

Fish shrinking, energy balance and climate change

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1 2	Fish shrinking, energy balance and climate change
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19 Abstract

20 A decline in size is increasingly recognised as a major response by ectothermic species to 21 global warming. Mechanisms underlying this phenomenon are poorly understood but could 22 include changes in energy balance of consumers, driven by declines in prey size coupled with 23 increased energy demands due to warming. The sardine Sardina pilchardus is a prime 24 example of animal shrinking, European populations of this planktivorous fish are undergoing 25 profound decreases in body condition and adult size. This is apparently a bottom-up effect 26 coincident with a shift towards increased reliance on smaller planktonic prey. We investigated 27 the hypothesis that foraging on smaller prey would lead to increased rates of energy 28 expenditure by sardines, and that such expenditures would be exacerbated by warming 29 temperature. Using group respirometry we measured rates of energy expenditure indirectly, as oxygen uptake, by captive adult sardines offered food of two different sizes (0.2 or 1.2 mm 30 31 items) when acclimated to two temperatures (16°C or 21°C). Energy expenditure during 32 feeding on small items was tripled at 16°C and doubled at 21°C compared to large items, 33 linked to a change in foraging mode between filter feeding on small or direct capture of large. 34 This caused daily energy expenditure to increase by ~10% at 16°C and ~40% at 21°C on small items, compared to large items at 16°C. These results support that declines in prey size 35 36 coupled with warming could influence energy allocation towards life-history traits in wild 37 populations. This bottom-up effect could partially explain the shrinking and declining 38 condition of many small pelagic fish populations and may be contributing to the shrinking of other fish species throughout the marine food web. Understanding how declines in prey size 39 can couple with warming to affect consumers is a crucial element of projecting the 40 41 consequences for marine fauna of ongoing anthropogenic global change.

42 **1. Introduction**

43 Ongoing global warming constitutes a major threat for biodiversity, especially in marine ecosystems, with some scenarios of future temperature increases reaching +5°C in 2100 44 45 (IPCC, 2013, 2014; Orr et al., 2005). For ectotherms such as fishes, warming results in large 46 increases in their physiological rates (Clarke & Fraser, 2004; Seebacher et al., 2015). While 47 ongoing global warming might therefore be expected to boost growth rates in ectotherms (Morrongiello et al., 2019; Seebacher et al., 2015), it has in fact been correlated with a 48 progressive decline in adult body size of many fish species in the wild (e.g. in Baudron et al., 49 50 2014; Gardner et al., 2011; Sheridan & Bickford, 2011, but see Audzijonyte et al., 2020). The 51 factors that contribute to this shrinking of fishes are poorly understood; it is coherent with 52 how warming might affect macroecological phenomena such as Bergmann's rule and James' 53 rule, and is associated with a significantly higher proportion of younger age classes and a 54 generalised decline in individual size-at-age in populations (Daufresne et al., 2009). Shrinking 55 of fishes may also be linked to the Temperature-Size rule (TSR), the phenomenon whereby 56 warm temperatures cause more rapid early growth of ectotherms but a decline in their final 57 adult size, when compared to conspecifics reared in a cooler regime (Atkinson, 1994). The 58 mechanisms involved in the TSR remain to be elucidated, it is observed in wild populations 59 but can also be reproduced under controlled conditions in the laboratory (Forster et al., 2012; Horne et al., 2015). 60

Although there has been recent theoretical focus on whether the TSR relates to respiratory
physiology (Verberk et al., 2021), early work focussed upon whether changes in energy
budget and allocation may be a major driver of fish shrinking with warming (Gardner et al.,
2011; Pauly et al., 2010). The availability and quality of food resources can affect individual

growth rates and adult body size through energy trade-offs among growth, survival and reproduction (Stearns, 1989, 1992), and such effects may be exacerbated if energy requirements are increased by warming. That is, it is unlikely that temperature per se is the only variable involved in the size decline in wild populations, since few exceptions to this rule are spreading across years, in particular studies that investigated food resources as a driver explaining the TSR (e.g. in Diamond & Kingsolver, 2010; Lee et al., 2015; Ljungström et al., 2020; Millien et al., 2006).

72 Temperature and food resources are both environmental variables whose variations can 73 challenge an individual's energy balance and that can drive fish life-history traits through 74 physiological processes. Thus, while the higher physiological rates due to warming cause an 75 increase in energy demands, energy availability for marine fishes is predicted to decline due 76 to climatic stressors that affect primary production and marine animal biomass (Ariza et al., 77 2022; Bopp et al., 2005; Daufresne et al., 2009; Lotze et al., 2019). Ocean warming can amplify 78 vertical stratification and limit nutrient mixing (Roemmich & McGowan, 1995) which causes 79 declines in plankton abundance at the base of the food web and leads to communities 80 dominated by smaller-sized species and individuals (Bopp et al., 2005, 2013; Daufresne et al., 81 2009; Richardson & Schoeman, 2004; Ward et al., 2012).

The first impacts of such changes at low trophic levels could be observed on planktivorous species, such as small pelagic fishes (e.g. Brosset et al., 2017; van Beveren et al., 2014). These species represent about 25 % of worldwide fishery landings by weight (FAO, 2018), supporting the economy of several countries (Alheit et al., 2009; Fréon et al., 2005). Fluctuations of their populations can have critical economic and social consequences, as observed following the collapse of the Peruvian anchovy in the early 1970s (Alheit et al., 2009; Allison et al., 2009;

Schwartzlose et al., 1999). Population fluctuations of small pelagics are being exacerbated by
ongoing global change (Brochier et al., 2013; Shannon et al., 2009), so these species represent
key models to evaluate energetic mechanisms underlying shrinking of adult fish size.

91 In fact, small pelagic planktivorous fishes in the Mediterranean Sea are a major example of 92 shrinking (Albo-Puigserver et al., 2021; Brosset et al., 2017). There is an ongoing and profound 93 decrease in individual body size and condition of sardine (Sardina pilchardus) and anchovy 94 (Engraulis encrasicolus), which appears to be a consequence of bottom-up control mediated 95 by changes in plankton composition and abundance (Brosset et al., 2016; Saraux et al., 2019). 96 This was associated with a major regime change in the mid-2000s, with shifts of nutrient 97 inputs, water mixing and plankton production (Feuilloley et al., 2020). Since 2008, these 98 species' diet has shifted progressively from large prey (> 1 mm, especially cladocerans) to 99 increased reliance on smaller prey (< 1 mm, especially copepods), which indicates changes in 100 the plankton community towards smaller species (Brosset et al., 2016). Smaller zooplankton 101 can be less nutritious (Zarubin et al., 2014), so a decline in zooplankton size could entrain a 102 decrease in rates of energy acquisition by their predators. Identifying a clear mechanistic link 103 between a decrease in plankton size and fish growth, and ultimately population dynamics, is 104 crucial since fish shrinking is spreading to new ecosystems and species (see Bensebaini et al., 105 2022; Véron et al., 2020).

106 Challenges to energy balance when prey become smaller could be further exacerbated in 107 fishes if prey size also influences foraging behaviour. Here, the sardine is also an interesting 108 model species. Sardines spontaneously modify their feeding behaviour according to the size 109 of their prey, using diffuse filter-feeding when prey is small but direct capture when prey is 110 large (Garrido et al., 2007, 2008). A recent long-term experiment on captive sardines showed

111 that, for the same food ration, a reduction in food size could significantly impair growth and 112 body condition (Queiros et al., 2019). Sardines filter feeding on small particles had to consume 113 twice as much as those capturing large particles to achieve the same growth and body 114 condition (Queiros et al., 2019). We suspected that the two foraging modes had different 115 energetic costs for the same degree of resource acquisition, with costs being higher for 116 sustained aerobic swimming during filter-feeding compared to brief bursts of swimming to 117 capture prey (Costalago & Palomera, 2014; Queiros et al., 2019). At the same time, food 118 availability could be highly significant in the wild, filtration could be effective in very rich areas 119 such as upwellings whereas particulate feeding might be more advantageous in areas with 120 lower prey density (Costalago et al., 2015).

121 The current study focused on this complex predator-prey interaction in a captive population 122 of adult sardines. We investigated the hypothesis that foraging on smaller prey would lead to 123 increased rates of energy expenditure by sardines, and that these energy requirements would 124 be exacerbated with warming temperature. To assess the energetic consequences of feeding 125 sardines on prey of different sizes and at different abundances, we used group respirometry 126 to measure rates of oxygen uptake and provided prey as commercial pellets of two different 127 sizes at a range of ration levels. We compared animals acclimated to two temperatures within 128 the species' thermal range, either a cool 16°C or warm 21°C. Thus, the effects on oxygen 129 consumption of particle size and temperature were investigated according to 5 scenarios: (1) 130 change from large to small particles at cool temperature; (2) change from large to small 131 particles at warm temperature; (3) rise in temperature with fish fed on large particles; (4) rise 132 in temperature with fish fed on small particles, and (5) change from large to small particles 133 while also increasing temperature. To that end, we focussed on overall daily energetic costs

but also a careful comparison of energetic costs incurred during and after feeding for eachscenario.

136

137 2. Material and methods

138 **2.1. Animal capture and husbandry**

139 Sardines were captured by commercial purse-seiner and transferred to the IFREMER Palavas-140 les-Flots research station, with the same fishing and husbandry procedures as described tailed 141 in Queiros et al. (2019). Over the first week, sardines were acclimated to tanks and weaned 142 onto commercial aquaculture pellets. They were fed with a mixture of Artemia nauplii and 143 commercial aquaculture pellets (mix of 0.2 and 1.2 mm diameter), with increasing 144 proportions of pellets and decreasing proportions of Artemia throughout the week, 145 concluding exclusively with pellets. After 2-3 weeks, sardines were transferred into indoor 1m³ holding tanks, until experimentation. Water temperature was not set during this period 146 147 but followed natural fluctuations from 15 to 20°C (SST at the time of capture was 14°C).

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2.2. Experimental design

Eighty sardines were distributed among 8 experimental tanks in groups of 10 animals (volume 50 L), to ensure similar distributions of body mass and condition among tanks (Fig. S1), and fish densities comparable to those of Queiros et al. (2019). Fish were acclimated to the new tanks while temperature was gradually changed from 19°C to either 16°C or 21°C over one week. Before the experiments began, fish were fed with commercial pellets twice a day, a mix of 0.2 and 1.2 mm to avoid preference bias for pellet size. These eighty sardines were used 155 for both experiments 1 and 2, described below, and these two experiments were performed156 sequentially in the same setup.

157 The tanks were modified to function as open automated respirometers (McKenzie et al., 2007, 2012; Queiros et al., 2021) using the principles of cyclical intermittent stopped flow 158 159 (Steffensen, 1989), as described below. Four tanks were held at each of the two 160 temperatures, each set of four was supplied by water from a single reservoir where water 161 temperature was regulated by an Ice 3000 (Aquavie) at 16°C or by a Red Line heater (Zodiac) 162 at 21°C. Water in the reservoir was vigorously aerated, to maintain oxygen saturation and 163 ensure thorough mixing. Water was delivered to tank respirometers by submersible pumps 164 (Eheim 3400); within each respirometer the water was also gently but thoroughly mixed by a 165 submersible pump (Newa Maxi 500) to avoid any thermal or oxygen gradients (see Supplementary Material and Fig. S2). 166

All respirometers were exposed to a 12L:12D photoperiod (L: light, D: darkness) with a natural sunlight spectrum and 30 minute progressive dawns and sunsets. Individual total length and body mass was measured every two weeks under anaesthesia (140 mg L⁻¹ benzocaine). To estimate total tank biomass each day, body mass gain (or loss) was assumed to be linear between successive bi-weekly measures. Total biomass was then used to adjust rations and to calculate oxygen consumption. No mortality was observed during the experiments.

173 **2.3. Protocols**

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2.3.1. Experiment 1: Effects of prey size, prey abundance and temperature on daily energy expenditure.

To investigate effects of prey size, we offered sardines one of two commercial pellets thathad similar composition in terms of lipids and proteins but differed in size, being either 0.2

178 mm or 1.2 mm in diameter, for a period of six weeks. These sizes fall within the natural range 179 of sardine prey (Nikolioudakis et al., 2012), but elicit two markedly different foraging modes, 180 being either filtering on 0.2 mm pellets or particulate capture of 1.2 mm pellets (Queiros et 181 al., 2019). Eight prey abundances were studied, as pellet rations ranging from 0.1 to 1.8 % of 182 the total fish mass per tank: 0.1%, 0.2%, 0.3%, 0.4%, 0.6%, 1.0%, 1.4%, 1.8%. The combination 183 of two sizes and eight rations resulted in 16 feeding treatments for each of the 2 temperatures 184 (Figure 1). Sardines were fed once a day at 09:00 in the morning. Daily feeding treatment for 185 a tank was randomly assigned but comprised 2 replicates of each feeding treatment per tank 186 over the entire experiment (i.e. 8 replicates per feeding treatment x temperature).

187 The cyclical measures of oxygen uptake rate (MO2 in mg kg⁻¹ h⁻¹) provided an indirect estimate 188 of metabolic rate and, therefore, energy use, while the sardines fed, digested and exhibited 189 diurnal patterns of spontaneous activity. Methodological details are provided below. A 190 continual cycle of 15 min stopped flow to measure MO2 alternated with 15 min flush with 191 aerated water was used, except at feeding when flow was stopped for 30 min (at rations of 192 0.1%, 0.2%, 0.3% and 0.4%) or 60 min (at rations of 0.6%, 1.0%, 1.4% and 1.8%), to ensure the 193 entire ration was consumed before flushing. Food was distributed 5 minutes after flow was 194 stopped, when water level had stabilized in all respirometers.

Bias due to behavioural responses to the act of feeding (e.g. anticipation caused by human presence near tanks at the typical feeding time) was controlled for by sham-feeding events, where the typical feeding gestures were performed but no food was provided. These shams were performed twice a day (9:00 am and 2:00 pm) for 2 days in all tanks, in the middle and at the end of experiment 1.

2.3.2. Experiment 2: Effects of prey size, prey abundance and temperature on features of foraging behaviour.

202 In this experiment we studied features of the foraging modes, filtration or particulate capture, 203 in more detail, considering duration and maximum intensity (Figure 1). To this end, sardines 204 were fed twice a day (9:00 am and 2:00 pm) for 3 weeks with 8 treatments: one of two food 205 sizes (0.2 and 1.2 mm) at four rations (0.1, 0.2, 0.3 and 0.4% of tank biomass). The 206 combination of two sizes and four rations resulted in 8 feeding treatments for each of the 2 207 temperatures (16°C and 21°C). Based on the results of Experiment 1, rations were chosen not 208 to cause satiety. Similar to Experiment 1, MO2 was measured throughout and for 30 min 209 during feeding (food distributed after 5 min). Combining these data with those of Experiment 210 1 (Fig. S3), we obtained a total of 24 replicates per feeding treatment x temperature for food rations between 0.1% and 0.4%. Any bias due to behavioural responses to the act of feeding 211 212 were assessed by two sham events, as described above.



213

Figure 1: Conceptual framework of the two experiments on cocktail effects of food size (0.2 and 1.2 mm), food rations (between 0.1% and 1.8% of the total biomass in tank) and temperature (16°C and 21°C) on energy expenditure of sardines (daily [A], during the meal period [B], during digestion [C], on the maximal intensity during feeding [D]) and on the duration of the feeding activity [E].

219 2.4. Respirometry

Water oxygen levels were recorded every 5 seconds in the tank respirometers, with an O₂ optode (Oxy-10 mini; PreSens Precision Sensing GmbH, /www.presens.de) and associated software (Pre-Sens Oxy 4v2). Water O₂ saturation never fell below 70% during the 15 min of stopped flow and never below 60% after feeding. Saturation was rapidly restored when the tanks were flushed with a flow of aerated water from the reservoir. 225 Oxygen uptake by the sardines caused a linear decline in water O₂ concentration over time during each stopped flow phase ('closed phase'). The MO2 was calculated in mg O2 kg⁻¹ h⁻¹, 226 227 using least-square regression of the slope, considering oxygen solubility at the appropriate 228 temperature (measured continuously) and salinity (measured daily); tank volume (50 L), and 229 fish biomass (McKenzie et al., 2007). Only slopes with $R^2 \ge 0.95$ were kept for further analyses 230 (<5% of slopes were removed from analyses). Gas exchange across the water surface being 231 negligible, no correction was applied when estimating sardine oxygen consumption 232 (McKenzie et al., 2007; Queiros et al., 2021).

233

2.5. Respirometry data analyses

234

2.5.1. Basal and daily oxygen consumption

235 Basal O₂ uptake rate of day_i was expressed as the lowest 15%-quantile (Chabot et al., 2016a) 236 of the daily O_2 consumption of the previous day (from 06:00 a.m. day_{i-1} to 06:00 a.m. day_i). 237 This rate of oxygen uptake was then used as a baseline for calculating daily oxygen consumption on day_i, expressed in mg O₂ kg⁻¹ d⁻¹, as an increase from this basal rate. This 238 239 normalisation avoided bias linked to a change in fish biomass during experiments, short-term 240 effects of a previous meal, or a small change in temperature, salinity, minor human 241 disturbance, etc. Daily MO2 was calculated as the area under the curve (AUC) of MO2 over time, from 06:00 a.m. and for 24 hours (Figure 1, point A) using the 'DescTools' package in R 242 243 (Andri Signorell 2021). The AUC was calculated over two periods: (i) raw data from 06:00 a.m. 244 until noon, to catch the peak of oxygen consumption observed during the meal period and (ii) 245 smoothed values of the oxygen consumption after 12:00 a.m. (oxygen consumption 246 smoothed using *lowess* function) to avoid outliers due to, for example, minor disturbance in 247 the room, that might distort daily estimations (Fig. S3).

248 **2.5.2.** Oxygen consumption during feeding

When focusing on effects of a meal on MO2, these were calculated relative to a control 249 250 baseline that was estimated as the mean of the preceding 2.5 hours. This was done to avoid 251 bias when either lights were turned on 1.5 hour before the 1st daily meal, or there were remnant effects of digestion of that 1st meal for the 2nd meal period. Since it took up to 2 252 253 minutes to feed all tanks (i.e. between 5 and 7 minutes after the beginning of the closed 254 phase), we first needed to establish the start of the feeding event for each tank. To do so, we 255 identified a break in the rate of oxygen decline in the water during the initial minutes of the 256 'closed phase', using the 'segmented' package (Muggeo, 2008). Once this was identified, 257 oxygen consumption was calculated, in mg O₂ kg⁻¹ h⁻¹, as the linear decline of oxygen 258 concentration from there until 2 min before the end of the 'closed phase' (Figure 1, point B).

259

2.5.3. Oxygen consumption during digestion

The start of the digestion period was considered to begin 90 min after the start of the meal period, this being the maximal duration of the feeding and then flush periods across the different rations. Thus, with feeding at 09:00, the oxygen consumption during digestion was calculated, in mg O_2 kg⁻¹ d⁻¹, as the AUC of the oxygen consumption over time between 10:30 a.m. of day_i and 06:00 a.m. of day_{i+1} (Figure 1, point C). This oxygen consumption was expressed as an increase from the basal O_2 uptake of day_i as estimated above.

266

2.5.4. Maximal oxygen consumption during feeding

To reveal dynamics of metabolic rate after feeding (Fig. S5), MO2 was estimated as a moving
average at 30 second intervals during the closed feeding period, using linear regressions over
1 minute on smoothed data for 12 measures of tank oxygen concentration. This revealed the

maximum oxygen consumption, in mg O_2 kg⁻¹ h⁻¹, achieved during each meal period (Figure 1, 270 271 point D).

272

2.5.5. Duration of the feeding period

273 To estimate feeding duration, in minutes, we identified the end of the meal as the breakpoint 274 when oxygen concentration stopped decreasing severely after feeding, taken to indicate the 275 end of feeding-related activity (Figure 1, point E). That is, a broken-line regression was 276 performed on oxygen consumption values calculated every 30 seconds (also every 30 seconds 277 over 1 minute), starting at the peak of oxygen consumption as estimated above.

278

2.6. Statistical analyses

279 Effects of food rations, prey (particle) size and temperature, on oxygen consumption and 280 feeding duration, were assessed using linear mixed-effects models. We built a series of 281 models including three fixed effects (food size, food ration and temperature), as well as their 282 interactions. Because of variability among tanks within each food ration x food size x 283 temperature treatment, we also introduced a random tank intercept effect. The best-fitting 284 model was selected based on the lowest AIC_c values (Burnham and Anderson, 2002) following 285 Zuur et al. (2009). When the difference between these models in AIC_c (ΔAIC_c) was lower than 286 two, the most parsimonious model was selected (Burnham and Anderson, 2002). Food ration 287 was log-transformed for models of MO2 during feeding and maximal MO2 during feeding. 288 Then, food ration was second order polynomial transformed to model feeding activity.

289 Finally, the effects of prey (particle) size and temperature on oxygen consumption were 290 investigated according to 5 scenarios: (1) a change from large to small particles at cool 291 temperature; (2) a change from large to small particles at warm temperature; (3) a rise in 292 temperature with fish fed on large particles; (4) a rise in temperature with fish fed on small particles, and (5) a change from large to small particles while also increasing temperature (see arrows in Figure 2). As such effects also depend on the food ration when the interaction with food ration was significant, we performed pairwise comparison to test significance of scenarios using selected best-fitting models as previously described. Results of scenarios over food ration are expressed as absolute and relative increases. Results are indicated as mean [95% CI]. Upper and lower 95% CI values of relative differences over food ration were calculated following Kohavi et al. (2009).

All data analyses were performed under R (R Core Team, 2020) and linear mixed-effects models were built using the 'Ime4' package (Bates et al. 2015). All statistical tests were considered significant at p-values < 0.05.

303

304 **3. Results**

When fasted, MO2 was low and statistically similar throughout the day (black curve in Figure 2). When sardines were fed, MO2 peaked during the feeding period after 09:00, then decreased for the rest of the day for all feeding treatments and both temperatures. Oxygen consumption increased with food ration and rearing temperature but, during feeding at both temperatures, MO2 was higher when feeding on the small particles (Figure 2).



Figure 2: Median oxygen consumption over time according to food ration for the 4 311 312 experimental treatments: cool temperature and large particles (A), cool temperature and 313 small particles (B), warm temperature and large particles (C) warm temperature and small 314 particles (D). Black lines are for days of fasting, blue and red represent cool (16°C) and warm 315 (21°C) temperatures, respectively. Darker lines represent higher rations of food. Arrows represent the 5 scenarios for which oxygen consumption were compared: (1) change from 316 317 large particles to small particles at cool temperature; (2) change from large particles to small 318 particles at warm temperature; (3) rise in temperature for fish fed on large particles; (4) rise in temperature for fish fed on small particles, and (5) change from large particles to small 319 320 particles while also increasing temperature.

- 322 **3.1. Daily oxygen consumption**
 - 16

During fasting days, median daily MO2 (i.e. the AUC relative to basal daily oxygen consumption) was the lowest, demonstrating the clear effects that feeding and/or digestion exerted on daily energy expenditure (Figure 2, Fig. S6).

The best linear mixed-effect model included double interactions between food ration and food size and between food ration and temperature (Tables S1 and S2, Fig. S6, S7). An increase in ration consistently caused a significant increase in daily oxygen consumption when considering either food size or temperature. When considering only food size effects, slopes were significantly different (p < 0.001) and the increase was smaller for large particles (slope [95% CI]; 420 [324;515] mg of O₂ kg⁻¹ d⁻¹) than for small particles (714 [618;810] mg of O2/kg/d, graph *Daily* in Figure 3, Table S3).

When comparing large to small particles over all food rations, scenarios (1) and (2) were not significant since food size x temperature interaction was not retained during model selection. Daily MO2 exhibited a mean [95% CI] relative increase of 13 [1;37]% for small particles at 16°C, while this increase was 10 [3;22]% at 21°C (graph *Daily* in Figure 3, Table 1).



Figure 3: Smooth functions of [A] daily, [B] while feeding, [C] while digesting, [D] maximal 338 339 oxygen consumptions (relative to basal oxygen consumption, see details in Material and Methods) and [E] feeding duration according to the food ration for the 4 experimental 340 341 treatments: cool temperature and large particles (solid blue lines), cool temperature and small 342 particles (dotted blue lines), warm temperature and large particles (solid red lines) and warm 343 temperature and small particles (dotted red lines). Arrows represent the mean relative 344 increase of the oxygen consumption/feeding duration according to 4 scenarios summarized in 345 top-left panel: scenario 1 = meal modification from large particles to small particles at cool 346 temperature, (2) meal modification from large particles to small particles at warm 18

- 347 temperature, (3) increasing temperature when fish fed on large particles and (4) increasing
- 348 temperature when fish fed on small particles. Only food size x food ration had a significant
- 349 *effect on feeding duration.*

351 Table 1: Absolute and relative differences (estimates and 95% confidence intervals) for the 5 scenarios 352 for which oxygen consumption were compared: (1) change from large particles to small particles at 353 cool temperature; (2) change from large particles to small particles at warm temperature; (3) rise in 354 temperature for fish fed on large particles; (4) rise in temperature for fish fed on small particles, and 355 (5) change from large particles to small particles while also increasing temperature. Scenarios were 356 tested using pairwise comparisons. Both differences were calculated by pairwise comparisons and 95% 357 Cl of relative differences were estimated following Kohavi et al. 2009. Absolute differences are given 358 in mg of $O_2 kg^{-1} d^{-1}$ for daily and during digestion, in mg of $O_2 kg^{-1} h^{-1}$ for maximal and during feeding, 359 and in minutes for feeding duration.

Period		Scenario	Relative change (%)	Absolute change
	No.	Scenario (1): 16°C Large ⇔ Small	13 [1;37]	108 [6;211]
		Scenario (2): 21°C Large ⇔ Small	10 [3;22]	108 [6;211]
Daily		Scenario (3): Large 16°C ⇔ 21°C	33 [6;87]	265 [-290;821]
		Scenario (4): Small 16°C 🗢 21°C	29 [8;68]	265 [-265;821]
		Scenario (5): 16°C + Large ⇔ 21°C + Small	46 [10;121]	373 [-179;926]
	88	Scenario (1): 16°C Large ⇔ Small	155 [46;397]	132 [120;143]
iod		Scenario (2): 21°C Large ⇔ Small	116 [59;209]	146 [135;157]
al per		Scenario (3): Large 16°C ⇒ 21°C	48 [11;128]	41 [24;58]
Me		Scenario (4): Small 16°C 🗢 21°C	26 [16;37]	56 [38;73]
		Scenario (5): 16°C + Large ⇔ 21°C + Small	220 [68;561]	187 [170;205]
	22	Scenario (1): 16°C Large ⇔ Small	-3 [-13;-1]	-18 [-112;76]
Ľ		Scenario (2): 21°C Large ⇔ Small	-3 [-6;-1]	-18 [-112;76]
gestic		Scenario (3): Large 16°C ⇒ 21°C	34 [-4;183]	178 [-212;569]
Ō		Scenario (4): Small 16°C 🗢 21°C	36 [-5;214]	178 [-212;569]
		Scenario (5): 16°C + Large ⇒ 21°C + Small	31 [-3;164]	160 [-228;548]
	88	Scenario (1): 16°C Large ⇔ Small	48 [24;84]	134 [111;157]
a		Scenario (2): 21°C Large ⇔ Small	48 [29;75]	170 [148;193]
axim		Scenario (3): Large 16°C ⇒ 21°C	26 [12;46]	72 [-15;159]
Σ		Scenario (4): Small 16°C 🗢 21°C	26 [16;39]	108 [21;195]
		Scenario (5): 16°C + Large ⇔ 21°C + Small	87 [47;148]	242 [155;329]
Duration		Large ⇔ Small	42 [-11;339]	4 [2;6]

361 **3.2. Oxygen consumption during feeding**

During fasting days, median MO2 at the time of sham feeding was centered on zero (Fig. S8), indicating that the increase in MO2 observed during all true feeding events resulted from actual energy expenditure to feed and not from behavioural responses by the sardines to feeding gestures.

The MO2 during feeding was significantly related to the three double interactions (food ration x food size, food ration x temperature and food size x temperature, Tables S4 and S5, Fig. S8, S9). When considering only food size effects, slopes were significantly different (p < 0.001) and the increase was smaller for large particles (slope [95% CI]; 95 [85;105] mg of O₂ kg⁻¹ h⁻¹) than for small particles (129 [119;139] mg of O₂ kg⁻¹ h⁻¹, Table S3).

Food size had a strong and significant effect on MO2 during feeding. When sardines fed on small particles at 16°C, their mean [95% CI] MO2 was almost multiplied by 2.5 by comparison to large particles (p-value < 0.001), rising by 155 [46;397]%, while it doubled in sardines feeding on small particles, rising by 116 [59;209]% compared to large particles at 21°C (pvalue < 0.001, graph *Meal period* in Figures 3, Table 1).

376 **3.3. Oxygen consumption during digestion**

Similar to the daily MO2, best linear mixed-effect model for MO2 during digestion included double interactions between food ration and food size and between food ration and temperature (Tables S6 and S7, Fig. S10, S11). Slopes differed significantly (p < 0.001); the lowest slope was estimated for sardines on large particles (slope [95% CI]; 300 [213;388] mg of O₂ kg⁻¹ d⁻¹) while the highest slope was obtained for sardines on small particles (533 [445;621] mg of O₂ kg⁻¹ d⁻¹, graph *Digestion* in Figure 3). When comparing large to small particles averaged over all food rations, scenarios (1) and (2) were not significant since interaction between food size and temperature was not retained in the selected model. Indeed, mean [95% CI] MO2 during digestion decreased by 3 [-13,-1]% at 16°C, while this decrease was 3 [-6;-1]% at 21°C (graph *Digestion* in Figure 3, Table 1).

387

3.4. Maximal consumption during feeding

Similar to the MO2 during feeding, maximal MO2 during feeding was significantly correlated with the three double interactions (Tables S8 and S9, Fig. S12, S13). Slopes differed significantly (p = 0.001); the lowest slope was estimated for sardines on small particles (slope [95% CI]; 87 [67;106] mg of O_2 kg⁻¹ h⁻¹) while the highest slope was obtained for sardines on large particles (132 [113;152] mg of O_2 kg⁻¹ h⁻¹, graph *Maximum* in Figure 3, Table S3).

Food size had a strong and significant effect on maximal MO2 during feeding since food size x temperature interaction was retained during model processing. When sardines fed on small particles at 16°C, their mean [95% CI] maximal MO2 rose by 48 [24;84]% by comparison to large particles, while such increase was 48 [29;75]% at 21°C (graph *Maximum* in Figure 3, Table 1).

398 **3.5. Feeding duration**

Contrary to the previous MO2 features, the selected model for the feeding duration included interaction between food ration and food size but not with temperature since food ration x temperature and food size x temperature interaction were not retained (Tables S10 and S11, Fig. S14, S15). Slopes differed significantly between the two food sizes (p = 0.004). Indeed, the feeding duration decreased with increasing food ration when sardines fed on small particles (slope [95% CI]; -3 [-6;0] min) while it increased when sardines fed on large particles (4 [1;7] min, Table S3).

406 When comparing large to small particles averaged over all food rations, scenarios (1) and (2) 407 were not significant since interaction between food size and temperature was not retained in 408 the selected model. Mean [95% CI] feeding duration increased by 42 [-11;339]% (graph 409 *Feeding duration* in Figure 3, Table 1).

410

3.6. Temperature effects

411 Temperature had significant effects on all oxygen consumptions and on the feeding duration 412 (Tables S1 to S11). Indeed, food ration x temperature interaction was included in all selected 413 models on MO2 and food size x temperature interaction was included in models on MO2 414 during feeding and maximal MO2 during feeding. Moreover, in the model on feeding 415 duration, temperature was retained without its interactions (Tables S10).

416 When studying interaction of food ration and temperature, slopes were significant different 417 between the two temperatures in all MO2 models and they were always smaller at cool than 418 at warm temperature. Thus, slopes were smaller at 16°C than at 21°C for daily MO2, MO2 419 during digestion, MO2 during feeding, and maximal MO2 during feeding (Table S3). 420 Surprisingly, slopes were very similar when considering either large particles or cool 421 temperature effects (e.g. slopes [95% CI] for daily MO2, 420 [324;515] and 413 [317;509], 422 respectively) and either small particles or warm temperature effects (for daily MO2, 714 423 [618;810] and 721 [626;817], respectively, suggesting similar effects of prey shrinking and 424 temperature warming over food ration on MO2 (see Table S3).

425 When comparing cool to warm conditions, in scenarios (3) and (4) there was no significant 426 effect of temperature on daily MO2, MO2 during digestion or on feeding duration, because 427 food size x temperature interaction was not retained within selected models. On the other 428 hand, warming effects were significant on MO2 during feeding (p-values < 0.001) but only

scenario (4) was significant on maximal MO2 during feeding (p-value = 0.02). Thus, the
temperature change from 16°C to 21°C caused mean MO2 during feeding to increase by 26
[16;37]% in fish fed on small particles, and by 49 [11;129]% in fish fed on large particles. This
temperature change caused mean maximal MO2 during feeding to increase by 26 [16;39]%
in sardines fed with small particles (Figure 3, Table 1).

434 **3.7. Cocktail effects of the global warming**

Smaller particle size and higher temperature resulted in a mean [95% CI] daily MO2 increase 435 of 46 [10;121]%, representing an increase of 373 [-179;926] mg of O_2 kg⁻¹ d⁻¹. This increase 436 437 was caused by the significant multiplication by 3 of the MO2 during the meal period (220 [68;561]%, representing 187 [170;205] mg of O_2 kg⁻¹ h⁻¹) and higher MO2 during the digestion 438 (31 [-3;163]%, representing 160 [-228;548] mg of O₂ kg⁻¹ d⁻¹). Moreover, such change caused 439 440 an increase of the maximal MO2 during feeding by 87 [47;148]%, representing an increase of 242 [155;329] mg of O_2 kg⁻¹ h⁻¹, and a longer feeding period (42 [-11;339]%, representing 4 441 442 [2;6] min without temperature effect, Figure 4, Table 1).



Figure 4: Smooth functions of [A] daily, [B] while feeding, [C] while digesting, [D] maximal 444 445 oxygen consumptions and [E] feeding duration according to the food ration for the 2 446 experimental treatments representing past and future environmental conditions, i.e. cool 447 temperature and large particles (solid blue lines) and warm temperature and small particles (dotted red lines), respectively. Arrows represent the mean relative increase of the oxygen 448 449 consumption/feeding duration according to the global warming (scenario 5), i.e. meal 450 modification from large particles to small particles with increasing temperature, and summarized in top-left panel (feeding duration is not significantly affected by temperature 451 452 increase, see Results).

454 **4. Discussion**

455 This study investigated how a modification of food resources under climate warming might 456 jeopardize energy balance of small pelagic species, using sardines in the Mediterranean Sea 457 as a case study. To do so, we used in-vivo group respirometry to investigate the effects of 458 prey (food) size and availability (ration) on sardine energy expenditure, and how this was 459 influenced by temperature. Our results demonstrate that both food size and temperature had significant effects on multiple measures of energy expenditures, over daily and hourly 460 461 timescales. While temperature significantly increased expenditures overall, food size had a 462 major impact on energy expenditure for activity during feeding itself. That is, the results 463 indicate that food resources and temperature are major environmental drivers that can 464 dramatically increase energy expenditures of fishes and disturb their energy balance in a 465 scenario of future climate change, in warmer waters with smaller prey. As such, the results also provide experimental evidence that such challenges to energy balance may contribute to 466 467 the ongoing shrinking of fish populations.

468 Daily oxygen consumption measured in this study was corrected against a baseline of 469 standard metabolism (Chabot et al., 2016a), so represents daily energy expenditure on 470 activity. The results suggested greater expenditure for days where sardines fed on small 471 particles, due to higher oxygen consumption during either feeding and/or digestion. The very 472 marked increase in oxygen consumption during actual feeding on small items must reflect 473 different costs of foraging mode, with filtering being more expensive than particulate feeding. 474 While this confirms our hypothesis and helps explain the decreased growth and body 475 condition of sardines fed for an extended period on small items (Queiros et al., 2019), the 476 magnitude of the effect is quite remarkable. Both MO2 and duration of the meals provide a

477 more detailed understanding of the widely different energy costs of the two foraging modes. 478 First, the higher maximal MO2 when fish fed on small particles indicates greater energy 479 requirements for the continuous aerobic swimming in filter-feeding compared to rapid bursts 480 to capture large particles (Costalago & Palomera, 2014). Queiros et al. (2019) had already 481 noted that the duration of feeding activity was longer when sardines fed on small particles, it 482 presumably represents the time needed to filter the entire tank volume and, therefore, might 483 not be expected to change much with ration. It is interesting therefore that feeding duration 484 on small particles was in fact lower at low or high rations than at intermediate ones. Low 485 duration at low ration might suggest rapid loss of interest if food acquisition was very poor, 486 while at high ration it might indicate satiation. For particulate feeding, more particles to catch 487 should translate into longer duration, which was observed until a ration threshold where a 488 plateau would indicate satiation. Overall, we expected feeding duration to be longer on small 489 particles at low ration but longer on large particles, but this was only true for rations below 490 0.6 %, after which duration was similar for both particle sizes. Finally, all these results indicate 491 that higher energy expenditure by sardines filter feeding on small particles can explain why 492 they would have to eat twice as much as when feeding on large pellets to achieve similar 493 growth or body condition (Queiros et al. 2019).

Our finding that oxygen consumption during the digestion increased with the food ration, for both particle sizes, presumably reflects the so-called specific dynamic action of feeding (SDA) response (McCue, 2006). This reflects the energy needed for the digestion, absorption and assimilation of a meal (Chabot et al., 2016b), hence the energetic 'costs of growth'. Therefore, larger meals require greater energy investment but then provide a great return in terms of tissue accretion and growth (Fu et al., 2005a, 2005b; Jordan & Steffensen, 2007; Norin & Clark,

500 2017). The fact that a doubling of ration from 0.4% to 0.8% only caused a 17% or 55% increase 501 in apparent SDA (based on estimated slopes), in fish fed large items at 16 °C or small items at 502 21°C, respectively, might seem limited. This increase with doubling of ration is low compared 503 to other fish species (see Secor, 2009). Furthermore, the high surface area to volume ratio of 504 small particles should speed up digestion by promoting enzymatic processes and, thereby, 505 reduce a part of digestion costs (discussed in Legler et al., 2010). On the other hand, a large 506 SDA response can indicate that lots of nutrients were assimilated, notably amino acids for 507 protein synthesis, with high costs of turning these into tissues but that reflect robust growth 508 (Fraser & Rogers, 2007; McCue, 2006; Secor, 2009). That is, a large SDA would imply good 509 growth, which is coherent with the fact that sardines fed on large particles exhibited higher 510 growth and greater condition in previous studies (see Queiros et al. 2019).

511 There is another mechanism that might increase energy expenditure during 'digestion' of 512 large particles, being the costs of recovery from rapid bursts of anaerobic swimming used for 513 prey capture. The metabolic cost of such recovery, so-called 'excess post-exercise oxygen 514 consumption' (EPOC) can be divided into 3 phases in fishes: rapid, plateau, slow (Zhang et al., 515 2018). While the rapid phase is very short (< 1 hour), both plateau and slow phases can require 516 several hours to return to standard metabolism. This can be more than 10 hours for salmon 517 although the duration is certainly species dependent (C. G. Lee et al., 2003; Li et al., 2020; 518 Plambech et al., 2013; Svendsen et al., 2012; Zhang et al., 2018). Considering that we 519 estimated energy expenditure of digestion starting at 1.5 hours after providing the meal, this 520 would omit the rapid phase of EPOC, although the phenomenon may have contributed to the 521 final phases of metabolic costs of feeding. A potential role for EPOC in costs of feeding on 522 large prey remains to be proven, since studies on individual sardines are technically extremely

523 challenging. Overall, oxygen consumption due to digestion was lower for small compared to 524 large particles, but the magnitude of the difference was much less than for the activity costs 525 of feeding. Therefore, daily energy expenditure was mostly affected by what happened during 526 the meal. The benefit of digesting small prey (in terms of energy expenditure for a same food 527 ration) remained too weak to counterbalance the increased energy to capture shrinking 528 plankton in the wild. Furthermore, the warm temperature also significantly increased 529 metabolic rates, leading to overall higher energy expenditure during both meals and digestion 530 (Clarke & Fraser, 2004; Seebacher et al., 2015), whatever the food size or ration. Higher 531 energetic cost for digestion at warm temperatures has been reported for tunas, another 532 species that swims continuously (Klinger et al., 2016) although relationships between costs of 533 digestion and temperature are not necessarily linear (McKenzie et al., 2013; Tirsgaard et al., 534 2015).

535 Our study applied relatively short thermal acclimation times, which might tend to 536 overestimate temperature effects. When natural populations are allowed to acclimatise over 537 generations, baseline metabolism may show a much less marked effect of temperature (e.g. 538 Wootton et al. 2022). Such intergenerational experiments are not feasible for the 539 Mediterranean sardine because their life cycle cannot be completed in captivity. Our 540 experimental temperatures (16°C and 21°C) were well within the range that sardines have 541 experienced in the Gulf of Lions over the last 40 years (12 - 24°C ; Feuilloley et al. 2020) and 542 our rate of temperature change was slow (< 0.5°C/day) allowing acclimation at an ecologically 543 realistic pace. Furthermore, by expressing oxygen consumption as a relative increase from 544 MO2 baseline (the baseline was estimated daily as the lowest 15%-quantile rate for daily MO2 545 and MO2 during digestion, and as the mean of the preceding 2.5 hours for MO2 while

feeding), effects of temperature on baseline metabolism were been taken into account in our
study. Finally, although the effects of temperature were significant, potential acclimation
across a few generations leading to similar baseline metabolism between generations would
reinforce our results on the effects of food size.

550 Although food size had only quite minor effects on daily energy use, increasing it by 10 [3;22]% 551 in fish fed on small particles at 21°C, long-term effects may be significant. Furthermore, 552 sardines may feed continuously in the wild, not only once or twice a day, which would 553 increase consequences of differences in energy expenditure during feeding. In the wild, 554 sardines face predation and pathogens that require energy expenditure. Therefore, higher 555 daily energy expenditure for feeding may well impair energy balance in the wild, resulting in 556 less energy allocated towards survival and growth. For instance, lower swimming 557 performance due to low energy reserves (e.g. swimming endurance (Martínez et al., 2003, 558 2004)) could isolate leaner individuals from schools, leading to a vicious circle, with lower 559 food foraging and thus reinforcing lower energy reserves. Nonetheless, calorie-restricted 560 sardines display better phenotypic plasticity to face fasting, which improves their ability to 561 reduce their metabolic energy expenditures during long-term fasting (Queiros et al., 2021). 562 Further, mitochondria from sardines fed with small particles exhibited lower basal oxidative 563 activity but higher efficiency of ATP production than those fed with large particles, a 564 mechanism that should help them spare energy (Thoral et al., 2021). Nevertheless, although 565 sardines may display plasticity or adaptation that ameliorates the energetic consequences of 566 smaller prey and warmer temperatures, the situation of sardine populations in the Gulf of 567 Lions remains very concerning.

568

569 **Conclusion**

570 This study supports the hypothesis of bottom-up control to explain the profound shrinking of 571 small pelagic fish communities in the Gulf of Lions and is a hypothesis worth exploring to 572 explain the spread of this phenomenon throughout the Mediterranean (Albo-Puigserver et 573 al., 2021; Brosset et al., 2017) to new ecosystems, and to species higher in the food web 574 (Bensebaini et al., 2022; Véron et al., 2020). Altogether, the results indicate that energy 575 balance can be a major mechanism explaining shrinking of fish populations globally. Declines in prey size could impact the energy balance of individuals when their energy expenditures 576 577 are increased by warmer temperatures, with future projections of prey resources predicting a decline of prey biomass and quality. 578

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586

587 Data availability

588 Data and scripts are available here: https://zenodo.org/record/8413664.

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882	Supplementary material
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884	Material and methods
885 886 887 888 890 890 891 892 893 894 893 894 895 896 897 898 899 900	Each respirometer was shaped by a vertical PVC pipe and included three perforated semi-cylinders of PVC pipe in its interior section (Fig. S2). An external pump was connected to this system to collect water from one semi-cylinder and deliver it to the two other semi-cylinders, so water was constantly mixed in the respirometer (yellow arrows in Fig. S2). Outside of measurement period, respirometer water was renewed with water pumped from continuously aerated buffer tanks (300 L) into the same hemispheres that the external pump to maintain dissolved O_2 concentrations close to saturation (i.e. 100 %)(white arrows in Fig. S2). Excess of water was collected through a PVC pipe and returned to its given buffer tanks. These buffer tanks were supplied with the same seawater and the temperatures were maintained equal to either 16°C (cool) or 21°C (warm), maintaining constant temperature in respirometers. Pumps in buffer tanks were controlled by an electrical timer and were turned off during measurements and water level settled at the overflow to provide a constant volume (50 L). Large buffer tanks were continuously supplied with water pumped from the sea, filtered through sand filter (30–40 μ m) and sterilized with UV light. The photoperiod was adjusted to 12-12h cycle.
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905 Figures



Initial body condition distribution



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Fig. S1: Distribution of body mass (A) and condition (B) of sardines for each tank at the beginning of the experiment.
Colors refer to the water temperature in each tank i.e. either 21°C (in red) or 16°C (in blue). The number of

910 individuals is given by n at the bottom of the panels.

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Fig. S2: The entire setup was composed by (i) 2 large aerated buffer tanks that homogenized water quality between
tanks and maintained constant water temperature over time and (ii) 8 small experimental tanks. Each 50L
experimental tank, in which 10 individuals were reared, was modified as automated respirometer with a continuous
water flow that ensured the homogeneity of the water parameters (indicated by yellow arrows). The renewal and
excess water flows are indicated by white arrows. The two colors refer to the two water temperatures: 21°C in red

- 923 and 16°C in blue.



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929 Fig. S3: Boxplots of oxygen consumption during the 1st meal in the morning (in blue) and the 2nd meal in the 930 afternoon (in grey) for the four feeding treatment x temperature (cool temperature and large particles, cool 931 temperature and small particles, warm temperature and large particles and warm temperature and small particles). 932 Oxygen consumptions have been calculated relative to a control baseline that was estimated as the mean of the 933 preceding 2.5 hours. This calculation avoided bias when lights were turned on 1.5 hour before the 1st daily meal, 934 and also potential remnant effects of digestion of that 1st meal for the 2nd meal period. No significant effect of the 935 period (morning vs. afternoon) on the oxygen consumption over feeding treatment x temperature was found 936 (ANOVA, p = 0.63).



940 Fig. S4: Oxygen consumption over time from 06:00 a.m. and for 24 hours. The black line represents the original 941 data of the oxygen consumption. The estimation of the daily oxygen consumption was calculated over a 942 combination of two periods: (1) following original data from 06:00 a.m. until noon to catch the peak of oxygen 943 consumption observed during the meal period (dashed blue line) and (2) smoothed values of the oxygen 944 consumption after noon to avoid any outlier (e.g. peak at 19:30) that could distort daily consumption estimation 945 (solid red line).



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950 Fig. S5: Smoothed oxygen concentration (A) and oxygen consumption (B) after the start of the meal. Oxygen 951 consumptions were estimated every 30 seconds using linear regressions over 1 minute on smoothed oxygen 952 concentrations (lines in A and corresponding points in B). The blue triangle represents the maximal oxygen 953 consumption reached during the meal.



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958 Fig. S6: Boxplot of the daily oxygen consumption increase (relative to basal oxygen consumption and due to 959 movement, food foraging and digestion) according to the food ration for the 4 experimental treatments: cool 960 temperature and large particles (A), cool temperature and small particles (B), warm temperature and large particles 961 (C) warm temperature and small particles (D). Dotted (for small particles) and solid lines (for large particles) 962 represent the smooth increase of the median daily oxygen uptake in relation to the food ration. Grey bands 963 represent 95% confidence intervals of smooth increases. White colour represents data during days of fasting, while 964 light and dark grey represent small and large particles, respectively. Blue and red colours represent cool (16°C) 965 and warm (21°C) temperatures, respectively. Only slopes (i.e. oxygen consumption) with R squared \geq 0.95 were 966 used. Sample size (i.e. number of days) is given as 'n' at the bottom of each panel. Outliers were removed for 967 clarity purpose.



Fig. S7: Diagnostic plots of the selected model for the daily oxygen consumption. A: Fitted values versus residuals.

B: Q-Q plot of the residuals. C: Residuals versus Tank ID. D: Residuals versus Food ration. E: Residuals versus

Food size. F: Residuals versus Temperature.



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977 Fig. S8: Boxplot of the oxygen consumption increase during feeding (relative to the previous 2.5h oxygen 978 consumption) according to the food ration for the 4 experimental treatments: cool temperature and large particles 979 (A), cool temperature and small particles (B), warm temperature and large particles (C) warm temperature and 980 small particles (D). Dotted (for small particles) and solid lines (for large particles) represent the smooth increase of 981 the median daily oxygen uptake in relation to the food ration. Grey bands represent 95% confidence intervals of 982 smooth increases. White colour represents data during days of fasting, while light and dark grey represent small 983 and large particles, respectively. Blue and red colours represent cool (16°C) and warm (21°C) temperatures, 984 respectively. Only slopes (i.e. oxygen consumption) with R squared \geq 0.95 were used. Sample size (i.e. number of 985 meals) is given as 'n' at the bottom of each panel. Sample size is greater for food ration below 0.6% because 986 results from experiments 1 and 2 are gathered here (n = 8 and n = 16 for experiment 1 and experiment 2, 987 respectively). Outliers were removed for clarity purpose.



Fig. S9: Diagnostic plots of the selected model for the oxygen consumption during feeding. A: Fitted values versus

residuals. B: Q-Q plot of the residuals. C: Residuals versus Tank ID. D: Residuals versus Food ration. E: Residuals

versus Food size. F: Residuals versus Temperature.





997 Fig. S10: Boxplot of the oxygen consumption increase (relative to basal oxygen consumption) during the digestion 998 (here 1.5 hour after the beginning of the meal period) according to the food ration for the 4 experimental treatments: 999 cool temperature and small particles (A), cool temperature and large particles (B), warm temperature and small 1000 particles (C) warm temperature and large particles (D). Dotted (for small particles) and solid lines (for large 1001 particles) represent the increase of the median oxygen uptake during digestion in relation to the food ration. Grey 1002 bands represent 95% confidence intervals of smooth increases. White color represents data during days of fasting, 1003 while light and dark grey represent small and large particles, respectively. Blue and red colors represent cool (16°C) 1004 and warm (21°C) temperature, respectively. Sample size (i.e. number of meals) is given as 'n' at the bottom of 1005 each panel.



Fig. S11: Diagnostic plots of the selected model for the oxygen consumption during digestion. A: Fitted values versus residuals. B: Q-Q plot of the residuals. C: Residuals versus Tank ID. D: Residuals versus Food ration. E:





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1015 Fig. S12: Boxplot of the maximal oxygen consumption increase (relative to basal oxygen consumption) during the 1016 meal period according to the food ration for the 4 experimental treatments: cool temperature and small particles 1017 (A), cool temperature and large particles (B), warm temperature and small particles (C) warm temperature and 1018 large particles (D). Dotted (for small particles) and solid lines (for large particles) represent the increase of the 1019 median of the maximal oxygen uptake on relation to the food ration. Light and dark grey represent small and large 1020 particles, respectively. Grey bands represent 95% confidence intervals of smooth increases. Blue and red colors 1021 represent cool (16°C) and warm (21°C) temperature, respectively. Sample size (i.e. number of meals) is given as 1022 'n' at the bottom of each panel. Sample size is greater for the 4 smallest quantities (i.e. 0.1, 0.2, 0.3 and 0.4%) 1023 because oxygen consumption obtained from experiments 1 and 2 were pooled here.



Fig. S13: Diagnostic plots of the selected model for the maximum oxygen consumption during feeding. A: Fitted values versus residuals. B: Q-Q plot of the residuals. C: Residuals versus Tank ID. D: Residuals versus Food ration. E: Residuals versus Food size. F: Residuals versus Temperature.





1033 Fig. S14: Boxplot of the feeding duration according to the food ration for the 4 experimental treatments: cool 1034 temperature and small particles (A), cool temperature and large particles (B), warm temperature and small particles 1035 (C) warm temperature and large particles (D). Dotted (for small particles) and solid lines (for large particles) 1036 represent the variations of the median feeding duration on relation to the food ration. Grey bands represent 95% 1037 confidence intervals of smooth increases. Light and dark grey represent small and large particles, respectively. 1038 Blue and red colors represent cool (16°C) and warm (21°C) temperature, respectively. Sample size (i.e. number of 1039 meals) is given as 'n' at the bottom of each panel. Sample size is greater for the 4 smallest quantities (i.e. 0.1, 0.2, 1040 0.3 and 0.4%) because oxygen consumption obtained from experiments 1 and 2 were pooled here. When a feeding 1041 duration could not be calculated (e.g. no breakpoint), data was removed from this analysis.



Fig. S15: Diagnostic plots of the selected model for the feeding duration. A: Fitted values versus residuals. B: Q-Q
plot of the residuals. C: Residuals versus Tank ID. D: Residuals versus Food ration. E: Residuals versus Food
size.

1047 Tables

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- 1049 Table S1: Results of model selection on the daily oxygen consumption (df, logLik, AICc and △AICc).
- 1050 The best-fitting model was selected based on the lowest AICc values (Burnham and Anderson, 2002)
- 1051 following Zuur et al. 2003. When difference in AICc (ΔAICc) was lower than two between these models,
- 1052 the more parsimonious model was selected (Burnham and Anderson, 2002). The selected models is
- 1053 represented in bold.
- 1054

Models	df	logLik	AICc	ΔAICc
~ Food ration x Temperature + Food ration x Food size	8	-1837.9	3692.3	0.0
~ Food ration x Temperature + Temperature x Food size + Food ration x Food size	9	-1837.7	3694.2	1.8
~ Food ration x Food size x Temperature	10	-1837.2	3695.4	3.1
~ Food ration x Temperature + Food size	7	-1846.9	3708.2	15.9
~ Food ration x Food size + Temperature	7	-1847.7	3709.8	17.5
~ Food ration x Temperature + Temperature x Food size	8	-1846.7	3710.1	17.8
~ Food ration x Food size	6	-1849.2	3710.7	18.4
~ Food ration x Food size + Temperature x Food size	8	-1847.5	3711.6	19.3
~ Food ration x Temperature	6	-1850.3	3713.0	20.7
~ Food ration + Food size + Temperature	6	-1856.1	3724.5	32.2
~ Food ration + Food size	5	-1857.6	3725.4	33.1
~ Food ration + Food size x Temperature	7	-1855.9	3726.4	34.0
~ Food ration + Temperature	5	-1859.3	3728.8	36.4
~ Food ration	4	-1860.8	3729.7	37.4
~ Food size + Temperature	5	-1939.6	3889.4	197.1
~ Food size	4	-1941.0	3890.2	197.9
~ Temperature	4	-1941.3	3890.7	198.4
~ Food size x Temperature	6	-1939.5	3891.4	199.1
~ 1	3	-1942.7	3891.6	199.3

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Table S2: Results of the selected mixed effect model on the daily oxygen consumption (Estimates, 95%
confidence intervals and p-values). Estimations of the predictors of all other fixed effects were based
on the estimations of treatment 'warm temperature and small particles'. The selected model is
presented using REML estimation.

Fixed effects:

Predictors	Ectimates	95% CI	n-value
			<i>p</i> -vulue
(Intercept)	555.39	313.23 - 797.54	<0.001
Food ration	868.58	751.42 – 985.74	<0.001
Food size [Large]	106.34	-19.32 – 232.00	0.097
Temperature [Cool]	-41.06	-371.97 – 289.84	0.807
Food size [Large] x Food ration	-294.84	-430.28159.40	<0.001
Temperature [Cool] x Food ration	-308.42	-443.85 – -172.98	<0.001
Random Effects:			
σ^2	100091.73		
Too Tank	48311.87		
ICC	0.33		
N Tank	8		
Observations	255		
Marginal R ² / Conditional R ²	0.490 / 0.6	56	

1064Table S3: Results of linear mixed-effects models on the daily, while feeding, while digesting, maximal1065oxygen consumptions (relative to basal oxygen consumption, see details in Material and Methods) and1066feeding duration according to the food ration for food size and temperature. Slopes were provided after1067being back-transformed for models on feeding and maximal oxygen consumptions. Slopes are given in1068mgO2/kg/d for daily MO2 and during digestion, in mgO2/kg/h for oxygen consumption during feeding1069and maximal MO2, and in min for feeding duration.

Period	_	Treatment	Slope	[95% CI]
	***	Large particles	420	[324;515]
ily		Small particles	714	[618;810]
Da	*	At 16°C	413	[317;509]
	ķ	At 21°C	721	[626;817]
_		Large particles	95	[85;105]
period		Small particles	129	[119;139]
Meal _I	*	At 16°C	91	[81;101]
	÷ Ý	At 21°C	133	[123;143]
		Large particles	300	[213;388]
stion		Small particles	533	[445;621]
Dige	*	At 16°C	306	[218;394]
	-×	At 21°C	527	[439;615]
	*** *	Large particles	132	[113;152]
imal		Small particles	87	[67;106]
Max	*	At 16°C	78	[58;97]
	×	At 21°C	141	[122;161]
ation		Large particles	4	[1;7]
Dure		Small particles	-3	[-6;0]

1072 Table S4: Results of model selection on the oxygen consumption during feeding (df, logLik, AICc and

1073 ΔAICc). The best-fitting model was selected based on the lowest AICc values (Burnham and Anderson,

1074 2002) following Zuur et al. 2003. When difference in AICc (Δ AICc) was lower than two between these

1075 models, the more parsimonious model was selected (Burnham and Anderson, 2002). The selected

1076 models is represented in bold. Food ration was log-transformed for model selection.

1077

Models	df	logLik	AICc	ΔAICc
~ log(Food ration) x Food size x Temperature	10	-2505.3	5031.0	0.0
~ log(Food ration) x Temperature + Temperature x Food size + log(Food ration) x Food size	9	-2506.4	5031.1	0.1
~ log(Food ration) x Temperature + log(Food ration) x Food size	8	-2509.3	5035.0	4.0
~ log(Food ration) x Temperature + Temperature x Food size	8	-2517.4	5051.1	20.1
~ log(Food ration) x Temperature + Food size	7	-2520.3	5054.8	23.7
~ log(Food ration) x Food size + Temperature x Food size	8	-2523.3	5062.9	31.9
~ log(Food ration) x Food size + Temperature	7	-2526.1	5066.5	35.5
~ log(Food ration) + Food size x Temperature	7	-2533.5	5081.2	50.2
~ log(Food ration) + Food size + Temperature	6	-2536.2	5084.6	53.6
~ log(Food ration) x Food size	6	-2536.3	5084.7	53.7
~ log(Food ration) + Food size	5	-2546.4	5102.9	71.8
~ Food size + Temperature	5	-2794.5	5599	568.0
~ Food size x Temperature	6	-2793.6	5599.4	568.3
~ Food size	4	-2804.3	5616.8	585.7
~ log(Food ration) x Temperature	6	-2917.4	5847.0	815.9
~ log(Food ration) + Temperature	5	-2920.6	5851.2	820.2
~ log(Food ration)	4	-2929.2	5866.5	835.5
~ Temperature	4	-3004.7	6017.6	986.5
~1	3	-3012.6	6031.3	1000.3

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1079

1081 Table S5: Results of the selected mixed effect model on the oxygen consumption during feeding 1082 (Estimates, 95% confidence intervals and p-values). Estimations of the predictors of all other fixed 1083 effects were based on the estimations of treatment 'warm temperature and small particles'. The selected 1084 model is presented using REML estimation. Food ration was log-transformed before regression.

1085

Fixed effects:			
Predictors	Estimates	95% CI	p-value
(Intercept)	324.08	314.62 - 334.98	<0.001
log(Food ration)	72.58	67.01 – 78.72	<0.001
Food size [Large]	-156.87	-168.88 – -146.69	<0.001
Temperature [Cool]	-70.01	-83.52 – -56.74	<0.001
log(Food ration) x Food size [Large]	-15.81	-23.06 – -9.52	<0.001
log(Food ration) x Temperature [Cool]	-20.29	-27.06 – -13.52	<0.001
Food size [Large] x Temperature [Cool]	14.05	2.76 – 25.94	0.015
Random Effects:			
σ ²	1106.87		
Too Tank	29.07		
ICC	0.03		
N _{Tank}	8		
Observations	509		
Marginal R ² / Conditional R ²	0.863 / 0.86	57	

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Table S6: Results of model selection on the oxygen consumption during digestion (df, logLik, AICc and
 ΔAICc). The best-fitting model was selected based on the lowest AICc values (Burnham and Anderson,

- 1092 2002) following Zuur et al. 2003. When difference in AICc (ΔAICc) was lower than two between these
- 1093 models, the more parsimonious model was selected (Burnham and Anderson, 2002). The selected
- 1094 models is represented in bold.
- 1095

Models	df	logLik	AICc	ΔAICc
~ Food ration x Temperature + Food ration x Food size	8	-1813.3	3643.1	0.0
~ Food ration x Temperature + Temperature x Food size + Food ration x Food size	9	-1813.3	3645.3	2.1
~ Food ration x Food size x Temperature	10	-1812.7	3646.3	3.2
~ Food ration x Temperature	6	-1820.1	3652.6	9.5
~ Food ration x Food size + Temperature	7	-1819.4	3653.2	10.1
~ Food ration x Food size	6	-1820.8	3653.9	10.8
~ Food ration x Temperature + Food size	7	-1820.0	3654.5	11.4
~ Food ration x Food size + Temperature x Food size	8	-1819.4	3655.3	12.2
~ Food ration x Temperature + Temperature x Food size	8	-1820.0	3656.6	13.5
~ Food ration + Temperature	5	-1826.0	3662.2	19.1
~ Food ration	4	-1827.3	3662.9	19.7
~ Food ration + Food size + Temperature	6	-1825.8	3664.0	20.9
~ Food ration + Food size	5	-1827.2	3664.7	21.6
~ Food ration + Food size x Temperature	7	-1825.8	3666.1	23.0
~ Temperature	4	-1887.8	3783.8	140.7
~1	3	-1889.2	3784.4	141.3
~ Food size + Temperature	5	-1887.8	3785.8	142.7
~ Food size	4	-1889.1	3786.4	143.3
~ Food size x Temperature	6	-1887.8	3787.9	144.8

1096

1098Table S7: Results of the selected mixed effect model on the oxygen consumption during digestion1099(Estimates, 95% confidence intervals and p-values). Estimations of the predictors of all other fixed1100effects were based on the estimations of treatment 'warm temperature and small particles'. The selected1101model is presented using REML estimation.

Fixed effects:			
Predictors	Estimates	95% CI	p-value
(Intercept)	212.24	33.29 – 391.20	0.020
Food ration	643.27	536.00 – 750.54	<0.001
Food size [Large]	187.13	72.08 - 302.18	0.002
Temperature [Cool]	-17.63	-257.48 – 222.22	0.885
Food ration x Food size [Large]	-232.56	-356.57 – -108.56	<0.001
Food ration x Temperature [Cool]	-221.02	-345.02 – -97.01	0.001
Random Effects:			
σ^2	83904.80		
τ _{00 Tank}	22833.11		
ICC	0.21		
N Tank	8		
Observations	255		
Marginal R ² / Conditional R ²	0.410/0.53	6	

1104 Table S8: Results of model selection on the maximal oxygen consumption during feeding (df, logLik,

1105 AICc and △AICc). The best-fitting model was selected based on the lowest AICc values (Burnham and

1106 Anderson, 2002) following Zuur et al. 2003. When difference in AICc (ΔAICc) was lower than two

1107 between these models, the more parsimonious model was selected (Burnham and Anderson, 2002).

1108 The selected models is represented in bold. Food ration was log-transformed for model selection.

1109

Models	df	logLik	AICc	ΔAICc
~ log(Food ration) x Temperature + Temperature x Food size + log(Food ration) x Food size	9	-2865.6	5749.5	0.0
~ log(Food ration) x Food size x Temperature	10	-2865.4	5751.3	1.7
~ log(Food ration) x Temperature + log(Food ration) x Food size	8	-2870.3	5756.9	7.4
~ log(Food ration) x Temperature + Temperature x Food size	8	-2870.7	5757.8	8.3
~ log(Food ration) x Temperature + Food size	7	-2875.4	5764.9	15.4
~ log(Food ration) x Food size + Temperature x Food size	8	-2875.7	5767.7	18.2
~ log(Food ration) x Food size + Temperature	7	-2880.3	5774.8	25.3
~ log(Food ration) + Food size x Temperature	7	-2880.8	5775.7	26.2
~ log(Food ration) x Food size	6	-2884.1	5780.4	30.8
~ log(Food ration) + Food size + Temperature	6	-2885.2	5782.6	33.1
~ log(Food ration) + Food size	5	-2889.0	5788.2	38.6
~ Food size x Temperature	6	-2975.1	5962.5	212.9
~ Food size + Temperature	5	-2978.1	5966.3	216.7
~ Food size	4	-2981.9	5971.9	222.3
~ log(Food ration) x Temperature	6	-3099.5	6211.2	461.7
~ log(Food ration) + Temperature	5	-3103.4	6216.9	467.4
~ log(Food ration)	4	-3107.1	6222.2	472.7
~ Temperature	4	-3147.1	6302.2	552.7
~ 1	3	-3150.8	6307.6	558.1

1111 Table S9: Results of the selected mixed effect model on the maximal oxygen consumption during 1112 feeding (Estimates, 95% confidence intervals and p-values). Estimations of the predictors of all other 1113 fixed effects were based on the estimations of treatment 'warm temperature and small particles'. The 1114 selected model is presented using REML estimation. Food ration was log-transformed before 1115 regression.

1116

Fixed effects:			
Predictors	Estimates	95% Cl	p-value
(Intercept)	563.38	525.07 – 601.69	<0.001
log(Food ration)	57.86	46.18 - 69.53	<0.001
Food size [Large]	-154.24	-176.38 – -132.11	<0.001
Temperature [Cool]	-130.42	-183.56 – -77.29	<0.001
log(Food ration) x Food size [Large]	22.10	8.59 - 35.61	0.001
log(Food ration) x Temperature [Cool]	-31.11	-44.6217.60	<0.001
Food size [Large] x Temperature [Cool]	36.14	13.02 – 59.26	0.002
Random Effects:			
σ^2	4404.37		
T00 Tank	1208.92		
ICC	0.22		
N Tank	8		
Observations	509		
Marginal R ² / Conditional R ²	0.650/0.7	26	

1117 1118

1119Table S10: Results of model selection on the feeding duration (df, logLik, AICc and \triangle AICc). The best-1120fitting model was selected based on the lowest AICc values (Burnham and Anderson, 2002) following1121Zuur et al. 2003. When difference in AICc (\triangle AICc) was lower than two between these models, the more1122parsimonious model was selected (Burnham and Anderson, 2002). The selected models is represented1123in bold. Food ration was second order polynomial transformed for model selection.

Models	df	logLik	AICc	ΔAICc
~ poly(Food ration) x Temperature + poly(Food ration) x Food size	11	-3283.3	6589.2	0.0
~ poly(Food ration) x Temperature + Temperature x Food size + poly(Food ration) x Food size	12	-3282.5	6589.6	0.4
~ poly(Food ration) x Food size + Temperature	9	-3286.0	6590.4	1.2
~ poly(Food ration) x Food size + Temperature x Food size	10	-3285.2	6591.0	1.7
~ poly(Food ration) x Food size x Temperature	14	-3282.3	6593.5	4.3
~ poly(Food ration) x Food size	8	-3288.7	6593.7	4.5
~ Food size + Temperature	5	-3299.6	6609.3	20.1
~ poly(Food ration) x Temperature + Food size	9	-3295.8	6609.9	20.7
~ Food size x Temperature	6	-3298.9	6610.0	20.8
~ poly(Food ration) x Temperature + Temperature x Food size	10	-3295.0	6610.5	21.3
~ poly(Food ration) + Food size + Temperature	7	-3298.5	6611.3	22.1
~ poly(Food ration) + Food size x Temperature	8	-3297.8	6612.0	22.7
~ Food size	4	-3302.0	6612.2	22.9
~ poly(Food ration) + Food size	6	-3301.0	6614.2	25.0
~ Temperature	4	-3326.4	6661.0	71.8
~1	3	-3328.5	6663.1	73.9
~ poly(Food ration) x Temperature	8	-3323.7	6663.7	74.5
~ poly(Food ration) + Temperature	6	-3325.9	6664.1	74.8
~ poly(Food ration)	5	-3328.0	6666.2	77.0
1125				

1132 Table S11: Results of the selected mixed effect model on the feeding duration (Estimates, 95% 1133 confidence intervals and p-values). Estimations of the predictors of all other fixed effects were based 1134 on the estimations of treatment 'warm temperature and small particles'. The selected model is 1135 presented using REML estimation. Food ration was second order polynomial transformed before 1136 regression.

1137

Fixed effects:			
Predictors	Estimates	95% CI	p-value
(Intercept)	906.09	795.90 – 1016.28	<0.001
poly(Food ration, deg = 2) [coef 1]	-133.39	-526.26 – 259.49	0.505
poly(Food ration, deg = 2) [coef 2]	-34.19	-249.79 – 181.40	0.755
Food size [Large]	-448.82	-595.85 – -301.80	<0.001
Temperature [Cool]	-75.92	-139.61 – -12.23	0.020
poly(Food ration, deg = 2) [coef 1] x Food size [Large]	474.35	-69.23 – 1017.92	0.087
poly(Food ration, deg = 2) [coef 2] x Food size [Large]	-82.83	-381.48 - 215.82	0.586
Random Effects:			
σ^2	118832.80		
τ _{00 Tank}	0.00		
N _{Tank}	8		
Observations	453		
Marginal R ² / Conditional R ²	0.169 / NA		

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