fluid as long as the deviation 615 from the target does not exceed the admissible error. Second, assuming convergence simply 616 when the relative difference between two successfive cost functional values is less than a 617 prescribed error has been found to yield premature convergence to the double-ended wrench 618 local minimizer of the double pipe problem. Note, all data discussed in the following pertain 619 to a single optimization run. Rigorously speaking, convergence is best assessed by averaging 620 results over multiple independent runs, as mesh adaptation is not a deterministic process 621 (the outcome depends on the processors and number of processors used, and any initial 622 difference propagates over the course of optimization because the meshes keep being adapted 623 at each iteration), but we have found very little variability by doing so. 624

Exhaustive convergence data are provided in Tab. 2 for all three cases reported above. 625 Putting the obtained results in a broader context is uneasy because convergence is rarely 626 documented in the literature, and even when it is, the key factors explicitly affecting 627 convergence (e.g., initial shape, convergence criterion and threshold) are not. In practice, 628 our literature review did not reveal any other study putting all these levels of information 629 together. Here, the bend pipe problem converges within 306 iterations, which is well above 630 the convergence iteration reported in the seminal paper by Borrvall & Peterson [47] that 631 lies in a range from 64 (using 2500 mesh elements) to 85 (using 10000 mesh elements). A 632 first explanation is that all designs in the aforementioned reference are evaluated on the 633 same isotropic mesh, hence the descent factor is not constrained by the thickness of the 634 level set, and larger values can be used to speed up convergence. Another possibility further 635 discussed below is that most studies in the literature rely on a limited number of elements in 636 a range from 5000 to 20000. We conversely use a much larger value, which is on purposes to 637 equally assess all steps of the optimization, but ultimately slows down the convergence rate. 638

A first important point is that such a large number of nodes is mostly useful during the early stage of optimization, where the many solid inclusions dramatically increase the surface of the interfaces that needs be captured. In practice, the latter has been found to for the surface of the interfaces that needs be captured.



Figure 13. (a) Evolution per design step of the Interface surface area for the bend pipe (—), four terminal device (---) and double pipe (---) problems. (b-d) Convergence against number of mesh elements for (b) the bend pipe, (c) four terminal device and (d) double pipe problems. The circle symbols mark the iterations sampled in (b) Figs. 5-14, (c) Figs. 7-15, and (d) Figs. 10-16. All cost function values made non dimensional using the inlet width and mean inlet velocity (equivalently, using $\rho q_i^3/e_i^2$ as reference cost functional value). The ellipses in (d) indicate the transition from the double to the single-ended wrench minimizer.

decrease significantly after the first dozens of iterations (by a factor of 3-10 depending on the case); see Fig. 13(a) showing the surface area computed over the first 200 iterations as

$$S_{\varphi} = \int_{\Omega} \delta_{\epsilon}(\varphi) \,\mathrm{d}v \,, \tag{51}$$

where δ_{ϵ} is the Dirac function

$$\delta_{\epsilon}(\varphi) = \begin{cases} \frac{1}{2\epsilon} \left(1 + \cos\left(\pi \frac{\varphi}{\epsilon}\right) \right) & \text{if } |\varphi| \le \epsilon ,\\ 0 & \text{if } |\varphi| > \epsilon , \end{cases}$$
(52)

smoothed with the same regularization parameter ϵ as the Heaviside function (44). A 645 second important point is that the anisotropic mesh adaptation algorithm refines the mesh 646 in hierarchical importance of the level set gradient. If new geometrical features appear in 647 the solution (associated with high gradients), the mesh is automatically coarsened in regions 648 with lower gradient and refined near the newly emerging features. If the number of nodes 649 is large, as has been the case so far, then the decrease in the interface surface area allows 650 resolving finer, more complex patterns without degrading the accuracy in other parts of 651 the design domain, because the coarsened regions are actually over-resolved. This shows 652 through the progressive mesh refinement in the fluid domain in Figs. 5-10, as more and more 653 elements become available to improve the mesh in other regions of the domain. If the number 654 of nodes is small, all essential features of the solution will remain well captured (albeit to 655 a slightly lower accuracy), but the finest, most intricate topologies will be smoothed out, 656

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Figure 14. Anisotropic meshes of a pipe bend sampled over the course of optimization, using (a) 80000, (b) 40000 and (c) 20000 mesh elements.

which is expected to yield faster convergence because the sensitivity will have less overshoots and the displacement will be more homogeneously distributed over the interface.

Confirmation comes from additional runs performed on both denser and coarser meshes. 659 The look-alike design samples documented in Figs. 14-16 indicate that all runs follow the 660 same optimization path, with smaller details being captured as the number of elements 661 increases. Just as important is the fact all optimal solutions are independent of the mesh size. 662 This means that the ability of the method to represent smaller and smaller features does not 663 results in smaller and smaller features being represented in the optimal designs, as can occur 664 in stiffness optimization of mechanical structures [54]; see also [47] for proof that total power 665 dissipation minimization is well posed in this respect. For the bend pipe and four terminal 666 devices, the expected behavior is observed, as coarser-mesh runs converge substantially 667 faster, for instance the bend pipe with 20000 elements converges within 165 iterations, which 668 is lower by about 45% compared to using 60000 elements. If a less restrictive convergence 669 threshold of 5%, is enforced, this drops to 102, which is only a tad above the 85 iterations 670 of [47]. The improvement carries over to the four terminal device problem, whose run with 671 20000 elements converges within 68 iterations, which is lower by about 50% compared to 672



Figure 14. (cont.) Anisotropic meshes of a pipe bend sampled over the course of optimization, using (a) 80000, (b) 40000 and (c) 20000 mesh elements.

using 60000 elements (this further drops to 61 using a convergence threshold of 5%). Note, in both cases, coarser does not equate coarse, as the convergence information compiled in Tab. 2 shows that the coarsest meshes actually resolves the optimal interface to an excellent accuracy.

Meanwhile, convergence for the double pipe ends up being almost arbitrary and the 677 algorithm has difficulties in finding the optimal topology due to the characteristics of the 678 cost function landscape. The convergence history in Fig. 13(d) shows that the run with 679 55000 elements does indeed converge faster to the double-ended wrench solution minimizer 680 but then needs more iterations to ultimately reach the single-ended wrench global minimizer, 681 so convergence is ultimately slower than using 80000 elements. Interestingly, the run with 682 25000 elements successfully bypasses the local minimizer because the lack of elements does 683 not allow representing the complexity prevailing in the early stage of the optimization. This 684 ends up quickly breaking the horizontal reflectional symmetry, but the convergence rate 685 ultimately remains comparable to that with 80000 elements, which raises the possibility 686 that the wrench solutions are actually flat minimizers. 687

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(c)





Figure 15. Anisotropic meshes of a four terminal device sampled over the course of optimization, using (a) 80000, (b) 40000 and (c) 20000 mesh elements.



Figure 15. (cont.) Anisotropic meshes of a four terminal device sampled over the course of optimization, using (a) 80000, (b) 40000 and (c) 20000 mesh elements.



Figure 16. (cont.) Anisotropic meshes of a double pipe sampled over the course of optimization, using (a) 105000, (b) 55000 and (c) 25000 mesh elements.



Figure 16. (cont.) Anisotropic meshes of a double pipe sampled over the course of optimization, using (a) 105000, (b) 55000 and (c) 25000 mesh elements.



Figure 17. Set-up of the simplified flow distributor problem. The light gray shade denotes parts of the boundary where solid boundary conditions are appended to level set auto-reinitialization equation.

$\Omega = [0; 1.2] \times [0; 1.3]$	Design domain
$V_{target} = 0.4$	Target volume of fluid
$\mathrm{Re} = 1$	Reynolds number
$q_i = 0.08$	Injected volumetric flow rate
$e_i = 0.12$	Inlet width
$e_o = 0.1$	Outlet width
$l_{c,i} = 0.4$	Inlet conveying pipes length
$l_{c,o} = 0.3$	Outlet conveying pipes length
$N_n = 25000$	Nb. mesh nodes
$N_{el} = 50000$	Nb. mesh elements

 Table 3. Numerical parameters for the flow distributor problem.

7.3. Application to a simplified flow distributor problem

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We finally consider a practical application of the developed framework with the 690 simplified flow distributor problem shown in Fig. 17. The design domain for this case is a 691 rectangular cavity of aspect ratio 0.4:0.5 widening through four consecutive steps of aspect 692 ratio 0.2:0.1, hence a stair shape with overall aspect ratio 1.2:1.3. It features a single inlet 693 on the left, and six identical outlets on the right. The aim is to determine the optimal 694 design connecting the inlet to the outlets and minimizes the dissipated power subject to the 695 constraint that the fluid must occupy 40% of the cavity, and the flow must be distributed 696 evenly over the multiple outlet orifices for each outlet to have 1/6 of the fluid flow entering 697 through the inlet. Since the zero pressure outflow condition does not force the inlet to 698 connect to all the outlets (as has been assessed in Sec. 6.4 on the double pipe problem), we 699 use the modified cost function 700

$$J = (1 - \omega)p_{tot}(\mathbf{u} \cdot \mathbf{n}) + \frac{\omega}{2} \|\mathbf{u} - \mathbf{u}_{target}\|^2, \qquad (53)$$



Figure 18. Intermediate (left) and optimal (right) distributor designs illustrated by their anisotropic adapted meshes.

where ω is a scalar-valued factor weighing the priority given to either power dissipation or uniformity of the outflow distribution, and \mathbf{u}_{target} is a target parabolic velocity distribution, whose outlet centerline velocity is adjusted for the mass flow to exit through the outlets to match exactly that entering through the inlet. In doing so, the theoretical framework developed in Sec. 2 carries over straightforwardly, provided the adjoint boundary conditions are updated accordingly using

$$\partial_p J = (1 - \omega) \mathbf{u} \cdot \mathbf{n}, \qquad \partial_{\mathbf{u}} J = (1 - \omega) p_{tot} \mathbf{n} + (1 - \omega) \rho(\mathbf{u} \cdot \mathbf{n}) \mathbf{u} + \omega (\mathbf{u} - \mathbf{u}_{target}). \tag{54}$$

The entire domain for this cased is meshed with 50000 elements, with the remaining 708 parameters given in Tab. 3. All other parameters are identical to those in Tab. 1. Note a 709 large weight $\omega = 0.999$ is used here to achieve comparable orders of magnitude for both the 710 power dissipation and uniformity contributions to the cost function. This yields the optimal 711 duct shown in Fig. 18, that delivers most of the fluid in the center area of the cavity before 712 distributing it to the outlet channels (evenly to a 5% accuracy) via a fine comb-like structure. 713 The obtained solution has all the attributes of a power dissipation optimal, an initial large 714 straight pipe ultimately dividing into a near-perfect symmetrical network of six short pipes 715 to minimize the cost of bending the fluid stream. It differs from that documented in [55] 716 for a similar problem, which is because the authors do not consider power dissipation in 717 their cost function, and impose only an upper bound on the volume of fluid. Even though, 718 this showcases the potential of the method for smooth solutions to engineering problems 719 of practical interest, for instance the design of compact and lightweight heat exchangers 720 such those widely used in air conditioning (the design domain being representative of the 721 refrigerant distributor section), or for microfluidics, where minimizing dissipation while 722 maintaining an even fluid distribution in all branches of a network is of great interest to 723 improve the performance of lab-on-a-chip devices. 724

8. Conclusion

The present study proves feasible to perform topology optimization of Navier–Stokes 727 flows using anisotropic meshes adapted under the constraint of a fixed number of nodes. 728 The proposed approach combines a level set method to represent the boundary of the fluid 729 domain by the zero iso-value of a signed distance function, and stabilized formulations 730 of the state, adjoint, and level set transport equations cast in the Variational Multiscale 731 (VMS) framework. The method has been shown to allow for drastic topology changes during 732 the optimization process. Nonetheless, the main advantage over existing methods is the 733 ability to capture all interfaces to a very high degree of accuracy using adapted meshes 734 whose anisotropy matches that of the numerical solutions. This gives hope that the method 735 can ease the transition to manufacturable CAD models that closely resembles the optimal 736 topology. 737

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The method has been tested on several examples of power dissipation minimization in 738 two dimensions. The obtained optimal designs are identical to reference literature results, 739 which assesses the relevance of the present implementation for designing fluidic devices, as 740 further illustrated by a simplified engineering case optimizing a flow distributor to minimize 741 power dissipation while maintaining even flow distribution at multiple outlets. All optimal 742 designs are shown to be mesh-independent, although the convergence rate does decrease as 743 the number of nodes increases, despite the method being able to resolve smaller and smaller 744 geometrical features. Exhaustive computational efficiency data are reported with the hope 745 to foster future comparisons, but it is worth emphasizing that we did not seek to optimize 746 said efficiency, for instance, using an iterative Newton-like method to compute all state 747 solutions, which takes up the bulk of the computational time. The obtained results show the 748 difficulty of determining the global minimum when two strong minima are competing, which 749 simply reflect the fact that gradient-based algorithms are easily trapped in local optima, 750 all the more so when applied to stiff nonlinear problems (gradient-free methods are better 751 equipped in this regard, but can be more complex to implement and to use). Future work 752 will be aimed at considering multi-component adaptation criterion to take into account the 753 difference in the spatial supports of the state and adjoint solutions, and at extending the 754 present method to more general two- and three-dimensional cases, including fluid-thermal 755 coupling problems. 756

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